

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

A Dream Come True

by Nachelle W. - Collingwood, Ontario, Canada

This sober high-flying pilot has found a loving fellowship in AA meetings all over the world.

Before I came into AA in 2002, I had been to three countries. As of today, I've been to 64. This is a dream come true for me. While I was a slave to alcohol, I spoke of traveling the world and living an adventurous life. Of course, none of those dreams materialized as I was too busy drinking and caught up in the insanity that goes with it. I hit my bottom and was emotionally, mentally and spiritually bankrupt when I came into the rooms of AA. I surrendered and started doing what was suggested.

My recovery included lots of meetings, working with a sponsor, getting into the Steps, being of service and praying. Slowly, as I got healthier in recovery and the fog lifted, my dreams came back to me.

I'm a professional pilot and so grateful I did not lose my career to drinking. Once I had some sober time under my belt, I was fortunate to spend three summers in Northern Canada working in forest-fire suppression. Up to that point I had been used to living in a large metropolis with multiple AA meetings each day. My home group was an Eleventh Step meeting where we would quietly meditate together as a group. But Northern Canada meetings had a different flavor to them. I loved learning about the spirituality of the local First Nations community.

I was also fortunate to have an opportunity to fly throughout Africa for five years in sobriety and two years in Afghanistan. I always took Grapevines with me and left them scattered throughout the world! Throughout my time in Africa, I was not able to attend face-to-face meetings. I'm so grateful to the many online meetings through AA Intergroup. Whether we shared via email or video, those meetings were a lifeline.

I've also traveled a lot on my time off. I loved going to meetings in other countries,

Central Office is open Monday-Friday 10am-1pm

(828) 254-8539 24/7

info@ncmco.net

aancmco.org



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especially in India, where I experienced a mix of locals and travelers with many diverse spiritual beliefs.

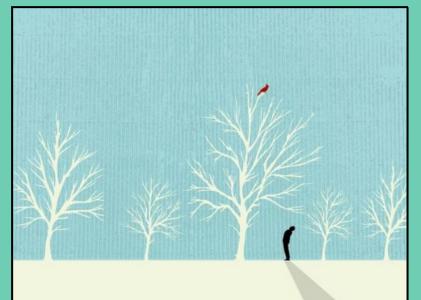
I was fortunate when I was based in Kandahar, Afghanistan. We had three meetings a week at the "Sober in the Sand" group. All Twelve Step groups were welcomed there. The population at these meetings ranged anywhere from two civilian people to 13 combined military and civilians. It was my job in Afghanistan to get our coins engraved. I picked up my eight and nine-year coins there. I was fortunate in my travels to celebrate two years of sobriety in Costa Rica. The group there sent around a little clay frog for me and shared their blessings.

In 2014 I moved back to Canada and became an airline pilot. I love going to AA meetings all over the world on layovers. I have been to meetings in English, French and Spanish. I barely speak Spanish, but I understand the language of the heart. Some meetings can be unique. Some end with the Lord's Prayer, some with the Responsibility Declaration or the Serenity Prayer. Some read "How It Works"; some simply read the Steps and Traditions.

What is always a constant no matter where I go in AA, is that whenever I walk in a room, I can deeply exhale. I know I'm safe and in a spiritual place. I have seen people of every race, religion, social class recover. Alcoholism does not discriminate and therefore neither can AA. We are united in our recovery.

I'm so grateful that in early sobriety I read in the Big Book the idea that we can go anywhere if "we are spiritually fit." I'm thankful that my dreams of traveling the world have come true, and going to AA meetings is a huge part of that. I always introduce myself when the chair asks if somebody is visiting from out of town. It provides instant connection and support.

January Grapevine now available!



Emotional Sobriety

This month's feature section is "Emotional Sobriety." Members share hopeful stories about how much better their lives are now that they have lived in the AA program for a while.

https://www.aagrapevine.org/

After-hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.



One year of sobriety is required.

Information can be found at:

https://aancmco.org/index.php/about-ncmco/service/ (scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.

Just a Jot

What if today was the day you went out of your way-not a lot, just a jot-a small little thing, let a stranger cut in when you're late for work on the highway?

A kind little word instead of the bird when some fool makes a mule of themselves, blaming you for some mess that nevertheless was only their own to confess?

And what if just two started to do something kind for a stranger today? And what if those two inspired a few, and those few inspired some more? Can you imagine all over the place, folks far and wide,

taking a moment, going out of their way--

not a lot, just a jot-practicing kindness a little each day?



And what if it started with you?

Pete S., Marshall, NC

Call & Visitor Log November 2023

12 Step Calls – 13 General Info – 0 Family Help – 2 Meeting Info – 23 Central Office Business – 46 Medical/Detox – 2 After-hours calls – 37 Visitors – 56





Visits to aancmco.org/ website: Unique Visitors – 5,328 Total Visits – 9,746; Visits/Visitor – 1.83 Total Pages – 87,685; Pages/Visit – 9.00





COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs may vote so we encourage your group to elect a COR. Your input is important to us! The next COR/Board meeting will be **Thursday, January 11, 6:00pm**, via Zoom: Meeting ID: 757 855 2319 Passcode: 000000

We will be selecting a new 12th Step Call Volunteer Coordinator (a Board-appointed position) and electing a new Alternate Chairperson (for the second year of the 2023 term) and a new Secretary (for a 2-year term that begins January 2024.) See page 5 for details of qualifications and duties.

