

# MOUNTAIN AUGUST 2019 Down's

(828) 254-8539  
Office Hours  
10:00am - 1:00pm  
Monday-Friday  
info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## 12-Step Call Volunteer Coordinator Position Open

The Central Office Board is in need of a new 12-Step Call Volunteer Coordinator. If you are interested in this position or have any questions, please attend the next COR/Board meeting on September 12, or contact Pam at Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

Here are the responsibilities:

1. Has responsibility for maintaining the 12-Step Call Volunteer list, with help from the Office Manager.
2. Recruits new volunteers.
3. Interacts with Office Manager to provide the Office, Answering Service and After-hours Hotline Volunteers with updates to the 12-Step Call Volunteer list. Shares responsibility with NCMCO to ensure appropriate rotation of calls to 12-Step volunteers.
4. Attends Board meetings as a voting member.

## Volunteers needed for Mountain View Corrections

The "Down But Not Out" Group meets at the Mountain View Correctional Institution in Spruce Pine, NC on Wednesdays at 6:30pm. Volunteers are needed for an ongoing commitment to this meeting. Applicants should be male, have 1 year or more of sobriety, and pass a background check.

The need is great. If you are interested in this service commitment, please contact Jeff M. by calling Central Office – 828-254-8539.

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## Does your Group need support?

Let us know and we will put a notice in the newsletter.

The following meetings could use some support:

**Asheville: Total Surrender Group**, Friday 7:00pm (C,BB) New Hope Presbyterian Church, 3010 Sweeten Creek Rd, Asheville 28803

**Asheville: Downtown Women's Group**, Thursday 12:30-1:15pm (W,C,LS/D) 1st Congregational United Church of Christ, 20 Oak Street, Asheville 28801

**Asheville: Turning Point**, Wednesday 6:00pm (O,D) VA Hospital, 1100 Tunnel Rd, Rm BB04 (Multi-purpose room in the basement) Asheville 28805. You need not be a Veteran to attend!

**Leicester: Leicester Group**: Wednesday 7:00pm (C,BB) last Wednesday of the month (O,SP) Bell Methodist Church, corner of Leicester Hwy and Old Newfound Rd, Leicester 28748



**New NC Mountain Central Office, Inc.  
Profit & Loss YTD Comparison**

	<u>Jun 19</u>	<u>Jan - Jun 19</u>
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Contributions</b>		
Birthday Contributions	0.00	80.11
Group Contributions	2,929.86	15,450.18
Individual Contributions	10.00	80.76
Subscriptions	0.00	12.00
<b>Total Contributions</b>	<u>2,939.86</u>	<u>15,623.05</u>
Interest on Money Market	0.91	5.49
<b>Sales Income</b>		
Literature & merchandise	2,643.70	18,346.99
Shipping charged to groups	41.21	248.43
<b>Total Sales Income</b>	<u>2,684.91</u>	<u>18,595.42</u>
<b>Total Income</b>	<u>5,625.68</u>	<u>34,223.96</u>
<b>Cost of Goods Sold</b>		
Freight - vendor shipping	42.88	232.03
Literature & merchandise	2,164.45	15,586.78
Shipping to groups	41.73	251.87
<b>Total COGS</b>	<u>2,249.06</u>	<u>16,070.68</u>
<b>Gross Profit</b>	<u>3,376.62</u>	<u>18,153.28</u>
<b>Expense</b>		
<b>Accountant fees</b>		
Accountant	0.00	405.00
Filing fees for 501c3	0.00	850.00
<b>Total Accountant fees</b>	<u>0.00</u>	<u>1,255.00</u>
Computer, Software, IT Asst	0.00	74.89
Copier Rental	161.92	955.68
<b>Credit Card Processing</b>		
Extra fee	19.95	39.90
Monthly fees	25.39	147.04
<b>Total Credit Card Processing</b>	<u>45.34</u>	<u>186.94</u>
Editor	135.00	810.00
Office Expenses	0.00	90.00
Office Supplies	0.00	222.57
<b>Payroll Expenses</b>		
Gross Salary (Including Taxes)	1,120.00	7,260.00
Payroll Taxes (Company)	90.84	597.39
Processing (for Direct Deposit)	5.25	33.25
<b>Total Payroll Expenses</b>	<u>1,216.09</u>	<u>7,890.64</u>
QuickBooks Expenses	0.00	246.10
Rent	567.00	3,351.00
Stamps/Postage	71.25	460.13
<b>Telephone &amp; Internet</b>		
Answering Service	0.00	505.00
Office Telephone/Internet	148.66	892.35
<b>Total Telephone &amp; Internet</b>	<u>148.66</u>	<u>1,397.35</u>
<b>Total Expense</b>	<u>2,345.26</u>	<u>16,940.30</u>
<b>Net Ordinary Income</b>	<u>1,031.36</u>	<u>1,212.98</u>
<b>Other Income/Expense</b>	<u>0.00</u>	<u>0.97</u>
<b>Net Income</b>	<u><u>1,031.36</u></u>	<u><u>1,213.95</u></u>



## August Grapevine is now available!

This month's special section is on African-American Alcoholics in AA featuring stories of challenge and hope by African-American AA members.



