

MOUNTAIN DOIN'S

FEBRUARY 2020

(828) 254-8539

Office Hours
10:00am - 1:00pm
Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Central Office Positions Open

The Central Office Board has several service positions that still need filling, plus one paid position of Office Manager. Elections will be held for the service positions at the next COR/Board meeting on March 12. (See Service Express on page 5 for details.)

Below are the responsibilities and requirements for each position. If you are interested in any of these, please attend the meeting in March. If you have any questions, contact Pam at Central Office: 828-254-8539; info@ncmco.net

Office Manager

Pam, the current Office Manager, is planning to retire in 2020 so the Board will be accepting applications (cover letters with resumes) through the end of February. Once a new Office Manager has been selected there will be a two-week period of overlap to facilitate a seamless transition. The Office Manager is a paid position – 20 hours a week at \$15.00/hour. Prospective employees must meet the by-laws qualifications and be computer literate. Experience with QuickBooks is preferred. Responsibilities include, but are not necessarily limited to:

- Ensuring appropriate day-to-day operation of the office.
- Determining hours of operation, in consultation with the Central Office Board.
- Creating and maintaining appropriate volunteer lists.
- Preparing and distributing mailings, newsletters, schedules, and other printed material.
- Day-to-day management of all office functions, including financial affairs, inventory control, and other duties.
- Shall provide timely written notice of the meetings of the Committees.
- Shall see that reports, statements and other documents required by law are properly kept and filed, as well as books, records and papers of the North Carolina Central Office archives.
- Attends Board and General Committee meetings as a voting member.
- Performs other duties as specified by the Central Office Board or approved job description.
- Shall have at least five years of continuous sobriety.

Alternate Chairperson

(position now open after previous Alternate Chairperson,

Inside:

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Jimmy L., stepped up in January to be the new Chairperson)

- Shall perform the duties of the Chairman when requested by the Chairman or in the case of his absence or inability to act, and shall preferably be interested in rotating to the Chairperson position if it becomes vacant.
- Shall perform other duties as occasionally assigned.
- Shall have at least five years continuous sobriety at the time of taking office.
- Shall attend Central Office Board and General Committee meetings.

Mountain Doin's Editor:

- Has overall responsibility for the monthly Mountain Doin's newsletter. (Note: Most of the work gathering materials for the newsletter is done by the Office Manager; the editor puts it into the design format. Computer skills required; software expenses will be reimbursed.)
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

Webmaster

- Has responsibility for publishing and maintaining the Central Office website www.aancmco.org in accordance with Central Office policies. (Note: Any expenses for software will be reimbursed.)
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison**

	<u>Dec 19</u>	<u>Jan - Dec 19</u>
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	0.00	784.11
Group Contributions	1,676.15	30,442.06
Individual Contributions	17.47	450.40
Subscriptions	12.00	45.00
Total Contributions	<u>1,705.62</u>	<u>31,721.57</u>
Interest on Money Market	0.94	11.07
Sales Income		
Literature & merchandise	2,635.44	35,060.05
Shipping charged to groups	20.70	491.43
Total Sales Income	<u>2,656.14</u>	<u>35,551.48</u>
Total Income	<u>4,362.70</u>	<u>67,284.12</u>
Cost of Goods Sold		
Freight - vendor shipping	17.30	528.45
Literature & merchandise	2,218.81	29,276.37
Shipping to groups	20.85	495.62
Total COGS	<u>2,256.96</u>	<u>30,300.44</u>
Gross Profit	2,105.74	36,983.68
Expense		
Accountant fees		
Accountant	0.00	405.00
Filing fees for 501c3	0.00	600.00
Total Accountant fees	0.00	1,005.00
CO/D70 Fall Picnic	0.00	421.86
Computer, Software, IT Asst	0.00	74.89
Copier Rental	161.92	1,969.22
Credit Card Processing	22.11	284.52
Editor	135.00	1,620.00
ICOAA Conference	0.00	764.47
Insurance Expense	0.00	610.00
Office Expenses	0.00	180.00
Office Supplies	36.10	362.53
Payroll Expenses		
Gross Salary (Including Taxes)	1,457.26	14,963.89
Payroll Taxes (Company)	111.48	1,186.74
Processing (for Direct Deposit)	5.25	66.50
Total Payroll Expenses	<u>1,573.99</u>	<u>16,217.13</u>
QuickBooks Expenses	0.00	246.10
Rent	567.00	6,753.00
Stamps/Postage	75.05	952.38
Telephone & Internet		
Answering Service	0.00	505.00
Office Telephone/Internet	158.76	1,826.93
Total Telephone & Internet	<u>158.76</u>	<u>2,331.93</u>
Total Expense	<u>2,729.93</u>	<u>33,793.03</u>
Net Ordinary Income	-624.19	3,190.65
Other Income/Expense	-0.05	0.92
Net Income	<u><u>-624.24</u></u>	<u><u>3,191.57</u></u>

February Grapevine is now available!

