

Central Office Open Positions

Unfortunately, the person we had hoped would become the new Board Treasurer starting in January is no longer able to fill that position. So, we are again looking for a new treasurer. Gratefully Angie, our current Treasurer, is willing to continue until we find someone.

And Hannah, the Mountain Doin's Editor, informed the Board that she will be moving out of the area in April so we are also looking for a new Editor to start as soon as possible so she can train the new person before she moves, though much could be done remotely.

Listed below are the responsibilities and requirements for each position. **If you are interested** in either position, please attend the

March 11 virtual COR/Board meeting.

Newsletter Editor

- Has overall responsibility for the monthly Mountain Doin's newsletter. (See below regarding purpose, content and distribution.) The editor may be reimbursed for publishing expenses.
- Attends Board and General Committee meetings as a voting member.
- Shall have at least three years of continuous sobriety.
- The suggested term will be three years.
- Purpose: Inform the Groups and members of information and events in all Districts in the service area of the Central Office.
 - Provide interesting and thought-provoking articles pertaining to the fellowship and the program of Alcoholics Anonymous.
 - Provide a platform for members to express their ideas and opinions.
 - Inform Groups and members of Central Office events and other information that benefits them
- Content: Monthly Central Office Financial Report
 - Anniversaries submitted by groups
 - Group contributions
 - Calendar of Group/District functions or Activities for the month and coming months
 - District information area to be used at each District's discretion
 - Contributions by individual members, Groups, and Districts including: articles, humor, upcoming events, reports of past events, any information thought important
 - Adheres to Central Office Policy on Anonymity
- Distribution:
 - Print (temporarily suspended during pandemic)
 - Electronic: Converted to Adobe PDF; uploaded to the website with the link e-mailed by Office Manager to each subscriber requesting electronic service, at no charge

828-254-8539

Central Office is still staffed Mon-Fri 10am-1pm but not currently open to visitors. Call or email with any questions. **info@ncmco.net**

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Treasurer (2-year term; beginning January 2021):

- Having charge and custody of all funds of Central Office.
- Accuracy of all financial records of Central Office.
- Receipts and disbursements as approved by the Central Office's various committees.
- Arranges for preparation and filing of all required tax returns.
- Prepares an annual financial report.
- Prepares monthly financial report and presents it to the Central Office Board and COR General Committee.
- Attends Central Office Board and General Committee meetings.
- Shall have at least five years' continuous sobriety at the time of taking office.

How ARE we "Self-Supporting?"

Revised for 2021

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.



<u>COR/NCMCO</u> Board Meeting

The next combined meeting will be Thursday, March 11, 6:00pm. It will again be via Zoom. All AA members are welcome to attend but only Group CORs may vote. We are in need of a new treasurer and Mountain Doin's Editor. For updated meeting information check the website: www.aaNCMCO.org. COR/Board meetings are held every other month on the oddnumbered months.

$\frac{\text{Cash on Hand}}{\text{as of } 1/31/2020}$

Prudent Reserve -\$11,087.30 Operating Account -\$16,254.29 Rent Deposit - \$400.00 Petty Cash - \$50.00



In-Person Meetings: All Districts

Online Meetings: District 70

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Online Meetings: District 71

Online Meetings: District 80



Profit & Loss YTD

	JAN 2021	JAN 2021 (YTD)
Income		
Contributions		
Birthday Contributions	48.32	48.32
Group Contributions	2,030.76	2,030.76
Individual Contributions	668.08	668.08
Total Contributions	2,747.16	2,747.16
Interest on Money Market	0.94	0.94
Sales Income		
Literature & merchandise	716.44	716.44
Shipping charged to groups	17.95	17.95
Total Sales Income	734.39	734.39
Total Income	\$3,482.49	\$3,482.49
Cost of Goods Sold		
Freight - vendor shipping	16.34	16.34
Literature & merchandise	581.85	581.85
Shipping to groups	15.50	15.50
Total Cost of Goods Sold	\$613.69	\$613.69
GROSS PROFIT	\$2,868.80	\$2,868.80
Expenses		
Copier Rental		
Copier - monthly fee	158.81	158.81
Total Copier Rental	158.81	158.81
Office Expenses	14.99	14.99
Office Supplies		
Office Supply items	9.62	9.62
Total Office Supplies	9.62	9.62
PayPal Fee	21.22	21.22
Payroll Expenses	3.50	3.50
Gross Salary (Including Taxes)	1,260.00	1,260.00
Payroll Taxes (Company)	103.95	103.95
Total Payroll Expenses	1,367.45	1,367.45
Rent	584.00	584.00
Stamps/Postage	2.90	2.90
Telephone & Internet		
Office Telephone/Internet	104.98	104.98
Total Telephone & Internet	104.98	104.98
Total Expenses	\$2,263.97	\$2,263.97
NET OPERATING INCOME	\$604.83	\$604.83
NET INCOME	\$604.83	\$604.83



