

Mountain Doin's

JUNE
2023

828-254-8539
Central Office is open
Monday-Friday
10am-1pm
info@ncmco.net



Truly Belonging

by J.B. - Santa Rosa, CA

From her earliest days, the "Twelve and Twelve" helped her feel part of. Who knew even more joy would come?

My first sponsor, Kathleen, made the best coffee cake. In 2003, when I was newly sober, I ate more than my share while sitting in her living room reading the Step essays in our Twelve Steps and Twelve Traditions book with other women she was sponsoring.

Kathleen instructed us all to highlight more text than we left unmarked. As someone who was typically quite sparing in marking up my textbooks in college, that bothered me, but I did what she said.

She also gave us homework. She asked me to look up the definitions of words in the dictionary that I was certain I already knew. I thought that was dumb, but I did as she asked and learned plenty in the process, not the least of which was the value of staying busy in early recovery.

But mostly, what I got out of those "Twelve and Twelve" studies was a sense of community and belonging. We all formed deeper connections as we talked about what we had read and as we discussed spiritual principles such as honesty, faith and willingness.

Sadly, Kathleen did not stay sober herself. She passed away about two years later. But the highlighting and the written notes I had in my book served as a precious reminder of all she was able to lovingly pass on to me when she was here.



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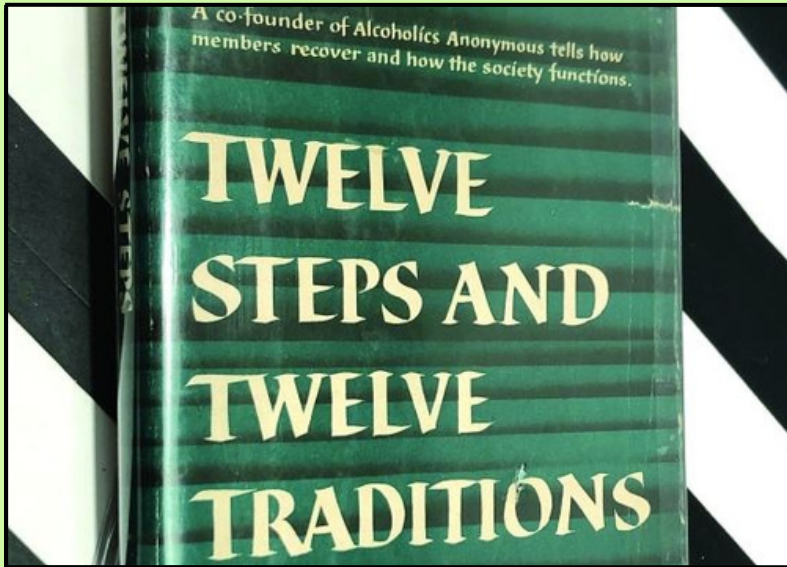
These notes I took also served as a reminder to me of how smart I thought I was and how much I had to humble myself and become truly teachable. I still recall fond memories of all those women whenever I read my "Twelve and Twelve" with a new sponsor, a sponsee or in a book study meeting.

My next two sponsors took me through the essays on the Traditions in the second half of the book. I do the same with both my recovery and service sponsees. The longer I'm in service, the more I have of my own stories to add to the ones Bill shared with us from the early days of AA. And the more I appreciate the wisdom of our founding members, the more that appreciation helps preserve our AA unity.

Over the last 20 years, different parts of the book have jumped out at me at different times. When I had about six years sober, suddenly the passages in the Step Four chapter were like looking in a mirror. My twisted relations with family and friends were described perfectly. Could I let go of the self-centeredness at the heart of my inability to form a true partnership with another human being? That was a question I explored for a few more years as I worked the Steps again. And as I got more involved in service, I definitely learned to be a worker among workers.

(continued on page 5)

June Grapevine now available!



Twelve Steps and Twelve Traditions

To celebrate the 70th anniversary of our beloved book, **Twelve Steps and Twelve Traditions**, the June Grapevine features wonderful stories and experiences by AA members about this book they love.

<https://www.aagrapevine.org/>



Hot off the Presses!



The 30th Anniversary Edition of **The Home Group: Heartbeat of AA** is an update of one of our best-selling books. In it, members share moving experiences about the importance and joys of belonging to an AA group.

To order your copy, go to:
<https://www.aagrapevine.org/store/>
or call Central Office: 828-254-8539

After-hours Phone Volunteers Needed

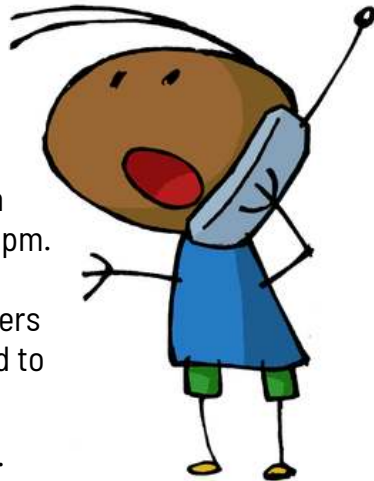
Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>
(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



Call & Visitor Log April 2023

12 Step Calls – 6
General Info – 2
Family Help – 0
Meeting Info – 12
Central Office Business – 56
Medical/Detox – 0
Visitors – 35
After-hours Volunteers – 27 calls

Visits to aancmco.org/ website:
Unique Visitors – 2,103
Total Visits – 4,947; Visits/Visitor – 2.35
Total Pages – 31,865; Pages/Visit – 6.44



COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs may vote so we encourage your group to elect a COR. Your input is important to us!

The next combined meeting will be **Thursday, July 13, at 6:00pm**, via Zoom: Meeting ID: 757 855 2319
Passcode: 000000



For updated meeting information and Zoom link, check the website:
<https://aancmco.org/index.php/events/>



Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 4/30/2023

Prudent Reserve
\$16,124.97
Operating Account
\$11,597.40
Rent Deposit - \$400.00
Petty Cash - \$50.00

