

Mountain Doin's

April 2025

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

You Never Know

by Ron B. - Costa Mesa, CA

A performer at a theme park makes amends to his boss for his drunken behavior and gets the surprise of his life

I used to work at a theme park known as "The Happiest Place on Earth," whose company motto, "We Create Happiness," stood in stark contrast to the reality of my life then. I had a starring role in a popular show at the park, but my life choices and their consequences, including my alcoholism, prevented me from being any part of these ideals.

I lived in constant fear, convinced I was the only alcoholic in that happy place. Mired in self-pity and unable to stop drinking, I called in sick frequently and then just stopped showing up altogether. Instead of creating happiness, I created havoc.

I was a living example of the alcoholic described in Chapter 3 of our Big Book. I once told a version of this to my boss, stating that I'd resign if I were to drink on the job, evasively adding something about struggling with a "medical" issue. Finally, I took a leave of absence without telling anyone I was entering rehab.

In rehab I joined AA and worked the Steps. When I got to Step Nine I was ready to do the right thing and make amends to the people I had harmed. I had learned that I had to humbly ask for forgiveness and try to repair any damage I'd done, unless doing so would cause more harm.

Guided by my sponsor, I approached my coworkers at the theme park. Every one of them accepted my amends with understanding and compassion and for that I was extremely grateful. I saved my boss for last, unsure what his response would be as I barely knew him and didn't think we had much in common. I couldn't understand why I hadn't already been fired.

He and I met in his office. I revealed that I was in recovery and needed to do whatever it took to repair the harm I had done to him and to the show. I hoped he could forgive me, but told him I'd understand if he couldn't. No matter what,
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Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@ncmco.net
aancmco.org



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Central Office Positions Still Open

The Board is still in need of a 12th Step Call Coordinator (Marcos C has to step down due to work commitments that prevent him from attending COR/Board meetings), along with a *Mountain Doin's* Editor and a Web Admin, since Pam and Joyce, respectively, have served beyond the recommended three-year terms. Below are the responsibilities and requirements for each position. If you are interested, please attend the next COR/Board meeting, **Thursday, May 8, at 6:00pm**, via zoom. For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

12th Step Call Coordinator

- 1. Shall have responsibility for maintaining the 12th Step phone call volunteer list.
- 2. Recruits new volunteers.
- 3. Works with the Office Manager to keep the 12th Step volunteer list information current.
- 4. Shall have at least three years of continuous sobriety.

Newsletter Editor

- 1. Has overall responsibility for the monthly Mountain Doin's newsletter. (See purpose, content and distribution below.) The editor may be reimbursed for publishing expenses.
- 2. Shall have at least three years of continuous sobriety.

(continued on page 4)

April Grapevine now available!



Making Amends

This month's featured section is "Making Amends." AA members share powerful stories about making Ninth Step amends.

<https://www.aagrapevine.org/> 

After-hours Phone Volunteers Needed

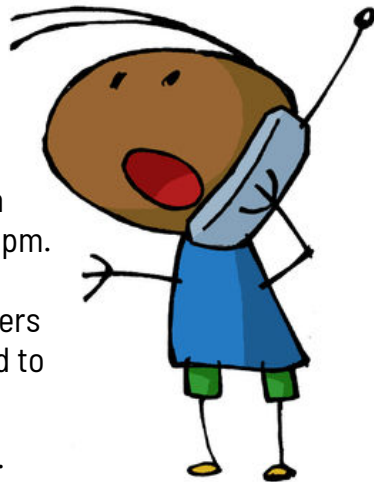
Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>
(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



2025 Carry The Message Project

Grapevine and La Viña are
Great Twelfth Step Tools!

2025
CARRY
THE
MESSAGE
PROJECT

Get your group, district, area
or AA friends to join in.

Carry the Message, it's easy!

To learn more, visit the website:

<https://www.aagrapevine.org/carry-the-message>

AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: info@ncmco.net

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!

Call & Visitor Log February 2025

12 Step Calls - 13
General Info - 2
Family Help - 3
Meeting Info - 18
Central Office Business - 84
Medical/Detox - 1
Visitors - 53
After-hours calls - 52

Visits to aancmco.org/ website:

Unique Visitors - 6,438
Total Visits - 15,239; Visits/Visitor - 2.37
Total Pages - 72,385; Pages/Visit - 4.75



COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us!

We still need to fill the following positions: 12th Step Call Coordinator, Mountain Doin's Editor, and Web Admin. See pages 1 and 4 for the responsibilities and requirements of each position. Anyone interested in volunteering for a position is encouraged to attend the General Committee (COR/Board) meeting **Thursday, May 8, 6:00pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000

For updated meeting information and Zoom link, check the website:

<https://aancmco.org/index.php/events/>



Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 2/28/2024

Prudent Reserve
\$16,154.57

Operating Account
\$18,769.19

Rent Deposit - \$900.00

Petty Cash - \$50.00

Profit & Loss YTD

	Feb 2025	Jan-Feb, 2025 (YTD)
Revenue		
Contributions		
Group Contributions	\$2,970.17	\$7,420.85
Individual Contributions	\$28.43	\$85.52
Total Contributions	\$2,998.60	\$7,506.37
Interest on Money Market	\$1.24	\$2.61
Sales Income		
Literature & merchandise	\$3,122.04	\$5,211.40
Shipping charged to groups	\$31.54	\$80.75
Total Sales Income	\$3,153.58	\$5,292.15
Total Revenue	\$6,153.42	\$12,801.13
Cost of Goods Sold		
Cost of Goods Sold		
Credit Card Processing		
PayPal Fee	\$32.17	\$60.11
Total Credit Card Processing	\$32.17	\$60.11
Freight - vendor shipping	\$13.00	\$44.92
Literature & merchandise-COGS	\$2,655.48	\$4,244.44
Shipping to groups	\$31.54	\$80.75
Total Cost of Goods Sold	\$2,732.19	\$4,430.22
Inventory Shrinkage	-\$283.34	-\$137.91
Total Cost of Goods Sold	\$2,448.85	\$4,292.31
Gross Profit	\$3,704.57	\$8,508.82
Expenditures		
Accountant fees		\$60.00
Office Supplies	\$218.45	\$221.45
Payroll Expenses		
Gross Salary	\$1,600.00	\$3,165.00
Payroll Taxes (Company)	\$122.40	\$242.12
Total Payroll Expenses	\$1,722.40	\$3,407.12
Rent	\$900.00	\$1,800.00
Telephone & Internet		
Office Telephone/Internet	\$39.12	\$178.24
Virtual Meetings	\$15.99	\$31.98
Web Expenses	\$21.17	\$21.17
Total Telephone & Internet	\$76.28	\$231.39
Total Expenditures	\$2,917.13	\$5,719.96
Net Operating Revenue	\$787.44	\$2,788.86
Net Revenue	\$787.44	\$2,788.86



