

Mountain

MAY 2022

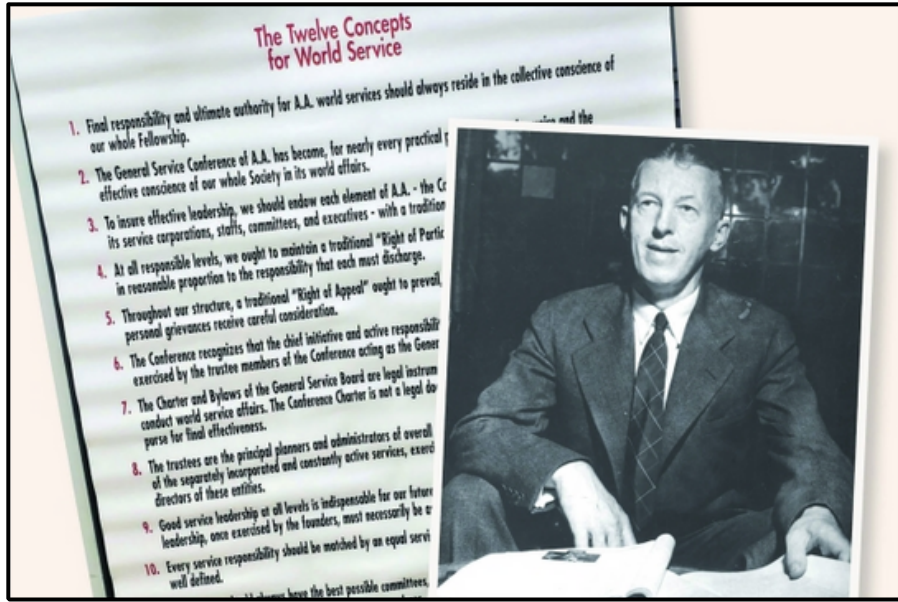
Doins

828-254-8539
 Central Office is still staffed
 Monday-Friday - 10am-1pm
 but not currently open to visitors.
 Call or email if you have
 any questions.
info@ncmco.net



We Celebrate Our 12 Concepts

*60 wonderful years of love, tolerance, patience
 and decision-making*



AA Cofounder Bill W. (pictured above) first introduced the concepts as “principles” at the 1956 General Service Conference. Yet undefined as “concepts,” he suggested that these principles had already been unconsciously practiced in the Fellowship. In his address to the Conference he said:

“So I now offer you four principles that might someday permeate all of AA’s services, principles which express tolerance, patience and love of each other; principles which could do much to avert friction, indecision and power-driving. These are not really new principles; unconsciously we have been making use of them right along. I simply propose to name them, and if you like them, their scope and application can, over coming years, be fully defined. Here are the words for them: petition, appeal, participation and decision.”

In the following year, Bill further elaborated other aspects of these principles; eventually all were incorporated into what became our Twelve Concepts. In 1960, he introduced the Twelve Concepts to the General Service Conference for the first time. In a letter to Dr. Jack Norris dated November 28, 1960, Bill disclosed his plans to publish the Twelve Concepts, following adequate Trustee and Conference representation. He wrote, “... they should be published as a paperback reference manual, with the Third Legacy Manual included in the book.”

Bill worked on the Concepts for about three years before finally submitting them to the Conference in 1962. The Twelve Concepts were eventually accepted in 1962 after several hours of “vigorous and frequently

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impassioned discussion.” The 1962 Conference Report noted that the delegates accepted “Bill’s long-awaited manuscript on ‘Twelve Concepts for World Service’ and recommended that it be distributed initially as a supplement to, and eventually as an integral part of, the Third Legacy Manual.”

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Want to Learn More About the Concepts?
 Read all about them! The AA Service Manual/Twelve Concepts for World Service (above) has recently had a beautiful redesign and is available at <https://www.aa.org/aa-service-manualtwelve-concepts-world-services> or your local Central Office/Intergroup.

(Note: Call or email Central Office: 828-254-8539; info@ncmco.net. The new Service Manuals are in stock!)

May Grapevine now available!



This month's featured section is
"60th Anniversary of the Concepts"
Members celebrate the anniversary with stories
of experience with AA's Twelve Concepts
for World Service.

<https://www.aagrapevine.org/>



Armed Forces Interview Project



The Trustees' Committee on Cooperation with the Professional Community/Treatment and Accessibilities is seeking A.A. members in the U.S. and Canadian Armed Forces to discuss their experience, strength, and hope as sober members of A.A. in the military in recorded anonymity-

protected interviews. The goal of this effort is to improve A.A. outreach to members in the U.S. and Canadian military. Interested military members can volunteer or get more information about this project by writing to: militaryoutreach@aa.org

AA Grapevine's Podcast

Their new podcast, the AA Grapevine Half-Hour Variety Hour, can be heard anywhere you listen to podcasts. They release a new episode every Monday. Special features will enhance each episode.



AAGRAPEVINE
Half-Hour Variety Hour

<https://www.aagrapevine.org/podcast>



2022 Carry The Message Project



Grapevine and La Viña are
Great Twelfth Step Tools!