Profit & Loss YTD

	Apr 2023	Jan-Apr, 2023 (YTD)
Income		
Contributions		
Birthday Contributions	\$38.28	\$38.28
Group Contributions	\$3,320.95	\$11,550.61
Individual Contributions	\$111.55	\$496.74
Total Contributions	\$3,470.78	\$12,085.63
Interest on Money Market	\$1.33	\$5.31
Sales Income		
Literature & merchandise	\$2,086.33	\$10,529.46
Shipping charged to groups	\$68.87	\$275.98
Total Sales Income	\$2,155.20	\$10,805.44
Total Income	\$5,627.31	\$22,896.38
Cost of Goods Sold		
Cost of Goods Sold		-\$108.17
Freight - vendor shipping	\$22.77	\$206.85
Literature & merchandise	\$1,662.61	\$8,754.37
Shipping to groups	\$86.77	\$293.88
Total Cost of Goods Sold	\$1,772.15	\$9,146.93
Inventory Shrinkage	\$112.25	\$218.91
Total Cost of Goods Sold	\$1,884.40	\$9,365.84
Gross Profit	\$3,742.91	\$13,530.54
Expenses		
Credit Card Processing		
PayPal Fee	\$6.07	\$79.16
Total Credit Card Processing	\$6.07	\$79.16
Office Expenses	\$15.99	\$60.96
Office Supplies	\$326.12	\$370.60
Payroll Expenses		
Gross Salary	\$1,420.00	\$5,640.00
Payroll Taxes (Company)	\$108.64	\$431.50
Total Payroll Expenses	\$1,528.64	\$6,071.50
Rent	\$604.00	\$2,416.00
Telephone & Internet		
Office Telephone/Internet	\$277.36	\$464.52
Web Expenses		-\$330.01
Total Telephone & Internet	\$277.36	\$134.51
Total Expenses	\$2,758.18	\$9,132.73
Net Operating Income	\$984.73	\$4,397.81
Net Income	\$984.73	\$4,397.81



Contributions

Group Contributions:	Apr 2023	YTD
12 & 12 Study Group 717-595		\$25.00
Acceptance Group 122-477	\$82.00	\$936.00
Agnostics, Atheists & Freethinkers AA Group		\$265.00
As Bill Sees It Group 169-463	\$20.00	\$20.00
Back to Basics Grp (Weaverville) 147-139		\$150.00
Big Town Group 671-200	\$130.30	\$309.30
Bryson City Group 110-467		\$100.00
Candler KISS Group 163-148	\$178.00	\$238.00
Cashiers Valley Grp 122-589	\$150.15	\$372.59
Cedar Mountain Group 161-082		\$121.00
Conscious Contact Group - Asheville		\$175.00
Cullowhee Valley Group 118-129		\$100.00
Cumberland Group 122-472		\$130.00
Daily Decisions 643-869		\$1,122.24
Day by Day Group 159-058	\$106.25	\$252.43
Early Bird Group 612-780		\$158.00
Fellowship Group, Fletcher 655-542	\$720.00	\$720.00
Fireside Group 655-046	\$171.13	\$171.13
Good Livers 666-360		\$400.00
Grace Group of Asheville 161-970		\$213.77
Hendersonville Group 110-594		\$399.00
Hendersonville Men's Group	\$100.00	\$150.00
Joy of Living - Brevard 669-820		\$119.00
Liars Club	\$173.00	\$173.00
Lost and Found Group 000427291		\$100.00
Maggie Valley Group 158-950		\$550.00
Mars Hill Group 130-895	\$75.00	\$75.00
Marshall Group 100-489		\$100.00
Micaville 12 & 12	\$100.00	\$100.00
Monday 6:00 Open Meeting	\$80.00	\$80.00
Mountain View Group (Highlands) 110-598	\$56.80	\$56.80
New Freedom Group 700-124		\$150.00
Noontime Big Book Study	\$37.40	\$37.40
Phoenix Group 697-148		\$84.00
Recovery by the River 674-892	\$90.32	\$90.32
Roundtable Group 135-605	\$25.00	\$70.00
Safe & Sound Group 645-654		\$363.42
Saturday Morning Men's Meeting	\$100.00	\$300.00
Serenity Service Group 110-498	\$270.00	\$270.00
Sober Sisters - Black Mtn		\$238.50
South Asheville Literature		\$75.00
Spruce Pine Group 110-679		\$225.00
Total Surrender Group		\$99.00
Traditional Group 110-499	\$250.00	\$500.00
Tuesday Night Men's Group 179-001	\$93.00	\$93.00
Waynesville Grace Group 110-692		\$575.11
Women of Courage Group 688-025	\$312.00	\$312.00
Young People's Group 645-646		\$185.00
Total Group Contributions:	\$3,320.35	\$11,550.01

Individual Contributions:	Apr 2023	YTD
Anonymous	\$8.51	\$68.70
Beverly B.		\$130.00
Judy M.	\$38.00	\$38.00
Kay G.		\$30.00
Nancy B.	\$10.04	\$10.04
Shannon K.	\$25.00	\$100.00
Sheila D.	\$20.00	\$80.00
In Memory of B.G.	\$10.00	\$40.00
Total Individual Contributions:	\$111.55	\$496.74

Birthday Contributions:	Apr 2023	YTD
Anonymous	\$33.28	\$33.28
Keith F.S.	\$5.00	\$5.00
Total Birthday Contributions:	\$38.28	\$38.28

Total Contributions: \$3,470.18 \$12,085.03

Suggestions & Addresses for sending Donations to the A.A. Service Structure*

Revised for 2023

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 17271
Raleigh, NC 27619

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906



Truly Belonging *(continued from page 1)*

At 12 years sober, I got married to the man who is still my husband today. We included lessons from our "Twelve and Twelve" in our wedding vows, as I now felt capable of forming a true partnership. Our AA friends—who were most of the people in attendance—recognized the words from our literature.

In 2017, just three years into our marriage, we lost our home and everything we owned in a wildfire that destroyed our whole neighborhood. Irreplaceable items included family heirlooms, old photographs and my first copy of the "Twelve and Twelve" with all the highlighting and notes from the early days of my recovery. I got a replacement, but the new copy just wasn't the same.

Of course, there are some parts of our "Twelve and Twelve" that are dated and mostly I can overlook those. The only thing I have ever crossed out in any of my AA books was the phrase "of the opposite sex" after the word "mate" in the Step Twelve chapter because it was simply not true. I did that fairly early on, thinking to myself what an easy fix that would be. This was long before I understood our Conference process and how change happens in AA.

Then, in 2021 when I was a delegate to the General Service Conference, it just so happened that a request to remove that phrase was on the agenda. When 85% of us voted to change it to simply say "partner," well, let's just say it was a moment in that historic virtual Conference I'll never forget. I had to turn my camera off on my computer because of my full-on ugly cry that literally took my breath away. It was a tiny change that did not affect the meaning of the sentence whatsoever, but the change may make a difference to new people who come into AA and who will now have one fewer barrier to identifying with our message. It will also help many of my friends and fellows who were already here, who can feel the love and affirmation of truly belonging.

This time, I was excited to purchase another new "Twelve and Twelve." I still miss my original one dearly, with its notes in the margins and way too much highlighting for my taste. But it conjures up precious memories of serving at the Conference, of the lifelong friends I've made and the profound gratitude I feel knowing that I'm part of a society of sober alcoholics in action.

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Special Meetings and Events



NOTE: For updates, please check the specific event websites, or <https://aancmco.org/index.php/events/>



Ongoing... Bowling Fridays @ Sky Lanes. Hang out with fellow A.A.s, bowl a game or two, and have some fun! Every Friday at 1:30pm. Sky Lanes, 1477 Patton Ave, Asheville 28806. See flyer for more information.

Area 51 Spring Committee and Assembly Meeting. June 2-4.

