

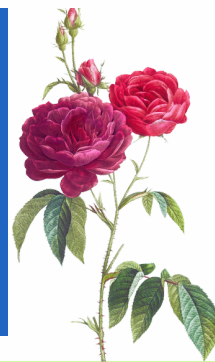
Mountain Doin's

SEPTEMBER
2023

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@ncmco.net
aancmco.org



Get the Fun Going!

by Anonymous - Wilmington, NC

*At first she was afraid to talk to the other young members.
But when the fair came to town, she made her move.*

When I got to AA, I was convinced that nothing in life would ever be fun again. I was just 24. Sure, I saw people laughing and enjoying life in the rooms, but that wasn't for me. Everything that I enjoyed had gotten me into trouble. If there was one thing I came into AA for, it was to stay out of trouble.

My experiences drinking had led me to believe I was a fun, outgoing person, but the truth was that without my social lubricant, I felt awkward and silly talking to anyone. Luckily oldtimers can spot a newcomer from the moment he or she walks into a meeting, and that's just what happened. Members much older than me would come up and say hello, but I couldn't remember their names the following week. It took quite a while for me to get the courage to ask, "What was your name again?" That got a few laughs, and I found that often they had forgotten my name as well.

One day I walked into a meeting, one that had by this time become my home group, and realized that I knew the names and faces of every person in the room. I no longer had trouble introducing myself to newcomers or attending the meeting after the meeting. I finally felt I had become a part of my home group.

Still, I did not befriend many young people. I had a feeling that these oldtimers had to love me, and I still carried a great deal of fear and



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anxiety about interacting with my peers. I was friendly with many young AA members on social media, but in physical meetings I wasn't even able to nod in their direction.

Soon it was fall and it was time for the county fair to arrive. I loved the fair and I really wanted to go. I saw that a group of young members was planning to attend, and got the courage to ask if I could come along. Before I realized what I had done, off we went! That weekend changed my entire experience of AA. I went from being in irrational fear to being surrounded by young AA people and making connections that I hope will last a lifetime. The Big Book says, "We aren't a glum lot." Those AA members welcomed me with no reservations.

Since then, I've been involved with service work outside of my home group with various YPAA (Young People in AA) events in my town. I still get a little scared approaching people my age, but I try to keep in mind how much I was helped by everyone.

When I think of my life today compared to how I was when I got here, there's no comparison. I couldn't even talk to people, and I certainly didn't think of others. AA has helped me to rediscover my hometown, a town which I blamed for my alcoholism for many years. Now I see it through the eyes of recovery. Hobbies, friendships and close

(continued on page 5)

September Grapevine now available!



Young & Sober

This month's feature section is "Young and Sober!" Stories of experience and hope by AA members who got sober early in life. Also, the new GV and LV Apps are coming!

<https://www.aagrapevine.org/> 

Grapevine 2023 Carry the Message Project

Want to help another alcoholic? Grapevine and La Viña are Great Twelfth Step Tools!



[Learn more here!](#)

After-hours Phone Volunteers Needed

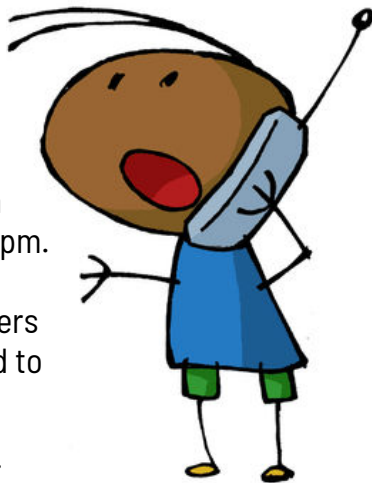
Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>
(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



Call & Visitor Log July 2023

12 Step Calls – 13
General Info – 7
Family Help – 8
Meeting Info – 33
Central Office Business – 46
Medical/Detox – 0
Visitors – 43
After-hours Volunteers – 50 calls

Visits to aancmco.org/ website:
Unique Visitors – 2,914
Total Visits – 6,262; Visits/Visitor – 2.15
Total Pages – 71,413; Pages/Visit – 11.40



NCMCO Board Position Open

John B, our 12 Step Call Volunteer Coordinator, will be stepping down in November. He has done a fantastic job for the last three years! We will be electing a new 12 Step Call Volunteer Coordinator at the September COR/Board meeting.

Here is a list of duties and qualifications:

1. Has responsibility for maintaining the 12-Step phone call volunteer list.
2. Recruits new volunteers.
3. Attends Board and General Committee meetings as a voting member.
4. Shall have at least three years of continuous sobriety.
5. The suggested term will be three years.

