

MOUNTAIN JANUARY 2020 DOINGS

(828) 254-8539
Office Hours
10:00am - 1:00pm
Monday-Friday
info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Central Office Positions Open

The Central Office Board has several service positions that need filling, plus one paid position of Office Manager. Elections will be held for the service positions at the next COR/Board meeting on January 9. (See Service Express on page 5 for details.)

Below are the responsibilities and requirements for each position. If you are interested in any of these, please attend the meeting in January. If you have any questions, contact Pam at Central Office: 828-254-8539; info@ncmco.net

Office Manager

Pam, the current Office Manager, is planning to retire in 2020 so the Board will be accepting applications (cover letters with resumes) from the first of January through the end of February. Once a new Office Manager has been selected there will be a two-week period of overlap to facilitate a seamless transition. The Office Manager is a paid position – 20 hours a week at \$15.00/hour. Prospective employees must meet the by-laws qualifications and be computer literate. Experience with QuickBooks is preferred. Responsibilities include, but are not necessarily limited to:

- Ensuring appropriate day-to-day operation of the office.
- Determining hours of operation, in consultation with the Central Office Board.
- Creating and maintaining appropriate volunteer lists.
- Preparing and distributing mailings, newsletters, schedules, and other printed material.
- Day-to-day management of all office functions, including financial affairs, inventory control, and other duties.
- Shall provide timely written notice of the meetings of the Committees.
- Shall see that reports, statements and other documents required by law are properly kept and filed, as well as books, records and papers of the North Carolina Central Office archives.
- Attends Board and General Committee meetings as a voting member.

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- Performs other duties as specified by the Central Office Board or approved job description.
- Shall have at least five years of continuous sobriety.

Chairperson – a two-year term starting January 2020

- Shall preside at Central Office Board and COR General Committee meetings.
- Shall see that all decisions of the Committees are acted upon.
- Pursuant to specific authority given on occasion by the Committees, may sign and deliver contracts and other documents in the name of North Carolina Mountain Central Office Inc.
- With the recommendation and approval of the Central Office Board, shall call for eligible people to stand for positions and appoint chairpersons of standing and special subcommittees.
- May vote, bring motions, initiate and engage in discussion and debate at board meetings in accordance with Robert's Rules of Order for Small Groups (see "How Meetings Operate" at end of the bylaws).
- Shall perform all duties incident to the office of Chairman and other duties that may occasionally be assigned by the Committees.
- Shall have five years' continuous sobriety at the time of taking office.

(Continued Page 6)

**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison**

	<u>Nov 19</u>	<u>Jan - Nov 19</u>
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	400.00	784.11
Group Contributions	2,368.68	28,765.91
Individual Contributions	11.50	432.93
Subscriptions	21.00	33.00
Total Contributions	<u>2,801.18</u>	<u>30,015.95</u>
Interest on Money Market	0.91	10.13
Sales Income		
Literature & merchandise	1,581.99	32,424.61
Shipping charged to groups	17.32	470.73
Total Sales Income	<u>1,599.31</u>	<u>32,895.34</u>
Total Income	<u>4,401.40</u>	<u>62,921.42</u>
Cost of Goods Sold		
Freight - vendor shipping	35.96	511.15
Literature & merchandise	1,205.17	27,057.56
Shipping to groups	17.32	474.77
Total COGS	<u>1,258.45</u>	<u>28,043.48</u>
Gross Profit	<u>3,142.95</u>	<u>34,877.94</u>
Expense		
Accountant fees		
Accountant	0.00	405.00
Filing fees for 501c3	0.00	600.00
Total Accountant fees	<u>0.00</u>	<u>1,005.00</u>
CO/D70 Fall Picnic	0.00	421.86
Computer, Software, IT Asst	0.00	74.89
Copier Rental	161.92	1,807.30
Credit Card Processing	24.18	262.41
Editor	135.00	1,485.00
ICOAA Conference	0.00	764.47
Insurance Expense	0.00	610.00
Office Expenses	30.00	180.00
Office Supplies	22.19	326.43
Payroll Expenses		
Gross Salary (Including Taxes)	1,147.38	13,506.63
Payroll Taxes (Company)	87.78	1,075.26
Processing (for Direct Deposit)	5.25	61.25
Total Payroll Expenses	<u>1,240.41</u>	<u>14,643.14</u>
QuickBooks Expenses	0.00	246.10
Rent	567.00	6,186.00
Stamps/Postage	98.35	877.33
Telephone & Internet		
Answering Service	0.00	505.00
Office Telephone/Internet	158.76	1,668.17
Total Telephone & Internet	<u>158.76</u>	<u>2,173.17</u>
Total Expense	<u>2,437.81</u>	<u>31,063.10</u>
Net Ordinary Income	<u>705.14</u>	<u>3,814.84</u>
Other Income/Expense	<u>0.00</u>	<u>0.97</u>
Net Income	<u><u>705.14</u></u>	<u><u>3,815.81</u></u>

January Grapevine is now available!

