

#### 828-254-8539

Central Office is still staffed Monday-Friday 10am-1pm but not currently open to visitors.

Call or email with any questions.

info@ncmco.net

#### **Central Office Positions Still Open**

The Central Office Board still has two service positions that need filling. Elections will be held for the service positions at the next COR/Board meeting on May 14. (See Service Express on page 5 for details.)

Below are the responsibilities and requirements for each position. If you are interested in either of these, please attend the meeting in May. If you have any questions, contact Central Office: 828-254-8539; info@ncmco.net

#### **Alternate Chairperson**

- Shall perform the duties of the Chairman when requested by the Chairman or in the case of his absence or inability to act, and shall preferably be interested in rotating to the Chairperson position if it becomes vacant.
- Shall perform other duties as occasionally assigned.
- Shall have at least five years continuous sobriety at the time of taking office
- Shall attend Central Office Board and General Committee meetings.

#### **Secretary**

- Shall perform all duties incident to the office and others as assigned.
- Shall attend and take minutes of all COR General Committee and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the day meeting.
- Shall follow the Alternate Chair in line of succession to the Chair at board meetings.
- Shall have at least five years' continuous sobriety at the time of taking office.

#### **Inside This Issue**

- Pg 2 Profit and Loss, Cash on Hand, Grapevine, Call and Visitor Log
  - 3 Contributions and Donations
  - 4 Meeting Updates, Meeting Codes, Special Meetings and Events
  - 5 The Service Express
  - 6 In Memoriam, Supply Requests, Anonymity
  - 7 Anniversaries

#### **Meetings Are Online!**

AshevilleAA.org

On this website, you can find:

Calendar of daily meetings from 7am – 11pm through Zoom

Basic script and readings for online meetings

List of suspended meetings

Zoom settings recommendations to protect our community and anonymity

#### New NC Mountain Central Office. Inc. **Profit & Loss YTD Comparison**

	Mar 20	Jan - Mar 20
Ordinary Income/Expense	· ·	
Income Contributions		
Group Contributions Individual Contributions	1,362.00 10.00	8,313.90 298.06
<b>Total Contributions</b>	1,372.00	8,611.96
Interest on Money Market Sales Income	0.94	2.76
Literature & merchandise Shipping charged to groups	2,253.47 55.35	7,487.84 180.30
Total Sales Income	2,308.82	7,668.14
Total Income	3,681.76	16,282.86
Cost of Goods Sold Freight - vendor shipping Literature & merchandise Shipping to groups	19.71 1,831.04 58.68	106.60 6,128.83 179.60
Total COGS	1,909.43	6,415.03
Gross Profit	1,772.33	9,867.83
Expense Computer, Software, IT Asst	0.00	74.89
Copier Rental	161.92	507.87
Credit Card Processing	19.30	67.78
Office Expenses Office Supplies	44.99 0.00	74.99 111.36
Payroll Expenses Gross Salary (Including Taxes) Payroll Taxes (Company) Processing (for Direct Deposit)	1,580.00 130.35 1.75	4,817.63 397.46 10.50
Total Payroll Expenses	1,712.10	5,225.59
QuickBooks Expenses	0.00	246.10
Rent	567.00	1,701.00
Stamps/Postage Telephone & Internet	66.00 160.72	225.70 477.76
Total Expense	2,732.03	8,713.04
Net Ordinary Income	-959.70	1,154.79
Other Income/Expense Other Income		
Bank Service Charge repayment	0.00	7.00
Total Other Income	0.00	7.00
Other Expense Bank Service Charges Inventory Adjustment	0.00 0.81	7.00 -1.56
Total Other Expense	0.81	5.44
Net Other Income	-0.81	1.56
let Income	-960.51	1,156.35







#### May Grapevine now available!

This month's Special Section features by AA members about the joys of "Getting Into General Service."