Contributions

Group Contributions:	Feb 2025	YTD
Acceptance Group 000092265	\$243.00	\$243.00
As Bill Sees It Group (Franklin) - 000093648		\$34.80
Back To Basics Group - 000094453		\$100.00
Brevard AA Online - 000453800		\$265.00
Brevard Men's Group - 000096757		\$120.00
Brevard Serenity Group - 000096758	\$329.00	\$329.00
Candler K.I.S.S. Group - 000098073		\$132.00
Cashiers Valley Group - 000098360		\$356.64
Cullowhee Valley Group - 000100669		\$100.00
Daily Decisions Group - 000100743		\$844.92
Fellowship Group (Fletcher) - 000104116		\$179.42
Good Livers Group - 000107590	\$400.00	\$400.00
H'ville Women's Big Book Step Study Grp - 000110036		\$140.00
Hey Girl, Surrender Group - 000392207	\$250.00	\$250.00
Joy Of Living Group - 000112527		\$56.06
Lambda Group - 000007190		\$223.69
Leicester Group - 000009461	\$220.37	\$220.37
Mountainview Group - 000027730	\$76.00	\$76.00
Newcomers Group - Flat Rock		\$50.00
Noontime Big Book Study Group - 000409637	\$101.08	\$101.08
Phoenix Group - 000049062	\$46.00	\$122.50
Pine Grove Group	\$100.00	\$100.00
Safe And Sound Women's Group - 000060517	\$203.16	\$203.16
Sober Sisters Group (Flat Rock) - 000073208	\$311.56	\$311.56
Speed Bump Group - 000053487		\$281.70
Spruce Pine Group - 000077533	\$250.00	\$250.00
St John in the Wilderness Early Bird Grp - 000078454		\$134.00
The Out To Lunch Bunch Group - 000408968	\$150.00	\$150.00
Tuesday 12 X 12 Skyland Group - 000012529	\$80.00	\$80.00
Waynesville Grace Group - 000022141		\$1,355.95
Women of Courage Group - 000036989	\$210.00	\$210.00
Total Group Contributions:	\$2,970.17	\$7,420.85
Individual Contributions:	Feb 2025	YTD
Anonymous	\$3.43	\$35.52
Shannon K.	\$25.00	\$50.00
Total Individual Contributions:	\$28.43	\$85.52
Birthday Contributions:	Feb 2025	YTD
		\$0.00
Total Birthday Contributions:	\$0.00	\$0.00
Total Contributions:	\$2,998.60	\$7,506.37

Suggestions & Addresses for Sending Donations to the A.A. Service Structure

Revised for 2025

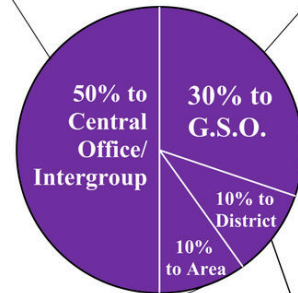
NOTE: New addresses for Area 51 and District 80

NCMCO

70 Woodfin Place
Suite 212
Asheville, NC 28801

General Service Office

Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer

PO Box 11104
Wilmington, NC 28404

District 70 Treasurer

PO Box 8574
Asheville, NC 28814-8574



District 71 Treasurer

PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer

PO Box 2015
Cherokee, NC 28719

NCMCO Open Positions *(continued from page 1)*

Mountain Doin's Newsletter

Purpose

1. Inform the Groups and members of information and events in all Districts in the service area of the Central Office.
2. Provide interesting and thought-provoking articles pertaining to the fellowship and the program of Alcoholics Anonymous.
3. Provide a platform for members to express their ideas and opinions.
4. Inform Groups and members of Central Office events and other information that benefits them.

Content

1. Monthly Central Office Financial Report.
2. Anniversaries submitted by groups.
3. Group contributions.
4. Calendar of Group/District functions or activities for the month and coming months.
5. An area for District information to be used at each District's discretion.
6. Contributions by individual members, Groups, and Districts including: articles, humor, upcoming events, reports of past events, any information thought important.
7. Adheres to Central Office Policy on Anonymity.

Distribution

1. Electronic: posted to <https://md.aancmco.org> at publication (1st of the month).
2. Email notification of publication sent on request.

Webmaster

1. Has responsibility for publishing and maintaining the Central Office website www.aancmco.org in accordance with Central Office policies. (See purpose and content below) The Webmaster may be reimbursed for publishing expenses.
2. Shall have at least three years of continuous sobriety.

Central Office Website: www.aancmco.org

Purpose

1. Provide an internet site, www.aancmco.org, for the North Carolina Mountain Central Office that informs the Groups about the Central Office and gives online access to current AA meeting schedules for Districts 70, 71 and 80.
2. Provide links to AA websites from Districts 70, 71, 80, Area 51, the General Service Office, and other useful AA information as deemed appropriate by the Central Office Board.
3. Provide a means for contacting the Central Office via email.

Content

1. Description of Central Office function, location and hours of operation.
2. Links to AA websites in the region.
3. AA-related news and events from the region.
4. Link to the Mountain Doin's, Central Office's newsletter.
5. Adheres to the Central Office Anonymity Policy.

If you have any questions about these positions, please contact Central Office: (828) 254-8539; info@ncmco.net



You Never Know *(continued from page 1)*

I wanted him to know the truth behind my behavior. I made amends and took responsibility for my actions and behavior, including any consequences. Then I thanked him for his time and attention.

My boss looked thoughtful for a moment. "Ron," he said, "I want to tell you how much I appreciate the courage it took for you to tell me this. I also want to let you know that I received my 25-year chip last night."