If you are interested in volunteering for this position, please attend the COR/Board meeting **Thursday, September 14, 6:00pm.** For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 7/31/2023

Prudent Reserve
\$16,129.04

Operating Account
\$12,329.14

Rent Deposit - \$400.00
Petty Cash - \$50.00

Profit & Loss YTD

	Jul 2023	Jan-Jul, 2023 (YTD)
Income		
Contributions		
Birthday Contributions		\$39.28
Group Contributions	\$3,669.35	\$19,345.38
Individual Contributions	\$62.23	\$658.58
Total Contributions	\$3,731.58	\$20,043.24
Interest on Money Market	\$1.37	\$9.38
Sales Income		
Literature & merchandise	\$1,512.43	\$17,609.51
Shipping charged to groups	\$47.54	\$448.58
Total Sales Income	\$1,559.97	\$18,058.09
Total Income	\$5,292.92	\$38,110.71
Cost of Goods Sold		
Cost of Goods Sold		-\$108.17
Credit Card Processing		
PayPal Fee	\$28.21	\$135.61
Total Credit Card Processing	\$28.21	\$135.61
Freight - vendor shipping		\$298.70
Literature & merchandise	\$1,186.16	\$14,552.68
Shipping to groups	\$47.54	\$466.48
Total Cost of Goods Sold	\$1,261.91	\$15,345.30
Inventory Shrinkage	\$59.18	\$259.67
Total Cost of Goods Sold	\$1,321.09	\$15,604.97
Gross Profit	\$3,971.83	\$22,505.74
Expenses		
ICOAA Conference	\$50.00	\$50.00
Office Expenses	\$15.99	\$143.81
Office Supplies	\$6.00	\$525.28
Payroll Expenses		
Gross Salary	\$1,420.00	\$10,610.00
Payroll Taxes (Company)	\$108.64	\$811.74
Total Payroll Expenses	\$1,528.64	\$11,421.74
Rent	\$604.00	\$4,228.00
Telephone & Internet		
Office Telephone/Internet	\$106.39	\$843.99
Web Expenses		-\$94.23
Total Telephone & Internet	\$106.39	\$749.76
Total Expenses	\$2,311.02	\$17,118.59
Net Operating Income	\$1,660.81	\$5,387.15
Net Income	\$1,660.81	\$5,387.15



Contributions

Group Contributions:	July 2023	YTD
12 & 12 Study Group 717-595	\$40.00	\$105.00
Acceptance Group 122-477	\$47.50	\$983.50
Agnostics, Atheists & Freethinkers AA Group		\$265.00
As Bill Sees It Group 169-463		\$45.00
Back to Basics Grp (Weaverville) 147-139		\$150.00
Big Town Group 671-200		\$309.30
Brevard Men's Group		\$250.00
Bryson City Group 110-467		\$100.00
BYOC - Bring Your Own Coffee		\$150.00
Candler KISS Group 163-148	\$112.50	\$350.50
Cashiers Valley Grp 122-589	\$400.35	\$772.94
Cedar Mountain Group 161-082		\$121.00
Common Sense Group 179-909		\$300.00
Conscious Contact Group - Asheville		\$581.00
Cullowhee Valley Group 118-129		\$210.00
Cumberland Group 122-472	\$100.00	\$230.00
Daily Decisions 643-869		\$2,009.08
Day by Day Group 159-058	\$76.15	\$328.58
Early Bird Group 612-780	\$169.00	\$327.00
Fellowship Group, Fletcher 655-542	\$600.00	\$1,320.00
Fireside Group 655-046		\$171.73
Good Livers 666-360		\$400.00
Grace Group of Asheville 161-970		\$812.10
Hendersonville Group 110-594		\$399.00
Hendersonville Men's Group	\$50.00	\$200.00
Hendersonville Women's BBSS 723-106		\$175.00
Hey Girl, Surrender Group - 000392207	\$150.00	\$150.00
It's In the Book Group 000260106		\$100.00
Joy of Living - Brevard 669-820		\$205.50
Liars Club	\$102.00	\$383.00
Lost and Found Group 000427291		\$100.00
Maggie Valley Group 158-950		\$550.00
Mars Hill Group 130-895	\$85.00	\$160.00
Marshall Group 100-489	\$110.00	\$210.00
Micaville 12 & 12		\$100.00
Midday Group (Hendersonville) 143-420		\$60.00
Monday 6:00 Open Meeting	\$60.30	\$140.30
Mountain View Group (Highlands) 110-598		\$124.40
Newcomers Group - Flat Rock	\$40.00	\$40.00
New Freedom Group 700-124		\$150.00
Noontime Big Book Study		\$37.40
Phoenix Group 697-148	\$72.00	\$156.00
Practicing Principles 667-311		\$31.27
Recovery by the River 674-892	\$67.47	\$157.79
Roundtable Group 135-605		\$70.00
Safe & Sound Group 645-654		\$418.97
Saturday Morning Men's Meeting	\$75.00	\$450.00
Serenity Service Group 110-498		\$424.33
Sober Sisters - Black Mtn		\$438.50
Sober Sisters - Burnsville 000460489		\$100.00
South Asheville Literature		\$75.00
Spruce Pine Group 110-679		\$225.00
Spruce Pine Saturday Morning Group 110-679		\$116.00
Total Surrender Group		\$99.00
Traditional Group 110-499	\$250.00	\$750.00
Tuesday Night Men's Group 179-001		\$93.00
Waynesville Grace Group 110-692	\$732.08	\$1,307.19
We Think Not Group 700-411		\$30.00
Women of Courage Group 688-025	\$330.00	\$642.00
Young People's Group 645-646		\$185.00
Total Group Contributions:	\$3,669.35	\$19,345.38

Individual Contributions:	July 2023	YTD
Anonymous	\$27.23	\$125.54
Beverly B.		\$130.00
Judy M.		\$38.00
Kay G.		\$30.00
Nancy B.		\$10.04
Shannon K.	\$25.00	\$175.00
Sheila D.		\$80.00
In Memory of B.G.	\$10.00	\$70.00
Total Individual Contributions:	\$62.23	\$658.58