Get your group, district, area
or AA friends to join in.

Carry the Message, it's easy!



To learn more, visit the website:

<https://www.aagrapevine.org/carry-the-message>

AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801 or emailed to: info@ncmco.net

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!

Call & Visitor Log March 2022

12 Step Calls - 0
General Info - 1
Family Help - 1
Meeting Info - 24
Central Office Business - 66
Medical/Detox - 0
Visitors - 0
After-hours Volunteers - 17 calls

Visits to aaNCMCO.org website:
Unique Visitors - 1,508
Total Visits - 2,747; Visits/Visitor - 1.82
Total Pages - 25,442; Pages/Visit - 9.26



COR/NCMCO Board Meeting

COR/Board meetings are held every other month on the odd-numbered months. The next combined meeting will be Thursday, **May 12, 6:00pm.**

It will again be via Zoom - Meeting ID: 757 855 2319; Passcode: 000000

All AA members are welcome to attend but only Group CORs may vote.

At the meeting we will be continuing the discussion of how to use extra funds left over from last year. If your group has any suggestions please contact Central Office prior to the May 12 meeting: (828) 254-8539; info@ncmco.net

For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

Where to Find Meetings

Printable In-person Meeting Guide

Meetings in all 3 Districts

Meetings in District 70

Meetings in District 71

Meetings in District 80

Cash on Hand as of 3/31/2022

Prudent Reserve -
\$11,100.16

Operating Account -
\$22,525.36

Rent Deposit - \$400.00
Petty Cash - \$50.00

Profit & Loss YTD

	MAR 2022	JAN - MAR, 2022 (YTD)
Income		
Contributions		
Birthday Contributions		20.00
Group Contributions	1,359.32	8,381.41
Individual Contributions	423.93	751.98
Total Contributions	1,783.25	9,153.39
Interest on Money Market	0.94	2.73
Sales Income		
Literature & merchandise	1,530.78	4,321.39
Shipping charged to groups	47.18	132.22
Total Sales Income	1,577.96	4,453.61
Total Income	\$3,362.15	\$13,609.73
Cost of Goods Sold		
Freight - vendor shipping	28.21	64.24
Inventory Shrinkage		8.83
Literature & merchandise	1,181.77	3,327.86
Shipping to groups	47.18	132.85
Total Cost of Goods Sold	\$1,257.16	\$3,533.78
GROSS PROFIT	\$2,104.99	\$10,075.95
Expenses		
Computer, Software, IT Asst		
New Computer	212.93	1,950.92
Total Computer, Software, IT Asst	212.93	1,950.92
Copier Rental		
Copier - monthly fee	168.74	503.58
Total Copier Rental	168.74	503.58
Office Expenses		
Office Supplies	14.99	44.97
Office Supply items		32.58
Total Office Supplies		32.58
PayPal Fee	22.21	51.25
Payroll Expenses		
Gross Salary (Including Taxes)	1,340.00	4,000.00
Payroll Taxes (Company)	102.52	306.03
Total Payroll Expenses	1,442.52	4,306.03
Rent	584.00	1,752.00
Telephone & Internet		
Office Telephone/Internet	129.98	389.94
Web Expenses		17.99
Total Telephone & Internet	129.98	407.93
Total Expenses	\$2,575.37	\$9,049.26
NET OPERATING INCOME	\$ -470.38	\$1,026.69
NET INCOME	\$ -470.38	\$1,026.69

Contributions

Group Contributions:	Mar 2022	YTD
Acceptance Group 122-477	\$613.42	\$613.42
Agnostics, Atheists & Freethinkers AA Group		\$1,200.00
As Bill Sees It-Brevard 374-290		\$50.00
As Bill Sees It Group 169-463		\$10.00
Big Town Group 671-200		\$70.91
Brevard Serenity Group 631-231		\$127.50
But for the Grace of God Group 629-162	\$22.00	\$22.00
Cashiers Valley Grp 122-589		\$389.73
Conscious Contact Group - Asheville	\$200.00	\$200.00
Daily Decisions 643-869		\$636.65
Day by Day Group 159-058		\$506.90
Early Bird Group 612-780		\$232.00
Fireside Group 655-046		\$187.50
Grace Group of Asheville 161-970		\$389.77
Happy Hour Group - Hendersonville 169-182		\$330.00
Hendersonville Men's Group	\$50.00	\$50.00
Hendersonville Women's BBSS 723-106		\$269.45
Joy of Living - Brevard 669-820		\$30.00
Live & Let Live - Forest City		\$50.00
Mars Hill Group 130-895		\$100.00
Marshall Group 100-489	\$150.00	\$150.00
Mission Group 606-119		\$46.00
Mountain View Group (Highlands) 110-598		\$86.09
Practicing Principles 667-311		\$76.34
Recovery by the River 674-892		\$215.13
Safe & Sound Group 645-654	\$58.90	\$213.43
Saturday Morning Men's Meeting	\$75.00	\$75.00
Serenity Service Group 110-498		\$431.00
Sober Sisters - Black Mtn		\$161.42
Sober Sisters - Flat Rock 725-094		\$192.00
South Asheville Literature		\$70.50
Surrender Group - Black Mtn 660-428		\$50.00
The Principles Group 675-162	\$100.00	\$100.00
Waynesville Grace Group 110-692		\$858.67
We Think Not Group 700-411	\$90.00	\$90.00
Yet To Be Named Group		\$100.00
Total Group Contributions:	\$1,359.32	\$8,381.41

