

Mountain Doin's

APRIL
2023

828-254-8539
Central Office is open
Monday-Friday
10am-1pm
info@ncmco.net



A Much Better View

by Donna G. - San Diego, CA

With a little action and meditation, she can see the love, the hope, the gratitude and the trees.

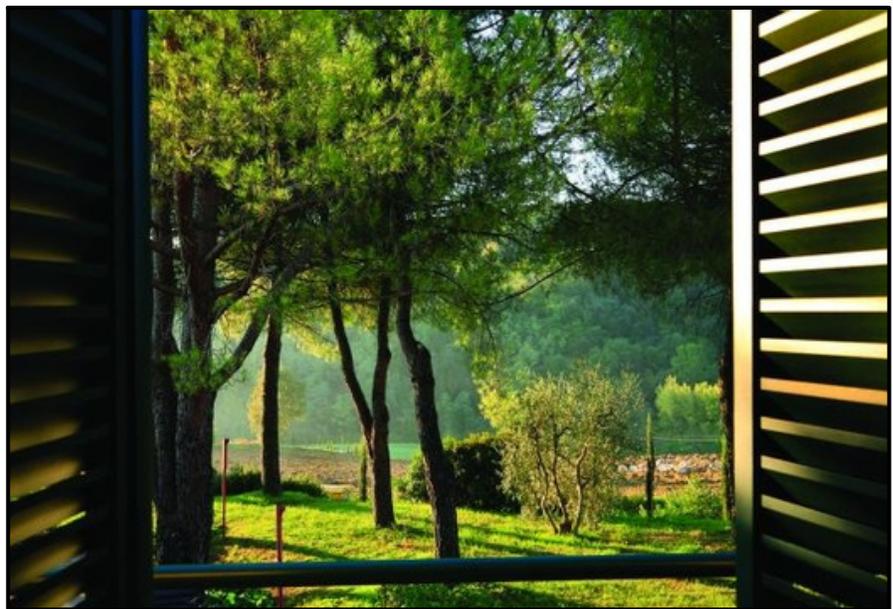
I was raised in a home where I experienced neglect and grew up to be a melancholy child who found fault with everyone. As an adult, I became desperately ambitious, but this came to nothing as my alcoholism spiraled out of control.

I turned into a negative, complaining and endlessly critical person. There wasn't anything wrong with me; it was the world that was all wrong. This attitude carried over into sobriety.

After struggling financially due to health problems, I moved into public housing. Although sober, in no time at all I was looking at all the negative aspects of my surroundings. My apartment faced a wall and I couldn't see nature (which I love); my son was out of prison, but he was collecting copper and other metals from dumpsters to sustain his addiction; and I suffered from fibromyalgia with muscle and joint aches all over. Yes, these were all serious problems and I dwelled upon them.

The next apartment I lived in had a view of trees and hills, but I still found much to complain about. I did all the watering in the apartment courtyard, and nobody thanked me; my son recovered from active drug use through a church-based program but refused to go to recovery meetings; I had to use a cane; and I now had some minor lung problems.

I had simply traded my old set of complaints for new ones. I mean, there's



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always something to complain about. In the Big Book story "Acceptance Was the Answer," Dr. Paul wrote, "I was always able to see the flaw in every person, every situation. And I was always glad to point it out... When I focus on what's good today, I have a good day, and when I focus on what's bad, I have a bad day." How true this is and it's also true that alcohol aids and abets this characteristic of the mind. Our life situation is all a matter of how we look at it, a matter of perception.

Suddenly I got my "lenses" in right, just like Dr. Paul. Life looks different now. Though I live in a 100-year-old house, it has beautiful wood carvings and built-in cabinetry; though my cat is hyper, he's the smartest cat I've ever had; my son doesn't go to AA meetings but he's a deacon in his church and is doing well; and I recovered completely from a recent bout of pneumonia. Notice how I can turn the bad into the good by getting my lenses in right.

I admit, my situation has gradually improved through the years of sobriety. In fact, it has vastly improved. But I could sure find things to complain about if I looked for them. I did this for many years in sobriety, as I have been sober twice as many years as I drank. Positive thinking, however, is not something that can be forced. In my case, it's been a matter of increasing my spirituality to the point where I see there's a greater purpose and deeper happiness in life than I was aware of previously.

(continued on page 5)

April Grapevine now available!



AA & Families

This month's issue features "AA and Families". AA members share powerful experiences about how alcoholism and AA have affected their families' lives.

<https://www.aagrapevine.org/>



After-hours Phone Volunteers Needed

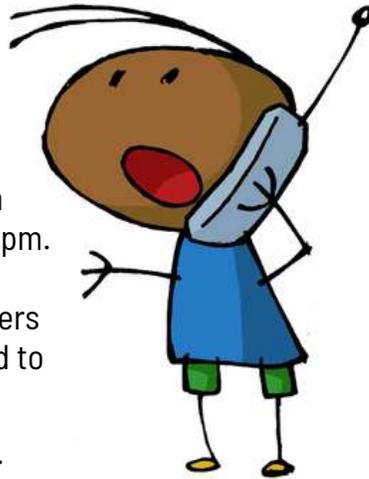
Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>
(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



Fellowship?

Look to your left. Look to your right. Do you recognize who you see there? What do you know about them? Do you know where they live? Who lives with them? With what are they struggling? What are they celebrating? Who do they admire? What are their goals? What do they lack?

We claim to be a fellowship. Are we "fellowshipping"?

Do we come early to our gatherings? Do we spend time getting to know each other? Do we ask for or offer help to each other to solve our common or other problems? When the meeting is over, do we rush to get everyone out of the meeting place? Pour out the coffee and turn out the lights?

What about fellowship?

It's what we claim to be.

— Ocean S., Burnsville, NC

Call & Visitor Log February 2023

12 Step Calls – 6
General Info – 7
Family Help – 4
Meeting Info – 22
Central Office Business – 58
Medical/Detox – 0
Visitors – 30
After-hours Volunteers – 55 calls



Visits to aancmco.org/ website:
Unique Visitors – 2,217
Total Visits – 4,808; Visits/Visitor – 2.17
Total Pages – 27,479; Pages/Visit – 75.72



COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs may vote so we encourage your group to elect a COR. Your input is important to us!

The next combined meeting will be **Thursday, May 11, at 6:00pm**, via Zoom: Meeting ID: 757 855 2319
Passcode: 000000

For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>



Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 2/28/2023

Prudent Reserve
\$16,122.27

Operating Account
\$12,103.81

Rent Deposit - \$400.00
Petty Cash - \$50.00

Profit & Loss YTD

	Feb 2023	Jan-Feb, 2023 (YTD)
Income		
Contributions		
Group Contributions	\$2,172.40	\$6,425.63
Individual Contributions	\$115.22	\$326.68
Total Contributions	\$2,287.62	\$6,752.31
Interest on Money Market	\$1.24	\$2.61
Sales Income		
Literature & merchandise	\$3,082.32	\$5,892.12
Shipping charged to groups	\$75.88	\$122.61
Total Sales Income	\$3,158.20	\$6,014.73
Total Income	\$5,447.06	\$12,769.65
Cost of Goods Sold		
Cost of Goods Sold		
Freight - vendor shipping	\$20.68	\$118.86
Literature & merchandise	\$2,642.04	\$4,972.42
Shipping to groups	\$75.88	\$122.61
Total Cost of Goods Sold	\$2,738.60	\$5,213.89
Inventory Shrinkage	\$6.06	\$12.04
Total Cost of Goods Sold	\$2,744.66	\$5,225.93
GROSS PROFIT	\$2,702.40	\$7,543.72
Expenses		
Credit Card Processing		
PayPal Fee	\$18.46	\$59.00
Total Credit Card Processing	\$18.46	\$59.00
Office Expenses	\$14.99	\$29.98
Office Supplies	\$103.47	-\$116.46 *
Payroll Expenses		
Gross Salary	\$1,420.00	\$2,800.00
Payroll Taxes (Company)	\$108.64	\$214.22
Total Payroll Expenses	\$1,528.64	\$3,014.22
Rent	\$604.00	\$1,208.00
Telephone & Internet		
Office Telephone/Internet	\$229.46	\$41.53
Web Expenses	\$19.99	-\$330.01 *
Total Telephone & Internet	\$249.45	-\$288.48 *
Total Expenses	\$2,519.01	\$3,906.26
NET OPERATING INCOME	\$183.39	\$3,637.46
NET INCOME	\$183.39	\$3,637.46