Birthday Contributions:	July 2023	YTD
Anonymous		\$34.28
Keith F.S.		\$5.00
Total Birthday Contributions:	\$0.00	\$39.28

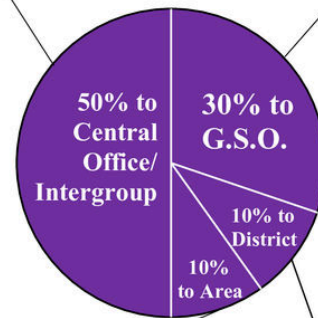
Mountain Doin's Subscriptions:	July 2023	YTD
Total Contributions:	\$3,731.58	\$20,043.24

Suggestions & Addresses for sending Donations to the A.A. Service Structure*

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 17271
Raleigh, NC 27619

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
22 Whisper River Ct.
Sapphire, NC 28774



Get the Fun Going!

(continued from page 1)

personal relationships are some of the gifts I have received in sobriety.

When I walked into AA, I thought I was closing the doors on fun and excitement. Boy, was I wrong. In reality, I had just entered a fun, sober fellowship, a world beyond my wildest dreams. Through the Steps, I discovered myself and began to love myself for who I am. Through the Traditions, I discovered how to live in a world with others. Through the Fellowship of AA and YPAA events, I discovered that there is a substitute to drinking which far surpasses the life I had before.

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Anger

by Ocean S. - Burnsville, NC

Anger is often the topic in discussions about "recovery." The affected party speaks often for periods extending their allotted times on aberrant behavior related to their "angry," behavior which has violated the rules, the law, and/or the rights or person of others and they are exceptionally careful to explain that, "I would not have acted out that unacceptable behavior 'but' I got angry." Getting "angry," in their minds, should excuse or at least ameliorate their behavior.

Looking in "that" mirror, I see my reflection a little clearer and perhaps a little more justified for whatever the incident was. However!!!

"Angry" lives in the woods behind my house. I know where to find him when I require his assistance.

Whenever I am faced with a situation for which I have no "reasonable" response I can always run back in the woods and get "Angry." Then "Angry" and I can do whatever we decide to do to accomplish whatever "illegal," immoral, and ill-advised action we feel we need to do to accomplish whatever goal we set.

"It's really not 'my' fault! I wouldn't have done that but I got 'Angry!'"

"Angry" lives in the woods behind my house.

Anger is always a response to "Fear."

Anger has never once come into existence without fear occurring first.



Special Meetings and Events



NOTE: For updates, please check the specific event websites, or <https://aancmco.org/index.php/events/>



Ongoing... Bowling Fridays @ Sky Lanes. Hang out with fellow A.A.s, bowl a game or two, and have some fun! **Every Friday at 1:30pm.** Sky Lanes, 1477 Patton Ave, Asheville 28806. See flyer for more information.

Grupo Gratiud Octavo Aniversario (8th Anniversary). **Domingo 03 Septiembre**, (Sunday, September 3) **10:00am-12:00pm.** 15 Ida Rogers Dr, Hendersonville, 28792.

AA Potluck. Hosted by the Spiritual Fitness Group. **Sunday, September 3, 1:00-3:00pm.** Woodfin Riverside Park, 1598 Riverside Dr #1540, Woodfin, 28804. Bring a dish and/or bring yourself and spend some time together.

Fireside Sobriety Circle Campout. September 7-10. Yogi in the Smokies Campground, Big Cove Road, Cherokee. For more details see flyer or contact Herb by phone: 828-506-8563 or email: firesidesobriety@gmail.com

Bridging the Gap Workshop Weekend. September 8-10. Hosted by Area 67 Southeast Texas. Sheraton North Houston, 15700 John F Kennedy Blvd, Houston, TX 77032. Go to <http://btgww.org/> for online registration. Any questions, contact Laura S: coordinator@btgww.org



Safety in AA. Saturday, September 16, 10:00am-12:00pm. A panel discussion hosted by District 41. Durham Memorial Baptist Church, 1601 Toddville Rd, Charlotte, NC 28214. See flyer for more information.

TN AA Convention. September 29-October 1. Manchester Coffee County Conference Center, 147 Hospitality Blvd, Manchester, TN 37355. For more information see flyer. For online registration, go to their website: <https://tnaaconvention2023.com/>



Corrections Workshop. Hosted by Districts 70, 71 and 80. **Saturday, October 7, 9:00am-3:00pm.** Corrections Panels and Guest Speaker; Coffee/Donuts and Lunch will be served. Maggie Valley United Methodist Church, 4192 Soco Rd, Maggie Valley, NC 28751

Big Book Workshop. Hosted by the Charlotte Conference Committee. **October 13-14.** Albemarle Road Presbyterian Church, 6740 Albemarle Rd, Charlotte, NC 28212. For more information, see flyer or visit their website: <https://tinyurl.com/fallthroughthesteps>



Area 51 Fall Committee & Assembly Meeting. October 20-22. The Hilton Raleigh North Hills, 3415 Wake Forest Road, Raleigh, NC 27609. Deadline for reservations: Wednesday, September 20. See flyer for registration information or go to the Area 51 website: <https://aanorthcarolina.org/members/assembly/> Questions? Contact Area Chairperson: chair@aanorthcarolina.org