[www.aagrapevine.org](http://www.aagrapevine.org)

Cash on Hand as of 6/30/2019  
 Prudent Reserve (Money Market)  
**\$11,069.68**  
 Operating Account (Checking)  
**\$12,502.20**  
 Rent Deposit **\$400.00**  
 Petty Cash **\$50.00**

## Call & Visitor Log

### June 2019

12 Step Calls – 4  
 General Info – 4  
 Family Help – 8  
 Meeting Info – 13  
 Central Office  
 Business – 51  
 Medical/Detox – 0  
 Visitors – 93



Answering Service (Operator-Asst) – not used in June  
 After-hours Hotline Volunteers – 35 calls  
 Visits to aaNCMCO.org website:  
 Unique Visitors – 921  
 Number of Visits – 1,710 (1.85 visits per visitor)  
 Pages Visited – 5,093 (2.97 pages per visit)

# Contributions

	June 2019	YTD		June 2019	YTD
12 & 12 Study Group		\$75.00	Musicians' Meeting		\$50.00
2nd Chance Group - Cherokee 712-180		\$0.00	New Freedom Group 700-124		\$80.00
3 Legacies Group 709-522		\$0.00	Newland Serenity (Linville Mtg.)		\$77.89
4th Dimension Group		\$0.00	No Name Group - Murphy		\$50.00
Agnostics, Atheists & Freethinkers AA Group		\$0.00	Papertown Group		\$65.80
Andrews Group 110-494		\$0.00	Phoenix Group	\$40.00	\$40.00
Acceptance Group 122-477		\$2,030.42	Pisgah Group	\$320.00	\$320.00
Anonymous		\$1.63	Plan B Group 670-567		\$40.00
Around the Room Group		\$0.00	Practicing Principles 667-311		\$0.00
AVL Women's Big Book Step Study 703-990	\$100.00	\$100.00	Primary Purpose Group		\$20.00
At Wit's End Group	\$30.00	\$61.00	Recovery at 6		\$135.41
AWOL Group		\$0.00	Recovery by the River 674-892		\$155.93
Back to Basics Grp - Weaverville 147-139		\$200.00	Roundtable Group 135-605	\$10.00	\$30.00
Big Town Group 671-200		\$321.91	Rule 62 Group		\$0.00
Bill's Kitchen - Men's Meeting	\$25.00	\$25.00	Safe & Sound 645-654		\$0.00
Black Mountain Group 117-117		\$40.00	Saluda Back to Basics Group		\$0.00
Brevard Men's Group		\$0.00	Saturday Morning Men's Meeting	\$75.00	\$425.00
Brevard Serenity Group 631-231		\$0.00	Serenity Now 670-803		\$75.00
Bryson City Group 110-467		\$0.00	Serenity Seekers - Marion Noon AA 663-204		\$100.00
Burnsville Group 136-171		\$0.00	Serenity Service Group 110-498	\$25.00	\$150.00
But for the Grace of God Group	\$24.33	\$34.36	Skyland 12&12 Group	\$60.28	\$196.78
BYOC - Bring Your Own Coffee		\$50.00	Speed Bump Group 512-851		\$75.00
Candlelight Meeting		\$0.00	Spiritual Fitness Group 720-419		\$93.00
Candler KISS Group 163-148		\$0.00	Spruce Pine Group 110-679		\$500.00
Cashiers Valley Grp 122-589		\$518.67	Sunshine AA Group 163-759		\$100.30
Cedar Mountain Group 161-082		\$0.00	Surrender Group - Black Mountain		\$150.00
Columbus Group 150-908		\$0.00	The Meeting	\$50.00	\$100.00
Conscious Contact Group - Asheville		\$450.00	The Principles Group		\$0.00
Cullowhee Valley Group 118-129		\$75.00	Total Surrender Group		\$0.00
Cumberland Group 122-472		\$0.00	Tryon Monday 5:30 Meeting	\$141.33	\$482.33
Daily Decisions 643-869		\$494.01	Tuesday Night Men's Group 179-001		\$0.01
Day by Day Group 159-058		\$759.33	United With Hope Group 719-052		\$90.00
District 71		\$0.00	Wanderers Men's Group	\$47.83	\$47.83
Down But Not Out Group		\$0.00	Waynesville Grace Group 110-692		\$700.00
Downtown Serenity Group 702-463		\$67.56	We Are Not Saints Group		\$0.00
Early Bird Group 612-780		\$80.00	We Think Not Group 700-411		\$89.00
Fellowship Group 655-542		\$350.00	West Asheville Group 110-501		\$0.00
Fireside Group 655-046		\$387.00	Women's BBSS Group - Hendersonville		\$0.00
Good Livers 666-360		\$200.00	Women's Grapevine Meeting		\$0.00
Grace Group 161-970	\$883.59	\$1,193.86	Women of Courage Group		\$735.00
Great Fact Group	\$500.00	\$500.00	Women of Grace	\$36.50	\$36.50
Happy Hour Group - Hendersonville 169-182		\$250.00	Women of Principles Group		\$0.00
Happy Hour Group - Waynesville		\$0.00	Working at Recovery		\$0.00
Happy, Joyous & Free - Columbus		\$0.00	<b>Total Group</b>		
Heart Fire Group		\$48.00	<b>Contributions:</b>	<b>\$2,929.86</b>	<b>\$15,450.18</b>
Hendersonville Group 110-594		\$0.00	<b>Individual</b>		
Hendersonville Men's Group		\$100.00	<b>Contributions:</b>		
High Noon Group 689-080		\$95.00	Anonymous		\$15.76
Joe & Charlie Big Book Study		\$0.00	Bob P.		\$5.00
Joy of Living - Brevard 669-820		\$75.00	In Memory of B.G.	\$10.00	\$60.00
Kanuga Group 645-767		\$0.00	<b>Total Individual</b>		
Keep Coming Bat Group		\$69.00	<b>Contributions:</b>	<b>\$10.00</b>	<b>\$80.76</b>
Lambda Group 617-035		\$106.88	<b>Birthday Contributions:</b>		
Landrum Group 715-401		\$105.00	Anonymous		\$48.11
Last Chance Group - Men's First Step Farm		\$14.00	Eva T.		\$32.00
Leicester Group 143-417	\$50.00	\$50.00	<b>Total Birthday Contributions:</b>	<b>\$0.00</b>	<b>\$80.11</b>
Library Group 672-283		\$0.00	<b>Mountain Doin's Subscriptions:</b>	<b>\$0.00</b>	<b>\$12.00</b>
Love & Share Group 716-957	\$298.00	\$298.00	<b>Grand Total:</b>	<b>\$2,939.86</b>	<b>\$15,623.05</b>
Maggie Valley Group 158-950		\$66.80			
Maple Grove Group 121-212		\$0.00			
Marion AA Group 110-621		\$0.00			
Marshall Group 100-489		\$0.00			
Mars Hill Group 130-895		\$0.00			
Meditation Mondays		\$0.00			
Men's Attitude Adjustment Group 670-850	\$175.00	\$175.00			
Midday Grp (Hendersonville) 143-420		\$169.00			
Mill Springs Group 656-821		\$0.00			
Mission Group 606-119	\$38.00	\$38.00			
Monday 6:00 Open Meeting		\$222.00			
Mountain View Grp (Highlands) 110-598		\$342.97			

