

# Mountain Doin's

March  
2026

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## (A Sober) St. Patrick's Day

BY: LIZ N. | WEST BLOOMFIELD, MICHIGAN

**She used to pass out by 4 P.M. Now it's become a day of corned beef, cabbage, fellowship and fun.**

Some of my happiest childhood memories come from celebrating holidays. My large family would gather, eat delicious food, tell jokes and stories—and drink. And there was lots of drinking. I don't remember a single holiday, birthday party, graduation, wedding or funeral that didn't include copious amounts of alcohol.

One of my favorite holidays has always been St. Patrick's Day. I was raised in Chicago's South Side Irish American community. My grandparents, aunts, uncles and dozens of cousins would gather for traditional corned beef dinner, beer, whiskey, Irish cream liqueur and more. Everyone was happy, all petty rivalries were set aside for the day, and we had a sense of unity that flowed as strongly as the liquor. The kids were given their special beverage, a popular sweet, green-colored ginger ale. It was natural for me to associate a particular drink or food with a special celebration.

In my early 20s I found ways to ensure that anyone and everyone could join me in celebrating my favorite holiday. I approached March 17 with the mindset that on St. Patrick's Day everyone is Irish. All you have to do is wear green and join the fun. If you joined me in a day of drinking, it was even better.

At the time, I didn't know that this joyous camaraderie just masked my excessive drinking and created a sense of normalcy for me being belly-up at the bar in a dark pub before noon. I persuaded many friends to drink with me and made lots of new friends at the bar. I usually ended up passing out before 4:00 p.m., and sometimes I even woke up to rally for another round that evening. I did all of this to stir up that old feeling of unity from my youth. But year after year, it became harder and harder to get that special feeling.

As my alcoholism progressed, I found that when I thought I was drinking with a host of friends, I was actually drinking alone. One of my greatest fears is feeling alone in a room full of people.

When I got sober I was terrified that I'd never have fun again. Staying sober for good sounded like for-ev-er. I didn't know how I would get through holidays and social celebrations without my beloved friend alcohol. Fortunately, I found a sober clubhouse that had lots of AA meetings each week and parties for nearly every holiday all year long. The longtimers there often bragged that there were more AA meetings than taverns in that town. And I was welcomed for it all. I listened intently for stories of how others stayed sober on holidays, and I joined in for AA holiday celebrations when I still didn't feel confident enough to attend them with my own family or friends.

The longtimers taught me how to look for what I could contribute to a situation. I found that I felt more useful and comfortably distracted on holidays when I volunteered to serve the meals or to clean up and do the dishes, anything that would allow me to stay busy and give back.

After a couple of years, I started hosting my own St. Patrick's Day party with sober AA friends. I loved sharing my joy, culture, food and celebration—without a drink. I no longer tried to conjure up that old childhood feeling. I created a new version of St. Patrick's Day that included sober friends, great food, laughter and stories.

Central Office is open  
Monday-Friday 10am-1pm

(828) 254-8539  
24/7

info@wncaa.org  
aancmco.org



## Inside This Issue

### Page

- 2 Grapevine; After-hours Phone Volunteers Needed; Request for Submissions from A.A. Members; Call & Visitor Log
- 3 COR/NCMCO Board Meeting Information; Where to Find Meetings; Cash on Hand; Profit & Loss YTD
- 4 Contributions; Suggestions & Addresses for Donations
- 5 Special Meetings and Events
- 6 The Service Express
- 7 Anniversaries
- 8-25 Information and Flyers

When I moved away from Chicago, I didn't find as much excitement for my favored St. Patrick's Day, so I brought it to the people there. I organized a corned beef dinner and an open-speaker night at my new home group. I started by asking a handful of fellows to cook corned beef, cabbage, carrots and potatoes. We arranged to have AA and Al-Anon speakers and printed flyers to share. We set up the space, brewed coffee and hoped people would come. Turns out nearly 100 people showed up!

Serving others at celebrations has kept me sober. I hope that providing these safe events will show newcomers that they too can get through, and dare I say enjoy, their favorite holidays. The St. Patrick's Day event has continued year after year and is now hosted by our district service committee. I eventually gave up my service role at that event, and it's been incredibly fulfilling to see others share in the joy of serving and celebrating others.

AA is where I found a substitute for liquor in my life. The Fellowship has truly given me release from care, boredom and worry. By sharing my big, Irish spirit, God has shown me how to create the Fellowship I crave. Sláinte (cheers)!

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**Don't forget to set your clocks  
forward one hour on March 8, 2026!**



# March Grapevine now available!



## AA and the Family

The March issue's featured section is "AA and the Family" with touching, powerful stories by AA members about how alcoholism and AA have affected their families.

<https://www.aagrapevine.org> 

## AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. February 15 for the March issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: [news@wncaa.org](mailto:news@wncaa.org)

If you have any questions, give us a call: 828-254-8539. We look forward to hearing from you!

## After-Hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>

(scroll down to "After-Hours Phone Volunteer")

Or call Central Office at (828) 254-8539.



## Call & Visitor Log January 2025

12 Step Calls - 9  
General Info - 7  
Family Help - 7  
Meeting Info - 34  
Central Office Business - 64  
Medical/Detox - 0  
Visitors - 65  
After-hours calls - 61



Visits to [aancmco.org/](https://aancmco.org/) website:

Unique Visitors - 21,938  
Total Visits - 33,400; Visits/Visitor - 1.52  
Total Pages - 200,889; Pages/Visit - 6.01



# COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us.

At the last meeting on January 8, the 2026 Budget was reviewed and approved by the General Committee (COR/Board). The next General Committee meeting will be **Thursday, March 12, at 6:00pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000. 

