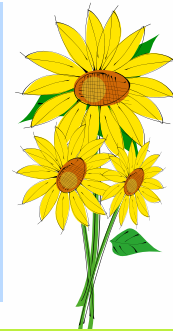


Mountain Doin's

JUNE
2022

828-254-8539
Central Office is still staffed
Monday-Friday - 10am-1pm
but not currently open to visitors.
Call or email if you have
any questions.
info@ncmco.net



Filling Up

by Paul L. - Columbus, OH

I was really steaming when I turned the car off and started to fill up my tank. Just then, I heard a lady on the other side of the pump ask me if I could help her.

I was sitting in an end-of-week staff meeting listening to a coworker making multiple excuses for some questionable actions he had been taking recently. And to make matters worse, he seemed to be getting away with it.

I had seen him bending and breaking work rules for several weeks, but I hadn't said anything, thinking that his actions would be found out eventually. But he was really making a large pile of manure now and I started to get angry. My anger just got worse the longer he went on.

The meeting ended and I got into my car, still mad as hell. One way I deal with anger is to just drive my car with no particular destination in mind. I just drive so I can focus on driving and not on my anger.

After a while, my low-fuel light came on and there happened to be a gas station just ahead. I quickly turned to go in, but my way was blocked by a fuel delivery truck in the entrance. There was traffic bearing down on me, so I had to cut through the grass to get out of the way.

I looked around and realized then that most of the gas pumps were shut off because of the fuel delivery, but there was one pump on the far side of the station still operating so I worked my way around to it. But now I had to turn around and back in to put the gas tank on the same side as the nozzle. I was really steaming when I turned the car off and started to fill up my tank.

Just then, I heard a lady on the other side of the pump ask me if I could help her. She spoke with a beautiful Jamaican accent, and she explained that the car she was driving wasn't hers and she didn't know how to open the fuel door.

I looked on the inside of her car door for a button. Nothing. I looked on the



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- 5** Mouth Closed Ears Open, Special Meetings & Events
- 6** The Service Express
- 7** Anniversaries

dashboard. Nothing. I checked by the driver's seat and still could not locate the switch to open the fuel door. I asked if she could call the car owner and ask where the switch was, but she said the owner was at a funeral and couldn't be reached. I apologized and suggested she search online to try and find it. She said she didn't know how to do that but would go inside the gas station and find someone to help her.

She had started walking toward the store when a thought came to me—the key ring. I asked her to check it to see if there was a button. She looked and pressed a button and the fuel door popped open! She threw her hands up, "Yay!" she said. I threw my hands up and I too said, "Yay!"

I finished filling up my car's tank and got in. Just as I was putting the key in the ignition, I noticed my anger was gone. Then—in a flash—I realized what had just happened. The whole episode, the staff meeting, the anger, the hassle getting into the station, the lady at the pump—it was all a setup. My Higher Power had let me go through this situation just to demonstrate that my real purpose in this life is to be of service to others. I was reminded that the only thing I can control is my response to events in this world. And when I do the "next right thing" my life is better and way more satisfying than when I just react negatively.

I drove out of that gas station with tears of joy streaming down my face. I chuckled and complimented my Higher Power on helping me cross paths with that angelic lady who helped pierce my anger and get my attention on what was actually important.

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June Grapevine now available!



Stories by Longtimers!

This month's featured section is "Stories by Longtimers!" Members share wonderful memories and experiences about living sober in AA for many years.

<https://www.aagrapevine.org/>



2022 Carry The Message Project



Grapevine and La Viña are Great Twelfth Step Tools!

Get your group, district, area or AA friends to join in.

Carry the Message, it's easy!

To learn more, visit the website:

<https://www.aagrapevine.org/carry-the-message>



Story Solicitation for Fifth Edition of the Book *Alcoholics Anonymous — Big Book*

In response to the 2021 General Service Conference Advisory Action requesting the development of a Fifth edition of the book *Alcoholics Anonymous*, the AA General Service Office trustees' Literature Committee is seeking a wide range of A.A. recovery experience of members in the Fellowship.

The trustees' Literature Committee is searching for recovery stories of A.A. members for possible inclusion in the Fifth Edition which are from a broad cross-section of our local communities. All stories are of value. It is the Literature Committee's shared hope that any new stories from current membership will help future alcoholics to identify and find recovery in the pages of a Fifth Edition.

Deadline for submissions: October 31, 2022

Online submission: <https://www.aa.org/submit-bigbook-english-5th>



See flyer at the end of the newsletter for more info.

Armed Forces Interview Project

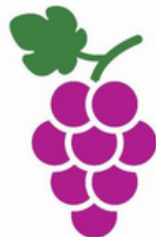


The Trustees' Committee on Cooperation with the Professional Community/Treatment and Accessibilities is seeking A.A. members in the U.S. and Canadian Armed Forces to discuss their experience, strength, and hope as sober members of A.A. in the military in recorded anonymity-

protected interviews. The goal of this effort is to improve A.A. outreach to members in the U.S. and Canadian military. Interested military members can volunteer or get more information about this project by writing to: militaryoutreach@aa.org

AA Grapevine's Podcast

Their new podcast, the AA Grapevine Half-Hour Variety Hour, can be heard anywhere you listen to podcasts. They release a new episode every Monday. Special features will enhance each episode.



AAGRAPEVINE
Half-Hour Variety Hour

<https://www.aagrapevine.org/podcast>



Call & Visitor Log April 2022

12 Step Calls - 7
General Info - 3
Family Help - 1
Meeting Info - 22
Central Office Business - 60
Medical/Detox - 0
Visitors - 0
After-hours Volunteers - 25 calls



Visits to aaNCMCO.org website:
Unique Visitors - 1,501
Total Visits - 2,437; Visits/Visitor - 1.62
Total Pages - 28,965; Pages/Visit - 11.9



COR/NCMCO Board Meeting

COR/Board meetings are held every other month on the odd-numbered months. The next combined meeting will be Thursday, **July 14, 6:00pm.**

It will again be via Zoom -
Meeting ID: 757 855 2319;
Passcode: 000000



All AA members are welcome to attend but only Group CORs may vote so we encourage your group to elect a COR. Your input is important to us!