Individual Contributions:	Mar 2022	YTD
Anonymous	\$3.93	\$34.44
Dagmar A.	\$200.00	\$200.00
Jill L.	\$50.00	\$50.00
Judy M.		\$40.00
Katherine H.	\$20.00	\$60.00
Kay G.	\$15.00	\$45.00
Margaret N.	\$50.00	\$50.00
Pam C.		\$5.32
Roland B.		\$12.22
Sandra S.	\$10.00	\$30.00
Shannon K.	\$25.00	\$75.00
Sheila D.	\$20.00	\$60.00
Wm "Pat" D.	\$20.00	\$60.00
In Memory of B.G.	\$10.00	\$30.00
Total Individual Contributions:	\$423.93	\$751.98

Birthday Contributions:	Mar 2022	YTD
Anonymous		\$0.00
Dennis		\$20.00
Total Birthday Contributions:	\$0.00	\$20.00
Mountain Doin's Subscriptions:	\$0.00	\$0.00
Total Contributions:	\$1,783.25	\$9,153.39

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - A.A. groups and individual members - for your generous support!

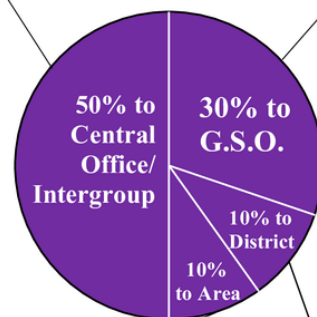
Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2021

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NOTE: New address as of December 2021 for sending contributions to GSO

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 7337
Kill Devil Hills, NC 27948

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906



Step Five Rewards

by Bob S., Richmond, IN

My Fourth Step inventory focused the light of truth onto unrealized driving forces of selfishness, dishonesty, resentment, and fear. It also provided certain necessary tools to *'face and be rid of'*



these newly discovered grosser handicaps (Great reward!) but still, countless other destructive little demons, of the grosser variety, lurked in some dark dank space deep inside. They freely frolicked in this invisible environment, happily protected from the Sunlight-Of-The-Spirit. It was as though they were protected under a very opaque umbrella, weaved with the fabric of the Twelve Steps: The grosser handicaps of selfishness, dishonest, resentment and fear.

My sponsor informed me that Step Five was to include a detailed revelation of these grosser defects of character and shortcomings. Those little demons and devils of conceit, jealousy, carelessness, intolerance, ill temper, and all the rest of it were about to be exposed - not only to my sponsor, but to GOD! Although my sponsor had not the power to close that umbrella, the Big Book tells me that God could and would if he were sought! (Those little fiends must have been trembling down there!) The sunlight of the Spirit was about to shine on those little demons - for they cannot survive in the sunlight of God's Truth!

The Fifth Step promises, on page 75 of the Big Book, tell us that we now begin to have a spiritual experience. Well, the realization that God is soon-to-remove the very things that blocked us from seeing and acting on the truth-in-drink indeed speaks to a radical inner transformation! I believe the main goal of this vital step is to allow us (me) to realize exactly what dominant inner forces have been blocking the truth-in-drink; only then will I know exactly what imperfections to ask God to remove in Steps Six and Seven.

It was very important that I acted before my mind decided to remember only what it wanted to remember. I believe that the Big Book timetable is very important here! We are told to do Step Four *'at once,'* Step Five at *'first opportunity,'* review for a short period and *'then'* (not later) do Step Six, go right into Step Seven *'when ready.'* Steps Five, Six and Seven are often referred to as the *"same-day steps."*

I am very happy that my sponsor, Carl, helped me close that umbrella via the Big Book directions. I haven't had a drink of booze since!

Special Meetings and Events

NOTE: For updates please check the specific event websites or <https://aancmco.org/index.php/events/>



Fireside Sobriety Circle Campout. May 5-8. Yogi in the Smokies Campground, Big Cove Road, Cherokee, NC. For more details see flyer or contact Herb by phone: 828-506-8563 or email: firesidesobriety@gmail.com

Camel 24 Club Spring Roundup. May 6-7. Formerly known as the Oak Island Lighthouse Retreat. In addition to speakers and fellowship, there will be golf, beach meditation, yoga, ice cream social, and barbecue. In appreciation for all the financial support from the recovery community and past retreat participants, there is no fee for this year, except for golf. Visit the website and RSVP for activities: <https://www.lighthouse-retreat.com/>



70th Great Smoky Mountain Recovery Campout. June 2-5. Triple Creek Campground, 141 Lower Bogard Road, Newport, TN 37821. 432-465-3060. Call for reservations and tell them you are with Great Smoky Mountain Recovery Campout. See flyer for more details. If you have questions, email: gsmrc1986@gmail.com