This month's Special Section features stories by AA members about their experiences with spirituality, belief, and prayer.



www.aagrapevine.org

Cash on Hand as of 11/30/2019

Prudent Reserve (Money Market)

\$11,074.32

Operating Account (Checking)

\$14,536.14

Rent Deposit **\$400.00**

Petty Cash **\$50.00**

Call & Visitor Log

November 2019

12 Step Calls – 0

General Info – 1

Family Help – 2

Meeting Info – 9

Central Office

Business – 36

Medical/Detox – 0

Visitors – 53



Visits to aaNCMCO.org website:

Unique Visitors – 643

Number of Visits – 1,302

Pages Visited – 4,050



Contributions

	Nov 2019	YTD		Nov 2019	YTD
12 & 12 Study Group		\$75.00	Mountain View Grp (Highlands) 110-598	\$264.85	\$812.03
2nd Chance Group - Cherokee 712-180		\$0.00	Musicians' Meeting		\$50.00
3 Legacies Group 709-522		\$0.00	New Freedom Group 700-124		\$80.00
4th Dimension Group		\$0.00	Newland Serenity (Linville Mtg.)		\$100.71
A Spiritual Awakening Group		\$75.00	No Name Group - Murphy		\$50.00
Acceptance Group 122-477	\$198.97	\$2,479.39	Papertown Group		\$161.42
Agnostics, Atheists & Freethinkers AA Group	\$300.00	\$600.00	Phoenix Group		\$40.00
Andrews Group 110-494		\$0.00	Pisgah Group		\$320.00
Anonymous		\$124.63	Plan B Group 670-567		\$40.00
Around the Room Group		\$125.00	Practicing Principles 667-311		\$125.00
AVL Women's Big Book Step Study 703-990		\$100.00	Primary Purpose Group		\$20.00
At Wit's End Group	\$86.96	\$237.96	Recovery at 6		\$135.41
AWOL Group		\$0.00	Recovery by the River 674-892	\$144.90	\$403.73
Back to Basics Grp - Weaverville 147-139		\$400.00	Roundtable Group 135-605		\$50.00
Big Book Rule 62 Group		\$20.00	Rule 62 Group		\$0.00
Big Town Group 671-200		\$570.83	Safe & Sound 645-654		\$190.00
Bill's Kitchen - Men's Meeting		\$75.00	Saluda Back to Basics Group		\$0.00
Black Mountain Group 117-117		\$40.00	Saturday Morning Men's Meeting	\$150.00	\$850.00
Brevard Men's Group		\$0.00	Serenity Now 670-803		\$75.00
Brevard Serenity Group 631-231		\$300.00	Serenity Seekers - Marion Noon AA 663-204		\$100.00
Bryson City Group 110-467		\$30.00	Serenity Service Group 110-498	\$25.00	\$275.00
Burnsville Group 136-171		\$0.00	Skyland 12&12 Group		\$196.78
But for the Grace of God Group		\$76.41	Sober Sisters - Flat Rock		\$114.82
BYOC - Bring Your Own Coffee		\$50.00	Speed Bump Group 512-851		\$195.00
Candlelight Meeting		\$0.00	Spiritual Fitness Group 720-419		\$269.50
Candler KISS Group 163-148		\$265.00	Spruce Pine Group 110-679		\$500.00
Cashiers Valley Grp 122-589		\$1,241.16	Spruce Pine Saturday Morning Group		\$274.00
Cedar Mountain Group 161-082	\$65.00	\$140.00	Steps in Sobriety Group 728-947		\$106.23
Columbus Group 150-908	\$50.00	\$50.00	Sunlight of the Spirit Group 727-048	\$67.00	\$129.14
Conscious Contact Group - Asheville	\$400.00	\$1,350.00	Sunshine AA Group 163-759		\$100.30
Cullowhee Valley Group 118-129		\$75.00	Surrender Group - Black Mountain	\$150.00	\$300.00
Cumberland Group 122-472		\$0.00	The Meeting		\$150.00
Daily Decisions 643-869		\$770.59	The Principles Group 675-162		\$36.00
Day by Day Group 159-058		\$1,208.41	Total Surrender Group		\$0.00
District 71		\$200.00	Tryon Monday 5:30 Meeting		\$482.33
Down But Not Out Group		\$0.00	Tuesday Night Men's Group 179-001		\$0.01
Downtown Serenity Group 702-463		\$120.41	United With Hope Group 719-052	\$83.00	\$242.00
Early Bird Group 612-780		\$203.00	Wanderers Men's Group		\$47.83
Fellowship Group 655-542		\$350.00	Waynesville Grace Group 110-692		\$1,500.00
Fireside Group 655-046		\$647.88	We Think Not Group 700-411		\$164.00
Good Livers 666-360		\$680.00	West Asheville Group 110-501		\$83.25
Grace Group 161-970		\$1,908.50	Women's BBSS Group - Hendersonville		\$0.00
Great Fact Group - Waynesville		\$800.00	Women's Grapevine Meeting		\$0.00
Happy Hour Group - Hendersonville 169-182		\$250.00	Women of Courage Group		\$1,070.35
Happy, Joyous & Free - Columbus		\$0.00	Women of Grace		\$88.72
Heart Fire Group		\$94.50	Women of Principles Group		\$0.00
Hendersonville Group 110-594		\$0.00	Working at Recovery		\$0.00
Hendersonville Men's Group		\$100.00	Total Group Contributions:	\$2,368.68	\$28,765.91
High Noon Group 689-080		\$95.00	Individual Contributions:		
Joe & Charlie Big Book Study		\$0.00	Anonymous	\$1.50	\$30.26
Joy of Living - Brevard 669-820	\$115.00	\$340.00	Bob L.		\$150.00
Kanuga Group 645-767		\$0.00	Bob P.		\$105.00
Keep Coming Bat Group		\$69.00	Jeff M.		\$4.65
Lambda Group 617-035		\$106.88	Marty		\$20.00
Landrum Group 715-401		\$105.00	Patsy W.		\$5.16
Last Chance Group - Men's First Step Farm		\$14.00	Scott		\$6.36
Leicester Group 143-417		\$100.00	In Memory of B.G.	\$10.00	\$100.00
Library Group 672-283		\$0.00	Total Individual Contributions:	\$11.50	\$432.93
Love & Share Group 716-957		\$298.00	Birthday Contributions:		
Maggie Valley Group 158-950		\$141.80	Anonymous		\$48.11
Maple Grove Group 121-212	\$25.00	\$25.00	Don B.		\$38.00
Marion AA Group 110-621		\$0.00	Ed T.		\$32.00
Mars Hill Group 130-895		\$111.00	Eva T.		\$32.00
Marshall Group 100-489		\$75.00	Gerd S.	\$400.00	\$400.00
Meditation Mondays		\$0.00	Monica G.		\$200.00
Men's Attitude Adjustment Group 670-850		\$175.00	Sandy F.		\$34.00
Midday Grp (Hendersonville) 143-420		\$654.00	Total Birthday Contributions:	\$400.00	\$784.11
Mill Springs Group 656-821	\$243.00	\$243.00	Mountain Doin's Subscriptions:	\$21.00	\$33.00
Mission Group 606-119		\$69.00	Grand Total:	\$2,801.18	\$30,015.95
Monday 6:00 Open Meeting		\$382.00			

MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Franklin: New Hope Group: Saturday 7:00pm.
(O,MT,HA) St Cyprian's Episcopal Church, 216 Roller Mill Rd, Franklin 28734

Canton: The Fourth Dimension Meeting: Tuesday Noon. (O,D) Community Kitchen (in the back) 394 Champion Drive, Canton 28716

Meeting Changes:

Franklin: Big Book Meeting: Sunday 11:00am.
(C,BB,HA) Meeting has moved; new location: First United Methodist Church, Outreach Center, 66 Harrison Ave, Franklin 28734

Discontinued Meetings:

Cullowhee: Cullowhee Valley Group: Saturday 10:00am (O,D) Cullowhee Baptist Church, 148 Central Drive on WCU Campus next to Hunter Library. Meeting has been discontinued. (Cullowhee Valley Group still meets on Thursday at 5:30pm at same location.)

Franklin: New Hope Group: Meetings on Monday at 6:30pm and Thursday at 8:15pm have been discontinued. New Hope Group meets the following days/times: Wednesday 7:00pm (C,D,HA), Thursday 7:00pm (O,BG,HA) and Saturday 7:00pm (O,MT,HA); St Cyprian's Episcopal Church, 216 Roller Mill Rd, Franklin 28734

Waynesville: Maple Grove – Voices of Women in AA: Monday 7:00pm. (O,W,LS) Maple Grove Methodist Church (Rte 276N) Russ Ave near Dellwood Rd. Meeting has been temporarily discontinued through the winter; will resume in March.

The SERVICE EXPRESS

February newsletter deadline for sending in announcements is **January 15**.

District 70:

GSR Business Meeting – Held the 2nd Sunday of the month. The next meeting will be on **Sunday, January 12, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunn's Cove Rd, Asheville 28805.

The new District 70 By-laws are now posted on the website: www.ashevilleaa.org

District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

"Bridging the Gap" (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at bridgingthegap@ashevilleaa.org. A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: www.btgww.org

Corrections Committee – Women's Chairs are Denise J. and Casey - contact at women_corrections@ashevilleaa.org. Men's Chair is David J. – contact at mens_corrections@ashevilleaa.org. Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: Sarah.Regala@buncombecounty.org. AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

CPC/PI Committee – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>. To get involved, please attend the GSR Business meeting on **January 12**.

Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at literature@ashevilleaaa.org to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

District 71:

GSR Meeting – Held on the 2nd Saturday of the month. The next meeting will be **Saturday, January 11, 9:30am**, at 1624 Willow Rd, Hendersonville, 28739. The District Service Committees meet in conjunction with the GSR meeting.

The District Service Committees now meet in conjunction with the GSR meeting. The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; info@ncmco.net – for contact information.

