

Mountain Doin's

**FEBRUARY
2024**

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Ranger Danger

by Barbara L. - Edgewood, NM

A sober park ranger alone in remotest Alaska gets offered a shot of whiskey from some fishermen. Big Book to the rescue!

I think everyone has moments when reading the Big Book when the thought, Oh, Bill, that's so silly, occurs. Then, as time passes, the concept Bill W. was trying to convey jumps off the page and into our lives. Here's one of those moments that recently happened to me.

Sobriety has not brought me a life beyond my wildest dreams. But it has brought me a life that fulfills my childhood dreams. As a child growing up in an alcoholic home I had dreams that would soothe me and make me feel that someday I would be happy. One of these dreams was to be a National Park Ranger in a gorgeous national park.

In sobriety I've had the good fortune to become a National Park Ranger in a remote park in Alaska, where I live among wild nature at its purest. There's only one 23-mile-long road in a park of four million acres. The only access to the park is by float plane or boat.

One day I arrived at my park cabin to see that other rangers were gearing up to go by boat to locate a bear that might be in trouble. They thought the bear had something entangled around its neck, so I went along for the ride. I didn't have wading gear so I knew I would be hanging around at the mouth of the river while they ventured up-river to look for the bear.

When we arrived a group of fishermen were angling in the mouth of the river. They were with a private guide. The other rangers took off and left me with the fishermen. As I stood on the bank of the river, a fisherman came over and



Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@ncmco.net
aancmco.org



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started posing with a bottle of whiskey. Now, whiskey was my drink of choice 13 years ago. That whiskey did look mighty good. As I watched the fishermen take selfies, I thought of all the whiskey shots I had consumed during my drinking days. Then the fisherman came over to me and said, "I don't suppose you drink whiskey." I replied, "Well, I used to."

At that moment, a passage I have always chuckled at in the Big Book came to mind. Our cofounder is writing about how it's OK to go where liquor is served so long as we keep in fit spiritual condition. Bill says that if an alcoholic can't be around liquor his "only chance for sobriety would be someplace like the Greenland Ice Cap," and even there, some local native "might turn up with a bottle of scotch and ruin everything!"

Right when the fisherman offered me the whiskey, I remembered Bill's quote and laughed. I was washed with such a sense of gratitude to AA. I can be in the absolute middle of nowhere now and not be tempted by the offer of my drink of choice.

What a blessing to have AA standing behind me, even in the remotest location, with the wisdom of the Big Book and the program supporting my sobriety—no matter what and no matter where.

Without AA, I would not be a park ranger and I would not be in Alaska and I would not have had the spiritual tools to tell them, "Well, I used to" drink whiskey. Gratefully, not anymore. Thank you AA, for these blessings in my life.

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February Grapevine now available!



Getting Through Tough Times

This month's feature section is "Getting Through Tough Times." Members share hopeful stories about how they reach for help and use the tools of AA to stay sane and sober through adversity.

<https://www.aagrapevine.org/>



After-hours Phone Volunteers Needed

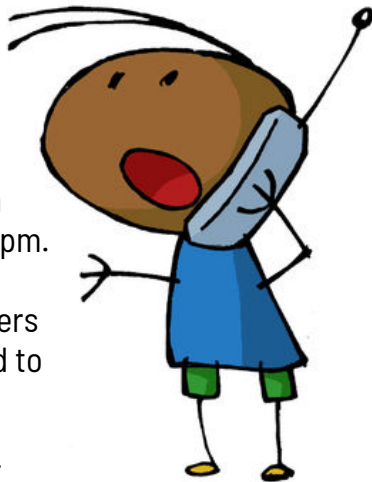
Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>
(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



What the Group Says

by Aaron H. - Bishop, CA

For me, Tradition Two, like much of our program, is about humility. It's about letting someone else be in charge, and it hasn't been easy to learn. I used to be convinced that I needed to be in charge in order to manage the chaos of life. Though everything was falling apart around me—caused in no small part by my obsessive drinking—I had to be in control. I was my own ultimate authority.

When I first got to AA I thought control meant "improving" the meetings, formats, chair layouts and coffee selections. I wasn't so concerned about helping others or being of service. My efforts were all about control and self-interest. Learning about Tradition Two was part of how I dug myself out of this thinking.

When I talked in meetings I had to obey the time limit and watch my language. If I didn't like the meeting rules, I was told I could adapt to them, try to change them by group conscience, switch meetings or start my own meetings. I was even told I could stop going to AA and risk ending up in the alcoholic death I had been rushing toward!

I complained that the rules were brainwashing me. I was also told that my best thinking resulted in me needing to be in AA, so maybe my brain needed some washing. I kept going to the same meetings and tried to change things. My demand for control eventually subsided when I finally internalized Step Three.

I took on service commitments and was told that I wasn't in charge. As a greeter, I had to be there on time. As a reader, I was told to stop editorializing and follow the literature as written. As a coffee person, I was limited by a budget. As a meeting secretary, I was told to read and follow the format

(continued on page 5)

Call & Visitor Log December 2023


12 Step Calls - 19
General Info - 0
Family Help - 0
Meeting Info - 38
Central Office Business - 46
Medical/Detox - 1
After-hours calls - 53
Visitors - 56



Visits to aancmco.org/ website:
Unique Visitors - 2,388
Total Visits - 5,635; Visits/Visitor - 2.36
Total Pages - 110,286; Pages/Visit - 19.57




COR/NCMCO Board Meeting


COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs may vote so we encourage your group to elect a COR. Your input is important to us! The next COR/Board meeting will be **Thursday, March 14 6:00pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000 


We have a new 12 Step Call Volunteer Coordinator! At the January COR/Board meeting, Marcos C. stood for the position and was unanimously elected by the Board. Many thanks to John B. for his years of service! The Board is still in need of an Alternate Chair (for the second year of the 2023 term) and a Secretary (for a 2-year term which started in January). See page 5 for details.

If you are interested in being of service, please attend the next COR/Board meeting. Contact Central Office with any questions: (828) 254-8539; info@ncmco.net


For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/> 

Where to Find Meetings

Printable In-person Meeting Guide 

Meetings in all 3 Districts 

Meetings in District 70 

Meetings in District 71 

Meetings in District 80 

Cash on Hand as of 12/31/2023

Prudent Reserve
\$16,135.81

Operating Account
\$11,646.75

Rent Deposit - \$400.00

Petty Cash - \$50.00

Profit & Loss YTD

	Dec 2023	Jan-Dec 2023 (YTD)
Income		
Contributions		
Birthday Contributions		\$117.28
Group Contributions	\$2,162.73	\$32,992.98
Individual Contributions	\$299.93	\$1,270.09
Total Contributions	\$2,462.66	\$34,380.35
Interest on Money Market	\$1.37	\$16.15
Sales Income		
Literature & merchandise	\$2,289.81	\$31,438.46
Shipping charged to groups	\$48.14	\$749.51
Total Sales Income	\$2,337.95	\$32,187.97
Total Income	\$4,801.98	\$66,584.47
Cost of Goods Sold		
Cost of Goods Sold	\$80.00	-\$28.17
Credit Card Processing		
PayPal Fee	\$31.28	\$253.75
Total Credit Card Processing	\$31.28	\$253.75
Freight - vendor shipping	\$35.30	\$558.07
Literature & merchandise	\$1,849.84	\$26,043.00
Shipping to groups	\$48.14	\$777.23
Total Cost of Goods Sold	\$2,044.56	\$27,603.88
Inventory Shrinkage	\$25.22	\$352.55
Total Cost of Goods Sold	\$2,069.78	\$27,956.43
Gross Profit	\$2,732.20	\$38,628.04
Expenses		
ICOAA Conference	\$99.96	\$741.32
Insurance Expense		\$605.00
Office Expenses	\$15.99	\$1,640.22
Office Supplies	\$3.00	\$864.80
Payroll Expenses		
Gross Salary	\$1,775.00	\$18,775.00
Payroll Taxes (Company)	\$135.79	\$1,436.41
Total Payroll Expenses	\$1,910.79	\$20,211.41
QuickBooks Expenses		\$75.00
Rent	\$604.00	\$7,248.00
Telephone & Internet		
Office Telephone/Internet	\$139.47	\$1,482.38
Web Expenses		-\$110.13
Total Telephone & Internet	\$139.47	\$1,372.25
Total Expenses	\$2,773.21	\$32,758.00
Net Operating Income	-\$41.01	\$5,870.04
Net Income	-\$41.01	\$5,870.04



Group Contributions:

