

Mountain Doin's

MARCH
2023

828-254-8539
Central Office is open
Monday-Friday
10am-1pm
info@ncmco.net



Meetings on Wheels

by Greg S. - Hartford, MI

They hit the road to help carry the message, and instead of having one meeting they had four!

Recently an AA member who attended meetings in our area was moving to a neighboring state. I was informed that he was to give his first-ever lead in a meeting in his new town. I made several phone calls, and soon we had enough members to fill my truck for a sober trip to support this person.

We left in the early afternoon for the four-hour trip. We enjoyed four AA meetings that day: One in the truck on the way to the speaker meeting, another one at dinner before the meeting, still another at the actual meeting. And finally, we had another one on the long drive home! I was glad that I got to do this service, something my sponsor taught me more than three decades ago. He said I needed to be willing to be of service when I could, where I could. And this one included a wonderful road trip to see and support our friend. It felt good.

Our talks on the journey there and back were varied. We were even able to discuss politics without starting World War III in my truck. It gave us firsthand evidence that, once again, the Fellowship works.

Whether we were unable to contribute to society when we were drinking or we just plain didn't want to, people took care of us in too many ways to mention. Parents, family, spouses all supported us, some providing more support, some less, as did coworkers, bosses, nurses, friends and even



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strangers on the street. They all played their part in helping us when we couldn't help ourselves.

Once sober, we are now in a unique position to be able to repay that debt. Today, I can leave my selfishness behind. I can think of what I can do for others without expecting anything in return.

One of my all-time favorite passages from the Big Book is the story, "The Keys of the Kingdom." The story says, "I have a wealth of friends and, with my AA friends, an unusual quality of fellowship. For, to these people, I am truly related. First, through mutual pain and despair, and later through objectives and newfound faith and hope. And, as the years go by, working together, sharing our experiences with one another, and also sharing a mutual trust, understanding and love—without strings, without obligation—we acquire relationships that are unique and priceless."

When I came to AA in 1984, I never dreamed I would enjoy sharing my experiences, hopes and dreams with another person. I trusted no one. I hated all mankind. It's great to have the opportunity to pass on what I've learned. Once again, the hand of AA has taught me to remember service, unity and recovery, the three things written along the sides of the triangle on the coin I carry in my pocket.

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March Grapevine now available!



Get Into Service

This month's issue features "Get into Service!"

AA members share experiences about getting involved in various kinds of AA service and then about how much joy it brings.

<https://www.aagrapevine.org/>



After-hours Phone Volunteers Needed

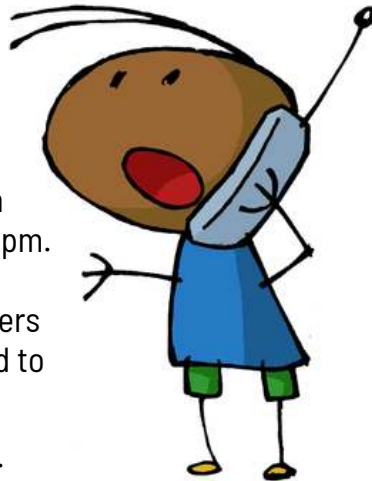
Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>
(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



Our Way

On this day I shed a tear

For those who are no longer here.

A few have come to take a look,

Read a little from our book,

Who could not find reason to stay;

To drink again, they've gone away.

Perhaps one day they shall return

When for sobriety they yearn.

That is all we have to give;

We show each other how to live.

Our life experiences written down,

We read and share and pass around.

At times we enlist professionals,

Sometimes entering confessionals.

In short, we do whatever it takes

To clean the debris from our wakes.

Together we learn how to live,

To recover, love, and give.

Together we find all we are after,

Then we live with love and laughter.

— Ocean S., Burnsville, NC

Call & Visitor Log January 2023

12 Step Calls – 10

General Info – 3

Family Help – 3

Meeting Info – 32

Central Office Business – 69

Medical/Detox – 0

Visitors – 16

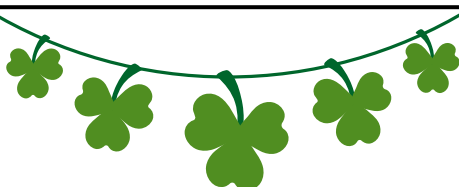
After-hours Volunteers – 54 calls

Visits to aancmco.org/ website:

Unique Visitors – 2,084

Total Visits – 4,793; Visits/Visitor – 2.03

Total Pages – 36,554; Pages/Visit – 7.63



COR/NCMCO Board Meeting

In January we approved the 2023 Budget presented by Tammy and elected a new Alternate Chairperson, John D. All the District Trustee positions have also been filled so we have no open positions on the Board! We thank everyone - past and current Board members and Group CORs - for their service.

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs may vote so we encourage your group to elect a COR. Your input is important to us!

The next combined meeting will be **Thursday, March 9, at 6:00pm**, via Zoom: Meeting ID: 757 855 2319
Passcode: 000000



For updated meeting information and Zoom link, check the website:
<https://aancmco.org/index.php/events/>



Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 1/31/2023

Prudent Reserve
\$16,121.03
Operating Account
\$13,654.41
Rent Deposit - \$400.00
Petty Cash - \$50.00

Profit & Loss YTD

	Jan 2023
Income	
Contributions	
Group Contributions	\$4,253.23
Individual Contributions	\$211.46
Total Contributions	\$4,464.69
Interest on Money Market	\$1.37
Sales Income	
Literature & merchandise	\$2,809.80
Shipping charged to groups	\$46.73
Total Sales Income	\$2,856.53
Total Income	\$7,322.59
Cost of Goods Sold	
Cost of Goods Sold	
Freight - vendor shipping	\$98.18
Literature & merchandise	\$2,330.38
Shipping to groups	\$46.73
Total Cost of Goods Sold	\$2,475.29
Inventory Shrinkage	\$5.98
Total Cost of Goods Sold	\$2,481.27
GROSS PROFIT	\$4,841.32
Expenses	
Credit Card Processing	
PayPal Fee	\$40.54
Total Credit Card Processing	\$40.54
Office Expenses	\$14.99
Office Supplies	-\$219.93 *
Payroll Expenses	
Gross Salary	\$1,380.00
Payroll Taxes (Company)	\$105.58
Total Payroll Expenses	\$1,485.58
Rent	\$604.00
Telephone & Internet	
Office Telephone/Internet	-\$187.93 *
Web Expenses	-\$350.00 *
Total Telephone & Internet	-\$537.93
Total Expenses	\$1,387.25
NET OPERATING INCOME	\$3,454.07
NET INCOME	\$3,454.07