I sat there stunned. Right then the words from "A Vision for You" rang in my head: "You will surely meet some of us ... " In AA, there are no coincidences. Guided by a power greater than myself, the action of choosing to make amends resulted in the consequence of creating happiness for two alcoholics. This moment was, in a word, miraculous. No longer feeling alone or afraid, I gratefully wished my boss a happy AA birthday.

Mentored by him, I continued working for the company—another miracle—and retired honorably several years later. We both still tear up at the memory of this shared spiritual experience, forever connected by AA's common bond as we continue on this journey.

If you're at all hesitant about doing Step Nine, keep asking your Higher Power for the willingness until it comes. I'm reminded of a line from one of the theme park's many movie productions: "Even miracles take a little time." In the meantime though, keep coming back.

AA also has a saying: "Don't leave before the miracle happens." Through Step Nine and its Promises you too can find your happiest place on earth in sobriety. One amends at a time. One miracle at a time.

The Way Things Are

by Chap P. - St. Louis, MO

A member in Missouri shares his thoughts about the way we talk about how AA used to be.

In the last year or so I've heard friends with less than a year sober (maybe after listening to an AA lead) confidently affirm that AA just isn't like it once was. Part of me goes, Oh, yeah, hmm ... OK. And then later I think, Wait, how could you know that? Then I remember how joyful they seemed to be in their first month or so, on that pink cloud. I was the same way.

Then I'd hear members talk about lower recovery rates, about the message getting watered down, about how this or that organization has gotten too much influence on our program, and a part of me would think, Yes, I feel that way too! It felt right and true at the time. But it's not, in my opinion, based on experience, something I never used to use. The Big Book calls this "great stuff" logic.

Part of the gift I've been given in recovery is the chance to go to meetings in different states and other countries. This has brought me a sense of adventure that has helped me get to different meetings even in the areas where I've lived. And while I believe my sobriety has been helped by every meeting, I have not been able to predict what would happen at the next meeting based on all the ones I'd gone to before. And that, I believe, is a blessing of Tradition Four. Logically, each group's autonomy means that I won't know before going to it what will happen. So there's no way to say with any certainty, "Yes, this is happening throughout AA, and it didn't used to ..." Well, except members have a lot more cell phones and things like that.

Special Meetings and Events

NOTE: For updates, please check the specific event websites, or <https://aancmco.org/index.php/events/>
See flyers for additional events not listed here.



The Fellowship Group Annual Anniversary Celebration. Saturday, April 5, 5:00-8:00pm. Calvary Episcopal Church, 2840 Hendersonville Rd, Fletcher, NC 28732. See flyer for more details.

3rd Annual Spring Women's Spiritual Retreat. April 11-13. Blowing Rock Conference Center, 1818 Goforth Rd, Blowing Rock, NC 28605. For more information and registration, visit their website: <https://womensspiritualretreat.org/>



Lambda Potluck Spring Picnic. Saturday, April 26, 11:00am-2:00pm. West Asheville Park, 198 Vermont Ave, Asheville 28806. See flyer for details.

Long-Timers Panel & Ice Cream Social. Sunday, May 4, 1:00-4:00pm. Sponsored by District 70 & The Archives Committee. West Asheville Park, 198 Vermont Ave, Asheville 28806. See flyer for more details.

Fireside Sobriety Circle Campout. May 8-11. Yogi in the Smokies Campground, Big Cove Road (317 Galamore Rd) Cherokee, NC 28719. For more details and registration form, see flyer, or contact Herb at firesidesobriety@gmail.com

6th Annual Appalachian Regional Roundup. May 16-18. The MeadowView Conference Resort & Convention Center, 1901 Meadowview Parkway, Kingsport, TN 37660. For more information, visit their website: <https://www.appalachianregionalroundup.com/>



TCYPAA. May 30-June 1. Edgewater Hotel & Conference Center, Gatlinburg, TN. For more information and registration, visit their website: <https://tcypaa2025.com/>



90th Annual Founders' Day - Akron, OH. June 6-8. For information and registration, visit their website: <https://foundersday.org/>



Not a Glum Lot Roundup. July 3-6. Hilton Charlotte University Place, 8629 JM Keynes Dr, Charlotte, NC 28262. For more information, see flyer or go to the website: <https://www.notaglumlot25.com/>



NC Area 51 Events: <https://aanorthcarolina.org/events/>



GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/F-36_winter2025.pdf



And maybe that group autonomy was true in the AA Fellowship before the Traditions were written. Bill wrote them after seeing just how many conflicting rules there were in AA, didn't he? And that might be why, in the little time I've been blessed with getting to work on archives and learn more about our Fellowship's history, it seems like I've heard a number of conflicting claims about "how AA used to be."

From the start of our Fellowship, different groups were applying the program, whatever of it there was, in different ways. There may have been strong similarities, and maybe the Traditions helped those to grow, but the different stories about how they approached sponsorship, how high the recovery rate actually was, the number of readings that were or weren't used in meetings, how gruff the oldtimers were, and so on—maybe they're all true, even if everyone didn't agree.

And more than once in the last several years, I've been tempted to bolster arguments with "this is how AA used to be." Then thankfully I'm reminded, hopefully before I've gone through with it, that it might be one of many ways AA used to be. Thank God for autonomy!

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The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **Sunday, April 13, 2:30pm**. It will be a hybrid meeting, with Zoom capability (Meeting ID: 933 8500 3069; Passcode: 672458) and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville, 28805. For updates go to their website: <https://ashevilleaa.org>



Accessibilities Committee – The Chairperson is Carolyn O. Want to make sure your A.A. group is accessible to all? Contact Carolyn at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the first Monday of every month at 7:00pm. For zoom link go to: <https://ashevilleaa.org/event/district-70-accessibilities-committee-meeting-zoom-4/>

Archives Committee – The Chairperson is Dennis H. The Archives Committee needs A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information contact Dennis at archives@ashevilleaa.org. The Archives Committee meets the first Saturday of every month at 2:00pm. For zoom link go to: <https://ashevilleaa.org/event/district-70-archives-committee-meeting-zoom-4/> Join us for the **Long-Timers Panel and Ice Cream Social, Sunday, May 4, 1:00-4:00pm**. See flyer for more details.