Hilton Raleigh North Hills, 3415 Wake Forest Road, Raleigh, NC 27609. For more information visit the website:

<https://aanorthcarolina.org/members/assembly/>

Questions ? Contact the Area Chair at: chair@aanorthcarolina.org



District 70 Picnic. Sunday, June 4, 11:00am-3:00pm. Speaker at 11:30. Burgers & hot dogs provided; bring a side or a dessert if you want. West Asheville Park - at the end of Vermont Ave (off Haywood Rd) For more information, see flyer.

Founders' Day - 88th Anniversary of Alcoholics Anonymous.

June 9-11. Akron, OH. For more information and online registration, visit their website: <https://akronaa.org/>



District 71 Founders' Day Picnic. Saturday, June 10, 12 Noon -

4:00pm. Holmes Educational Forest, 1299 Crab Creek Rd, Hendersonville, NC 28739. Meet at the Pavilion.

For more information, see flyer.

District 80 Founders' Day Event. Sunday, June 11, 11:00am -

4:00pm. East LaPorte Park, State Rte 107, Cullowhee, NC 28723. For more information, see flyer.

Total Surrender Anniversary Picnic. Sunday, June 25. Food and fellowship 5:30-7:00pm; speaker meeting at 7:00pm. Hot dogs, vegan dogs, cupcakes, and drinks provided; bring a side or just come for the fellowship! New Hope Presbyterian Church, 3070 Sweeten Creek Rd, Asheville 28803

76th NC State Convention. July 20-23. Lake Junaluska Conference and Retreat Center, 91 N Lakeshore Dr, Lake Junaluska, NC 28745.

For more information and online registration, visit their website: <https://www.aanconvention.com/>

If you have questions or problems with hotel reservations, email: aanconvention@gmail.com



27th Annual Southeast Woman to Woman Conference.

August 18-20. Low Country Conference Center, 405 Sigma Dr, Summerville, SC. For more information and registration, visit their website: <https://www.sewomantowoman.org/>

If you have questions, email: info@sewomantowoman.org



NC Area 51 Events: <https://aanorthcarolina.org>



GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/f-36_spring2023.pdf



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month.

The next meeting will be **Sunday, June 11, 2:30pm**, via Zoom -Meeting ID: 933 8500 3069; Passcode: 672458.

For updates go to: <https://ashevilleaa.org/calendar/>



District Service Committees. If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting. There are still a few open positions that need to be filled.

(**NOTE:** They are working on updating the website contact list; the email addresses listed here are valid as far as we know.)

Accessibilities Committee – Chairperson is Scott S. If you are interested in volunteering or have any questions on what the Accessibilities Committee does, contact Scott at access@ashevilleaa.org.

Archives Committee needs you! Chairperson is Dennis H. The Archives Committee wants A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information, contact Dennis at archives@ashevilleaa.org.

CPC/PI Committee – These are two separate service committees – “Cooperation with the Professional Community” and “Public Information” – chaired by George M. You can contact him at cpc-pi@ashevilleaa.org. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers are needed for health clinics and DUI classes. The PI Committee provides accurate A.A. information to the public and media when requested.

Corrections Committee – A.A. meetings are being taken into the following District 70 facilities: Buncombe County (Asheville) and Yancey County (Burnsville), Western Correctional Center for Women (Black Mountain), Craggy (Asheville), Avery-Mitchell (Spruce Pine), Mountain View (Spruce Pine) and Marion (Marion). There is always a need for more volunteers! If you'd like to volunteer or be of service in corrections, contact Tammy Z, the Women's Corrections Chair at corrections_women@ashevilleaa.org. To connect with Andrew H, the Men's Corrections Chair, attend the next GSR meeting.

Literature and Grapevine Committee – Chairperson is Maria E. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR Meeting.

Treatment Facilities Committee – Chairperson is Mike. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

“Bridging the Gap” (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in the facility make that transition from “inside” the program to life on the “outside”.

If you are interested in volunteering, please attend the next GSR Meeting to connect with Avery L., the Bridging the Gap Chair. For more information on Bridging the Gap, visit the website:

www.btgww.org



District 71

GSR Business Meeting – held on the 2nd Saturday of the month.

There will not be GSR Meeting in June. They will be having a Founders' Day Picnic on **Saturday, June 10, 12 Noon – 4:00pm**, with food and speaker and music by local AAs!!! Holmes Educational Forest, 1299 Crab Creek Rd, Hendersonville, NC 28739. Meet at the Pavilion. For more information, see flyer.

There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for the jails. They also still need Chairpersons for CPC/PI, Treatment, and Bridging the Gap Committees. They will be holding elections at the next GSR meeting. See website for information on these positions. If you have any questions, you can contact Liz G., DCM, or Annette K., Alt. DCM, through the website: <https://www.nc71.org/contact>



District 80

GSR Business Meeting – held quarterly. The next meeting will be **Sunday, July 16, 1:00pm**. This will be a hybrid meeting with Zoom capability as well as an in-person meeting.

Zoom Meeting ID: 899 2233 4966; Passcode: District80.

The new in-person meeting location will be Shepherd of the Hills Lutheran Church, 749 State Route 107, Sylva NC 28779.

All GSRs are encouraged to attend. For more information, go to their website: <http://aawnc80.com/events>



Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, please contact Carl by calling or emailing Central Office: 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be **Thursday, July 13, 5:00pm**, and will be held virtually. The GoToMeeting ID is 543513261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com



Happy Anniversary!