* Credits/surplus funds carried over from 2022



Contributions

Group Contributions:	Jan 2023
12 & 12 Study Group 717-595	\$25.00
Acceptance Group 122-477	\$854.00
Back to Basics Grp (Weaverville) 147-139	\$75.00
Big Town Group 671-200	\$179.00
Candler KISS Group 163-148	\$60.00
Cashiers Valley Grp 122-589	\$222.44
Cullowhee Valley Group 118-129	\$100.00
Day by Day Group 159-058	\$146.18
Early Bird Group 612-780	\$158.00
Good Livers 666-360	\$400.00
Hendersonville Men's Group	\$50.00
Maggie Valley Group 158-950	\$550.00
Marshall Group 100-489	\$100.00
New Freedom Group 700-124	\$150.00
Roundtable Group 135-605	\$45.00
Sober Sisters - Black Mtn	\$238.50
South Asheville Literature	\$75.00
Traditional Group 110-499	\$250.00
Waynesville Grace Group 110-692	\$575.11

Total Group Contributions: \$4,253.23

Individual Contributions:	Jan 2023
Anonymous	\$11.46
Beverly B.	\$130.00
Kay G.	\$15.00
Shannon K.	\$25.00
Sheila D.	\$20.00
In Memory of B.G.	\$10.00

Total Individual Contributions: \$211.46

Birthday Contributions:	Jan 2023
Anonymous	\$0.00

Total Birthday Contributions: \$0.00

Mountain Doin's Subscriptions: \$0.00

Total Contributions: \$4,464.69



Suggestions & Addresses for sending Donations to the A.A. Service Structure*

Revised for 2023

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 17271
Raleigh, NC 27619

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

Special Meetings and Events

NOTE: For updates, please check the specific event websites, or <https://aancmco.org/index.php/events/>



Ongoing... Bowling Fridays @ Sky Lanes. Hang out with fellow A.A.s, bowl a game or two, and have some fun! Every Friday at 1:30pm. Sky Lanes, 1477 Patton Ave, Asheville 28806. See flyer for more information.

34th Annual "Freedom From Bondage" - Area 51 AA Corrections Conference. March 10-12. Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28315 (Just off US 15 501 Hwy) Pre-Registration for Conference: \$15.00 per person before February 28; \$18.00 at the door. Online Pre-Registration: <https://aanorthcarolina.org/34th-annual-freedom-from-bondage-registration/> Hotel Registration: Hampton Inn & Suites (910) 693-4330 or online at: <https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=SNPNCHXgroupCode=CHHFFBarrivaldate=2023-03-10&departuredate=2023-03-12&cid=0M,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>



Code: CHHFFB - Rate: \$109-Standard Room, \$129-Studio Suite. Cut-off for special rate: February 10. For more information, see flyer or email: corrections@aanorthcarolina.org

17th Annual Soberstock 2023. March 17-19. Sand Hill Scout Reservation, 11210 Cortez Blvd, Brooksville, FL 34613. For more information, visit their website: <https://soberstock.com/>



4th Annual Appalachian Regional Roundup. March 17-19. The MeadowView Conference Resort & Convention Center, 1901 Meadowview Parkway, Kingsport, TN 37660. For more information, visit their website: <https://www.appalachianregionalroundup.com/>



West Asheville Group 68th Anniversary Eatin' Meetin'! April 1. Doors open at 6:00pm, Dinner at 6:30pm, Speaker at 8:00pm. Abernethy United Methodist Church, 1418 Patton Ave, Asheville, NC 28806. See flyer for more information.

Area 51 - 2023 Western Pre-Conference. April 1, 12:00-4:00pm. Durham Memorial Baptist Church, Sanctuary Building, 1601 Toddville Rd, Charlotte, NC 28214. Hosted by Districts 21 & 41. Lunch provided. See flyer for more information.

Virtual Pre-Conference. April 12, 2:00-4:00pm. (In case you missed a Regional Pre-Conference Event) Zoom Meeting ID: 656 316 7536; Passcode: 924686. <https://us02web.zoom.us/j/6563167536?pwd=ZmZlY3dkZU5MNllhR0xydjFZk3RDQ0T09>



See flyer for more information. If you have questions, contact Julie R, Delegate: delegate@aanorthcarolina.org or Denise M, Alt Delegate: altdelegate@aanorthcarolina.org

1st Blue Ridge Roundup. April 21-23. YMCA Blue Ridge Assembly, Black Mountain, NC. For more information visit website: <https://www.blueridgeroundup.org/>



15th Annual Spring Fling Convention - "Rocketed into a Fourth Dimension." April 21-23. Hilton St. Louis Airport, 10330 Natural Bridge Rd, St. Louis, MO 63134. For more information, visit their website: <https://springflingstl.com/>



Old Timers' Panel. Sunday, April 30, 7:00pm. Hosted by Maple Grove Group, Maple Grove Methodist Church, 79 Maple Grove Church Rd, Waynesville, NC 28786

76th NC State Convention. July 20-23. Lake Junaluska Conference and Retreat Center, 91 N Lakeshore Dr, Lake Junaluska, NC 28745. For more information and online registration, visit their website: <https://www.aanconvention.com/> For questions or problems with hotel reservations, email: aanconvention@gmail.com



27th Annual Southeast Woman to Woman Conference. August 18-20. Low Country Conference Center, 405 Sigma Dr, Summerville, SC. For more information and registration, visit their website: <https://www.sewomantowoman.org/>



NC Area 51 Events: <https://aanorthcarolina.org>



GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/F-36_Box_4-5-9_Winter_2022_0.pdf



Step Three Required a Follow-up

Early on in sobriety I considered the Third Step Prayer on page 63 of the Big Book, *Alcoholics Anonymous*, as both a "decision" and "turning over" of my will and life over to God. However, the Big Book directions tell us that we have already made this decision on page 62 (bottom paragraph) and that this step was only a beginning.

The Third Step Prayer requires asking God for relief from "the bondage of self," although I had no precise knowledge of what that was. However, the bottom paragraph tells us to "launch out" on a course of vigorous action. I would think this requires writing Step Four so as to understand, to some degree, my shortcomings and defects of character. Also, I believe that Step Five was important to allow my sponsor to point out the further aspects of my bondage of self.