If you are interested in being of service, please attend the next COR/Board meeting. Contact Central Office with any questions: (828) 254-8539; info@ncmco.net

For updated meeting information and Zoom link, check the website: https://aancmco.org/index.php/events/

Where to Find Meetings

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Printable In-person Meeting Guide

Meetings in all 3 Districts

Meetings in District 70

Meetings in District 71

Meetings in District 80

Cash on Hand as of 11/30/2023

Prudent Reserve \$16,134.44 Operating Account \$14,470.08 Rent Deposit - \$400.00 Petty Cash - \$50.00

Profit & Loss YTD

-	Nov 2023	Jan-Nov, 2023 (YTD)
Income		
Contributions		
Birthday Contributions		\$117.28
Group Contributions	\$1,011.55	\$30,830.25
Individual Contributions	\$47.34	\$970.16
Total Contributions	\$1,058.89	\$31,917.69
Interest on Money Market	\$1.33	\$14.78
Sales Income		
Literature & merchandise	\$3,171.64	\$29,148.65
Shipping charged to groups	\$49.04	\$701.37
Total Sales Income	\$3,220.68	\$29,850.02
Total Income	\$4,280.90	\$61,782.49
Cost of Goods Sold		
Cost of Goods Sold		-\$108.17
Credit Card Processing		
PayPal Fee	\$34.99	\$222.47
Total Credit Card Processing	\$34.99	\$222.47
Freight - vendor shipping	\$22.20	\$522.77
Literature & merchandise	\$2,775.85	\$24,218.54
Shipping to groups	\$49.04	\$729.09
Total Cost of Goods Sold	\$2,882.08	\$25,584.70
Inventory Shrinkage	\$23.99	\$327.33
Total Cost of Goods Sold	\$2,906.07	\$25,912.03
Gross Profit	\$1,374.83	\$35,870.46
Expenses		
ICOAA Conference		\$641.36
Insurance Expense		\$605.00
Office Expenses	\$1,535.98	\$1,624.23
Office Supplies	\$3.00	\$861.80
Payroll Expenses		
Gross Salary	\$1,420.00	\$17,000.00
Payroll Taxes (Company)	\$108.64	\$1,300.62
Total Payroll Expenses	\$1,528.64	\$18,300.62
QuickBooks Expenses	\$75.00	\$75.00
Rent	\$604.00	\$6,644.00
Telephone & Internet		
Office Telephone/Internet	\$178.00	\$1,342.91
Web Expenses	-\$15.90	-\$110.13
Total Telephone & Internet	\$162.10	\$1,232.78
Total Expenses	\$3,908.72	\$29,984.79
Net Operating Income	-\$2,533.89	\$5,885.67
Net Income	-\$2,533.89	\$5,885.67
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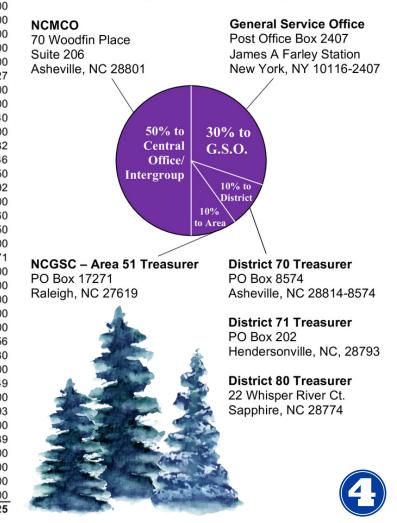
Group Contributions: 12 & 12 Study Group - 000090348	Nov 2023	YTD \$140.00
Acceptance Group 000092265	\$167.00	\$1,150.50
Agnostics Atheists Free Thinkers Gp - 000092498		\$265.00
As Bill Sees It Group (Franklin) - 000093648		\$65.00
Back To Basics Group - 000094453		\$150.00
Big Town Group - 000096080 Brevard Men's Group - 000096757		\$495.21 \$250.00
Brevard Serenity Group - 000096758		\$340.00
Bryson City Group - 000097273		\$156.00
Burnsville Group - 000235484		\$75.00
BYOC - Bring Your Own Coffee Group - 000409871		\$150.00
Candler K.I.S.S. Group - 000098073		\$464.50
Cashiers Valley Group - 000098360 Cedar Mountain Group - 000098480		\$1,340.23 \$121.00
Common Sense Group - 000099801		\$450.00
Conscious Contact Group - 000099980		\$1,156.00
Cullowhee Valley Group - 000100669		\$210.00
Cumberland Group - 000100676		\$230.00
Daily Decisions Group - 000100743 Day By Day Group - 000101059		\$2,896.82 \$452.89
Fellowship Group (Fletcher) - 000104116		\$1,680.00
Fireside Group - 000027641		\$171.73
Good Livers Group - 000107590		\$400.00
Grace Group (Asheville) - 000107789		\$1,273.10
Hendersonville Group - 000110033	¢ = 0, 00	\$399.00
Hendersonville Men's Group - 000044576 Hendersonville Midday Group - 000110035	\$50.00	\$250.00 \$60.00
H'ville Women's Big Book Step Study Group - 000110036		\$403.17
Hey Girl, Surrender Group - 000392207		\$150.00
It's In the Book Group - 000260106		\$150.00
Joy Of Living Group - 000112527	\$182.00	\$606.50
Lambda Group - 000007190 Liars Club	\$87.00	\$64.00
Lost and Found Group 000427291	\$67.00	\$640.00 \$182.25
Love & Tolerance Group - 000015029		\$75.00
Maggie Valley Group - 000016476		\$550.00
Mars Hill Group - 000017945		\$160.00
Marshall Group - 000017982		\$210.00
Mens Attitude Adjustment Group 000020095 Micaville 12 & 12		\$285.00 \$200.00
Mountainview Group - 000027730		\$295.27
Newcomers Group - Flat Rock		\$40.00
New Freedom Group - 000032374		\$415.00
Noontime Big Book Study Group - 000409637		\$72.40
Phoenix Group - 000049062		\$228.00
Practicing Principles Group - 000051260 Recovery By The River Group - 000055540		\$36.32 \$259.46
Round Table Group - 000059337	\$32.50	\$102.50
Safe And Sound Womens Group - 000060517		\$516.92
Saturday Morning Men's Meeting	\$75.00	\$675.00
Serenity Service Group - 000068387		\$692.60
Sober Sisters Group (Blk Mtn) - 000073208 Sober Sisters Group (Burnsville) - 000460489		\$438.50 \$200.00
Solutions Group - 000074739		\$502.71
South Asheville Literature Group - 000075329		\$75.00
Spiritual Fitness Group - 000076890		\$50.00
Spruce Pine Group - 000077533		\$225.00
Spruce Pine Saturday Morning Group - 000379649		\$116.00
St. Johns Early Bird Group - 000078454 The 164 Group	\$25.56	\$327.00 \$25.56
The Open Meeting Group - 000418805	φ20.00	\$140.30
The Out To Lunch Bunch Group - 000408968		\$600.00
Three Legacies Group - 000006439	\$171.49	\$171.49
Total Surrender Group - 000010020		\$264.00
Traditional Group - 000010438		\$932.93
Tuesday Night Men's Group - 000013982 Waynesville Grace Group - 000022141		\$93.00 \$3,654.39
We Think Not Group - 000025928	\$30.00	\$5,654.39
West Asheville Group - 000030473	+00100	\$20.00
Women of Courage Group - 000036989	\$191.00	\$833.00
Young Peoples Group - 000042150	¢4 044	\$300.00
Total Group Contributions:	\$1,011.55	\$30,830.25