CPC/PI Committee – The Chairperson is David. These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers are needed for various events. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at cpc-pi@ashevilleaa.org

Corrections Committee – Meetings are open at all facilities. We are looking for new volunteers for Yancey County. We had an orientation at Western Correctional Center for Women's (WCCW) and at Buncombe County in March. We have our next orientation for WCCW scheduled in June. We are always looking for new volunteers. For more information about Corrections or to become a volunteer, please contact Liz P, the Women's Corrections Chair, at corrections_women@ashevilleaa.org, or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org

Literature and Grapevine Committee – The Chairperson is Annie McN. She can be reached at literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

Technology Committee – The Chairperson is George. If anyone is having trouble getting a hybrid meeting going or having technical issues, please reach out to George at cpc-pi@ashevilleaa.org and he can offer support.

Treatment Facilities Committee – The Chairperson is Hannah R. She can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities. The Treatment Committee meets the last Sunday of every month at 7:00pm. For zoom link go to: <https://ashevilleaa.org/event/treatment-bridging-the-gap-committees-meeting-zoom-4/> **"Bridging the Gap" (with treatment facilities)** – The Chairperson is Ben B. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from "inside" the program to life on the "outside". They are meeting in

District 70 - continued

April to come up with a plan for giving presentations about Bridging the Gap to different treatment centers. They also have new pamphlets in both English and Spanish that they will distribute. If you are interested in volunteering, contact Ben at bridgingthegap@ashevilleaa.org For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org



District 71

GSR Business Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, April 12, 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome!

They need more volunteers for Henderson County jail and have openings for Alt DCM, CPC/PI Coordinator, Bridging the Gap, and Events Coordinator. If you have any questions or would like to volunteer, contact Alan, the District 71 DCM, through the website: <https://www.nc71.org/contact> or email: nc71aa@gmail.com



District 80

GSR Business Meeting – held quarterly. The next meeting will be on **Sunday, April 13, 1:30pm**, and it will be a Budget Review Meeting. This will be a hybrid meeting with zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU zoom system; the password and sign on information will be emailed to participants 30 minutes before the meeting. Check their website for meeting updates and links: <http://aawnc80.com>



NOTE to District DCMs and Committee Chairs:

Please send me updates that you would like included in the next issue of the *Mountain Doin's*. If possible I would like to have the information by the 15th of the month. Email: pam@ncmco.net Much appreciated!



The **AA Mountain Intergroup** is located in Blairsville, GA, and serves the communities in Southwestern North Carolina and North Georgia. For more information and upcoming events see their website: <https://aamountainintergroup.org/> or call: (706) 400-5531

Does Your Group Have a New GSR or Alternate GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com



Happy Anniversary!

3 Legacies Group

Craig F. 4-26-2017 8 yrs

Acceptance Group

Bill V. 4-25-2005 20 yrs

Liz P. 4-27-2018 7 yrs

Missy G. 4-29-1987 38 yrs

Back to Basics Group - Weaverville

Greg P. 4-12-2021 4 yrs

Perry B. 4-15-1996 29 yrs

Cara 4-23-2023 2 yrs

Black Mountain Group

Laura B. 4-04-1989 36 yrs

Jack F. 4-04-1991 34 yrs

Rene H. 4-27-2007 18 yrs

Burnsville Group

David C. 4-06-2022 3 yrs

Jack L. 4-15-1980 45 yrs

Marcy M. 4-30-1980 45 yrs

Candler K.I.S.S. Group

Briget S. 4-18-2018 7 yrs

Conscious Contact

Ocean S. 4-09-1971 54 yrs

Kay G. 4-16-2018 7 yrs

John G. 4-29-1980 45 yrs

Mary Lou B. 4-29-2021 4 yrs

Daily Decisions Group

Brad D. 4-23-1990 35 yrs

Kelly W. 4-24-1998 27 yrs

Annie J. 4-27-2021 4 yrs

Jaime B. 4-28-1989 36 yrs

Fellowship Group

Cathy O. 4-01-2020 5 yrs

Alisa L. 4-02-2022 3 yrs

Brenton F. 4-05-2023 2 yrs

Lauren S. 4-02-2022 3 yrs

Rebecca R. 4-14-2024 1 yr

Bill M. 4-09-1987 38 yrs

Colin S. 4-20-2023 2 yrs

Jason G. 4-23-2019 6 yrs

Ken W. 4-24-1990 35 yrs

Tanner N. 4-24-2024 1 yr

Good Livers

Joanna D. 4-29-1989 36 yrs

Grace Group

Micaela W. 4-01-2021 4 yrs

Cassie J. 4-04-2009 16 yrs

Frank T. 4-17-2011 14 yrs

Katie B. 4-19-2020 5 yrs

Michelle J. 4-24-2005 20 yrs

Riley H. 4-29-2015 10 yrs

Ben O. 4-29-2020 5 yrs

Beth T. 4-30-1993 32 yrs

Mary Lou B. 4-30-2020 5 yrs

Tony W. 4-30-2021 4 yrs

Hendersonville Group

Nate T. 4-05-2021 4 yrs

Lou 4-16-2020 5 yrs

Lana W. 4-22-2018 7 yrs

Jaclyn C. 4-22-2022 3 yrs

Stuart P. 4-29-2002 23 yrs

Hendersonville Men's Group

Steve W. 4-05-2022 3 yrs

Eric M. 4-08-2004 21 yrs

Stuart P. 4-29-2002 23 yrs

Lambda Group

Mike M. 4-11-1979 46 yrs

Warren M. 4-20-1982 43 yrs

Phil L. 4-20-2021 4 yrs

Leicester Group (Inactive)

