

Mountain NOVEMBER 2023 Downs

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Serenity with the Volume Turned Up

by J.B. - Rochester, NY

FOR YEARS, I have attended a lot of AA meetings in a number of widely scattered places, and I have found the one place where AA works best. That is between the ears, wherever they may be.

When one first walks into a meeting room, usually everyone is talking at once. A couple of people are wrestling with a bunch of chairs, and a gang is milling around the coffeepot. It would appear to be a noisy bedlam. In reality, it is nothing more than serenity with the volume turned up. There are no fights, no arguments. No one is throwing even one small beer bottle.

If you were to listen in on the conversations, they would probably go something like this. "Have you noticed how much better Agnes looks lately?" Or "I wonder what happened to George. He's been missing a lot of meetings." "Oh, didn't you know? He has a better job, and he's moved to another neighborhood. He's a regular at the East Side Group now." Most messages are expressions of loving concern or gratitude, or quests for methods of dealing with living problems.

This would seem to be a highly desirable state of affairs, and one wonders how this maelstrom of mavericks, this galaxy of failures, can operate so harmoniously and be so durable. It might pay to study the rules—except that there aren't any. OK, so let's interview the boss—here again, there isn't any. Perhaps we should quiz the intellectual sage who makes this all



Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@ncmco.net
aancmco.org



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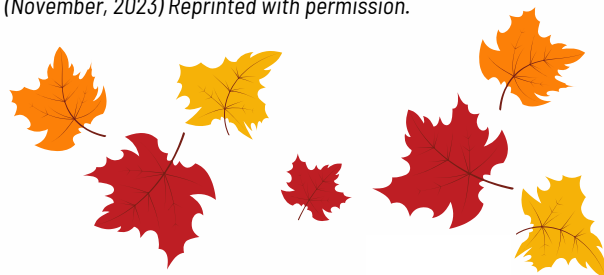
possible. It seems that he is in another incarnation and cannot be reached for comment.

A lot seems to depend upon what I am looking for. If I am looking for reasons to drink, I can find a number of very ingenious ones that I haven't used yet. On the other hand, if I am looking for ways to stay sober and live better, there are only three kinds of people I must listen to. They are: 1) the newcomers, 2) the folks who have been around awhile, 3) the folks who have been around a long while. All of them have something to offer.

Come to think of it, I don't know exactly how AA works—but isn't it marvelous that it does? If I am honestly looking for answers, they are here. Any and all of the experience is mine for the asking. There is an inexhaustible supply of help available.

Perhaps I have found who my worst enemy is—me! Not only that, I have learned how to destroy him by making him my best friend.

From Grapevine - October 1981; Copyright © The AA Grapevine, Inc. (November, 2023) Reprinted with permission.



November Grapevine now available!



Gratitude

This month's feature section is "Gratitude". AA members share beautiful, personal stories about learning to be grateful. The issue highlights GSO Archives and our vast Grapevine Story Archives, which date back to 1944.

<https://www.aagrapevine.org/> 

After-hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

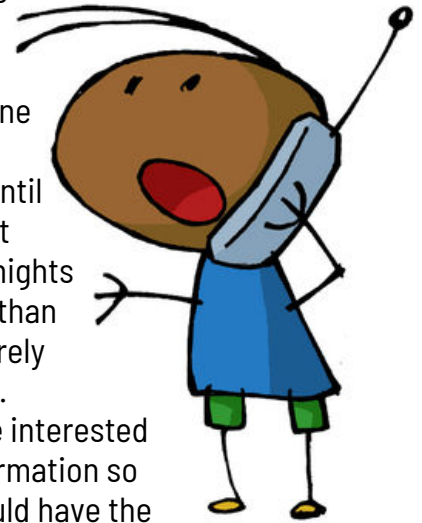
One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-nmco/service/>

(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



Grapevine, Inc: Digital Publications



Website:
www.aagrapevine.org
www.aalavina.org



YouTube:
[@aagrapevine](https://www.youtube.com/@aagrapevine)

Instagram:
[@alcoholicsanonymous_gv](https://www.instagram.com/alcoholicsanonymous_gv)
[@alcoholicosanonimos_lv](https://www.instagram.com/alcoholicosanonimos_lv)

Podcast:
AA Grapevine



Call & Visitor Log September 2023

12 Step Calls – 12
General Info – 3
Family Help – 0
Meeting Info – 23
Central Office Business – 66
Medical/Detox – 1
Visitors – 63
After-hours calls – 43



Visits to aancmco.org/ website:
Unique Visitors – 2,333
Total Visits – 5,602; Visits/Visitor – 2.51
Total Pages – 76,814; Pages/Visit – 13.71



COR/NCMCO Board Meeting


COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs may vote so we encourage your group to elect a COR. Your input is important to us!