Contributions

Individual Contributions:	Nov 2023	YTD
Anonymous	\$7.34	\$246.12
Beverly B.		\$130.00
Judy M.		\$84.00
Kay G.		\$30.00
Margaret N.	\$5.00	\$5.00
Nancy B.		\$10.04
Shannon K.	\$25.00	\$275.00
Sheila D.		\$80.00
In Memory of B.G.	\$10.00	\$110.00
Total Individual Contributions:	\$47.34	\$970.16
Birthday Contributions:	Nov 2023	YTD
Anonymous		\$34.28
Pam C.		\$40.00
Sandra F.		\$38.00
Keith F.S.		\$5.00
Total Birthday Contributions:	\$0.00	\$117.28
Total Contributions:	\$1,058.89	\$31,917.69

Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2023

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.



A Dream Come True (continued from page 1)

We are so fortunate to be part of such a wonderful worldwide Fellowship. When I first started coming to AA they told me, "You are no longer alone." I had no idea how many years later that would still ring true.

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Central Office Board Positions Open

Central Office is looking to fill three Board positions: Alternate Chair (now open since John D, the previous Alternate Chair, stepped up to take over the Chair position starting in January 2024. Thank you, John!), Secretary, and 12th Step Call Volunteer Coordinator. Below are the responsibilities and requirements for each position. If you are interested, please attend the next COR/Board meeting, **Thursday, January 11**, **6:00pm**, via zoom. For updated meeting information and Zoom link, check the website:

https://aancmco.org/index.php/events/

Alternate Chair (second year of the 2023 term)

1. Shall perform the duties of the Chairperson when requested by the Chairperson or in the case of their absence or inability to act, and shall preferably be interested in rotating to the Chairperson position if it becomes vacant.

2. Shall perform other duties as occasionally assigned.

3. Shall have at least five years' continuous sobriety at the time of taking office.

4. Shall attend Central Office Board and General Committee meetings.

Secretary (2-year term that begins January 2024)

1. Shall perform all duties incident to the office and others as assigned.

2. Shall attend and take minutes of all COR General Committee and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.

3. Shall follow the Alternate Chair in line of succession to the Chair at board meetings.

4. Shall have at least five years' continuous sobriety at the time of taking office.

12th Step Call Volunteer Coordinator (a Board-appointed position)

1. Has responsibility for maintaining the 12th Step Call Volunteer List.

2. Recruits new volunteers.

3. Works with the office manager to keep the 12th Step Call Volunteer List information current.

4. Attends Board and General Committee meetings as a voting member.

5. Shall have at least three years of continuous sobriety.

6. The suggested term will be three years.

Contact Central Office with any questions: 828-254-8539; info@ncmco.net



Special Meetings and Events

NOTE: For updates, please check the specific event websites, or https://aancmco.org/index.php/events/



Ongoing... Bowling Fridays @ Sky Lanes. Hang out with fellow A.A.s, bowl a game or two, and have some fun! **Every Friday at 1:30pm.** Sky Lanes, 1477 Patton Ave, Asheville 28806. See flyer for more information.

New Year's Day Alcathon. Monday, January 1. Hosted by Hendersonville Group of AA, 1624 Willow Rd (opposite Valley Hill Fire Dept.) Hendersonville, NC 28739. Meetings will be held at 12:00pm, 2:00pm, 4:00pm, and 6:00pm. Join us for snacks and fellowship!

Holiday Alcathon on New Year's Day. Monday, January 1. Penland Senior Center, 69 Alpine St, Murphy, NC 28906. Meetings at the first hour, then fellowship: Noon-2:00pm; 2:00-4:00pm; 4:00-6:00pm. Bring a friend and a treat to share!

Southern States Women's Conference. January 26-28. Hyatt Riverfront Jacksonville, 225 E Coastline Dr, Jacksonville, FL 32202. For more information, see flyer or visit their website: https://southernstateswomensconference.org/

Safe-Tea Party. January 27, 3:00-5:00pm. A Safety Workshop hosted by District 71. Tea, coffee, and light refreshments provided. Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. See flyer for contact information.

60th International Women's Conference. February 8-11. Portland, ME. In-person conference is sold out! To register for virtual conference, visit their website: https://internationalwomensconference.org/

Stepping Into Serenity Women's Conference. February 23-25. Doubletree by Hilton, 407 Chestnut St, Chattanooga, TN 37402. For more information, see flyer or visit their website: https://steppingintoserenity.org/

Tri-District Service Rally. Saturday, May 4, 9:00am-3:00pm.

Hosted by NCMCO and Districts 70, 71 & 80. A day of fellowship and fun. Food, panels, speakers, entertainment, inspiration and more! Covenant Community Church, 11 Rocket Dr, Asheville 28803. Contact Joe at technology@ashevilleaa.org or NCMCO at 828-254-8539.

