

Mountain Downs

SEPTEMBER 2019

(828) 254-8539
Office Hours
10:00am - 1:00pm
Monday-Friday
info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

12-Step Call Volunteer Coordinator Position Open

The Central Office Board is still in need of a new 12-Step Call Volunteer Coordinator. If you are interested in this position or have any questions, please attend the next COR/Board meeting on September 12, or contact Pam at Central Office: 828-254-8539; info@ncmco.net

Here are the responsibilities:

- Has responsibility for maintaining the 12-Step Call Volunteer list, with help from the Office Manager.
- Recruits new volunteers.
- Interacts with Office Manager to provide the Office, Answering Service and After-hours Hotline Volunteers with updates to the 12-Step Call Volunteer list. Shares responsibility with NCMCO to ensure appropriate rotation of calls to 12-Step volunteers.
- Attends Board meetings as a voting member.
- Shall have at least three years' continuous sobriety at the time of taking office. Term of position is for 3 years.

Volunteers needed for Mountain View Corrections

The "Down But Not Out" Group meets at the Mountain View Correctional Institution in Spruce Pine, NC on Wednesdays at 6:30pm. Volunteers are needed for an ongoing commitment to this meeting. Applicants should be male, have 1 year or more of sobriety, and pass a background check.

The need is great. If you are interested in this service commitment, please contact Jeff M. by calling Central Office – 828-254-8539.

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Does your Group need support?

Let us know and we will put a notice in the newsletter.

The following meetings could use some support:

Asheville: Total Surrender Group, Friday 7:00pm (C, BB) New Hope Presbyterian Church, 3010 Sweeten Creek Rd, Asheville 28803

Asheville: Downtown Women's Group, Thursday 12:30-1:15pm (W, C, LS/D) 1st Congregational United Church of Christ, 20 Oak Street, Asheville 28801

Asheville: Turning Point, Wednesday 6:00pm (O, D) VA Hospital, 1100 Tunnel Rd, Rm BB04 (Multi-purpose room in the basement) Asheville 28805. You need not be a Veteran to attend!

Leicester: Leicester Group, Wednesday 7:00pm (C, BB) last Wednesday of the month (O, SP) Bell Methodist Church, corner of Leicester Hwy and Old Newfound Rd, Leicester 28748



**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison**

	<u>Jul 19</u>	<u>Jan - Jul 19</u>
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	232.00	312.11
Group Contributions	4,275.10	19,725.28
Individual Contributions	170.82	251.58
Subscriptions	0.00	12.00
Total Contributions	<u>4,677.92</u>	<u>20,300.97</u>
Interest on Money Market	0.94	6.43
Sales Income		
Literature & merchandise	3,543.60	21,890.59
Shipping charged to groups	44.29	292.72
Total Sales Income	<u>3,587.89</u>	<u>22,183.31</u>
Total Income	<u>8,266.75</u>	<u>42,490.71</u>
Cost of Goods Sold		
Freight - vendor shipping	78.93	310.96
Literature & merchandise	2,879.17	18,465.95
Shipping to groups	44.29	296.16
Total COGS	<u>3,002.39</u>	<u>19,073.07</u>
Gross Profit	5,264.36	23,417.64
Expense		
Accountant fees		
Accountant	0.00	405.00
Filing fees for 501c3	-250.00	600.00
Total Accountant fees	-250.00	1,005.00
CO/D70 Fall Picnic	40.00	40.00
Computer, Software, IT Asst	0.00	74.89
Copier Rental	161.92	1,117.60
Credit Card Processing		
Extra fee	-39.90	0.00
Monthly fees	25.44	172.48
Total Credit Card Processing	-14.46	172.48
Editor	135.00	945.00
ICOAA Conference	30.00	30.00
Office Expenses	30.00	120.00
Office Supplies	8.01	230.58
Payroll Expenses		
Gross Salary (Including Taxes)	1,146.25	8,406.25
Payroll Taxes (Company)	87.69	685.08
Processing (for Direct Deposit)	5.25	38.50
Total Payroll Expenses	<u>1,239.19</u>	<u>9,129.83</u>
QuickBooks Expenses	0.00	246.10
Rent	567.00	3,918.00
Stamps/Postage	79.30	539.43
Telephone & Internet		
Answering Service	0.00	505.00
Office Telephone/Internet	148.24	1,040.59
Total Telephone & Internet	<u>148.24</u>	<u>1,545.59</u>
Total Expense	<u>2,174.20</u>	<u>19,114.50</u>
Net Ordinary Income	3,090.16	4,303.14
Other Income/Expense	0.00	0.97
Net Income	<u><u>3,090.16</u></u>	<u><u>4,304.11</u></u>