So, the Third Step Prayer was only a beginning and will have "little permanent effect unless at once followed by a strenuous effort to face and be rid of, the things in ourselves which had been blocking us." (*Alcoholics Anonymous*, p. 64)

These additional steps were necessary to provide the information about what I was asking God to remove when I got to Step Seven.

I spent the first five months of my sobriety without doing the Step Three follow-up as listed above and almost drank. Thankfully I immediately found a sponsor who took me through all twelve steps and have not had to drink since. I will be eternally grateful for the clear-cut directions in the Big Book!

Bob S, Richmond, IN



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month.

The next meeting will be **Sunday, March 12, 2:30pm**, via Zoom -Meeting ID: 933 8500 3069; Passcode: 672458.

For updates go to: <https://ashevilleaa.org/calendar/>

District Service Committees. If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting. They are still in need of a technology person and an LCM.

(**NOTE:** They are working on updating the website contact list; a few email addresses listed here are valid as far as we know.)

Accessibilities Committee – Chairperson is Scott S. If you are interested in volunteering or have any questions on what the Accessibilities Committee does, contact Scott at access@ashevilleaa.org.

Archives Committee needs you! Chairperson is Dennis H. The Archives Committee wants A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work!

CPC/PI Committee – These are two separate service committees – “Cooperation with the Professional Community” and “Public Information” – chaired by George M. You can contact him at cpc-pi@ashevilleaa.org. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers are needed for health clinics and DUI classes. The PI Committee provides accurate A.A. information to the public and media when requested.

Corrections Committee – AA meetings are now being taken into several prisons and county jails in District 70. There is always a need for more volunteers! Jails include Buncombe County (Asheville) and Yancey County (Burnsville). Prisons include Western Correctional for Women (Black Mountain), Craggy (Asheville), Avery-Mitchell (Spruce Pine), and Mountain View (Spruce Pine). They are still working to get in touch with the facilities in McDowell County – McDowell County jail and Marion Detention Center. If you'd like to volunteer or be of service in corrections, contact Tammy Z, the Women's Corrections Chair at corrections_women@ashevilleaa.org. To connect with Andrew H, the Men's Corrections Chair, attend the next GSR meeting.

Literature and Grapevine Committee – Chairperson is Maria E. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR Meeting.

Treatment Facilities Committee – Chairperson is Mike. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

“Bridging the Gap” (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in the facility make that transition from “inside” the program to life on the “outside”. If you are interested in volunteering, please attend the next GSR Meeting to connect with Avery L., the new Bridging the Gap Chair. For more information on Bridging the Gap, visit the website: www.btgww.org

District 71

GSR Meeting – held on the 2nd Saturday of the month. All their meetings are now in person. The next meeting will be **Saturday, March 11, 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All AA members are welcome! Check their website for meeting updates:

<https://www.nc71.org/>

There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for the jails. They also still need Chairpersons for CPC/PI, Treatment, and Bridging the Gap Committees. They will be holding elections at the March meeting. See website for information on these positions. If you have any questions, you can contact Liz G., DCM, or Annette K., Alt. DCM, through the website: <https://www.nc71.org/contact>

District 80

GSR Meeting – held quarterly. The next meeting will be **Sunday, April 16, 1:00-4:00pm**. This will be a hybrid meeting with Zoom capability as well as a physical meeting place.

Zoom Meeting ID: 820 4421 9650; Passcode: District80

The physical meeting location will change in April since they can no longer meet at Meridian Behavioral Health in Sylva, but an alternative location has not yet been found. They hope to have that information soon. All interested A.A. members are welcome to attend. For more information, go to their website:

<http://aawnc80.com/events>

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, please contact Carl by calling or emailing Central Office: 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be **Thursday, April 13, 5:00pm**, and will be held virtually. The GoToMeeting ID is 543513261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District websites:

District 70: (Since website contacts and email addresses are still under review, please attend the District 70 GSR Business Meeting in order to connect with the District Registrar. See Zoom link above or check the District 70 website: <https://ashevilleaa.org/calendar/>)

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com

Happy Anniversary!

Acceptance Group

Beth R. 3-08-2021 2 yrs
Jim C. 3-14-2022 1 yr

Back to Basics Group - Weaverville

Susan S. 3-02-1995 28 yrs
Wally H. 3-22-1994 29 yrs

Black Mountain Group

Graham D. 3-15-2019 4 yrs
Marianne W. 3-21-2019 4 yrs

Brevard Serenity Group

Rachael D. 3-11-1995 28 yrs
Ladawn J. 3-23-2018 5 yrs

Bryson City Group

Dan S. 3-13-1979 44 yrs

Candler K.I.S.S. Group

Bruce R. 3-21-1998 25 yrs

Conscious Contact

Barbara W. 3-11-1997 26 yrs
Dave G. 3-25-1996 27 yrs

Daily Decisions Group

John B. 3-07-1982 41 yrs

Fellowship Group

John Q. 3-07-1989 34 yrs
Gary O. 3-08-2010 13 yrs
Eileen S. 3-15-1992 31 yrs
Lorraine D. 3-31-2019 4 yrs

Grace Group

Weston B. 3-03-2015 8 yrs
Jacob L. 3-06-2007 16 yrs
Betsy C. 3-13-1995 28 yrs
Dick J. 3-15-1981 42 yrs
Alan D. 3-15-2012 11 yrs
Wesley M. 3-17-2017 6 yrs
Chris M. 3-29-2020 3 yrs
Ethan M. 3-25-2021 2 yrs

Hendersonville Group

Jeff C. 3-01-2022 1 yr
Terry G. 3-27-1979 44 yrs
Kathy B. 3-29-2022 1 yr
Mike W. 3-31-2013 10 yrs

Hendersonville Men's Group

Bob I. 3-27-2008 15 yrs

Hey Girl, Surrender Group

Robbie L. 3-28-2016 7 yrs

Lambda Group

Susan S. 3-02-1995 28 yrs
Jim S. 3-07-1978 45 yrs
Kerry W. 3-08-2000 23 yrs
Miles L. 3-12-2020 3 yrs
Perry S. 3-24-1987 36 yrs
Bob S. 3-26-1980 43 yrs

