

Mountain Doin's

AUGUST 2022

828-254-8539
Central Office is still staffed
Monday-Friday - 10am-1pm
but not currently open to visitors.
Call or email if you have
any questions.
info@ncmco.net



Another Member's Experience

by John B. - Black Mountain, NC

In the June issue of Mountain Doin's appeared a Grapevine article entitled "Mouth Closed, Ears Open", discussing one person's approval of "no crosstalk". My experience is different. I got sober going to men's meetings in New England during the '80s, and occasionally getting yelled at down the table. It made me angry and hurt my feelings and was exactly what I needed. I came in loaded with self-pity and anger, and those men weren't interested in my BS.

With two weeks dry - I certainly wasn't sober - I started enthusing one day about getting my two drinking buddies into the program, and was interrupted by a loud voice saying, "You can't give it away until you get it!" That was the first time it happened, and after getting over the hurt feelings I realized the man was right. My job was to focus on MY sobriety, not someone else's.

Along the same lines, my sponsor told me "When you talk at meetings, don't say 'you' or 'we'; say 'I' and talk about yourself."

My understanding is that "no crosstalk" came from a different program, not A.A. A few years ago, I spent hours searching GSO's website to see what I could find about it. There wasn't much, but in the Box 459 newsletter I found this:

Says past Chicago delegate...Don B: "When I came to A.A. in 1981, I joined a group led by an old-timer who was nearly 20 years sober at the time. There were two basic 'guidelines'- only we called them rules: (1) You cannot interrupt the guy who is interrupting. (2) If you look up and you are the only one left, lock the door when you leave. You talked too long." *

I don't shout out during meetings, much, and I've alienated some people by talking to them privately. But I fear that the adoption of "no crosstalk" may prevent A.A. members from sharing painful realities with others which may, in fact, be just what they need to hear.

**Reprinted from Box 459, Vol. 52, no. 4, p. 5 with permission of A.A. World Services, Inc.*

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Zoom Meeting

by Ocean S. - Burnsville, NC

In one square inch I read the Story,
Of an all-persuasive Higher Power.
In that picture is the Glory,
I may discover in an Hour.

The lame are Walking,
The blind are Seeing,
And through our Talking,
We find our Being.

We walk in footprints,
Others Trod,
And in the process,
Find our God



August Grapevine now available!



Sober Travel

This month's featured section is "Sober Travel." AA members share stories of staying sober while on the road or in the air.

<https://www.aagrapevine.org/>



2022 Carry The Message Project



Grapevine and La Viña are Great Twelfth Step Tools!

Get your group, district, area or AA friends to join in.

Carry the Message, it's easy!

To learn more, visit the website:

<https://www.aagrapevine.org/carry-the-message>



Story Solicitation for Fifth Edition of the Book *Alcoholics Anonymous — Big Book*

In response to the 2021 General Service Conference Advisory Action requesting the development of a Fifth Edition of the book *Alcoholics Anonymous*, the A.A. General Service Office trustees' Literature Committee is seeking a wide range of A.A. recovery experience of members in the Fellowship.

The trustees' Literature Committee is searching for recovery stories of A.A. members for possible inclusion in the Fifth Edition which are from a broad cross-section of our local communities. All stories are of value. It is the Literature Committee's shared hope that any new stories from current membership will help future alcoholics to identify and find recovery in the pages of a Fifth Edition.

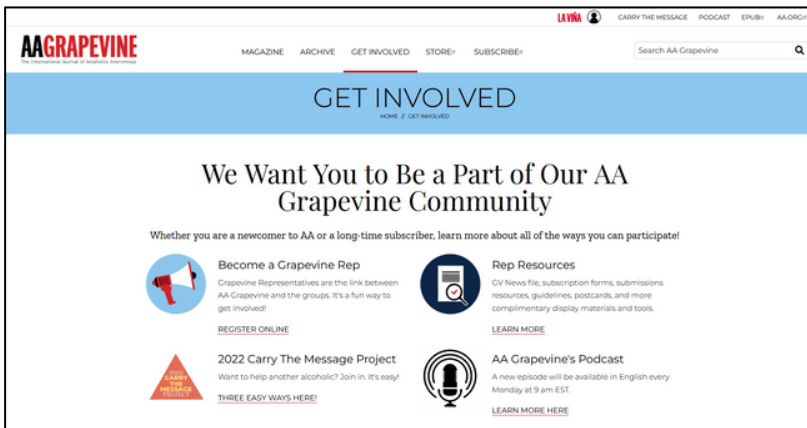
Deadline for submissions: October 31, 2022

Online submission: <https://www.aa.org/submit-bigbook-english-5th>



See flyer at the end of the newsletter for more info.