This month's Special Section features stories "Getting Through Tough Times in Sobriety."



www.aagrapevine.org

Cash on Hand as of 12/31/2019

Prudent Reserve (Money Market)

\$11,075.26

Operating Account (Checking)

\$14,001.40

Rent Deposit \$400.00

Petty Cash \$50.00

Call & Visitor Log

December 2019

12 Step Calls – 2

General Info – 4

Family Help – 2

Meeting Info – 12

Central Office

Business – 48

Medical/Detox – 0

Visitors – 80



Visits to aaNCMCO.org website:

Unique Visitors – 811

Number of Visits – 1,422

Pages Visited – 4,123



Contributions

	DEC 2019	YTD		DEC 2019	YTD
12 & 12 Study Group		\$75.00	Newland Serenity (Linville Mtg.)		\$100.71
2nd Chance Group - Cherokee 712-180		\$0.00	No Name Group - Murphy		\$50.00
3 Legacies Group 709-522		\$0.00	Papertown Group		\$161.42
4th Dimension Group		\$0.00	Phoenix Group		\$40.00
A Spiritual Awakening Group		\$75.00	Pisgah Group		\$320.00
Acceptance Group 122-477		\$2,479.39	Plan B Group 670-567		\$40.00
Agnostics, Atheists & Freethinkers AA Group		\$600.00	Practicing Principles 667-311		\$125.00
Andrews Group 110-494		\$0.00	Primary Purpose Group		\$20.00
Anonymous		\$124.63	Recovery at 6		\$135.41
Around the Room Group		\$125.00	Recovery by the River 674-892		\$403.73
As Bill Sees It Group	\$10.00	\$10.00	Roundtable Group 135-605		\$50.00
AVL Women's Big Book Step Study 703-990		\$100.00	Rule 62 Group		\$0.00
At Wit's End Group		\$237.96	Safe & Sound 645-654		\$190.00
AWOL Group		\$0.00	Saluda Back to Basics Group		\$0.00
Back to Basics Grp - Weaverville 147-139		\$400.00	Saturday Morning Men's Meeting	\$125.00	\$975.00
Big Book Rule 62 Group		\$20.00	Serenity Now 670-803		\$75.00
Big Town Group 671-200		\$570.83	Serenity Seekers - Marion Noon AA 663-204	\$50.00	\$150.00
Bill's Kitchen - Men's Meeting		\$75.00	Serenity Service Group 110-498	\$25.00	\$300.00
Black Mountain Group 117-117		\$40.00	Skyland 12&12 Group	\$100.50	\$297.28
Brevard Men's Group		\$0.00	Sober Sisters - Flat Rock		\$114.82
Brevard Serenity Group 631-231		\$300.00	Speed Bump Group 512-851		\$195.00
Bryson City Group 110-467		\$30.00	Spiritual Fitness Group 720-419		\$269.50
Burnsville Group 136-171		\$0.00	Spruce Pine Group 110-679		\$500.00
But for the Grace of God Group	\$23.00	\$99.41	Spruce Pine Saturday Morning Grp 110-679	\$124.00	\$398.00
BYOC - Bring Your Own Coffee		\$50.00	Steps in Sobriety Group 728-947	\$111.30	\$217.53
Candlelight Meeting		\$0.00	Sunlight of the Spirit Group 727-048	\$75.00	\$204.14
Candler KISS Group 163-148		\$265.00	Sunshine AA Group 163-759		\$100.30
Cashiers Valley Grp 122-589		\$1,241.16	Surrender Group - Black Mountain		\$300.00
Cedar Mountain Group 161-082		\$140.00	The Meeting		\$150.00
Columbus Group 150-908		\$50.00	The Principles Group 675-162		\$36.00
Conscious Contact Group - Asheville		\$1,350.00	Total Surrender Group		\$0.00
Cullowhee Valley Group 118-129		\$75.00	Tryon Monday 5:30 Meeting		\$482.33
Cumberland Group 122-472		\$0.00	Tuesday Night Men's Group 179-001		\$0.01
Daily Decisions 643-869	\$677.85	\$1,448.44	United With Hope Group 719-052		\$242.00
Day by Day Group 159-058		\$1,208.41	Wanderers Men's Group		\$47.83
District 71		\$200.00	Waynesville Grace Group 110-692		\$1,500.00
Down But Not Out Group		\$0.00	We Think Not Group 700-411		\$164.00
Downtown Serenity Group 702-463		\$120.41	West Asheville Group 110-501		\$83.25
Early Bird Group 612-780		\$203.00	Women's BBSS Group - Hendersonville		\$0.00
Fellowship Group 655-542		\$350.00	Women's Grapevine Meeting		\$0.00
Fireside Group 655-046		\$647.88	Women of Courage Group		\$1,070.35
Good Livers 666-360	\$150.00	\$830.00	Women of Grace		\$88.72
Grace Group 161-970		\$1,908.50	Women of Principles Group		\$0.00
Great Fact Group - Waynesville		\$800.00	Working at Recovery		\$0.00
Happy Hour Group - Hendersonville 169-182		\$250.00			
Happy, Joyous & Free - Columbus		\$0.00	Total Group Contributions:	\$1,676.15	\$30,442.06
Heart Fire Group		\$94.50			
Hendersonville Group 110-594		\$0.00	Individual Contributions:		
Hendersonville Men's Group		\$100.00	Anonymous	\$7.47	\$39.23
High Noon Group 689-080		\$95.00	Bob L.		\$150.00
Joe & Charlie Big Book Study		\$0.00	Bob P.		\$105.00
Joy of Living - Brevard 669-820		\$340.00	Jeff M.		\$4.65
Kanuga Group 645-767		\$0.00	Marty		\$20.00
Keep Coming Bat Group	\$77.50	\$146.50	Patsy W.		\$5.16
Lambda Group 617-035	\$127.00	\$233.88	Scott		\$6.36
Landrum Group 715-401		\$105.00	In Memory of B.G.	\$10.00	\$120.00
Last Chance Group - Men's First Step Farm		\$14.00	Total Individual Contributions:	\$17.47	\$450.40
Leicester Group 143-417		\$100.00			
Library Group 672-283		\$0.00	Birthday Contributions:		
Love & Share Group 716-957		\$298.00	Anonymous		\$48.11
Maggie Valley Group 158-950		\$141.80	Don B.		\$38.00
Maple Grove Group 121-212		\$25.00	Ed T.		\$32.00
Marion AA Group 110-621		\$0.00	Eva T.		\$32.00
Mars Hill Group 130-895		\$111.00	Gerd S.		\$400.00
Marshall Group 100-489		\$75.00	Monica G.		\$200.00
Meditation Mondays		\$0.00	Sandy F.		\$34.00
Men's Attitude Adjustment Group 670-850		\$175.00	Total Birthday Contributions:	\$0.00	\$784.11
Midday Grp (Hendersonville) 143-420		\$654.00			
Mill Springs Group 656-821		\$243.00	Mountain Doin's Subscriptions:	\$12.00	\$45.00
Mission Group 606-119		\$69.00			
Monday 6:00 Open Meeting		\$382.00	Grand Total:	\$1,705.62	\$31,721.57
Mountain View Grp (Highlands) 110-598		\$812.03			
Musicians' Meeting		\$50.00			
New Freedom Group 700-124		\$80.00			

MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Waynesville: The Great Fact – Happy Hour

Group: Sunday 5:30pm (O,D) Waynesville Triangle Club, Haywood County Annex 2, 1233 N. Main St, Waynesville 28786

Meeting Changes:

Bethel/Canton: Bethel Up the River Group:

Thursday. Time has changed from 7:00pm to 6:00pm. (C,D) Bethel Baptist Church, Rte 276 S, 5868 Pigeon Rd, Canton 28716

Discontinued Meetings:

Black Mountain: Women of Grace Group: Friday 7:00pm. (W,C,D) Carver Community Center, 101 Carver Ave. Meeting has been discontinued.

The SERVICE EXPRESS

March newsletter deadline for sending in announcements is **February 15**.

District 70:

GSR Business Meeting – Held the 2nd Sunday of the month. The next meeting will be on **Sunday, February 9, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunn's Cove Rd, Asheville 28805.

The new District 70 By-laws are now posted on the website: www.ashevilleaa.org

District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

"Bridging the Gap" (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at bridgingthegap@ashevilleaa.org. A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: www.btgww.org

Corrections Committee – Women's Chairs are Denise J. and Casey - contact at women_corrections@ashevilleaa.org. Men's Chair is David J. – contact at mens_corrections@ashevilleaa.org. Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: Sarah.Regala@buncombecounty.org. AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

CPC/PI Committee – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>. To get involved, please attend the GSR Business meeting on **February 9**.

Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at literature@ashevilleaa.org to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

District 71:

GSR Meeting – Held on the 2nd Saturday of the month. The next meeting will be **Saturday, February 8, 9:30am**, at 1624 Willow Rd, Hendersonville, 28739. The District Service Committees meet in conjunction with the GSR meeting.

The District Service Committees now meet in conjunction with the GSR meeting. The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; info@ncmco.net – for contact information.

District 80:

GSR Meeting – held quarterly. The next meeting will be **Sunday, April 19, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. All interested A.A. members are welcome to attend. They will be electing a new Events Chair, Corrections Chair and Grapevine promoter.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: www.aanCMCO.org

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be **Thursday, April 9, 5:30-6:30pm**, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

The next COR/NCMCO Board meeting will be **Thursday, March 12, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. COR/Board meetings are held every other month on the odd-numbered months.