The next COR/Board meeting will be **Thursday, November 9, 6:00pm**, via Zoom: Meeting ID: 757 855 2319 Passcode: 000000

We will be selecting a new 12 Step Call Volunteer Coordinator (an appointed position) and electing a new Board Chairperson and a new Secretary for 2 year terms starting in January 2024. (See page 5 for details of qualifications and duties.) If you are interested in being of service, please attend the COR/Board meeting. Contact Central Office with any questions: (828) 254-8539; info@ncmco.net

For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

Where to Find Meetings

Printable In-person Meeting Guide 

Meetings in all 3 Districts 

Meetings in District 70 

Meetings in District 71 

Meetings in District 80 

Cash on Hand as of 9/30/2023

Prudent Reserve
\$16,131.74

Operating Account
\$12,319.66

Rent Deposit - \$400.00
Petty Cash - \$50.00

Profit & Loss YTD

	Sep 2023	Jan-Sep, 2023 (YTD)
Income		
Contributions		
Birthday Contributions		\$117.28
Group Contributions	\$1,417.46	\$22,946.99
Individual Contributions	\$154.56	\$876.42
Total Contributions	\$1,572.02	\$23,940.69
Interest on Money Market	\$1.33	\$12.08
Sales Income		
Literature & merchandise	\$2,781.33	\$23,498.53
Shipping charged to groups	\$69.82	\$610.85
Total Sales Income	\$2,851.15	\$24,109.38
Total Income	\$4,424.50	\$48,062.15
Cost of Goods Sold		
Cost of Goods Sold		-\$108.17
Credit Card Processing		
PayPal Fee	\$12.23	\$166.26
Total Credit Card Processing	\$12.23	\$166.26
Freight - vendor shipping	\$17.54	\$385.82
Literature & merchandise	\$2,281.07	\$19,462.15
Shipping to groups	\$73.80	\$638.57
Total Cost of Goods Sold	\$2,384.64	\$20,544.63
Inventory Shrinkage	\$14.07	\$301.72
Total Cost of Goods Sold	\$2,398.71	\$20,846.35
Gross Profit	\$2,025.79	\$27,215.80
Expenses		
ICOAA Conference		\$50.00
Insurance Expense	\$605.00	\$605.00
Office Expenses	-\$52.66	\$107.14
Office Supplies	\$19.99	\$548.27
Payroll Expenses		
Gross Salary	\$1,420.00	\$13,450.00
Payroll Taxes (Company)	\$108.64	\$1,029.02
Total Payroll Expenses	\$1,528.64	\$14,479.02
Rent	\$604.00	\$5,436.00
Telephone & Internet		
Office Telephone/Internet	\$126.05	\$1,088.43
Web Expenses		-\$94.23
Total Telephone & Internet	\$126.05	\$994.20
Total Expenses	\$2,831.02	\$22,219.63
Net Operating Income	-\$805.23	\$4,996.17
Net Income	-\$805.23	\$4,996.17



Group Contributions:	Sep 2023	YTD
12 & 12 Study Group 717-595		\$105.00
Acceptance Group 122-477		\$983.50
Agnostics, Atheists & Freethinkers AA Group		\$265.00
As Bill Sees It Group 169-463		\$45.00
Back to Basics Grp (Weaverville) 147-139		\$150.00
Big Town Group 671-200		\$387.45
Brevard Men's Group		\$250.00
Brevard Serenity Group 631-231		\$340.00
Bryson City Group 110-467	\$56.00	\$156.00
Burnsville Group 136-171	\$75.00	\$75.00
BYOC - Bring Your Own Coffee		\$150.00
Candler KISS Group 163-148		\$350.50
Cashiers Valley Grp 122-589		\$772.94
Cedar Mountain Group 161-082		\$121.00
Common Sense Group 179-909		\$300.00
Conscious Contact Group - Asheville		\$831.00
Cullowhee Valley Group 118-129		\$210.00
Cumberland Group 122-472		\$230.00
Daily Decisions 643-869	\$536.59	\$2,545.67
Day by Day Group 159-058		\$328.58
Early Bird Group 612-780		\$327.00
Fellowship Group, Fletcher 655-542		\$1,320.00
Fireside Group 655-046		\$171.73
Good Livers 666-360		\$400.00
Grace Group of Asheville 161-970		\$1,273.10
Hendersonville Group 110-594		\$399.00
Hendersonville Men's Group		\$200.00
Hendersonville Women's BBSS 723-106		\$175.00
Hey Girl, Surrender Group - 000392207		\$150.00
It's In the Book Group 000260106		\$150.00
Joy of Living - Brevard 669-820		\$424.50
Lambda Group 617-035	\$64.00	\$64.00
Liars Club		\$464.00
Lost and Found Group 000427291		\$100.00
Love & Tolerance Group		\$75.00
Maggie Valley Group 158-950		\$550.00
Mars Hill Group 130-895		\$160.00
Marshall Group 100-489		\$210.00
Men's Attitude Adjustment Group 670-850		\$285.00
Micaville 12 & 12		\$100.00
Midday Group (Hendersonville) 143-420		\$60.00
Monday 6:00 Open Meeting		\$140.30
Mountain View Group (Highlands) 110-598	\$170.87	\$295.27
Newcomers Group - Flat Rock		\$40.00
New Freedom Group 700-124		\$150.00
Noontime Big Book Study		\$72.40
Out to Lunch Bunch	\$400.00	\$400.00
Phoenix Group 697-148		\$156.00
Practicing Principles 667-311		\$31.27
Recovery by the River 674-892		\$157.79
Roundtable Group 135-605		\$70.00
Safe & Sound Group 645-654		\$418.97
Saturday Morning Men's Meeting		\$525.00
Serenity Service Group 110-498		\$424.33
Sober Sisters - Black Mtn		\$438.50
Sober Sisters - Burnsville 000460489		\$100.00
South Asheville Literature		\$75.00
Spiritual Fitness Group 720-419		\$50.00
Spruce Pine Group 110-679		\$225.00
Spruce Pine Saturday Morning Group 110-679		\$116.00
Total Surrender Group		\$264.00
Traditional Group 110-499		\$750.00
Tuesday Night Men's Group 179-001		\$93.00
Waynesville Grace Group 110-692		\$1,307.19
We Think Not Group 700-411		\$30.00
West Asheville Group 110-501		\$20.00
Women of Courage Group 688-025		\$642.00
Young People's Group 645-646	\$115.00	\$300.00
Total Group Contributions:	\$1,417.46	\$22,946.99

