



Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## 12-Step Call Volunteer Coordinator Position Open

The Central Office Board is in need of a new 12-Step Call Volunteer Coordinator. If you are interested in this position or have any questions, please attend the next COR/Board meeting on May 9, or contact Pam at Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

Here are the responsibilities:

- Has responsibility for maintaining the 12-Step Call Volunteer list, with help from the Office Manager.
- Recruits new volunteers.
- Interacts with Office Manager to provide the Office, Answering Service and After-hours Hotline Volunteers with updates to the 12-Step Call Volunteer list. Shares responsibility with NCMCO to ensure appropriate rotation of calls to 12-Step volunteers.
- Attends Board meetings as a voting member

## After-hours Hotline Volunteers Needed

Central Office could use a few more volunteers for the After-hours Hotline.

Here's how it works:

At present the Central Office manager forwards the phone after hours to an auto-attendant system. Office hours are Monday-Friday, 10am-1pm. When someone calls after hours, they get a recording instructing them to press "0" if they wish to speak with someone or "1" if they want to leave a message for the Office. (If you have not yet heard the after-hours recording, we encourage you to call in after hours and listen to the message.)

Within the auto-attendant system, the phone number that callers will be transferred to when they press "0"

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can be set to either the answering service's number or a Hotline Volunteer's number. Since the phone number that shows up on caller ID when calls are transferred is the number of the caller – not the Central Office number – the Hotline Volunteer should be prepared to answer all calls during that time period, or at least any number they don't recognize, by saying, "Alcoholics Anonymous. How can I help you?"

Each After-hours Hotline Volunteer is given a notebook with the list of 12-Step Call Volunteers and other area resources. When someone calls in after hours wanting to speak with someone, the Hotline Volunteer uses their judgment as to whether to talk to the caller herself/himself or take down the caller's name and phone number and tell the person they will have someone call them shortly. If the latter seems preferable they would go through the 12-Step Call List to find a volunteer of the same gender to call the person, ideally someone in the caller's area. Often the caller is just in need of meeting information, so it is important for Hotline Volunteers to have an updated Where & When meeting schedule, which Central Office provides, and if possible, Internet access for meeting information on the website [www.ashevilleaa.org](http://www.ashevilleaa.org).

One of the things that may have discouraged A.A. members from volunteering for this service is the *(Continued Inside, Page 6)*

**New NC Mountain Central Office, Inc.  
Profit & Loss YTD Comparison**

	<u>Feb 19</u>	<u>Jan - Feb 19</u>
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Contributions</b>		
Birthday Contributions	0.00	66.11
Group Contributions	1,002.21	5,416.40
Individual Contributions	15.00	25.00
Subscriptions	0.00	12.00
<b>Total Contributions</b>	<u>1,017.21</u>	<u>5,519.51</u>
Interest on Money Market	0.85	1.79
<b>Sales Income</b>		
Literature & merchandise	2,763.05	7,099.20
Shipping charged to groups	54.42	85.41
<b>Total Sales Income</b>	<u>2,817.47</u>	<u>7,184.61</u>
<b>Total Income</b>	<u>3,835.53</u>	<u>12,705.91</u>
<b>Cost of Goods Sold</b>		
Freight - vendor shipping	10.51	74.60
Literature & merchandise	2,352.63	6,117.43
Shipping to groups	59.32	90.73
<b>Total COGS</b>	<u>2,422.46</u>	<u>6,282.76</u>
<b>Gross Profit</b>	<u>1,413.07</u>	<u>6,423.15</u>
<b>Expense</b>		
<b>Accountant fees</b>		
Accountant	0.00	405.00
Filing fees for 501c3	0.00	850.00
<b>Total Accountant fees</b>	<u>0.00</u>	<u>1,255.00</u>
Computer, Software, IT Asst	74.89	74.89
Copier Rental	157.96	315.92
Credit Card Processing	22.18	48.08
Editor	135.00	270.00
Office Expenses	0.00	30.00
Office Supplies	143.69	238.65
<b>Payroll Expenses</b>		
Gross Salary (Including Taxes)	1,172.50	2,710.00
Payroll Taxes (Company)	96.73	223.58
Processing (for Direct Deposit)	5.25	10.50
<b>Total Payroll Expenses</b>	<u>1,274.48</u>	<u>2,944.08</u>
QuickBooks Expenses	246.10	246.10
Rent	550.00	1,100.00
Stamps/Postage	10.45	156.68
<b>Telephone &amp; Internet</b>		
Answering Service	67.00	155.00
Office Telephone/Internet	148.79	297.58
<b>Total Telephone &amp; Internet</b>	<u>215.79</u>	<u>452.58</u>
<b>Total Expense</b>	<u>2,830.54</u>	<u>7,131.98</u>
<b>Net Ordinary Income</b>	<u>-1,417.47</u>	<u>-708.83</u>
<b>Other Income/Expense</b>		
<b>Other Expense</b>		
Inventory Adjustment	0.00	-0.97
<b>Total Other Expense</b>	<u>0.00</u>	<u>-0.97</u>
<b>Net Other Income</b>	<u>0.00</u>	<u>0.97</u>
<b>Net Income</b>	<u><u>-1,417.47</u></u>	<u><u>-707.86</u></u>



## April Grapevine is now available!

This month's special section is "Relapsing" featuring stories about how members went out for more hell and how they got back.