For updated meeting information and Zoom link, check the website:

<https://aancmco.org/index.php/events/>



Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 4/30/2022

Prudent Reserve -
\$11,101.07

Operating Account -
\$22,814.51

Rent Deposit - \$400.00
Petty Cash - \$50.00

Profit & Loss YTD

	APR 2022	JAN - APR, 2022 (YTD)
Income		
Contributions		
Birthday Contributions		20.00
Group Contributions	3,353.38	11,734.79
Individual Contributions	135.69	887.67
Total Contributions	3,489.07	12,642.46
Interest on Money Market		
	0.91	3.64
Sales Income		
Literature & merchandise	2,238.09	6,559.48
Shipping charged to groups	28.50	160.72
Total Sales Income	2,266.59	6,720.20
Total Income	\$5,756.57	\$19,366.30
Cost of Goods Sold		
Freight - vendor shipping	16.30	80.54
Inventory Shrinkage	12.84	21.67
Literature & merchandise	1,829.15	5,157.01
Shipping to groups	28.50	161.35
Total Cost of Goods Sold	\$1,886.79	\$5,420.57
GROSS PROFIT	\$3,869.78	\$13,945.73
Expenses		
Computer, Software, IT Asst		
New Computer		1,950.92
Total Computer, Software, IT Asst		1,950.92
Copier Rental		
Copier - monthly fee	1,163.05	1,666.63
Total Copier Rental	1,163.05	1,666.63
Office Expenses		
Office Supplies	14.99	59.96
Office Supply items	79.98	112.56
Sales Tax on Supplies	6.30	6.30
Vendor Shipping	9.99	9.99
Total Office Supplies	96.27	128.85
PayPal Fee		
	12.83	64.08
Payroll Expenses		
Gross Salary (Including Taxes)	1,340.00	5,340.00
Payroll Taxes (Company)	102.52	408.55
Total Payroll Expenses	1,442.52	5,748.55
Rent		
	604.00	2,356.00
Telephone & Internet		
Office Telephone/Internet	129.98	519.92
Web Expenses		17.99
Total Telephone & Internet	129.98	537.91
Total Expenses	\$3,463.64	\$12,512.90
NET OPERATING INCOME	\$406.14	\$1,432.83
NET INCOME	\$406.14	\$1,432.83



Contributions

Group Contributions:	Apr 2022	YTD
Acceptance Group 122-477		\$613.42
Agnostics, Atheists & Freethinkers AA Group		\$1,200.00
As Bill Sees It-Brevard 374-290		\$50.00
As Bill Sees It Group 169-463		\$10.00
At Wit's End Group	\$257.78	\$257.78
Big Town Group 671-200	\$205.39	\$276.30
Black Mountain Lakeside Group of A.A.	\$85.00	\$85.00
Brevard Serenity Group 631-231		\$127.50
But for the Grace of God Group 629-162		\$22.00
Cashiers Valley Grp 122-589	\$168.82	\$558.55
Conscious Contact Group - Asheville		\$200.00
Daily Decisions 643-869		\$636.65
Day by Day Group 159-058	\$645.74	\$1,152.64
Early Bird Group 612-780		\$232.00
Fireside Group 655-046	\$125.00	\$312.50
Grace Group of Asheville 161-970		\$389.77
Happy Hour Group - Hendersonville 169-182		\$330.00
Hendersonville Men's Group		\$50.00
Hendersonville Women's BBSS 723-106		\$269.45
Joy of Living - Brevard 669-820		\$30.00
Live & Let Live - Forest City		\$50.00
Mars Hill Group 130-895		\$100.00
Marshall Group 100-489		\$150.00
Mission Group 606-119		\$46.00
Mountain View Group (Highlands) 110-598		\$86.09
Practicing Principles 667-311		\$76.34
Recovery by the River 674-892		\$215.13
Roundtable Group 135-605	\$150.00	\$150.00
Safe & Sound Group 645-654		\$213.43
Saturday Morning Men's Meeting		\$75.00
Serenity Service Group 110-498	\$335.00	\$766.00
Sober Sisters - Black Mtn		\$161.42
Sober Sisters - Flat Rock 725-094		\$192.00
Solutions Group 719-512	\$548.53	\$548.53
South Asheville Literature		\$70.50
Surrender Group - Black Mtn 660-428		\$50.00
The 164 Group	\$17.12	\$17.12
The Principles Group 675-162		\$100.00
Waynesville Grace Group 110-692		\$858.67
We Think Not Group 700-411		\$90.00
Women of Courage Group 688-025	\$750.00	\$750.00
Yet To Be Named Group		\$100.00
Young People's Group 645-646	\$65.00	\$65.00
Total Group Contributions:	\$3,353.38	\$11,734.79

Individual Contributions:	Apr 2022	YTD
Anonymous	\$12.69	\$47.13
Annie B.	\$3.00	\$3.00
Dagmar A.		\$200.00
Jill L.		\$50.00
Judy M.		\$40.00
Katherine H.	\$20.00	\$80.00
Kay G.	\$15.00	\$60.00
Margaret N.		\$50.00
Pam C.		\$5.32
Roland B.		\$12.22
Sandra S.	\$10.00	\$40.00
Shannon K.	\$25.00	\$100.00
Sheila D.	\$20.00	\$80.00
Wm "Pat" D.	\$20.00	\$80.00
In Memory of B.G.	\$10.00	\$40.00
Total Individual Contributions:	\$135.69	\$887.67

Birthday Contributions:	Apr 2022	YTD
Anonymous		\$0.00
Dennis		\$20.00
Total Birthday Contributions:	\$0.00	\$20.00
Mountain Doin's Subscriptions:		\$0.00
Total Contributions:	\$3,489.07	\$12,642.46

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - A.A. groups and individual members - for your generous support!

