

# Mountain Doin's

SEPTEMBER  
2022

828-254-8539

Central Office is still staffed  
Monday-Friday - 10am-1pm  
but not currently open to visitors.  
Call or email if you have  
any questions.

[info@ncmco.net](mailto:info@ncmco.net)



## Fork in the Road

by Gina C. - Hamburg, NJ

*Young and confused, she identified in meetings, but couldn't face a life without drinking. Would she stay? It was decision time.*

As a child, I was socially inept but intellectually precocious. I spoke my first phrase at nine months, read newspapers at age 4 and started college at 16.

I had my first drink when I was 3, emptying the glasses at my parents' 1959 New Year's Eve party. By 4, I was helping myself to the sweet-tasting anisette, creme de cacao and creme de menthe in the liquor cabinet. When I was sick, I kept coming back for the sweet cough syrup in the medicine chest.

I got drunk for the first time on a dare. I had a crush on a 19-year-old draft dodger who was amazed to find out I had never been really drunk. So I came home from school, poured myself a glass of everything I could find, believing that mixing drinks would work faster. In no time, I was flat on my back with the room spinning. My best friend left me with a spaghetti pot next to my bed, into which I inevitably threw up the bright green (thanks to the creme de menthe) liquid. By the time my parents came home from work, it was dark outside, and I had a hangover and a massive headache.

I had no female friends until sixth grade. Having skipped a grade, I was younger and less mature. Because of alcoholism in my family, our finances plummeted. We had no money for the kinds of stylish clothes that my classmates wore. Our house fell into ruin, so the children in the neighborhood avoided us. I was an outcast.

But by 12, I had a shapely figure and learned to get attention from boys. Drinking and flirting were a dangerous mix, especially when I ventured to Germany with my high school chorus for a concert tour. At age 13, I didn't breathe a sober breath for three weeks and spent all my money on beer while



## Inside This Issue

### Page

- 2 Grapevine, Story Solicitation for 5th Edition of Big Book, Call & Visitor Log
- 3 COR/Board Meeting Information, Where to Find Meetings, Cash on Hand, Profit & Loss YTD
- 4 Contributions, Suggestions & Addresses for Donations
- 5 Fork in the Road (continued), Special Meetings & Events
- 6 The Service Express
- 7 Anniversaries

classmates bought cuckoo clocks. I thought I sang and danced better drunk. I sure fell in love easier. I learned useful German phrases, like, "I love you," and "Where is the bathroom?" Both phrases are essential if you're drinking a lot of beer.

And then a miracle happened, although at the time I considered it just a coincidence. My freshman year roommate, chosen "randomly" by the college, proudly told me that her father was an alcoholic. I was appalled. My father was one too, but I was ashamed of him. She explained that her dad had been sober for 21 years, leading me to protest that he couldn't possibly be an alcoholic.

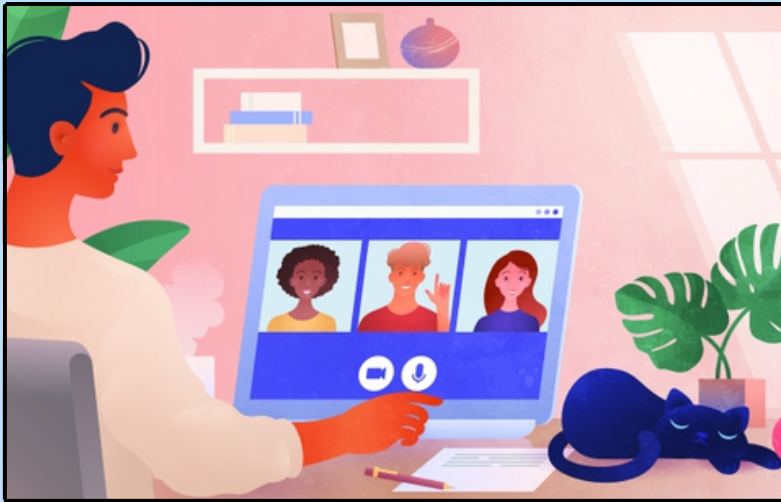
When I visited their home, I learned that my roommate's mom was in Al-Anon and all three of the family's kids were in Alateen. They lived and breathed the program. There were AA slogans all over the house.

When I told my dad about my roommate's father, he was intrigued and asked me for his phone number. My dad wanted to know how he did it. And later, when Dad came out of detox, he was a new man. My mom and I were delighted but scared. It was suggested we go to open AA meetings to learn about the disease.

That's when I was blessed with the gift of identification. The speakers I heard couldn't have been more different from me. They were older, male and with a lifetime of consequences from drinking that I couldn't possibly have experienced. I had no job to lose, no marriage to ruin, no children to be taken away from me and no car to crash. But their feelings were the same as mine —

(continued on page 5)

# September Grapevine now available!



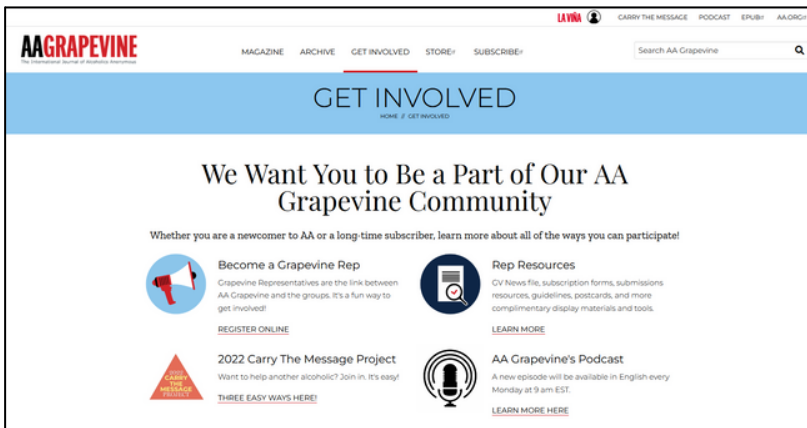
## Young & Sober

This month's featured section is "Young & Sober." Hopeful stories by members who came to AA at an early age.

