

Mountain Downs

NOVEMBER 2019

(828) 254-8539

Office Hours
10:00am - 1:00pm
Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

More After-hours Hotline Volunteers Needed!



We have several After-hours Hotline Volunteers handling all of our after-hours calls! The schedule is a work in progress, and we could definitely use a few more volunteers to fill in some gaps and to keep the current

volunteers from becoming overloaded.

We don't get a lot of calls after hours, but we do need to have someone - preferably an AA member rather than the answering service - there to answer the call whenever someone is reaching out for help.

If you would like to volunteer or if you have any questions or suggestions call Pam at Central Office – 828-254-8539. Heartfelt thanks to past volunteers: Phyllis A, Brenda S, Cynthia B, Krista P, and those currently serving: Michael DeY, Mike D, Carl I, and Julie J! They have a lot of experience, strength and hope to share with anyone interested in learning more about this vital service.



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Central Office Positions Open

The Central Office Board has several service positions that need filling – one which is open now and the rest which will need filling by the first of the year. Elections will be held at the next COR/Board meeting on November 14.

Below are the responsibilities for each position. If you are interested in any of these, or have any questions, please attend the meeting in November or contact Pam at Central Office: 828-254-8539; info@ncmco.net

12-Step Call Volunteer Coordinator (open now - needs filling as soon as possible):

- Has responsibility for maintaining the 12-Step Call Volunteer list, with help from the Office Manager.
- Recruits new volunteers.
- Interacts with Office Manager to provide the Office, Answering Service and After-hours Hotline Volunteers with updates to the 12-Step Call Volunteer list. Shares responsibility with NCMCO to ensure appropriate rotation of calls to 12-Step volunteers.
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

(Continued on page 6)

**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison**

	<u>Sep 19</u>	<u>Jan - Sep 19</u>
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	0.00	346.11
Group Contributions	1,192.80	22,853.78
Individual Contributions	19.81	307.00
Subscriptions	0.00	12.00
Total Contributions	<u>1,212.61</u>	<u>23,518.89</u>
Interest on Money Market	0.91	8.28
Sales Income		
Literature & merchandise	2,621.31	27,908.14
Shipping charged to groups	34.27	387.84
Total Sales Income	<u>2,655.58</u>	<u>28,295.98</u>
Total Income	<u>3,869.10</u>	<u>51,823.15</u>
Cost of Goods Sold		
Freight - vendor shipping	38.39	408.96
Literature & merchandise	2,093.07	23,493.91
Shipping to groups	34.27	391.73
Total COGS	<u>2,165.73</u>	<u>24,294.60</u>
Gross Profit	<u>1,703.37</u>	<u>27,528.55</u>
Expense		
Accountant fees		
Accountant	0.00	405.00
Filing fees for 501c3	0.00	600.00
Total Accountant fees	<u>0.00</u>	<u>1,005.00</u>
CO/D70 Fall Picnic	0.00	40.00
Computer, Software, IT Asst	0.00	74.89
Copier Rental	161.92	1,443.23
Credit Card Processing	22.95	218.41
Editor	135.00	1,215.00
ICOAA Conference	0.00	30.00
Office Expenses	30.00	150.00
Office Supplies	0.00	276.90
Payroll Expenses		
Gross Salary (Including Taxes)	1,155.75	11,320.75
Payroll Taxes (Company)	88.42	908.04
Processing (for Direct Deposit)	5.25	50.75
Total Payroll Expenses	<u>1,249.42</u>	<u>12,279.54</u>
QuickBooks Expenses	0.00	246.10
Rent	567.00	5,052.00
Stamps/Postage	77.00	703.93
Telephone & Internet		
Answering Service	0.00	505.00
Office Telephone/Internet	158.70	1,350.65
Total Telephone & Internet	<u>158.70</u>	<u>1,855.65</u>
Total Expense	<u>2,401.99</u>	<u>24,590.65</u>
Net Ordinary Income	<u>-698.62</u>	<u>2,937.90</u>
Other Income/Expense		
Other Expense	0.00	-0.97
Net Other Income	<u>0.00</u>	<u>0.97</u>
Net Income	<u><u>-698.62</u></u>	<u><u>2,938.87</u></u>



November Grapevine is now available!

This month's Special Section is on Classic Grapevine: Our favorite stories from the AA Grapevine Story Archive.



www.aagrapevine.org

Cash on Hand as of 9/30/2019
 Prudent Reserve (Money Market)
\$11,072.47
 Operating Account (Checking)
\$13,099.95
 Rent Deposit **\$400.00**
 Petty Cash **\$50.00**

Call & Visitor Log

September 2019

12 Step Calls – 3
 General Info – 2
 Family Help – 3
 Meeting Info – 20
 Central Office
 Business – 42
 Medical/Detox – 0
 Visitors – 90



Answering Service (Operator-Asst) – not used in September
 After-hours Hotline Volunteers – 47 calls
 Visits to aaNCMCO.org website:
 Unique Visitors – 811
 Number of Visits – 1,715
 Pages Visited – 5,013