## AAGrapevine.org

Cash on Hand as of 3/31/2020:
Prudent Reserve (Money Market)
\$11,078.02

Operating Account (Checking) \$15,515.41

Rent Deposit \$400.00

Petty Cash \$50.00

#### **Call & Visitor Log**

March 2020

12 Step Calls - 3

General Info - 6

Family Help - 2

Meeting Info - 49

Central Office Business -40

Medical/Detox - 0

Visitors - 43

Visits to aaNCMCO.org website:

Unique Visitors -951 Number of Visits - 1,959 Pages Visited - 8,052

## The Birthday Plan: Contributions to G.S.O.

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge. (Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

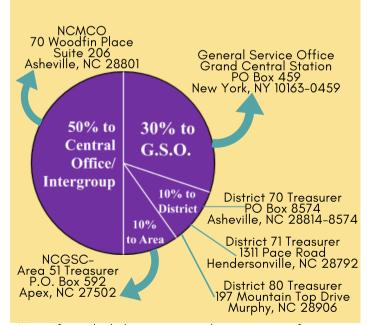
Birthday Contribution Envelopes are available for free at Central Office.

We also have envelopes for Birthday/Anniversary Contributions to the Central Office!

Email the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!

## Suggestions & Addresses for sending Donations to the A.A. Service Structure\* Revised for 2019

\*From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.



Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you all –

AA groups and individual members –
for your generous support!

### **CONTRIBUTIONS**

	Mar 2020	YTD
12 & 12 Study Group		\$50.00
At Wit's End Group		\$58.24
Back to Basics Grp - Weaverville 147-139		\$150.00
Big Town Group 671-200		\$117.84
Bill's Kitchen - Men's Meeting	\$100.00	\$100.00
But for the Grace of God Group	\$27.00	\$27.00
Candler KISS Group 163-148		\$35.00
Cashiers Valley Grp 122-589		\$257.77
Cullowhee Valley Group 118-129	\$40.00	\$40.00
Daily Decisions 643-869		\$238.69
Day by Day Group 159-058		\$302.16
Downtown Serenity Group 702-463		\$29.18
Early Bird Group 612-780		\$117.00
Fellowship Group 655-542		\$500.00
Good Livers 666-360	\$150.00	\$150.00
Grace Group 161-970	\$800.00	\$1,913.44
Great Fact Group - Waynesville		\$500.00
Hendersonville Men's Group		\$100.00
Last Chance Group - Men's First Step Farm	\$15.00	\$55.00
Library Group 672-283		\$99.00
Maggie Valley Group 158-950		\$67.55
Maple Grove Group 121-212		\$26.25
Marion AA Group 110-621		\$200.00
Marion Noon AA - Serenity Seekers 663-204	\$150.00	\$150.00
Mars Hill Group 130-895		\$52.00
Midday Grp (Hendersonville) 143-420		\$436.00
Mountain View Grp (Highlands) 110-598		\$166.54
Newland Serenity (Linville Mtg) 117-577		\$100.00
Recovery by the River 674-892		\$127.40
Rule 62 Group		\$168.00
Safe & Sound 645-654		\$228.72
Saturday Morning Men's Meeting		\$150.00
Serenity Service Group 110-498	\$50.00	\$150.00
Sober Sisters - Flat Rock		\$137.12
Sojourners' Home Group		\$40.00
Spiritual Fitness Group 720-419		\$56.00
Spruce Pine Saturday Morning Grp 110-679	\$30.00	\$30.00
Surrender Group - Black Mountain		\$150.00
The Meeting		\$50.00
The Principles Group 675-162		\$14.00
Waynesville Grace Group 110-692		\$680.00
Women of Courage Group		\$290.00
Total Group Contributions:	\$1,362.00	\$8,313.90
		40,010100
Individual Contributions:		
Anonymous		\$6.56
Gordie		\$11.50
Marty		\$250.00
In Memory of B.G.	\$10.00	\$30.00
Total Individual Contributions:	\$10.00	\$298.06
Total Birthday Contain ting	***	***
Total Birthday Contributions:	\$0.00	\$0.00
Mountain Doin's Subscriptions:	\$0.00	\$0.00
Grand Total	\$1,372.00	\$8,611.96

## **Meeting Updates**

There have been numerous meetings that have been temporarily suspended due to the coronavirus. Since it has been changing on a daily basis it is impossible to list all the ongoing updates here. Please visit the websites for the latest information and links to online meetings: www.ashevilleaa.org (for meetings in Districts 70 & 71, aawnc80.com (for meetings in District 80) or aaNCMCO.org (for meetings in all Western NC counties).

