

828-254-8539
Central Office is open
Monday-Friday
10am-1pm
info@ncmco.net



### This Beautiful Truth

by Anonymous - Cleveland, MO

A member raised in the Muslim faith shares her eye-opening journey with the Second and Third Steps

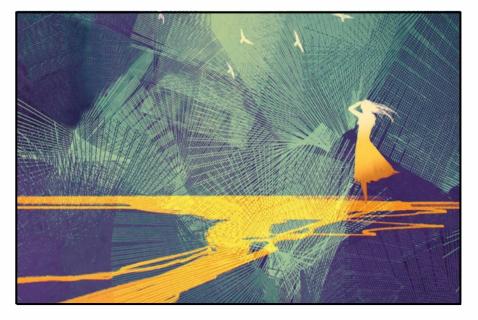
I came to AA because my husband threatened to divorce me if I didn't. I had a serious drinking problem and I believed that doctors and therapists or members of any science-based discipline should have the answer to my problem—not AA. I had many pre-conceived ideas and prejudices against AA, the primary one being that it was some kind of Christian cult.

I am a Muslim. I grew up in a very strict Islamic state that is governed by Islamic doctrine and antiquated regulations. I believe in the teachings of my noble religion, but like most people who claim to be religious, I talked the talk but never really listened to the message.

When I started traveling and living around the world with my husband, I enjoyed the freedoms I was offered and went too far with unnecessary rebellion, namely alcohol abuse.

I attended my first AA meeting in Europe. It was an eye and heart-opening experience for me. Walking up the steps of the community center, following the AA sign, was quite a humbling and scary feeling. I was welcomed by a sweet meeting leader, and I immediately volunteered that it was my first time and I was clueless as to what I needed to do. She said, "You don't have to do anything, just share your story with us and feel very grateful that you decided to come today because you're in the right place."

The room started filling up with an interesting variety of people. Some were pretty "jazzy-looking" characters, others were well-dressed businessmen and women, still others were people who looked like me. I was surprised to see such a varied collection of individuals. They looked quite joyful and relaxed. I remember thinking, I want to be happy like them.



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I read the Big Book and the "Twelve and Twelve" and listened to everything I could find on the internet about AA teachings. It was all very helpful, except for the Second and Third Steps. I believed in God but couldn't accept that if I just prayed earnestly, he would take away my problem. I had begged God to help me stop drinking for 10 years and it didn't work.

I argued a lot with my first sponsor about how simple and childish it seemed to me to say that if I just surrendered my will to God, he would relieve me of my alcoholism. I just couldn't accept that it could be that simple. I asked her, "What would make me not take that first drink on an airplane where nobody knew me, and I wasn't answerable to anybody?"

"You have to be prepared for that situation and pray, and talk to someone before boarding that flight," she answered. I always felt that was impossible. My mind told me that no prayer or person could stop me from taking that first drink. It had to come from within, I told her. "Well, that's not AA, and I can't sponsor you if you refuse to follow the Steps," she said. That was the beginning of the end of our sponsor/sponsee relationship, although we are still good friends.

My current sponsor, who in my eyes is a kind of Superman, has a mature and worldly knowledge of the AA principles. He heard my arguments about finding my Higher Power and pointed me to the Big Book. In the chapter "We Agnostics" Bill, our cofounder, writes: "Sometimes we had to search fearlessly but he was there. He was as much a fact as we were. We found the Great Reality deep down

(continued on page 5)

### **January Grapevine** now available!



### **Spiritual Awakenings**

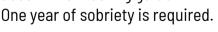
This month's issue features "Spiritual Awakenings." AA members share stories about their own personal journey with Step Two, how they found their Higher Power and what helped them.

https://www.aagrapevine.org/



### **After-hours Phone Volunteers Needed**

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.



Information can be found at:

https://aancmco.org/index.php/about-ncmco/service/ (scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



### **Adopt-A-Doc Project**

The CPC/PI Ad-hoc Committee of Central Office is making Adopt-A-Doc materials available to A.A. members to take to their physicians. This is a project in which A.A. packets of information are prepared and distributed by A.A. members in local communities to healthcare providers. Each packet contains a letter to the doctor detailing ways in which we can cooperate in serving the "sick and suffering" alcoholic. Also included are several pamphlets on A.A. recovery, newcomer information, and local A.A. meeting schedules. These packets are distributed to local groups which are encouraged to share them with their doctors or healthcare providers.

If you are interested in obtaining one of these packets, contact your District's CPC/PI Chairperson through the District website:

District 70 - George M: cpc-pi@ashevilleaa.org or https://ashevilleaa.org/contacts/

District 71 - Linda Jo S:

https://www.nc71.org/contact

District 80 - Nancy B: cpcpi80@aawnc80.com or http://aawnc80.com/contact-us

### **Call & Visitor Log** November 2022

12 Step Calls - 2

General Info - 4

Family Help - 6

Meetina Info - 34 Central Office Business - 84

Medical/Detox - 1

Visitors - 0

After-hours Volunteers - 46 calls

Visits to aancmco.org/ website:

Unique Visitors - 2,005

Total Visits - 4,329; Visits/Visitor - 2.16

Total Pages - 35,401; Pages/Visit - 8.18



# COR/NCMCO Board Meeting

We have elected a new Chairperson, Mike McC., who has served the NCMCO Board in the past. Tammy, our current Treasurer, has volunteered to serve an additional term. Thank you both! And many thanks to Patrick A. and Carol N. for your service as Chair and Alternate Chair respectively.

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs may vote so we encourage your group to elect a COR. Your input is important to us!

The next combined meeting will be **Thursday**, **January 12**, **at 6:00pm**, via

Zoom: Meeting ID: 757 855 2319 Passcode: 000000



We will be electing a new Alternate Chair (see page 5 for details) and approving the Budget for 2023.

