

# Mountain Downs

July  
2020

828-254-8539

Central Office is still staffed  
Monday-Friday 10am-1pm  
but not currently open to  
visitors.

Call or email with  
any questions.

[info@ncmco.net](mailto:info@ncmco.net)

## Central Office Positions Open

The Central Office Board has three service positions that need filling. Elections will be held at the next COR/Board meeting on July 9. (See Service Express on page 5 for details.)

Below are the responsibilities and requirements for each position. If you are interested in one of these, please attend the meeting in July. If you have any questions, contact Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

### Alternate Chairperson

- Shall perform the duties of the Chairman when requested by the Chairman or in the case of his absence or inability to act, and shall preferably be interested in rotating to the Chairperson position if it becomes vacant.
- Shall perform other duties as occasionally assigned.
- Shall have at least five years continuous sobriety at the time of taking office.
- Shall attend Central Office Board and General Committee meetings.

### Secretary

- Shall perform all duties incident to the office and others as assigned.
- Shall attend and take minutes of all COR General Committee and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the day meeting.
- Shall follow the Alternate Chair in line of succession to the Chair at board meetings.
- Shall have at least five years' continuous sobriety at the time of taking office.

### 12-Step Call Volunteer Coordinator

- Has responsibility for maintaining the 12-Step Call Volunteer list, with help from the Office Manager.
- Recruits new volunteers.
- Interacts with Office Manager to provide the Office, Answering Service and After-hours Hotline Volunteers with updates to the 12-Step Call Volunteer list.
- Shares responsibility with NCMCO to ensure appropriate rotation of calls to 12-Step volunteers.
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

## Inside This Issue

- Pg 2 **Profit and Loss, Cash on Hand, Grapevine, Call and Visitor Log**
- 3 **Contributions and Donations, Spanish Speakers Needed!**
- 4 **Service Express, Special Meetings and Events**
- 5 **The Service Express, cont., meeting updates**
- 6 **Supply Requests, Anonymity, Submissions, Special Announcement**
- 7 **Anniversaries**

## Meetings Are Online!

[AshevilleAA.org](http://AshevilleAA.org) - [nc71.org](http://nc71.org) - [aawnc80.com](http://aawnc80.com)

On these websites, you can find:

Daily meetings from 7am - 11pm  
through Zoom

Basic script and readings for  
online meetings

List of suspended meetings

Zoom settings recommendations  
to protect our community  
and anonymity

New NC Mountain Central Office, Inc.  
Profit & Loss YTD Comparison

	May 20	Jan - May 20
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Contributions</b>		
Birthday Contributions	21.00	21.00
Group Contributions	982.22	10,320.73
Individual Contributions	200.14	686.20
<b>Total Contributions</b>	1,203.36	11,027.93
Interest on Money Market	0.94	4.61
<b>Sales Income</b>		
Literature & merchandise	335.36	7,883.65
Shipping charged to groups	7.19	188.34
<b>Total Sales Income</b>	342.55	8,071.99
<b>Total Income</b>	1,546.85	19,104.53
<b>Cost of Goods Sold</b>		
Freight - vendor shipping	0.00	106.60
Literature & merchandise	280.50	6,462.09
Shipping to groups	0.00	180.30
<b>Total COGS</b>	280.50	6,748.99
<b>Gross Profit</b>	1,266.35	12,355.54
<b>Expense</b>		
Computer, Software, IT Asst	0.00	74.89
Copier Rental	169.93	839.72
Credit Card Processing	15.56	98.34
Office Expenses	32.98	122.96
Office Supplies	38.31	149.67
<b>Payroll Expenses</b>		
Gross Salary (Including Ta...	1,200.00	7,537.63
Payroll Taxes (Company)	99.00	621.86
Payroll Expenses - Other	3.50	22.75
<b>Total Payroll Expenses</b>	1,302.50	8,182.24
QuickBooks Expenses	0.00	246.10
Rent	584.00	2,869.00
Stamps/Postage	0.00	225.70
Telephone & Internet	160.59	798.94
<b>Total Expense</b>	2,303.87	13,607.56
<b>Net Ordinary Income</b>	-1,037.52	-1,252.02
<b>Other Income/Expense</b>		
<b>Other Income</b>		
Bank Service Charge repayment	0.00	7.00
<b>Total Other Income</b>	0.00	7.00
<b>Other Expense</b>		
Bank Service Charges	0.00	7.00
Inventory Adjustment	0.00	-1.56
<b>Total Other Expense</b>	0.00	5.44
<b>Net Other Income</b>	0.00	1.56
<b>Net Income</b>	<b>-1,037.52</b>	<b>-1,250.46</b>

## July Grapevine now available!

This month's Special Section is "Happy 85th Anniversary AA!" featuring "AA Around the World," stories by members about what AA is like all over the globe. Also featuring stories of hope by members during the current COVID-19 crisis.