[www.aagrapevine.org](http://www.aagrapevine.org)

Cash on Hand as of 2/28/19  
 Prudent Reserve (Money Market)  
**\$11,065.98**  
 Operating Account (Checking)  
**\$10,542.23**  
 Rent Deposit **\$400.00**  
 Petty Cash **\$50.00**

## Call & Visitor Log

### February 2019

12 Step Calls – 2  
 General Info – 4  
 Family Help – 1  
 Meeting Info – 23  
 Central Office  
 Business – 47  
 Medical/Detox – 0  
 Visitors – 89  
 Answering Service (Operator-Asst) –  
 fewer than 65 minutes  
 After-hours Hotline Volunteers - 22 calls



Visits to aaNCMCO.org website:  
 Unique Visitors: 711  
 Unique Visits: 1,316 (1.85 per visitor)  
 Pages: 4,179 (3.17 per visit)

# Contributions

	FEB 2019	YTD
Anonymous	\$1.63	\$1.63
At Wit's End Group		\$31.00
Back to Basics Grp - Weaverville 147-139	\$200.00	\$200.00
Big Town Group 671-200		\$164.84
Black Mountain Group 117-117		\$40.00
Cashiers Valley Grp 122-589		\$257.35
Conscious Contact Group - Asheville		\$450.00
Cullowhee Valley Group 118-129		\$75.00
Daily Decisions 643-869		\$415.01
Day by Day Group 159-058		\$404.72
Downtown Serenity Group 702-463		\$42.25
Early Bird Group 612-780		\$80.00
Good Livers 666-360		\$50.00
High Noon Group 689-080	\$90.00	\$90.00
Joy of Living - Brevard 669-820		\$75.00
Lambda Group 617-035	\$106.88	\$106.88
Last Chance Group - Men's First Step Farm		\$14.00
Maggie Valley Group 158-950		\$66.80
Midday Grp (Hendersonville) 143-420		\$112.00
Monday 6:00 Open Meeting		\$81.00
Mountain View Grp (Highlands) 110-598		\$209.81
Musicians' Meeting		\$50.00
New Freedom Group 700-124		\$80.00
Newland Serenity (Linville Mtg.)		\$75.00
No Name Group - Murphy	\$50.00	\$50.00
Recovery at 6		\$135.41
Recovery by the River 674-892	\$84.70	\$84.70
Saturday Morning Men's Meeting	\$100.00	\$175.00
Serenity Now 670-803		\$75.00
Serenity Seekers - Marion Noon AA 663-204	\$100.00	\$100.00
Serenity Service Group 110-498	\$25.00	\$50.00
Speed Bump Group 512-851		\$75.00
The Meeting		\$50.00
Tryon Monday 5:30 Meeting	\$155.00	\$155.00
Waynesville Grace Group 110-692		\$700.00
We Think Not Group 700-411	\$89.00	\$89.00
Women of Courage Group		\$505.00
<b>Total Group Contributions:</b>	<b>\$1,002.21</b>	<b>\$5,416.40</b>
<b>Individual Contributions:</b>		
Bob P.	\$5.00	\$5.00
In Memory of B.G.	\$10.00	\$20.00
<b>Total Individual Contributions:</b>	<b>\$15.00</b>	<b>\$25.00</b>
<b>Birthday Contributions:</b>		
Anonymous	\$0.00	34.11
Eva T.	\$0.00	\$32.00
<b>Total Birthday Contributions:</b>	<b>\$0.00</b>	<b>\$66.11</b>
<b>Mountain Doin's Subscriptions:</b>	<b>\$0.00</b>	<b>\$12.00</b>
<b>Grand Total:</b>	<b>\$1,017.21</b>	<b>\$5,519.51</b>

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you for your generous support!



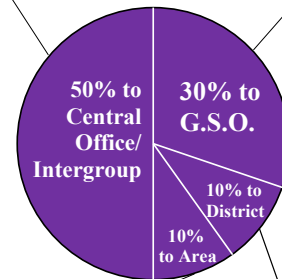
## Suggestions & Addresses for sending Donations to the A.A. Service Structure\* Revised for 2019

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

**Note: There are new addresses for the Area 51, District 71 and District 80 Treasurers**

**NCMCO**  
70 Woodfin Place  
Suite 206  
Asheville, NC 28801

**General Service Office**  
Grand Central Station  
PO Box 459  
New York, NY 10163-0459



**NCGSC – Area 51**  
Treasurer  
P.O. Box 592  
Apex, NC 27502

**District 70 Treasurer**  
PO Box 8574  
Asheville, NC 28814-8574

**District 71 Treasurer**  
1311 Pace Road  
Hendersonville, NC 28792

**District 80 Treasurer**  
48 Fawn Ridge  
Franklin, NC 28734

## A Free Subscription for You!

The full-color edition of our monthly newsletter is available free! Subscribe by contacting us at [info@ncmco.net](mailto:info@ncmco.net). We will email you a link for the Mountain Doin's with all the latest information about meeting changes, special events, service opportunities and much more. The newsletter is also posted online at [www.aancmco.org](http://www.aancmco.org) and [www.ashevilleaa.org](http://www.ashevilleaa.org).

## Need to Order Supplies for your Group?

Call (828) 254-8539 during business hours: Monday–Friday, 10:00am–1:00pm or email your order to: [info@ncmco.net](mailto:info@ncmco.net)

We'll be happy to arrange for after-hours pick-up (by you!) or shipping.

