

# Mountain Downs

OCTOBER  
2020

## CENTRAL OFFICE OPEN POSITIONS

At the September 10 virtual COR/Board meeting, Patrick A. stepped forward to fill the position of Alternate Chairperson and he was unanimously approved. Welcome Patrick! The Central Office Board still has two service positions that need filling. Elections will be held at the next COR/Board meeting on November 12 (See Service Express on page 5 for details.) Below are the responsibilities and requirements for each position. If you are interested in one of these, please attend the next virtual COR/Board meeting. If you have any questions, contact Central Office: 828-254-8539; info@ncmco.net

**Treasurer** (2-year term; beginning January 2021) Having charge and custody of all funds of Central Office. Accuracy of all financial records of Central Office. Receipts and disbursements as approved by the Central Office's various committees. Arranges for preparation and filing of all required tax returns. Prepares an annual financial report. Prepares monthly financial report and presents it to the Central Office Board and COR General Committee. Attends Central Office Board and General Committee meetings. Shall have at least five years' continuous sobriety at the time of taking office.

**12-Step Call Volunteer Coordinator** (3-year term; position has been open for quite a while) Has responsibility for maintaining the 12-Step Call Volunteer list, with help from the Office Manager. Recruits new volunteers. Interacts with Office Manager to provide the Office, Answering Service and After-hours Hotline Volunteers with updates to the 12-Step Call Volunteer list. Shares responsibility with NCMCO to ensure appropriate rotation of calls to 12-Step volunteers. Attends Board meetings as a voting member. Shall have at least three years' continuous sobriety at the time of taking office.

## NCMCO BOARD MEETING

The next combined COR/NCMCO Board meeting will be Thursday, November 12, 6:00pm. It will again be via Zoom like the meeting was in September.

For updated meeting information check the website: [www.aaNCMCO.org](http://www.aaNCMCO.org). COR/Board meetings are held every other month on the odd-numbered months.

We still have a couple of Board positions to fill. Information about the duties and requirements is posted on our website:

<https://aancmco.org/index.php/open-board-positions/>. If you are interested in being of service, please attend the COR/Board meeting in November. If you have any questions, call Central Office: 828-254-8539.

828-254-8539

CENTRAL OFFICE IS STILL STAFFED MON-FRI 10AM-1PM BUT NOT CURRENTLY OPEN TO VISITORS.

CALL OR EMAIL WITH ANY QUESTIONS.

INFO@NCMCO.NET

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## MEETINGS ARE ONLINE!

AshevilleAA.org - nc71.org - aawnc80.com



On these websites, you can find:

Daily meetings from 7am - 11pm through Zoom

Basic script and readings for online meetings

List of suspended meetings

Zoom settings recommendations to protect our community and anonymity

**New NC Mountain Central Office, Inc.**  
**Profit & Loss YTD Comparison**  
 August 2020

	Aug 20	Jan - Aug 20
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Contributions</b>		
Birthday Contributions	35.64	516.64
Group Contributions	3,515.27	17,166.65
Individual Contributions	697.20	5,006.08
<b>Total Contributions</b>	4,248.11	22,689.37
Interest on Money Market	0.94	7.40
<b>Sales Income</b>		
Literature & merchandise	385.40	9,152.59
Shipping charged to groups	10.80	206.67
<b>Total Sales Income</b>	396.20	9,359.26
<b>Total Income</b>	4,645.25	32,056.03
<b>Cost of Goods Sold</b>		
Freight - vendor shipping	5.45	137.95
Literature & merchandise	330.22	7,538.34
Shipping to groups	10.80	200.56
<b>Total COGS</b>	346.47	7,876.85
<b>Gross Profit</b>	4,298.78	24,179.18
<b>Expense</b>		
Computer, Software, IT Asst	0.00	74.89
Copier Rental	158.81	1,316.15
Credit Card Processing	347.00	522.16
ICOAA Conference	61.48	61.48
Office Expenses	14.99	167.93
Office Supplies	0.00	149.67
PayPal Fee	14.09	25.72
<b>Payroll Expenses</b>		
Gross Salary (Including Ta...	1,200.00	11,737.63
Payroll Taxes (Company)	99.00	968.36
Payroll Expenses - Other	3.50	35.00
<b>Total Payroll Expenses</b>	1,302.50	12,740.99
QuickBooks Expenses	0.00	246.10
Reconciliation Discrepancies	0.01	0.01
Rent	584.00	4,621.00
Stamps/Postage	0.00	225.70
Telephone & Internet	161.83	1,283.19
<b>Total Expense</b>	2,644.71	21,434.99
<b>Net Ordinary Income</b>	1,654.07	2,744.19
<b>Other Income/Expense</b>		
<b>Other Income</b>		
Bank Service Charge repayment	0.00	7.00
<b>Total Other Income</b>	0.00	7.00
<b>Other Expense</b>		
Bank Service Charges	0.00	7.00
Inventory Adjustment	0.00	-1.56
<b>Total Other Expense</b>	0.00	5.44
<b>Net Other Income</b>	0.00	1.56
<b>Net Income</b>	1,654.07	2,745.75

**OCTOBER GRAPEVINE  
 NOW AVAILABLE!**

This month's Special Section is "Money and Sobriety" featuring stories by AA members about spending, saving, giving, making amends and financial fear—in and out of AA. Also featuring stories of hope by members during the current COVID-19 crisis.