Contributions

Individual Contributions:	Sep 2023	YTD
Anonymous	\$73.56	\$227.38
Beverly B.		\$130.00
Judy M.	\$46.00	\$84.00
Kay G.		\$30.00
Nancy B.		\$10.04
Shannon K.	\$25.00	\$225.00
Sheila D.		\$80.00
In Memory of B.G.	\$10.00	\$90.00
Total Individual Contributions:	\$154.56	\$876.42

Birthday Contributions:	Sep 2023	YTD
Anonymous		\$34.28
Pam C.		\$40.00
Sandra F.		\$38.00
Keith F.S.		\$5.00
Total Birthday Contributions:	\$0.00	\$117.28

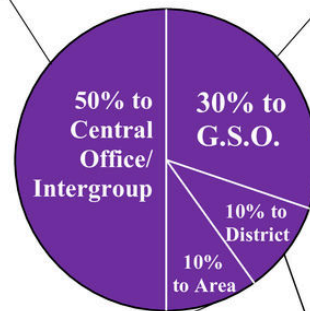
Total Contributions: **\$1,572.02** **\$23,940.69**

Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2023

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 17271
Raleigh, NC 27619

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
22 Whisper River Ct.
Sapphire, NC 28774



Central Office Board Positions Open

Central Office is looking to fill three Board positions: Chair, Secretary, and 12th Step Call Volunteer Coordinator. Below are the responsibilities and requirements for each position. If you are interested, please attend the next COR/Board meeting, **Thursday, November 9 at 6:00pm**, via zoom. For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

Chair (2-year term that begins January 2024)

1. Shall preside at Central Office Board and COR General Committee meetings.
2. Shall see that all decisions of the Committees are acted upon.
3. Pursuant to specific authority given on occasion by the Committees, may sign and deliver contracts and other documents in the name of North Carolina Mountain Central Office Inc.
4. With the recommendation and approval of the Central Office Board, shall call for eligible people to stand for positions and appoint chairpersons of standing and special subcommittees.
5. May vote, bring motions, initiate and engage in discussion and debate at board meetings in accordance with Robert's Rules of Order for Small Groups.
6. Shall perform all duties incident to the office of Chair and other duties that may occasionally be assigned by the Committees.
7. Shall have five years' continuous sobriety at the time of taking office.

Secretary (2-year term that begins January 2024)

1. Shall perform all duties incident to the office and others as assigned.
2. Shall attend and take minutes of all COR General Committee and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.
3. Shall follow the Alternate Chair in line of succession to the Chair at board meetings.
4. Shall have at least five years' continuous sobriety at the time of taking office.

12th Step Call Volunteer Coordinator (an appointed position)

1. Has responsibility for maintaining the 12th Step Call Volunteer List.
2. Recruits new volunteers.
3. Works with the office manager to keep the 12th Step Call Volunteer List information current.
4. Attends Board and General Committee meetings as a voting member.
5. Shall have at least three years of continuous sobriety.
6. The suggested term will be three years.

Contact Central Office with any questions: (828) 254-8539; info@ncmco.net



Special Meetings and Events



NOTE: For updates, please check the specific event websites, or <https://aancmco.org/index.php/events/>



Ongoing... Bowling Fridays @ Sky Lanes. Hang out with fellow A.A.s, bowl a game or two, and have some fun! **Every Friday at 1:30pm.** Sky Lanes, 1477 Patton Ave, Asheville 28806. See flyer for more information.

Mountain Gratitude Dinner. Saturday, November 4. McConnell Memorial Baptist Church, 84 Church St, Hiawassee, GA 30546. Fellowship at 5:00; Dinner at 5:30; Speaker at 7:00. Tickets are \$20 and can be purchased online at: <https://mountaingratitudedinner.org/>



SSAASA7 (Southern States AA Service Assembly) November 17-19. Sheraton Orlando North, Orlando, FL. Hosted by Area 14 - North Florida. Service Workshops, panel discussions, service experience. See flyer for more information. For online registration, visit their website: <https://www.ssaasa7.org/>



The Fall into Fellowship Festival. Saturday, November 18. Hosted by the West Asheville Group, Abernethy United Methodist Church, 1418 Patton Ave, Asheville 28806. Food from 6:00-7:30pm; Speaker Meeting from 7:30-8:30pm. See flyer for more information.

Thanksgiving Lunch. Thursday, November 23. Meeting, food & fellowship. Macon Co. Public Library, 149 Siler Farm Rd, Franklin, NC 28734. Meeting at 12:00pm; bring a side dish or dessert. See flyer.

Thanksgiving Day 2023 Holiday Alkathon. Thursday, November 23. Hosted by the Hendersonville Group. 1624 Willow Rd (opposite Valley Hill Fire Dept.) Hendersonville 28739. Meetings will be held on even hours: 12pm, 2pm, 4pm, 6pm. Come and enjoy good fellowship, treats and meetings.