District 80:

GSR Meeting – held quarterly. The next meeting will be **Sunday, January 19, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. All interested A.A. members are welcome to attend. They will be electing a new Events Chair, Corrections Chair and Grapevine promoter.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: www.aaNCMCO.org

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be **Thursday, January 9, 5:30-6:30pm**, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

The next COR/NCMCO Board meeting will be **Thursday, January 9, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central

Office), Asheville 28801. COR/Board meetings are held every other month on the odd numbered months.

We still need to fill several Board positions. Information about the duties and requirements is posted on our website: <https://aancmco.org/open-positions-at-ncmco/> If you are interested in being of service please attend the COR/Board meeting in January. If you have any questions, call Pam at Central Office: 828-254-8539.

Special Meetings and Events

41st Gratitude Retreat. January 9-12. Hilton Myrtle Beach Resort, 10000 Beach Club Drive, Myrtle Beach, SC 29572. For registration information, visit website: www.gratituderetreat.com

40th Hilton Head Mid-Winter Conference. January 24-26. The Westin Hilton Head Resort & Spa, 2 Grass Lawn Ave, Hilton Head Island, SC 29928. For more information, visit website: www.hhconf.com

Southern States Women's Conference. January 24-26. Doubletree Hilton, 2101 Dixie Clipper Drive, Jacksonville, FL 32218; 904-741-1997; Group Code: SWC. For more information, visit website: <https://www.southernstateswomensconference.org/>

1st Annual District 70 Mid-Winter "Gratitude Adjustment". Saturday February 1, 12:30-2:30pm. Mac & Cheese Buffet; speaker at 1:30pm. Morningside Baptist Church, 14 Mineral Springs Rd, Asheville 28805 (off Tunnel Rd – turn by the Burger King)

49th Gulf Coast Roundup. February 14-16. On the Gulf Coast of Okaloosa Island at "the Island" 1500 Miracle Strip Pkwy SE (Hwy 98E) Fort Walton Beach, FL 32548. For more information, visit website: www.GulfCoastRoundup.com

56th International Women's Conference. February 20-23. JW Marriott Hotel, 10 S. West St, Indianapolis, IN 46204. For more information, visit website: www.internationalwomensconference.org

EACYPAA XVIII. (Eastern Area Convention of Young People in AA) March 26-29. Westin Convention Center, Pittsburgh, PA. For more information, visit website: www.eacypaa2020.org

Appalachian Regional Roundup. March 27-29. Meadow Conference Resort, 1901 Meadow View Parkway, Kingsport, TN 23660. For more information and registration, visit website: www.appalachianregionalroundup.com

2020 International Convention. July 2-5, 2020. Detroit, MI. Printed registration forms available at Central Office. For online registration, visit website: www.aa.org

4th Annual WNCYPAA Campout. October 16-18. Briar Bottom Group Campground, 50 Black Mountain Campground Rd, Burnsville, NC 28714. For more information and pre-registration, visit website: www.wncypaa.org

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Secretary – a two-year term starting January 2020

- Shall perform all duties incident to the office and others as assigned.
- Shall attend and take minutes of all COR General Committee and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.
- Shall follow the Alternate Chair in line of succession to the Chair at board meetings.
- Shall have at least five years' continuous sobriety at the time of taking office.

Mountain Doin's Editor:

- Has overall responsibility for the monthly Mountain Doin's newsletter. (Note: Most of the work gathering materials for the newsletter is done by the Office Manager; the editor puts it into the design format. Computer skills required; software expenses will be reimbursed.)
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

Webmaster

- Has responsibility for publishing and maintaining the Central Office website www.aanbcmco.org in accordance with Central Office policies. (Note: Any expenses for software will be reimbursed.)
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

Trustee

New Trustees are needed for Districts 70 and 71. (District 80 selected a new Trustee in November. Welcome Keith!) As specified in the Central Office Bylaws, ideally one District Trustee shall be elected by its respective district in each year of a three-year period. Three-year terms may be flexible based on the needs of each district. If you are interested in being the Trustee from your district, attend your respective General Service District meeting.

Here are the responsibilities of the Trustee:

- Shall provide general guidance of the overall operations of Central Office.
- Shall make recommendations to the CORs and the Central Office Board for improvements or changes.
- Shall be someone with long-term sobriety, with knowledgeable experience of A.A. Steps, Traditions, and Concepts, and has long-term

involvement and commitment to A.A. service work.

- Shall attend both District and NCMCO Board and COR General Committee meetings, and report to each entity as liaison between the groups.