**AAGRAPEVINE.ORG**

**Cash on Hand**  
*as of 8/31/2020:*

Prudent Reserve - \$11,082.66  
 Operating Account - \$18,368.40  
 Rent Deposit - \$400.00  
 Petty Cash - \$50.00

**CALL & VISITOR LOG  
 AUGUST 2020**

- .....
- 12 Step Calls – 8
  - General Info – 5
  - Family Help – 2
  - Meeting Info – 48
  - Central Office Business – 30
  - Medical/Detox – 0
  - Visitors – 8
  - Answering Service – 0
  - Hotline Volunteers – 27 calls
  
  - Visits to aaNCMCO.org website:
  - Unique Visitors – 835
  - Number of Visits – 3,107 (3.7 per visitor)
  - Pages Visited – 10,958 (3.5 per visit)



# CONTRIBUTIONS

	Aug 2020	YTD
12 & 12 Study Group		\$165.32
Acceptance Group 122-477	\$875.12	\$1,042.12
As Bill Sees It Group		\$4.00
At Wit's End Group	\$106.40	\$238.79
Back to Basics Grp - Weaverville 147-139		\$150.00
Big Town Group 671-200		\$409.86
Bill's Kitchen - Men's Meeting		\$100.00
Boondocks Group	\$92.00	\$92.00
Brevard Serenity Group 631-231		\$100.00
But for the Grace of God Group		\$34.00
Candler KISS Group 163-148		\$35.00
Cashiers Valley Grp 122-589		\$671.90
Cedar Mountain Group 161-082	\$41.00	\$141.00
Cullowhee Valley Group 118-129		\$65.00
Daily Decisions 643-869		\$238.69
Day by Day Group 159-058		\$697.56
Downtown Serenity Group 702-463		\$55.24
Early Bird Group 612-780	\$124.00	\$241.00
Fellowship Group 655-542		\$500.00
Fireside Group 655-046	\$181.00	\$364.00
Good Livers 666-360		\$650.00
Grace Group 161-970	\$968.75	\$2,882.87
Great Fact Group - Waynesville	\$150.00	\$650.00
Happy Hour Group - Hendersonville 169-182		\$120.00
Happy, Joyous & Free - Columbus		\$23.00
Hendersonville Men's Group		\$100.00
Last Chance Group - Men's First Step Farm		\$55.00
Leicester Group 143-417	\$50.00	\$50.00
Liars Club	\$222.00	\$470.76
Library Group 672-283		\$99.00
Maggie Valley Group 158-950		\$67.55
Maple Grove Group 121-212		\$26.25
Marion AA Group 110-621		\$200.00
Marion Noon AA - Serenity Seekers 663-204		\$150.00
Mars Hill Group 130-895		\$89.00
Marshall Group 100-489	\$50.00	\$100.00
Midday Grp (Hendersonville) 143-420		\$436.00
Monday 6:00 Open Meeting		\$27.82
Mountain View Grp (Highlands) 110-598		\$379.15
Newland Serenity (Linville Mtg) 117-577		\$100.00
Out to Lunch Bunch		\$500.00
Phoenix Group 697-148		\$100.00
Recovery by the River 674-892		\$127.40
Rule 62 Group		\$168.00
Safe & Sound 645-654		\$301.94
Saturday Morning Men's Meeting		\$375.00
Saturday Solutions		\$250.00
Serenity Service Group 110-498	\$25.00	\$300.00
Sober Sisters - Flat Rock		\$280.07
South Asheville Literature	\$60.00	\$137.50
Sojourners' Home Group		\$40.00
Spiritual Fitness Group 720-419		\$56.00
Spruce Pine Saturday Moming Grp 110-679	\$20.00	\$50.00
Steps in Sobriety Group 728-947		\$90.86
Surrender Group - Black Mountain	\$150.00	\$300.00
The Meeting		\$100.00
The Principles Group 675-162		\$14.00
United With Hope Group 719-052		\$150.00
Waynesville Grace Group 110-692	\$400.00	\$1,130.00
We Think Not Group 700-411		\$284.00
Women of Courage Group		\$390.00
<b>Total Group Contributions:</b>	<b>\$3,515.27</b>	<b>\$17,166.65</b>