For updated meeting information and Zoom link, check the website:  <https://aancmco.org/index.php/events/>

## Where to Find Meetings

Printable In-person Meeting Guide 

Meetings in all 3 Districts 

Meetings in District 70 

Meetings in District 71 

Meetings in District 80 

## Cash on Hand as of 1/31/2026

**Prudent Reserve**  
**\$16,169.48**

**Operating Account**  
**\$6,996.61**

**Rent Deposit - \$900.00**  
**Petty Cash - \$50.00**

# Profit & Loss YTD

	Jan 2026
<b>Revenue</b>	
<b>Contributions</b>	
Group Contributions	\$3,144.23
<b>Individual Contributions</b>	<b>\$7.71</b>
<b>Total Contributions</b>	<b>\$3,151.94</b>
Interest on Money Market	\$1.37
<b>Sales Income</b>	
Literature & merchandise	\$3,539.55
<b>Shipping charged to groups</b>	<b>\$56.30</b>
<b>Total Sales Income</b>	<b>\$3,595.85</b>
<b>Total Revenue</b>	<b>\$6,749.16</b>
<b>Cost of Goods Sold</b>	
<b>Cost of Goods Sold</b>	
<b>Credit Card Processing</b>	
PayPal Fee	\$32.33
<b>Total Credit Card Processing</b>	<b>\$32.33</b>
Freight - vendor shipping	\$28.84
Literature & merchandise-COGS	\$3,029.58
<b>Shipping to groups</b>	<b>\$76.43</b>
<b>Total Cost of Goods Sold</b>	<b>\$3,167.18</b>
Inventory Shrinkage	\$31.21
<b>Total Cost of Goods Sold</b>	<b>\$3,198.39</b>
<b>Gross Profit</b>	<b>\$3,550.77</b>
<b>Expenditures</b>	
<b>Payroll Expenses</b>	
Gross Salary	\$1,622.40
Payroll Taxes (Company)	\$992.37
<b>Total Payroll Expenses</b>	<b>\$2,614.77</b>
Rent	\$936.00
<b>Telephone &amp; Internet</b>	
Office Telephone/Internet	\$89.08
Virtual Meetings	\$16.99
<b>Total Telephone &amp; Internet</b>	<b>\$106.07</b>
<b>Total Expenditures</b>	<b>\$3,656.84</b>
<b>Net Operating Revenue</b>	<b>-\$106.07</b>
<b>Net Revenue</b>	<b>-\$106.07</b>

# Contributions

<b>Group Contributions:</b>	<b>Jan 2026</b>
12 & 12 Study Group - 000090348	\$30.00
Big Town Group - 000096080	\$197.95
Brevard Serenity Group - 000096758	\$171.10
Bryson City Group - 000097273	\$6.47
Clear Cut Direction Group - 000743652	\$100.00
Conscious Contact Group - 000099980	\$298.81
Cullowhee Valley Group - 000100669	\$120.00
Hendersonville Group - 000110033	\$375.00
Joy Of Living Group - 000112527	\$62.40
New Freedom Group - 000032374	\$431.00
Phoenix Group - 000049062	\$76.00
Pine Grove Group	\$250.00
Spruce Pine Group - 000077533	\$250.00
St John in the Wilderness Early Bird Grp - 000078454	\$160.00
Strange Camels - Brevard	\$100.00
Surrender Group (Blk Mtn) - 000086090	\$119.50
Waynesville Grace Group Tuesday Night	\$50.00
Women of Courage Group - 000036989	\$250.00
Women's Way Group 000513711	\$96.00
<b>Total Group Contributions:</b>	<b>\$3,144.23</b>
<b>Individual Contributions:</b>	<b>Jan 2025</b>
Anonymous	\$4.71
<b>Total Individual Contributions:</b>	<b>\$4.71</b>
<b>Birthday Contributions:</b>	<b>Jan 2023</b>
<b>Total Birthday Contributions:</b>	<b>\$0.00</b>
<b>Total Contributions:</b>	<b>\$3,148.94</b>



## How ARE we “Self-Supporting?”

### Suggestions & Addresses for sending Donations to the A.A. Service Structure\*

Revised for 2026

➔ **NOTE: New address for District 80**

\* From the pamphlet “Self-Support: Where Money & Spirituality Mix.” Recommendations for other percentages are also in the pamphlet.

## Apology Issued

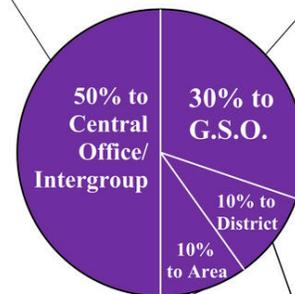


NCMCO (North Carolina Mountain Central Office) issues a sincere apology for omitting a \$300 contribution from the Maggie Valley Group from the December 2025 Contributions Report. With this oversight corrected, the 2025 total for Maggie Valley Group is \$550. This changes the December Group Contributions total to \$2,493.44 and the 2025 total to \$32,876.27 - bringing total December contributions to \$3,646.21 and 2025 contributions to \$34,695.40. Please accept our apologies for this oversight.

**Note:** If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

**NCMCO**  
70 Woodfin Place  
Suite 212  
Asheville, NC 28801

**General Service Office**  
Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407



**NCGSC – Area 51 Treasurer**  
PO Box 11104  
Wilmington, NC 28404

**District 70 Treasurer**  
PO Box 8574  
Asheville, NC 28814-8574

**District 71 Treasurer**  
PO Box 202  
Hendersonville, NC 28793

➔ **District 80 Treasurer**  
486 Wooten Rd  
Franklin, NC 28734



## Special Meetings and Events



Writing Workshops for A.A.'s New Pamphlets. Virtual Workshop is **Saturday, March 7, 2:00 PM**. Following two Advisory Actions of the 74th General Service Conference (2024), the trustees' Literature Committee of Alcoholics Anonymous has opened calls for stories for two pamphlets: "A pamphlet on the Asian and Asian American alcoholic" and "A pamphlet on the transgender alcoholic". For more information and zoom link, go to the website:

<https://aancmco.org/index.php/event/writing-workshops-for-a-a-s-new-pamphlets-2/>

WNCCYPAA - PI Day Party. **Saturday, March 14, 4:00-6:00 PM**. Acton UMC, 171 Sand Hill Rd, West Asheville, NC. See flyer for more information, or email: [AshevilleYoungPeople@gmail.com](mailto:AshevilleYoungPeople@gmail.com)

37th Annual "Freedom from Bondage" Area 51 A.A. Corrections Conference. **March 20-22**. Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28315. For Online Registration and Hotel Reservation link go to:

<https://aanorthcarolina.org/event/37th-freedom-from-bondage/> See flyer for more information, or contact Area 51 Corrections Chair: [corrections@aanorthcarolina.org](mailto:corrections@aanorthcarolina.org)