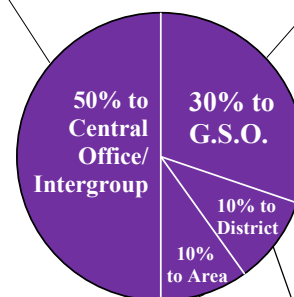
Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2019

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

Note: There are new addresses for the Area 51, District 71 and District 80 Treasurers

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Grand Central Station
PO Box 459
New York, NY 10163-0459



NCGSC – Area 51
Treasurer
P.O. Box 592
Apex, NC 27502

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
1311 Pace Road
Hendersonville, NC 28792

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906

Special Meetings and Events Continued

NC Area 51 Conferences and Events: www.aanorthcarolina.org

GSO in New York: www.aa.org

For events around the country and the world, as well as great articles and information, go to: www.aa.org and Box 4-5-9 Bulletin Board: https://www.aa.org/newsletters/en_US/en_box459_holiday19.pdf



ANNIVERSARIES

2nd Chance Group - Cherokee

Herb W. 1-22-1990 30 yrs

3 Legacies Group

Gus G. 1-17-2010 10 yrs

Acceptance Group

Suzanne T. 1-01-1992 28 yrs

Around the Room Group

Tom W. 1-01-1991 29 yrs
Sam M. 1-05-2012 8 yrs

Asheville Women's BBSS Group

Natalie B. 1-09-2009 11 yrs

At Wit's End Group

Greg K. 1-02-2016 4 yrs
Trevor H. 1-06-2015 5 yrs
Amber M. 1-10-2008 12 yrs
Lauren C. 1-16-2008 12 yrs
Angie W. 1-17-1999 21 yrs
Rachel S. 1-31-2015 5 yrs

Back to Basics Group

Diane M. 1-15-2019 1 yr
Amy M. 1-21-1975 45 yrs

Black Mountain Group

Yvonne W. 1-20-2006 14 yrs

Brevard Serenity Group

ShellyMae S. 1-09-2016 4 yrs
Patti P. 1-11-1973 47 yrs
Barbara P. 1-20-2018 2 yrs
Dave R. 1-20-1996 24 yrs
Beth P. 1-21-1984 36 yrs

Conscious Contact Group

Sara M. 1-02-2004 16 yrs
Damon D. 1-12-1998 22 yrs
Ellen M. 1-22-2016 4 yrs
David B. 1-26-2004 16 yrs

Cumberland Group

Jill K. 1-18-2012 8 yrs
Judy M. 1-19-1982 38 yrs

Need to update your Group's anniversary list?

Call Central Office - 828-254-8539

- or send a new list to:

info@ncmco.net

February newsletter deadline for sending in anniversaries and announcements is January 15.

Daily Decisions Group

Mike M. 1-01-1985 35 yrs
Joe A. 1-28-1978 42 yrs
Johnel V. 1-29-2001 19 yrs

Fellowship Group

Galen W. 1-01-2008 12 yrs
Rob W. 1-01-2017 3 yrs
Ted N. 1-01-1985 35 yrs
Joe V. 1-02-2019 1 yr
Mike B. 1-02-2017 3 yrs
Rob C. 1-02-2018 2 yrs
Dale L. 1-10-2004 16 yrs
Julia R. 1-17-2001 19 yrs
Jennifer H. 1-18-2019 1 yr
Jill P. 1-26-2019 1 yr
Sam L. 1-29-2019 1 yr

Good Livers Group

Bob D. 1-02-2019 1 yr
JoEllen W. 1-02-2008 12 yrs
Ken B. 1-02-2019 1 yr
Bibi L. 1-09-1983 37 yrs
Esther H. 1-13-2017 3 yrs
Pamela W. 1-16-2002 18 yrs
Steve G. 1-17-1986 34 yrs
Ryan B. 1-26-2017 3 yrs
Bobbie R. 1-28-2014 6 yrs

Grace Group

Ben O. 1-01-2018 2 yrs
Kayli H. 1-01-2019 1 yr
Doug M. 1-04-1985 35 yrs
Jacob T. 1-07-2019 1 yr
Eli J. 1-07-2019 1 yr
Tracey Mc. 1-08-2018 2 yrs
Barbara K. 1-10-2018 2 yrs
Daniel S. 1-12-2018 2 yrs
Katie B. 1-12-2014 6 yrs
Sarah L. 1-12-2019 1 yr
Andi K. 1-14-1999 21 yrs
Isaiah G. 1-14-2019 1 yr
Vivian C. 1-15-2008 12 yrs
Sarah M. 1-16-2019 1 yr
Leslie C. 1-17-2018 2 yrs
Tiffanie C. 1-18-2008 12 yrs
Joshua S. 1-21-2019 1 yr
Marielle W. 1-21-2019 1 yr
Judah L. 1-24-2019 1 yr
Ryan J. 1-24-2005 15 yrs
Amie S. 1-25-2009 11 yrs
Emily L. 1-26-2019 1 yr
Stephan H. 1-26-2019 1 yr
Mike L. 1-29-2017 3 yrs
Carla W. 1-30-2017 3 yrs
Jordan H. 1-31-2019 1 yr

Happy Hour Group

Sam L. 1-29-2018 2 yrs

Hendersonville Group

Dan C. 1-03-2013 7 yrs
Keenan G. 1-03-2000 20 yrs

Hendersonville Men's Group

Wharton D. 1-13-1982 38 yrs

Marshall Group

Michael G. 1-05-2001 19 yrs
Dale K. 1-06-1981 39 yrs
Harold L. 1-28-2012 8 yrs

Midday Group

Robin R. 1-15-2011 9 yrs

Phoenix Group

Andrea 1-01-2001 19 yrs
Paul 1-06-2015 5 yrs
Liz 1-24-2009 11 yrs

Riverside Last Chance Group

Wesley A. 1-26-2011 9 yrs

Total Surrender Group

Patty K. 1-01-1985 35 yrs
Cynthia P. 1-02-2015 5 yrs
David 1-05-2018 2 yrs
Brandy F. 1-07-2006 14 yrs
Bryan T. 1-15-1992 28 yrs