Mars Hill Group

Ray C. 3-11-2013 10 yrs
Ed M. 3-17-1974 49 yrs
Stephen M. 3-27-1983 40 yrs

Motley Crew/Columbus

Wanda Lu 3-06-2007 16 yrs

On Awakening

Jim S. 3-28-1991 32 yrs

Out to Lunch Bunch

Dave W. 3-22-2022 1 yr

Phoenix Group

Peggy H. 3-04-2010 13 yrs

Serenity Now Group

Brad M. 3-08-1983 40 yrs
Doug 2-23-2000 23 yrs
Steve J. 3-26-1986 37 yrs

Total Surrender Group

JC 3-11-1992 31 yrs
Pete H. 3-17-1995 28 yrs
Shawn K. 3-21-2019 4 yrs

Waynesville Grace Group

Jimbo C. 3-10-1994 29 yrs
Mary S. 3-15-2019 4 yrs

Young People's Group

Danielle B. 3-05-2016 7 yrs
Branden C. 3-09-2019 4 yrs
Adam S. 3-18-2019 4 yrs
Rick F. 3-23-2011 12 yrs

The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office - 828-254-8539 - or send a new list to: info@ncmco.net

The April newsletter deadline for sending in anniversaries and announcements is March 15.

Please direct all
communications to:

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

General Service Conference Delegates
Intergroup and Central Offices
International General Services Offices

Date: February 15, 2023

Warm greetings – we hope that this letter finds you well. We are writing today to inform you of an upcoming price increase affecting our English, Spanish, and French books, booklets, and pamphlets. The new prices will go into effect on April 3, 2023, and generally reflect a 20% increase on books and a 30% increase on pamphlets (with rounding and some minor adjustments).

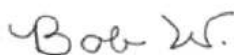
Some of you have indicated that you anticipated the need for an increase. For historical reference, the last price increases were made in 2014 (18.75%) and 2009 (33.3%). The decision to raise prices in 2023 resulted from prudent fiscal planning with the goal of longer-range stability. Alcoholics Anonymous is not immune from the changes that are impacting all businesses, and one of the greatest to us has been a notable drop in the margins associated with the sale of our literature. To be specific, prior to the SARS-CoV2 pandemic, the costs associated with the production, material, warehousing, and shipping of literature, collectively known as the cost of goods sold, hovered between 31-34% of sales. These same costs have fluctuated from 42-56% of sales in the last two years, resulting in a revenue loss that is greater than \$1.2 million each year. We do not expect this change in the cost of goods sold to resolve in our favor, and the impact is great when considering that the General Service Office is supported through both voluntary contributions and this revenue associated with the sale of literature. We continue to monitor and trim expenses where possible, being mindful of the immense significance of each 'nickel in the basket' sent to the General Service Board.

Because we appreciate that there may be high demand in ordering leading up to the increase, we will be taking steps to ensure that purchasing not be monopolized by large buyers during the transition. We will maintain the reduced shipping charges schedule that was adopted in 2022 and the mixed-title quantity discount schedule that was adopted at the close of 2022. The new pricelist, which [can be found here](#) will be reflected on the online store as the increase goes into effect. We anticipate issuing a revised and updated literature catalog in digital and print versions in the coming months.

With gratitude as we await spring,



Deborah K.,
AAWS Board Chair



Bob W,
General Manager of the General Service Office

(They have great food too!)

Bowling

FRIDAYS @ SKY LANES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



WHERE?

Sky Lanes
1477 Patton Ave
Asheville

WHAT TIME?

Every Friday
at 1:30PM

HOW MUCH?

\$5 per game
\$3 shoe rental

**LOCAL SERVICE
OPPORTUNITY**

DISTRICT 70 ARCHIVES

Bill W. felt it was important to document AA's growth so others would benefit and thrive. Local collections are needed to preserve the history

**Your assistance can
make a difference**

The Archives Committee is looking for help to expand our local AA history. Your skills are needed to make this happen

**MORE INFORMATION OR TO
VOLUNTEER SEND AN EMAIL TO
archives@ashevilleaa.org**



Collecting items
Cataloging holdings
Organizing
Digitalizing
Interviewing Old
Timers
Scanning Documents
Collecting Group
Histories
Many other ways your
talents can be used

34th Annual "FREEDOM FROM BONDAGE" Area 51 AA Corrections Conference

March 10, 11 & 12, 2023
Friday Registration begins at 5:00 pm

Hampton Inn & Suites
200 Columbus Dr.
Aberdeen, NC 28315

Pre-Registration for Conference

\$15.00 per person before February 28, 2023
\$18.00 at the door

Online Pre- Registration:



<https://aanorthcarolina.org/34th-annual-freedom-from-bondage-registration/>

Hotel Registration

Hampton Inn & Suites
200 Columbus Dr.
Aberdeen, NC 28315

Room reservations: Code: **CHHFFB**
(910) 693-4330 -or- online:



<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=SNPNCHX&groupCode=CHHFFB&arrivaldate=2023-03-10&departuredate=2023-03-12&cid=OM.WW.HILTONLINK.EN.DirectLink&fromId=HILTONLINKDIRECT>

Rate: \$109-Standard Room, \$129-Studio Suite

****Cut-off for special room rate: February 10, 2023****

Agenda

- Speakers
- Panels
- Workshops
- Fellowship
- All the coffee you can drink!
- "Sweet Treats"

For more information

E-mail: corrections@aanorthcarolina.org
252-908-0686

------(Cut here)-----

34th Annual Freedom from Bondage
Area 51 AA Corrections Conference
Pre-Registration rate before February 28, 2023 – \$15.00

Make checks payable to:
CFC and mail to
Paige W.
P.O. Box 7642
Rocky Mount, NC 27804

Name: _____ Name on Badge: _____

Address: _____ City: _____ State: _____

Zip: _____

Telephone: (____) _____ - _____ E-mail: _____

17th Annual SOBERSTOCK 2023



17TH ANNUAL

Soberstock

MARCH 17-19, 2023 BROOKSVILLE, FL



Soberstock is a 3-day weekend AA/Al-Anon/Alateen event featuring speakers, meetings, bands, food & fellowship. This festival is open to all members of AA/Al-Anon and their families.

Proceeds of this function will purchase Big Books and other AA literature for District 2 Jails & Institutions. The remaining profits go to the area pie chart.

Speaker Meetings!

Campfire Meetings!

Live Bands!

Outdoor Meetings!

ALL Food & Drinks provided!

Tent Camping!