Founders' Day 2022 - 87th Anniversary of Alcoholics Anonymous. June 10-12. Akron, Ohio. See flyer for more details; to register, visit the website: <https://foundersday.org/>



Area 51 Spring Committee and Assembly Meeting. June 17-19. Hilton Charlotte University Place, 8629 JM Keynes Dr, Charlotte NC 28262. See flyer for details and registration information or go to: <https://aancmco.org/wp-content/uploads/2022/04/2022-Spring-Assembly.pdf> If you have questions, contact the Area Chair at chair@aanorthcarolina.org



75th NC State Convention. July 7-10. Hilton Raleigh North Hills, 3415 Wake Forest Road, Raleigh NC 27609. See flyer for more information or visit their website: <https://www.aanconvention.com/>



Beyond Language, Culture & Geography: Sobriety Within Everybody's Reach. North/South Virtual Special Forum about Remote Communities. Saturday July 16, 11:00am to 7:00-pm EDT. GSO invites you to join with them as they stretch the virtual hand of A.A. from Canada and the United States to the furthest reaches of South America. For more information see flyer. If you have any questions, please contact the Regional Forums desk at GSO at the following email/phone: northsouthconnections@aa.org - 212-870-3400

District 71 Movie Night! "Bill W. and Dr. Bob" - Saturday August 6, 5:30pm. St. Timothy United Methodist Church, 1020 Asheville Hwy, Brevard 28712. See flyer for more details.

NC Area 51 Conferences & Events: <https://aanorthcarolina.org>



GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/F-36_Box_4-5-9_Spring_2022.pdf



The Service Express

District 70

GSR Business Meeting – Usually held the 2nd Sunday of the month. The next meeting will be Sunday, **May 8, 2:30pm**, via Zoom – Meeting ID: 702 585 935; Passcode: 1. For updates go to: <https://ashevilleaa.org/calendar/>

District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs to find out how you can be of service. There are even more service opportunities than those listed here! Contact the Committee Chairs through the website: <https://ashevilleaa.org/contacts/>

Treatment Facilities Committee – Joe L is Committee Chair. Contact him at treatment@ashevilleaa.org to volunteer. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group.

"Bridging the Gap" (with treatment facilities) – This is a Temporary Contact Program, which is designed to help the alcoholic in the facility make that transition from "inside" the program to life on the "outside". If you are interested in volunteering for this service, please contact the Bridging the Gap Chair, Matt M, or Co-Chair, Jane M: bridgingthegapasheville70@gmail.com. For more information on Bridging the Gap, visit the website: www.btgww.org

Corrections Committee – At the moment, most jails and prisons are still not allowing volunteers in. However, Lee, the new Women's Corrections Chair, said a handful of AAs were able to go to the prison a couple weeks ago to get their blue cards. Those with cards are going to make a schedule to start taking in meetings. (Which prison was not specified.) For more information contact Lee through the District 70 website or at corrections_women@ashevilleaa.org

They are still looking for a new Men's Corrections Chair. If interested in this position, please attend the next GSR meeting.

The **Buncombe County Detention Facility** will have varying needs of support for AA meetings inside the jail, once meetings are allowed in again. Here is a link for the volunteer application: <https://aanmco.org/wp-content/uploads/2020/07/Volunteer-App-2019.pdf>

Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization.

CPC/PI Committee – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information" – chaired by George M. Contact him at: cpc_pi@ashevilleaa.org The CPC Committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested.

Literature and Grapevine Committee – They have a new chairperson for this committee – Maria E. She is seeking committee members! The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If interested in this position, attend the next GSR meeting.

District 71

GSR Meeting – held on the 2nd Saturday of the month. District 71 will meet in person quarterly with the other two meetings monthly via Zoom. The next meeting will be Saturday, **May 14, 9:30am**, via Zoom – Meeting ID: 839 998 9177; Passcode: 71. Check their website for meeting updates and links: <https://www.nc71.org/>

Transylvania County Jail and the Henderson County Detention Center are currently not allowing AA meetings to be taken into the facilities. Come to the GSR meeting to learn about other volunteer opportunities.

District 80

GSR Meeting – Held quarterly. The next meeting will be Sunday, **July 17, 1:00-4:00pm**. This will be a hybrid meeting with Zoom capability as well as a physical meeting place. Zoom Meeting ID: 820 4421 9650; Passcode: District80 The physical location will be Meridian Behavioral Health, 44 Bonnie Ln, Sylva, NC 28779. Use back entrance. Proceed into the parking lot and go behind the building to park in the staff parking area and enter on the left side (facing rear of building). For more information go to their website: <http://aawnc80.com/events>

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80, there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. If you are interested in this service call Central Office – 828-254-8539 – or go to website: <https://aanmco.org/index.php/12th-step-call-volunteer/>

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings every Monday and Wednesday at 6:00pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like more information about volunteering, please contact Carl by calling or emailing Central Office: 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be Thursday, **July 14, 5:00pm**, and will be held virtually. The GoToMeeting ID is 543-513-261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

Combined COR/NCMCO Board meeting – The next meeting will be Thursday, **May 12, 6:00pm**, via Zoom – Meeting ID: 757 855 2319; Passcode: 000000. All AA members are welcome to attend but only Group CORs may vote.