# MEETING UPDATES:

## Districts 70 • 71 • 80

### New Meetings:

**Asheville: Grapevine Meeting:** Saturday 4:00pm (O,D)  
Asheville 12 Step Recovery Club. 22-B New Leicester Hwy,  
Asheville 28806

**Hendersonville: Happy, Joyous and Free Group:**  
Wednesday 7:00pm (O,BB) St Andrew's Anglican Church,  
4259 Chimney Rock Rd, Hendersonville 28792

### Meeting Changes:

**Asheville: Kitchen Table Big Book Study:** Monday  
4:00pm. Meeting format has changed from "Closed,  
Beginner, Big Book Discussion" to "Closed, Literature  
Study". Asheville 12 Step Recovery Club. 22-B New  
Leicester Hwy, Asheville 28806

### Discontinued Meeting:

**Brevard: The Principles Group:** Tuesday 6:30pm.  
(O,BB,c-f) This meeting was discontinued in the beginning  
of March; the group is still meeting on Friday 6:30pm  
(O,LS,SP,c-f) and Saturday 11:00am (O,D,c-f). Selica  
Methodist Church, 529 Selica Rd, Brevard 28712

## The SERVICE EXPRESS

May newsletter deadline for sending in announcements is  
**April 15th.**

### District 70:

**GSR Business Meeting** – held the 2nd Sunday of the  
month. The next meeting will be **Sunday, April 14, 2:30pm**,  
at St. Luke's Episcopal Church, 219 Chunns Cove Rd,  
Asheville 28805.

The new District 70 By-laws are now posted on the website:  
[www.ashevilleaa.org](http://www.ashevilleaa.org)

**District Service Committees** – If you are interested in  
volunteering for a committee or have questions, please  
attend the next GSR Business Meeting (see above). You  
can also reach out to District Service Committee Chairs  
(listed under each committee) to find out how you can be of  
service.

**Treatment Facilities Committee** – Ian O. and Zack are  
Committee Chairs. Contact them at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org)  
to volunteer for service at ADATC, Neil Dobbins,  
Montford Hall, Copestone, Pavillon Treatment Center and  
the Veteran's Administration. It's all about bringing the  
message of recovery to alcoholics in treatment facilities and  
to set up means of "bridging the gap" from the facility to  
an A.A. group. Here is a link for the Treatment Committee  
flyer: [http://ashevilleaa.org/wp-content/uploads/2018/09/  
Treatment-Flyer.pdf](http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf)

**"Bridging the Gap"** (with treatment facilities) – If you are  
interested in this service, please contact the BTG Chair,  
Kathleen, at [bridgingthegap@ashevilleaa.org](mailto:bridgingthegap@ashevilleaa.org).

A new "Treatment Facilities Service Display" is in the works.  
For information on Bridging the Gap, visit the website: [www.  
btgww.org](http://www.btgww.org)

**Corrections Committee** – Women's Chairs are  
Denise J. and Casey - contact at [women\\_corrections@  
ashevilleaa.org](mailto:women_corrections@ashevilleaa.org). Men's Chair is David J. – contact  
at [mens\\_corrections@ashevilleaa.org](mailto:mens_corrections@ashevilleaa.org). Volunteers  
are needed for carrying the message of recovery  
to alcoholics behind the walls. Here is a link for the  
Corrections Committee flyer: [http://ashevilleaa.org/wp-  
content/uploads/2018/09/Corrections-Flyer.pdf](http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf)

The Buncombe County Detention Facility has varying  
needs of support for meetings inside the jail. Here  
is a new application for volunteering at BCDF: [http://  
aancmco.org/wp-content/uploads/2019/03/Volunteer-  
App-2019.pdf](http://aancmco.org/wp-content/uploads/2019/03/Volunteer-App-2019.pdf) Any AA member wanting to volunteer  
at BCDF needs to be referred or recommended to  
service by a local Corrections Chairperson or current  
jail volunteer. This will provide an umbrella of order and  
accountability with whomever enters the building with  
the organization. Applications, with the above identified  
references/recommendations named on the application,  
can be sent directly to Sarah Regala, Program Director  
at BCDF: [Sarah.Regala@buncombecounty.org](mailto:Sarah.Regala@buncombecounty.org). AA  
members new to town need to connect with District  
Corrections Chairpersons/meetings/volunteers for  
referrals.

Volunteers are needed for daytime A.A. meetings at  
Swannanoa Correctional Center for Women (SCCW).  
The meetings are Fridays from 12:15-1:30pm; males may  
attend but must be accompanied by females. Text Denise  
for more details: 401-450-6487.

**CPC/PI Committee** – A new chairperson is needed for  
this Committee. If you are interested in this position,  
please attend the GSR meeting on April 14. These are  
two separate service committees – "Cooperation with  
the Professional Community" and "Public Information".  
The CPC committee visits schools, businesses and  
community meetings to speak about AA. Volunteers  
for area events are needed for health clinics and DUI  
classes to name a few. The PI committee provides  
accurate A.A. information to the public and media when  
requested. Here is a link for the CPC/PI Committee flyer:  
[http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-  
PI-Flyer.pdf](http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf)

**Literature and Grapevine Committee** – Debra J. is the  
chairperson. Contact her at [literature@ashevilleaa.org](mailto:literature@ashevilleaa.org)  
to volunteer. The focus is to assure that A.A. literature and  
Grapevines are available to all groups, service meetings,  
and other A.A. events. Through displays, supplies of A.A.  
catalogs and order forms, and A.A. workshops, these  
volunteers help A.A. members and other committees to  
carry the A.A. message through our literature.