[AAGrapevine.org](http://AAGrapevine.org)

**Cash on Hand**  
as of 5/31/2020:

**Prudent Reserve - \$11,079.87**  
**Operating Account - \$13,191.22**  
**Rent Deposit - \$400.00**  
**Petty Cash - \$50.00**

## Call & Visitor Log

May 2020

12 Step Calls - 14  
General Info - 1  
Family Help - 3  
Meeting Info - 47  
Central Office Business - 28  
Medical/Detox - 0  
Visitors - 1  
Answering Service - 0  
After-Hours Hotline - 25 calls

Visits to [aaNCMCO.org](http://aaNCMCO.org) website:

Unique Visitors - 728  
Number of Visits - 1438  
(1.98 visits per visitor)  
Pages Visited - 6056  
(4.2 pages per visit)



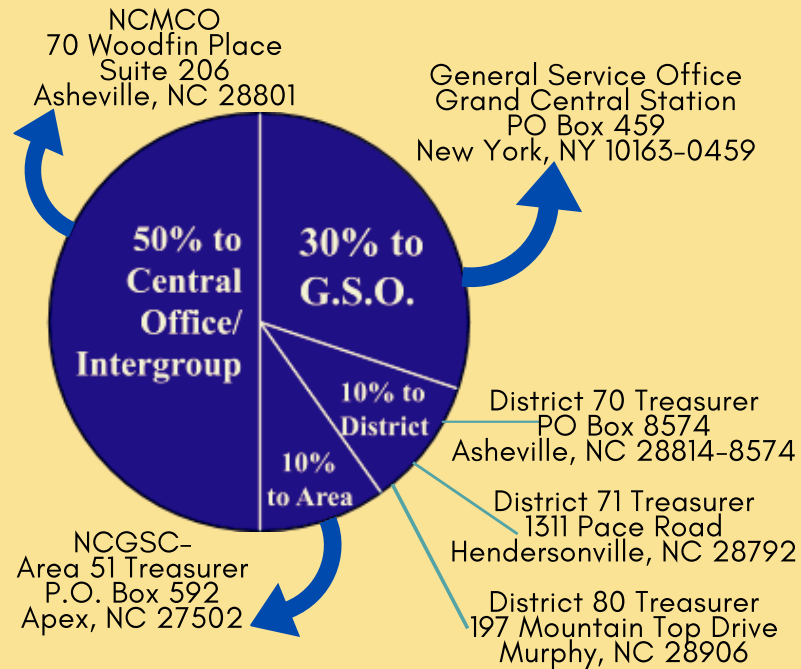
# Spanish Speakers Needed!

We are in need of bi-lingual/Spanish-speaking AA members who are willing to be 12-Step Call Volunteers and/or After-hours Hotline Volunteers. We periodically get calls from individuals looking for help who don't speak much English, or from hospitals, doctors or social workers who have Spanish-speaking patients and clients who are looking for information about Alcoholics Anonymous and AA meetings.

If you speak Spanish and would like to be of service, please call Ray at Central Office: 828-254-8539. Your assistance will be greatly appreciated!

## Suggestions & Addresses for Sending Donations to the A.A. Service Structure\* Revised for 2019

\*From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.



Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you all -  
 AA groups and individual members -  
 for your generous support!



# CONTRIBUTIONS

	MAY 2020	YTD
12 & 12 Study Group		\$50.00
Acceptance Group 122-477		\$167.00
As Bill Sees It Group		\$4.00
At Wit's End Group		\$58.24
Back to Basics Grp - Weaverville 147-139		\$150.00
Big Town Group 671-200		\$187.56
Bill's Kitchen - Men's Meeting		\$100.00
Brevard Serenity Group 631-231	\$100.00	\$100.00
But for the Grace of God Group		\$27.00
Candler KISS Group 163-148		\$35.00
Cashiers Valley Grp 122-589		\$476.78
Cedar Mountain Group 161-082	\$100.00	\$100.00
Cullowhee Valley Group 118-129	\$25.00	\$65.00
Daily Decisions 643-869		\$238.69
Day by Day Group 159-058		\$302.16
Downtown Serenity Group 702-463		\$55.24
Early Bird Group 612-780		\$117.00
Fellowship Group 655-542		\$500.00
Fireside Group 655-046		\$183.00
Good Livers 666-360		\$150.00
Grace Group 161-970		\$1,913.44
Great Fact Group - Waynesville		\$500.00
Happy Hour Group - Hendersonville 169-182		\$120.00
Hendersonville Men's Group		\$100.00
Last Chance Group - Men's First Step Farm		\$55.00
Library Group 672-283		\$99.00
Maggie Valley Group 158-950		\$67.55
Maple Grove Group 121-212		\$26.25
Marion AA Group 110-621		\$200.00
Marion Noon AA - Serenity Seekers 663-204		\$150.00
Mars Hill Group 130-895		\$89.00
Midday Grp (Hendersonville) 143-420		\$436.00
Monday 6:00 Open Meeting		\$27.82
Mountain View Grp (Highlands) 110-598		\$166.54
Newland Serenity (Linville Mtg) 117-577		\$100.00
Phoenix Group 697-148	\$100.00	\$100.00
Recovery by the River 674-892		\$127.40
Rule 62 Group		\$168.00
Safe & Sound 645-654	\$73.22	\$301.94
Saturday Morning Men's Meeting	\$100.00	\$375.00
Serenity Service Group 110-498		\$200.00
Sober Sisters - Flat Rock		\$137.12
Sojourners' Home Group		\$40.00
Spiritual Fitness Group 720-419		\$56.00
Spruce Pine Saturday Morning Grp 110-679		\$30.00
Surrender Group - Black Mountain		\$150.00
The Meeting	\$50.00	\$100.00
The Principles Group 675-162		\$14.00
United With Hope Group 719-052	\$150.00	\$150.00
Waynesville Grace Group 110-692		\$680.00
We Think Not Group 700-411	\$284.00	\$284.00
Women of Courage Group		\$290.00
<b>Total Group Contributions:</b>	<b>\$982.22</b>	<b>\$10,320.73</b>