September Grapevine is now available!

This month's Special Section is on Young and Sober! Featuring stories by members who came to AA and got sober in their teens, 20s, and 30s.



www.aagrapevine.org

Cash on Hand as of 7/31/2019
 Prudent Reserve (Money Market)
\$11,070.62
 Operating Account (Checking)
\$13,207.14
 Rent Deposit **\$400.00**
 Petty Cash **\$50.00**

Call & Visitor Log

July 2019

12 Step Calls – 2
 General Info – 5
 Family Help – 3
 Meeting Info – 15
 Central Office
 Business – 45
 Medical/Detox – 0
 Visitors – 97



Answering Service (Operator-Asst) – not used in July
 After-hours Hotline Volunteers – 35 calls
 Visits to aaNCMCO.org website:
 Unique Visitors – 788
 Number of Visits – 1,624 (2.06 visits per visitor)
 Pages Visited – 5,125 (3.15 pages per visit)

Contributions

	July 2019	YTD		July 2019	YTD
12 & 12 Study Group		\$75.00	New Freedom Group 700-124		\$80.00
2nd Chance Group - Cherokee 712-180		\$0.00	Newland Serenity (Linville Mtg.)	\$14.80	\$92.69
3 Legacies Group 709-522		\$0.00	No Name Group - Murphy		\$50.00
4th Dimension Group		\$0.00	Papertown Group		\$65.80
Agnostics, Atheists & Freethinkers AA Group		\$0.00	Phoenix Group		\$40.00
Andrews Group 110-494		\$0.00	Pisgah Group		\$320.00
Acceptance Group 122-477		\$2,030.42	Plan B Group 670-567		\$40.00
Anonymous		\$1.63	Practicing Principles 667-311		\$0.00
Around the Room Group	\$75.00	\$75.00	Primary Purpose Group		\$20.00
AVL Women's Big Book Step Study 703-990		\$100.00	Recovery at 6		\$135.41
At Wit's End Group		\$61.00	Recovery by the River 674-892		\$155.93
AWOL Group		\$0.00	Roundtable Group 135-605		\$30.00
Back to Basics Grp - Weaverville 147-139	\$200.00	\$400.00	Rule 62 Group		\$0.00
Big Town Group 671-200	\$96.67	\$418.58	Safe & Sound 645-654	\$190.00	\$190.00
Bill's Kitchen - Men's Meeting		\$25.00	Saluda Back to Basics Group		\$0.00
Black Mountain Group 117-117		\$40.00	Saturday Morning Men's Meeting		\$425.00
Brevard Men's Group		\$0.00	Serenity Now 670-803		\$75.00
Brevard Serenity Group 631-231		\$0.00	Serenity Seekers - Marion Noon AA 663-204		\$100.00
Bryson City Group 110-467		\$0.00	Serenity Service Group 110-498	\$25.00	\$175.00
Burnsville Group 136-171		\$0.00	Skyland 12&12 Group		\$196.78
But for the Grace of God Group		\$34.36	Sober Sisters - Flat Rock	\$114.82	\$114.82
BYOC - Bring Your Own Coffee		\$50.00	Speed Bump Group 512-851	\$120.00	\$195.00
Candlelight Meeting		\$0.00	Spiritual Fitness Group 720-419	\$84.00	\$177.00
Candler KISS Group 163-148		\$0.00	Spruce Pine Group 110-679		\$500.00
Cashiers Valley Grp 122-589	\$384.70	\$903.37	Spruce Pine Saturday Morning Group	\$150.00	\$150.00
Cedar Mountain Group 161-082	\$75.00	\$75.00	Sunlight of the Spirit Group 727-048	\$62.14	\$62.14
Columbus Group 150-908		\$0.00	Sunshine AA Group 163-759		\$100.30
Conscious Contact Group - Asheville	\$500.00	\$950.00	Surrender Group - Black Mountain		\$150.00
Cullowhee Valley Group 118-129		\$75.00	The Meeting		\$100.00