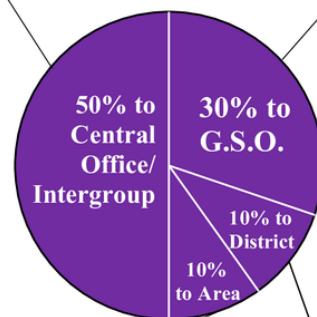
Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2021

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NOTE: New address as of December 2021 for sending contributions to GSO

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 7337
Kill Devil Hills, NC 27948

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906

Mouth Closed Ears Open

by Rachel P. - Oak View, CA

The ability to connect with others started by keeping my mouth shut and letting differing opinions and experiences into my consciousness.

While each AA meeting is free to run itself as it wishes, almost all meetings that I've attended over decades of sobriety discourage cross-talk. Had this not been the case, I may well have not gotten sober or remained sober.

Why not? Because the most glaring, pervasive character defect I came in with was self-centeredness. This, coupled with a lifelong tendency to isolate, would have kept me from the No. 1 gift/tool that the program provides me—a sense of belonging to something larger and wiser than myself—a human something.

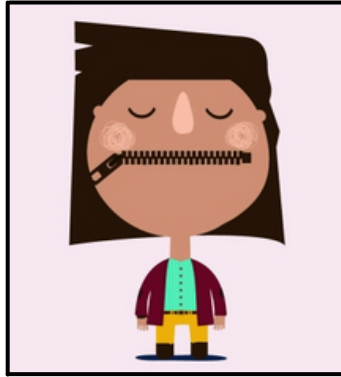
For me, the practice in AA of no cross-talk was essential because it allowed me the opportunity to actually listen to another human being without my highly honed critical, helpful, or plain judgmental skills to run interference between what you were revealing about yourself and how I perceived you.

Early on I heard that God speaks to us through other people, and while I was downright skeptical about God speaking directly to me, I could allow this idea into the realm of possibility (willingness to consider an idea prior to investigation!). At least I knew that most of the people in my meetings knew something about getting and staying sober that I didn't.

So the ability to connect with others (get out of my isolation)—which includes, I can/have to do it all myself—started passively by just keeping my mouth shut in the meeting and letting differing opinions and experiences into my consciousness. As I practiced this alien skill of mouth-closed, ears-open in the rooms, the process of letting other ideas in became more natural.

Then one day it happened that I found myself simply listening to someone, being aware of what I might say in response, but not feeling the necessity of doing so. This was a true revelation, a turning point in the gradual loosening of the grip of self-centeredness. Simultaneously the lessening of self-centeredness was also a lessening of my isolation from human society. As a trained biologist I've always known that all life on earth is interconnected. In AA I have come to sense a spirituality that is an expression of the connections between people.

AAs know that a willingness to open a door, even a little bit, allows a sliver of light to come in. And once the frozen hinge has been cracked, it becomes easier to open it wider. So it has been with me, as my isolation from being a part of human society is slowly melting away in these rooms. Thank you AA, in all your wondrous manifestations.



Special Meetings and Events

NOTE: For updates please check the specific event websites or <https://aancmco.org/index.php/events/>



70th Great Smoky Mountain Recovery Campout. June 2-5. Triple Creek Campground, 141 Lower Bogard Road, Newport, TN 37821. 432-465-3060. Call for reservations and tell them you are with Great Smoky Mountain Recovery Campout. See flyer for more details. If you have questions, email: gsmrc1986@gmail.com

Delegate's Report. Wednesday **June 8, 6:15pm.** Presentation and discussion of Area 51 Panel 72 Delegate's report from the 2022 General Service Conference, hosted by District 23. Zoom meeting ID: 868 7513 2277; passcode: 101423. <https://nc23.org/meetings/service-nerds/>



Founders' Day 2022 – 87th Anniversary of Alcoholics Anonymous. June 10-12. Akron, Ohio. See flyer for more details; to register, visit the website: <https://foundersday.org/>



District 71 Founders' Day Picnic. Sunday **June 12, 12noon-4:00pm.** Hamburgers, hot dogs and soft drinks provided; bring a dish or something to share. There will be an AA literature table and a special guest speaker. Picnic tables on site but extra chairs are always needed. Jackson Park, Hendersonville 28792 (Enter park at 801 4th Avenue East or the Glover Street Entrance. Come to #1 Shelter in park). See flyer.

District 80 Founders' Day Event. Sunday **June 12, 11:00am-4:00pm.** Drinks and snacks provided; bring your own lunch. Guest speakers, games and more. Macon County Rec Park – pavilion near tennis courts, 1288 Georgia Rd, Franklin, NC 28734. See flyer.

Area 51 Spring Committee and Assembly Meeting. June 17-19. Hilton Charlotte University Place, 8629 JM Keynes Dr, Charlotte NC 28262. See flyer for details and registration information or go to: <https://aancmco.org/wp-content/uploads/2022/04/2022-Spring-Assembly.pdf>
If you have questions, contact the Area Chair at chair@aanorthcarolina.org



75th NC State Convention. July 7-10. Hilton Raleigh North Hills, 3415 Wake Forest Road, Raleigh NC 27609. See flyer for more information or visit their website: <https://www.aanconvention.com/>



Beyond Language, Culture & Geography: Sobriety Within Everybody's Reach. North/South Virtual Special Forum about Remote Communities. Saturday **July 16, 11:00am to 7:00-pm EDT.** GSO invites you to join with them as they stretch the virtual hand of A.A. from Canada and the United States to the furthest reaches of South America. For more information see flyer. If you have any questions, please contact the Regional Forums desk at GSO at the following email/phone: northsouthconnections@aa.org - 212-870-3400

District 71 Movie Night! "Bill W. and Dr. Bob" - Saturday **August 6, 5:30pm.** St. Timothy United Methodist Church, 1020 Asheville Hwy, Brevard 28712. See flyer for more details.