### District 71:

**GSR Meeting** – held the 2nd Saturday of the month. The  
next meeting will be **Saturday, April 13, 9:30am**. 1624  
Willow Rd, Hendersonville, 28739. The District Service  
Committees now meet in conjunction with the GSR  
meeting.

They still need a Chairperson for the Treatment  
Committee. Anyone who is interested in this service  
position please come to the GSR Meeting on April 13 or  
contact Terry through Central Office – 828-254-8539.

The Corrections Committee needs men and women  
volunteers to take A.A. meetings into the Transylvania  
County Jail and the Henderson County Detention Center.  
All who are interested in participating in this vital service  
please call/email Central Office – 828-254-8539; [info@  
ncmco.net](mailto:info@ncmco.net) – for contact information.

## District 80:

**GSR District Meeting** will be **Sunday, April 7, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They will be looking for a new Corrections Chairperson. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aaNCMCO.org](http://www.aaNCMCO.org)

Any A.A. members interested in participating in meetings at the Appalachian Community Services Center located at 91 Timberlane Rd, Balsam, are welcome to attend. The meetings are every Monday and Wednesday at 6:00 pm and every other Saturday at 5:30pm. If you would like more information please contact Matt C. or Carl I. by calling or emailing Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

**The next combined COR/NCMCO Board** meeting will be **Thursday, May 9, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801.

We are still in need of a new 12-Step Call Volunteer Coordinator. See page 1 for a list of responsibilities. If you are interested in being of service, please attend the next COR/Board meeting on May 9 and/or contact Pam at Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

## Special Meetings and Events

**Wet Hot American YPAA.** Hosted by Piedmont-Triad Young People of AA. April 25-28. Laurel Ridge Camp. For more information, visit website: [www.ptypaa.com](http://www.ptypaa.com) or email: [events@ptypaa.com](mailto:events@ptypaa.com)

**11th Annual Spring Fling Convention.** “We Are Not a Glum Lot” April 26-28. Hilton St. Louis Airport, 10330 Natural Bridge Rd, St. Louis, MO 63134. For more information contact: [springflingconvention@yahoo.com](mailto:springflingconvention@yahoo.com) or visit website: [www.springflingstl.com](http://www.springflingstl.com)

**Area 51 Western Pre-Conference.** Saturday, April 27, 12:30-4:30pm. First United Methodist Church, 311 3rd Ave NE, Hickory, NC 28601. Meet the Area 51 Panel 69 Delegate and learn about issues to be discussed at the upcoming 69th General Service Conference. For more information, contact: Debbie G. at [dcm@ncd12aa.org](mailto:dcm@ncd12aa.org) or Marty M. at [webmaster@ncd12aa.org](mailto:webmaster@ncd12aa.org)

**West Asheville Eatin’ Meetin’.** Saturday, April 27. Doors open at 6:30pm; Potluck Dinner at 7:00pm (Please bring a dish to share.); Speaker Meeting at 8:00pm. Celebrate recovery and enjoy food and fellowship together! Abernethy United Methodist Church, 1418 Patton Ave, Asheville 28806

**Keeping Our Meetings Safe.** Saturday, May 4, 9:30am-12:00pm. This will be a workshop presented by District 71. All are welcome to come and ask questions, share experiences and solutions to this issue. Refreshments will be served. Hendersonville Group meeting location, 1624

Willow Rd (opposite the Valley Hill Fire Dept.) Hendersonville 28739

**Oak Island Lighthouse Retreat – Fellowship and Serenity by the Sea.** May 10-12. Fort Caswell, 100 Caswell Beach Rd, Oak Island, NC 28465. For more information, visit website: [www.lighthouse-retreat.com](http://www.lighthouse-retreat.com)

**AA Seniors in Sobriety** – 12th International Conference. May 19-21. Silver Legacy Resort & Casino, Reno, NV 89501. For more information contact: [sisreg2019@gmail.com](mailto:sisreg2019@gmail.com) or visit website: [www.seniorsinsobriety.com](http://www.seniorsinsobriety.com)

**Girlstock International** – A Journey Through the Steps. May 31-June 2. Hilton Atlanta Airport, 1031 Virginia Ave, Atlanta, GA 30354. For room reservations, call: 404-767-9000 (Room block is under “Girlstock International”) For more information, visit website: [www.girlstockinternational.com](http://www.girlstockinternational.com)

**84th Founders’ Day.** June 7-9. Akron, OH – Birthplace of A.A. For information and registration form visit website: [www.akronaa.org](http://www.akronaa.org)

**District 70 Ice Cream Social.** Saturday, June 8. (More details to follow.) St. Luke’s Episcopal Church – Gazebo, 219 Chunns Cove Road, Asheville 28805

**Area 51 Spring Committee and Assembly Meeting.** June 21-23. Hilton North Raleigh/Midtown, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919-872-2323 or 800-445-8667 (Group Code: “A51”) For more information, visit website: [www.aanorthcarolina.org](http://www.aanorthcarolina.org) or email Area Chair: [chair@aanorthcarolina.org](mailto:chair@aanorthcarolina.org)