For updated meeting information and Zoom link, check the website: https://aancmco.org/index.php/events/



# Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



# Cash on Hand as of 11/30/2022

Prudent Reserve \$16,118.29 Operating Account \$12,845.46 Rent Deposit - \$400.00

Petty Cash - \$50.00

**Profit & Loss YTD** 

|   | Nov 2022       | Jan - Nov, 2022 (YTD) |
|---|----------------|-----------------------|
| Income  |                |                       |
| Contributions   | \$1.52         | -\$8,666.21           |
| Birthday Contributions                                      |                | \$567.00              |
| Group Contributions   | \$2,631.93     | \$27,814.96           |
| Individual Contributions                                    | \$87.41        | \$1,724.24            |
| Total Contributions   | \$2,720.86     | \$21,439.99           |
| Interest on Money Market                                    | \$1.32         | \$11.81               |
| Sales Income  |                |                       |
| Literature & merchandise                                    | \$2,383.71     | \$24,965.20           |
| Shipping charged to groups                                  | \$59.52        | \$555.72              |
| Total Sales Income  | \$2,443.23     | \$25,520.92           |
| Uncategorized Income  |                | \$1,500.00            |
| Total Income  | \$5,165.41     | \$48,472.72           |
| Cost of Goods Sold  |                |                       |
| Cost of Goods Sold  | \$230.00       | \$2,072.38            |
| Freight - vendor shipping                                   | \$34.10        | \$300.17              |
| Inventory Adjustments                                       |                | \$28.33               |
| Literature & merchandise                                    | \$1,657.99     | \$19,181.30           |
| Shipping to groups  | \$64.03        | \$564.79              |
| Total Cost of Goods Sold                                    | \$1,986.12     | \$22,146.97           |
| Inventory Shrinkage   | \$5.97         | \$20.06               |
| Total Cost of Goods Sold                                    | \$1,992.09     | \$22,167.03           |
| GROSS PROFIT  | \$3,173.32     | \$26,305.69           |
| Expenses  | *-,            | <b>1</b> ,            |
| Computer Expenses   |                | \$2,620.27            |
| Copier Expenses   |                | \$2,107.06            |
| Credit Card Processing                                      |                | Ψ2,101.00             |
| PayPal Fee  | \$26.13        | \$197.32              |
| Total Credit Card Processing                                | \$26.13        | \$197.32              |
| Insurance Expense   | <b>42</b> 0.10 | \$605.00              |
| Office Expenses   | \$369.99       | \$2,449.01            |
| Office Supplies   | \$25.68        | \$796.33              |
| Payroll Expenses  | Ψ20.00         | ψ100.00               |
| Gross Salary  | \$2,010.00     | \$16,060.00           |
| Payroll Taxes (Company)                                     | \$153.78       | \$1,228.71            |
| Total Payroll Expenses                                      | \$2,163.78     | \$17,288.71           |
| Rent  | \$604.00       | \$6,584.00            |
| Stamps/Postage  | Ψ004.00        | \$7.38                |
| Telephone & Internet  |                | Ψ1.50                 |
| Office Telephone/Internet                                   | \$139.98       | \$1,439.78            |
| Web Expenses  | \$19.99        | \$237.28              |
| Total Telephone & Internet                                  | \$159.97       | \$1,677.06            |
|   |                |                       |
| Total Expenses  | \$3,349.55     | \$34,332.14           |
| NET OPERATING EXPENSES                                      | -\$176.23      | -\$8,026.45           |
| Other Expenses  |                |                       |
| Contributions to qualifying charitable organizations (AAWS) |                | \$1,000.00            |
| Total Other Expenses  |                | \$1,000.00            |
|   |                | ¥ 1,000100            |
| Net Other Income  |                | -\$1,000.00           |

<sup>\*</sup> Credit set up for CPC/PI Ad-hoc Committee from surplus funds



# Contributions

| Group Contributions:  | Nov 2022        | YTD                            |
|---|-----------------|--------------------------------|
| 12 & 12 Study Group 717-595<br>Acceptance Group 122-477                       |                 | \$59.00<br>\$1,193.77          |
| Agnostics, Atheists & Freethinkers AA Group                                   | \$600.00        | \$1,800.00                     |
| As Bill Sees It-Brevard 374-290   | ******          | \$150.00                       |
| As Bill Sees It Group 169-463   |                 | \$10.00                        |
| At Wit's End Group  |                 | \$257.78                       |
| Back to Basics Grp (Weaverville) 147-139                                      |                 | \$85.00                        |
| Big Town Group 671-200 Black Mountain Lakeside Group of A.A.                  |                 | \$626.40<br>\$85.00            |
| Brevard Serenity Group 631-231  |                 | \$217.50                       |
| But for the Grace of God Group 629-162  |                 | \$51.80                        |
| BYOC - Bring Your Own Coffee  | \$100.00        | \$100.00                       |
| Candler KISS Group 163-148  |                 | \$220.00                       |
| Cashiers Valley Grp 122-589   |                 | \$884.90                       |
| Cedar Mountain Group 161-082  | ¢200.00         | \$420.00                       |
| Conscious Contact Group - Asheville Cullowhee Valley Group 118-129            | \$200.00        | \$1,000.00<br>\$46.20          |
| Cumberland Group 122-472  |                 | \$250.00                       |
| Daily Decisions 643-869   |                 | \$2,169.71                     |
| Day by Day Group 159-058  |                 | \$1,537.90                     |
| Early Bird Group 612-780  |                 | \$456.00                       |
| Emotional Sobriety Group 725-136  |                 | \$150.00                       |
| Fellowship Group, Fletcher 655-542  | 4070 50         | \$500.00                       |
| Fireside Group 655-046  | \$276.50        | \$739.00                       |
| Grace Group of Asheville 161-970<br>Happy Hour Group - Hendersonville 169-182 | \$508.93        | \$2,409.35<br>\$373.51         |
| Hendersonville Group 110-594  | \$133.00        | \$399.33                       |
| Hendersonville Men's Group  | <b>\$100.00</b> | \$100.00                       |
| Hendersonville Women's BBSS 723-106   |                 | \$269.45                       |
| Joy of Living - Brevard 669-820   |                 | \$216.83                       |
| Lambda Group 617-035  | \$106.00        | \$186.74                       |
| Liars Club  |                 | \$180.00                       |
| Live & Let Live - Forest City<br>Lost and Found Group 000427291               | \$67.50         | \$50.00<br>\$67.50             |
| Mars Hill Group 130-895   | Ψ01.00          | \$150.00                       |
| Marshall Group 100-489  |                 | \$150.00                       |
| Men's Attitude Adjustment Group 670-850                                       |                 | \$54.00                        |
| Micaville 12 & 12   |                 | \$100.00                       |
| Mission Group 606-119   |                 | \$46.00                        |
| Monday 6:00 Open Meeting  |                 | \$188.59                       |
| Mountain View Group (Highlands) 110-598<br>New Freedom Group 700-124          |                 | \$324.38<br>\$100.00           |
| On Awakening Group  |                 | \$900.00                       |
| Pisgah Group 682-099  | \$200.00        | \$200.00                       |
| Practicing Principles 667-311   |                 | \$269.50                       |
| Recovery by the River 674-892   |                 | \$464.87                       |
| Roundtable Group 135-605  |                 | \$150.00                       |
| Safe & Sound Group 645-654  | ¢75.00          | \$392.91                       |
| Saturday Morning Men's Meeting<br>Serenity Service Group 110-498              | \$75.00         | \$450.00<br>\$1,329.00         |
| Sober Sisters - Black Mtn   |                 | \$161.42                       |
| Sober Sisters - Flat Rock 725-094   |                 | \$364.80                       |
| Solutions Group 719-512   |                 | \$548.53                       |
| South Asheville Literature  |                 | \$130.50                       |
| Speed Bump Group 512-851  |                 | \$90.00                        |
| Spruce Pine Saturday Morning Group 110-679                                    |                 | \$103.00                       |
| Sunshine AA Group 163-759<br>Surrender Group - Black Mtn 660-428              |                 | \$100.00<br>\$175.00           |
| The 164 Group   |                 | \$17.12                        |
| The Principles Group 675-162  |                 | \$100.00                       |
| Traditional Group 110-499   |                 | \$500.00                       |
| Waynesville Grace Group 110-692   |                 | \$1,298.67                     |
| We Think Not Group 700-411  |                 | \$164.00                       |
| Women of Courage Group 688-025  | \$365.00        | \$1,115.00                     |
| Yet To Be Known Group   |                 | \$180.00<br>\$235.00           |
| Young People's Group 645-646  Total Group Contributions:                      | \$2,631.93      | \$235.00<br><b>\$27,814.96</b> |
| . Jan. Stoup Continuations.   | ¥2,00 1.00      | +=1,517.00                     |