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group.  
As always, we thank you for your generous support!

# MEETING UPDATES: Districts 70 • 71 • 80

## New Meetings:

**Black Mountain: Ridge Men's Meeting:** Saturday 7:00pm (C,M,D) The Ridge Church, 41 Tucker Rd, Black Mountain (Ridgecrest) 28711

## Meeting Changes:

**Black Mountain: Sober Sisters – Black Mountain:** Tuesday (C,W,LS/D) Was at 7:00pm; new time starting in August: 6:30pm. Black Mountain United Methodist Church (brick building behind church) 101 Church Street, Black Mountain 28711

**Spruce Pine: Saturday 10:00am (C,D) The Spruce Pine Closed AA Group is now called the “Spruce Pine Saturday Morning Group” (C,D):** Trinity Episcopal Church, 15 Hemlock Ave, Spruce Pine 28777

**Waynesville: Maple Grove Group:** Monday 7:00pm. Name and format changed in July to: Maple Grove - Voices of Women in AA (O,W,LS) Maple Grove Methodist Ch, Rte 276N, Russ Ave. near Dellwood Rd, Waynesville 28786

## Discontinued Meetings:

**Asheville: Kitchen Table Big Book Study:** Monday 4:00pm (C,LS,ccp,HA) AVL 12 Step Club, 22-B New Leicester Hwy, Asheville 28806. Meeting was discontinued.

# The SERVICE EXPRESS

September newsletter deadline for sending in announcements is **August 15th**.

## District 70:

**GSR Business Meeting** – held the 2nd Sunday of the month. The next meeting will be on **Sunday, August 11, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunn's Cove Rd, Asheville 28805.

The new District 70 By-laws are now posted on the website: [www.ashevilleaa.org](http://www.ashevilleaa.org)

**District Service Committees** – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

**Treatment Facilities Committee** – Ian O. and Zack are Committee Chairs. Contact them at [treatment@](mailto:treatment@ashevilleaa.org)

[ashevilleaa.org](http://ashevilleaa.org) to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of “bridging the gap” from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

**“Bridging the Gap”** (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at [bridgingthegap@ashevilleaa.org](mailto:bridgingthegap@ashevilleaa.org).

A new “Treatment Facilities Service Display” is in the works. For information on Bridging the Gap, visit the website: [www.btgwww.org](http://www.btgwww.org)

**Corrections Committee** – Women's Chairs are Denise J. and Casey - contact at [women\\_corrections@ashevilleaa.org](mailto:women_corrections@ashevilleaa.org). Men's Chair is David J. – contact at [mens\\_corrections@ashevilleaa.org](mailto:mens_corrections@ashevilleaa.org). Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: [Sarah.Regala@buncombecounty.org](mailto:Sarah.Regala@buncombecounty.org). AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

**CPC/PI Committee** – These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>

**Literature and Grapevine Committee** – Debra J. is the chairperson. Contact her at [literature@](mailto:literature@ashevilleaa.org)

[ashevilleaa.org](http://ashevilleaa.org) to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

### District 71:

**GSR Meeting** – held the 2nd Saturday of the month. The next meeting will be **Saturday, August 10, 9:30am**. 1624 Willow Rd, Hendersonville, 28739. The District Service Committees now meet in conjunction with the GSR meeting.

They still need a Chairperson for the Treatment Committee. Anyone who is interested in this service position please come to the GSR Meeting on August 10, or contact Terry through Central Office – 828-254-8539.

The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net) – for contact information.

### District 80:

**GSR Meeting** – held quarterly. The next meeting will be **Sunday, October 20, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They are still looking for a new Secretary. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aaNCMCO.org](http://www.aaNCMCO.org)

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

**Murphy Intergroup Meeting. Thursday, October 10, 5:30-6:30pm**, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

**The next combined COR/NCMCO Board meeting** (now held every other month) will be **Thursday,**

**September 12, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. **We are still looking for a 12 Step Call Volunteer Coordinator.** Call Pam at Central Office for more details about this service position.