<https://www.aagrapevine.org/>



## Grapevine "Get Involved" page



Whether you are a newcomer to AA or a long-time subscriber, learn more about all of the ways you can participate!

Visit the page here:

<https://www.aagrapevine.org/get-involved>



## AA Grapevine's Podcast

Their new podcast, the AA Grapevine Half-Hour Variety Hour, can be heard anywhere you listen to podcasts. They release a new episode every Monday. Special features will enhance each episode.



**AAGRAPEVINE**  
Half-Hour Variety Hour

<https://www.aagrapevine.org/podcast>



## Story Solicitation for Fifth Edition of the Book *Alcoholics Anonymous — Big Book*

In response to the 2021 General Service Conference Advisory Action requesting the development of a Fifth Edition of the book *Alcoholics Anonymous*, the A.A. General Service Office trustees' Literature Committee is seeking a wide range of A.A. recovery experience of members in the Fellowship.

The trustees' Literature Committee is searching for recovery stories of A.A. members for possible inclusion in the Fifth Edition which are from a broad cross-section of our local communities. All stories are of value. It is the Literature Committee's shared hope that any new stories from current membership will help future alcoholics to identify and find recovery in the pages of a Fifth Edition.

Deadline for submissions: October 31, 2022  
Online submission: <https://www.aa.org/submit-bigbook-english-5th>



See flyer at the end of the newsletter for more info.

## 2022 Carry The Message Project



Grapevine and La Viña are Great Twelfth Step Tools!

Get your group, district, area or AA friends to join in.

Carry the Message, it's easy!

To learn more, visit the website:

<https://www.aagrapevine.org/carry-the-message>



## Call & Visitor Log July 2022

12 Step Calls – 15  
General Info – 0  
Family Help – 3  
Meeting Info – 40  
Central Office Business – 56  
Medical/Detox – 0  
Visitors – 0  
After-hours Volunteers – 43 calls



Visits to aancmco.org website:  
Unique Visitors – 2,312  
Total Visits – 3,903; Visits/Visitor – 1.69  
Total Pages – 27,573; Pages/Visit – 11.93



# COR/NCMCO Board Meeting

COR/Board meetings are held every other month on the odd-numbered months. The next combined meeting will be **Thursday, September 8, at 6:00pm.**

It will again be via Zoom -  
Meeting ID: 757 855 2319;  
Passcode: 000000

All AA members are welcome to attend but only Group CORs may vote so we encourage your group to elect a COR. Your input is important to us!

For updated meeting information and Zoom link, check the website:  
<https://aancmco.org/index.php/events/>



## Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



## Cash on Hand as of 7/31/2022

Prudent Reserve -  
\$11,103.86

Operating Account -  
\$24,004.77

Rent Deposit - \$400.00  
Petty Cash - \$50.00

# Profit & Loss YTD

	JUL 2022	JAN - JUL, 2022 (YTD)
<b>Income</b>		
Contributions		
Birthday Contributions	\$230.00	\$280.00
Group Contributions	\$3,589.45	\$19,700.42
Individual Contributions	\$166.22	\$1,321.94
<b>Total Contributions</b>	<b>\$3,985.67</b>	<b>\$21,302.36</b>
Interest on Money Market	\$0.94	\$6.43
Sales Income		
Literature & merchandise	\$1,213.11	\$11,826.63
Shipping charged to groups	\$40.56	\$282.90
<b>Total Sales Income</b>	<b>\$1,253.67</b>	<b>\$12,109.53</b>
<b>Total Income</b>	<b>\$5,240.28</b>	<b>\$33,418.32</b>
<b>Cost of Goods Sold</b>		
Cost of Goods Sold		
Freight - vendor shipping	\$50.18	\$208.73
Inventory Adjustments		\$28.33
Literature & merchandise	\$985.48	\$8,626.10
Shipping to groups	\$38.88	\$278.03
<b>Total Cost of Goods Sold</b>	<b>\$1,074.54</b>	<b>\$9,141.19</b>
Inventory Shrinkage	\$6.92	\$6.92
<b>Total Cost of Goods Sold</b>	<b>\$1,081.46</b>	<b>\$9,148.11</b>
<b>GROSS PROFIT</b>	<b>\$4,158.82</b>	<b>\$24,270.21</b>
<b>Expenses</b>		
Computer Expenses		\$1,950.92
Copier Expenses		\$2,107.06
Credit Card Processing		
PayPal Fee	\$31.44	\$120.13
<b>Total Credit Card Processing</b>	<b>\$31.44</b>	<b>\$120.13</b>
Office Expenses	\$14.99	\$104.93
Office Supplies		\$268.65
Payroll Expenses		
Gross Salary	\$1,340.00	\$10,030.00
Payroll Taxes (Company)	\$102.52	\$767.37
<b>Total Payroll Expenses</b>	<b>\$1,442.52</b>	<b>\$10,797.37</b>
Rent	\$604.00	\$4,168.00
Stamps/Postage		\$7.38
Telephone & Internet		
Office Telephone/Internet	\$129.98	\$909.86
Web Expenses		\$217.29
<b>Total Telephone &amp; Internet</b>	<b>\$129.98</b>	<b>\$1,127.15</b>
<b>Total Expenses</b>	<b>\$2,222.93</b>	<b>\$20,651.59</b>
Net Operating Income	\$1,935.89	\$3,618.62
<b>NET INCOME</b>	<b>\$1,935.89</b>	<b>\$3,618.62</b>