The History Roundup. December 1-3. A weekend celebrating the History of Alcoholics Anonymous. Landmark Resort, 1501 S. Ocean Blvd, Myrtle Beach, SC 29577. To reserve your room with the group rate, contact the hotel directly at (855) 338-0226 and mention "History Roundup" for the group rate. **The deadline to reserve at the group rate is November 3.** For more information, see flyer or visit their website: <https://thehistoryroundup.com/>



Southern States Women's Conference. January 26-28. Hyatt Riverfront Jacksonville, 225 E Coastline Dr, Jacksonville, FL 32202. For more information, see flyer or visit their website: <https://southernstateswomensconference.org/>



60th International Women's Conference. February 8-11. Portland, ME. In-person conference is already sold out! To register for virtual conference, visit their website: <https://internationalwomensconference.org/>



NC Area 51 Events: <https://aanorthcarolina.org/events/>



GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/f-36_summer2023.pdf



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month.

The next meeting will be **Sunday, November 12, 2:30pm**, via Zoom - Meeting ID: 933 8500 3069; Passcode: 672458

For updates go to: <https://ashevilleaa.org/calendar/>



District Service Committees. If you are interested in volunteering for a committee, please attend the next GSR Business Meeting.

Accessibilities Committee – Chairperson is Scott S. Want to make sure your A.A. group is accessible to all who want to attend? Contact Scott at access@ashevilleaa.org for an Accessibilities Checklist.

Archives Committee needs you! Chairperson is Dennis H. The Archives Committee wants A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information, contact Dennis at archives@ashevilleaa.org

CPC/PI Committee – Chairperson is George M; Tom W is Co-chair. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact George or Tom at cpc-pi@ashevilleaa.org.

Corrections Committee – In District 70, A.A. meetings are being taken into Buncombe County (Asheville), Yancey County (Burnsville), Western Correctional Center for Women (Black Mountain), Craggy (Asheville), Avery-Mitchell (Spruce Pine), Mountain View (Spruce Pine) and Marion (Marion). There is always a need for more volunteers to take meetings into the facilities. If you would like to volunteer to be of service in corrections, contact Tammy Z, the Women's Corrections Chair, at corrections_women@ashevilleaa.org. They are in need of a Men's Corrections Chair. If you are interested in this service position, please attend the next GSR meeting. In the interim, contact Tammy Z.

Literature and Grapevine Committee – Chairperson is Maria E. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR meeting or email Maria at literature@ashevilleaa.org

Treatment Facilities Committee – Chairperson is Mike. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

“Bridging the Gap” (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from “inside” the program to life on the “outside”. They particularly need women volunteers and still need a Bridging the Gap Co-Chair. If you are interested in volunteering, please attend the next GSR meeting. To connect with Avery L, the Bridging the Gap Chair, email him at bridgingthegap@ashevilleaa.org. For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org.



District 71

GSR Business Meeting – held on the 2nd Saturday of the month. All their meetings are now in person. The next meeting will be **Saturday, November 11, 8:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! Check their website for meeting updates and links: <https://www.nc71.org/>



There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for the jails. The DCM, Alternate DCM, and Web Admin will be rotating out in December so those positions will need to be filled. They also still need Chairpersons for Corrections, CPC/PI, Treatment and Bridging the Gap Committees. See website for information on these positions. If you have any questions, contact Liz G, DCM, or Annette K, Alt. DCM, through the website: <https://www.nc71.org/contact>



District 80

GSR Business Meeting – held quarterly. The next meeting will be **Sunday, January 14, 1:00pm**. This will be a hybrid meeting with zoom capability as well as an in-person meeting. Hopefully it will be held at the WCU Campus again. More details and information to follow in December. The LCM proposal lacked substantial unanimity at October's Business Meeting and will be reconsidered at the January Meeting. All GSRs are encouraged to bring this matter before their groups and carry their “Informed Group Conscience” to the next District Meeting. For more information go to the District 80 Website: <http://aawnc80.com/events>



A Tri-District Service Workshop/Rally is in the planning stage and is tentatively scheduled for early May 2024 in Asheville. The next planning meeting is scheduled for **Sunday, November 5, 4:30pm**. Zoom Meeting ID: 856 1957 2772; Password: cpcpi. Anyone interested in a wonderful service opportunity is encouraged to attend.

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, call or email Central Office: 828-254-8539; info@ncmco.net



The **Murphy Intergroup** has closed and a new Intergroup serving much of Southwestern North Carolina and North Georgia has opened in Blairsville, GA, under the name **AA Mountain Intergroup**. For more information and upcoming events see their website: <https://aamountainintergroup.org/>

Does Your Group Have a New GSR or Alternate GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com



Happy Anniversary!