SSAASA7. (Southern States A.A. Service Assembly) November 17-19. Sheraton Orlando North, Orlando, FL. Hosted by Area 14 - North Florida. Service Workshops, panel discussions, service experience. For online registration, go to their website: <https://www.ssaasa7.org/> Questions? Email chair.ssaasa7@gmail.com



NC Area 51 Events: <https://aanorthcarolina.org/events/>



GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/f-36_summer2023.pdf



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **Sunday, September 10, 2:30pm**, via Zoom -Meeting ID: 933 8500 3069; Passcode: 672458 For updates go to: <https://ashevilleaa.org/calendar/>



District Service Committees. If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting. There are still a few open positions that need to be filled.

Accessibilities Committee – Chairperson is Scott S. Want to make sure your A.A. group is accessible to all who want to attend? Contact Scott at access@ashevilleaa.org for an Accessibilities Checklist.

Archives Committee needs you! Chairperson is Dennis H. The Archives Committee wants A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information, contact Dennis at archives@ashevilleaa.org

CPC/PI Committee – Chairperson is George M; Tom W is Co-chair. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact George or Tom at cpc-pi@ashevilleaa.org.

Corrections Committee – To learn about corrections service, come to the Corrections Workshop on **Saturday, October 7, 9:00am-3:00pm** at the Maggie Valley United Methodist Church, 4192 Soco Rd, Maggie Valley, NC 28751. There will be workshops, speakers, and lunch. See flyer for more information. Hope to see you there!

In District 70, A.A. meetings are being taken into Buncombe County (Asheville) and Yancey County (Burnsville), Western Correctional Center for Women (Black Mountain), Craggy (Asheville), Avery-Mitchell (Spruce Pine), Mountain View (Spruce Pine) and Marion (Marion). There is always a need for more volunteers to take meetings into the facilities. If you'd like to volunteer or be of service in corrections, contact Tammy Z, the Women's Corrections Chair at corrections_women@ashevilleaa.org. To contact Andrew H, the Men's Corrections Chair, email corrections_men@ashevilleaa.org

Literature and Grapevine Committee – Chairperson is Maria E. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR meeting or email Maria at literature@ashevilleaa.org

Treatment Facilities Committee – Chairperson is Mike. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

“Bridging the Gap” (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in the facility make that transition from “inside” the program to life on the “outside”. To connect with Avery L, the Bridging the Gap Chair, email him at bridgingthegap@ashevilleaa.org. (They are still in need of a Co-Chair.) If you are interested in volunteering, please attend the next GSR meeting. For more information on Bridging the Gap, visit the website: www.btgww.org



District 71

GSR Business Meeting – held on the 2nd Saturday of the month. All their meetings are now in person. The next meeting will be **Saturday, September 9, at 8:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! Check their website for meeting updates and links: <https://www.nc71.org/>



There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for the jails. The DCM, Alternate DCM, and Web Admin will be rotating out in December so those positions will need to be filled. They also still need Chairpersons for CPC/PI, Treatment and Bridging the Gap Committees. See website for information on these positions. If you have any questions, contact Liz G, DCM, or Annette K, Alt. DCM, through the website: <https://www.nc71.org/contact>



District 80

GSR Business Meeting – held quarterly. The next meeting will be on **Sunday, October 15th, 1:00-3:00 pm**. This will be a hybrid meeting with Zoom capability as well as an in-person meeting; location and Zoom information to be announced at a later date. A detailed discussion and vote on adopting a District 80 sub-division and appointment of Local Committee Members will be on the agenda. All GSRs are urged to attend! For more information go to the District 80 website: <http://aawnc80.com/events>



Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, call or email Central Office: 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be **Thursday, October 12, 5:00pm**, and will be held virtually. The GoToMeeting ID is 543513261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs may vote so we encourage your group to elect a COR. Your input is important to us!

The next COR/Board meeting will be **Thursday, September 14, 6:00pm**, via Zoom: Meeting ID: 757 855 2319 Passcode: 000000



We will be electing a new 12 Step Call Volunteer Coordinator. See page 3 for details of qualifications and duties. And we will need a new Board Chairperson and a new Secretary in January 2024. If you are interested in being of service, please attend the COR/Board meeting to learn more about these positions.

For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>



Happy Anniversary!