# Contributions

Group Contributions:	July 2022	YTD
Acceptance Group 122-477	\$230.85	\$844.27
Agnostics, Atheists & Freethinkers AA Group		\$1,200.00
As Bill Sees It-Brevard 374-290		\$50.00
As Bill Sees It Group 169-463		\$10.00
At Wit's End Group		\$257.78
Back to Basics Grp (Weaverville) 147-139	\$85.00	\$85.00
Big Town Group 671-200	\$158.85	\$435.15
Black Mountain Lakeside Group of A.A.		\$85.00
Brevard Serenity Group 631-231		\$217.50
But for the Grace of God Group 629-162		\$38.80
Candler KISS Group 163-148	\$75.00	\$125.00
Cashiers Valley Grp 122-589	\$97.03	\$655.58
Cedar Mountain Group 161-082	\$60.00	\$60.00
Conscious Contact Group - Asheville		\$550.00
Cullowhee Valley Group 118-129		\$46.20
Cumberland Group 122-472		\$250.00
Daily Decisions 643-869		\$1,436.74
Day by Day Group 159-058	\$303.75	\$1,456.39
Early Bird Group 612-780	\$224.00	\$456.00
Emotional Sobriety Group 725-136	\$150.00	\$150.00
Fellowship Group, Fletcher 655-542		\$500.00
Fireside Group 655-046		\$462.50
Grace Group of Asheville 161-970		\$1,197.95
Happy Hour Group - Hendersonville 169-182		\$330.00
Hendersonville Group 110-594	\$133.33	\$133.33
Hendersonville Men's Group		\$50.00
Hendersonville Women's BBSS 723-106		\$269.45
Joy of Living - Brevard 669-820		\$30.00
Lambda Group 617-035	\$80.74	\$80.74
Liars Club		\$180.00
Live & Let Live - Forest City		\$50.00
Mars Hill Group 130-895		\$100.00
Marshall Group 100-489		\$150.00
Men's Attitude Adjustment Group 670-850		\$54.00
Mission Group 606-119		\$46.00
Monday 6:00 Open Meeting		\$126.00
Mountain View Group (Highlands) 110-598	\$163.10	\$249.19
New Freedom Group 700-124		\$100.00
On Awakening Group	\$900.00	\$900.00
Practicing Principles 667-311	\$76.22	\$224.92
Recovery by the River 674-892		\$340.78
Roundtable Group 135-605		\$150.00
Safe & Sound Group 645-654	\$101.58	\$392.91
Saturday Morning Men's Meeting		\$225.00
Serenity Service Group 110-498		\$1,105.00
Sober Sisters - Black Mtn		\$161.42
Sober Sisters - Flat Rock 725-094		\$192.00
Solutions Group 719-512		\$548.53
South Asheville Literature	\$60.00	\$130.50
Speed Bump Group 512-851		\$90.00
Surrender Group - Black Mtn 660-428		\$50.00
The 164 Group		\$17.12
The Principles Group 675-162		\$100.00
Traditional Group 110-499	\$250.00	\$250.00
Waynesville Grace Group 110-692	\$440.00	\$1,298.67
We Think Not Group 700-411		\$90.00
Women of Courage Group 688-025		\$750.00
Yet To Be Named Group		\$100.00
Young People's Group 645-646		\$65.00
<b>Total Group Contributions:</b>	<b>\$3,589.45</b>	<b>\$19,700.42</b>

Individual Contributions:	July 2022	YTD
Anonymous	\$6.22	\$80.92
Annie B.		\$3.00
Dagmar A.		\$200.00
Jill L.		\$50.00
Judy M.	\$40.00	\$80.00
Katherine H.	\$20.00	\$140.00
Kay G.	\$15.00	\$105.00
Margaret N.		\$50.00
Pam C.		\$5.32
Roland B.		\$12.22
Sandra S	\$10.00	\$70.00
Shannon K.	\$25.00	\$175.00
Sheila D.	\$20.00	\$140.00
Wm "Pat" D.	\$20.00	\$140.00
In Memory of B.G.	\$10.00	\$70.00
<b>Total Individual Contributions:</b>	<b>\$166.22</b>	<b>\$1,321.46</b>

Birthday Contributions:	July 2022	YTD
Anonymous		\$0.00
Bob P.		\$30.00
Dennis		\$20.00
Monica G.	\$230.00	\$230.00
<b>Total Birthday Contributions:</b>	<b>\$230.00</b>	<b>\$280.00</b>

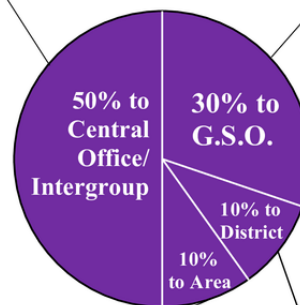
<b>Mountain Doin's Subscriptions:</b>		<b>\$0.00</b>
<b>Total Contributions:</b>	<b>\$3,985.67</b>	<b>\$21,301.88</b>

## Suggestions & Addresses for sending Donations to the A.A. Service Structure\* Revised for 2021

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

**NCMCO**  
70 Woodfin Place  
Suite 206  
Asheville, NC 28801

**General Service Office**  
Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407



**NCGSC – Area 51 Treasurer**  
PO Box 7337  
Kill Devil Hills, NC 27948

**District 70 Treasurer**  
PO Box 8574  
Asheville, NC 28814-8574

**District 71 Treasurer**  
PO Box 202  
Hendersonville, NC, 28793

**District 80 Treasurer**  
197 Mountain Top Drive  
Murphy, NC 28906



## Fork in the Road *(continued from page 1)*

the loneliness, the fear, the anger, the constant feeling that I was different, the resentments, the blaming of everything except alcohol for my problems. I saw my life like a fork in the road—disaster or sobriety. But I couldn't imagine giving up drinking forever.

