

Mountain Downs

August
2020

828-254-8539

Central Office is still staffed
Monday-Friday 10am-1pm
but not currently open to
visitors.

Call or email with
any questions.

info@ncmco.net

Central Office Positions Open

The Central Office Board has three service positions that need filling. Elections will be held at the next COR/NCMCO Board meeting on September 10th. (See COR/NCMCO Board Meeting on page 4 for details.)

Below are the responsibilities and requirements for each position. If you are interested in one of these, please attend the meeting in September. If you have any questions, contact Central Office: 828-254-8539; info@ncmco.net

Alternate Chairperson

- Shall perform the duties of the Chairman when requested by the Chairman or in the case of his absence or inability to act, and shall preferably be interested in rotating to the Chairperson position if it becomes vacant.
- Shall perform other duties as occasionally assigned.
- Shall have at least five years continuous sobriety at the time of taking office.
- Shall attend Central Office Board and General Committee meetings.

Secretary

- Shall perform all duties incident to the office and others as assigned.
- Shall attend and take minutes of all COR General Committee and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the day meeting.
- Shall follow the Alternate Chair in line of succession to the Chair at board meetings.
- Shall have at least five years' continuous sobriety at the time of taking office.

12-Step Call Volunteer Coordinator

- Has responsibility for maintaining the 12-Step Call Volunteer list, with help from the Office Manager.
- Recruits new volunteers.
- Interacts with Office Manager to provide the Office, Answering Service and After-hours Hotline Volunteers with updates to the 12-Step Call Volunteer list.
- Shares responsibility with NCMCO to ensure appropriate rotation of calls to 12-Step volunteers.
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

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- 5 The Service Express**
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- 7 Anniversaries**

Meetings Are Online!

AshevilleAA.org - nc71.org - aawnc80.com

On these websites, you can find:

Daily meetings from 7am - 11pm
through Zoom

Basic script and readings for
online meetings

List of suspended meetings

Zoom settings recommendations
to protect our community
and anonymity

New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison
 June 2020

	<u>Jun 20</u>	<u>Jan - Jun 20</u>
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	140.00	161.00
Group Contributions	1,087.31	11,408.04
Individual Contributions	369.64	1,055.84
Total Contributions	1,596.95	12,624.88
Interest on Money Market	0.91	5.52
Sales Income		
Literature & merchandise	401.73	8,285.38
Shipping charged to groups	6.83	195.17
Total Sales Income	408.56	8,480.55
Total Income	2,006.42	21,110.95
Cost of Goods Sold		
Freight - vendor shipping	3.50	110.10
Literature & merchandise	336.76	6,798.85
Shipping to groups	9.46	189.76
Total COGS	349.72	7,098.71
Gross Profit	1,656.70	14,012.24
Expense		
Computer, Software, IT Asst	0.00	74.89
Copier Rental	158.81	998.53
Credit Card Processing	51.31	149.65
Office Expenses	14.99	137.95
Office Supplies	0.00	149.67
Payroll Expenses		
Gross Salary (Including Ta...	1,800.00	9,337.63
Payroll Taxes (Company)	148.50	770.36
Payroll Expenses - Other	3.50	26.25
Total Payroll Expenses	1,952.00	10,134.24
QuickBooks Expenses	0.00	246.10
Rent	584.00	3,453.00
Stamps/Postage	0.00	225.70
Telephone & Internet	160.59	959.53
Total Expense	2,921.70	16,529.26
Net Ordinary Income	-1,265.00	-2,517.02
Other Income/Expense		
Other Income		
Bank Service Charge repayment	0.00	7.00
Total Other Income	0.00	7.00
Other Expense		
Bank Service Charges	0.00	7.00
Inventory Adjustment	0.00	-1.56
Total Other Expense	0.00	5.44
Net Other Income	0.00	1.56
Net Income	<u>-1,265.00</u>	<u>-2,515.46</u>



August Grapevine now available!

This month's Special Section is "Stories by LGBTQ+ AA Members" featuring experience, strength, and hope by AA members who are lesbian, gay, bisexual, transgender, or questioning. Also featuring stories of hope by members during the current COVID-19 crisis.



