

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

### No Demands or Rules

by Laurie T. - Kihei, HI

A member shares about Tradition Nine and how it helped her see the way AA functions in an easier, softer way.

So, two alcoholics walked out of a bar. They argued over the AA meeting directory furnished by the local Central/Intergroup office, stumbled into their town's meeting place, where chairs were already arranged. There was a secretary holding the format (having been validated by group conscience), coffee made, literature sent from AA World Services and a basket passed by a treasurer. The meeting was dependably held the same time, same place every day. And everyone was operating voluntarily, with the least possible organizing customs, yet able to meet the needs of newcomers and oldtimers alike.

Can you imagine the growing pains, back-handed comments and nerve-wracking debates that must have been experienced by well-intentioned members in the 1930s and 40s while sorting out how AA business would be conducted? Just think of the character defects fueled concerning money ("No, we're not buying creamer, and that's final."), property ("It's my chair!") and prestige ("I'm right! Right?") that yielded Tradition Nine to guide our groups. Those early members must have had to seriously employ the Steps and spiritual principles of love and service, understanding, patience and tolerance, in order to stay sober themselves and work together to come up with this Tradition.

Gratefully, we get to enjoy the results these early members handed down as we, trusted and experienced servants, now participate in service boards and committees such as group business meetings, alkathon committees, assemblies, general service events, hospital and institution committees and paid office workers to name a few.

The brilliance of this Tradition shines, as it contains AA's belief in a lack of human authority, no demands or rules, never to be organized. Everything is voluntary, even following group suggestions, like rotating leadership,



Central Office is open Monday-Friday 10am-1pm

> (828) 254-8539 24/7

info@ncmco.net aancmco.org



### Inside This Issue

### **Page**

- **2** Grapevine info; Call & Visitor Log; After-hours Phone Volunteers Needed
- 3 COR/NCMCO Board Meeting Information; Where to Find Meetings; Profit & Loss YTD; Cash on Hand
- 4 Contributions; Suggestions & Addresses for Donations
- 5 Special Meetings and Events; No Demands or Rules (continued from page 1); How Dry I Am
- 6 The Service Express
- 7 Anniversaries

distributing the contributions or refraining from gossip or slander, for example. However, here's what Bill W. so elegantly wrote in an August 1948 Grapevine article: "We have ever stoutly insisted upon organizing special services; mostly those absolutely necessary to effective and plentiful Twelfth Step work."

I once wrote a letter to the General Service Office. An author was hawking their book about their boozing career while being interviewed on TV. They discussed their opinion of AA, describing in detail meetings and AA's program of recovery. I wrote to New York about my indignation on their lack of anonymity and humility, as well as showing their face on TV. I received a timely, kindly written letter that ended with this: "Of course, you are at perfect liberty to handle this matter any way you please. But the majority experience in AA does seem to suggest ..."

The sentiment of the response was that none of us are authorities, not even the General Service Office, and that groups and individuals are free to do what they like.

Why is that a good idea? Recovering alcoholics are disciplined by the consequences of not living by spiritual principles. In our book Twelve Steps and Twelve Traditions, it says that by refusing AA suggestions we "almost certainly sign [our] own death warrant." This fact is not "inflicted by people [or groups] in authority." Recovery is made possible by "great suffering" and the humility it can bring. The antidote to my spiritual malady and mental obsession with booze is AA's "great love," demonstrated to me by sponsors, other members, the

(continued on page 5)

# September Grapevine now available!



### Young and Sober

In this month's featured section, members share about the joys and challenges of getting sober and active in AA in their teens, 20s, and 30s.

https://www.aagrapevine.org/



### Participate with Grapevine



### Flex your funny bone.

If a great caption springs to mind when you look at this picture, submit it for possible publication on our humor page. Or vote for your favorite caption! **See more**.

### Share your story with us.

We always look for stories on special topics and departments such as Emotional Sobriety, Sponsorship, Newcomers, Youth Enjoying Sobriety, Old-Timers and Home Groups, and the Twelve Steps and Twelve Traditions.

Learn more: Submission guidelines and editorial calendar.

# After-hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide. One year of sobriety is required.

Information can be found at:

https://aancmco.org/index.php/aboutncmco/service/

(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.

### Call & Visitor Log July 2024

12 Step Calls - 5
General Info - 11
Family Help - 0
Meeting Info - 37
Central Office Business - 59
Medical/Detox - 2
Visitors - 89
After-hours calls - 52



Visits to **aancmco.org/** website: Unique Visitors – 4,101

Total Visits – 10,048; Visits/Visitor – 2.45 Total Pages – 63,235; Pages/Visit – 6.29





# COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us!

At the meeting in May the ad-hoc committee working on revisions to the bylaws presented additional changes which were approved. A final vote on all the changes will take place at the meeting in September.

Thursday, September 12, 6:00pm, via Zoom: Meeting ID: 757 855 2319 Passcode: 000000 For updated meeting information and Zoom link, check the website: https://aancmco.org/index.php/

The next COR/Board meeting will be





# Where to Find Meetings

Printable In-person Meeting Guide

events/



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



### July/August Meeting Updates

- NEW: Good Livers Group has added a Thursday 10 AM open discussion meeting at the Big Ivy Community Center, 540 Dillingham Road in Barnardsville
- ENDED: The Waiting Room, Wednesday at 3 PM and 6 PM (2 meetings), Center for Spiritual Living - no longer meeting
- ENDED: On Awakening, Zoom; Monday through Friday, 7 AM (5 meetings) no longer meeting; Saturday and Sunday 8 AM meetings will continue.