Fireside Sobriety Circle Campout. May 9-12. Yogi in the Smokies Campground, Big Cove Road, Cherokee, NC. For more details and registration form, see flyer, or contact Herb at 828-506-8563 or firesidesobriety@gmail.com

Area 51 Spring Committee & Assembly Meeting. May 17-19. Lake Junaluska Conference & Retreat Center, 91 North Lakeshore Dr, Lake Junaluska, NC 28745. Deadline for Reservations: Wednesday, April 17; Group Name: NCGSCAA Assembly Meeting; Phone: 800-222-4930, ext. 1; Link: https://tinyurl.com/2tjuajbr; Website: https://lakejunaluska.com/. See flyer for more information.

NC Area 51 Events: https://aanorthcarolina.org/events/

GSO in New York: For events around the country and the world, as well as great information, go to: https://www.aa.org/ and Box 459: https://www.aa.org/sites/default/files/newsletters /f-36_fall2023.pdf



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **Sunday**, **January 14, 2:30pm**, via Zoom – Meeting ID: 933 8500 3069; Passcode: 672458. For updates go to the District website: https://ashevilleaa.org/calendar/

District Service Committees. If you are interested in volunteering for a committee, please attend the next GSR Business Meeting. There are several positions that still need to be filled.

Accessibilities Committee – Chairperson is Scott S. Want to make sure your A.A. group is accessible to all who want to attend? Contact Scott at access@ashevilleaa.org for an Accessibilities Checklist.

Archives Committee needs you! Chairperson is Dennis H. The Archives Committee wants A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information, contact Dennis at archives@ashevilleaa.org

CPC/PI Committee – Chairperson is George M; Tom W is Co-chair. These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact George or Tom at cpc-pi@ashevilleaa.org.

Corrections Committee – In District 70, A.A. meetings are being taken into Buncombe County (Asheville), Yancey County (Burnsville), Western Correctional Center for Women (Black Mountain), Craggy (Asheville), Marion (Marion), Avery-Mitchell (Spruce Pine), and Mountain View (Spruce Pine). If you would like to be of service in corrections, contact Tammy Z, the Women's Corrections Chair at corrections_women@ashevilleaa.org. District 70 is in need of a Men's Corrections Chair. If you are interested in this service position, please attend the next GSR meeting. In the interim both women and men can contact Tammy Z.

Literature and Grapevine Committee – Chair position is open. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR meeting.

Treatment Facilities Committee – Chairperson is Mike. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

"Bridging the Gap" (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from "inside" the program to life on the "outside". They particularly need women volunteers and still need a Bridging the Gap Co-Chair. If you are interested in volunteering, please attend the next GSR meeting. To connect with Avery L, the Bridging the Gap Chair, email him at bridgingthegap@ashevilleaa.org.

For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org.



District 71

GSR Business Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday**, **January 13**; <u>NOTE</u> new time: 9:30am, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! Check their website for meeting updates and links: https://www.nc71.org/

There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for the jails. The following positions are still open: Alt. DCM, and Chairs for CPC/PI, Bridging the Gap and Grapevine. See website for information on these positions. If you have any questions, contact Alan, the new DCM, through the District website: https://www.nc71.org/contact They will also be having a safety workshop on January 27. See flyer for details.

District 80

GSR Business Meeting – held quarterly. The next meeting will be **Sunday, January 14, 1:00pm.** This will be a hybrid meeting with zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU zoom system; sign-on information will be emailed to participants 30 minutes before meeting.

The proposal to divide District 80 into four sub-districts and be represented by an LCM (Local Committee Member) did not have substantial unanimity at the October meeting and was tabled. Further discussion and consideration will take place at the January meeting. All GSRs are encouraged to bring this matter before their groups and carry their "Informed Group Conscience" to the next District Meeting. For more information go to the District 80 Website: http://aawnc80.com/events

The Tri-District planning committee has set the date of May 4 for the **Spring "Service Rally"**. Complete details and service opportunities will be announced in the near future.

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, call or email Central Office: 828-254-8539; info@ncmco.net

The **Murphy Intergroup** has closed and a new Intergroup serving much of Southwestern North Carolina and North Georgia has opened in Blairsville, GA, under the name **AA Mountain Intergroup.** For more information and upcoming events see their website: https://aamountainintergroup.org/

Does Your Group Have a New GSR or Alternate GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: https://www.nc71.org/meeting-change-form

District 80: Email: webmaster@aawnc80.com





Happy Anniversary!

Need to update your

Group's anniversary

or send a new list to:

newsletter deadline

anniversaries and

announcements is

list? Call Central

828-254-8539

The February

for sending in

January 15.

info@ncmco.net

Office:



Fellowship Group		
Chris C.	1-10-1989	35 yrs
Ed C.	1-10-2021	3 yrs
Julia R.	1-17-2001	23 yrs
Jill K.	1-18-2012	12 yrs
Wesley A.	1-18-2012	12 yrs
Jennifer H.	1-18-2019	5 yrs
Annie V.	1-27-2019	5 yrs
Good Livers		
JoEllen W.	1-02-2008	16 yrs
Ken B.	1-02-2019	5 yrs
Nancy D.	1-06-1988	36 yrs
Bibi L.	1-09-1983	41 yrs
Christy H.	1-15-2020	4 yrs
Grace Group		
Dan A.	1-01-2018	6 yrs
Tianna S.	1-01-2018	6 yrs
Frank D.	1-01-2020	4 yrs
Doug M.	1-04-1985	39 yrs
Eli J.	1-07-2019	5 yrs
Vandy B.	1-10-2022	2 yrs
Andi K.	1-14-1999	25 yrs
Tiffanie C.	1-18-2008	16 yrs
Carla S.	1-21-2019	5 yrs
Ryan J.	1-24-2005	19 yrs
Judah L.	1-24-2019	5 yrs
Amie S.	1-25-2009	15 yrs
Heather W.	1-31-2021	3 yrs
Dylan T.	1-31-2022	2 yrs
Hendersonville G	roup	
Mike B.	1-02-2017	7 yrs
Brad V.	1-02-2023	1 yr
Hub vB.	1-17-2015	9 yrs
Timothy D.S.	1-26-2021	3 yrs

The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobrietyothers may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

We also have envelopes for sending **Birthday Contributions to the Central Office!**

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!







Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.