CONTRIBUTIONS

	Jan 2021	YTD
Big Town Group 671-200	\$116.00	\$116.00
Cashiers Valley Grp 122-589	\$163.89	\$163.89
Cedar Mountain Group 161-082	\$100.00	\$100.00
Conscious Contact Group - Asheville	\$343.00	\$343.00
Day by Day Group 159-058	\$241.47	\$241.47
Serenity Service Group 110-498	\$50.00	\$50.00
Skyland Big Book Group 693-372	\$100.00	\$100.00
Sober Sisters - Flat Rock	\$120.50	\$120.50
Steps in Sobriety Group 728-947	\$42.90	\$42.90
Sunlight of the Spirit Group 727-048	\$183.00	\$183.00
Waynesville Grace Group 110-692	\$520.00	\$520.00
Women of Courage Group	\$50.00	\$50.00
Total Group Contributions:	\$2,030.76	\$2,030.76

Individual Contributions:

Anonymous	\$15.24	\$15.24
Charles M.	\$100.00	\$100.00
Chris M.	\$100.00	\$100.00
Dylan J.	\$9.83	\$9.83
Gerd S.	\$300.00	\$300.00
Jean R.	\$10.00	\$10.00
Jessica D.	\$10.00	\$10.00
Katherine H.	\$20.00	\$20.00
Kay G.	\$15.00	\$15.00
Kathleen L.	\$6.01	\$6.01
Shannon K.	\$25.00	\$25.00
Sheila D.	\$20.00	\$20.00
Shelley F	\$2.00	\$2.00
Wm "Pat" D.	\$20.00	\$20.00
William R.	\$5.00	\$5.00
In Memory of B.G.	\$10.00	\$10.00
Total Individual Contributions:	\$668.08	\$668.08

Birthday Contributions:

Anonymous	\$8.32	\$8.32	
Angie C	\$22.00	\$22.00	
Jill H.	\$18.00	\$18.00	
Total Birthday Contributions:	\$48.32	\$48.32	
Mountain Doin's Subscriptions:	\$0.00	\$0.00	
Grand Total	\$2,747.16	\$2,747.16	

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed

correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

Reminder Regarding Central Office

Ray S., Office Manager

As those of you who've visited Central Office know, it's about the size of a walkin closet. And it has about the same ventilation. So, to protect everyone involved, the board decided to close the office to visitors/ volunteers/ walk-ins until the situation clears up.

We are, however, open for business and have not stopped providing literature, chips, medallions, and what-not to members and groups. You can call (828-254-8539) or email (info@ncmco.net) an order and we'll pack it up for pickup outside the office door (70 Woodfin Pl., Ste 206). Or we'll ship it to you.

If your order is complicated or you need to look at things, we can arrange a FaceTime or Zoom shopping session. We can accept payment by check, PayPal (including charge cards), Venmo, or you can put the cash in an envelope and slip it through the mail slot. Please include an invoice number with any payments.

Thanks to everyone for their consideration.

-Ray S.



Hey! We all miss the conviviality, companionship, and colorful imagination (?) involved with celebrating sobriety at meetings. But times are what they are. And we're finding new ways to do happy, joyous, and free.

Know someone who's having an AAnniversary but can't attend face-to-face meetings? For \$5, we'll send them a greeting card with a medallion commemorating their years of sobriety. We'll even include your message on the card. Email: SPECIAL@aancmco.org for details

Announcement Regarding District 15 (Rutherford / Cleveland Counties)

A notice from Dale M., DCM, District 71.

Rick W., DCM for District 15 (2019-2020), faced a huge dilemma as his Trusted Servant position was coming to an end. Throughout his 2-year term he had a serious lack of support and participation. Additionally, there wasn't anyone willing to stand for the DCM position.

Instead of letting his district "go dark", Rick contacted Alison M., DCM, District 13 and me, Dale L., DCM District 71. He had a solution...to split his district, giving Rutherford County to D-71 and Cleveland County to D-13.

The Area voted on a simple process to implement a request such as Rick's last year. I am happy to report that this change has been completed. I know you all will join me in welcoming Rick and those AA members who will follow him to District 71 meetings. Alison and I applaud Rick for his very thoughtful decision which gives those few who still want to be involved in service the opportunity to do so.