**72nd North Carolina State Convention.** July 11-14. Hilton North Raleigh/Midtown, 3415 Wake Forest Rd, Raleigh 27609. For room reservation call: 919-872-2323 or 800-445-8667 (Group Code: “NCST”) For more information, visit website: [www.aanconvention.com](http://www.aanconvention.com) or email: [aanconvention@gmail.com](mailto:aanconvention@gmail.com)

**NCCYPAA Host Committee Summer Campout.** July 19-21. Briar Bottom Group Campground, Asheville (Burnsville) NC. For more information, visit website: [www.NCCYPAA2019.org](http://www.NCCYPAA2019.org)

**44th Atlanta Roundup.** August 1-4. The Westin Perimeter North, 7 Concourse Pkwy, Atlanta, GA 30328. For room reservation call: 770-395-3900. For more information, visit website: [www.atlantaroundup.com](http://www.atlantaroundup.com)

**NCCYPAA XXIII** – The Road to Happy Destiny. September 19-22. DoubleTree by Hilton, 115 Hendersonville Rd, Asheville 28803. For room reservation call hotel: 828-274-1800 (mention NCCYPAA – Group Code: “YPA”) For questions, email: [chair@NCCYPAA2019.org](mailto:chair@NCCYPAA2019.org) or visit website: [www.NCCYPAA2019.org](http://www.NCCYPAA2019.org)

**NC Area 51 Conferences and Events:** [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

**GSO in New York:** [www.aa.org](http://www.aa.org)

For events around the country and the world, as well as great articles and information, go to: [www.aa.org](http://www.aa.org) and Box 4-5-9 Bulletin Board: [www.aa.org/newsletters/en\\_US/en\\_box459\\_spring19.pdf](http://www.aa.org/newsletters/en_US/en_box459_spring19.pdf)

(Continued from Page 1)

need to cover after-hours calls from the time the office closes at 1:00pm until 10:00am the following morning. Not everyone who would like to volunteer is available that length of time. By accessing the auto-attendant system remotely we are able to divide the after-hours coverage into shorter time periods to better accommodate volunteers' schedules. And the answering service can still be used to cover after-hours calls when a volunteer is not available.

Call Pam at Central Office – 828-254-8539 – if you would like to volunteer or if you have any questions or suggestions. Heartfelt thanks to Phyllis A. who has been answering after-hours calls many, many days and weekends for a year and a half! She and other Hotline Volunteers have a lot of experience, strength and hope to share with anyone interested in this vital service.

## Central Office Volunteers - we thank you!

North Carolina Mountain Central Office could not function without the help of volunteers. Here are a few of the things that volunteers do:

- Answer the phone – one of the main activities. Calls usually involve answering inquiries about Alcoholics Anonymous and meetings in WNC. When calls come in from individuals looking for help, volunteers contact AA members on the 12-Step Volunteer list which is maintained by the 12-Step Volunteer coordinator. The 12-Step Volunteer is given the name & phone number of the caller seeking help. (Names & numbers of AA members/volunteers are never given out.)
- Greet and assist visitors who come into the Office to purchase things for themselves or for their groups.
- Help put together orders for books and merchandise to be shipped to groups when requested.
- Fold meeting schedules – a constant activity some days!
- Check in and shelve books and other items that come from various suppliers.
- Help with the printed Mountain Doin's – folding and applying tape, labels and stamps.

If you think you might be interested in volunteering at Central Office - any day Monday - Friday, 10:00am-1:00pm - give us a call at 828-254-8539. Email [info@ncmco.net](mailto:info@ncmco.net) or visit [www.aancmco.org](http://www.aancmco.org)

## Never Too Young

After yet another geographic “cure,” I was going to AA meetings and making trips to the ladies' room to drink. I sometimes left the meeting drunker than when I arrived. Yet people welcomed me anyway. They shared their experience with drinking and sobriety with me, and told me to keep coming back. Members even helped me get to meetings.

Then one day, in the summer of 1971, I finally realized that I was beyond human aid. I asked the power that enabled these other alcoholics to live sober to help me. I have not had a drink since that day. I was 19 years old.

I began to go to lots of meetings and learn about the Twelve Steps and about growing along spiritual lines. I began to practice these principles in all of my affairs – which also included giving up having affairs!

Being the youngest AA in the area at the time, I was asked to chair quite a few meetings and anniversaries. Even TV and newspaper reporters wanted to interview me. That's when older members in our Young People's group explained to me the importance of our Traditions – especially anonymity. Of course, I could do as I chose, but to follow the Traditions, I could either talk about AA anonymously, or not be anonymous and not mention AA. I thought the message of AA was more important than the messenger, so I chose anonymity. I'm grateful for those young members – who were only two or three years sober at the time – who explained this to me.

Most of us in that small Young People's group are still sober today, some since the late 1960s. That group no longer exists, but we do. Our lives have been saved. We get to enjoy a life worth living.

I'm now over 65. Over the years, my damaged liver healed, my relationships improved and my faith in a living God grew. Alcoholic drinking restricted my freedom in so many ways. The Third Step increased it. How wonderful!

Anonymous

Fairport, N.Y.

(Reprinted from *AA Grapevine*, September 2018; copyright © A.A Grapevine Inc.)