Western NC Pre-Conference. **Saturday, March 28, 12:00-4:00 PM**. Hosted by Districts 11 and 21 at the 1st United Methodist Church, 24 Mills Ave, Troutman, NC 28166. Questions? See flyer or email [webmasterdistrict21@gmail.com](mailto:webmasterdistrict21@gmail.com)

NC Virtual Pre-Conference Days. **Thursday, April 9, 7:00-9:00 PM** and **Saturday, April 18, 9:00-11:00 AM**. Zoom link: <https://us02web.zoom.us/j/8313961415>

District 70 GSR Workshop. **Sunday, April 12, 1:30 PM-2:30 PM**. St Lukes Episcopal Church, 219 Chunns Cove Rd, Asheville NC 28805

"Spring Into Sobriety." **Saturday, April 25, 9:30 AM-3:00 PM**. See flyer for more details, or go to website: <https://springintosobriety.wixsite.com/springintosobriety> or email: [springintosobrietyilm@gmail.com](mailto:springintosobrietyilm@gmail.com)

Fireside Sobriety Circle Annual Campout. **May 7-10**. Yogi in the Smokies Campground, Big Cove Rd., Cherokee, NC. See flyer or email: [firesidesobriety@gmail.com](mailto:firesidesobriety@gmail.com)

Area 51 Spring Committee Meeting & Assembly. **May 15-17**. Lake Junaluska Conference and /Convention Center. 91 N. Lakeshore Dr., Lake Junaluska, NC 28785. For more information see flyer or go to website: <https://tinyurl.com/2zy5bsmf>

AA NC Convention. **July 16-19**. Lake Junaluska Conference and /Convention Center. 91 N. Lakeshore Dr., Lake Junaluska, NC 28785 For more info: [aanconvention.com](http://aanconvention.com)

66th ICYPAA Conference. **September 3-6**. Amway Grand Plaza, Grand Rapids, MI 49503. See flyer or go to website: <https://www.ICYPAA.org>

SERF Southeast Regional Forum 2026. **September 18-20**. Hilton Raleigh North Hills, Raleigh, NC. More info: [aa.org/regional-and-local-forums](http://aa.org/regional-and-local-forums)

Bridging the Gap - Workshop Weekend. **September 2026 Dates TBA**. Kansas. For more info: [www.BTGWW.ORG](http://www.BTGWW.ORG).

NC Area 51 Conferences and Events: <https://aanorthcarolina.org/events/>

### INTERNATIONAL WEBSITES FOR MORE INFORMATION, EVENTS AND ARTICLES

GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459 Bulletin Board: [https://www.aa.org/sites/default/files/newsletters/F-36\\_fall2025.pdf](https://www.aa.org/sites/default/files/newsletters/F-36_fall2025.pdf)

AA World Services Board Update: [https://www.aa.org/sites/default/files/newsletters/AAWS\\_2025\\_October\\_Highlights\\_V1.pdf](https://www.aa.org/sites/default/files/newsletters/AAWS_2025_October_Highlights_V1.pdf)

International Conference of Young People in Alcoholics Anonymous (ICYPAA): <https://www.icypaa.org/about-icypaa>

# The Service Express

## District 70

**GSR Business Meeting** – held the 2nd Sunday of the month. The next meeting will be **Sunday, March 8, at 2:30pm**. It will be a hybrid meeting, with **Zoom** capability: Meeting ID: 933 8500 3069; Passcode 672458, and an in-person meeting at **St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805**. 

In March and April, they will be discussing the Agenda Items for the 2026 General Service Conference. They are also planning a New GSR workshop before the April meeting; stay tuned for more information next month.

**Accessibilities Committee** – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at [access@ashevilleaa.org](mailto:access@ashevilleaa.org) for an Accessibilities Checklist. The Accessibilities Committee meets the last Saturday of every month at 4:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

**Archives Committee** – Chairperson is Dennis H. Do you have organizational skills? Do you like looking through old history and making discoveries? Perhaps you like talking to others and getting their history. Maybe you are interested in collecting and saving documents put out by the district. How would you like to learn how to properly store items for future travelers of the A.A. path? All this is possible by joining the Archives Committee. We meet the first Saturday of the month. There is an in-person meeting at the home of the Chairperson (contact [archives@ashevilleaa.org](mailto:archives@ashevilleaa.org) for address). For Zoom, go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>. We would love to have you do service with the Archives Committee.

**CPC/PI Committee** – The Chairperson is David. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at [cpc-pi@ashevilleaa.org](mailto:cpc-pi@ashevilleaa.org).

**Corrections Committee** – Meetings are open in all facilities. We are always looking for new volunteers for all facilities, and we need volunteers for the Pre-Release program (see flyer). This is rewarding 12th Step work, helping those on the inside transition to the outside. *The Women's prison in Black Mountain is having an orientation **Monday, March 2, at 6:30pm***. If you would like to volunteer, please contact Liz P. Also, please keep your eyes out for The **Pink Can!** This is for the Corrections Committee. The donations collected are for literature that we bring to the prisons and jails. The Area 51 A.A. 37th Annual Freedom from Bondage Conference is March 20-22 in Aberdeen, NC. It is a great way to learn about and become involved with Corrections. For more information about Corrections or to become a volunteer, please contact: Liz P, the Women's Corrections Chair, at: [corrections\\_women@ashevilleaa.org](mailto:corrections_women@ashevilleaa.org), or [preRelease@AshevilleAA.org](mailto:preRelease@AshevilleAA.org) or Mitch R, the Men's Corrections Chair, at [corrections\\_men@ashevilleaa.org](mailto:corrections_men@ashevilleaa.org)

**Literature and Grapevine Committee** – The Chairperson is Mary Kate. She can be reached at: [literature@ashevilleaa.org](mailto:literature@ashevilleaa.org). The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR meeting.

## District 70 - continued

**Technology Committee** – Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going or having technical issues, please reach out to George at: [technology@ashevilleaa.org](mailto:technology@ashevilleaa.org) and he can offer support.