* Credits/surplus funds carried over from 2022

Contributions

Group Contributions:	Feb 2023	YTD
12 & 12 Study Group 717-595		\$25.00
Acceptance Group 122-477		\$854.00
Back to Basics Grp (Weaverville) 147-139	\$75.00	\$150.00
Big Town Group 671-200		\$179.00
Candler KISS Group 163-148		\$60.00
Cashiers Valley Grp 122-589		\$222.44
Cedar Mountain Group 161-082	\$121.00	\$121.00
Cullowhee Valley Group 118-129		\$100.00
Daily Decisions 643-869	\$1,122.24	\$1,122.24
Day by Day Group 159-058		\$146.18
Early Bird Group 612-780		\$158.00
Good Livers 666-360		\$400.00
Hendersonville Group 110-594	\$266.00	\$266.00
Hendersonville Men's Group		\$50.00
Maggie Valley Group 158-950		\$550.00
Marshall Group 100-489		\$100.00
New Freedom Group 700-124		\$150.00
Roundtable Group 135-605		\$45.00
Safe & Sound Group 645-654	\$164.16	\$164.16
Saturday Morning Men's Meeting	\$100.00	\$100.00
Sober Sisters - Black Mtn		\$238.50
South Asheville Literature		\$75.00
Spruce Pine Group 110-679	\$225.00	\$225.00
Total Surrender Group	\$99.00	\$99.00
Traditional Group 110-499		\$250.00
Waynesville Grace Group 110-692		\$575.11
Total Group Contributions:	\$2,172.40	\$6,425.63
Individual Contributions:	Feb 2023	YTD
Anonymous	\$45.22	\$56.68
Beverly B.		\$130.00
Kay G.	\$15.00	\$30.00
Shannon K.	\$25.00	\$50.00
Sheila D.	\$20.00	\$40.00
In Memory of B.G.	\$10.00	\$20.00
Total Individual Contributions:	\$115.22	\$326.68
Birthday Contributions:	Feb 2023	YTD
Anonymous		\$0.00
Total Birthday Contributions:	\$0.00	\$0.00
Total Contributions:	\$2,287.62	\$6,752.31



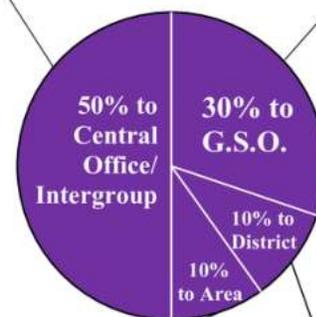
Suggestions & Addresses for sending Donations to the A.A. Service Structure*

Revised for 2023

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 17271
Raleigh, NC 27619

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

Special Meetings and Events



NOTE: For updates, please check the specific event websites, or <https://aanmc.org/index.php/events/>



Ongoing... Bowling Fridays @ Sky Lanes. Hang out with fellow A.A.s, bowl a game or two, and have some fun! Every Friday at 1:30pm. Sky Lanes, 1477 Patton Ave, Asheville 28806. See flyer for more information.

West Asheville Group 68th Anniversary Eatin' Meetin'! April 1.

Doors open at 6:00pm, Dinner at 6:30pm, Speaker at 8:00pm. Abernethy United Methodist Church, 1418 Patton Ave, Asheville, NC 28806. See flyer for more information.

Area 51 - 2023 Western Pre-Conference. April 1, 12:00-4:00pm. Durham Memorial Baptist Church, Sanctuary Building, 1601 Toddville Rd, Charlotte, NC 28214. Hosted by Districts 21 & 41. Lunch provided. See flyer for more information.

Virtual Pre-Conference. April 12, 2:00-4:00pm. (In case you missed a Regional Pre-Conference Event) Zoom Meeting ID: 656 316 7536; Passcode: 924686. <https://us02web.zoom.us/j/6563167536?pwd=ZmZlY3dKZU5MNlloR0xydjFZk3RDQ0T09>

See flyer for more information. If you have questions, contact Julie R, Delegate: delegate@aanorthcarolina.org or Denise M, Alt Delegate: altdelegate@aanorthcarolina.org



1st Blue Ridge Roundup. April 21-23. YMCA Blue Ridge Assembly, Black Mountain, NC. For more information, visit their website: <https://www.blueridgeroundup.org/>



15th Annual Spring Fling Convention - "Rocketed into a Fourth Dimension." April 21-23. Hilton St. Louis Airport, 10330 Natural Bridge Rd, St. Louis, MO 63134. For more information, visit their website: <https://springflingstl.com/>



Old Timers' Panel. Sunday, April 30, 7:00pm. Hosted by Maple Grove Group, Maple Grove Methodist Church, 79 Maple Grove Church Rd, Waynesville, NC 28786

6th Annual WNCYPAA Campout. May 5-7. Briar Bottom Group Campsite, 50 Black Mountain Campground Rd, Burnsville, NC 28714. To register, visit their website: <https://avlypaa.com/> Questions? Email: ashevillyoungpeople@gmail.com



Founders' Day - 88th Anniversary of Alcoholics Anonymous. June 9-11. Akron, OH. For more information and online registration, visit their website: <https://akronaa.org/>



District 71 Founders' Day Picnic. Saturday, June 10, 12 Noon - 4:00pm. Holmes Educational Forest, 1299 Crab Creek Rd, Hendersonville, NC. 28739 Meet at the Pavilion. For more information, see flyer.

76th NC State Convention. July 20-23. Lake Junaluska Conference and Retreat Center, 91 N Lakeshore Dr, Lake Junaluska, NC 28745. For more information and online registration, visit their website: <https://www.aanconvention.com/> For questions or problems with hotel reservations, email: aanconvention@gmail.com



NC Area 51 Events: <https://aanorthcarolina.org>



GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/F-36_Box_4-5-9_Winter_2022_0.pdf



Grapevine 2023 Carry the Message Project



Learn more here!

A Much Better View (continued from page 1)

When I was drinking, I fell into the trap of the negative thinking I had learned as a child. When I stopped drinking, I could still blame my difficulties on my childhood or on the people who mistreated me when I was drinking. Over time in sobriety, I learned to focus on the lessons I learned from parents who worked hard and went to church, and I took responsibility for the part I played in the bad relationships I had as an adult.

I take more action now than I thought was possible. I found a new type of employment in my 50s. I joined an acting class, picked up writing, which I had left behind, and became a playwright. I even made some costumes for a dance studio.