	Dec 2023	YTD
12 & 12 Study Group - 000090348	\$15.00	\$155.00
Acceptance Group 000092265		\$1,150.50
Agnostics Atheists Free Thinkers Gp - 000092498		\$265.00
As Bill Sees It Group (Franklin) - 000093648		\$65.00
Back To Basics Group - 000094453		\$150.00
Big Town Group - 000096080		\$495.21
Brevard Men's Group - 000096757		\$250.00
Brevard Serenity Group - 000096758		\$340.00
Bryson City Group - 000097273		\$156.00
Burnsville Group - 000235484		\$75.00
BYOC - Bring Your Own Coffee Group - 000409871	\$50.00	\$200.00
Candler K.I.S.S. Group - 000098073		\$464.50
Cashiers Valley Group - 000098360		\$1,340.23
Cedar Mountain Group - 000098480	\$40.00	\$161.00
Common Sense Group - 000099801		\$450.00
Conscious Contact Group - 000099980		\$1,156.00
Cullowhee Valley Group - 000100669		\$210.00
Cumberland Group - 000100676		\$230.00
Daily Decisions Group - 000100743		\$2,896.82
Day By Day Group - 000101059		\$452.89
Downtown Serenity Group - 000101964	\$100.00	\$100.00
Fellowship Group (Fletcher) - 000104116		\$1,680.00
Fireside Group - 000027641		\$171.73
Good Livers Group - 000107590		\$400.00
Grace Group (Asheville) - 000107789	\$575.89	\$1,848.99
Hendersonville Group - 000110033	\$354.84	\$753.84
Hendersonville Men's Group - 000044576		\$250.00
Hendersonville Middy Group - 000110035		\$60.00
H'ville Women's Big Book Step Study Group - 000110036		\$403.17
Hey Girl, Surrender Group - 000392207	\$142.00	\$292.00
It's In the Book Group - 000260106		\$150.00
Joy Of Living Group - 000112527		\$606.50
Lambda Group - 000007190		\$64.00
Liars Club	\$90.00	\$730.00
Lost and Found Group 000427291		\$182.25
Love & Tolerance Group - 000015029		\$75.00
Maggie Valley Group - 000016476	\$400.00	\$950.00
Mars Hill Group - 000017945		\$160.00
Marshall Group - 000017982		\$210.00
Mens Attitude Adjustment Group 000020095		\$285.00
Micaville 12 & 12		\$200.00
Mountainview Group - 000027730		\$295.27
Newcomers Group - Flat Rock		\$40.00
New Freedom Group - 000032374		\$415.00
New Hope Group Franklin - 000044521	\$95.00	\$95.00
Noontime Big Book Study Group - 000409637		\$72.40
Phoenix Group - 000049062		\$228.00
Practicing Principles Group - 000051260		\$36.32
Recovery By The River Group - 000055540		\$259.46
Round Table Group - 000059337		\$102.50
Safe And Sound Womens Group - 000060517		\$516.92
Saturday Morning Men's Meeting		\$675.00
Serenity Service Group - 000068387		\$692.60
Sober Sisters Group (Blk Mtn) - 000073208		\$438.50
Sober Sisters Group (Burnsville) - 000460489		\$200.00
Solutions Group - 000074739		\$502.71
South Asheville Literature Group - 000075329		\$75.00
Spiritual Fitness Group - 000076890		\$50.00
Spruce Pine Group - 000077533		\$225.00
Spruce Pine Saturday Morning Group - 000379649		\$116.00
St. Johns Early Bird Group - 000078454		\$327.00
The 164 Group		\$25.56
The Open Meeting Group - 000418805		\$140.30
The Out To Lunch Bunch Group - 000408968	\$200.00	\$800.00
Three Legacies Group - 000006439		\$171.49
Total Surrender Group - 000010020		\$264.00
Traditional Group - 000010438		\$932.93
Tuesday Night Men's Group - 000013982		\$93.00
Waynesville Grace Group - 000022141		\$3,654.39
Waynesville Grace Group Tuesday Night	\$100.00	\$100.00
We Think Not Group - 000025928		\$60.00
West Asheville Group - 000030473		\$20.00
Women of Courage Group - 000036989		\$833.00
Young Peoples Group - 000042150		\$300.00
Total Group Contributions:	\$2,162.73	\$32,992.98

Contributions

Individual Contributions:

	Dec 2023	YTD
Anonymous	\$164.93	\$411.05
Beverly B.		\$130.00
Joannie	\$50.00	\$50.00
Judy M.		\$84.00
Kay G.		\$30.00
Margaret N.		\$5.00
Nancy B.		\$10.04
Shannon K.	\$25.00	\$300.00
Sheila D.		\$80.00
In Memory of Laura J. and Dennis K.	\$50.00	\$50.00
In Memory of B.G.	\$10.00	\$120.00
Total Individual Contributions:	\$299.93	\$1,270.09

Birthday Contributions:

	Dec 2023	YTD
Anonymous		\$34.28
Pam C.		\$40.00
Sandra F.		\$38.00
Keith F.S.		\$5.00
Total Birthday Contributions:	\$0.00	\$117.28

Total Contributions: \$2,462.66 \$34,380.35

Suggestions & Addresses for sending Donations to the A.A. Service Structure*

Revised for 2023

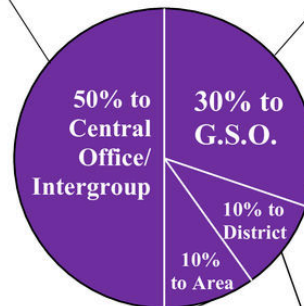
* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO

70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office

Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer

PO Box 17271
Raleigh, NC 27619

District 70 Treasurer

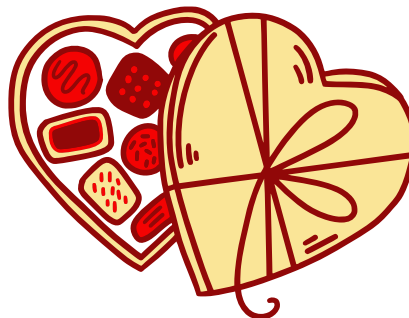
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer

PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer

22 Whisper River Ct.
Sapphire, NC 28774



What The Group Says *(continued from page 2)*

"as is" because that was the group's decision. As a treasurer, I had to follow the guidance of the group and our small-t tradition of what we do with the money. As our group's general service rep, I came to my group with my thoughts on agenda topics, but I had to take the group conscience, not my own thoughts, to the area assemblies.

The Steps helped me wash my own brain. After a while, I started following directions. I learned the value of the group conscience. It took some years to finally relinquish the control I never even had in the first place.

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Central Office Board Positions Open

Central Office is looking to fill two Board positions: Alternate Chair and Secretary. Below are the responsibilities and requirements for each position. If you are interested, please attend the next COR/Board meeting, **Thursday, March 14, 6:00pm**, via zoom. For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

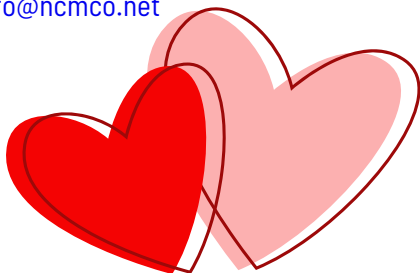
Alternate Chair (second year of the 2023 term)

1. Shall perform the duties of the Chairperson when requested by the Chairperson or in the case of their absence or inability to act, and shall preferably be interested in rotating to the Chairperson position if it becomes vacant.
2. Shall perform other duties as occasionally assigned.
3. Shall have at least five years' continuous sobriety at the time of taking office.
4. Shall attend Central Office Board and General Committee meetings.

Secretary (2-year term that began January 2024)

1. Shall perform all duties incident to the office and others as assigned.
2. Shall attend and take minutes of all COR General Committee and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.
3. Shall follow the Alternate Chair in line of succession to the Chair at board meetings.
4. Shall have at least five years' continuous sobriety at the time of taking office.

Contact Central Office with any questions:
828-254-8539; info@ncmco.net



Special Meetings and Events



NOTE: For updates, please check the specific event websites, or <https://aancmco.org/index.php/events/>
See flyers for additional events not listed here.



Ongoing... Bowling Fridays @ Sky Lanes. Hang out with fellow AAs, bowl a game or two, and have some fun! **Every Friday at 1:30pm.** Sky Lanes, 1477 Patton Ave, Asheville 28806. See flyer for more information.