## Special Meetings and Events

**44th Atlanta Roundup.** August 1-4. The Westin Perimeter North, 7 Concourse Pkwy, Atlanta, GA 30328. For room reservation call: 770-395-3900. For more information, visit website: [www.atlantaroundup.com](http://www.atlantaroundup.com)

**District 70 Service Rally.** Saturday August 10. St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805. Lasagna and dessert at 1:00pm; speakers and meeting 1:30-3:30pm. Please let Mike H. know what you can bring, or if you have any questions, email: [Events@AshevilleAA.org](mailto:Events@AshevilleAA.org)

**Serenity in the Scenic City.** August 16-18. Chattanooga Doubletree by Hilton, 407 Chestnut St, Chattanooga, TN. Fun and fellowship with AA & AI-Anon speakers. For more event and registration information, visit website: [www.serenityinthesceniccity.org](http://www.serenityinthesceniccity.org)

**61st ICYPAA – Entire Psychic Change.** August 22-25. Boston Marriott Copley Place, Boston MA. For more information visit website: [www.ICYPAA.org](http://www.ICYPAA.org)

**S.M.A.A.C.C. 7 (Southern Motorcyclists Alcoholics Anonymous Camping Convention)** August 22-25. Pickett State Park near Jamestown, TN. For more information, visit website: [www.SMAACC.org](http://www.SMAACC.org)

**24th Annual Southeast Woman to Woman Conference.** August 23-25. Florida hotel & Conference Center, 1500 Sandlake Rd, Orlando FL. For more information visit website: [www.sewomantowoman.org](http://www.sewomantowoman.org)

**AVL-12 Labor Day Party.** Monday September 2, 1:30-4:00pm. BBQ, hamburgers and hot dogs available for \$3.00 (\$2.00 for members). Please bring potluck items to share. Fellowship, music, cornhole toss, 50/50 raffle, speaker at 3:00pm. Asheville 12 Step Recovery Club, 22-B New Leicester Hwy, Asheville 28806

**Many Paths to Spirituality – Panel Discussion.** Saturday September 7, 10:00am. Cullowhee Baptist Church, 148 Central Drive, Cullowhee 28723 (near Hunter Library on WNC campus) Please bring a covered dish to share for brunch. Come support this amazing event! For more information contact Becky L. by calling Central Office – 828-254-8539

**NCCYPAA XXIII – The Road to Happy Destiny.** September 19-22. DoubleTree by Hilton, 115 Hendersonville Rd, Asheville 28803. For room reservation call hotel: 828-274-1800 (mention NCCYPAA – Group Code: “YPA”) For questions, email: [chair@NCCYPAA2019.org](mailto:chair@NCCYPAA2019.org) or visit website: [www.NCCYPAA2019.org](http://www.NCCYPAA2019.org)

(Continued on next page)

## Special Meetings and Events continued

**67th Great Smoky Mountain Recovery Campout.** September 20-22. For campground reservations contact: Greenbrier Campground, [www.smokymountaincamping.com](http://www.smokymountaincamping.com) 5406 Pittman Center Road, Pittman Center, TN 37836. For more information email: [gsmrc.greenbrier@gmail.com](mailto:gsmrc.greenbrier@gmail.com)

**48th Fellowship By The Sea.** September 26-29. Hilton Doubletree Springmaid Conference Center, 3200 S. Ocean Blvd, Myrtle Beach, SC 29577. For more information and registration details visit website: [www.fellowshipbythesea.org](http://www.fellowshipbythesea.org)

**Central Office / Districts 70, 71 & 80 Fall Picnic.** Saturday October 12, 11:00am-2:00pm. Recreation Park Picnic Gazebo, WNC Nature Center, 75 Gashes Creek Rd., Asheville 28805. Hamburgers, hotdogs, veggie burgers, and drinks provided; please bring a dish or dessert to share. And please bring a chair if you can. Come out and enjoy the food, fellowship and fun!

**5th Southern States Alcoholics Anonymous Service Assembly.** November 8-10. Co-hosted by NC Area 51 and SC Area 62. Lake Junaluska Conference and Retreat Center, Harrell Center, 91 North Lakeshore Drive, Lake Junaluska, NC 28745. For more information and online reservations, visit website: [www.area62.org/SSAASA/](http://www.area62.org/SSAASA/) or email: [SSAASAFive@gmail.com](mailto:SSAASAFive@gmail.com)

**2020 International Convention.** July 2-5, 2020. Detroit, MI. Online registration starts September 9 on website: [www.aa.org](http://www.aa.org)

**NC Area 51 Conferences and Events:** [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

**GSO in New York:** [www.aa.org](http://www.aa.org)

For events around the country and the world, as well as great articles and information, go to: [www.aa.org](http://www.aa.org) and Box 4-5-9 Bulletin Board: [https://www.aa.org/newsletters/en\\_US/en\\_box459\\_summer\\_2019.pdf](https://www.aa.org/newsletters/en_US/en_box459_summer_2019.pdf)

## **\$8.06 on 8/6 Area Challenge**

The \$8.06 challenge came up at General Service Conference this year as a grassroots effort, started several years ago at local, Area and Regional levels, to help GSO be fully self-supporting. Several of the delegates from the US and Canada have decided to join in, and a flier was shared, which we have posted on our website: <http://aancmco.org/wp-content/uploads/2019/07/8.06-Area-Challenge-FINAL.pdf>

Participation is entirely optional of course. This was not initiated by GSO; they do not solicit donations. But, just so there is no doubt about where the money is going, contributions should

be mailed directly to them: General Service Office, PO Box 459, Grand Central Station, New York, NY 10163-0459 (Include your Group number, if you have one, and note that it is for the 8/6 Area Challenge) Or you can go to their website: [www.aa.org](http://www.aa.org)

I did speak with the SE Regional Representative at GSO and he said there is no deadline on sending contributions. In fact he said it would probably be best if individuals and groups did not all send donations at the same time since that would likely overwhelm them.

See the flyer on our website for more details or call Central Office if you have any questions – 828-254-8539.