Cumberland Group 122-472		\$0.00	The Principles Group 675-162	\$21.00	\$21.00
Daily Decisions 643-869		\$494.01	Total Surrender Group		\$0.00
Day by Day Group 159-058	\$286.27	\$1,045.60	Tryon Monday 5:30 Meeting		\$482.33
District 71		\$0.00	Tuesday Night Men's Group 179-001		\$0.01
Down But Not Out Group		\$0.00	United With Hope Group 719-052	\$69.00	\$159.00
Downtown Serenity Group 702-463	\$34.14	\$101.70	Wanderers Men's Group		\$47.83
Early Bird Group 612-780	\$123.00	\$203.00	Waynesville Grace Group 110-692	\$520.00	\$1,220.00
Fellowship Group 655-542		\$350.00	We Think Not Group 700-411		\$89.00
Fireside Group 655-046		\$387.00	West Asheville Group 110-501	\$83.25	\$83.25
Good Livers 666-360	\$240.00	\$440.00	Women's BBSS Group - Hendersonville		\$0.00
Grace Group 161-970		\$1,193.86	Women's Grapevine Meeting		\$0.00
Great Fact Group		\$500.00	Women of Courage Group	\$149.10	\$884.10
Happy Hour Group - Hendersonville 169-182		\$250.00	Women of Grace		\$36.50
Happy, Joyous & Free - Columbus		\$0.00	Women of Principles Group		\$0.00
Heart Fire Group		\$48.00	Working at Recovery		\$0.00
Hendersonville Group 110-594		\$0.00			
Hendersonville Men's Group		\$100.00	Total Group		
High Noon Group 689-080		\$95.00	Contributions:	\$4,275.10	\$19,725.28
Joe & Charlie Big Book Study		\$0.00			
Joy of Living - Brevard 669-820	\$150.00	\$225.00	Individual		
Kanuga Group 645-767		\$0.00	Contributions:		
Keep Coming Bat Group		\$69.00	Anonymous	\$4.46	\$20.22
Lambda Group 617-035		\$106.88	Bob L.	\$150.00	\$150.00
Landrum Group 715-401		\$105.00	Bob P.		\$5.00
Last Chance Group - Men's First Step Farm		\$14.00	Scott	\$6.36	\$6.36
Leicester Group 143-417		\$50.00	In Memory of B.G.	\$10.00	\$70.00
Library Group 672-283		\$0.00	Total Individual		
Love & Share Group 716-957		\$298.00	Contributions:	\$170.82	\$251.58
Maggie Valley Group 158-950	\$75.00	\$141.80			
Maple Grove Group 121-212		\$0.00	Birthday Contributions:		
Marion AA Group 110-621		\$0.00	Anonymous		\$48.11
Marshall Group 100-489		\$0.00	Ed T.	\$32.00	\$32.00
Mars Hill Group 130-895	\$68.00	\$68.00	Eva T.		\$32.00
Meditation Mondays		\$0.00	Monica G.	\$200.00	\$200.00
Men's Attitude Adjustment Group 670-850		\$175.00	Total Birthday Contributions:	\$232.00	\$312.11
Midday Grp (Hendersonville) 143-420	\$160.00	\$329.00			
Mill Springs Group 656-821		\$0.00	Mountain Doin's Subscriptions:	\$0.00	\$12.00
Mission Group 606-119		\$38.00			
Monday 6:00 Open Meeting		\$222.00	Grand Total:	\$4,677.92	\$20,300.97
Mountain View Grp (Highlands) 110-598	\$204.21	\$547.18			
Musicians' Meeting		\$50.00			

MEETING UPDATES: Districts 70 • 71 • 80

Meeting Changes:

Asheville: Acceptance Group: meeting on Saturday at 9:00am at St Luke's Episcopal Church, 219 Chunns Cove Rd, has changed names and moved. Still Saturday 9:00am (O,D) Now called "Saturday Solutions". New location: 1st Congregational Church, 20 Oak St, room 107, Asheville 28801.