# ANNIVERSARIES

## 2nd Chance Group - Cherokee

Chase C. 4-30-2013 6 yrs

## Acceptance Group

Andy R. 4-01-2011 8 yrs  
 Nancy E.R. 4-06-2004 15 yrs  
 Bill V. 4-25-2005 14 yrs  
 Paul M. 4-25-2017 2 yrs  
 Eli V. 4-27-2013 6 yrs

## At Wit's End Group

Jon L. 4-22-2015 4 yrs  
 Mat W. 4-23-2012 7 yrs  
 Alex C. 4-24-2014 5 yrs  
 Michelle B. 4-24-2005 14 yrs  
 Katherine A. 4-28-2014 5 yrs

## Black Mountain Group

Jack F. 4-04-1991 28 yrs  
 Laura B. 4-04-1989 30 yrs

## Brevard Serenity Group

Sonja G. 4-02-2015 4 yrs  
 Julie H. 4-10-2016 3 yrs  
 Don O. 4-17-1987 32 yrs

## Burnsville Group

Ila S. 4-07-2008 11 yrs  
 Ocean S. 4-09-1971 48 yrs  
 Jack L. 4-15-1980 39 yrs  
 Harold H. 4-21-2001 18 yrs  
 Jennifer 4-23-2015 4 yrs  
 Linda 4-30-2008 11 yrs

## Candlelight Group

Cory G. 4-17-2014 5 yrs

## Conscious Contact Group

Kathleen O. 4-01-1992 27 yrs  
 Susan A. 4-09-2017 2 yrs  
 John H. 4-16-2017 2 yrs  
 John G. 4-29-1980 39 yrs

## Cumberland Group

Pete B. 4-19-2005 14 yrs

## Daily Decisions Group

Rocky C. 4-01-1999 20 yrs  
 Brad D. 4-23-1990 29 yrs

## Fellowship Group

Andrew C. 4-08-2018 1 yr  
 Eric M. 4-08-2004 15 yrs  
 Debbie R. 4-26-2012 7 yrs

## Good Livers Group

Kathy E. 4-03-2011 8 yrs  
 TJB 4-04-1980 39 yrs  
 Priscilla H. 4-30-1989 30 yrs

## Grace Group

Frank T. 4-17-2011 8 yrs  
 Mary P. 4-20-2017 2 yrs  
 Brian M. 4-22-1978 41 yrs  
 Jonathan L. 4-22-2015 4 yrs  
 Beth T. 4-30-1993 26 yrs

## Happy Hour Group

Nancy G. 4-09-1984 35 yrs  
 Lucy H. 4-15-1988 31 yrs  
 Brian M. 4-24-2018 1 yr

## Hendersonville Group

Lori 4-02-2018 1 yr

## Leicester Group

Regina I. 4-16-1988 31 yrs  
 Bob F. 4-21-1983 36 yrs  
 Jaime B. 4-28-1989 30 yrs

## Library Group

Alex N. 4-03-2018 1 yr  
 Lucy B. 4-16-1985 34 yrs

## Mars Hill Group

Frank T. 4-08-2007 12 yrs  
 Anthony I. 4-10-2018 1 yr

## Midday Group

Micheline 4-14-1980 39 yrs  
 Mary S. 4-22-2005 14 yrs

## Mission Group

Tina A. 4-24-2016 3 yrs

## Riverside Group

Tommy L. 4-01-2009 10 yrs

## Serenity Now Group

Oleda W. 4-14-1996 23 yrs  
 Date correction for last month:  
 Doug H. 3-23-2000 19 yrs

## Serenity Seekers Group - Marion

Cheryl D. 4-10-2009 10 yrs  
 John A. 4-15-1996 23 yrs

## Solutions Group - Marion

Nancy E.R. 4-06-2004 15 yrs  
 Chris D. 4-21-1997 22 yrs  
 Willow 4-24-2010 9 yrs

## Total Surrender Group

Patrick M. 4-04-2014 5 yrs  
 Bill G. 4-10-1997 22 yrs  
 Mike M. 4-11-1979 40 yrs  
 Roy S. 4-15-2007 12 yrs  
 Steve H. 4-21-2017 2 yrs  
 Joanna D. 4-29-1989 30 yrs

## Traditional Group

David F. 4-01-2011 8 yrs  
 Scott E. 4-07-2009 10 yrs  
 Quinston 4-22-1999 20 yrs  
 Carolyn O. 4-26-1980 39 yrs

## United with Hope Group

Charles K. 4-05-2016 3 yrs  
 Patty B. 4-28-2012 7 yrs

## Waynesville Grace Group

Jackie K. 4-07-1989 30 yrs  
 Diane M. 4-11-2008 11 yrs  
 Sue B. 4-14-2010 9 yrs  
 Vicki M. 4-17-1981 38 yrs  
 Jennifer L. 4-29-2015 4 yrs

Need to update your Group's anniversary list?

Call Central Office - 828-254-8539 - or send a new list to:

[info@ncmco.net](mailto:info@ncmco.net)

May newsletter deadline for sending in anniversaries and announcements is April 15.