| Individual Contributions:       | Nov 2022   | YTD         |
|---------------------------------|------------|-------------|
| Anonymous                       | \$17.41    | \$133.70    |
| Annie B.                        |            | \$3.00      |
| Dagmar A.                       |            | \$200.00    |
| Jill L.                         |            | \$50.00     |
| Judy M.                         |            | \$80.00     |
| Katherine H.                    |            | \$140.00    |
| Kay G.                          | \$15.00    | \$165.00    |
| Margaret N.                     |            | \$50.00     |
| Neal L.                         |            | \$50.00     |
| Pam C.                          |            | \$5.32      |
| Roland B.                       |            | \$12.22     |
| Sandra S                        |            | \$70.00     |
| Shannon K.                      | \$25.00    | \$275.00    |
| Sheila D.                       | \$20.00    | \$220.00    |
| Wm "Pat" D.                     |            | \$160.00    |
| In Memory of B.G.               | \$10.00    | \$110.00    |
| Total Individual Contributions: | \$87.41    | \$1,724.24  |
|                                 |            |             |
| Birthday Contributions:         | Nov 2022   | YTD         |
| Anonymous                       |            | \$250.00    |
| Bob P.                          |            | \$30.00     |
| Dennis                          |            | \$20.00     |
| Monica G.                       |            | \$230.00    |
| Sandra F.                       |            | \$37.00     |
| Total Birthday Contributions:   | \$0.00     | \$567.00    |
|                                 |            |             |
| Mountain Doin's Subscriptions:  |            | \$0.00      |
|                                 |            |             |
| Total Contributions:            | \$2,719.34 | \$30,106.20 |
|                                 |            |             |

### Suggestions & Addresses for sending Donations to the A.A. Service Structure\* Revised for 2021

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.



NCGSC - Area 51 Treasurer PO Box 7337

Kill Devil Hills, NC 27948

**District 70 Treasurer** PO Box 8574 Asheville, NC 28814-8574

District 71 Treasurer PO Box 202 Hendersonville, NC, 28793

**District 80 Treasurer** 197 Mountain Top Drive Murphy, NC 28906



### The Beautiful Truth (continued from page 1)

within us. In the last analysis it is only there that he may be found."

My sponsor also asked me to read the "Spiritual Experience" section in the back section of the Big Book. There's a line that says, "... our members find that they have tapped an unsuspected inner resource which they presently identify with their own conception of a power greater than themselves." These passages gave me all the validation I needed and all the strength I needed to surrender completely to the program. It's been one year since my last drink and I'm proud to say that I'm a very grateful member of AA.

Nobody from AA ever tried to persuade me to consider their religious beliefs or undermined my own. What my family and culture and schools failed to teach me was that if I look inside, deep within, my spirit is always trying to direct me to a simple, pure and honorable life. A life based on truth, humility and willingness, not delusions, false pride and resentments. I've learned to listen to that soft voice and believe that I deserve unconditional love.

My only responsibility in this wonderful life I've been gifted is to live it with joy—joy for my inner spirit and for the many loving spirits around me. AA taught me this lesson and gave me some clear, awesome Steps to follow in order to reach this beautiful truth.

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### **Central Office Open Position**

Central Office is looking to fill the Board position of Alternate Chair.

Below are the responsibilities and requirements for this position. If you are interested, please attend the next COR/Board meeting, January 12 at 6:00pm, via zoom. (see calendar for link)

**Alternate Chair** (2-year term beginning January 2023)

- 1. Shall perform the duties of the Chair when requested by the Chair, or in the case of their absence or inability to act, and shall preferably be interested in rotating to the Chair position if it becomes vacant.
- 2. Shall perform other duties as occasionally assigned.
- 3. Shall have at least five years' continuous sobriety at the time of taking office.
- 4. Shall attend Central Office Board and General Committee meetings.

Contact Central Office with any questions: (828) 254-8539; info@ncmco.net





# Special Meetings and Events

NOTE: For updates, please check the specific event websites or https://aancmco.org/index.php/events/



**Ongoing... Bowling Fridays @ Sky Lanes.** Hang out with fellow A.A.s, bowl a game or two, and have some fun! Every Friday at 1:30pm. Sky Lanes, 1477 Patton Ave, Asheville 28806. See flyer for more information.

YANA Group New Year's Day Alkathon - Murphy. The YANA Group is hosting a New Year's Day Alkathon, Sunday, January 1, Noon to 6:00pm. Meetings every other hour; fellowship and snacks between meetings. Murphy First United Methodist Church, 73 Valley River Ave, Murphy, NC 28906

Asheville Acceptance Group Anniversary. Friday, January 20, 11:30am-2:30pm. Sobriety Countdown, Food, and Fun! Kenilworth Presbyterian Church (Kenilworth Center), 4 Chiles Ave, Asheville 28803

43rd Annual Hilton Head Mid-Winter Conference. January 27-29.

The Weston Hilton Head Island Resort & Spa, 2 Grass Lawn Ave, Hilton Head Island, SC 29928. For more information and registration, visit their website: https://hiltonheadmidwinterconference.com/

Southern States Women's Conference. January 27-29.