**Treatment Facilities Committee** – The Chairperson is Anna B. It's all about bringing the message of recovery to alcoholics in treatment facilities. The Treatment Committee continues to schedule weekly speakers at numerous treatment centers in District 70. Overall, everything is going well! They are always looking for more volunteers. If you are interested, contact Anna at: [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org)

**“Bridging the Gap” (with treatment facilities)** – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from “inside” the program to life on the “outside”. They particularly need women volunteers. If you are interested in volunteering, please attend the next GSR meeting or contact Monica at [bridgingthegap@ashevilleaa.org](mailto:bridgingthegap@ashevilleaa.org) For more information on Bridging the Gap and upcoming events, visit the website: [www.btgww.org](http://www.btgww.org) 

## District 71

**GSR Meeting** – held on the 2nd Saturday of the month. The next meeting will be **Saturday, March 14, at 9:30am**, at the **Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739**. All A.A. members are welcome! They need more volunteers for Henderson County jail.

There is still an opportunity for 2026-2027 service positions as Accessibilities Coordinator and Bridging the Gap Coordinator. If you have questions about any of those positions you can contact Mary Jo, the new District 71 DCM, by email: [nc71aa@gmail.com](mailto:nc71aa@gmail.com) or through the District 71 website: <https://www.nc71.org/contact> Service is one of the Three Legacies of AA.

## District 80

**GSR Meeting** – held quarterly. The next meeting will be on **Sunday, April 12, at 1:30pm**. All GSRs are encouraged to attend and share their Group's experience, strength and hope.

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the **WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm)**. They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants before meeting; no password required. Check their website for meeting updates and links: <http://aawnc80.com>

### Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

**District 70:** Email: [registrar@ashevilleaa.org](mailto:registrar@ashevilleaa.org)

**District 71:** Use the form at: <https://www.nc71.org/meeting-change-form>

**District 80:** Email: [webmaster@aawnc80.com](mailto:webmaster@aawnc80.com)

### NOTE to all District DCMs and Committee Chairs:

Please send updates that you would like included in the next issue of the Mountain Doin's. If possible, we would like to have the information by the 15th of the month, but no later than the 25th. Email: [news@wncaa.org](mailto:news@wncaa.org). Much appreciated!



# Happy Anniversary!

## Acceptance Group

Ann B.	3-04-2024	2 yrs
Annie M.	3-07-2023	3 yrs
Deauna	3-08-2024	2 yrs
Allegra H.	3-16-2001	25 yrs
Maria E.	3-29-1992	34 yrs

## Back to Basics Group - Weaverville

Susan S.	3-02-1995	31 yrs
Wally H.	3-22-1994	32 yrs

## Big Town Group

Deborah S.	3-12-2003	23 yrs
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## Bryson City Group

Dan S.	3-13-1979	47 yrs
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## Candler K.I.S.S. Group

Chris S.	3-12-1992	34 yrs
Bruce R.	3-21-1998	28 yrs

## Conscious Contact

Barbara W.	3-11-1997	29 yrs
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## Daily Decisions Group

Walker T.	3-17-2021	5 yrs
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## Fellowship Group

Mariah B.	3-01-1989	37 yrs
Brenton F.	3-05-2023	3 yrs
William F.	3-05-2023	3 yrs
John Q.	3-07-1989	37 yrs
Gary O.	3-08-2010	16 yrs
Lee S.	3-09-1999	27 yrs
Eileen S.	3-15-1992	34 yrs
Lorraine D.	3-31-2019	7 yrs

## Fireside Group

Carole R.	3-04-1986	40 yrs
Dottie W.	3-08-2022	4 yrs
Dean C.	3-15-1987	39 yrs

## Good Liviers

Linda W.	3-01-2006	20 yrs
Kashena	3-12-2013	13 yrs
Ed M.	3-17-1974	52 yrs

## Grace Group

Weston B.	3-03-2015	11 yrs
Jacob L.	3-06-2007	19 yrs
Betsy C.	3-13-1995	31 yrs
Dick J.	3-15-1981	45 yrs
Alan D.	3-15-2012	14 yrs
Wesley M.	3-17-2017	9 yrs
Dave G.	3-25-1996	30 yrs
Ethan M.	3-25-2021	5 yrs
Chris M.	3-29-2020	6 yrs

## Hendersonville Group

Steph D.	3-02-2025	1 yr
J.C.	3-11-1992	34 yrs
Terry G.	3-26-1979	47 yrs
Lynn W.	3-27-2007	19 yrs
Mike W.	3-28-2010	16 yrs

## Hendersonville Men's Group

Bob I.	3-27-2008	18 yrs
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## Hey Girl, Surrender Group

Nicole M.	3-08-2016	10 yrs
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## Lambda Group

Susan S.	3-02-1995	31 yrs
Kerry W.	3-08-2000	26 yrs
Perry S.	3-24-1987	39 yrs
Bob S.	3-26-1980	46 yrs

## Mars Hill Group

Stephen M.	3-27-1983	43 yrs
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## Motley Crew/Columbus

Wanda Lu	3-06-2007	19 yrs
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## Out to Lunch Bunch

Dave W.	3-22-2022	4 yrs
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## One Day At A Time Grp - Rutherfordton

Brad G.	3-13-2025	1 yr
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## Phoenix Group

Peggy H.	3-04-2010	16 yrs
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## Serenity Now Group

Steve J.	3-26-1986	40 yrs
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## Serenity Service Group

Weston B.	3-03-2015	11 yrs
Mike O.	3-03-2024	2 yrs
Walter R.	3-04-2024	2 yrs
Susan S-M.	3-05-2023	3 yrs
Christopher C.	3-10-2017	9 yrs
Greg Z.	3-11-2022	4 yrs
John O.	3-14-2021	5 yrs
Jeannie K.	3-16-2015	11 yrs
Pam R.	3-18-2013	13 yrs
Bruce N.	3-27-2021	5 yrs

## Sober Sisters of Burnsville

Heather M.	3-01-2016	10 yrs
Lynne D.	3-30-2022	4 yrs

## Sober Sisters of Black Mountain

Peggy H.	3-04-2010	16 yrs
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## Spruce Pine Saturday Morning Group

Shelly P.	3-15-2011	15 yrs
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## Surrender Group - Black Mountain

John B.	3-07-1982	44 yrs
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## Total Surrender Group

Michael O	3-01-2022	4 yrs
Ethon A.	3-09-2022	4 yrs
Steve E.	3-09-2022	4 yrs
Debbie P.	3-10-2024	2 yrs
JC	3-11-1992	34 yrs
Pete H.	3-17-1995	31 yrs
Shawn K.	3-21-2019	7 yrs