7th Annual Spring into Action Conference. Saturday, February 3, 10:00am-4:00pm. New Hope Baptist Church, 3007 Beechtree Dr, Sanford, NC 27330. For more information, see flyer or visit their website: <https://raleighaa.com/event/conference-7th-annual-spring-into-action-conference/>



TCYPAA 2024. How Dark It Is Before The Dawn. February 23-25. Clarion Hotel Jackson Northwest, 541 Carriage House Dr, Jackson, TN 38305. 731-668-6000; Code: "TCYPAA". To register online visit their website: <https://tcypaa.com/>



Plain Language Big Book Information Session. Sunday, February 25, 2:00-4:00pm. Presented by the Southeast Regional Delegates. Zoom ID: 867 2200 6265; Passcode: 924686

35th Annual "Freedom from Bondage" Area 51 A.A. Corrections Conference. March 8-10. Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28315. Friday registration begins at 5:00pm.

Online Registration: <https://aanorthcarolina.org/35th-annual-freedom-from-bondage/> **Hotel Registration:** 910-693-4330; online: <https://bit.ly/35FFBHamptonInn>; click on "Special Rates"; enter Group Code: **CHHFFB**
For more information, email: corrections@aanorthcarolina.org or call: 252-908-0686.



5th Annual Appalachian Regional Roundup. March 15-17. MeadowView Conference Resort & Convention Center, 1901 Meadowview Parkway, Kingsport, TN 37660. For more information and registration, visit their website: <https://www.appalachianregionalroundup.com/>



18th Annual Soberstock 2024. March 15-17. Sand Hill Scout Reservation, 11210 Cortez Blvd, Brooksville, FL 34613. For more information, see flyer or visit their website: <https://soberstock.com/>



Area 51 Western Pre-Conference. Saturday, March 23, 12:00-4:00pm. Hosted by Districts 12 & 13. Myers Memorial United Methodist Church, 3015 New Hope Rd, Gastonia, NC 28054. See flyer for more details or go to the Area 51 website: <https://aanorthcarolina.org/events/>



WNC AA Tri-District Service Rally - "Alcoholics Into Action Through Service" Saturday, May 4, 9:00am-3:00pm. (Setup, coffee, and Danish at 8:00am) Hosted by Districts 70, 71 & 80 and NCMCO. A day of fellowship, fun, food, panels, speakers, inspiration, education, and service opportunities galore! Covenant Community Church, 11 Rocket Dr, Asheville 28803. See flyer for more details. If you have questions or want to volunteer, text George at 601-310-6699, or contact Central Office: 828-254-8539; info@ncmco.net

NC Area 51 Events: <https://aanorthcarolina.org/events/>



GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/f-36_fall2023.pdf



The Service Express

District 70

GSR Business Meeting – The next meeting will be **Sunday, February 11, 2:30pm**. It will now be a hybrid meeting, with Zoom capability (Meeting ID: 933 8500 3069; Passcode: 672458) and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville, 28805. There are still several positions that need to be filled. For updates go to: <https://ashevilleaa.org/>



Accessibilities Committee – Chairperson is Scott S. Want to make sure your A.A. group is accessible to all who want to attend? Contact Scott at access@ashevilleaa.org for an Accessibilities Checklist.

Archives Committee needs you! Chairperson is Dennis H. The Archives Committee wants A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information, contact Dennis at archives@ashevilleaa.org

CPC/PI Committee – Chairperson is George M; Tom W is Co-chair. These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact George or Tom at cpc-pi@ashevilleaa.org

Corrections Committee – In District 70, A.A. meetings are being taken into Buncombe County (Asheville), Yancey County (Burnsville), Western Correctional Center for Women (Black Mountain), Craggy (Asheville), Marion (Marion), Avery-Mitchell (Spruce Pine), and Mountain View (Spruce Pine). If you would like to be of service in corrections, contact Tammy Z, the Women's Corrections Chair at corrections_women@ashevilleaa.org. District 70 is in need of a Men's Corrections Chair. If you are interested in this service position, please attend the next GSR meeting. In the interim both women and men can contact Tammy Z.

Literature and Grapevine Committee – Chair position is open. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR meeting.

Technology Committee – Chairperson is Joe L. The goal of this committee is to help A.A. members and groups become more informed about technology issues and needs. Volunteers and new ideas are always welcome. For more information contact Joe at: technology@ashevilleaa.org

Treatment Facilities Committee – Chairperson is Mike. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

"Bridging the Gap" (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from "inside" the program to life on the "outside". They particularly need women volunteers and still need a Bridging the Gap Co-Chair. If you are interested in volunteering, please attend the next GSR meeting. To connect with Avery L, the Bridging the Gap Chair, email him at bridgingthegap@ashevilleaa.org. For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org.



District 71

GSR Business Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, February 10, 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! Check their website for meeting updates and links: <https://www.nc71.org/>



There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for the jails. The following positions are still open: Alt. DCM, CO Trustee, and Chairs for CPC/PI, Bridging the Gap and Grapevine. See website for information on these positions. If you have any questions, contact Alan, the new DCM, through the District website: <https://www.nc71.org/contact>



District 80

GSR Business Meeting – held quarterly. The next meeting will be **Sunday, April 14; NOTE - New time: 1:30pm**. This will be a hybrid meeting with zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU high tech zoom system; the password and sign on information will be emailed to participants 30 minutes before meeting. Check their website for meeting updates: <http://aawnc80.com/events>



Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, call or email Central Office: 828-254-8539; info@ncmco.net



WNC AA Tri-District Service Rally - "Alcoholics Into Action Through Service" is scheduled for Saturday, May 4, 9:00am-3:00pm. (Setup, coffee, and Danish at 8:00am) Hosted by Districts 70, 71 & 80 and NCMCO. A day of fellowship, fun, food, panels, speakers, inspiration, education, and service opportunities galore! Covenant Community Church, 11 Rocket Dr, Asheville 28803. See flyer for more details. If you have questions or want to volunteer, text George at 601-310-6699, or contact Central Office: 828-254-8539; info@ncmco.net



The **Murphy Intergroup** has closed and a new Intergroup serving much of Southwestern North Carolina and North Georgia has opened in Blairsville, GA, under the name **AA Mountain Intergroup**. For more information and upcoming events see their website: <https://aamountainintergroup.org/>

Does Your Group Have a New GSR or Alternate GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com



Happy Anniversary!

Acceptance Group

Melissa R.	2-09-2019	5 yrs
Wil W.	2-11-1983	41 yrs
Pam H.	2-23-2022	2 yrs
Miranda W.	2-22-2023	1 yr
Christy G.	2-21-2014	10 yrs

Back to Basics Group - Weaverville

Mike P.	2-01-2009	15 yrs
Stacy R.	2-04-1998	26 yrs
Shannen B.	2-28-2022	2 yrs

Black Mountain Group

Cat F.	2-23-2012	12 yrs
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Candler K.I.S.S. Group

Zachary W.	2-22-2011	13 yrs
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Conscious Contact

Bill H.	2-15-2022	2 yrs
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Cumberland Group

Dan P.	2-09-1998	26 yrs
Billy L.	2-16-2015	9 yrs

Daily Decisions Group

Blue	2-08-2005	19 yrs
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Fellowship Group

Karen W.	2-05-1987	37 yrs
Kent S.	2-07-2009	15 yrs
John L.	2-07-2021	3 yrs
Marc M.	2-07-2021	3 yrs
Jason AG.	2-08-2020	4 yrs
Kaitlyn K.	2-14-2022	2 yrs
Jackie D.	2-16-2014	10 yrs
Dustin H.	2-27-2021	3 yrs

Good Livers

Mark S.	2-06-2015	9 yrs
Karen D.	2-10-2009	15 yrs
Michele F.	2-18-2001	23 yrs
Mary S.	2-18-2012	12 yrs

Grace Group

Ben P.	2-02-2020	4 yrs
Joe E.	2-05-2015	9 yrs
Brackley V.	2-05-2021	3 yrs
Geoff S.	2-06-2008	16 yrs
Shaelyn T.	2-06-2020	4 yrs
Jason S.	2-07-2012	12 yrs
Mary B.	2-10-1981	43 yrs
Karen D.	2-10-2009	15 yrs
Kelly K.	2-10-2021	3 yrs
Farrell S.	2-11-2015	9 yrs
Doug L.	2-12-2021	3 yrs
Rowan	2-14-1991	33 yrs
Ken K.	2-14-2016	8 yrs
Susan D.	2-15-1986	38 yrs
Sabra R.	2-15-2008	16 yrs
Jerry T.	2-15-2011	13 yrs
Daniel H.	2-15-2019	5 yrs
Margery K.	2-22-2004	20 yrs
Jamie D.	2-22-2021	3 yrs
Ashley G.	2-24-2010	14 yrs
Renee F.	2-24-2021	3 yrs
Ben M.	2-26-2019	5 yrs
Ashley R.	2-27-2019	5 yrs
Quinn M.	2-29-2016	8 yrs