United with Hope Group - Flat Rock

John B. 1-01-2014 6 yrs

Waynesville Grace Group

Joe C. 1-01-2010 10 yrs
Bob F. 1-15-2004 16 yrs
Suzanna B. 1-16-1997 23 yrs
Rob B. 1-25-1985 35 yrs
Paula E. 1-28-1987 33 yrs
David C. 1-29-2016 4 yrs

Women of Grace Group

Kaysie S. 1-01-2006 14 yrs
Terry G. 1-10-1984 36 yrs
Cay F. 1-16-1983 37 yrs

— 41st GRATITUDE RETREAT —

January 9 - 12, 2020

\$25.00 PRE-Registration

Cut~Off Date

December 22, 2019

~~~~~

REGISTRATION  
AT DOOR - \$30.00  
PER PERSON



HANDS ACROSS THE TABLE

### *Myrtle Beach Hilton*

10000 Beach Club Drive  
Myrtle Beach, SC 29572

~~~~~

Room Rate - \$64.00 + tax
Single or Double

~~~~~

To make hotel reservations

Call 1-800-876-0010

Or Online: [www.hilton.com](http://www.hilton.com)

Use code: GRAT for Special  
Gratitude Rates

\* Cut off date 12-22-19\*

**BADGES MUST BE WORN at  
ALL MEETINGS & DANCE  
DANCE - SAT. 9:45 P.M.**

Stephen R. .... GA  
Rebecca S. .... GA  
Bob M. .... SC  
Robyn V. .... AFG..... NC  
Kent C. .... OH  
Kip G. .... SC

Scan this code to go directly to  
[www.GratitudeRetreat.com](http://www.GratitudeRetreat.com)



EMAIL CONFIRMATION AND/OR COPY OF CANCELLED CHECK  
**FREE TIME FRIDAY & SATURDAY AFTERNOONS**



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Email: \_\_\_\_\_; \_\_\_\_\_; \_\_\_\_\_; \_\_\_\_\_

### \$25.00 Pre-Registration

AA \_\_\_\_\_

Alanon \_\_\_\_\_

Total \_\_\_\_\_

*(Alateens Free)*

### **GRATITUDE RETREAT**

P.O. Box 24153

Greenville, SC 29616-0064

864-361-3506 864-238-9600

\_\_\_\_\_  
Name to be put on badge

\_\_\_\_\_  
Name to be put on badge

\_\_\_\_\_  
Name to be put on badge

\_\_\_\_\_  
Name to be put on badge

This year you may also register and pay online via our website  
at [www.GratitudeRetreat.com](http://www.GratitudeRetreat.com) for ONLY \$1.00 additional per person.

\*Same cut off dates apply to Pre-registration pricing.



2020

# Hilton Head Mid-Winter Conference



A New Freedom and a New Happiness

## AA & AL-ANON FELLOWSHIP

- Friday 8:30 p.m. ~ Victor V. (Springdale, AZ)
- Saturday 9:00 a.m. ~ Misoon W. (Sarasota, FL)
- Sat. 11:00 a.m. ~ Angie B. (Destin, FL) AFG
- Saturday 2:00 p.m.~AA Workshop "The Spiritual life is not a Theory"
- Saturday 2:00 p.m. AFG Workshop "If we willingly surrender"
- Saturday 4:00pm AFG Workshop "The Family Afterwards"
- Saturday 8:30 p.m. ~ Michael D. (Sioux Falls, ND)
- Sunday 10:00 a.m. ~ Diana M. (Largo, FL)

**The Westin Hilton Head**  
 Resort & Spa  
 2 Grass Lawn Avenue  
 Hilton Head Island, SC 29928  
 1-800-WESTIN-1 or 843-681-4000  
 Rooms: \$115.00/night ~ single & double  
 (Taxes Only No Resort Fee)  
 Code: Hilton Head Mid-Winter Conference



## JANUARY 24 – 26, 2020

Limited to 800 Registrations!!!

Pre-Registration is \$30.00 (will close midnight on 1/18/20)

On-Site Registration begins Friday, January 24<sup>th</sup>, 2020 @ 3:00p.m.

Cash/Check Only Tickets \$35.00 at the door.

More information and Online Registration at [www.hhconf.com](http://www.hhconf.com)

**There will be NO REFUNDS (Reg/Banquet/Golf)**  
 Please make checks payable & mail to:  
**HILTON HEAD MID-WINTER CONFERENCE**  
 PO BOX 6256  
 HILTON HEAD ISLAND, SC 29938  
 Check our website for banquet menu  
 For more information please call: (888) 584-9282

- Marathon Meetings all day with the exception of Speaker times
- AA Workshop
- Al-Anon Workshops & Luncheon
- Golf Tournament – 4 Person Scramble Played at the Port Royal Golf Club
- Southern Hospitality Room World-Famous, Homemade Cookies!
- GAME NIGHT Saturday night after the speaker

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone # \_\_\_\_\_ (Required)

Email: \_\_\_\_\_ (Required)

Conference Tickets # \_\_\_\_\_ @ \$30 ea. = \$ \_\_\_\_\_

*Note: Registration at the door \$35.00 Cash/Check Only*

Banquet Tickets # \_\_\_\_\_ @ \$40 ea. = \$ \_\_\_\_\_

