

MOUNTAIN DOIN'S

MARCH 2020

(828) 254-8539
Office Hours
10:00am - 1:00pm
Monday-Friday
info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Central Office Positions Open

The Central Office Board has several service positions that still need filling. Elections will be held for the service positions at the next COR/Board meeting on March 12. (See Service Express on page 5 for details.)

Below are the responsibilities and requirements for each position. If you are interested in any of these, please attend the meeting in March. If you have any questions, contact Pam at Central Office: 828-254-8539; info@ncmco.net

Alternate Chairperson (position now open after previous Alternate Chairperson, Jimmy L., stepped up in January to be the new Chairperson)

- Shall perform the duties of the Chairman when requested by the Chairman or in the case of his absence or inability to act, and shall preferably be interested in rotating to the Chairperson position if it becomes vacant.
- Shall perform other duties as occasionally assigned.
- Shall have at least five years continuous sobriety at the time of taking office.
- Shall attend Central Office Board and General Committee meetings.

Mountain Doin's Editor:

- Has overall responsibility for the monthly Mountain Doin's newsletter. (Note: Most of the work gathering materials for the newsletter is done by the Office Manager; the editor puts it into the design format. Computer skills required; software expenses will be reimbursed.)
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

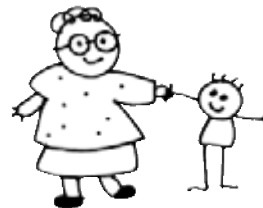
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Webmaster

- Has responsibility for publishing and maintaining the Central Office website www.aanbcmco.org in accordance with Central Office policies. (Note: Any expenses for software will be reimbursed.)
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

Child Friendly A.A. Meetings



Is your group "child-friendly," where it is okay if members bring a child with them to the meeting? Or does your meeting provide childcare? We have had several inquiries about this and at the moment we only know of a few meetings with either designation. There are numerous issues to consider like anonymity or how to deal with potential disruptions, but some groups seem to have worked out how to handle these things. Let us know if your group would like to be designated as "child-friendly" or "childcare provided" so we can indicate this in the Where & When meeting schedule and the online meeting list. Call us at (828) 254-8539. Thanks!

New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison

	Jan 20
Ordinary Income/Expense	
Income	
Contributions	
Group Contributions	5,668.81
Individual Contributions	276.75
Total Contributions	5,945.56
Interest on Money Market	0.94
Sales Income	
Literature & merchandise	2,877.34
Shipping charged to groups	61.21
Total Sales Income	2,938.55
Total Income	8,885.05
Cost of Goods Sold	
Freight - vendor shipping	56.31
Literature & merchandise	2,316.65
Shipping to groups	60.51
Total COGS	2,433.47
Gross Profit	6,451.58
Expense	
Copier Rental	161.92
Credit Card Processing	25.63
Office Expenses	30.00
Office Supplies	55.84
Payroll Expenses	
Gross Salary (Including Taxes)	1,877.63
Payroll Taxes (Company)	154.91
Processing (for Direct Deposit)	5.25
Total Payroll Expenses	2,037.79
Rent	567.00
Stamps/Postage	90.05
Telephone & Internet	158.52
Total Expense	3,126.75
Net Ordinary Income	3,324.83
Other Income/Expense	
Other Income	
Bank Service Charge repayment	7.00
Total Other Income	7.00
Other Expense	
Bank Service Charges	7.00
Inventory Adjustment	-2.18
Total Other Expense	4.82
Net Other Income	2.18
Net Income	<u><u>3,327.01</u></u>

March Grapevine is now available!

She kept trying to stop drinking, but nothing was working. Luckily, AA helped her put the pieces together.



www.aagrapevine.org

Cash on Hand as of 1/31/2020

Prudent Reserve (Money Market)

\$11,076.20

Operating Account (Checking)

\$16,024.69

Rent Deposit \$400.00

Petty Cash \$50.00

Call & Visitor Log

January 2020

12 Step Calls – 1
General Info – 3
Family Help – 2
Meeting Info – 18
Central Office
Business – 59
Medical/Detox – 0
Visitors – 81



Visits to aaNCMCO.org website:

Unique Visitors – 793

Number of Visits – 1,424

Pages Visited – 4,166



Contributions

JAN 2020

12 & 12 Study Group	\$50.00
At Wit's End Group	\$58.24
Big Town Group 671-200	\$117.84
Candler KISS Group 163-148	\$35.00
Cashiers Valley Grp 122-589	\$257.77
Day by Day Group 159-058	\$302.16
Downtown Serenity Group 702-463	\$29.18
Early Bird Group 612-780	\$117.00
Fellowship Group 655-542	\$400.00
Grace Group 161-970	\$1,113.44
Great Fact Group - Waynesville	\$500.00
Last Chance Group - Men's First Step Farm	\$40.00
Maggie Valley Group 158-950	\$67.55
Maple Grove Group 121-212	\$26.25
Mars Hill Group 130-895	\$52.00
Middy Grp (Hendersonville) 143-420	\$436.00
Mountain View Grp (Highlands) 110-598	\$166.54
Newland Serenity (Linville Mtg) 117-577	\$100.00
Rule 62 Group	\$168.00
Safe & Sound 645-654	\$228.72
Saturday Morning Men's Meeting	\$150.00
Serenity Service Group 110-498	\$50.00
Sober Sisters - Flat Rock	\$137.12
Sojourners' Home Group	\$40.00
Spiritual Fitness Group 720-419	\$56.00
Waynesville Grace Group 110-692	\$680.00
Women of Courage Group	\$290.00

Total Group Contributions: \$5,668.81

Individual Contributions:

Anonymous	\$5.25
Gordie	\$11.50
Marty	\$250.00
In Memory of B.G.	\$10.00

Total Individual Contributions: \$276.75

Birthday Contributions: \$0.00

Mountain Doin's Subscriptions: \$0.00

Grand Total: \$5,945.56

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you all - AA groups and individual members - for your generous support!

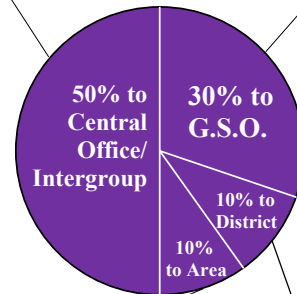
Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2019

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

Note: There are new addresses for the Area 51, District 71 and District 80 Treasurers

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Grand Central Station
PO Box 459
New York, NY 10163-0459



NCGSC – Area 51
Treasurer
P.O. Box 592
Apex, NC 27502

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
1311 Pace Road
Hendersonville, NC 28792

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906



MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Asheville: The Grapevine Meeting: Monday 4:00pm (O,D,BG,c-f) Asheville 12 Step Club, 22-B New Leicester Hwy, Asheville 28806

Asheville: Wharfrats AA Group: Tuesday 8:00pm (O,LS/D) Asheville 12 Step Club, 22-B New Leicester Hwy, Asheville 28806

Asheville: Young Women's Meeting: Saturday 12:30pm (O,W,D) Asheville 12 Step Club, 22-B New Leicester Hwy, Asheville 28806

Canton: Canton Beginners Meeting: Sunday 7:00pm (O,BG) Canton First United Methodist Church, 31 Newfound St (house next to church) Canton 28716

Discontinued Meetings:

Asheville: BYOC - Bring Your Own Coffee: Friday 8:15am (W,C,SS) 1st Congregational Church, 20 Oak St, Room 105, Asheville 28801. Meeting was discontinued at the end of January; the Wednesday 8:15am meeting (W,C,D) is still ongoing.

The SERVICE EXPRESS

April newsletter deadline for sending in announcements is **March 15**.

District 70:

GSR Business Meeting – Held the 2nd Sunday of the month. The next meeting will be on **Sunday, March 8, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunn's Cove Rd, Asheville 28805.

The new District 70 By-laws are now posted on the website: www.ashevilleaa.org

District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to

alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

"Bridging the Gap" (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at bridgingthegap@ashevilleaa.org.

A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: www.btgww.org

Corrections Committee – Women's Chairs are Denise J. and Casey - contact at women_corrections@ashevilleaa.org. Men's Chair is David J. – contact at mens_corrections@ashevilleaa.org. Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: Sarah.Regala@buncombecounty.org. AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

CPC/PI Committee – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>. To get

involved, please attend the GSR Business meeting on **March 8**.

Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at literature@ashevilleaa.org to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

District 71:

GSR Meeting – Held on the 2nd Saturday of the month. The next meeting will be **Saturday, March 14, 9:30am**, at 1624 Willow Rd, Hendersonville, 28739. The District Service Committees meet in conjunction with the GSR meeting.