## Waynesville Grace Group

Mary S.	3-15-2019	7 yrs
Chris W.	3-16-1996	30 yrs
Neal H.	3-23-2004	22 yrs
Heather B.	3-23-2022	4 yrs

## West Asheville Group

Agnes	3-09-2023	3 yrs
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## Young People's Group

Matthew B.	3-21-2018	8 yrs
Danielle B.	3-05-2016	10 yrs
David R.	3-14-2016	10 yrs

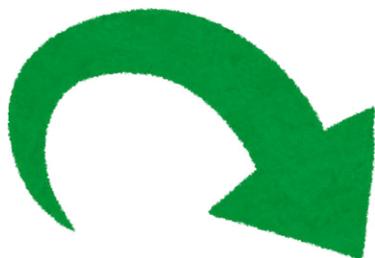
## The Birthday Plan Contributions to G.S.O.



For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge. (Reprinted from Box 4-5-9, Vol. 62, No.1/ Spring 2016)

Birthday Contribution Envelopes are available for free at Central Office. We also have envelopes for Birthday/Anniversary Contributions to Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list?  
Call Central Office: (828) 254-8539, or send a  
new list to: [info@wncaa.org](mailto:info@wncaa.org)

The April newsletter deadline for sending in  
anniversaries and announcements is March 16.

**Does your group have a**

**COR?**

**(Central Office Representative)**

**What are Central Office Representatives and  
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2<sup>nd</sup> Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!  
What are we doing well? What can we improve upon?  
How can we serve Districts 70, 71 and 80 more effectively?  
What might we do to draw more participation from groups?

**Please send your feedback to: [info@wncaa.org](mailto:info@wncaa.org)**

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for more details:

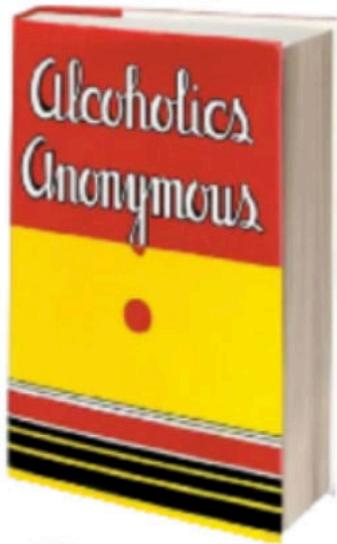
<https://aancmco.org/index.php/events/>

## Now Available at Central Office

70 Woodfin Pl., Ste 212  
Asheville, NC 28801  
10 AM to 1 PM Mon-Fri  
(828) 254-8539 24/7/365

A reduction to our List Price of the collectible facsimile First Edition Big Book

September 12, 2025



Dear A.A. Friends,

We are delighted to announce the reduction of the List Price for the beautifully produced facsimile First Edition of *Alcoholics Anonymous*, which was first produced in celebration of the 75<sup>th</sup> Anniversary of the Big Book in 2014.

**ALCOHOLICS ANONYMOUS  
FACSIMILE FIRST PRINTING OF THE  
FIRST EDITION (Item B-0) is now  
priced at \$2 USD, for the foreseeable  
future!**

Since its initial release, hundreds of thousands of A.A. members have enjoyed owning this commemorative edition, and our recent efforts to continue a steady stream of distribution of copies from our inventory of the initial print run have been met with much enthusiasm from the Fellowship around the world!

Intergroups, central offices, areas, groups and international GSOs, as well as individual A.A. members alike have given us oodles of positive feedback on our periodic Special Offers, price discounts and sales that include this title, and reception for the bundling of this edition in our giftable "A.A. History Shelf" (4 volumes, Item B-33) has also been popular.

It is our hope that with this "permanent" price break, A.A. members everywhere will be able to enjoy adding this landmark edition to their collections.

And, it goes without saying, *this book makes a great gift for the holidays, for A.A. anniversaries, and other milestone occasions.* Now at a very affordable List Price!

# PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

## **VOLUNTEER RESPONSIBILITIES**

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
  - All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
2. Arrange to meet the inside AA member upon their release.
3. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
4. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
5. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

## **WHAT volunteers are NOT:**

1. Responsible for the member's attitude or actions in or out of meetings.
2. Responsible for carrying the alcoholic, as in DO NOT:
  - a. loan money or any thing of value
  - b. become a personal taxi service
  - c. have an emotional or romantic interlude
3. Intended to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

[PreRelease@AshevilleAA.org](mailto:PreRelease@AshevilleAA.org)

District 70

Attn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

# DISTRICT 70 CORRECTIONS

# **DISTRICT 70 AA TREATMENT COMMITTEE INVITES YOU**

**...to serve on and work your 12th step.**

**Do you want to help with ongoing Service Commitments  
to bring meetings into Treatment Facilities?  
Or share your story and use the wreckage of your past to help others?**

**Become a Volunteer with us!**

**Treatment Positions at the Group Level as well!  
Would you like to attract more Newcomers to your Group?  
Ask your GSR about us or invite us to your business meeting to learn more...**

**Questions? Or to participate, please contact Anna B:**

**[Treatment@ashevilleAA.org](mailto:Treatment@ashevilleAA.org)**

## **Current Needs:**

**Transformation Village (women): Join us for the Monday meeting**

**First Step Farm (women): Speakers on Tuesday**

**ADATC: Speakers and ongoing Service Commitments to facilitate meetings  
on Tuesdays & Thursdays**

**Costello House (men): Speakers and ongoing Service Commitments to  
facilitate meetings on Wednesdays**

**Neil Dobbins: Speakers and ongoing Service Commitments to facilitate  
meetings on Fridays & Saturdays**

# Resource Flyer

Courtesy of District 70's Literature/Grapevine subcommittee



Did you know that we have a local store at our AA Central Office for literature, coins, newcomer pamphlets, etc.?

Did you know that the AA Grapevine now has an app where you can access articles, track sober time, keep in check with a daily spiritual maintenance checklist and gratitude list, access the AA Grapevine YouTube channel, and so much more?

These resources may be helpful to your own sobriety or may be great gifts for anniversaries. The QR codes below can help you easily find the resources you need. They support our local AA and all of us! Just point your camera at the QR code and click the yellow link that pops up! Enjoy and thank you for your support!