Happy Hour Group

Ken F.	2-25-2012	12 yrs
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Hendersonville Group

Bill G.	2-12-1982	42 yrs
Kimberly M.	2-14-2020	4 yrs
Kim S.	2-22-2019	5 yrs
Kelly F.	2-22-2022	2 yrs

Hendersonville Men's Group

David T.	2-04-1994	30 yrs
John A.	2-12-1991	33 yrs
Scott A.	2-14-2017	7 yrs

Hey Girl, Surrender Group

Jackie L.	2-23-2015	9 yrs
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Lambda Group

Amy N.	2-12-2016	8 yrs
Russell G.	2-15-2018	6 yrs
Kyle W.	2-18-2021	3 yrs

Mars Hill Group

Brian D.	2-01-2006	18 yrs
Mike W.	2-24-2006	18 yrs
Phil L.	2-26-2012	12 yrs
John W.	2-28-1986	38 yrs

Mission Group

Leslie W.	2-21-1997	27 yrs
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Motley Crew/Columbus

Tom D.	2-05-1995	29 yrs
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Phoenix Group

Tonya K.	2-01-2013	11 yrs
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Serenity Seekers - Marion

Gary B.	2-05-2017	7 yrs
Dean G.	2-12-2002	22 yrs
Dexter C.	2-17-2019	5 yrs

Sober Sisters of Black Mountain

Suzy L.	2-28-2009	15 yrs
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Sober Sisters of Burnsville

Tricia M.	2-02-2020	4 yrs
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Total Surrender Group

Josh H.	2-23-1999	25 yrs
Cat F.	2-23-2012	12 yrs
Tom M.	2-25-2019	5 yrs

Traditional Group

Keenan H.	2-18-2019	5 yrs
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Waynesville Grace Group

JoAnne M.	2-16-2006	18 yrs
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West Asheville Group

Avery	2-11-2020	~ yrs
Kyle J.	2-27-2019	5 yrs

Women's Big Book Step Study Group

Ali W.	2-12-2011	13 yrs
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Women of Courage

Sal L.	2-02-1994	30 yrs
Annie B.	2-07-1998	26 yrs
Mary M.	2-09-2023	1 yr
Nicole P.	2-10-2016	8 yrs
Michaelann	2-14-1985	39 yrs
Nancy K.	2-14-1992	32 yrs
Marti R.	2-17-1991	33 yrs
Cathy H.	2-28-1987	37 yrs
Suzanne L.	2-28-2023	1 yr

The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office: 828-254-8539 or send a new list to: info@ncmco.net The March newsletter deadline for sending in anniversaries and announcements is February 15.



Does your group have a

COR?

(Central Office Representative)

What are Central Office Representatives?

What are their duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for details:

<https://aancmco.org/index.php/events/>

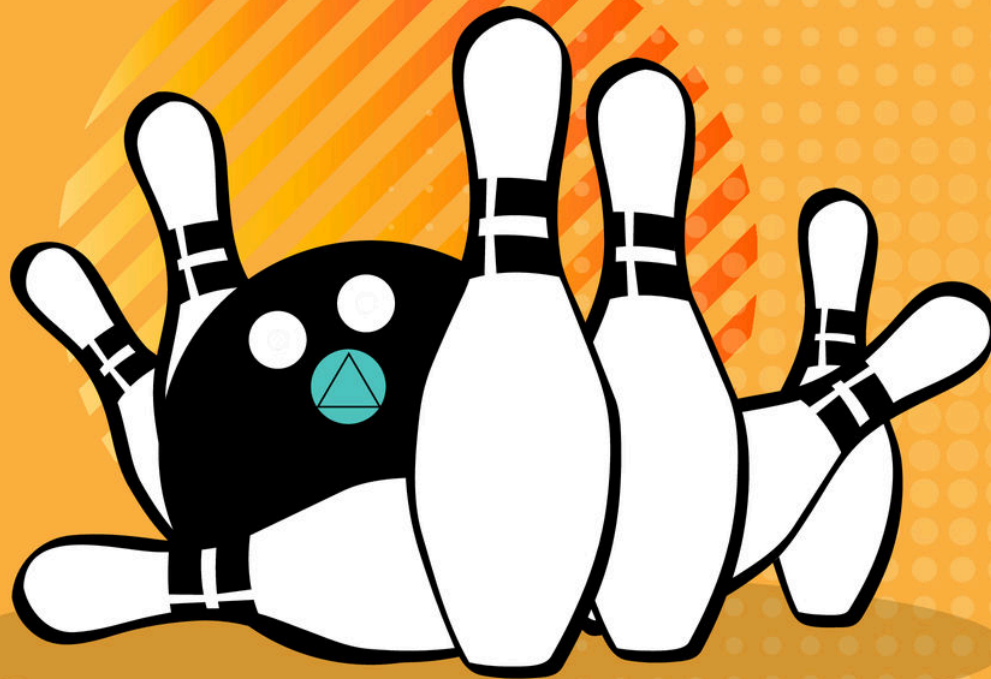
(They have great food too!)

Bowling



FRIDAYS @ SKY LANES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



WHERE?

Sky Lanes
1477 Patton Ave
Asheville

WHAT TIME?

Every Friday
at 1:30PM

HOW MUCH?

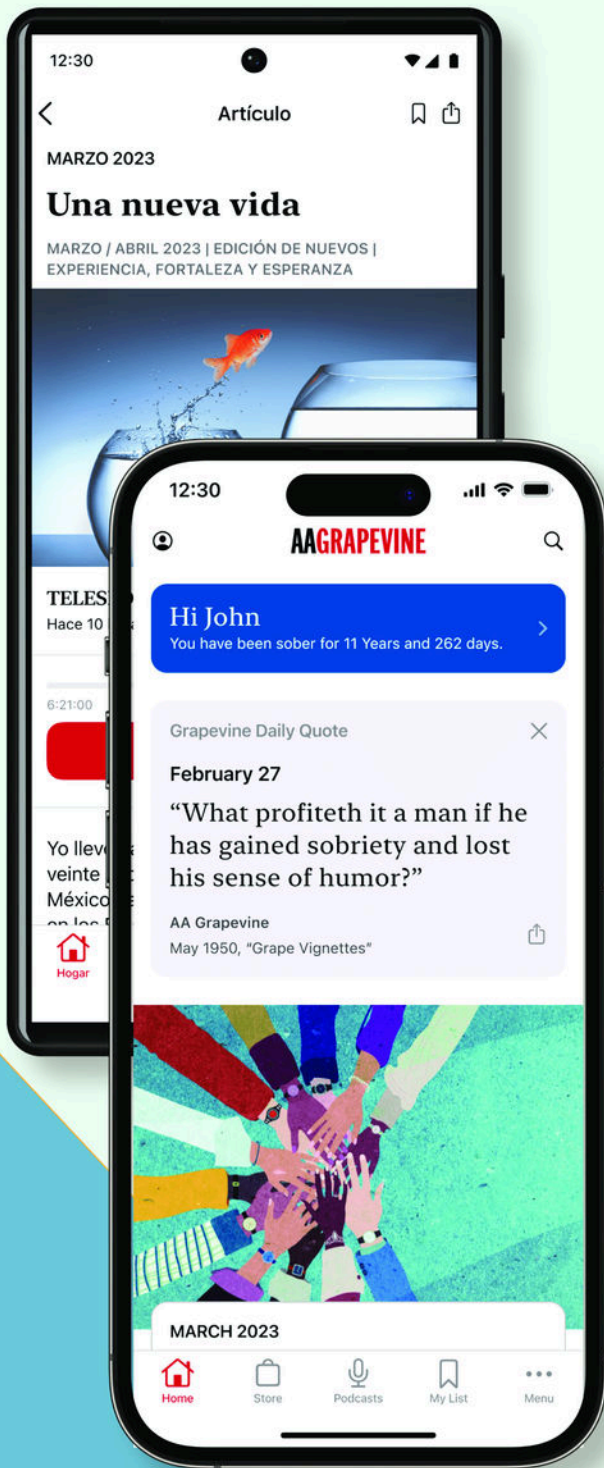
\$5 per game
\$3 shoe rental

AVAILABLE NOW!