## Individual Contributions:

Anonymous	\$4.68	\$2,190.19
Alexandra		\$30.00
Annie M.	\$100.00	\$100.00
Ben G.	\$5.00	\$6.00
Beth		\$17.04
Damon		\$5.00
Dave	\$100.00	\$150.00
David		\$25.00
Douglas G.	\$10.00	\$10.00
Dr. L.		\$500.00
Edie		\$30.00
Edward		\$100.00
Gordie		\$11.50
Greg	\$100.00	\$170.00
Jackie	\$10.00	\$15.00
Jacqueline		\$36.00
Jayson		\$5.00
Jean	\$15.00	\$15.00
Jeffrey	\$30.00	\$70.00
Jessie		\$25.00
Jill		\$25.00
Judith		\$100.00
Judy	\$50.00	\$100.00
Kathleen	\$15.00	\$15.00
Laura		\$10.00
Leslie		\$203.00
Malcolm		\$25.00
Marjorie	\$10.00	\$20.00
Marsha		\$100.00
Marty		\$250.00
Mike		\$1.83
Pam		\$8.00
Ronna	\$20.00	\$20.00
Sally	\$10.00	\$10.00
Sarah		\$120.00
Shannon	\$25.00	\$50.00
Sheila	\$20.00	\$40.00
Tara	\$134.52	\$134.52
Thomas		\$75.00
Trink	\$8.00	\$8.00
Valerie	\$20.00	\$20.00
Vigilance		\$30.00
Virginia		\$50.00
In Memory of B.G.	\$10.00	\$80.00
<b>Total Individual Contributions:</b>	<b>\$697.20</b>	<b>\$5,006.08</b>

## Birthday Contributions:

Anonymous	\$0.64	\$0.64
Angie C		\$21.00
Bob P.		\$140.00
Pam C.		\$74.00
Ray S.		\$36.00
Sandy F.	\$35.00	\$35.00
Monica G.		\$210.00
<b>Total Birthday Contributions:</b>	<b>\$35.64</b>	<b>\$516.64</b>

## Mountain Doin's Subscriptions:

**\$0.00 \$0.00**

## Grand Total

**\$4,248.11 \$22,689.37**

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!



# The Birthday Plan

## Contributions to G.S.O.

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge. (Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

You can contact our central office to pick up Birthday Contribution Envelopes: (828-254-8539)

You can also give directly to GSO at [contribution.aa.org](http://contribution.aa.org)

We thank all the A.A. members and groups who donate so generously!

## Special Meetings and Events

\*NOTE: Many events are being cancelled. For the latest updates please check the specific event websites or Central Office:

**Fellowship Breakfast in the Park.** Outdoor Event hosted by District 70 & NCMCO. Sunday, October 4, 9:30-11:00am. Wrapped breakfast sandwiches, donuts and bottled water provided. Please bring your own coffee. Asheville Rec Park (WNC Nature Center) 75 Gashes Creek Rd, Asheville

**4th Annual WNCYPAA Campout.** October 16-18. Briar Bottom Group Campground, 50 Black Mountain Campground Rd, Burnsville, NC 28714. For more information visit website: [www.wncypaa.org](http://www.wncypaa.org)

**NC Area 51 Conferences and Events:**  
[www.aanorthcarolina.org](http://www.aanorthcarolina.org)

**Area 51 Workshop:** From Virtual Space to Face-to-Face 2.0 – Traditions and Transitions. Sunday, October 4, 2:00-4:00pm. All AA Members are invited! See website for Meeting ID and Password:

**Area 51 Workshop:** Prepare for the Area 51 Fall Assembly. Sunday, October 11, 3:00-5:00pm. See website for Meeting ID and Password:

**Area 51 Virtual Fall Committee & Election Assembly Meeting.** October 31-November 1. See website for Log in and Password:

**GSO in New York:** [www.aa.org](http://www.aa.org)

For events around the country and the world, as well as great articles and information, go to: [www.aa.org](http://www.aa.org) and Box 459 Bulletin Board:



## DOES YOUR HOMEGROUP ACCEPT ONLINE CONTRIBUTIONS?



The Meeting Guide App now can directly link to your homegroup's Venmo, CashApp, or PayPal accounts in order to keep us self-supporting through this time of virtual meetings. To update the app with your group's info, please email the District 70 Webmaster at [webmaster@ashevillaa.org](mailto:webmaster@ashevillaa.org), giving the following information:

- Name of your group
- Day and time of your meetings
- Direct links to payment centers