Grapevine "Get Involved" page



Whether you are a newcomer to AA or a long-time subscriber, learn more about all of the ways you can participate!

Visit the page here:

<https://www.aagrapevine.org/get-involved>



AA Grapevine's Podcast

Their new podcast, the AA Grapevine Half-Hour Variety Hour, can be heard anywhere you listen to podcasts. They release a new episode every Monday. Special features will enhance each episode.



AAGRAPEVINE
Half-Hour Variety Hour

<https://www.aagrapevine.org/podcast>



Call & Visitor Log June 2022

12 Step Calls - 5
General Info - 1
Family Help - 3
Meeting Info - 27
Central Office Business - 48
Medical/Detox - 0
Visitors - 0
After-hours Volunteers - 27 calls



Visits to aancmco.org website:
Unique Visitors - 1,378
Total Visits - 2,317; Visits/Visitor - 1.68
Total Pages - 29,530; Pages/Visit - 12.74



COR/NCMCO Board Meeting

COR/Board meetings are held every other month on the odd-numbered months. The next combined meeting will be **Thursday, September 8, at 6:00pm.**

It will again be via Zoom -
Meeting ID: 757 855 2319;
Passcode: 000000



All AA members are welcome to attend but only Group CORs may vote so we encourage your group to elect a COR. Your input is important to us!

For updated meeting information and Zoom link, check the website:
<https://aancmco.org/index.php/events/>



Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 6/30/2022

Prudent Reserve -
\$11,102.92

Operating Account -
\$22,420.33

Rent Deposit - \$400.00
Petty Cash - \$50.00

Profit & Loss YTD

	JUN 2022	JAN - JUN, 2022 (YTD)
Income		
Contributions		
Birthday Contributions	30.00	50.00
Group Contributions	2,219.40	16,110.97
Individual Contributions	128.20	1,155.24
Total Contributions	2,377.60	17,316.21
Interest on Money Market		4.58
Sales Income		
Literature & merchandise	1,988.64	10,613.52
Shipping charged to groups	39.92	238.52
Total Sales Income	2,028.56	10,852.04
Total Income	\$4,406.16	\$28,172.83
Cost of Goods Sold		
Cost of Goods Sold		
Freight - vendor shipping	20.87	134.94
Inventory Adjustments		28.33
Literature & merchandise	763.79	7,625.62
Shipping to groups	39.92	239.15
Total Cost of Goods Sold	824.58	8,028.04
Total Cost of Goods Sold	\$824.58	\$8,028.04
GROSS PROFIT	\$3,581.58	\$20,144.79
Expenses		
Computer Expenses		1,950.92
Copier Expenses		
Copier - monthly fee		2,107.06
Total Copier Expenses		2,107.06
Credit Card Processing		
PayPal Fee	10.69	88.00
Total Credit Card Processing	10.69	88.00
Office Expenses	14.99	89.94
Office Supplies	107.71	268.65
Payroll Expenses		
Gross Salary	1,340.00	8,690.00
Payroll Taxes (Company)	102.52	664.85
Total Payroll Expenses	1,442.52	9,354.85
Rent	604.00	3,564.00
Stamps/Postage		7.38
Telephone & Internet		
Office Telephone/Internet	129.98	779.88
Web Expenses		217.29
Total Telephone & Internet	129.98	997.17
Total Expenses	\$2,309.89	\$18,427.97
NET OPERATING INCOME	\$1,271.69	\$1,716.82
NET INCOME	\$1,271.69	\$1,716.82



Group Contributions:	Jun 2022	YTD
Acceptance Group 122-477		\$613.42
Agnostics, Atheists & Freethinkers AA Group		\$1,200.00
As Bill Sees It-Brevard 374-290		\$50.00
As Bill Sees It Group 169-463		\$10.00
At Wit's End Group		\$257.78
Big Town Group 671-200		\$276.30
Black Mountain Lakeside Group of A.A.		\$85.00
Brevard Serenity Group 631-231	\$90.00	\$217.50
But for the Grace of God Group 629-162	\$16.80	\$38.80
Candler KISS Group 163-148		\$50.00
Cashiers Valley Grp 122-589		\$558.55
Conscious Contact Group - Asheville	\$350.00	\$550.00
Cullowhee Valley Group 118-129	\$46.20	\$46.20
Cumberland Group 122-472		\$250.00
Daily Decisions 643-869	\$606.49	\$1,436.74
Day by Day Group 159-058		\$1,152.64
Early Bird Group 612-780		\$232.00
Fellowship Group, Fletcher 655-542		\$500.00
Fireside Group 655-046	\$150.00	\$462.50
Grace Group of Asheville 161-970		\$1,197.95
Happy Hour Group - Hendersonville 169-182		\$330.00
Hendersonville Men's Group		\$50.00
Hendersonville Women's BBSS 723-106		\$269.45
Joy of Living - Brevard 669-820		\$30.00
Liars Club		\$180.00
Live & Let Live - Forest City		\$50.00
Mars Hill Group 130-895		\$100.00
Marshall Group 100-489		\$150.00
Men's Attitude Adjustment Group 670-850	\$54.00	\$54.00
Mission Group 606-119		\$46.00
Monday 6:00 Open Meeting	\$126.00	\$126.00
Mountain View Group (Highlands) 110-598		\$86.09
New Freedom Group 700-124		\$100.00
Practicing Principles 667-311	\$72.36	\$148.70
Recovery by the River 674-892	\$125.65	\$340.78
Roundtable Group 135-605		\$150.00
Safe & Sound Group 645-654	\$77.90	\$291.33
Saturday Morning Men's Meeting	\$75.00	\$225.00
Serenity Service Group 110-498	\$339.00	\$1,105.00
Sober Sisters - Black Mtn		\$161.42
Sober Sisters - Flat Rock 725-094		\$192.00
Solutions Group 719-512		\$548.53
South Asheville Literature		\$70.50
Speed Bump Group 512-851	\$90.00	\$90.00
Surrender Group - Black Mtn 660-428		\$50.00
The 164 Group		\$17.12
The Principles Group 675-162		\$100.00
Waynesville Grace Group 110-692		\$858.67
We Think Not Group 700-411		\$90.00
Women of Courage Group 688-025		\$750.00
Yet To Be Named Group		\$100.00
Young People's Group 645-646		\$65.00
Total Group Contributions:	\$2,219.40	\$16,110.97

Individual Contributions:	Jun 2022	YTD
Anonymous	\$8.20	\$74.70
Annie B.		\$3.00
Dagmar A.		\$200.00
Jill L.		\$50.00
Judy M.		\$40.00
Katherine H.	\$20.00	\$120.00
Kay G.	\$15.00	\$90.00
Margaret N.		\$50.00
Pam C.		\$5.32
Roland B.		\$12.22
Sandra S	\$10.00	\$60.00
Shannon K.	\$25.00	\$150.00
Sheila D.	\$20.00	\$120.00
Wm "Pat" D.	\$20.00	\$120.00
In Memory of B.G.	\$10.00	\$60.00
Total Individual Contributions:	\$128.20	\$1,155.24

Contributions

Birthday Contributions:	Jun 2022	YTD
Bob P.	\$30.00	\$30.00
Dennis		\$20.00
Total Birthday Contributions:	\$30.00	\$50.00

Mountain Doin's Subscriptions: \$0.00

Total Contributions: \$2,377.60 \$17,316.21

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly but we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you all - A.A. groups and individual members - for your generous support!

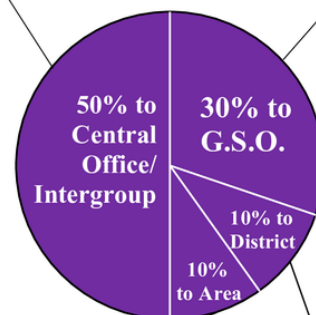
Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2021

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NOTE: New address as of December 2021 for sending contributions to GSO

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 7337
Kill Devil Hills, NC 27948

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906

Step Eight Freedom

by Bob S. - Richmond, IN

I was hesitant and puzzled when I began my Eighth Step list because what about people whose feelings might be hurt or might be harmed if I admitted all—my Step Four inventory had several of those. Luckily, my sponsor informed me that Step Eight is not Step Nine, and I should not leave these activities off my list. But obviously, this did not mean that I make these harmful amends while doing Step Nine. This information may be useful in asking God for forgiveness in a later step.



My Eighth Step information came mostly from my Step Four inventory, but also my sponsor had me do a spontaneous writing earlier on. This included asking God over and over again to reveal where I had been selfish and dishonest—not just from regular memory, but from my deepest inner self. *Spontaneous!* This function brought to light many secrets I had kept from myself for many years. *They needed to be written down!*

I had seldom even considered the anguish my wonderful Christian parents must have felt to see their son's name in the newspaper for public intoxication year after year. Or my younger sister who, four years later, attended the same high school with my devil-may-care reputation still remembered by the teachers. I had never felt guilty about that loan company I had never paid back or the time when I, as a teen, tried out a motorcycle from a used lot and wrecked it. I was able to wobble it in and jumped on my bicycle and away I went.

There was a temptation to leave out certain of my misbehaviors because, after all, I had been sober for five whole months, and intended never to drink whisky again! I was obviously now in the category of what is called "living amends!" However, my sponsor pointed out that the Big Book makes no mention of "living amends;" it actually dispels that idea at the bottom of page 82: "Ain't it grand the wind stopped blowin?"

I believe the honesty revealed in my Eighth Step list was a vital and crucial part of my recovery.

Special Meetings and Events



NOTE: For updates please check the specific event websites or <https://aancmco.org/index.php/events/>



District 71 Movie Night! "Bill W. and Dr. Bob" - Saturday **August 6, 5:30pm.** St. Timothy United Methodist Church, 1020 Asheville Hwy, Brevard 28712. See flyer for more details.

P.I. Discovered. Ensuring A.A. Is Found by Those Who Need It. Saturday **August 13, 12:00pm Eastern** (9:00am Pacific) Sponsored by the National P.I. & C.P.C. Working Group. Zoom Meeting ID: 878 0311 3474; Password: 411. For more information see flyer or contact picpceastbay@gmail.com

SMAACC 8 (Southern Motorcyclists in Alcoholics Anonymous Camping Convention) **August 26-28.** Fall Creek Falls State Park, Pikeville, TN 37367. See flyer for details and registration form.



Serenity in the Scenic City. **August 26-28.** DoubleTree by Hilton, 407 Chestnut St, Chattanooga, TN 37402. See flyer for details and registration form, or go to the website: <https://www.serenityinthesceniccity.org/>



Fireside Sobriety Circle Campout. **September 8-11.** Yogi in the Smokies Campground, Big Cove Road, Cherokee, NC 28719. For more details see flyer or contact Herb by phone: 828-506-8563 or email: firesidesobriety@gmail.com

59th International Women's Conference. **February 16-19, 2023.** Dallas/Addison, TX. Four days of closed A.A. meetings, fun and fellowship! To register, visit their website: <https://internationalwomensconference.org/>



NC Area 51 Conferences & Events: <https://aanorthcarolina.org>



GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/F-36_Box_4-5-9_Spring_2022.pdf



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **August 14, 2:30-3:30pm**, via Zoom – Meeting ID: 933 8500 3069; Passcode: 672458. For updates go to: <https://ashevilleaa.org/calendar/>

District Service Committees. If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting. There are even more service opportunities than those listed here! (**NOTE:** They are working on updating the website contact list. There are a few Committee Chair email addresses listed here that are valid as far as we know. The best way to get more information about volunteering is to attend the GSR Meeting listed above.)

Accessibilities Committee – Chairperson is Scott. S. If anyone is interested in being a part of this committee, or has any questions on what Accessibilities does, attend the GSR Meeting listed above.

Archives Committee needs you! Chairperson is Stacy R. The Archives Committee wants AA members to help compile a complete list of group histories, record interviews with old-timers, and collect classic AA literature. It's fun AND it's service work!

CPC/PI Committee – These are two separate service committees – “Cooperation with the Professional Community” and “Public Information” – chaired by George M. The CPC Committee visits schools, businesses, and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides A.A. information to the public and media when requested.

Corrections Committee – The jails and prisons are beginning to allow volunteers in again. For more information on how to get involved, contact Tammy Z, the Women's Corrections Chair, at d70womenscorrections@gmail.com. They are still looking for a new Men's Corrections Chair. If you are interested in this position, please attend the next GSR Meeting.

The **Buncombe County Detention Facility** has varying needs of support for AA meetings inside the jail. Here is a link for the volunteer application: <https://aanmco.org/wp-content/uploads/2020/07/Volunteer-App-2019.pdf>

Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization.

Literature and Grapevine Committee – They have a new chairperson for this committee – Maria E. She is seeking committee members! The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR Meeting.

Treatment Facilities Committee – Joe L. is Committee Chair. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. For more information, please attend the next GSR Meeting.

“Bridging the Gap” (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in the facility make that transition from “inside” the program to life on the “outside”. If you are interested, please contact the Bridging the Gap Chair, Matt M., or Co-chair, Jane M., at bridgingthegapasheville70@gmail.com. For more information on Bridging the Gap, visit the website: www.btgww.org

District 71

GSR Meeting – held on the 2nd Saturday of the month. District 71 will meet in person quarterly with the other two meetings monthly via Zoom. The next meeting will be Saturday, **August 13, 9:30am**, via Zoom – Meeting ID: 839 998 9177; Passcode: 71. Check their website for meeting updates and links: <https://www.nc71.org/>

Transylvania County Jail and the Henderson County Detention Center are beginning to allow volunteers back in. Scheduling is in the works. There are also several committee positions that need filling. If you are interested in volunteering, please come to the next GSR meeting. For more information, contact Liz, the DCM, through the website: <https://www.nc71.org/contact>

District 80

GSR Meeting – held quarterly. The next meeting will be Sunday, **October 16, 1:00-4:00pm**. This will be a hybrid meeting with Zoom capability as well as a physical meeting place.

Zoom Meeting ID: 820 4421 9650; Passcode: District80
The physical location will be Meridian Behavioral Health, 44 Bonnie Ln, Sylva, NC 28779. Park behind the building in the staff parking area and enter on the left side (facing rear of building). All interested A.A. members are welcome to attend. For more information go to their website: <http://aawnc80.com/events>

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, please contact Carl by calling or emailing Central Office: 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be Thursday, **October 13, 5:00pm**, and will be held virtually. The GoToMeeting ID is 543513261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

There is a lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80, there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. If you are interested in this service, call Central Office: 828-254-8539 or go to website: <https://aanmco.org/index.php/12th-step-call-volunteer/>

Combined COR/NCMCO Board meeting – The next meeting will be Thursday, **September 8, 6:00pm**, via Zoom – Meeting ID: 757 855 2319; Passcode: 000000. All AA members are welcome to attend but only Group CORs may vote.

For updated meeting information check the website: <https://aanmco.org/index.php/events/>

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District websites:

District 70: (Since website contacts and email addresses are under review, please attend the District 70 GSR Business Meeting in order to connect with the District Registrar.)

District 71: use the form at <https://www.nc71.org/meeting-change-form>

District 80: email webmaster@aawnc80.com

Happy Anniversary!

Acceptance Group

Mike L.	8-11-2017	5 yrs
Doug ET.	8-11-2020	2 yrs
Mike D.	8-13-2018	4 yrs
Willetta T.	8-15-1988	34 yrs
Linda M	8-25-2000	22 yrs

Back to Basics Group - Weaverville

Peter M.	8-08-1983	39 yrs
Matthew S.	8-08-2018	4 yrs
Denis O.	8-09-1985	37 yrs

Black Mountain Group

Jacqueline	8-28-1998	24 yrs
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Brevard Serenity Group

Paul W.	8-03-1997	25 yrs
Barb E.	8-21-1990	32 yrs
Dennis K.	8-28-1991	31 yrs

Candler K.I.S.S. Group

Doug W.	8-17-2010	12 yrs
Byron S.	8-22-2017	5 yrs

Conscious Contact Group

Eddie D.	8-14	
Will L.	8-16	

Cumberland Group

Lynda M.	8-06-1985	37 yrs
Natalia	8-13-2014	8 yrs
Wayne B.	8-15-2005	17 yrs
Tom H.	8-23-2005	17 yrs

Daily Decisions Group

Trink F.	8-16-2006	16 yrs
Myles R.	8-24-1986	36 yrs
Frank H.	8-28-1989	33 yrs

Fellowship Group

Marshall	8-01-2021	1 yr
Nancy J.	8-10-2018	4 yrs
Lisa J.	8-12-2021	1 yr
Ryan D.	8-12-2021	1 yr
Matthew M.	8-18-2021	1 yr
Charlene O.	8-20-2002	20 yrs
Karol W.	8-30-2021	1 yr

Good Livers Group

Betty B.	8-03-2021	1 yr
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Grace Group

Chris H.	8-03-2020	2 yrs
Maya C.	8-04-2020	2 yrs
Russell C.	8-05-2011	11 yrs
David W.	8-12-2007	15 yrs
Denise L-D.	8-13-1999	23 yrs
Seleste P.	8-17-2020	2 yrs
Sarah H.	8-20-2016	6 yrs
Emily S-C.	8-22-2019	3 yrs
Rory M.	8-28-2012	10 yrs
Anne Marie B.	8-31-2013	9 yrs

Happy Hour Group

Don F.	8-18-1970	52 yrs
Eileen B.	8-23-2018	4 yrs

Hendersonville Group

Pete M.	8-08-1983	39 yrs
Tom P.	8-15-1995	27 yrs
Susan W.	8-24-2000	22 yrs
Betsy	8-29-1993	29 yrs

Hendersonville Men's Group

Michael J.	8-12-2016	6 yrs
Ken B.	8-13-1984	38 yrs
Brian G.	8-28-1990	32 yrs
Michael L.	8-31-1989	33 yrs

Hey Girl, Surrender Group

Caroline W.	8-09-2016	6 yrs
Kari K.	8-20-1987	35 yrs

Lambda Group

David W.	8-12-2007	15 yrs
Allison G.	8-12-2018	4 yrs
Chris S.	8-13-2015	7 yrs
James S.	8-25-2013	9 yrs

Mission Group

Jim F.	8-09-1985	37 yrs
Kay G.	8-14-1982	40 yrs

Motley Crew - Columbus

Barbara B.	8-07-1990	32 yrs
Melinda C.	8-26-1984	38 yrs

One Day At A Time Grp - Rutherfordton

Jim B.	8-09-2021	1 yr
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Out to Lunch Bunch

Bill S.	8-11-1975	47 yrs
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Phoenix Group

Karin S.	8-28-1982	40 yrs
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Serenity Now Group

Dean W.	8-09-1991	31 yrs
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Serenity Seekers - Marion

Mark L.	8-06-1984	38 yrs
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Total Surrender Group

Martha R.	8-22-2000	22 yrs
Dan A.	8-31-2021	1 yr

Traditional Group

Richard T.	8-07-1984	38 yrs
Stephen T.	8-13-2006	16 yrs

Waynesville Grace Group

Bob M.	8-14-2018	4 yrs
Elise C.	8-17-2002	20 yrs
Vicki P.	8-23-2016	6 yrs

West Asheville Group

Dena H.	8-16-1983	39 yrs
Cindy D.	8-19-2018	4 yrs

Young People's Group

Kiera C.	8-08-2021	1 yr
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The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office - 828-254-8539 or send a new list to: info@ncmco.net

The September newsletter deadline for sending in anniversaries and announcements is August 15.



(They have great food too!)

Bowling



FRIDAYS @ SKY LANES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



WHERE?

Sky Lanes
1477 Patton Ave
Asheville

WHAT TIME?

Every Friday
at 1:30PM

HOW MUCH?

\$5 per game
\$3 shoe rental

District 71 Movie Night!

Bill W. and Dr. Bob

The Original 2007 Off-Broadway Production

By Stephen Bergman and Janet Surrey



Where: St. Timothy United Methodist Church
1020 Asheville Highway
Brevard, NC 28712

When: Saturday, August 6 @ 5:30PM



*Run time is 1:58 with 25 minute "talk-back session"

National P.I. & C.P.C. Working Group

Public

P.I.
Information

DISCOVERED

Ensuring A.A. Is Found By Those Who Need It

SAT, AUG 13, 2022

9:00 AM Pacific 12:00 PM Eastern



Who Is Responsible?

How Are We Reaching Those Still Suffering?

zoom Mtg ID: 878-0311-3474

Password: 411

Contact: Picpceastbay@gmail.com


SMAACC 8


Southern Motorcyclists in Alcoholics Anonymous Camping Convention

AUGUST 26, 27 and 28, 2022

**NEW LOCATION: Fall Creek Falls State Park, Pikeville, TN 37367
(Newton Ford Bunk Group Lodge – off Hwy 284)**

The Newton Ford Bunkhouse sleeps 100 with separate areas for men and women.
Limited camp sites for tents and pop-ups in the open field near the bunkhouse.

Please contact us for more information - <http://smaacc.org/4.html> 

RV sites available through the TN State Park. 888-867-2757 or
<https://tnstateparks.com/parks/info/fall-creek-falls> 

Early Registration - \$45.00 Before July 31, 2022. After - \$55.00

Come on out; meet new friends; bring old friends.
Everyone Welcome! We have Speakers, Workshops, Marathon Meetings.

Registration includes meals: Friday night Supper; Saturday Breakfast, Lunch, Supper; Sunday Breakfast.

Friday Speaker – James B., Sparta, TN
Saturday speaker – Mike A., Nashville, TN
Sunday Speaker – Tom H., Rockford, IL

For information call or email:

Bill W: 815-601-6894; billw779@aol.com

Don R: donrush1952@yahoo.com

Mail to: S.M.A.A.C.C.
370 South Lowe Ave. Suite A
PO Box #242
Cookeville, TN 38501

Visit website: **SMAACC.org** 

Name _____

Address _____

City State Zip _____

E-Mail Address: _____

A.A. _____ AL-Anon _____ Other _____

Sobriety date: _____

Phone Number: _____ - _____ - _____

RECEIVE YOUR INFORMATION BY E-MAIL?

IF YES, PLEASE CHECK HERE _____

Would you like to volunteer? Yes _____ No _____ If yes, Phone Number: _____ - _____ - _____

Hearing impaired or other special needs?
(specify) _____

Pre-Registration: _____ \$45.00/ea.

Total: _____

NO CONFIRMATION OF YOUR REGISTRATION WILL BE SENT — NO REFUNDS

FIRESIDE SOBRIETY



STRENGTH

KINDNESS

HONESTY

SHARING



CIRCLE

Sept 8-11, 2022

YOGI in the SMOKIES CAMPGROUND

BIG COVE ROAD, CHEROKEE, NC (828) 482-4212

Bring your **CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS**, and your **POW WOW Regalia!**

Contact: Herb W. at 828-506-8563 or firesidesobriety@gmail.com

Registration begins **Thursday at Noon!**

NO PETS in Food Serving/Eating, PowWow, under big tent, or Sacred Fire Areas!

NO PETS AT TENT SITES

~AA/Al-Anon Speakers~

~Talking Circles~

~Meetings~

~T-shirts & Sweatshirts~

~SOBRIETY Pow Wow~

~Sobriety Countdown~

"MUCH MORE"

PRE-REGISTRATION: \$55/PERSON (kids 10 and under are FREE, 11-17 \$20). Price includes breakfast and dinner and tent/camper site for three (3) nights **\$60 at the Gate** **EARLY REGISTRATION ENDS Aug 31, 2022**

NAME(S): _____

ADDRESS: _____

EMAIL(S): _____ / _____

PHONE #: H) _____ (C) _____ (C) _____

In Party: _____ Amount Enclosed: _____

Cut & Mail Registration Form by Aug 31st 2022
With Checks Made Payable to: Fireside /Fall 2022

FIRESIDE Sobriety CIRCLE
C/O Herb Wachacha
PO Box 2015
Cherokee, NC 28719

Please direct all
communications to:

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

STORY SOLICITATION

Fifth Edition of the Book *Alcoholics Anonymous* —Big Book

Deadline for submissions: October 31, 2022

Online submission: aa.org/submit-bigbook-english-5th



The Preface to the Second Edition of the Big Book explains that revisions to the personal history section of the book were made in order “to represent the current membership of Alcoholics Anonymous more accurately, and thereby to reach more Alcoholics.”

In that spirit, the 2021 General Service Conference recommended that “a Fifth Edition of the Big Book, *Alcoholics Anonymous*, be developed, including an update of stories to better reflect the current membership, keeping in mind the 1995 Advisory Action:

“The first 164 pages of the Big Book, Alcoholics Anonymous, the Preface, the Forewords, ‘The Doctor’s Opinion’, ‘Dr. Bob’s Nightmare’, and the Appendices remain as is.”

In response to the 2021 General Service Conference Advisory Action requesting the development of a Fifth edition of the book *Alcoholics Anonymous*, the trustees’ Literature Committee is seeking a wide range of A.A. recovery experience of members in the Fellowship.

The trustees’ Literature Committee is searching for recovery stories of our members for possible inclusion in the Fifth Edition which are from a broad cross-section of our local communities, all stories are of value. As Bill writes on page 29 of the book *Alcoholics Anonymous*: “Our hope is that many alcoholic men and women, desperately in need, will see these pages, and we believe that it is only by fully disclosing ourselves and our problems that they will be persuaded to say, ‘Yes, I am one of them too; I must have this thing.’”

It is the Literature Committee’s shared hope that any new stories from our current membership will help future alcoholics to identify and find recovery in the pages of a Fifth edition.

The suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of the submission. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not. Stories will be accepted in English, French or Spanish. If you have any questions, please write to 5BBStory@aa.org

Instructions for submitting your manuscript:

Deadline: Please submit on or before October 31, 2022.

Online: aa.org/submit-bigbook-english-5th 

Email: 5BBStory@aa.org

Subject Line: Fifth Edition of the Book *Alcoholics Anonymous*

Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163

On the envelope: The word "5th Edition BB" should be written on the envelope and at the top of the first page of the manuscript.

Thank you to all who are participating in this process!

IWC MISSION STATEMENT

The International Women's Conference is the bridge to a better understanding of the Alcoholics Anonymous philosophy and way of life because of our special needs in sobriety as women. We as women members of Alcoholics Anonymous are survivors. We have found a way to obtain meaning, depth, and responsibility in our lives. This came about out of desire, decision, determination, and spiritual guidance. An elevated sense of belonging that is brought about by the special services and a special need provided by our Women's Conference is our goal.

SELF-SUPPORTING

This conference is self-supporting through the money paid by registration fees, banquet tickets, and contributions. No AA funds are used to pay for this event. Conferences are special events and require money, as well as months of planning and preparation. Expenses include contracted costs for the use of meeting rooms, preparation of food and beverages, printing for registration forms, flyers, program schedules, postage, supplies and many other costs. The registration fee and banquet fees are kept as low as possible to meet our financial goal of breaking even. Our contractual commitments to the hotel require a guaranteed number of hotel rooms and banquet sales. Thank you for your support and your help in achieving our financial commitments.

IMPORTANT INFORMATION

- IWC is a CLOSED conference for women in AA, registrants only.
- Pre-registration ends Dec. 31, 2022, or when full
- Late registration begins Jan. 1, 2023
- No refunds after Dec. 31, 2022
- **Onsite registration by cash, Zelle, and credit cards only; no checks**
- Maximum banquet occupancy is 1,500
- Screening room for up to 700 is provided for overflow
- No Pets – Only service dogs allowed at conference
- **Badges must be worn at all times**
- Childcare is NOT provided
- The 59th International Women's Conference is not responsible for loss of personal items or any personal injury

59th IWC Dallas
PO Box 293013
Lewisville, TX 75029-3013



THE 59TH
INTERNATIONAL WOMEN'S
CONFERENCE
February 16 – 19, 2023



The Language of the **Heart**
Will Be Spoken Here

Being held at
The Renaissance Dallas Addison
15201 Dallas Pkwy, Addison, TX 75001
(972-386-6000)

REGISTRATION FORM

Register on-line by JAN 18, 2023 at:

<https://internationalwomensconference.org/>

Name: _____

Name on Badge: _____

Address: _____

City: _____ State _____ Zip _____

Phone: _____ Sobriety Date: _____

Email: _____

WOULD YOU LIKE TO BE OF SERVICE? YES: _____

DO YOU HAVE A SPECIAL NEED THAT MAY IMPACT YOUR ENJOYMENT OF THE CONFERENCE? YES: _____

Contact: SpecialNeeds59iwcDallas@gmail.com

*TOURS AND EXCURSIONS

TOUR 1: A private tour of NorthPark Center / Dallas's Top Shopping Destination. Filled with museum-quality artworks and extraordinary landscaping. NorthPark is home to 200 retailers, including luxury boutiques, trend-setting brands, restaurants, and movie theatres., NorthPark is a shopping experience unlike any other. **Thursday 10am-2pm**

NorthPark Center Private Tour: 4 hours long

TOUR 2: This 125-acre venue is one of the most popular stops in Fort Worth and is home to the world's only LONG HORN CATTLE DRIVE. Visit the Stockyard Museum, Texas Cowboys Hall of Fame, and the newly renovated Mule Alley, plus lots of fun places for shopping and eating. **Saturday 10am-3pm (Cattle Drive 11:30am)**

Fort Worth Stockyard Tour: 5 hours long

*Tours/Excursions are subject to a minimum number of 30 participants and participants will be required to sign a liability waiver.

59th IWC DALLAS VIRTUAL INFORMATION ON WEBSITE
<https://internationalwomensconference.org/>

REGISTRATION

Pre-Registration (Ends 12/31/2022)	\$50.00
Late Registration (Begins 01/01/2023)	\$60.00
Virtual Conference	\$10.00

ALL Meals Include **Vegan Options

Friday Night Dinner	\$70.00
Saturday Night Dinner	\$80.00
Sunday Morning Buffet	\$55.00

**Indicate Vegan

SOUVENIRS

Check Out & Purchase on our Website:

Circle Size and Indicate Option	
Short Sleeved T-Shirt S M L XL	\$20.00
Short Sleeved T-Shirt 2X 3X 4X	\$23.00
Long Sleeved T-Shirt S M L XL	\$22.00
Long Sleeved T-Shirt 2X 3X 4X	\$25.00
Coffee Mug	\$12.00
Phone Wallet	\$15.00

TOURS

Tour 1: NorthPark Center Private Tour	\$35.00
Tour 2: Fort Worth Stockyard	\$40.00

CONTRIBUTIONS

Contribution to a Scholarship \$ _____

TOTAL ENCLOSED \$ _____

CHECKS PAYABLE TO: **59th IWC Dallas**

There will be a \$25.00 charge for insufficient funds
Credit Card Fee 3.49% plus 10 cents

Mail Registration Forms and Payment To:

59th IWC Dallas
PO Box 293013
Lewisville, TX 75029-3013

LODGING

Renaissance Dallas Addison
15201 Dallas Parkway, Addison, TX 75001-4609
(972-386-6000)

***IWC Reservation special rate - \$182+taxes
Begins March 1, 2022
Ends Jan 18, 2023***

*Room Rate (single & up to 4 persons)
**Hotel will charge a one-night, non-refundable deposit
***Mention 59th IWC Dallas for the hotel room rate
All reservations require a valid credit card to hold your room reservation
Check In: 3:00pm Check Out: 11:00am

AIRPORTS

DALLAS HAS 2 CONVENIENT AIRPORTS
(DFW) Dallas/Ft. Worth International
19 miles to Renaissance Hotel in Addison, TX
(DAL) Dallas Love Field
11 miles to Renaissance Hotel in Addison, TX

GROUND TRANSPORTATION

Several transportation options are available from DFW or DAL to the Renaissance Hotel in Addison. For your convenience, below are their websites.
<https://www.lyft.com/rider>
<https://www.uber.com/>
<https://www.dart.org/>
<https://goairportshuttle.com/>

IWC CONTACTS

Dallas Chair: Terri O.
Chair59iwcDallas@gmail.com

Dallas Registration Chair:
Registrar59thiwcDallas@gmail.com

Dallas Treasurer: Rhonda M.
Treasurer59iwcDallas@gmail.com