At the January COR/Board meeting we filled several open Board positions. Jimmy L., who had been the Alternate Chairperson, stepped up to be the new Chairperson. Ray S., who had come on as Secretary in the middle of a term, agreed to continue as Secretary for another full term. We thank them both! And we offer special thanks to Mike McC. who, in addition to being the Chairperson for the past two years, also served as Treasurer from September 2013 through 2016!

We think all the Trustee positions are now filled by their respective General Service Districts and we thank the outgoing Trustees – Dawn Celeste from

District 70, John from District 71 (who moved away last summer) and Hawk from District 80 – for their years of service.

We still have several Board positions to fill. Information about the duties and requirements is posted on our website: <https://aancmco.org/open-positions-at-ncmco/> If you are interested in being of service please attend the COR/Board meeting in March. If you have any questions, call Pam at Central Office: 828-254-8539.

Special Meetings and Events

1st Annual District 70 Mid-Winter “Gratitude Adjustment”. Saturday February 1, 12:30-2:30pm. Mac & Cheese Buffet; speaker at 1:30pm. Morningside Baptist Church, 14 Mineral Springs Rd, Asheville 28805 (off Tunnel Rd – turn by the Burger King)

39th Anniversary of the Acceptance Group. February 14, 12:30pm. Pizza, salad and sodas will be provided. Come enjoy the food, fellowship and celebration! St. Luke’s Episcopal Church, 219 Chunn’s Cove Rd, Asheville 28805

49th Gulf Coast Roundup. February 14-16. On the Gulf Coast of Okaloosa Island at “The Island” 1500 Miracle Strip Pkwy SE (Hwy 98E) Fort Walton Beach, FL 32548. For more information, visit website: www.GulfCoastRoundup.com

56th International Women’s Conference. February 20-23. JW Marriott Hotel, 10 S. West St, Indianapolis, IN 46204. For more information, visit website: www.internationalwomensconference.org

Area 51 Winter Committee. March 7-8. Village Inn Hotel & Event Center, 6205 Ramada Dr, Clemons, NC 27012. For direct hotel reservations, call 336-766-9121 (Group Code: “NCGS”) For more information visit website: www.aanorthcarolina.org or email Julie R., Area Chair: chair@aanorthcarolina.org

32nd Annual “Freedom from Bondage” – Area 51 AA Corrections Conference. March 13-15. Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28315 (Just off US 15-501 Hwy) Room reservations: 910-693-4330 or online: https://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20200313/index.jhtml?WT.mc_id=POG (Room Code: “FFB”) For more information, email: corrections@aanorthcarolina.org or call 305-972-7979

Area 51 Western Region Pre-Conference. Saturday March 21, 12:00-4:00pm. Huntersville United Methodist Church, 14005 Stumptown Rd, Huntersville, NC 28078. www.aanorthcarolina.org

EACYPAA XVIII. (Eastern Area Convention of Young People in AA) March 26-29. Westin Convention Center, Pittsburgh, PA. For more information, visit website: www.eacypaa2020.org

(Continued page 6)

Large Print “Where & When” Now available at Central Office!

For those who have trouble reading the printed meeting schedule, we now have a Large Print version of the “Where & When” printed on 11x17 paper (instead of 8½x14) and folded like the regular schedule. One free; a pack of 10 for \$1.50.

Pick up at the office or call us to place an order for your group – 828-254-8539.

We are also working on another format which will be easier to read and will print on 8½x11 paper. More on this next month!

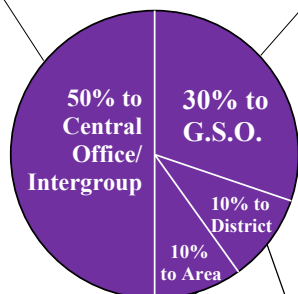
Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2019

* From the pamphlet “Self-Support: Where Money & Spirituality Mix.” Recommendations for other percentages are also in the pamphlet.

Note: There are new addresses for the Area 51, District 71 and District 80 Treasurers

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Grand Central Station
PO Box 459
New York, NY 10163-0459



**NCGSC – Area 51
Treasurer**
P.O. Box 592
Apex, NC 27502

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
1311 Pace Road
Hendersonville, NC 28792

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906

Special Meetings and Events Continued

Appalachian Regional Roundup. March 27-29. Meadow Conference Resort, 1901 Meadow View Parkway, Kingsport, TN 23660. For more information and registration, visit website: www.appalachianregionalroundup.com

Area 51 Spring Committee and Assembly Meeting. May 29-31. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919-872-2323 or 800-445-8667 (Group Code: “A51SA”) For more information, visit website: www.aanorthcarolina.org or email Area Chair: chair@aanorthcarolina.org