WHERE? Sky Lanes 1477 Patton Ave Asheville

> WHAT TIME? Every Friday at 1:30PM

HOW MUCH? \$5 per game \$3 shoe rental

Does your group have a

COR?

(Central Office Representative)

What are Central Office Representatives? What are their duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory! What are we doing well? What can we improve upon? How can we serve Districts 70, 71 and 80 more effectively? What might we do to draw more participation from groups?

Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom. See the Central Office website for details: https://aancmco.org/index.php/events/

January 2024 Edlítiom

Area 51 Delegate's **Beaming Beacon**



Information to Share

- Opening for 2 Appointed Committee Members (ACMs) with relevant military experience to help with the Military Outreach Project. Resumes due Jan 15th Letter
- How Should We Treat A.A. Founders' Writings? This topic will be discussed at our Pre-Conference events. I have provided a Form for those who cannot attend. I do encourage attendance to hear all points of view. Google Form

A 2024 New Year's Greeting from your Delegate

Dear Friends and Fellow Trusted Servants,

As we start a new year and another General Service Conference approaches, newly rotated-in trusted servants join our ranks. It is the time of year where I reflect on the past year and look forward to the upcoming year of service. I will admit that the past year was a bumpy ride for this new Delegate! But I look back fondly on the work, interactions, and new enthusiasm for General Service. Sometimes it felt like I was riding on the shoulders of our groups and sometimes the weight of our groups laid heavy on my shoulders.

Our Fellowship is built on 3 legacies, the 3-legged stool of Recovery, Unity, and Service. It is indeed an exciting time to be a part of the Service Structure. There has been pain and discomfort, but that is the touchstone to growth. What I marvel at is that most of the fellowship can disagree and still maintain unity. Nothing is more pleasing than to see two opposing sides go to the microphone to make their statements and then meet up for ice cream afterward. I wish for all of you to experience these relationships. That is the trust in our work, the love for one another, and the willingness to speak even when it is uncomfortable. As I venture into the 2nd (and last) year of my term, I hope to encourage everyone into the 3rd leg of that stool, be a part of the group conscience, respect the group conscience because it is the work of our Higher Power through all of us. AA is constantly growing and when you look back through our history, it is full of experiments, oopsies, and corrections. That is how we grow, that is why AA is strong. We stick together because we cannot stand alone even when "we" or "they" are wrong. A.A.'s Legacy of Service pamphlet has a great summation of our AA history of growth.

Please reach out if you need anything. No question or comment is ignored by the Double "Ds". I look forward to talking with all of you at our preconference events. Though I am 'half-way through' I am committed to fulfilling the role that you all so graciously elected me to do and to representing Area 51 with the respect and dignity that it deserves.

Pre-Con Event	Central	Western	Eastern	Spanish	Virtual
Date	March 16th	March 23rd	April 6th	April 7th	TBD
Info	Flyer	Coming Soon	<u>Flyer</u>	Coming Soon	Coming Soon

Inside the Delegate's Rocket Ship

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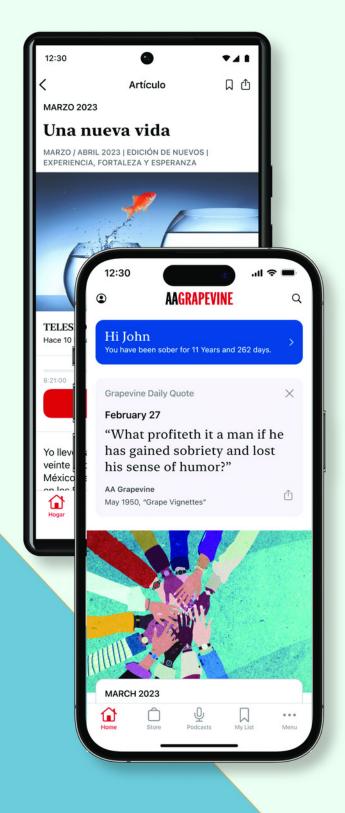
- Dec 31st Concepts and Coffee Talk Road Show 12&12&12 at the Raleigh Camel Club
- Jan 4th NH Concepts Study Concept 1 Flyer
- Jan 4th First Meeting of the Grapevine Conference Committee
- Jan 8th @ Gratitude Study Raleigh
 - Jan 14th Area 06 Information Session: Plain language Big Book Flyer
 - Jan 18th-21st Tarheel Mid-Winter Conference Link
- Jan 19th 2024 Conference Committee Chairs Orientation
- Jan 28th Triangle Intergroup Inventory



Final responsibility and ultimate authority for AA world services should always reside in the collective conscience of our whole Fellowship.

Concept 1

What Concept 1 did was to shift the advisory position of Dr Bob and Bill that the foundation looked to for guidance to the fellowship. This is the group conscience that is the final responsibility and ultimate authority. The ideas come from the fellowship and how they are implemented comes from the General Service Board. It is up to us to tell the Board what we need. It is also our responsibility to fund the ideas that we want the Board to implement. The groups are in charge and that is why they are at the top of the triangle. Sometimes business in AA can take a long time and may feel tedious. Unity in the fellowship will always be a guiding force in forming our group conscience. It is our authority and responsibility to show up and do the work of AA as groups and individuals to participate in order to keep AA safe for the future. The collective "We" are responsible.



THE NEW GRAPEVINE & LA VIÑA APPS!