Thank you for your service, Rick, and welcome to 71!

-Dale L.

Special Meetings and Events

***NOTE:** Many events are being cancelled. For the latest updates please check the specific event websites or Central Office:

Ongoing... District 71 Virtual Book Study. The AA Service Manual combined with The Twelve Concepts for World Service by Bill W. 2018-2020 Edition. Reflecting actions of the 2018 General Service Conference. Open to all AA members! 2nd and 4th Saturdays at 10:30 – 11:30 am. Zoom ID: 839 998 9177. See website for more information.

Safety in A.A. March 7, 2:00-3:30pm. A panel discussion about how to apply the traditions when dealing with predatory, disruptive, or intolerant behaviors. Presented by Districts 23 & 24, Area 51. Zoom meeting ID: 828 7178 5251; Passcode: 562418 (See flyer)

District 70 GSR Workshop. What is a GSR? What does a GSR do? Sunday March 14, 1:15-2:15pm (prior to regular monthly GSR Business Meeting) Zoom ID: 702 585 935: passcode: 1. See flyer for more information.

Freedom From Bondage Conference, which is normally scheduled for March, will not occur due to COVID restrictions. If conditions improve, they will try to have a shortened program later in the year. Keep checking the Area 51 website for updates:

13th Annual Spring Fling Convention - "We Are Responsible". April 23-25, St. Louis, MO. For registration information see website: https://springflingstl.com/

NC Area 51 Conferences and Events: www.aanorthcarolina.org

GSO in New York: www.aa.org

For events around the country and the world, as well as great articles and information, go to: www.aa.org and Box 459 Bulletin Board:











The Service Express

District 70:

GSR Business Meeting – Held the 2nd Sunday of the month. The next meeting will be Sunday, March 14th, via Zoom: 1:15-2:15pm GSR Workshop; 2:30-3:30pm GSR Business Meeting. The link is on the www.ashevilleaa.org calendar.



District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

Treatment Facilities Committee – Joe L. is Committee Chair. Contact him at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer:

"Bridging the Gap" (with treatment facilities) - If you are interested in this service, please contact the BTG Chair, Matt M, at

bridgingthegap@ashevilleaa.org.

A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: www.btgww.org

Corrections Committee – At the moment, no volunteers are permitted to go into the jails or prisons. Contact the Corrections Chairs through the District 70 website for updated information.

There is no Women's Chair at the moment; position needs to be filled. Men's Chair is David J. – contact at mens_corrections@ashevilleaa.org. Here is a link for the Corrections Committee flyer:

The **Buncombe County Detention Facility** has varying needs of support

for meetings inside the jail. Here is a new

application for volunteering at BCDF: Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization.

CPC/PI Committee – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested.

Here is a link for the CPC/PI Committee flyer:

Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at literature@ashevilleaa.org to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

District 71:

<u>GSR Meeting</u> – held on the 2nd Saturday of the month. The next meeting will be Saturday, March 13th, 9:30am via Zoom. Check their website for meeting updates and links: The District Service Committees meet in conjunction with the GSR meeting.

Transylvania County Jail and the Henderson County Detention Center are currently not allowing AA meetings to be taken into the facilities. Check the District 71 website for updates:

District 80:

<u>GSR Meeting –</u> held quarterly. The next meeting will be Sunday, April 18th, 1:30pm. It is currently scheduled to be a hybrid meeting with a physical meeting place as well as Zoom capability for those uncomfortable with inperson attendance. The physical location will be the Meridian Behavioral Health, 44 Bonnie Lane, Sylva. Check their website for meeting updates and links: All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office -

828-254-8539 – or check the website:

Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, has A.A. meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm, with one volunteer allowed in per meeting. If you would like information about volunteering, please contact Carl I. by calling or emailing Central Office – 828-254-8539; info@ncmco.net

<u>Murphy Intergroup Meeting</u> – held quarterly. The next meeting will be Thursday, April 8th, 5:00pm, and will be held virtually. The GoToMeeting ID is 543-513-261. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!