Bob F. 4-21-1983 42 yrs

Library Group

Lucy B. 4-16-1985 40 yrs

Mars Hill Group

Frank T. 4-08-2007 18 yrs

Serenity Service Group

Kenneth P. 4-02-2024 1 yr

Rob H. 4-11-2020 5 yrs

Sarah G. 4-20-2022 3 yrs

James K. 4-21-2017 8 yrs

Brian M. 4-22-1978 47 yrs

Casey B. 4-25-2024 1 yr

Surrender Group - Black Mountain

Greg K. 4-06-2015 10 yrs

Total Surrender Group

Kathy O. 4-01-2020 5 yrs

Bill G. 4-10-1997 28 yrs

Wanda T. 4-12-2021 4 yrs

Traditional Group

Michael W. 4-08-2012 13 yrs

Holly 4-19-2018 7 yrs

Waynesville Grace Group

Melanie A. 4-22-2012 13 yrs

West Asheville Group

Dusty 4-02-1979 46 yrs

Joe P. 4-02-2022 3 yrs

Rob M. 4-23-2004 21 yrs

Women of Courage

Trisha 4-01-2023 2 yrs

Laura A. 4-03-2015 10 yrs

Amy A. 4-10-2012 13 yrs

Lori E. 4-12-1989 36 yrs

Calla C. 4-12-2022 3 yrs

Nikki M. 4-14-1989 36 yrs

Annie M. 4-24-2022 3 yrs

Jenny H. 4-27-2004 21 yrs

Young People's Group

Matthew W. 4-02-2021 4 yrs

Marcus W. 4-18-2015 10 yrs

The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office: (828) 254-8539 or send a new list to: info@ncmco.net
The May newsletter deadline for sending in anniversaries and announcements is April 15.



Does your group have a

COR?

(Central Office Representative)

**What are Central Office Representatives and
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for more details:

<https://aancmco.org/index.php/events/>



DISTRICT 70

SERVICE KEEPS US SOBER SPEAKERS NEEDED!

We are looking for homegroups to represent one day a month at a treatment center to find speakers for!

Are are currently looking for coverage for:

ADATC (Tuesdays & Fridays)

Neil Dobbins (Fridays)

Costello House (Sundays)

Transformation Village (Mondays)

and First Step Farm (Tuesdays)

We are also looking to connect with AAs who are unable to sign up for a monthly commitment, but who are willing to speak at treatment centers! They will join our running list of volunteers.

Interested in joining the Treatment Committee?

Reach out now!



Email Us!

treatment@ashevilleAA.org



Deaf Alcoholics

Find an accessible Deaf Alcoholics Anonymous (AA) or
ASL Interpreted AA Meeting

“TODAY”



Picture of website QR code

Deaf AA & ASL Interpreted Meetings in the USA & Canada

Find a Sponsor, Fellowship and Service Opportunities

deafaa.org

What else can you find on the website?

Alcoholics Anonymous literature available in ASL

Click on [aa-asl-cc-videos](#) link

Deaf alcoholic recovery stories on the

Grapevine ASL YouTube Channel

Click on [grapevine-asl-playlist](#) link



The Fellowship Group

Annual Anniversary Celebration

Saturday, April 5, 2025

Calvary Episcopal Church from 5PM to 8PM

2840 Hendersonville Road, Fletcher

Please join us for Fellowship, BBQ, Raffle, and more!!

Speaker, Deborah VW, from the Roundtable Group

Please bring a side or dessert to share!

Welcome retreat sisters! We welcome you to the Annual Spring Women's Spiritual Retreat at the Blowing Rock Conference Center, located in the beautiful mountain village of Blowing Rock, North Carolina.

In addition to experiencing a spiritual women's retreat, there are a range of activities you might enjoy. To highlight a few:

- seventeen nearby hiking trails ranging from moderate to strenuous for those who enjoy hiking in the mountains
- outdoor chapel is available for meditation or to sit and enjoy the view
- several walking trails and as much space as you need
- board games
- coloring and puzzle books
- limited number of massages available @ \$75 an hour -- *cash only please*

Catch up with old friends, and make new ones.

Register online at:

<https://www.womensspiritualretreat.org>

NO REFUNDS AFTER
March 11, 2025

Many A.A.'s go in for annual or semi-annual housecleanings. Many of us also like the experience of an occasional retreat from the outside world where we can quiet down for an undisturbed day or so of self-overhaul and meditation."

12 & 12, Step Ten, Page 89

PLEASE WELCOME:

Retreat Leader: Marie Talsness .. 37 years of sobriety

Marie is active in the 12 Steps and helps many women to seek this Spiritual way of life through the 12 Steps. She tries to carry this message to the alcoholic woman who still suffers.... with either 24 minutes, 24 hours, or 24 years of sobriety.

She lived in Hong Kong for 22 years, raising three children with her husband. While there she worked as a religious studies teacher and coordinator at a parish in Hong Kong.

Marie has organized 12 Step Spiritual Retreats since 2003 and has facilitated various 12 Step retreats internationally, including Thailand, Hong Kong, Australia, China, and the U.K., as well as the USA since 2008.

Marie Talsness brings with her a powerful love of God, an open transparency of her own messy journey, and a focus on the 12 Steps that results in personal growth that guides one to a deeper spirituality.

Retreat Theme: "Spirituality is not a theory ..."

Objective: living this spiritual life...through a journey of Steps 6/7 and 10/11 with the base of Step 3 being the decision we made and the actions we take. Seeking this God in the messiness and the stumbling's of our life is where the Spiritual life can be cultivated.

A limited number of twenty minute one-on-one sessions with our retreat leader will be available on Saturday. Names will be picked from the basket Friday evening.

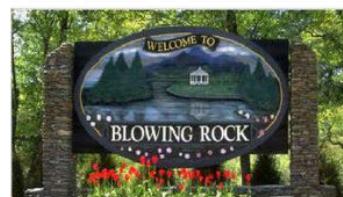


3rd Annual Spring Women's Spiritual Retreat
April 11 – 13, 2025

This year's Retreat theme is:

Spirituality is not a theory...

Marie Talsness
Retreat Leader



The peace and serenity to be gained is unlimited, but space for the retreat is not!

Register online at:
<https://www.womensspiritualretreat.org>



A spiritual retreat is an excellent way for women in the fellowship to renew their spiritual commitment as outlined in the 12 Steps. We also enjoy seeing old friends, and making new ones. The retreat brings together women in recovery to share in prayer and reflection. We will gain additional tools to help us keep open the spiritual path to recovery. The retreat is based upon the spirituality of Alcoholics Anonymous and is open to AA women only.

Presentations, discussions, prayer, meditation, and individual direction help to strengthen and encourage AA women in recovery.