When: Friday, March 17th, 2023- Gates open at Noon on Friday! Event ends on Sunday at noon.

Where: "Sand Hill Scout Reservation" - 11210 Cortez Blvd, Brooksville, FL 34613

What to bring: Tents, blankets, coolers, chairs, lanterns, bug spray, snacks, NO PETS, NO cabins at this facility.

What we provide: Refreshments, Camp Style Meals - Fri. dinner, Sat. breakfast, lunch and dinner, & Sunday breakfast.



online orders www.soberstock.com

Be a part of with "Soberstock Memorabilia" - All SoberStock orders are on a "Will Call" basis, which means we do not mail any products or tickets. After orders are received, we simply have you on our list and you will pick up all of your items at the gate. Online orders are safe & secure and we take most major credit cards with the PayPal payment processing system. Please visit our website at www.soberstock.com for the schedule of events, credit card payment, flyers, t-shirt ordering and so much more than we can fit on this flyer!



ONLINE PRICING vs GATE PRICING:

1 DayPass - \$40.00 per person/\$50 Gate

Weekend - \$75.00 per person/\$90 Gate

Child under 12-1 DayPass - \$5.00/\$10 Gate

(CHILDREN ALLOWED ONLY IF ACCOMP. BY PARENT/GUARDIAN)

Child under 12-Weekend - \$10.00/\$15 Gate

Tent Pitching: \$15 Per tent (We don't supply tents)

T-Shirts: \$20/ea (Sizes: S, M, L, XL, 2XL)



Soberstock attendees, in light of the ongoing COVID, if you are sick, or think you are sick, please do not attend the event. Masks will be encouraged, especially in inside facilities. Should conditions around Covid change, Soberstock reserves the right to put into place additional safety measures the committee may deem necessary. We will keep you posted on our website about any changes to safety measures leading up to the event. Your love and tolerance of such is greatly appreciated.

**NOTE: WE ONLY TAKE CASH OR CHECKS AT THE GATE
NO CREDIT/DEBIT CARDS AT THE GATE!**

**REDUCED PRICING &
1 FREE T-SHIRT PER
WEEKEND DAY PASS ORDER
until January, 1st, 2023!**

All sales are final, and non-refundable. This is a Rain Or Shine Event. When ordering online, we will not ship any items to you. We will have all items for you (INCLUDING TICKETS!) at the front gate day of the event on a Will Call basis. Please remember, pets are NOT allowed (Service pets with paperwork only).

Thank you so much for your cooperation!



APPALACHIAN REGIONAL ROUNDUP

to face the hideous four horsemen
march 17-19 2023 kingsport, tn

SPEAKERS

Astrid H: Sherman Oaks, CA
 Charlie P: Austin, TX
 Paul McQ: Rockaway, NY
 Bob D: Las Vegas, NV
 Ralph W: Las Angeles, CA
 Kent C: Sandusky, OH
 Mari G: Toronto, Canada
 Larry T: Bellflower, CA
 Katie P: Austin, TX
 Rick J: Toronto, Canada (ALAnon)


Registration is \$30 & \$35 at the door. Online registration is available at
www.appalachianregionalroundup.com

Meadowview Conference Resort
 & Convention Center
 1901 Meadowview Parkway
 Kingsport, TN 37660

Room Rate \$124.00
 Call Or Visit Our Website To Book
 423-578-6600

Make check or money order payable to Appalachian Regional Roundup & mail to:
 P.O Box 7494
 1001 N. Eastman Rd
 Kingsport, TN 37664

For more information:
 Call Tabitha E 423-491-2420

or visit our website at  www.appalachianregionalroundup.com

fourth annual appalachian regional roundup

Name: _____
 Address: _____
 City: _____
 State: _____ Zip: _____
 Phone: _____
 Email: _____

Name: _____
 Address: _____
 City: _____
 State: _____ Zip: _____
 Phone: _____
 Email: _____

Scholarship Contribution: \$ _____
(Lend A Hand To Those Unable To Pay The Registration Fee)

Number Of Registrations: _____ Total: \$ _____

**Please Join Us
April 1st 2023 for
The West Asheville Group's
68th Anniversary Eatin' Meetin'!!**



**Please bring a covered dish if you can, or
just bring yourself for food, fellowship and
an awesome speaker!**

1418 Patton Ave, Asheville 28806

Doors open @ 6:00pm

Dinner @ 6:30pm

Speaker @ 8:00pm

February
2023
Edition

Area 51 Delegate's Beaming Beacon



Concept 2

The General Service Conference of AA has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

The Conference meets just once a year to discuss matters of policy. At the Conference the Delegates serve as the voice and the guide for our World Services. The Delegate speaks and acts for our groups, who have delegated their groups consciences to our Delegate to carry to Conference. In the early days of AA, we had the Alcoholic Foundation rather than the General Service Board. The Foundation handled the money matters while Bill handled the rest of the world services. Eventually the Foundation took on more and more responsibility as the fellowship grew, including the 2 corporations of AAWS and the Grapevine as well as all the legal affairs. Bill and Dr. Bob served as the link between the Trustees and the groups. Realizing a more permanent link was needed, the Conference was created to replace Bill and Dr Bob.

Information to Share

- Grapevine is looking for input about what the membership needs are for a new Grapevine App. The app will have audio, archived articles, daily quote, the podcast, sobriety calendar and the Meeting Guide app all in one place. Please pass along to group members. 5-minute Survey for the Grapevine App <https://www.aagrapevine.org/app-survey>.
- Pre-Conference plans have been finalized for dates and locations! Flyers are available. Plus!! A document to help you explain what Pre-Conferences are all about.

Date	Region	Location	Host District
Saturday March 18th 12:00 pm – 4:00 pm	Central	Fairview Moravian Church 6550 Silas Creek Pkwy Winston Salem, NC 27106	18
Sunday March 19 th	Spanish		30
Saturday March 25 th 11:30 am – 3:00 pm	Eastern	Westminster Presbyterian Church 301 East Whitaker Mill Rd Raleigh, NC 27608	31,35,50
Saturday April 1 st 12:00 pm – 4:00 pm	Western	Durham Memorial Church 1601 Toddville Rd Charlotte, NC 28214	21,41
Sunday April 16 th 2:00pm – 4:00 pm	Virtual	Meeting ID: 656 316 7536 Passcode: 924686 Virtual Pre-Conference Link	Delegate, Alt Delegate

Inside the Delegate's Rocket Ship

Conference Prep

- Assigned to 2 Conference Committees! Grapevine/La Viña and Archives.
- Reviewed the Archives Workbook (accidentally reviewed an old version too!)
- Subscribed to the Grapevine magazine and online
- Studying past Conference Actions and Histories of my 2 committees.