Happy Anniversaries

2nd Chance Group - CherokeeCarol L.3-12-200714 yrsAcceptance GroupElizabeth L3-01-200912 yrs

Acceptance Gro	Jup		
Elizabeth J.	3-01-2009	12 yrs	
Dave B.	3-29-1987	34 yrs	
Around the Roo	om Grp		
Bruce A.	3-15-1988	33 yrs	
At Wit's End Gr	oup		
Blake H.	3-07-2015	6 yrs	
Jacob L.	3-07-2007	14 yrs	
Danny	3-11-2014	7 yrs	
Back to Basics	Group - We	averville	
Susan S.	3-02-1995	26 yrs	
Wally H.	3-22-1994	27 yrs	
Stephen M.	3-27-1983	38 yrs	
Kelly B.	3-28-2014	7 yrs	
Black Mountain	Group		
Graham D.	3-15-2019	2 yrs	
Malena P.	3-20-2019	2 yrs	
Marianne W.	3-21-2019	2 yrs	
Brevard Serenit	y Group		
Rachael D.	3-11-1995	26 yrs	
Danielle A.	3-12-2019	2 yrs	
Ladawn J.	3-23-2018	3 yrs	
Candler K.I.S.S. Group			
Bruce R.	3-21-1998	23 yrs	
Conscious Con	tact Group		
Ken B.	3-17-2017	4 yrs	
James K.	3-27-2016	5 yrs	
Cumberland Group			
Bob G.	3-21-2015	6 yrs	
George B.	3-21-2017	4 yrs	
Scott B.	3-29-2017	4 yrs	
Daily Decisions	Group		
John B.	3-07-1982	39 yrs	
Jim S.	3-28-1991	30 yrs	



Fellowship Gro	up	
Robert M.	3-06-2019	2 yrs
John Q.	3-07-1989	32 yrs
Julie D.	3-08-1991	30 yrs
Gary O.	3-10-2010	11 yrs
Chris S.	3-16-2018	3 yrs
Deborah V.W.	3-17-1987	34 yrs
James B.	3-20-2018	3 yrs
Patti F-E.	3-21-2013	8 yrs
Chris V.W.	3-29-2009	12 yrs
Good Livers		•
Linda W.	3-01-2006	15 yrs
Lauren F.	3-01-2017	4 yrs
Karen	3-01-2018	3 yrs
Shana R.	3-15-2017	4 yrs
Cathy C.	3-20-1993	28 yrs
Grace Group		
Weston B.	3-03-2015	6 yrs
Sam P.	3-03-2020	1 yr
Seleste P.	3-03-2020	1 yr
Jacob L.	3-06-2007	14 yrs
Shari S.	3-08-2002	19 yrs
Tim B.	3-10-2017	4 yrs
Sean B.	3-10-2019	2 yrs
Betsy C.	3-13-1995	26 yrs
Dick J.	3-15-1981	40 yrs
Alan D.	3-15-2012	9 yrs
Ericka K.	3-15-2020	1 yr
Ben O.	3-16-2020	1 yr
Wesley M.	3-17-2017	4 yrs
Alyssa S.	3-17-2019	2 yrs
Dave G.	3-25-1996	25 yrs
Chris M.	3-29-2020	1 yr
Happy Hour Gr	oup	
Chris S.	3-16-2018	3 yrs
Hendersonville	Group	
Gretchen S.	3-12-2019	2 yrs
Hugh N.	3-14-2019	2 yrs
Ashley S.	3-21-2016	5 yrs
Terry G.	3-26-1979	42 yrs
Lynn W.	3-27-2007	14 yrs
Hendersonville Gretchen S. Hugh N. Ashley S. Terry G.	Group 3-12-2019 3-14-2019 3-21-2016 3-26-1979	2 yr 2 yr 5 yr 42 yr

Leicester Group	n		
Ed M.	3-17-1974	47 yrs	
Mars Hill Group		47 910	
Stephen M.	3-27-1983	38 yrs	
Marshall Group		00 910	
Ed M.	3-17-1974	47 yrs	
Stephen M.	3-27-1983	38 yrs	
Midday Group	0 21 1000	00 910	
Marty M.	3-02-2018	3 yrs	
Phoenix Group		-)	
"Bicycle Bob" C	3-26-1996	25 yrs	
Riverside Grou			
Benjamin	3-03-2017	4 yrs	
Serenity Now G			
Brad M.	3-08-1983	38 yrs	
Doug	2-23-2000	21 yrs	
Steve J.	3-26-1986	35 yrs	
Serenity Seeker	rs - Marion		
John L.	3-01-2002	19 yrs	
Billy S.	3-27-2014	7 yrs	
Total Surrender Group			
Jenifer Z.	3-02-2019	2 yrs	
Joseph L.	3-04-2018	3 yrs	
Matt P.	3-08-2018	3 yrs	
Quinn G.	3-19-2019	2 yrs	
Cathy C.	3-20-1993	28 yrs	
Michael R.	3-20-2014	7 yrs	
Pam W.	3-25-2013	8 yrs	
Robbie L.	3-28-2016	5 yrs	
Kelsey	3-29-2016	5 yrs	
Waynesville Grace Group			
Leslie B.	3-01-2010	11 yrs	
Shirley D.	3-05-2017	4 yrs	
Jimbo C.	3-10-1994	27 yrs	
Charlie S.	3-21-1993	28 yrs	
West Asheville Group			
Susie C.	3-26-2019	2 yrs	



District 71 Presents a new virtual book study



Combined With

TWELVE CONCEPTS for WORLD SERVICE

by Bill W.