- Read or listen to every issue
- Search our vast GV/LV Archives
- Keep track of your sobriety and spiritual practices
- Listen to our podcast
- Share AA stories and area events with friends
- Find meetings and connect to aa.org







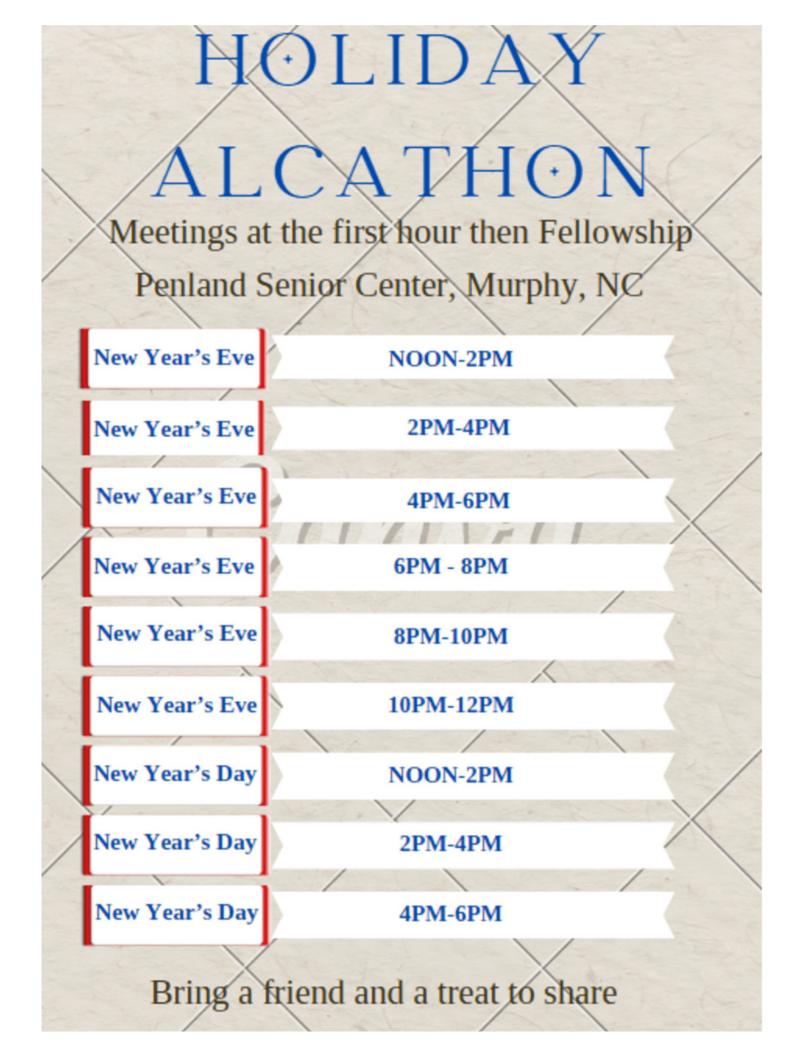
For more information visit: www.aagrapevine.org/apps



Hendersonville Group of AA 1624 Willow Rd. Hendersonville hosts New Year's Eve g New Year's Day Alcathon Sunday Meetings 11:00 2:00 4:00 6:00 8:00 Monday Meetings 12:00 2:00 4:00 6:00



Join us for snacks and fellowship!





Southern States Women's Conference January 26-28, 2024

Debbie D. (Concord, C	Steps 1 & 2			
Sharon C. (Los Angele	Sharon C. (Los Angeles, CA)			
Michalene (Escondido	o, California)	Steps 4 & 5		
Amanda B. (Montgon	nery, AL)	Steps 6 & 7		
Juanita U. (Santa Fe, N	lew Mexico)	Alanon		
Tina A. (Hollister, CA)		Steps 8 & 9		
Mildred F. (Toronto, O	N)	Steps 10 & 11		
Mary T. (Tampa, FL) Step 12				
schedule subject to change				
First Name Last Name				
Address				
Clty & State	Email			
	Program: AA	100 M		
Check here if you would like t	o volunteer at the conference:			
Check here if you would like to volunteer at the conference: Please make check for \$40 per registration, payable to Southern States Women's Conference and send to: Southern States Women's Conference P.O. Box 35100 Elmwood Park, IL 60707				

\$40 Early registration price online at <u>southernstateswomensconference.org/registration</u> or use QR code





ASL Interpreter Provided

Hyatt Riverfront Jacksonville 225 E Coastline Drive Jacksonville, FL 32202 Mention SSWC for conference pricing 904-588-1234

DISERICE 71 cordially invites you to an AA SAFE-TEA Party

On January 27, 2024 From 3-5pm at 1624 Willow Road, Hendersonville



You will participate in a Safety Workshop Presented by Madeline S. and Jerry W., Our Trusted Servants from Raleigh, NC Tea, coffee, and light refreshments provided.

Contacts: Dale L. (828)243-2832 or Ellen O. (732)245-6644



60th International Women's Conference INTERNATIONALWOMENSCONFERENCE.ORG

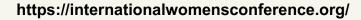
2024

VIRTUAL!



February 8-11, 2024 Live from Portland, Maine

KEYNOTE SPEAKERS broadcast to you from Portland, Maine **ENTERTAINMENT** and fellowship Friday and Saturday nights HYBRID PANELS: Attend select panels as they happen live **EXCLUSIVE** online panels & workshops for attendees **OPPORTUNITIES** to be of service to other sober women





Questions? IWCPORTLAND24@GMAIL.COM

STEPPING INTO SERENITY WOMEN'S CONFERENCE FEBRUARY 23-25, 2024 CHATTANOOGA, TN



Room Rates: \$121.00 Reservation Code: SIS Reserve by: 01/23/2024

<u>Hotel Info:</u> Doubletree by Hilton 407 Chestnut Street Chattanooga, TN 37402 423-756-5150



SPEAKERS

Jennifer D. Wilmington, NC Step 1 Mari G. Markham, Canada Step 2 & 3 Judith R. Bismark, ND Step 4 & 5 Amy D. Louisville, KY Step 6 & 7 Leslie S. Atlanta, GA Step 8 & 9 Jessica J. Georgetown, TX Step 10 & 11 Brenda J. Mckinney, TX Step 12 Diane A. Nashville, TN Alanon Registration: \$30 until January 1st, 2024 At the Door: \$35 after January 1st, 2024 Please make check or money order to "SIS" and mail to **Stepping Into Serenity** P.O. Box 21203 Chattanooga, TN 37424

www.steppingintoserenity.org



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AA	Alanon	Volunteer	ASL
Name:			
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			te:
Zip:		Phone:	
Email:			



16th ANNUAL

SPRING FLING CONVENTION

"Easy Does It"

April 19 - 21, 2024





Friday 6:00 p.m. BBQ & Washers Friday 8:00 p.m. AA Speaker 🚍 Jennifer K. – Plano, TX Friday 10:-00 p.m. YP Speaker Saturday 8:30 a.m. Al-Anon Meeting Saturday 10:00 a.m. Workshop Saturday 12:00 p.m. Al-Anon Lunch Saturday 1:00 p.m. Al-Anon Speaker 😂 Catherine T. – Dallas, TX Saturday 3:00 p.m. Speaker Panel Saturday 4:30 p.m. Al-Anon Meeting Saturday 6:30 p.m. BANQUET Saturday 8:00 p.m. 🚍 Jason J. – Oregon City, OR Sunday 9:00 a.m. Breakfast Sunday 10:00 a.m.