Contributions

	Sept 2019	YTD		Sept 2019	YTD
12 & 12 Study Group		\$75.00	New Freedom Group 700-124		\$80.00
2nd Chance Group - Cherokee 712-180		\$0.00	Newland Serenity (Linville Mtg.)	\$8.02	\$100.71
3 Legacies Group 709-522		\$0.00	No Name Group - Murphy		\$50.00
4th Dimension Group		\$0.00	Papertown Group		\$65.80
Acceptance Group 122-477		\$2,280.42	Phoenix Group		\$40.00
Agnostics, Atheists & Freethinkers AA Group		\$300.00	Pisgah Group		\$320.00
Andrews Group 110-494		\$0.00	Plan B Group 670-567		\$40.00
Anonymous		\$1.63	Practicing Principles 667-311	\$125.00	\$125.00
Around the Room Group		\$75.00	Primary Purpose Group		\$20.00
AVL Women's Big Book Step Study 703-990		\$100.00	Recovery at 6		\$135.41
At Wit's End Group	\$50.00	\$151.00	Recovery by the River 674-892		\$258.83
AWOL Group		\$0.00	Roundtable Group 135-605		\$30.00
Back to Basics Grp - Weaverville 147-139		\$400.00	Rule 62 Group		\$0.00
Big Town Group 671-200		\$418.58	Safe & Sound 645-654		\$190.00
Bill's Kitchen - Men's Meeting	\$50.00	\$75.00	Saluda Back to Basics Group		\$0.00
Black Mountain Group 117-117		\$40.00	Saturday Morning Men's Meeting		\$600.00
Brevard Men's Group		\$0.00	Serenity Now 670-803		\$75.00
Brevard Serenity Group 631-231		\$300.00	Serenity Seekers - Marion Noon AA 663-204		\$100.00
Bryson City Group 110-467		\$0.00	Serenity Service Group 110-498	\$25.00	\$225.00
Burnsville Group 136-171		\$0.00	Skyland 12&12 Group		\$196.78
But for the Grace of God Group	\$42.05	\$76.41	Sober Sisters - Flat Rock		\$114.82
BYOC - Bring Your Own Coffee		\$50.00	Speed Bump Group 512-851		\$195.00
Candlelight Meeting		\$0.00	Spiritual Fitness Group 720-419		\$177.00
Candler KISS Group 163-148		\$240.00	Spruce Pine Group 110-679		\$500.00
Cashiers Valley Grp 122-589		\$903.37	Spruce Pine Saturday Morning Group		\$274.00
Cedar Mountain Group 161-082		\$75.00	Steps in Sobriety Group 728-947	\$106.23	\$106.23
Columbus Group 150-908		\$0.00	Sunlight of the Spirit Group 727-048		\$62.14
Conscious Contact Group - Asheville		\$950.00	Sunshine AA Group 163-759		\$100.30
Cullowhee Valley Group 118-129		\$75.00	Surrender Group - Black Mountain		\$150.00
Cumberland Group 122-472		\$0.00	The Meeting		\$100.00
Daily Decisions 643-869		\$670.59	The Principles Group 675-162		\$21.00
Day by Day Group 159-058		\$1,045.60	Total Surrender Group		\$0.00
District 71		\$0.00	Tryon Monday 5:30 Meeting		\$482.33
Down But Not Out Group		\$0.00	Tuesday Night Men's Group 179-001		\$0.01
Downtown Serenity Group 702-463		\$101.70	United With Hope Group 719-052		\$159.00
Early Bird Group 612-780		\$203.00	Wanderers Men's Group		\$47.83
Fellowship Group 655-542		\$350.00	Waynesville Grace Group 110-692	\$280.00	\$1,500.00
Fireside Group 655-046		\$387.00	We Think Not Group 700-411		\$164.00
Good Livers 666-360		\$440.00	West Asheville Group 110-501		\$83.25
Grace Group 161-970		\$1,193.86	Women's BBSS Group - Hendersonville		\$0.00
Great Fact Group - Waynesville	\$300.00	\$800.00	Women's Grapevine Meeting		\$0.00
Happy Hour Group - Hendersonville 169-182		\$250.00	Women of Courage Group		\$884.10
Happy, Joyous & Free - Columbus		\$0.00	Women of Grace		\$88.72
Heart Fire Group	\$46.50	\$94.50	Women of Principles Group		\$0.00
Hendersonville Group 110-594		\$0.00	Working at Recovery		\$0.00
Hendersonville Men's Group		\$100.00			
High Noon Group 689-080		\$95.00	Total Group Contributions:	\$1,192.80	\$21,660.98
Joe & Charlie Big Book Study		\$0.00	Individual Contributions:		
Joy of Living - Brevard 669-820		\$225.00	Anonymous		\$25.83
Kanuga Group 645-767		\$0.00	Bob L.		\$150.00
Keep Coming Bat Group		\$69.00	Bob P.		\$5.00
Lambda Group 617-035		\$106.88	Jeff M.	\$4.65	\$4.65
Landrum Group 715-401		\$105.00	Marty		\$20.00
Last Chance Group - Men's First Step Farm		\$14.00	Patsy W.	\$5.16	\$5.16
Leicester Group 143-417		\$50.00	Scott		\$6.36
Library Group 672-283		\$0.00	In Memory of B.G.	\$10.00	\$90.00
Love & Share Group 716-957		\$298.00	Total Individual Contributions:	\$19.81	\$307.00
Maggie Valley Group 158-950		\$141.80	Birthday Contributions:		
Maple Grove Group 121-212		\$0.00	Anonymous		\$48.11
Marion AA Group 110-621		\$0.00	Ed T.		\$32.00
Marshall Group 100-489		\$0.00	Eva T.		\$32.00
Mars Hill Group 130-895		\$68.00	Monica G.		\$200.00
Meditation Mondays		\$0.00	Sandy F.		\$34.00
Men's Attitude Adjustment Group 670-850		\$175.00	Total Birthday Contributions:	\$0.00	\$346.11
Midday Grp (Hendersonville) 143-420		\$404.00	Mountain Doin's Subscriptions:	\$0.00	\$12.00
Mill Springs Group 656-821		\$0.00			
Mission Group 606-119		\$38.00	Grand Total:	\$1,212.61	\$23,518.89
Monday 6:00 Open Meeting	\$160.00	\$382.00			
Mountain View Grp (Highlands) 110-598		\$547.18			
Musicians' Meeting		\$50.00			

MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Asheville: Wilson Revival: Monday through Friday 8:00am. All meetings are "Open"; formats vary each day: Big Book Study, Discussion, Step/Tradition Study, Beginners, Discussion. 70 Woodfin Place, Suite 326D, Asheville 28801

Canton: The 164 Group: Friday 7:00pm (O,BB) Canton First United Methodist Church, 31 Newfound St (house next to church) Canton 28716

Meeting Changes:

Columbus: Happy, Joyous & Free: 4th Wednesday of the month ONLY. Time was changed from 4:00pm to 7:00pm. (O,SP) United Methodist Church (Fellowship Hall) 76 N. Peak St, Columbus 28722

Discontinued Meetings:

Candler: SOBER Group: Tuesday 6:30pm (C,D) Oak Hill United Methodist Church, 277 Oak Hill Rd, Candler. Meeting was discontinued as of the end of September.

The SERVICE EXPRESS

December newsletter deadline for sending in announcements is **November 15**.

District 70:

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be on **Sunday, November 10, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805.

The new District 70 By-laws are now posted on the website: www.ashevilleaa.org

District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

"Bridging the Gap" (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at bridgingthegap@ashevilleaa.org.

A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: www.btgww.org

Corrections Committee – Women's Chairs are Denise J. and Casey - contact at women_corrections@ashevilleaa.org. Men's Chair is David J. – contact at mens_corrections@ashevilleaa.org. Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aanmc.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: Sarah.Regala@buncombecounty.org. AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

CPC/PI Committee – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>. To get involved, please attend the GSR Business meeting on November 10.

Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at literature@ashevilleaa.org to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

District 71:

GSR Meeting – Usually held on the 2nd Saturday of the month. Due to SSAASA being held November 8-10, this month the District 71 meeting will be a week early on **Saturday, November 2, 9:30am**, at 1624 Willow Rd, Hendersonville, 28739. The District Service Committees now meet in conjunction with the GSR meeting.

They will be having elections for new DCM, Alternate DCM and Trustee (liaison to Central Office). They also need a new Treatment Chairperson and Corrections Co-chair. If you are interested in any of these service positions, you are encouraged to attend the meeting on November 2.

The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; info@ncmco.net – for contact information.

District 80:

GSR Meeting – held quarterly. The next meeting will be **Sunday, January 19, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. All interested A.A. members are welcome to attend. They will be electing a new Events Chair, Corrections Chair and Grapevine promoter.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: www.aaNCMCO.org

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting – held quarterly. The next meeting will be **Thursday, January 9, 5:30-6:30pm**, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

The next combined COR/NCMCO Board meeting (now held every other month) will be **Thursday, November 14, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. There are several positions on the Board that are open now or will be rotating the first of the year.

Elections will be held in November. See page 1 of the newsletter for details. NOTE: District Trustees, which are part of the Central Office Board, are elected by their respective Districts, so if you are interested in this service position please attend your District GSR Meeting.

Special Meetings and Events

5th Southern States Alcoholics Anonymous Service Assembly. November 8-10. Co-hosted by NC Area 51 and SC Area 62. Lake Junaluska Conference and Retreat Center, Harrell Center, 91 North Lakeshore Drive, Lake Junaluska, NC 28745. For more information and online reservations, visit website: www.area62.org/SSAASA/ or email: SSAASAFive@gmail.com

AVL-12 Thanksgiving Potluck Dinner. Thursday November 28, 2:00-5:00pm. Speaker at 4:00pm. Come and enjoy the food, fun and fellowship. Bring something to share. Asheville 12 Step Recovery, 22B New Leicester Hwy, Asheville 28806

Thanksgiving Day Holiday Alkathon. Thursday November 28. Hosted by the Hendersonville Group. Doors open all day with meetings starting at 12:00 Noon. Meetings will be held on the even hours; last meeting at 8:00pm. 1624 Willow Rd (opposite Valley Hill Fire Dept.) Hendersonville 28739

41st Gratitude Retreat. January 9-12. Hilton Myrtle Beach Resort, 10000 Beach Club Drive, Myrtle Beach, SC 29572. For registration information, visit website: www.grituderetreat.com