Current Reading

- AA Comes of Age* - Recommended reading before I head to Conference. There are some really interesting essays from friends of AA in the appendices at the back of the book that I did not read the first time around.
- The Newly Revised Service Manual 2021-2023 edition*– It's really pretty but geez, there are a lot of Appendices!!

Going Places

- Southeast Regional Delegate's Get Together in Atlanta Feb 3-5

box
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Box 459 Winter 2022
Jacketless Big Books,
The Power of Self
Support,
New AAWS &
Grapevine Directors and
More!

At Wits End:
A Grapevine
Joke

Sixth Step condiments

We used to relish our character defects. But when we mustard the courage and willingness to have God remove these defects of character, then our emotional and spiritual maturity was able to ketchup to our chronological age.

Contacts:

Julie R.
delegate@aanorthcarolina.org

Denise M.
altdelegate@aanorthcarolina.org



March 2023
Edition

Area 51 Delegate's Beaming Beacon



Concept 3

To insure effective leadership, we should endow each element of AA – the Conference, the General Service Board and its service corporations, staffs, committees, and executives – with a tradition “Right of Decision.”

Concept really comes down to trust. This principle flows through our service structure from the groups all the way down to the General Service Board and encompasses everyone in between. We should not direct or give mandates as we delegate our voice (remember Concepts 1 and 2) and group conscience to our trusted representative. An “instructed” servant who cannot act on his or her own conscience is not much of a trusted servant but just a messenger. A trusted servant is fully informed and can make decisions during discussion about what would be best for whatever they think the group that they represent would approve. The “Right of Decision” is accompanied by the responsibility of reporting back about the information that made our trusted servant to vote they way they did. With this safeguard, we can rest confidently in our trusted servant’s decisions, understand that they not only serve us but AA as a whole and their decision was based on information that may not have been available or considered previously.

Information to Share

- Literature price increase April 3rd – 20% on books, 30% on pamphlets.
- Pre-Conferences are happening this month. Check out the Events tab on aanorthcarolina.org
- The chart below contains Agenda Items that I would like feedback on at the Pre-conferences. I want to hear what you have to share on these and any others. The full list and background can be found in the [Delegate's Corner](#).

Conference Committee		Conference Agenda Item
1.	Finance F	Discuss new proposed agenda items (PAI's) regarding the book <i>Twelve Steps and Twelve Traditions</i> .
2.	Literature M	Discuss new proposed agenda items (PAI's) related to the Plain Language Big Book Translation.
3.	Corrections A	Consider a request to include content in existing A.A. literature on sponsorship of persons in custody by outside members of the Fellowship.
4.	Corrections C	Discuss service piece, “Safety and A.A.: Our Common Welfare” (SMF-209) and its revisions.
5.	Literature L	Review request to update the pamphlet “Do You Think You're Different?”
6.	Public Information R	Consider request to implement an Alcoholics Anonymous World Services, Inc. Instagram account
7.	Treatment & Accessibilities E	Consider request to do an Accessibilities Inventory of Alcoholics Anonymous throughout its services and structure.
8.	Treatment & Accessibilities F	Discuss carrying the message to alcoholics with intellectual or information processing challenges, communication challenges and diverse neurological abilities.
9.	Finance C Finance D	Review the Conference-approved level of \$10,000 for individual bequests to the General Service Board from A.A. members. Review the Conference-approved maximum annual contribution of \$5,000 to the General Service Board from an individual A.A. member.
10.	Literature O	Discuss cost effective media options that welcome young people to AA as an alternative to “Too Young?” pamphlet.

Inside the Delegate's Rocket Ship

Conference Prep continues

- Studying the background material for Conference. (Available under the [Delegate's Corner](#).)

Current Reading

- *The Newly Revised Service Manual 2021-2023 edition*—Still working through it!!

Going Places

- Winter Committee (March 3-5), Pre-Conferences, Freedom from Bondage (March 10-12)

box
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Box 459 Winter 2022
Jacketless Big Books,
The Power of Self
Support,
New AAWS &
Grapevine Directors and
More!

At Wits End:
A Grapevine
Joke

Water, please!

Q: Why are Grapevine jokes so hilarious?
A: Because we have a “dry” sense of humor.

Contacts:

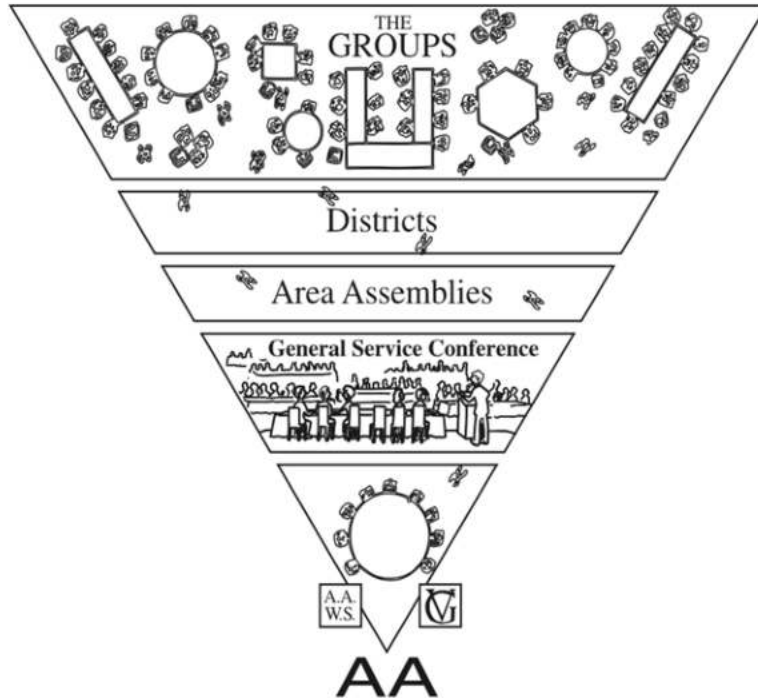
Julie R.
delegate@aanorthcarolina.org

Denise M.
altdelegate@aanorthcarolina.org



Area 51 | 2023

Western Pre-Conference



Durham Memorial Baptist Church
Sanctuary Building
1601 Toddville Rd
Charlotte, NC 28214
April 1, 2023
12:00 pm – 4:00 pm

Lunch provided

The Pre-Conference is open to all AA members and is an opportunity to meet with the Delegate, Julie R., who represents the voice of our Area. We will discuss the agenda items of the upcoming General Service Conference to better inform the Delegate of the Area's group conscience before the General Service Conference convenes in New York.

