

# MOUNTAIN DOINS

DECEMBER 2019



Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## "I've Had Enough!"

Holiday gatherings everywhere.  
Champagne corks all fill the air.  
Parties of family and friends,  
All purposed to their special ends.  
These boozy soirées can be tough,  
'Til we clearly state, "I've had enough!"

– © Ocean S. (Burnsville, NC) – extrapolated  
from a quote by Ken A. of the Acceptance Group

## Central Office Positions Open

The Central Office Board has several service positions that need filling. Elections will be held at the next COR/Board meeting on January 9. (See Service Express on page 5 for details.)

Below are the responsibilities and requirements for each position. If you are interested in any of these, please attend the meeting in January. If you have any questions, contact Pam at Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

### Chairperson – a two-year term starting January 2020

- Shall preside at Central Office Board and COR General Committee meetings.
- Shall see that all decisions of the Committees are acted upon.
- Pursuant to specific authority given on occasion by the Committees, may sign and deliver contracts and other documents in the name of North Carolina Mountain Central Office Inc.
- With the recommendation and approval of the Central Office Board, shall call for eligible people to stand for positions and appoint chairpersons of standing and special subcommittees.
- May vote, bring motions, initiate and engage in discussion and debate at board meetings in accordance with Robert's Rules of Order for Small Groups. Shall perform all duties incident

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to the office of Chairman and other duties that may occasionally be assigned by the Committees.

- Shall have five years' continuous sobriety at the time of taking office.

### Secretary – a two-year term starting January 2020

- Shall perform all duties incident to the office and others as assigned.
- Shall attend and take minutes of all COR General Committee and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.
- Shall follow the Alternate Chair in line of succession to the Chair at board meetings.
- Shall have at least five years' continuous sobriety at the time of taking office.

### Mountain Doin's Editor:

- Has overall responsibility for the monthly Mountain Doin's newsletter. (Note: Most of the work gathering materials for the newsletter is done by the Office Manager; the editor puts it into the design format. Computer skills required; software expenses will be reimbursed.)

(Continued on Page 6)



**New NC Mountain Central Office, Inc.  
Profit & Loss YTD Comparison**

	<u>Oct 19</u>	<u>Jan - Oct 19</u>
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	38.00	384.11
Group Contributions	3,543.45	26,397.23
Individual Contributions	114.43	421.43
Subscriptions	0.00	12.00
Total Contributions	3,695.88	27,214.77
Interest on Money Market	0.94	9.22
Sales Income		
Literature & merchandise	2,934.48	30,842.62
Shipping charged to groups	65.57	453.41
Total Sales Income	3,000.05	31,296.03
Total Income	6,696.87	58,520.02
Cost of Goods Sold		
Freight - vendor shipping	66.23	475.19
Literature & merchandise	2,358.48	25,852.39
Shipping to groups	65.72	457.45
Total COGS	2,490.43	26,785.03
Gross Profit	4,206.44	31,734.99
Expense		
Accountant fees		
Accountant	0.00	405.00
Filing fees for 501c3	0.00	600.00
Total Accountant fees	0.00	1,005.00
CO/D70 Fall Picnic	381.86	421.86
Computer, Software, IT Asst	0.00	74.89
Copier Rental	202.15	1,645.38
Credit Card Processing	21.27	238.23
Editor	135.00	1,350.00
ICOAA Conference	734.47	764.47
Insurance Expense	610.00	610.00
Office Expenses	0.00	150.00
Office Supplies	27.34	304.24
Payroll Expenses		
Gross Salary (Including Taxes)	1,038.50	12,359.25
Payroll Taxes (Company)	79.44	987.48
Processing (for Direct Deposit)	5.25	56.00
Total Payroll Expenses	1,123.19	13,402.73
QuickBooks Expenses	0.00	246.10
Rent	567.00	5,619.00
Stamps/Postage	75.05	778.98
Telephone & Internet		
Answering Service	0.00	505.00
Office Telephone/Internet	158.76	1,509.41
Total Telephone & Internet	158.76	2,014.41
Total Expense	4,036.09	28,625.29
Net Ordinary Income	170.35	3,109.70
Other Income/Expense	0.00	0.97
Net Income	<u>170.35</u>	<u>3,110.67</u>

## December Grapevine is now available!

This month's Special Section features stories on AA's Remote Communities and how members stay sober during the holidays.



[www.aagrapevine.org](http://www.aagrapevine.org)

Cash on Hand as of 10/31/2019

Prudent Reserve (Money Market)

\$11,073.41

Operating Account (Checking)

\$12,034.12

Rent Deposit \$400.00

Petty Cash \$50.00

## Call & Visitor Log

### October 2019

12 Step Calls – 3

General Info – 5

Family Help – 1

Meeting Info – 21

Central Office

Business – 49

Medical/Detox – 0

Visitors – 95



Visits to aaNCMCO.org website:

Unique Visitors – 748

Number of Visits – 1,450

Pages Visited – 4,613



# Contributions

	Oct 2019	YTD		Oct 2019	YTD
12 & 12 Study Group		\$75.00	Mountain View Grp (Highlands) 110-598		\$547.18
2nd Chance Group - Cherokee 712-180		\$0.00	Musicians' Meeting		\$50.00
3 Legacies Group 709-522		\$0.00	New Freedom Group 700-124		\$80.00
4th Dimension Group		\$0.00	Newland Serenity (Linville Mtg.)		\$100.71
A Spiritual Awakening Group	\$75.00	\$75.00	No Name Group - Murphy		\$50.00
Acceptance Group 122-477		\$2,280.42	Papertown Group	\$95.62	\$161.42
Agnostics, Atheists & Freethinkers AA Group		\$300.00	Phoenix Group		\$40.00
Andrews Group 110-494		\$0.00	Pisgah Group		\$320.00
Anonymous	\$123.00	\$124.63	Plan B Group 670-567		\$40.00
Around the Room Group	\$50.00	\$125.00	Practicing Principles 667-311		\$125.00
AVL Women's Big Book Step Study 703-990		\$100.00	Primary Purpose Group		\$20.00
At Wit's End Group		\$151.00	Recovery at 6		\$135.41
AWOL Group		\$0.00	Recovery by the River 674-892		\$258.83
Back to Basics Grp - Weaverville 147-139		\$400.00	Roundtable Group 135-605	\$20.00	\$50.00
Big Book Rule 62 Group	\$20.00	\$20.00	Rule 62 Group		\$0.00
Big Town Group 671-200	\$152.25	\$570.83	Safe & Sound 645-654		\$190.00
Bill's Kitchen - Men's Meeting		\$75.00	Saluda Back to Basics Group		\$0.00
Black Mountain Group 117-117		\$40.00	Saturday Morning Men's Meeting	\$100.00	\$700.00
Brevard Men's Group		\$0.00	Serenity Now 670-803		\$75.00
Brevard Serenity Group 631-231		\$300.00	Serenity Seekers - Marion Noon AA 663-204		\$100.00
Bryson City Group 110-467	\$30.00	\$30.00	Serenity Service Group 110-498	\$25.00	\$250.00
Burnsville Group 136-171		\$0.00	Skyland 12&12 Group		\$196.78
But for the Grace of God Group		\$76.41	Sober Sisters - Flat Rock		\$114.82
BYOC - Bring Your Own Coffee		\$50.00	Speed Bump Group 512-851		\$195.00
Candlelight Meeting		\$0.00	Spiritual Fitness Group 720-419	\$92.50	\$269.50
Candler KISS Group 163-148	\$25.00	\$265.00	Spruce Pine Group 110-679		\$500.00
Cashiers Valley Grp 122-589	\$337.79	\$1,241.16	Spruce Pine Saturday Morning Group		\$274.00
Cedar Mountain Group 161-082		\$75.00	Steps in Sobriety Group 728-947		\$106.23
Columbus Group 150-908		\$0.00	Sunlight of the Spirit Group 727-048		\$62.14
Conscious Contact Group - Asheville		\$950.00	Sunshine AA Group 163-759		\$100.30
Cullowhee Valley Group 118-129		\$75.00	Surrender Group - Black Mountain		\$150.00
Cumberland Group 122-472		\$0.00	The Meeting	\$50.00	\$150.00
Daily Decisions 643-869	\$100.00	\$770.59	The Principles Group 675-162	\$15.00	\$36.00
Day by Day Group 159-058	\$162.81	\$1,208.41	Total Surrender Group		\$0.00
District 71	\$200.00	\$200.00	Tryon Monday 5:30 Meeting		\$482.33
Down But Not Out Group		\$0.00	Tuesday Night Men's Group 179-001		\$0.01
Downtown Serenity Group 702-463	\$18.71	\$120.41	United With Hope Group 719-052		\$159.00
Early Bird Group 612-780		\$203.00	Wanderers Men's Group		\$47.83
Fellowship Group 655-542		\$350.00	Waynesville Grace Group 110-692		\$1,500.00
Fireside Group 655-046	\$260.88	\$647.88	We Think Not Group 700-411		\$164.00
Good Livers 666-360	\$240.00	\$680.00	West Asheville Group 110-501		\$83.25
Grace Group 161-970	\$714.64	\$1,908.50	Women's BBSS Group - Hendersonville		\$0.00
Great Fact Group - Waynesville		\$800.00	Women's Grapevine Meeting		\$0.00
Happy Hour Group - Hendersonville 169-182		\$250.00	Women of Courage Group	\$186.25	\$1,070.35
Happy, Joyous & Free - Columbus		\$0.00	Women of Grace		\$88.72
Heart Fire Group		\$94.50	Women of Principles Group		\$0.00
Hendersonville Group 110-594		\$0.00	Working at Recovery		\$0.00
Hendersonville Men's Group		\$100.00	<b>Total Group Contributions:</b>	<b>\$3,543.45</b>	<b>\$26,397.23</b>
High Noon Group 689-080		\$95.00	<b>Individual Contributions:</b>		
Joe & Charlie Big Book Study		\$0.00	Anonymous	\$4.43	\$30.26
Joy of Living - Brevard 669-820		\$225.00	Bob L.		\$150.00
Kanuga Group 645-767		\$0.00	Bob P.	\$100.00	\$105.00
Keep Coming Bat Group		\$69.00	Jeff M.		\$4.65
Lambda Group 617-035		\$106.88	Marty		\$20.00
Landrum Group 715-401		\$105.00	Patsy W.		\$5.16
Last Chance Group - Men's First Step Farm		\$14.00	Scott		\$6.36
Leicester Group 143-417	\$50.00	\$100.00	In Memory of B.G.	\$10.00	\$100.00
Library Group 672-283		\$0.00	<b>Total Individual Contributions:</b>	<b>\$114.43</b>	<b>\$421.43</b>
Love & Share Group 716-957		\$298.00	<b>Birthday Contributions:</b>		
Maggie Valley Group 158-950		\$141.80	Anonymous		\$48.11
Maple Grove Group 121-212		\$0.00	Don B.	\$38.00	\$38.00
Marion AA Group 110-621		\$0.00	Ed T.		\$32.00
Mars Hill Group 130-895	\$43.00	\$111.00	Eva T.		\$32.00
Marshall Group 100-489	\$75.00	\$75.00	Monica G.		\$200.00
Meditation Mondays		\$0.00	Sandy F.		\$34.00
Men's Attitude Adjustment Group 670-850		\$175.00	<b>Total Birthday Contributions:</b>	<b>\$38.00</b>	<b>\$384.11</b>
Midday Grp (Hendersonville) 143-420	\$250.00	\$654.00	<b>Mountain Doin's Subscriptions:</b>	<b>\$0.00</b>	<b>\$12.00</b>
Mill Springs Group 656-821		\$0.00	<b>Grand Total:</b>	<b>\$3,695.88</b>	<b>\$27,214.77</b>
Mission Group 606-119	\$31.00	\$69.00			
Monday 6:00 Open Meeting		\$382.00			



# MEETING UPDATES: Districts 70 • 71 • 80

## Meeting Changes:

**Asheville: Spiritual Fitness Group:** Sunday (W,O,BB) Was at 10:45am; new time as of the end of October: 11:00am. Lenoir-Rhyne Asheville Campus, 36 Montford Ave, Asheville 28801

**Candler: Sojourners' Home Group:** Wednesday (O,D) Was at 7:00pm; new time as of November 20: 6:00pm. First Christian Church, 450 Enka Lake Rd, Candler 28715

## Discontinued Meetings:

**Asheville/Skyland: Skyland Big Book Group:** Monday 7:30pm. (C,BB) Skyland United Methodist Church, 1984 Hendersonville Rd, Asheville. Meeting was discontinued in October.

**Columbus: Women in Recovery:** Monday 3:00pm. (W,C,BB) United Methodist Church, 76 N. Peak St, Columbus 28722. Meeting was discontinued as of the end of October.

## The SERVICE EXPRESS

January newsletter deadline for sending in announcements is **December 15**.

### District 70:

**GSR Business Meeting** – held the 2nd Sunday of the month. The next meeting will be on **Sunday, December 8, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805.

The new District 70 By-laws are now posted on the website: [www.ashevilleaa.org](http://www.ashevilleaa.org)

**District Service Committees** – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

**Treatment Facilities Committee** – Ian O. and Zack are Committee Chairs. Contact them at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org) to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

**"Bridging the Gap"** (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at [bridgingthegap@ashevilleaa.org](mailto:bridgingthegap@ashevilleaa.org). A new "Treatment Facilities Service Display" is in the

works. For information on Bridging the Gap, visit the website: [www.btgww.org](http://www.btgww.org)

**Corrections Committee** – Women's Chairs are Denise J. and Casey - contact at [women\\_corrections@ashevilleaa.org](mailto:women_corrections@ashevilleaa.org). Men's Chair is David J. – contact at [mens\\_corrections@ashevilleaa.org](mailto:mens_corrections@ashevilleaa.org). Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: [Sarah.Regala@buncombecounty.org](mailto:Sarah.Regala@buncombecounty.org). AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

**CPC/PI Committee** – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>. To get involved, please attend the GSR Business meeting on December 8.

**Literature and Grapevine Committee** – Debra J. is the chairperson. Contact her at [literature@ashevilleaa.org](mailto:literature@ashevilleaa.org) to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

### District 71:

**GSR Meeting** – Usually held on the 2nd Saturday of the month. There will not be a meeting in December; the next meeting will be **Saturday, January 11, 9:30am**, at 1624 Willow Rd, Hendersonville,

## Special Meetings and Events

28739. The District Service Committees now meet in conjunction with the GSR meeting. The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net) – for contact information.

### District 80:

**GSR Meeting** – held quarterly. The next meeting will be **Sunday, January 19, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. All interested A.A. members are welcome to attend. They will be electing a new Events Chair, Corrections Chair and Grapevine promoter.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aanCMCO.org](http://www.aanCMCO.org)

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

**Murphy Intergroup Meeting** – held quarterly. The next meeting will be **Thursday, January 9, 5:30-6:30pm**, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

### The next NCMCO Board meeting

will be Thursday, December 12, 6:00pm, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. Combined COR/Board meetings are now every other month on the odd numbered months. The meeting in December is an extra Board meeting to discuss the 2020 budget which will be presented to the CORs for approval at the next combined COR/Board meeting on Thursday, January 9, 6:00pm.

We now have an interim 12 Step Call Volunteer Coordinator who has agreed to take the position on a temporary basis for six months. Thank you, Carl! We still need to fill several other Board positions. Information about the duties and requirements is posted on our website: <https://aancmco.org/open-positions-at-ncmco/> If you are interested in being of service please attend the COR/Board meeting in January. If you have any questions, call Pam at Central Office: 828-254-8539.

**Happy, Joyous and Free! Variety Show.** Monday December 2. Refreshments at 5:00pm; Show at 5:30pm. In place of a meeting the Brevard Serenity Group will be celebrating their sobriety with music, laughter, a skit, and fun in their variety show. Please bring cookies or other finger food if you would like to help out. French Broad Community Center, 281 E. French Broad St, Brevard 28712. (Please park at Brevard College / Bill's Boiler Coffee House.)

**3rd Annual Maple Grove Group Gratitude Supper.** Sunday December 8. Supper at 6:15pm; Old-Timers Panel with Ask-It-Basket Questions at 7:00pm. Please bring a covered dish to share. Maple Grove United Methodist Church, 79 Maple Grove Church Rd, Waynesville 28786

**3rd Annual WNCCYPAA Ugly Sweater Party.** Saturday December 14. 6:00pm: Fellowship & Games; 7:00pm: Spaghetti Dinner; 8:00pm: Double Speaker Meeting. There is a suggested donation of \$5. The winner of the best Christmas sweater will be awarded free registration to the annual WNCCYPAA campout, which will fall on October 16-18th, 2020 at Briar Bottom Campground. Calvary Baptist Church, 531 Haywood Rd, Asheville 28806

**Roundtable Group of AA presents: Old-Timers Panel.** Sunday December 29, 8:00pm. Come and hear the answers to our Ask-It-Basket questions – Experience, Strength and Hope! Mt. Pisgah Lutheran Church, 2606 Chimney Rock Road (Hwy 64E), just past Ingles at Howard Gap Rd, Hendersonville 28792

**41st Gratitude Retreat.** January 9-12. Hilton Myrtle Beach Resort, 10000 Beach Club Drive, Myrtle Beach, SC 29572. For registration information, visit website: [www.gratituderetreat.com](http://www.gratituderetreat.com)

**40th Hilton Head Mid-Winter Conference.** January 24-26. The Westin Hilton Head Resort & Spa, 2 Grass Lawn Ave, Hilton Head Island, SC 29928. For more information, visit website: [www.hhconf.com](http://www.hhconf.com)

**Southern States Women's Conference.** January 24-26. Doubletree Hilton, 2101 Dixie Clipper Drive, Jacksonville, FL 32218; 904-741-1997; Group Code: SWC. For more information, visit website: <https://www.southernstateswomensconference.org/>

**49th Gulf Coast Roundup.** February 14-16. On the Gulf Coast of Okaloosa Island at "the Island" 1500 Miracle Strip Pkwy SE (Hwy 98E) Fort Walton Beach, FL 32548. For more information, visit website: [www.GulfCoastRoundup.com](http://www.GulfCoastRoundup.com)

**56th International Women's Conference.** February 20-23. JW Marriott Hotel, 10 S. West St, Indianapolis, IN 46204. For more information, visit website: [www.internationalwomensconference.org](http://www.internationalwomensconference.org)

**EACYPAA XVIII. (Eastern Area Convention of Young People in AA)** March 26-29. Westin Convention Center, Pittsburgh, PA. For more information, visit website: [www.eacypaa2020.org](http://www.eacypaa2020.org)

(Continued Page 6)

### Central Office Positions Needed:

#### Mountain Doin's Editor Continued:

- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

#### Webmaster

- Has responsibility for publishing and maintaining the Central Office website [www.aancmco.org](http://www.aancmco.org) in accordance with Central Office policies. (Note: Any expenses for software will be reimbursed.)
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

#### Trustee

The position of Trustee from District 71 is currently vacant (the former Trustee moved away this summer) and at the beginning of the year the position of Trustee from Districts 70 & 80 will be open. As specified in the Central Office Bylaws, ideally one District Trustee shall be elected by its respective district in each year of a three-year period. Three-year terms may be flexible based on the needs of each district. If you are interested in being the Trustee from your district, attend your respective General Service District meeting.

Here are the responsibilities of the Trustee:

- Shall provide general guidance of the overall operations of Central Office.
- Shall make recommendations to the CORs and the Central Office Board for improvements or changes.
- Shall be someone with long-term sobriety, with knowledgeable experience of A.A. Steps, Traditions, and Concepts, and has long-term involvement and commitment to A.A. service work.
- Shall attend both District and NCMCO Board and COR General Committee meetings, and report to each entity as liaison between the groups.

**Appalachian Regional Roundup.** March 27-29. Meadow Conference Resort, 1901 Meadow View Parkway, Kingsport, TN 23660. For more information and registration, visit website: [www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)

**2020 International Convention.** July 2-5, 2020. Detroit, MI. Printed registration forms available at Central Office. For online registration, visit website: [www.aa.org](http://www.aa.org)

**NC Area 51 Conferences and Events:** [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

**GSO in New York:** [www.aa.org](http://www.aa.org)

For events around the country and the world, as well as great articles and information, go to: [www.aa.org](http://www.aa.org) and Box 4-5-9 Bulletin Board: [https://www.aa.org/newsletters/en\\_US/en\\_box459\\_fall19.pdf](https://www.aa.org/newsletters/en_US/en_box459_fall19.pdf)

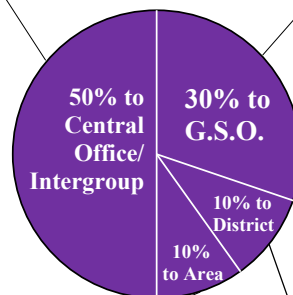
### Suggestions & Addresses for sending Donations to the A.A. Service Structure\* Revised for 2019

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

**Note: There are new addresses for the Area 51, District 71 and District 80 Treasurers**

**NCMCO**  
70 Woodfin Place  
Suite 206  
Asheville, NC 28801

**General Service Office**  
Grand Central Station  
PO Box 459  
New York, NY 10163-0459



**NCGSC – Area 51**  
Treasurer  
P.O. Box 592  
Apex, NC 27502

**District 70 Treasurer**  
PO Box 8574  
Asheville, NC 28814-8574

**District 71 Treasurer**  
1311 Pace Road  
Hendersonville, NC 28792

**District 80 Treasurer**  
197 Mountain Top Drive  
Murphy, NC 28906





# ANNIVERSARIES

## 2nd Chance Group - Cherokee

Nat W. 12-01-2016 3 yrs

## 3 Legacies Group

Ryan G. 12-26-2007 12 yrs

## Acceptance Group

Brady P. 12-04-2017 2 yrs  
 Jack K. 12-07-1982 37 yrs  
 Derek E. 12-09-2012 7 yrs  
 Judy C. 12-10-1988 31 yrs  
 Marileva Z. 12-14-2014 5 yrs  
 Bob 12-16-2018 1 yr  
 Nick M. 12-19-2016 3 yrs  
 Jack W. 12-27-1991 28 yrs  
 Greg C. 12-28-2016 3 yrs

## Asheville Women's BBSS Group

Linda F. 12-12-1986 33 yrs

## At Wit's End Group

Jaime S. 12-16-1995 24 yrs  
 Ryan S. 12-20-2014 5 yrs  
 Jody B. 12-31-2014 5 yrs

## Back to Basics Group

Steve R. 12-11-2018 1 yr  
 Tom H. 12-19-1975 44 yrs

## Black Mountain Group

Sean A. 12-16-1984 35 yrs  
 Bill C. 12-24-1989 30 yrs  
 Hans P. 12-26-2015 4 yrs  
 Dean F. 12-28-2006 13 yrs  
 Jeff H. 12-31-2016 3 yrss

## Brevard Serenity Group

Joe W. 12-20-2000 19 yrs

## Candlelight Group

Matt H. 12-31-2015 4 yrs

## Candler K.I.S.S. Group

Jason H. 12-23-2015 4 yrs

## Conscious Contact Group

Joe T. 12-08-1996 23 yrs  
 Mike M. 12-08-2014 5 yrs  
 Shannon 12-12-1998 21 yrs  
 Jennye J. 12-25-1985 34 yrs

## Cumberland Group

Joey K. 12-08-2008 11 yrs  
 Lynne K. 12-16-2008 11 yrs  
 Carolyn B. 12-18-1993 26 yrs  
 Gene K. 12-22-1986 33 yrs

## Daily Decisions Group

Tiffany 12-31-2018 1 yr

## Fellowship Group

Patrick M. 12-01-2017 2 yrs  
 Evan S. 12-05-2018 1 yr  
 George K. 12-14-1971 48 yrs  
 Tom G. 12-20-2016 3 yrs  
 Randine A. 12-26-2017 2 yrs  
 Tim 12-28-2018 1 yr  
 Jennifer D. 12-28-2010 9 yrs  
 Blythe L. 12-29-2017 2 yrs

## Good Livers Group

Alex W. 12-02-2015 4 yrs  
 Eva T. 12-31-1986 33 yrs

## Grace Group

Jim Ha. 12-01-1982 37 yrs  
 Chuck W. 12-10-2008 11 yrs  
 Carter M. 12-17-2006 13 yrs  
 David M. 12-25-2016 3 yrs  
 Tom C. 12-25-2006 13 yrs  
 Ryan G. 12-26-2007 12 yrs

## Happy Hour Group

Crystal A. 12-17-2013 6 yrs

## Hendersonville Group

Patty W. 12-01-2007 12 yrs  
 David W. 12-03-1985 34 yrs  
 MaryJo L. 12-08-2000 19 yrs  
 John O. 12-14-2018 1 yr  
 Chris K. 12-26-1985 34 yrs

## Hendersonville Men's Group

Joe B. 12-09-1989 30 yrs  
 George K. 12-14-1971 48 yrs  
 Tom G. 12-20-2016 3 yrs

## Leicester Group

Jo R. 12-30-2007 12 yrs

## Library Group

Bryan D. 12-08-2016 3 yrs

## Mars Hill Group

Tammy T. 12-27-2010 9 yrs

## Midday Group

John O. 12-14-2018 1 yr

## Original Way Group

Carol N. 12-28-2009 10 yrs

## Total Surrender Group

Jennifer D. 12-28-2010 9 yrs

## Traditional Group

Dennis T. 12-25-1980 39 yrs

## United with Hope Group

Marlene W. 12-05-2015 4 yrs

## Waynesville Grace Group

Darren N. 12-09-2018 1 yr  
 Chuck B. 12-18-1981 38 yrs  
 Paula P. 12-20-2006 13 yrs  
 Jim N. 12-23-1985 34 yrs

## Women of Grace Group

Heather B. 12-02-1984 35 yrs  
 Marjorie T. 12-05-1978 41 yrs  
 Sarah G. 12-08-2015 4 yrs

Need to update your Group's anniversary list?  
 Call Central Office - 828-254-8539 - or send a new list to:  
[info@ncmco.net](mailto:info@ncmco.net)  
 January newsletter deadline for sending in anniversaries  
 and announcements is December 15.



*Join Us!*

Happy, Joyous, and Free!  
Variety Show

**Monday December 2nd**

Refreshments @ 5pm; Show @ 5:30pm



*In place of a meeting the Brevard Serenity Group will be celebrating our sobriety with music, laughter, a skit, and fun in our variety show.*

***We Are Not A Glum Lot!!***

If you would like to help out, please bring cookies or other finger food - pot luck!



French Broad Community Ctr  
281 E. French Broad St., Brevard



*Please park at Brevard College / Bill's Boiler Coffee House*



# Third Annual Maple Grove AA Gratitude Supper



Bill Wilson started his Recovery on  
December 11, 1934

Our Gratitude Supper starts  
Sunday December 8, 2019 at 6:15pm

Maple Grove United Methodist Church  
79 Maple Grove Church Rd, Waynesville, NC 28785

**Plus!**

Old-Timers Panel with Ask-It-Basket Questions  
starts at 7:00pm



Please bring a covered dish to share



3rd Annual  
WNCCYPAA



UGLY

SWEATER PARTY



THE UGLIEST SWEATER WINS FREE REGISTRATION TO OUR ANNUAL CAMPOUT!

SATURDAY, DECEMBER 14TH

\* 6PM: FELLOWSHIP & GAMES

JACKIE H.  
GREENSBORO/PTYPA

\* 7PM: SPAGHETTI DINNER

DAVID R.  
BOONE/HCCYPAA

\* 8PM: DOUBLE SPEAKER MEETING

CALVARY BAPTIST CHURCH • 531 HAYWOOD RD, ASHEVILLE, NC 28806





# — 41<sup>st</sup> GRATITUDE RETREAT —

## January 9 - 12, 2020

\$25.00 PRE-Registration

Cut~Off Date

December 22, 2019

~~~~~

REGISTRATION  
AT DOOR - \$30.00  
PER PERSON



HANDS ACROSS THE TABLE

### *Myrtle Beach Hilton*

10000 Beach Club Drive  
Myrtle Beach, SC 29572

~~~~~

Room Rate - \$64.00 + tax  
Single or Double

~~~~~

To make hotel reservations  
Call 1-800-876-0010

Or Online: [www.hilton.com](http://www.hilton.com)

Use code: GRAT for Special  
Gratitude Rates

\* Cut off date 12-22-19\*

**BADGES MUST BE WORN at  
ALL MEETINGS & DANCE  
DANCE - SAT. 9:45 P.M.**

Stephen R. ....GA  
Rebecca S. ....GA  
Bob M. ....SC  
Robyn V. ....AFG.....NC  
Kent C. ....OH  
Kip G. ....SC

Scan this code to go directly to  
[www.GratitudeRetreat.com](http://www.GratitudeRetreat.com)



EMAIL CONFIRMATION AND/OR COPY OF CANCELLED CHECK

**FREE TIME FRIDAY & SATURDAY AFTERNOONS**



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Email: \_\_\_\_\_; \_\_\_\_\_; \_\_\_\_\_; \_\_\_\_\_

### \$25.00 Pre-Registration

AA \_\_\_\_\_

Alanon \_\_\_\_\_

Total \_\_\_\_\_

*(Alateens Free)*

### GRATITUDE RETREAT

P.O. Box 24153

Greenville, SC 29616-0064

864-361-3506 864-238-9600

This year you may also register and pay online via our website  
at [www.GratitudeRetreat.com](http://www.GratitudeRetreat.com) , for ONLY \$1.00 additional per person.

\*Same cut off dates apply to Pre-registration pricing.

\_\_\_\_\_ Name to be put on Badge

\_\_\_\_\_ Name to be put on Badge

\_\_\_\_\_ Name to be put on Badge

\_\_\_\_\_ Name to be put on Badge

2020

# Hilton Head Mid-Winter Conference

A New Freedom and a New Happiness



## AA & AL-ANON FELLOWSHIP

- Friday 8:30 p.m. ~ Victor V. (Springdale, AZ)
- Saturday 9:00 a.m. ~ Misoon W. (Sarasota, FL)
- Sat. 11:00 a.m. ~ Angie B. (Destin, FL) AFG
- Saturday 2:00 p.m.~AA Workshop "The Spiritual life is not a Theory"
- Saturday 2:00 p.m. AFG Workshop "If we willingly surrender"
- Saturday 4:00pm AFG Workshop "The Family Afterwards"
- Saturday 8:30 p.m. ~ Michael D. (Sioux Falls, ND)
- Sunday 10:00 a.m. ~ Diana M. (Largo, FL)

**The Westin Hilton Head**  
 Resort & Spa  
 2 Grass Lawn Avenue  
 Hilton Head Island, SC 29928  
 1-800-WESTIN-1 or 843-681-4000  
 Rooms: \$115.00/night ~ single & double  
 (Taxes Only No Resort Fee)  
 Code: Hilton Head Mid-Winter Conference



## JANUARY 24 – 26, 2020

Limited to 800 Registrations!!!

Pre-Registration is \$30.00 (will close midnight on 1/18/20)

On-Site Registration begins Friday, January 24<sup>th</sup>, 2020 @ 3:00p.m.

Cash/Check Only Tickets \$35.00 at the door.

More information and Online Registration at [www.hhconf.com](http://www.hhconf.com)

**There will be NO REFUNDS (Reg/Banquet/Golf)**  
 Please make checks payable & mail to:  
 HILTON HEAD MID-WINTER CONFERENCE  
 PO BOX 6256  
 HILTON HEAD ISLAND, SC 29938  
 Check our website for banquet menu  
 For more information please call: (888) 584-9282

- Marathon Meetings all day with the exception of Speaker times
- AA Workshop
- Al-Anon Workshops & Luncheon
- Golf Tournament – 4 Person Scramble Played at the Port Royal Golf Club
- Southern Hospitality Room World-Famous, Homemade Cookies!
- GAME NIGHT Saturday night after the speaker

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone # \_\_\_\_\_ (Required)

Email: \_\_\_\_\_ (Required)

Conference Tickets # \_\_\_\_\_ @ \$30 ea. = \$ \_\_\_\_\_

*Note: Registration at the door \$35.00 Cash/Check Only*

Banquet Tickets # \_\_\_\_\_ @ \$40 ea. = \$ \_\_\_\_\_

Golf Tournament # \_\_\_\_\_ @ \$48 ea. = \$ \_\_\_\_\_

Contribute to Scholarship Fund \$ \_\_\_\_\_

Total Due \$ \_\_\_\_\_

**Mail in registration is CHECK ONLY**  
**Registration at the door is CASH or CHECK ONLY**  
**CREDIT CARDS ACCEPTED FOR ON LINE REGISTRATION ONLY**

# DOUBLETREE HILTON

2101 Dixie Clipper Drive, Jacksonville, FL

904-741-1997

\$114 per night /Group Code: SWC

**BOOK EARLY!**

Deposit equal to the room rate and tax for the first night is required for the \$114 rate.

# SOUTHERN STATES WOMEN'S CONFERENCE

JACKSONVILLE, FL

JANUARY 24-26, 2020

PRE-REGISTRATION: \$35

AT THE DOOR: \$40

## SPEAKERS

Step 1 & 2 – Cyndi M., Louisville, KY

Step 3 – Angie P., Cincinnati, OH

Steps 4 & 5 – Joette N., Winder, GA

Steps 6 & 7 – Mari G., Toronto, CN

Al-Anon – Diane A., Nashville, TN

Steps 8 & 9 – Jane D.L., Tallahassee, FL

Steps 10 & 11 – Brenda J., McKinney, TX

Step 12 – Polly P., Jacksonville, FL

## MORE INFO

**Chair:** Chrissie H. 423.355.2283

**Co-Chair:** Vanessa C. 404.518.8997

**Registration:** Kathy C. 662.832.6814

**Email:** southernstateswomensconference@gmail.com

**VOLUNTEERS AND MERCHANTS ARE WELCOME!**

Clip below & mail with check or M.O. to  
SOUTHERN STATES WOMEN'S CONFERENCE

PO BOX 2801, OXFORD, MS 38655

OR – REGISTER ONLINE at [www.southernstateswomensconference.org](http://www.southernstateswomensconference.org)



NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

FOR NAME BADGES (FIRST NAME, LAST INITIAL):

NAME & TOWN or GROUP \_\_\_\_\_ AA AL-ANON \$ \_\_\_\_\_

NAME & TOWN or GROUP \_\_\_\_\_ AA AL-ANON \$ \_\_\_\_\_

NAME & TOWN or GROUP \_\_\_\_\_ AA AL-ANON \$ \_\_\_\_\_

I am interested in VOLUNTEERING  
 I am interested in being a MERCHANT and  
selling my goods in the marketplace

To help those in need of a scholarship(s) DONATION \$ \_\_\_\_\_

Photo credit: Jessica Silversaga

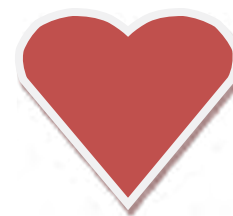
TOTAL ENCLOSED \$ \_\_\_\_\_





# 49<sup>TH</sup> GULF COAST ROUNDUP

## February 14, 15, and 16, 2020



On the Gulf Coast of Okaloosa Island at **"The Island"** ([reservations@mainsailhotels.com](mailto:reservations@mainsailhotels.com))

1500 Miracle Strip Pkwy SE (Hwy 98E.), Fort Walton Beach, FL 32548, 850-243-9161 or 1-800-874-8962

**Hotel reservations must be made by Jan 7<sup>th</sup> to ensure these rates, and please state Gulf Coast Roundup.**

Standard \$89/night Courtyard \$99/night Poolside \$109/night Gulf Front \$129/night ("Yes..it's only \$129..!!")

Our website for updates: [www.GulfCoastRoundup.com](http://www.GulfCoastRoundup.com) Send questions to [ChipBowdren54@gmail.com](mailto:ChipBowdren54@gmail.com)  
or Text them to 850-865-1660

### Scheduled speakers:

- 4:30 Fri: Darby M. (AA) Destin/Toronto
- 8:00 Fri: Bo T. (AIAnon) West Blockton, AL
- Right after our Speaker..”Movie Nite w/ Popcorn”
- 10:00 Sat: Matt C. (AA) Nashville, TN
- 2:00 Sat: Workshop: “to be announced”
- 4:00 Sat: Tim H. (AA) Louisville, KY
- 8:00 Sat: Roger H. (AA) Sanford, FL
- 9:40 Sat: **Terry Stokes..the Amazing Hypnotist...!!**
- 9:30 Sun: Cyndi M. (AA) Louisville, KY

**VOICE: John Van E. (Montgomery, AL)**

**SATURDAY NITE SPECIAL SHOW FROM TERRY STOKES...THE HYPNOTIST...!!**

You are invited to spend the weekend on the beach with us to enjoy the fellowship our roundup provides. Meeting Room holds 350 people on the 6<sup>th</sup> Floor of the **"The Island Resort."** This spectacular view also has the famous and very large hospitality area with plenty of tables and chairs, Food Items, snacks, coffee, and soft drinks, to accommodate fellowship between events. The beautiful Gulf Beach on the South...with the Choctawhatchee Bay to the North will be the backdrop for this wonderful conference...!! Enjoy Heated Swimming Pool and Exercise facility...(and yes...we have requested our famous Dolphins to appear again..!!)

**Recordings of the entire conference and individual CD's will be available**

\$25 registration fee per person includes admission to all meetings and events. Alateens admission is free.

**PRE-REGISTRATION Payments by PayPal (go to website) or mail check...OR at the door with cash or check**

Register at [www.GulfCoastRoundup.com](http://www.GulfCoastRoundup.com) or use form below

### Gulf Coast Roundup – February 14-16, 2020 – Registration

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name(s) on Badge(s) \_\_\_\_\_

Make checks payable to: Gulf Coast Roundup

Mail to: **Martin Maitlin, 1 Brighton CT NE, FWB, FL 32547**

1. Indy City Tour \$40

*Thurs 3-5, Fri 11-1 or Sat 11-1*

This incredibly fun live narrated 75-minute tour will acquaint you with the many popular sights and local favorites that Indianapolis has to offer. As the Racing Capital of the World, you will be transported to the renowned Indianapolis Motor Speedway, Monument Circle, Massachusetts Avenue shopping district, the Kennedy-King Memorial and more. Aside from Washington D.C., Indy is home to more monuments and memorials than any other U.S. city.

2. Cake Bake and Carmel City Center Shopping \$60

*Fri 9:30 - 1:30 or 11-3, Sat 9:30 - 1:30 or 11-3*

Cake Bake is the fanciest little Parisian tea and cake shop in town! Owner Gwendolyn Rogers has been featured by Food Network and Oprah Winfrey's "O" List. Sip on imported tea from London while enjoying signature salad and afternoon delights. Experience a firsthand tour of the facility, followed by a famous signature slice of cake. Lastly, browse, shop or simply walk off your meal at the Carmel City Center Marketplace which offers unique independently operated shops. Limited to 24 women per tour. Transportation Provided.

3. Bill W & Dr. Bob Play \$30

*Friday 9-11:30 or 12:30-2:30*

You don't want to miss this live two-hour performance based on the inspiring true story of Bill Wilson and Dr. Bob Smith. Watch, learn and laugh as this adaptation comes to life telling the story of how AA began in Akron, OH in 1935 and changed the world forever. Two block walking distance for most but transportation included if needed.

**Bill W and Dr. Bob is presented by special arrangements with SAMUEL FRENCH, INC.**

*AA Disclaimer: With respect to the Traditions of AA, performance of this play does not imply affiliation with nor approval or endorsement from Alcoholics Anonymous World Services, Inc.*

56th IWC

1300 E 86th St, Suite 14 Box #291

Indianapolis, IN 46240



# 56th International Women's Conference

Indianapolis

February 20-23, 2020



JW Marriott Hotel

10 S West St

Indianapolis, IN 46204

317.860.5800

# EACYPAA XVIII

PITTSBURGH PA MARCH 26-29 2020

WESTIN CONVENTION CENTER

[EACYPAA2020.ORG](http://EACYPAA2020.ORG)



*Our Pick Struck*

**GOLD**