SMAACC 8 (Southern Motorcyclists in Alcoholics Anonymous Camping Convention) **August 25-28.** NEW LOCATION: Fall Creek Falls State Park, Pikeville, TN 37367. See flyer for details and registration form.



Serenity in the Scenic City. August 26-28. DoubleTree by Hilton, 407 Chestnut St, Chattanooga, TN 37402. See flyer for details and registration form, or go to the website: <https://www.serenityinthesceniccity.org/>



NC Area 51 Conferences & Events: <https://aanorthcarolina.org>



GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/F-36_Box_4-5-9_Spring_2022.pdf



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **June 12, 2:30-3:30pm**, via Zoom - Meeting ID: 859 8609 7755; Passcode: 331263. For updates go to: <https://ashevilleaa.org/calendar/>

District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting. There are even more service opportunities than those listed here! Contact the committee chairs at the email addresses listed or through the website: <https://ashevilleaa.org/contacts/>

Accessibilities Committee – If anyone is interested in being a part of this committee, or has any questions on what Accessibilities does, they meet on the first Wednesday of the month on Zoom. Please reach out! Contact the Chairperson, Scott S., at accessibilitiescommittee@ashevilleaa.org

Archives Committee needs you! The Archives Committee wants AA members to help compile a complete list of group histories, record interviews with old-timers, and collect classic AA literature. It's fun AND it's service work! Contact the Chairperson, Stacy R., for more information at archives@ashevilleaa.org

CPC/PI Committee – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information" – chaired by George M. Contact him at cpc_pi@ashevilleaa.org. The CPC Committee visits schools, businesses, and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested.

Corrections Committee – The jails and prisons are beginning to allow volunteers in again. For information on how to get involved, contact Lee, the Women's Corrections Chair, at corrections_women@ashevilleaa.org. They are still looking for a new Men's Corrections Chair. If you are interested in this position, attend the next GSR meeting.

The **Buncombe County Detention Facility** has varying needs of support for AA meetings inside the jail. Here is a link for the volunteer application: <https://aanmco.org/wp-content/uploads/2020/07/Volunteer-App-2019.pdf>

Any AA member wanting to volunteer at BPDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization.

Literature and Grapevine Committee – They have a new chairperson for this committee – Maria E. She is seeking committee members! The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR meeting.

Treatment Facilities Committee – Joe L. is Committee Chair. Contact him at treatment@ashevilleaa.org to volunteer. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group.

"Bridging the Gap" (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in the facility make that transition from "inside" the program to life on the "outside". If you are interested, please contact the Bridging the Gap Chair, Matt M., or Co-chair, Jane M., at bridgingthegapasheville70@gmail.com. For more information on Bridging the Gap, visit the website: www.btgww.org

District 71

GSR Meeting – held on the 2nd Saturday of the month. District 71 will meet in person quarterly with the other two meetings monthly via Zoom. The next meeting will be in person Saturday, **June 11, 9:30am** at St. John in the Wilderness (in the Wilderness room), 1895 Greenville Highway, Flat Rock, NC 28739. Bring your own coffee! Check their website for meeting updates and links: <https://www.nc71.org/>

Transylvania County Jail and the Henderson County Detention Center are beginning to allow volunteers back in. Scheduling is in the works. There are also several committee positions that need filling. If you are interested in volunteering, please come to the next GSR meeting. For more information, contact Liz, the DCM, through the website: <https://www.nc71.org/contact>

District 80

GSR Meeting – held quarterly. The next meeting will be Sunday, **July 17, 1:00-4:00pm**. This will be a hybrid meeting with Zoom capability as well as a physical meeting place. Zoom Meeting ID: 820 4421 9650; Passcode: District80. The physical location will be Meridian Behavioral Health, 44 Bonnie Ln, Sylva, NC 28779. Park behind the building in the staff parking area and enter on the left side (facing rear of building). All interested A.A. members are welcome to attend. For more information go to their website: <http://aawnc80.com/events>

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, please contact Carl by calling or emailing Central Office: 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be Thursday, **July 14, 5:00pm**, and will be held virtually. The GoToMeeting ID is 543-513-261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

There is a lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80, there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. If you are interested in this service, call Central Office: 828-254-8539 or go to website: <https://aanmco.org/index.php/12th-step-call-volunteer/>

Combined COR/NCMCO Board meeting – The next meeting will be Thursday, **July 14, 6:00pm**, via Zoom - Meeting ID: 757 855 2319; Passcode: 000000. All AA members are welcome to attend but only Group CORs may vote.

For updated meeting information check the website: <https://aanmco.org/index.php/events/>

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District websites:

District 70: email registrar@ashevilleaa.org or use the form at <https://ashevilleaa.org/contacts/>

District 71: use the form at <https://www.nc71.org/meeting-change-form>

District 80: email webmaster@aawnc80.com

Happy Anniversary!