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Grapevine App (iPhone)

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Grapevine Website

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Grapevine App (Android)

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Mountain Central Office

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NC Area 51

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AA.org

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WNC Committee of Young People in AA

WNC CYPAA

# PI DAY PARTY

SATURDAY, 3.14



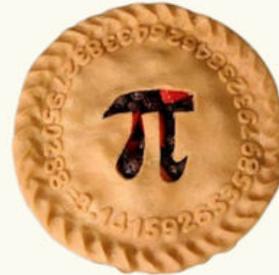
## PIZZA PIE PARTY

\$5 suggested donation



## PIE IN THE FACE AUCTION

Bidding starts at \$10



## BEST PIE BAKE-OFF

Win free campout registration!

4PM | PIZZA & PIE TASTING

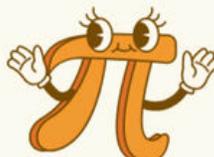
5PM | SPEAKER MEETING

6PM | PIE IN THE FACE

50/50 raffle tickets \$1 • Venmo & PayPal accepted

**ACTON UMC • 171 SAND HILL SCHOOL RD • WEST ASHEVILLE**

Questions? Email [AshevilleYoungPeople@gmail.com](mailto:AshevilleYoungPeople@gmail.com)




**37th Annual**
  
**“FREEDOM FROM BONDAGE”**  
**Area 51 A.A. Corrections Conference**




**March 20, 21, 22, 2026**

**Hampton Inn & Suites**  
**200 Columbus Drive**  
**Aberdeen, NC 28315**



**Conference Registration Fee: \$25**

[Register and Pay for the Conference Here](#) 

**Hotel Room Rates:**

**Standard Room: \$142.00, Suite \$162.00**

[Reserve Your Hotel Room Here](#) 

- ❖ Inspiring Speakers
- ❖ Informative Panels
- ❖ AA Correctional Archives
- ❖ Area 51 Coordinator Displays
- ❖ Fellowship & Ice Cream
- ❖ All You Can Drink Coffee!

**Registration opens at 2:00 pm on Friday**



**Call Hotel: 910-693-4330**

**Group Discount Code: CHHFFB**

**Reserve by February 20 to get Group Rate**

**For more information:**

Email: [corrections@aanorthcarolina.org](mailto:corrections@aanorthcarolina.org)  
 Call: (919) 418-9900

----- ( Mail In Registration Below ) -----

**37th Annual Freedom from Bondage**

Area 51 A.A. Corrections Conference

Registration rate \$25

Name: \_\_\_\_\_

City: \_\_\_\_\_

Email: \_\_\_\_\_

Correctional Facility You Attend: \_\_\_\_\_

Are you Willing to Volunteer at FFB? \_\_\_\_\_

Make checks payable to:  
 “CFC” and mail to:

**Jerry W.**  
**P.O.Box 37654**  
**Raleigh NC 27627**

**USE YOUR VOICE IN A.A.**

**THESE DISCUSSIONS SHAPE THE FUTURE OF A.A.  
AND HOW WE CARRY THE MESSAGE**



**@ Western PreConference**

**CO-HOSTED BY  
DISTRICTS 11 AND 21**

# GET INSPIRED

## WESTERN NC

**SHARE YOUR VIEWS WITH OUR  
AREA 51 DELEGATE ON THIS  
YEARS GSC AGENDA ITEMS**



**SATURDAY,  
MARCH 28, 2026**

**1ST UNITED METHODIST CHURCH  
204 MILLS AVE,  
TROUTMAN, NC 28166  
12-4PM**

**Questions? Reach out to:**  
Elizabeth P. [eliz.p@icloud.com](mailto:eliz.p@icloud.com) or  
Ali S. [webmasterdistrict21@gmail.com](mailto:webmasterdistrict21@gmail.com)



In case you missed a  
Regional  
Preconference  
Event

# Virtual Preconferences

April 9, 2026 7pm - 9pm (Thursday)

April 18, 2026 9am – 11am (Saturday)

## Zoom Info

Meeting ID: 831 9396 1415

<https://us02web.zoom.us/j/83193961415>



“So, since 1951 we have been holding these yearly Conferences, to see whether this movement was interested enough, was responsible enough, felt those services were worthwhile enough, to maintain so long as God will need this society. And I think it’s the conclusion of every delegate who has been there that yes, we should take these things over. So, in 1955 we propose to hold an International Convention, at which time, on behalf of the oldtimers, and of Smithy and me, we shall say to you, here is the remainder of your Third Legacy. This Conference shall become our successor. To you we hand the last torch. Carry on. Face your destiny with surety and courage, and God love you.”

— Bill W., speaking at the 1954 Texas State Convention



“Therefore we expect that our Conferences will always try to act in the spirit of mutual respect and love — one member for another. In turn, this sign signifies that mutual trust should prevail; that no action ought to be taken in anger, haste, or recklessness; that care will be observed to respect and protect all minorities; that no action should ever be personally punitive; that whenever possible, important actions will be taken in substantial unanimity; and that our Conference will ever be prudently on guard against tyrannies, great or small, whether these be found in the majority or in the minority. The sum of these several attitudes and practices is, in our view, the very essence of democracy — in action and spirit.”

— A.A. Service Manual, page C-58 (Bill W. Commentary on Concept XII)

### Questions?

#### Contact

Denise M. Delegate

[delegate@aanorthcarolina.org](mailto:delegate@aanorthcarolina.org)

Greg K. Alt Delegate

[altdelegate@aanorthcarolina.org](mailto:altdelegate@aanorthcarolina.org)

# GSR Workshop

District 70, Area 51 - Asheville, NC

**Please join us for an introductory workshop  
for those currently serving or interested in  
becoming a General Service Representative,  
or any member of Alcoholics Anonymous!**

**Sunday, April 12<sup>th</sup> 2026**

**1:30–2:30 pm**

*(Preceding the GSR Business Meeting)*

**St. Lukes Episcopal Church**

219 Chunns Cove Road, Asheville, NC

Scan to read AA's  
GSR Information  
Pamphlet!