Hyatt Riverfront Jacksonville, 225 E Coastline Dr., Jacksonville, FL 32202. For more information, visit the website: https://southernstateswomensconference.org/

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**51st Gulf Coast Roundup. February 10-12.** The Island Resort, 1500 Miracle Strip Pkwy SE, Fort Walton Beach, FL 32548. For more information, visit their website: https://www.gulfcoastroundup.com/

59th International Women's Conference. February 16-19.

Renaissance Dallas Addison Hotel, 15201 Dallas Parkway, Addison, TX 75001. For more information and registration, visit their website: https://internationalwomensconference.org/

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TCYPAA Nashville 2023. February 24-26. Millennium Maxwell House Hotel, 2025 Rosa L Parks Blvd, Nashville, TN 37228. For more information and registration, visit their website: https://www.tcypaa2023.com/

Stepping into Serenity Women's Conference. February 24-26. Doubletree by Hilton, 407 Chestnut St, Chattanooga, TN 37402. For more information, visit the website: https://steppingintoserenity.org/



**15th Annual Spring Fling Convention – "Rocketed into a Fourth Dimension." April 21-23.** Hilton St. Louis Airport, 10330 Natural Bridge Rd, St. Louis, MO 63134. For more information visit the website: https://springflingstl.com/



NC Area 51 Events: https://aanorthcarolina.org



**GSO in New York:** For events around the country and the world, as well as great information, go to: https://www.aa.org/and Box 459: https://www.aa.org/sites/default/files/newsletters/F-36\_Box\_4-5-9\_Fall\_2022.pdf



# **The Service Express**

### **District 70**

**GSR Business Meeting** – held the 2nd Sunday of the month. The next meeting will be **Sunday, January 8, 2:30pm,** via Zoom -Meeting ID: 933 8500 3069; Passcode: 672458. For updates go to: https://ashevilleaa.org/calendar/





**District Service Committees.** If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting. There are even more service opportunities than those listed here! (**NOTE:** They are working on updating the website contact list. There are a few Committee Chair email addresses listed here that are valid as far as we know.)

Accessibilities Committee – Chairperson is Scott S. If you are interested in volunteering or have any questions on what the Accessibilities Committee does, contact Scott at access@ashevilleaa.org.

**Archives Committee needs you!** Chairperson is Dennis H. The Archives Committee wants A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work!

**CPC/PI Committee** – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information" – chaired by George M. You can contact him at cpc-pi@ashevilleaa.org. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers are needed for health clinics and DUI classes. The PI Committee provides accurate A.A. information to the public and media when requested.

**Corrections Committee** – The Women's Corrections Chair is Tammy Z. Contact her at <a href="mailto:corrections\_women@ashevilleaa.org">corrections\_women@ashevilleaa.org</a>. To connect with Andrew H., the Men's Corrections Chair, attend the next GSR meeting.

Below are the current opportunities/needs:

- Buncombe County Jail in Asheville there are meetings going to the six men's and two women's units on Mon/Wed/Fri at 7:00pm. If you'd like to volunteer, there is a 30-minute application and orientation process to become a volunteer. Contact Tammy Z. if interested (women and men).
- Yancey County Jail in Burnsville there is a monthly Men's meeting on the third Thursday of each month and a monthly Women's meeting on the fourth Tuesday of each month, both at 7 pm. They could always use more volunteers. Contact Tammy Z. if interested (women and men).
- Western Correctional Center for Women in Swannanoa they had volunteer training on 10/24 but have not heard about approval yet. They hope to get an evening meeting going soon.
- If anyone in Madison or McDowell County wants to help reach out to the jail or detention centers there to see if they can be of service, please contact Tammy Z.

**Literature and Grapevine Committee –** Chairperson is Maria E. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR Meeting.

**Treatment Facilities Committee** – Chairperson is Mike. He can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

"Bridging the Gap" (with treatment facilities) - This is a Temporary Contact Program, which is designed to help the alcoholic in the facility make that transition from "inside" the program to life on the "outside". If you are interested in volunteering, please attend the next GSR Meeting to connect with Avery L., the new Bridging the Gap Chair. For more information on Bridging the Gap, visit the website: www.btgww.org

### **District 71**

**GSR Meeting** – held on the 2nd Saturday of the month. The next meeting will be **Saturday**, **January 14**, **9:30am**, in person at a **new location** – the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All AA members are welcome! Check their website for meeting updates: https://www.nc71.org/

There are numerous service opportunities with Bridging the Gap and Treatment, and they need more volunteers for the jails. They also still need Chairpersons for CPC/PI, Treatment and Bridging the Gap Committees. They will be holding elections at the January meeting. See website for information on these positions. If you have any questions, you can contact Liz G., DCM, or Annette K., Alt. DCM, through the website: https://www.nc71.org/contact

### District 80

GSR Meeting - held quarterly. The next meeting will be Sunday, January 15, 1:00-4:00pm. This will be a hybrid meeting with Zoom capability as well as a physical meeting place. Zoom Meeting ID: 820 4421 9650; Passcode: District80

The physical location will be Meridian Behavioral Health, 44 Bonnie Ln, Sylva, NC 28779. Park behind the building in the staff parking area and enter on the left side (facing rear of building). All interested A.A. members are welcome to attend. For more information, go to their website: http://aawnc80.com/events

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, please contact Carl by calling or emailing Central Office: 828-254-8539; info@ncmco.net

**Murphy Intergroup Meeting** – held quarterly. The next meeting will be **Thursday**, **January 12**, **5:00pm**, and will be held virtually. The GoToMeeting ID is 543513261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

### Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District websites:

**District 70:** (Since website contacts and email addresses are still under review, please attend the District 70 GSR Business Meeting in order to connect with the District Registrar. See Zoom link above or check the District 70 website: https://ashevilleaa.org/calendar/)