So I embarked on a year of the worst drinking of my life. The progression accelerated. In my heart, I knew I was on the road to self-destruction because the AA seed had been planted. I woke up in strange places, started having blackouts, cut class so often I was close to flunking everything but theater class. All through that year, I kept hearing the AA message from my dad's friends when I came home for holidays and summers. He always invited them to the house after meetings and I sat in the dining room drinking coffee, fascinated by their honest sharing. One time, my mother asked me to sing for our AA guests and I filled a tall glass with vodka, pretending it was water, to "wet my vocal cords." I felt like a fraud.

What caused me to realize the jig was up? Nothing dramatic. I just found myself at a family party unable to get high. I used to get plastered after two or three drinks, but after seven or eight Manhattan cocktails, I felt nothing.

I had learned enough in AA rooms to realize that a change in alcohol tolerance was a dangerous sign. And so, at 19 Dad brought me to my first closed AA meeting, and I was blessed to feel right at home. Heck, I knew half the people in the room!

They welcomed me with smiles and hugs. And best of all, they told me I didn't have to quit forever. I just had to quit for one day.

Many people at my first meeting told me they wished they had found the program at my age. But I also heard, "You're too young to be in AA," and "Honey, I spilled more than you drank." This was when the advice to "Take what you need and leave the rest" came in handy. I simply ignored some people and just kept coming.

You could say I grew up in AA. I finished college, went to graduate school, changed careers a few times, started a business and became a respected member of my profession. AA members told me, "Don't drink no matter what." And I didn't, even when life threw me a few curve balls, like finding out I couldn't have children, getting divorced and losing my dad to this awful disease.


I'm now married to the man of my dreams, who never knew me drunk. Neither did my nieces and nephews, my in-laws, stepchildren and, yes, grandchildren. I came into the rooms a college student and now I'm a grandmother.

My message to any young person coming in is: Please stay. You have so many choices ahead of you. You can achieve anything you want, as long as you stay sober and put your life in the care of a Higher Power.

*Copyright © The AA Grapevine, Inc. (September, 2022) Reprinted with permission.*

## Special Meetings and Events




**NOTE:** For updates please check the specific event websites or <https://aancmco.org/index.php/events/> 


**Ongoing... Bowling Fridays @ Sky Lanes.** Hang out with fellow AAs, bowl a game or two, and have some fun! Every Friday at 1:30pm. Sky Lanes, 1477 Patton Ave, Asheville 28806. See flyer for more information.

**Fireside Sobriety Circle Campout. September 8-11.** Yogi in the Smokies Campground, Big Cove Road, Cherokee, NC 28719. For more details see flyer or contact Herb by phone: 828-506-8563 or email: [firesidesobriety@gmail.com](mailto:firesidesobriety@gmail.com)

**Hendersonville Group Cookout. Saturday, September 24,** 5:00pm-7:00pm. Hamburgers and hot dogs will be provided; bring a dish or something to share! Hendersonville Group, 1624 Willow Rd, Hendersonville, NC 28739 (Just across the street from the Valley Hill Fire Department)

**Districts 71 & 70 Unity Breakfast** (with a side of A.A. history) **Saturday, October 1.** 8:30am Coffee; 9:00am Breakfast; 10:00am Speaker – Keith, Area 51 Archivist. Bring a pastry or a dish to share, if you like. Hope United Methodist Church, 2443 Spartanburg Hwy, East Flat Rock, NC28726

**59th International Women's Conference. February 16-19, 2023.** Dallas/Addison, TX. Four days of closed A.A. meetings, fun and fellowship! To register, visit their website: <https://internationalwomensconference.org/> 

**NC Area 51 Conferences & Events:** <https://aanorthcarolina.org> 

**GSO in New York:** For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/>   
and Box 459: [https://www.aa.org/sites/default/files/newsletters/F-36\\_Box\\_4-5-9\\_Summer\\_2022\\_0.pdf](https://www.aa.org/sites/default/files/newsletters/F-36_Box_4-5-9_Summer_2022_0.pdf) 



# The Service Express

## District 70

**GSR Business Meeting** – held the 2nd Sunday of the month. The next meeting will be Sunday, **September 11, 2:30-3:30pm**, via Zoom – Meeting ID: 933 8500 3069; Passcode: 672458. For updates go to: <https://ashevilleaa.org/calendar/>

**District Service Committees.** If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting. There are even more service opportunities than those listed here! (**NOTE:** They are working on updating the website contact list. There are a few Committee Chair email addresses listed here that are valid as far as we know. The best way to get more information about volunteering is to attend the GSR Business Meeting listed above.)

**Accessibilities Committee** – Chairperson is Scott. S. If anyone is interested in being a part of this committee, or has any questions on what Accessibilities does, attend the GSR Meeting listed above.

**Archives Committee needs you!** Chairperson is Stacy R. The Archives Committee wants AA members to help compile a complete list of group histories, record interviews with old-timers, and collect classic AA literature. It's fun AND it's service work!

**CPC/PI Committee** – These are two separate service committees – “Cooperation with the Professional Community” and “Public Information” – chaired by George M. The CPC Committee visits schools, businesses, and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides A.A. information to the public and media when requested.

**Corrections Committee** – The jails and prisons are allowing volunteers in again. There are lots of opportunities to be of service. For more information on how to get involved, contact Tammy Z, the Women's Corrections Chair, at [d70womenscorrections@gmail.com](mailto:d70womenscorrections@gmail.com). They are still looking for a new Men's Corrections Chair. If you are interested in this position, please attend the next GSR Meeting.

The **Buncombe County Detention Facility** has varying needs of support for AA meetings inside the jail. Here is a link for the volunteer application: <https://aanmco.org/wp-content/uploads/2020/07/Volunteer-App-2019.pdf>

Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization.