AAGrapevine.org

Cash on Hand
as of 6/30/2020:

Prudent Reserve - \$11,080.78
Operating Account - \$12,861.91
Rent Deposit - \$400.00
Petty Cash - \$50.00

Call & Visitor Log
June 2020

-
- 12 Step Calls - 7
 - General Info - 1
 - Family Help - 2
 - Meeting Info - 65
 - Central Office Business - 37
 - Medical/Detox - 0
 - Visitors - 6
 - Answering Service - 0
 - After-Hours Hotline Volunteers - 24
- Visits to aaNCMCO.org website:
- Unique Visitors - 698
 - Number of Visits - 1404
(2 visits per visitor)
 - Pages Visited - 3850
(2.74 pages per visit)

CONTRIBUTIONS

	Jun 2020	YTD
12 & 12 Study Group		\$50.00
Acceptance Group 122-477		\$167.00
As Bill Sees It Group		\$4.00
At Wit's End Group	\$33.75	\$91.99
Back to Basics Grp - Weaverville 147-139		\$150.00
Big Town Group 671-200		\$187.56
Bill's Kitchen - Men's Meeting		\$100.00
Brevard Serenity Group 631-231		\$100.00
But for the Grace of God Group	\$7.00	\$34.00
Candler KISS Group 163-148		\$35.00
Cashiers Valley Grp 122-589		\$476.78
Cedar Mountain Group 161-082		\$100.00
Cullowhee Valley Group 118-129		\$65.00
Daily Decisions 643-869		\$238.69
Day by Day Group 159-058		\$302.16
Downtown Serenity Group 702-463		\$55.24
Early Bird Group 612-780		\$117.00
Fellowship Group 655-542		\$500.00
Fireside Group 655-046		\$183.00
Good Livers 666-360	\$500.00	\$650.00
Grace Group 161-970		\$1,913.44
Great Fact Group - Waynesville		\$500.00
Happy Hour Group - Hendersonville 169-182		\$120.00
Hendersonville Men's Group		\$100.00
Last Chance Group - Men's First Step Farm		\$55.00
Library Group 672-283		\$99.00
Maggie Valley Group 158-950		\$67.55
Maple Grove Group 121-212		\$26.25
Marion AA Group 110-621		\$200.00
Marion Noon AA - Serenity Seekers 663-204		\$150.00
Mars Hill Group 130-895		\$89.00
Marshall Group 100-489	\$50.00	\$50.00
Midday Grp (Hendersonville) 143-420		\$436.00
Monday 6:00 Open Meeting		\$27.82
Mountain View Grp (Highlands) 110-598		\$166.54
Newland Serenity (Linville Mtg) 117-577		\$100.00
Phoenix Group 697-148		\$100.00
Recovery by the River 674-892		\$127.40
Rule 62 Group		\$168.00
Safe & Sound 645-654		\$301.94
Saturday Moming Men's Meeting		\$375.00
Saturday Solutions	\$250.00	\$250.00
Serenity Service Group 110-498	\$50.00	\$250.00
Sober Sisters - Flat Rock	\$5.20	\$142.32
South Asheville Literature	\$77.50	\$77.50
Sojourners' Home Group		\$40.00
Spiritual Fitness Group 720-419		\$56.00
Spruce Pine Saturday Morning Grp 110-679		\$30.00
Steps in Sobriety Group 728-947	\$90.86	\$90.86
Surrender Group - Black Mountain		\$150.00
The Meeting		\$100.00
The Principles Group 675-162		\$14.00
United With Hope Group 719-052		\$150.00
Waynesville Grace Group 110-692		\$680.00
We Think Not Group 700-411		\$284.00
Women of Courage Group		\$290.00
Total Group Contributions:	\$1,087.31	\$11,408.04

Individual Contributions:

Anonymous	\$10.64	\$160.51
Edie		\$30.00
Edward		\$100.00
Gordie		\$11.50
Greg	\$50.00	\$70.00
Jacqueline	\$18.00	\$18.00
Jayson	\$5.00	\$5.00
Jeffrey		\$40.00
Jill		\$25.00
Judith	\$100.00	\$100.00
Judy	\$50.00	\$50.00
Leslie	\$76.00	\$76.00
Marty		\$250.00
Mike		\$1.83
Pam		\$8.00
Virginia	\$50.00	\$50.00
In Memory of B.G.	\$10.00	\$60.00

Total Individual Contributions: \$369.64 \$1,055.84

Birthday Contributions:

Angie C		\$21.00
Bob P.	\$140.00	\$140.00

Total Birthday Contributions: \$140.00 \$161.00

Mountain Doin's Subscriptions:

\$0.00 \$0.00

Grand Total

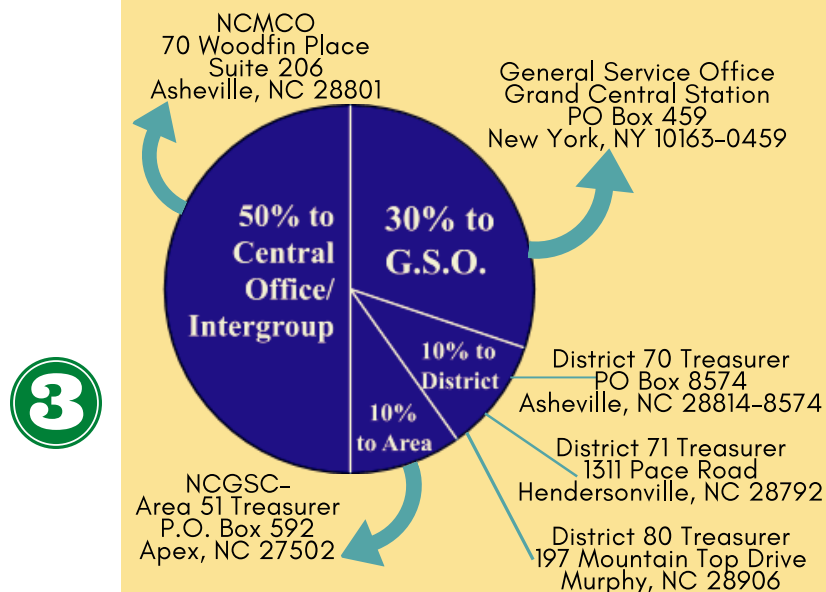
\$1,596.95 \$12,624.88

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you all - AA groups and individual members - for your generous support!

Suggestions & Addresses for Sending Donations to the A.A. Service Structure* Revised for 2019

*From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.



COR/NCMCO Board Meeting

The next combined COR/NCMCO Board meeting will be Thursday, September 10, at 6:00pm. It will again be via Zoom like the meeting was in September. For updated meeting information check the website: www.aaNCMCO.org.

COR/Board meetings are held every other month on the odd-numbered months.

We still have a couple of Board positions to fill. Information about the duties and requirements is posted on our website.

If you are interested in being of service please attend the COR/Board meeting in September. If you have any questions, call Central Office: 828-254-8539.

The Birthday Plan Contributions to G.S.O.

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge. (Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

You can contact our central office to pick up Birthday Contribution Envelopes: (828-254-8539)

You can also give directly to GSO at contribution.aa.org

We thank all the A.A. members and groups who donate so generously!

Special Meetings and Events

*NOTE: Many events are being cancelled. For the latest updates please check the specific event websites or www.aaNCMCO.org/events/

73rd NC State Convention. July 31–August 2. Raleigh, NC, has been changed from an in-person event to a Zoom platform. Visit website: www.aanconvention.com or email: aanconvention@gmail.com

25th Annual Southeast Woman to Woman Conference – Miracles in Progress. Richmond, VA. Rescheduled for August 19–22, 2021. Visit website: www.sewomantowoman.org

Virtual 5th Annual Unity & Service Conference. September 5–6, Concord, CA (PDT). Registration link & contact info: unityandserviceconference.org

Sponsorship Workshop – hosted by District 71 and Hendersonville Group. (Rescheduled) to Saturday, September 12, 11:00am–1:00pm. Panel discussion and “Ask-the-Basket” format. 1624 Willow Rd (opposite Valley Hill Fire Dept.) Hendersonville 28739

4th Annual WNCYPAA Campout. October 16–18. Briar Bottom Group Campground, 50 Black Mountain Campground Rd, Burnsville, NC 28714. For more information and pre-registration, visit website: www.wncypaa.org

NC Area 51 Conferences and Events: www.aanorthcarolina.org

GSO in New York: www.aa.org

For events around the country and the world, as well as great articles and information, go to: www.aa.org and Box 4-5-9 Bulletin Board

Meeting Updates

There have been numerous meetings that have been temporarily suspended due to the coronavirus. Since it has been changing on a daily basis it is impossible to list all the ongoing updates here.

Please visit the websites for the latest information on meeting suspensions and links to online meetings:

- ashevilleaa.org (for meetings in Districts 70)
- nc71.org (for meetings in District 71)
- aawnc80.com (for meetings in District 80)
- aaNCMCO.org

The Service Express

District 70:

GSR Business Meeting – Held the 2nd Sunday of the month. The next meeting will be Sunday, August 9 via Zoom: 1:30–2:30pm GSR Orientation w/ Alt DCM Steve R. and LCM Bruce A.; 2:30–3:30pm GSR Business Meeting. The link will be on the www.ashevilleaa.org Zoom meeting calendar before the meeting date.

District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran’s Administration. It’s all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. Here [is a link](#) for the Treatment Committee flyer.

“Bridging the Gap” (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at bridgingthegap@ashevilleaa.org.

A new “Treatment Facilities Service Display” is in the works. For information on Bridging the Gap, visit the [website](#)

Corrections Committee – At the moment, no volunteers are permitted to go into the jails or prisons. Contact the Corrections Chairs through the ashevilleaa.org website for updated information.

Women’s Chairs are Denise J. and Casey – contact at women_correction@ashevilleaa.org. Men’s Chair is David J. – contact at mens_corrections@ashevilleaa.org. Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. [Here](#) is a link for the Corrections Committee flyer.

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new [application](#) for volunteering at BCDF.

Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization.

CPC/PI Committee – These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. [Here](#) is a link for the CPC/PI Committee flyer.

Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at literature@ashevilleaa.org to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

District 71:

GSR Meeting – Normally held on the 2nd Saturday of the month. The next meeting will be Saturday, August 8, 9:30am via Zoom. Check their website for meeting updates and links: <https://www.nc71.org/> The District Service Committees meet in conjunction with the GSR meeting.

The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; info@ncmco.net – for contact information.

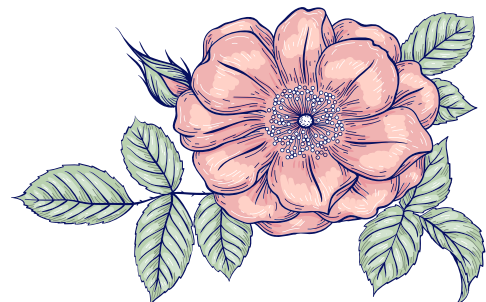
District 80:

GSR Meeting – held quarterly. The next meeting will be Sunday, October 18, 1:30pm, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. Check their website for meeting updates and links: <http://aawnc80.com/> All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: www.aanCMCO.org

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information, please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be Thursday, October 8, 5:30–6:30pm, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!



Need to order or pick up supplies for your group?

Call (828) 254-8539 during business hours: Monday-Friday, 10:00am-1:00pm or email your order to: info@ncmco.net

We'll be happy to arrange for pickup (by you!) or shipping.

NCMCO Internet Anonymity Policy

The Office, guided by the latest version of "GSO Guidelines: Internet," shall 1) take reasonable and commonsense precautions and 2) employ discretionary practices that help protect but do not guarantee the online anonymity of A.A.s who may communicate and share information with NCMCO; and that NCMCO shall not share or publish any personally identifying information – full name, phone number, personal mailing address, personal email address, or personal website – a) in its correspondence, b) in the Mountain Doin's, or c) on its website.

Call: 828-254-8539 or write: info@ncmco.net if you have questions.

AA Members: submit your stories, articles, or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801 or emailed to: info@ncmco.net

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!

Physically Distanced but Digitally Connected:

The Alcoholics Anonymous Message Carries On Amid Coronavirus (COVID-19)

May 11, 2020 - reprinted from AA.org

A.A. in the digital age has certainly taken on a new meaning in these challenging times. Alcoholics Anonymous is not a place or an event; it exists in the hearts, minds and help freely offered by its members.

Most recently, Coronavirus (COVID-19) has affected many A.A. groups that normally would meet in-person. The General Service Office (G.S.O.) of Alcoholics Anonymous U.S./Canada, which functions as a repository for A.A. members and groups who are looking for shared experience from the A.A. Fellowship, has some general experience to share regarding this issue.

Some A.A. members have shared that meeting online has been an adjustment and has at times had its challenges. Adhering to state/provincial and federal guidelines, many A.A. members have switched from "in-person" meetings to digital meetings, on platforms such as Zoom, Google Hangouts, Conference Calls, GoToMeeting and What's App, allowing the group to continue to focus on A.A.'s primary purpose: to carry its message of recovery to the alcoholic who still suffers.

In a sense, however, this current experience is not necessarily new for A.A. From its earliest beginnings, the A.A. founders recognized the need to reach beyond the face-to-face transmission of the A.A. message, giving rise to the development of A.A.'s basic text, the book Alcoholics Anonymous. This book and other A.A. materials which are widely available on multiple platforms – digital, audio and video – has literally circled the globe and opened the door to recovery for thousands of alcoholics looking for help. Even prior to this pandemic many A.A. members around the world – whether homebound, living in remote areas, or service members stationed in far-flung places – have counted on participating in A.A. remotely through A.A. literature, phone calls with other members, correspondence by letter or email and meetings online.

While many A.A. members are for the first time reporting the shift from in-person meetings to digital platforms, for many alcoholics around the world, remote connections and digital platforms are how they initially encountered and maintain their recovery in A.A. even prior to the pandemic.

Many A.A. groups have shared with G.S.O. that they are now finding great connection in digital meetings and want to offer that same experience to anyone who has yet to attend their first meeting.

There are a number of other A.A. resources as well and those seeking help with a drinking problem can get local A.A. information through G.S.O.'s website or download G.S.O.'s free of charge A.A.W.S. Meeting Guide App.

Another resource is AA Grapevine, the publisher of the International Journal of Alcoholics Anonymous. Its purpose is to provide A.A. member sharing through its magazines (in English and Spanish), websites, audios, and e-books. Members share on topics related to recovery, including recovery on digital platforms. Often referred to as A.A.'s "meeting in print," AA Grapevine communicates the experience, strength and hope of its contributors and reflects a broad geographic spectrum of current A.A. experience. For more information visit: <https://www.aagrapevine.org/we-are-here-to-help>

happy anniversary!

2nd Chance Group - Cherokee

David H. 8-02-2014 6 yrs
Dean W. 8-09-1991 29 yrs

Acceptance Group

Pam G. 8-10-2015 5 yrs
Mike L. 8-11-2017 3 yrs
Mike D. 8-13-2018 2 yrs
Jonathan C. 8-15-1985 35 yrs
Sally S. 8-28-2009 11 yrs
Chandler S. 8-29-2018 2 yrs
Tiffany T. 8-29-2017 3 yrs
Arenda M. 8-30-2018 2 yrs

At Wit's End Group

Sharrye D. 8-01-2015 5 yrs
Brian N. 8-14-2013 7 yrs
Jeremy O. 8-15-2015 5 yrs
Chris M. 8-17-2015 5 yrs

Back to Basics Group-Weaverville

Peter M. 8-08-1983 37 yrs
Matthew S. 8-08-2018 2 yrs
Denis O. 8-09-1985 35 yrs

Black Mountain Group

Demeseh 8-15-2001 19 yrs
Jacqueline 8-28-1998 22 yrs

Brevard Serenity Group

Paul W. 8-03-1997 23 yrs
Heather K. 8-19-2017 3 yrs
Barb E. 8-21-1990 30 yrs
Andy G. 8-23-2016 4 yrs
Dennis K. 8-28-1991 29 yrs

Candler K.I.S.S. Group

Doug W. 8-17-2010 10 yrs

Conscious Contact

Steve C. 8-12-2016 4 yrs
Greg G. 8-15-1989 31 yrs

Cumberland Group

John S. 8-02-2013 7 yrs
Lynda M. 8-06-1985 35 yrs
Natalia 8-13-2014 6 yrs
Wayne B. 8-15-2005 15 yrs
Tom H. 8-23-2005 15 yrs
John T. 8-24-2010 10 yrs

Daily Decisions

Trink F. 8-16-2006 14 yrs
Myles R. 8-24-1986 34 yrs
Frank H. 8-28-1989 31 yrs

Fellowship Group

Dick S. 8-01-2006 14 yrs
Caroline W. 8-09-2016 4 yrs
Ellen A. 8-07-2018 2 yrs
Nancy J. 8-10-2018 2 yrs
Annie B. 8-19-2012 8 yrs
Charlene O. 8-20-2002 18 yrs
Martha R. 8-22-2000 20 yrs
Scott H. 8-22-2018 2 yrs
Matthew T. 8-25-2011 9 yrs
Frank H. 8-28-1989 31 yrs
Jack J. 8-28-2015 5 yrs

Good Livens

Sara S. 8-08-2006 14 yrs
Chris M. 8-12-2011 9 yrs
Ana A. 8-23-2002 18 yrs

Grace Group

Brian F. 8-03-2011 9 yrs
Ed B. 8-03-2009 11 yrs
Peggy N. 8-04-2002 18 yrs
Mary Elizabeth B. 8-16-2016 4 yrs
Sarah H. 8-20-2016 4 yrs

Happy Hour Group

Don F. 8-18-1970 50 yrs
Eileen B. 8-23-2018 2 yrs

Hendersonville Group

Bob L. 8-08-1980 40 yrs
Tom P. 8-15-1995 25 yrs
Susan W. 8-24-2000 20 yrs

Hendersonville Men's Group

Michael J. 8-12-2016 4 yrs
Ken B. 8-13-1984 36 yrs

Mission Group

Jim F. 8-09-1985 35 yrs
Kay G. 8-14-1982 38 yrs

Phoenix Group

Karin S. 8-28-1982 38 yrs

Serenity Now

Dean W. 8-09-1991 29 yrs

Serenity Seekers

James K. 8-05-2011 9 yrs
Vicki 8-14-2019 1 yr

Total Surrender Group

Amber B. 8-05-2011 9 yrs
Caroline W. 8-09-2016 4 yrs
Jackie R. 8-12-2015 5 yrs
Trish A. 8-14-2006 14 yrs
Marion M. 8-28-1976 44 yrs

Traditional Group

Richard T. 8-07-1984 36 yrs
Stephen T. 8-13-2006 14 yrs

United with Hope Group

Bob L. 8-09-1984 36 yrs
James 8-25-2018 2 yrs

Waynesville Grace Group

Susan K. 8-03-1985 35 yrs
Jason J. 8-06-2012 8 yrs
Lisa L. 8-08-2015 5 yrs
Jim F. 8-09-1985 35 yrs
Kathleen P. 8-10-2018 2 yrs
Bob M. 8-14-2018 2 yrs
Jenni C. 8-16-1987 33 yrs
Elise C. 8-17-2002 18 yrs
Vicki P. 8-23-2016 4 yrs
Judy M. 8-30-2007 13 yrs
Paula W. 8-31-1996 24 yrs

West Asheville Group

Cindy DiL. 8-19-2019 1 yr



Mountain Doin's Annual Subscription Info & Rates

Groups receive one print copy per month, at no charge. Subscriptions for additional print copies may be picked up at Central Office or mailed.