**District 71:** Use the form at: https://www.nc71.org/meeting-change-form

District 80: Email: webmaster@aawnc80.com



# **Happy Anniversary!**

| 2 Lawreign Cree          |              |          |
|--------------------------|--------------|----------|
| 3 Legacies Gro           | •            | 40       |
| Gus G.                   | 1-17-2010    | 13 yrs   |
| Acceptance Gro           | -            | •        |
| Joni C.                  | 1-04-2015    | 8 yrs    |
| Emily F.                 | 1-16-2020    | 3 yrs    |
| Tom G.                   | 1-22-2002    | 21 yrs   |
| Suzanne B.               | 1-24-1975    | 48 yrs   |
| Julia T.                 | 1-24-2013    | 10 yrs   |
| Around the Roo           | -            |          |
| Tom W.                   | 1-01-1991    | 32 yrs   |
| Sam M.                   | 1-05-2012    | 11 yrs   |
| <b>Back to Basics</b>    | Group - Weav | erville/ |
| John G.                  | 1-08-1993    | 30 yrs   |
| Zak H.                   | 1-09-2014    | 9 yrs    |
| Amy M.                   | 1-21-1975    | 48 yrs   |
| <b>Black Mountain</b>    | Group        |          |
| Chris F.                 | 1-06-1986    | 37 yrs   |
| Warren T.                | 1-06-2011    | 12 yrs   |
| Jeannette C.             | 1-19-2020    | 3 yrs    |
| Yvonne W.                | 1-20-2006    | 17 yrs   |
| <b>Brevard Sereni</b>    | ty Group     | ·        |
| ShellyMae S.             | 1-09-2016    | 7 yrs    |
| Patti P.                 | 1-11-1973    | 50 yrs   |
| Barbara P.               | 1-20-2018    | 5 yrs    |
| Dave R.                  | 1-20-1996    | 27 yrs   |
| Bryson City Gre          |              | 2. ,     |
| Kyle C                   | 1-14-2014    | 9 yrs    |
| Conscious Con            |              | 0 ).0    |
| Jeanne R                 | 1-01-1991    | 32 yrs   |
| Jess B.                  | 1-16-2022    | 1 yr     |
| J.T.E.                   | 1-21-2021    | 2 yrs    |
| Cumberland Gr            |              | 2 y13    |
| Jill K.                  | 1-18-2012    | 11 yrs   |
| Judy M.                  | 1-10-2012    | 41 yrs   |
| Daily Decisions          |              | 41 yıs   |
| Mike M.                  | 1-01-1985    | 20 1/10  |
|                          | 1-29-2001    | 38 yrs   |
| Johnel V. Fellowship Gro |              | 22 yrs   |
| -                        | -            | 24.00    |
| Chris C.                 | 1-10-1989    | 34 yrs   |
| Ed C.                    | 1-10-2021    | 2 yrs    |
| Julia R.                 | 1-17-2001    | 22 yrs   |
| Jill K.                  | 1-18-2012    | 11 yrs   |
| Wesley A.                | 1-18-2012    | 11 yrs   |
| Jennifer H.              | 1-18-2019    | 4 yrs    |
| Annie V.                 | 1-27-2019    | 4 yrs    |
| Good Livers              |              |          |
| JoEllen W.               | 1-02-2008    | 15 yrs   |
| Ken B.                   | 1-02-2019    | 4 yrs    |
| Nancy D.                 | 1-06-1988    | 35 yrs   |
| Barbara N.               | 1-06-2009    | 14 yrs   |
| Bibi L.                  | 1-09-1983    | 40 yrs   |
| Christy H.               | 1-15-2020    | 3 yrs    |



| Grace Group               |             |        |
|---------------------------|-------------|--------|
| Dan A.                    | 1-01-2018   | 5 yrs  |
| Tianna S.                 | 1-01-2018   | 5 yrs  |
| Frank D.                  | 1-01-2020   | 3 yrs  |
| Doug M.                   | 1-04-1985   | 38 yrs |
| Eli J.                    | 1-07-2019   | 4 yrs  |
| Vandy B.                  | 1-10-2022   | 1 yr   |
| Andi K.                   | 1-14-1999   | 24 yrs |
| Tiffanie C.               | 1-18-2008   | 15 yrs |
| Carla S.                  | 1-21-2019   | 4 yrs  |
| Ryan J.                   | 1-24-2005   | 18 yrs |
| Judah L.                  | 1-24-2019   | 4 yrs  |
| Amie S.                   | 1-25-2009   | 14 yrs |
| Heather W.                | 1-31-2021   | 2 yrs  |
| Dylan T.                  | 1-31-2022   | 1 yr   |
| Hendersonville            | Group       |        |
| Hub vB.                   | 1-17-2015   | 8 yrs  |
| Hendersonville            | Men's Group |        |
| Chad B.                   | 1-01-2020   | 3 yrs  |
| Wharton D.                | 1-13-1982   | 41 yrs |
| Travis V.                 | 1-25-2022   | 1 yr   |
| Mark S.                   | 1-28-2020   | 3 yrs  |
| Hey Girl, Surrender Group |             |        |
| Page M.                   | 1-02-2020   | 3 yrs  |
| Derry O.                  | 1-13-2018   | 5 yrs  |
|                           |             |        |

| Lambda Group          |                        |           |
|-----------------------|------------------------|-----------|
| Evan L.               | 1-13-2021              | 2 yrs     |
| Alle K.               | 1-16-2017              | 6 yrs     |
| <b>Mission Group</b>  |                        |           |
| Herb W.               | 1-22-1990              | 33 yrs    |
| Motley Crew/Co        | olumbus                |           |
| Betty B.              | 1-16-1973              | 50 yrs    |
| Out to Lunch E        |                        |           |
| Schepp                | 1-06-1974<br>1-29-1984 | 49 yrs    |
| Rene B.               | 1-29-1984              | 39 yrs    |
| <b>Phoenix Group</b>  | )                      |           |
| Paul R.               | 1-06-2015              | 8 yrs     |
| Liz M.                | 1-24-2009              | 14 yrs    |
| Serenity Seeke        | rs - Marion            |           |
| Mitzi G.              | 1-01-2020              | 3 yrs     |
| Lori H.               | 1-13-1997              | 26 yrs    |
| Sylva Group           |                        |           |
| Tony C.               | 1-04-2021              | 2 yrs     |
| <b>Total Surrende</b> | r Group                |           |
| Kenny S.              | 1-05-2022              | 1 yr      |
| Waynesville Gr        | ace Group              |           |
| Robbie B.             | 1-21-2019              | 4 yrs     |
| Paula E.              | 1-28-1987              | 36 yrs    |
| Dan D.                | 1-29-1999              | 24 yrs    |
| Women's Big E         | Book Step Stu          | ıdy Group |
| Natalie B.            | 1-09-2009              | 14 yrs    |
| Young People's        | s Group                |           |
| Josh H.               | 1-07-2021              | 2 yrs     |
| Sam S.                | 1-08-2017              | 6 yrs     |
|                       | 1                      |           |

### The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

### We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office -828-254-8539 or send a new list to: info@ncmco.net

The February newsletter deadline for sending in anniversaries and announcements is January 15.

(They have great food too!)