**Literature and Grapevine Committee** – They have a new chairperson for this committee – Maria E. She is seeking committee members! The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR Meeting.

**Treatment Facilities Committee** – Joe L. is Committee Chair. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

**“Bridging the Gap” (with treatment facilities)** – This is a Temporary Contact Program, which is designed to help the alcoholic in the facility make that transition from “inside” the program to life on the “outside”. If you are interested, please contact the Bridging the Gap Chair, Matt M., or Co-chair, Jane M., at [bridgingthegapasheville70@gmail.com](mailto:bridgingthegapasheville70@gmail.com). For more information on Bridging the Gap, visit the website: [www.btgww.org](http://www.btgww.org)

## District 71

**GSR Meeting** – held on the 2nd Saturday of the month. District 71 will meet in person quarterly with the other two meetings monthly via Zoom. The next meeting will be in person Saturday, **September 10, 9:30am** at St. John in the Wilderness (in the Wilderness room), 1895 Greenville Highway, Flat Rock, NC 28739. Coffee and pastries will be provided. Check their website for meeting updates: <https://www.nc71.org/>

Transylvania County Jail and the Henderson County Detention Center are beginning to allow volunteers back in. Scheduling is in the works. There are also several committee positions that need filling. If you are interested in volunteering, please come to the next GSR meeting. For more information, contact Liz, the DCM, through the website: <https://www.nc71.org/contact>

## District 80

**GSR Meeting** – held quarterly. The next meeting will be Sunday, **October 16, 1:00-4:00pm**. This will be a hybrid meeting with Zoom capability as well as a physical meeting place.

Zoom Meeting ID: 820 4421 9650; Passcode: District80  
The physical location will be Meridian Behavioral Health, 44 Bonnie Ln, Sylva, NC 28779. Park behind the building in the staff parking area and enter on the left side (facing rear of building). All interested A.A. members are welcome to attend. For more information go to their website: <http://aawnc80.com/events>

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, please contact Carl by calling or emailing Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

**Murphy Intergroup Meeting** – held quarterly. The next meeting will be Thursday, **October 13, 5:00pm**, and will be held virtually. The GoToMeeting ID is 543513261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

There is a lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80, there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. If you are interested in this service, call Central Office: 828-254-8539 or go to website: <https://aanmco.org/index.php/12th-step-call-volunteer/>

**Combined COR/NCMCO Board meeting** – The next meeting will be Thursday, **September 8, 6:00pm**, via Zoom – Meeting ID: 757 855 2319; Passcode: 000000. All AA members are welcome to attend but only Group CORs may vote. For updated meeting information check the website: <https://aanmco.org/index.php/events/>

## After-hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information – so volunteers should have the internet at hand to access the meeting guide. One year of sobriety is required. Information can be found at: <https://aanmco.org/index.php/about-ncmco/service/> (scroll down to “After-hours Phone Volunteer”) or call Central Office at (828) 254-8539.