Discontinued Meetings:

Asheville: Spanish-Speaking Meeting: Tuesday 8:45pm (O,D,SN) AVL 12 Step Club, 22-B New Leicester Hwy, Asheville 28806. Meeting was discontinued.

The SERVICE EXPRESS

October newsletter deadline for sending in announcements is **September 15**.

District 70:

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be on **Sunday, September 8, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805.

The new District 70 By-laws are now posted on the website: www.ashevilleaa.org

District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

"Bridging the Gap" (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at bridgingthegap@ashevilleaa.org.

A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: www.btgww.org

Corrections Committee – Women's Chairs are Denise J. and Casey - contact at women_corrections@ashevilleaa.org. Men's Chair is David J. – contact at mens_corrections@ashevilleaa.org. Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aanbcmco.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: Sarah.Regala@buncombecounty.org. AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

CPC/PI Committee – These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>. To get involved, please attend the GSR Business meeting on September 8.

Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at literature@ashevilleaa.org to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

District 71:

GSR Meeting – held the 2nd Saturday of the month. The next meeting will be **Saturday, September 14, 9:30am**. 1624 Willow Rd, Hendersonville, 28739. The District Service Committees now meet in conjunction with the GSR meeting.

They still need a Chairperson for the Treatment Committee. Anyone who is interested in this service

position please come to the GSR Meeting on September 14, or contact Terry through Central Office – 828-254-8539.

The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; info@ncmco.net – for contact information.

District 80:

GSR Meeting – held quarterly. The next meeting will be **Sunday, October 20, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They are still looking for a new Secretary. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: www.aaNCMCO.org

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting. Thursday, October 10, 5:30-6:30pm, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

The next combined COR/NCMCO Board meeting (now held every other month) will be **Thursday, September 12, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. **We are still looking for a 12 Step Call Volunteer Coordinator.** Call Pam at Central Office for more details about this service position.

Special Meetings and Events

AVL-12 Labor Day Party. Monday September 2, 1:30-4:00pm. BBQ, hamburgers and hot dogs available for \$3.00 (\$2.00 for members). Please bring potluck items to share. Fellowship, music, cornhole toss, 50/50 raffle, speaker at 3:00pm. Asheville 12 Step Recovery Club, 22-B New Leicester Hwy, Asheville 28806

Many Paths to Spirituality – Panel Discussion. Saturday September 7, 10:00am. Cullowhee Baptist Church, 148 Central Drive, Cullowhee 28723 (near Hunter Library on WNC campus) Please bring a covered dish to share for brunch. Come support this amazing event! For more information contact Becky L. by calling Central Office – 828-254-8539

NCCYPAA XXIII – The Road to Happy Destiny. September 19-22. DoubleTree by Hilton, 115 Hendersonville Rd, Asheville 28803. For room reservation call hotel: 828-274-1800 (mention NCCYPAA – Group Code: “YPA”) For questions, email: chair@NCCYPAA2019.org or visit website: www.NCCYPAA2019.org

67th Great Smoky Mountain Recovery Campout. September 20-22. For campground reservations contact: Greenbrier Campground, www.smokymountaincamping.com 5406 Pittman Center Road, Pittman Center, TN 37836. For more information email: gsmrc.greenbrier@gmail.com

48th Fellowship By The Sea. September 26-29. Hilton Doubletree Springmaid Conference Center, 3200 S. Ocean Blvd, Myrtle Beach, SC 29577. For more information and registration details visit website: www.fellowshipbythesea.org

Central Office / Districts 70, 71 & 80 Fall Picnic. Saturday October 12, 11:00am-2:00pm. Recreation Park Picnic Gazebo, WNC Nature Center, 75 Gashes Creek Rd., Asheville 28805. Hamburgers, hotdogs, veggie burgers, and drinks provided; please bring a dish or dessert to share. And please bring a chair if you can. Come out and enjoy the food, fellowship and fun!