Acceptance Group

Martha F.	11-11-1986	37 yrs
Debbie S.	11-19-1992	31 yrs
Sarah-Helen L.	11-21-2008	15 yrs
Margaret M.	11-23-2019	4 yrs
Molly S.	11-30-2021	2 yrs

Around the Room Group

Patrick T.	11-05-2015	8 yrs
Perry H.	11-25-1980	43 yrs

Back to Basics Group - Weaverville

Todd H.	11-11-1991	32 yrs
Beryl F.	11-13-2022	1 yr

Black Mountain Group

Anne O.	11-06-1979	44 yrs
Todd C.	11-11-2013	10 yrs
Eddie W	11-29-2017	6 yrs

Bryson City Group

Patricia C.	11-12-1977	47 yrs
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Conscious Contact

Steven M.	11-04-1994	29 yrs
Jean R.	11-16-2016	7 yrs
Michelle P.	11-18-2020	3 yrs
Craig D.	11-20-2021	2 yrs
Jennifer V.	11-28-2004	19 yrs
ReGina R.	11-30-2020	3 yrs

Cullowhee Valley Group

Becky L.	11-24-2015	8 yrs
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Cumberland Group

Stephen D.	11-28-2013	10 yrs
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Daily Decisions Group

Linden	11-25-2001	22 yrs
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Fellowship Group

Tim A.	11-05-2021	2 yrs
Ian C.	11-13-2001	22 yrs
Adam H.	11-20-2002	21 yrs

Good Livers Group

Belinda	11-18-1988	35 yrs
Laurie S.	11-19-2011	12 yrs

Grace Group

Tim F.	11-03-2019	4 yrs
Sarah P.	11-05-2016	7 yrs
Jane M.	11-06-1999	24 yrs
Heather G.	11-07-2018	5 yrs
Merrill M.	11-07-2021	2 yrs
Sandy B.	11-09-2011	12 yrs
Colleen S.	11-20-2020	3 yrs
Ken B.	11-21-2018	5 yrs
Emily L.	11-21-2019	4 yrs
Lissa T.	11-22-2020	3 yrs
Chuck E.	11-26-2011	12 yrs
Tom W.	11-26-2019	4 yrs
Erich B.	11-27-2019	4 yrs
Patricia S.	11-28-2013	10 yrs
Kaity (KayTay) T.	11-29-2019	4 yrs

Happy Hour Group

Jim S.	11-08-2015	8 yrs
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Hendersonville Group

Lisa MC.	11-01-2017	6 yrs
Ronnie	11-01-2021	2 yrs
Wes V.	11-09-2021	2 yrs
Alison G.	11-11-1988	35 yrs
Shirley W.	11-15-1988	35 yrs
Jan M.	11-19-1990	33 yrs
Lou L.	11-23	
David L.	11-28-2008	15 yrs
Sue G.	11-28-2014	9 yrs

Hendersonville Men's Group

Jim R.	11-04-2019	4 yrs
George B.	11-05-2020	3 yrs
Paul B.	11-07-1979	44 yrs
David K.	11-17-2011	12 yrs

Lambda Group

Andy J.	11-06-2017	6 yrs
Giovanni D.	11-18-2019	4 yrs
Caitlin D.	11-19-2016	7 yrs

Library Group

Elizabeth P.	11-03-2019	4 yrs
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Mars Hill Group

Heather M.	11-10-2018	5 yrs
Tony V.	11-14-1974	49 yrs

Mission Group

John B.	11-06-2000	23 yrs
Judy K.	11-18-1978	45 yrs

Motley Crew/Columbus

Cindy M.	11-27-1979	44 yrs
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Practicing Principles Group

Julia S.	11-27-1986	37 yrs
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Serenity Seekers - Marion

Jessie M.	11-09-2019	4 yrs
Michael S.	11-09-2019	4 yrs

Solutions Group

Kara P.	11-12-2018	5 yrs
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Total Surrender Group

Julian P.	11-05-2021	2 yrs
Dowell P.	11-06-2021	2 yrs

Traditional Group

Christopher C.	11-05-2021	2 yrs
Michael W.	11-06-2009	14 yrs
Chris W.	11-25-2022	1 yr
Joshua C.	11-28-2021	2 yrs

Waynesville Grace Group

Daren B.	11-13-2001	22 yrs
Tray B.	11-17-2015	8 yrs
Pete S.	11-17-2016	7 yrs
Barbara H.	11-26-2003	20 yrs
Mike S.	11-28-1994	29 yrs

West Asheville Group

Jack A.	11-05-1990	33 yrs
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Young Peoples Group

Savannah S.	11-11-2020	3 yrs
Devin S.	11-13-2008	15 yrs
Matthew P.	11-20-2018	5 yrs

The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office: 828-254-8539 or send a new list to: info@ncmco.net. The December newsletter deadline for sending in anniversaries and announcements is November 15.

Does your group have a

COR?

(Central Office Representative)

What are Central Office Representatives?

What are their duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!

What are we doing well? What can we improve upon?

How can we serve Districts 70, 71 and 80 more effectively?

What might we do to draw more participation from groups?

Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for details:

<https://aancmco.org/index.php/events/>

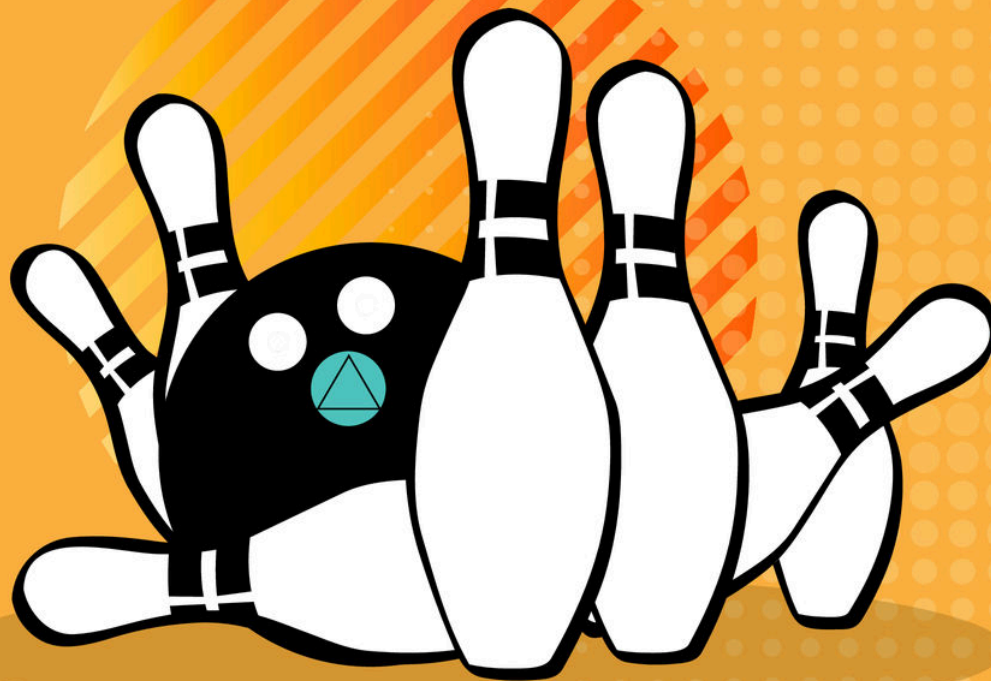
(They have great food too!)

Bowling



FRIDAYS @ SKY LANES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



WHERE?

Sky Lanes
1477 Patton Ave
Asheville

WHAT TIME?

Every Friday
at 1:30PM

HOW MUCH?

\$5 per game
\$3 shoe rental

Mountain Gratitude Dinner

November 4, 2023

McConnell Memorial Baptist Church

84 Church St. Hiawassee, Georgia 30546

Fellowship 5:00 – Dinner 5:30 – Speaker 7:00

This Year's Speaker: Beth H.

Tickets are \$20 and can be Purchased online at:

MOUNTAINGRATITUDEDINNER.ORG 

Tickets are also available from most area AA Groups

Join us for Fellowship and a traditional Thanksgiving dinner catered by

Brothers Willow Ranch Restaurant and ***Don't Forget***, Bring your

Favorite Dessert to Share!

Join us and help make this year's Mountain Gratitude Dinner another

Great Time!

Questions? Contact Tim Q 770.380.3006

tim@mountaingratitudedinner.org

See You There!

Inspire and Attract!

SSAASA7

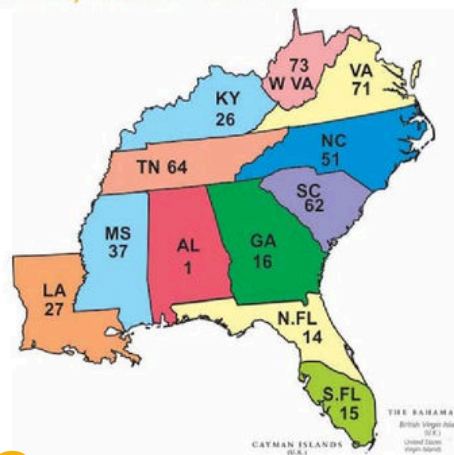
South East Region Service Assembly

Meet your peers around the South East Region

Hosted by Area 14, North Florida

- ✓ Panel Discussions
- ✓ Service Workshops
- ✓ Share Your Service Experience
- ✓ Learn and Discover
- ✓ Volunteer Opportunities

**Southern States
A. A.
Service Assembly
Orlando Florida
Sheraton Orlando North
November 17-19, 2023**



SSAASA7.ORG



Questions? Email chair.ssaasa7@gmail.com

Scan to go to website

Service Workshops * Panel Discussions * Service Experience

YOU Are Invited!

Inquiring minds and trusted servants from all over the South East Region will come together to discuss all things service. Come to Discover, Learn and Share. See old friends, and make new ones.

Volunteer to help in so many ways:

- Greeter
- Registration
- Hospitality
- Presenter

Discuss and Share:

- General Service Positions
- Grapevine
- Intergroup
- Traditions (Have fun)
- Concepts (Learn)
- Just checking out the 3rd Legacy?

Register and reserve your room at ssaasa7.org, or download paper registration form and FAQ

Questions? Email chair.ssaasa7@gmail.com

Need A Scholarship? We are able to offer a scholarship for Registration Only. Email chair.ssaasa7@gmail.com for an application. Be sure to allow time to reserve your hotel room if one will be needed.

SSAASA 7 FAQ's

- What: SSAASA 7, hosted by Area 14
- When: November 17-19, 2023
- Where: Sheraton Orlando North, 600 North Lake Destiny Road, Maitland, FL 32751
- Go to: SSAASA7.org to register, reserve your room, and then plan to have FUN!!