# Happy Anniversary!



### 3 Legacies Group

David J. 9-28-1985 37 yrs

### Acceptance Group

Cliff C. 9-06-2017 5 yrs

Bob W. 9-10-2006 16 yrs

Dalton J. 9-16-2018 4 yrs

Michelle P. 9-24-1991 31 yrs

Katie K. 9-26-2019 3 yrs

Sally S. 9-28-2009 13 yrs

Sean A. 9-29-1984 38 yrs

### Back to Basics Group - Weaverville

Ginger H. 9-13-1991 31 yrs

Matthew M. 9-20-2010 12 yrs

### Black Mountain Group

Joel H. 9-16-2007 15 yrs

Nicole 9-24-2017 5 yrs

### Brevard Serenity Group

Mary Mc. 9-23-2003 19 yrs

### Conscious Contact Group

Siobhan S. 9-11-2021 1 yr

Roger K. 9-26-1981 41 yrs

### Cumberland Group

Bob R. 9-07-1983 39 yrs

Tadd C. 9-14-1987 35 yrs

Perry O. 9-17-2016 6 yrs

Matt G. 9-23-2013 9 yrs

Marianna K. 9-26-2020 2 yrs

Aaron F. 9-27-2012 10 yrs

### Daily Decisions Group

Joey D. 9-02-2021 1 yr

Bruce N. 9-07-2021 1 yr

### Fellowship Group

Ray W. 9-04-2017 5 yrs

Mary B. 9-06-2019 3 yrs

Camille 9-09-1979 43 yrs

Clark H. 9-09-2021 1 yr

Lisa D. 9-11-2015 7 yrs

Jeff K. 9-13-2021 1 yr

David P. 9-21-2021 1 yr

Karen S. 9-21-2001 21 yrs

Gerd S. 9-27-1979 43 yrs

Frank B. 9-27-1989 33 yrs

Alex M. 9-27-2021 1 yr

Anne K. 9-30-2021 1 yr

### Good Livers Group

Marylen L. 9-01-1989 33 yrs

Darren D. 9-08-1989 33 yrs

Kathleen C. 9-13-2014 8 yrs

Sascha F. 9-15-1990 32 yrs

Terri Jo 9-16-2018 4 yrs

Thelma C. 9-16-2018 4 yrs

Roger K. 9-24-1981 41 yrs

Debbie L. 9-25-2011 11 yrs

Nat C. 9-26-1989 33 yrs

### Grace Group

Jon B. 9-01-2003 19 yrs

Margaret B. 9-04-2005 17 yrs

Sean F. 9-08-2013 9 yrs

Casey S. 9-11-2000 22 yrs

John M. 9-18-2002 20 yrs

Tim C. 9-19-2018 4 yrs

Nat C. 9-26-1989 33 yrs

Charles W. 9-27-2010 12 yrs

Bill E. 9-30-1994 28 yrs

### Happy Hour Group

Jim L. 9-09-2002 20 yrs

Randall D. 9-11-2004 18 yrs

### Hendersonville Group

Ike F. 9-01-2007 15 yrs

Tom P. 9-06-1994 28 yrs

Nancy M. 9-10-1978 44 yrs

Ann T. 9-23-2015 7 yrs

Cate M. 9-25-1982 40 yrs

Stephanie G. 9-25-2019 3 yrs

Rob T. 9-29-2015 7 yrs

### Lambda Group

Glenn H. 9-10-2009 13 yrs

William S. 9-10-2018 4 yrs

Tim R. 9-17-2007 15 yrs

Mikey D. 9-17-2018 4 yrs

Megan M. 9-20-2019 3 yrs

Audrey Y. 9-22-2002 20 yrs

Bella Q. 9-23-2019 3 yrs

Michelle P. 9-24-1991 31 yrs

### Leicester Group

Beth D. 9-29-2005 17 yrs

### Library Group

Michael C. 9-10-2003 19 yrs

### Mars Hill Group

Paul M. 9-05-2014 8 yrs

Bendik C. 9-27-2007 15 yrs

### Motley Crew/Columbus

John H. 9-04-2021 1 yr

Michael V. 9-13-1979 43 yrs

### One Day At A Time Grp - Rutherfordton

Denise F. 9-06-1992 30 yrs

### Out to Lunch Bunch

Paul M. 9-01-2013 9 yrs

### Serenity Now Group

Gail S. 9-22-2015 7 yrs

### Serenity Seekers - Marion

Lori R. 9-08-2002 20 yrs

John C. 9-11-2002 20 yrs

Julie J. 9-14-2016 6 yrs

Dan M. 9-18-2015 7 yrs

### Total Surrender Group

Gabbi F. 9-16-2014 8 yrs

Ryan C. 9-21-2005 17 yrs

### Traditional Group

Jeff S. 9-07-2018 4 yrs

Joel H. 9-16-2007 15 yrs

### Waynesville Grace Group

Doug V.W. 9-01-1998 24 yrs

Stephen H. 9-02-2016 6 yrs

Bill S. 9-15-1972 50 yrs

Steve A. 9-17-2012 10 yrs

### Young People's Group

Bekah A. 9-08-2021 1 yr

Ben C. 9-11-2021 1 yr

William G. 9-21-2020 2 yrs

## The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

*(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)*

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

### We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office - 828-254-8539 or send a new list to: [info@ncmco.net](mailto:info@ncmco.net)

The October newsletter deadline for sending in anniversaries and announcements is September 15.





(They have great food too!)

# Bowling



**FRIDAYS @ SKY LANES**

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



**WHERE?**

Sky Lanes  
1477 Patton Ave  
Asheville

**WHAT TIME?**

Every Friday  
at 1:30PM

**HOW MUCH?**

\$5 per game  
\$3 shoe rental

# FIRESIDE SOBRIETY



**STRENGTH**

**KINDNESS**

**HONESTY**

**SHARING**



# CIRCLE

**Sept 8-11, 2022**

**YOGI in the SMOKIES CAMPGROUND**

**BIG COVE ROAD, CHEROKEE, NC (828) 482-4212**

Bring your **CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS**, and your **POW WOW Regalia!**

Contact: Herb W. at 828-506-8563 or [firesidesobriety@gmail.com](mailto:firesidesobriety@gmail.com)

Registration begins **Thursday at Noon!**

**NO PETS** in Food Serving/Eating, PowWow, under big tent, or Sacred Fire Areas!

**NO PETS AT TENT SITES**

~AA/Al-Anon Speakers~

~Talking Circles~

~Meetings~

~T-shirts & Sweatshirts~

~SOBRIETY Pow Wow~

~Sobriety Countdown~

"MUCH MORE"

**PRE-REGISTRATION: \$55/PERSON** (kids 10 and under are FREE, 11-17 \$20). Price includes breakfast and dinner and tent/camper site for three (3) nights **\$60 at the Gate** **EARLY REGISTRATION ENDS Aug 31, 2022**

NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL(S): \_\_\_\_\_ / \_\_\_\_\_