# BOXXIII GES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



### WHERE?

Sky Lanes 1477 Patton Ave Asheville

### WHAT TIME?

Every Friday at 1:30PM

### **HOW MUCH?**

\$5 per game \$3 shoe rental



### **JANUARY 27 - 29, 2023**

"The Powerful Cement Which Binds Us" Alcoholics Anonymous, p. 17

Friday 8:30 p.m. ~ Jason J. (Oregon City, Oregon) A.A.

Saturday 9:00 a.m. ~ Megan G. (Broken Arrow, Oklahoma) A.A.

Saturday 11:00 a.m. ~ Kathryn C. (Cumming, Georgia) Al-Anon

Saturday 2:00 - 4:00 p.m. A.A. Workshop:

"Our Common Solution: The 12 Steps of Alcoholics Anonymous"

Saturday 2:00 - 4:00 p.m. Al-Anon Workshop

Saturday 8:30 p.m. ~ Marilyn S. (Los Angeles, California) A.A.

Sunday 10:00 a.m. ~ Tommy T. (Staten Island, New York) A.A.

Conference Chairperson ~ Star W. Conference Co-Chairperson ~ Jason W.

### REGISTRATION



ONLINE Pre-Registration - \$35 (available until midnight 1/20/23)

IN PERSON Registration - \$40 (opens Friday 1/26/23 @ 3:00 p.m.)

https://hiltonheadmidwinterconference.com/



### **MARATHON MEETINGS ALL DAY!**

## SATURDAY MORNING GOLF TOURNAMENT

Port Royal Golf Club - 4 Person Scramble \$63 per person

### SOUTHERN HOSPITALITY ROOM

World-Famous, Homemade Cookies and Coffee

### SATURDAY NIGHT BANQUET

\$42 Per Person - tables seat 10

### RESORT ACCOMMODATIONS

The Westin Hilton Head Island Resort & Spa 2 Grass Lawn Avenue Hilton Head Island, SC 29928 (843) 681-4100 \$123 +tax No resort fees

For discounted room rates please follow the

Westin link on our homepage

## SOUTHERN STATES WOMEN'S CONFERENCE



JANUARY 27-29, 2023 JACKSONVILLE, FL

| SPEAKERS:   |  |  |
|---|--|--|
| Steps 1:  | Hilary R. (Dallas, TX)                                       |  |
| Steps 2 & 3:  | Tina H. (Waukesha, WI)                                       |  |
| Steps 4 & 5:  | Carla R. (Tujunga, CA)                                       |  |
| Alanon:   | Sonia L. (Nashville, TN)                                     |  |
| Steps 6 & 7:  | Dolly A. (Cleveland, OH)                                     |  |
| Steps 8 & 9:  | Vivian Q. (Bluffton, SC)                                     |  |
| Step 10:  | Nancy B. (Denton, TX)  |  |
| Steps 11 & 12:  | Kelley B. (St. Petersburg, FL)                               |  |
|   |  |  |
|   |  |  |
|   | Last Name  |  |
| Address   |  |  |
| CIty & State  | Email  |  |
| Phone   | Program: AA Al-Anon Alateen                                  |  |
| Check here if you would like to volunteer at the conference:                                      |  |  |
| Please make check for <b>\$37</b> per registration, payable to Southern States Women's Conference |  |  |
| and send to:  |  |  |
| Southern States Women's   | Please let us know if you need assistance with accessibility |  |
| Conference<br>P.O. Box 35100  | (hearing, vision, and/or physical disability)                |  |
| I P.O. DOX JOINU  |  |  |

Early registration online at https://southernstateswomensconference.org/



**Hyatt Riverfront Jacksonville** 

225 E Coastline Drive Jacksonville, FL 32202

**Group Code: G-SWCG** 

904-588-1234





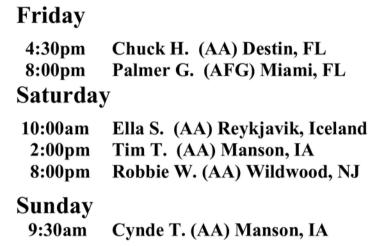
**ASL Interpreter Provided** 

# 51<sup>st</sup> GULF COAST ROUNDUP

February 10<sup>th</sup> - 12<sup>th</sup>, 2023

On the Gulf Coast of Okaloosa Island at

The Island Resort 1500 Miracle Strip Pkwy SE Fort Walton Beach, FL 32548





### Room Rates – good from Feb 9 thru Feb 13

Standard (king or 2 queens) \$105 per night\*
Poolside (king) \$130 per night\*
Poolside (2 queens) \$135 per night\*
Gulf Front (king) \$140 per night\*
Gulf Front (2 queens) \$145 per night\*

Suites

Gulf Front Suite (K or 2Q) \$205 per night

Email <u>reservations@mainsailhotels.com</u> or Call (850) 337-9194 (ask for Vanessa or Jackie) Reserve before January 10 to guarantee rates

\*plus tax

# ENTERTAINMENT PROVIDED BY COMEDIAN HYPNOTIST TERRY STOKES, JR SATURDAY NITE AFTER THE MEETING

YOGA on the BEACH!! Saturday & Sunday morning at 7:00am with Mollie Densley Early bird meetings (combined discussion) Saturday & Sunday morning at 8:15am

Register (PayPal) at www.GulfCoastRoundup.com or mail a check with the form below:

|            | Gulf Coast Roundup – February 10-12, 2023 – Registration \$25 each |
|------------|--|
| Name(s)    |  |
| Address    |  |
| City       | State Zip  |
| Name(s) on | Badge(s)   |

#### IWC MISSION STATEMENT

The International Women's Conference is the bridge to a better understanding of the Alcoholics Anonymous philosophy and way of life because of our special needs in sobriety as women. We as women members of Alcoholics Anonymous are survivors. We have found a way to obtain meaning, depth, and responsibility in our lives. This came about out of desire, decision, determination, and spiritual guidance. An elevated sense of belonging that is brought about by the special services and a special need provided by our Women's Conference is our goal.

#### SELF-SUPPORTING

This conference is self-supporting through the money paid by registration fees, banquet tickets, and contributions. No AA funds are used to pay for this event. Conferences are special events and require money, as well as months of planning and preparation. Expenses include contracted costs for the use of meeting rooms, preparation of food and beverages, printing for registration forms, flyers, program schedules, postage, supplies and many other costs. The registration fee and banquet fees are kept as low as possible to meet our financial goal of breaking even. Our contractual commitments to the hotel require a guaranteed number of hotel rooms and banquet sales. Thank you for your support and your help in achieving our financial commitments.