# WET HOT AMERICAN YPAA



**LAUREL RIDGE CAMP**

**April 25-28**

**Register at: [www.ptypaa.com](http://www.ptypaa.com)**

**Email: [events@ptypaa.com](mailto:events@ptypaa.com)**

**Pre-Registration: \$40**

**\*\*Price Increases to \$50  
after February 3rd\*\***





# 11<sup>TH</sup> ANNUAL SPRING FLING CONVENTION

## “We Are Not a Glum Lot”



### April 26 - 28, 2019

Friday 6:30 p.m. – BBQ & Washers

Friday 8:00 p.m.

Paul McQ – Belle Harbor, NY

Friday 10:00 p.m. Young Person Speaker

Heather B. – Southaven, MS

Saturday Morning 10:00 a.m. Workshop

Rediscovering Happiness in Recovery

Saturday Al-Anon Luncheon 12:00 p.m.

Palmer G. – Miami, FL

Saturday 3:00 p.m. Eastern Area MO

Experience, Strength & Hope  
come to Eastern Missouri

Saturday Banquet 6:30 p.m.

Jeff V. – Fargo, ND – 8:00 p.m.

DJ & Dance after Banquet Speaker

Sunday Breakfast 9:00 a.m.

Jane D. – Tallahassee, FL

#### ACTIVITIES

##### FRIDAY

BBQ & Washer  
Games  
Young People's  
Meeting  
Ice Cream Social  
Bingo

##### SATURDAY

Banquet  
Table Trivia  
DJ  
Dancing  
Music Games

Marathon Meetings  
All weekend long

### Hilton St. Louis Airport

Special Room Rate \$89

#### **MENTION SPRING FLING**

Reserve before 3/26/19 for reduced room rate

10330 Natural Bridge Rd

St. Louis, MO 63134

314-426-5500

See website for map

[www.springflingstl.com](http://www.springflingstl.com)

Spring Fling Chair – Joe B. 314-800-6274

Registration Chair – Jennifer R. 636-634-8283

[springflingconvention@yahoo.com](mailto:springflingconvention@yahoo.com)

### FREE PARKING

### PLEASE REGISTER EARLY!!!

PayPal Registration – [www.springflingstl.com](http://www.springflingstl.com) – Online Room Reservations

#### CONVENTION REGISTRATION FORM

Please complete and mail to Spring Fling Convention, PO Box 1916, St. Charles, MO 63302

Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.

Make checks/money orders payable to Spring Fling Convention

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ AA  Al-Anon

Entering information below gives permission to receive mailings  
and/or newsletters from the Spring Fling Only.

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City

State

Zip

Pre-Registration or PayPal \$15 \_\_\_\_\_

Door Registration \$20 \_\_\_\_\_

Friday Night BBQ \$9 \_\_\_\_\_

Friday Night Ice Cream Social \$7 \_\_\_\_\_

Al-Anon Luncheon Saturday \$25 \_\_\_\_\_

Banquet Saturday Night \$35 \_\_\_\_\_

Sunday Breakfast \$15 \_\_\_\_\_

Hospitality / Scholarship Donation \_\_\_\_\_

Please list any special needs here: \_\_\_\_\_

Cut-off for mail-in registration is April 12, 2019

# *2019 Area 51 Western Pre- Conference*

**April 27, 2019 12:30pm – 4:30pm  
First United Methodist Church in Hickory, NC  
311 3<sup>rd</sup> Ave NE, Hickory, NC 28601**

**Introduction: 12:30 – 1:00  
Lunch Provided: 1:00 – 1:45  
Breakout Sessions: 2:00 – 3:15  
Report Out & Delegate Session: 3:30-4:30**

**Come meet our Area 51 Panel 69 Delegate! Learn about the issues to be discussed at the upcoming 2019 69<sup>th</sup> General Service Conference of Alcoholics Anonymous, and let your voice be heard!**

**For more information please contact: Debbie G at [dcm@ncd12aa.org](mailto:dcm@ncd12aa.org) or Marty M at [webmaster@ncd12aa.org](mailto:webmaster@ncd12aa.org)**

# West Asheville Eatin' Meetin'

Let's celebrate recovery!  
Enjoy food and fellowship together.

**Saturday, April 27<sup>th</sup>**

@

**Abernethy UMC**

1418 Patton Ave, Asheville 28806

6:30pm - Doors Open

7:00pm - Pot Luck Dinner

8:00pm - Speaker Meeting

Please bring a covered dish with  
something in it to share!



**POTLUCK DINNER**

District 71 Presents  
“Keeping Our Meetings Safe”  
Saturday May 4<sup>th</sup>

9:30am-12:00pm

Hendersonville Group Meeting Building  
1624 Willow Rd, Hendersonville 28739

(Opposite the Valley Hill Fire Dept.)

**Safety: Freedom from risk, injury, danger or loss.  
Freedom from harassment and bigotry.**

Join us for lively conversations as we share our experiences along with solutions to this issue. This is an interactive workshop. How do our Traditions guide us? Who is responsible for group safety? Does my group have guidelines? Should I report criminal behavior to the police? What about anonymity vs confidentiality? And many more questions...

Refreshments will be served.