### **Profit & Loss YTD**

	Jul 2024	Jan-Jul, 2024 (YTD)
Revenue		
Contributions		
Birthday Contributions		\$32.88
Group Contributions	\$4,894.34	\$21,176.73
Individual Contributions	\$129.52	\$1,004.54
Total Contributions	\$5,023.86	\$22,214.15
Interest on Money Market	\$1.37	\$9.40
Sales Income		
Literature & merchandise	\$3,162.96	\$16,134.62
Shipping charged to groups	\$72.14	\$346.04
Total Sales Income	\$3,235.10	\$16,480.66
Total Revenue	\$8,260.33	\$38,704.21
Cost of Goods Sold		
Cost of Goods Sold		\$11.00
Credit Card Processing		
PayPal Fee	\$29.57	\$173.90
Total Credit Card Processing	\$29.57	\$173.90
Freight - vendor shipping	\$39.27	\$279.84
Literature & merchandise	\$2,568.39	\$13,003.44
Shipping to groups	\$43.38	\$311.42
Total Cost of Goods Sold	\$2,680.61	\$13,779.60
Inventory Shrinkage	\$183.62	\$418.63
Total Cost of Goods Sold	\$2,864.23	\$14,198.23
Gross Profit	\$5,396.10	\$24,505.98
Expenditures		
Bank Service Charges		\$49.22
Event Expenses	\$110.87	\$500.30
Office Expenses	\$707.01	\$802.95
Office Supplies	\$133.85	\$470.85
Payroll Expenses		
Gross Salary	\$1,500.00	\$11,230.00
Payroll Taxes (Company)	\$114.76	\$859.17
Total Payroll Expenses	\$1,614.76	\$12,089.17
Reconciliation Discrepancies	-\$22.87	-\$22.87
Rent	\$900.00	\$5,378.00
Telephone & Internet		
Office Telephone/Internet	\$89.65	\$777.41
Web Expenses		\$271.82
Total Telephone & Internet	\$89.65	\$1,049.23
Total Expenditures	\$3,533.27	\$20,316.85
Net Operating Revenue	\$1,862.83	\$4,189.13
Net Revenue	\$1,862.83	\$4,189.13

### Cash on Hand as of 7/31/2024

Prudent Reserve: \$16,145.21; Operating Account: \$13,838.58 Rent Deposit: \$900.00; Petty Cash: \$50.00



2 2 1.11 1.	1.1.0004	VTD
Group Contributions:	July 2024	YTD
12 & 12 Study Group - 000090348	\$100.00	\$125.00
Acceptance Group 000092265		\$958.40 \$750.00
Agnostics Atheists Free Thinkers Group - 000092498 As Bill Sees It Group (Franklin) - 000093648	\$40.00	\$90.00
Back To Basics Group - 000094453	φ40.00	\$100.00
Big Town Group - 000096080	\$146.62	\$415.00
Black Mountain Group - 000096165	ψ140.02	\$75.00
Brevard AA Online - 000453800	\$474.93	\$474.93
Brevard Men's Group - 000096757	<b>\$11.1.00</b>	\$120.00
Brevard Serenity Group - 000096758		\$153.36
Burnsville Group - 000235484	\$95.00	\$195.00
Candler K.I.S.S. Group - 000098073	\$98.00	\$251.50
Cashiers Valley Group - 000098360	\$389.25	\$604.81
Common Sense Group - 000099801		\$400.00
Conscious Contact Group - 000099980		\$356.00
Cullowhee Valley Group - 000100669	\$100.00	\$200.00
Cumberland Group - 000100676	\$50.00	\$50.00
Daily Decisions Group - 000100743	\$289.83	\$1,331.87
Day By Day Group - 000101059		\$185.10
Fellowship Group (Fletcher) - 000104116	\$221.89	\$545.81
Good Livers Group - 000107590		\$200.00
Grace Group (Asheville) - 000107789		\$486.98
Hendersonville Group - 000110033		\$750.00
Hendersonville Men's Group - 000044576	\$125.00	\$250.00
Hendersonville Midday Group - 000110035		\$285.00
H'ville Women's Big Book Step Study Grp - 000110036		\$150.00
Hey Girl, Surrender Group - 000392207		\$182.00
It's In the Book Group - 000260106	\$100.00	\$300.00
Joy Of Living Group - 000112527	\$241.06	\$343.06
Lambda Group - 000007190		\$138.01
Leicester Group - 000009461	£105.00	\$125.00
Liars Club Library Group - 000010602	\$105.00	\$368.00 \$82.00
Lost and Found Group 000427291		\$182.00
Love & Tolerance Group - 000015029	\$100.00	\$100.00
Mars Hill Group - 000017945	\$123.25	\$238.25
Men's Attitude Adjustment Group 000020095	V.20.20	\$244.10
Mountainview Group - 000027730	\$65.60	\$385.96
Newcomers Group - Flat Rock	•	\$30.00
Noontime Big Book Study Group - 000409637		\$72.17
One Day At A Time Group - 000385292		\$20.00
Phoenix Group - 000049062		\$94.78
Pine Grove Group		\$100.00
Pisgah (National Park) Group - 000049661		\$100.00
Practicing Principles Group - 000051260		\$125.29
Recovery By The River Group - 000055540	\$170.95	\$417.81
Round Table Group - 000059337	\$42.00	\$75.00
Safe And Sound Women's Group - 000060517	0.0000000	\$299.80
Saturday Morning Men's Meeting	\$75.00	\$375.00
Second Chance Group-Cherokee - 000066053	\$131.82	\$131.82
Serenity Now Group - 000068035	004000	\$400.00
Serenity Service Group - 000068387	\$248.29	\$478.43
Sober Sisters Group (Burnsville) - 000460489		\$275.00
Sober Sisters Group (Flat Rock) - 000073208		\$784.00
Solutions Group - 000074739		\$222.51
South Asheville Literature Group - 000075329 Speed Bump Group - 000053487	\$236.00	\$100.00 \$646.00
Spiritual Fitness Group - 000076890	Ψ230.00	\$75.00
Spruce Pine Group - 000077533		\$250.00
Spruce Pine Saturday Morning Group - 000379649		\$229.00
St John in the Wilderness Early Bird Grp - 000078454	\$189.00	\$336.00
The Open Meeting Group - 000418805		\$144.50
The Out To Lunch Bunch Group - 000408968		\$350.07
Three Legacies Group - 000006439		\$20.00
Total Surrender Group - 000010020		\$132.00
Tuesday Night Men's Group - 000013982		\$167.50
Waynesville Grace Group - 000022141	\$948.24	\$1,508.30
We Think Not Group - 000025928	\$30.00	\$60.00
West Asheville Women's Group		\$450.00
Women of Courage Group - 000036989		\$412.00
Young People's Group - 000042150	A	\$145.00
Journal Entry - ADJUSTMENT (One time)	-\$42.39	-\$42.39
Total Group Contributions:	\$4,894.34	\$21,176.73