Golf Tournament # \_\_\_\_\_ @ \$48 ea. = \$ \_\_\_\_\_

Contribute to Scholarship Fund \$ \_\_\_\_\_

Total Due \$ \_\_\_\_\_

**Mail in registration is CHECK ONLY**  
**Registration at the door is CASH or CHECK ONLY**  
**CREDIT CARDS ACCEPTED FOR ON LINE REGISTRATION ONLY**

# SOUTHERN STATES WOMEN'S CONFERENCE

JACKSONVILLE, FL

JANUARY 24-26, 2020

PRE-REGISTRATION: \$35

AT THE DOOR: \$40

## DOUBLETREE HILTON

2101 Dixie Clipper Drive, Jacksonville, FL

904-741-1997

\$114 per night / Group Code: SWC  
**BOOK EARLY!**

Deposit equal to the room rate and tax for the first night is required for the \$114 rate.

### SPEAKERS

- Step 1 & 2 – Cyndi M., Louisville, KY
- Step 3 – Angie P., Cincinnati, OH
- Steps 4 & 5 – Joette N., Winder, GA
- Steps 6 & 7 – Mari G., Toronto, CN
- Al-Anon – Diane A., Nashville, TN
- Steps 8 & 9 – Jane D.L., Tallahassee, FL
- Steps 10 & 11 – Brenda J., McKinney, TX
- Step 12 – Polly P., Jacksonville, FL

### MORE INFO

**Chair:** Chrissie H. 423.355.2283

**Co-Chair:** Vanessa C. 404.518.8997

**Registration:** Kathy C. 662.832.6814

**Email:** southernstateswomensconference@gmail.com

**VOLUNTEERS AND MERCHANTS ARE WELCOME!**

Clip below & mail with check or M.O. to  
SOUTHERN STATES WOMEN'S CONFERENCE  
PO BOX 2801, OXFORD, MS 38655

OR – REGISTER ONLINE at [www.southernstateswomensconference.org](http://www.southernstateswomensconference.org)



NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

FOR NAME BADGES (FIRST NAME, LAST INITIAL):

NAME & TOWN or GROUP \_\_\_\_\_ AA AL-ANON \$ \_\_\_\_\_

NAME & TOWN or GROUP \_\_\_\_\_ AA AL-ANON \$ \_\_\_\_\_

NAME & TOWN or GROUP \_\_\_\_\_ AA AL-ANON \$ \_\_\_\_\_

I am interested in VOLUNTEERING  
 I am interested in being a MERCHANT and  
selling my goods in the marketplace

To help those in need of a scholarship(s) DONATION \$ \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_



1ST ANNUAL DISTRICT 70 MID-WINTER

# “GRATITUDE ADJUSTMENT”

## Mac & Cheese Buffet



**Saturday, Feb 1st, 12:30-2:30**

**\*\*SPEAKER AT 1:30PM\*\***

### **Location:**

Morningside Baptist Church  
14 Mineral Springs Rd, Asheville  
(Off Tunnel Road - Turn by the Burger King)

**LOTS OF PARKING!**

“To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends—this is an experience you must not miss.”

“We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives.”  
Alcoholics Anonymous, Working With Others





# 49<sup>TH</sup> GULF COAST ROUNDUP

## February 14, 15, and 16, 2020



On the Gulf Coast of Okaloosa Island at **“The Island”** ([reservations@mainsailhotels.com](mailto:reservations@mainsailhotels.com))

1500 Miracle Strip Pkwy SE (Hwy 98E.), Fort Walton Beach, FL 32548, 850-243-9161 or 1-800-874-8962

**Hotel reservations must be made by Jan 7<sup>th</sup> to ensure these rates, and please state Gulf Coast Roundup.**

Standard \$89/night Courtyard \$99/night Poolside \$109/night Gulf Front \$129/night (“Yes..it’s only \$129..!!”)

**Our website for updates: [www.GulfCoastRoundup.com](http://www.GulfCoastRoundup.com) Send questions to [ChipBowdren54@gmail.com](mailto:ChipBowdren54@gmail.com) or Text them to 850-865-1660**

### Scheduled speakers:

- 4:30 Fri: Darby M. (AA) Destin/Toronto
- 8:00 Fri: Bo T. (AlAnon) West Blockton, AL  
Right after our Speaker..”Movie Nite w/ Popcorn”
- 10:00 Sat: Matt C. (AA) Nashville, TN
- 2:00 Sat: Workshop: “to be announced”
- 4:00 Sat: Tim H. (AA) Louisville, KY
- 8:00 Sat: Roger H. (AA) Sanford, FL
- 9:40 Sat: **Terry Stokes..the Amazing Hypnotist...!!**
- 9:30 Sun: Cyndi M. (AA) Louisville, KY