What to Bring:

- Snacks to Share
- Favorite meditation books, journal, flashlight, water bottle, and address book
- Bring Cash For: massage if selected @ \$75/hour, 50/50 raffle participation, and gratuity for BRCC staff
- Lawn chair is optional
- Warm sweater/jacket/hat
- Yoga mat

Check in begins Friday at 3:00 p.m. Dinner is 6:30. Coffee, tea, and soft drinks provided. Retreat concludes Sunday at 12 noon.
Early Bird arrival on Thursday can be arranged for \$60. You can purchase Thursday night dinner (\$18), Friday breakfast (\$12), and lunch (\$16) to have at BRCC through our website.



- ◆ When you have turned onto Possum Hollow Road:
- ◆ Follow Possum Hollow .7 miles to a stop sign
- ◆ Turn LEFT onto Sunset Drive. Continue .2 miles to the stop sign.
- ◆ Turn LEFT onto Goforth Road and continue for **about .6** miles until you come to the 15 mph speed limit sign; you will see the entrance to Blowing Rock Conference Center just ahead on your right.
- ◆ Turn RIGHT and follow the road to the main parking lot.



COST FOR THE WEEKEND

Rooms

- Lodge: \$235 per person
- Single Room: \$335
- Cottage (sleeps 4): \$210 per person
- Rowe Dorm \$190

NO REFUND AFTER MARCH 11th

Friday dinner, Saturday 3 meals, and Sunday breakfast included with registration.

REGISTER, SELECT ROOM TYPE ONLINE

<https://www.womensspiritualretreat.org>

For registration questions contact Lisanne at awsrreg@gmail.com

Text: 704-905-1706

Registration Form

Would you like to be of service? (Circle one)

- Morning Prayer Yoga
- Set-up/Breakdown
- Hospitality Chair Workshop Golf Cart

Name: _____
 Badge Name: _____ Address: _____ City: _____
 ST: _____ Zip: _____
 Phone: _____ Sobriety Date: _____ E-mail: _____

Roommate Name

Accessible room needed? Yes No
 (Accessible rooms are very limited.)

Food allergies:

Golf cart ride needed? Yes No Do you

require a first floor room? Yes No

There are no elevators at BRCC

Use this form or **Register online** at <https://www.womensspiritualretreat.org/>

- Lodge \$235 per person double occupancy
- Limited # of single rooms are \$335
- Cottage (up to 4) is \$210 per person
- Rowe Dorm \$190
- Registration Amount \$
- Early Bird Thurs. (\$60) \$
- Thursday Dinner (\$18) \$
- Friday Breakfast. (\$12) \$
- Friday Lunch (\$16) \$
- Scholarship Contribution \$

Total Amount Enclosed \$

CHECK/MONEY ORDER PAYABLE TO:
"Women's Spiritual Retreat" and mail with this form to:

**Lisanne Smith, 6033 Brace Road
 Charlotte, NC 28211**



Friday

- 5 pm "Convention Kick-Off Meeting"
- 6-7 pm BBQ BUFFET / WASHERS
- 8 pm AA MAIN SPEAKER
Debbie D. Concord, CA
- 9 pm ICE CREAM SOCIAL
- 10 pm YPAA MAIN SPEAKER
Keisha S. St Charles, MO
- 11 pm ACTIVITY presented by YPAA

Saturday

- 8:30 am AL-ANON MEETING
- 10-11:15 am TRADITIONS WORKSHOP
-Debbie D and Marilyn S
- 12 pm AL-ANON LUNCHEON
- 1 pm AL-ANON MAIN SPEAKER
Jenny P Valrico, FL
- 3 pm ALL SPEAKERS PANEL: RULE 62
- 4:30 pm AL-ANON MEETING
- 6:30 pm BANQUET DINNER
-Table Trivia
-Sobriety Countdown
- 8 pm AA MAIN SPEAKER
Scott T. Coldbrook, NY
- 9:30 pm Activities/ DJ / Dancing

Sunday

- 9 am BREAKFAST BUFFET
- 10 am AA MAIN SPEAKER
- Marilyn S. Los Angeles, CA



AL-ANON and YOUNG PEOPLE in AA PARTICIPATION

**17th ANNUAL
SPRING FLING CONVENTION
April 25 - 27, 2025
"RULE 62"**

Hilton St. Louis Airport

10330 Natural Bridge Rd
St. Louis, MO 63134
314-426-5500

**FREE
PARKING!**

***Mention Spring Fling code: SPR
For Special Reduced Room Rate of \$99 + tax**



TO REGISTER & BOOK YOUR REDUCED ROOM RATE VISIT:

www.springflingstl.com

***Reserve room early before all rooms are sold out and/or reduced rate ends April 14**

**ARCHIVES, HOSPITALITY & MERCHANDISING ROOMS,
MARATHON MEETINGS and OUR "ZEN DEN"
ARE OPEN ALL WEEKEND!!**

MAIL IN REGISTRATION FORM

Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126

Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.

Make checks/money orders payable to Spring Fling Convention -To sit together, please submit together: 10 people per table

Name: _____

Phone: _____

AA _____ Al-Anon _____ YPAA _____

Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only.

Email: _____

Address: _____

City

State

Zip

Pre-Registration \$25 _____

Door Registration \$30 _____

Friday Night BBQ \$20 _____

Friday Night Ice Cream Social \$10 _____

Al-Anon Luncheon Saturday \$30 _____

Banquet Saturday Night \$50 _____

Steak _____ Chicken _____ Veg _____

Sunday Breakfast Buffet \$20 _____

Hospitality / Scholarship Donation \$ _____

Total Amount to be Paid \$ _____

Cut-off for mail-in registration is April 15, 2025

Please list any special needs here: _____

For more info email: springflingconvention@yahoo.com



LAMBDA presents

POTLUCK SPRING PICNIC

food
drinks
games
crafts
prizes

We'll take care of the main course! Bring your favorite side dish, appetizer, or dessert to share.

Fun for the whole AA family—kids and friendly dogs welcome!