2020 International Convention. July 2-5, 2020. Detroit, MI. Printed registration forms available at Central Office. For online registration, visit website: www.aa.org

73rd North Carolina State Convention. July 30-August 2. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919-872-2323 or 800-445-8667 (Group Code: “NCGSC”) For more information, visit website: www.aanconvention.com or email: aanconvention@gmail.com

NC Area 51 Conferences and Events:
www.aanorthcarolina.org

GSO in New York: www.aa.org

For events around the country and the world, as well as great articles and information, go to: www.aa.org and Box 4-5-9 Bulletin Board: https://www.aa.org/newsletters/en_US/en_box459_holiday19.pdf

Child-friendly A.A. Meetings

Is your group “child-friendly,” where it is okay if members bring a child with them to the meeting? Or does your meeting provide childcare? We have had several inquiries about this and at the moment we only know of a few meetings with either designation. There are numerous issues to consider like anonymity or how to deal with potential disruptions, but some groups seem to have worked out how to handle these things. Let us know if your group would like to be designated as “child-friendly” or “childcare provided” so we can indicate this in the Where & When meeting schedule and the online meeting list. Call us at (828) 254-8539. Thanks!



ANNIVERSARIES

2nd Chance Group - Cherokee

Leslie H. 2-21-1997 23 yrs

3 Legacies Group

Mike B. 2-24-1990 30 yrs

Acceptance Group

Melissa 2-09-2019 1 yr
Christy G. 2-21-2014 6 yrs

Asheville Women's BBSS Group

Angela 2-01-2005 15 yrs
Roseann N. 2-03-2010 10 yrs
Ali W. 2-12-2011 9 yrs

At Wit's End Group

Daniel S. 2-01-2015 5 yrs
Paul M. 2-08-2015 5 yrs
Travis R. 2-12-2013 7 yrs
Lissa M. 2-17-2009 11 yrs
Blake G. 2-26-2012 8 yrs
Jarrett M. 2-27-2015 5 yrs

Back to Basics Group

Brian D. 2-01-2006 14 yrs
Mike P. 2-01-2009 11 yrs
Stacy R. 2-04-1998 22 yrs
Mike W. 2-24-2006 14 yrs
Phil L. 2-26-2012 8 yrs

Black Mountain Group

Kathleen K. 2-12-2012 8 yrs

Brevard Serenity Group

Karen S. 2-15-2018 2 yrs
Jolene O. 2-18-2008 12 yrs

Candler K.I.S.S. Group

Carol M. 2-12-1984 36 yrs
Chip C. 2-20-1986 34 yrs

Conscious Contact Group

Nicole G. 2-14-2015 5 yrs
Marty M. 2-15-1954 66 yrs

Need to update your Group's anniversary list?

Call Central Office - 828-254-8539

- or send a new list to:

info@ncmco.net

March newsletter deadline for sending in anniversaries and announcements is February 15.

Cumberland Group

Dan P. 2-09-1998 22 yrs
Billy L. 2-16-2015 5 yrs

Daily Decisions Group

Blue B. 2-08-2005 15 yrs

Fellowship Group

Chris W. 2-06-2018 2 yrs
Maggie P. 2-07-2017 3 yrs
Jim A. 2-10-1982 38 yrs
Marsha P. 2-14-1987 33 yrs
Jackie D. 2-16-2014 6 yrs

Good Livers Group

Marti R. 2-17-1991 29 yrs
Michelle F. 2-18-2001 19 yrs
Carrie B. 2-22-1994 26 yrs
Warren M. 2-22-2018 2 yrs

Grace Group

Beverly L. 2-01-2019 1 yr
Jason S. 2-02-2012 8 yrs
Joe E. 2-05-2015 5 yrs
Karen D. 2-10-2009 11 yrs
Mary B. 2-10-1981 39 yrs
Courtenay M. 2-11-2018 2 yrs
Elisa L. 2-12-2019 1 yr
Abbey C. 2-13-2018 2 yrs
Jess M. 2-13-2015 5 yrs
Judith M. 2-13-2007 13 yrs
Daniel H. 2-15-2019 1 yr
Jerry T. 2-15-2011 9 yrs
Sabra R. 2-15-2008 12 yrs
Susan D. 2-15-1986 34 yrs
Keenan H. 2-18-2019 1 yr
Margery K. 2-22-2004 16 yrs
Cat F. 2-23-2012 8 yrs
Ashley G. 2-24-2010 10 yrs
Quinn M. 2-29-2016 4 yrs

Happy Hour Group

Bobbie P. 2-03-1986 34 yrs
Ken F. 2-25-2012 8 yrs
Michelle C. 2-19-2016 4 yrs

Heart Hour Group

Terry S. 2-08-2016 4 yrs

Hendersonville Group

Bill G. 2-12-1982 38 yrs
Kim S. 2-22-2019 1 yr

Hendersonville Men's Group

David T. 2-04-1994 26 yrs
Scott A. 2-14-2017 3 yrs

Mars Hill Group

Brian D. 2-01-2006 14 yrs
Mike P. 2-01-2009 11 yrs
Dick Mc. 2-25-1980 40 yrs
Phil L. 2-26-2012 8 yrs
John W. 2-28-1986 34 yrs