The District Service Committees now meet in conjunction with the GSR meeting. The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; info@ncmco.net – for contact information.

District 80:

GSR Meeting – held quarterly. The next meeting will be **Sunday, April 19, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. All interested A.A. members are welcome to attend. They will be electing a new Events Chair, Corrections Chair and Grapevine promoter.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: www.aanCMCO.org

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be **Thursday, April 9, 5:30-6:30pm**, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

The next COR/NCMCO Board meeting will be **Thursday, March 12, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. COR/Board meetings are held every other month on the odd-numbered months.

We still have a few Board positions to fill. Information about the duties and requirements are on page one of the newsletter and also posted on our website: <https://aancmco.org/open-positions-at-ncmco/> If you are interested in being of service please attend the COR/Board meeting on March 12. If you have any questions, call Pam at Central Office: 828-254-8539.

Special Meetings and Events

Area 51 Winter Committee. March 7-8. Village Inn Hotel & Event Center, 6205 Ramada Dr, Clemons, NC 27012. For direct hotel reservations, call 336-766-9121 (Group Code: "NCGS") For more information visit website: www.aanorthcarolina.org or email Julie R., Area Chair: chair@aanorthcarolina.org

32nd Annual "Freedom from Bondage" – Area 51 AA Corrections Conference. March 13-15. Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28315 (Just off US 15-501 Hwy) Room reservations: 910-693-4330 or online: https://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20200313/index.jhtml?WT.mc_id=POG (Room Code: "FFB") For more information, email: corrections@aanorthcarolina.org or call 305-972-7979

3rd Annual WNCYPAA St. Patrick's Day Potluck. Saturday March 14. 6:00pm: food and fellowship (bring a dish to share) 7:00pm: Speaker meeting (Maryellen L, NCCYPAA host) 8:00pm: Pie-in-the-Face Auction! St. Paul's United Methodist Church, 223 Hillside St, Asheville 28801

Serenity Weekend. March 20-22. Clarion Hotel, 3032 Richmond Rd, Williamsburg, VA 23185. AA and Al-anon speakers, panel and workshops. For more information and registration, see website: <https://serenityweekend.net/>

Western Region Pre-Conference. Saturday March 21, 12:00-4:00pm. Huntersville United Methodist Church, 14005 Stumptown Rd, Huntersville, NC 28078

(Continued on Page 6)

Special Meetings and Events Continued

EACYPAA XVIII. (Eastern Area Convention of Young People in AA) March 26-29. Westin Convention Center, Pittsburgh, PA. For more information, visit website: www.eacypaa2020.org

United with Hope Group 4th Anniversary. Friday March 27. Complimentary breakfast 9:00am (feel free to bring something to share); Speaker (Watson J.) at 10:00am. Hope United Methodist Church (in Fellowship hall – not Choir Room) 2443 Spartanburg Hwy, E. Flat Rock 28726

Appalachian Regional Roundup. March 27-29. Meadow Conference Resort, 1901 Meadow View Parkway, Kingsport, TN 23660. For more information and registration, visit website: www.appalachianregionalroundup.com

Roundtable Group - Old-Timers Panel. Sunday March 29, 8:00pm. Answers to Ask-It-Basket questions in a lightning round of Experience, Strength and Hope! Mt. Pisgah Lutheran Church, 2606 Chimney Rock Road (Hwy 64E - just past the Ingles at Howard Gap Road) Hendersonville, NC 28792. Church is on the right.

65th Anniversary Celebration of West Asheville Group. Saturday April 4. Doors open at 6:30pm, eating at 7:00pm (Please bring a dish to share!), open speaker meeting at 8:00pm. Abernethy United Methodist Church, 1418 Patton Ave, Asheville 28806

12th Annual Spring Fling Convention - A High Road to a New Freedom. April 24-26. Hilton St. Louis Airport, 10330 Natural Bridge Rd, St. Louis, MO 63134. 314-426-5500 (Mention "Spring Fling"; reserve before 3/20 for reduced room rate) For more information visit website: www.springflingstl.com

Fireside Circle Spring Gathering/Campout. May 7-10. Yogi in the Smokies Campground, Big Cove Road, Cherokee. For more information contact Herb: 828-506-8563 or email: firesidecircle@yahoo.com

Sponsorship Workshop – hosted by District 71 and Hendersonville Group. Saturday May 9, 11:00am-1:00pm. Panel discussion and "Ask-the-Basket" format. Please bring a snack or dish to share. 1624 Willow Rd (opposite Valley Hill Fire Dept.) Hendersonville 28739

Area 51 Spring Committee and Assembly Meeting. May 29-31. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919-872-2323 or 800-445-8667 (Group Code: "A51SA") For more information, visit website: www.aanorthcarolina.org or email Area Chair: chair@aanorthcarolina.org

2020 International Convention. July 2-5, 2020. Detroit, MI. Printed registration forms available at Central Office. For online registration, visit website: www.aa.org

73rd North Carolina State Convention. July 30-August 2. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919-872-2323 or 800-445-8667 (Group Code: "NCGSC") For more information, visit website: www.aanconvention.com or email: aanconvention@gmail.com

25th Annual Southeast Woman to Woman Conference – Miracles in Progress. August 21-23. DoubleTree by Hilton, Hotel Richmond – Midlothian, 1021 Koger Center Boulevard, Richmond, VA 23235. Reservations: 804-379-3800 (Group Code: "W2W") For more information visit website: www.sewomantowoman.org

NC Area 51 Conferences and Events:
www.aanorthcarolina.org

GSO in New York: www.aa.org

For events around the country and the world, as well as great articles and information, go to: www.aa.org and Box 4-5-9 Bulletin Board: https://www.aa.org/newsletters/en_US/en_box459_holiday19.pdf

A Free Subscription for You

The full-color edition of our monthly newsletter is available free! Subscribe by contacting us at info@ncmco.net. We will email you a link for the Mountain Doin's with all the latest information about meeting changes, special events, service opportunities and much more. The newsletter is also posted online at www.aancmco.org and www.ashevilleaa.org.



ANNIVERSARIES

Acceptance Group

Elizabeth J. 3-01-2009 11 yrs
Dave B. 3-29-1987 33 yrs

Around the Room Group

Bruce A. 3-15-1988 32 yrs

At Wit's End Group

Blake H. 3-07-2015 5 yrs
Jacob L. 3-07-2007 13 yrs
Danny 3-11-2014 6 yrs

Back to Basics Group

Susan S. 3-02-1995 25 yrs
Wally H. 3-22-1994 26 yrs
Stephen M. 3-27-1983 37 yrs
Kelly B. 3-28-2014 6 yrs

Brevard Serenity Group

LaDawn J. 3-23-2018 2 yrs

Candler K.I.S.S. Group

Bruce R. 3-21-1998 22 yrs

Conscious Contact Group

Ken B. 3-17-2017 3 yrs
James K. 3-27-2016 4 yrs

Cumberland Group

Bob G. 3-21-2015 5 yrs
George B. 3-21-2017 3 yrs
Scott B. 3-29-2017 3 yrs

Daily Decisions Group

Kelly H. 3-02-2016 4 yrs
John B. 3-07-1982 38 yrs
Michael D. 3-08-2018 2 yrs

Fellowship Group

Robert M. 3-06-2019 1 yr
John Q. 3-07-1989 31 yrs
Julie D. 3-08-1991 29 yrs
Gary O. 3-10-2010 10 yrs
Chris S. 3-16-2018 2 yrs
Deborah V.W. 3-17-1987 33 yrs
James B. 3-20-2018 2 yrs
Patti F-E. 3-21-2013 7 yrs
Chris V.W. 3-29-2009 11 yrs

Good Livers Group

Karen 3-01-2018 2 yrs
Lauren F. 3-01-2017 4 yrs
Linda W. 3-01-2006 14 yrs
Shana R. 3-15-2017 3 yrs

Grace Group

Weston B. 3-03-2015 5 yrs
Shari S. 3-08-2002 18 yrs
Sean B. 3-10-2019 1 yr
Tim B. 3-10-2017 3 yrs
Tim F. 3-12-2013 7 yrs
Betsy C. 3-13-1995 25 yrs
Alan D. 3-15-2012 8 yrs
Dick J. 3-15-1981 39 yrs
Landon H. 3-15-2019 1 yr
Alyssa S. 3-17-2019 1 yr
Wesley M. 3-17-2017 3 yrs
Hannah H. 3-23-2019 1 yr
Dave G. 3-25-1996 24 yrs

Happy Hour Group

Chris S. 3-16-2018 2 yrs

Hendersonville Group

Gretchen S. 3-12-2019 1 yr
Hugh N. 3-14-2019 1 yr
Ashley S. 3-21-2016 4 yrs
Lynn W. 3-27-2007 13 yrs

Leicester Group

Ed M. 3-17-1974 46 yrs

Mars Hill Group

Stephen M. 3-27-1983 37 yrs

Marshall Group

Ed M. 3-17-1974 46 yrs
Stephen M. 3-27-1983 37 yrs

Midday Group

Marty M. 3-02-2018 2 yrs

Phoenix Group

"Bicycle Bob" C. 3-26-1996 24 yrs
Missed in February:
Tonya K. 2-01-2013 7 yrs

Riverside Group

Benjamin 3-03-2017 3 yrs

Serenity Now Group

Brad M. 3-08-1983 37 yrs
Doug 3-23-2000 20 yrs
Steve J. 3-26-1986 34 yrs

Serenity Seekers - Marion

John L. 3-01-2002 18 yrs
Billy S. 3-27-2014 6 yrs

Total Surrender Group

Jenifer Z. 3-02-2019 1 yr
Joseph L. 3-04-2018 2 yrs
Matt P. 3-08-2008 12 yrs
Cathy C. 3-20-1993 27 yrs
Michael R. 3-20-2014 6 yrs
Pam W. 3-25-2013 7 yrs
Robbie L. 3-28-2016 4 yrs
Kelsey 3-29-2016 4 yrs

Waynesville Grace Group

Leslie B. 3-01-2010 10 yrs
Shirley D. 3-05-2017 3 yrs
Jimbo C. 3-10-1994 26 yrs
Charlie S. 3-21-1993 27 yrs

West Asheville Group

Suzie 3-26-2019 1 yr
Scott B. 3-29-2017 3 yrs

Need to update your Group's anniversary list?
Call Central Office - 828-254-8539 - or send a new list to:
info@ncmco.net

April newsletter deadline for sending in anniversaries and announcements is March 15.



Area 51 Winter Committee

March 7-8, 2020

Village Inn Hotel & Event Center
6205 Ramada Dr., Clemons, NC 27012

ADVANCE HOTEL INFORMATION

Deadline for Reservations: Monday, February 3, 2020

Group Name: NC General Service Committee (NCGS)

Room Rates: \$89.00 Single/Double, \$89.00 Triple, \$89.00 Quad

Phone: 336-766-9121

For Best Results:

- Call as soon as possible and definitely before the deadline. It's easier to cancel a reservation than to get one at the last minute.
- Please note: once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- PLEASE MAKE YOUR RESERVATIONS EARLY!

- Simply say that you are with the NCGS, and need to make a reservation on that room block.

- For best results, try to call the Village Inn Hotel and Events Center at 336-766-9121 during business hours Monday through Friday. If you call off-hours, you may need to specify that you wish to speak to someone in Reservations.

- Always be sure to get a confirmation number.

- *Additional Note: There is no elevator at the Village Inn and it is a 2-story hotel. If you have difficulty with stairs be sure to request a 1st floor room.*

- *Check in time is 3:00 pm, Check out time is 11:00 am*

- If you have ANY trouble with Room Rate or Availability please contact Julie R., the Area Chair, at chair@aanorthcarolina.org.

- **Thank you for your service and support of Area 51.**
- **See you at the Winter 2020 Committee!**

32nd Annual "FREEDOM FROM BONDAGE" Area 51 AA Corrections Conference

March 13, 14, & 15, 2020

Hampton Inn & Suites
200 Columbus Dr.
Aberdeen, NC 28315
(Just off US 15 501 Hwy)

Pre-Registration for Conference

\$15.00 per person before February 28, 2020

\$18.00 at the door

Online Pre- Registration

Starts on November 1st, 2019

<https://aanorthcarolina.org/corrections/>.

Hotel Registration

Hampton Inn & Suites

200 Columbus Dr.

Aberdeen, NC 28315

Room reservations:

(910) 693-4330 -or- online at:

https://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20200313/index.jhtml?WT.mc_id=POG

Code: **FFB**

Rate: \$104-Standard Room, \$124-Studio

Suite

Cut-off for special rate: February 28, 2020

Agenda

- Speakers
- Panels
- Workshops
- Fellowship
- All the coffee
you can drink!
- "Sweet Treats"

For more information

E-mail: corrections@aanorthcarolina.org

305-972-7979

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32nd Annual Freedom from Bondage
Area 51 AA Corrections Conference
Pre-Registration rate before February 28, 2020 – \$15.00

Make checks payable to:
CFC and mail to
CFC
P.O. Box 1201
Mebane, NC 27302

Name: _____ Name on Badge: _____

Name: _____ Name on Badge: _____

Address: _____ City: _____ State: _____

Zip: _____

Telephone: (____) _____ - _____ E-mail: _____

of AA's: _____

3RD ANNUAL WNCCYPAA

St. Patrick's Day Potluck

SATURDAY, MARCH 14TH, 2020

-  6PM: FOOD & FELLOWSHIP (BRING A DISH TO SHARE)
-  7PM: SPEAKER MEETING (MARYELLEN L, NCCYPAA HOST)
-  **8pm: Pie-in-the-Face Auction!**



ST. PAUL'S UNITED METHODIST CHURCH
223 HILLSIDE ST, ASHEVILLE, NC, 28801



EACYPAA XVIII

PITTSBURGH PA MARCH 26-29 2020

WESTIN CONVENTION CENTER

EACYPAA2020.ORG



Our Pick Struck

GOLD

UNITED WITH HOPE

10:00 am GROUP

Proudly Announces Our

FOURTH ANNIVERSARY

Come Celebrate With Us!

Friday, March 27th

Complimentary Breakfast 9:00 am - Scrambled eggs, bacon, etc.
If you want something special feel free to bring and share.

Speaker at 10:00 am
Watson J.

Hope United Methodist Church
(in Fellowship Hall – not Choir Room)
2443 Spartanburg Hwy, E. Flat Rock 28726

The Roundtable Group of AA Presents:

Old-Timers Panel – Sunday, March 29

Come and hear the answers to our Ask-It-Basket questions – it’s a “lightning round” of Experience, Strength and Hope!

Where & When:

Roundtable Group of AA

Starting time: 8:00pm

**Mt. Pisgah Lutheran Church
2606 Chimney Rock Road (Hwy 64E)
(just past the Ingles at Howard Gap Road)
Hendersonville, NC 28792**

Church is on the right.

**We are always looking for Panel participants with 20 years of sobriety. Come to our regular meeting for more information. Any month with 5 Sundays –
March, May, August and November in 2020**



We're Alive! We're 65!!

Come Join Us for
The West Asheville Group's
65th Anniversary Celebration!!

April 4th

Doors Open @ 6:30pm

Eatin' @ 7:00pm*

Open Speaker Meeting @ 8:00pm

Abernethy United Methodist Church
1418 Patton Ave, Asheville 28806

**Please bring a dish to share!*





12TH ANNUAL SPRING FLING CONVENTION

“A High Road to a New Freedom”



April 24 - 26, 2020

Friday 6:00 p.m. BBQ & Washers

Friday 8:00 p.m.

Brian P. – Dallas, TX

Friday 10:00 p.m. Young Person Speaker

Saturday 10:00 a.m. Speaker Panel

“We will know a new freedom and a new happiness”

Saturday 12:00 p.m. Al-Anon Luncheon

Stephanie B. – Granite Shoals, TX

Saturday 3:00 p.m. Game & Activity

Super Fun For All

Saturday 6:30 p.m. Banquet

Saturday 8:00 p.m.

Paul W. – Sunset Beach, CA

DJ & Dance & Games after Banquet Speaker

Sunday 9:00 a.m. Breakfast

Kate R. – Denver, CO

ACTIVITIES

FRIDAY

BBQ & Washer Games
Young People’s Meeting
Ice Cream Social
Games

SATURDAY

Banquet
Table Trivia
DJ
Dancing
Music Games

Marathon Meetings
All weekend long

Hilton St. Louis Airport

Special Room Rate \$92

MENTION SPRING FLING

Reserve before 3/20/20 for reduced room rate

10330 Natural Bridge Rd

St. Louis, MO 63134

314-426-5500

See website for map

www.springflingstl.com

Spring Fling Chair – Dave B. 314-346-4279

Registration Chair – Missy P. 314-766-2303

springflingconvention@yahoo.com

FREE PARKING

PLEASE REGISTER EARLY!!!

PayPal Registration – www.springflingstl.com – Online Room Reservations

CONVENTION REGISTRATION FORM

Please complete and mail to Spring Fling Convention, PO Box 1916, St. Charles, MO 63302

Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.

Make checks/money orders payable to Spring Fling Convention

Name: _____
Phone: _____ AA Al-Anon

Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only.

Email: _____
Address: _____

City State Zip

Pre-Registration or PayPal	\$15	_____
Door Registration	\$20	_____
Friday Night BBQ	\$9	_____
Friday Night Ice Cream Social	\$7	_____
Al-Anon Luncheon Saturday	\$25	_____
Banquet Saturday Night	\$35	_____
Sunday Breakfast Buffet	\$15	_____
Hospitality / Scholarship Donation		_____
Total Amount to be Paid		_____

Please list any special needs here: _____

Cut-off for mail-in registration is April 10, 2020

SPRING GATHERING



STRENGTH

KINDNESS

HONESTY

SHARING



CAMP OUT

May 7-10, 2020

**YOGI in the SMOKIES CAMPGROUND
BIG COVE ROAD, CHEROKEE, NC**

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS,
SPONSOR/ SPONSEES.....and your POW WOW REGALIA..!

Contact: Herb W. at 828-506-8563 or firesidecircle@yahoo.com

Registration begins Thursday after the Sacred Fire is lit!

NO PETS in Food Serving/Eating Area, Pow Wow, or Sacred Fire Area

NO PETS AT TENT SITES

- ~AA/Al-Anon Speakers~
- ~Talking Circles~Native Teachings~
- ~Meetings, Meetings, Meetings~
- ~T-shirts/Sweatshirts~
- ~SOBRIETY Pow Wow~
- ~Sobriety Countdown~
- "MUCH MORE"

PRE-REGISTRATION: \$45 per PERSON (kids under 10 are FREE, 11-12y/o \$15 and 13-18 \$20) \$50 at the Gate.
Price includes food & tent/camper site for three (3) nights Early Registration ends May 1, 2020

NAME(S): _____

ADDRESS: _____

EMAIL(S): _____ / _____

PHONE #: H) _____ (C) _____ (C) _____

In Party: _____ Amount Enclosed: _____

Cut & Mail Registration Form by May 1st
With Checks Made Payable to: Fireside Spring 2020

FIRESIDE CIRCLE
C/O Herb Wachacha
PO Box 2015
Cherokee, NC 28719



District 71

and

The Hendersonville Group of Alcoholics Anonymous

will be hosting a

Sponsorship Workshop

Saturday, May 9, 2020

11:00 – 1:00 pm

Located at 1624 Willow Road, Hendersonville, NC

There will be a “Panel Discussion” and an
“Ask the Basket” format

Bring a snack or dish to share



Sponsorship pamphlets will be provided



Area 51 Spring Committee & Assembly Meeting May 29-31, 2020

THE HILTON RALEIGH NORTH HILLS
3415 Wake Forest Road, Raleigh, NC 27609

ADVANCE HOTEL INFORMATION

Deadline for Reservations: Monday May 4, 2020

Group Code: A51SA

Group Name: Area 51, General Service Spring Assembly

Room Rates: \$127.00 Single/Double

Phone: 919-872-2323 or 800-445-8667 [1-800-HILTONS]

Internet: Link for direct reservations: <https://tinyurl.com/y3rfkodv>

Internet: Link for hotel information: <https://tinyurl.com/y5elxn9t>

For Best Results:

- Reserve as soon as possible and definitely before the deadline. Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Using the direct reservation link will ensure the contracted rate and apply to the room block.
- **PLEASE MAKE YOUR RESERVATIONS EARLY!**
- If you reserve by phone, be sure to specify the group code **"A51SA"** and the group name **"Area 51 General Service Spring Assembly."**
- If possible, call the Hilton Raleigh North Hills directly at 919-872-2323 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- If you have ANY trouble with room rate or availability, please contact the Area Chair at chair@aanorthcarolina.org.

**Thank you for your service and support of Area 51. See you at the
Spring 2020 Committee and Assembly!**



73RD North Carolina State Convention

July 30-August 2, 2020

Hilton Raleigh North Hills
3415 Wake Forest Road • Raleigh, NC 27609



Register NOW to Support Your Convention!

Convention Pre-Registration \$20.00 per person

Pre-registration rate available until June 30, 2020, \$25.00 per person June 30, 2020 and after.
Al-Anons 18 & under - No charge but must register. • No Refunds after June 30, 2020

Speakers

THURSDAY 8:30 PM

Angie M, Tobaccoville, NC

FRIDAY, 8:00 PM

Doug M, Canton GA

SATURDAY 9:30 AM

Nick P, Pittsburgh, PA ▲

SATURDAY 2:30 PM

Amy D, Louisville KY

SATURDAY 8:00 PM

Butch M, Barrie, Ontario Canada

SUNDAY 8:30 AM

God as I Understand Him
(5 peoples' experience)

SUNDAY 10:00 AM

Amanda B, Montgomery AL

Workshops

- Friday 10:30 am
- Saturday 4:00 pm

And more...

- ★ FREE Convention Mug to First 400 Pre-Registrants!
- ★ Old-Timers' Panel, Friday at 3:00 pm
- ★ 'Round the Clock Marathon Meetings
- ★ Open Discussion Meetings ☉ ▲
- ★ Saturday Night Dance
- ★ Plenty of FREE Coffee

Register online at www.aanconvention.com

For more information or for problems with hotel reservations, please contact:
Beth R. (704) 941-1220 or Alana E. (980) 230-9333
OR Email: aanconvention@gmail.com

Hotel Reservations

Mention Group Code: NCGSC

Single & Double: \$127 + tax
Triple: \$127 + tax
Quad: \$127 + tax

Phone: (919) 872-2323

Ask for NC State Convention and/or group code "NCGSC" to make reservations.

Online:

www.NorthRaleigh.Hilton.com
enter group code "NCGSC" where prompted.

Don't wait!...

Hotel cut-off for
Conference rate:
June 30, 2020



73RD North Carolina State Convention

Fill out and mail this form or register online at www.aanconvention.com

Consider buying a sponsorship for those less fortunate

\$20.00 Special Rate before June 30, 2020
June 30 and after \$25.00
Al-Anons 18 & under: No charge but must register.

Make checks payable/mail to:
NC Convention Committee
PO Box 41451 • Raleigh NC 27629

Name _____ Please print legibly

Address _____

City, State, Zip _____

Email _____

Telephone (_____) _____ - _____

Name(s) for badge(s) _____

Please print

♿ Do you have accessibility needs? _____

Enclosed is \$ _____

for _____ registration(s)

Is this a sponsorship? Yes No

Preferred method of contact:

Email Mail

If you are willing to be a volunteer, please check here:



25th Annual

Southeast Woman to Woman Conference

“Secrets Women Don’t Share”

August 21-23, 2020

A conference for sober alcoholic women with Al-Anon participation



DoubleTree by Hilton
Hotel Richmond - Midlothian
1021 Koger Center Boulevard
Richmond, VA 23235

Reservations: 804-379-3800. Ask for
Group Code: W2W

Room Rate: \$109 + tax per room/per night
Room rate reserved for conference until 8/6/20.
Complimentary Parking and Wireless Internet
Cancellations must be made 7 days prior to arrival
to avoid being charged one night's room and tax.



For more information, contact:
Robin S. 804-687-8584
Richmond.sew2w.2020@gmail.com

Flo D. 804-715-7073
flod930@gmail.com

Christy E. 804-687-9913
christy.ellis412@gmail.com

Shirley P. 252-292-9823
shirleybp01@aol.com

Speakers

Workshops

Candlelight Meetings

Dance

For registrants only. No children permitted at conference events.

Clip and mail to: P.O. Box 66443, Virginia Beach, VA 23462

Registration Form (please print clearly)

(Registration at conference begins Thursday, August 20)

Name _____

Name on Badge _____

- AA
 Al-Anon

Sobriety Date: ____/____/____

Address _____

Street _____

City _____ State _____ Zip _____

Phone _____

Email _____

Are you willing to volunteer? _____

Special needs _____

For conference updates, please visit:

www.sewomantowoman.org Pay Pal Available Online

Checks/money orders payable to SEW2W. No refunds available.

Did you register in Orlando? Yes____ No_____

Registration (per person) \$_____

\$30 (August 26, 2019 – February 29, 2020)

\$35 (March 1 – August 5, 2020)

\$40 (At the door – cash only)

Scholarship donation \$_____

Meals \$_____

Dinner Buffet (Saturday night \$45)

Breakfast Buffet (Sunday morning \$18)

Souvenirs \$_____

T-Shirts (\$15) (Please indicate # and size) \$_____

S _____ M _____ L _____ XL _____ 2X _____ 3X _____

Coffee mug (\$7) # _____ \$_____

Total Amount Enclosed \$_____