 **West Asheville Park
198 Vermont Ave
28806**

April 26 | 11:00am - 2:00pm

ICE CREAM SOCIAL

WEST ASHEVILLE PARK

**SUNDAY
MAY 4TH**

**1:00- 4:00
PM**

LONG-TIMERS PANEL



**John G. 44 years
Sal L 31 years
Michele P. 33 years
Dave G. 29 years**

Learn about A. A.
History from those
living it

THERE WILL
BE AN
**ASK IT
BASKET**
PROVIDED
SO BRING
QUESTIONS
FOR THE
PANEL
PAPER
PROVIDED



FREE ICE CREAM & FELLOWSHIP

**198 VERMONT AVE
ASHEVILLE, NC 28806**

FIRESIDE SOBRIETY CIRCLE



STRENGTH

KINDNESS

HONESTY

SHARING



CAMP OUT

May 8-11, 2025

YOGI in the SMOKIES CAMPGROUND

BIG COVE ROAD, CHEROKEE, NC

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS, Rain gear, SPONSOR/ SPONSEES.....and your POW WOW REGALIA..!
Contact: Herb W. at 828-506-8563 or firesidesobriety@gmail.com
Registration begins **Thursday after the Sacred Fire is lit!**
NO PETS in Food Serving/Eating Area, Pow Wow, or Sacred Fire Area
NO PETS AT TENT SITES

~NA/AA/Al-Anon Speakers~
~Talking Circles~ Native Teachings
~Meetings, Meetings, Meetings~
~T-shirts/Long sleeve T's~
~SOBRIETY Pow Wow~
~Sobriety Countdown~
"MUCH MORE"

PRE-REGISTRATION: \$55 per PERSON (kids under 10 are FREE, 11-12y/o \$15. and 13-18 \$20). *\$60 at the Gate.*
Price includes food & tent/camper site for three (3) nights Early Registration ends May 1, 2025

NAME(S): _____

ADDRESS: _____

EMAIL(S): _____ / _____

PHONE #: H) _____ (C) _____ (C) _____

In Party: _____ Amount Enclosed: _____

Cut & Mail Registration Form by May 1st
With Checks Made Payable to: Fireside Spring 2025

FIRESIDE CIRCLE
C/O Herb Wachacha
PO Box 2015
Cherokee, NC 28719



Hendersonville Group's *'Eating Meeting'*

Saturday, May 17, 2025
Eating starts at 5pm

Speaker Meeting starts 7pm
Guest Speaker:
Polly from Charlotte

**Bring some food you would like to share
with friends and family**



1624 Willow Road, Hendersonville, NC
Across from Valley Hill Fire Department

Knoxville is hosting...

**"...THE
BRIGHT
SPOT OF
OUR
LIVES."**

p.89 BB

TCYPAA

**TENNESSEE CONFERENCE OF YOUNG PEOPLE
IN ALCOHOLICS ANONYMOUS**

May 30 - June 1 2025

Edgewater

Hotel & Conference Center

Downtown Gatlinburg, Tennessee

**Registration
now open!!**

tcypaa2025.com



**call to
ACTION!**

Service work and outreach needed

**TCYPAA 2025 HOST COMMITTEE MEETINGS
SUNDAYS AT 1:30 PM**

**FOR MORE INFORMATION ON HOW TO BE OF SERVICE
AND LOCATION OF MEETINGS:**

CALL/ TEXT: (865) 599-6394

EMAIL: tcypaa2025@gmail.com



Founders' Day Registration Form | online at www.foundersday.org



Everyone must be registered, including children. All registrations must be postmarked by May 15, . **NO EXCEPTIONS!**

Name (please print clearly) _____

Address _____ City _____ State _____ Zip _____

Phone (_____) _____ E-mail address* _____

* If you provide an e-mail address, you will get confirmation via e-mail only!

Check for special needs - handicapped.
Handicapped parking will be strictly enforced.

Hearing Impaired- ASL Interpreter Requested
All beds are at a fixed height of 42 inches. The University of Akron **CANNOT** adjust bed height.

***INDIVIDUAL FORMS
REQUIRED FOR EACH
PACKAGE PLAN***

Onsite registration closes at 6:00 pm Saturday, **NO EXCEPTIONS!**

Basic Registration \$35 x QTY = \$ _____ TOTAL

(Basic Registration will be \$45 on site conference weekend)

INCLUDES ADMISSION TO ALL MEETINGS.

MUST have a picture I.D. for pickup.

Package Plan A \$300 = \$ ONE ONLY

Sex: M F

BASIC REGISTRATION INCLUDED.

Includes admission to all meetings, meals, room, and bus tour.

Report directly to designated dormitory to pick up weekend package and room key.

You must have a picture I.D. to pick up your reservation package.

All rooms and buildings at the university are non-smoking.

Package Plan B \$225 = \$ ONE ONLY

Sex: M F

BASIC REGISTRATION INCLUDED.

PLAN B DOES NOT INCLUDE MEALS.

Includes all items in Package Plan A *except* meals.

Rooming with: _____

MEALS		QTY	TOTAL
SATURDAY	Breakfast	\$22 x _____ = \$ _____	
	Lunch	\$27 x _____ = \$ _____	
	Dinner	\$40 x _____ = \$ _____	
SUNDAY	Breakfast	\$22 x _____ = \$ _____	
SPECIAL DIETARY NEEDS — <input type="radio"/> Diabetic <input type="radio"/> Vegan <input type="radio"/> Vegetarian <input type="radio"/> Gluten-Free			

MOTORHOME SITE FEES	QTY	TOTAL
NO TENT CAMPING!		
RV Site Tag (no hook-ups available)	\$40 x _____ = \$ _____ per site/whole weekend	
Each RV must have a Site Tag to set up.		
ABSOLUTELY NO PETS OR FIRES!		
REGISTRATION TOTAL \$ _____		

PAYMENTS MUST BE IN U.S. DOLLARS ONLY.
MAKE CHECKS / MONEY ORDERS PAYABLE TO:
Akron Intergroup
PO Box 12
Akron, OH 44309-0012
REFUNDS requested in writing only by mail or email
and postmarked / received prior to May 15, 2025.
treasurerfd@akronaa.org

PAYMENT METHODS FOR MAIL IN REGISTRATION:

CHECK MONEY ORDER

All Credit Card payments must be made online at www.foundersday.org.
Click on the Founders' Day link and follow the instructions.

NEW! Introducing the **guidebook** app for Founders' Day 2025!

This app will serve as a companion to the printed program, offering a variety of useful features, including:

- Real-time notifications for inclement weather or other unexpected updates.
- Digital access to the event schedule and campus maps.
- Details about historical sites, donation opportunities, and on-campus dining options.

For more information, visit the Founders' Day website: <https://foundersday.org/>





Can't make it to Vancouver? Celebrate in Charlotte, NC instead.