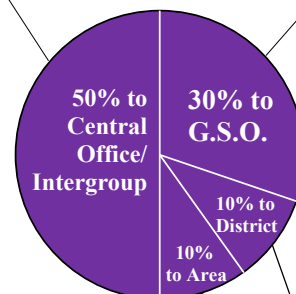
### **Suggestions & Addresses for sending Donations to the A.A. Service Structure\* Revised for 2019**

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

**Note: There are new addresses for the Area 51, District 71 and District 80 Treasurers**

NCMCO  
70 Woodfin Place  
Suite 206  
Asheville, NC 28801

General Service Office  
Grand Central Station  
PO Box 459  
New York, NY 10163-0459



NCGSC – Area 51  
Treasurer  
P.O. Box 592  
Apex, NC 27502

District 70 Treasurer  
PO Box 8574  
Asheville, NC 28814-8574

District 71 Treasurer  
1311 Pace Road  
Hendersonville, NC 28792

District 80 Treasurer  
197 Mountain Top Drive  
Murphy, NC 28906



# ANNIVERSARIES

## Acceptance Group

Pam G.	8-10-2015	4 yrs
Mike L.	8-11-2017	2 yrs
Mike D.	8-13-2018	1 yr
Jonathan C.	8-15-1985	34 yrs
Sally S.	8-28-2009	10 yrs
Chandler S.	8-29-2018	1 yr
Tiffany T.	8-29-2017	2 yrs
Arenda M.	8-30-2018	1 yr

## At Wit's End Group

Sharrye D.	8-01-2015	4 yrs
Brian N.	8-14-2013	6 yrs
Jeremy O.	8-15-2015	4 yrs
Chris M.	8-17-2015	4 yrs

## Back to Basics Group - Weaverville

Pete M.	8-08-1983	36 yrs
Matthew S.	8-08-2018	1 yr
Denis O.	8-09-1985	34 yrs
Kathy B.	8-12-1998	21 yrs

## Black Mountain Group

Demeseh C.	8-15-2001	18 yrs
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## Brevard Serenity Group

Paul W.	8-03-1997	22 yrs
Heather K.	8-19-2017	2 yrs
Barb E.	8-21-1990	29 yrs
Andy G.	8-23-2016	3 yrs
Dennis K.	8-28-1991	28 yrs

## Candlelight Group

Jamie W.	8-16-2016	3 yrs
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## Candler K.I.S.S. Group

Doug W.	8-17-2010	9 yrs
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## Conscious Contact Group

Steve C.	8-12-2016	3 yrs
Greg G.	8-15-1989	30 yrs

## Cumberland Group

John S.	8-02-2013	6 yrs
Lynda M.	8-06-1985	34 yrs
Natalia	8-13-2014	5 yrs
Wayne B.	8-15-2005	14 yrs
Tom H.	8-23-2005	14 yrs
John T.	8-24-2010	9 yrs

## Daily Decisions Group

Trink F.	8-16-2006	13 yrs
Frank H.	8-28-1989	30 yrs

## Fellowship Group

Dick S.	8-01-2006	13 yrs
Caroline W.	8-09-2016	3 yrs
Ellen A.	8-07-2018	1 yr
Nancy J.	8-10-2018	1 yr
Annie B.	8-19-2012	7 yrs
Charlene O.	8-20-2002	17 yrs
Martha R.	8-22-2000	19 yrs
Scott H.	8-22-2018	1 yr
Matthew T.	8-25-2011	8 yrs
Frank H.	8-28-1989	30 yrs
Jack J.	8-28-2015	4 yrs

## Good Livers Group

Sara S.	8-08-2006	13 yrs
Chris M.	8-12-2011	8 yrs
Ana A.	8-23-2002	17 yrs

## Grace Group

Brian F.	8-03-2011	8 yrs
Ed B.	8-03-2009	10 yrs
Peggy N.	8-04-2002	17 yrs
Mary Elizabeth B.	8-16-2016	3 yrs
Sarah H.	8-20-2016	3 yrs

## Happy Hour Group

Don F.	8-18-1970	49 yrs
Eileen B.	8-23-2018	1 yr

## Hendersonville Group

Bob L.	8-08-1980	39 yrs
Tom P.	8-15-1995	24 yrs
Susan W.	8-24-2000	19 yrs

## Hendersonville Men's Group

Michael J.	8-12-2016	3 yrs
Ken B.	8-13-1984	35 yrs

## Library Group

George K.	8-21-1987	32 yrs
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## Mars Hill Group

Diane McG.	8-09-1993	26 yrs
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## Mission Group

Jim F.	8-09-1985	34 yrs
Kay G.	8-14-1982	37 yrs

## Phoenix Group

Karin S.	8-28-1982	37 yrs
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## Serenity Now Group

Dean W.	8-09-1991	28 yrs
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## Total Surrender Group

Amber B.	8-05-2011	8 yrs
Caroline W.	8-09-2016	3 yrs
Jackie R.	8-12-2015	4 yrs
Trish A.	8-14-2006	13 yrs
Marion M.	8-28-1976	43 yrs

## Traditional Group

Richard T.	8-07-1984	35 yrs
Stephen T.	8-13-2006	13 yrs

## United with Hope Group

Bob L.	8-09-1984	35 yrs
James	8-25-2018	1 yr

## Waynesville Grace Group

Susan K.	8-03-1985	34 yrs
Jason J.	8-06-2012	7 yrs
Lisa L.	8-08-2015	4 yrs
Jim F.	8-09-1985	34 yrs
Kathleen P.	8-10-2018	1 yr
Bob M.	8-14-2018	1 yr
Jenni C.	8-16-1987	32 yrs
Elise C.	8-17-2002	17 yrs
Vicki P.	8-23-2016	3 yrs
Judy M.	8-30-2007	12 yrs
Paula W.	8-31-1996	23 yrs

## Women of Grace Group

Denise D.	8-13-1999	20 yrs
Jacquelyne R.	8-28-1998	21 yrs

Need to update your Group's anniversary list?  
Call Central Office - 828-254-8539 - or send a new list to:

[info@ncmco.net](mailto:info@ncmco.net)

September newsletter deadline for sending in anniversaries and announcements is August 15.