5th Southern States Alcoholics Anonymous Service Assembly. November 8-10. Co-hosted by NC Area 51 and SC Area 62. Lake Junaluska Conference and Retreat Center, Harrell Center, 91 North Lakeshore Drive, Lake Junaluska, NC 28745. For more information and online reservations, visit website: www.area62.org/SSAASA/ or email: SSAASAFive@gmail.com

2020 International Convention. July 2-5, 2020. Detroit, MI. Online registration starts September 9 on website: www.aa.org

NC Area 51 Conferences and Events: www.aanorthcarolina.org

GSO in New York: www.aa.org

For events around the country and the world, as well as great articles and information, go to: www.aa.org and Box 4-5-9 Bulletin Board: https://www.aa.org/newsletters/en_US/en_box459_summer_2019.pdf



Spanish-speaking Volunteers needed!

We are in need of bi-lingual/Spanish-speaking AA members who are willing to be 12-Step Call Volunteers and/or After-hours Hotline Volunteers. We periodically get calls from individuals looking for help who don't speak much English, or from hospitals, doctors or social workers who have Spanish-speaking patients and clients who are looking for information about Alcoholics Anonymous and AA meetings.

If you speak Spanish and would like to be of service, please call Pam at Central Office: 828-254-8539. Your assistance will be greatly appreciated!

Powerful Pen

When I was denied parole and given a 12-month sentence, I was devastated. I wanted out. I now realize that I'd probably be dead if I had gotten out then.

So I wrote GSO for literature and information. They replied with a letter, a grapevine magazine, the book *Living Sober* and a corrections correspondent form in case I wanted an outside AA member to write me. I eagerly filled out the form and waited patiently.

I began to attend AA meetings inside, held by H & I volunteers and the other inmates. I talked as well as listened. After a while, I began receiving letters from an AA member named Karla in California. I also started receiving monthly Grapevine magazines (thanks Mom!).

From Karla's first letter, I knew I wanted what she had. I could relate to Karla because of her past experiences. Through her words of encouragement, my old thinking began to change.

Karla and I share stories all the time now, and she gives me great suggestions. She's a lifesaver. I feel so connected to her, as if she were a long-lost sister. She truly understands me. I can't wait to go to an outside meeting and find a sponsor like her who has what I want.

Today, because of AA and the correspondence program, I'm becoming a caring, strong, independent woman. Thank you, AA, and thank you Karla for giving hope to an alcoholic you have never even met.

Melissa G.
West Columbia, W.V.

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A Free Subscription for You!

The full-color edition of our monthly newsletter is available free! Subscribe by contacting us at info@ncmco.net. We will email you a link for the Mountain Doin's with all the latest information about meeting changes, special events, service opportunities and much more. The newsletter is also posted online at www.aancmco.org and www.ashevilleaa.org.

Need to Order Supplies for your Group?

Call (828) 254-8539 during business hours: Monday–Friday, 10:00am–1:00pm or email your order to: info@ncmco.net

We'll be happy to arrange for after-hours pickup (by you!) or shipping.