3 Legacies Group

Carol D. 6-16-2005 17 yrs

Acceptance Group

Michele F. 6-19-2015 7 yrs

Winn L. 6-30-1986 36 yrs

Around the Room Group

Tom H. 6-26-2009 13 yrs

Back to Basics Group - Weaverville

Bob P. 6-02-1992 30 yrs

Robert F. 6-03-1991 31 yrs

Dennis F. 6-06-2006 16 yrs

Barbara J. 6-14-1999 23 yrs

Carla B. 6-21-1984 38 yrs

Orlando H. 6-24-2019 3 yrs

Rick G. 6-26-1995 27 yrs

Jeanne J. 6-26-2019 3 yrs

Black Mountain Group

Matt M. 6-13-2018 4 yrs

Brevard Serenity Group

Gail H. 6-03-1986 36 yrs

Deborah B. 6-05-1993 29 yrs

Matt Mc. 6-14-2017 5 yrs

Joe G. 6-16-2003 19 yrs

Conscious Contact

Chris M. 6-02-2003 19 yrs

Beth C. 6-08-2016 6 yrs

Cumberland Group

Kris L. 6-01-2014 8 yrs

Toni D. 6-02-2013 9 yrs

Scott S. 6-04-1987 35 yrs

Daily Decisions Group

Andy B. 6-25-2010 12 yrs

Fellowship Group

Judy P. 6-06-2012 10 yrs

Tyler B. 6-06-2011 11 yrs

Rachel R. 6-07-1997 25 yrs

Jerry H. 6-08-2013 9 yrs

John W. 6-13-1981 41 yrs

Lisa S. 6-14-1998 24 yrs

Terence M. 6-14-2013 9 yrs

Jessica B. 6-23-2009 13 yrs

Jason B. 6-25-2010 12 yrs

Good Livers

Dave D. 6-04-1988 34 yrs

Sid 6-16-1978 44 yrs

Ed 6-24-1987 35 yrs

Caren B. 6-29-2020 2 yrs

Mary W. 6-30-1987 35 yrs

Grace Group

Hannah H. 6-05-2019 3 yrs

Zoe L. 6-10-2016 6 yrs

Will M. 6-12-2019 3 yrs

Nick R. 6-15-2017 5 yrs

Ray S. 6-16-2019 3 yrs

Mary Scott H. 6-18-1986 36 yrs

Rich S. 6-22-2012 10 yrs

Tyler N. 6-28-2007 15 yrs

Happy Hour Group

Beth D. 6-12-2011 11 yrs

Mary D. 6-16-1978 44 yrs

Michael M. 6-21-2018 4 yrs

Hendersonville Group

Marc B. 6-14-2003 19 yrs

Ruth O. 6-18-1978 44 yrs

Pat L. 6-22-1988 34 yrs

Paula O. 6-22-1989 33 yrs

Kevin W. 6-22-2020 2 yrs

Jess B. 6-23-2009 13 yrs

Val V. 6-30-1996 26 yrs

Lambda Group

Adam R. 6-01-2021 1 yr

Lana H. 6-02-2021 1 yr

Eric H. 6-07-2016 6 yrs

Micael P. 6-09-2021 1 yr

Brandon T. 6-19-2019 3 yrs

Leicester Group

Matt J. 6-22-1998 24 yrs

Library Group

Cathy C. 6-18-2018 4 yrs

Mars Hill Group

Rick G. 6-26-1995 27 yrs

Motley Crew/Columbus

Tina M. 6-05-2021 1 yr

Julie D. 6-07-2018 4 yrs

Out to Lunch Bunch

Bruce 6-03-1979 43 yrs

Dave D. 6-04-1988 34 yrs

Laura L. 6-12-2015 7 yrs

Vicki C. 6-21-2018 4 yrs

Eddie N. 6-25-1992 30 yrs

Tom H. 6-26-2009 13 yrs

Phoenix Group

Jessica B. 6-24-2010 12 yrs

Total Surrender Group

Phil S. 6-09-1995 27 yrs

Tyler P. 6-14-2021 1 yr

Waynesville Grace Group

Ann H. 6-06-1988 34 yrs

Bob O. 6-07-1984 38 yrs

Hawk R. 6-10-1988 34 yrs

Brenda F. 6-15-1987 35 yrs

Kent P. 6-25-1984 38 yrs

West Asheville Group

Masey 6-17-2020 2 yrs

Abigail N. 6-24-2020 2 yrs

Women of Principles

Gina A. 6-10-2010 12 yrs

Loretta B. 6-19-1987 35 yrs

Young People's Group

John L. 6-16-2007 15 yrs

Liam B. 6-22-2014 8 yrs

The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office - 828-254-8539 or send a new list to: info@ncmco.net

The July newsletter deadline for sending in anniversaries and announcements is June 15.



(They have great food too!)

Bowling



FRIDAYS @ SKY LANES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



WHERE?

Sky Lanes
1477 Patton Ave
Asheville

WHAT TIME?

Every Friday
at 1:30PM

HOW MUCH?

\$5 per game
\$3 shoe rental

**70th Great Smoky Mountain Recovery
Campout**

NEW LOCATION

Triple Creek Campground

141 Lower Bogard Road

Newport, TN 37821 423-465-3060

[Triple Creek Campground - Newport,
Tennessee](#)

CALL for reservation & tell them you are with
Great Smoky Mountain Recovery Campout

June 2-5, 2022

Open AA Meetings 11am & 8pm daily

Al-Anon Meetings Sat and Sun 9:30am

Saturday Night Speaker

@ 6:45pm Libby W, Gatlinburg

Meetings only open to campers at

Triple Creek

No Day Campers Please

For More info Contact gsmrc1986@gmail.com

Donna S 865-789-4653

No Pets Allowed in Meetings

AREA 51 - DISTRICT 23

W E D N E S D A Y

J U N E , 8 T H

6 : 1 5 P M

DELEGATE'S REPORT

RAINER L, A51 DELEGATE

THE DISTRICT 23 "SERVICE NERDS"
GROUP INVITES YOU TO A
PRESENTATION AND DISCUSSION OF
THE AREA 51 PANEL 72 DELEGATE'S
REPORT FROM THE 2022 GENERAL
SERVICE CONFERENCE

MEETING ID: 868 7513 2277

MEETING PASSWORD: 101423

[HTTPS://NC23.ORG/MEETINGS/SERVICE-NERDS/](https://nc23.org/meetings/service-nerds/)



QUESTIONS? EMAIL ALTD@NC23.ORG

District 71 Founders' Day Picnic

Sunday, June 12, 2022

12 noon – 4:00 pm

Jackson Park, Hendersonville, NC

(Enter park at 801 4th Avenue East or the Glover Street entrance. Come to #1 Shelter in park)

Join us for our 1st Annual Founders' Day Picnic for
a day of fellowship and fun!