For the future - when meetings resume - here are a few meeting updates:

#### **New Meetings:**

Waynesville. Maple Grove Group - As Bill Sees It. Monday 7:00pm (O,AB) Maple Grove Methodist Church, Russ Ave, ½ mile south of Dellwood/Hwy 19, Waynesville 28786

#### **Meeting Changes:**

Asheville. Lambda Group. (O,G,D) All meetings on Friday are now at 7:00pm. The 8:30pm meeting has been discontinued; the last Friday of the month is still an anniversary but at 7:00pm not 8:00pm as it was previously. All Soul's Episc. Ch, 9 Swan St, Biltmore Village, Asheville 28803

**Bethel/Canton. Bethel Up the River Group.** Thursday. Time has changed back to 7:00pm (it was 6;00pm through the winter months). (C,D) Bethel Baptist Church, Rte 276 S, 5868 Pigeon Rd, Canton 28716



#### **Special Meetings and Events**

\*NOTE: Many events are being cancelled. For the latest updates please check the specific event websites or <a href="www.aaNCMCO.org/events/">www.aaNCMCO.org/events/</a>

Fireside Circle Spring Gathering/ Campout. May 7-10. (CANCELED) For more information contact Herb: 828-506-8563 or email: firesidecircle@yahoo.com

Area 51 Spring Committee and Assembly
Meeting. May 29–31. (Postponed – new date
TBA) Hilton Raleigh North Hills, 3415 Wake Forest Rd,
Raleigh 27609. For room reservation call: 919–872–
2323 or 800–445–8667 (Group Code: "A51SA") For
more information, visit website:
www.aanorthcarolina.org or email Area Chair:
chaireaanorthcarolina.org

85th Founders' Day. June 12-14. (CANCELED)

**2020 International Convention.** July 2–5, 2020. (CANCELED) Detroit, MI.

73rd North Carolina State Convention. July 30–August 2. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919–872–2323 or 800–445–8667 (Group Code: "NCGSC") For more information, visit website: www.aancconvention.com or email: aancconvention@gmail.com

25th Annual Southeast Woman to Woman Conference – Miracles in Progress. August 21– 23. DoubleTree by Hilton, Hotel Richmond – Midlothian, 1021 Koger Center Boulevard, Richmond, VA 23235. Reservations: 804– 379–3800 (Group Code: "W2W") For more information visit website: www.sewomantowoman.org

Sponsorship Workshop – hosted by District 71 and Hendersonville Group. Rescheduled from May; now to be on Saturday September 12, 11:00am–1:00pm. Panel discussion and "Ask-the-Basket" format. Please bring a snack or dish to share. 1624 Willow Rd (opposite Valley Hill Fire Dept.) Hendersonville 28739

4th Annual WNCCYPAA Campout. October 16-18. Briar Bottom Group Campground, 50 Black Mountain Campground Rd, Burnsville, NC 28714. For more information and pre-registration, visit website: www.wncypaa.org

NC Area 51 Conferences and Events: www.aanorthcarolina.org

GSO in New York: www.aa.org

For events around the country and the world, as well as great articles and information, go to: www.aa.org and Box 4-5-9 Bulletin Board

#### The Service Express

#### District 70:

District 70 GSR Business Meeting will be on Zoom in 2-parts: 1:30 - 2:30pm GSR Orientation w/ Alt DCM Steve R. and LCM Bruce A. 2:30 - 3:30pm GSR Business Meeting The link will be on the Zoom meeting calendar at ashevilleaa.org.

The new District 70 By-laws are now posted on the website: www.ashevilleaa.org

**District Service Committees** – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer

"Bridging the Gap" (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at bridgingthegap@ashevilleaa.org.

A new "Treatment Facilities Service Display" is in the works.
For information on Bridging the Gap, visit the website

Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at literature@ashevilleaa.org to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

Corrections Committee - At the moment, no volunteers are permitted to go into the jails or prisons. Contact the Corrections Chairs through the ashevilleaa.org website for updated information. Women's Chairs are Denise J. and Casey - contact at women\_corrections@ashevilleaa.org. Men's Chair is David J. - contact at mens corrections@ashevilleaa.org.