This is all part of the progression of sobriety. But could I enjoy much of it if I still focused on what I didn't like? No, that's not for me. I live in the beautiful weather of San Diego; I have a roommate who's like a sister; I have a view of trees and a backyard; and I get to eat at a nice restaurant once in a while.

I try to make my words positive by moving forward in my sobriety and not looking backward. But that takes action. I also meditate daily, which helps put things in perspective. And I often think of my grandmother, who lived to age 99 and who always liked to say, "Life is what you make it."

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The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month.

The next meeting will be **Sunday, April 9, 2:30pm**, via Zoom -Meeting ID: 933 8500 3069; Passcode: 672458.

For updates go to: <https://ashevilleaa.org/calendar/>

District Service Committees. If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting. There are still a few open positions that need to be filled.

(**NOTE:** They are working on updating the website contact list; a few email addresses listed here are valid as far as we know.)

Accessibilities Committee – Chairperson is Scott S. If you are interested in volunteering or have any questions on what the Accessibilities Committee does, contact Scott at access@ashevilleaa.org.

Archives Committee needs you! Chairperson is Dennis H. The Archives Committee wants A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work!

CPC/PI Committee – These are two separate service committees – “Cooperation with the Professional Community” and “Public Information” – chaired by George M. You can contact him at cpc-pi@ashevilleaa.org. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers are needed for health clinics and DUI classes. The PI Committee provides accurate A.A. information to the public and media when requested.

Corrections Committee – A.A. meetings are now being taken into several prisons and county jails in District 70. There is always a need for more volunteers! Jails include Buncombe County (Asheville) and Yancey County (Burnsville). Prisons include Western Correctional for Women (Black Mountain), Craggy (Asheville), Avery-Mitchell (Spruce Pine), and Mountain View (Spruce Pine). They are still working to get in touch with the facilities in McDowell County – McDowell County jail and Marion Detention Center. If you'd like to volunteer or be of service in corrections, contact Tammy Z, the Women's Corrections Chair at corrections_women@ashevilleaa.org. To connect with Andrew H, the Men's Corrections Chair, attend the next GSR meeting.

Literature and Grapevine Committee – Chairperson is Maria E. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR Meeting.

Treatment Facilities Committee – Chairperson is Mike. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

“Bridging the Gap” (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in the facility make that transition from “inside” the program to life on the “outside”. If you are interested in volunteering, please attend the next GSR Meeting to connect with Avery L., the new Bridging the Gap Chair. For more information on Bridging the Gap, visit the website: www.btgww.org

District 71

GSR Meeting – held on the 2nd Saturday of the month. All their meetings are now in person. The next meeting will be **Saturday, April 8, at a new time – 8:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! Check their website for meeting updates: <https://www.nc71.org/>

There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for the jails. They also still need Chairpersons for CPC/PI, Treatment, and Bridging the Gap Committees. They will be holding elections at the April meeting. See website for information on these positions. If you have any questions, you can contact Liz G., DCM, or Annette K., Alt. DCM, through the website: <https://www.nc71.org/contact>

District 80

GSR Meeting – held quarterly. The next meeting will be **Sunday, April 16, 1:00-3:00pm**. This will be a hybrid meeting with Zoom capability as well as a physical meeting place. Zoom Meeting ID: 899 2233 4966; Passcode: District80

NOTE: The physical meeting location has been changed to the Macon County Public Library, 149 Siler Farm Rd, Franklin, NC 28734. All GSR's are encouraged to attend. For more information, go to their website: <http://aawnc80.com/events>

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, please contact Carl by calling or emailing Central Office: 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be **Thursday, April 13, 5:00pm**, and will be held virtually. The GoToMeeting ID is 543513261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!



Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District websites:

District 70: (Since website contacts and email addresses are still under review, please attend the District 70 GSR Business Meeting in order to connect with the District Registrar. See Zoom link above or check the District 70 website: <https://ashevilleaa.org/calendar/>)

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com

Happy Anniversary!