# THE SERVICE EXPRESS

## District 70:

- GSR Business Meeting. – Held the 2nd Sunday of the month. The next meeting will be Sunday, October 11, via Zoom:
  - 1:30-2:30pm GSR Orientation w/ Alt DCM Steve R. and LCM Bruce A.;
  - 2:30-3:30pm GSR Meeting
  - The link will be on the [www.ashevilleaa.org](http://www.ashevilleaa.org) Zoom meeting calendar before the meeting date. District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.
- Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org) to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf> "Bridging the Gap" (with treatment facilities) –
  - If you are interested in this service, please contact the BTG Chair, Kathleen, at [bridgingthegap@ashevilleaa.org](mailto:bridgingthegap@ashevilleaa.org).
  - A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: [www.btgww.org](http://www.btgww.org)
- Corrections Committee – At the moment, no volunteers are permitted to go into the jails or prisons. Contact the Corrections Chairs through the [ashevilleaa.org](http://ashevilleaa.org) website for updated information.
  - Women's Chairs are Denise J. and Casey - contact at [women\\_corrections@ashevilleaa.org](mailto:women_corrections@ashevilleaa.org).
  - Men's Chair is David J. – contact at [mens\\_corrections@ashevilleaa.org](mailto:mens_corrections@ashevilleaa.org).
  - Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>
  - The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <https://aancmco.org/wp-content/uploads/2020/07/Volunteer-App-2019.pdf>
  - Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization.
- Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at [literature@ashevilleaa.org](mailto:literature@ashevilleaa.org) to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.
- CPC/PI Committee – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information".
  - The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few.
  - The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>

## District 71:

GSR Meeting – Normally held on the 2nd Saturday of the month. The next meeting will be Saturday, October 10th, 9:30am via Zoom. Check their website for meeting updates and links: <https://www.nc71.org/> The District Service Committees meet in conjunction with the GSR meeting.

## District 80:

GSR Meeting – held quarterly. The next meeting will be Sunday, October 18, 1:30pm, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. Check their website for meeting updates and links: <http://aawnc80.com/> All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aanCMCO.org](http://www.aanCMCO.org)

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information, please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

Murphy Intergroup Meeting. – held quarterly. The next meeting will be Thursday, October 8, 5:30-6:30pm, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

Need to order or pick up supplies for your group?

Call (828) 254-8539 during business hours: Monday–Friday, 10:00am–1:00pm or email your order to: [info@ncmco.net](mailto:info@ncmco.net)

We'll be happy to arrange for pickup (by you!) or shipping.

AA Members: submit your stories, articles, or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801 or emailed to: [info@ncmco.net](mailto:info@ncmco.net)

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!

\$5



\$5

## NCMCO COVID-19 AAnniversary Special

*Hey! We all miss the conviviality, companionship, and colorful imagination (?) involved with celebrating sobriety at meetings. But times are what they are. And we're finding new ways to do happy, joyous, and free.*

*Know someone who's having an AAnniversary but can't attend face-to-face meetings? For \$5, we'll send them a greeting card with a medallion commemorating their years of sobriety. We'll even include your message on the card.*

*Email: [SPECIAL@aancmco.org](mailto:SPECIAL@aancmco.org) for details*



\$5

\$5



# Happy Anniversary

## 2nd Chance Group - Cherokee

John H. 10-07-2013 7 yrs

## Acceptance Group

Carl P. 10-09-2018 2 yrs

Doré D. 10-15-1976 44 yrs

Noah D. 10-15-2016 4 yrs

Cliff 10-17-2011 9 yrs

Dan G. 10-23-1983 37 yrs

Steve C. 10-29-2018 2 yrs

## AVL Women's Big Book Step Study

Linda K. 10-08-1988 32 yrs

## At Wit's End Group

Patrick A. 10-18-2005 15 yrs

Jennifer R. 10-19-2014 6 yrs

Ryan P. 10-31-2014 6 yrs

## Back to Basics Group - Weaverville

Neva S. 10-19-2017 3 yrs

Chase B. 10-23-2013 7 yrs

Karl S. 10-28-2011 9 yrs

John S. 10-28-2013 7 yrs

Bob H. 10-30-1988 32 yrs

Glen S. 10-31-2009 11 yrs

## Black Mountain Group

Matt W. 10-07-2017 3 yrs

Stephen L. 10-17-2016 4 yrs

Miranda O. 10-25-2009 11 yrs

## Brevard Serenity Group

Suzanne F. 10-01-2016 4 yrs

Michael S. 10-16-1991 29 yrs

Jane F. 10-22-2013 7 yrs

## Candlelight Group

Meghan A. 10-28-2015 5 yrs

## Candler K.I.S.S. Group

Sally G. 10-20-2010 10 yrs

## Conscious Contact

Mike F. 10-07-2008 12 yrs

Skip P. 10-15-2016 4 yrs

Watson J. 10-17-1986 34 yrs

Mike H. 10-19-2009 11 yrs

## Cumberland Group

Brandon W. 10-02-2015 5 yrs

Scott A. 10-06-2014 6 yrs

Jonathan F. 10-26-2016 4 yrs

## Daily Decisions

Mark H. 10-09-2012 8 yrs

Marcia 10-30-2005 15 yrs

Cynthia B. 10-31-2018 2 yrs

## Fellowship Group

Helen G. 10-11-2017 3 yrs

Joe E. 10-13-2017 3 yrs

Patricia S. 10-22-2006 14 yrs

Jennifer G. 10-26-2016 4 yrs

## Good Livers

Rebecca P. 10-01-2018 2 yrs

Bob S. 10-01-2019 1 yr

Eileen S. 10-11-1995 25 yrs

Kathie D. 10-16-2018 2 yrs

Rick A. 10-20-2004 16 yrs

Kelly M. 10-20-2015 5 yrs

## Grace Group

Mica W. 10-02-2010 10 yrs

Doug H. 10-03-2014 6 yrs

Catherine H. 10-09-2014 6 yrs

Esaias J. 10-09-1992 28 yrs

Susan M. 10-10-2001 19 yrs

Vigilance D. 10-15-2016 4 yrs

Klay K. 10-15-2017 3 yrs

Joseph A. 10-17-2016 4 yrs

Barbara W. 10-19-2009 11 yrs

Elizabeth S. 10-21-2016 4 yrs

Bobby W. 10-23-2009 11 yrs

Katy D. 10-31-1982 38 yrs

Ronnie J. 10-31-1985 35 yrs

## Happy Hour Group

Frank R. 10-19-1979 41 yrs

Hugh A. 10-27-2012 8 yrs

Kathleen K. 10-31-2010 10 yrs

## Hendersonville Group

Catherine T. 10-06-2017 3 yrs

John S. 10-07-2001 19 yrs

Debbie M. 10-10-2003 17 yrs

Jim W. 10-10-1974 46 yrs

Bob H. 10-16-2000 20 yrs

Bette C. 10-19-1999 21 yrs

John C. 10-21-1987 33 yrs

Curtis M. 10-22-2014 6 yrs

## Leicester Group

Trish G. 10-14-2017 3 yrs

## Mars Hill Group

Don B. 10-17-1982 38 yrs

Karl S. 10-28-2012 8 yrs

## Marshal Group

Neva S. 10-19-2017 3 yrs

## Midday Group

Sue N. 10-12-2018 2 yrs

## Phoenix Group

Nita L. 10-10-1987 33 yrs

## Serenity Now

Rose W. 10-16-1995 25 yrs

## Serenity Seekers - Marion

Terry M 10-19-2016 4 yrs

David B. 10-30-2019 1 yr

Larry B. 10-30-2019 1 yr

## Total Surrender Group

Kelly M. 10-19-2015 5 yrs

Todd B. 10-20-2018 2 yrs

Kari W. 10-25-2015 5 yrs

Katy D. 10-31-1982 38 yrs

Paul C. 10-31-2013 7 yrs

## United with Hope Group

Frank R. 10-19-1979 41 yrs

## Waynesville Grace Group

Charlie A. 10-02-1981 39 yrs

Heather W. 10-03-2017 3 yrs

Scott M. 10-03-2013 7 yrs

Tommy McE. 10-05-1982 38 yrs

Penelope 10-09-1988 32 yrs

Mike P. 10-10-1987 33 yrs

C.J. D. 10-15-1978 42 yrs

Ray S. 10-23-2009 11 yrs

Craig B. 10-24-2007 13 yrs





**OUTDOOR  
EVENT**

**DISTRICT 70/NCMCO**

**OUTDOOR  
EVENT**

# **FELLOWSHIP BREAKFAST IN THE PARK**



**SUNDAY, 9:30-11 AM  
OCTOBER 4**

Wrapped breakfast sandwiches,  
donuts and bottled water provided.  
Please bring your own coffee.



**ASHEVILLE  
REC PARK  
(WNC NATURE CENTER  
75 GASHES CREEK RD)**



# FROM VIRTUAL SPACE TO FACE-TO-FACE 2.0 TRADITIONS AND TRANSITIONS

AREA 51  
•  
WORKSHOP



**Sunday, October 4, 2020**  
**2:00 pm to 4:00 pm**

All AA Members are invited!  
Due to the overwhelming response to our first workshop we want to ensure that all voices are heard and have an opportunity to participate in the discussion on how we can effectively carry the message during current and future Covid-19 situations.

### Topics:

- Hybrid Meetings (virtual and in-person)
- Primary Purpose
- Contact Tracing
- Anonymity



### Zoom Meeting:

Meeting ID: 656 316 7536  
Password: 092037

*The purpose of this workshop is neither to encourage groups to nor discourage them from holding in-person meetings at this time. We respect that each A.A. group is autonomous. We are simply offering information & resources so that each group might make informed decisions about reopening their meeting space in light of COVID-19.*

# 4TH ANNUAL WNCYPAA CAMPOUT

CO-HOSTED WITH 2021  
NCCYPAA HOST COMMITTEE

**OCTOBER 16-18, 2020**

BRIAR BOTTOM GROUP CAMPGROUND  
BURNSVILLE, NORTH CAROLINA

## FRIDAY:

12PM-6PM: REGISTRATION, FELLOWSHIP, & CAMPSITE SET UP

6PM: DINNER - BURGERS & HOTDOGS

7:30PM: SPEAKER MEETING FEAT. MARCUS W. FROM ASHEVILLE

9PM: MAFIA & GAMES WITH CHRIS S. & MARYELLEN L.

10PM: S'MORES WITH DANI B. & SETH B.

## SATURDAY:

8AM: REGISTRATION CONTINUES (DAY PASSES \$15 - CASH ONLY)

8AM: MORNING MEDITATION & YOGA WITH ALANNAH R.

9AM: BREAKFAST - PANCAKES

10AM: OPTIONAL HIKE TO THE PEAK OF MT. MITCHELL WITH ALANNAH R.

\*STRENUOUS ALL-DAY ACTIVITY / APPROX. 11.5-MILE ROUND TRIP  
HIKE (BRING SACK LUNCH)

12PM: LUNCH - PB&J SANDWICHES AND FRUIT

1-4PM: SCAVENGER HUNT WITH SARAH H.

6PM: DINNER - TACO BAR

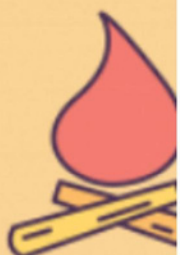
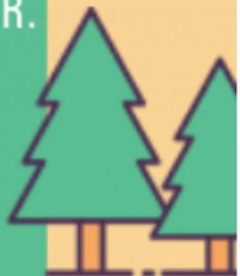
7:30PM: SOBRIETY COUNTDOWN & SPEAKER MEETING FEAT. STEFI Z.  
FROM DURHAM

9PM: CAPTURE THE FLAG IN THE DARK LED BY EMILY L. & ROBBY R.

## SUNDAY:

9AM: BREAKFAST - SAUSAGE, BACON, & EGGS

10AM: CAMPSITE BREAKDOWN & HEAD HOME

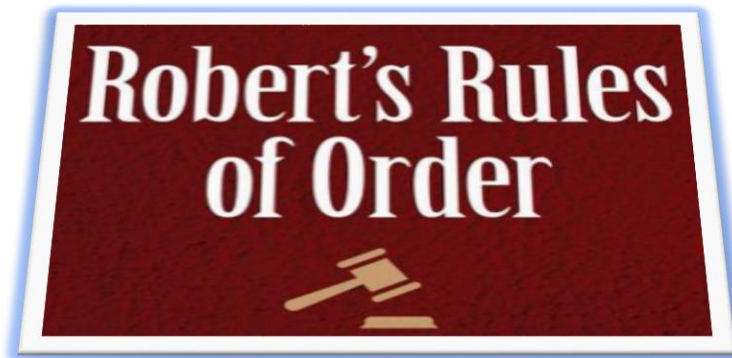




## **Area 51 – District 31**

**Prepare for the AREA 51 FALL ASSEMBLY**

**with this upcoming workshop:**



**Sunday, October 11 2020 - 3:00-5:00 PM EST**

**Presenters:**

**Donna B. - Katy P. - Newton P.**

**ZOOM MEETING LOG IN:**

**Meeting ID: 656 316 7536 - Password: 924686**

**General Service Committee**

Chair  
4239 The Oaks Drive  
Raleigh, NC 27606  
chair@aanorthcarolina.org

Secretary  
PO Box 339  
Harrisburg, NC 28075  
secretary@aanorthcarolina.org

**DATE:** SEPTEMBER 12, 2020

**TO:** GSRs, Alternate GSRs, DCMs, Alternate DCMs, LCMs (Local Committee Members), Convention Chair and Alternate, Coordinators, Officers, Past Delegates and any other interested members!