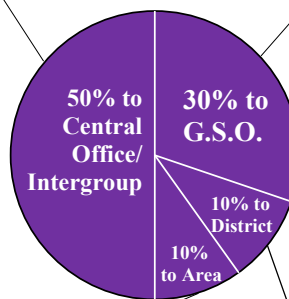
Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2019

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

Note: There are new addresses for the Area 51, District 71 and District 80 Treasurers

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Grand Central Station
PO Box 459
New York, NY 10163-0459



NCGSC – Area 51
Treasurer
P.O. Box 592
Apex, NC 27502

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
1311 Pace Road
Hendersonville, NC 28792

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906

ANNIVERSARIES

3 Legacies Group

David J. 9-28-1985 34 yrs

Acceptance Group

Cliff C. 9-06-2017 2 yrs
Dalton J. 9-16-2018 1 yr
Perry O. 9-17-2016 3 yrs
Amanda C. 9-25-2016 3 yrs
Sean A. 9-29-1984 35 yrs

Back to Basics Group - Weaverville

Rob M. 9-04-2012 7 yrs
Julie K. 9-09-2001 18 yrs
Ginger H. 9-13-1991 28 yrs
Cate M. 9-25-1982 37 yrs

Black Mountain Group

Joel H. 9-16-2007 12 yrs
Nicole 9-24-2017 2 yrs
Randall M. 9-29-1993 26 yrs

Brevard Serenity Group

Mary Mc. 9-23-2003 16 yrs

Conscious Contact Group

Murri 9-12-1984 35 yrs
Mary A. 9-15-2009 10 yrs

Cumberland Group

Bob R. 9-07-1983 36 yrs
Tadd C. 9-14-1987 32 yrs
Perry O. 9-17-2016 3 yrs
Matt G. 9-23-2013 6 yrs
Aaron F. 9-27-2012 7 yrs

Daily Decisions Group

Gil A. 9-06-2013 6 yrs

Fellowship Group

Ron S. 9-02-2016 3 yrs
Mary C. 9-03-1987 32 yrs
Ray W. 9-04-2017 2 yrs
Ellen M. 9-05-2014 5 yrs
Carl G. 9-09-1996 23 yrs
Lisa D. 9-11-2015 4 yrs
Mark W. 9-15-2006 13 yrs
Gerd S. 9-17-1979 40 yrs
Joan 9-18-2018 1 yr
Linda M. 9-18-2005 14 yrs
Kimberly 9-20-2009 10 yrs
Frank B. 9-26-1989 30 yrs
Lori M. 9-26-2003 16 yrs
Kevin H. 9-28-2017 2 yrs
Natalie R. 9-30-2017 2 yrs

Good Livers Group

Marylen L. 9-01-1989 30 yrs
Kathleen C. 9-13-2014 5 yrs
Sascha F. 9-15-1990 29 yrs
Caren B. 9-19-2016 3 yrs
Debbie L. 9-25-2011 8 yrs
Nat C. 9-26-1989 30 yrs

Grace Group

Jon B. 9-01-2003 16 yrs
Sean F. 9-07-2013 6 yrs
David P. 9-08-2017 2 yrs
Casey S. 9-11-2000 19 yrs
Scott M. 9-17-2017 2 yrs
Nat C. 9-26-1989 30 yrs
Bill E. 9-30-1994 25 yrs

Happy Hour Group

Jim L. 9-09-2002 17 yrs
Randall D. 9-11-2004 15 yrs

Hendersonville Group

Ike F. 9-01-2007 12 yrs
Oscar F. 9-20-1995 24 yrs
Rob T. 9-29-2015 4 yrs

Leicester Group

Beth D. 9-29-2005 14 yrs

Library Group

Michael C. 9-10-2003 16 yrs

Mars Hill Group

Paul M. 9-01-2013 6 yrs
Rachel S. 9-22-2013 6 yrs
Bendik C. 9-27-2007 12 yrs

Midday Group

Ann T. 9-23-2015 4 yrs

Riverside Group

David U. 9-15-2016 3 yrs

Serenity Now Group

Gail S. 9-22-2015 4 yrs

Serenity Seekers - Marion

Julie 9-14-2016 3 yrs

Total Surrender Group

Bryce 9-13-2016 3 yrs
Mark K. 9-16-2017 2 yrs
Susan K. 9-16-1982 37 yrs
Gerd S. 9-17-1979 40 yrs
Kimberly 9-20-2009 10 yrs
Matt H. 9-22-2016 3 yrs
Audrey Y. 9-23-2002 17 yrs
Michelle T. 9-24-2017 2 yrs
Lori M. 9-26-2003 16 yrs
George D. 9-30-1989 30 yrs