3 Legacies Group

Craig F. 4-26-2017 6 yrs

Acceptance Group

Nancy ER 4-05-2004 19 yrs

Morgan M. 4-07-2021 2 yrs

Bill V. 4-25-2005 18 yrs

Liz P. 4-27-2018 5 yrs

Deanna B. 4-27-2022 1 yr

Missy G. 4-29-1987 36 yrs

Back to Basics Group - Weaverville

Perry B. 4-15-1996 27 yrs

Black Mountain Group

Laura B. 4-04-1989 34 yrs

Jack F. 4-04-1991 32 yrs

Renee H. 4-27-2007 16 yrs

Brevard Serenity Group

David H. 4-01-2022 1 yr

Sonia G. 4-02-2014 9 yrs

Laura J. 4-12-1977 46 yrs

Don O. 4-17-1987 36 yrs

Edie 4-24-2013 10 yrs

Suzanne F. 4-30-2017 6 yrs

Burnsville Group

David C. 4-06-2022 1 yr

Jack L. 4-15-1980 43 yrs

Marcy M. 4-30-1980 43 yrs

Candler K.I.S.S. Group

Briget S. 4-18-2018 5 yrs

Conscious Contact

Ocean S. 4-09-1971 52 yrs

John G. 4-29-1980 43 yrs

Mary Lou B. 4-29-2021 2 yrs

Cumberland Group

Pete B. 4-19-2005 18 yrs

Daily Decisions Group

Brad D. 4-23-1990 33 yrs

Annie J. 4-27-2021 2 yrs

Fellowship Group

Cathy O 4-01-2020 3 yrs

Alisa L 4-02-2022 1 yr

Lauren S 4-02-2022 1 yr

Jason G 4-23-2019 4 yrs

Ken W 4-24-1990 33 yrs

Good Livers

Cathy E. 4-03-2011 12 yrs

Joanna D. 4-29-1989 34 yrs

Grace Group

Micaela W. 4-01-2021 2 yrs

Cassie J. 4-04-2009 14 yrs

Andrew M. 4-04-2017 6 yrs

Rob H. 4-11-2020 3 yrs

Frank T. 4-17-2011 12 yrs

Katie B. 4-19-2020 3 yrs

Brian M. 4-22-1978 45 yrs

Michelle J. 4-24-2005 18 yrs

Riley H. 4-29-2015 8 yrs

Ben O. 4-29-2020 3 yrs

Beth T. 4-30-1993 30 yrs

Mary Lou B. 4-30-2020 3 yrs

Tony W. 4-30-2021 2 yrs

Happy Hour Group

Lucy H. 4-15-1988 35 yrs

Bettina McM. 4-20-2019 4 yrs

Hendersonville Group

Nate T. 4-05-2021 2 yrs

Lou 4-16-2020 3 yrs

Lana W. 4-22-2018 5 yrs

Stuart P. 4-29-2002 21 yrs

Hendersonville Men's Group

Eric M. 4-08-2004 19 yrs

Stuart P. 4-29-2002 21 yrs

Lambda Group

Mike M. 4-11-1979 44 yrs

Warren M. 4-20-1982 41 yrs

Phil L. 4-20-2021 2 yrs

Leicester Group

Bob F. 4-21-1983 40 yrs

Library Group

Lucy B. 4-16-1985 38 yrs

Mars Hill Group

Timothy W. 4-01-2018 5 yrs

Mission Group

Tina A. 4-24-2016 7 yrs

On Awakening

Beth M. 4-29-2008 15 yrs

Total Surrender Group

Bill G. 4-10-1997 26 yrs

Wanda T. 4-12-2021 2 yrs

Leslie B. 4-11-2013 10 yrs

Traditional Group

Michael W. 4-08-2012 11 yrs

Holly 4-19-2018 5 yrs

Waynesville Grace Group

Doug B. 4-06-2021 2 yrs

West Asheville Group

Rob 4-23-2004 19 yrs

Women of Courage

Jenny H. 4-27-2004 19 yrs

Young People's Group

Matthew W. 4-02-2021 2 yrs

Marcus W. 4-18-2015 8 yrs

Remy G. 4-24-2021 2 yrs

The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

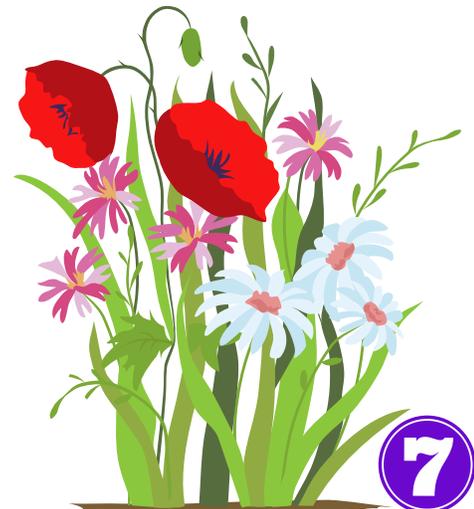
We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office: 828-254-8539 or send a new list to: info@ncmco.net

The May newsletter deadline for sending in anniversaries and announcements is April 15.



(They have great food too!)

Bowling

FRIDAYS @ SKY LANES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



WHERE?

Sky Lanes
1477 Patton Ave
Asheville

WHAT TIME?

Every Friday
at 1:30PM

HOW MUCH?

\$5 per game
\$3 shoe rental

**LOCAL SERVICE
OPPORTUNITY**

DISTRICT 70 ARCHIVES

Bill W. felt it was important to document AA's growth so others would benefit and thrive. Local collections are needed to preserve the history

**Your assistance can
make a difference**

The Archives Committee is looking for help to expand our local AA history. Your skills are needed to make this happen

**MORE INFORMATION OR TO
VOLUNTEER SEND AN EMAIL TO
archives@ashevilleaa.org**



Collecting items
Cataloging holdings
Organizing
Digitalizing
Interviewing Old
Timers
Scanning Documents
Collecting Group
Histories
Many other ways your
talents can be used

**Please Join Us
April 1st 2023 for
The West Asheville Group's
68th Anniversary Eatin' Meetin'!!**



**Please bring a covered dish if you can, or
just bring yourself for food, fellowship and
an awesome speaker!**

1418 Patton Ave, Asheville 28806

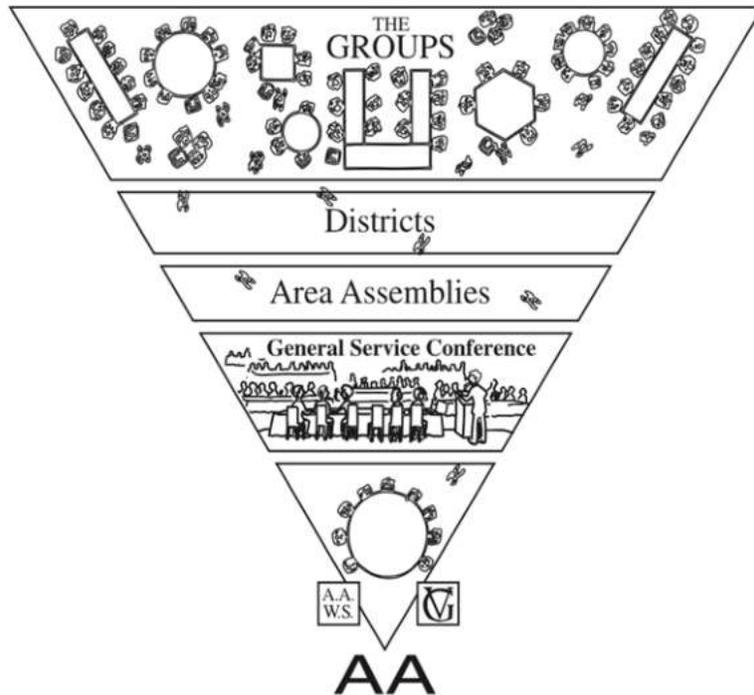
Doors open @ 6:00pm

Dinner @ 6:30pm

Speaker @ 8:00pm

Area 51 | 2023

Western Pre-Conference



Durham Memorial Baptist Church
Sanctuary Building
1601 Toddville Rd
Charlotte, NC 28214
April 1, 2023
12:00 pm – 4:00 pm

Lunch provided

The Pre-Conference is open to all AA members and is an opportunity to meet with the Delegate, Julie R., who represents the voice of our Area. We will discuss the agenda items of the upcoming General Service Conference to better inform the Delegate of the Area's group conscience before the General Service Conference convenes in New York.

Hosted by Districts 21 & 41
Questions? Check the website for contact information:

<https://aanorthcarolina.org/event/western-region-pre-conference-spring-2023/>

In case you missed a
Regional
preconference
Event

Virtual Preconference

April 16 2023

2pm – 4pm

Zoom Info

Meeting ID: 656 316 7536

Passcode: 924686

<https://us02web.zoom.us/j/6563167536?pwd=ZmZlY3dKZU5MNllhR0xydjFZK3RDQT09>

“So, since 1951 we have been holding these yearly Conferences, to see whether this movement was interested enough, was responsible enough, felt those services were worthwhile enough, to maintain so long as God will need this society. And I think it’s the conclusion of every delegate who has been there that yes, we should take these things over. So, in 1955 we propose to hold an International Convention, at which time, on behalf of the oldtimers, and of Smithy and me, we shall say to you, here is the remainder of your Third Legacy. This Conference shall become our successor. To you we hand the last torch. Carry on. Face your destiny with surety and courage, and God love you.”

— Bill W., speaking at the 1954 Texas State Convention

“Therefore we expect that our Conferences will always try to act in the spirit of mutual respect and love — one member for another. In turn, this sign signifies that mutual trust should prevail; that no action ought to be taken in anger, haste, or recklessness; that care will be observed to respect and protect all minorities; that no action should ever be personally punitive; that whenever possible, important actions will be taken in substantial unanimity; and that our Conference will ever be prudently on guard against tyrannies, great or small, whether these be found in the majority or in the minority. The sum of these several attitudes and practices is, in our view, the very essence of democracy — in action and spirit.”

— A.A. Service Manual, page C-58 (Bill W. Commentary on Concept XII)



Questions?

Contact

Julie R. Delegate

delegate@aanorthcarolina.org

Denise M. Alt Delegate

altdelegate@aanorthcarolina.org

March 2023
Edition

Area 51 Delegate's Beaming Beacon



Concept 3

To insure effective leadership, we should endow each element of AA – the Conference, the General Service Board and its service corporations, staffs, committees, and executives – with a tradition “Right of Decision.”

Concept really comes down to trust. This principle flows through our service structure from the groups all the way down to the General Service Board and encompasses everyone in between. We should not direct or give mandates as we delegate our voice (remember Concepts 1 and 2) and group conscience to our trusted representative. An “instructed” servant who cannot act on his or her own conscience is not much of a trusted servant but just a messenger. A trusted servant is fully informed and can make decisions during discussion about what would be best for whatever they think the group that they represent would approve. The “Right of Decision” is accompanied by the responsibility of reporting back about the information that made our trusted servant to vote they way they did. With this safeguard, we can rest confidently in our trusted servant’s decisions, understand that they not only serve us but AA as a whole and their decision was based on information that may not have been available or considered previously.