3 Legacies Group

David J. 9-28-1985 38 yrs

Acceptance Group

Kimberly B. 9-20-2009 14 yrs

Michelle P. 9-24-1991 32 yrs

Roger K. 9-26-1981 42 yrs

Sally S. 9-28-2009 14 yrs

Back to Basics Group - Weaverville

Paul M. 9-01-2013 10 yrs

Diane M. 9-10-2021 2 yrs

Benton B. 9-13-2022 1 yr

Ginger H. 9-13-1991 32 yrs

Matthew M. 9-20-2010 13 yrs

Cate M. 9-25-1982 41 yrs

Black Mountain Group

Joel H. 9-16-2007 16 yrs

Nicole 9-24-2017 6 yrs

Conscious Contact Group

Siobhan S. 9-11-2021 2 yrs

Roger K. 9-26-1981 42 yrs

Cumberland Group

Bob R. 9-07-1983 40 yrs

Tadd C. 9-14-1987 36 yrs

Perry O. 9-17-2016 7 yrs

Matt G. 9-23-2013 10 yrs

Marianna K. 9-26-2020 3 yrs

Aaron F. 9-27-2012 11 yrs

Daily Decisions Group

Joey D. 9-02-2021 2 yrs

Bruce N. 9-07-2021 2 yrs

Fellowship Group

Dan A. 9-01-2021 2 yrs

Taylor F. 9-01-2012 11 yrs

Ray W. 9-04-2017 6 yrs

Carl G. 9-09-1996 27 yrs

Lisa D. 9-11-2015 8 yrs

Jay M. 9-18-2022 1 yr

Ken W. 9-22-2022 1 yr

Stephanie G. 9-25-2019 4 yrs

Frank B. 9-27-1989 34 yrs

Gerd S. 9-27-1979 44 yrs

Natalie R. 9-30-2017 6 yrs

Good Livers Group

Darren D. 9-08-1989 34 yrs

Laura M. 9-20-1987 36 yrs

Nat C. 9-26-1989 34 yrs

Grace Group

Jon B. 9-01-2003 20 yrs

Margaret B. 9-04-2005 18 yrs

Sean F. 9-08-2013 10 yrs

Casey S. 9-11-2000 23 yrs

John M. 9-18-2002 21 yrs

Tim C. 9-19-2018 5 yrs

Charles W. 9-27-2010 13 yrs

Bill E. 9-30-1994 29 yrs

Happy Hour Group

Jim L. 9-09-2002 21 yrs

Randall D. 9-11-2004 19 yrs

Hendersonville Group

Ike F. 9-01-2007 16 yrs

Tom P. 9-06-1994 29 yrs

Ann T. 9-23-2015 8 yrs

Cate M. 9-25-1982 41 yrs

Rob T. 9-29-2015 8 yrs

Hendersonville Men's Group

Jared S. 9-15-2022 1 yr

Mike H. 9-19-2009 14 yrs

Lambda Group

Glenn H. 9-10-2009 14 yrs

William S. 9-10-2018 5 yrs

Tim R. 9-17-2007 16 yrs

Mikey D. 9-17-2018 5 yrs

Megan M. 9-20-2019 4 yrs

Audrey Y. 9-22-2002 21 yrs

Bella Q. 9-23-2019 4 yrs

Michelle P. 9-24-1991 32 yrs

Leicester Group

Beth D. 9-29-2005 18 yrs

Library Group

Michael C. 9-10-2003 20 yrs

Mars Hill Group

Paul M. 9-01-2013 10 yrs

Sheri W. 9-03-2014 9 yrs

Laura L. 9-15-2013 10 yrs

Rachel S. 9-22-2013 10 yrs

Bendik C. 9-27-2007 16 yrs

Motley Crew/Columbus

Michael V. 9-13-1979 44 yrs

One Day At A Time Grp - Rutherfordton

Denise F. 9-06-1992 31 yrs

Serenity Seekers - Marion

Lori R. 9-08-2002 21 yrs

John C. 9-11-2002 21 yrs

Julie J. 9-14-2016 7 yrs

Dan M. 9-18-2015 8 yrs

Sober Sisters Group of Burnsville

Jill J. 9-20-1986 37 yrs

Total Surrender Group

Gabbi F. 9-16-2014 9 yrs

Joy P. 9-18-2022 1 yr

Ryan C. 9-21-2005 18 yrs

Traditional Group

Jared D. 9-12-2022 1 yr

Jonathan M. 9-13-2022 1 yr

Joel H. 9-16-2007 16 yrs

Sara C. 9-20-2021 2 yrs

Steve V. 9-21-2021 2 yrs

Andrew B. 9-25-2021 2 yrs

Waynesville Grace Group

Doug V.W. 9-01-1998 25 yrs

Stephen H. 9-02-2016 7 yrs

Bill S. 9-15-1972 51 yrs

Steve A. 9-17-2012 11 yrs

Women of Courage

Laurie T. 9-03-1984 39 yrs

Carolyn R. 9-05-2020 3 yrs

Murri S. 9-12-1984 39 yrs

Sascha F. 9-15-1990 33 yrs

Laurie G. 9-15-2022 1 yr

Judy Lee T. 9-18-1982 41 yrs

Mary M. 9-23-2003 20 yrs

Christina M. 9-25-2021 2 yrs

Young People's Group

Bekah A. 9-08-2021 2 yrs

Ben C. 9-11-2021 2 yrs

William G. 9-21-2020 3 yrs

Need to update your Group's anniversary list?
Call Central Office - 828-254-8539 - or send a new list to:
info@ncmco.net. The October newsletter deadline for
sending in anniversaries and announcements is September 15.



Does your group have a

COR?

(Central Office Representative)

What are Central Office Representatives?