Midday Group

Ali W. 2-12-2011 9 yrs
Craig G. 2-14-2013 7 yrs
Dean D. 2-14-1994 26 yrs
Barbara M. 2-22-2012 8 yrs

Phoenix Group

John W. 2-06-2005 15 yrs

Sojourner's Home Group

Marilynn S. 2-16-1978 42 yrs

Total Surrender Group

Kerry 2-04-2017 3 yrs
April M. 2-14-2011 9 yrs
Russell G. 2-15-2018 2 yrs
Jackie D. 2-16-2014 6 yrs
Mary S. 2-18-2012 8 yrs
Daniel W. 2-19-2017 3 yrs
Cat F. 2-23-2012 8 yrs
Jackie L. 2-23-2015 5 yrs
Josh H. 2-23-1999 21 yrs
Nathaniel R. 2-28-2016 4 yrs

Traditional Group

Jonathan H. 2-10-2019 1 yr
Keenan H. 2-18-2019 1 yr
John P. 2-22-1979 41 yrs

United with Hope Group - Flat Rock

Charlie D. 2-04-1984 36 yrs
Kent S. 2-07-2009 11 yrs
Bill 2-12-1982 38 yrs

Waynesville Grace Group

Vicki A. 2-2011 9 yrs
Suzanne G. 2-2015 5 yrs
Elise C. 2-02-2004 16 yrs
Dorey B. 2-16-2016 4 yrs
JoAnne L. 2-16-2006 14 yrs
Laura S. 2-18-1998 22 yrs
Lynda B. 2-18-2016 4 yrs
Verda D. 2-23-2015 5 yrs
Bill D. 2-25-1999 21 yrs



1ST ANNUAL DISTRICT 70 MID-WINTER

“GRATITUDE ADJUSTMENT”

Mac & Cheese Buffet



Saturday, Feb 1st, 12:30-2:30

****SPEAKER AT 1:30PM****

Location:

Morningside Baptist Church
14 Mineral Springs Rd, Asheville
(Off Tunnel Road - Turn by the Burger King)

LOTS OF PARKING!

“To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends—this is an experience you must not miss.”

“We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives.”
Alcoholics Anonymous, Working With Others



49TH GULF COAST ROUNDUP

February 14, 15, and 16, 2020



On the Gulf Coast of Okaloosa Island at **"The Island"** (reservations@mainsailhotels.com)
 1500 Miracle Strip Pkwy SE (Hwy 98E.), Fort Walton Beach, FL 32548, [850-243-9161](tel:850-243-9161) or [1-800-874-8962](tel:1-800-874-8962)
Hotel reservations must be made by Jan 7th to ensure these rates, and please state Gulf Coast Roundup.
 Standard \$89/night Courtyard \$99/night Poolside \$109/night Gulf Front \$129/night (**"Yes..it's only \$129..!!"**)

**Our website for updates: www.GulfCoastRoundup.com Send questions to ChipBowdren54@gmail.com
 or Text them to 850-865-1660**

Scheduled speakers:

- 4:30 Fri: **Darby M. (AA) Destin/Toronto**
- 8:00 Fri: **Bo T. (AlAnon) West Blockton, AL**
- Right after our Speaker..”Movie Nite w/ Popcorn”**
- 10:00 Sat: **Matt C. (AA) Nashville, TN**
- 2:00 Sat: **Workshop: “to be announced”**
- 4:00 Sat: **Tim H. (AA) Louisville, KY**
- 8:00 Sat: **Roger H. (AA) Sanford, FL**
- 9:40 Sat: **Terry Stokes..the Amazing Hypnotist...!!**
- 9:30 Sun: **Cyndi M. (AA) Louisville, KY**
- VOICE: John Van E. (Montgomery, AL)**

You are invited to spend the weekend on the beach with us to enjoy the fellowship our roundup provides. Meeting Room holds 350 people on the 6th Floor of the **"The Island Resort."** This spectacular view also has the famous and very large hospitality area with plenty of tables and chairs, Food Items, snacks, coffee, and soft drinks, to accommodate fellowship between events. The beautiful Gulf Beach on the South...with the Choctawhatchee Bay to the North will be the backdrop for this wonderful conference...!! Enjoy Heated Swimming Pool and Exercise facility...(and yes...we have requested our famous Dolphins to appear again..!!)

SATURDAY NITE SPECIAL SHOW FROM TERRY STOKES...THE HYPNOTIST...!!

Recordings of the entire conference and individual CD's will be available

\$25 registration fee per person includes admission to all meetings and events. Alateens admission is free.