Hosted by Districts 21 & 41
Questions? Check the website for contact information:

<https://aanorthcarolina.org/event/western-region-pre-conference-spring-2023/>

In case you missed a
Regional
preconference
Event

Virtual Preconference

April 16 2023

2pm – 4pm

Zoom Info

Meeting ID: 656 316 7536

Passcode: 924686

<https://us02web.zoom.us/j/6563167536?pwd=ZmZlY3dKZU5MNllhR0xydjFZK3RDQT09>

“So, since 1951 we have been holding these yearly Conferences, to see whether this movement was interested enough, was responsible enough, felt those services were worthwhile enough, to maintain so long as God will need this society. And I think it’s the conclusion of every delegate who has been there that yes, we should take these things over. So, in 1955 we propose to hold an International Convention, at which time, on behalf of the oldtimers, and of Smithy and me, we shall say to you, here is the remainder of your Third Legacy. This Conference shall become our successor. To you we hand the last torch. Carry on. Face your destiny with surety and courage, and God love you.”

— Bill W., speaking at the 1954 Texas State Convention

“Therefore we expect that our Conferences will always try to act in the spirit of mutual respect and love — one member for another. In turn, this sign signifies that mutual trust should prevail; that no action ought to be taken in anger, haste, or recklessness; that care will be observed to respect and protect all minorities; that no action should ever be personally punitive; that whenever possible, important actions will be taken in substantial unanimity; and that our Conference will ever be prudently on guard against tyrannies, great or small, whether these be found in the majority or in the minority. The sum of these several attitudes and practices is, in our view, the very essence of democracy — in action and spirit.”

— A.A. Service Manual, page C-58 (Bill W. Commentary on Concept XII)



Questions?

Contact

Julie R. Delegate

delegate@aanorthcarolina.org

Denise M. Alt Delegate

altdelegate@aanorthcarolina.org

What is a Pre-Conference?

The Area 51 Pre-Conferences are events where all AAs can learn about & give their input on agenda items that will be discussed at the General Service Conference.

They provide an opportunity to involve, inform, and inspire our members with a thorough understanding of the General Service Conference structure and process. Additionally, the Pre-Cons provide feedback from our membership on the challenges and opportunities facing AA as a whole. This interactive process comes alive with participation, discussion, and debate.

Structure of the Conference U.S. and Canada

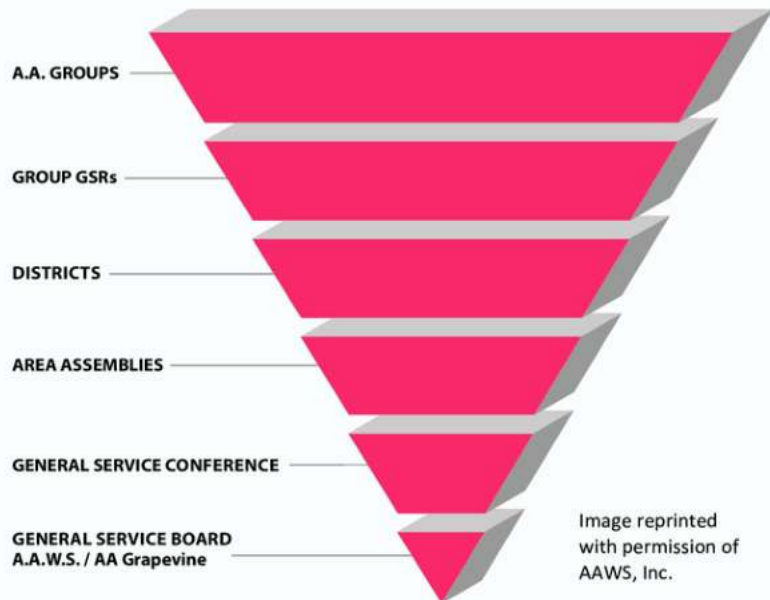


Image reprinted with permission of AAWS, Inc.

What are Conference agenda items and how do we discuss them?

Items that will be covered at the Preconference are pulled from the Conference agenda. They could have originated from any level of the triangle, and from any Area in our Service Structure. Any items that originated in Area 51 may have been presented at the Area Assembly. The Pre-conferences gives us the opportunity to discuss agenda items that may have come from other areas. Short presentations will introduce the topics however the majority of the time is allocated to sharing sessions providing feedback to the Delegate.

What's the difference between the Assembly and the Pre-conference?

	Vote on Items relevant to NC or AA as a whole	Discuss items relevant to NC	Discuss items relevant to AA as a whole	Inform the Delegate	Reports from Coordinators	Workshops
Assembly	X	X			X	X
Preconference			X	X		

Why Do We Need a Conference?

The late Bernard B. Smith, nonalcoholic, then chairperson of the board of trustees, and one of the architects of the Conference structure, answered that question superbly in his opening talk at the 1954 meeting: "We may not need a General Service Conference to ensure our own recovery. We do need it to ensure the recovery of the alcoholic who still stumbles in the darkness one short block from this room. We need it to ensure the recovery of a child being born tonight, destined for alcoholism. We need it to provide, in keeping with our Twelfth Step, a permanent haven for all alcoholics who, in the ages ahead, can find in A.A. that rebirth that brought us back to life.

"We need it because we, more than all others, are conscious of the devastating effect of the human urge for power and prestige which we must ensure can never invade A.A. We need it to ensure A.A. against government, while insulating it against anarchy; we need it to protect A.A. against disintegration while preventing overintegration. We need it so that Alcoholics Anonymous, and Alcoholics Anonymous alone, is the ultimate repository of its Twelve Steps, its Twelve Traditions, and all of its services.