Information to Share

- Literature price increase April 3rd – 20% on books, 30% on pamphlets.
- Pre-Conferences are happening this month. Check out the Events tab on aanorthcarolina.org
- The chart below contains Agenda Items that I would like feedback on at the Pre-conferences. I want to hear what you have to share on these and any others. The full list and background can be found in the [Delegate's Corner](#).

Conference Committee		Conference Agenda Item
1.	Finance F	Discuss new proposed agenda items (PAI's) regarding the book <i>Twelve Steps and Twelve Traditions</i> .
2.	Literature M	Discuss new proposed agenda items (PAI's) related to the Plain Language Big Book Translation.
3.	Corrections A	Consider a request to include content in existing A.A. literature on sponsorship of persons in custody by outside members of the Fellowship.
4.	Corrections C	Discuss service piece, “Safety and A.A.: Our Common Welfare” (SMF-209) and its revisions.
5.	Literature L	Review request to update the pamphlet “Do You Think You're Different?”
6.	Public Information R	Consider request to implement an Alcoholics Anonymous World Services, Inc. Instagram account
7.	Treatment & Accessibilities E	Consider request to do an Accessibilities Inventory of Alcoholics Anonymous throughout its services and structure.
8.	Treatment & Accessibilities F	Discuss carrying the message to alcoholics with intellectual or information processing challenges, communication challenges and diverse neurological abilities.
9.	Finance C Finance D	Review the Conference-approved level of \$10,000 for individual bequests to the General Service Board from A.A. members. Review the Conference-approved maximum annual contribution of \$5,000 to the General Service Board from an individual A.A. member.
10.	Literature O	Discuss cost effective media options that welcome young people to AA as an alternative to “Too Young?” pamphlet.

Inside the Delegate's Rocket Ship

Conference Prep continues

- Studying the background material for Conference. (Available under the [Delegate's Corner](#).)

Current Reading

- *The Newly Revised Service Manual 2021-2023 edition*—Still working through it!!

Going Places

- Winter Committee (March 3-5), Pre-Conferences, Freedom from Bondage (March 10-12)

box
459

Box 459 Winter 2022

Jacketless Big Books,
The Power of Self
Support,
New AAWS &
Grapevine Directors and
More!

At Wits End:
A Grapevine
Joke

Water, please!

Q: Why are Grapevine jokes so hilarious?
A: Because we have a “dry” sense of humor.

Contacts:

Julie R.
delegate@aanorthcarolina.org

Denise M.
altdelgate@aanorthcarolina.org



What is a Pre-Conference?

The Area 51 Pre-Conferences are events where all AAs can learn about & give their input on agenda items that will be discussed at the General Service Conference.

They provide an opportunity to involve, inform, and inspire our members with a thorough understanding of the General Service Conference structure and process. Additionally, the Pre-Cons provide feedback from our membership on the challenges and opportunities facing AA as a whole. This interactive process comes alive with participation, discussion, and debate.

Structure of the Conference U.S. and Canada

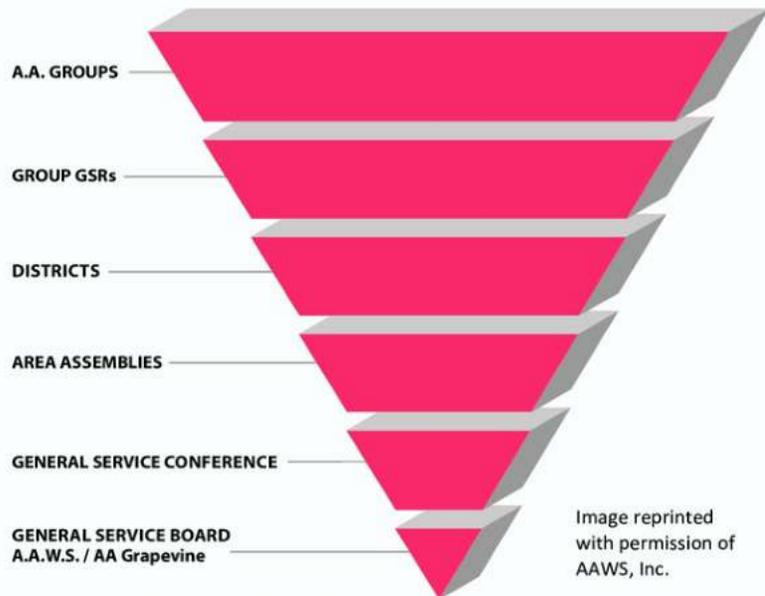


Image reprinted with permission of AAWS, Inc.

What are Conference agenda items and how do we discuss them?

Items that will be covered at the Preconference are pulled from the Conference agenda. They could have originated from any level of the triangle, and from any Area in our Service Structure. Any items that originated in Area 51 may have been presented at the Area Assembly. The Pre-conferences gives us the opportunity to discuss agenda items that may have come from other areas. Short presentations will introduce the topics however the majority of the time is allocated to sharing sessions providing feedback to the Delegate.

What's the difference between the Assembly and the Pre-conference?

	Vote on Items relevant to NC or AA as a whole	Discuss items relevant to NC	Discuss items relevant to AA as a whole	Inform the Delegate	Reports from Coordinators	Workshops
Assembly	X	X			X	X
Preconference			X	X		

Why Do We Need a Conference?

The late Bernard B. Smith, nonalcoholic, then chairperson of the board of trustees, and one of the architects of the Conference structure, answered that question superbly in his opening talk at the 1954 meeting: "We may not need a General Service Conference to ensure our own recovery. We do need it to ensure the recovery of the alcoholic who still stumbles in the darkness one short block from this room. We need it to ensure the recovery of a child being born tonight, destined for alcoholism. We need it to provide, in keeping with our Twelfth Step, a permanent haven for all alcoholics who, in the ages ahead, can find in A.A. that rebirth that brought us back to life.

"We need it because we, more than all others, are conscious of the devastating effect of the human urge for power and prestige which we must ensure can never invade A.A. We need it to ensure A.A. against government, while insulating it against anarchy; we need it to protect A.A. against disintegration while preventing overintegration. We need it so that Alcoholics Anonymous, and Alcoholics Anonymous alone, is the ultimate repository of its Twelve Steps, its Twelve Traditions, and all of its services.

"We need it to ensure that changes within A.A. come only as a response to the needs and the wants of all A.A., and not of any few. We need it to ensure that the doors of the halls of A.A. never have locks on them, so that all people for all time who have an alcoholic problem may enter these halls unasked and feel welcome. We need it to ensure that Alcoholics Anonymous never asks of anyone who needs us what his or her race is, what his or her creed is, what his or her social position is." Pg 40 2021-2023 AA Service Manual

EVOLUTION OF A CONFERENCE ADVISORY ACTION

1	An idea, suggestion, question, concern or subject comes from A.A. members, G.S.R.s, D.C.M.s, Area Committee members, Delegates, Trustees, or G.S.O./GV Staff, and may be shared or discussed at the group, district and Area Assembly and sent to the	Conference Coordinator G.S.O.
2	The idea is reviewed by the G.S.O./GV Staff and forwarded to	Appropriate Trustees' Committee
3	which then may refer the matter to the	Appropriate Conference Committee
4	which meets during the General Service Conference week and makes recommendations that are presented in the Committee Report to the . . .	General Service Conference
5	if a Conference Committee recommendation is approved, after full floor discussion, it becomes a Conference Advisory Action , which becomes binding when approved by the	General Service Board

"Most questions suggested for the Conference agenda are assigned to one of the 13 standing committees, where items can be discussed in small groups before being considered by the full Conference body. Without committees, it is doubtful that any Conference would be able to function effectively."