40th Hilton Head Mid-Winter Conference. January 24-26, 2020. The Westin Hilton Head Resort & Spa, 2 Grass Lawn Ave, Hilton Head Island, SC 29928. For more information, visit website: www.hhconf.com

49th Gulf Coast Roundup. February 14-16, 2020. On the Gulf Coast of Okaloosa Island at "The Island" 1500 Miracle Strip Pkwy SE (Hwy 98E) Fort Walton Beach, FL 32548. For more information, visit website: www.GulfCoastRoundup.com

56th International Women's Conference. February 20-23, 2020. JW Marriott Hotel, 10 S. West St, Indianapolis, IN 46204. For more information, visit website: www.internationalwomensconference.org

EACYPAA XVIII. (Eastern Area Convention of Young People in AA) March 26-29, 2020. Westin Convention Center, Pittsburgh, PA. For more information, visit website: www.eacypaa2020.org

2020 International Convention. July 2-5, 2020. Detroit, MI. Printed registration forms available at Central Office. For online registration, visit website: www.aa.org

NC Area 51 Conferences and Events: www.aanorthcarolina.org

GSO in New York: www.aa.org

For events around the country and the world, as well as great articles and information, go to: www.aa.org and Box 4-5-9 Bulletin Board: https://www.aa.org/newsletters/en_US/en_box459_fall19.pdf

(Continued from front page)

Central Office Board Positions Needed:

The following positions will be open as of the first of January 2020. Elections will take place at the November COR/Board meeting:

Chairperson – a two-year term starting January 2020

- Shall preside at Central Office Board and COR General Committee meetings.
- Shall see that all decisions of the Committees are acted upon.
- Pursuant to specific authority given on occasion by the Committees, may sign and deliver contracts and other documents in the name of North Carolina Mountain Central Office Inc.
- With the recommendation and approval of the Central Office Board, shall call for eligible people to stand for positions and appoint chairpersons of standing and special subcommittees.
- May vote, bring motions, initiate and engage in discussion and debate at board meetings in accordance with Robert's Rules of Order for Small Groups (see "How Meetings Operate" at end of the bylaws).
- Shall perform all duties incident to the office of Chairman and other duties that may occasionally be assigned by the Committees.
- Shall have five years' continuous sobriety at the time of taking office.

Secretary – a two-year term starting January 2020

- Shall perform all duties incident to the office and others as assigned.
- Shall attend and take minutes of all COR General Committee and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.
- Shall follow the Alternate Chair in line of succession to the Chair at board meetings.
- Shall have at least five years' continuous sobriety at the time of taking office.



Mountain Doin's Editor:

- Has overall responsibility for the monthly Mountain Doin's newsletter. (Note: Most of the work gathering materials for the newsletter is done by the Office Manager; the editor puts it into the design format. Computer skills required; software expenses will be reimbursed.)
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

Webmaster

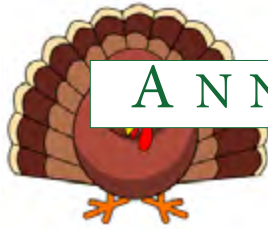
- Has responsibility for publishing and maintaining the Central Office website www.aancmco.org in accordance with Central Office policies. (Note: Any expenses for software will be reimbursed.)
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

Trustee

The position of Trustee from District 71 is currently vacant (the former Trustee moved away this summer) and at the beginning of the year the position of Trustee from Districts 70 & 80 will be open. As specified in the Central Office Bylaws, ideally one District Trustee shall be elected by its respective district in each year of a three-year period. Three-year terms may be flexible based on the needs of each district. If you are interested in being the Trustee from your district, attend your respective General Service District meeting.

Here are the responsibilities of the Trustee:

- Shall provide general guidance of the overall operations of Central Office.
- Shall make recommendations to the CORs and the Central Office Board for improvements or changes.
- Shall be someone with long-term sobriety, with knowledgeable experience of A.A. Steps, Traditions, and Concepts, and has long-term involvement and commitment to A.A. service work.
- Shall attend both District and NCMCO Board and COR General Committee meetings, and report to each entity as liaison between the groups.



ANNIVERSARIES

3 Legacies Group

Wayne D. 11-09-1970 49 yrs

Acceptance Group

Todd B. 11-12-2017 2 yrs
 Tony B-K. 11-12-2017 2 yrs
 Jimmy M. 11-14-2014 5 yrs
 Debbie S. 11-19-1992 27 yrs
 Sarah-Helen 11-21-2008 11 yrs
 Phyllis N. 11-24-1989 30 yrs
 Zack P. 11-24-1988 31 yrs
 Hayle B. 11-25-2016 3 yrs
 Elise 11-27-2016 3 yrs

Around the Room Group

Patrick T. 11-05-2015 4 yrs
 Perry H. 11-25-1980 39 yrs

Black Mountain Group

Anne O. 11-06-1979 40 yrs
 Andrew C. 11-12-2018 1 yr
 Phillip R. 11-12-2017 2 yrs
 Nicole P. 11-16-2018 1 yr
 Eddie W. 11-29-2017 2 yrs