3 Legacies Group

Carol D. 6-16-2005 18 yrs

Acceptance Group

Nan G. 6-15-2022 1 yr

Winn L. 6-30-1986 37 yrs

Back to Basics Group - Weaverville

Bob P. 6-02-1992 31 yrs

Robert F. 6-03-1991 32 yrs

Barbara J. 6-14-1999 24 yrs

Carla B. 6-21-1984 39 yrs

Orlando H. 6-24-2019 4 yrs

Jeanne J. 6-26-2019 4 yrs

Black Mountain Group

Matt M. 6-13-2018 5 yrs

Burnsville Group

Amy 6-13-2022 1 yr

Kathy 6-23-1996 27 yrs

Conscious Contact

Kate C. 6-02-2000 23 yrs

Elizabeth H. 6-26-2006 17 yrs

Kenny W. 6-28-2022 1 yr

Cumberland Group

Scott S. 6-04-1987 36 yrs

Daily Decisions Group

Andy B. 6-25-2010 13 yrs

Fellowship Group

Annie M. 6-02-2020 3 yrs

Mark C. 6-06-2020 3 yrs

Judy P. 6-06-2012 11 yrs

Paul D. 6-07-2008 15 yrs

Phil S. 6-09-1995 28 yrs

Jarred G. 6-10-2022 1 yr

Graham V. 6-12-2016 7 yrs

Mark H. 6-22-1995 28 yrs

Kim K. 6-23-2004 19 yrs

Jason B. 6-25-2010 13 yrs

Good Livers

Dave D. 6-04-1988 35 yrs

Caren B. 6-29-2020 3 yrs

Mary W. 6-30-1987 36 yrs

Grace Group

Robert F. 6-03-1991 32 yrs

Hannah H. 6-05-2019 4 yrs

Willy G. 6-05-2021 2 yrs

Eric H. 6-07-2016 7 yrs

Beth C. 6-08-2016 7 yrs

Paul S. 6-10-1985 38 yrs

Matt Mc. 6-13-2018 5 yrs

Bridget Mc. 6-17-2020 3 yrs

Mary Scott H. 6-18-1986 37 yrs

Rich S. 6-22-2012 11 yrs

Christa B. 6-30-2017 6 yrs

Happy Hour Group

Beth D. 6-12-2011 12 yrs

Mary D. 6-16-1978 45 yrs

Michael M. 6-21-2018 5 yrs

Hendersonville Group

Cindy R. 6-04-2010 13 yrs

Grace L. 6-07-1999 24 yrs

Margo B. 6-12-2001 22 yrs

Marc B. 6-14-2003 20 yrs

Ruth O. 6-18-1978 45 yrs

Kevin W. 6-22-2020 3 yrs

Jessica B. 6-23-2009 14 yrs

Valerie V. 6-30-1996 27 yrs

Hendersonville Men's Group

Gaylon B. 6-29-2014 9 yrs

Lambda Group

Adam R. 6-01-2021 2 yrs

Lana H. 6-02-2021 2 yrs

Eric H. 6-07-2016 7 yrs

Micael P. 6-09-2021 2 yrs

Brandon T. 6-19-2019 4 yrs

Leicester Group

Matt J. 6-22-1998 25 yrs

Mars Hill Group

Rick G. 6-26-1995 28 yrs

Motley Crew/Columbus

Tina M. 6-05-2021 2 yrs

Julie D. 6-07-2018 5 yrs

ODAT Group in Rutherfordton

Jack G. 6-22-2018 5 yrs

Out to Lunch Bunch

Bruce 6-03-1979 44 yrs

Dave D. 6-04-1988 35 yrs

Pat D. 6-12-2013 10 yrs

Laura L. 6-12-2015 8 yrs

Vicki C. 6-21-2018 5 yrs

Eddie N. 6-25-1992 31 yrs

Tom H. 6-26-2009 14 yrs

Phoenix Group

Jessica B. 6-24-2010 13 yrs

Total Surrender Group

Phil S. 6-09-1995 28 yrs

Tyler P. 6-14-2021 2 yrs

Traditional Group

Tom S. 6-10-2021 2 yrs

Damon E 6-19-2022 1 yr

Casey S. 6-25-2022 1 yr

Waynesville Grace Group

Ann H. 6-06-1988 35 yrs

Bob O. 6-07-1984 39 yrs

Hawk R. 6-10-1988 35 yrs

Brenda F. 6-15-1987 36 yrs

Kent P. 6-25-1984 39 yrs

West Asheville Group

Masey 6-17-2020 3 yrs

Abigail N. 6-24-2020 3 yrs

Women of Principles

Gina A. 6-10-2010 13 yrs

Loretta B. 6-19-1987 36 yrs

Young People's Group

John L. 6-16-2007 16 yrs

Liam B. 6-22-2014 9 yrs

The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.
(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

We also have envelopes for sending Birthday Contributions to the Central Office!

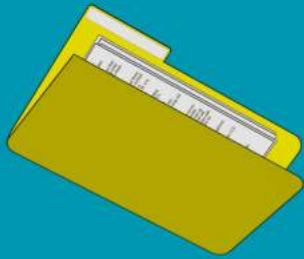
Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office: 828-254-8539 or send a new list to: info@ncmco.net

The July newsletter deadline for sending in anniversaries and announcements is June 15.

history



From the District 70 Archives Found on a Group History Form from the

Serenity Service Group

When the group was at 12 1/2 Wall Street they had no air conditioner. Some members donated money, [and] when enough [money] was saved they bought one. Miss A was the treasurer at the time, she kept the group's money in a shoe box. [As] Members were trying to set it [the air conditioner] in from the outside, another member trying to help opened the window, there went the air conditioner straight down to the street, ... then a moment of silence [was held]...



Service opportunity/needs on the Archives Committee.

- 1. Submit/collect Group history forms**
- 2. Other ways to collect & preserve district history available.**

Email: archives@ashevilleaa.org

In the Shadow of Zion

by Bonnie S. - Springdale, UT

We love it when visitors to our area find us. This year we expect to have 45 million visitors come to Zion National Park. Hopefully some of them will find us here.



After I recently completed a 35-day program to get sober, I returned home to Utah. A month later, my husband died. I was so desperate for AA. I had one sober friend in our small town of 450. I reached out

to him to help me start an AA meeting here in Springdale, a gateway town to Zion National Park. We started small, just the two of us. We posted invitations to "Friends of Bill W." on bulletin boards around town. We announced our new meeting at other AA meetings in the area, as far as 50 miles away. We called our meeting Springdale Serenity.

Soon we were able to form a core group of five members. Our meeting location changed a few times, but we now have a permanent home in our town's community center. We meet on Monday nights at 6:30 Mountain Time. We celebrate milestones with coffee and birthday cakes. We're a friendly group and we love it when visitors to our area find us. We usually have at least two travelers per meeting who are here visiting Zion National Park.

I love our home group. We're fortunate to have input from visitors both domestic and international. Our members feel that we gain a lot from this interaction of different AA members and hope they gain a lot from our experience as well. Our little town has grown over the last few years and our group has grown as well. We now average about 10 members per meeting!

This year we expect to have 45 million visitors come to Zion National Park. Hopefully some of them will find us here at Springdale Serenity, Monday nights at 6:30 Mountain Time. Everyone's welcome!

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Does your group have a

COR?

(Central Office Representative)

What are Central Office Representatives?

What are their duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for details:

<https://aancmco.org/index.php/events/>

(They have great food too!)

Bowling

FRIDAYS @ SKY LANES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



WHERE?

Sky Lanes
1477 Patton Ave
Asheville

WHAT TIME?

Every Friday
at 1:30PM

HOW MUCH?

\$5 per game
\$3 shoe rental

General Service Committee

Chair
10100 Wood Ct.
Charlotte, NC, 28277
chair@aanorthcarolina.org

Secretary
PO Box 11104
Wilmington, NC 28404
secretary@aanorthcarolina.org

DEADLINE FOR HOTEL RESERVATIONS April 25, 2023

DATE: APRIL 4, 2023

TO: GSRs, Alternate GSRs, DCMs, Alternate DCMs, LCMs (Local Committee Members), Convention Chair and Alternate, Coordinators, Officers, Past Delegates, and any other interested members!

SUBJECT: **Area 51 Spring Committee & Assembly Meeting June 2-4, 2023**

Theme: “JUST KEEP IT SIMPLE...”