PHONE #: H) \_\_\_\_\_ (C) \_\_\_\_\_ (C) \_\_\_\_\_

# In Party: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

**Cut & Mail Registration Form by Aug 31st 2022**  
**With Checks Made Payable to: Fireside /Fall 2022**

**FIRESIDE Sobriety CIRCLE**  
**C/O Herb Wachacha**  
**PO Box 2015**  
**Cherokee, NC 28719**

# HENDERSONVILLE GROUP

We're Having a  
**COOKOUT!**



**Saturday, September 24, 2022**  
**5:00 pm – 7:00 pm**

Join us for a cookout and the 7:00pm Open Discussion Meeting

**Hamburgers & Hot dogs will be provided.**

**Bring a dish or something to share!**

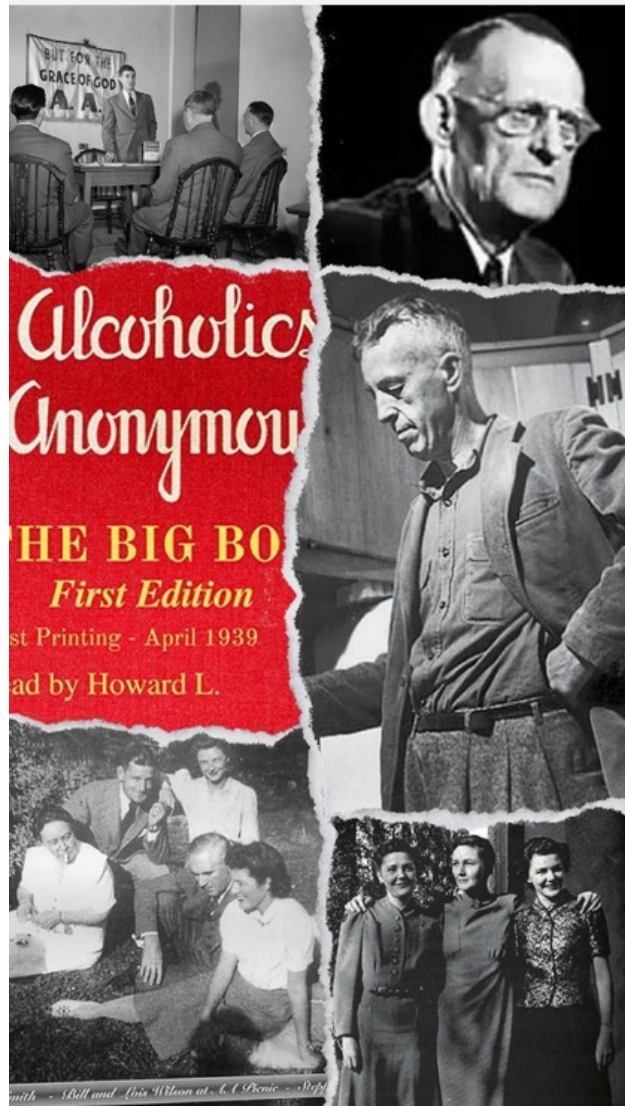
**Hendersonville Group, 1624 Willow Road, Hendersonville, NC**  
(Just across the street from the Valley Hill Fire Department)



DISTRICTS 71 & 70 UNITY

# Breakfast

with a side of A.A. history



**Saturday,  
OCTOBER 1, 2022**

8:30 AM - Coffee

9:00 AM - Breakfast

10:00 AM - Speaker

**Keith - Area 51 Archivist**

- Early A.A. in WNC
- Women & African Americans in Local A.A. History
- Area 51 Archives Display

**bring a pastry or a dish  
to share, if you like**



**Hope United Methodist Church  
2443 Spartanburg Hwy, East Flat Rock**

40 minutes from downtown Asheville | 11 minutes from downtown Hendersonville

Please direct all  
communications to:

P.O. Box 459  
Grand Central Station  
New York, NY 10163  
Fax: (212) 870-3003

## **STORY SOLICITATION**

Fifth Edition of the Book *Alcoholics Anonymous* —Big Book

**Deadline for submissions: October 31, 2022**

**Online submission:** [aa.org/submit-bigbook-english-5th](https://aa.org/submit-bigbook-english-5th)



---

The Preface to the Second Edition of the Big Book explains that revisions to the personal history section of the book were made in order “to represent the current membership of Alcoholics Anonymous more accurately, and thereby to reach more Alcoholics.”

In that spirit, the 2021 General Service Conference recommended that “a Fifth Edition of the Big Book, *Alcoholics Anonymous*, be developed, including an update of stories to better reflect the current membership, keeping in mind the 1995 Advisory Action:

*“The first 164 pages of the Big Book, Alcoholics Anonymous, the Preface, the Forewords, ‘The Doctor’s Opinion’, ‘Dr. Bob’s Nightmare’, and the Appendices remain as is.”*

In response to the 2021 General Service Conference Advisory Action requesting the development of a Fifth edition of the book *Alcoholics Anonymous*, the trustees’ Literature Committee is seeking a wide range of A.A. recovery experience of members in the Fellowship.

The trustees’ Literature Committee is searching for recovery stories of our members for possible inclusion in the Fifth Edition which are from a broad cross-section of our local communities, all stories are of value. As Bill writes on page 29 of the book *Alcoholics Anonymous*: “Our hope is that many alcoholic men and women, desperately in need, will see these pages, and we believe that it is only by fully disclosing ourselves and our problems that they will be persuaded to say, ‘Yes, I am one of them too; I must have this thing.’”

It is the Literature Committee’s shared hope that any new stories from our current membership will help future alcoholics to identify and find recovery in the pages of a Fifth edition.

The suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of the submission. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not. Stories will be accepted in English, French or Spanish. If you have any questions, please write to [5BBStory@aa.org](mailto:5BBStory@aa.org)

Instructions for submitting your manuscript:

**Deadline:** Please submit on or before October 31, 2022.

**Online:** [aa.org/submit-bigbook-english-5th](http://aa.org/submit-bigbook-english-5th) 

**Email:** [5BBStory@aa.org](mailto:5BBStory@aa.org)

**Subject Line:** Fifth Edition of the Book *Alcoholics Anonymous*

**Postal Mail:** Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163

**On the envelope:** The word "5<sup>th</sup> Edition BB" should be written on the envelope and at the top of the first page of the manuscript.

Thank you to all who are participating in this process!



**IWC MISSION STATEMENT**

The International Women's Conference is the bridge to a better understanding of the Alcoholics Anonymous philosophy and way of life because of our special needs in sobriety as women. We as women members of Alcoholics Anonymous are survivors. We have found a way to obtain meaning, depth, and responsibility in our lives. This came about out of desire, decision, determination, and spiritual guidance. An elevated sense of belonging that is brought about by the special services and a special need provided by our Women's Conference is our goal.

**SELF-SUPPORTING**

This conference is self-supporting through the money paid by registration fees, banquet tickets, and contributions. No AA funds are used to pay for this event. Conferences are special events and require money, as well as months of planning and preparation. Expenses include contracted costs for the use of meeting rooms, preparation of food and beverages, printing for registration forms, flyers, program schedules, postage, supplies and many other costs. The registration fee and banquet fees are kept as low as possible to meet our financial goal of breaking even. Our contractual commitments to the hotel require a guaranteed number of hotel rooms and banquet sales. Thank you for your support and your help in achieving our financial commitments.