Conscious Contact Group

Kay G. 11-05-1984 35 yrs
 Rebecca B. 11-17-1990 29 yrs
 Debbie S. 11-19-1992 27 yrs
 Patricia S. 11-25-2013 6 yrs
 Jennifer V. 11-28-2004 15 yrs

Cullowhee Valley Group

Becky L. 11-24-2015 4 yrs

Cumberland Group

Marianna K. 11-20-2015 4 yrs
 Stephen D. 11-28-2013 6 yrs

Daily Decisions Group

Fred S. 11-01-2001 18 yrs
 David A. 11-08-2017 2 yrs
 Missed in October:
 Steve S. 10-01-2018 1 yr

Early Birds Group

Paul B. 11-07-1979 40 yrs

Fellowship Group

Margaret D. 11-01-2016 3 yrs
 Jill R. 11-03-1985 34 yrs
 Jan J. 11-04-1982 37 yrs
 Joy P. 11-04-2010 9 yrs
 David S. 11-06-1986 33 yrs
 Gregory S. 11-07-2016 3 yrs
 David A. 11-08-2017 2 yrs
 Devin S. 11-13-2008 11 yrs
 Jon L. 11-17-2015 4 yrs
 Al L. 11-18-1988 31 yrs
 John H. 11-23-1982 37 yrs
 Jennifer V. 11-28-2004 15 yrs

Good Livers Group

Steven M. 11-04-1994 25 yrs
 Suzanne 11-14-1986 33 yrs
 Belinda 11-18-1988 31 yrs
 Laurie S. 11-19-2011 8 yrs

Grace Group

Sarah P. 11-05-2016 3 yrs
 Jane M. 11-06-1999 20 yrs
 Andrew S. 11-10-2017 2 yrs
 Troy S. 11-12-2012 7 yrs
 Chuck E. 11-26-2011 8 yrs

Happy Hour Group

Jim S. 11-08-2015 4 yrs

Hendersonville Group

Kim M. 11-05-2010 9 yrs
 Alison G. 11-11-1988 31 yrs
 Jan M. 11-19-1990 29 yrs
 Chris G. 11-25-2006 13 yrs
 Sue H. 11-28-2014 5 yrs

Hendersonville Men's Group

Jim R. 11-06-2018 1 yr

Mars Hill Group

Heather M. 11-10-2018 1 yr
 Tony V. 11-14-1974 45 yrs

Marshal Group

Leslie S. 11-10-1981 38 yrs
 Carolyn 11-20-2004 15 yrs

Riverside - Last Chance Group

Lance W. 11-06-2013 6 yrs

Midday Group

Paul B. 11-07-1979 40 yrs

Mission Group

Debbie N. 11-06-2017 2 yrs

Practicing Principles Group

Julia S. 11-27-1986 33 yrs

Total Surrender Group

Derry O. 11-05-2012 7 yrs
 Rachel K. 11-08-2015 4 yrs
 Jenny G. 11-09-2016 3 yrs
 Daryl C. 11-17-2015 4 yrs
 Denise K. 11-28-1983 36 yrs

Traditional Group

Michael W. 11-06-2009 10 yrs
 Sarah C. 11-13-2013 6 yrs
 Ed F. 11-25-2013 6 yrs
 Paul S. 11-26-2012 7 yrs

United with Hope Group

Paul W. 11-27-1984 35 yrs

Waynesville Grace Group

Chad M. 11-04-2013 6 yrs
 Dennis A. 11-04-2005 14 yrs
 Debbie C. 11-05-2013 6 yrs
 Paula B. 11-05-1995 24 yrs
 Brad 11-07-2013 6 yrs
 Julie S. 11-08-2002 17 yrs
 Martha F. 11-11-1986 33 yrs
 Alison W. 11-15-1994 25 yrs
 Beverly M. 11-17-2008 11 yrs
 Pete S. 11-17-2016 3 yrs
 Cathy S. 11-18-1999 20 yrs
 Mike S. 11-28-1994 25 yrs
 Elizabeth S. 11-30-2011 8 yrs

Women of Grace Group

Jordyn P. 11-05-2009 10 yrs
 Sarah Y. 11-13-2009 10 yrs

Need to update your Group's anniversary list?
 Call Central Office - 828-254-8539 - or send a new list to:
info@ncmco.net
 December newsletter deadline for sending in
 anniversaries and announcements is November 15.





5th Southern States Alcoholics Anonymous Service Assembly

November 8-10, 2019

Lake Junaluska Conference and Retreat Center
Harrell Center
Lake Junaluska, NC

Co-Hosted by North Carolina Area 51 and South Carolina Area 62

Service Workshops * Panel Discussions * Shared Service Experience

Registration Fee for the Event: Early Registration - \$25, After October 31, 2019 - \$30

Register Online at www.area62.org/SSAASA or complete the form below

Meals and Lodging: Reserve rooms online at www.lakejunaluska.com, use event code 1815

or call (800) 222-4930. Discounted rate available up to 2 days before/after event (*reserve by phone for additional nights*)

Room Rates*: \$89 for Hillside Lodge, \$119 for Lambuth Inn, \$139 for Hotel Terrace **price does not include taxes/gratuity*

Price is for single/double occupancy. Rates increase for 3 or more occupants per room.