Special Guest: Mike L., West Central Regional Trustee

Assembly Business Sessions, Workshops, Early Bird, and Speaker Meetings
Literature, Grapevine, Corrections, Treatment, Accessibilities, Archives, CPC, and PI Displays
will be held at the

Hilton Raleigh North Hills, 3415 Wake Forest Road, Raleigh, NC 27609

Hotel Reservations

Deadline for Reservations: Tuesday, April 25, 2023

Group Code: A51SA

Group Name: Area 51, General Service Spring Assembly

Room Rates: \$135.00 Single/Double, \$135.00 Triple, \$135.00 Quad

Phone: 919-872-2323 or 800-445-8667 [1-800-HILTONS]

Internet: Link for direct reservations: <https://bit.ly/3EOWi7>

Internet: Link for hotel information: www.northraleigh.hilton.com

For Best Results

- **PLEASE MAKE YOUR RESERVATIONS EARLY!**
- Call as soon as possible and **before** the deadline. It's easier to cancel a reservation than to get one at the last minute.
- Once the rooms in our block sell out, it's unlikely other rooms will remain in the hotel.
- Specify the group code “A51SA” and the group name “Area 51, General Service Spring Assembly.”
- If possible, call the Hilton Raleigh North Hills directly at 919-872-2323 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability please contact Greg K., the Area Chair, at chair@aanorthcarolina.org

Thank you for your service and support of Area 51. SEE YOU IN JUNE!

For more information visit the website: <https://aanorthcarolina.org/members/assembly/>

June 2023
Edition

Area 51 Delegate's Beaming Beacon



Concept 6

The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

The groups have the ultimate authority and final responsibility in Concept 1 and then in Concept 2 the groups delegate that authority to the Conference to speak on their behalf and now in Concept 6 we have further delegated legal and practical responsibility to the General Service Board. The General Service Board has the administrative authority to make business decisions and we don't want to tie their hands. At Conference we make broad policy and then we delegate the active responsibility to execute those policies to the General Service Board. It is important that we choose our Trustee leaders with care for they run our 2 corporations, AAWS and the Grapevine, and are responsible for AA's world-wide public relations. While we operate on a spiritual basis it is important to grant our Trustees wide latitude in conducting our business affairs.

Information to Share

- New Spring Edition of [Box 459](#)
- Streamlined Online Contributions on AA.org. [Link to Letter](#)
- Quarterly Report from GSO [Link](#)
- Opening for Non-trustee ACM for Trustees' Committee on Literature deadline June 30th
 - Bilingual preferred, Familiarity with current technology, 5 years continuous sobriety

Conference Agenda Item – Where are they now?

Discuss new proposed agenda items (PAI's) regarding the book *Twelve Steps and Twelve Traditions*.

The committee considered a request to discuss proposed agenda items related to changes to the book *Twelve Steps and Twelve Traditions*. The committee suggested that the Trustees' Literature Committee seek input from the Fellowship (including but not limited to Area delegate feedback) regarding any possible future changes to literature written by A.A.'s founders. The committee requested that a progress report be brought back to the 2024 Conference. (Mindful of budgetary restraints, the committee suggests financial prudence when determining how best to obtain Fellowship sharing.)

Discuss new proposed agenda items (PAI's) related to the Plain Language Big Book Translation.

The committee reviewed a progress report regarding the translation of the book *Alcoholics Anonymous* (Fourth Edition) into plain and simple language and agreed with the general direction of the project. The committee requested that the project continue to move forward and that a draft or progress report be brought back to the 2024 Conference Committee on Literature.

Consider a request to include content in existing A.A. literature on sponsorship of persons in custody by outside members of the Fellowship.

The committee agreed to forward to the trustees' Committee on Literature a suggestion to consider inclusion of language related to sponsorship of persons in custody in the pamphlet "Questions & Answers on Sponsorship."

Discuss service piece, "Safety and A.A.: Our Common Welfare" (SMF-209) and its revisions.

The committee discussed the 2021 and 2022 versions of the service piece "Safety and A.A.: Our Common Welfare" and concluded that the service piece is a necessary and useful tool for A.A. groups. The committee suggested revisions to be considered for inclusion in the next printing of the service piece.

Review request to update the pamphlet "Do You Think You're Different?"

The committee reviewed an update report regarding the pamphlet "Do You Think You're Different?". The committee requested that a draft pamphlet or progress report be brought back to the 2024 Conference Committee on Trustees.

Consider request to implement an Alcoholics Anonymous World Services, Inc. Instagram account

The committee discussed a request for Alcoholics Anonymous World Services, Inc. to establish an Instagram account in line with the Twelve Traditions and encouraged Communication Services to continue with planning for the account. The committee suggested that Communication Services provide additional information on the intended messaging, target audiences, analytics, and total cost to maintain the account. The committee requested that a new proposed plan be brought back to the 2024 Conference Committee on Public Information.

Consider request to do an Accessibilities Inventory of Alcoholics Anonymous throughout its services and structure.

The committee discussed the suggestion that an Accessibility Inventory be conducted throughout A.A.'s services and structure and suggested that the trustees' CPC/TA Committee take an inventory of what resources are currently available from the General Service Office and the AA Grapevine to meet accessibility related challenges and consider the best methods for communicating about those resources to the Fellowship.

Discuss carrying the message to alcoholics with intellectual or information processing challenges, communication challenges and diverse neurological abilities.

The committee discussed carrying the message to alcoholics with intellectual or information processing challenges, communication challenges and diverse neurological abilities, and suggested that: The trustees' CPC/TA Committee review accessibility-related service material and consider updating it with new shared experience on this topic. The AA Grapevine consider publishing an issue dedicated to the experiences of people with intellectual or information processing challenges, communication challenges and diverse neurological abilities and those who sponsor them. The committee requested that the trustees' Literature Committee consider revising the pamphlet "Questions and Answers on Sponsorship" to add language on working with alcoholics with intellectual or information processing challenges, communication challenges and diverse neurological abilities.

Review the Conference-approved level of \$10,000 for individual bequests to the GSB from A.A. members. Review the Conference-approved maximum annual contribution of \$5,000 to the GSB from an individual A.A. member.

The Committee took no action

Discuss cost effective media options that welcome young people to AA as an alternative to "Too Young?" pamphlet.

The committee recommended that the print version of the pamphlet "Too Young" be retired and that the content be repurposed as an animation video. The committee requested that a progress report or a rough cut of the video be brought back to the 2024 Conference Committee on Literature.

BOX 459

Box 459 Spring 2023
Meet the New Staff!
60th anniversary of the
Big Book in French!
GSO New Departments!

At Wits End:
A Grapevine
Joke

Best Joke I've Herd

A cow goes to its first AA meeting and learns that no matter how far down the scale she has gone, her experience can benefit **udders**.

[AA Grapevine Podcast](#) Check it out!