**SUBJECT:** **Area 51 Virtual Fall Committee & Election Assembly Meeting**  
**October 31st-November 1st**  
**“It Works Under All Conditions”**

*Via Zoom*

**ZOOM MEETING LOG IN: 656 316 7536**

**PASSCODE: 924686**

Assembly handouts can be found on [www.aanorthcarolina.org](http://www.aanorthcarolina.org). Be sure to check a few days before the Assembly to gather all the information you will need.

When you log in to the meeting please name yourself with: **First Name, Last Initial, and Service Position.**

Ex. Julie R. – Area 51 Chair or Julie R. – GSR, Turningpoint, D35 or Julie R. – Member, Turningpoint

***Third Legacy Elections for the Panel 71 Delegate Term***

Please see Election Handout on Area 51 website for duties and responsibilities of Trusted Servant positions. We will stay in session Saturday until the elections are completed.

Assembly Business Sessions, Workshop, and Speaker Meeting

**Our tentative schedule is as follows:**

<i>DAY</i>	<i>TIME</i>	<i>EVENT</i>	<i>ATTENDEES</i>
<b>Friday</b> October 30, 2020	8:00 – 10:00 PM	Area Committee Meeting	Area Committee <i>(DCMs, Alt DCMs, Coordinators, Officers and Past Delegates)</i>
<b>Saturday</b> October 31, 2020	7:00 AM	◆ Morning Meditation Meeting	All are welcome
	WORKSHOP		All are welcome
	9:00 – 10:00 AM	◆ “How the Election Assembly Operates”	
	11:00 – 6:00 PM	<b>ASSEMBLY BUSINESS SESSION</b>  <b><u>The Assembly will stay in session until all Elections are complete</u></b>	All are welcome (Voting members: DCM (or Alt-DCM in absence of DCM), GSR (or Alt-GSR in absence of GSR), Coordinators and Officers)
<b>Sunday</b> November 1, 2020	8:30 – 9:30 AM	<b>OPEN SPEAKER MEETING</b> <b>Panel 71 Delegate-Elect</b>	All are welcome
	10:00 – 11:30 AM	<b>ASSEMBLY BUSINESS SESSION</b>	All are welcome (Voting members: DCM (or Alt-DCM in absence of DCM), GSR (or Alt-GSR in absence of GSR), Coordinators and Officers)

**BELOW ARE THE MAIN MOTIONS FROM THE AREA COMMITTEE FOR THE 2020 FALL ASSEMBLY PRESENTED WITH BACKGROUND INFORMATION. THERE ARE SEVEN (7) KNOWN AGENDA ITEMS.** *Note: These items may appear in a different order on the Assembly agenda.*

**AGENDA ITEM #1: That the Area 51 Nominee for Southeast Regional Trustee be Jennifer D. of Wilmington, NC.**

**Background Information:** Every four years, a new Southeast Regional Trustee and a new Trustee-At-Large U.S. are elected at the General Service Conference. The next such elections will be held at the 2021 Conference. Area 51 may nominate one candidate for the regional trustee position and one candidate for the at-large position. We may not nominate the same candidate for both positions, and we do not have to nominate anyone at all. Any candidate we do choose to put forward must be selected no later than our Fall 2020 Election Assembly. Requirements for trustee positions are stated in *The A.A. Service Manual*.

Anyone meeting these requirements may be considered for nomination by Area 51. Prospective candidates were required to submit resumes to the Area in the format prescribed by G.S.O. Traditionally, in Area 51, trustee candidates are elected by the Area Committee using Third Legacy Procedure. The candidates are then presented to the Assembly for approval. In 1996, the Area Committee recommended that trustee nominations be handled by the Committee. The Assembly concurred unanimously. In 2000, the Area Committee offered the Assembly the option of “add(ing) the election of trustee candidates to the agenda of the Fall Assembly.” This motion failed, was reconsidered, and failed again.

The election of trustee candidates was conducted by Third Legacy Procedure at the Summer 2020 Committee Meeting. Jennifer D was elected as a prospective candidate for Southeast Regional Trustee and is presented to the Fall 2020 Election Assembly for approval.

**AGENDA ITEM #2: That the 2021 Area 51 Corrections Conference, “The 33<sup>rd</sup> Freedom from Bondage,” be held at the Hampton Inn & Suites in Aberdeen, N.C. on March 12-14, 2021.**

**Background Information:** The Area Committee and Area Assembly must approve the proposed location and dates of the annual Area 51 Corrections Conference.

**AGENDA ITEM #3: That Area 51 request GSC to allow participation of all virtual groups not affiliated with a physical meeting space by creating a 94th Area to our Service Structure that will encompass those A.A. groups.**

**Background Information:** This motion comes from District 18. Currently there is no way for a virtual group to be registered with GSO, have a group number, or a voice in AA affairs. While many of the new Zoom meetings are affiliated with face to face meetings, there are also virtual meetings which serve a need in AA but are not associated with a home group that has a GSO number and listing. In addition to the new meetings created in response to COVID, the On-Line Intergroup of Alcoholics Anonymous (OIAA) has supported virtual meetings for years. Allowing them to have a GSN would ensure their voice in the AA service structure.