Meal plan * : 5 meal (Fri-Sun) - \$71.30, 3 meal (Sat-Sun) - \$44.85 **price includes taxes/gratuity*

To guarantee availability, purchase optional meal plans in advance when making room reservation.

✂

Name _____ Area # _____ Name on Badge _____

Address _____ City _____ State ____ Zip _____

Phone _____ Email _____

Special Needs _____

Service Experience:

- GSR DCM Delegate Chairperson Secretary Treasurer Intergroup
- Treatment Corrections PI/CPC Other _____

I'd like to Volunteer contact us SSAASAFive@gmail.com

Registrations ___ x \$25 (**\$30 after October 31, 2019**) = \$ _____

Scholarship Contribution (help others attend SSAASA) \$ _____

Total Enclosed \$ _____

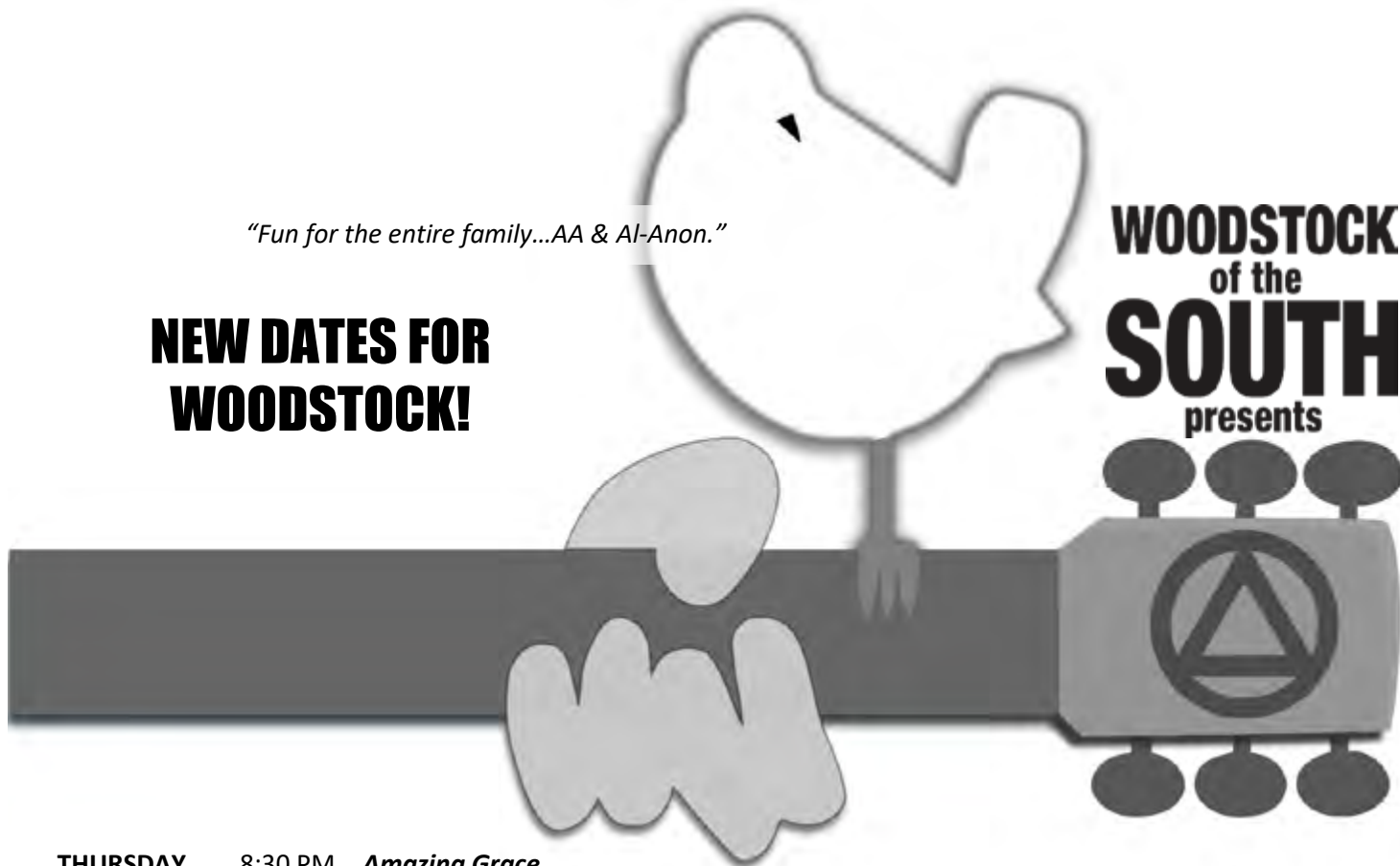
Mail Completed Registration and Payment to: SSAASA, PO 1368, Knightdale NC 27545

For more info: Email SSAASAFive@gmail.com or call **919-880-4026** (Elizabeth P) or **910-793-5895** (Kenneth C)

"Fun for the entire family...AA & Al-Anon."

NEW DATES FOR WOODSTOCK!