Individual Contributions:		
Anonymous	\$143.31	\$149.87
Edie		\$30.00
Edward		\$100.00
Gordie		\$11.50
Greg	\$20.00	\$20.00
Jeffrey		\$40.00
Jill	\$25.00	\$25.00
Marty		\$250.00
Mike	\$1.83	\$1.83
Pam		\$8.00
In Memory of B.G.	\$10.00	\$50.00
<b>Total Individual Contributions:</b>	<b>\$200.14</b>	<b>\$686.20</b>

Birthday Contributions:		
Angie C	\$ 21.00	\$21.00
<b>Total Birthday Contributions:</b>	<b>\$21.00</b>	<b>\$21.00</b>

<b>Grand Total</b>	<b>\$1,203.36</b>	<b>\$11,027.93</b>
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# The Service Express

## District 70:

**GSR Business Meeting** – Held the 2nd Sunday of the month. The next meeting will be Sunday, July 12 via Zoom: 1:30-2:30pm GSR Orientation w/ Alt DCM Steve R. and LCM Bruce A.; 2:30-3:30pm GSR Business Meeting. The link will be on the [www.ashevilleaa.org](http://www.ashevilleaa.org) Zoom meeting calendar before the meeting date.

**District Service Committees** – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

**Treatment Facilities Committee** – Ian O. and Zack are Committee Chairs. Contact them at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org) to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. [Here](#) is a link for the Treatment Committee flyer.

**"Bridging the Gap"** (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at [bridgingthegap@ashevilleaa.org](mailto:bridgingthegap@ashevilleaa.org).

A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: [www.btgww.org](http://www.btgww.org)

**Corrections Committee** – At the moment, no volunteers are permitted to go into the jails or prisons. Contact the Corrections Chairs through the [ashevilleaa.org](http://ashevilleaa.org) website for updated information.

**Women's Chairs** are Denise J. and Casey – contact at [women\\_corrections@ashevilleaa.org](mailto:women_corrections@ashevilleaa.org). Men's Chair is David J. – contact at [mens\\_corrections@ashevilleaa.org](mailto:mens_corrections@ashevilleaa.org). Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. [Here](#) is a link for the Corrections Committee flyer.

**The Buncombe County Detention Facility** has varying needs of support for meetings inside the jail. [Here](#) is a new application for volunteering at BCDF.

Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization.



## Special Meetings and Events

\*NOTE: Many events are being cancelled. For the latest updates please check the specific event websites or [www.aanncmco.org/events/](http://www.aanncmco.org/events/)

**2020 International Convention.** July 2-5, 2020. (CANCELED) See page 6 or AA.org.

**73rd NC State Convention.** Jul 30-Aug 2. (CANCELED) Raleigh, NC, [aanconvention.com](http://aanconvention.com)

**25th Annual Southeast Woman to Woman Conference** – CANCELED. August 21-23. [SEWomantoWoman.org](http://SEWomantoWoman.org)

**Sponsorship Workshop** – hosted by District 71 and Hendersonville Group. (Rescheduled) to Saturday, September 12, 11:00am-1:00pm. Panel discussion and "Ask-the-Basket" format. 1624 Willow Rd (opposite Valley Hill Fire Dept.) Hendersonville 28739

**4th Annual WNCYPAA Campout.** October 16-18. Briar Bottom Group Campground, 50 Black Mountain Campground Rd, Burnsville, NC 28714. For more information and pre-registration, visit website: [www.wncypaa.org](http://www.wncypaa.org)

**NC Area 51 Conferences and Events:** [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

**GSO in New York:** [www.aa.org](http://www.aa.org)

For events around the country and the world, as well as great articles and information, go to: [www.aa.org](http://www.aa.org) and Box 4-5-9 Bulletin Board

**CPC/PI Committee** – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. [Here](#) is a link for the CPC/PI Committee flyer:

**Literature and Grapevine Committee** – Debra J. is the chairperson. Contact her at [literature@ashevilleaa.org](mailto:literature@ashevilleaa.org) to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

# The Service Express, cont.

## District 71:

**GSR Meeting** – Normally held on the 2nd Saturday of the month. Due to the Area Virtual Assembly on July 11, the District 71 GSR meeting will be on the third Saturday, July 18, 9:30am via Zoom. Check their website for meeting updates and links: <https://www.nc71.org/> The District Service Committees meet in conjunction with the GSR meeting.

The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net) – for contact information.

## COR/NCMCO Board

The next combined meeting will be Thursday, July 9, 6:00pm. It will again be via Zoom like the meeting was in May. For updated meeting information check the website: [www.aaNCMCO.org](http://www.aaNCMCO.org). COR/Board meetings are held every other month on the odd-numbered months.

We still have a couple of Board positions to fill. Information about the duties and requirements is posted on our website.

If you are interested in being of service please attend the COR/Board meeting in July. If you have any questions, call Central Office: 828-254-8539.

## District 80:

**GSR Meeting** – held quarterly. The next meeting will be Sunday, July 19, 1:30pm, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aaNCMCO.org](http://www.aaNCMCO.org)

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information, please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

**Murphy Intergroup Meeting** – held quarterly. The next meeting will be Thursday, July 9, 5:30-6:30pm, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

## Meeting Updates

There have been numerous meetings that have been temporarily suspended due to the coronavirus. Since it has been changing on a daily basis it is impossible to list all the ongoing updates here.

Please visit the websites for the latest information on meeting suspensions and links to online meetings:

- [ashevilleaa.org](http://ashevilleaa.org) (for meetings in Districts 70)
- [nc71.org](http://nc71.org) (for meetings in District 71)
- [aawnc80.com](http://aawnc80.com) (for meetings in District 80)
- [aaNCMCO.org](http://aaNCMCO.org)

## Need to order or pick up supplies for your group?

Call (828) 254-8539 during business hours: Monday-Friday, 10:00am-1:00pm or email your order to: [info@ncmco.net](mailto:info@ncmco.net)

We'll be happy to arrange for pickup (by you!) or shipping.

## NCMCO Internet Anonymity Policy

The Office, guided by the latest version of "GSO Guidelines: Internet," shall 1) take reasonable and commonsense precautions and 2) employ discretionary practices that help protect but do not guarantee the online anonymity of A.A.s who may communicate and share information with NCMCO; and that NCMCO shall not share or publish any personally identifying information — full name, phone number, personal mailing address, personal email address, or personal website — a) in its correspondence, b) in the Mountain Doin's, or c) on its website.

Call: 828-254-8539 or write: [info@ncmco.net](mailto:info@ncmco.net) if you have questions.

## AA Members: submit your stories, articles, or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801 or emailed to: [info@ncmco.net](mailto:info@ncmco.net)

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!

# Special Announcement

from AA.org

Dear friends,

As most of you are aware, in the spring the decision was made to cancel the 2020 International Convention due to the COVID-19 pandemic. While this was a difficult decision, and a disappointing outcome for those planning to attend, we are confident it was the most appropriate action to ensure the health and safety of our members. There is good news, however, as we now have an opportunity to bring together many of the special components that make International Conventions memorable — by utilizing a virtual platform. For this purpose, we are planning a 2020 International Convention digital site. Throughout the month of July, the 2020 International Convention will come alive online to provide a new experience that includes A.A. speakers; a digital "Carrying the Message Pavilion"; sharing from nonalcoholic friends of A.A. and special guests linked to our history; a presentation of the 40 millionth Big Book; a new Archives video on the history of A.A.; an AA Grapevine video created for the Convention, and more.

The virtual experience will also help us reaffirm the International Convention's goals, which include rededicating ourselves to the primary purpose of A.A.; sharing the success and growth of the A.A. program around the globe; and letting the world know that A.A. is alive, flourishing and available as a community resource internationally.

We will be up and running on [aa.org](http://aa.org) by July 1, 2020, to coincide as closely as possible with the original Convention date, and the site will be available throughout the entire month of July. Please stay tuned for updates on [aa.org](http://aa.org).

In fellowship,  
Julio E., 2020 IC Coordinator.



**3 Legacies Group**

Debra J. 7-28-1986 34 yrs  
 Jeff R. 7-28-2002 18 yrs

**Acceptance Group**

Kevin G. 7-11-1992 28 yrs  
 Allison G. 7-12-2018 2 yrs  
 Abbie S. 7-13-2009 11 yrs  
 Ron G. 7-15-1997 23 yrs  
 Bart B. 7-19-1982 38 yrs  
 Ken A. 7-20-2002 18 yrs  
 Dee A. 7-29-2003 17 yrs

**Around the Room Group**

Stewart R. 7-01-1999 21 yrs

**AVL Women's Big Book Step Study**

Linda S. 7-22-1983 37 yrs  
 Laurie G. 7-29-2004 16 yrs

**At Wit's End Group**

Matt J. 7-10-2002 18 yrs  
 Dan P. 7-19-2013 7 yrs  
 Lewis L. 7-24-2015 5 yrs

**Back to Basics - Weaverville**

Rita C. 7-01-1994 26 yrs  
 Christopher C 7-04-2019 1 yr  
 Morene B. 7-08-2002 18 yrs

**Black Mountain Group**

Margaret H 7-16-2015 5 yrs  
 Michael K. 7-22-2017 3 yrs

**Brevard Serenity Group**

Claudia S. 7-07-2006 14 yrs  
 Christina M. 7-08-2019 1 yr  
 Brian Mc 7-16-2006 14 yrs  
 Barry M. 7-22-1977 43 yrs  
 Anita W. 7-26-1985 35 yrs  
 Peggy P. 7-26-1990 30 yrs

**Candler K.I.S.S. Group**

David T. 7-11-1990 30 yrs  
 Harriet K. 7-18-1988 32 yrs

**Conscious Contact**

Stewart R. 7-01-1999 21 yrs  
 Destiny V. 7-13-2017 3 yrs  
 Sally S. 7-19-2003 17 yrs  
 Monica G. 7-26-1999 21 yrs

**Cumberland Group**

Michael M. 7-20-2014 6 yrs  
 David T. 7-21-1993 27 yrs

**Daily Decisions**

Jane A. 7-05-2012 8 yrs  
 Ray S. 7-10-1984 36 yrs  
 Debbie Q. 7-22-2016 4 yrs

**Fellowship Group**

Stewart R. 7-01-1999 21 yrs  
 Carolyn B. 7-05-2017 3 yrs  
 Kevin G. 7-11-1992 28 yrs  
 Kim C. 7-13-2011 9 yrs  
 Tony P. 7-15-1987 33 yrs  
 Alisa C. 7-20-2017 3 yrs  
 Kathy M-A 7-24-1986 34 yrs  
 Matty D. 7-29-2015 5 yrs

**Good Livers**

Elizabeth P. 7-07-1994 26 yrs  
 Joycie S. 7-08-2017 3 yrs  
 Claire J. 7-15-1984 36 yrs  
 Donald K. 7-15-2019 1 yr  
 Amy S. 7-17-2018 2 yrs  
 Jan W. 7-18-2008 12 yrs  
 Riva G. 7-18-2019 1 yr  
 Elizabeth O. 7-28-1986 34 yrs  
 S. H. 7-27-2019 1 yr  
 Susan W. 7-29-2014 6 yrs  
 Judith H. 7-30-2012 8 yrs

**Grace Group**

Beck B. 7-01-2019 1 yr  
 George P. 7-01-2008 12 yrs  
 Rob F. 7-01-2011 9 yrs  
 William H. 7-02-2019 1 yr  
 Roger S. 7-04-1990 30 yrs  
 Carol V. 7-10-2007 13 yrs  
 Doug V. 7-10-2018 2 yrs  
 Matt J. 7-10-2002 18 yrs  
 Lucy R. 7-13-2018 2 yrs  
 Kristen S. 7-15-2006 14 yrs  
 Molly K. 7-15-2016 4 yrs  
 Gabriel B. 7-24-2015 5 yrs  
 Jason W. 7-24-2013 7 yrs  
 Ethan D. 7-25-2018 2 yrs  
 John P. 7-25-2005 15 yrs  
 Beverly R. 7-26-2019 1 yr  
 Elizabeth H. 7-26-2006 14 yrs  
 Eric R. 7-28-2018 2 yrs

**Happy Hour Group**

Pepper O. 7-05-2015 5 yrs  
 David O'K. 7-15-1997 23 yrs

**Hendersonville Group**

Larry L. 7-18-1985 35 yrs

**Hendersonville Men's Group**

Merritt J. 7-04-1994 26 yrs  
 Nate F. 7-12-1998 22 yrs  
 Charlie R. 7-20-2019 1 yr

**Leicester Group**

Debbie W. 7-04-2008 12 yrs

**Mars Hill Group**

Sandy U. 7-12-1978 42 yrs

**Midday Group**

Valerie 7-12-2004 16 yrs  
 Joanne 7-15-1991 29 yrs  
 Sean S. 7-17-2013 7 yrs

**Riverside Group**

Tyrone P. 7-20-1992 28 yrs

**Serenity Seekers - Marion**

Courtney R 7-29-2019 1 yr

**Total Surrender Group**

Carolyn B. 7-05-2017 3 yrs  
 Jan 7-23-1986 34 yrs  
 Linda S. 7-22-1983 37 yrs

**Traditional Group**

Larry B. 7-21-2017 3 yrs  
 Bill D. 7-25-2018 2 yrs  
 Justin B. 7-27-2013 7 yrs

**Waynesville Grace Group**

Judy L. 7-04-2010 10 yrs  
 Carol T. 7-15-1975 45 yrs  
 Bill S. 7-16-1982 38 yrs  
 Jeff U. 7-26-2003 17 yrs



## Mountain Doin's Annual Subscription Info & Rates

Groups receive one print copy per month, at no charge. Subscriptions for additional print copies may be picked up at Central Office or mailed.

	<u>Picked Up</u>	<u>Mailed</u>
1 extra copy each month (1+1)	\$6.00	\$12.00
extra copies each month (1+3)	\$8.00	\$21.00
5 extra copies each month (1+ 5)	\$10.00	\$28.00
10 extra copies each month (1+10)	\$18.00	\$40.00
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A Free Subscription for You!

The full-color edition of our monthly newsletter is available free! Subscribe by contacting us at [info@ncmco.net](mailto:info@ncmco.net). We will email you a link for the Mountain Doin's with all the latest information about meeting changes, special events, service opportunities and much more. The newsletter is also posted online at [www.aancmco.org](http://www.aancmco.org) and [www.ashevilleaa.org](http://www.ashevilleaa.org).



**General Service Committee**

Chair  
4239 The Oaks Drive  
Raleigh, NC 27606  
chair@aanorthcarolina.org

Secretary  
PO Box 339  
Harrisburg, NC 28075  
secretary@aanorthcarolina.org

**DATE:** MAY 26, 2020  
**TO:** GSRs, Alternate GSRs, DCMs, Alternate DCMs, LCMs (Local Committee Members), Convention Chair and Alternate, Coordinators, Officers, Past Delegates and any other interested members!  
**SUBJECT:** **“Area 51 Virtual Spring Assembly Meeting in July”**

**July 11, 2020**

**Via Zoom**

**Theme: “Service – Gratitude in Action”**

**Special Guest: Steve S., GSO Staff Member- Literature**

**Special Presentation: Cathy B. – South East Regional Trustee**

**Updated Information**

The Spring Assembly in July has been cancelled at the Raleigh Hilton North Hills due to the limitations of group gathering size during the Covid-19 Pandemic.

- If you have made a reservation at the Hilton, you can cancel it with no penalty.
- The Zoom meeting information is provided below and can also be found on [www.aanorthcarolina.org](http://www.aanorthcarolina.org) along with Assembly handouts. Be sure to check a few days before the Assembly in case any adjustments need to be made to the tentative schedule given below.
- **Zoom Meeting Direct Link:**  
<https://us02web.zoom.us/j/6563167536?pwd=ZmZlY3dKZU5MNll0R0xvdjEzK3RDOT09>
- Meeting ID: 656 316 7536
- Password: 924686
- Dial by your location
  - +1 301 715 8592 US (Germantown)
  - +1 312 626 6799 US (Chicago)
  - +1 646 558 8656 US (New York)
  - +1 253 215 8782 US (Tacoma)
  - +1 346 248 7799 US (Houston)
  - +1 669 900 9128 US (San Jose)
- If you have any questions feel free to contact Julie R., the Area Chair ([chair@aanorthcarolina.org](mailto:chair@aanorthcarolina.org)) or Denise M., the Area Alternate Chair ([altchair@aanorthcarolina.org](mailto:altchair@aanorthcarolina.org)).

**Note: When you log in to the meeting please name yourself with your first name, last initial, service position Ex. Julie R. – Area 51 Chair or Julie R. – GSR, Turningpoint, D35**



**District 71**

**and**

**The Hendersonville Group of Alcoholics Anonymous**

**will be hosting a**

## **Sponsorship Workshop**

**Saturday, September 12, 2020**

**11:00 – 1:00 pm**

**Located at 1624 Willow Road, Hendersonville, NC**

There will be a “Panel Discussion” and an  
“Ask the Basket” format

*Bring a snack or dish to share*



**Sponsorship pamphlets will be provided**





# “SHAGGING IN THE SUNLIGHT”

**Put on your dancing shoes, come listen to the beach music, and dance in the sunlight of the spirit!**

**FUNdraiser to help the International Women’s Conference to be held in Charlotte, February 18-21, 2021**

**Raffles for door prizes and 50/50**

**WHEN: Saturday, September 12, 2020  
from Noon to 6:00 pm  
SPEAKER, MANDY P. @ 4:00 PM**

**WHERE: McDowell Park and Nature Preserve  
Large Pavilion  
15222 South York Road  
Charlotte (right at the SC border.)**

**Hamburger, hot dog, or sausage sandwich with a drink - \$2.50**

**Or**

**Combo with chips, drink, slaw, and a cookie - \$5.00**



**Helpers Needed: Setup/breakdown, Food Servers**

**Contact:**

**Betty G. @ [IWCCharlotte2021@gmail.com](mailto:IWCCharlotte2021@gmail.com), 704-491-1519**

**Beth R. @ [BethIWC2021@gmail.com](mailto:BethIWC2021@gmail.com), 704-941-1220**

4TH ANNUAL

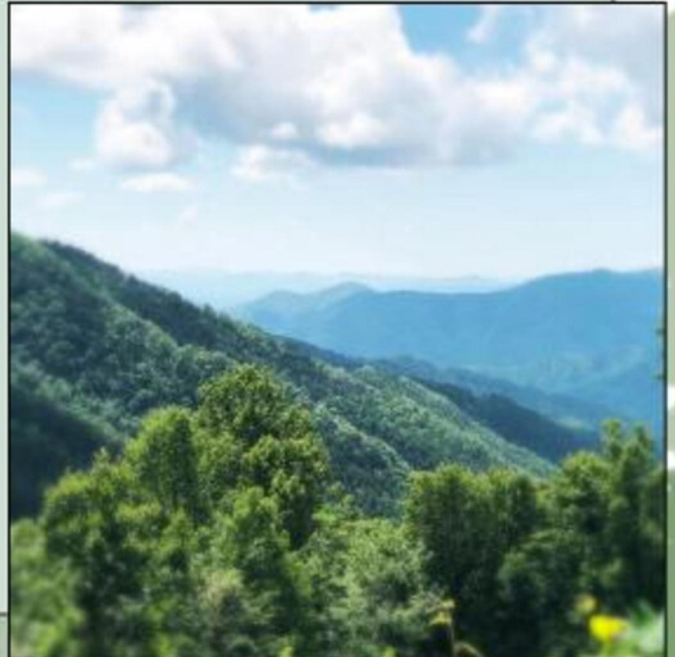
# WNCYPAA CAMPOUT

**OCTOBER 16TH - 18TH, 2020**

**BRIAR BOTTOM GROUP CAMPGROUND**

**50 BLACK MOUNTAIN CAMPGROUND RD**

**BURNSVILLE, NC, 28714**



**\$10: UNTIL DEC 15TH - \$15: UNTIL MAY 26**  
**\$20 UNTIL OCT 14TH - \$25: DAY OF**  
**\$15: SAT DAY PASS (IN PERSON)**

**COST OF REGISTRATION INCLUDES MEALS!**

**BONFIRE SPEAKER MEETINGS - HIKE TO MT MITCHELL**  
**SCAVENGER HUNT - CAPTURE THE FLAG IN THE DARK**  
**WATERFALL & RIVER ACCESS - ON SITE RESTROOMS & SHOWERS**  
**SMORES - AND MORE!**

**PRE-REGISTER AT [WNCYPAA.ORG](http://WNCYPAA.ORG)**

## Tours

### 1. Discover Charlotte! City Tour \$35.00

Friday and Saturday: 10:00 a.m.—11:30 p.m. Come discover Charlotte with C-Charlotte Tours. Our guided tours begin in busy Center City where we will see entertainment, dining and sports venues, galleries and museums. Your guide will introduce you to the history and architecture of Charlotte, from 19th century homes along tree lined streets to the skyscrapers of our gleaming and modern city. Pickups will be at the Westin and the Hilton.

### 2. Levine Museum of the New South \$12.00

Friday and Saturday: 10:00 a.m.—12:00 p.m. The Levine Museum presents a variety of interactive and immersive exhibits covering the history and cultures of the New South from the end of the Civil War in 1865 to today. Cotton Fields to Skyscrapers takes museumgoers on a journey of stories from Reconstruction, (the transformation of the southern economy from agriculture to industrialization;) the Civil Rights Era, to the booming growth of the urban landscapes and new populations of today's Charlotte. Temporary exhibitions focus on a variety of stories about Charlotte past and present.

### 3. Concord Mills Outlet Mall \$25.00

Friday & Saturday: 9:30 a.m.—1:30 p.m. Ride a luxury charter bus to Concord Mills, the largest outlet and value retail shopping destination in North Carolina. Concord Mills Mall is better than ever, with added amenities and extensive internal and external upgrades. Home to more than 200 stores paired with unique family dining and entertainment options all under one "climate controlled roof." Concord Mills is a great place to visit any time of year. We will pick up at the Westin and the Hilton.

**You will need to board your bus 15 minutes before departure time!**

57th IWC  
P. O. Box 30215  
Charlotte, NC  
28230



**Register before September 30, 2020 to be entered in drawing for free host hotel stay.**  
*The language of the heart will be spoken here. Register online at: [www.InternationalWomensConference.org](http://www.InternationalWomensConference.org)*

**57th  
INTERNATIONAL  
WOMEN'S  
CONFERENCE  
February 18-21, 2021**



**The Westin Charlotte  
601 S. College Street  
Charlotte, NC 28202**



## Welcome to Charlotte, North Carolina

The women of the Carolinas are honored to host the 57th International Women's Conference. We are doing all that we can in the hopes you will enjoy our Southern hospitality and the museums, theatres, and restaurants within walking distance of the hotels. You will be in the heart of the Charlotte business community, yet close to residential areas.

## IWC Mission Statement

The International Women's Conference is a bridge to a better understanding of the Alcoholics Anonymous philosophy and way of life because of our special needs in sobriety as women. We, as women members of Alcoholics Anonymous are survivors. We have found a way to obtain meaning, depth, and responsibility in our lives. This came about out of desire, decision, determination, and spiritual guidance. An elevated sense of belonging that is brought about by the special services and special needs provided by our Women's Conference is our goal.

## Hotel Information

### The Westin Charlotte (Conference Hotel)

601 S. College St., Charlotte, NC 28202  
**Standard Room: \$179 + local tax** (up to 4 to a room.) Room block cutoff is January 19, 2021, or when full. Rate available 3 days pre and 3 days post Conference, based on availability. Valet and self-parking is available (with in and out privileges) at \$30/\$25 per day for registered guests. Hotel Registration opens February 21, 2020.  
Call 1.866.837.4148 or book online at: <https://book.passkey.com/go/ICWCConferenceCharlotte>.

An early departure fee of \$179.00 will apply if an attendee checks out prior to the confirmed check out date.

## Transportation Information

Charlotte Douglas Intl. Airport (CLT) is served by most major airlines. Discount air February 15 to 28, 2021 through **Delta Airlines** @ 800-328-1111, **Code: NY21Q**

The Charlotte light rail is an easy way to get around the city and has a stop at the Westin Charlotte hotel door.

The Westin Charlotte hotel is located in Center City Charlotte, approximately 8 miles from the airport. There are a host of transportation services, taxis, Uber and Lyft that will transfer you to your hotel. Please see a listing on the website under Transportation.

## Self-Supporting

This conference is self-supporting through the money paid for by registration fees, banquet tickets, and donations. No 7th Tradition AA funds are used to pay for the event. Conferences and conventions are special events and require money, as well as months of planning and preparation. Expenses include contracted costs for the use of meeting rooms, preparation of food and beverages (especially coffee,) printing of registration forms, audio/visual service, flyers, program schedules, postage, supplies and many other costs. Our financial goal is to break even. Our contractual commitments to the hotel require a guaranteed number of hotel rooms and banquet sales. To achieve this, we must meet our banquet and room night commitments.

## Important Information

- ◆ IWC is a **CLOSED AA** women's conference for registrants only
- ◆ Online registration closes January 20, 2021 or before, if full
- ◆ No refunds after November 30, 2020
- ◆ **Credit/Debit cards accepted, No PayPal**
- ◆ Make checks payable to **57th IWC**
- ◆ Your cancelled check is your receipt
- ◆ Insufficient funds charge is \$35
- ◆ Badges must be worn at all times
- ◆ The 57th International Women's Conference is not responsible for loss of personal items or any personal injury
- ◆ Maximum occupancy for banquet meals is 1,000
- ◆ Maximum number of registrants is 3,000
- ◆ No pets, other than service dogs, allowed
- ◆ No childcare will be provided
- ◆ Please, no fragrances allowed during conference

### **For easy online registration and updates:**

[www.InternationalWomensConference.org](http://www.InternationalWomensConference.org)

### **Mail Registration Form and Payment to:**

57th IWC, P.O. Box 30215  
Charlotte, NC 28230

### **Contact Info:**

Registration Chair: Beth R.  
BethIWC2021@gmail.com

Phone: 704-941-1220

VolunteerIWC2021@gmail.com

Hotel Liaison: HotelIWC2021@gmail.com

**Register by September 30, 2020 to be entered into a drawing for a free host hotel stay at the Conference.**

## Registration Form

**Register before 9/30 for drawing for free hotel room.**

Name: \_\_\_\_\_  
Name on Badge: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/St/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Sobriety Date: \_\_\_\_\_  
Email: \_\_\_\_\_

**What service would you like to perform? (circle)**

Marathon Mtg. Greeter Registration Panel Workshop

**Do you have a special need? (circle)**

ASL Other: \_\_\_\_\_

**Pre-Registration** \$50.00 \_\_\_\_\_

**Registration After December 31** \$55.00 \_\_\_\_\_

**MEALS:** Please circle if you want **Vegetarian**

Friday Sundae Social \$20.00 \_\_\_\_\_  
Saturday Night Banquet \$75.00 \_\_\_\_\_  
Sunday Morning Buffett \$55.00 \_\_\_\_\_

### SOUVENIRS: (circle your size)

Zippered Hoodie	S	M	L	XL	\$35.00
	2X	3X			\$35.00
V-Neck T Shirt	S	M	L	XL	\$18.00
	2X	3X			\$18.00
20 oz. Stainless Steel Travel Mug					\$15.00
Large Heavy Canvas Tote Bag					\$28.00

### TOURS: (select days)

Discover Charlotte! City Tour	Friday	Sat.	\$35.00
Bus Trip to Concord Mills Outlet	Friday	Sat.	\$25.00
Levine Museum of the New South	Friday	Sat.	\$12.00
Contribution for Scholarship			\$ _____
TOTAL AMOUNT ENCLOSED			\$ _____