Contacts:

Julie R.
delegate@aanorthcarolina.org

Denise M.
altdelegate@aanorthcarolina.org



picnic

food & fellowship **AND KICKBALL!**



Burgers & hot dogs provided.



Bring a side or a dessert if you want!

JUN 4
11AM TO 3PM

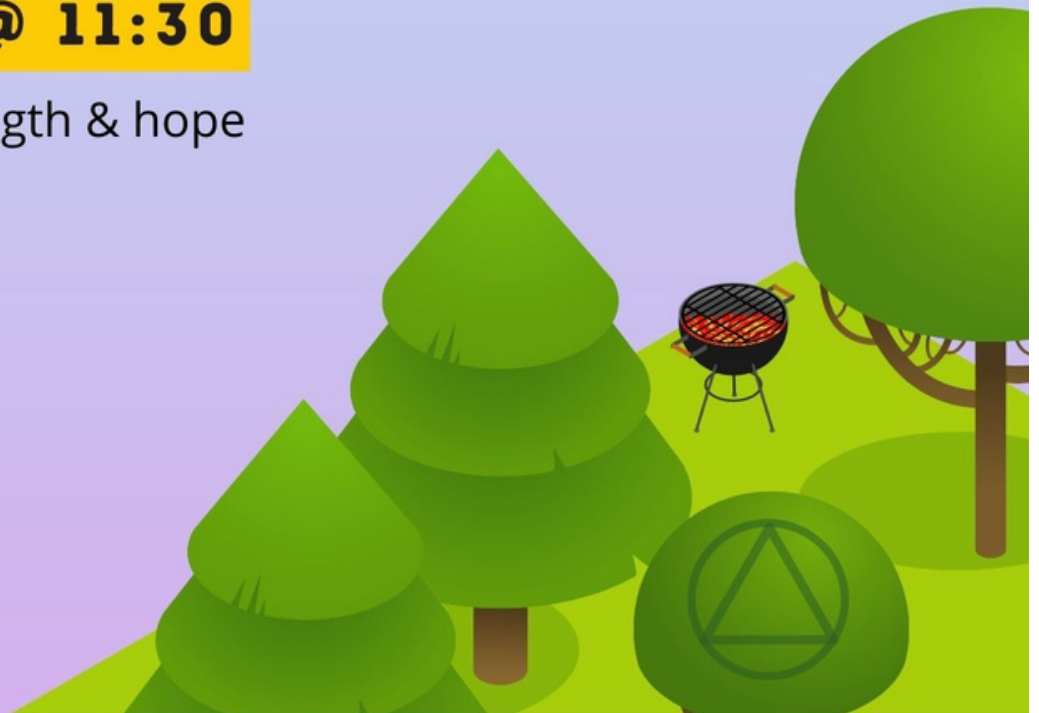
WEST ASHEVILLE PARK

AT THE END OF VERMONT AVE
(OFF HAYWOOD ROAD)

FREE

SPEAKER @ 11:30

Experience, strength & hope



A.A. DISTRICT 70 EVENT



Founders' Day Herald

88th Anniversary of Alcoholics Anonymous

June 9, 10, & 11, 2023 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour
Chaired by: Aaron K.

A.A. Early Bird Meeting* • 3:00 p.m.

Penny D. - Bay Village, OH
"From Cracker Factory Housewife To
Champion Of Sobriety And Women"
Chaired by: Karen K.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"Rule 62"

A.A. Speaker Meeting* • 7:00 p.m.

Peter M. - Boca Raton, FL
"Chop Wood, Carry Water"
Chaired by: Jerry C.

A.A. Speaker Meeting* • 9:00 p.m.

Linda G. - Queens, NY
"Happy, Joyous And Free"
Chaired by: Juanita W.

Junta en Español • 9:00 p.m. - 11:00 p.m.

Open Discussion
Chaired by: The Painesville Group

A.A. Alkathon • 11:30 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives

Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.

Billy N. - Palm Beach Gardens, FL
"How It Works"
Chaired by: Mary K.

A.A. Old Timers' Panel* • 10:30 a.m.

Topic: "Every Day Is A Day We Must
Carry The Vision Of God's Will Into All
Our Affairs"

Dee T. - Akron, OH
Ken McA. - Ontario, CA
Bobby M. - Richmond Heights, OH
Chaired by: Mary K.

La Viña Workshop • 11:00 a.m. - 1:00 p.m.

El Coordinador: Raymundo L. and
Alegria de Vivir Group

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Shanna & Scott D. - Urbandale, IA
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Marie E.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"Rule 62"

A.A. Speaker Meeting* • 2:00 p.m.

Vivian Q. - Okatie, SC
"Emotionally Driven Or Spiritually Guided -
What Is Our Choice To Be?"
Chaired by: Aaron K.

The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. - Akron, OH
Chaired by: Karen K.

A.A. Speaker Meeting* • 8:00 p.m.

Theresa F. - North Hills, CA
"All Of A Sudden I Became Present To My
Life, And I Didn't Like It!"
UA Infocision Stadium**
Chaired by: Woody W.

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*

7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A. - Akron, OH
Chaired by: Jerry C.

A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "We Admitted That We Were
Powerless Over Alcohol, That Our Lives
Had Become Unmanageable"
Andrew M. - Akron, OH
Sonya M. - Akron, OH
Vivienne Y. - Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting* 10:30 a.m.

Bill C. - Torrance, CA
"It's Been Miserable Long Enough...It's
Time To Have A Good Time!"
Chaired by: Michael B.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.

Topic: "Double Winners/Doubly Blessed"
Lynda M. - Copley, OH
Ian R. - Canton, OH
Mary Anne C. - Uniontown, OH
Olin Hall
Chaired by: Leslie S.

AL-ANON

SATURDAY ACTIVITIES

Alateen Panel • 10:30 a.m.

Alateens Share Their Experience, Strength and Hope
Olin Hall
Chaired by: Lynda M.

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Shanna & Scott D. - Urbandale, IA
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Marie E.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by

6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room

Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.
Saturday 8:00 a.m. - 5:00 p.m.
CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER

**NO BASIC REGISTRATION REFUND.
\$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.

Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!



88th Anniversary of Alcoholics Anonymous

June 9, 10, & 11, 2023 | Akron, Ohio | Birthplace of A.A.

Please treat each meeting at Founders' Day as your own home group.

ABSOLUTES

ALL STATE, LOCAL AND/OR UNIVERSITY OF AKRON COVID-19 PROTOCOLS THAT ARE IN EFFECT AT THE TIME OF THE EVENT WILL BE ENFORCED AND UPHELD ACCORDINGLY.

All pre-registration packets must be picked up by 6:00 p.m. Saturday. **NO EXCEPTIONS!**
Registration opens 8:00 a.m. Friday and Saturday. Picture I.D. is required.

2023 Name badges & ribbons must be worn ON CAMPUS and for admittance to all meetings.
NO EXCEPTIONS!

All rooms, buildings, and stadium at The University of Akron are non-smoking.
NO VAPOR/E CIGARETTES permitted in ANY building.