For updated meeting information check the website: <https://aanmco.org/index.php/events/>

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District websites:

District 70: email registrar@ashevilleaa.org or use the form at <https://ashevilleaa.org/contacts/>

District 71: use the form at <https://www.nc71.org/meeting-change-form>

District 80: email webmaster@aawnc80.com

Happy Anniversary!

Acceptance Group

Annie S.	5-05-2018	4 yrs
Ryan P.	5-19-2021	1 yr
Jennifer E.	5-26-2013	9 yrs
Jeff C.	5-27-2020	2 yrs
Jim S.	5-28	

Around the Room Group

Hugh H.	5-11-1978	44 yrs
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Back to Basics Group - Weaverville

Doug C	5-20-2014	8 yrs
Michaeline W.	5-28-1998	24 yrs

Brevard Serenity Group

Bunny F.	5-07-2014	8 yrs
Ana E.	5-13-2018	4 yrs
Karen C.	5-24-2014	8 yrs

Conscious Contact

Deidre	5-03-1976	46 yrs
Margaret E.	5-15-2015	7 yrs

Cumberland Group

John R.	5-03-2016	6 yrs
Rusty M.	5-10-1983	39 yrs
Tom H.	5-27-2006	16 yrs
Beth H.	5-28-2012	10 yrs

Daily Decisions Group

Corey F.	5-03-2017	5 yrs
Joyce W.	5-04-2014	8 yrs
Eric L.	5-28-2019	3 yrs

Fellowship Group

Walter T.	5-06-1978	44 yrs
Norman F.	5-08-1985	37 yrs
Raymond Y.	5-19-2010	12 yrs

Good Livers

Larry	5-01-2016	6 yrs
Christine G.	5-07-2000	22 yrs
Marianne K.	5-09-2011	11 yrs
Phillip K.	5-28-2011	11 yrs

Grace Group

James B.	5-01-2020	2 yrs
Erin C.	5-05-2017	5 yrs
Lisa S.	5-06-2019	3 yrs
Danny D.	5-08-2006	16 yrs
Arlie S.	5-12-2012	10 yrs
Heather W.	5-12-2020	2 yrs
Graham G.	5-15-2014	8 yrs
Ed H.	5-20-2005	17 yrs
Lorin K.	5-23-2019	3 yrs
Charles W.	5-24-1997	25 yrs
Mark T.	5-28-2019	3 yrs
Garrett C.	5-30-1993	29 yrs
Kerry S.	5-29-2009	13 yrs
Mike H.	5-30-2015	7 yrs
Sarah Mc.	5-30-2016	6 yrs

Happy Hour Group

Nancy K.	5-21-2019	3 yrs
Michael N.	5-24-2002	20 yrs
Nick	5-26-2018	4 yrs
Buzz H.	5-29-2008	14 yrs

Hendersonville Men's Group

David L.	5-07-1991	31 yrs
Gary C.	5-07-1992	30 yrs
Mike M.	5-13-2020	2 yrs
Linn B.	5-15-1996	26 yrs
David C.	5-23-2021	1 yr



Hey Girl, Surrender Group

Hope	5-19-2021	1 yr
Hannah M.	5-24-2020	2 yrs

Lambda Group

Brad B.	5-01-1996	26 yrs
Emily S.	5-04-2010	12 yrs
Gerri F.	5-09-2005	17 yrs
Sarah H.	5-10-2021	1 yr

Library Group

Michael B.	5-09-1986	36 yrs
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Marshall Group

Pete S.	5-15-1977	45 yrs
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Montford Storytellers Group

Dylan H.	5-05-2016	6 yrs
Jes H.	5-22-2012	10 yrs

Motley Crew/Columbus

Andrew D.	5-15-2014	8 yrs
Brock	5-28-1991	31 yrs

Phoenix Group

Roger D.	5-13-2001	21 yrs
Anny B.	5-17-1988	34 yrs

Practicing Principles Group

Paula B.	5-11-2001	21 yrs
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Serenity Seekers - Marion

Cheryl	5-08-1996	26 yrs
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Serenity Service Group

Eric C.	5-05-2017	5 yrs
Cecilia M.	5-20-2017	5 yrs

Total Surrender Group

Rick C.	5-02-2019	3 yrs
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Waynesville Grace Group

Sandy M.	5-02-1985	37 yrs
Marcia U.	5-02-1996	26 yrs
Chipper	5-05-1996	26 yrs
Cathy S.	5-06-1996	26 yrs
Marsha B.	5-10-1976	46 yrs
Madalyn S.	5-14-1976	46 yrs
DeVane W.	5-25-1985	37 yrs
Ruth G.	5-28-2014	8 yrs

The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge.

(Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes from G.S.O. are available for free at Central Office.

We also have envelopes for sending Birthday Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!



Need to update your Group's anniversary list? Call Central Office - 828-254-8539 or send a new list to: info@ncmco.net

The June newsletter deadline for sending in anniversaries and announcements is May 15.