2018-2020 Edition REFLECTING ACTIONS OF THE 2018 GENERAL SERVICE CONFERENCE

Open - Anyone may attend The 2nd and 4th Saturdays of the month @ 10:30 -11:30 AM Join us!! Zoom ID# 839 998 9177, (Password: 71)

D23 & D24 - AREA 51, NC PRESENT:

SAFETY IN AA

A panel discussion about how to apply the traditions when dealing with predatory, disruptive, or intolerant behaviors.

Presented by: Jerry W. & Madeline S. SUNDAY MARCH 7, 2021 2:00-3:30 PM EST

ZOOM MEETING ID: 828 7178 5251 PASSCODE: 562418

Questions? Email KimberlyM827@gmail.com

What is a GSR? What does a GSR do?

GSR WORKSHOP

SUNDAY, March 14

1:15pm-2:15pm

Zoom Meeting ID 702 585 935

Passcode: 1

what & how to be a GSR

Hosted by AA District 70 Asheville, NC



www.aa.org/gsrkit

Reference materials available online: AA Service Manual, AA GSR Pamphlet, AA Circles of Love and Service Pamphlet Literature & materials also available at NCMCO (Central Office) <u>CALL</u> 828–254–8539



Friday 6:00 p.m. BBQ & Washers

<u>Friday 8:00 p.m</u>. Don L. – Bellingham, WA <u>Friday 10:00 p.m. Young Person</u> <u>Speaker</u> Stacy H. – St. Louis, MO

M Stacy H. - St. Louis, NO

Saturday 10:00 a.m. Georgia B. – La Crescenta, CA

Saturday 12:00 p.m. Al-Anon Luncheon

Saturday 1:00 p.m. Al-Anon Speaker Billen C. – Addison, TX

Saturday 3:00 p.m. Spring Fling Hunt

Saturday 6:30 p.m. BANQUET

Saturday 8:00 p.m. Paul W. – Sunset Beach, CA

Saturday 9:30 p.m. BINGO

Saturday 10:30 p.m. DJ & Dancing

<u>Sunday 9:00 a.m. Breakfast</u> Sunday 10:00 a.m.

🙈 April S. – Boca Raton, FL

AA Convention with Al-Anon Participation

13th ANNUAL SPRING FLING CONVENTION

"We Are Responsible" April 23 - 25, 2021



ACTIVITIES

<u>FRIDAY</u> BBQ & Washer Games Young People's Meeting Ice Cream Social DARE Wheel

SATURDAY

Banquet Table Trivia Spring Fling Hunt Bingo DJ &Dancing

<u>Hilton St. Louis Airport</u>

Special Room Rate \$92 *Mention Spring Fling code: spr* Reserve before 3/19/21 for reduced room rate

10330 Natural Bridge Rd St. Louis, MO 63134 314-426-5500

See website for map

www.springflingstl.com

Spring Fling Chair – Dave B. 314-346-4279 Registration Chair – Michele S. 314-239-3939 springflingconvention@yahoo.com

FREE PARKING

PLEASE REGISTER EARLY!!!

All weekend long

www.springflingstl.com for PayPal or Venmo (preferred)- springflingconv

CONVENTION REGISTRATION FORM

R Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126

Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.

Make checks/money orders payable to Spring Fling Convention

Name:	
Phone:	AA 🛄 🛛 Al-Anon 🛄
_	
Entering information	below gives permission to receive mailings

and/or newsletters from the Spring Fling Only. Email:_____

Address:

City

State

Zip

Pre-Registration or PayPal	\$15	
Door Registration	\$20	
Friday Night BBQ	\$9	
Friday Night Ice Cream Social	\$7	
Al-Anon Luncheon Saturday	\$25	
Banquet Saturday Night	\$35	
Sunday Breakfast Buffet	\$15	
Hospitality / Scholarship Donation		
Total Amount to be Paid		

Please list any special needs here:_