Hamburgers & Hot dogs will be provided. Bring a dish or something to share

There will be an AA literature table set up

Special Guest Speaker

Picnic tables will be on site but extra chairs are always needed

If so inspired, bring a musical instrument, Frisbee or games to play

Hot dogs

Soft Drinks provided!

Hamburgers



Please no pets



FOUNDERS' DAY EVENT!



**OPEN
TO ALL**

DRINKS AND SNACKS
WILL BE PROVIDED
BRING YOUR OWN LUNCH
GUEST SPEAKERS
GAMES, FUN AND MORE...

WHERE

MACON COUNTY REC
PARK - PAVILLION NEAR
TENNIS COURTS
1288 GEORGIA RD
FRANKLIN NC

WHEN

SUNDAY JUNE 12TH
11AM - 4PM





Founders' Day Herald

87th Anniversary of Alcoholics Anonymous

June 10, 11, & 12, 2022 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour
Chaired by: Woody W.

A.A. Early Bird Meeting* • 3:00 p.m.

Sandra S. – Cleveland, OH
"She Faced a Hostile Universe Alone
Until A.A. Found Her"
Chaired by: Jerry C.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"Love and Tolerance"

A.A. Speaker Meeting* • 7:00 p.m.

Christina G. – Brecksville, OH
"Watch Well, Your Beginnings -
The Results Will Reveal Themselves"
Chaired by: Mary K.

A.A. Speaker Meeting* • 9:00 p.m.

Michael D. – Sioux Falls, SD
"We Work On Broken Souls in A.A., God
Can Fix A Broken Soul"
Chaired by: Scott T.

Junta en Español • 9:00 p.m. - 11:00 p.m.

Open Discussion
Chaired by: The Painesville Group

A.A. Alkathon • 11:30 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives

Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.

Debbie D. – Concord, CA
"Practicing Them In All My Affairs"
Chaired by: Aaron K.

A.A. Old Timers' Panel* • 10:30 a.m.

Topic: "Acceptance Is The Key"
Bob C. – Cleveland, OH
Chris H. – Parma, OH
Joe L. – Edmond, OK
Chaired by: Aaron K.

Reunión en Español • 11:00 a.m. - 1:00 p.m.

El Coordinador: Raymundo L. and
Alegria de Vivir Group

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Mike & Diane A.
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Tracy C.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"Love and Tolerance"

A.A. Speaker Meeting* • 2:00 p.m.

Dick D. – Hamilton, Ontario, CA
"Ain't It Great To Be Sober"
Chaired by: Woody W.

The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. – The Villages, FL
Chaired by: Jerry C.

A.A. Speaker Meeting* • 8:00 p.m.

Jay A. – Scarborough, Ontario, CA
"Optimistic"
UA Infocision Stadium**
Chaired by: Matt H.

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*

7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A
Chaired by: Mary K.

A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "When All Other Measures Fail,
Working With Another Alcoholic Just Might
Save The Day"
Rose L. – Cleveland, OH
Laura D. – Cleveland, OH
Melissa P. – Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting* 10:30 a.m.

Kenny D. – Seattle, WA
"His Story, The Spiritual Awakening"
Chaired by: Michael B.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.

Topic: "Double Winners/Doubly Blessed"
Maura D. – N. Attleboro, MA
Cary C. – Akron, OH
Patty M. – Concord, NC
Olin Hall
Chaired by: Marie E.

AL-ANON

SATURDAY ACTIVITIES

Alateen Panel • 10:30 a.m.

"Alateens Share Their Experience, Strength and Hope"
Olin Hall
Chaired by: Sara M.

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Mike & Diane A.
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Tracy C.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by

6:00 p.m. Saturday - NO EXCEPTIONS!

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room

Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.
Saturday 8:00 a.m. - 5:00 p.m.

CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER

**NO BASIC REGISTRATION REFUND.
\$30.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.

Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!

To register, go to: <https://foundersday.org/>



NORTH CAROLINA

General Service Committee

Chair
5429 Ingate Way
Raleigh, NC 27613
chair@aanorthcarolina.org

Secretary
PO Box 470275
Charlotte, NC 28247
secretary@aanorthcarolina.org

**DEADLINE FOR HOTEL
RESERVATIONS
May 13, 2022**

DATE: APRIL 20, 2022
TO: GSRs, Alternate GSRs, DCMs, Alternate DCMs, LCMs (Local Committee Members), Convention Chair and Alternate, Coordinators, Officers, Past Delegates and any other interested members!
SUBJECT: **Area 51 Spring Committee & Assembly Meeting June 17-19, 2022**

Area Inventory Saturday Night!!!!

Theme: "Growth is Inevitable"

Special Guest: Diana L., GSO Staff Member

Assembly Business Sessions, Area Inventory, Early Bird and Speaker Meeting
Literature, Grapevine, Corrections, Treatment, Accessibilities, CPC and PI Displays and workshops

Our Area Committee Meeting and Assembly will be held at the

Hilton Charlotte University Place, 8629 JM Keynes Drive, Charlotte, NC 28262

Hotel Reservations

Deadline for Reservations: Thursday, May 13, 2022
Group Code: NCGSC
Room Rates: \$125.00 Single/Double
Phone: 704-547-7444 or 800-445-8667 [1-800-HILTONS]
Internet: Link for direct reservations: <https://tinyurl.com/cbahryf4>
Internet: Link for hotel information: <https://tinyurl.com/ajjdundy>

For Best Results

- Call as soon as possible and definitely before the deadline. It's easier to cancel a reservation than to get one at the last minute.
- Please note: once the rooms in our block sell out, it's unlikely other rooms will be available in the hotel.
- **PLEASE MAKE YOUR RESERVATIONS EARLY!**
- Specify the group code "NCGSC".
- If possible, call the Hilton Charlotte University Place directly at 704-547-7444 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability please contact Denise M., the Area Chair, at chair@aanorthcarolina.org

Thank you for your service and support of Area 51. SEE YOU IN JUNE!