THE NEW GRAPEVINE & LA VIÑA APPS!

- Read or listen to every issue
- Search our vast GV/LV Archives
- Keep track of your sobriety and spiritual practices
- Listen to our podcast
- Share AA stories and area events with friends
- Find meetings and connect to aa.org

DOWNLOAD
NOW!
Take GV &
LV wherever
you go!



Download on the
App Store



GET IT ON
Google Play



For more information visit:
www.aagrapevine.org/apps

• SEVENTH ANNUAL •

Spring Into Action Conference

FEBRUARY 3, 2024

10:00 AM–4:00 PM

New Hope Baptist Church
3007 Beechtree Dr.
Sanford, NC 27330

Schedule

- | | | |
|--------------------|--|------------------------------|
| 10:00-11:00 | A Vision for You – Yesterday and Today | (Amanda K – Fayetteville NC) |
| 11:00-11:30 | Break | |
| 11:30-12:30 | Practice These Principles – Everywhere | (Dwight C – Elm City NC) |
| 12:30-1:30 | Lunch - Food Trucks (accepts cash & card) | |
| 1:30-2:30 | Carry This Message - We Can Help Others | (Suzy S – Raleigh NC) |
| 2:30-3:00 | Break | |
| 3:00-4:00 | Spiritual Entity - The Home Group | (Mark N – Richmond VA) |
| 5:00 - | Dinner and fellowship in downtown Sanford | |

* Purpose of the conference is to become more effective at living and carrying the simple AA message.

* Free event! We will pass a basket to practice the 7th tradition.

* All are encouraged to bring snacks to share with the group.

2024

60th International Women's Conference

VIRTUAL!

INTERNATIONALWOMENSCONFERENCE.ORG



February 8-11, 2024
Live from Portland, Maine

KEYNOTE SPEAKERS broadcast to you from Portland, Maine
ENTERTAINMENT and fellowship Friday and Saturday nights

HYBRID PANELS: Attend select panels as they happen live

EXCLUSIVE online panels & workshops for attendees

OPPORTUNITIES to be of service to other sober women

\$15

Registration

<https://internationalwomensconference.org/>



Questions? IWCPORTLAND24@GMAIL.COM

STEPPING INTO SERENITY WOMEN'S CONFERENCE FEBRUARY 23-25, 2024 CHATTANOOGA, TN



Hotel Info:

Doubletree by Hilton
407 Chestnut Street
Chattanooga, TN 37402
423-756-5150

Room Rates: \$121.00
Reservation Code: SIS
Reserve by: 01/23/2024



SPEAKERS

Jennifer D. Wilmington, NC	Step 1
Mari G. Markham, Canada	Step 2 & 3
Judith R. Bismark, ND	Step 4 & 5
Amy D. Louisville, KY	Step 6 & 7
Leslie S. Atlanta, GA	Step 8 & 9
Jessica J. Georgetown, TX	Step 10 & 11
Brenda J. Mckinney, TX	Step 12
Diane A. Nashville, TN	Alanon



Registration: \$30 until January 1st, 2024

At the Door: \$35 after January 1st, 2024

Please make check or money order to "SIS" and mail to

Stepping Into Serenity

P.O. Box 21203

Chattanooga, TN 37424

www.steppingintoserenity.org



AA Alanon Volunteer ASL
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email: _____
Name on Badge: _____

AA Alanon Volunteer ASL
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email: _____
Name on Badge: _____

TCYPAA 2024

HOW DARK IT IS
BEFORE THE DAWN

SCAN HERE TO REGISTER



WWW.TCYPAA2024.COM

FEB. 23rd TO THE 25th

CLARION HOTEL JACKSON NORTHWEST

541 CARRIAGE HOUSE DR, JACKSON, TN 38305

(731) 668-6000 CODE: "TCYPAA"

\$89/NIGHT



Plain Language Big Book Information Session

February 25th
2:00 pm – 4:00 pm EST

Zoom ID: 867 2200 6265

Passcode: 924686

Special Guest:
The Chair of the TABB Subcommittee
(Tools for Accessing the Big Book)

A Subcommittee of the Trustees' Literature Committee

Presented
by the
South East
Regional
Delegates



Spanish Language Interpretation Provided
1000 Participant Limit

Sesión Informativa sobre el Libro Grande en Lenguaje Sencillo

25 de Febrero

2:00 p.m. – 4:00 p.m. EST

Zoom ID: 867 2200 6265

Código de acceso: 924686

Invitado especial:

**El Presidente del Subcomité TABB
(Herramientas para acceder al Libro Grande)**

Un Subcomité del Comité de Literatura de los Fideicomisarios

Presentado
por los
Delegados
Del
Regional
Sudeste



**Se Proporciona Interpretación en Español
Límite de 1000 participantes**

35th Annual “FREEDOM FROM BONDAGE”

Area 51 A.A. Corrections Conference

March 8, 9 & 10, 2024

Friday Registration begins at 5:00 pm

Hampton Inn & Suites
200 Columbus Drive
Aberdeen, NC 28315



Registration for Conference
\$25

Online Registration:
<https://aanorthcarolina.org/35th-annual-freedom-from-bondage/>

Hotel Registration

Hampton Inn & Suites
200 Columbus Drive
Aberdeen, NC 28315

Room Reservations Group Code: **CHHFFB**
(910) 693-4330
or online: <https://bit.ly/35FFBHamptonInn>

Rate: \$116 Standard Room, \$136 Room with Suite
Cut-off for special room rate: February 9, 2024

Agenda

- ❖ Speakers
- ❖ Panels
- ❖ Workshops
- ❖ Area 51 Coordinator Displays
- ❖ Fellowship
- ❖ All the coffee you can drink!

For more information

Email: corrections@aanorthcarolina.org
(252) 908-0686

------(Cut here)-----

35th Annual Freedom from Bondage
Area 51 A.A. Corrections Conference
Registration rate \$25

Make checks payable to:
“CFC” and mail to
Paige W.
P.O. Box 7642
Rocky Mount, NC 27804

Name: _____

Name on Badge: _____

Address: _____ City: _____

State: _____ Zip: _____ Telephone: (_____) _____

Email: _____

Area 51 2024 Virtual Preconferences

March 10, 2024 3pm-5pm

April 3, 2024 6pm – 8pm

Zoom Info

Meeting ID: 656 316 7536

Passcode: 924686

<https://us02web.zoom.us/j/6563167536?pwd=ZmZlY3dKZU5MNllhR0xydjFZK3RDQT09>

Topics Include:

AAGRAPEVINE
The International Journal of Alcoholics Anonymous

LA VIÑA



How Should We Treat A.A. Founders' Writings?

“Therefore we expect that our Conferences will always try to act in the spirit of mutual respect and love — one member for another. In turn, this sign signifies that mutual trust should prevail; that no action ought to be taken in anger, haste, or recklessness; that care will be observed to respect and protect all minorities; that no action should ever be personally punitive; that whenever possible, important actions will be taken in substantial unanimity; and that our Conference will ever be prudently on guard against tyrannies, great or small, whether these be found in the majority or in the minority. The sum of these several attitudes and practices is, in our view, the very essence of democracy — in action and spirit.”

— A.A. Service Manual, page C-58 (Bill W. Commentary on Concept XII)

Questions?

Contact

Julie R. Delegate

delegate@aanorthcarolina.org

Denise M. Alt Delegate

altdelegate@aanorthcarolina.org

18th Annual SOBERSTOCK 2024



SOBERSTOCK 2024

UNITY • RECOVERY • MUSIC

MARCH 15-17, 2024 BROOKSVILLE, FL



Soberstock is a 3-day weekend AA/Al-Anon/Alateen event featuring speakers, meetings, bands, food & fellowship.

Soberstock is open to all members of AA/Al-Anon and their families.

Proceeds of this function will purchase Big Books and other AA literature for District 2 Jails & Institutions. The remaining profits go to the area pie chart.

Speaker Meetings!

Campfire Meetings!

Live Bands!

Outdoor Meetings!

ALL Food & Drinks provided!

Tent Camping!

When: Friday, March 15th, 2024- Gates open at Noon on Friday! Event ends on Sunday at noon.

Bike Run!

Where: "Sand Hill Scout Reservation" - 11210 Cortez Blvd, Brooksville, FL 34613

What to bring: Tents, blankets, coolers, chairs, lanterns, bug spray, snacks, NO PETS (except service animals) NO RV's

What we provide: Fri. dinner, Sat. breakfast, lunch and dinner, & Sunday breakfast.



www.soberstock.com

All SoberStock orders are on a "Will Call" basis, which means we do not mail any products or tickets. After orders are received, we simply have you on our list and you will pick up all of your items at the gate. Online orders are safe & secure and we take most major credit cards via PayPal.