	<u>Picked Up</u>	<u>Mailed</u>
1 extra copy each month (1+1)	\$6.00	\$12.00
extra copies each month (1+3)	\$8.00	\$21.00
5 extra copies each month (1+ 5)	\$10.00	\$28.00
10 extra copies each month (1+10)	\$18.00	\$40.00
15 extra copies each month (1+15)	\$25.00	\$68.00

Digital version via email FREE

A Free Subscription for You!

The full-color edition of our monthly newsletter is available free! Subscribe by contacting us at info@ncmco.net. We will email you a link for the Mountain Doin's with all the latest information about meeting changes, special events, service opportunities and much more. The newsletter is also posted online at www.aancmco.org and www.ashevilleaa.org.

District 71
Presents a new virtual
book study

The
A.A. SERVICE MANUAL

Combined With

TWELVE CONCEPTS
for **WORLD SERVICE**

by Bill W.



2018-2020 Edition

**REFLECTING ACTIONS OF THE
2018 GENERAL SERVICE CONFERENCE**

Open to all A.A. members!

Saturday's @ 10:00-11:00AM

(except: 2nd Saturday of the month for D-71's GSR meeting)

Join us!! Beginning, August 15th,

Zoom ID# 839 998 9177, (no password required)

Please join us on Zoom for the

73RD North Carolina State Convention

July 31-August 2, 2020



FRIDAY, July 31

8:00 pm **SPEAKER**

Doug M, Canton, GA

Chair Elizabeth P, Raleigh, NC

ZOOM ID:

813 1841 8078

PASSWORD: 546391

SATURDAY, August 1

9:00 am **WORKSHOP**

Freedom from...Freedom to

Chair LeGrande A

Panelists **Craig W**, Sandy Hook, CT

Amanda B, Montgomery, AL

Tami B, Charlotte, NC

10:30 am **SPEAKER**

Nick P, Pittsburgh, PA

Chair Jim H, Charlotte, NC

1:00 pm **SPEAKER**

Amy D, Louisville, KY

Chair Cathy McK, Raleigh, NC

3:00 pm **OLD TIMERS PANEL**

Chair Donna B

Panelists **Dave C**, Raleigh, NC

Bill C, Greensboro, NC

Wallace B, Sanford, NC

Jim F, Kenansville, NC

8:00 pm **SPEAKER**

Amanda B, Montgomery, AL

Chair Beth R, Charlotte, NC

SUNDAY, August 2

10:00 am **GOD AS I UNDERSTAND HIM**

Chair Alana E, Durham, NC

11:30 am **SPEAKER**

Craig W, Sandy Hook, CT

Chair Will M, Charlotte, NC

1:00 pm **WORKSHOP**

**Newcomer Experience:
Then and Now**

Chair Amber M, Charlotte, NC

Panelists **Amy D**, Louisville, KY

Nick P, Pittsburgh, PA

Doug M, Canton, GA

3:00 pm **SPEAKER**

Angie M, Tobaccoville, NC

Chair Annette K, Hendersonville, NC

www.aanconvention.com

For more information please contact:

Beth R. (704) 941-1220 or

Alana E. (980) 230-9333

OR Email: aanconvention@gmail.com



Virtual

5th Annual Unity & Service Conference

"Applying our 12 Traditions & 12 Concepts to Real Life"

**September 5-6, 2020 (PDT)
Labor Day Weekend
Concord, CA, USA**



**Pacific
Daylight
Time Zone**

Saturday, September 5

Sunday, September 6

Welcome!

Serenity Prayer & Kickoff

8:45 am

9:00 am

Memoirs of a Judge that Nudged

*Rogelio Flores, Santa Barbara, CA
Retired Judge & Past Class A Trustee*

Contempt Prior to Investigation?

