



Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## Symbiosis

In Asheville, North Carolina, I attended meetings of the "Acceptance Group of AA" for twenty plus years. The meetings were held in the basement of the rectory of St. Luke's Episcopal Church which had a very small congregation.

When I first attended meetings there the meeting space was dirty and very worn. The floor was covered with three layers of 12" x 12" asbestos floor tiles which were chipped, cracked, holed and some patches were missing, all three layers showing the bare concrete below.

My sponsor, Eddie D., from Key West, Florida, taught me that AAs had a responsibility to support those who supported us. He said that our relationships with our friends were to be "Symbiotic". When I had convinced my group of that, we removed those dirty broken tiles and re-floored the space with glazed ceramic tile, removed the rotten baseboards and replaced and painted the trim.

I was among those who enjoyed the much superior surroundings for the next 20 years.

The groups grew and needed more space in which to hold their meetings. The church decided to eliminate the children's playground and built an elaborate addition, large enough to hold our much expanded meetings.

Symbiosis = Mutual Support

How do you support your friends? Do you hold membership in the clubs that exist primarily to provide you with a reliable meeting space with all the bells and whistles or do you expect to be carried by your friends? If money is an issue do you provide service? Are you looking for a free ride or do you pull your weight?

A.A. states, "Our very lives, as ex-problem

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drinkers, depend upon our constant thought of others and how we may help meet their needs." (*Alcoholics Anonymous*, 4th addition, page 20)

Ocean S.  
Asheville, NC

## AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "*Alcoholics Anonymous*, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801 or emailed to: [info@ncmco.net](mailto:info@ncmco.net)

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!

**New NC Mountain Central Office, Inc.  
Profit & Loss YTD Comparison**

	Mar 19	Jan - Mar 19
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Contributions</b>		
Birthday Contributions	11.00	77.11
Group Contributions	1,199.60	6,616.00
Individual Contributions	17.24	42.24
Subscriptions	0.00	12.00
<b>Total Contributions</b>	1,227.84	6,747.35
Interest on Money Market	0.94	2.73
<b>Sales Income</b>		
Literature & merchandise	3,880.73	10,979.93
Shipping charged to groups	31.87	117.28
<b>Total Sales Income</b>	3,912.60	11,097.21
<b>Total Income</b>	5,141.38	17,847.29
<b>Cost of Goods Sold</b>		
Freight - vendor shipping	54.25	128.85
Literature & merchandise	3,364.72	9,482.15
Shipping to groups	30.17	120.90
<b>Total COGS</b>	3,449.14	9,731.90
<b>Gross Profit</b>	1,692.24	8,115.39
<b>Expense</b>		
<b>Accountant fees</b>		
Accountant	0.00	405.00
Filing fees for 501c3	0.00	850.00
<b>Total Accountant fees</b>	0.00	1,255.00
Computer, Software, IT Asst	0.00	74.89
Copier Rental	157.96	473.88
Credit Card Processing	27.59	75.67
Editor	135.00	405.00
Office Expenses	30.00	60.00
Office Supplies	0.00	238.65
<b>Payroll Expenses</b>		
Gross Salary (Including Taxes)	1,172.50	3,882.50
Payroll Taxes (Company)	96.74	320.32
Processing (for Direct Deposit)	5.25	15.75
<b>Total Payroll Expenses</b>	1,274.49	4,218.57
QuickBooks Expenses	0.00	246.10
Rent	550.00	1,650.00
Stamps/Postage	71.85	228.53
<b>Telephone &amp; Internet</b>		
Answering Service	85.00	240.00
Office Telephone/Internet	148.79	446.37
<b>Total Telephone &amp; Internet</b>	233.79	686.37
<b>Total Expense</b>	2,480.68	9,612.66
<b>Net Ordinary Income</b>	-788.44	-1,497.27
<b>Other Income/Expense</b>		
<b>Other Expense</b>		
Inventory Adjustment	0.00	-0.97
<b>Total Other Expense</b>	0.00	-0.97
<b>Net Other Income</b>	0.00	0.97
<b>Net Income</b>	-788.44	-1,496.30



## May Grapevine is now available!

This month's special section is "Our Big Book Turns 80!" featuring stories by AA members about the ways the Big Book changed their lives.



[www.aagrapevine.org](http://www.aagrapevine.org)

Cash on Hand as of 3/31/2019  
 Prudent Reserve (Money Market)  
**\$11,066.92**  
 Operating Account (Checking)  
**\$10,332.44**  
 Rent Deposit **\$400.00**  
 Petty Cash **\$50.00**

## Call & Visitor Log

### March 2019

12 Step Calls – 4  
 General Info – 4  
 Family Help – 0  
 Meeting Info – 20  
 Central Office  
 Business – 49  
 Medical/Detox – 0  
 Visitors – 91  
 Answering Service (Operator-Asst) –  
 fewer than 65 minutes  
 After-hours Hotline Volunteers - 33 calls



Visits to aaNCMCO.org website:  
 Unique Visitors: 830  
 Unique Visits: 1,524 (1.83 per visitor)  
 Pages: 5,062 (3.32 per visit)

# Contributions

	<b>MARCH 2019</b>	<b>YTD</b>
12 & 12 Study Group	\$75.00	\$75.00
Anonymous		\$1.63
At Wit's End Group		\$31.00
Back to Basics Grp - Weaverville 147-139		\$200.00
Big Town Group 671-200		\$164.84
Black Mountain Group 117-117		\$40.00
But for the Grace of God Group	\$10.03	\$10.03
Cashiers Valley Grp 122-589		\$257.35
Conscious Contact Group - Asheville		\$450.00
Cullowhee Valley Group 118-129		\$75.00
Daily Decisions 643-869		\$415.01
Day by Day Group 159-058		\$404.72
Downtown Serenity Group 702-463		\$42.25
Early Bird Group 612-780		\$80.00
Fellowship Group 655-542	\$200.00	\$200.00
Good Livers 666-360		\$50.00
Grace Group 161-970	\$310.27	\$310.27
Heart Fire Group	\$48.00	\$48.00
High Noon Group 689-080		\$90.00
Joy of Living - Brevard 669-820		\$75.00
Keep Coming Bat Group	\$69.00	\$69.00
Lambda Group 617-035		\$106.88
Last Chance Group - Men's First Step Farm		\$14.00
Maggie Valley Group 158-950		\$66.80
Midday Grp (Hendersonville) 143-420		\$112.00
Monday 6:00 Open Meeting		\$81.00
Mountain View Grp (Highlands) 110-598		\$209.81
Musicians' Meeting		\$50.00
New Freedom Group 700-124		\$80.00
Newland Serenity (Linville Mtg.)		\$75.00
No Name Group - Murphy		\$50.00
Papertown Group	\$65.80	\$65.80
Plan B Group 670-567	\$40.00	\$40.00
Primary Purpose Group	\$20.00	\$20.00
Recovery at 6		\$135.41
Recovery by the River 674-892		\$84.70
Saturday Morning Men's Meeting	\$100.00	\$275.00
Serenity Now 670-803		\$75.00
Serenity Seekers - Marion Noon AA 663-204		\$100.00
Serenity Service Group 110-498	\$25.00	\$75.00
Skyland 12&12 Group	\$136.50	\$136.50
Speed Bump Group 512-851		\$75.00
Sunshine AA Group 163-759	\$100.00	\$100.00
The Meeting		\$50.00
Tryon Monday 5:30 Meeting		\$155.00
Waynesville Grace Group 110-692		\$700.00
We Think Not Group 700-411		\$89.00
Women of Courage Group		\$505.00
<b>Total Group Contributions:</b>	<b>\$1,199.60</b>	<b>\$6,616.00</b>
<b>Individual Contributions:</b>		
Anonymous	\$7.24	\$7.24
Bob P.		\$5.00
In Memory of B.G.	\$10.00	\$30.00
<b>Total Individual Contributions:</b>	<b>\$17.24</b>	<b>\$42.24</b>
<b>Birthday Contributions:</b>		
Anonymous		\$45.11
Eva T.	\$11.00	\$32.00
<b>Total Birthday Contributions:</b>	<b>\$11.00</b>	<b>\$77.11</b>
<b>Mountain Doin's Subscriptions:</b>	<b>\$0.00</b>	<b>\$12.00</b>
<b>Grand Total:</b>	<b>\$1,227.84</b>	<b>\$6,747.35</b>

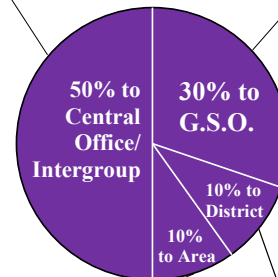
## Suggestions & Addresses for sending Donations to the A.A. Service Structure\* Revised for 2019

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

**Note: There are new addresses for the Area 51, District 71 and District 80 Treasurers**

**NCMCO**  
70 Woodfin Place  
Suite 206  
Asheville, NC 28801

**General Service Office**  
Grand Central Station  
PO Box 459  
New York, NY 10163-0459



**NCGSC – Area 51**  
Treasurer  
P.O. Box 592  
Apex, NC 27502

**District 70 Treasurer**  
PO Box 8574  
Asheville, NC 28814-8574

**District 71 Treasurer**  
1311 Pace Road  
Hendersonville, NC 28792

**District 80 Treasurer**  
48 Fawn Ridge  
Franklin, NC 28734

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you for your generous support!





# MEETING UPDATES: Districts 70 • 71 • 80

## **New Meetings:**

**Asheville: Spanish-Speaking Meeting.** Tuesday 8:45pm (O,D,SN) Asheville 12 Step Recovery Club, 22-B New Leicester Hwy, Asheville 28806

**Brevard: Love & Tolerance Group.** Sunday 6:30pm (O,AB) French Broad Community Center, 281 E. French Broad St, Brevard 28712

**Columbus: Women In Recovery.** Monday 3:00pm (W,C,BB) United Methodist Church, 76 Peak St, Columbus 28722

**Marion: Serenity Seekers.** Saturday Noon (O,D) St Matthew's Lutheran Church, 241 W. Court St, Marion 28752

## **Meeting Changes:**

**Asheville: Spiritual Fitness Group.** As of May 2, the Wednesday 7:00pm meeting (W,O,SS) will change to Thursday 7:00pm. Montford Recreation Complex, 34 Pearson Dr, Asheville 28801. As of May 5, the Sunday 10:45am meeting (W,O,BB) will move to a new location: Lenoir-Rhyne Asheville campus, 36 Montford Ave, Asheville 28801

**Flat Rock: Flat Rock Men's Group.** Tuesday 7:00pm. Changed their name to "Hendersonville Men's Group" and changed the format from "Closed" to "Open" (O,M,SP/D) St John in the Wilderness Church, 1895 Greenville Hwy, Flat Rock 28731

# The SERVICE EXPRESS

June newsletter deadline for sending in announcements is **May 15th**.

## **District 70:**

**GSR Business Meeting** – usually held the 2nd Sunday of the month. In May, due to Mother's Day being the 2nd Sunday, the meeting will be on the 1st **Sunday, May 5, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805.

The new District 70 By-laws are now posted on the website: [www.ashevilleaa.org](http://www.ashevilleaa.org)

**District Service Committees** – If you are interested in volunteering for a committee or have questions, please attend the next GSR Business Meeting (see above). You can also reach out to District Service Committee Chairs (listed under each committee) to find out how you can be of service.

**Treatment Facilities Committee** – Ian O. and Zack are Committee Chairs. Contact them at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org) to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

**"Bridging the Gap"** (with treatment facilities) – If you are interested in this service, please contact the BTG Chair, Kathleen, at [bridgingthegap@ashevilleaa.org](mailto:bridgingthegap@ashevilleaa.org).

A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: [www.btgww.org](http://www.btgww.org)

**Corrections Committee** – Women's Chairs are Denise J. and Casey - contact at [women\\_corrections@ashevilleaa.org](mailto:women_corrections@ashevilleaa.org). Men's Chair is David J. – contact at [mens\\_corrections@ashevilleaa.org](mailto:mens_corrections@ashevilleaa.org). Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: [Sarah.Regala@buncombecounty.org](mailto:Sarah.Regala@buncombecounty.org). AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

**CPC/PI Committee** – A new chairperson is needed for this Committee. If you are interested in this position, please attend the GSR meeting on April 14. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>

**Literature and Grapevine Committee** – Debra J. is the chairperson. Contact her at [literature@ashevilleaa.org](mailto:literature@ashevilleaa.org) to volunteer. The focus is to assure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature.

### District 71:

**GSR Meeting** – held the 2nd Saturday of the month. The next meeting will be **Saturday, May 11, 9:30am**. 1624 Willow Rd, Hendersonville, 28739. The District Service Committees now meet in conjunction with the GSR meeting.

They still need a Chairperson for the Treatment Committee. Anyone who is interested in this service position please come to the GSR Meeting on May 11 or contact Terry through Central Office – 828-254-8539.

The Corrections Committee needs men and women volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please call/email Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net) – for contact information.

### District 80:

**GSR Meeting** – held quarterly. The next meeting will be **Sunday, July 21, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They will be looking for

a new Secretary, CPC/PI Chairperson and Grapevine Chairperson. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aaNCMCO.org](http://www.aaNCMCO.org)

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

**Murphy Intergroup Meeting. Thursday, July 11, 5:30pm – 6:30pm**, at St William Catholic Church, 765 Andrews Rd, Murphy, NC 28906. Office business will be discussed. All groups are encouraged to send a representative. The Murphy Central Office is in need of volunteers in all areas!

**The next combined COR/NCMCO Board meeting** (now held every other month) will be **Thursday, May 9, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801.

The Central Office Board is still in need of a new 12-Step Call Volunteer Coordinator. If you are interested in this position or have any questions, please attend the next COR/Board meeting on May 9, or contact Pam at Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

Here are the responsibilities:

### **12-Step Call Volunteer Coordinator**

1. Has responsibility for maintaining the 12-Step Call Volunteer list, with help from the Office Manager.
2. Recruits new volunteers.
3. Interacts with Office Manager to provide the Office, Answering Service and After-hours Hotline Volunteers with updates to the 12-Step Call Volunteer list. Shares responsibility with NCMCO to ensure appropriate rotation of calls to 12-Step volunteers.
4. Attends Board meetings as a voting member.

## Special Meetings and Events

**Keeping Our Meetings Safe.** Saturday, May 4, 9:30am-12:00pm. This will be a workshop presented by District 71. All are welcome to come and ask questions, share experiences and solutions to this issue. Refreshments will be served. Hendersonville Group meeting location, 1624 Willow Rd (opposite the Valley Hill Fire Dept.) Hendersonville 28739

**Fireside Circle Spring Gathering/Campout.** May 9-12. Yogi in the Smokies Campground, Big Cove Road, Cherokee. For more information contact Herb: 828-506-8563 or email: [firesidecircle@yahoo.com](mailto:firesidecircle@yahoo.com)

**Oak Island Lighthouse Retreat – Fellowship and Serenity by the Sea.** May 10-12. Fort Caswell, 100 Caswell Beach Rd, Oak Island, NC 28465. For more information, visit website: [www.lighthouse-retreat.com](http://www.lighthouse-retreat.com)

**WCYPAA Beach Blast 2019.** May 16-19. Awesome speakers, Sober Rave, Volleyball Tournament, Field Day Games, Camp Fire Mafia, Sobriety Countdown, etc, etc, etc. Freemont Park, Carolina Beach, NC. Visit website for more details and registration: <https://wcytaa.com/home>

**AA Seniors in Sobriety – 12th International Conference.** May 19-21. Silver Legacy Resort & Casino, Reno, NV 89501. For more information contact: [sisreg2019@gmail.com](mailto:sisreg2019@gmail.com) or visit website: [www.seniorsinsobriety.com](http://www.seniorsinsobriety.com)

**Memorial Day BBQ Cookoff – sponsored by NCCYPAA Host Committee.** Monday, May 27. BBQ Lunch at noon (\$5). We're in search of contestants to bring their best pulled pork to be judged. There will be prizes! Contestants are asked to email [chair@nccypaa2019.org](mailto:chair@nccypaa2019.org) to sign up. Veterans Speaker Panel at 1:30pm; KanJam, Basketball Court, Public Pool (\$3). AVL Recreation Park, Rec Park Shelter #3, 72 Gashes Creek Rd, Asheville 28805. For more information visit website: [www.nccypaa2019.org](http://www.nccypaa2019.org)

**Girlstock International – A Journey Through the Steps.** May 31-June 2. Hilton Atlanta Airport, 1031 Virginia Ave, Atlanta, GA 30354. For room reservations, call: 404-767-9000 (Room block is under "Girlstock International") For more information, visit website: [www.girlstockinternational.com](http://www.girlstockinternational.com)

**84th Founders' Day.** June 7-9. Akron, OH – Birthplace of A.A. For information and registration form visit website: [www.akronaa.org](http://www.akronaa.org)

**District 70 Ice Cream Social.** Saturday, June 8. (More details to follow.) St. Luke's Episcopal Church – Gazebo, 219 Chunns Cove Road, Asheville 28805

**District 80 Founders' Day Picnic.** Sunday, June 9, 12:30pm-4pm, Macon County Rec. Park Pavillion, 365 Allman Dr, Franklin 28734 (Pavillion at the end of parking lot past the pool). Lunch at 1pm; sobriety countdown at 2pm; speaker follows. Hot dogs, hamburgers & drinks provided; feel free to bring a side dish or dessert to share. Please bring folding chairs or blankets for yourself.

**Area 51 Spring Committee and Assembly Meeting.** June 21-23. Hilton North Raleigh/Midtown, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919-872-2323 or 800-445-8667 (Group Code: "A51") For more information, visit website: [www.aanorthcarolina.org](http://www.aanorthcarolina.org) or email Area Chair: [chair@aanorthcarolina.org](mailto:chair@aanorthcarolina.org)

**38th Music City Roundup.** July 4-7. Music City Sheraton Hotel, Nashville TN. For more information and registration form, visit website: [www.musiccityroundup.com](http://www.musiccityroundup.com)

**72nd North Carolina State Convention.** July 11-14. Hilton North Raleigh/Midtown, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919-872-2323 or 800-445-8667 (Group Code: "NCST") For more information, visit website: [www.aanconvention.com](http://www.aanconvention.com) or email: [aanconvention@gmail.com](mailto:aanconvention@gmail.com)

**NCCYPAA Host Committee Summer Campout.** July 19-21. Briar Bottom Group Campground, Asheville (Burnsville) NC. For more information, visit website: [www.NCCYPAA2019.org](http://www.NCCYPAA2019.org)

**44th Atlanta Roundup.** August 1-4. The Westin Perimeter North, 7 Concourse Pkwy, Atlanta, GA 30328. For room reservation call: 770-395-3900. For more information, visit website: [www.atlantaroundup.com](http://www.atlantaroundup.com)

**NCCYPAA XXIII – The Road to Happy Destiny.** September 19-22. DoubleTree by Hilton, 115 Hendersonville Rd, Asheville 28803. For room reservation call hotel: 828-274-1800 (mention NCCYPAA – Group Code: "YPA") For questions, email: [chair@NCCYPAA2019.org](mailto:chair@NCCYPAA2019.org) or visit website: [www.NCCYPAA2019.org](http://www.NCCYPAA2019.org)

NC Area 51 Conferences and Events: [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

GSO in New York: [www.aa.org](http://www.aa.org)

For events around the country and the world, as well as great articles and information, go to: [www.aa.org](http://www.aa.org) and Box 4-5-9 Bulletin Board: [www.aa.org/newsletters/en\\_US/en\\_box459\\_spring19.pdf](http://www.aa.org/newsletters/en_US/en_box459_spring19.pdf)





# ANNIVERSARIES

## Acceptance Group

Foster	5-04-2016	3 yrs
Helen M.	5-06-1978	41 yrs
Jennifer E.	5-26-2013	6 yrs
Jim S.	5-28	

## Around the Room Group

Hugh H.	5-11-1978	41 yrs
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## At Wit's End Group

Graham G.	5-15-2014	5 yrs
Margaret E.	5-15-2015	4 yrs
Scott A.	5-23-2014	5 yrs

## Black Mountain Group

Joyce W.	5-04-2014	5 yrs
Mark T.	5-10-2008	11 yrs
Frank M.	5-16-1988	31 yrs
Jimmy L.	5-25-1985	34 yrs
Bryan B.	5-28-2014	5 yrs

## Brevard Serenity Group

Bunny	5-07-2014	5 yrs
Karen C.	5-24-2014	5 yrs

## Candlelight Group

Chris S.	5-16-2016	3 yrs
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## Candler K.I.S.S. Group

Jon M.	5-31-1983	36 yrs
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## Conscious Contact Group

Deidre	5-03-1976	43 yrs
Dylan H.	5-05-2016	3 yrs
Margaret E.	5-15-2015	4 yrs

## Cumberland Group

John R.	5-03-2016	3 yrs
Lee R.	5-08-1992	27 yrs
Rusty M.	5-10-1983	36 yrs
Graham G.	5-14-2014	5 yrs
Tom H.	5-27-2006	13 yrs
Beth H.	5-28-2012	7 yrs

## Daily Decisions Group

Cory F.	5-03-2017	2 yrs
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## Fellowship Group

Pedro E.	5-05-2016	3 yrs
Walter T.	5-06-1978	41 yrs
Norman F.	5-08-1985	34 yrs
Barbara	5-15-2017	2 yrs
Raymond Y.	5-19-2010	9 yrs
Susan S.	5-27-1988	31 yrs
Gail R.	5-29-1994	25 yrs

## Good Livers Group

Larry	5-01-2016	3 yrs
Christine G.	5-07-2000	19 yrs
Marianne K.	5-09-2011	8 yrs
Jeanne J.	5-23-2018	1 yr
Shirley E.	5-27-1985	34 yrs

## Grace Group

Walter A.	5-05-2013	6 yrs
Graham G.	5-15-2014	5 yrs
Matt W.	5-15-2017	2 yrs
Pete S.	5-15-1977	42 yrs
Ed H.	5-20-2005	14 yrs
Charlene L.	5-24-1997	22 yrs
Cherie M.	5-28-1995	24 yrs
Kerry S.	5-29-2009	10 yrs
Garrett C.	5-30-1993	26 yrs
Sarah M.	5-30-2016	3 yrs

## Happy Hour Group

Michael N.	5-24-2002	17 yrs
Nick	5-26-2018	1 yr
Buzz H.	5-29-2008	11 yrs

## Library Group

Alex	5-03-2018	1 yr
Michael B.	5-09-1986	33 yrs

## Mars Hill Group

BJ T.	5-11	
Stephen C.	5-23	

## Marshall Group

Pat O'.	5-12	
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## Practicing Principles Group

Paula B.	5-11-2001	18 yrs
Heather J.	5-15-2017	2 yrs

## Total Surrender Group

Bill W.	5-01-2003	16 yrs
Matt W.	5-07-1989	30 yrs
Lee R.	5-08-1992	27 yrs
Dawn Celeste L.	5-12-2009	10 yrs
Dave C.	5-13-2002	17 yrs
Chris W.	5-18-2003	16 yrs
Dan V.	5-22-2017	2 yrs
Susan S.	5-27-1988	31 yrs
Gail R.	5-29-1994	25 yrs
Blair J.	5-31-2011	8 yrs
Natalie W.	5-31-2010	9 yrs

## Waynesville Grace Group

Marcia U.	5-02-1996	23 yrs
Sandy M.	5-02-1985	34 yrs
Cathy S.	5-06-1996	23 yrs
Marsha B.	5-10-1976	43 yrs
Chipper R.	5-13-1997	22 yrs
Madalyn S.	5-14-1976	43 yrs
Ruth G.	5-28-2014	5 yrs

## Women of Grace Group

Rosann I.	5-04-2016	3 yrs
Dare T.	5-11-1979	40 yrs
Vivian Grace N.	5-31-1979	40 yrs

Need to update your Group's anniversary list?

Call Central Office - 828-254-8539 - or send a new list to:

[info@ncmco.net](mailto:info@ncmco.net)

June newsletter deadline for sending in anniversaries and announcements is May 15.

District 71 Presents  
“Keeping Our Meetings Safe”

Saturday May 4<sup>th</sup>

9:30am-12:00pm

Hendersonville Group Meeting Building

1624 Willow Rd, Hendersonville 28739

(Opposite the Valley Hill Fire Dept.)

**Safety: Freedom from risk, injury, danger or loss.  
Freedom from harassment and bigotry.**

Join us for lively conversations as we share our experiences along with solutions to this issue. This is an interactive workshop. How do our Traditions guide us? Who is responsible for group safety? Does my group have guidelines? Should I report criminal behavior to the police? What about anonymity vs confidentiality? And many more questions...

Refreshments will be served.



# SPRING GATHERING



**STRENGTH**

**KINDNESS**

**HONESTY**

**SHARING**



# CAMP OUT

**May 9-12, 2019**

***YOGI in the SMOKIES CAMPGROUND  
BIG COVE ROAD, CHEROKEE, NC***

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES & BLANKETS,  
SPONSOR/ SPONSEES.....and your POW WOW REGALIA..!

Contact: Herb W. at 828-506-8563 or [firesidecircle@yahoo.com](mailto:firesidecircle@yahoo.com)

Registration begins Thursday after the Sacred Fire is lit!

**NO PETS** in Food Serving/Eating Area, Pow Wow, or Sacred Fire Area

**NO PETS AT TENT SITES**

~AA/Al-Anon Speakers~  
~Talking Circles~ Native Teachings  
~Meetings, Meetings, Meetings~  
~T-shirts/Sweat shirts~  
~SOBRIETY Pow Wow~  
~Sobriety Countdown~  
"MUCH MORE"

**PRE-REGISTRATION: \$45 per PERSON** (kids under 10 are FREE, 11-12y/o **\$15**. and 13-18 **\$20**). \$50 at the Gate.  
**Price includes food & tent/camper site for three (3) nights** Early Registration ends May 4, 2019

NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL(S): \_\_\_\_\_ / \_\_\_\_\_

PHONE #: H) \_\_\_\_\_ (C) \_\_\_\_\_ (C) \_\_\_\_\_

# In Party: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

**Cut & Mail Registration Form by May 4th**  
**With Checks Made Payable to: Fireside Spring 2019**

**FIRESIDE CIRCLE**  
c/o Herb Wachacha  
PO Box 2015  
Cherokee, NC 28719

# Oak Island Lighthouse Retreat



## Fellowship and Serenity by the Sea

**May 10, 11, 12, 2019**

Fort Caswell - 100 Caswell Beach Road, Oak Island, NC 28465

Register and Pay Online at [www.lighthouse-retreat.com](http://www.lighthouse-retreat.com)

**Day Registration • \$35.00** per person  
**No Meals • Includes all meetings & functions for the weekend**

**Overnight Registration • \$182.00** per person • **Double Occupancy Only**  
**Includes 5 meals • 3 AA Speaker meetings**  
**Al-Anon Speaker meeting • All other meetings • Ice Cream Social**

**Speakers:** Katy H. - Sanford - AA (Friday pm.) • Lebra N. - Charlotte - AFG (Saturday am)  
 Crockett H. - Columbia, SC - AA (Saturday pm) • Mike B. - Myrtle Beach, SC - AA (Sunday am)

After April 15, 2019 Late registration/room call Charlie 910.512.0970 • Online assistance call Sara 914.417.7009

**Mail In Registration - Fill out for EACH person.**

Cut form below and mail (with payment) to

Oak Island Lighthouse Retreat, PO Box 235, Oak Island, NC 28465

Name 1 \_\_\_\_\_ M F \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

Name 2 \_\_\_\_\_ M F \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

Name Tag: \_\_\_\_\_  
 Special Request: (Roommate, 1<sup>st</sup> floor, etc.)

Name Tag: \_\_\_\_\_  
 Special Request: (Roommate, 1<sup>st</sup> floor, etc.)

Registration Type	#Persons	\$Amt
Overnight: \$182 per person OR \$92 Deposit p.p. OR		
Day Registration \$35 per person		
<b>Total Enclosed:</b>		

Lodging is motel-style. Friday check-in - 4 p.m. Dinner - 6 p.m. First meeting - 8 p.m. Deposits are non-refundable after May 1. Make Checks Payable to: Oak Island Retreat.



# AA Seniors in Sobriety



## 12th International Conference Reno-Tahoe, Nevada

### May 19-21, 2019



LAKE TAHOE



VIRGINIA CITY



NATIONAL AUTOMOBILE MUSEUM



SILVER LEGACY RESORT

## Our Lives Have Just Begun

The Conference focuses on alcoholism, recovery and the aging process for Seniors:

- ◆ *Seniors in Sobriety History & Culture*
- ◆ *Coping with Grief and Losses*
- ◆ *Workshop Discussions*

**Silver Legacy Resort & Casino**  
407 N. Virginia Street  
Reno, NV 89501

**Main Speakers:**  
Mark L. & Leslie K.

Features of the Conference:

- ◆ *AA, Al-Anon & ACA participation*
- ◆ *Pre & Post Scenic Tours are available*
- ◆ *Rise and Shine Early Meditation & Yoga*

[www.renotahoesis2019.com](http://www.renotahoesis2019.com)  
P.O. Box 11011 Reno, NV 89510-9998

For more info contact:  
775-399-4627  
[sisreg2019@gmail.com](mailto:sisreg2019@gmail.com)



**NCCYPAA**

HOST COMMITTEE  
PRESENTS

# MEMORIAL DAY

## BBQ COOKOFF

**MONDAY, MAY 27TH, 2019**

**BBQ LUNCH @ NOON: \$5**

**VETERANS SPEAKER PANEL @ 1:30PM**

**KanJam, Basketball Court, Public Pool (\$3)**

**CUT OF MEAT BEING  
JUDGED IS BOSTON BUTT**

To compete in cookoff,  
please email us at:  
[chair@nccypaa2019.org](mailto:chair@nccypaa2019.org)

**AVL Recreation Park  
Rec Park Shelter #3  
72 Gashes Creek Rd  
Asheville, NC, 28805  
[nccypaa2019.org](http://nccypaa2019.org)**



# Girlstock International

## *A Journey Through The Steps*

**Friday, May 31 to Sunday, June 2, 2019**

**Hilton Atlanta Airport • 1031 Virginia Ave., Atlanta, GA 30354**

*Located 5 minutes from Hartsfield Jackson International Airport.*

*Free shuttle from and to airport.*

**Call 404-767-9000 for reservations.**

*Room block is under "Girlstock International"*

**Hotel rate is \$113.00\***

**\*Rate is also good for one day before and one day after event.**

**\*Reserve your room by May 13, 2019 for this rate.**

*Complimentary self-parking. Pets allowed with additional deposit. Coffee in every room.*

### *Featuring 8 Wonderful Speakers:*

*Sonia L., Nashville, TN, Entertainment*

*Amanda B., Montgomery, AL, The Voice*

**Friday** 7:00 p.m. Amy D., Louisville, KY ~ "Steps 1 & 2"

9:00 p.m. Theresa F., Van Nuys, CA ~ "Step 3"

**Saturday** 9:00 a.m. Sharon C., Los Angeles, CA ~ "Steps 4 & 5"

10:30 a.m. Angie B., Destin, FL (AFG) ~ "Alanon"

2:00 p.m. Beth H., Cary, NC ~ "Steps 6 & 7"

4:00 p.m. Tami P., Chatsworth, CA ~ "Steps 8 & 9"

8:00 p.m. Speaker Panel

**Sunday** 9:00 a.m. Carla R., Tujunga, CA ~ "Steps 10 & 11"

10:30 a.m. Debra V., Jacksonville, FL ~ "Step 12"

### **For additional information call:**

*Amanda B., 334-300-2501(Alabama) • Nita C., 901-210-1562(Tennessee)*

*Suzanne S., 678-231-6510(Georgia) • Kristi G., 501-615-5943(Arkansas)*

*Ann P., 407-371-1575 (Florida)*

**Event Registration \$30 Before April 30th.**

*After April 30th and at the Door is \$35.*

**Register by PayPal at <http://girlstockinternational.com>**

or make check or money order payable to "Special Events" and mail to:  
c/o Kristi Gray ([gray.krist@gmail.com](mailto:gray.krist@gmail.com)), PO Box 241324, Little Rock, AR 72223

### **Girlstock International - A Journey Through The Steps 2019**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Name on Badge \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Name on Badge \_\_\_\_\_

**Sponsorship Contribution \$ \_\_\_\_\_.** *Lend a hand to those unable to pay the registration fee.*

*This flyer may be copied for distribution or downloaded from [www.leestapesandcds.com](http://www.leestapesandcds.com) • No Vendors Allowed*

*Be Filled with  
Love & Joy*

**Al-Anon  
Participation**



# Founders' Day Herald

84<sup>th</sup> Anniversary of Alcoholics Anonymous

June 7, 8, & 9, 2019 | Akron, Ohio | Birthplace of A.A.

## FRIDAY ACTIVITIES

### A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour  
Chaired by: Jeff C.

### A.A. Early Bird Meeting\* • 3:00 p.m.

Chad S. - Akron, OH  
"A Quiet Mind and A Loving Heart"  
Chaired by: Aaron K.

### Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"A Song and a Coffee Pot"

### A.A. Speaker Meeting\* • 7:00 p.m.

Jennifer K. - Plano, TX  
"Everything Is Bigger In Texas"  
Chaired by: Woody W.

### Serenity Singers • 8:30 p.m. - 9:00 p.m.

Olin Hall

### NEW MEETING!

### A.A. Speaker Meeting\* • 9:00 p.m.

Denny S. - Woodlands, CA  
"Together Our Lives Come Full Circle"  
Chaired by: Tom O.

### Junta en Español • 9:00 p.m. - 11:00 p.m.

"Los Jóvenes en AA" Crispin O., Morristown, TN  
"Experiencia, Fortaleza y Esperanza"  
Mauricio R., Alcoa, TN  
"La Viña, nuestra reunión impresa"  
Raymundo L., San José, CA

### A.A. Alkathon • 11:00 p.m. - 2:30 a.m.

## SATURDAY ACTIVITIES

### Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.  
2 buses continuously - Bierce Circle

### A.A. Archives

Located in Akron Intergroup Office  
(Stop on bus tour)

### The 12 Traditions • 9:00 a.m.

Gail L. & Harmon V.  
"Why It Works"  
Chaired by: Tom O.

### Taller Internacional de La Viña

11:00 a.m. - 1:00 p.m.  
Coordinador: Ana L., San José, CA  
Expositores: Arturo A. y Juan T., San José, CA

### A.A. Old Timers' Panel\* • 10:30 a.m.

Topic: "Early In Sobriety"  
Debbie D. - Concord, CA  
Tommy M. - Largo, FL  
Tom H. - Cuyahoga Falls, OH  
Chaired by: Tom O.

### Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"A Song and a Coffee Pot"

### NEW TIME, DAY & LOCATION!

### A.A. & Al-Anon Speaker Meeting\* • 12:00 p.m.

Dain and Rhonda J. - Rocky Hill, CT  
"Honesty, Purity, Unselfishness and Love"  
E.J. Thomas Hall  
Chaired by: Cathy C.

### A.A. Speaker Meeting\* • 2:00 p.m.

Chris S. - Bedminster, NJ  
"Your Job Now Is To Be In A Place Where You  
May Be Of Maximum Usefulness To Others"  
Chaired by: Jeff C.

### The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. - The Villages, FL  
Chaired by: Aaron K.

### A.A. Speaker Meeting\* • 8:00 p.m.

Tim H. - Louisville, KY  
"I Lied My Whole Life, When The Truth  
Was Good Enough"  
UA Infocision Stadium\*\*  
Chaired by: Scott T.

### \*\*Stadium Weather Contingency Plan for Saturday Night - See Web Site

### DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.  
Saturday Night

## SUNDAY ACTIVITIES

### MOTORCADE TO DR. BOB'S GRAVE\*

7:30 a.m.  
Motorcycle procession and graveside  
tribute to Dr. Bob & Anne S.  
Speaker: Harmon V.  
Chaired by: Woody W.

### A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "God As I Understand Him"  
Chaired by: Jeff C.

### A.A. Closing Speaker Meeting\*

10:30 a.m.  
Don L. - Bellingham, WA  
"I Found That Change Was Impossible  
Without First Being Wrong About Something.  
I Learned To Embrace The Power Of Being Wrong"  
Chaired by: Joyce B.

## AL-ANON

## FRIDAY ACTIVITIES

### Al-Anon Panel • 9:00 a.m. - 1:00 p.m.

Concepts  
Chaired by: Irena H.

### Marathon Al-Anon Meeting

2:00 p.m. - 8:00 p.m.  
Come Share Your Experience, Strength  
and Hope!  
Chaired by: Amber M. and Dan C.

## AL-ANON

## SATURDAY ACTIVITIES

### Al-Anon Sponsorship Panel • 9:30 a.m.

Pat A., Cheryl B., Julie C.  
Chaired by: Dan C.

### NEW TIME, DAY & LOCATION!

### A.A. & Al-Anon Speaker Meeting\* • 12:00 p.m.

Dain and Rhonda J. - Rocky Hill, CT  
"Honesty, Purity, Unselfishness and Love"  
E.J. Thomas Hall  
Chaired by: Cathy C.

### Al-Anon Band • 2:00 p.m.

12 Songs Of Recovery  
The 12 Steppers - Columbus, OH  
Chris M. - Piano, Vocals  
Tony J. - Mandolin, Flute  
Mike S. - Drums  
TL V. - Bass Guitar  
Intro by: Cathy C.

### Alateen • 3:30 p.m.

Chaired by: Wendy Y.

## REGISTRATION

### UA STUDENT UNION

### CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.

Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by  
6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at designated  
dormitories. Check confirmation letter or e-mail.

### Coffee & Fellowship Room

Student Union

### A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.  
Saturday 8:00 a.m. - 5:00 p.m.  
**CREDIT CARDS ACCEPTED!**

\* A.S.L. INTERPRETER

**NO BASIC REGISTRATION REFUND.  
\$30.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

**FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.  
Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!**



# DISTRICT 80 – WESTERN NORTH CAROLINA



## COME CELEBRATE FOUNDERS' DAY!

**WHEN: SUNDAY, JUNE 9, 2019**

**TIME: 12:30PM – 4PM**

**LUNCH WILL BE SERVED AT 1PM –  
PROGRAM & COUNTDOWN AT 2PM  
SPEAKER TBD**

**WHERE: MACON CO. REC. PARK PAVILLION  
365 ALLMAN DRIVE, FRANKLIN  
(PAVILLION AT END OF PARKING LOT AFTER POOL)**



HOSTED BY AA GROUPS IN FRANKLIN & OTTO

HOT DOGS, HAMBURGERS & DRINKS WILL BE PROVIDED.  
PLEASE FEEL FREE TO BRING A SIDE OR DESSERT TO SHARE.

**PLEASE BRING BLANKETS & LAWN CHAIRS!**

CALL KEITH W., DISTRICT 80 DCM - 561.722.7217 - FOR MORE INFO.

**VOLUNTEERS NEEDED!**

# Area 51 Spring Committee & Assembly Meeting June 21-23, 2019

THE HILTON NORTH RALEIGH/MIDTOWN  
3415 Wake Forest Road, Raleigh, NC 27609

## ADVANCE HOTEL INFORMATION

**Deadline for Reservations: Thursday, May 23, 2019**

**Group Code: A51**

**Group Name: Area 51, General Service Spring Assembly**

**Room Rates: \$125.00 Single/Double, \$130.00 Triple, \$135.00 Quad**

**Phone: 919-872-2323 or 800-445-8667 [1-800-HILTONS]**

**Internet: Link for direct reservations: <https://tinyurl.com/y9eucgwa>**

**Internet: Link for hotel information: [www.northraleigh.hilton.com](http://www.northraleigh.hilton.com)**

### **For Best Results:**

- Reserve as soon as possible and definitely before the deadline. Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Using the direct reservation link will ensure the contracted rate and apply to the room block.
- **PLEASE MAKE YOUR RESERVATIONS EARLY!**
- If you reserve by phone, be sure to specify the group code "A51" and the group name "Area 51 General Service Spring Assembly."
- If possible, call the Hilton North Raleigh/Midtown directly at 919-872-2323 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- If you have ANY trouble with room rate or availability, please contact the Area Chair at [chair@aanorthcarolina.org](mailto:chair@aanorthcarolina.org).

**Thank you for your service and support of Area 51. See you at the  
Spring 2019 Committee and Assembly!**



July 4<sup>th</sup> - 7<sup>th</sup> 2019

The Beautiful  
Music City Sheraton Hotel

Please stay at Hotel  
To help with our room block  
Hotel Phone Number  
888-627-7060

You can also book your room  
online at our website

[www.musiccityroundup.com](http://www.musiccityroundup.com)

Registration \$20 per person

You must book your room  
with the hotel separately;  
registering for the Roundup  
does not guarantee a room at  
hotel.

You must register to enter  
the ballroom. No  
exceptions.

# 38<sup>th</sup> Music City Roundup

**Don't Miss This  
Three series Workshop  
with**

Bill C. Torrance, CA  
Steve L. Hermosa Beach, CA

## AA Speakers

Peter M. Ft. Lauderdale, FL  
Theresa F. Los Angeles, CA  
Larry T. Seal Beach, CA  
Diana M. Largo, FL  
Scott F. Levittown, PA

## Al-Anon Speakers

Michele B. Dingsman Ferry, PA  
Brook S. Richmond, VA

*Visit our Website for more info* [www.musiccityroundup.com](http://www.musiccityroundup.com)

Registration \$20 per person

you must send payment with form to be registered

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

St.Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Name(s) on Badge(s): \_\_\_\_\_

Mail form to: POB 17068, Nashville, TN 37217

Must mail by 6/25/2019 or no guarantee



# 72<sup>nd</sup> North Carolina State Convention

## July 11-14, 2019

Hilton North Raleigh / Midtown  
3415 Wake Forest Road • Raleigh, NC 27609

**Register NOW**  
to Support Your Convention!

Register online at [www.aanconvention.com](http://www.aanconvention.com)

### Convention Pre-Registration

before June 13, 2019 **\$20.00** per person

\$25.00 per person June 13, 2019 and after.  
*Al-Anons 18 & under - No charge but must register.*  
*(No Refunds after June 13, 2019)*

### Hotel Registration

Mention Group Code: NCST

Single & Double: \$125 + tax  
Triple: \$130 + tax  
Quad: \$135 + tax



**Phone:** (919) 872-2323 - ask for NC State Convention and/or group code "NCST" to make reservations.

**Online:** [www.NorthRaleigh.Hilton.com](http://www.NorthRaleigh.Hilton.com) - enter group code "NCST" where prompted.

Cut-off for Conference rate: June 13, 2019

If you would be interested in a golf tournament at a future convention, please email us at [aanconvention@gmail.com](mailto:aanconvention@gmail.com)

### Speakers

Bob S.	Charlotte, NC	Thurs 8:30 pm
Kenna F.	Pasadena, CA	Fri 8:00 pm
Vannoy S. ▲	Justin, TX	Sat 9:30 am
Tammy Z.	Humble, TX	Sat 2:30 pm
George E.	Murrels Inlet, SC	Sat 8:00 pm
Billy N.	Buford, GA	Sun 10:00 am
God as I Understand Him <i>(5 peoples' experience)</i>		Sun 8:30 am

### Workshops - Fri 10:30 am & Sat 4:00 pm

- ★ FREE Convention Mug to First 400 Pre-Registrants!
- ★ Old-Timers' Panel, Friday at 3:00 pm
- ★ 'Round the Clock Marathon Meetings
- ★ Open Discussion Meetings ☯ ▲
- ★ Saturday Night Dance
- ★ Plenty of FREE Coffee

Consider buying a sponsorship for those less fortunate

**For more information or for problems with hotel reservations, please contact:**

Beth R. (704) 941-1220 • Alana E. (980) 230-9333  
OR Email: [aanconvention@gmail.com](mailto:aanconvention@gmail.com)



## 72<sup>nd</sup> North Carolina State Convention

Name \_\_\_\_\_  
Please print legibly

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_

Telephone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Name(s) for badge(s) \_\_\_\_\_  
Please print

♿ Do you have accessibility needs? \_\_\_\_\_

**\$20.00** Special Rate before June 13, 2019  
June 13 and after **\$25.00**  
*Al-Anons 18 & under: No charge but must register.*

Make checks payable to:  
**NC Convention Committee**  
**PO Box 41451 • Raleigh NC 27629**

Enclosed is \$ \_\_\_\_\_  
for \_\_\_\_\_ registration(s)

Is this a sponsorship?  Yes  No

Preferred method of contact:  
 Email  Mail

If you are willing to be a volunteer,  
please check here:

**NCCYPAA  
HOST COMMITTEE**

*Summer Campout*

**JULY 19TH-21ST, 2019  
BRIAR BOTTOM GROUP CAMPGROUND  
ASHEVILLE, NC**

**MEALS INCLUDED + BONFIRE SPEAKER MEETINGS  
CAPTURE THE FLAG IN THE DARK + SCAVENGER HUNT  
HIKE TO MT. MITCHELL + WATERFALL & RIVER ACCESS  
MAFIA + S'MORES + PUBLIC RESTROOMS & SHOWERS  
+ MORE!**

**PRE-REGISTRATION COST:  
\$15 UNTIL MARCH 17 + \$20 UNTIL MAY 28  
\$25 UNTIL JULY 18 + \$30 DAY OF**

**REGISTRATION AVAILABLE AT:**

**NCCYPAA2019.ORG**





# 44<sup>th</sup> Atlanta Roundup

Aug 1<sup>st</sup> – Aug 4<sup>th</sup> 2019



"Give freely of what you find and join us"

*The Roundup is pleased to welcome our 2019 Speakers!*

**Earl H • Scottsdale, AZ**

**Terri K • Woodville, OH**

**Rich B • Ocean City, MD**

**Susan B • Tulsa, OK**

**The Westin Perimeter North**

**Group Rate is Limited—Book Early!!  
7 Concourse Pkwy Atlanta 30328  
Call 770-395-3900 for Reservations**

**AA, Al-Anon & Alateen Workshops**

**Big Book Trivia Contest • Meetings  
Fellowship • Entertainment  
Hospitality • Home Made Treats**

**Come and join us for our annual weekend of Fun, Fellowship and Serenity as we celebrate our 44<sup>th</sup> Roundup! We have a great Program of Speakers, Workshops & Entertainment. Register and sign up to be a Volunteer at:**

**[www.atlantaroundup.com](http://www.atlantaroundup.com) or fill out and return the form below.**

**The Atlanta Roundup Committee is an all volunteer body whose Primary Purpose is to carry the AA message and to unite the Metro Atlanta AA, Al-Anon and Alateen Community in Unity, Service and Recovery.**

Name: \_\_\_\_\_ Name for Badge: \_\_\_\_\_

Home Group: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Email (for confirmation and updates): \_\_\_\_\_

Program: AA \_\_\_ Al-Anon \_\_\_ (Alateen registration is \$1 at the door during Roundup)

Do you want to be a Volunteer? Yes \_\_\_ No \_\_\_. Registration \_\_\_ Greeter \_\_\_

Bake cookies for Hospitality? (Must be Homemade): Yes \_\_\_ No \_\_\_ ; # of dozens \_\_\_

**\$35 per person + Scholarship contribution: \_\_\_\_\_ Total \_\_\_\_\_**

**Make out checks to: The Atlanta Roundup, 1111 Canyon Point Circle, Roswell, GA 30076**



# NCCYPAA XXIII

North Carolina Conference of Young People in AA

## ASHEVILLE

*The Road of Happy Destiny*

Sept 19th-22nd, 2019

DoubleTree by Hilton • Biltmore Village

115 Hendersonville Rd • Asheville, NC, 28803 • (828) 274-1800

Double & King Room Rate: \$125



Registration



Hotel

Questions? Email: [chair@NCCYPAA2019.org](mailto:chair@NCCYPAA2019.org)

[NCCYPAA2019.org](http://NCCYPAA2019.org)