#### IMPORTANT INFORMATION

- > IWC is a CLOSED conference for women in AA. registrants only.
- > Pre-registration ends Dec. 31, 2022, or when full
- > Late registration begins Jan. 1, 2023
- > No refunds after Dec. 31, 2022 > Onsite registration by cash, Zelle, and credit cards only; no checks
- Maximum banquet occupancy is 1,500
   Screening room for up to 700 is provided for overflow
- ➤ No Pets Only service dogs allowed at conference
  ➤ Badges must be worn at all times
- Childcare is NOT provided
- ➤ The 59<sup>th</sup> International Women's Conference is not responsible for loss of personal items or any personal





### THE 59<sup>™</sup> INTERNATIONAL WOMEN'S CONFERENCE February 16 - 19, 2023

THE LANGUAGE OF THE Hear WILL BE SPOKEN HERE

### The Language of the Heart Will Be Spoken Here

Being held at The Renaissance Dallas Addison 15201 Dallas Pkwy, Addison, TX 75001 (972-386-6000)

### REGISTRATION FORM

Register on-line by JAN 18, 2023 at: https://internationalwomensconference.org/

| Name:       |                  |                      | _ |
|-------------|------------------|----------------------|---|
| Name on Bad | lge:             |                      | - |
| Address:    |                  |                      | _ |
| City:       | State            | Zip                  | _ |
| Phone:      | s                | Sobriety Date:       | _ |
| Email:      |                  |                      | _ |
| WOULD YOU L | IKE TO BE OF SER | VICE? YES:           |   |
| DO YOU HAVE | A SPECIAL NEED   | THAT MAY IMPACT YOUR |   |

Contact: SpecialNeeds59iwcdallas@gmail.com

ENJOYMENT OF THE CONFERENCE? YES:

#### \*TOURS AND EXCURSIONS

TOUR 1: A private tour of NorthPark Center / Dallas's Top Shopping Destination. Filled with museum-quality artworks and extraordinary landscaping. NorthPark is home to 200 retailers, including luxury boutiques, trend-setting brands, restaurants, and movie theatres., NorthPark is a shopping experience unlike any other. Thursday 10am-2pm

NorthPark Center Private Tour: 4 hours long

TOUR 2: This 125-acre venue is one of the most popular stops in Fort Worth and is home to the world's only LONG HORN CATTLE DRIVE. Visit the Stockyard Museum, Texas Cowboys Hall of Fame, and the newly renovated Mule Alley, plus lots of fun places for shopping and eating. Saturday 10am-3pm (Cattle Drive 11:30am)

Fort Worth Stockyard Tour: 5 hours long

\*Tours/Excursions are subject to a minimum number of 30 participants and participants will be required to sign a liability waiver.

59th IWC DALLAS VIRTUAL INORMATION ON WEBSITE https://internationalwomensconference.org/

#### REGISTRATION

| Pre-Registration (Ends 12/31/2022)    | \$50.00 |
|---------------------------------------|---------|
| Late Registration (Begins 01/01/2023) | \$60.00 |
| Virtual Conference                    | \$10.00 |
|                                       |         |
|                                       |         |

ALL Meals Include \*\*Vegan Options

| Friday Night Dinner   | \$70.00 |
|-----------------------|---------|
| Saturday Night Dinner | \$80.00 |
| Sunday Morning Buffet | \$55.00 |
| **Indicate Vegan      |         |

#### SOUVENIRS

Check Out & Purchase on our Website:

| Circle Size and Indicate Option |         |
|---------------------------------|---------|
| Short Sleeved T-Shirt S M L XL  | \$20.00 |
| Short Sleeved T-Shirt 2X 3X 4X  | \$23.00 |
| Long Sleeved T-Shirt S M L XL   | \$22.00 |
| Long Sleeved T-Shirt 2X 3X 4X   | \$25.00 |
| Coffee Mug                      | \$12.00 |
| Phone Wallet                    | \$15.00 |

#### **TOURS**

| Tour | 1: NorthPark Center Private Tour | \$35.00 |
|------|----------------------------------|---------|
| Tour | 2: Fort Worth Stockyard          | \$40.00 |
|      |                                  |         |

### CONTRIBUTIONS

Contribution to a Scholarship

TOTAL ENCLOSED

CHECKS PAYABLE TO: 59th IWC Dallas

There will be a \$25.00 charge for insufficient funds Credit Card Fee 3.49% plus 10 cents

Mail Registration Forms and Payment To:

59th IWC Dallas PO Box 293013 Lewisville, TX 75029-3013

### **LODGING**

Renaissance Dallas Addison 15201 Dallas Parkway, Addison, TX 75001-4609 (972-386-6000)

IWC Reservation special rate - \$182+taxes Begins March 1, 2022 Ends Jan 18, 2023

\*Room Rate (single & up to 4 persons)

\*\*Hotel will charge a one-night, non-refundable deposit \*\*\*Mention 59th IWC Dallas for the hotel room rate All reservations require a valid credit card to hold your

room reservation

Check In: 3:00pm Check Out: 11:00am

#### **AIRPORTS**

#### DALLAS HAS 2 CONVENIENT AIRPORTS

(DFW) Dallas/Ft. Worth International

19 miles to Renaissance Hotel in Addison, TX

(DAL) Dallas Love Field

11 miles to Renaissance Hotel in Addison, TX

#### **GROUND TRANSPORTATION**

Several transportation options are available from DFW or DAL to the Renaissance Hotel in Addison. For your convenience, below are their websites. https://www.lyft.com/rider

https://www.uber.com/ https://www.dart.org/ https://goairportshuttle.com/

### **IWC CONTACTS**

Dallas Chair: Terri O.

Chair59iwcdallas@gmail.com

Dallas Registration Chair:

Registrar59thiwcdallas@gmail.com

Dallas Treasurer: Rhonda M. Treasurer59iwcdallas@gmail.com TCYPAA
NASHVILLE
2023
FEBRUARY 24-26







THUS WE GROW

MILLENNIUM MAXWELL HOUSE HOTEL 2025 ROSA L PARKS BLVD, NASHVILLE, TN 37228

SPEAKERS - PANELS MEETINGS - WORKSHOPS DANCES - GAMES - YOGA - & MORE!

WHO WE ARE: TCYPAA stands for Tennessee Conference of Young People in Alcoholics Anonymous. TCYPAA is a service committee whose primary purpose is to stay sober and help other alcoholics achieve sobriety. We direct our attention toward young people both in age and sobriety time, however all AA members are encouraged to participate.