🚍 Deb H. – Akron, OH

ACTIVITIES

FRIDAY BBQ & Washer Games Young People's Meeting Ice Cream Social Games w/prizes SATURDAY Banquet Table Trivia Speaker Panel Games w/prizes DJ & Dancing

Hilton St. Louis Airport

Special Room Rate \$97 Mention Spring Fling code SPR Reserve before 3/20/24 for reduced room rate

10330 Natural Bridge Rd St. Louis, MO 63134 314-426-5500

www.springflingstl.com

Spring Fling Chair – Susan B. 314-583-5296 Registration Chair – Liz C. 314-479-3560 springflingconvention@vahoo.com

FREE PARKING

PLEASE REGISTER EARLY!!!

To register, get information or sign up for Service: <u>www.springflingstl.com</u>

CONVENTION REGISTRATION FORM

- Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126
- Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.

Merchandising &

Marathon Meetings & Activities Room Open

All weekend long

Make checks/money orders payable to Spring Fling Convention

Zip

A To sit together, please submit together – 10 people per table

Name:	
Phone:	AA 📃 Al-Anon 🗌

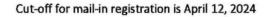
Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only. Email: Address:

> City State

Pre-Registration	\$20	
Door Registration	\$25	
Friday Night BBQ	\$15	
Friday Night Ice Cream Social	\$7	
Al-Anon Luncheon Saturday	\$25	
Banquet Saturday Night	\$40	
Sunday Breakfast Buffet	\$15	
Hospitality / Scholarship Donatio	on	
Total Amount to be Paid		

Please list any special needs here: Flyer revised 10-27-23

Mama



STORY SOLICITATION

"Do You Think You're Different?" Pamphlet Update Deadline for submissions: April 30, 2024

https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426

The trustees Literature Committee is seeking stories from AA members with diverse backgrounds. This is in response to the 2022 Conference Advisory Action that the trustees' Literature Committee revise the pamphlet "Do You Think You're Different?" to update the stories to represent greater diversity.

The Trustees' Literature Committee requested that consideration be given to stories from multicultural populations, stories from A.A. members whose experience reflects multiple factors, and from diverse populations not addressed in other current A.A. literature.

Please encourage members in your area to write their personal stories for possible inclusion in the revised pamphlet "Do You Think You're Different." Stories should reflect "in a general way what we used to be like, what happened, and what we are like now."

The suggested format for typed manuscripts is 500-800 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages.

Please include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not.

Instructions for submitting your manuscript:

Deadline: Please submit on or before April 30, 2024

Submit your story by following this link:

https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426



Additional ways of sending your story: Email: <u>pamphletstories@aa.org</u> Subject Line: "Do You Think You're Different?"

Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163 **On the envelope:** The word "Pamphlet" should be written on the envelope and at the top of the first page of the manuscript.

Thank you for your participation in the process!



Tri-District Service Rally

save the Mate

SATURDAY MAY 4TH, 9am-3pm Hosted by NCMCO and Districts 70, 71 & 80

Covenant Community Church 11 Rocket Dr. Asheville, NC

A day of fellowship and fun. Food, panels, speakers, entertainment, inspiration, education, and service opportunities galore!

Please Contact Joe @ technology@ashevilleaa.org or NCMCO (828) 254-8539





KINDNESS

HONESTY

SHARING





May 9-12, 2024 YOGI in the SMOKIES CAMPGROUND BIG COVE ROAD, CHEROKEE, NC (828) 482-4212

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS, and your POW WOW Regalia! Contact: Herb W. at 828-506-8563 or <u>firesidesobriety@gmail.com</u>

Registration begins <u>*Thursday at Noon*</u> <u>NO PETS</u> in Food Serving/Eating, PowWow, under big tent,

or Sacred Fire Areas NO PETS AT TENT SITES ~NA/AA/Al-Anon Speakers~ ~Talking Circles~ ~Meetings~ ~T-shirts & Sweatshirts~ ~SOBRIETY Pow Wow~ ~Sobriety Countdown~ "MUCH MORE"

PRE-REGISTRATION: \$55/PERSON (kids 10 and under are FREE, 11-17 \$20). Price includes breakfast anddinner and tent/camper site for three (3) nights\$60 at the GateEARLY REGISTRATION ENDS May 3

NAME(S):			
ADDRESS:			
EMAIL(S):		_/	
PHONE #: H)	(C)		_(C)
# In Party:	Amount Enclosed:	_	

Cut & Mail Registration Form by May 3 With Checks Made Payable to: Fireside Spring 2024 FIRESIDE SOBRIETY CIRCLE C/O Herb Wachacha PO Box 2015 Cherokee, NC 28719

Area 51 Spring Committee & Assembly Meeting May 17-19, 2024

LAKE JUNALUSKA CONFERENCE & RETREAT CENTER

91 North Lakeshore Drive, Lake Junaluska, NC 28745

ADVANCE HOTEL INFORMATION

Deadline for Reservations: Wednesday, April 17, 2024 **Group Name**: NCGSCAA Assembly Meeting

Link: <u>https://tinyurl.com/2tjuajbr</u>

Terrace Hotel Room Rates: \$152.00 Single/Double, \$172.00 Triple, \$192.00 Quad

Lambuth Inn Room Rates: \$132.00 Single/Double, \$147.00 Triple, \$162.00 Quad

11% room tax will be added.