NOT A GLUM LOT ROUNDUP

JULY 3-6, 2025

CHARLOTTE, NC



CELEBRATING 90 YEARS OF AA

Hilton Charlotte University Place - 8629 JM Keynes Drive – Charlotte, NC 28262

Newly Renovated Double or King: \$175+taxes (cutoff 6/17/25)

Refundable one night's deposit required – Hotel Group Code is: **GLUM**

(Free Buffet Breakfast Included Friday – Sunday mornings)

Hotel Reservations: 704-547-7444

Information, text: Registrar/Treasurer, David H. @ 704-622-3945; Registration Co-Chair, Elaine W. @ 617-388-4808; Roundup Co-Chair Ray W. @ 704-953-8357; or Chair, Betty G. @ 704-491-1519

Registration: \$55.00; **\$60 at the door**

Friday Night BarBQ Buffet: \$60.00

Saturday Night Ice Cream Social: \$20:00

Saturday Night: Red, White and Blue DJ Dance

Speakers

Zel P., Carlos D., Buck R., and Beth R.

Dynamite Workshops

Old-Timers Panel (with 30+ years)

Workshops will be recorded.

Clip and mail registration form with payment to: "Not A Glum Lot Roundup" c/o David Harris, P.O. Box 19081 Charlotte, NC 28219 OR USE PAYPAL QR Code

NOT A GLUM LOT ROUNDUP



[Registration fee is transferable but non-refundable]

Name: _____ Badge Name: _____

Address: _____ City: _____, State: _____ Zip: _____

Phone: _____ Email: _____ Sober Date: _____

Registration: \$55 x _____ Buffet: \$60 x _____ Ice Cream Social: \$20 x _____ Scholarship: \$ _____ AA _____ Al-Anon _____

Volunteer: Greeter Registration Hospitality Raffles Banquet Seating Souvenirs Workshop

SPECIAL NEEDS: _____

SOUVENIRS

Tumbler: \$22 x _____ T-Shirt: \$25 x _____ Hoodie: \$35 x _____ Sizes: _____S _____M _____L _____XL _____2X _____3X

TOTAL AMOUNT ENCLOSED: \$ _____



Language of the Heart
Lenguaje del corazón
Le langage du cœur



REGISTER BY
APRIL 15
FOR EARLY-BIRD
PRICING

2025

A.A. INTERNATIONAL CONVENTION

Join your friends in Vancouver,
British Columbia, Canada
July 3-6

HIGHLIGHTS INCLUDE...

- ▶ Thursday night block party
- ▶ Flag Ceremony
- ▶ Stadium meetings
- ▶ Old Timers Meeting

AND MORE...including 250+ meetings,
hospitality suites, and a full slate of
panels and workshops

**HOUSING IS
STILL
AVAILABLE!**

REGISTER NOW



LEARN MORE

aa.org/international-convention

2025ic@aa.org



29th Annual Southeast Woman to Woman Conference "Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with Al-Anon Participation
No children allowed in conference rooms



August 22-24, 2025, Virginia Beach, Virginia

Holiday Inn Virginia Beach-Norfolk
5655 Greenwich Road, Virginia Beach, Virginia 23462

RESERVATIONS

Room rates through July 29, 2025:

- King, \$149 + tax
- Double, \$159 + tax

Breakfast is not included.

To make reservations,

- Call (800) 567-3856 and use code **SWW**
- Register online at <https://bit.ly/SEW2W-VB-Hotel>

REGISTRATION

Conference registration:
\$65 through March 31, 2025
\$70 April 1-July 18 and on-site.

Registration is transferable but NOT refundable.



- Register online at www.SEWomantoWoman.org
- Complete attached registration form and mail registration form and check payable to **Southeast Woman to Woman** to:
SEW2W
C/O Diane Stabinski
P.O. Box 15031
Chesapeake, VA 23328

CONFERENCE CONTACTS

Chair: Tracy U.
Co-Chair: Natalie S.
Registration: Rebecca M.

sew2w2020@gmail.com
Natalie.sew2w25@gmail.com
sew2w2012@gmail.com

REGISTRATION FORM

Name: _____ Badge Name: _____
 Check: AA, Sobriety Date: _____ Alanon
 Address: _____ City: _____
 State/Zip: _____ Phone: _____
 Email: _____ Are you willing to volunteer? Yes No
 Any special needs? _____

--- Please select items below ---

Registration Fee (Required, check one):

\$65 (until March 31, 2025) \$70 April 1-July 18 and on site

Scholarship Donation (not required): \$ _____

Souvenirs

Tumbler, \$21

Tote, \$25

T-Shirt, \$25, specify style and size:

Style: Women's Unisex

Size: Small Medium L XL 2XL 3XL (unisex only) Bundle

(1 Tumbler, 1 Tote, and 1 T-Shirt), \$65, specify T-Shirt style and size:

T-Shirt Style: Women's or Unisex

Size: Small Medium L XL 2XL 3XL (unisex only)

Events

Sunshine & Sundresses Banquet, \$75

Optional dress code: Sundress or Best Sunny Day attire

Colors: Ocean blue, Pale yellow, Fern green

Beach Tour, \$25

Aquarium Tour, \$35

TOTAL AMOUNT ENCLOSED: \$ _____

ALCOHOLICS ANONYMOUS
2025 BRIDGING
THE

Workshop
Weekend

GAP

TEMPORARY CONTACTS

September 5th – 7th 2025

Hosted by Area 5

The Greater Los Angeles Area

Sheraton Ontario Airport Hotel

429 N Vineyard Ave Ontario, CA 91764 (909) 937-8000

Room Rates \$155+tax Room Code BTG

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences and breakout sessions.

PLEASE PRINT CLEARLY

I would like to volunteer to help

Email _____ Service Position _____ Area _____
Name _____ Phone _____
Address _____ City _____ State _____ Zip _____

breakout session topics you would like

Registration

Before July 1st \$50 EarlyBird In-Person Weekend Registration \$50

After July 1st \$60 In-Person Weekend Registration \$60

Saturday Only Day Pass \$40

Saturday Nite Banquet \$50

Online Attendance \$60

Vegetarian

Total Person One \$ _____



Register Online at BTGWW.org or Mail this form to and a check to:

BTGWW 10001 E Evans Ave #62D Aurora, CO 80247