Aim your camera > tap the link



# SPRING INTO SOBRIETY

**SAT 4.25.26**

**Longleaf Park  
314 Pine Grove Drive  
Wilmington, NC 28409  
Shelters 5 & 6  
10am-3pm**

**FREE & SELF SUPPORTING**

Your paragraph text

**FEEL FREE TO BRING A  
DISH/OR DESSERT  
TO SHARE AND  
BRING A CHAIR**



Contributions help pay for next year's event and after our prudent reserve, we contribute to Intergroup, our Area/District, and GSO.

## SHELTER 5

COFFEE / DESSERTS / GAMES / KID ZONE  
9:30am (Recovery Walk Sign In)  
10am SIS Recovery Walk  
11am AA Gratitude Circle Meeting

## SHELTER 6

12noon - Live Music & Food  
1:15pm - AA Speakers  
2:30pm - 50/50 Raffle, Recovery Countdown, In Memory Of, Serenity Prayer Closing Circle



For more details about SIS, the recovery walk, and service volunteer opportunities, Scan the QR code on your phone or visit: [springintosobriety.wixsite.com/springintosobriety](http://springintosobriety.wixsite.com/springintosobriety)  
Email: [springintosobrietyilm@gmail.com](mailto:springintosobrietyilm@gmail.com)



# FIRESIDE SOBRIETY CIRCLE



**STRENGTH**

**KINDNESS**

**HONESTY**

**SHARING**



# CAMP OUT

**May 7-10, 2026**

**YOGI in the SMOKIES CAMPGROUND**

**BIG COVE ROAD, CHEROKEE, NC**

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES, BLANKETS,  
Rain gear, SPONSOR/SPONSEES... and your POW WOW REGALIA..!

Contact: Herb W. at [firesidesobriety@gmail.com](mailto:firesidesobriety@gmail.com)

Registration begins Thursday after the Sacred Fire is lit!

NO PETS in Food Serving/Eating area, Pow Wow, or Sacred Fire Area

**NO PETS AT TENT SITES**

~NA/AA/Al-Anon Speakers~  
Talking Circles ~ Native Teachings  
~Meetings, Meetings, Meetings~  
~T-shirts / Sweatshirts~  
~SOBRIETY Pow Wow~  
~Sobriety Countdown~  
"MUCH MORE"

**PRE-REGISTRATION: \$55 per PERSON** (kids under 10 are FREE, 11-12y/o \$15, and 13-18 \$20). \$60 at the Gate  
Price includes food and tent/camper site for three (3) nights **EARLY REGISTRATION ENDS May 1, 2026**

NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL(S): \_\_\_\_\_ / \_\_\_\_\_

PHONE #: H) \_\_\_\_\_ (C) \_\_\_\_\_ (C) \_\_\_\_\_

# In Party: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Cut & Mail Registration Form by May 1st  
With Checks Made Payable to: Fireside Spring 2026

**FIRESIDE CIRCLE**  
c/o Herb W.  
PO Box 2015  
Cherokee, NC 28719

# Area 51 Spring Committee & Assembly Meeting

## May 15-17, 2026

LAKE JUNALUSKA CONFERENCE & RETREAT CENTER  
91 North Lakeshore Drive, Lake Junaluska, NC 28745

### ADVANCE HOTEL INFORMATION

**Deadline for Reservations:** Tuesday, April 14, 2026

**Group Name:** NCGSCAA Assembly Meeting

**Link:** <https://tinyurl.com/2zy5bsmf> 

**Terrace Hotel Room Rates:** \$159.00 Single/Double, \$179.00 Triple, \$199.00 Quad

**Lambuth Inn Room Rates:** \$149.00 Single/Double, \$164.00 Triple, \$179.00 Quad

*11% room tax will be added.*

PLEASE SEE PAGE 2 FOR INFORMATION ABOUT THE DIFFERENT LOCATIONS AND THE MEAL PLAN

**Phone:** 800-222-4930, ext. 1

**Website:** [www.lakejunaluska.com](http://www.lakejunaluska.com) 

### **For Best Results:**

- PLEASE MAKE YOUR RESERVATIONS EARLY!!!
- Call as soon as possible but before the deadline. It's easier to cancel a reservation than to get one at the last minute!
- Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Specify the group name "NCGSCAA Assembly Meeting."
- Be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability, please contact Lindsey H., the Area Chairperson, at [chair@aanorthcarolina.org](mailto:chair@aanorthcarolina.org).

**Thank you for your service and support of Area 51.  
See you at the Spring Committee and Assembly Meeting!**

## **Additional Information for our stay at Lake Junaluska:**

- **Accessibilities:** The Terrace Hotel is across the street from our meeting venue in the Harrell Center; the Lambuth Inn is farther away. It is a 10- to 15-minute walk between Lambuth and Harrell, involving a long hill. There may or may not be a trolley or mini shuttle, depending on availability. **The Terrace Hotel is the more accessible location.**
- **Optional Meal Plan:** If you would like to eat on site, there is a meal plan available. The options are: 3 meals for \$53.50 + tax/service fees (Sat Lunch, Sat Dinner; Sun Breakfast) or 5 meals for \$89 + tax/service fees (Fri Dinner; Sat Breakfast, Lunch, Dinner; Sunday Breakfast). You will need to order the meal plan when you make your reservation. There will not be tickets available onsite the weekend we are there.
- **Check in/Check out:** Check in will be available at 4:00 PM on the arrival day at the **Bethea Welcome Center located at 91 N Lakeshore Drive** (first building on your left as you enter from Highway 19); check out will be at 11:00 AM on the departure day.
- The discounted room rates are available for two days pre and post our event, based on availability, if you would like to plan a long weekend in the mountains.
- **Commuters:** For people attending our meeting, but not staying at Lake Junaluska, there is a \$5.00 per person per day commuter fee.
- **Cancellations:** There will be a \$30.00 per person charge for cancellations occurring more than 15 days prior to arrival. No refunds will be given for cancellations occurring within 15 days of arrival.

## **Why staying at our host hotel is important:**

The hotels that host Area 51 events typically charge for meeting space based on how many guest rooms our attendees occupy. For every Assembly, Committee Meeting, and Convention, Area 51 has a contract that specifies the number of guest rooms the hotel will “block” for our use. If we fill at least 85% of our room block, our meeting space is *discounted about 60%*. Otherwise, the Area will be charged for rooms until we reach the 85% threshold. Free meeting space is what Area 51 budgets and what we usually achieve. However, more than once we have come up short and paid a steep price.