FREE MUG
for the first 50 admissions
sold before Jan 1, 2024!!

ONLINE PRICING GOOD UNTIL MARCH 1ST, 2024

ONLINE PRICING vs GATE PRICING:

1 DayPass - \$40.00 per person/\$50 Gate

Weekend - \$75.00 per person/\$90 Gate

Child under 12-1 DayPass - \$5.00/\$10 Gate

(CHILDREN ALLOWED ONLY IF ACCOMP. BY PARENT/GUARDIAN)

Child under 12-Weekend - \$10.00/\$15 Gate

Tent Pitching: \$15 Per tent (We don't supply tents)

T-Shirts: \$20/ea (Sizes: S, M, L, XL, 2XL)

Bike Run: \$20 (FREE if you buy a day or weekend pass)

**NOTE: WE ONLY TAKE CASH OR CHECKS AT THE GATE
NO CREDIT/DEBIT CARDS AT THE GATE!**

All sales are final, and non-refundable.

This is a Rain Or Shine Event. When ordering online, we don't ship items to you.

We will have all items for you (INCLUDING TICKETS!) at the front gate day of the event on a Will Call basis.

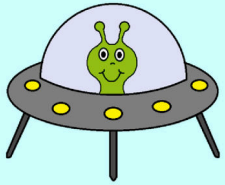
Thank you so much for your cooperation!

NEW! Bike Run!

We're having our first bike run (motorcycles) at Soberstock this year. Please visit our website for more details!

Scan me for ALL the info!

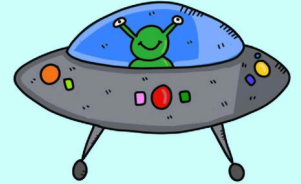




Area 51

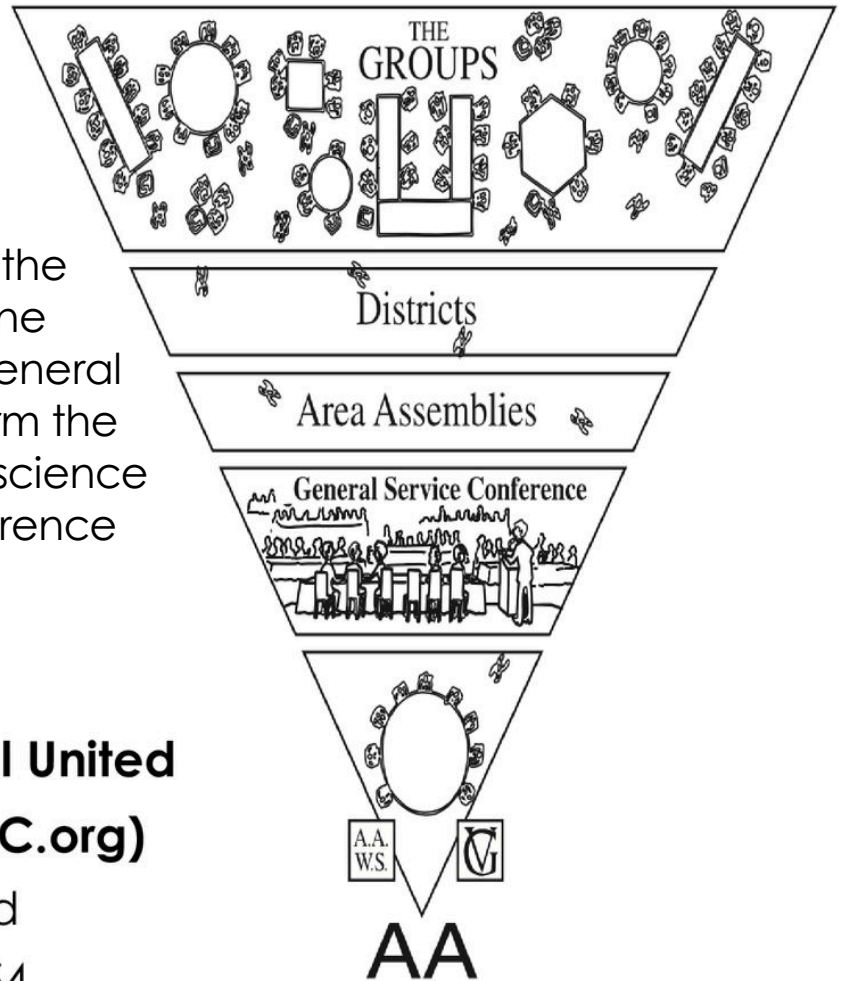
2024 Western Pre-Conference

When - March 23 - 12 - 4 PM



The Pre-Conference is open to all AA members.

An opportunity to meet with the Delegate, Julie R., who represents the voice of our Area. We will discuss the agenda items of the upcoming General Service Conference to better inform the Delegate of the Area's group conscience before the General Service Conference convenes in New York.



Where: Myers Memorial United Methodist Church (UMC.org)

301S New Hope Rd
Gastonia, NC 28054

March 23, 2023 - 12:00 pm – 4:00 pm

Lunch provided

BBQ Contest

Hosted by District 12 & District 13

Questions? Contact - Byron P - anonymouslyacquired@gmail.com or
Joe P - joseph.pata@icloud.com - 704-839-1585

Please bring Sides and/or Desserts to share - Sign Up Available



What is a Pre-Conference?

Structure of the Conference U.S. and Canada

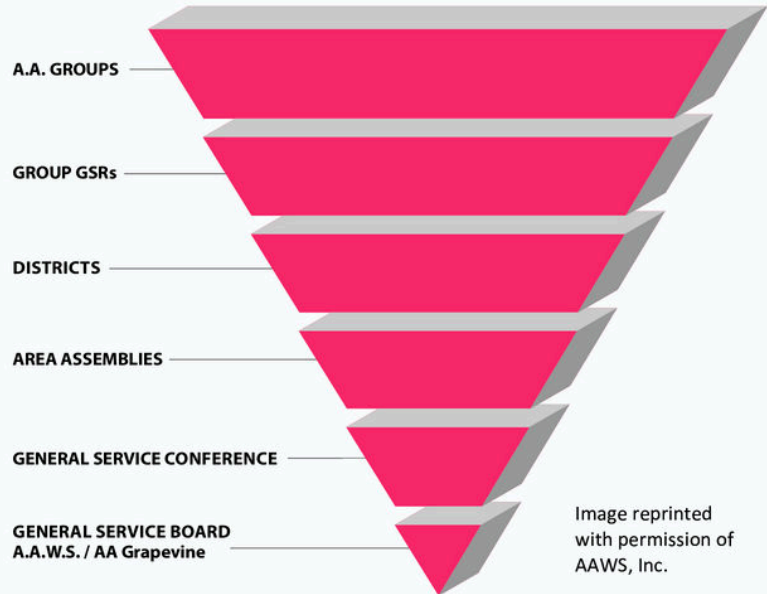


Image reprinted with permission of AAWS, Inc.

The Area 51 Pre-Conferences are events where all AAs can learn about & give their input on agenda items that will be discussed at the General Service Conference.

They provide an opportunity to involve, inform, and inspire our members with a thorough understanding of the General Service Conference structure and process. Additionally, the Pre-Cons provide feedback from our membership on the challenges and opportunities facing AA as a whole. This interactive process comes alive with participation, discussion, and debate.

What are Conference agenda items and how do we discuss them?

Items that will be covered at the Preconference are pulled from the Conference agenda. They could have originated from any level of the triangle, and from any Area in our Service Structure. Any items that originated in Area 51 may have been presented at the Area Assembly. The Pre-conferences gives us the opportunity to discuss agenda items that may have come from other areas. Short presentations will introduce the topics however the majority of the time is allocated to sharing sessions providing feedback to the Delegate.

What's the difference between the Assembly and the Pre-conference?

	Vote on Items relevant to NC or AA as a whole	Discuss items relevant to NC	Discuss items relevant to AA as a whole	Inform the Delegate	Reports from Coordinators	Workshops
Assembly	X	X			X	X
Preconference			X	X		

Why Do We Need a Conference?