For more information and full list of Agenda Topics go to:
<https://aancmco.org/wp-content/uploads/2022/04/2022-Spring-Assembly.pdf>



75th North Carolina State Convention

July 7-10, 2022

Hilton Raleigh North Hills • 3415 Wake Forest Road • Raleigh, NC 27609

Speakers

- Nelson G, Lexington, KY
- Linda B, Waldorf MD
- Carolyn W, Oliver BC Canada
- Roy H, High Point, NC
- Tom Z, Durham NC
- Felix H, Wilmington NC

Workshops and more...

- ★ FREE Convention Mug to First 400 Pre-Registrants!
- ★ Old-Timers' Panel
- ★ Marathon Meetings
- ★ Open Discussion Meetings
- ★ Saturday Night Dance
- ★ Plenty of FREE Coffee

Hotel Reservations

Mention Group Code: **A51C**
 Room rate per night: \$132 + tax
 Phone: (919) 872-2323
 Ask for NC State Convention and/or group code **A51C** to make reservations.

Online:
www.NorthRaleigh.Hilton.com enter group code **A51C** where prompted.

Don't wait!...
 Hotel cut-off for Conference rate:
June 6, 2022

Convention Pre-Registration \$20.00/person

Pre-registration rate available until June 13, 2022, \$25.00 per person June 13, 2022 and after.
Al-Anons/Alateens 18 & under - No charge but must register.



Register online at www.aanconvention.com

For more information or for problems with hotel reservations, please email: aanconvention@gmail.com or call Elizabeth P. (919) 880-4026 or Alana E. (980) 230-9333

Consider buying a sponsorship for those less fortunate



75th North Carolina State Convention

Fill out and mail this form or register online at www.aanconvention.com

Name _____ Please print legibly

Address _____

City, State, Zip _____

Email _____

Telephone (____) _____ - _____ Sober Date (optional) _____

Name(s) for badge(s) _____ Please print _____ Please print

Do you have accessibility needs? _____

\$20.00 Special Rate before June 13, 2022
 June 13 and after \$25.00
Al-Anons/Alateens 18 & under: No charge but must register.

Make checks payable/mail to:
 NC Convention Committee
 PO Box 41451 • Raleigh NC 27629

Enclosed is \$ _____

for _____ registration(s)

Is this a sponsorship? Yes No

Preferred method of contact:
 Email Mail

If you are willing to be a volunteer, please check here:

JULY 8 - 10, 2022

UNITY & SERVICE

An A.A. Conference Focused on
Applying the 12 Traditions & 12
Concepts in All Our Affairs

**ATTEND IN PERSON - \$45 REGISTRATION
OR ONLINE - \$35 SUGGESTED REGISTRATION**

**THE HILTON - CONCORD, CA
SPECIAL HOTEL ROOM RATES**

FRIDAY NIGHT MEET & GREET NACHO BAR
SATURDAY NIGHT SPEAKER BANQUET
SUNDAY CONCEPTS BREAKFAST
ADDITIONAL FEE FOR MEAL OPTION EVENTS



**SPACE IS LIMITED!
REGISTER TODAY
SCAN CODE OR VISIT:**

WWW.UNITYANDSERVICECONFERENCE.ORG

info@unityandserviceconference.org
(925) 222-5639



SPEAKERS

LINDA CHEZEM
CLASS A TRUSTEE, GSB CHAIR

JIMMY D.
AA MEMBER RIGHTS &
RESPONSIBILITIES
Dallas, TX

CHUCK & BETH H.
3 LEGACIES IN RELATIONSHIPS
Destin, FL

REILLY K.
12 CONCEPTS
Winston, OR

KAREN C.
SPONSORSHIP
Oakland, CA

ANDREW S.
Marin, CA

**WITH AL-ANON
PARTICIPATION**

More speakers to be announced...

Presented by
the Love & Service Group of A.A.

Please direct all
communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

March 11, 2022

Beyond Language, Culture & Geography: Sobriety Within Everybody's Reach

North/South Special Forum about Remote Communities

We invite you to join with us as we stretch the virtual hand of A.A. from Canada and the United States to the furthest reaches of South America, on Saturday July 16, 2022, from 11:00am to 7:00-pm EDT.

Please see the attached Flyer and memo regarding the Special Forum.

If you have any questions, please contact the Regional Forums desk at GSO at the following email/phone: northsouthconnections@aa.org 212-870-3400

James H.

James H.
Regional Forums
GSO Staff
GSO U.S./Canada

ARGENTINA

CANADA

UNITED STATES

CHILE

SAVE THE DATE

“Beyond Language, Culture and Geography: Sobriety Within Everybody's Reach.”

Alcoholics Anonymous®
North/South
Virtual Special Forum
about Remote Communities

Interpretation available in English, French and Spanish.
The event will be open to all members.
Registration and agenda information to follow.

Saturday, July 16, 2022



Please direct all
communications to:

Grand Central Station,
P.O. Box 459,
New York, NY 10163
Fax: (212) 870-3003

***Beyond Language, Culture &
Geography: Sobriety Within
Everybody's Reach***

**North/South Special Forum about Remote
Communities**

We invite you to join with us as we stretch the virtual hand of A.A. from Canada and the United States to the furthest reaches of South America, on Saturday July 16, 2022, from 11:00am to 7:00-pm EDT.

Our Special Forum on July 16, co-ordinated by the US/Canada General Service Office, builds on the success of the first North/South Forum held in May 15 of 2021. Three AA service structures and four countries are involved in the planning, and we welcome our friends to the south, Argentina and Chile, as partners in the project. Members of the Fellowship in each of those countries face many of the same challenges as are faced in remote areas and communities of North America in terms of connecting to other A.A. members, other groups, their Areas and A.A. as a whole. This Special Forum opens the definition of "remote" to include the challenges of not just geography (which was the focus of the May event), but also of language and of culture.