**IMPORTANT INFORMATION**

- IWC is a CLOSED conference for women in AA, registrants only.
- Pre-registration ends Dec. 31, 2022, or when full
- Late registration begins Jan. 1, 2023
- No refunds after Dec. 31, 2022
- **Onsite registration by cash, Zelle, and credit cards only; no checks**
- Maximum banquet occupancy is 1,500
- Screening room for up to 700 is provided for overflow
- No Pets – Only service dogs allowed at conference
- **Badges must be worn at all times**
- Childcare is NOT provided
- The 59<sup>th</sup> International Women's Conference is not responsible for loss of personal items or any personal injury

59<sup>th</sup> IWC Dallas  
PO Box 293013  
Lewisville, TX 75029-3013



THE 59<sup>TH</sup>  
INTERNATIONAL WOMEN'S  
CONFERENCE  
February 16 – 19, 2023



The Language of the **Heart**  
Will Be Spoken Here

Being held at  
The Renaissance Dallas Addison  
15201 Dallas Pkwy, Addison, TX 75001  
(972-386-6000)

**REGISTRATION FORM**

Register on-line by JAN 18, 2023 at:

<https://internationalwomensconference.org/>

Name: \_\_\_\_\_

Name on Badge: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Sobriety Date: \_\_\_\_\_

Email: \_\_\_\_\_

WOULD YOU LIKE TO BE OF SERVICE? YES: \_\_\_\_\_

DO YOU HAVE A SPECIAL NEED THAT MAY IMPACT YOUR ENJOYMENT OF THE CONFERENCE? YES: \_\_\_\_\_

Contact: [SpecialNeeds59iwcDallas@gmail.com](mailto:SpecialNeeds59iwcDallas@gmail.com)

**\*TOURS AND EXCURSIONS**

**TOUR 1:** A private tour of NorthPark Center / Dallas's Top Shopping Destination. Filled with museum-quality artworks and extraordinary landscaping. NorthPark is home to 200 retailers, including luxury boutiques, trend-setting brands, restaurants, and movie theatres., NorthPark is a shopping experience unlike any other. **Thursday 10am-2pm**

**NorthPark Center Private Tour:** 4 hours long

**TOUR 2:** This 125-acre venue is one of the most popular stops in Fort Worth and is home to the world's only LONG HORN CATTLE DRIVE. Visit the Stockyard Museum, Texas Cowboys Hall of Fame, and the newly renovated Mule Alley, plus lots of fun places for shopping and eating. **Saturday 10am-3pm (Cattle Drive 11:30am)**

**Fort Worth Stockyard Tour:** 5 hours long

\*Tours/Excursions are subject to a minimum number of 30 participants and participants will be required to sign a liability waiver.

59<sup>th</sup> IWC DALLAS VIRTUAL INFORMATION ON WEBSITE  
<https://internationalwomensconference.org/>

**REGISTRATION**

Pre-Registration (Ends 12/31/2022)	\$50.00
Late Registration (Begins 01/01/2023)	\$60.00
Virtual Conference	\$10.00

ALL Meals Include **\*\*Vegan Options**

Friday Night Dinner	\$70.00
Saturday Night Dinner	\$80.00
Sunday Morning Buffet	\$55.00

**\*\*Indicate Vegan**

**SOUVENIRS**

Check Out & Purchase on our Website:

<b>Circle Size and Indicate Option</b>	
Short Sleeved T-Shirt S M L XL	\$20.00
Short Sleeved T-Shirt 2X 3X 4X	\$23.00
Long Sleeved T-Shirt S M L XL	\$22.00
Long Sleeved T-Shirt 2X 3X 4X	\$25.00
Coffee Mug	\$12.00
Phone Wallet	\$15.00

**TOURS**

Tour 1: NorthPark Center Private Tour	\$35.00
Tour 2: Fort Worth Stockyard	\$40.00

**CONTRIBUTIONS**

Contribution to a Scholarship \$ \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_

CHECKS PAYABLE TO: **59th IWC Dallas**

There will be a \$25.00 charge for insufficient funds  
Credit Card Fee 3.49% plus 10 cents

**Mail Registration Forms and Payment To:**

59<sup>th</sup> IWC Dallas  
PO Box 293013  
Lewisville, TX 75029-3013

**LODGING**

Renaissance Dallas Addison  
15201 Dallas Parkway, Addison, TX 75001-4609  
(972-386-6000)

**IWC Reservation special rate - \$182+taxes**  
**Begins March 1, 2022**  
**Ends Jan 18, 2023**

\*Room Rate (single & up to 4 persons)  
\*\*Hotel will charge a one-night, non-refundable deposit  
\*\*\*Mention 59<sup>th</sup> IWC Dallas for the hotel room rate  
All reservations require a valid credit card to hold your room reservation  
Check In: 3:00pm Check Out: 11:00am

**AIRPORTS**

**DALLAS HAS 2 CONVENIENT AIRPORTS**  
(DFW) Dallas/Ft. Worth International  
19 miles to Renaissance Hotel in Addison, TX  
  
(DAL) Dallas Love Field  
11 miles to Renaissance Hotel in Addison, TX

**GROUND TRANSPORTATION**

Several transportation options are available from DFW or DAL to the Renaissance Hotel in Addison. For your convenience, below are their websites.  
<https://www.lyft.com/rider>  
<https://www.uber.com/>  
<https://www.dart.org/>  
<https://goairportshuttle.com/>

**IWC CONTACTS**

Dallas Chair: Terri O.  
[Chair59iwcDallas@gmail.com](mailto:Chair59iwcDallas@gmail.com)

Dallas Registration Chair:  
[Registrar59thiwcDallas@gmail.com](mailto:Registrar59thiwcDallas@gmail.com)

Dallas Treasurer: Rhonda M.  
[Treasurer59iwcDallas@gmail.com](mailto:Treasurer59iwcDallas@gmail.com)