The late Bernard B. Smith, nonalcoholic, then chairperson of the board of trustees, and one of the architects of the Conference structure, answered that question superbly in his opening talk at the 1954 meeting: "We may not need a General Service Conference to ensure our own recovery. We do need it to ensure the recovery of the alcoholic who still stumbles in the darkness one short block from this room. We need it to ensure the recovery of a child being born tonight, destined for alcoholism. We need it to provide, in keeping with our Twelfth Step, a permanent haven for all alcoholics who, in the ages ahead, can find in A.A. that rebirth that brought us back to life.

"We need it because we, more than all others, are conscious of the devastating effect of the human urge for power and prestige which we must ensure can never invade A.A. We need it to ensure A.A. against government, while insulating it against anarchy; we need it to protect A.A. against disintegration while preventing overintegration. We need it so that Alcoholics Anonymous, and Alcoholics Anonymous alone, is the ultimate repository of its Twelve Steps, its Twelve Traditions, and all of its services.

"We need it to ensure that changes within A.A. come only as a response to the needs and the wants of all A.A., and not of any few. We need it to ensure that the doors of the halls of A.A. never have locks on them, so that all people for all time who have an alcoholic problem may enter these halls unasked and feel welcome. We need it to ensure that Alcoholics Anonymous never asks of anyone who needs us what his or her race is, what his or her creed is, what his or her social position is." Pg 40 2021-2023 AA Service Manual

EVOLUTION OF A CONFERENCE ADVISORY ACTION

1	An idea, suggestion, question, concern or subject comes from A.A. members, G.S.R.s, D.C.M.s, Area Committee members, Delegates, Trustees, or G.S.O./GV Staff, and may be shared or discussed at the group, district and Area Assembly and sent to the	Conference Coordinator G.S.O.
2	The idea is reviewed by the G.S.O./GV Staff and forwarded to	Appropriate Trustees' Committee
3	which then may refer the matter to the	Appropriate Conference Committee
4	which meets during the General Service Conference week and makes recommendations that are presented in the Committee Report to the . . .	General Service Conference
5	if a Conference Committee recommendation is approved, after full floor discussion, it becomes a Conference Advisory Action , which becomes binding when approved by the	General Service Board

"Most questions suggested for the Conference agenda are assigned to one of the 13 standing committees, where items can be discussed in small groups before being considered by the full Conference body. Without committees, it is doubtful that any Conference would be able to function effectively."

The A.A. Service Manual, p. 44

The Second Blue Ridge Roundup

April 4, 5, 6, 7, 2024

YMCA Blue Ridge Assembly • Black Mountain, North Carolina

Formerly the **KANUGA LAKE ROUNDUP**

The Blue Ridge Roundup Committee invites you to attend a weekend of AA fellowship and programs in the beautiful mountains of Western North Carolina. The facilities of the Blue Ridge Assembly are relaxing, the food is excellent and the atmosphere is warm in the traditional AA way.

Details and Important Information

ACCOMMODATIONS: There will be room accommodations at the **Blue Ridge Center**. All rooms have 2 beds and will accommodate 2 people per room. Rooms are on a first come first served basis. Singles who have a roommate preference please write on the back of your reservation card.

RESERVATIONS: The roundup will begin this year on Thursday. Registration opens at 3:00 pm.

COST: Blue Ridge Center

Arrive Thursday... \$405.00 per person (includes registration, room, meals, and brunch on Sunday a.m.) payable with your registration, minimum deposit of \$150.00 per person; balance on arrival

Private Rooms... \$510.00 based on availability

Arrive Friday... \$270.00 per person (includes registration, room, meals, and brunch on Sunday a.m.) payable with your registration, minimum deposit of \$100.00 per person; balance on arrival

Private Rooms... \$340.00 based on availability

COMMUTER REGISTRATION: Arrive Thursday... \$157.00 per person - includes all meals and brunch on Sunday a.m.

Arrive Friday... \$105.00 per person - includes all meals and brunch on Sunday a.m.

Please Note: There are limited Comuter Registrations available.

REGISTER NOW to be assured of acceptance. Due to the limited number of registrations first in, first accepted. Reservations must be made prior to March 22.

REFUNDS: All cancellations prior to March 22, 2024 are subject to a \$10.00 per person cancellation fee. No refunds will be made after March 22, 2024.

MORE INFORMATION OR QUESTIONS: Elizabeth P. - 919-880-4026 or visit our website at www.blueridgeroundup.org



PLEASE NOTE: No children or pets allowed please. The Blue Ridge Assembly is a smoke free facility.

SPEAKERS

Shelley S..... Raleigh, NC
Felicia J..... Durham, NC
Mike M..... Frederick, MD
Lindy L..... Taylors, SC

REQUEST FOR RESERVATION

April 4, 5, 6, 7, 2024

Please check one:

Blue Ridge Center:

Arrive Thursday: \$405 per person Private: \$510

Arrive Friday: \$270 per person Private: \$340

Commuter Registration: (Limited Spots Available)

Arrive Thursday: \$157 per person

Arrive Friday: \$105 per person

Mail to: Blue Ridge Roundup

PO Box 10272 • Raleigh, NC 27605

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone No.: (____) _____

Email: _____

Name on Badge (s): _____



AA Convention with Al-Anon Participation



16th ANNUAL SPRING FLING CONVENTION

“Easy Does It”

April 19 - 21, 2024



Friday 6:00 p.m. BBQ & Washers

Friday 8:00 p.m. AA Speaker

Jennifer K. – Plano, TX

Friday 10:-00 p.m. YP Speaker

Saturday 8:30 a.m. Al-Anon Meeting

Saturday 10:00 a.m.

Workshop

Saturday 12:00 p.m. Al-Anon Lunch

Saturday 1:00 p.m. Al-Anon Speaker

Catherine T. – Dallas, TX

Saturday 3:00 p.m. Speaker Panel

Saturday 4:30 p.m. Al-Anon Meeting

Saturday 6:30 p.m. BANQUET

Saturday 8:00 p.m.

Jason J. – Oregon City, OR

Sunday 9:00 a.m. Breakfast

Sunday 10:00 a.m.

Deb H. – Akron, OH

ACTIVITIES

FRIDAY
BBQ & Washer Games
Young People’s Meeting
Ice Cream Social
Games w/prizes

SATURDAY
Banquet
Table Trivia
Speaker Panel
Games w/prizes
DJ & Dancing

Merchandising &
Marathon Meetings &
Activities Room Open
All weekend long

Hilton St. Louis Airport

Special Room Rate \$97

Mention Spring Fling code: **SFR**

Reserve before 3/20/24 for reduced room rate

10330 Natural Bridge Rd

St. Louis, MO 63134

314-426-5500

www.springflingstl.com

Spring Fling Chair – Susan B. 314-583-5296

Registration Chair – Liz C. 314-479-3560

springflingconvention@yahoo.com

FREE PARKING

PLEASE REGISTER EARLY!!!

To register, get information or sign up for Service: www.springflingstl.com

CONVENTION REGISTRATION FORM

- Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126
- Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.
- Make checks/money orders payable to Spring Fling Convention
- To sit together, please submit together – 10 people per table

Name: _____
Phone: _____ AA Al-Anon

Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only.

Email: _____
Address: _____

City _____ State _____ Zip _____

Pre-Registration	\$20	_____
Door Registration	\$25	_____
Friday Night BBQ	\$15	_____
Friday Night Ice Cream Social	\$7	_____
Al-Anon Luncheon Saturday	\$25	_____
Banquet Saturday Night	\$40	_____
Sunday Breakfast Buffet	\$15	_____
Hospitality / Scholarship Donation		_____
Total Amount to be Paid		_____

Please list any special needs here: _____

Flyer revised 10-27-23

Cut-off for mail-in registration is April 12, 2024

STORY SOLICITATION

"Do You Think You're Different?" Pamphlet Update
Deadline for submissions: April 30, 2024

<https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426>

The trustees Literature Committee is seeking stories from AA members with diverse backgrounds. This is in response to the 2022 Conference Advisory Action that the trustees' Literature Committee revise the pamphlet "Do You Think You're Different?" to update the stories to represent greater diversity.

The Trustees' Literature Committee requested that consideration be given to stories from multicultural populations, stories from A.A. members whose experience reflects multiple factors, and from diverse populations not addressed in other current A.A. literature.

Please encourage members in your area to write their personal stories for possible inclusion in the revised pamphlet "Do You Think You're Different." Stories should reflect "in a general way what we used to be like, what happened, and what we are like now."

The suggested format for typed manuscripts is 500-800 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages.

Please include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not.

Instructions for submitting your manuscript:

Deadline: Please submit on or before **April 30, 2024**

Submit your story by following this link:

<https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426>



Additional ways of sending your story:

Email: pamphletstories@aa.org

Subject Line: "Do You Think You're Different?"

Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163

On the envelope: The word "Pamphlet" should be written on the envelope and at the top of the first page of the manuscript.

Thank you for your participation in the process!



WNC AA Tri-District Service Rally

*Alcoholics Into Action
Through Service*

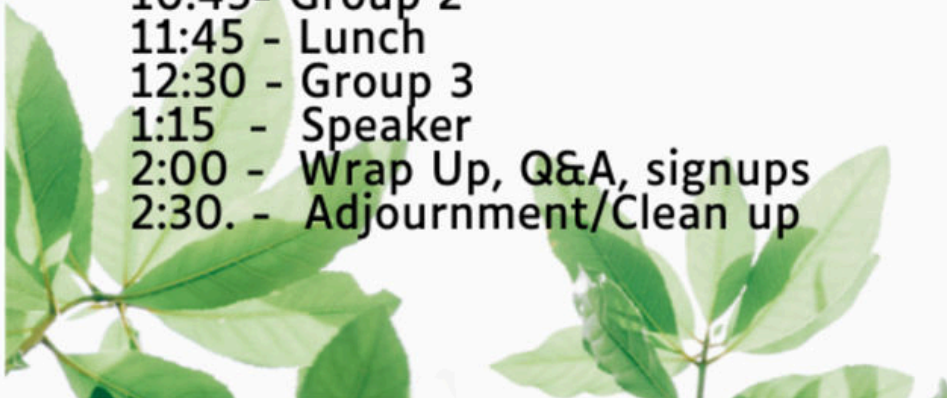
Saturday, May 4th, 2024

**Covenant Community Church
11 Rocket Dr.
Asheville, NC 28803**

*A day of fellowship, fun, food, panels,
speakers, inspiration, education and service
opportunities galore!!!*

8am - Setup, coffee, danish
9:00 - Welcome
9:15 - Service Speakers Group
10:15- Break
10:45- Group 2
11:45 - Lunch
12:30 - Group 3
1:15 - Speaker
2:00 - Wrap Up, Q&A, signups
2:30. - Adjournment/Clean up

*Want to volunteer to
help at the event?
Text George @
(601) 310-6699*



FIRESIDE SOBRIETY CIRCLE



STRENGTH

KINDNESS

HONESTY

SHARING



CAMPOUT

May 9-12, 2024

**YOGI in the SMOKIES CAMPGROUND
BIG COVE ROAD, CHEROKEE, NC**

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS, SPONSORS/SPONSEES...and your POW WOW REGALIA!

Contact: Herb W. at 828-506-8563 or firesidesobriety@gmail.com

Registration begins **Thursday after the Sacred Fire is lit!**

NO PETS in Food Serving/Eating Area, Pow Wow, or Sacred Fire Areas

NO PETS AT TENT SITES

- ~NA/AA/AI-Anon Speakers~
- Talking Circles ~ Native Teachings
- ~Meetings, Meetings, Meetings~
- ~T-shirts/Long sleeve shirts~
- ~SOBRIETY Pow Wow~
- ~Sobriety Countdown~
- "MUCH MORE"

PRE-REGISTRATION: \$55/PERSON (kids under 10 are FREE, 11-12y/o \$15, 13-18y/o \$20). \$60 at the Gate. Price includes breakfast and dinner and tent/camper site for three (3) nights. Lunch is on your own.

EARLY REGISTRATION ENDS May 3rd

NAME(S): _____

ADDRESS: _____

EMAIL(S): _____ / _____

PHONE #: H) _____ (C) _____ (C) _____

In Party: _____ Amount Enclosed: _____

Cut & Mail Registration Form by May 3rd
With Checks Made Payable to: Fireside Spring 2024

FIRESIDE CIRCLE
C/O Herb Wachacha
PO Box 2015
Cherokee, NC 28719

Area 51 Spring Committee & Assembly Meeting

May 17-19, 2024

LAKE JUNALUSKA CONFERENCE & RETREAT CENTER

91 North Lakeshore Drive, Lake Junaluska, NC 28745

ADVANCE HOTEL INFORMATION

Deadline for Reservations: Wednesday, April 17, 2024

Group Name: NCGSCAA Assembly Meeting

Link: <https://tinyurl.com/2tjuajbr>

Terrace Hotel Room Rates: \$152.00 Single/Double, \$172.00 Triple, \$192.00 Quad

Lambuth Inn Room Rates: \$132.00 Single/Double, \$147.00 Triple, \$162.00 Quad

11% room tax will be added.

PLEASE SEE THE BACK FOR INFORMATION ABOUT THE DIFFERENT LOCATIONS AND THE MEAL PLAN

Phone: 800-222-4930, ext. 1

Website: www.lakejunaluska.com

For Best Results:

- PLEASE MAKE YOUR RESERVATIONS EARLY!!!
- Call as soon as possible but before the deadline. It's easier to cancel a reservation than to get one at the last minute!
- Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Specify the group name "NCGSCAA Assembly Meeting."
- Be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability, please contact Greg K., the Area Chairperson, at chair@aanorthcarolina.org.

**Thank you for your service and support of Area 51.
See you at the Spring Committee and Assembly Meeting!**

Additional Information for our stay at Lake Junaluska:

- The Terrace Hotel is across the street from our meeting venue in the Harrell Center; the Lambuth Inn is farther away. It is a 10- to 15-minute walk between Lambuth and Harrell, involving a long hill. There is a trolley and a mini shuttle.
- **Optional Meal Plan:** If you would like to eat on site, there is a meal plan available. The options are: 3 meals for \$49.50 + tax/service fees (Sat Lunch, Sat Dinner; Sun Breakfast) or 5 meals for \$82.50 + tax/service fees (Fri Dinner; Sat Breakfast, Lunch, Dinner; Sunday Breakfast). You will need to order the meal plan when you make your reservation. There will not be tickets available onsite the weekend we are there.
- **Check in/Check out:** Check in will be available at 4:00 PM on the arrival day at the **Bethea Welcome Center located at 91 N Lakeshore Drive** (first building on your left as you enter from Highway 19); check out will be at 11:00 AM on the departure day.
- The discounted room rates are available for two days pre and post our event, based on availability, if you would like to plan a long weekend in the mountains.
- **Commuters:** For people attending our meeting, but not staying at Lake Junaluska, there is a \$5.00 per person per day commuter fee.
- **Cancellations:** There will be a \$15.00 per person charge for cancellations occurring more than 15 days prior to arrival. No refunds will be given for cancellations occurring within 15 days of arrival.

Why staying at our host hotel is important:

The hotels that host Area 51 events typically charge for meeting space based on how many guest rooms our attendees occupy. For every Assembly, Committee Meeting, and Convention, Area 51 has a contract that specifies the number of guest rooms the hotel will “block” for our use. If we fill at least 80% of our room block, our meeting space is *discounted about 70%*. Otherwise, the Area will be charged for rooms until we reach the 80% threshold. Free meeting space is what Area 51 budgets and what we usually achieve. However, more than once we have come up short and paid a steep price.

Area 51 makes every effort to negotiate the most favorable room rates possible. But budget hotels don't have the kind of meeting space we require, and space in larger venues is expensive. The willingness of individuals to attend Area events and to book their rooms at our host hotel is essential in making Area events affordable at all. So please attend the Area events if you can and stay at the host hotel using the group code and name whenever possible. If there is an extra cost, please consider it as a contribution to Area 51—a small sacrifice for our “common welfare,” so we can continue meeting and working together to fulfill our Primary Purpose as an Area.

“I am responsible...When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.”

Thank you for your service in Area 51!

**Please direct all
communications to:**

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

March 15, 2023

TO: Members of the General Service Conference; Intergroups and Central Offices, U.S./Canada

FROM: Sandra W., 2025 International Convention Interim Coordinator
Email: 2025ic@aa.org

Warm greetings from the General Service Office in New York!

This is a friendly reminder regarding setting up future local events for 2025, the year that the 2025 International Convention will be held in Vancouver, BC, Canada, July 3-6, 2025.

“Reflecting guidance from the Additional Consideration of the 1999 Conference Committee on International Conventions/Regional Forums, the trustees’ Committee on International Conventions/Regional Forums suggested that the area/state/provincial committees be made aware that experience has shown that planning a local A.A. event such as a convention, too near the dates of an International Convention may result in a smaller attendance at the local event; this notice to be sent out annually starting three years prior to each International Convention.”

Once again, if you would pass this information on to any local or regional planning committees who may be setting up future events for 2025, we would appreciate your cooperation.