What are their duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for details:

<https://aancmco.org/index.php/events/>

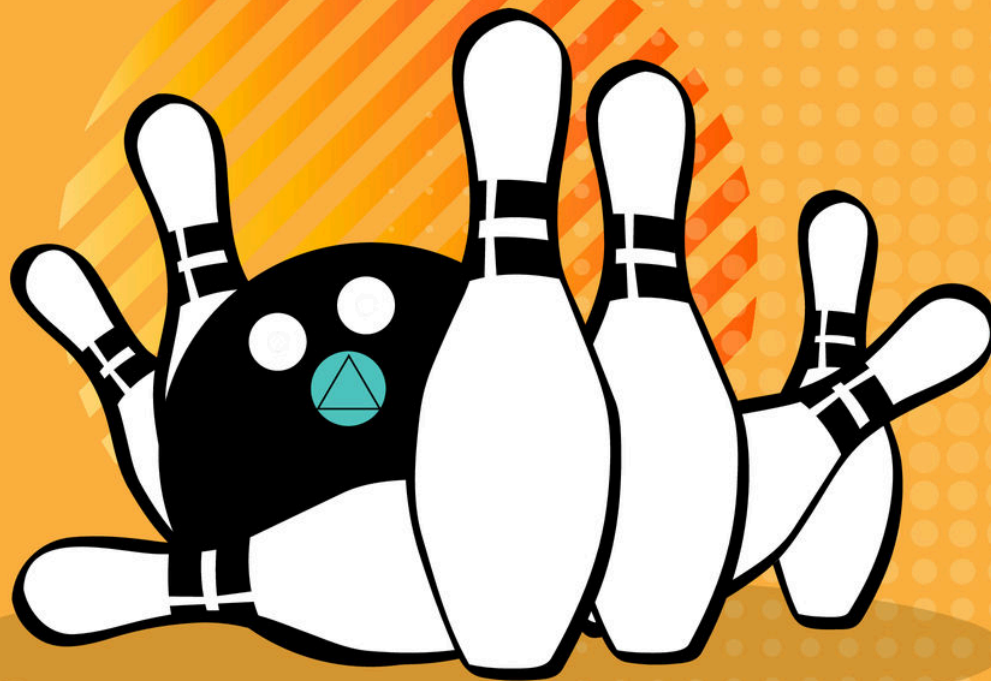
(They have great food too!)

Bowling



FRIDAYS @ SKY LANES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



WHERE?

Sky Lanes
1477 Patton Ave
Asheville

WHAT TIME?

Every Friday
at 1:30PM

HOW MUCH?

\$5 per game
\$3 shoe rental

Grupo Gratitude

HENDERSONVILLE, N.C.

Agosto/29/2015

Alcohólicos



Agosto/29/
2023

Anónimos

OCTAVO ANIVERSARIO

Domingo 03 Septiembre 2023

10AM a 12PM



Música Bailable y
Almuerzo

Todos están invitados. Importante información, como superar los daños personales, familiares, de trabajo y legales que causa el alcohol. Los niños son bienvenidos

MAS INFORMACIÓN

(828) 708-2282

(781) 632-0300

(828) 423-5281

15 IDA ROGERS DR. HENDERSONVILLE, NC 28792

FIRESIDE SOBRIETY



STRENGTH

KINDNESS

HONESTY

SHARING



CIRCLE

Sept 7-10, 2023

YOGI in the SMOKIES CAMPGROUND

BIG COVE ROAD, CHEROKEE, NC (828) 482-4212

Bring your **CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS**, and your **POW WOW Regalia!**
 Contact: Herb W. at 828-506-8563 or firesidesobriety@gmail.com
 Registration begins **Thursday at Noon**
NO PETS in Food Serving/Eating, PowWow, under big tent, or Sacred Fire Areas!
NO PETS AT TENT SITES

~NA/AA/Al-Anon Speakers~
 ~Talking Circles~
 ~Meetings~
 ~T-shirts & Sweatshirts~
 ~SOBRIETY Pow Wow~
 ~Sobriety Countdown~
 "MUCH MORE"

PRE-REGISTRATION: \$55/PERSON (kids 10 and under are FREE, 11-17 \$20). Price includes breakfast and dinner and tent/camper site for three (3) nights **\$60 at the Gate** **EARLY REGISTRATION ENDS Aug 31, 2023**

NAME(S): _____

ADDRESS: _____

EMAIL(S): _____ / _____

PHONE #: H) _____ (C) _____ (C) _____

In Party: _____ Amount Enclosed: _____

Cut & Mail Registration Form by Aug 31st, 2023
With Checks Made Payable to: Fireside /Fall 2023

FIRESIDE Sobriety CIRCLE
 C/O Herb Wachacha
 PO Box 2015
 Cherokee, NC 28719

2023

ALCOHOLICS ANONYMOUS

BRIDGING
THE

GAP

TEMPORARY CONTACTS

Workshop
Weekend

September 8th - 10th 2023

Sheraton North Houston

15700 John F Kennedy Blvd Houston TX 77032

Hosted by Area 67 Southeast Texas

For hotel reservations call Reservations at 1-281-442-5100

Refer to Group **BTGWW** for special workshop rate of **\$89 plus tax**

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences, and breakout sessions on BTG topics. **Go to btgww.org for online registration** and more information about Bridging the Gap and the workshop



\$35 Early Bird Registration only

\$40 Registration only **after July 31st**

\$90 **\$85** Registration & Banquet

Banquet Registrations must be received by August 20th

Total Submitted: \$ _____

I am interested in purchasing recordings

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____ Area #: _____

Email: _____

I am willing to give a presentation on the following topic:

Accommodations-Special Needs? _____

Return registration form and check to: BTGWW, 2107 Watson Ave St. Paul MN 55116

Any questions, contact Laura S. (612) 309-8385 or email: coordinator@btgww.org

District 41 presents:



SAFETY IN AA

A panel discussion about how to apply the traditions when a person endangers another individual or disrupts the groups efforts to carry A.A.'s message.