- ***In 2018, GSO spent \$8.06 on YOU in member services.***  
➤ ***Now, AA needs your help.***



**\$8.06 on 8/6**  
**AREA CHALLENGE**  
**August 6<sup>th</sup> 2019**

In 2018 GSO provided services to 1,418,177 A.A. members at a cost of \$11,426,835. That's \$8.06 per A.A. member for the whole year. If every member contributed \$8.06 once, it would support all of the services GSO provides to all groups, for one year!

**Here's how you can help:**

- Groups can pass a special “8/06” basket in addition to 7<sup>th</sup> tradition basket between now and August 6, 2019 and contribute contents after challenge ends
- Individuals can go to [aa.org](http://aa.org), click on “Make a Contribution,” and give \$8.06 any time between now and August 6
- Encourage members to consider the old favorite “make it a double”—remember those words? And contribute \$16.12 just for old times’ sake.

**\$8.06 on 8/6 — easy to remember!**

Whenever possible, contributions should be made online to save processing costs. It is also preferable to make contributions in multiples of \$8.06 so that GSO can attribute contributions to the challenge drive.

**Go Online to [aa.org](http://aa.org). Send your share.**  
**Meet the Challenge!**

Group checks or money orders can also be sent via mail to the following address. Make checks payable to GSO and be sure to include the group number on the check and note that it is for the 8/06 Area Challenge.

General Service Office  
PO Box 459  
Grand Central Station  
New York NY 10163-0459





# 44<sup>th</sup> Atlanta Roundup

Aug 1<sup>st</sup> – Aug 4<sup>th</sup> 2019



"Give freely of what you find and join us"

*The Roundup is pleased to welcome our 2019 Speakers!*

**Earl H • Scottsdale, AZ**

**Terri K • Woodville, OH**

**Rich B • Ocean City, MD**

**Susan B • Tulsa, OK**

**The Westin Perimeter North**

Group Rate is Limited—Book Early!!  
7 Concourse Pkwy Atlanta 30328  
Call 770-395-3900 for Reservations

**AA, Al-Anon & Alateen Workshops**

Big Book Trivia Contest • Meetings  
Fellowship • Entertainment  
Hospitality • Home Made Treats

**Come and join us for our annual weekend of Fun, Fellowship and Serenity as we celebrate our 44<sup>th</sup> Roundup! We have a great Program of Speakers, Workshops & Entertainment. Register and sign up to be a Volunteer at: [www.atlantaroundup.com](http://www.atlantaroundup.com) or fill out and return the form below.**

**The Atlanta Roundup Committee is an all volunteer body whose Primary Purpose is to carry the AA message and to unite the Metro Atlanta AA, Al-Anon and Alateen Community in Unity, Service and Recovery.**

Name: \_\_\_\_\_ Name for Badge: \_\_\_\_\_

Home Group: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Email (for confirmation and updates): \_\_\_\_\_

Program: AA \_\_\_ Al-Anon \_\_\_ (Alateen registration is \$1 at the door during Roundup)

Do you want to be a Volunteer? Yes \_\_\_ No \_\_\_. Registration \_\_\_ Greeter \_\_\_

Bake cookies for Hospitality? (Must be Homemade): Yes \_\_\_ No \_\_\_ ; # of dozens \_\_\_

**\$35 per person** + Scholarship contribution: \_\_\_\_\_ Total \_\_\_\_\_

**Make out checks to: The Atlanta Roundup, 1111 Canyon Point Circle, Roswell, GA 30076**



# **DISTRICT 70 SERVICE RALLY**

The Annual Service Rally is a time to bring Sponsors and Sponsees together to learn more about carrying the message into **Treatment Centers, Hospitals, Jails, Prisons, Health Fairs and Schools**. We will have a panel discussion with District Committee Chairs and a Guest Speaker on the Program.

Our "Event's Chef" will be preparing both Vegetarian & Bolognese Lasagna with salad and garlic bread. We need desserts, here's an opportunity to wow the crowd with your homemade blue-ribbon creations. *Please let Mike H. know what you can bring or if you have any questions, with email below.*

**August 10th, 2019 (Saturday)**  
**St. Luke's Episcopal Church**  
**219 Chunn's Cove Road, Asheville, NC**



**Lasagna & Dessert at 1pm**  
**Speakers & Meeting 1:30-3:30pm**

**Events@AshevilleAA.org**

# VISIT ICYPAA.ORG

## FOR HOTEL INFO AND TO PRE REG!

\$35

PRE REGISTER HERE



BOSTON

AUGUST 22 - 25, 2019

BOSTON  
MARRIOTT  
COPLEY PLACE

BOOK YOUR HOTEL HERE



WITH AL ANON ALATEEN PARTICIPATION



# VISIT ICYPAA.ORG

## FOR HOTEL INFO AND TO PRE REG!

\$35

PRE REGISTER HERE



BOSTON

AUGUST 22 - 25, 2019

BOSTON  
MARRIOTT  
COPLEY PLACE

BOOK YOUR HOTEL HERE



WITH AL ANON ALATEEN PARTICIPATION





**Southern Motorcyclists  
Alcoholics Anonymous  
Camping Convention  
at  
Pickett State Park  
near Jamestown, TN**

**Speakers:**

**Friday - Glenn W** (East Hartford, CT)

**Saturday - Mandy S** (Nashville, TN)

**Sunday - Allen G** (Nashville, TN)

**Thursday - Early Arrival**

**Friday - Breakfast Ride**

**Saturday - AM Panel/Workshop**

**Jam Session - Rachelle K,**

(262-930-6496)

We have 144 beds that are included with our registration fee. Air-conditioned cabins with sinks, shower houses are available. Meals starting Friday through Sunday are included in the registration fee. Thursday is an additional \$5 fee for early arrival.

Thursday comes with a BED  
and our own HOB0 STEW.

**Visit SMAACC.org for more details**

(Reservations for Cabins with State Park can be found via link on our website.)