# Stepping Into Sevenity Women's Conference Chattanooga, TN February 24-26, 2023

Hotel Info:

Doubletree by Hilton 407 Chestnut Street Chattanooga, TN 37402 423-756-5150

Alanon Angie B Destin, Fl

Room Rates: \$121.00 Reservation Code: SIS Reserve Room by: 01/23/23

Here are the steps we took ......

# Speakers: Step 1 / Polly P Jacksonville, Fl Step 2 & 3 / Angie P Cincinnati OH Steps 4 & 5 / Hilary R Los Angeles, CA Steps 6 & 7 Mary Emma H Hilton Head, SC Steps 8 & 9 Vivian Q Okatie, SC Steps 10 & 11 Joette N Winder, GA Step 12, Brenda J McKinney, TX

Pre-Registration: \$30 At the Door: \$35

| Please make check or money order | payable to "SIS" ar | id mail to:                                     |
|----------------------------------|---------------------|---|
| Stepping into Serenity           | OR                  | Register online at www.steppingintoserenity.org |

PO Box 21203 Mastercard, Visa, Discover and

Chattanooga, TN 37424 American Express accepted on Square-

For additional information or questions, please email <u>SIScommittee@yahoo.com</u> or call (423) 355-2283 or (423) 242-5364.



### 15th ANNUAL



### SPRING FLING CONVENTION

Friday 6:00 p.m. BBQ & Washers Friday 8:00 p.m.

James L. – Tallahassee, FL

Friday 10:00 p.m. Young Person

🚟 Tina H. – Waukesha, WI

Saturday 8:30 a.m. Al-Anon Meeting

Saturday 10:00 a.m. Speaker Panel

Saturday 12:00 p.m. Al-Anon Lunch

Saturday 1:00 p.m. Al-Anon Speaker

Earcine G. – Hawthorne, CA

Saturday 3:00 p.m. Speaker Workshop - James L. "Flames before the Spark"

Saturday 4:30 p.m. Al-Anon Meeting

Saturday 6:30 p.m. BANQUET

Saturday 8:00 p.m.

🗯 Don L. – Bellingham, WA

Saturday 9:30 p.m. Games w/prizes

Saturday 10:15 p.m. DJ & Dancing

Sunday 9:00 a.m. Breakfast

Sunday 10:00 a.m.

Belinda F. – New Orleans LA

## "Rocketed Into a Fourth Dimension"

**April 21 - 23, 2023** 



### **ACTIVITIES**

**FRIDAY** BBQ & Washer Games Young People's Meeting Ice Cream Social Games w/prizes SATURDAY

Banquet Table Trivia Speaker Panel Speaker Workshop Games w/prizes DJ & Dancing

### **Hilton St. Louis Airport**

Special Room Rate \$95 Mention Spring Fling code: SPR

Reserve before 3/22/23 for reduced room rate

10330 Natural Bridge Rd St. Louis, MO 63134 314-426-5500

www.springflingstl.com



Merchandising & Marathon Meetings & Activities Room Open All weekend long Spring Fling Chair - Emily S. Registration Chair – Zoya R. springflingconvention@yahoo.com

FREE PARKING

### PLEASE REGISTER EARLY!!!

### www.springflingstl.com for Credit Card or Venmo @springflingconv

#### CONVENTION REGISTRATION FORM

- 👼 Please complete and mail to Sprina Flina Convention, PO Box 22002, St. Louis, MO 63126
- Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.
- Make checks/money orders payable to Spring Fling Convention
- 👼 To sit together, please submit together 10 people per table

| Name:<br>Phone:        | AA 🔲                  | Al-Anon                | Pre-Registration or PayPal<br>Door Registration                                      | \$20<br>\$25        |  |
|------------------------|-----------------------|------------------------|--|---------------------|--|
|                        |                       |                        | Friday Night BBQ   | \$15                |  |
| Entering information b | elow gives permission | on to receive mailings | Friday Night Ice Cream Social<br>Al-Anon Luncheon Saturday<br>Banquet Saturday Night | \$7<br>\$25<br>\$40 |  |
| and/or newsletters fro | m the Spring Fling O  | nly.                   |  |                     |  |
| Email:                 |                       |                        |  |                     |  |
| Address:               |                       |                        | Sunday Breakfast Buffet  | \$15                |  |
|                        |                       |                        | Hospitality / Scholarship Donation   | n                   |  |
| City                   | State                 | Zip                    | Total Amount to be Paid  |                     |  |
|                        |                       |                        |  |                     |  |

Please list any special needs here:

Flyer revised 9-16-22

# Tell us what you think...



Grapevine is developing a smartphone app for both Grapevine and La Viña magazines.

The app will be a hand-held control center for all things Grapevine and La Viña. Take a look at our list of features and ideas on the right —we want your input and ideas too. Let us know your thoughts.

Email us at social@aagrapevine.org
Put "App Ideas" in the subject line.

# Grapevine and La Viña Apps

Imagine having all of this at your fingertips:



Scroll through monthly magazine



Archives of every magazine since 1944



Search tool



Audio playlist of every current article



Popup day count



Input your meeting schedule



Create a Daily Spiritual Maintenance Checklist



**Podcast link** 



**Daily Quote** 



**Meeting Guide** 



**Sobriety Calculator** 



Build a library of favorite articles



**Grapevine Store** 

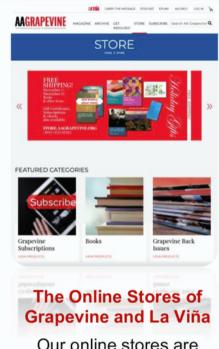


Link to YouTube channel

# GRAPEVINE News Pass it on!



### What's New For January 2023



Our online stores are integrated into our main websites for easier access and improved functionality.

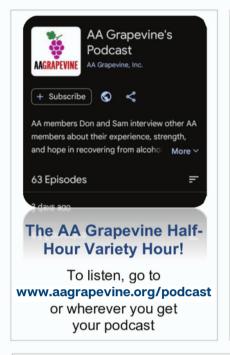
To learn more, visit:

www.aagrapevine.org/store www.aalavina.org/tienda



Grapevine is developing a Smartphone App. Click here.

Follow Grapevine and La Viña on Instagram. Click here.





### **Grapevine Representatives (GVR) Rotation**



Thank you for your service.

Sign up if you are new to service by visiting the Grapevine "Get Involved" page or clicking the link below. www.aagrapevine.org/get-involved

### 2023 **Carry The Message Project**

Want To Help Another Alcoholic?

Grapevine and La Viña are Great Twelfth Step Tools!

Learn more here!