The A.A. Service Manual, p. 44

The First Blue Ridge Roundup

April 21, 22, 23, 2023

YMCA Blue Ridge Assembly • Black Mountain, North Carolina

The Blue Ridge Roundup Committee invites you to attend a weekend of AA fellowship and programs in the beautiful mountains of Western North Carolina. The facilities of the Blue Ridge Assembly are relaxing, the food is excellent and the atmosphere is warm in the traditional AA way.

Details and Important Information

ACCOMMODATIONS: There will be two buildings for room accommodations: the **Blue Ridge Center** and **Weatherford Hall** (see costs below). All rooms have 2 beds and will accommodate 2 people per room. Rooms are on a first come first served basis. Singles who have a roommate preference please write on the back of your reservation card.

RESERVATIONS: The roundup will begin this year on Friday. Registration opens at 3:00 pm.

COST: Blue Ridge Center

Arrive Thursday... This option is not available for 2023

Arrive Friday... \$215.00 per person (includes registration, room, four meals, and brunch on Sunday a.m.) payable with your registration, minimum deposit of \$100.00 per person; balance on arrival

Private Rooms... \$325.00 based on availability

Weatherford Hall

Arrive Thursday... This option is not available for 2023

Arrive Friday... \$185.00 per person (includes registration, room, four meals, and brunch on Sunday a.m.) payable with your registration, minimum deposit of \$100.00 per person; balance on arrival

Private Rooms... \$280.00 based on availability

COMMUTER REGISTRATION: \$50.00 per person - includes 2 meals: Friday night & Saturday night dinners

REGISTER NOW to be assured of acceptance. Due to the limited number of registrations first in, first accepted. Reservations must be made prior to April 8th.

REFUNDS: All cancellations prior to April 8, 2023 are subject to a \$10.00 per person cancellation fee. No refunds will be made after April 8, 2023.

MORE INFORMATION OR QUESTIONS: Elizabeth P. - 919-880-4026 or Victor K. - 443-745-3587 or visit our website at www.blueridgeroundup.org



PLEASE NOTE: No children or pets allowed please. The Blue Ridge Assembly is a smoke free facility.

SPEAKERS

Two Surprise Speakers..... from the audience
Lauren C..... Richmond, VA
Kay C..... Greensboro, NC
Bill C..... Greensboro, NC
Bill S..... Gloucester, NC

REQUEST FOR RESERVATION

April 21, 22, 23, 2023

Please check one:

Blue Ridge Center:

Arrive Friday: \$215 per person Private: \$325

Weatherford Hall:

Arrive Friday: \$185 per person Private: \$280

Commuter Registration: \$50 per person

Please indicate a 2nd choice due to availability.

Mail to: Blue Ridge Roundup

PO Box 18412 * Raleigh, NC 27619

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone No.: (____) _____

Email: _____

Name on Badge (s): _____



AA Convention with Al-Anon Participation



15th ANNUAL

SPRING FLING CONVENTION

“Rocketed Into a Fourth Dimension”

April 21 - 23, 2023



Friday 6:00 p.m. BBQ & Washers

Friday 8:00 p.m.

James L. – Tallahassee, FL

Friday 10:00 p.m. Young Person

Tina H. – Waukesha, WI

Saturday 8:30 a.m. Al-Anon Meeting

Saturday 10:00 a.m. Speaker Panel

Saturday 12:00 p.m. Al-Anon Lunch

Saturday 1:00 p.m. Al-Anon Speaker

Larcine G. – Hawthorne, CA

Saturday 3:00 p.m. Speaker

Workshop – James L. “Flames before the Spark”

Saturday 4:30 p.m. Al-Anon Meeting

Saturday 6:30 p.m. BANQUET

Saturday 8:00 p.m.

Don L. – Bellingham, WA

Saturday 9:30 p.m. Games w/prizes

Saturday 10:15 p.m. DJ & Dancing

Sunday 9:00 a.m. Breakfast

Sunday 10:00 a.m.

Belinda F. – New Orleans LA

ACTIVITIES

FRIDAY

BBQ & Washer Games
Young People’s Meeting
Ice Cream Social
Games w/prizes

SATURDAY

Banquet
Table Trivia
Speaker Panel
Speaker Workshop
Games w/prizes
DJ & Dancing

Merchandising &
Marathon Meetings &
Activities Room Open
All weekend long

Hilton St. Louis Airport

Special Room Rate \$95

Mention Spring Fling code: **SPR**

Reserve before 3/22/23 for reduced room rate

10330 Natural Bridge Rd

St. Louis, MO 63134

314-426-5500

www.springflingstl.com

Spring Fling Chair – Emily S. 314-760-7151

Registration Chair – Zoya R. 636-259-0720

springflingconvention@yahoo.com

FREE PARKING

PLEASE REGISTER EARLY!!!

www.springflingstl.com for Credit Card or Venmo @springflingconv

CONVENTION REGISTRATION FORM

- Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126
- Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.
- Make checks/money orders payable to Spring Fling Convention
- To sit together, please submit together – 10 people per table

Name: _____
Phone: _____ AA Al-Anon

Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only.

Email: _____

Address: _____

City _____ State _____ Zip _____

Pre-Registration or PayPal	\$20	_____
Door Registration	\$25	_____
Friday Night BBQ	\$15	_____
Friday Night Ice Cream Social	\$7	_____
Al-Anon Luncheon Saturday	\$25	_____
Banquet Saturday Night	\$40	_____
Sunday Breakfast Buffet	\$15	_____
Hospitality / Scholarship Donation		_____
Total Amount to be Paid		_____

Please list any special needs here: _____

Flyer revised 9-16-22

Cut-off for mail-in registration is April 8, 2023

6TH ANNUAL

WESTERN NORTH CAROLINA COMMITTEE OF YOUNG PEOPLE IN AA

WNCCYPAA

CAMPOUT

MAY 5-7, 2023

FRIDAY @ 4PM - SUNDAY @ 11AM

BRIAR BOTTOM GROUP CAMPSITE

50 BLACK MOUNTAIN CAMPGROUND RD
BURNSVILLE, NC 28714

FRIDAY NIGHT BONFIRE DISCUSSION MEETING • SATURDAY NIGHT BONFIRE
SPEAKER MEETING • SCAVENGER HUNT • CAPTURE THE FLAG • WATERFALL &
RIVER ACCESS • ON-SITE BATHROOMS & SHOWERS • MAFIA & OTHER GAMES

DINNER FOR BOTH NIGHTS INCLUDED • PLEASE BRING BREAKFAST & LUNCH

PRE-REGISTER FOR \$25
AVLYPAA.COM 

QUESTIONS? EMAIL: ASHEVILLEYOUNGPEOPLE@GMAIL.COM

• Registration payment
taken with Venmo

• Program & FAQ info will be
emailed the week before

• Please remember to
fill out Google form



Founders' Day Herald

88th Anniversary of Alcoholics Anonymous

June 9, 10, & 11, 2023 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour
Chaired by: Aaron K.

A.A. Early Bird Meeting* • 3:00 p.m.

Penny D. - Bay Village, OH
"From Cracker Factory Housewife To
Champion Of Sobriety And Women"
Chaired by: Karen K.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"Rule 62"

A.A. Speaker Meeting* • 7:00 p.m.

Peter M. - Boca Raton, FL
"Chop Wood, Carry Water"
Chaired by: Jerry C.

A.A. Speaker Meeting* • 9:00 p.m.

Linda G. - Queens, NY
"Happy, Joyous And Free"
Chaired by: Juanita W.

Junta en Español • 9:00 p.m. - 11:00 p.m.

Open Discussion
Chaired by: The Painesville Group

A.A. Alkathon • 11:30 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives

Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.

Billy N. - Palm Beach Gardens, FL
"How It Works"
Chaired by: Mary K.

A.A. Old Timers' Panel* • 10:30 a.m.

Topic: "Every Day Is A Day We Must
Carry The Vision Of God's Will Into All
Our Affairs"

Dee T. - Akron, OH
Ken McA. - Ontario, CA
Bobby M. - Richmond Heights, OH
Chaired by: Mary K.

La Viña Workshop • 11:00 a.m. - 1:00 p.m.

El Coordinador: Raymundo L. and
Alegria de Vivir Group

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Shanna & Scott D. - Urbandale, IA
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Marie E.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"Rule 62"

A.A. Speaker Meeting* • 2:00 p.m.

Vivian Q. - Okatie, SC
"Emotionally Driven Or Spiritually Guided -
What Is Our Choice To Be?"
Chaired by: Aaron K.

The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. - Akron, OH
Chaired by: Karen K.

A.A. Speaker Meeting* • 8:00 p.m.

Theresa F. - North Hills, CA
"All Of A Sudden I Became Present To My
Life, And I Didn't Like It!"
UA Infocision Stadium**
Chaired by: Woody W.

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*

7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A. - Akron, OH
Chaired by: Jerry C.

A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "We Admitted That We Were
Powerless Over Alcohol, That Our Lives
Had Become Unmanageable"
Andrew M. - Akron, OH
Sonya M. - Akron, OH
Vivienne Y. - Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting* 10:30 a.m.

Bill C. - Torrence, CA
"It's Been Miserable Long Enough...It's
Time To Have A Good Time!"
Chaired by: Michael B.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.

Topic: "Double Winners/Doubly Blessed"
Lynda M. - Copley, OH
Ian R. - Canton, OH
Mary Anne C. - Uniontown, OH
Olin Hall
Chaired by: Leslie S.

AL-ANON

SATURDAY ACTIVITIES

Alateen Panel • 10:30 a.m.

Alateens Share Their Experience, Strength and Hope
Olin Hall
Chaired by: Lynda M.

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Shanna & Scott D. - Urbandale, IA
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Marie E.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by

6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room

Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.
Saturday 8:00 a.m. - 5:00 p.m.
CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER

**NO BASIC REGISTRATION REFUND.
\$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.

Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!



88th Anniversary of Alcoholics Anonymous

June 9, 10, & 11, 2023 | Akron, Ohio | Birthplace of A.A.

Please treat each meeting at Founders' Day as your own home group.

ABSOLUTES

ALL STATE, LOCAL AND/OR UNIVERSITY OF AKRON COVID-19 PROTOCOLS THAT ARE IN EFFECT AT THE TIME OF THE EVENT WILL BE ENFORCED AND UPHELD ACCORDINGLY.

All pre-registration packets must be picked up by 6:00 p.m. Saturday. **NO EXCEPTIONS!**
Registration opens 8:00 a.m. Friday and Saturday. Picture I.D. is required.

2023 Name badges & ribbons must be worn ON CAMPUS and for admittance to all meetings.
NO EXCEPTIONS!

All rooms, buildings, and stadium at The University of Akron are non-smoking.
NO VAPOR/E CIGARETTES permitted in ANY building.

Handicapped parking will be strictly enforced.
University police will ticket and tow all unauthorized vehicles parking in handicap spaces.
Violators will incur a fine of \$250

No animals or campfires allowed in R.V. area.

NO ANIMALS ON CAMPUS, POLICE WILL ENFORCE.

NO hover boards, skateboards, or roller blades permitted on campus.

No motorcycles allowed on the grass.

No beach balls at any meeting.

The Sunday morning motorcade to Dr. Bob's grave site is a conference event and as such, you must be registered to participate.

Credit cards will now be accepted for both onsite registration and in the literature room.

SPECIAL NEEDS

All meetings are wheelchair accessible.

Wheelchairs are not available on campus. You may bring your own.

Please contact the Founders' Day Committee with any special needs by May 15, 2023.

ACCOMMODATIONS

No incoming calls accepted at dorms.

No entry to RV sites until 8:00 a.m. on Friday morning. A permit is required prior to set-up.

No camping tents allowed.

**FOR THE SATURDAY NIGHT BIG MEETING, WE WILL ALL BE UNITED TOGETHER ON THE WEST SIDE ONLY IN THE UNIVERSITY OF AKRON INFOCISION STADIUM. STADIUM WEATHER CONTINGENCY PLAN - SEE WEB SITE. NO BEACH BALLS!
THIS IS AN OPEN AIR STADIUM SO PREPARE ACCORDINGLY.**

**NO REFUNDS FOR BASIC REGISTRATION.
\$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

FOUNDERS' DAY 2023

Founders' Day Registration Form | online at www.akronaa.org



Everyone must be registered, including children. All registrations must be postmarked by May 15, 2023. **NO EXCEPTIONS!**

Name (please print clearly) _____

Address _____ Phone (_____) _____

City _____ State _____ Zip _____

E-mail address* _____

* If you provide an e-mail address, you will get confirmation via e-mail only!

- Check for special needs - handicapped.
Handicapped parking will be strictly enforced.
- Hearing Impaired- ASL Interpreter Requested

All beds are at a fixed height of 42 inches. The University of Akron **CANNOT** adjust bed height.

***INDIVIDUAL FORMS
REQUIRED FOR EACH
PACKAGE PLAN***

Onsite registration closes at 6:00 pm Saturday, **NO EXCEPTIONS!**

Registration \$35 x QTY = \$ _____ TOTAL

(Registration will be \$35 on site conference weekend)

MUST have a picture I.D. for pickup.

Package Plan A \$275 = \$ ONE ONLY

Sex: M F

Includes admission to all meetings, meals, room, registration and bus tour.

Report directly to designated dormitory to pick up weekend package and room key.

You must have a picture I.D. to pick up your reservation package.

All rooms and buildings at the university are non-smoking.

Package Plan B \$200 = \$ ONE ONLY

Sex: M F

Includes all items in Package Plan A *except* meals.