(They have great food too!)

Bowling



FRIDAYS @ SKY LANES

Hang out with fellow AAs, bowl a game or two, and have some fun! Ask for Joyce or Jeanette at the counter.



WHERE?

Sky Lanes
1477 Patton Ave
Asheville

WHAT TIME?

Every Friday
at 1:30PM

HOW MUCH?

\$5 per game
\$3 shoe rental

FIRESIDE SOBRIETY CIRCLE



STRENGTH

KINDNESS

HONESTY

SHARING



CAMP OUT

May 5-8, 2022

***YOGI in the SMOKIES CAMPGROUND
BIG COVE ROAD, CHEROKEE, NC***

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS,
SPONSOR/ SPONSEES....and your POW WOW REGALIA..!

Contact: Herb W. at 828-506-8563 or firesidesobriety@gmail.com

Registration begins Thursday after the Sacred Fire is lit!

NO PETS in Food Serving/Eating Area, Pow Wow, or Sacred Fire Area

NO PETS AT TENT SITES

~AA/Al-Anon Speakers~
~Talking Circles~ Native Teachings
~Meetings, Meetings, Meetings~
~T-shirts/Long sleeve shirts~
~SOBRIETY Pow Wow~
~Sobriety Countdown~
"MUCH MORE"

PRE-REGISTRATION: \$55 per PERSON (kids under 10 are FREE, 11-12y/o \$15. and 13-18 \$20). \$60 at the Gate.

Price includes breakfast and dinner & tent/camper site for three (3) nights Lunch is on your own.

Early Registration ends May 3, 2022

NAME(S): _____

ADDRESS: _____

EMAIL(S): _____ / _____

PHONE #: H) _____ (C) _____ (C) _____

In Party: _____ Amount Enclosed: _____

Cut & Mail Registration Form by May 3rd
With Checks Made Payable to: Fireside Spring 2022

**FIRESIDE CIRCLE
C/O Herb Wachacha
PO Box 2015
Cherokee, NC 28719**

Camel 24 Club Spring Roundup



Appreciation Celebration

May 6 & 7, 2022

4805 Port Loop Road, Southport NC 28461

Since 1996 members of Alcoholics Anonymous and Al-Anon Family Groups have been coming to the coast of North Carolina where the Cape Fear River and the Atlantic Ocean merge. In early May we take a few days to reflect on our progress and recharge our serenity. Since the Pandemic, we have postponed twice. We are now back on for the spring of 2022 but at a new location! The new venue, the Camel 24 Club, will allow for better social distancing. Hence the new name.

In appreciation of the support from the recovery community during these trying times, there will be no fee. There is no registration, but to help us plan please sign up on the website lighthouse-retreat.com or email oiretreat@gmail.com to RSVP for events.

Schedule:

Friday May 6th

4:00 p.m. Guided meditation on Oak Island beach at McGlamery St. by Shannon D.

6:00 p.m. Speaker Tom K., Haymarket VA. Ice cream social to follow.

Saturday May 7th

10:00 a.m. Speaker Katy P., Oak Island NC.

Noon Golf outing at Oak Island Golf course (pay at the course).

Noon Yoga by Shannon D. at [Rebel Soul](#) studio 817 N Howe St. Unit 4

5:00 p.m. Social and games at the club.

6:00 p.m. Barbecue

7:00 p.m. Speaker Billy N., Buford GA.

For more information call Pat N. 804.921.3895 or visit the website lighthouse-retreat.com.

Donations will be accepted during the event. Donations can also be mailed to:

Camel 24 Club

PO Box 235

Oak Island, NC 28465



**70th Great Smoky Mountain Recovery
Campout**

NEW LOCATION

Triple Creek Campground

141 Lower Bogard Road

Newport, TN 37821 423-465-3060

[Triple Creek Campground - Newport,
Tennessee](#)

CALL for reservation & tell them you are with
Great Smoky Mountain Recovery Campout

June 2-5, 2022

Open AA Meetings 11am & 8pm daily

Al-Anon Meetings Sat and Sun 9:30am

Saturday Night Speaker

@ 6:45pm Libby W, Gatlinburg

Meetings only open to campers at

Triple Creek

No Day Campers Please

For More info Contact gsmrc1986@gmail.com

Donna S 865-789-4653

No Pets Allowed in Meetings



Founders' Day Herald

87th Anniversary of Alcoholics Anonymous

June 10, 11, & 12, 2022 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour
Chaired by: Woody W.

A.A. Early Bird Meeting* • 3:00 p.m.

Sandra S. – Cleveland, OH
"She Faced a Hostile Universe Alone
Until A.A. Found Her"
Chaired by: Jerry C.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"Love and Tolerance"

A.A. Speaker Meeting* • 7:00 p.m.

Christina G. – Brecksville, OH
"Watch Well, Your Beginnings -
The Results Will Reveal Themselves"
Chaired by: Mary K.

A.A. Speaker Meeting* • 9:00 p.m.

Michael D. – Sioux Falls, SD
"We Work On Broken Souls in A.A., God
Can Fix A Broken Soul"
Chaired by: Scott T.