PRE-REGISTRATION Payments by PayPal (go to website) or mail check...OR at the door with cash or check

Register at www.GulfCoastRoundup.com or use form below

Gulf Coast Roundup – February 14-16, 2020 – Registration

Name(s) _____

Address _____

City _____ State _____ Zip _____

Name(s) on Badge(s) _____

Make checks payable to: Gulf Coast Roundup

Mail to: **Martin Maitlin, 1 Brighton CT NE, FWB, FL 32547**

1. Indy City Tour \$40

Thurs 3-5, Fri 11-1 or Sat 11-1

This incredibly fun live narrated 75-minute tour will acquaint you with the many popular sights and local favorites that Indianapolis has to offer. As the Racing Capital of the World, you will be transported to the renowned Indianapolis Motor Speedway, Monument Circle, Massachusetts Avenue shopping district, the Kennedy-King Memorial and more. Aside from Washington D.C., Indy is home to more monuments and memorials than any other U.S. city.

2. Cake Bake and Carmel City Center Shopping \$60

Fri 9:30 - 1:30 or 11-3, Sat 9:30 - 1:30 or 11-3

Cake Bake is the fanciest little Parisian tea and cake shop in town! Owner Gwendolyn Rogers has been featured by Food Network and Oprah Winfrey's "O" List. Sip on imported tea from London while enjoying signature salad and afternoon delights. Experience a firsthand tour of the facility, followed by a famous signature slice of cake. Lastly, browse, shop or simply walk off your meal at the Carmel City Center Marketplace which offers unique independently operated shops. Limited to 24 women per tour. Transportation Provided.

3. Bill W & Dr. Bob Play \$30

Friday 9-11:30 or 12:30-2:30

You don't want to miss this live two-hour performance based on the inspiring true story of Bill Wilson and Dr. Bob Smith. Watch, learn and laugh as this adaptation comes to life telling the story of how AA began in Akron, OH in 1935 and changed the world forever. Two block walking distance for most but transportation included if needed.

Bill W and Dr. Bob is presented by special arrangements with SAMUEL FRENCH, INC.

AA Disclaimer: With respect to the Traditions of AA, performance of this play does not imply affiliation with nor approval or endorsement from Alcoholics Anonymous World Services, Inc.

56th IWC

1300 E 86th St, Suite 14 Box #291

Indianapolis, IN 46240



56th International Women's Conference

Indianapolis

February 20-23, 2020



JW Marriott Hotel

10 S West St

Indianapolis, IN 46204

317.860.5800

Area 51 Winter Committee

March 7-8, 2020

Village Inn Hotel & Event Center
6205 Ramada Dr., Clemons, NC 27012

ADVANCE HOTEL INFORMATION

Deadline for Reservations: Monday, February 3, 2020

Group Name: NC General Service Committee (NCGS)

Room Rates: \$89.00 Single/Double, \$89.00 Triple, \$89.00 Quad

Phone: 336-766-9121

For Best Results:

- Call as soon as possible and definitely before the deadline. It's easier to cancel a reservation than to get one at the last minute.
- Please note: once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- PLEASE MAKE YOUR RESERVATIONS EARLY!
- Simply say that you are with the NCGS, and need to make a reservation on that room block.
- For best results, try to call the Village Inn Hotel and Events Center at 336-766-9121 during business hours Monday through Friday. If you call off-hours, you may need to specify that you wish to speak to someone in Reservations.
- Always be sure to get a confirmation number.
- *Additional Note: There is no elevator at the Village Inn and it is a 2-story hotel. If you have difficulty with stairs be sure to request a 1st floor room.*
- *Check in time is 3:00 pm, Check out time is 11:00 am*
- If you have ANY trouble with Room Rate or Availability please contact Julie R., the Area Chair, at chair@aanorthcarolina.org.
- **Thank you for your service and support of Area 51.**
- **See you at the Winter 2020 Committee!**

32nd Annual "FREEDOM FROM BONDAGE" Area 51 AA Corrections Conference

March 13, 14, & 15, 2020

Hampton Inn & Suites
200 Columbus Dr.
Aberdeen, NC 28315
(Just off US 15 501 Hwy)

Pre-Registration for Conference

\$15.00 per person before February 28, 2020
\$18.00 at the door

Online Pre- Registration

Starts on November 1st, 2019

<https://aanorthcarolina.org/corrections/>.