### Contributions

Individual Contributions:	July 2024	YTD
Anonymous	\$98.52	\$163.46
Ellen O.		\$25.00
Ken		\$20.00
Marsha S.		\$365.00
Priscilla H.	\$6.00	\$6.00
Shannon K.	\$25.00	\$175.00
Wendy M.		\$200.00
In Memory of B.G.		\$50.00
Total Individual Contributions:	\$129.52	\$1,004.46
Birthday Contributions:	July 2024	YTD
Brian L.	US.	\$32.88

Total Contributions: \$5,023.86 \$22,214.07

\$0.00

\$32.88

**Total Birthday Contributions:** 

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

### Suggestions & Addresses for Sending Donations to the A.A. Service Structure\*

Revised for 2024

**NOTE: New Suite Number for NCMCO!** 

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

#### **General Service Office NCMCO** Post Office Box 2407 70 Woodfin Place Suite 212 James A Farley Station Asheville, NC 28801 New York, NY 10116-2407 50% to 30% to Central G.S.O. Office/ Intergroup 10% to 10%

NCGSC – Area 51 Treasurer PO Box 17271 Raleigh, NC 27619

Raleigh, NC 27019

District 70 Treasurer PO Box 8574 Asheville, NC 28814-8574

District 71 Treasurer PO Box 202 Hendersonville, NC, 28793

District 80 Treasurer PO Box 427 Sylva, NC 28779



### No Demands or Rules (continued from page 1)

literature and my Higher Power. And simply by the program of Alcoholics Anonymous, its enduring truths and loving encouragement, helping me to never stop before the next miracle happens.

I didn't pick Tradition Nine. It picked me. Volunteering to write this article helped me learn more about Twelfth Step work in an easier, softer way. Incidentally, I utilized my sober problem-solving skills to write the author of that book directly, quoting our recovery principles and asking for their voluntary adherence to them.

Many of us have experienced healing and good feelings that come from giving of oneself in love and service. Being trusted servants of service boards and committees, locally or internationally, sharing a singleness of purpose, our alcoholic groups spread a blessed goodness when heeding Tradition Nine.

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### **How Dry I Am**

by P. T. - Phoenix, AZ



Growing up in sobriety has not been easy, and I didn't find that out until four years ago when I came back to AA. I had left the program for many years and came back after 26 years of not drinking. And I didn't return to AA relieved that I had found the answer.

I hated AA. I hated sitting in the chair listening to drunkalogs and seeing those stupid sayings on the wall. I especially hated seeing how happy everyone was.

I came back because I had nowhere else to go. I was sick, not in the physical sense, but sick mentally and in my soul. I was emotionally bankrupt.

I got a sponsor and she was perfect for me. She didn't tell me to wait on working the Steps until I felt better. No, no, I was to do the Steps now. I immediately began my journey with her through the Steps.

In working Steps Four and Five, I found I was always looking for someone to take care of me. I was shouldering all the financial responsibility for myself and my husband. I blamed him for my plight. I figured if I were to poison him and he were to die I would have all the money by selling the house. I'd be able to do anything I wanted then, so good riddance. This was my thinking at the time! This fantasy of mine was the ultimate act of selfishness. It was hard to look at myself, to see how dark my mind had become.

Growing up these past four years has taught me humility; that I'm not God. I did not have the right to determine the path of my future nor anyone else's. Today my life is none of my business. I rely on the spirit that has entered my soul and it's this spirit that takes care of me. My responsibility now is to help others grow in their sobriety.

Thanks to a sponsor who kicked my butt and to a Higher Power who led me back to AA, I have celebrated 30 years of sobriety and a newfound soundness of mind.

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# Special Meetings and Events

**NOTE:** For updates, please check the specific event websites, or <a href="https://aancmco.org/index.php/events/See flyers for additional events not listed here.">https://aancmco.org/index.php/events/See flyers for additional events not listed here.</a>



Grupo Gratitud Noveno Aniversario (9th Anniversary). Domingo, 01 Septiembre, 10:00am a 12:00pm. Todos están invitados! Importante información como superar los daños personales, familiares, de trabajo y legales que causa el alcohol. Los niños son bienvenidos. Música Bailable y Almuerzo. (Everyone is invited! Important information about how to overcome personal, family, work and legal troubles caused by alcohol. Children are welcome. Dance Music & Lunch.) Edneyville Community Center, 15 Ida Rogers Dr, Hendersonville 28792.

**Labor Day Cookout.** Monday, September 2. Solutions Meeting: 12:30-1:30pm; Hamburgers & Hot Dogs: 1:30-6:00pm; W.O.R.K.S. Meeting: 6:00-7:00pm: AVL 12 Step Club, 1 Kenilworth Knolls, UNIT 4, Asheville 28805

**Fireside Sobriety Circle Campout. September 5-8.** Yogi in the Smokies Campground, Big Cove Road, Cherokee. For more details see flyer or contact Herb by phone: 828-506-8563 or email: **firesidesobriety@gmail.com** 

Bridging the Gap Workshop Weekend. September 6-8. Fairbridge Inn and Suites & Big Sky Conference Center, 3803 Brooks St, Missoula, MT 59804. For more information and online registration go to the website: http://btgww.org/. Questions? Contact Laura S: coordinator@btgww.org

"GLIZZYPAA" - A WNCCYPAA Hot Dog Event. Saturday September 14, 2:00-5:00pm. Malvern Hills Park Picnic Shelter, 75 Rumbough PI, West Asheville 28806. See flyer for more details.

**District 70 Picnic. Sunday, September 15.** Starts at Noon; Speaker at 1:00pm. West Asheville Park, 198 Vermont Ave, Asheville 28806. See flyer for more details.

NCCYPAA XXIV. September 19-22. Hawthorne Inn & Conference Center, 420 High St SW, Winston-Salem, NC 27101. For more details see flyer or visit the website: https://www.nccypaa2024.com/

International Conference of Secular A.A. September 20-22. Doubletree Hilton Hotel at Universal Studios, Orlando FL. For more information and registration visit their website: https://www.aasecular.org/

**Maggie Valley Group Shindig! Saturday, September 28.** Eating starts at 5:00pm; Speaker at 7:00pm. Maggie Valley UMC, 4192 Soco Rd, Maggie Valley 28751. See flyer for more details.

Area 51 Fall Committee & Election Assembly Meeting. October 18-20. The Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. **Deadline for Reservations: Wednesday, September 18.** See flyer for more information and reservation links.

7th Annual National Corrections Conference. November 8-10. Sheraton Charlotte Airport Hotel, 3315 Scott Futrell Dr, Charlotte, NC 28208. For more information see flyer or visit the website:
https://www.nationalcorrectionsconference.org/

NC Area 51 Events: https://aanorthcarolina.org/events/



**GSO in New York:** For events around the country and the world, as well as great information, go to: https://www.aa.org/and Box 459: https://www.aa.org/sites/default/files/newsletters/f-36\_summer2024.pdf



## The Service Express

### **District 70**

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be Sunday, September 8, 2:30pm. It will be a hybrid meeting, with Zoom capability (Meeting ID: 933 8500 3069; Passcode: 672458) and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805. For updates go to the District 70 website: https://ashevilleaa.org/

Accessibilities Committee - Chairperson is Scott S. Want to make sure your A.A. group is accessible to all? Contact Scott at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the first Monday of every month at 7:00pm. For zoom link go to: https://ashevilleaa.org/event/accessibilities-committee-meeting-zoom-16/

Archives Committee needs you! Chairperson is Dennis H. The Archives Committee needs A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information, contact Dennis at archives@ashevilleaa.org. The Archives Committee meets the first Saturday of every month at 2:00pm. Go to: https://ashevilleaa.org/event/archives-committee-meeting-zoom-7/

**CPC/PI Committee** – Chairperson is George M; Tom W is Co-chair. These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact George or Tom at **cpc-pi@ashevilleaa.org** 

Corrections Committee – Save the Date: Saturday, October 26, 1-3pm. Volunteer Appreciation and Information Event co-hosted by Corrections, Treatment, and BTG at Oakley United Methodist Church, 607 Fairview Rd, Asheville 28803. Stop by for fellowship, information, and coffee and snacks! We have a new opportunity at Black Mountain Substance Abuse for Women. Female volunteers are needed for this. We also need volunteers for the PreRelease program, helping inmates transition into AA on the outside upon their release. If you would like to be of service with corrections, contact Tammy Z, the Women's Corrections Chair, at corrections\_women@ashevilleaa.org or Mitch R, the Men's Corrections Chair, at corrections\_men@ashevilleaa.org.

**Literature and Grapevine Committee -** Chairperson is Annie McN. She can be reached at: **literature@ashevilleaa.org**. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

**Technology Committee** – At the GSR business meeting in August, George was voted in as interim technology chair. If you are interested in volunteering, please attend the next GSR meeting. The goal of this committee is to help A.A. members and groups become more informed about technology issues and needs. New ideas are always welcome.

**Treatment Facilities Committee -** Chairperson is Kyle J. He can be reached at **treatment@ashevilleaa.org**. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. The Treatment Committee meets the last Sunday of every month at 7:00pm. For zoom link go to: https://ashevilleaa.org/event/treatment-committee-meeting-zoom-18/

#### District 70 - continued

"Bridging the Gap" (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from "inside" the program to life on the "outside". They particularly need women volunteers. The Chairperson is Tom W; he can be reached at bridgingthegap@ashevilleaa.org. They still need a Co-chair. If you are interested in volunteering, please attend the next GSR meeting. For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org

### District 71

**GSR Business Meeting** – held on the 2nd Saturday of the month. The next meeting will be **Saturday, September 14, 9:30am,** at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A.members are welcome! Check the District 71 website for meeting updates and links: https://www.nc71.org/

There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for Henderson County jail. Several positions that were open have been filled. They have an acting Alt DCM, but anyone willing to serve is welcome to volunteer. And they still need a CPC/PI Chairperson. If you have any questions or would like to volunteer, contact Alan, the District 71 DCM, through the website: <a href="https://www.nc71.org/contact">https://www.nc71.org/contact</a>

### District 80

**GSR Business Meeting** – held quarterly. The next meeting will be **Sunday, October 13, 1:30pm.** This will be a hybrid meeting with zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU zoom system; sign on information will be emailed to participants 30 minutes before meeting.