**For Information:**

**Bill W: 815-601-6894**

**Tim G: 270-564-2418**

Name \_\_\_\_\_ Address \_\_\_\_\_

City State Zip \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

A.A. \_\_\_\_\_ AL-Anon \_\_\_\_\_ Other \_\_\_\_\_ Sobriety date: \_\_\_\_\_

RECEIVE YOUR INFORMATION BY E-MAIL? YES \_\_\_\_\_ Would you like to volunteer? Yes \_\_\_\_\_ No \_\_\_\_\_

Hearing impaired or other special needs?(specify) \_\_\_\_\_

Preregistration: \_\_\_\_\_ \$45.00 each

Thursday: \_\_\_\_\_ Additional \$5.00 to Preregistration fee

Total: \_\_\_\_\_

Pre-registration ends July 31st, 2019 \$55 On-Site Registration

**NO CONFIRMATION OF YOUR REGISTRATION WILL BE SENT**

**NO REFUNDS**

Mail to: S.M.A.A.C.C. 370 S. Lowe Ave. Ste. A, Box 242. Cookeville, Tn. 38501



# 24<sup>th</sup> Annual Southeast Woman to Woman Conference

*"Secrets Women Don't Share"*



Speakers  
Workshops  
Meditation

Entertainment  
Dancing  
Raffles

**Her Roots Grasped a New Soil**

**Orlando, FL  
August 23-25, 2019**

A conference for Alcoholic women with Alanon participation for registrants only!  
No children allowed at conference events

**Florida Hotel & Conference Center 1500 Sandlake Rd Orlando, FL**

GOOGLE MAPS (8001 S. Orange Blossom Trail, Orlando, FL 32809)

Reservations: 407-859-1500 (mention Southeast Woman to Woman) before June 29<sup>th</sup> Rooms reserved for  
Conference: \$112 + tax per room/per night. Free Parking

**CONTACTS:** Christine S. 407-694-3109 • Angela S. 321-216-7726 • Lisa H 407-927-4700  
Email: [Orlando.sew2w.2019@gmail.com](mailto:Orlando.sew2w.2019@gmail.com)/ Web: [www.sewomantowoman.org](http://www.sewomantowoman.org)

-----OR Clip and Mail to: SEW2W ~ P.O. Box 1134, Winter Park, FL 32790 ~ Checks/Money Order payable to: SEW2W -----

**Registration Form....Please Print Clearly**

Name: \_\_\_\_\_

Name on Badge: \_\_\_\_\_

Sobriety Date: \_\_\_\_\_ [ ] Are you willing to volunteer?

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/ZipCode: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Special Needs: \_\_\_\_\_

**Registration Fee**

Did you Pre-Register in West Virginia? [ ] YES [ ] NO

Registration: **\$25** per person (BEFORE--Feb 28, 2019)  
**\$30** per person (Mar 1, 2019 – July 1, 2019)  
**\$35** per person at the door (cash only)

[ ] AA [ ] Al-Anon

[ ] Registration Fee \$ \_\_\_\_\_

[ ] Scholarship Donation \$ \_\_\_\_\_

[ ] Banquet Ticket (\$50) [ ] Chicken [ ] Beef [ ] Vegetarian  
*Banquet Saturday at 6:30 PM*

[ ] SEW2W Mug (\$7.00) \_\_\_\_\_

[ ] SEW2W T-Shirt (\$15.00) \_\_\_\_\_

[ ] S \_\_\_\_\_, [ ] Med \_\_\_\_\_, [ ] L \_\_\_\_\_, [ ] XL \_\_\_\_\_, [ ] 2X \_\_\_\_\_

**Total Amount Enclosed:** \_\_\_\_\_ *NO REFUNDS*

*Checks/money orders payable to: SEW2W  
Mail to: SEW2W, PO Box 1134, Winter Park, FL 32790*



*On Monday, September 2nd 1:30 to 4:00 p.m.  
Take a load off at the*

# AVL-12

## LABOR DAY PARTY!

❖ **BBQ Hamburgers and Hot Dogs available for \$3.00 (\$2.00 for members). Please bring pot luck items to share**

❖ **Fellowship**  
❖ **Music**  
❖ **Cornhole Toss**  
❖ **50/50 Raffle**  
❖ **Speaker at 3:00**

Asheville 12 Step Recovery Club is located at 22B New Leicester Highway, Asheville, NC 28806



# Many Paths to Spirituality

Panel discussion

**SATURDAY, SEPTEMBER 7<sup>TH</sup>**

**10:00AM**

## **Cullowhee Baptist Church**

148 Central Drive, Cullowhee, 28723  
(near Hunter Library on WCU campus)

**Please bring a covered dish  
to share for brunch**

**PANELISTS ARE: KEN T., SPINDALE,  
MARSHA L., HIGHLANDS AND  
DAVID M., MURPHY**

**Come support this amazing event!**

For more information contact, Becky L.  
by calling Central Office: 828-254-8539

# NCCYPAA XXIII

North Carolina Conference of Young People in AA

## ASHEVILLE

*The Road of Happy Destiny*

Sept 19th-22nd, 2019

DoubleTree by Hilton • Biltmore Village

115 Hendersonville Rd • Asheville, NC, 28803 • (828) 274-1800

Double & King Room Rate: \$125



Registration



Hotel

Questions? Email: [chair@NCCYPAA2019.org](mailto:chair@NCCYPAA2019.org)

[NCCYPAA2019.org](http://NCCYPAA2019.org)



# FALL CAMPOUT

## 67<sup>th</sup> Great Smoky Mountain Recovery Campout

**Sept 20<sup>th</sup> – 22<sup>nd</sup> 2019**

Open A.A. Meetings 11am and 8pm Daily  
Al-anon Meetings Saturday and Sunday @ 9:30am