**The 12 Concepts -
"A Spiritual Experience"**

Jennifer D., Wilmington, NC

10-Minute Tradition or Concept Vignette Before Each Main Speaker

10:30 am

Service Panels

Panel 1 - **Young People**
Panel 2 - **Bridging the Gap**
Panel 3 - **Corrections (H & I)
Q&A**

Service Panels

Panel 1 - **Public Info & Cooperation with
Professionals**
Panel 2 - **Intergroup/Hotline**
Panel 3 - **General Service**
Panel 4 - **Sponsorship
Q&A**

12:00 pm

Break

12:30 pm

**Finance & Romance
in AA's Digital Age**

Jennifer D., Wilmington, NC

**Anonymity and Outside Issues:
Right vs. Responsibilities**

Roger W., Vine Grove, KY

10-Minute Tradition or Concept Vignette Before Each Main Speaker

2:00 pm

The Three Legacies and Relationships

Chuck & Beth H., Cary, NC

10-Minute Tradition or Concept Vignette
from an Al-Anon Speaker

*This 2 Hour and 15-Minute Session Includes
a 15-Minute Break at 3 pm Before Concluding at 4:15 pm*

Ask It Basket with Speakers

*Rogelio, Jennifer, Don, Roger,
Chuck & Beth*

3:00 pm

Break

Close with Responsibility Statement

4:30 pm

**Unity vs. Conformity
in the Home Group**

Don L., Bellingham, WA

10-Minute Tradition or Concept Vignette to Open

6:00 pm

Close with Responsibility Statement

Online-Only Event!

Space is Limited.....

Pre-Registration Encouraged!



Registration Link & Contact Info: Unityandserviceconference.org

925.222.5639



District 71

and

The Hendersonville Group of Alcoholics Anonymous

will be hosting a

Sponsorship Workshop

Saturday, September 12, 2020

11:00 – 1:00 pm

Located at 1624 Willow Road, Hendersonville, NC

There will be a “Panel Discussion” and an
“Ask the Basket” format

Bring a snack or dish to share



Sponsorship pamphlets will be provided



4 T H A N N U A L

WNCYPAA CAMPOUT

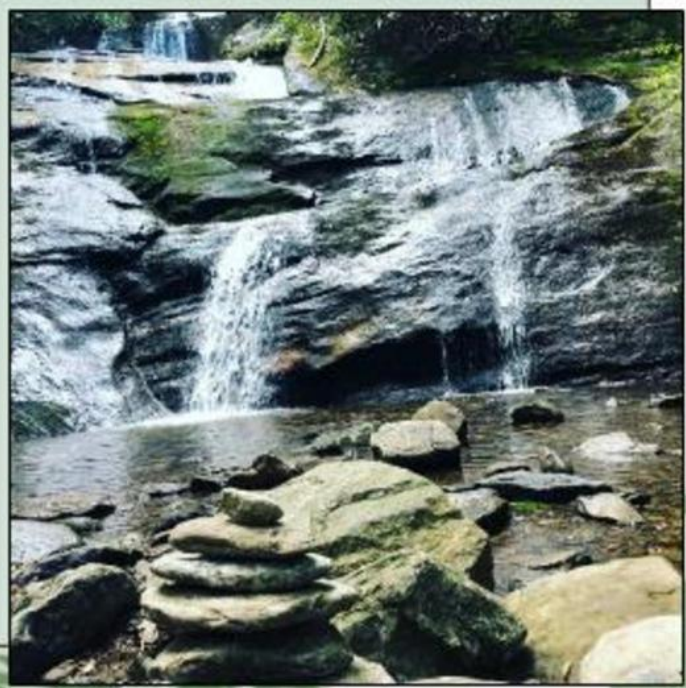
CO-HOSTED WITH NCCYPAA 2021 HOST COMMITTEE

OCTOBER 16TH - 18TH, 2020

BRIAR BOTTOM GROUP CAMPGROUND

50 BLACK MOUNTAIN CAMPGROUND RD

BURNSVILLE, NC, 28714



\$10: UNTIL DEC 15TH - \$15: UNTIL MAY 26
\$20 UNTIL OCT 14TH - \$25: DAY OF
\$15: SAT DAY PASS (IN PERSON)

COST OF REGISTRATION INCLUDES MEALS!

BONFIRE SPEAKER MEETINGS - HIKE TO MT MITCHELL
SCAVENGER HUNT - CAPTURE THE FLAG IN THE DARK
WATERFALL & RIVER ACCESS - ON SITE RESTROOMS & SHOWERS
SMORES - AND MORE!

PRE-REGISTER AT WNCYPAA.ORG