**Volunteers are needed** for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer

The Buncombe County Detention
Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF

Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization.

**CPC/PI Committee** - These are two separate service committees - "Cooperation with the Professional Community" and "Public Information".

The **CPC** committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few.

The **PI** committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer

#### **District 80:**

GSR Meeting – held quarterly. The next meeting will be Sunday, July 19, 1:30pm, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to contact Central Office.

Any A.A. members interested in participating in meetings at the **Appalachian Community Services Center** located at 91
Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information, please contact Matt C. or Carl I. through Central Office.

Murphy Intergroup Meeting – held quarterly. The next meeting will be Thursday, July 9, 5:30–6:30pm, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

#### District 71:

**GSR Meeting** - Held on the 2nd Saturday of the month. The next meeting will be Saturday, May 9, 9:30am, at 1624 Willow Rd, Hendersonville, 28739. District Service Committees meet in conjunction with the GSR meeting.

The **Corrections Committee** needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office.

#### **COR/BOARD MEETINGS**

The next combined COR/NCMCO Board meeting will be Thursday, May 14, 6:00pm, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. COR/Board meetings are held every other month on the odd-numbered months.

We still have a couple of Board positions to fill. Information about the duties and requirements is posted on our website. If you are interested in being of service please attend the COR/Board meeting on May 14. If you have any questions, call Central Office: 828-254-8539.

#### In Memoriam

We want to mention the passing of Pat O'C. a few weeks ago. His sober anniversary would have been May 12. He had been sober since 1969. Pat was active in the Marshall, Leicester, and Hot Springs Groups and sponsored many throughout the years.

Stephen McC. of the Marshall Group said, "Pat, along with Gene M, Bob and Jack, the 'sarges' of our rooms, taught us to pay attention to our program. Our meetings are not like piano lessons. He urged us to engage in the program and discover 'a life second to none'."

Pat lived in Spring Creek, Madison County, and was from the Boston area. His wife, Louise, who passed away a few years ago, was instrumental in making sure there would be an Al-Anon meeting in Madison County, was active in the Marshall Al-Anon Group and sponsored many. We miss them both.



## Need to order or pick up supplies for your group?

Call (828) 254–8539 during business hours: Monday–Friday, 10:00am–1:00pm or email your order to: info@ncmco.net

We'll be happy to arrange for pickup (by you!) or shipping.

## NCMCO Internet Anonymity Policy

The Office, guided by the latest version of "GSO Guidelines: Internet," shall 1) take reasonable and commonsense precautions and 2) employ discretionary practices that help protect but do not guarantee the online anonymity of A.A.s who may communicate and share information with NCMCO; and that NCMCO shall not share or publish any personally identifying information — full name, phone number, personal mailing address, personal email address, or personal website — a) in its correspondence, b) in the Mountain Doin's, or c) on its website.

Call: 828-254-8539 or write: info@ncmco.net if you have questions.

## AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801 or emailed to: info@ncmco.net

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!

# Let's Celebrate!

**Daily Decisions** 

Acceptance Group Foster Helen M. Jennifer E. Jim S.	5-04-2016 5-06-1978 5-26-2013 5-28	4 yrs 42 yrs 7 yrs
Around the Room (	<b>Group</b> 5-11-1978	42 yrs
At Wit's End Group Graham G. Margaret E. Scott A.	5-15-2014 5-15-2015 5-23-2014	6 yrs 5 yrs 6 yrs
Back to Basics, We Doug C Michaeline W	5-20-2014 5-28-1988	6 yrs 22 yrs
Black Mountain Gr Joyce W. Mark T. Frank M. Jimmy L. Bryan B.	5-04-2014 5-10-2008 5-16-1988 5-25-1985 5-28-2014	6 yrs 12 yrs 32 yrs 35 yrs 6 yrs
Brevard Serenity G Ana E. Bunny F. Karen C. Kat F. Steve G.	5-13-2018 5-07-2014 5-24-2014 5-27-2018 5-18-2007	2 yrs 6 yrs 6 yrs 2 yrs 13 yrs
Candler K.I.S.S. Gr Jon M.	oup 5-31-1983	37 yrs
Conscious Contac Deidre Dylan H. Margaret E.	5-03-1976 5-05-2016 5-15-2015	44 yrs 4 yrs 5 yrs
Cumberland Group John R. Lee R. Rusty M. Graham G. Tom H. Beth H.	5-03-2016 5-08-1992 5-10-1983 5-14-2014 5-27-2006 5-28-2012	4 yrs 28 yrs 37 yrs 6 yrs 14 yrs 8 yrs