Handicapped parking will be strictly enforced.
University police will ticket and tow all unauthorized vehicles parking in handicap spaces.
Violators will incur a fine of \$250

No animals or campfires allowed in R.V. area.

NO ANIMALS ON CAMPUS, POLICE WILL ENFORCE.

NO hover boards, skateboards, or roller blades permitted on campus.

No motorcycles allowed on the grass.

No beach balls at any meeting.

The Sunday morning motorcade to Dr. Bob's grave site is a conference event and as such, you must be registered to participate.

Credit cards will now be accepted for both onsite registration and in the literature room.

SPECIAL NEEDS

All meetings are wheelchair accessible.

Wheelchairs are not available on campus. You may bring your own.

Please contact the Founders' Day Committee with any special needs by May 15, 2023.

ACCOMMODATIONS

No incoming calls accepted at dorms.

No entry to RV sites until 8:00 a.m. on Friday morning. A permit is required prior to set-up.

No camping tents allowed.

**FOR THE SATURDAY NIGHT BIG MEETING, WE WILL ALL BE UNITED TOGETHER ON THE WEST SIDE ONLY IN THE UNIVERSITY OF AKRON INFOCISION STADIUM. STADIUM WEATHER CONTINGENCY PLAN - SEE WEB SITE. NO BEACH BALLS!
THIS IS AN OPEN AIR STADIUM SO PREPARE ACCORDINGLY.**

**NO REFUNDS FOR BASIC REGISTRATION.
\$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

FOUNDERS' DAY 2023

Founders' Day Registration Form | online at www.akronaa.org



Everyone must be registered, including children. All registrations must be postmarked by May 15, 2023. **NO EXCEPTIONS!**

Name (please print clearly) _____
 Address _____ Phone (_____) _____
 City _____ State _____ Zip _____
 E-mail address* _____

* If you provide an e-mail address, you will get confirmation via e-mail only!

- Check for special needs - handicapped.
Handicapped parking will be strictly enforced.
- Hearing Impaired- ASL Interpreter Requested

All beds are at a fixed height of 42 inches. The University of Akron **CANNOT** adjust bed height.

***INDIVIDUAL FORMS
 REQUIRED FOR EACH
 PACKAGE PLAN***

Onsite registration closes at 6:00 pm Saturday, **NO EXCEPTIONS!**

Registration \$35 x QTY = \$ _____ TOTAL

(Registration will be \$35 on site conference weekend)

MUST have a picture I.D. for pickup.

Package Plan A \$275 = \$ ONE ONLY

Sex: M F

Includes admission to all meetings, meals, room, registration and bus tour.

Report directly to designated dormitory to pick up weekend package and room key.

You must have a picture I.D. to pick up your reservation package.

All rooms and buildings at the university are non-smoking.

Package Plan B \$200 = \$ ONE ONLY

Sex: M F

Includes all items in Package Plan A *except* meals.

Rooming with: _____

MEALS		QTY	TOTAL
SATURDAY	Breakfast	\$20 x _____ = \$ _____	
	Lunch	\$25 x _____ = \$ _____	
	Dinner	\$35 x _____ = \$ _____	
SUNDAY	Breakfast	\$20 x _____ = \$ _____	
SPECIAL DIETARY NEEDS — <input type="radio"/> Diabetic <input type="radio"/> Vegan <input type="radio"/> Vegetarian <input type="radio"/> Gluten-Free			

MOTORHOME SITE FEES		QTY	TOTAL
NO TENT CAMPING!	RV Site Tag (no hook-ups available)	\$40 x _____ = \$ _____ per site/whole weekend	
Each RV must have a Site Tag to set up.			
ABSOLUTELY NO PETS OR FIRES!			
			REGISTRATION TOTAL \$ _____

PAYMENTS MUST BE IN U.S. DOLLARS ONLY. MAKE CHECKS / MONEY ORDERS PAYABLE TO:
 Akron Intergroup
 PO Box 12
 Akron, OH 44309-0012
 REFUNDS requested in writing only by mail or email and postmarked / received prior to May 15, 2023. treasurerfd@akronaa.org

PAYMENT METHODS FOR MAIL IN REGISTRATION:

- CHECK
- MONEY ORDER

All Credit Card payments must be made online at www.akronaa.org. Click on the Founders' Day link and follow the instructions.

**NO REFUNDS FOR BASIC REGISTRATION.
 \$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

District 71 Founders' Day Picnic



Saturday, June 10, 2023
12 noon – 4:00 pm



Holmes Educational Forest
1299 Crab Creek Road, Hendersonville, NC
Meet at the Pavilion

Join us for our 2nd Annual Founders' Day Picnic for a day of fellowship and fun! Celebrate AA's 88th year!

Hamburgers & Hot dogs will be provided. Bring a dish or something to share

Special Guest Speaker

Picnic tables will be on site but extra chairs are always needed

If so inspired, bring a musical instrument

No Pets Please

Soft Drinks provided!

Hot dogs

Hamburgers



Questions or to volunteer, please call Ellen O. at 732-245-6644



SERVICE

FOUNDERS' DAY

2023

JUNE 11TH

EAST LAPORTE PARK

RT 107, Cullowhee

EVENT IS FROM 11AM - 4PM

Join us for a day of Fellowship and FUN!
Food ● Speakers ● Service Workshop

Hamburgers and Hot Dogs will be provided with all the Fixings

POTLUCK - Please bring a dish to share

Make sure to bring the sunscreen, towels, folding chairs and water shoes to wade in the Tuckasegee

Schedule of Events

- 11 am** : DCM Welcome
- 11:15 am** : Service Panel Presentation with Q&A
- Noon** : Lunch
- 1 pm** : Speakers Loretta R. from Maggie Valley and Herb W. from Cherokee
- 2:30 pm** : Fun & Games!

PLEASE CONTACT BRENDA D. AT
BRENDADAVISNC@GMAIL.COM IF YOU WOULD LIKE TO HELP



TOTAL SURRENDER
ANNIVERSARY PICNIC
SUNDAY JUNE 25TH
FOOD AND FELLOWSHIP 5:30 – 7:00
SPEAKER MEETING 7:00

Food and Fellowship!

Location:

New Hope Presbyterian
Church

3070 Sweeten Creek Road
Asheville, NC 28803

Hot dogs, Vegan dogs,
cupcakes and drinks
provided.

Bring a side or just come for
the fellowship!




**WE ARE NOT
A GLUM LOT**

Speakers

Steve R
Candler, NC

Jamie McS
Sunnyside, NY

Lori G 
Oklahoma City, OK

Vicki McG
Johnson City, TN

Pat Y
Seal Beach, CA

Clif G
Oklahoma City, OK

Workshops and more...

FREE Convention Mug to
First 400 Pre-Registrants!

...

Old-Timers' Panel

...

Marathon Meetings

...

Open Discussion Meetings

...

Saturday Night Dance

...

Plenty of FREE Coffee

76TH NORTH CAROLINA STATE CONVENTION

July 20-23, 2023

Lake Junaluska Conference and Retreat Center
91 N Lakeshore Dr, Lake Junaluska, NC 28745



Convention Pre-Registration \$35.00/person

Pre-registration rate available until June 29, 2023, \$40.00 per person June 30, 2023 and after.
Alanons 18 & under / Alateens 18 & under - No charge but must register.

Register online at www.aanconvention.com



For more information or for problems with hotel reservations, please email: aanconvention@gmail.com or call: Alana E. (980) 230-9333

Accommodations

*There is no group code.
Meal plans are available.*

Terrace Hotel—Avg rate \$149.00/night

Lambeth Hotel—Avg rate \$133.22/night

Apartments—Avg rate \$119.00/night

Reserve Online: <https://tinyurl.com/3t775y7j>

Email: reservations@lakejunaluska.com

Call: 800-222-4930

Don't wait! Hotel cut-off for Conference rate: **June 29, 2023**

✂-----✂



76TH NORTH CAROLINA STATE CONVENTION

Fill out (*please print legibly*) and mail this form or register online at www.aanconvention.com

Make checks payable/mail to: NC Convention Committee • PO Box 41451 • Raleigh NC 27629

Name _____

Address _____

City, State, Zip _____

Email _____ Telephone (_____) _____ - _____

Sober Date (*optional*) _____  Do you have accessibility needs? _____

Name(s) for badge(s) _____

\$35.00 Special Rate before June 29, 2023

June 30 and after \$40.00 • AI-Anons 18 & under / Alateens 18 & under: No charge but must register.

Enclosed is \$ _____ for _____ registration(s)

Is this a sponsorship? Yes No Preferred method of contact: Email Mail

If you are willing to be a volunteer, please check here:

Consider buying a sponsorship for those less fortunate

27TH ANNUAL SOUTHEAST WOMAN TO WOMAN CONFERENCE



"SECRETS WOMEN DON'T SHARE"

A Conference for Sober Alcoholic Women with Al-Anon Participation.
No Children Allowed at Conference Events!



BECOMING A BETTER YOU

LOW COUNTRY CONFERENCE CENTER

405 SIGMA DRIVE

SUMMERVILLE, SC

AUGUST 18-20, 2023

Hotel Reservations: Hilton Garden Inn - 406 Sigma Drive Summerville, SC 29483
843-832-1304 Code: SEW King \$159 2 Queens \$169 + tax per night (Cut off rate 7/19/2023)

For more information and online registration, visit website: <https://www.sewomantowoman.org/>
General questions? Contact Chair: info@sewomantowoman.org



Conference Registration: Early Bird \$55.00 (Until Feb 28, 2023) \$60.00 (Mar 1 - Aug 17) \$65.00 (At the door)

Banquet: "Ladies in Red" \$65.00 Southern Buffet

Clip and Mail Registration: SEWTW 2023 P.O. Box 61 Ladson, SC 29456

Please make Checks/M.O. payable to SEWTW

Registration Form (Please print clearly)

.....

Name: _____

Name on Badge: _____ Are you willing to Volunteer? _____ Special Needs: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Cell: _____ Email: _____ Sobriety Date: _____

Registration Fee: \$ _____ Scholarship: \$ _____ Banquet: \$65.00 _____ AA _____ Al-Anon _____

Souvenirs: Mugs \$18.00 _____ T-Shirt: \$20.00/Hoodie: \$27.00 S _____ M _____ L _____ XL _____ 2XL _____ 3XL _____ Other _____

Total Enclosed: \$ _____

NO REFUNDS

*Create the fellowship
you crave...*



SMA[⊙]ACC

Southern Motorcyclists in Alcoholics Anonymous Camping Convention, IX

WHEN: Aug. 24-27, 2023

WHERE: Fall Creek Falls TN State Park,
Newton Ford Bunk House.

REGISTRATION: \$50, after Jul. 31st – \$60.
The registration fee will cover meals & lodging.

TO PRE-REGISTER WITH CASHAPP: Use \$Sokygoose.

SPEAKERS: John E. (TN) – Fri PM, James Lee (FL) – Sat PM,
Jane Lee (FL) - Sun AM.

For contact information, see website: <http://www.smaacc.org/>



Name _____ AA _____
Address _____ Al-Anon _____
City, State, Zip _____ Others _____
Email _____ Sobriety Date _____
Would you like to volunteer? _____ Yes _____ No _____
If yes, phone number _____

Please, let us know about any special needs _____

Pr-registration: \$50 _____ After July 31st, \$60 _____ Donation: _____ Total: _____

Mail to: SMAAC, 370 South Lowe Ave., BOX 242, Suite A, Cookeville, TN 38501

FALL THROUGH THE STEPS



OCTOBER 13-14, 2023

PRESALE TICKETS AVAILABLE ONLINE: \$20

TICKETS AFTER AUGUST 14TH & AT DOOR: \$25

JOIN US FOR A 2 DAY BIG BOOK WORKSHOP HOSTED BY THE
CHARLOTTE CONFERENCE COMMITTEE

LOCATION: ALBEMARLE ROAD PRESBYTERIAN CHURCH
6740 ALBEMARLE ROAD CHARLOTTE, NC 28212

SCAN FOR REGISTRATION

LED BY
JARED D. & JOHN E. FROM DALLAS, TX



AGENDA

FRIDAY
6:00PM: DINNER PROVIDED
7:00PM: WORKSHOP

SATURDAY
8:30AM-9:30AM: BREAKFAST & COFFEE
9:30AM-12:30PM: WORKSHOP
12:30PM-1:30PM: LUNCH
1:30PM-4:30PM: WORKSHOP

VISIT [HTTPS://TINYURL.COM/FALLTHROUGHTHESTEPS](https://tinyurl.com/fallthroughthesteps) FOR MORE INFO

Please direct all
communications to:

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

March 15, 2023

TO: Members of the General Service Conference; Intergroups and Central Offices, U.S./Canada

FROM: Sandra W., 2025 International Convention Interim Coordinator
Email: 2025ic@aa.org

Warm greetings from the General Service Office in New York!

This is a friendly reminder regarding setting up future local events for 2025, the year that the 2025 International Convention will be held in Vancouver, BC, Canada, July 3-6, 2025.

“Reflecting guidance from the Additional Consideration of the 1999 Conference Committee on International Conventions/Regional Forums, the trustees’ Committee on International Conventions/Regional Forums suggested that the area/state/provincial committees be made aware that experience has shown that planning a local A.A. event such as a convention, too near the dates of an International Convention may result in a smaller attendance at the local event; this notice to be sent out annually starting three years prior to each International Convention.”

Once again, if you would pass this information on to any local or regional planning committees who may be setting up future events for 2025, we would appreciate your cooperation.