This an Elections Meeting. The positions of District Treasurer, Secretary & Grapevine Rep need to be filled. Information about the duties, qualifications, etc. for these positions can be found in the District 80 Service Manual that is posted on their website: <a href="http://aawnc80.com/">http://aawnc80.com/</a>

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, call or email Central Office: 828-254-8539; info@ncmco.net

#### In Memoriam

It is with a heavy, yet grateful, heart that I bring news of the August 8 passing of our dear friend Bill R, member of the Cashiers Valley Group. Truly a living example of the gifts of our program and a man with a big heart and positive outlook on life. Say a prayer for his family. Think of all the wisdom he shared with us, and always remember to "Look for the good".

In service and love, Phill



# **Happy Anniversary!**

Acceptance Group			
David N.	9-06-2022	2 yrs	
Pamela P.	9-10-2014	10 yrs	
Ed B.	9-15-1997	27 yrs	
Michelle P.	9-24-1991	33 yrs	
Back to Basics C	Group - Weaver		
Paul M.	9-01-2013	11 yrs	
Diane M.	9-10-2021	3 yrs	
Benton B.	9-13-2022	2 yrs	
Ginger H.	9-13-1991	33 yrs	
Matthew M.	9-20-2010	14 yrs	
Cate M.	9-25-1982	42 yrs	
Black Mountain	Group		
Joel H.	9-16-2007	17 yrs	
Nicole	9-24-2017	7 yrs	
<b>Conscious Conta</b>	act		
Siobhan S.	9-11-2021	3 yrs	
Roger K.	9-26-1981	43 yrs	
<b>Cumberland Gro</b>	up		
Marianna K.	9-26-2020	4 yrs	
Daily Decisions	Group		
Joey D.	9-02-2021	3 yrs	
Bruce N.	9-07-2021	3 yrs	
Luke R.	9-27-2018	6 yrs	
Fellowship Grou	р		
Taylor F.	9-01-2012	12 yrs	
Dan A.	9-01-2021	3 yrs	
Ray W.	9-04-2017	7 yrs	
Carl G.	9-09-1996	28 yrs	
Lisa D.	9-11-2015	9 yrs	
Jay M.	9-18-2022	2 yrs	
Ken W.	9-22-2022	2 yrs	
Stephanie G.	9-25-2019	5 yrs	
Gerd S.	9-27-1979	45 yrs	
Frank B.	9-27-1989	35 yrs	
Natalie R.	9-30-2017	7 yrs	
Good Livers Gro	ир		
Darren D.	9-08-1989	35 yrs	
Laura M.	9-20-1987	37 yrs	
Nat C.	9-26-1989	35 yrs	

Grace Group		
Margaret B.	9-04-2005	19 yrs
Sean F.	9-08-2013	11 yrs
Casey S.	9-11-2000	24 yrs
John M.	9-18-2002	22 yrs
Tim C.	9-19-2018	6 yrs
Nat C.	9-26-1989	35 yrs
Charles W.	9-27-2010	14 yrs
Bill E.	9-30-1994	30 yrs
<b>Happy Hour Gro</b>	up	
Jim L.	9-09-2002	22 yrs
Randall D.	9-11-2004	20 yrs
Hendersonville (	Group	
lke F.	9-01-2007	17 yrs
Tom P.	9-06-1994	30 yrs
Ann T.	9-23-2015	9 yrs
Cate M.	9-25-1982	42 yrs
Rob T.	9-29-2015	9 yrs
Hendersonville I	Men's Group	
Jared S.	9-15-2022	2 yrs
Mike H.	9-19-2009	15 yrs
Lambda Group		
Glenn H.	9-10-2009	15 yrs
William S.	9-10-2018	6 yrs
Tim R.	9-17-2007	17 yrs
Mikey D.	9-17-2018	6 yrs
Megan M.	9-20-2019	5 yrs
Audrey Y.	9-22-2002	22 yrs
Bella Q.	9-23-2019	5 yrs
Michelle P.	9-24-1991	33 yrs
Library Group		
Michael C.	9-10-2003	21 yrs
Mars Hill Group		
Paul M.	9-01-2013	11 yrs
Sheri W.	9-03-2014	10 yrs
Laura L.	9-15-2013	11 yrs
Rachel S.	9-22-2013	11 yrs
Bendik C.	9-27-2007	17 yrs
<b>Motley Crew/Col</b>	umbus	
Michael V.	9-13-1979	45 yrs

Need to update your Group's anniversary list? Call Central Office: (828) 254-8539 or send a new list to: info@ncmco.net

The October newsletter deadline for sending in anniversaries and announcements is September 15.



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9-03-1984	40 yrs
9-05-2020	4 yrs
	40 yrs
9-15-1990	34 yrs
9-15-2022	2 yrs
9-18-1982	42 yrs
9-23-2003	21 yrs
9-25-2021	3 yrs
s Group	•
9-08-2021	3 yrs
9-18-2017	7 yrs
9-27-2023	1 yr
	9-03-1984 9-05-2020 9-12-1984 9-15-1990 9-15-2022 9-18-1982 9-23-2003 9-25-2021 s Group 9-08-2021 9-18-2017



### Does your group have a



### (Central Office Representative)

# What are Central Office Representatives and What are their Duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2<sup>nd</sup> Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!

What are we doing well? What can we improve upon?

How can we serve Districts 70, 71 and 80 more effectively?

What might we do to draw more participation from groups?

### Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom. See the Central Office website for more details:

https://aancmco.org/index.php/events/

# Labor Day Cookout



### Monday, September 2

AVL 12 Step Club

1 Kenilworth Knolls, UNIT 4
Asheville 28805

12:30 - 1:30 Solutions Meeting

1:30 - 6:00

Hamburgers & Hot Dogs

6:00 - 7:00

W.O.R.K.S. Meeting

# FIRESIDE SOBRIETY



KINDNESS

HONDSTY

SHARING



# CIRCLE

Sept 5-8, 2024

YOGI in the SMOKIES CAMPGROUND BIG COVE ROAD, CHEROKEE, NC · (828) 482-4212

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS, and your POW WOW Regalia!
Contact: Herb W. at 828-506-8563 or firesidesobriety@gmail.com
Registration begins *Thursday at Noon* 

NO PETS in Food Serving/Eating, PowWow, under big tent, or Sacred Fire Areas!
NO PETS AT TENT SITES

PRE-REGISTRATION: \$55/PERSON (kids 10 and under are FREE, 11-17 \$20). Price includes breakfast and dinner and tent/camper site for three (3) nights \$60 at the Gate EARLY REGISTRATION ENDS Aug 31, 2024

NAME(S):

ADDRESS:

EMAIL(S): \_\_\_\_\_/

PHONE #: H) \_\_\_\_\_(C) \_\_\_\_\_(C)

# In Party: Amount Enclosed:

Cut & Mail Registration Form by Aug 31st, 2024 With Checks Made Payable to: Fireside /Fall 2024 FIRESIDE Sobriety CIRCLE C/O Herb Wachacha PO Box 2015 Cherokee, NC 28719 ALCOHOLICS ANONYMOUS

# 2024 BRIDGING

Workshop Weekend

Missoula



# September 6th - 8th 2024

Fairbridge Inn and Suites & Big Sky Conference Center 3803 Brooks St, Missoula, MT 59804

### Hosted by Area 40—Montana

For hotel reservations call Reservations at 1-406-251-2665 Refer to Group **BTGWW** for workshop rate of **\$139** plus tax

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences, and breakout sessions on BTG topics.

Go to btgww.org for online registration
\$35 Early Bird Registration only \$40 Registration only after July 31st
\$85 Registration & Banquet Banquet Registrations must be received by August 16th

Total Submitted: \$\_\_\_\_\_\_ I am interested in purchasing recordings

Name \_\_\_\_\_\_\_ Phone \_\_\_\_\_
Address \_\_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Area #: \_\_\_\_\_\_

Email: \_\_\_\_\_\_ I am willing to give a presentation on the following topic:

Accommodations-Special Needs?

Return registration form and check to: BTGWW, 2107 Watson Ave St. Paul MN 55116

Any questions contact Laura S. at (612) 309-8385 or email: coordinator@btgww.org

Western North Carolina Committee of Young People in AA presents:

# GLIZZYPAA

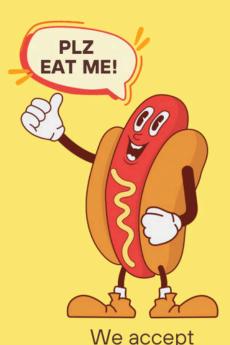
A WNCCYPAA HOT DOG EUENT

SEPT 14th

to 5PM **Malvern Hills Park Picnic Shelter** 75 Rumbough Pl **West Asheville** 

Hot dogs, chips, & cold brew!

2PM | Food & Fun 3PM | Speaker Meeting **4PM | Glizzy Gobble** Contest &



We accept

\$10 to enter the hot dog eating contest -Winner gets half the pot & all the clout!

PICKLEBALL COURT • GAMES • 50/50 RAFFLE



ALCOHOLICS ANONYMOUS

# DISTRICT 70 PICNIC

BBQ PROVIDED

KICKBALL FELLOWSHIP AND FUN

BRING A COVERED SIDE DISH



WEST ASHEVILLE PARK

198 VERMONT AVE ASHEVILLE, NC

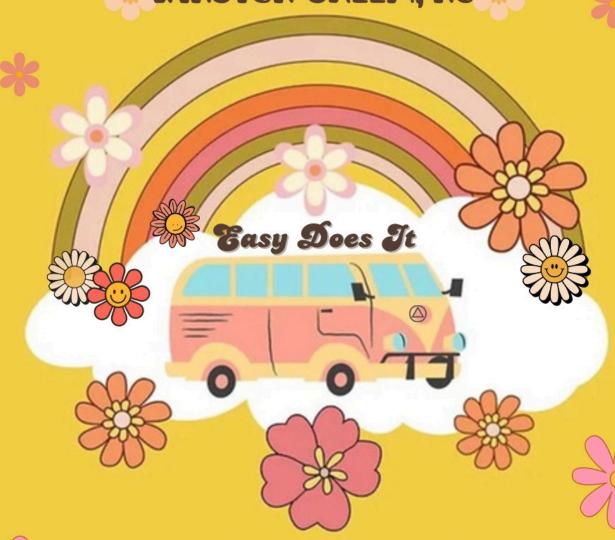
### SUNDAY, SEPT 15TH

Starting at Noon Speaker at 1pm



# NCCYPAA XXIV

**SEPTEMBER 19TH - 22ND, 2024** WINSTON-SALEM, NC



Hawthorne Inn & Conference Center 420 High Street SW Winston-Salem, NC 27101 www.HawthorneInn.com

Room Block Rate: \$109 a night Call hotel to book: (336) 777-3000













### September 20-22, 2024 Orlando, Florida

Join alcoholics from around the world who are passionate about Secular AA! The secular approach focuses on sobriety with no religious affiliation, regardless of religious belief or non-belief.

Register now!



Make a contribution



aasecular.org





## -EASTERN AREA YPAA SUMMIT

09.22.2024

A VIRTUAL GATHERING OF YOUNG PEOPLE FOCUSED ON RECOVERY, UNITY, AND SERVICE



ypaasummit.wixsite.com/home



THE EASTERN AREA YPAA SUMMIT IS A BIANNUAL VIRTUAL MEETING OF YOUNG PEOPLE'S SERVICE COMMITTEES, BID COMMITTEES, HOST COMMITTEES, ADVISORY COUNCILS, AND INDIVIDUAL MEMBERS FROM THE EASTERN AREA OF THE UNITED STATES AND CANADA FOR THE PURPOSE OF ESTABLISHING A METHOD OF COMMUNICATION BETWEEN CONFERENCES; THE SHARING OF EXPERIENCE, STRENGTH, AND HOPE; AND PROVIDING EDUCATIONAL OPPORTUNITIES THAT CAN HELP FOSTER RECOVERY, UNITY, AND SERVICE.

# MAGGIE VALLEY GROUP SHIND IGE

SATURDAY, SEPTEMBER 28 4192 SOCO RD. MAGGIE VALLEY, NC

DELICIOUS CHOPPED PORK & CHICKEN CATERED BY HAYWOOD SMOKEHOUSE

PLEASE BRING A DISH TO PASS

OPEN MEETING / FAMILY & FRIENDS

EATING STARTS 5:00 PM

SPEAKER 7:00 PM DEREK B GREENVILLE SC

### THE LOVE & SERVICE



# Where We Share Stories of Applying the AA Steps, Traditions and Concepts

FORMERLY THE UNITY & SERVICE CONFERENCE HOSTED BY THE LOVE & SERVICE GROUP

### MAIN SPEAKERS:

BILLY N. ~ PALM BEACH GARDENS, FL ARISA B. ~ BOSTON, MA

OCT | FRI | 2024 | 11

OCT | SAT | 2024 | 12 |

REGISTRATION OPENS : 3:00PM EVENT : 6:00PM - 8:30PM

EVENT STARTS: 9:00AM EVENT ENDS: 10:00PM

### **EVENT COST \$45**

INCLUDES SATURDAY CONTINENTAL BREAKFAST & LUNCH

### **SATURDAY DINNER COST \$55**

OPTIONAL



#### HYBRID EVENT

SPANISH INTERPRETATION
ASL INTERPRETATION





THE HOPE CENTER | 2275 MORELLO AVE | PLEASANT HILL | CA

### 50th Annual Memphis Bluff City Fellowship

# The Joy of Living!

The Great Hall & Conference Center 1900 Germantown Rd Germantown, TN 38138

Hotel Rooms:

Hampton Inn 1680 S. Germantown Rd

Germantown TN.

(901)–309–0555

### Speakers

Bill F. Memphis, TN
Cliff G. Oklahoma City
Leslie S. Atlanta GA
Lori G. Oklahoma City
Snow P. Boca Raton FL
Brenda J. McKinney, TX
Clemente C St Louis Mo.

Oct. 17 - 20 2024

Recovery Repertory Théâtre,

Fellowship, Food & More!

### **Registration Form**

Name:		
Address:		
Email address:		
AA or Alanon:	- Zimina	
	Are you available to help.	
	Yes or No (please circle one)	
Registration or Hospital	litv?	

Donate to Scholarship Fund? Yes or No (please circle one)
Is this your first convention? Yes or No (please circle one)
Price: \$25 before June 1, \$30 prior to convention, \$35 at the door



For the latest information, please view our website:
Registration is now open on the website
https://www.bluffcityfellowship.com

# Area 51 Fall Committee & Election Assembly Meeting October 18-20, 2024

### THE HILTON RALEIGH NORTH HILLS

3415 Wake Forest Road, Raleigh, NC 27609

### **ADVANCE HOTEL INFORMATION**

Deadline for Reservations: Wednesday, September 18, 2024

**Group Code: NCGS24** 

**Group Name: NC General Service Election Assembly** 

Room Rates: \$173.00 Single/Double, \$10.00 per additional guest

**Phone:** 919-872-2323 or 800-445-8667 [1-800-HILTONS]

Internet: Link for direct reservations: <a href="https://tinyurl.com/29298nte">https://tinyurl.com/29298nte</a>
Internet: Link for hotel information: <a href="https://www.northraleigh.hilton.com">www.northraleigh.hilton.com</a>

### For Best Results:

### PLEASE MAKE YOUR RESERVATIONS EARLY!

- Call as soon as possible but before the deadline. It's easier to cancel a reservation than to get one at the last minute!
- Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Specify the group code "NCGS24" and the group name "NC General Service Election Assembly."
- If possible, call the Hilton Raleigh North Hills directly at 919-872-2323 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability, please contact Greg K., the Area Chairperson, at <a href="mailto:chair@aanorthcarolina.org">chair@aanorthcarolina.org</a>.

Thank you for your service and support of Area 51. See you at the 2024 Fall Election Committee and Assembly!

### Why Staying at Our Host Hotel is Important A Message from the Area 51 Chair

Fall 2024

The hotels that host Area 51 events typically charge for meeting space based on how many guest rooms our attendees occupy. For every Assembly, Committee Meeting and Convention, Area 51 has a contract that specifies the number of guest rooms the hotel will "block" for our use. If we fill at least 80% of our room block and 100% of our food and beverage minimum, our meeting space is *free*. Otherwise, we are charged a penalty according to how far short of the mark we fall.

Free meeting space is what Area 51 budgets and what we usually achieve. However, more than once we have come up short and paid a steep price. Area 51 makes every effort to negotiate the most favorable room rates possible. Budget hotels don't have the kind of meeting space we require. Meeting space in higher-end hotels is expensive. The willingness of individuals to attend Area events and to book their rooms at our host hotel is essential in making Area events affordable at all.

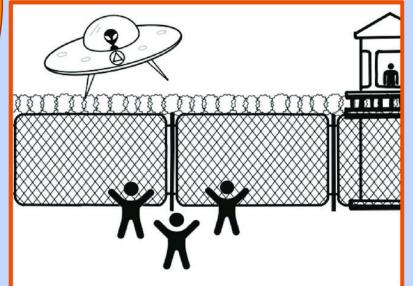
So please attend the Area events if you can and stay at the host hotel using the group code and name whenever possible. Though rooms there may be more expensive than at nearby budget hotels, please consider the additional cost as a contribution to Area 51—a small sacrifice for our "common welfare," which really must come first if we are to continue meeting and working together to fulfill our Primary Purpose as an Area.

"I am responsible...When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Thank you for your service in Area 51!

## 7<sup>th</sup> Annual National Corrections Conference







Sheraton Charlotte Airport Hotel 3315 Scott Futrell Drive, Charlotte, NC 28208

**Death Row Package:** Registration; Banquet, Ice Cream Social, Hospitality, Coffee, T-shirt = \$140 (save \$20)

**Medium Security Package:** Registration; Banquet, Hospitality; Coffee, T-shirt = \$130 (save \$15)

**Juvie Package:** Registration; Hospitality; Coffee, T-shirt = \$80 (save \$10)

Individual prices: Registration or Scholarship -\$50; Banquet-\$55; Ice Cream Social-\$15; Hospitality-\$10; Coffee-\$10; Zoom-\$25; T-shirt-\$20

For more information, contact: Angel – AngelNCC2024@gmail.com 305-972-7979

Registration information: Sandy – 252-813-1055

Nov. 8 – 10, 2024

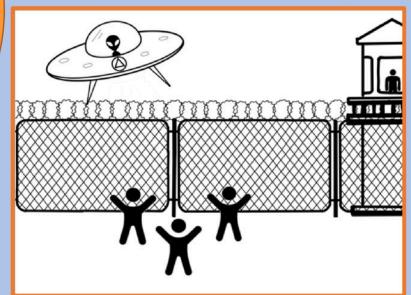


Registration		
Name	Scholarship Name (if purchased)	
Address	Email	
Area Name on badge		Phone number
Package purchase	_ Individual events purchase	
If a t-shirt was ordered, please state size		
If you purchased the banquet, please choose one option: Chicken Fish Vegetarian		
Charles navelle to: Notional Corrections Conference D.O. Boy 1201 Mahana NC 27202		

### **7**ma

# Conferencia Nacional de Correcciones

### Lanzada a la 4ta Dimension





Sheraton Charlotte Airport Hotel 3315 Scott Futrell Drive, Charlotte, NC 28208

Paquete Corredor de la muerte: Registracion, Banquete, Helado social, Cafe, Picaditas, y Camiseta = \$140 (ahorra \$20)

Paquete de Seguridad media: Registracion, Banquete, Picaditas, café y Camiseta = \$130 (ahorra \$15)

**Paquete Juvenil:** Registracion Picaditas, Café y camiseta = \$80 (ahorra \$10)

Precios individuales: Registracion o Beca -\$50; Banquete-\$55; Helado social-\$15; Picaditas-\$10; Cafe-\$10; Zoom-\$25; Camiseta-\$20

Para mas infprmacion contactar: Angel – angelNCC2024@gmail.com 305-972-7979 Informacion para registracion: Sandy –252-813-1055 Nov. 8 – 10, 2024



Registracion		
Nombre Nombre	de becado	
Direccion Correo Electronico		
Area nombre en insignia	Telefono	
Paquete comprado eventos individuales Comprados		
Camisetas - (si aplica) Talla		
Si compra un Paquete escoja una opcion: Pollo Pescado	Vegetariano	
Cheques pagaderos a: National Corrections Conference P.O. Box 1201. Mebane. NC 27302		



Make plans to attend the 2025 A.A. International Convention scheduled in Vancouver, British Columbia, Canada

### Registration Opens September 10, 2024 (Noon EDT)

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr. Bob and the birth of Alcoholics Anonymous in 1935. A.A. members and their families and friends from around the globe attend the event. At the International Convention people attend meetings, workshops, dances and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding. The International Convention will take place from July 3 - 6, 2025, at the Vancouver Convention Centre and BC Place Stadium.

As the Convention approaches, we will update our website with registration information. Let's celebrate sobriety together in Vancouver in 2025!

For more information, visit: https://www.aa.org/international-convention

<sup>\* 2025</sup> International Convention logo is an AAWS Service Mark and may ONLY be used with permission from AAWS.