WOODSTOCK
of the
SOUTH
presents



THURSDAY	8:30 PM	<i>Amazing Grace</i> JANE D (FL)	
FRIDAY	10 AM	The Butterfly Meeting! PANEL	
	2 PM	<i>The Gift of Family Recovery</i> POLLY & DAVE P (FL), JAMES L & JANE D (FL)	
	8:30 PM	<i>The Gift of a Lifetime!</i> CLANCY I (CA)	
SATURDAY	9:30 AM	Steps 1-3	JAMES L (FL)
	11:00 AM	Steps 4-6	JOE C (FL)
	2:30 PM	Steps 7-9	MILDRED F (ON)
	8:30 PM	<i>The Three Wise Members</i>	
SUNDAY	9 AM	Steps 10-11	POLLY P (FL)
	10:30 AM	Step 12	RALPH W (FL)

**3 DAYS
& PEACE
& LOVE**

NOV 21 - 24, 2019

All this for just
\$35 in advance
\$40 at the door (if not sold out)

SPECIAL ENTERTAINMENT ALL WEEKEND!
Featuring the music of Sonia L, Nashville TN & seasonal surprises!

LEGACY LODGE AT LAKE LANIER ISLANDS! 4-Star luxury resort just 30 minutes northeast of Atlanta!
See for yourself at ww.lakelamenslandsresort.com 7 miles of Amazing Magical Holiday Lights! Breakfast with Santa. or visit his workshop!
S'more pits! See the lights from the Tree Tops! Golf. Spa. Equestrian Center Boating

SPECIAL ROOM RATES STARTING AT \$129 PER NIGHT.

Want to know more? Call your sponsor. Go to aawoodstock.com or Call 404-735-9254

REGISTER NOW AT www.aawoodstock.com OR MAIL REGISTRATION



AVL-12 Thanksgiving Potluck Dinner!

Come to Asheville 12 Step Recovery (22B New Leicester Highway, Asheville NC 28806) on Thursday, November 28 from 2:00 to 5:00 p.m. and give thanks for all that your higher power has given to you.

FEATURING:

- Food, Food, and more Food!
- Bring something to share
- Speaker at 4:00 pm
- Cornhole (weather permitting)
- 50/50 Raffle
- Jellybean Jar Contest
- Music
- Fellowship
- Donations always welcome



Thanksgiving Day Holiday Alkathon

Thursday, November 28th, 2019

Where: **The Hendersonville Group of Alcoholics Anonymous**
1624 Willow Road (opposite Valley Hill Fire Dept.)
Hendersonville, NC

When: **12 Noon through 8:00 pm**
(12pm, 2pm, 4pm, 6pm, & last meeting at 8pm)

Time: **Meetings will be held all day on the even hours.**



The Hendersonville Group will have their doors open all day on Thanksgiving with meetings starting at 12 noon and the last meeting at 8pm.

The coffee will be brewing all day so take a break from the holiday festivities and come join in a meeting!

2020

Hilton Head Mid-Winter Conference



A New Freedom and a New Happiness

AA & AL-ANON FELLOWSHIP

- Friday 8:30 p.m. ~ Victor V. (Springdale, AZ)
- Saturday 9:00 a.m. ~ Misoon W. (Sarasota, FL)
- Sat. 11:00 a.m. ~ Angie B. (Destin, FL) AFG
- Saturday 2:00 p.m.~AA Workshop "The Spiritual life is not a Theory"
- Saturday 2:00 p.m. AFG Workshop "If we willingly surrender"
- Saturday 4:00pm AFG Workshop "The Family Afterwards"
- Saturday 8:30 p.m. ~ Michael D. (Sioux Falls, ND)
- Sunday 10:00 a.m. ~ Diana M. (Largo, FL)

The Westin Hilton Head
 Resort & Spa
 2 Grass Lawn Avenue
 Hilton Head Island, SC 29928
 1-800-WESTIN-1 or 843-681-4000
 Rooms: \$115.00/night ~ single & double
 (Taxes Only No Resort Fee)
 Code: Hilton Head Mid-Winter Conference



JANUARY 24 – 26, 2020

Limited to 800 Registrations!!!

Pre-Registration is \$30.00 (will close midnight on 1/18/20)

On-Site Registration begins Friday, January 24th, 2020 @ 3:00p.m.

Cash/Check Only Tickets \$35.00 at the door.

More information and Online Registration at www.hhconf.com

There will be NO REFUNDS (Reg/Banquet/Golf)
 Please make checks payable & mail to:
HILTON HEAD MID-WINTER CONFERENCE
 PO BOX 6256
 HILTON HEAD ISLAND, SC 29938
 Check our website for banquet menu
 For more information please call: (888) 584-9282

- Marathon Meetings all day with the exception of Speaker times
- AA Workshop
- Al-Anon Workshops & Luncheon
- Golf Tournament – 4 Person Scramble Played at the Port Royal Golf Club
- Southern Hospitality Room World-Famous, Homemade Cookies!
- GAME NIGHT Saturday night after the speaker

Badge Name: _____

Home Group: _____

Badge Name: _____

Home Group: _____

Address: _____

City, State & Zip: _____

Phone # _____ (Required)

Email: _____ (Required)

Conference Tickets # _____ @ \$30 ea. = \$ _____

Note: Registration at the door \$35.00 Cash/Check Only

Banquet Tickets # _____ @ \$40 ea. = \$ _____

Golf Tournament # _____ @ \$48 ea. = \$ _____

Contribute to Scholarship Fund \$ _____

Total Due \$ _____

Mail in registration is CHECK ONLY
Registration at the door is CASH or CHECK ONLY
CREDIT CARDS ACCEPTED FOR ON LINE REGISTRATION ONLY



49TH GULF COAST ROUNDUP

February 14, 15, and 16, 2020



On the Gulf Coast of Okaloosa Island at **"The Island"** (reservations@mainsailhotels.com)

1500 Miracle Strip Pkwy SE (Hwy 98E.), Fort Walton Beach, FL 32548, 850-243-9161 or 1-800-874-8962

Hotel reservations must be made by Jan 7th to ensure these rates, and please state Gulf Coast Roundup.