Presented by Jerry W. and Madeline S.

WHEN:

Saturday, September 16th from 10am - 12pm

WHERE:

*Durham Memorial Baptist Church
1601 Toddville Rd.
Charlotte, NC 28214*



Districts 70, 71 and 80 of Western North Carolina invite you to join us for a

CORRECTIONS WORKSHOP

- **Corrections Panels and Guest Speaker.**
- **Coffee/Donuts and Lunch will be served.**

October 7, 2023

9 am – 3 pm

**Maggie Valley United
Methodist Church**

4192 Soco Rd

Maggie Valley, NC 28751

FALL THROUGH THE STEPS



OCTOBER 13-14, 2023

PRESALE TICKETS AVAILABLE ONLINE: \$20

TICKETS AFTER AUGUST 14TH & AT DOOR: \$25

JOIN US FOR A 2 DAY BIG BOOK WORKSHOP HOSTED BY THE
CHARLOTTE CONFERENCE COMMITTEE

LOCATION: ALBEMARLE ROAD PRESBYTERIAN CHURCH
6740 ALBEMARLE ROAD CHARLOTTE, NC 28212

SCAN FOR REGISTRATION

LED BY
JARED D. & JOHN E. FROM DALLAS, TX



AGENDA

FRIDAY
6:00PM: DINNER PROVIDED
7:00PM: WORKSHOP

SATURDAY
8:30AM-9:30AM: BREAKFAST & COFFEE
9:30AM-12:30PM: WORKSHOP
12:30PM-1:30PM: LUNCH
1:30PM-4:30PM: WORKSHOP

VISIT [HTTPS://TINYURL.COM/FALLTHROUGHTHESTEPS](https://tinyurl.com/fallthroughthesteps) FOR MORE INFO

General Service Committee

Chairperson
10100 Wood Ct.
Charlotte, NC, 28277
chair@aanorthcarolina.org

Secretary
PO Box 11104
Wilmington, NC 28404
secretary@aanorthcarolina.org

DEADLINE FOR HOTEL RESERVATIONS September 20, 2023

DATE: AUGUST 23, 2023
TO: GSRs, Alternate GSRs, DCMs, Alternate DCMs, LCMs (Local Committee Members), Convention Chair and Alternate, Coordinators, Officers, Past Delegates, and any other interested members!
SUBJECT: **Area 51 Fall Committee & Assembly Meeting October 20-22, 2023**

Theme: "RECOVER, UNITE, and SERVE"

Special Guest: TBD

Assembly Business Sessions, Workshops, Early Bird, and Speaker Meetings
Literature, Grapevine, Corrections, Treatment, Accessibilities, Archives, CPC, and PI Displays
will be held at the

Hilton Raleigh North Hills, 3415 Wake Forest Road, Raleigh, NC 27609

Hotel Reservations

Deadline for Reservations: Wednesday, September 20, 2023

Group Code: NCGS

Group Name: North Carolina General Service

Room Rates: \$169.00 Single/Double, \$179.00 Triple, \$189.00 Quad

Phone: 919-872-2323 or 800-445-8667 [1-800-HILTONS]

Internet: Link for direct reservations: <https://tinyurl.com/bdnew3x9>

Internet: Link for hotel information: www.northraleigh.hilton.com

For Best Results

- **PLEASE MAKE YOUR RESERVATIONS EARLY!**
- Call as soon as possible and **before** the deadline. It's easier to cancel a reservation than to get one at the last minute.
- Once the rooms in our block sell out, it's unlikely other rooms will remain in the hotel.
- Specify the group code "NCGS" and the group name "North Carolina General Service."
- If possible, call the Hilton Raleigh North Hills directly at 919-872-2323 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability please contact Greg K., the Area Chairperson, at chair@aanorthcarolina.org.

Thank you for your service and support of Area 51.

SEE YOU IN OCTOBER!

Inspire and Attract!

SSAASA7

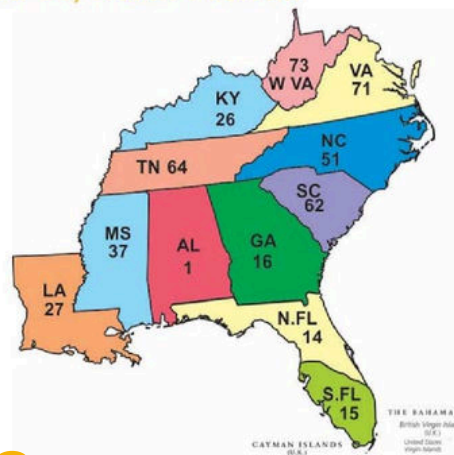
South East Region Service Assembly

Meet your peers around the South East Region

Hosted by Area 14, North Florida

- ✓ Panel Discussions
- ✓ Service Workshops
- ✓ Share Your Service Experience
- ✓ Learn and Discover
- ✓ Volunteer Opportunities

**Southern States
A. A.
Service Assembly
Orlando Florida
Sheraton Orlando North
November 17-19, 2023**



SSAASA7.ORG



Questions? Email chair.ssaasa7@gmail.com

Scan to go to website

Service Workshops * Panel Discussions * Service Experience

YOU Are Invited!