The main objective is to bring members throughout our home "zone" together for direct sharing of experience, strength and hope.

There will be three, two-hour sessions, with topics being considered including "AA's Language of the Heart", "Hidden Communities: How Do We Find Them", and "Strengthening our Structure Through Connections". There will be Q & A sessions after every panel, as well as videos from all four of the participating partner countries. English, French and Spanish interpretation will be available.

As the topics are being developed, and the program is confirmed, we will be "speaker-seeking" throughout the US and Canada. We are also pleased that there will be broad opportunity to attend the event on July 16. We encourage everyone who can, to attend!

Registration and agenda information will be available on aa.org. If you have any questions in the meantime, please contact the Regional Forums desk at GSO at the following email/phone: northsouthconnections@aa.org 212-870-3400

The use of virtual technology is allowing us an unprecedented opportunity to share with our fellow members in a very profound way. We look forward to joining with you in extending the hand of AA up and down the shared degree of latitude between the north and the south.

District 71 Movie Night!

Bill W. and Dr. Bob

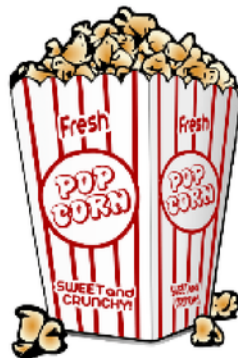
The Original 2007 Off-Broadway Production

By Stephen Bergman and Janet Surrey



Where: St. Timothy United Methodist Church
1020 Asheville Highway
Brevard, NC 28712

When: Saturday, August 6 @ 5:30PM



*Run time is 1:58 with 25 minute "talk-back session"


SMAACC 8

Southern Motorcyclists in Alcoholics Anonymous Camping Convention

AUGUST 26, 27 and 28, 2022

**NEW LOCATION: Fall Creek Falls State Park, Pikeville, TN 37367
(Newton Ford Bunk Group Lodge – off Hwy 284)**

The Newton Ford Bunkhouse sleeps 100 with separate areas for men and women.
Limited camp sites for tents and pop-ups in the open field near the bunkhouse.

Please contact us for more information - <http://smaacc.org/4.html> 

RV sites available through the TN State Park. 888-867-2757 or
<https://tnstateparks.com/parks/info/fall-creek-falls> 

Early Registration - \$45.00 Before July 31, 2022. After - \$55.00

Come on out; meet new friends; bring old friends.
Everyone Welcome! We have Speakers, Workshops, Marathon Meetings.

Registration includes meals: Friday night Supper; Saturday Breakfast, Lunch, Supper; Sunday Breakfast.

Friday Speaker – James B., Sparta, TN
Saturday speaker – Mike A., Nashville, TN
Sunday Speaker – Tom H., Rockford, IL

For information call or email:

Bill W: 815-601-6894; billw779@aol.com

Don R: donrush1952@yahoo.com

Mail to: S.M.A.A.C.C.
370 South Lowe Ave. Suite A
PO Box #242
Cookeville, TN 38501

Visit website: **SMAACC.org** 

Name _____

Address _____

City State Zip _____

E-Mail Address: _____

A.A. _____ AL-Anon _____ Other _____

Sobriety date: _____

Phone Number: _____ - _____ - _____

RECEIVE YOUR INFORMATION BY E-MAIL?

IF YES, PLEASE CHECK HERE _____

Would you like to volunteer? Yes _____ No _____ If yes, Phone Number: _____ - _____ - _____

Hearing impaired or other special needs?
(specify) _____

Pre-Registration: _____ \$45.00/ea.

Total: _____

NO CONFIRMATION OF YOUR REGISTRATION WILL BE SENT — NO REFUNDS

Please direct all
communications to:

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

STORY SOLICITATION

Fifth Edition of the Book *Alcoholics Anonymous* —Big Book

Deadline for submissions: October 31, 2022

Online submission: [aa.org/submit-bigbook-english-5th](https://www.aa.org/submit-bigbook-english-5th)



The Preface to the Second Edition of the Big Book explains that revisions to the personal history section of the book were made in order “to represent the current membership of Alcoholics Anonymous more accurately, and thereby to reach more Alcoholics.”

In that spirit, the 2021 General Service Conference recommended that “a Fifth Edition of the Big Book, *Alcoholics Anonymous*, be developed, including an update of stories to better reflect the current membership, keeping in mind the 1995 Advisory Action:

“The first 164 pages of the Big Book, Alcoholics Anonymous, the Preface, the Forewords, ‘The Doctor’s Opinion’, ‘Dr. Bob’s Nightmare’, and the Appendices remain as is.”

In response to the 2021 General Service Conference Advisory Action requesting the development of a Fifth edition of the book *Alcoholics Anonymous*, the trustees’ Literature Committee is seeking a wide range of A.A. recovery experience of members in the Fellowship.

The trustees’ Literature Committee is searching for recovery stories of our members for possible inclusion in the Fifth Edition which are from a broad cross-section of our local communities, all stories are of value. As Bill writes on page 29 of the book *Alcoholics Anonymous*: “Our hope is that many alcoholic men and women, desperately in need, will see these pages, and we believe that it is only by fully disclosing ourselves and our problems that they will be persuaded to say, ‘Yes, I am one of them too; I must have this thing.’”

It is the Literature Committee’s shared hope that any new stories from our current membership will help future alcoholics to identify and find recovery in the pages of a Fifth edition.

The suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of the submission. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not. Stories will be accepted in English, French or Spanish. If you have any questions, please write to 5BBStory@aa.org

Instructions for submitting your manuscript:

Deadline: Please submit on or before October 31, 2022.

Online: aa.org/submit-bigbook-english-5th 

Email: 5BBStory@aa.org

Subject Line: Fifth Edition of the Book *Alcoholics Anonymous*

Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163

On the envelope: The word "5th Edition BB" should be written on the envelope and at the top of the first page of the manuscript.

Thank you to all who are participating in this process!