Area 51 makes every effort to negotiate the most favorable room rates possible. But budget hotels don’t have the kind of meeting space we require, and space in larger venues is expensive. The willingness of individuals to attend Area events and to book their rooms at our host hotel is essential in making Area events affordable at all. So please attend the Area events if you can and stay at the host hotel using the group code and name whenever possible. If there is an extra cost, please consider it as a contribution to Area 51—a small sacrifice for our “common welfare,” so we can continue meeting and working together to fulfill our Primary Purpose as an Area.

**“I am responsible...When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.”**

**Thank you for your service in Area 51!**

# SAVE THE DATE



# AA NC CONVENTION

WHEN: THURSDAY

SUNDAY

**16** JULY  
2026

to

**19** JULY  
2026

WHERE:

**Lake Junaluska Conference  
& Convention Center**

91 N Lakeshore Dr. Lake Junaluska, NC 28785

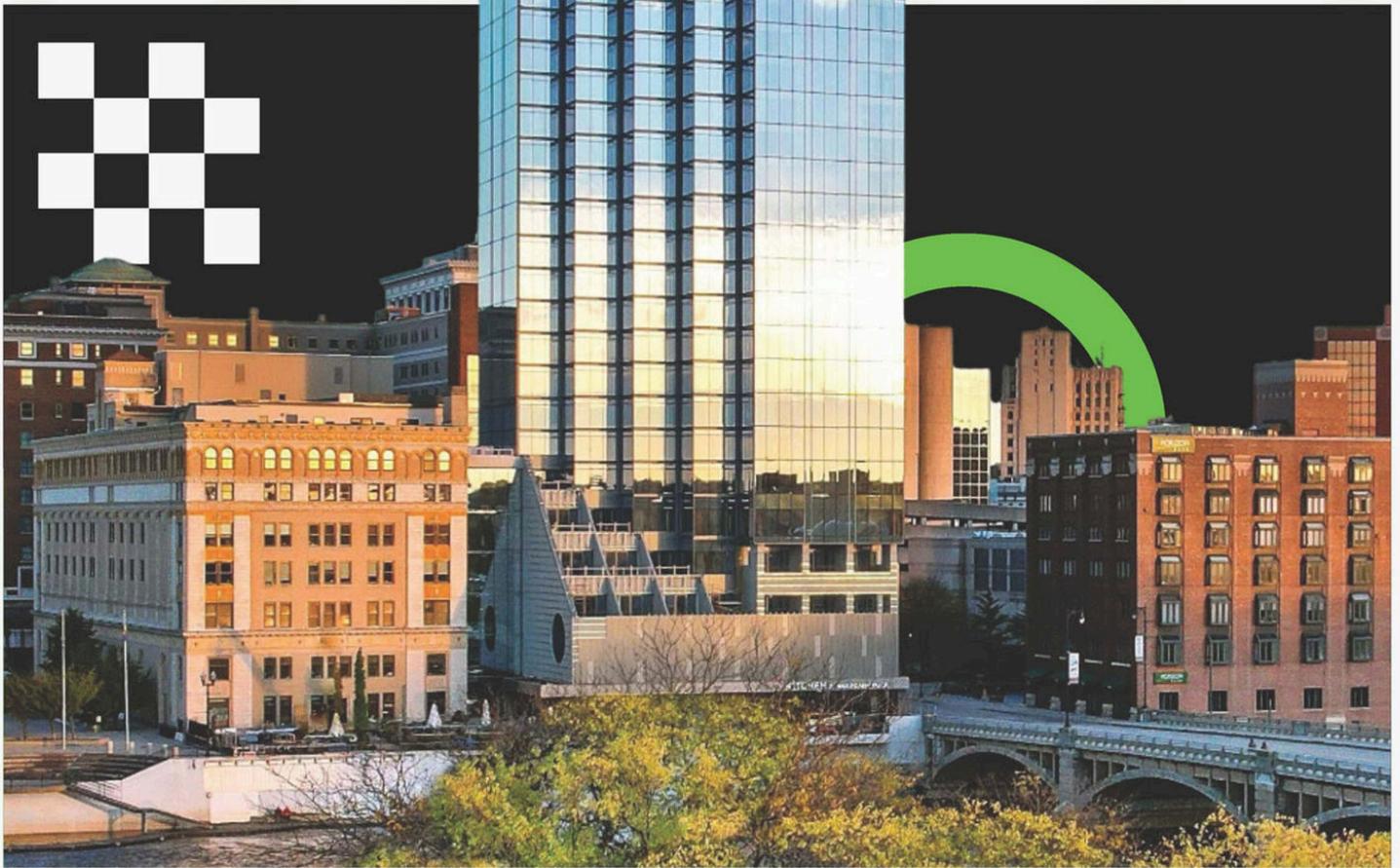
**Meetings, Fellowship,  
Service & Celebration!**

[aanconvention.com](http://aanconvention.com)



ANNOUNCING:

# 66TH ICYPAA MICHIGAN



**BOOK YOUR ROOM!**  
[HTTPS://TINYURL.COM/2S3V63DB](https://tinyurl.com/2S3V63DB)

**SEPT  
3-6  
2026** | **AMWAY  
GRAND  
PLAZA**



**REGISTER NOW!**

 187 Monroe Ave NW, Grand Rapids, MI 49503



[www.icypaa.org](http://www.icypaa.org)

★ **SAVE THE DATE** ★



## **Southeast Regional Forum 2026**

 **September 18–20, 2026**

 **Hilton Raleigh North Hills – Raleigh, NC**

Join us in North Carolina to learn,  
share, and connect through service –  
and be rocketed into the 4th Dimension!

More info: [aa.org/regional-and-local-forums](https://aa.org/regional-and-local-forums)



Winter Newsletter

# BRIDGING THE GAP WORKSHOP WEEKEND

Our primary purpose is to carry the message of hope to the still suffering alcoholic.



## ON THE PROGRAM

- Presentations ●
- Discussions ●
- Shared Experience ●
- Breakout Groups ●

[WWW.BTGWW.ORG](http://WWW.BTGWW.ORG)



SEPTEMBER 2026  
DATES TBD