Inquiring minds and trusted servants from all over the South East Region will come together to discuss all things service. Come to Discover, Learn and Share. See old friends, and make new ones.

Volunteer to help in so many ways:

- Greeter
- Registration
- Hospitality
- Presenter

Discuss and Share:

- General Service Positions
- Grapevine
- Intergroup
- Traditions (Have fun)
- Concepts (Learn)
- Just checking out the 3rd Legacy?

Register and reserve your room at ssaasa7.org, or download paper registration form and FAQ

Questions? Email chair.ssaasa7@gmail.com

Need A Scholarship? We are able to offer a scholarship for Registration Only. Email chair.ssaasa7@gmail.com for an application. Be sure to allow time to reserve your hotel room if one will be needed.

SSAASA 7 FAQ's

- What: SSAASA 7, hosted by Area 14
- When: November 17-19, 2023
- Where: Sheraton Orlando North, 600 North Lake Destiny Road, Maitland, FL 32751
- Go to: SSAASA7.org to register, reserve your room, and then plan to have FUN!!

- Important Dates: Make your hotel reservation by October 26, 2023 and register by November 3, 2023. Remember, presenters will be chosen from the registration list, so register early.
- What does SSAASA stand for? SSAASA is the Southern States Alcoholics Anonymous Service Assembly. It began in 2011. It is held each odd year in November.
- Who is SSAASA for? SSAASA is an event supported by the Southeast Region. Any AA member can attend but it is planned by members from the 13 Areas in the Southeast Region, for GSRs, DCMs, District & Area Committee Members, Intergroup/Central Office reps, and anyone interested in or involved in A.A. service. All A.A. members are welcome to attend to learn more about our Third Legacy - Service!
- What happens at a SSAASA event? A program is set up by the host committee where there are general sharing sessions, panels on specific topics, and workshops or roundtables where people holding the same jobs can share experience with each other and learn more about each service opportunity.
- Is there a cost? Yes. The SSAASA event is self-supporting through your registration fee. Home groups, districts, and areas can honor the 7th tradition by supporting your trusted servants so that they may attend.
- All attendees need to register at ssaasa7.org, or by mail . Then be sure to complete your hotel reservation from the link provided on the website

Still got Questions? Email chair.ssaasa7@gmail.com



Southern States Women's Conference

January 26-28, 2024

Debbie D. (Concord, CA)	Steps 1 & 2
Sharon C. (Los Angeles, CA)	Step 3
Michalene (Escondido, California)	Steps 4 & 5
Amanda B. (Montgomery, AL)	Steps 6 & 7
Juanita U. (Santa Fe, New Mexico)	Alanon
Tina A. (Hollister, CA)	Steps 8 & 9
Mildred F. (Toronto, ON)	Steps 10 & 11
Mary T. (Tampa, FL)	Step 12
schedule subject to change	

First Name _____ Last Name _____
 Address _____
 City & State _____ Email _____
 Phone _____ Program: AA___ Al-Anon___ Alateen___
 Check here if you would like to volunteer at the conference:___

Please make check for **\$40** per registration, payable to Southern States Women's Conference and send to:

Southern States Women's Conference
P.O. Box 35100
Elmwood Park, IL 60707

Please let us know if you need assistance with accessibility (hearing, vision, and/or physical disability)

\$40 Early registration price online at southernstateswomensconference.org/registration or use QR code



ASL Interpreter Provided

Hyatt Riverfront Jacksonville
 225 E Coastline Drive
 Jacksonville, FL 32202
 Mention SSWC for conference pricing
 904-588-1234

2024

60th International Women's Conference

VIRTUAL!

INTERNATIONALWOMENSCONFERENCE.ORG



February 8-11, 2024
Live from Portland, Maine

KEYNOTE SPEAKERS broadcast to you from Portland, Maine
ENTERTAINMENT and fellowship Friday and Saturday nights

HYBRID PANELS: Attend select panels as they happen live

EXCLUSIVE online panels & workshops for attendees

OPPORTUNITIES to be of service to other sober women

\$15
Registration

<https://internationalwomensconference.org/>



Questions? IWCPORTLAND24@GMAIL.COM

**Please direct all
communications to:**

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

March 15, 2023

TO: Members of the General Service Conference; Intergroups and Central Offices, U.S./Canada

FROM: Sandra W., 2025 International Convention Interim Coordinator
Email: 2025ic@aa.org

Warm greetings from the General Service Office in New York!

This is a friendly reminder regarding setting up future local events for 2025, the year that the 2025 International Convention will be held in Vancouver, BC, Canada, July 3-6, 2025.

“Reflecting guidance from the Additional Consideration of the 1999 Conference Committee on International Conventions/Regional Forums, the trustees’ Committee on International Conventions/Regional Forums suggested that the area/state/provincial committees be made aware that experience has shown that planning a local A.A. event such as a convention, too near the dates of an International Convention may result in a smaller attendance at the local event; this notice to be sent out annually starting three years prior to each International Convention.”

Once again, if you would pass this information on to any local or regional planning committees who may be setting up future events for 2025, we would appreciate your cooperation.