Junta en Español • 9:00 p.m. - 11:00 p.m.

Open Discussion
Chaired by: The Painesville Group

A.A. Alkathon • 11:30 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives

Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.

Debbie D. – Concord, CA
"Practicing Them In All My Affairs"
Chaired by: Aaron K.

A.A. Old Timers' Panel* • 10:30 a.m.

Topic: "Acceptance Is The Key"
Bob C. – Cleveland, OH
Chris H. – Parma, OH
Joe L. – Edmond, OK
Chaired by: Aaron K.

Reunión en Español • 11:00 a.m. - 1:00 p.m.

El Coordinador: Raymundo L. and
Alegria de Vivir Group

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Mike & Diane A.
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Tracy C.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"Love and Tolerance"

A.A. Speaker Meeting* • 2:00 p.m.

Dick D. – Hamilton, Ontario, CA
"Ain't It Great To Be Sober"
Chaired by: Woody W.

The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. – The Villages, FL
Chaired by: Jerry C.

A.A. Speaker Meeting* • 8:00 p.m.

Jay A. – Scarborough, Ontario, CA
"Optimistic"
UA Infocision Stadium**
Chaired by: Matt H.

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*

7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A
Chaired by: Mary K.

A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "When All Other Measures Fail,
Working With Another Alcoholic Just Might
Save The Day"
Rose L. – Cleveland, OH
Laura D. – Cleveland, OH
Melissa P. – Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting* 10:30 a.m.

Kenny D. – Seattle, WA
"His Story, The Spiritual Awakening"
Chaired by: Michael B.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.

Topic: "Double Winners/Doubly Blessed"
Maura D. – N. Attleboro, MA
Cary C. – Akron, OH
Patty M. – Concord, NC
Olin Hall
Chaired by: Marie E.

AL-ANON

SATURDAY ACTIVITIES

Alateen Panel • 10:30 a.m.

"Alateens Share Their Experience, Strength and Hope"
Olin Hall
Chaired by: Sara M.

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.

Speakers - Mike & Diane A.
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Tracy C.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by

6:00 p.m. Saturday - NO EXCEPTIONS!

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room

Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.
Saturday 8:00 a.m. - 5:00 p.m.

CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER

**NO BASIC REGISTRATION REFUND.
\$30.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.

Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!

To register, go to: <https://foundersday.org/>



NORTH CAROLINA

General Service Committee

Chair
5429 Ingate Way
Raleigh, NC 27613
chair@aanorthcarolina.org

Secretary
PO Box 470275
Charlotte, NC 28247
secretary@aanorthcarolina.org

**DEADLINE FOR HOTEL
RESERVATIONS
May 13, 2022**

DATE: APRIL 20, 2022
TO: GSRs, Alternate GSRs, DCMs, Alternate DCMs, LCMs (Local Committee Members), Convention Chair and Alternate, Coordinators, Officers, Past Delegates and any other interested members!
SUBJECT: **Area 51 Spring Committee & Assembly Meeting June 17-19, 2022**

Area Inventory Saturday Night!!!!

Theme: "Growth is Inevitable"

Special Guest: Diana L., GSO Staff Member

Assembly Business Sessions, Area Inventory, Early Bird and Speaker Meeting
Literature, Grapevine, Corrections, Treatment, Accessibilities, CPC and PI Displays and workshops

Our Area Committee Meeting and Assembly will be held at the

Hilton Charlotte University Place, 8629 JM Keynes Drive, Charlotte, NC 28262

Hotel Reservations

Deadline for Reservations: Thursday, May 13, 2022

Group Code: NCGSC

Room Rates: \$125.00 Single/Double

Phone: 704-547-7444 or 800-445-8667 [1-800-HILTONS]

Internet: Link for direct reservations: <https://tinyurl.com/cbahryf4>

Internet: Link for hotel information: <https://tinyurl.com/ajjdundy>

For Best Results

- Call as soon as possible and definitely before the deadline. It's easier to cancel a reservation than to get one at the last minute.
- Please note: once the rooms in our block sell out, it's unlikely other rooms will be available in the hotel.
- **PLEASE MAKE YOUR RESERVATIONS EARLY!**
- Specify the group code "NCGSC".
- If possible, call the Hilton Charlotte University Place directly at 704-547-7444 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability please contact Denise M., the Area Chair, at chair@aanorthcarolina.org

Thank you for your service and support of Area 51. SEE YOU IN JUNE!

For more information and full list of Agenda Topics go to:
<https://aancmco.org/wp-content/uploads/2022/04/2022-Spring-Assembly.pdf>



75th North Carolina State Convention

July 7-10, 2022

Hilton Raleigh North Hills • 3415 Wake Forest Road • Raleigh, NC 27609

Speakers

- Nelson G, Lexington, KY
- Linda B, Waldorf MD
- Carolyn W, Oliver BC Canada
- Roy H, High Point, NC
- Tom Z, Durham NC
- Felix H, Wilmington NC

Workshops and more...