- Important Dates: Make your hotel reservation by October 26, 2023 and register by November 3, 2023. Remember, presenters will be chosen from the registration list, so register early.
- What does SSAASA stand for? SSAASA is the Southern States Alcoholics Anonymous Service Assembly. It began in 2011. It is held each odd year in November.
- Who is SSAASA for? SSAASA is an event supported by the Southeast Region. Any AA member can attend but it is planned by members from the 13 Areas in the Southeast Region, for GSRs, DCMs, District & Area Committee Members, Intergroup/Central Office reps, and anyone interested in or involved in A.A. service. All A.A. members are welcome to attend to learn more about our Third Legacy - Service!
- What happens at a SSAASA event? A program is set up by the host committee where there are general sharing sessions, panels on specific topics, and workshops or roundtables where people holding the same jobs can share experience with each other and learn more about each service opportunity.
- Is there a cost? Yes. The SSAASA event is self-supporting through your registration fee. Home groups, districts, and areas can honor the 7th tradition by supporting your trusted servants so that they may attend.
- All attendees need to register at ssaasa7.org, or by mail . Then be sure to complete your hotel reservation from the link provided on the website

Still got Questions? Email chair.ssaasa7@gmail.com

The Fall Into Fellowship Festival

November 18, 2023

Food from 6PM-7:30PM

Speaker Meeting from 7:30PM-8:30PM

Please bring a covered dish to share if possible but bring a great attitude regardless!

Give It A Try And Bake A Pie Contest


Try your hand a baking/making a pie! Prizes will be given for 1st, 2nd, and 3rd place winners!



Hosted by the West Asheville Group of Alcoholics Anonymous.

Abernethy United Methodist Church

1418 Patton Avenue,
Asheville, NC 28806



149 Siler Farm Rd, Franklin, NC
Macon Co. Public Library



THANKSGIVING

Lunch

NOVEMBER 23

Meeting @ 12:00pm

Bring a side dish or dessert!



MEETING, FOOD,
& FELLOWSHIP



Thanksgiving Day

2023 Holiday Alkathon

Thursday, November 23

Where: **The Hendersonville Group of Alcoholics Anonymous**
1624 Willow Road (opposite Valley Hill Fire Dept.)
Hendersonville, NC

When: **12pm, 2pm, 4pm and 6pm**
 Meetings will be held on the even hours



Come and enjoy good fellowship, treats and meetings

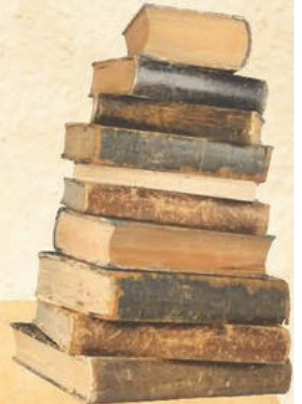
THE HISTORY ROUNDUP



Myrtle Beach, South Carolina

December 1-3, 2023

A weekend celebrating the
History of Alcoholics Anonymous



Featured Presenters

Mike F. - Aurora, CO

- Friends of Bill & Lois -
855 Ardmore

Kathleen CH. - Dallas, TX

- Contributions of Men &
Women of Religion
- The History of AA Pioneer
Women

Nancy K. - Galt, CA

- Women of the Big Book (2-Part Series)

Gary N. - Lilburn, GA

- Bobby B. The Untold Story of AA's 'Fantastic
Communicator'
- King Charles of NYC: How a 19th Century
Georgia Boy Became a Manhattan based
Sovereign Authority on Alcohol & Drug
Treatment



REGISTRATION: \$40 in Advance | \$45 at the door

Register Online at thehistoryroundup.com or by mail (Complete form below)

Make Checks Payable to & Mail Registration to:

The History Roundup, 1413 Hwy 17 South, #723, Surfside Beach, SC 29575

Hotel Information | Landmark Resort | 1501 S Ocean Blvd, Myrtle Beach, SC

Call 855-338-0226 (weekdays from 9am-9pm. For Special Rate, mention "History Roundup")

Special Room Rate applies only to Thursday Night thru Saturday Night. Deadline for Special Rate ends 11/3/23

Any questions, call or email Beth H | 843-222-6527 | bethhuntl@gmail.com

REGISTRATION | \$40.00

Name _____

Email _____

Phone# _____

Badge Info:

Name on Badge _____

Group or City _____



Southern States Women's Conference

January 26-28, 2024

Debbie D. (Concord, CA)	Steps 1 & 2
Sharon C. (Los Angeles, CA)	Step 3
Michalene (Escondido, California)	Steps 4 & 5
Amanda B. (Montgomery, AL)	Steps 6 & 7
Juanita U. (Santa Fe, New Mexico)	Alanon
Tina A. (Hollister, CA)	Steps 8 & 9
Mildred F. (Toronto, ON)	Steps 10 & 11
Mary T. (Tampa, FL)	Step 12
schedule subject to change	

First Name _____ Last Name _____
 Address _____
 City & State _____ Email _____
 Phone _____ Program: AA___ Al-Anon___ Alateen___
 Check here if you would like to volunteer at the conference:___

Please make check for **\$40** per registration, payable to Southern States Women's Conference and send to:

Southern States Women's Conference
P.O. Box 35100
Elmwood Park, IL 60707

Please let us know if you need assistance with accessibility (hearing, vision, and/or physical disability)

\$40 Early registration price online at southernstateswomensconference.org/registration or use QR code



ASL Interpreter Provided

Hyatt Riverfront Jacksonville
 225 E Coastline Drive
 Jacksonville, FL 32202
 Mention SSWC for conference pricing
 904-588-1234

2024

60th International Women's Conference

VIRTUAL!