PLEASE SEE THE BACK FOR INFORMATION ABOUT THE DIFFERENT LOCATIONS AND THE MEAL PLAN

Phone: 800-222-4930, ext. 1 Website: <u>www.lakejunaluska.com</u>

For Best Results:

- PLEASE MAKE YOUR RESERVATIONS EARLY!!!
- Call as soon as possible but before the deadline. It's easier to cancel a reservation than to get one at the last minute!
- Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Specify the group name "NCGSCAA Assembly Meeting."
- Be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability, please contact Greg K., the Area Chairperson, at <u>chair@aanorthcarolina.org</u>.

Thank you for your service and support of Area 51. See you at the Spring Committee and Assembly Meeting!

Additional Information for our stay at Lake Junaluska:

- The Terrace Hotel is across the street from our meeting venue in the Harrell Center; the Lambuth Inn is farther away. It is a 10- to 15-minute walk between Lambuth and Harrell, involving a long hill. There is a trolley and a mini shuttle.
- Optional Meal Plan: If you would like to eat on site, there is a meal plan available. The options are: 3 meals for \$49.50 + tax/service fees (Sat Lunch, Sat Dinner; Sun Breakfast) or 5 meals for \$82.50 + tax/service fees (Fri Dinner; Sat Breakfast, Lunch, Dinner; Sunday Breakfast). You will need to order the meal plan when you make your reservation. There will not be tickets available onsite the weekend we are there.
- Check in/Check out: Check in will be available at 4:00 PM on the arrival day at the Bethea Welcome Center located at 91 N Lakeshore Drive (first building on your left as you enter from Highway 19); check out will be at 11:00 AM on the departure day.
- The discounted room rates are available for two days pre and post our event, based on availability, if you would like to plan a long weekend in the mountains.
- **Commuters:** For people attending our meeting, but not staying at Lake Junaluska, there is a \$5.00 per person per day commuter fee.
- **Cancellations:** There will be a \$15.00 per person charge for cancellations occurring more than 15 days prior to arrival. No refunds will be given for cancellations occurring within 15 days of arrival.

Why staying at our host hotel is important:

The hotels that host Area 51 events typically charge for meeting space based on how many guest rooms our attendees occupy. For every Assembly, Committee Meeting, and Convention, Area 51 has a contract that specifies the number of guest rooms the hotel will "block" for our use. If we fill at least 80% of our room block, our meeting space is *discounted about 70%*. Otherwise, the Area will be charged for rooms until we reach the 80% threshold. Free meeting space is what Area 51 budgets and what we usually achieve. However, more than once we have come up short and paid a steep price.

Area 51 makes every effort to negotiate the most favorable room rates possible. But budget hotels don't have the kind of meeting space we require, and space in larger venues is expensive. The willingness of individuals to attend Area events and to book their rooms at our host hotel is essential in making Area events affordable at all. So please attend the Area events if you can and stay at the host hotel using the group code and name whenever possible. If there is an extra cost, please consider it as a contribution to Area 51—a small sacrifice for our "common welfare," so we can continue meeting and working together to fulfill our Primary Purpose as an Area.

"I am responsible...When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Thank you for your service in Area 51!



General Service Office of Alcoholics Anonymous

www.aa.org

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to: P.O. Box 459 Grand Central Station New York, NY 10163 Fax: (212) 870-3003

October 20, 2023

Dear A.A Friends,

When the COVID-19 pandemic hit, it presented numerous challenges to our fellowship. As groups and members were finding new ways to meet and interact, the General Service Office (GSO) quickly moved to a virtual environment. This transition came with some challenges, especially since GSO had recently adopted a new automation system. While transitioning to new systems is never easy, the move to a virtual office made things even more challenging. Nonetheless, we have made great strides in working through these challenges.

One of the challenges was the suspension of printing the AAWS Highlights newsletter. However, we are excited to announce that the <u>AAWS Highlights</u> are back in production and in a better and enhanced format! This new enhanced format supports consistent communication between the General Service Board and the Fellowship.

As the chair of the AAWS Board and the General Manager of GSO, we have collaborated closely to refine our reporting process to the General Service Board. The chair report covers the "Business of the Board," including details from the various committees of AAWS. The General Manager report covers "What's Happening at GSO," summarizing the information provided by the department reports to the Board in a clear and concise manner. The exact reporting format and content that we report to the General Service Board will be the same as the Highlights.

We will be distributing the Highlights after each meeting to keep the fellowship informed of the latest developments and decisions of the AAWS Board and General Service Office. The process for the first release took some time as we crafted it to ensure its quality and relevance. We appreciate your understanding and patience as we work towards providing you with the best possible updates.

We appreciate your trust in us and are grateful for the valuable service you provide.

In loving fellowship,

Cathi Clark AAWS Board Chair

re Jal.

Bob Wilcox General Manager, GSO



www.aa.org

Alcoholics Anonymous®

General Service Office of Alcoholics Anonymous

www.aa.org

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to: P.O. Box 459 Grand Central Station New York, NY 10163 Fax: (212) 870-3003

March 15, 2023

- **TO:** Members of the General Service Conference; Intergroups and Central Offices, U.S./Canada
- FROM: Sandra W., 2025 International Convention Interim Coordinator Email: <u>2025ic@aa.org</u>

Warm greetings from the General Service Office in New York!

This is a friendly reminder regarding setting up future local events for 2025, the year that the 2025 International Convention will be held in Vancouver, BC, Canada, July 3-6, 2025.

"Reflecting guidance from the Additional Consideration of the 1999 Conference Committee on International Conventions/Regional Forums, the trustees' Committee on International Conventions/Regional Forums suggested that the area/state/provincial committees be made aware that experience has shown that planning a local A.A. event such as a convention, too near the dates of an International Convention may result in a smaller attendance at the local event; this notice to be sent out annually starting three years prior to each International Convention."

Once again, if you would pass this information on to any local or regional planning committees who may be setting up future events for 2025, we would appreciate your cooperation.