Hotel Registration

Hampton Inn & Suites
200 Columbus Dr.
Aberdeen, NC 28315

Room reservations:

(910) 693-4330 -or- online at:

https://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20200313/index.jhtml?WT.mc_id=POG

Code: **FFB**

Rate: \$104-Standard Room, \$124-Studio Suite

Cut-off for special rate: February 28, 2020

Agenda

- Speakers
- Panels
- Workshops
- Fellowship
- All the coffee you can drink!
- "Sweet Treats"

For more information

E-mail: corrections@aanorthcarolina.org

305-972-7979

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32nd Annual Freedom from Bondage

Area 51 AA Corrections Conference

Pre-Registration rate before February 28, 2020 – \$15.00

Name: _____ Name on Badge: _____

Name: _____ Name on Badge: _____

Address: _____ City: _____ State: _____

Zip: _____

Telephone: (____) _____ - _____ E-mail: _____

of AA's: _____

Make checks payable to:
CFC and mail to
CFC
P.O. Box 1201
Mebane, NC 27302

EACYPAA XVIII

PITTSBURGH PA MARCH 26-29 2020

WESTIN CONVENTION CENTER

EACYPAA2020.ORG



Our Pick Struck

GOLD

Area 51 Spring Committee & Assembly Meeting May 29-31, 2020

THE HILTON RALEIGH NORTH HILLS
3415 Wake Forest Road, Raleigh, NC 27609

ADVANCE HOTEL INFORMATION

Deadline for Reservations: Monday May 4, 2020

Group Code: A51SA

Group Name: Area 51, General Service Spring Assembly

Room Rates: \$127.00 Single/Double

Phone: 919-872-2323 or 800-445-8667 [1-800-HILTONS]

Internet: Link for direct reservations: <https://tinyurl.com/y3rfkodv>

Internet: Link for hotel information: <https://tinyurl.com/y5elxn9t>

For Best Results:

- Reserve as soon as possible and definitely before the deadline. Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Using the direct reservation link will ensure the contracted rate and apply to the room block.
- **PLEASE MAKE YOUR RESERVATIONS EARLY!**
- If you reserve by phone, be sure to specify the group code "A51SA" and the group name "Area 51 General Service Spring Assembly."
- If possible, call the Hilton Raleigh North Hills directly at 919-872-2323 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- If you have ANY trouble with room rate or availability, please contact the Area Chair at chair@aanorthcarolina.org.

**Thank you for your service and support of Area 51. See you at the
Spring 2020 Committee and Assembly!**



73RD North Carolina State Convention

July 30-August 2, 2020

Hilton Raleigh North Hills
3415 Wake Forest Road • Raleigh, NC 27609



Register NOW to Support Your Convention!

Convention Pre-Registration \$20.00 per person

Pre-registration rate available until June 30, 2020, \$25.00 per person June 30, 2020 and after.
Al-Anons 18 & under - No charge but must register. • No Refunds after June 30, 2020

Speakers

THURSDAY 8:30 PM

Angie M, Tobaccoville, NC

FRIDAY, 8:00 PM

Doug M, Canton GA

SATURDAY 9:30 AM

Nick P, Pittsburgh, PA ▲

SATURDAY 2:30 PM

Amy D, Louisville KY

SATURDAY 8:00 PM

Butch M, Barrie, Ontario Canada

SUNDAY 8:30 AM

God as I Understand Him
(5 peoples' experience)

SUNDAY 10:00 AM

Amanda B, Montgomery AL

Workshops

- Friday 10:30 am
- Saturday 4:00 pm

And more...

- ★ FREE Convention Mug to First 400 Pre-Registrants!
- ★ Old-Timers' Panel, Friday at 3:00 pm
- ★ 'Round the Clock Marathon Meetings
- ★ Open Discussion Meetings ▲▲
- ★ Saturday Night Dance
- ★ Plenty of FREE Coffee

Register online at www.aanconvention.com

For more information or for problems with hotel reservations, please contact:
Beth R. (704) 941-1220 or Alana E. (980) 230-9333
OR Email: aanconvention@gmail.com

Hotel Reservations

Mention Group Code: NCGSC

Single & Double: \$127 + tax
Triple: \$127 + tax
Quad: \$127 + tax

Phone: (919) 872-2323

Ask for NC State Convention and/or group code "NCGSC" to make reservations.

Online:

www.NorthRaleigh.Hilton.com
enter group code "NCGSC" where prompted.

Don't wait!...

Hotel cut-off for
Conference rate:
June 30, 2020



73RD North Carolina State Convention

Fill out and mail this form or register online at www.aanconvention.com

Consider buying a sponsorship for those less fortunate

\$20.00 Special Rate before June 30, 2020
June 30 and after \$25.00
Al-Anons 18 & under: No charge but must register.

Make checks payable/mail to:
NC Convention Committee
PO Box 41451 • Raleigh NC 27629

Name _____
Please print legibly

Address _____

City, State, Zip _____

Email _____

Telephone (_____) _____ - _____

Name(s) for badge(s) _____

Please print

♿ Do you have accessibility needs? _____

Enclosed is \$ _____

for _____ registration(s)

Is this a sponsorship? Yes No

Preferred method of contact:

Email Mail

If you are willing to be a volunteer, please check here: