

Mountain Doin's

**JULY
2019**

(828) 254-8539
Office Hours
10:00am - 1:00pm
Monday-Friday
info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Thank you, AA members!

We had a terrific response to our appeal last month for new After-hours Hotline Volunteers! The schedule is a work in progress but we now have several volunteers who are sharing the commitment. We could still use a few more volunteers to fill in some gaps and to keep the current volunteers from becoming overloaded. We did sign up with Daniel Communications to have them as our back-up answering service (replacing Answering Services of Asheville who discontinued service the end of May) but we are still working out the details with them. We don't get a lot of calls after hours, but we do need to have someone, preferably an AA member rather than the answering service, there to answer the call whenever someone is reaching out for help.

If you would like to volunteer or if you have any questions or suggestions call Pam at Central Office – 828-254-8539. Heartfelt thanks to Carl I., Cynthia B., Michael DeY., Michael D., and Phyllis A.! They have a lot of experience, strength and hope to share with anyone interested in learning more about this vital service.

It's Official!

We are now officially a 501c3 non-profit! This means that contributions are tax deductible – should that be of benefit or interest to anyone. All this took many months of work on the part of Mike, NCMCO Board Chair, and Dani, past NCMCO Treasurer, and a lot of help from an accountant, as well as considerable expense for the application. But it has been well worth the effort, resulting in success. Many thanks, Mike and Dani!

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Does your Group need support?

Let us know and we will put a notice in the newsletter.

The following meetings could use some support:

Asheville: Total Surrender Group, Friday 7:00pm (C,BB) New Hope Presbyterian Church, 3010 Sweeten Creek Rd, Asheville 28803

Asheville: Downtown Women's Group, Thursday 12:30-1:15pm (W,C,LS/D) 1st Congregational United Church of Christ, 20 Oak Street, Asheville 28801

Asheville: Turning Point, Wednesday 6:00pm (O,D) VA Hospital, 1100 Tunnel Rd, Rm BB04 (Multi-purpose room in the basement) Asheville 28805. You need not be a Veteran to attend!



**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison**

	<u>May 19</u>	<u>Jan - May 19</u>
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	0.00	80.11
Group Contributions	3,478.42	12,520.32
Individual Contributions	14.68	70.76
Subscriptions	0.00	12.00
Total Contributions	<u>3,493.10</u>	<u>12,683.19</u>
Interest on Money Market	0.94	4.58
Sales Income		
Literature & merchandise	1,874.53	15,703.29
Shipping charged to groups	27.60	207.22
Total Sales Income	<u>1,902.13</u>	<u>15,910.51</u>
Total Income	<u>5,396.17</u>	<u>28,598.28</u>
Cost of Goods Sold		
Freight - vendor shipping	26.60	189.15
Literature & merchandise	1,549.13	13,422.33
Shipping to groups	27.60	210.14
Total COGS	<u>1,603.33</u>	<u>13,821.62</u>
Gross Profit	<u>3,792.84</u>	<u>14,776.66</u>
Expense		
Accountant fees		
Accountant	0.00	405.00
Filing fees for 501c3	0.00	850.00
Total Accountant fees	<u>0.00</u>	<u>1,255.00</u>
Computer, Software, IT Asst	0.00	74.89
Copier Rental	161.92	793.76
Credit Card Processing		
Extra fee	19.95	19.95
Monthly fees	20.14	121.65
Total Credit Card Processing	<u>40.09</u>	<u>141.60</u>
Editor	135.00	675.00
Office Expenses	30.00	90.00
Office Supplies	0.00	222.57
Payroll Expenses		
Gross Salary (Including Taxes)	1,146.25	6,140.00
Payroll Taxes (Company)	94.57	506.55
Processing (for Direct Deposit)	5.25	28.00
Total Payroll Expenses	<u>1,246.07</u>	<u>6,674.55</u>
QuickBooks Expenses	0.00	246.10
Rent	567.00	2,784.00
Stamps/Postage	85.05	388.88
Telephone & Internet		
Answering Service	180.00	505.00
Office Telephone/Internet	148.66	743.69
Total Telephone & Internet	<u>328.66</u>	<u>1,248.69</u>
Total Expense	<u>2,593.79</u>	<u>14,595.04</u>
Net Ordinary Income	<u>1,199.05</u>	<u>181.62</u>
Other Income/Expense	<u>0.00</u>	<u>0.97</u>
Net Income	<u><u>1,199.05</u></u>	<u><u>182.59</u></u>

July Grapevine is now available!

This month's special section is "The Annual Prison Issue" featuring stories by AA members inside and out of prison walls.



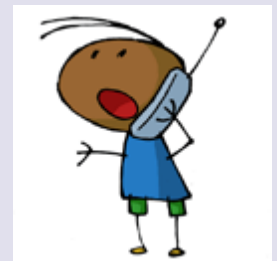
www.aagrapevine.org

Cash on Hand as of 5/31/2019
 Prudent Reserve (Money Market)
 \$11,068.77
 Operating Account (Checking)
 \$10,224.36
 Rent Deposit \$400.00
 Petty Cash \$50.00

Call & Visitor Log

May 2019

12 Step Calls – 2
 General Info – 10
 Family Help – 5
 Meeting Info – 15
 Central Office
 Business – 45
 Medical/Detox – 0
 Visitors – 80



Answering Service (Operator-Asst) – fewer than 65 minutes
 After-hours Hotline Volunteers – 11 calls
 Visits to aaNCMCO.org website:
 Unique Visitors – 946
 Number of Visits – 1,717 (1.81 visits per visitor)
 Pages Visited – 5,330 (3.1 pages per visit)



Contributions

	MAY 2019	YTD
12 & 12 Study Group		\$75.00
Acceptance Group 122-477	\$2,030.42	\$2,030.42
Anonymous		\$1.63
At Wit's End Group		\$31.00
Back to Basics Grp - Weaverville 147-139		\$200.00
Big Town Group 671-200		\$321.91
Black Mountain Group 117-117		\$40.00
But for the Grace of God Group		\$10.03
BYOC - Bring Your Own Coffee		\$50.00
Cashiers Valley Grp 122-589		\$518.67
Conscious Contact Group - Asheville		\$450.00
Cullowhee Valley Group 118-129		\$75.00
Daily Decisions 643-869		\$494.01
Day by Day Group 159-058		\$759.33
Downtown Serenity Group 702-463		\$67.56
Early Bird Group 612-780		\$80.00
Fellowship Group 655-542	\$150.00	\$350.00
Fireside Group 655-046	\$387.00	\$387.00
Good Livers 666-360		\$200.00
Grace Group 161-970		\$310.27
Happy Hour Group - Hendersonville 169-182		\$250.00
Heart Fire Group		\$48.00
Hendersonville Men's Group		\$100.00
High Noon Group 689-080		\$95.00
Joy of Living - Brevard 669-820		\$75.00
Keep Coming Bat Group		\$69.00
Lambda Group 617-035		\$106.88
Landrum Group 715-401		\$105.00
Last Chance Group - Men's First Step Farm		\$14.00
Maggie Valley Group 158-950		\$66.80
Midday Grp (Hendersonville) 143-420		\$169.00
Monday 6:00 Open Meeting	\$141.00	\$222.00
Mountain View Grp (Highlands) 110-598		\$342.97
Musicians' Meeting		\$50.00
New Freedom Group 700-124		\$80.00
Newland Serenity (Linville Mtg.)		\$77.89
No Name Group - Murphy		\$50.00
Papertown Group		\$65.80
Plan B Group 670-567		\$40.00
Primary Purpose Group		\$20.00
Recovery at 6		\$135.41
Recovery by the River 674-892		\$155.93
Roundtable Group 135-605	\$20.00	\$20.00
Saturday Morning Men's Meeting	\$75.00	\$350.00
Serenity Now 670-803		\$75.00
Serenity Seekers - Marion Noon AA 663-204		\$100.00
Serenity Service Group 110-498	\$25.00	\$125.00
Skyland 12&12 Group		\$136.50
Speed Bump Group 512-851		\$75.00
Spiritual Fitness Group 720-419		\$93.00
Spruce Pine Group 110-679	\$500.00	\$500.00
Sunshine AA Group 163-759		\$100.30
Surrender Group - Black Mountain	\$150.00	\$150.00
The Meeting		\$50.00
Tryon Monday 5:30 Meeting		\$341.00
Tuesday Night Men's Group 179-001		\$0.01
United With Hope Group 719-052		\$90.00
Waynesville Grace Group 110-692		\$700.00
We Think Not Group 700-411		\$89.00
Women of Courage Group		\$735.00

Total Group Contributions: \$3,478.42 YTD \$12,520.32

Individual Contributions:

Anonymous	\$4.68	\$15.76
Bob P.		\$5.00
In Memory of B.G.	\$10.00	\$50.00
Total Individual Contributions:	\$14.68	\$70.76

Birthday Contributions:

Anonymous		\$48.11
Eva T.		\$32.00
Total Birthday Contributions:	\$0.00	\$80.11

Mountain Doin's Subscriptions: \$0.00 YTD \$12.00

Grand Total: \$3,493.10 YTD \$12,683.19

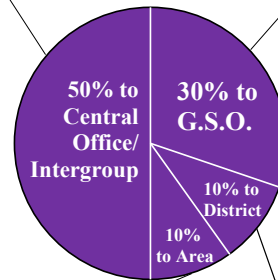
Suggestions & Addresses for sending Donations to the A.A. Service Structure* Revised for 2019

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

Note: There are new addresses for the Area 51, District 71 and District 80 Treasurers

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Grand Central Station
PO Box 459
New York, NY 10163-0459



NCGSC – Area 51
Treasurer
P.O. Box 592
Apex, NC 27502

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
1311 Pace Road
Hendersonville, NC 28792

District 80 Treasurer
197 Mountain Top Drive
Murphy, NC 28906



Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you for your generous support!

MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Asheville: Steps In Sobriety Group: Wednesday 6:30pm (C,W,LS,c-f) St. Paul's United Methodist Church, 233 Hillside St, Asheville 28801

Black Mountain: Sober Sisters Group: Tuesday 7:00pm (C,W,LS/D) Black Mountain United Methodist Church (brick building behind church) 101 Church Street, Black Mountain 28711

Burnsville: It's In The Book: Thursday Noon (C,BB/D) Higgins Methodist Church (in house behind the church, corner Avery & Academy St) 101 N Main St, Burnsville 28714

Fletcher: Fellowship Group – Women's Meeting: Tuesday 6:30pm (C,W,D - using Grapevine "Daily Quote" book) Calvary Episcopal Church, 2840 Hendersonville Rd (across from Ingles) Fletcher 28732

Meeting Changes:

Asheville: Lambda Group: Friday (O,G,D) Time was changed from 8:00pm to 7:00pm and a later meeting has been added at 8:30pm. On the last Friday of the month there is only one meeting at 8:00pm – Open, Gay, Anniversary. All Souls Episcopal Church, 9 Swan St (Biltmore Village) Asheville 28803

Franklin: The Church Street Meeting: on Thursday at 12:30pm has changed the name and time of the meeting: now called 'As Bill Sees It Meeting" (O,AB/D) and meets at Noon. St Agnes Episcopal Church, 66 Church Street, Franklin 28734

Waynesville: Triangle Club: The Triangle Club moved to a new location as of June 2: Haywood County Annex 2, 1233 North Main Street, Waynesville 28786. All meeting times remain the same.

Discontinued Meetings:

Asheville. Day by Day Group: Tuesday 5:30pm (O,D) First Baptist Church, 5 Oak Street, Asheville 28801. Meeting has been discontinued. Wednesday and Friday 5:30pm Day by Day Group meetings at Oakley United Methodist Church, 607 Fairview Rd, Asheville 28803, are still ongoing.

Asheville. Spiritual Fitness Group: Thursday 7:00pm meeting (W,O,SS) at Montford Recreation Complex, 34 Pearson Drive, Asheville has been discontinued as of the end of May. The Sunday 10:45am (O,W,BB) at Lenoir-Rhyne Asheville Campus, 36 Montford Ave, Asheville is still continuing to meet.

Mills River. Love and Share Group: Wednesday and Friday 10:00am. Unity Center, 2041 Old Fanning Bridge Rd, Mills River. Meetings are being discontinued as of the end of June.

The SERVICE EXPRESS

August newsletter deadline for sending in announcements is **July 15th**.

District 70:

GSR Business Meeting –held the 2nd Sunday of the month. The next meeting will be on **Sunday, July 14, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805.

The new District 70 By-laws are now posted on the website: www.ashevilleaa.org

District Service Committees – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

"Bridging the Gap" (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at bridgingthegap@ashevilleaa.org.

A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: www.btgww.org

Corrections Committee – Women's Chairs are Denise J. and Casey - contact at women_corrections@ashevilleaa.org. Men's Chair is David J. – contact at mens_corrections@ashevilleaa.org. Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf> Any AA member wanting

to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: Sarah.Regala@buncombecounty.org. AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

CPC/PI Committee – These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>

Literature and Grapevine Committee – Debra J. is the chairperson. Contact her at literature@ashevilleaa.org to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

District 71:

GSR Meeting – held the 2nd Saturday of the month. The next meeting will be **Saturday, July 13, 9:30am**. 1624 Willow Rd, Hendersonville, 28739. The District Service Committees now meet in conjunction with the GSR meeting.

They still need a Chairperson for the Treatment Committee. Anyone who is interested in this service position please come to the GSR Meeting on July 13, or contact Terry through Central Office – 828-254-8539.

The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; info@ncmco.net – for contact information.

District 80:

GSR Meeting – held quarterly. The next meeting will be **Sunday, July 21, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They are still looking for a new Secretary. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: www.aanCMCO.org

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; info@ncmco.net

Murphy Intergroup Meeting. Thursday, July 11, 5:30pm – 6:30pm, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

The next combined COR/NCMCO Board meeting (now held every other month) will be **Thursday, July 11, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. We are still looking for people to fill two positions: 12 Step Call Volunteer Coordinator and Mountain Doin's Editor. For more information on these positions call Pam at Central Office – 828-254-8539 – or come to the COR/Board meeting on Thursday July 11.

Special Meetings and Events

AVL12 July Fourth, Recovery First! Thursday July 4, 1:00-4:00pm. Food - \$3.00 (\$2.00 for members) buys you a hamburger or 2 hotdogs. Please bring a pot-luck side dish to share. Games and a Speaker. Asheville 12 Step Recovery Club, 22-B New Leicester Hwy, Asheville 28806

Spruce Pine Group – July Fourth Eating Meeting. Thursday July 4. Eating at 6:30pm, followed by regular 8:00pm meeting (O,D) Trinity Episcopal Church, 15 Hemlock Ave, Spruce Pine 28777

38th Music City Roundup. July 4-7. Music City Sheraton Hotel, Nashville TN. For more information and registration form, visit website: www.musiccityroundup.com

72nd North Carolina State Convention. July 11-14. Hilton North Raleigh/Midtown, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919-872-2323 or 800-445-8667 (Group Code: “NCST”) For more information, visit website: www.aanconvention.com or email: aanconvention@gmail.com

(Continued on Next Page)

Special Meetings and Events continued

Maple Grove Group – Oldtimers Panel. Sunday July 14. Eating starts at 6:20pm; Oldtimers Panel at 7:00pm. Group will be providing hotdogs and chili; please bring a side dish to share.

Summertime Super Supper – hosted by Mission Group of Sylva. Wednesday July 17. Building open at 6:00pm. Fry bread supper at 6:30pm (Covered dishes welcomed!). Speaker (Mark C.) at 7:00pm. All are welcome! Jackson County Resource Center, 1528 Webster Road, Webster 28788

NCCYPAA Host Committee Summer Campout. July 19-21. Briar Bottom Group Campground, Asheville (Burnsville) NC. For more information, visit website: www.NCCYPAA2019.org

Homecoming – Celebrating the Home Group. Saturday July 27, 4:30-6:30pm. Sponsored by District 71. Starts with Potluck supper; bring a dish or dessert to share or just come to share in the fellowship. Hope United Methodist Church, 2443 Spartanburg Hwy & W. Blue Ridge Rd, E. Flat Rock 28726

Library Group's 14th Anniversary Celebration. Sunday July 28. Starts at 6:00pm with finger foods. (Please bring food between 5:30 and 6:00 to set up.) Open speaker meeting at 7:00pm. All are welcome; come and enjoy the fellowship!

44th Atlanta Roundup. August 1-4. The Westin Perimeter North, 7 Concourse Pkwy, Atlanta, GA 30328. For room reservation call: 770-395-3900. For more information, visit website: www.atlantaroundup.com

61st ICYPAA – Entire Psychic Change. August 22-25. Boston Marriott Copley Place, Boston MA. For more information visit website: www.ICYPAA.org

S.M.A.A.C.C. 7 (Southern Motorcyclists Alcoholics Anonymous Camping Convention) August 22-25. Pickett State Park near Jamestown, TN. For more information, visit website: www.SMAACC.org

24th Annual Southeast Woman to Woman Conference. August 23-25. Florida hotel & Conference Center, 1500 Sandlake Rd, Orlando FL. For more information visit website: www.sewomantowoman.org

NCCYPAA XXIII – The Road to Happy Destiny. September 19-22. DoubleTree by Hilton, 115 Hendersonville Rd, Asheville 28803. For room reservation call hotel: 828-274-1800 (mention NCCYPAA – Group Code: "YPA") For questions, email: chair@NCCYPAA2019.org or visit website: www.NCCYPAA2019.org

Western North Carolina Corrections Conference (Hosted by Districts 70,71 & 80) Saturday October

19, 9:30am-5:00pm. Speakers from Area 51, other speakers sharing their experiences with AA while incarcerated, volunteers who carry the message inside. Workshop panels on starting meetings in jails and prisons and much more. Hope United Methodist Church, 2443 Spartanburg Hwy, East Flat Rock (Hendersonville) 28726

2020 International Convention. July 2-5, 2020. Detroit, MI. Online registration starts September 9 on website: www.aa.org

NC Area 51 Conferences and Events: www.aanorthcarolina.org

GSO in New York: www.aa.org

For events around the country and the world, as well as great articles and information, go to: www.aa.org and Box 4-5-9 Bulletin Board: www.aa.org/newsletters/en_US/en_box459_spring19.pdf

In Memoriam

Lloyd W. passed away in June 2019. He was a long-time member of the Grace Group of Asheville. We celebrate his life and sobriety and service to AA. He will be greatly missed.

Bear Behind

As I sat to chair the meeting of the Acceptance Group, a bear was seen through the plate glass window behind me. I wrote:

Bear Behind

I don't know if I should mind
Chairing a meeting with a bear behind.
If during this meeting I decease
I hope you're cooking with bear grease.
I pray this glass remains intact
The bear behind me is a fact.

- Ocean S. (Burnsville, NC)



ANNIVERSARIES

Acceptance Group

Kevin G.	7-11-1992	27 yrs
Allison G.	7-12-2018	1 yr
Abbie S.	7-13-2009	10 yrs
Ron G.	7-15-1997	22 yrs
Bart B.	7-19-1982	37 yrs
Ken A.	7-20-2002	17 yrs
Dee A.	7-29-2003	16 yrs

Around the Room Group

Stewart R.	7-01-1999	20 yrs
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AVL Women's Big Book Step Study

Linda S.	7-22-1983	36 yrs
Laurie G.	7-29-2004	15 yrs

At Wit's End Group

Matt J.	7-10-2002	17 yrs
Dan P.	7-19-2013	6 yrs
Lewis L.	7-24-2015	4 yrs

Back to Basics Group - Weaverville

Rita C.	7-01-1996	23 yrs
Morene B.	7-08-2002	17 yrs

Black Mountain Group

Michael K.	7-22-2017	2 yrs
Crystal A.	7-24-2016	3 yrs

Brevard Serenity Group

Elizabeth H.	7-05-1987	32 yrs
Claudia S.	7-07-2006	13 yrs
Brian Mc.	7-16-2006	13 yrs
Barry M.	7-22-1977	42 yrs

Candlelight Group

Will H.	7-04-2015	4 yrs
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Conscious Contact Group

Stewart R.	7-01-1999	20 yrs
Destiny V.	7-13-2017	2 yrs
Sally S.	7-19-2003	16 yrs
Monica G.	7-26-1999	20 yrs

Cumberland Group

Michael M.	7-20-2014	5 yrs
David T.	7-21-1993	26 yrs

Daily Decisions Group

Roger S.	7-03-1990	29 yrs
Jane A.	7-05-2012	7 yrs
Ray S.	7-10-1984	35 yrs
Debbie Q.	7-22-2016	3 yrs

Fellowship Group

Stewart R.	7-01-1999	20 yrs
Carolyn B.	7-05-2017	2 yrs
Kevin G.	7-11-1992	27 yrs
Kim C.	7-13-2011	8 yrs
Tony P.	7-15-1987	32 yrs
Alisa C.	7-20-2017	2 yrs
Josh B.	7-21-2017	2 yrs
Kathy M-A	7-24-1986	33 yrs
Matty D.	7-29-2015	4 yrs

Good Livers Group

Elizabeth P.	7-07-1994	25 yrs
Joycie S.	7-08-2017	2 yrs
Morene B.	7-08-2012	7 yrs
Claire J.	7-15-1984	35 yrs
Jan W.	7-18-2008	11 yrs

Grace Group

George P.	7-01-2008	11 yrs
Rob F.	7-01-2011	8 yrs
Blair T.	7-04-1989	30 yrs
Anne R.	7-08-2007	12 yrs
Carol V.	7-10-2007	12 yrs
Molly K.	7-15-2016	3 yrs
Gabriel B.	7-24-2015	4 yrs
Jason W.	7-24-2013	6 yrs
John P.	7-25-2005	14 yrs
Elizabeth H.	7-26-2006	13 yrs
Gentry W.	7-29-2017	2 yrs
Bob Pa.	7-31-2001	18 yrs

Happy Hour Group

Pepper O.	7-05-2015	4 yrs
David O'K.	7-15-1997	22 yrs

Hendersonville Group

Larry L.	7-18-1985	34 yrs
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Hendersonville Men's Group

Merritt J.	7-04-1994	25 yrs
Sean S.	7-17-2013	6 yrs

Leicester Group

Debbie W.	7-04-2008	11 yrs
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Mars Hill Group

Sandy U.	7-12-1978	41 yrs
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Phoenix Group

Tonya K.	7-28-2004	15 yrs
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Riverside Group

Tyrone P.	7-20-1992	27 yrs
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Serenity Seekers - Marion

Paulie R.	7-29-2009	10 yrs
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Total Surrender Group

Carolyn B.	7-15-2017	2 yrs
Jan	7-23-1986	33 yrs
Linda S.	7-22-1983	36 yrs

Traditional Group

Larry B.	7-21-2017	2 yrs
Bill D.	7-25-2018	1 yr
Justin B.	7-27-2013	6 yrs

Waynesville Grace Group

Judy L.	7-04-2010	9 yrs
Carol T.	7-15-1975	44 yrs
Bill S.	7-16-1982	37 yrs
Jeff U.	7-26-2003	16 yrs

Women of Grace Group

Margaret H.	7-16-2015	4 yrs
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Need to update your Group's anniversary list?

Call Central Office - 828-254-8539 - or send a new list to:

info@ncmco.net

August newsletter deadline for sending in anniversaries and announcements is July 15.



JULY FOURTH, RECOVERY FIRST!

Come celebrate the birth of our nation, and the rebirth of yourself, at our Fourth of July celebration. Asheville 12 Step Recovery is located at 22 New Leicester Highway in Asheville
1:00 – 4:00 on Thursday, July 4th.

- **Food!** \$3.00 (\$2.00 for members) buys you a hamburger or 2 hot dogs. **Please bring pot-luck side dishes to share.**
- **Games!** Pie in the face auction, cornhole contest, and more
- **Speaker!** An AA member will speak after food has been eaten and pie has been wiped off of faces.

July 4th - 7th 2019

The Beautiful
Music City Sheraton Hotel

Please stay at Hotel
To help with our room block
Hotel Phone Number
888-627-7060

You can also book your room
online at our website

www.musiccityroundup.com

Registration \$20 per person

You must book your room
with the hotel separately;
registering for the Roundup
does not guarantee a room at
hotel.

You must register to enter
the ballroom. No
exceptions.

38th Music City Roundup

**Don't Miss This
Three series Workshop
with**

Bill C. Torrance, CA
Steve L. Hermosa Beach, CA

AA Speakers

Peter M. Ft. Lauderdale, FL
Theresa F. Los Angeles, CA
Larry T. Seal Beach, CA
Diana M. Largo, FL
Scott F. Levittown, PA

Al-Anon Speakers

Michele B. Dingsman Ferry, PA
Brook S. Richmond, VA

Visit our Website for more info www.musiccityroundup.com

Registration \$20 per person

you must send payment with form to be registered

Name: _____ Phone: _____

St.Address: _____ City: _____

State: _____ Zip: _____ Email: _____

Name(s) on Badge(s): _____

Mail form to: POB 17068, Nashville, TN 37217

Must mail by 6/25/2019 or no guarantee



72nd North Carolina State Convention

July 11-14, 2019

Hilton North Raleigh / Midtown
3415 Wake Forest Road • Raleigh, NC 27609

Register NOW to Support Your Convention!

Register online at www.aanconvention.com

Convention Pre-Registration

before June 13, 2019 **\$20.00** per person

\$25.00 per person June 13, 2019 and after.
*Al-Anons 18 & under - No charge but must register.
(No Refunds after June 13, 2019)*

Hotel Registration

Mention Group Code: NCST

Single & Double: \$125 + tax
Triple: \$130 + tax
Quad: \$135 + tax



Phone: (919) 872-2323 - ask for NC State Convention and/or group code "NCST" to make reservations.

Online: www.NorthRaleigh.Hilton.com - enter group code "NCST" where prompted.

Cut-off for Conference rate: June 13, 2019

If you would be interested in a golf tournament at a future convention, please email us at aanconvention@gmail.com

Speakers

Bob S.	Charlotte, NC	Thurs 8:30 pm
Kenna F.	Pasadena, CA	Fri 8:00 pm
Vannoy S. ▲	Justin, TX	Sat 9:30 am
Tammy Z.	Humble, TX	Sat 2:30 pm
George E.	Murrels Inlet, SC	Sat 8:00 pm
Billy N.	Buford, GA	Sun 10:00 am
God as I Understand Him <i>(5 peoples' experience)</i>		Sun 8:30 am

Workshops - Fri 10:30 am & Sat 4:00 pm

- ★ FREE Convention Mug to First 400 Pre-Registrants!
- ★ Old-Timers' Panel, Friday at 3:00 pm
- ★ 'Round the Clock Marathon Meetings
- ★ Open Discussion Meetings ☯ ▲
- ★ Saturday Night Dance
- ★ Plenty of FREE Coffee

Consider buying a sponsorship for those less fortunate

For more information or for problems with hotel reservations, please contact:

Beth R. (704) 941-1220 • Alana E. (980) 230-9333
OR Email: aanconvention@gmail.com



72nd North Carolina State Convention

Name _____
Please print legibly

Address _____

City, State, Zip _____

Email _____

Telephone (_____) _____ - _____

Name(s) for badge(s) _____
Please print

♿ Do you have accessibility needs? _____

\$20.00 Special Rate before June 13, 2019
June 13 and after **\$25.00**
Al-Anons 18 & under: No charge but must register.

Make checks payable to:
NC Convention Committee
PO Box 41451 • Raleigh NC 27629

Enclosed is \$ _____
for _____ registration(s)

Is this a sponsorship? Yes No

Preferred method of contact:
 Email Mail

If you are willing to be a volunteer,
please check here:

Mission Group of Sylva

**WELCOMES ALL
to first-time-ever**

**SUMMERTIME
SUPER SUPPER**

Eatin' Meetin' with Speaker

When? Wednesday July 17

Where? Jackson County

Family Resource Center

1528 Webster Road, Webster 28788

Speaker? Mark C.

Building opened @ 6:00pm

Fry bread supper @ 6:30pm

Speaker meeting @ 7:00pm

*** Covered dish always welcomed!**

**NCCYPAA
HOST COMMITTEE**

Summer Campout

JULY 19TH-21ST, 2019

**BRIAR BOTTOM GROUP CAMPGROUND
BURNSVILLE, NC**

**MEALS INCLUDED + BONFIRE SPEAKER MEETINGS
CAPTURE THE FLAG IN THE DARK + SCAVENGER HUNT
HIKE TO MT. MITCHELL + WATERFALL & RIVER ACCESS
MAFIA + S'MORES + PUBLIC RESTROOMS & SHOWERS
+ MORE!**

PRE-REGISTRATION COST:

**\$15 UNTIL MARCH 17 + \$20 UNTIL MAY 28
\$25 UNTIL JULY 18 + \$30 DAY OF**

REGISTRATION AVAILABLE AT:

NCCYPAA2019.ORG

Everyone's Invited!

“Homecoming - Celebrating the Home Group”

Follow a Newcomer through the first 90 days

Hope United Methodist Church
2443 Spartanburg Hwy & W. Blue Ridge Rd.
East Flat Rock 28726

Saturday JULY 27th
4:30-6:30pm

*Starts with Pot-luck supper - bring a dish or
dessert or just come to share in the fellowship.*

7th Tradition collection for host site.

Created by District 71's Events Committee & friends

Contact for questions: D-71 Secretary, Kathryn H-F 828-231-3555, text OK.



Library Group is Turning 14!

Despite itself!

Sunday, July 28th at 6:00pm

Come help us Celebrate!

At the Swannanoa Library

101 West Charleston Ave., Swannanoa, NC

Starts at 6:00 with finger foods.

(Please bring food between 5:30 and 6:00 so we can get it all set up.)

Open speaker meeting at 7:00.

The only meeting in Swannanoa, the only meeting that is always (except once a year) an open discussion, and the first in the area to start at 7:00.

Bring finger foods or something to drink if you like.

(Please leave your fingers out of the food!).

Or just come and enjoy the fellowship. And stay for a great speaker!



44th Atlanta Roundup

Aug 1st – Aug 4th 2019



"Give freely of what you find and join us"

The Roundup is pleased to welcome our 2019 Speakers!

Earl H • Scottsdale, AZ

Terri K • Woodville, OH

Rich B • Ocean City, MD

Susan B • Tulsa, OK

The Westin Perimeter North

Group Rate is Limited—Book Early!!

7 Concourse Pkwy Atlanta 30328

Call 770-395-3900 for Reservations

AA, Al-Anon & Alateen Workshops

Big Book Trivia Contest • Meetings

Fellowship • Entertainment

Hospitality • Home Made Treats

Come and join us for our annual weekend of Fun, Fellowship and Serenity as we celebrate our 44th Roundup! We have a great Program of Speakers, Workshops & Entertainment. Register and sign up to be a Volunteer at: www.atlantaroundup.com or fill out and return the form below.

The Atlanta Roundup Committee is an all volunteer body whose Primary Purpose is to carry the AA message and to unite the Metro Atlanta AA, Al-Anon and Alateen Community in Unity, Service and Recovery.

Name: _____ Name for Badge: _____

Home Group: _____ Phone: _____

City: _____ State: _____

Email (for confirmation and updates): _____

Program: AA ___ Al-Anon ___ (Alateen registration is \$1 at the door during Roundup)

Do you want to be a Volunteer? Yes ___ No ___. Registration ___ Greeter ___

Bake cookies for Hospitality? (Must be Homemade): Yes ___ No ___ ; # of dozens ___

\$35 per person + Scholarship contribution: _____ Total _____

Make out checks to: The Atlanta Roundup, 1111 Canyon Point Circle, Roswell, GA 30076

VISIT ICYPAA.ORG

FOR HOTEL INFO AND TO PRE REG!

\$35

PRE REGISTER HERE



BOSTON
MARRIOTT
COPLEY PLACE

BOOK YOUR HOTEL HERE



WITH AL ANON ALATEEN PARTICIPATION



VISIT ICYPAA.ORG

FOR HOTEL INFO AND TO PRE REG!

\$35

PRE REGISTER HERE



BOSTON
MARRIOTT
COPLEY PLACE

BOOK YOUR HOTEL HERE



WITH AL ANON ALATEEN PARTICIPATION





24th Annual Southeast Woman to Woman Conference "Secrets Women Don't Share"



Speakers
Workshops
Meditation

Entertainment
Dancing
Raffles

Her Roots Grasped a New Soil

**Orlando, FL
August 23-25, 2019**

A conference for Alcoholic women with Alanon participation for registrants only!
No children allowed at conference events

Florida Hotel & Conference Center 1500 Sandlake Rd Orlando, FL

GOOGLE MAPS (8001 S. Orange Blossom Trail, Orlando, FL 32809)

Reservations: 407-859-1500 (mention Southeast Woman to Woman) before June 29th Rooms reserved for
Conference: \$112 + tax per room/per night. Free Parking

CONTACTS: Christine S. 407-694-3109 • Angela S. 321-216-7726 • Lisa H 407-927-4700
Email: Orlando.sew2w.2019@gmail.com/ Web: www.sewomantowoman.org

-----OR Clip and Mail to: SEW2W ~ P.O. Box 1134, Winter Park, FL 32790 ~ Checks/Money Order payable to: SEW2W -----

Registration Form....Please Print Clearly

Name: _____
 Name on Badge: _____
 Sobriety Date: _____ [] Are you willing to volunteer?
 Address: _____
 City: _____
 State/Zip Code: _____
 Phone: _____
 Email: _____
 Special Needs: _____

Registration Fee

Did you Pre-Register in West Virginia? [] YES [] NO
 Registration: \$25 per person (BEFORE--Feb 28, 2019)
 \$30 per person (Mar 1, 2019 – July 1, 2019)
 \$35 per person at the door (cash only)
 [] AA [] Al-Anon
 [] Registration Fee \$ _____
 [] Scholarship Donation \$ _____
 [] Banquet Ticket (\$50) [] Chicken [] Beef [] Vegetarian
Banquet Saturday at 6:30 PM
 [] SEW2W Mug (\$7.00) _____
 [] SEW2W T-Shirt (\$15.00) _____
 [] S _____, [] Med _____, [] L _____, [] XL _____, [] 2X _____

Total Amount Enclosed: _____ *NO REFUNDS*

*Checks/money orders payable to: SEW2W
 Mail to: SEW2W, PO Box 1134, Winter Park, FL 32790*



**Southern Motorcyclists
Alcoholics Anonymous
Camping Convention
at
Pickett State Park
near Jamestown, TN**

Speakers:

Friday - Glenn W (East Hartford, CT)

Saturday - Mandy S (Nashville, TN)

Sunday - Allen G (Nashville, TN)

Thursday - Early Arrival

Friday - Breakfast Ride

Saturday - AM Panel/Workshop

Jam Session - Rachele K,

(262-930-6496)

We have 144 beds that are included with our registration fee. Airconditioned cabins with sinks, shower houses are available. Meals starting Friday through Sunday are included in the registration fee. Thursday is an additional \$5 fee for early arrival.

Thursday comes with a BED
and our own HOBO STEW.

Visit SMAACC.org for more details

(Reservations for Cabins with State Park can be found via link on our website.)

For Information:

Bill W: 815-601-6896

Tim G: 270-564-2418

Name _____ Address _____

City State Zip _____

E-Mail Address: _____ Phone Number: _____

A.A. _____ AL-Anon _____ Other _____ Sobriety date: _____

RECEIVE YOUR INFORMATION BY E-MAIL? YES _____ Would you like to volunteer? Yes _____ No _____

Hearing impaired or other special needs?(specify) _____

Pre-Registration: _____ \$45.00 each

Thursday: _____ Additional \$5.00 to Pre-registration fee

Total: _____

Preregistration ends July 31st, 2019 \$55 On-Site Registration

NO CONFIRMATION OF YOUR REGISTRATION WILL BE SENT

NO REFUNDS

Mail to: S.M.A.A.C.C. 370 S Lowe Ave. Ste. A, Box 242, Cookeville, Tn. 38501

NCCYPAA XXIII

North Carolina Conference of Young People in AA

ASHEVILLE

The Road of Happy Destiny

Sept 19th-22nd, 2019

DoubleTree by Hilton • Biltmore Village

115 Hendersonville Rd • Asheville, NC, 28803 • (828) 274-1800

Double & King Room Rate: \$125



Registration



Hotel

Questions? Email: chair@NCCYPAA2019.org

NCCYPAA2019.org

Save the Date!

Saturday October 19th

9:30am-5:00pm

Western North Carolina Corrections Conference

(Hosted by Districts 70, 71 & 80)

Join us this fall here in the mountains at this exciting event. We will have speakers from Area 51, other speakers sharing their experiences with AA while incarcerated, volunteers who carry the message inside. Workshop panels on starting meetings in jails and prisons and much more.

Hope United Methodist Church

**2443 Spartanburg Hwy.
East Flat Rock, NC 28726
(Hendersonville)**



5th Southern States Alcoholics Anonymous Service Assembly

November 8-10, 2019

Lake Junaluska Conference and Retreat Center
Harrell Center
Lake Junaluska, NC

Co-Hosted by North Carolina Area 51 and South Carolina Area 62

Service Workshops * Panel Discussions * Shared Service Experience

Registration Fee for the Event: Early Registration - \$25, After October 31, 2019 - \$30

Register Online at www.area62.org/SSAASA or complete the form below

Meals and Lodging: Reserve rooms online at www.lakejunaluska.com, use event code 1815

or call (800) 222-4930. Discounted rate available up to 2 days before/after event (*reserve by phone for additional nights*)

Room Rates*: \$89 for Hillside Lodge, \$119 for Lambuth Inn, \$139 for Hotel Terrace **price does not include taxes/gratuity*

Price is for single/double occupancy. Rates increase for 3 or more occupants per room.

Meal plan * : 5 meal (Fri-Sun) - \$71.30, 3 meal (Sat-Sun) - \$44.85 **price includes taxes/gratuity*

To guarantee availability, purchase optional meal plans in advance when making room reservation.

✂

Name _____ Area # _____ Name on Badge _____

Address _____ City _____ State ____ Zip _____

Phone _____ Email _____

Special Needs _____

Service Experience:

- GSR DCM Delegate Chairperson Secretary Treasurer Intergroup
- Treatment Corrections PI/CPC Other _____

I'd like to Volunteer contact us SSAASAFive@gmail.com

Registrations ___ x \$25 (\$30 after October 31, 2019) = \$ _____

Scholarship Contribution (help others attend SSAASA) \$ _____

Total Enclosed \$ _____

Mail Completed Registration and Payment to: SSAASA, PO 1368, Knightdale NC 27545

For more info: Email SSAASAFive@gmail.com or call 919-880-4026 (Elizabeth P) or 910-793-5895 (Kenneth C)