Standard \$89/night Courtyard \$99/night Poolside \$109/night Gulf Front \$129/night (**"Yes..it's only \$129..!!"**)

**Our website for updates: www.GulfCoastRoundup.com Send questions to ChipBowdren54@gmail.com
or Text them to 850-865-1660**

Scheduled speakers:

- 4:30 Fri: **Darby M. (AA) Destin/Toronto**
- 8:00 Fri: **Bo T. (AlAnon) West Blockton, AL**
Right after our Speaker..”Movie Nite w/ Popcorn”
- 10:00 Sat: **Matt C. (AA) Nashville, TN**
- 2:00 Sat: **Workshop: “to be announced”**
- 4:00 Sat: **Tim H. (AA) Louisville, KY**
- 8:00 Sat: **Roger H. (AA) Sanford, FL**
- 9:40 Sat: **Terry Stokes..the Amazing Hypnotist...!!**
- 9:30 Sun: **Cyndi M. (AA) Louisville, KY**

VOICE: John Van E. (Montgomery, AL)

**SATURDAY NITE SPECIAL SHOW FROM
TERRY STOKES...THE HYPNOTIST...!!**

You are invited to spend the weekend on the beach with us to enjoy the fellowship our roundup provides. Meeting Room holds 350 people on the 6th Floor of the **"The Island Resort."** This spectacular view also has the famous and very large hospitality area with plenty of tables and chairs, Food Items, snacks, coffee, and soft drinks, to accommodate fellowship between events. The beautiful Gulf Beach on the South...with the Choctawhatchee Bay to the North will be the backdrop for this wonderful conference...!! Enjoy Heated Swimming Pool and Exercise facility...(and yes...we have requested our famous Dolphins to appear again...!!)

Recordings of the entire conference and individual CD's will be available

\$25 registration fee per person includes admission to all meetings and events. Alateens admission is free.

PRE-REGISTRATION Payments by PayPal (go to website) or mail check...OR at the door with cash or check

Register at www.GulfCoastRoundup.com or use form below

Gulf Coast Roundup – February 14-16, 2020 – Registration

Name(s) _____

Address _____

City _____ State _____ Zip _____

Name(s) on Badge(s) _____

Make checks payable to: Gulf Coast Roundup

Mail to: **Martin Maitlin, 1 Brighton CT NE, FWB, FL 32547**

1. Indy City Tour \$40

Thurs 3-5, Fri 11-1 or Sat 11-1

This incredibly fun live narrated 75-minute tour will acquaint you with the many popular sights and local favorites that Indianapolis has to offer. As the Racing Capital of the World, you will be transported to the renowned Indianapolis Motor Speedway, Monument Circle, Massachusetts Avenue shopping district, the Kennedy-King Memorial and more. Aside from Washington D.C., Indy is home to more monuments and memorials than any other U.S. city.

2. Cake Bake and Carmel City Center Shopping \$60

Fri 9:30 - 1:30 or 11-3, Sat 9:30 - 1:30 or 11-3

Cake Bake is the fanciest little Parisian tea and cake shop in town! Owner Gwendolyn Rogers has been featured by Food Network and Oprah Winfrey's "O" List. Sip on imported tea from London while enjoying signature salad and afternoon delights. Experience a firsthand tour of the facility, followed by a famous signature slice of cake. Lastly, browse, shop or simply walk off your meal at the Carmel City Center Marketplace which offers unique independently operated shops. Limited to 24 women per tour. Transportation Provided.

3. Bill W & Dr. Bob Play \$30

Friday 9-11:30 or 12:30-2:30

You don't want to miss this live two-hour performance based on the inspiring true story of Bill Wilson and Dr. Bob Smith. Watch, learn and laugh as this adaptation comes to life telling the story of how AA began in Akron, OH in 1935 and changed the world forever. Two block walking distance for most but transportation included if needed.

Bill W and Dr. Bob is presented by special arrangements with SAMUEL FRENCH, INC.

AA Disclaimer: With respect to the Traditions of AA, performance of this play does not imply affiliation with nor approval or endorsement from Alcoholics Anonymous World Services, Inc.

56th IWC

1300 E 86th St, Suite 14 Box #291

Indianapolis, IN 46240



56th International Women's Conference

Indianapolis

February 20-23, 2020



JW Marriott Hotel

10 S West St

Indianapolis, IN 46204

317.860.5800

EACYPAA XVIII

PITTSBURGH PA MARCH 26-29 2020

WESTIN CONVENTION CENTER

EACYPAA2020.ORG



Our Pick Struck

GOLD