Rooming with: _____

MEALS		QTY	TOTAL
SATURDAY	Breakfast	\$20 x _____ = \$ _____	
	Lunch	\$25 x _____ = \$ _____	
	Dinner	\$35 x _____ = \$ _____	
SUNDAY	Breakfast	\$20 x _____ = \$ _____	
SPECIAL DIETARY NEEDS — <input type="radio"/> Diabetic <input type="radio"/> Vegan <input type="radio"/> Vegetarian <input type="radio"/> Gluten-Free			

MOTORHOME SITE FEES		QTY	TOTAL
NO TENT CAMPING!	RV Site Tag (no hook-ups available)	\$40 x _____ = \$ _____ per site/whole weekend	
Each RV must have a Site Tag to set up.			
ABSOLUTELY NO PETS OR FIRES!			
REGISTRATION TOTAL			\$ _____

PAYMENTS MUST BE IN U.S. DOLLARS ONLY. MAKE CHECKS / MONEY ORDERS PAYABLE TO:
Akron Intergroup
PO Box 12
Akron, OH 44309-0012

REFUNDS requested in writing only by mail or email and postmarked / received prior to May 15, 2023. treasurerfd@akronaa.org

PAYMENT METHODS FOR MAIL IN REGISTRATION:

- CHECK
- MONEY ORDER

All Credit Card payments must be made online at www.akronaa.org. Click on the Founders' Day link and follow the instructions.

**NO REFUNDS FOR BASIC REGISTRATION.
\$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

District 71 Founders' Day Picnic



Saturday, June 10, 2023
12 noon – 4:00 pm



Holmes Educational Forest
1299 Crab Creek Road, Hendersonville, NC
Meet at the Pavilion

Join us for our 2nd Annual Founders' Day Picnic for a day of fellowship and fun! Celebrate AA's 88th year!

Hamburgers & Hot dogs will be provided. Bring a dish or something to share

Special Guest Speaker

Picnic tables will be on site but extra chairs are always needed

If so inspired, bring a musical instrument

No Pets Please

Soft Drinks provided!

Hot dogs

Hamburgers



Questions or to volunteer, please call Ellen O. at 732-245-6644

**WE ARE NOT
A GLUM LOT**

Speakers

Steve R
Candler, NC

Jamie McS
Sunnyside, NY

Lori G 
Oklahoma City, OK

Vicki McG
Johnson City, TN

Pat Y
Seal Beach, CA

Clif G
Oklahoma City, OK

Workshops and more...

FREE Convention Mug to
First 400 Pre-Registrants!

...

Old-Timers' Panel

...

Marathon Meetings

...

Open Discussion Meetings

...

Saturday Night Dance

...

Plenty of FREE Coffee

76TH NORTH CAROLINA STATE CONVENTION

July 20-23, 2023

Lake Junaluska Conference and Retreat Center
91 N Lakeshore Dr, Lake Junaluska, NC 28745



Convention Pre-Registration \$35.00/person

Pre-registration rate available until June 29, 2023, \$40.00 per person June 30, 2023 and after.
Alanons 18 & under / Alateens 18 & under - No charge but must register.

Register online at www.aanconvention.com



For more information or for problems with hotel reservations, please email: aanconvention@gmail.com or call: Alana E. (980) 230-9333

Accommodations

*There is no group code.
Meal plans are available.*

Terrace Hotel—Avg rate \$149.00/night

Lambeth Hotel—Avg rate \$133.22/night

Apartments—Avg rate \$119.00/night

Reserve Online: <https://tinyurl.com/3t775y7j>

Email: reservations@lakejunaluska.com

Call: 800-222-4930

Don't wait! Hotel cut-off for Conference rate: **June 29, 2023**

✂

**First 400
Pre-registrations
Receive a FREE
COFFEE MUG!**

76TH NORTH CAROLINA STATE CONVENTION

Fill out (*please print legibly*) and mail this form or register online at www.aanconvention.com

Make checks payable/mail to: NC Convention Committee • PO Box 41451 • Raleigh NC 27629

Name _____

Address _____

City, State, Zip _____

Email _____ Telephone (_____) _____ - _____

Sober Date (*optional*) _____  Do you have accessibility needs? _____

Name(s) for badge(s) _____

\$35.00 Special Rate before June 29, 2023

June 30 and after \$40.00 • AI-Anons 18 & under / Alateens 18 & under: No charge but must register.

Enclosed is \$ _____ for _____ registration(s)

Is this a sponsorship? Yes No Preferred method of contact: Email Mail

If you are willing to be a volunteer, please check here:

Consider buying a sponsorship for those less fortunate

27TH ANNUAL SOUTHEAST WOMAN TO WOMAN CONFERENCE



"SECRETS WOMEN DON'T SHARE"

A Conference for Sober Alcoholic Women with Al-Anon Participation.
No Children Allowed at Conference Events!



BECOMING A BETTER YOU

LOW COUNTRY CONFERENCE CENTER

405 SIGMA DRIVE

SUMMERVILLE, SC

AUGUST 18-20, 2023

Hotel Reservations: Hilton Garden Inn - 406 Sigma Drive Summerville, SC 29483
843-832-1304 Code: SEW King \$159 2 Queens \$169 + tax per night (Cut off rate 7/19/2023)

For more information and online registration, visit website: <https://www.sewomantowoman.org/>
General questions? Contact Chair: info@sewomantowoman.org



Conference Registration: Early Bird \$55.00 (Until Feb 28, 2023) \$60.00 (Mar 1 - Aug 17) \$65.00 (At the door)

Banquet: "Ladies in Red" \$65.00 Southern Buffet

Clip and Mail Registration: SEWTW 2023 P.O. Box 61 Ladson, SC 29456

Please make Checks/M.O. payable to SEWTW

Registration Form (Please print clearly)

.....

Name: _____

Name on Badge: _____ Are you willing to Volunteer? _____ Special Needs: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Cell: _____ Email: _____ Sobriety Date: _____

Registration Fee: \$ _____ Scholarship: \$ _____ Banquet: \$65.00 _____ AA _____ Al-Anon _____

Souvenirs: Mugs \$18.00 _____ T-Shirt: \$20.00/Hoodie: \$27.00 S _____ M _____ L _____ XL _____ 2XL _____ 3XL _____ Other _____

Total Enclosed: \$ _____

NO REFUNDS

February 8, 2023

**Please direct all
communications to:**

Grand Central Station,
P.O. Box 459,
New York, NY 10163
Fax: (212) 870-3003

ANNOUNCEMENT

General Service Board – U.S. / Canada Centennial Commemoration Ad Hoc Committee

Greetings from the U.S. and Canada General Service Office of Alcoholics Anonymous to our international friends.

Over the last 88 years Alcoholics Anonymous has, through the Twelve Steps of recovery, created and sustained new hope for those who suffer from alcoholism and those whose lives are touched by alcoholism. In twelve short years, we will be commemorating the Centennial anniversary of AA.

We are including you in this communication as part of the global service community of Alcoholics Anonymous. The work that has been done around the world in carrying the lifesaving message of AA inspires us all every day.

We are planning to engage in commemorative activities throughout the 2035 year. It is anticipated that there will be worldwide acknowledgement of AA's 100th anniversary, and in keeping with our AA history we wish to be "friendly with our friends" and cooperate with the unique opportunities this may present.

The General Service Board of the U.S. and Canada has formed an ad hoc committee to consider the options to commemorate our Centennial anniversary. We are in the earliest stages but wanted to ensure you were aware that these discussions are underway. We will be seeking your input, ideas and participation along the way, so stay tuned. One hundred years, a day at a time, is an occasion that deserves our best efforts to celebrate our lifesaving program of recovery.

Please note that these efforts are separate from the 2035 U.S. and Canada International Convention. The U.S. and Canada service structure hosts an International Convention every five years, and the 2035 International Convention is sure to be an amazing weekend of celebration. The ad hoc committee is exploring additional and distinct commemorative efforts to occur throughout the 2035 centennial year.

We will keep you informed as our plans develop. Again, thank you so much for all that you do for AA.

*General Service Board Centennial Commemoration Ad Hoc Committee
100years@aa.org*