Corey F. Eric L.	5-03-2017 5-28-2019	3 yrs 1 yr
Fellowship Group Pedro E. Walter T. Norman F. Barbara Raymond Y. Susan S. Gail R.	5-05-2016 5-06-1978 5-08-1985 5-15-2017 5-19-2010 5-27-1988 5-29-1994	4 yrs 42 yrs 35 yrs 3 yrs 10 yrs 32 yrs 26 yrs
Good Livers Group Larry Zach H Christine G. Marianne K. Jeanne J. Shirley E. Philip K	5-01-2016 5-05-2018 5-07-2000 5-09-2011 5-23-2018 5-27-1985 5-28-2011	4 yrs 2 yrs 20 yrs 9 yrs 2 yrs 35 yrs 9 yrs
Grace Group Erin C. Walter A. Lisa S. Danny D Lisa D. Ben M. Arlie S. Brady C. Graham G. Matt W. Pete S. Carolyn W. Leah H. Ed H. Lorin K. Charlene L. Shirley E. Cherie M. Mark T. Kerry S. Garrett C. Mike H. Sarah Mc	5-05-2017 5-05-2013 5-07-2019 5-08-2006 5-08-2018 5-11-2019 5-12-2012 5-14-2017 5-15-2014 5-15-2017 5-15-1977 5-17-2019 5-17-2018 5-20-2005 5-23-2019 5-24-1997 5-27-1985 5-28-1995 5-28-2019 5-29-2009 5-30-1993 5-30-2016	3 yrs 7 yrs 1 yr 14 yrs 2 yrs 1 yr 8 yrs 3 yrs 6 yrs 3 yrs 1 yr 2 yrs 15 yrs 15 yrs 25 yrs 27 yrs 5 yrs 4 yrs

3	yrs 1 yr	
4 42 35 3 10 32 26	yrs yrs yrs yrs yrs yrs	
2 20 9 2 35	yrs yrs yrs yrs yrs yrs	
2 8 3 6 3 43 2 15 23 35 25	yrs yrs 1 yr yrs yrs yrs yrs yrs yrs yrs yrs yrs y	

Happy Hour Group Nancy K. Michael N. Nick Buzz H.	5-21-2019 5-24-2002 5-26-2018 5-29-2008	1 yr 18 yrs 2 yrs 12 yrs
Hendersonville Me David L. Gary C.	n's Group 5-07-1991 5-07-1992	29 yrs 28 yrs
<b>Library Group</b> Michael B.	5-09-1986	34 yrs
Mars Hill Group BJ T. Stephen C. Marshall Group Pete S	5-11-1989 5-23-2011 5-15-1977	31 yrs 9 yrs
Phoenix Group Roger D. John M.	5-13-2001 5-09-1991	43 yrs 19 yrs 29 yrs
Bryan B.	5-28-2014	6 yrs
Practicing Principl Paula B.	<b>es Group</b> 5-11-2001	19 yrs
Serenity Seekers C	Group 5-08-1996	24 yrs
Total Surrender Gr	6 7 m . • 10 m	
Bill W. Matt W. Lee R. Dawn Celeste L. Dave C. Chris W. Dan V. Susan S. Gail R. Blair J. Natalie W.	5-01-2003 5-07-1989 5-08-1992 5-12-2009 5-13-2002 5-18-2003 5-22-2017 5-27-1988 5-29-1994 5-31-2010	17 yrs 31 yrs 28 yrs 11 yrs 18 yrs 17 yrs 3 yrs 32 yrs 26 yrs 9 yrs 10 yrs
United with Hope ( Trish	<b>Group</b> 5-01-2018	3 yrs

Waynesville Grace Group

5-02-1996

5-04-2019

5-06-1996

5-10-1976

5-14-1976

5-28-2014

24 yrs

24 yrs

44 yrs

44 yrs

6 yrs

1 yr

Marcia U.