Traditional Group

Jeff S. 9-07-2018 1 yr
Joel H. 9-16-2007 12 yrs

United with Hope Group

Pat B. 9-23-2004 15 yrs

Waynesville Grace Group

Doug V.W. 9-01-1998 21 yrs
Stephen H. 9-02-2016 3 yrs
Bill S. 9-15-1972 47 yrs
Sheridan 9-15-2001 18 yrs
Steve A. 9-17-2012 7 yrs
Craig C. 9-19-2003 16 yrs
Kimberly 9-20-2009 10 yrs
Brooke P. 9-30-2016 3 yrs

Women of Grace Group

Cleta S. 9-03-1995 24 yrs
Casey L. 9-14-2014 5 yrs
Ruthie C. 9-14-1991 28 yrs
Lee Ann G. 9-28-2002 17 yrs



Need to update your Group's anniversary list?

Call Central Office - 828-254-8539 - or send a new list to:

info@ncmco.net

October newsletter deadline for sending in anniversaries and announcements is September 15.



*On Monday, September 2nd 1:30 to 4:00 p.m.
Take a load off at the*

AVL-12

LABOR DAY PARTY!

❖ **BBQ Hamburgers and Hot Dogs available for \$3.00 (\$2.00 for members). Please bring pot luck items to share**

❖ **Fellowship**
❖ **Music**
❖ **Cornhole Toss**
❖ **50/50 Raffle**
❖ **Speaker at 3:00**

Asheville 12 Step Recovery Club is located at 22B New Leicester Highway, Asheville, NC 28806



Many Paths to Spirituality

Panel discussion

SATURDAY, SEPTEMBER 7TH

10:00AM

Cullowhee Baptist Church

148 Central Drive, Cullowhee, 28723
(near Hunter Library on WCU campus)

**Please bring a covered dish
to share for brunch**

**PANELISTS ARE: KEN T., SPINDALE,
MARSHA L., HIGHLANDS AND
DAVID M., MURPHY**

Come support this amazing event!

For more information contact, Becky L.
by calling Central Office: 828-254-8539

NCCYPAA XXIII

North Carolina Conference of Young People in AA

ASHEVILLE

The Road of Happy Destiny

Sept 19th-22nd, 2019

DoubleTree by Hilton • Biltmore Village

115 Hendersonville Rd • Asheville, NC, 28803 • (828) 274-1800

Double & King Room Rate: \$125



Registration



Hotel

Questions? Email: chair@NCCYPAA2019.org

NCCYPAA2019.org

FALL CAMPOUT

67th Great Smoky Mountain Recovery Campout

Sept 20th – 22nd 2019

Open A.A. Meetings 11am and 8pm Daily
Al-anon Meetings Saturday and Sunday @ 9:30am

Saturday Sept 21st Dinner @ 5pm

Speakers @ 6:45pm

Marian and David G. from Knoxville, TN

For more info email gsmrc.greenbrier@gmail.com

Or call Toby W. (865) 654 – 3884

For campground reservations contact:

Greenbrier Campground

<https://www.smokymountaincamping.com/>

5406 Pittman Center Road

Pittman Center 37836

(865) 430 – 7415

Please no pets at the meetings

FYI Save the date for Campouts: May 28-31st 2020, Sept 18-20th 2020

48th

Fellowship By The Sea

Continuing to share our Experience, Strength and Hope

Thursday September 26~Sunday September 29, 2019

Hilton Doubletree Springmaid Conference Center

3200 S. Ocean Blvd. Myrtle Beach, SC 29577

Badges Must be Worn At All Times

www.fellowshipbythesea.org

Follow us on Facebook

Speakers

Thursday 8:00pm - Jean P. - Summerfield, NC

Friday 7:30pm - Holly D. - Jacksonville, FL

Saturday 10:00am - Kay C. - Greensboro, NC

Saturday 7:30pm - Polly P. - Jacksonville, FL

9:00pm - Dance

Sunday 10:00am - Bill C. - Greensboro, NC



Hotel Info

2019 Rates are \$103.00 per night per room (up to four per room) plus Resort Fee and Tax. Rates are available until August 21, 2019. Rooms will probably be sold out by then so register early.