**VOICE: John Van E. (Montgomery, AL)**

**SATURDAY NITE SPECIAL SHOW FROM TERRY STOKES...THE HYPNOTIST...!!**

You are invited to spend the weekend on the beach with us to enjoy the fellowship our roundup provides. Meeting Room holds 350 people on the 6<sup>th</sup> Floor of the **“The Island Resort.”** This spectacular view also has the famous and very large hospitality area with plenty of tables and chairs, Food Items, snacks, coffee, and soft drinks, to accommodate fellowship between events. The beautiful Gulf Beach on the South...with the Choctawhatchee Bay to the North will be the backdrop for this wonderful conference...!! Enjoy Heated Swimming Pool and Exercise facility...(and yes...we have requested our famous Dolphins to appear again..!!)

**Recordings of the entire conference and individual CD’s will be available**

\$25 registration fee per person includes admission to all meetings and events. Alateens admission is free.

**PRE-REGISTRATION Payments by PayPal (go to website) or mail check...OR at the door with cash or check**

**Register at [www.GulfCoastRoundup.com](http://www.GulfCoastRoundup.com) or use form below**

### Gulf Coast Roundup – February 14-16, 2020 – Registration

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name(s) on Badge(s) \_\_\_\_\_

Make checks payable to: Gulf Coast Roundup

Mail to: **Martin Maitlin, 1 Brighton CT NE, FWB, FL 32547**

1. Indy City Tour    \$40

**Thurs 3-5, Fri 11-1 or Sat 11—1**

This incredibly fun live narrated 75– minute tour will acquaint you with the many popular sights and local favorites that Indianapolis has to offer. As the Racing Capital of the World, you will be transported to the renowned Indianapolis Motor Speedway, Monument Circle, Massachusetts Avenue shopping district, the Kennedy-King Memorial and more. Aside from Washington D.C., Indy is home to more monuments and memorials than any other U.S. city.

2. Cake Bake and Carmel City Center Shopping    \$60

**Fri 9:30 - 1:30 or 11 - 3, Sat 9:30 - 1:30 or 11 - 3**

Cake Bake is the fanciest little Parisian tea and cake shop in town! Owner Gwendolyn Rogers has been featured by Food Network and Oprah Winfrey's "O" List. Sip on imported tea from London while enjoying signature salad and afternoon delights. Experience a firsthand tour of the facility, followed by a famous signature slice of cake. Lastly, browse, shop or simply walk off your meal at the Carmel City Center Marketplace which offers unique independently operated shops. Limited to 24 women per tour. Transportation Provided.

3. Bill W & Dr. Bob Play    \$30

**Friday 9—11:30 or 12:30—2:30**

You don't want to miss this live two-hour performance based on the inspiring true story of Bill Wilson and Dr. Bob Smith. Watch, learn and laugh as this adaptation comes to life telling the story of how AA began in Akron, OH in 1935 and changed the world forever. Two block walking distance for most but transportation included if needed.

**Bill W and Dr. Bob is presented by special arrangements with SAMUEL FRENCH, INC.**

*AA Disclaimer: With respect to the Traditions of AA, performance of this play does not imply affiliation with nor approval or endorsement from Alcoholics Anonymous World Services, Inc.*

56th IWC  
1300 E 86th St, Suite 14 Box #291  
Indianapolis, IN 46240



# 56th International Women's Conference

Indianapolis

February 20-23, 2020



JW Marriott Hotel  
10 S West St

Indianapolis, IN 46204  
317.860.5800

# EACYPAA XVIII

PITTSBURGH PA MARCH 26-29 2020

WESTIN CONVENTION CENTER

[EACYPAA2020.ORG](http://EACYPAA2020.ORG)



*Our Pick Struck*

**GOLD**



4 T H A N N U A L

# WNCYPAA CAMPOUT

**OCTOBER 16TH - 18TH, 2020**

**BRIAR BOTTOM GROUP CAMPGROUND**

**50 BLACK MOUNTAIN CAMPGROUND RD**

**BURNSVILLE, NC, 28714**



**\$10: UNTIL DEC 15TH - \$15: UNTIL MAY 26**  
**\$20 UNTIL OCT 14TH - \$25: DAY OF**  
**\$15: SAT DAY PASS (IN PERSON)**

**COST OF REGISTRATION INCLUDES MEALS!**

**BONFIRE SPEAKER MEETINGS - HIKE TO MT MITCHELL**  
**SCAVENGER HUNT - CAPTURE THE FLAG IN THE DARK**  
**WATERFALL & RIVER ACCESS - ON SITE RESTROOMS & SHOWERS**  
**SMORES - AND MORE!**

**PRE-REGISTER AT [WNCYPAA.ORG](http://WNCYPAA.ORG)**