Cathy S.

Ruth G.

Marsha B.

Madalyn S.

Jim L.





#### Mountain Doin's Annual Subscription Info & Rates

Groups receive one print copy per month, at no charge. Subscriptions for additional print copies may be picked up at Central Office or mailed.

	<u>Picked Up</u>	<u>Mailed</u>
l extra copy each month (l+l)	\$6.00	\$12.00
extra copies each month (1+3)	\$8.00	\$21.00
5 extra copies each month (1+ 5)	\$10.00	\$28.00
10 extra copies each month (1+10)	\$18.00	\$40.00
15 extra copies each month (1+15)	\$25.00	\$68.00

#### Digital version via email FREE

#### A Free Subscription for You!

The full-color edition of our monthly newsletter is available free! Subscribe by contacting us at info@ncmco.net. We will email you a link for the Mountain Doin's with all the latest information about meeting changes, special events, service opportunities and much more. The newsletter is also posted online at www.aancmco.org and www.ashevilleaa.org.

## **GSR ORIENTATION**

May 10th at 1:30pm

Online Zoom Meeting prior to regularly scheduled District 70 GSR Meeting at 2:30 pm

Join Alternate DCM Steve R. and LCM Bruce A. for a Q&A Discussion and useful Guidlines for being a successful GSR

Agenda and Zoom log-in will be provided in next DCM mailing with April minutes & reports



# **RD North Carolina State Convention**

July 30-August 2, 2020

Hilton Raleigh North Hills 3415 Wake Forest Road • Raleigh, NC 27609



**Register NOW to Support Your Convention!** 

#### Convention Pre-Registration \$20.00 per person

Pre-registration rate available until June 30, 2020, \$25.00 per person June 30, 2020 and after. Al-Anons 18 & under - No charge but must register. • No Refunds after June 30, 2020

#### **Speakers**

THURSDAY 8:30 PM Angie M, Tobaccoville, NC

FRIDAY, 8:00 PM

Doug M, Canton GA

**SATURDAY 9:30 AM** 

Nick P, Pittsburgh, PA



SATURDAY 2:30 PM

Amy D, Louisville KY

SATURDAY 8:00 PM

Butch M. Barrie, Ontario Canada

SUNDAY 8:30 AM

God as I Understand Him (5 peoples' experience)

**SUNDAY 10:00 AM** 

Amanda B, Montgomery AL

#### Workshops

- Friday 10:30 am
- Saturday 4:00 pm

#### And more...

- ★ FREE Convention Mug to First 400 Pre-Registrants!
- ★ Old-Timers' Panel, Friday at 3:00 pm
- \* 'Round the Clock Marathon Meetings
- ★ Open Discussion Meetings 🛆 \Lambda



- ★ Saturday Night Dance
- ★ Plenty of FREE Coffee

#### **Hotel Reservations**

Mention Group Code: NCGSC

Single & Double: \$127 + tax

Triple: \$127 + tax Ouad: \$127 + tax

#### Phone: (919) 872-2323

Ask for NC State Convention and/or group code "NCGSC" to make reservations.

#### Online:

www.NorthRaleigh.Hilton.com enter group code "NCGSC" where prompted.

#### Don't wait!...

Hotel cut-off for Conference rate: June 30, 2020

#### Register online at www.aancconvention.com

For more information or for problems with hotel reservations, please contact: Beth R. (704) 941-1220 or Alana E. (980) 230-9333 OR Email: aancconvention@gmail.com



## North Carolina State Convention

Fill out and mail this form or register online at www.aancconvention.com

Consider buying a sponsorship for those less fortunate

Name	
Address	Please print legibly
City, State, Zip	
Telephone ()	
Name(s) for badge(s)  Please print  Do you have accessibility needs?	

\$20.00 Special Rate before June 30, 2020
June 30 and after <b>\$25.00</b>
Al-Anons 18 & under: No charge but must register.