Go to this secure link to reserve your room now.

<http://group.doubletree.com/Fllwship-by-the-Sea>

You can also call reservations at 1-855-778-1190 tell them **Group Code FBS**

Registration

Early registration is \$33.00 per person until September 1, 2019

\$35.00 at the conference with Visa / Mastercard accepted at the door only.

There is a \$1.00 transaction fee per person for this service.

Registration Form

Name _____ Name on badge _____

Name _____ Name on badge _____

Address _____ City _____

State _____ Zip _____ Email _____

Total number of reservations _____ x \$33.00= total amount enclosed \$ _____

Make checks payable to: Fellowship By The Sea / PO Box 860 / Murrells Inlet / S.C. 29576

For info: John T. 336-314-2222 / Betsy F. 843-215-3993



OCTOBER 12, 11:00 AM – 2:00 PM

Central Office / District 70, 71 & 80 Fall Picnic

**Recreation Park Picnic Gazebo, WNC Nature Center,
75 Gashes Creek Rd., Asheville 28805**

The picnic begins at 11 am, with a speaker meeting from 1:00 pm to 2:00 pm. Please come out and enjoy the food, fellowship, and fun!



**CENTRAL OFFICE /
DISTRICT 70, 71 & 80
FALL PICNIC**

**Hamburgers,
hotdogs, veggie
burgers, coffee,
soda, water all
provided!**

**Please bring a dish or
dessert to share.**

**Come join us for
food, fellowship,
volleyball, and
games!**

**Guest Speaker:
Wallace B. from
Sanford, NC**

**Please bring a chair
if you can.**

**NORTH CAROLINA
MOUNTAIN CENTRAL
OFFICE**

(828) 254 - 8539
info@ncmco.net

www.aancmco.org



5th Southern States Alcoholics Anonymous Service Assembly

November 8-10, 2019

Lake Junaluska Conference and Retreat Center
Harrell Center
Lake Junaluska, NC

Co-Hosted by North Carolina Area 51 and South Carolina Area 62

Service Workshops * Panel Discussions * Shared Service Experience

Registration Fee for the Event: Early Registration - \$25, After October 31, 2019 - \$30

Register Online at www.area62.org/SSAASA or complete the form below

Meals and Lodging: Reserve rooms online at www.lakejunaluska.com, use event code 1815

or call (800) 222-4930. Discounted rate available up to 2 days before/after event (*reserve by phone for additional nights*)

Room Rates*: \$89 for Hillside Lodge, \$119 for Lambuth Inn, \$139 for Hotel Terrace **price does not include taxes/gratuity*
Price is for single/double occupancy. Rates increase for 3 or more occupants per room.

Meal plan * : 5 meal (Fri-Sun) - \$71.30, 3 meal (Sat-Sun) - \$44.85 **price includes taxes/gratuity*

To guarantee availability, purchase optional meal plans in advance when making room reservation.

✂

Name _____ Area # _____ Name on Badge _____

Address _____ City _____ State ____ Zip _____

Phone _____ Email _____

Special Needs _____

Service Experience:

- GSR DCM Delegate Chairperson Secretary Treasurer Intergroup
- Treatment Corrections PI/CPC Other _____

I'd like to Volunteer contact us SSAASAFive@gmail.com

Registrations ___ x **\$25 (\$30 after October 31, 2019)** = \$ _____

Scholarship Contribution (help others attend SSAASA) \$ _____

Total Enclosed \$ _____

Mail Completed Registration and Payment to: SSAASA, PO 1368, Knightdale NC 27545

For more info: Email SSAASAFive@gmail.com or call **919-880-4026** (Elizabeth P) or **910-793-5895** (Kenneth C)