

Mountain Doin's

November 2024

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Central Office Positions Open in January

The Central Office General Committee (CORs and Board members) will be electing new Board members for 2-year terms beginning in January 2025: Chairperson, Alternate Chairperson, Secretary, Treasurer, and 12th Step Call Coordinator.

Here are the responsibilities and requirements for each position:

Chairperson

1. Shall preside at Central Office Board and General Committee meetings.
2. Shall see that all decisions of the Committees are acted upon.
3. Pursuant to specific authority given on occasion by the Committees, may sign and deliver contracts and other documents in the name of North Carolina Mountain Central Office Inc.
4. With the recommendation and approval of the Central Office Board, shall call for eligible people to stand for positions and appoint chairpersons of standing and special subcommittees.
5. May vote, bring motions, initiate and engage in discussion and debate at Central Office Board and General Committee meetings in accordance with Robert's Rules of Order for Small Groups as specified in the By Laws.
6. Shall have five years continuous sobriety.

Alternate Chairperson

1. Shall perform the duties of the Chairperson when requested by the Chairperson or in the case of their absence or inability to act, and shall preferably be interested in rotating to the Chairperson position if it becomes vacant.
2. Shall have at least five years continuous sobriety.

Secretary

1. Shall take minutes of all General Committee and Central Office Board meetings and submit to the Central Office within 14 days after the meeting.
2. Shall have at least five years continuous sobriety.

Treasurer

1. Shall have charge and custody of all funds of Central Office.
2. Accuracy of all financial records of Central Office.
3. Arrange for preparation and filing of all required tax returns.
4. Preparation of an annual financial report and an annual budget.
5. Preparation and presentation of monthly financial report to the Central Office Board and General Committee.
6. Shall have at least five years continuous sobriety.

12th Step Call Coordinator

1. Shall have responsibility for maintaining the 12th Step Call Volunteer list.
2. Recruits new volunteers.
3. Work with the Office Manager to keep the 12th Step Call Volunteer list information current.
4. Shall have at least three years of continuous sobriety.

(The Board will also be looking for a new *Mountain Doin's* Editor as the current Editor's suggested 3-year term has ended. This is a Board-appointed position.)

If you are interested in volunteering, please attend the next COR/Board meeting, Thursday, November 14, at 6:00pm, via zoom. For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

Questions? Contact Central Offices: (828) 254-8539; info@ncmco.net

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@ncmco.net
aancmco.org



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The Guy Who Ruined My Meeting

by Robin W. - Marina Del Rey, CA

He's new, he comes in late and he disrupts everything. Someone should do something.



I find my seat at the front of the room, early as usual. I have long-term sobriety and still regularly attend meetings, most often here at my home group. The speaker starts to share and I'm instantly hooked, connecting and identifying with the speaker's story. I'm wholly absorbed, listening with rapt attention. And then Keith—new to the group—loudly shuffles in, late again, jostling past me in the crowded room, the oversized bag he's dragging around hitting me in the head. By now the speaker's spell is broken, and I'm furious with this inconsiderate guy who has once again ruined "my meeting."

(continued on page 6)

Hurricane Helene and A.A. in WNC

Almost all of us experienced the fury of Hurricane Helene in one way or another. Some areas were barely affected while others completely destroyed. For days, many could not connect with family, friends, sponsors, sponsees. Other lost their homes, their livelihoods, their loved ones. Those who were able stepped up to volunteer at the numerous places that immediately began providing food, drinking water, supplies and hot meals, charging stations and wifi. I think we have all seen the very best in our fellow human beings, as we reached out for assistance while in turn helped our neighbors. Recovery – physical, emotional and spiritual – may take a long time. But the kindness and generosity of so many will never be forgotten. – Pam C.

Here are a few stories from local A.A. members...



We live in the Little Creek area of Burnsville, NC, near the Cane River. When Hurricane Helene moved through, we were left with no roads or bridges to get out. Many lost their lives and homes. We still have no power at day 25, and rough roads to travel.

I'm so grateful that I have been able to live the AA principles of Love and Service. I was unable to get to a meeting for three weeks and continued to be at peace by putting the AA program into practice. Helping those sick and suffering kept me sober and serene in a very devastating situation. I kept thinking of the early A.A. members who went off to war and stayed sober. Thank you God for the program of Alcoholics Anonymous and the opportunity to be of service. 🙏❤️

In Love and Service,
Tricia M.



One of the many kindnesses that were offered to me that I accepted from sober members following Hurricane Helene was the use of two dishwashers in one kitchen for two weeks of dirty dishes. And I was offered and accepted kind offers to take a shower in multiple members' homes.

I had former sponsors reach out to me to make sure I was okay, and offered cash and lodging. I had prayers and light offered from all over the world. I was welcomed graciously in meetings in Calabash, NC and the surrounding area.

Maria E.



Living in Mars Hill, being relatively unscathed, I went down to Marshall to see if I could be of any help.

The experience was overwhelmingly uplifting! Local paving equipment and excavating contractors were busy loading mud and debris into trucks and trailers, (all at their own expense) as residents, business owners and volunteers cleaned the same out of the structures still left standing. Hauling it to the local landfill. 70 loads a day I'm told. As contractors pulled out to run their own businesses, other equipment and volunteers from all over moved in, including 30 personnel from 264th Engineer Co., Fort Liberty, NC, and 80 personnel from 101st Airborne Division, Fort Campbell, KY.

With the town administration and maintenance folks busy with infrastructure and setting up temporary facilities operations, (Town Hall was completely wiped out, along with sewer and storm drainage.) local volunteers hit the ground running! They got the whole otherwise chaotic situation organized. Equipment and volunteer placement, food and personal protective equipment distribution. It all ran like a well-oiled machine!

I fell in to help at the Presbyterian Church, where folks were pushing wheelbarrows of mud to the street. The Marshall AA group met here for years. I sent a picture of the chairs from the fellowship hall piled on the street to be hauled to the landfill, to a fellow member, with the caption saying, "our sober a _ _ _ sat a lot of days in these chairs."

I stayed and helped at the church for the two-plus weeks of clean up,

as volunteers from all over came and went, all pitching in shoveling and wheeling mud, pressure washing and re-pressure washing, removing drywall, carpet, mud-filled duct work and other water-soaked debris, all hauled to the street to be removed in the well-organized fashion previously mentioned. The town is in assessment stage now, determining what and how to rebuild.

In the last couple of days, someone planted pansies in the church planters. A sign of hope in a town that's down but not out.

I am so grateful that I can feel blessed by being just a tiny part of this, that I can recognize the unselfish contribution of others and how this selflessness has brought this devastated community to a place of hope.



God, I love AA! It has given me a life worth living!
Rick G.



In June or July of 2020, Joyce and Trink started an outdoor meeting at the Nature Center next to the Swannanoa River in East Asheville. It was a 7 AM meeting. We met in the giant gazebo next to the municipal swimming pool. Some of you may have visited – we typically had 4 to 12 friends show up for these loosely structured meetings. Trink crafted a grab bag of topics to get our shares started. We'd open the meeting with the serenity prayer. Choose a topic from the bag, or share about your own personal topic, and the meeting would proceed. When all had shared enough, we closed the meeting with the "We" version of the serenity prayer. This year the meeting has shrunk to 6 or 8 attendees.

There was a big storm in 2022 that damaged the big gazebo. We moved down to a picnic shelter closer to the river for a year. Finally, we moved to the Soccer fields a little more upstream along the Swannanoa. We loved that meeting for about a year until Helene wrecked the soccer complex. This image was taken from our usual meeting spot at the Soccer Fields the Saturday after the flood. Our shelter is on the left, the soccer field on the right, the Swannanoa River back in its banks at the far edge of the picture:



The road to the shelter was impassable to vehicles. Many trees down on Azalea Road. We stopped meeting for the two weeks after the storm.

You are invited to join in our gentle, casually outdoor meeting, Tuesday and Thursday, 7 AM, at the picnic tables outside of Whole Foods. We hope to find another spot closer to the woods soon.
One Day At A Time,

Best Regards,
Chuck H.

(ps. Written without collaboration nor consent from the other 'regulars' at this meeting.)



November Grapevine now available!



The Gift Of Gratitude

This month's featured section is "Neurodivergence in AA," with powerful stories by AA members with autism, ADHD, dyslexia, social anxiety, and Down syndrome. We also include some wonderful gratitude and Thanksgiving stories.

<https://www.aagrapevine.org/> 

After-hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm.

Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide. One year of sobriety is required.

Information can be found at:

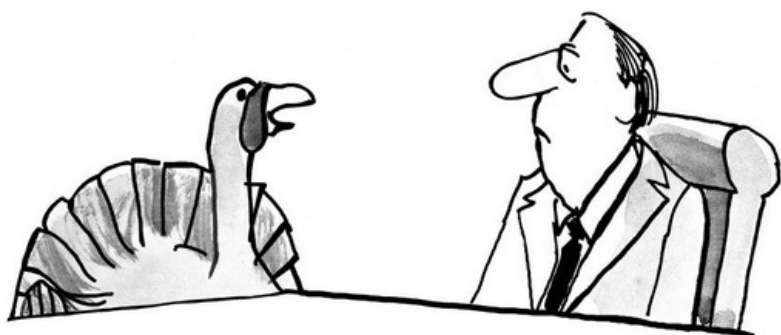
<https://aancmco.org/index.php/about-ncmco/service/>

(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



Participate with Grapevine



Flex your funny bone.

If a great caption springs to mind when you look at this picture, submit it for possible publication on our humor page. Or vote for your favorite caption! [See more.](#)

Share your story with us.

We always look for stories on special topics and departments such as Emotional Sobriety, Sponsorship, Newcomers, Youth Enjoying Sobriety, Old-Timers and Home Groups, and the Twelve Steps and Twelve Traditions.

[Learn more: Submission guidelines and editorial calendar.](#)

Call & Visitor Log September 2024

12 Step Calls – 2
General Info – 10
Family Help – 3
Meeting Info – 27
Central Office Business – 37
Medical/Detox – 0
Visitors – 42
After-hours calls – 39

Visits to aancmco.org/ website:
Unique Visitors – 6,343
Total Visits – 12,532; Visits/Visitor – 1.98
Total Pages – 54,356; Pages/Visit – 4.34



COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us!

In January, Central Office will be electing the following Board members: Chairperson, Alternate Chairperson, Secretary, Treasurer and 12th Step Call Coordinator. See page 1 for the responsibilities and requirements of each position. Anyone interested in volunteering for a position is encouraged to attend the COR/Board meeting in November.

The next COR/Board meeting will be **Thursday, November 14, 6:00pm**, via Zoom: Meeting ID: 757 855 2319 Passcode: 000000

For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>



Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 9/30/2024

Prudent Reserve
\$16,147.90

Operating Account
\$16,045.55

Rent Deposit - \$900.00

Petty Cash - \$50.00

Profit & Loss YTD

	Sep 2024	Jan-Sep, 2024 (YTD)
Revenue		
Contributions		
Birthday Contributions		\$71.88
Group Contributions	\$1,918.26	\$27,594.29
Individual Contributions	\$32.10	\$1,065.84
Total Contributions	\$1,950.36	\$28,732.01
Interest on Money Market	\$1.32	\$12.09
Sales Income		
Literature & merchandise	\$2,499.59	\$20,205.20
Shipping charged to groups	\$29.30	\$385.19
Total Sales Income	\$2,528.89	\$20,590.39
Total Revenue	\$4,480.57	\$49,334.49
Cost of Goods Sold		
Cost of Goods Sold		\$11.00
Credit Card Processing		
PayPal Fee	\$26.81	\$221.05
Total Credit Card Processing	\$26.81	\$221.05
Freight - vendor shipping	\$46.44	\$332.31
Literature & merchandise	\$2,144.62	\$16,440.86
Shipping to groups	\$29.30	\$379.33
Total Cost of Goods Sold	\$2,247.17	\$17,384.55
Inventory Shrinkage	\$37.48	\$456.11
Total Cost of Goods Sold	\$2,284.65	\$17,840.66
Gross Profit	\$2,195.92	\$31,493.83
Expenditures		
Bank Service Charges		\$49.22
Event Expenses	\$457.00	\$957.30
Office Expenses	\$15.99	\$834.93
Office Supplies	\$3.00	\$488.37
Payroll Expenses		
Gross Salary	\$1,275.00	\$14,005.00
Payroll Taxes (Company)	\$97.54	\$1,071.47
Total Payroll Expenses	\$1,372.54	\$15,076.47
Reconciliation Discrepancies		-\$22.87
Rent	\$900.00	\$7,178.00
Stamps/Postage	\$20.20	\$20.20
Telephone & Internet		
Office Telephone/Internet	\$89.65	\$956.71
Web Expenses		\$271.82
Total Telephone & Internet	\$89.65	\$1,228.53
Total Expenditures	\$2,858.38	\$25,810.15
Net Operating Revenue	-\$662.46	\$5,683.68
Net Revenue	-\$662.46	\$5,683.68



Group Contributions:	Sep 2024	YTD
12 & 12 Study Group - 000090348		\$125.00
Acceptance Group 000092265		\$2,118.40
Agnostics Atheists Free Thinkers Group - 000092498		\$750.00
All In Group-Waynesville - 000355928	\$204.00	\$204.00
As Bill Sees It Group (Franklin) - 000093648		\$90.00
Back To Basics Group - 000094453		\$100.00
Big Town Group - 000096080		\$415.00
Black Mountain Group - 000096165		\$75.00
Brevard AA Online - 000453800		\$474.93
Brevard Men's Group - 000096757		\$120.00
Brevard Serenity Group - 000096758	\$105.00	\$258.36
Bryson City Group - 000097273	\$90.00	\$90.00
Burnsville Group - 000235484		\$195.00
Candler K.I.S.S. Group - 000098073		\$251.50
Cashiers Valley Group - 000098360		\$604.81
Cedar Mountain Group - 000098480	\$94.00	\$94.00
Common Sense Group - 000099801		\$400.00
Conscious Contact Group - 000099980		\$1,723.33
Cullowhee Valley Group - 000100669		\$200.00
Cumberland Group - 000100676		\$50.00
Daily Decisions Group - 000100743	\$242.23	\$1,574.10
Day By Day Group - 000101059		\$275.67
Fellowship Group (Fletcher) - 000104116		\$545.81
Good Livers Group - 000107590		\$200.00
Grace Group (Asheville) - 000107789		\$486.98
Hendersonville Group - 000110033		\$750.00
Hendersonville Men's Group - 000044576		\$250.00
Hendersonville Midday Group - 000110035		\$615.00
H'ville Women's Big Book Step Study Grp - 000110036		\$460.27
Hey Girl, Surrender Group - 000392207		\$182.00
It's In the Book Group - 000260106		\$300.00
Joy Of Living Group - 000112527		\$343.06
Lambda Group - 000007190		\$138.01
Leicester Group - 000009461		\$125.00
Liars Club	\$98.00	\$466.00
Library Group - 000010602		\$82.00
Lost and Found Group 000427291		\$182.00
Love & Tolerance Group - 000015029		\$100.00
Mars Hill Group - 000017945		\$238.25
Marshall Group - 000017982		\$75.00
Men's Attitude Adjustment Group 000020095		\$244.10
Mountainview Group - 000027730		\$385.96
Newcomers Group - Flat Rock		\$80.00
New Freedom Group - 000032374	\$175.00	\$175.00
Noontime Big Book Study Group - 000409637		\$72.17
One Day At A Time Group - 000385292		\$20.00
Phoenix Group - 000049062	\$205.00	\$371.78
Pine Grove Group		\$100.00
Pisgah (National Park) Group - 000049661		\$100.00
Practicing Principles Group - 000051260	\$44.73	\$170.02
Recovery By The River Group - 000055540		\$417.81
Round Table Group - 000059337		\$75.00
Safe And Sound Women's Group - 000060517		\$299.80
Saturday Morning Men's Meeting		\$450.00
Second Chance Group-Cherokee - 000066053		\$131.82
Serenity Now Group - 000068035		\$400.00
Serenity Service Group - 000068387		\$478.43
Sober Sisters Group (Blk Mtn) - 000073208		\$250.00
Sober Sisters Group (Burnsville) - 000460489		\$275.00
Sober Sisters Group (Flat Rock) - 000073208	\$387.30	\$1,171.30
Solutions Group - 000074739		\$222.51
South Asheville Literature Group - 000075329		\$100.00
Speed Bump Group - 000053487		\$646.00
Spiritual Fitness Group - 000076890		\$75.00
Spruce Pine Group - 000077533		\$250.00
Spruce Pine Saturday Morning Group - 000379649		\$229.00
St John in the Wilderness Early Bird Grp - 000078454		\$336.00
The Open Meeting Group - 000418805	\$273.00	\$417.50
The Out To Lunch Bunch Group - 000408968		\$350.07
Three Legacies Group - 000006439		\$200.13
Total Surrender Group - 000010020		\$132.00
Tuesday Night Men's Group - 000013982		\$395.50

Contributions

Waynesville Grace Group - 000022141		\$1,508.30
We Think Not Group - 000025928		\$60.00
West Asheville Women's Group		\$450.00
Women of Courage Group - 000036989		\$582.00
Young People's Group - 000042150		\$286.00
Journal Entry - ADJUSTMENT (One time)		-\$42.39
Total Group Contributions:	\$1,918.26	\$27,594.29

Individual Contributions:	Sep 2024	YTD
Anonymous	\$7.10	\$174.84
Ellen O.		\$25.00
Ken		\$20.00
Marsha S.		\$365.00
Priscilla H.		\$6.00
Shannon K.	\$25.00	\$225.00
Wendy M.		\$200.00
In Memory of B.G.		\$50.00
Total Individual Contributions:	\$32.10	\$1,065.84

Birthday Contributions:	Sep 2024	YTD
Brian L.		\$32.88
Sandra F.		\$39.00
Total Birthday Contributions:	\$0.00	\$71.88

Total Contributions:	\$1,950.36	\$28,732.01
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Suggestions & Addresses for Sending Donations to the A.A. Service Structure*

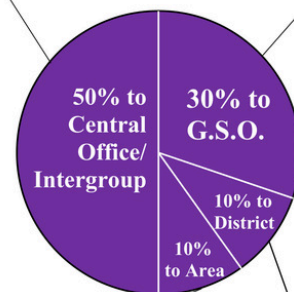
Revised for 2024

NOTE: New Suite Number for NCMCO!

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place
Suite 212
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 17271
Raleigh, NC 27619

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
PO Box 427
Sylva, NC 28779



The Guy Who Ruined My Meeting

(continued from page 1)

Keith continues to show up late, meeting after meeting, and I obsessively rehearse in my mind what I'd like to say to him. Being a "good AA," I know I need to practice love and tolerance, but this is a guy who's disruptive to the entire room. I mean, isn't it for the good of the group that he not be such a distraction? I pray for God's will and remind myself that it's OK to think like a jerk, I just can't act like one.

I'm going to celebrate 25 years sober and Keith overhears me telling the meeting secretary that I'll be taking a cake the following week. Excitedly, Keith tells me that we share a birthday—he'll be celebrating one year—and he asks me to present him with his cake. My heart softens a little for this stranger who I've made into my nemesis. "Of course, I'll give you a cake. It would be my pleasure," I hear myself say—not at all what I had been planning to say to this guy who's been driving me nuts.

That next week Keith shows up early to the meeting wearing a suit and tie. "This is a first," I mumble under my breath. The time comes to celebrate birthdays and he's up first. I present Keith with his one-year cake and he's beaming at me with pride and gratitude. He explains from the podium that it's been a tough year for him: he's been undergoing brain cancer treatment and waiting for a necessary hip replacement, which is on hold until his body is strong enough for the surgery. He adds that he rides his bicycle to the meeting in terrible pain, but even that's getting harder for him. Yet despite all his hardships, the caring and support he's found in the meeting has been his lifeline. And then he thanks me—and I'm reduced to tears, my heart full of compassion and humility.

It's been four months since Keith and I celebrated our birthdays together. I hit a 25-year milestone in my sobriety that day, but more important, I was reminded of my primary purpose and why I practice AA principles in all my affairs. The best part of this story: I now drive Keith to the meeting each week, insuring we both get there on time.

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Special Meetings and Events

NOTE: For updates, please check the specific event websites, or <https://aanmco.org/index.php/events/>
See flyers for additional events not listed here.



Acceptance Group Halloween Party. Friday, November 1, 11:00am-2:00pm. Food & Fellowship starts at 11:00am; Open AA Meeting at 12:30pm. Kenilworth Center (Kenilworth Presbyterian Church) 4 Chiles Ave, Asheville 28803. See flyer for more details.

Halloween Dance and Costume Contest. Friday, November 1, 8:00pm-12:00am. AVL 12 Step Club, 1 Kenilworth Knolls, Unit 4, Asheville 28805. See flyer for more details.

7th Annual National Corrections Conference. November 8-10. Sheraton Charlotte Airport Hotel, 3315 Scott Futrell Dr, Charlotte, NC 28208. For more information see flyer or visit the website: <https://www.nationalcorrectionsconference.org/>



Thanksgiving Dinner. Thursday, November 28. Sponsored by Cullowhee Valley Group and District 80. Eating and fellowship at 5:00pm; Pick-a-Stick topic meeting at 6:00pm. Cullowhee Baptist Church, 148 Central Dr, Cullowhee, NC 28723. See flyer for more details.

Area 51 Accessibility Workshop Series – Episode 2. Sunday, December 1, 3:00-5:00pm. Safety and Inclusion. Sobriety after the age of 60: Viewpoints from a newcomer and an old-timer. Presented online. Meeting ID: 810 8473 3417; Passcode: 924686. See flyer for more details.

Southeast Regional Forum. December 6-8. Golden Nugget, 151 Beach Blvd, Biloxi, MS 39530. For more information see flyer or visit the website: <https://www.aa.org/event/2024-southeast-regional-forum>
Questions? Contact Rita N (Forum Committee Chair) 731-445-4601; ezduzit83@yahoo.com



NC Area 51 Events: <https://aanorthcarolina.org/events/>



GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/f-36_summer2024.pdf



To Booth or Not to Booth

by Alex M. - Louisville, KY

Tradition Eleven says our public relations policy should be based on attraction rather than promotion, which seems like a fairly straightforward suggestion.

However, the Tradition was put to the test at one of our Intergroup business meetings, which is regularly attended by more than 100 fired-up, opinionated, vocal alcoholics, after someone made a proposal to host and fund an AA literature booth in the healthcare section of our upcoming State Fair.

After the motion was made, there was a prolonged and heated discussion on what attraction vs. promotion meant. About half the members argued that having an educational booth with pamphlets should not be undertaken because that would be publicly promoting AA. And an equally boisterous group of members thought the booth was educational in nature and that we had an obligation to let the public know about our recovery program. They argued that even though AA members are anonymous, AA itself is not.

The difference in viewpoints became a contentious issue. Opinion,

testimony and passionate debate ensued for months. To add fuel to the fire, some members were afraid the volunteers manning the booth might be recognized, which would violate their personal anonymity. In short, this dispute was a mess. Hard feelings surfaced on both sides.

Eventually, we made the decision to go forward with the project, since more members believed that having a booth would be more educational than promotional and that some of the thousands of people attending the State Fair might be attracted to learn more about AA for themselves, their friends or their families.

You would have thought the issue was settled, but every year when Intergroup members must decide whether or not to make the effort and spend the money to host a booth at the State Fair, the same squabble erupts all over again, with the same result, based on the same Tradition.

All I can say is thank goodness our Traditions don't change. They continue to provide a channel to guide our well-intentioned but often contentious Fellowship.

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The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **Sunday, November 10, 2:30pm**. It will be a hybrid meeting, with Zoom capability (Meeting ID: 933 8500 3069; Passcode: 672458) and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville, 28805.

This will be an elections meeting. Here is a link for a description of the positions: [District70Positions.pdf](#). For updates go to the District 70 website: <https://ashevilleaa.org/>

Accessibilities Committee – Chairperson is Scott S. Accessibilities committee realizes that the things from the hurricane equal a lot of accessibility issues; if you know of anyone having a hard time accessing AA meetings at this time please let them know at access@ashevilleaa.org The Accessibilities Committee meets the first Monday of every month at 7:00pm. For zoom link go to: <https://ashevilleaa.org/event/accessibilities-committee-meeting-zoom-17/>

Archives Committee – Chairperson is Dennis H. The Archives Committee needs A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information, contact Dennis at archives@ashevilleaa.org. The Archives Committee meets the first Saturday of every month at 2:00pm. Go to: <https://ashevilleaa.org/event/archives-committee-meeting-zoom-8/>

CPC/PI Committee – Chairperson is George M; Tom W is Co-chair. They can be reached at cpc-pi@ashevilleaa.org. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. They had a table display at Blue Ridge Pride; 12 AA volunteers staffed the event. There were a lot of people stopping by; lots of questions asked and pamphlets handed out. Most frequent question asked was spirituality vs. religion. A lot of fellowship among volunteers occurred and they look forward to doing something similar next year.

Corrections Committee – The Volunteer Appreciation Event that had been planned for October 26 was postponed. They hope to have the event in the near future. Stay tuned for more updates! All jails and prisons currently have a hold on meetings being brought into the facilities. However, when allowed back in, the Corrections Committee will likely have lost some volunteers and will need more. They will be electing new Corrections Chairs for the 2025-2026 term at the November GSR Business meeting. Reach out if you are interested in volunteering with Corrections. Contact Tammy Z, the Women's Corrections Chair, at corrections_women@ashevilleaa.org or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org

Literature and Grapevine Committee – Chairperson is Annie McN. She can be reached at literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

Technology Committee – Chairperson is George. He can be reached at cpc-pi@ashevilleaa.org. If anyone needs assistance converting to a zoom meeting in the aftermath of the hurricane please get in touch with him and he will help if he can.

Treatment Facilities Committee – Chairperson is Kyle J. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. The Treatment Committee meets the last Sunday of every month at 7:00pm. For zoom link go to: <https://ashevilleaa.org/event/treatment-committee-meeting-zoom-19/>

District 70 - continued

“Bridging the Gap” (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from “inside” the program to life on the “outside”. They particularly need women volunteers. The Chairperson is Tom W; he can be reached at bridgingthegap@ashevilleaa.org. They still need a Co-chair. If you are interested in volunteering, please attend the next GSR meeting. For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org

District 71

GSR Business Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, November 9, 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! Check their website for meeting updates and links: <https://www.nc71.org/>

There are service opportunities with Bridging the Gap, and they need more volunteers for meetings at the Henderson County jail. Several positions that were open have been filled. They have an acting Alt DCM, but anyone willing to serve is welcome to volunteer. And they still need a CPC/PI Chairperson. If you have any questions or would like to volunteer, contact Alan, the District 71 DCM, through the website: <https://www.nc71.org/contact>

District 80

GSR Business Meeting – held quarterly. The next meeting will be on **Sunday, January 5, 1:30pm**. This will be a hybrid meeting with zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU zoom system; the password and sign on information will be emailed to participants 30 minutes before meeting. Check their website for meeting updates and links: <http://aawnc80.com>

Does Your Group Have a New GSR or Alternate GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com

7

Happy Anniversary!

Acceptance Group

Martha F.	11-11-1986	38 yrs
Debbie S.	11-19-1992	32 yrs
Sarah-Helen L.	11-21-2008	16 yrs
Margaret M.	11-23-2019	5 yrs
Molly S.	11-30-2021	3 yrs

Around the Room Group

Patrick T.	11-05-2015	9 yrs
Perry H.	11-25-1980	44 yrs

Back to Basics Group - Weaverville

Todd H.	11-11-1991	33 yrs
Beryl F.	11-13-2022	2 yrs

Black Mountain Group

Anne O.	11-06-1979	45 yrs
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Bryson City Group

Patricia C.	11-12-1977	47 yrs
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Conscious Contact

Steven M.	11-04-1994	30 yrs
Jean R.	11-16-2016	8 yrs
Michelle P.	11-18-2020	4 yrs
Craig D.	11-20-2021	3 yrs
Jennifer V.	11-28-2004	20 yrs
ReGina R.	11-30-2020	4 yrs

Cullowhee Valley Group

Becky L.	11-24-2015	9 yrs
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Cumberland Group

Stephen D.	11-28-2013	11 yrs
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Daily Decisions Group

Byron G.	11-02-2022	2 yrs
Mark B.	11-02-2015	9 yrs
Linden	11-25-2001	23 yrs

Fellowship Group

Julie B.	11-01-2022	2 yrs
David S.	11-06-1986	38 yrs
Ian C.	11-13-2001	23 yrs
Paul W.	11-27-1984	40 yrs
Kristele M.	11-28-2023	1 yr
Jesse H.	11-29-2023	1 yr

Good Livers Group

Belinda	11-18-1988	36 yrs
Laurie S.	11-19-2011	13 yrs

Grace Group

Tim F.	11-03-2019	5 yrs
Sarah P.	11-05-2016	8 yrs
Jane M.	11-06-1999	25 yrs
Heather G.	11-07-2018	6 yrs
Merrill M.	11-07-2021	3 yrs
Sandy B.	11-09-2011	13 yrs
Colleen S.	11-20-2020	4 yrs
Ken B.	11-21-2018	6 yrs
Emily L.	11-21-2019	5 yrs
Lissa T.	11-22-2020	4 yrs
Chuck E.	11-26-2011	13 yrs
Tom W.	11-26-2019	5 yrs
Erich B.	11-27-2019	5 yrs
Patricia S.	11-28-2013	11 yrs
Kaity (KayTay) T.	11-29-2019	5 yrs

Happy Hour Group

Jim S.	11-08-2015	9 yrs
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Hendersonville Group

Lisa MC.	11-01-2017	7 yrs
Ronnie	11-01-2021	3 yrs
Wes V.	11-09-2021	3 yrs
Alison G.	11-11-1988	36 yrs
Shirley W.	11-15-1988	36 yrs
Jan M.	11-19-1990	34 yrs
Lou L.	11-23	
David L.	11-28-2008	16 yrs
Sue G.	11-28-2014	10 yrs

Hendersonville Men's Group

Jim R.	11-04-2019	5 yrs
George B.	11-05-2020	4 yrs
Paul B.	11-07-1979	45 yrs
David K.	11-17-2011	13 yrs

Lambda Group

Andy J.	11-06-2017	7 yrs
Giovanni D.	11-18-2019	5 yrs
Caitlin D.	11-19-2016	8 yrs

Library Group

Elizabeth P.	11-03-2019	5 yrs
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Mars Hill Group

Heather M.	11-10-2018	6 yrs
Tony V.	11-14-1974	50 yrs

Marshall Group

Carolyn O.	11-20-2004	20 yrs
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Mission Group

John B.	11-06-2000	24 yrs
Judy K.	11-18-1978	46 yrs

Motley Crew/Columbus

Cindy M.	11-27-1979	45 yrs
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One Day At A Time Grp/Rutherfordton

Andre C.	11-11-2020	5 yrs
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Practicing Principles Group

Julia S.	11-27-1986	38 yrs
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Serenity Seekers - Marion

Jessie M.	11-09-2019	5 yrs
Michael S.	11-09-2019	5 yrs

Solutions Group

Kara P.	11-12-2018	6 yrs
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Total Surrender Group

Julian P.	11-05-2021	3 yrs
Dowell P.	11-06-2021	3 yrs

Traditional Group

Christopher C.	11-05-2021	3 yrs
Michael W.	11-06-2009	15 yrs
Chris W.	11-25-2022	2 yrs
Joshua C.	11-28-2021	3 yrs

Waynesville Grace Group

Daren B.	11-13-2001	23 yrs
Tray B.	11-17-2015	9 yrs
Pete S.	11-17-2016	8 yrs
Barbara H.	11-26-2003	21 yrs
Mike S.	11-28-1994	30 yrs

West Asheville Group

Jack A.	11-05-1990	34 yrs
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Young People's Group

Sheley M.	11-01-2019	5 yrs
Kate B.	11-05-2016	8 yrs
Savannah S.	11-11-2020	4 yrs
Devin S.	11-13-2008	16 yrs
Alex H.	11-20-2021	3 yrs
Jason N.	11-23-2022	2 yrs

Need to update your Group's anniversary list? Call Central Office: (828) 254-8539 or send a new list to: info@ncmco.net

The December newsletter deadline for sending in anniversaries and announcements is November 15.



Does your group have a

COR?

(Central Office Representative)

What are Central Office Representatives and What are their Duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for more details:

<https://aancmco.org/index.php/events/>

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 Find out about the special holiday parties, meetings, or other celebra-

tions given by groups in your area, and go. If you're timid, take someone newer than you are.



5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



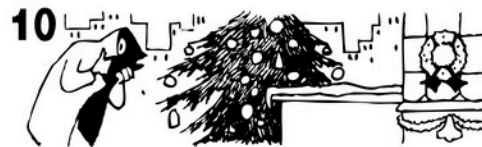
7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

Reprinted from *Box 459* with permission.

Happy Holidays

ACCEPTANCE GROUP INVITES YOU...

**Starts 11 AM
Food / Fellowship**

**Costume
Contest
at Noon
Prizes for
Scariest,
Funniest,
and Best
Pet!**

**HALLOWEEN
PARTY
11-2 PM**

**Open AA
Meeting
12:30 PM
All Welcome!**

Friday November 1

**4 Chiles Avenue
Asheville, NC 28803**

Costumes Strongly Encouraged!



Halloween Dance and Costume Contest



1st Place \$100

2nd Place \$50

Friday November 1, 2024

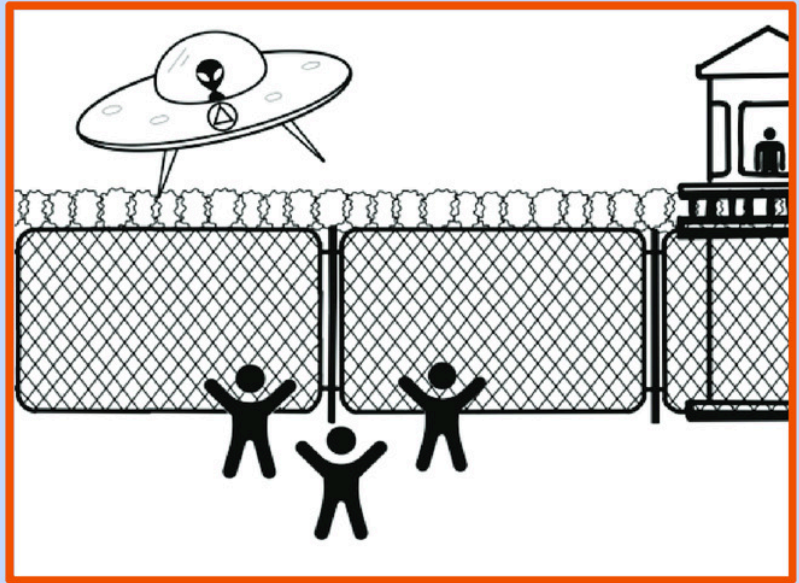
AVL 12 STEP CLUB

1 KENILWORTH KNLS

8pm-12am

7th Annual National Corrections Conference

Rocketed Into A 4th Dimension



Sheraton Charlotte Airport Hotel
3315 Scott Futrell Drive,
Charlotte, NC 28208

Death Row Package: Registration; Banquet, Ice Cream Social, Hospitality, Coffee, T-shirt = \$140 (save \$20)

Medium Security Package: Registration; Banquet, Hospitality; Coffee, T-shirt = \$130 (save \$15)

Juvie Package: Registration; Hospitality; Coffee, T-shirt = \$80 (save \$10)

Individual prices: Registration or Scholarship -\$50; Banquet-\$55; Ice Cream Social-\$15; Hospitality-\$10; Coffee-\$10; Zoom-\$25; T-shirt-\$20

For more information, contact: Angel – AngelNCC2024@gmail.com 305-972-7979
Registration information: Sandy – 252-813-1055

**Nov.
8 – 10,
2024**



Registration

Name _____ Scholarship Name (if purchased) _____

Address _____ Email _____

Area _____ Name on badge _____ Phone number _____

Package purchase _____ Individual events purchase _____

If a t-shirt was ordered, please state size _____

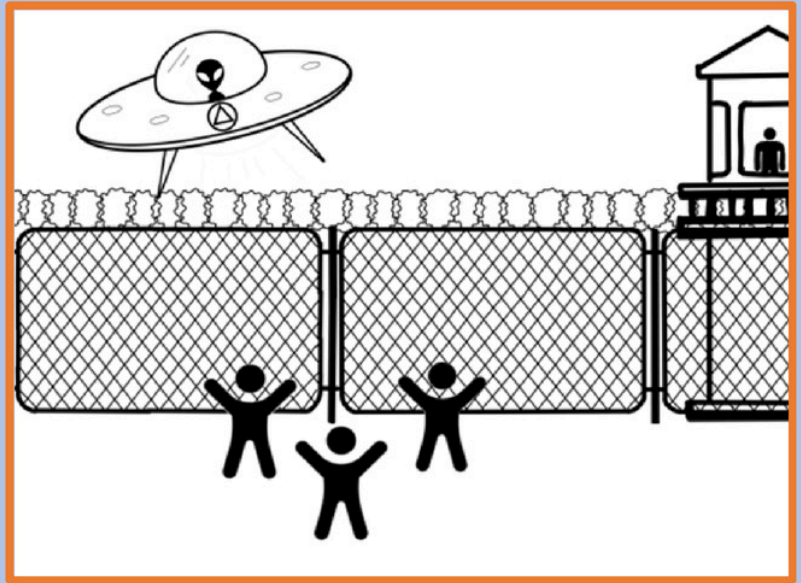
If you purchased the banquet, please choose one option: Chicken _____ Fish _____ Vegetarian _____

Checks payable to: National Corrections Conference P.O. Box 1201, Mebane, NC 27302

7^{ma}

Conferencia Nacional de Correcciones

Lanzada a la 4ta Dimension



Sheraton Charlotte Airport Hotel
 3315 Scott Futrell Drive,
 Charlotte, NC 28208

Paquete Corredor de la muerte: Registracion, Banquete, Helado social, Cafe, Picaditas, y Camiseta = \$140 (ahorra \$20)

Paquete de Seguridad media: Registracion, Banquete, Picaditas, café y Camiseta = \$130 (ahorra \$15)

Paquete Juvenil: Registracion Picaditas, Café y camiseta = \$80 (ahorra \$10)

Precios individuales: Registracion o Beca -\$50; Banquete-\$55; Helado social-\$15; Picaditas-\$10; Cafe-\$10; Zoom-\$25; Camiseta-\$20

**Nov.
8 – 10,
2024**



Para mas infprmacion contactar: Angel – angelNCC2024@gmail.com 305-972-7979
 Informacion para registracion: Sandy –252-813-1055

Registracion

Nombre _____ Nombre de becado _____

Direccion _____ Correo Electronico _____

Area _____ nombre en insignia _____ Telefono _____

Paquete comprado _____ eventos individuales Comprados _____

Camisetas - (si aplica) Talla _____

Si compra un Paquete escoja una opcion: Pollo _____ Pescado _____ Vegetariano _____

Cheques pagaderos a: National Corrections Conference P.O. Box 1201, Mebane, NC 27302

THIS IS AN EXPERIENCE THAT YOU MUST NOT MISS!

Meeting in Paradise

NOVEMBER
15TH-17TH
2024

Sober Destination Vacation

Caye Caulker Belize

We will be hosting the event and all activities once again at the beautiful Blu Zen resort. Check it out here: <https://bluzenbelize.com>. We have a limited amount of time to get the rooms booked so please plan your trip early. Each condo at Bu Zen is at least a 2 bed/2 bath so buddy up to help reduce your overhead. We already have rooms blocked for the conference and please use code MIP2024 when booking your room, so we keep all of our guests together. Discounted rates have already been applied for the conference. We are looking forward to hosting you and giving you a peek at the hard work our Belizean friends have done over the last 40+ years to carry the message of AA to the country. Please make sure you are here to attend the 5:00pm Trailblazers meeting on Friday

ANNUAL Meeting in Paradise Guest Speakers

Polly P. - Florida
Bill C. - California
Joe C. Florida
Melissa Z. South Carolina

Cesar R.- San Pedro, Belize
Pioneer Panel - Meet the AA
Pioneers of Belize
More Speakers TBD

Meeting in Paradise Experiences

- ✓ Snorkel Trip to Hol-Chan & Shark Ray Alley on Saturday
- ✓ Speakers on Friday, Saturday & Sunday
- ✓ Traditional Belizean Beach Dinner Saturday
- ✓ Meetings begin @ 3pm on Friday & end on Sunday at 11am
- ✓ Extend Meeting in Paradise to your personal vacation

Check www.meetinginparadise.com for pricing, registration and updated information.



Nate Y in US & CAN
+3607902638

Email: cory@relaxbelize.com

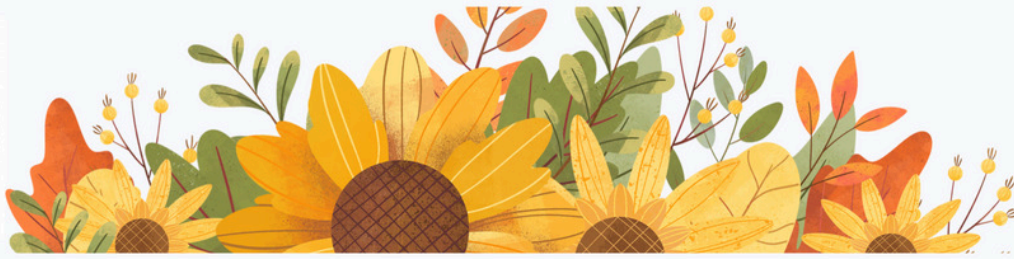
REGISTER NOW
AT

www.meetinginparadise.com



International Saul N
+5016271585

Email: belizeaa@gmail.com



Join us for

Thanksgiving **DINNER**

November

28

At 5:00 PM

**Sponsored by Cullowhee Valley Group
and District 80**

Cullowhee Baptist Church
148 Central Drive

**Turkey and Ham will be provided
Please bring a covered dish to share**

**For more info:
Becky 828.507.8258**

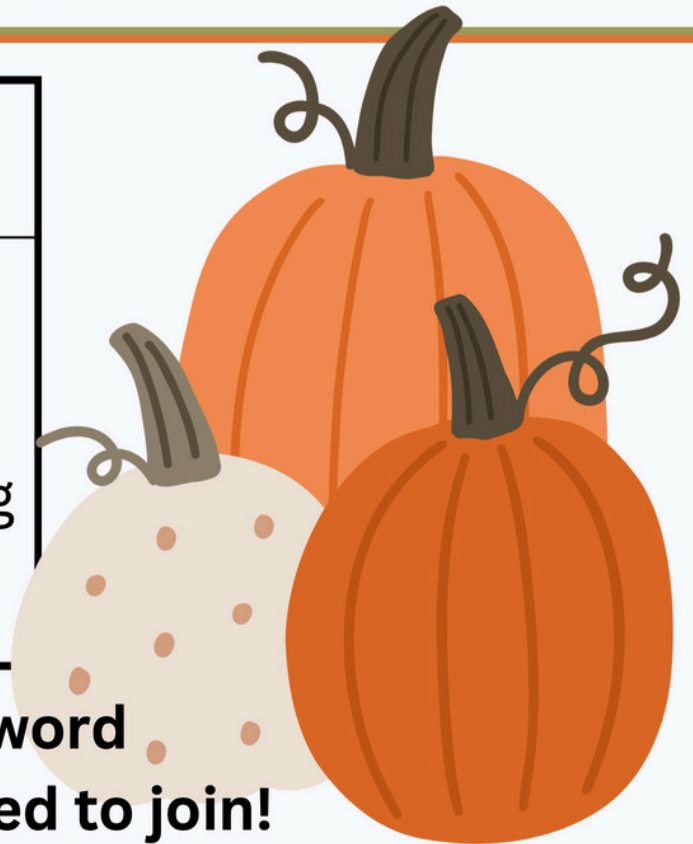
Eating and Fellowship

5pm

Pick a Stick topic meeting

6pm

**Please spread the word
Family and friends invited to join!**



Area 51 Accessibility Workshop Series

Episode 2

**Safety and Inclusion
Bonnie R. Area 58**

**Sobriety after the age of 60:
Viewpoints from a newcomer
and an old-timer**

December 1st from 3-5pm

**Online Meeting
Meeting ID 810 8473 3417
Passcode: 924686**

There will be a waiting room. The host will let you in.

Alcoholics Anonymous Southeast Regional Forum

DECEMBER 6 - 8th, 2024

Regional forums provide opportunities for A.A. members across the U.S. and Canada to connect with people throughout the service structure, bringing together The General Service Board, A.A. World Services, Inc., AA Grapevine, Inc., The General Service Office and Grapevine Staff, A.A. Members, Service Newcomers, and Trusted Servants.

Please consider being a part of the committee. Trusted servants are needed for this forum to be a success.!

**Golden Nugget
Biloxi, MS**



For Info:

Rita N. (Forum Committee Chair)

PH: (731) 445-4601

EMAIL: ezduzit83@yahoo.com

SOUTHERN STATES *Womens Conference*

January 24 - 26, 2025 Jacksonville, Florida



STEP 1	JANE L. - FL
STEP 2 & 3	RENA - FL
STEPS 4 & 5	PAULA P. - IL
STEPS 6 & 7	HOLLY D. - FL
ALANON	SARAH P. - WI
STEPS 8 & 9	MISOON W. - FL
STEPS 10 & 11	BETH H. - FL
STEP 12	JESSICA J. - TX

EARLY REGISTRATION \$50 ENDS AUG 31ST - BEGINNING SEPT 1ST \$60 - \$65 AT THE DOOR.

Name: _____ Phone #: _____

Address: _____ Email: _____

Program: AA _____ Alanon _____ Alateen _____

Check here if you would like to volunteer: _____

Check here if you need assistance with accessibility (hearing, vision, mobility): _____

Make Checks payable to: SSWC PO Box: 35100 Elmwood Park, IL 60707

Conference Location:
Hyatt Riverfront Jacksonville
225 E Coastline Drive
Jacksonville, FL 32202
904-588-1234

Paid parking available.
\$20/DAY FOR HOTEL GUESTS.
\$20 PER IN/OUT FOR ALL OTHERS.

CHECK BACK
FOR HOTEL QR CODE

MISSION

The International Women's Conference is the bridge to a better understanding of the Alcoholics Anonymous philosophy and way of life because of our special needs in sobriety as women. We as women members of Alcoholics Anonymous are survivors. We have found a way to obtain meaning, depth and responsibly in our lives. This came about out of desire, decision, determination and spiritual guidance. An elevated sense of belonging that is brought about by the special services and a special need provided by our Women's Conference is our goal.

IWC SELF-SUPPORTING STATEMENT

This conference is self-supporting through the money paid for by registration fees, banquet tickets, and donations. No 7th Tradition AA funds are used to pay for the event. Conferences and conventions are special events and require money, as well as months of planning and preparation. Expenses include contracted costs for the use of meeting rooms, preparation of food and beverages (especially coffee,) printing of registration forms, audio/visual service, flyers, program schedules, postage, supplies and many other costs. Our financial goal is to break even. Our contractual commitments to the hotel & convention center require a guaranteed number of hotel rooms and banquet sales. To achieve this, we must meet our banquet and room night commitments.

IMPORTANT INFORMATION

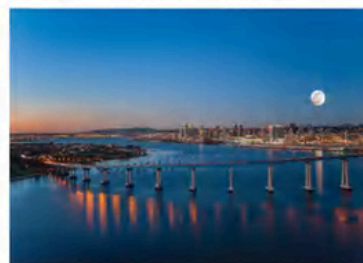
- IWC is a CLOSED conference for women in AA, registrants only
- Pre-registration begins February, 10th 2024
- Late registration begins June 10th, 2024
- No name change on hotel rooms after 12/31/2024
- Onsite registration by cash and credit cards only.
- NO CHECKS**
- No pets—only service dogs allowed at conference
- Badges must be worn at all times
- Childcare is NOT provided
- The 61st International Women's Conference is not responsible for loss of personal items or any personal injury
- Limited space for banquets! Free Lunch Tote applies until full to capacity.
- San Diego International Airport 2.2 miles from the Hyatt
- Uber, Lyft, Taxi, or Drive (ground)
- No hotel shuttle



IWC San Diego
PO BOX 1223
Solana Beach, CA 92075



January 30th- February 2nd, 2025



Manchester Grand Hyatt

1 Market Pl, San Diego, CA 92101

(619) 232-1234



Please Register & Pay Online

www.internationalwomensconference.org
CHECKS PAYABLE TO : IWC SAN DIEGO
PO BOX 1223 Solana Beach, CA 92075

Mail-in Registration form

Name: _____
Name on Badge: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone Number: _____
Sobriety Date: _____
Email : _____

Would you like to be of service? Yes/No

Registration Fees

Pre-registration (Begins 2/10/24) **\$65**
Late Registration (Begins 6/10/24) **\$70**
Online Conference **\$15**

TOURS

USS Midway Museum \$45 Thursday 9:45am

Harbor Hornblower cruise
3 hours plus lunch \$80 Friday 9:45am

Old Town Trolley Private tour 4 hour tour \$22
Friday 9:45am

Sea & Land Seal Tour
100 minutes tour \$57 Saturday 9:45 am

Contact: toursiwc61@gmail.com

CONTRIBUTIONS

-Contribute to the Scholarship Fund \$ _____
-Contribute to overall conference \$ _____
-Scholarship fund for worldwide attendees to join online \$ _____
Total Enclosed \$ _____

Manchester Grand Hyatt San Diego

1 Market Place
San Diego, CA 92101
(619) 232-1234

\$255 per night, Mention IWC

Group rate available; 1/28/25 - 2/3/25

All Reservations require a credit card
with a first night non-refundable charge.

Check-in 3 PM Check-out 11 AM

MEALS

Friday Beach Party Ice Cream Social **\$65**
Saturday Night Banquet **\$99**
Sunday Brunch Buffet **\$75**

Bundle Price all three Meals \$219

Save \$20 & FREE LUNCH TOTE

Merchandise

Fleece Full Zip Black Hoodie **\$45**
Women's Heather Red V-Neck Tee **\$23**
18oz. Speckled Coffee Mug **\$15**
Natural/Black Zipper Tote Bag **\$22**

BUNDLE ALL 4 Merch items and SAVE \$15 (free mug) BUNDLE \$90

(Merchandise cost includes CA sales tax,
Shipping flat rate \$15 US shipping only)

Contact: merchiwc61@gmail.com

A message from the IWC Advisory Council

Thank you for registering for the conference in San Diego.

As you might know, the expense and uncertainty of putting on a Conference has increased dramatically.

We are also incurring new expenses as we go hybrid and reach women around the world.

If you are asking:

How can I help? We have some suggestions:

- Register early for San Diego.
- Purchase meals if you can. Meal sales are a big part of how we make the budget work and it's a great way to meet up with new and long-time acquaintances.
- Consider making a donation for scholarships-your generosity will help another woman attend the conference.

If you can't make a financial contribution, there are lots of ways to be of service.

Please consider volunteering if you haven't already.

THANK YOU FOR ALWAYS BEING OF SERVICE!

IWC San Diego 2025 is seeking sober women with special talents: singers, musicians; standup comics or other. We need you! Please contact the Entertainment committee.

entertainmentiwc61@gmail.com

Do you have a special need that may impact your participation in the conference?

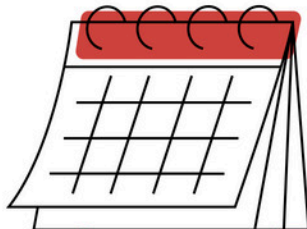
Please contact us at:
accessibilityiwc61@gmail.com

SAN DIEGO 2025 IWC CONTACTS

Contact: infoiwc61@gmail.com
Chair: Sandy B. chairiwc61@gmail.com
Co-Chair: Janice M. cochairiwc61@gmail.com
Co-Co Chair: Amy M. cocochairiwc61@gmail.com
Registrar: Joan B. registrariwc61@gmail.com
Treasury: Mary M. treasuryiwc61@gmail.com
Hotel: Alison L. hoteliwc61@gmail.com



WNC Districts 70, 71, 80



Save the Date

**Saturday,
March 29, 2025**

12 noon to 4 pm

**Western North Carolina
Pre-Conference Assembly**

Sharing Session to allow AA groups and members the opportunity to discuss and provide input to our state delegates on the agenda items to be acted on at the 2025 AA General Services Conference

CRUISING The Sea of *Happy Destiny*

Chill-Out Before or Wind-Down After
the International AA Convention

It's a Rally for AA Members

with Al-Anon Participation

on the fabulous Grand Princess cruise ship.

Awaken your spirit with Enlightening Speakers
from AA and Al-Anon

Get the International Flavour of the Convention
at a smaller gathering.

Or join us for land excursions and other events.

Join the Happy Destiny Cruisers page on
Facebook for further events as they are added.

Please use the booking contact below.

Badges will be issued and will be required for
access to Happy Destiny events.



Cabin Rates CAD

June 24, 2025 Departure

Cabin Type	Per Person Double	3rd & 4th Person	Per Person Single
Inside	\$1523.67	\$673.65	\$2670.32
Outside	\$2407.92	\$673.65	\$4438.82
Balcony	\$2711.67	\$943.65	\$5046.32
Mini Suite	\$3143.67	\$943.65	\$5910.32

July 8, 2025 Departure

Cabin Type	Per Person Double	3rd & 4th Person	Per Person Single
Inside	\$1739.67	\$808.65	\$3102.32
Outside	\$2698.17	\$808.65	\$5019.32
Balcony	\$2995.17	\$1078.65	\$5613.32
Mini Suite	\$3690.42	\$1078.65	\$7003.82

**If Princess Cruise Line promotions offer a lower rate
the lower rate will apply.**

Taxes, Fees and Port Expenses of \$378.02 are included in the rate.
Gratuities of \$16.00 USD per day per person will apply to Inside/Outside Cabins
(\$18.00 USD for Balcony/Mini Suites)
A deposit of \$450 CAD pp is required to reserve a cabin. \$100 pp is non-refundable.

Cabin Rates USD

June 24, 2025 Departure

Cabin Type	Per Person Double	3rd & 4th Person	Per Person Single
Inside	\$1129.00	\$499.00	\$1978.00
Outside	\$1229.00	\$499.00	\$2178.00
Balcony	\$2009.00	\$699.00	\$3738.00
Mini Suite	\$2329.00	\$699.00	\$4378.00

July 8, 2025 Departure

Cabin Type	Per Person Double	3rd & 4th Person	Per Person Single
Inside	\$1319.00	\$599.00	\$2358.00
Outside	\$1999.00	\$599.00	\$3718.00
Balcony	\$2264.00	\$799.00	\$4248.00
Mini Suite	\$2734.00	\$799.00	\$5188.00

**If Princess Cruise Line promotions offer a lower rate
the lower rate will apply.**

Taxes, Fees and Port Expenses of \$280.00 USD are included in these rates.
Gratuities of \$16.00 USD per day per person will apply to Inside/Outside Cabins
(\$18.00 USD for Balcony/Mini Suites)
A deposit of \$325 pp USD is required to reserve a cabin. \$75 pp is non-refundable.

For Information and Booking Please Contact: Email: happydestinycruisers@gmail.com or call 250-390-7401

Website: expediacruz.com/vlauriesmith/about

To keep up to date and meet others who will be cruising with us, join the group on Facebook: Happy Destiny Cruisers

We hope to see you as we Cruise the Sea of Happy Destiny. May God bless you and keep you until then.

We offer a very special thank you to suppliers who made the Happy Destiny Cruise possible.

Princess Cruise Lines have graciously invited us on board and offered their ship and her facilities to accommodate our meetings, speakers and special gatherings.

And to Expedia Cruises for offering their services to coordinate and facilitate booking all our participants.

**Save
the
Date!**

AA.org/International-Convention

2025 A.A. International Convention

July 3-6, 2025



Scan here!



Language of the Heart
Lenguaje del corazón
Le langage du cœur

Make plans to attend the 2025 A.A. International Convention
scheduled in Vancouver, British Columbia, Canada

Registration is open!

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr. Bob and the birth of Alcoholics Anonymous in 1935. A.A. members and their families and friends from around the globe attend the event. At the International Convention people attend meetings, workshops, dances and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding. The International Convention will take place from July 3 - 6, 2025, at the Vancouver Convention Centre and BC Place Stadium.

As the Convention approaches, we will update our website with registration information. Let's celebrate sobriety together in Vancouver in 2025!

For more information, visit: <https://www.aa.org/international-convention>

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