"We need it to ensure that changes within A.A. come only as a response to the needs and the wants of all A.A., and not of any few. We need it to ensure that the doors of the halls of A.A. never have locks on them, so that all people for all time who have an alcoholic problem may enter these halls unasked and feel welcome. We need it to ensure that Alcoholics Anonymous never asks of anyone who needs us what his or her race is, what his or her creed is, what his or her social position is." Pg 40 2021-2023 AA Service Manual

EVOLUTION OF A CONFERENCE ADVISORY ACTION

1	An idea, suggestion, question, concern or subject comes from A.A. members, G.S.R.s, D.C.M.s, Area Committee members, Delegates, Trustees, or G.S.O./GV Staff, and may be shared or discussed at the group, district and Area Assembly and sent to the	Conference Coordinator G.S.O.
2	The idea is reviewed by the G.S.O./GV Staff and forwarded to	Appropriate Trustees' Committee
3	which then may refer the matter to the	Appropriate Conference Committee
4	which meets during the General Service Conference week and makes recommendations that are presented in the Committee Report to the . . .	General Service Conference
5	if a Conference Committee recommendation is approved, after full floor discussion, it becomes a Conference Advisory Action , which becomes binding when approved by the	General Service Board

"Most questions suggested for the Conference agenda are assigned to one of the 13 standing committees, where items can be discussed in small groups before being considered by the full Conference body. Without committees, it is doubtful that any Conference would be able to function effectively."

The A.A. Service Manual, p. 44

The First Blue Ridge Roundup

April 21, 22, 23, 2023

YMCA Blue Ridge Assembly • Black Mountain, North Carolina

The Blue Ridge Roundup Committee invites you to attend a weekend of AA fellowship and programs in the beautiful mountains of Western North Carolina. The facilities of the Blue Ridge Assembly are relaxing, the food is excellent and the atmosphere is warm in the traditional AA way.

Details and Important Information

ACCOMMODATIONS: There will be two buildings for room accommodations: the **Blue Ridge Center** and **Weatherford Hall** (see costs below). All rooms have 2 beds and will accommodate 2 people per room. Rooms are on a first come first served basis. Singles who have a roommate preference please write on the back of your reservation card.

RESERVATIONS: The roundup will begin this year on Friday. Registration opens at 3:00 pm.

COST: Blue Ridge Center

Arrive Thursday... This option is not available for 2023

Arrive Friday... \$215.00 per person (includes registration, room, four meals, and brunch on Sunday a.m.) payable with your registration, minimum deposit of \$100.00 per person; balance on arrival

Private Rooms... \$325.00 based on availability

Weatherford Hall

Arrive Thursday... This option is not available for 2023

Arrive Friday... \$185.00 per person (includes registration, room, four meals, and brunch on Sunday a.m.) payable with your registration, minimum deposit of \$100.00 per person; balance on arrival

Private Rooms... \$280.00 based on availability

COMMUTER REGISTRATION: \$50.00 per person - includes 2 meals: Friday night & Saturday night dinners

REGISTER NOW to be assured of acceptance. Due to the limited number of registrations first in, first accepted. Reservations must be made prior to April 8th.

REFUNDS: All cancellations prior to April 8, 2023 are subject to a \$10.00 per person cancellation fee. No refunds will be made after April 8, 2023.

MORE INFORMATION OR QUESTIONS: Elizabeth P. - 919-880-4026 or Victor K. - 443-745-3587 or visit our website at www.blueridgeroundup.org



PLEASE NOTE: No children or pets allowed please. The Blue Ridge Assembly is a smoke free facility.

SPEAKERS

Two Surprise Speakers..... from the audience
Lauren C..... Richmond, VA
Kay C..... Greensboro, NC
Bill C..... Greensboro, NC
Bill S..... Gloucester, NC

REQUEST FOR RESERVATION

April 21, 22, 23, 2023

Please check one:

Blue Ridge Center:

Arrive Friday: \$215 per person Private: \$325

Weatherford Hall:

Arrive Friday: \$185 per person Private: \$280

Commuter Registration: \$50 per person

Please indicate a 2nd choice due to availability.

Mail to: Blue Ridge Roundup

PO Box 18412 * Raleigh, NC 27619

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone No.: (____) _____

Email: _____

Name on Badge (s): _____

**WE ARE NOT
A GLUM LOT**

Speakers

Steve R
Candler, NC

Jamie McS
Sunnyside, NY

Lori G
Oklahoma City, OK

Vicki McG
Johnson City, TN

Pat Y
Seal Beach, CA

Clif G
Oklahoma City, OK

Workshops and more...

FREE Convention Mug to
First 400 Pre-Registrants!

...

Old-Timers' Panel

...

Marathon Meetings

...

Open Discussion Meetings

...

Saturday Night Dance

...

Plenty of FREE Coffee

76TH NORTH CAROLINA STATE CONVENTION

July 20-23, 2023

Lake Junaluska Conference and Retreat Center
91 N Lakeshore Dr, Lake Junaluska, NC 28745



Convention Pre-Registration \$35.00/person

Pre-registration rate available until June 29, 2023, \$40.00 per person June 30, 2023 and after.
Alanons 18 & under / Alateens 18 & under - No charge but must register.

Register online at www.aanconvention.com



For more information or for problems with hotel reservations, please email: aanconvention@gmail.com or call: Alana E. (980) 230-9333

Accommodations

*There is no group code.
Meal plans are available.*

Terrace Hotel—Avg rate \$149.00/night

Lambeth Hotel—Avg rate \$133.22/night

Apartments—Avg rate \$119.00/night

Reserve Online: <https://tinyurl.com/3t775y7j>

Email: reservations@lakejunaluska.com

Call: 800-222-4930

Don't wait! Hotel cut-off for Conference rate: **June 29, 2023**

✂

**First 400
Pre-registrations
Receive a FREE
COFFEE MUG!**

76TH NORTH CAROLINA STATE CONVENTION

Fill out (*please print legibly*) and mail this form or register online at www.aanconvention.com

Make checks payable/mail to: NC Convention Committee • PO Box 41451 • Raleigh NC 27629

Name _____

Address _____

City, State, Zip _____

Email _____ Telephone (____) _____ - _____

Sober Date (*optional*) _____ Do you have accessibility needs? _____

Name(s) for badge(s) _____

\$35.00 Special Rate before June 29, 2023

June 30 and after \$40.00 • AI-Anons 18 & under / Alateens 18 & under: No charge but must register.

Enclosed is \$ _____ for _____ registration(s)

Is this a sponsorship? Yes No Preferred method of contact: Email Mail

If you are willing to be a volunteer, please check here:

Consider buying a sponsorship for those less fortunate