Make checks payable/mail to: **NC Convention Committee** PO Box 41451 • Raleigh NC 27629

	-	
Enclosed is \$		
for	regi	stration(s)
Is this a sponsorship?	□Yes	□ No
Preferred method of co ☐ Email ☐ Mail	ntact:	
If you are willing to be a	volunte	eer.

please check here:



#### 25th Annual

## Southeast Woman to Woman Conference

"Secrets Women Don't Share"

August 21-23, 2020

A conference for sober alcoholic women with Al-Anon participation

DoubleTree by Hilton Hotel Richmond - Midlothian 1021 Koger Center Boulevard Richmond, VA 23235

Reservations: 804-379-3800. Ask for

Group Code: W2W

Room Rate: \$109 + tax per room/per night Room rate reserved for conference until 8/6/20. Complimentary Parking and Wireless Internet Cancellations must be made 7 days prior to arrival to avoid being charged one night's room and tax.



For more information, contact: Robin S. 804-687-8584 Richmond.sew2w.2020@gmail.com

Christy E. 804-687-9913 christy.ellis412@gmail.com Flo D. 804-715-7073 flod930@gmail.com

Shirley P. 252-292-9823 shirleybp01@aol.com

Speakers

Workshops

www.sewomantowoman.org Pay Pal Available Online

Candlelight Meetings

Dance

For registrants only. No children permitted at conference events.

	To regul	The child	to portune a teometrice events.	
Registration Form (plea (Registration at conferen	nce begins Thursday, Aug	rust 20)	Checks/money orders payable to SEW2W. A  Did you register in Orlando? Yes	No refunds availabl
	Sobriety Date:		Registration (per person) \$30 (August 26, 2019 – February 29, 2020) \$35 (March 1 – August 5, 2020) \$40 (At the door – cash only)	\$
			Scholarship donation	\$
Street			Meals  ☐ Dinner Buffet (Saturday night \$45)  ☐ Breakfast Buffet (Sunday morning \$18)	\$
City	State	Zip	Souvenirs	\$
			T-Shirts (\$15) (Please indicate # and size) S M L XL 2X _	\$3X
Email			Coffee mug (\$7) #	\$
Are you willing to volun	teer?		Total Amount Enclosed	\$
Special needs				
For conference update	es, please visit:			



### **District 71**

#### and

# The Hendersonville Group of Alcoholics Anonymous will be hosting a

## Sponsorship Workshop

**Saturday, September 12, 2020** 11:00 - 1:00 pm

Located at 1624 Willow Road, Hendersonville, NC

## There will be a "Panel Discussion" and an "Ask the Basket" format

Bring a snack or dish to share



Sponsorship pamphlets will be provided

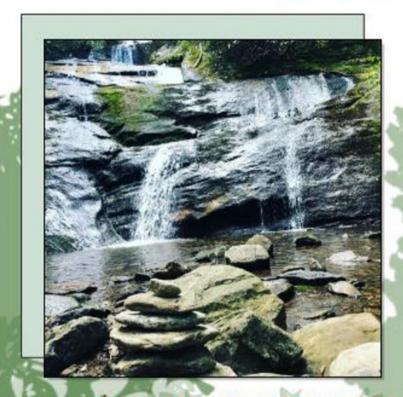


4TH ANNUAL

## WNCCYPAA CAMPOUT OCTOBER 16TH - 18TH, 2020

## **BRIAR BOTTOM GROUP CAMPGROUND**

50 BLACK MOUNTAIN CAMPGROUND RD BURNSVILLE, NC, 28714





\$10: UNTIL DEC 15TH - \$15: UNTIL MAY 26 \$20 UNTIL OCT 14TH - \$25: DAY OF \$15: SAT DAY PASS (IN PERSON)

### **COST OF REGISTRATION INCLUDES MEALS!**

BONFIRE SPEAKER MEETINGS - HIKE TO MT MITCHELL SCAVENGER HUNT - CAPTURE THE FLAG IN THE DARK WATERFALL & RIVER ACCESS - ON SITE RESTROOMS & SHOWERS SMORES - AND MORE!

PRE-REGISTER AT WNCYPAA.ORG