Saturday Sept 21<sup>st</sup> Dinner @ 5pm

Speakers @ 6:45pm

Marian and David G. from Knoxville, TN

For more info email [gsmrc.greenbrier@gmail.com](mailto:gsmrc.greenbrier@gmail.com)

Or call Toby W. (865) 654 – 3884

For campground reservations contact:

Greenbrier Campground

<https://www.smokymountaincamping.com/>

5406 Pittman Center Road

Pittman Center 37836

(865) 430 – 7415

Please no pets at the meetings

FYI Save the date for Campouts: May 28-31st 2020, Sept 18-20th 2020

48<sup>th</sup>

# Fellowship By The Sea

*Continuing to share our Experience, Strength and Hope*

Thursday September 26~Sunday September 29, 2019

Hilton Doubletree Springmaid Conference Center

3200 S. Ocean Blvd. Myrtle Beach, SC 29577

Badges Must be Worn At All Times

[www.fellowshipbythesea.org](http://www.fellowshipbythesea.org)

Follow us on Facebook

## Speakers

Thursday 8:00pm - Jean P. - Summerfield, NC

Friday 7:30pm - Holly D. - Jacksonville, FL

Saturday 10:00am - Kay C. - Greensboro, NC

Saturday 7:30pm - Polly P. - Jacksonville, FL

9:00pm - Dance

Sunday 10:00am - Bill C. - Greensboro, NC



## Hotel Info

2019 Rates are \$103.00 per night per room (up to four per room) plus Resort Fee and Tax. Rates are available until August 21, 2019. Rooms will probably be sold out by then so register early.

Go to this secure link to reserve your room now.

<http://group.doubletree.com/Fllwship-by-the-Sea>

You can also call reservations at 1-855-778-1190 tell them **Group Code FBS**

## Registration

Early registration is \$33.00 per person until September 1, 2019

\$35.00 at the conference with Visa / Mastercard accepted at the door only.

There is a \$1.00 transaction fee per person for this service.

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## Registration Form

Name \_\_\_\_\_ Name on badge \_\_\_\_\_

Name \_\_\_\_\_ Name on badge \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Total number of reservations \_\_\_\_\_ x \$33.00= total amount enclosed \$ \_\_\_\_\_

Make checks payable to: Fellowship By The Sea / PO Box 860 / Murrells Inlet / S.C. 29576

For info: John T. 336-314-2222 / Betsy F. 843-215-3993



**OCTOBER 12, 11:00 AM – 2:00 PM**

# **Central Office / Districts 70, 71 & 80 Fall Picnic**

**Recreation Park Picnic Gazebo, WNC Nature Center,  
75 Gashes Creek Rd., Asheville 28805**

The picnic begins at 11 am, with a speaker meeting from 1:00 pm to 2:00 pm. Please come out and enjoy the food, fellowship, and fun!



**CENTRAL OFFICE /  
DISTRICTS 70, 71 & 80  
FALL PICNIC**

**Hamburgers,  
hotdogs, veggie  
burgers, coffee,  
soda, water all  
provided!**

**Please bring a dish or  
dessert to share.**

**Come join us for  
food, fellowship,  
volleyball, and  
games!**

**Guest Speaker: TBA**

**Please bring a chair  
if you can.**

**NORTH CAROLINA  
MOUNTAIN CENTRAL  
OFFICE**

(828) 254 - 8539  
info@ncmco.net

[www.aancmco.org](http://www.aancmco.org)



# 5th Southern States Alcoholics Anonymous Service Assembly

**November 8-10, 2019**

Lake Junaluska Conference and Retreat Center  
Harrell Center  
Lake Junaluska, NC

**Co-Hosted by North Carolina Area 51 and South Carolina Area 62**

**Service Workshops \* Panel Discussions \* Shared Service Experience**

**Registration Fee for the Event:** Early Registration - \$25, After October 31, 2019 - \$30

Register Online at [www.area62.org/SSAASA](http://www.area62.org/SSAASA) or complete the form below

**Meals and Lodging:** Reserve rooms online at [www.lakejunaluska.com](http://www.lakejunaluska.com), use event code 1815

or call (800) 222-4930. Discounted rate available up to 2 days before/after event (*reserve by phone for additional nights*)

**Room Rates\*:** \$89 for Hillside Lodge, \$119 for Lambuth Inn, \$139 for Hotel Terrace *\*price does not include taxes/gratuity*  
Price is for single/double occupancy. Rates increase for 3 or more occupants per room.

**Meal plan \* :** 5 meal (Fri-Sun) - \$71.30, 3 meal (Sat-Sun) - \$44.85 *\*price includes taxes/gratuity*

To guarantee availability, purchase optional meal plans in advance when making room reservation.

✂ .....

Name \_\_\_\_\_ Area # \_\_\_\_\_ Name on Badge \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Special Needs \_\_\_\_\_

**Service Experience:**

- GSR     DCM     Delegate     Chairperson     Secretary     Treasurer     Intergroup
- Treatment     Corrections     PI/CPC     Other \_\_\_\_\_

**I'd like to Volunteer** contact us [SSAASAFive@gmail.com](mailto:SSAASAFive@gmail.com)

**# Registrations** \_\_\_ x **\$25 (\$30 after October 31, 2019)** = \$ \_\_\_\_\_

**Scholarship Contribution** (help others attend SSAASA) \$ \_\_\_\_\_

**Total Enclosed** \$ \_\_\_\_\_

**Mail Completed Registration and Payment to:** SSAASA, PO 1368, Knightdale NC 27545

**For more info:** Email [SSAASAFive@gmail.com](mailto:SSAASAFive@gmail.com) or call **919-880-4026** (Elizabeth P) or **910-793-5895** (Kenneth C)