- ★ FREE Convention Mug to First 400 Pre-Registrants!
- ★ Old-Timers' Panel
- ★ Marathon Meetings
- ★ Open Discussion Meetings
- ★ Saturday Night Dance
- ★ Plenty of FREE Coffee

Hotel Reservations

Mention Group Code: **A51C**
 Room rate per night: \$132 + tax
 Phone: (919) 872-2323
 Ask for NC State Convention and/or group code **A51C** to make reservations.

Online:
www.NorthRaleigh.Hilton.com enter group code **A51C** where prompted.

Don't wait!...
 Hotel cut-off for Conference rate:
June 6, 2022

Convention Pre-Registration \$20.00/person

Pre-registration rate available until June 13, 2022, \$25.00 per person June 13, 2022 and after.
Al-Anons/Alateens 18 & under - No charge but must register.



Register online at www.aanconvention.com

For more information or for problems with hotel reservations, please email: aanconvention@gmail.com or call Elizabeth P. (919) 880-4026 or Alana E. (980) 230-9333

Consider buying a sponsorship for those less fortunate



75th North Carolina State Convention

Fill out and mail this form or register online at www.aanconvention.com

Name _____ Please print legibly

Address _____

City, State, Zip _____

Email _____

Telephone (____) _____ - _____ Sober Date (optional) _____

Name(s) for badge(s) _____ Please print _____ Please print

Do you have accessibility needs? _____

\$20.00 Special Rate before June 13, 2022
 June 13 and after \$25.00
Al-Anons/Alateens 18 & under: No charge but must register.

Make checks payable/mail to:
 NC Convention Committee
 PO Box 41451 • Raleigh NC 27629

Enclosed is \$ _____

for _____ registration(s)

Is this a sponsorship? Yes No

Preferred method of contact:
 Email Mail

If you are willing to be a volunteer, please check here:

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

March 11, 2022

Beyond Language, Culture & Geography: Sobriety Within Everybody's Reach

North/South Special Forum about Remote Communities

We invite you to join with us as we stretch the virtual hand of A.A. from Canada and the United States to the furthest reaches of South America, on Saturday July 16, 2022, from 11:00am to 7:00-pm EDT.

Please see the attached Flyer and memo regarding the Special Forum.

If you have any questions, please contact the Regional Forums desk at GSO at the following email/phone: northsouthconnections@aa.org 212-870-3400

James H.

James H.
Regional Forums
GSO Staff
GSO U.S./Canada

SAVE THE DATE

“Beyond Language, Culture and Geography: Sobriety Within Everybody's Reach.”

Alcoholics Anonymous®
North/South Virtual Special Forum about Remote Communities

Interpretation available in English, French and Spanish.
The event will be open to all members.
Registration and agenda information to follow.

Saturday, July 16, 2022

ARGENTINA CANADA UNITED STATES CHILE



Please direct all
communications to:

Grand Central Station,
P.O. Box 459,
New York, NY 10163
Fax: (212) 870-3003

***Beyond Language, Culture &
Geography: Sobriety Within
Everybody's Reach***

**North/South Special Forum about Remote
Communities**

We invite you to join with us as we stretch the virtual hand of A.A. from Canada and the United States to the furthest reaches of South America, on Saturday July 16, 2022, from 11:00am to 7:00-pm EDT.

Our Special Forum on July 16, co-ordinated by the US/Canada General Service Office, builds on the success of the first North/South Forum held in May 15 of 2021. Three AA service structures and four countries are involved in the planning, and we welcome our friends to the south, Argentina and Chile, as partners in the project. Members of the Fellowship in each of those countries face many of the same challenges as are faced in remote areas and communities of North America in terms of connecting to other A.A. members, other groups, their Areas and A.A. as a whole. This Special Forum opens the definition of "remote" to include the challenges of not just geography (which was the focus of the May event), but also of language and of culture.

The main objective is to bring members throughout our home "zone" together for direct sharing of experience, strength and hope.

There will be three, two-hour sessions, with topics being considered including "AA's Language of the Heart", "Hidden Communities: How Do We Find Them", and "Strengthening our Structure Through Connections". There will be Q & A sessions after every panel, as well as videos from all four of the participating partner countries. English, French and Spanish interpretation will be available.

As the topics are being developed, and the program is confirmed, we will be "speaker-seeking" throughout the US and Canada. We are also pleased that there will be broad opportunity to attend the event on July 16. We encourage everyone who can, to attend!

Registration and agenda information will be available on aa.org. If you have any questions in the meantime, please contact the Regional Forums desk at GSO at the following email/phone: northsouthconnections@aa.org 212-870-3400

The use of virtual technology is allowing us an unprecedented opportunity to share with our fellow members in a very profound way. We look forward to joining with you in extending the hand of AA up and down the shared degree of latitude between the north and the south.

District 71 Movie Night!

Bill W. and Dr. Bob

The Original 2007 Off-Broadway Production

By Stephen Bergman and Janet Surrey



Where: St. Timothy United Methodist Church
1020 Asheville Highway
Brevard, NC 28712

When: Saturday, August 6 @ 5:30PM



*Run time is 1:58 with 25 minute "talk-back session"