The OIAA Directory features 1,000+ online AA meetings worldwide, ranging from video or telephone conferences to email or chat groups in many languages, available 24/7.

Virtual groups utilize technology to conduct their meetings.

- Current technology in use includes video conference platforms such as Zoom, phone conference, message boards, email listservs, chatrooms. As technology evolves, the tools Alcoholics use to get and stay sober will undoubtedly change.
- AA is not a place; a home group doesn't need a permanent physical address.

contacts with the outside have to be maintained. AA lifelines have to be tended. So we hire AA staff members.”

**AGENDA ITEM #5: That Area 51 will conduct an Inventory no later than the Fall 2023 Assembly. The Inventory will take 4 hours and will be open to Area 51 A.A. members. The inventory will consist of a series of questions to be considered by all participants in breakout sessions followed by a general sharing session. These questions will be provided at the Assembly prior to the Inventory, as well as on the Area 51 Website. To ensure wider participation, AA members who cannot attend the Assembly will have the ability to review the questions and submit their responses to the Chair 30 days prior to the Assembly.**

**Background Information:** Inventories have traditionally been held at all levels of the service structure, including groups, districts, areas and the General Service Conference. Area 51 conducted an inventory at the 2013 Fall Assembly. Prior to that, it had been 2 decades since our previous inventory held in 1993.

The Area 51 Chair charged the Growth and Maintenance subcommittee (G&M) to create an agenda and schedule for the next Area 51 inventory with a plan covering the timing, methodology, content, and scope of participation to be submitted to the Area Committee and Assembly for approval.

The G&M subcommittee has been looking extensively at other Areas in the US and Canada who have conducted inventories. Along with Area 51, 5 other Areas were surveyed who have conducted inventories in the past 4 years resulting in a wealth of ideas and suggestions for use in developing the inventory questions. Once developed, the questions will be presented to the Area Chair for any additions or deletions and final approval. The Inventory Questions will be ready for distribution at the Assembly prior to the Inventory.

At the conclusion of the Inventory, G&M will present those responses identified as concerns requiring follow up to the Area Chair to determine what action might be needed. As a result of our 2013 Inventory, the P3 manual was developed and the Unity Fund was established for groups who financially could not attend Assemblies. The inventory also changed the eligibility to stand for Area office by increasing eligibility to two Delegate terms.

Borrowing on the success of the 2013 inventory, there seems to be no need to change the 4-hour time frame within the Assembly agenda to conduct the inventory. The schedule for the Assembly, including the 4-hour time slot for the Inventory, will be determined by the Area Chair.

This motion comes moved and seconded from the Growth and Maintenance subcommittee.

Budgetary Impact: There are no budgetary impacts to conduct the inventory. It will be held during an Assembly, using the space contracted with the hotel.

**AGENDA ITEM #6: That Area 51 request to add "One Day at a Time" to the set of five slogans the GV currently has for purchase (MS-04).**

**Background Information:**

The slogans currently distributed by the *Grapevine* first appeared in five issues of the magazine between late 1956 and early 1957. Here is a list of which slogans appeared in each issue:

September 1956: Easy Does It

October 1956: First Things First

December 1956: But For the Grace of God

February 1957: Live and Let Live

March 1957: Think, Think, Think

The first two are listed in the table of contents of their respective issues as “Watchwords for Sobriety.” Additionally, these two issues (September and October 1956) also contain instructions for ordering the slogans. “One Day at a Time” is a common A.A. slogan that is utilized through the fellowship and frequently seen in Grapevine articles.



**AGENDA ITEM #7: To approve the Area 51 2021 Proposed Budget.**

**Background Information:** The proposed 2021 budget is based upon items that have already been approved by the Area Committee or Assembly and cost estimates for the 2021 year. Copies of the proposed 2021 budget will be distributed at the Area Assembly Meeting. It was approved with substantial unanimity at the 2020 Summer Committee meeting.

*In Love and Service,*

*Julie R., Area 51 Chair*

*Anna R., Area 51 Secretary*

*NOTE: Starting in 2021 with the new Delegate’s term, the Area will be changing the postal mailings policy. We will no longer be requiring people to “opt out” of postal mailing, as everyone will be “opted out.” If you require Postal Mailings, you can “opt in” via the Registrar to receive mailed copies of the Notices and Minutes.*

*ALSO: Coordinator workshops will be held on November 15<sup>th</sup>. See attached flyer!*