INTERNATIONALWOMENSCONFERENCE.ORG



February 8-11, 2024
Live from Portland, Maine

KEYNOTE SPEAKERS broadcast to you from Portland, Maine
ENTERTAINMENT and fellowship Friday and Saturday nights

HYBRID PANELS: Attend select panels as they happen live

EXCLUSIVE online panels & workshops for attendees

OPPORTUNITIES to be of service to other sober women

\$15
Registration

<https://internationalwomensconference.org/>



Questions? IWCPORTLAND24@GMAIL.COM

STEPPING INTO SERENITY WOMEN'S CONFERENCE FEBRUARY 23-25, 2024 CHATTANOOGA, TN



Hotel Info:

Doubletree by Hilton
407 Chestnut Street
Chattanooga, TN 37402
423-756-5150

Room Rates: \$121.00
Reservation Code: SIS
Reserve by: 01/23/2024



SPEAKERS

Jennifer D. Wilmington, NC	Step 1
Mari G. Markham, Canada	Step 2 & 3
Judith R. Bismark, ND	Step 4 & 5
Amy D. Louisville, KY	Step 6 & 7
Leslie S. Atlanta, GA	Step 8 & 9
Jessica J. Georgetown, TX	Step 10 & 11
Brenda J. Mckinney, TX	Step 12
Diane A. Nashville, TN	Alanon



Registration: \$30 until January 1st, 2024

At the Door: \$35 after January 1st, 2024

Please make check or money order to "SIS" and mail to

Stepping Into Serenity

P.O. Box 21203

Chattanooga, TN 37424

www.steppingintoserenity.org



AA Alanon Volunteer ASL
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email: _____
Name on Badge: _____

AA Alanon Volunteer ASL
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email: _____
Name on Badge: _____

STORY SOLICITATION

"Do You Think You're Different?" Pamphlet Update
Deadline for submissions: April 30, 2024

<https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426>

The trustees Literature Committee is seeking stories from AA members with diverse backgrounds. This is in response to the 2022 Conference Advisory Action that the trustees' Literature Committee revise the pamphlet "Do You Think You're Different?" to update the stories to represent greater diversity.

The Trustees' Literature Committee requested that consideration be given to stories from multicultural populations, stories from A.A. members whose experience reflects multiple factors, and from diverse populations not addressed in other current A.A. literature.

Please encourage members in your area to write their personal stories for possible inclusion in the revised pamphlet "Do You Think You're Different." Stories should reflect "in a general way what we used to be like, what happened, and what we are like now."

The suggested format for typed manuscripts is 500-800 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages.

Please include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not.

Instructions for submitting your manuscript:

Deadline: Please submit on or before **April 30, 2024**

Submit your story by following this link:

<https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426>



Additional ways of sending your story:

Email: pamphletstories@aa.org

Subject Line: "Do You Think You're Different?"

Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163

On the envelope: The word "Pamphlet" should be written on the envelope and at the top of the first page of the manuscript.

Thank you for your participation in the process!

**Please direct all
communications to:**

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

October 20, 2023

Dear A.A Friends,

When the COVID-19 pandemic hit, it presented numerous challenges to our fellowship. As groups and members were finding new ways to meet and interact, the General Service Office (GSO) quickly moved to a virtual environment. This transition came with some challenges, especially since GSO had recently adopted a new automation system. While transitioning to new systems is never easy, the move to a virtual office made things even more challenging. Nonetheless, we have made great strides in working through these challenges.

One of the challenges was the suspension of printing the AAWS Highlights newsletter. However, we are excited to announce that the [AAWS Highlights](#) are back in production and in a better and enhanced format! This new enhanced format supports consistent communication between the General Service Board and the Fellowship.

As the chair of the AAWS Board and the General Manager of GSO, we have collaborated closely to refine our reporting process to the General Service Board. The chair report covers the "Business of the Board," including details from the various committees of AAWS. The General Manager report covers "What's Happening at GSO," summarizing the information provided by the department reports to the Board in a clear and concise manner. The exact reporting format and content that we report to the General Service Board will be the same as the Highlights.


We will be distributing the Highlights after each meeting to keep the fellowship informed of the latest developments and decisions of the AAWS Board and General Service Office. The process for the first release took some time as we crafted it to ensure its quality and relevance. We appreciate your understanding and patience as we work towards providing you with the best possible updates.

We appreciate your trust in us and are grateful for the valuable service you provide.

In loving fellowship,



Cathi Clark
AAWS Board Chair



Bob Wilcox
General Manager, GSO

**Please direct all
communications to:**

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

March 15, 2023

TO: Members of the General Service Conference; Intergroups and Central Offices, U.S./Canada

FROM: Sandra W., 2025 International Convention Interim Coordinator
Email: 2025ic@aa.org

Warm greetings from the General Service Office in New York!

This is a friendly reminder regarding setting up future local events for 2025, the year that the 2025 International Convention will be held in Vancouver, BC, Canada, July 3-6, 2025.

“Reflecting guidance from the Additional Consideration of the 1999 Conference Committee on International Conventions/Regional Forums, the trustees’ Committee on International Conventions/Regional Forums suggested that the area/state/provincial committees be made aware that experience has shown that planning a local A.A. event such as a convention, too near the dates of an International Convention may result in a smaller attendance at the local event; this notice to be sent out annually starting three years prior to each International Convention.”

Once again, if you would pass this information on to any local or regional planning committees who may be setting up future events for 2025, we would appreciate your cooperation.