# Oak Island Lighthouse Retreat



## Fellowship and Serenity by the Sea

**May 10, 11, 12, 2019**

Fort Caswell - 100 Caswell Beach Road, Oak Island, NC 28465

Register and Pay Online at [www.lighthouse-retreat.com](http://www.lighthouse-retreat.com)

**Day Registration • \$35.00** per person  
**No Meals • Includes all meetings & functions for the weekend**

**Overnight Registration • \$182.00** per person • **Double Occupancy Only**  
**Includes 5 meals • 3 AA Speaker meetings**  
**Al-Anon Speaker meeting • All other meetings • Ice Cream Social**

**Speakers:** Katy H. - Sanford - AA (Friday pm.) • Lebra N. - Charlotte - AFG (Saturday am)  
 Crockett H. - Columbia, SC - AA (Saturday pm) • Mike B. - Myrtle Beach, SC - AA (Sunday am)

After April 15, 2019 Late registration/room call Charlie 910.512.0970 • Online assistance call Sara 914.417.7009

**Mail In Registration - Fill out for EACH person.**

Cut form below and mail (with payment) to

Oak Island Lighthouse Retreat, PO Box 235, Oak Island, NC 28465

Name 1 \_\_\_\_\_ M F      Name 2 \_\_\_\_\_ M F

Address \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_      City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_ Email \_\_\_\_\_

Name Tag: \_\_\_\_\_ Name Tag: \_\_\_\_\_

Special Request: (Roommate, 1<sup>st</sup> floor, etc.)      Special Request: (Roommate, 1<sup>st</sup> floor, etc.)

Registration Type	#Persons	\$Amt
Overnight: \$182 per person OR \$92 Deposit p.p. OR		
Day Registration \$35 per person		
<b>Total Enclosed:</b>		

Lodging is motel-style. Friday check-in - 4 p.m. Dinner - 6 p.m. First meeting - 8 p.m. Deposits are non-refundable after May 1. Make Checks Payable to: Oak Island Retreat.



# AA Seniors in Sobriety



## 12th International Conference Reno-Tahoe, Nevada

### May 19-21, 2019



LAKE TAHOE



VIRGINIA CITY



NATIONAL AUTOMOBILE MUSEAM



SILVER LEGACY RESORT

## Our Lives Have Just Begun

The Conference focuses on alcoholism, recovery and the aging process for Seniors:

- ◆ *Seniors in Sobriety History & Culture*
- ◆ *Coping with Grief and Losses*
- ◆ *Workshop Discussions*

**Silver Legacy Resort & Casino**  
**407 N. Virginia Street**  
**Reno, NV 89501**

**Main Speakers:**  
**Mark L. & Leslie K.**

Features of the Conference:

- ◆ *AA, Al-Anon & ACA participation*
- ◆ *Pre & Post Scenic Tours are available*
- ◆ *Rise and Shine Early Meditation & Yoga*

[www.renotahoesis2019.com](http://www.renotahoesis2019.com)  
 P.O. Box 11011 Reno, NV 89510-9998

For more info contact:  
 775-399-4627  
[sisreg2019@gmail.com](mailto:sisreg2019@gmail.com)

# 12<sup>th</sup> Seniors in Sobriety International Conference

*Our Lives Have Just Begun*

By Alcoholics Anonymous with Al-Anon and ACA participation

## May 19-21, 2019

**YOU'RE INVITED!**



### Silver Legacy Resort & Casino Reno, Nevada

Located in the heart of the Biggest Little City in downtown Reno and close to Lake Tahoe

*Room Rates Starting at \$50.00 (single)*

*NOT Included in room rates - \$25.00 resort fee & taxes per night*

*FREE PARKING*

**Reservation: 1-800-687-8733 or**

**silverlegacyreno.com**

**Please Use Group Code: SIS2019**



### Conference Features

The SIS Conference focuses on alcoholism, recovery and the aging process for Seniors:

- **Sunday Opening Meeting, Panels, Workshop Discussions**
- **Presentation from Medical Professionals & SIS, Q & A**
- **AA, Al-Anon, ACA & LGBTQ Meetings**
- **Speakers**  
*Mark L. San Jose CA*  
*Leslie K. Central CA*
- **Pre & Post Tours Available to Nearby Attractions (T)**  
 (more info coming)  
*Beautiful Lake Tahoe*  
*Historic Virginia City*  
*National Automobile Museum*  
*River Walk*  
*Discovery Museum*
- **ASL Interpreter on Site**

### REGISTRATION FORM (ONLINE REGISTRATION AVAILABLE)

Name \_\_\_\_\_  AA  Al-Anon

Name on Badge \_\_\_\_\_  Other \_\_\_\_\_

Street Address \_\_\_\_\_ Unit/Apt \_\_\_\_\_  I wish to volunteer

City \_\_\_\_\_ State \_\_\_\_\_ Country \_\_\_\_\_

Email \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Name \_\_\_\_\_  AA  Al-Anon

Name on Badge \_\_\_\_\_  Other \_\_\_\_\_

Street Address \_\_\_\_\_ Unit/Apt \_\_\_\_\_  I wish to volunteer

City \_\_\_\_\_ State \_\_\_\_\_ Country \_\_\_\_\_

Email \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Quantity ( ) Early Registration(s) by May 1, 2019 @ \$35.00 ea.= \$ \_\_\_\_\_

Quantity ( ) Monday AA & Al-Anon Luncheon @ \$30.00 ea.= \$ \_\_\_\_\_

Chicken  Fish  Veg'n

SIS Scholarship Program \$ \_\_\_\_\_

**TOTAL \$ \_\_\_\_\_**

Credit Card  Debit Card

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration MO \_\_\_\_\_ YR \_\_\_\_\_ 3 Digit Code \_\_\_\_\_

**CHECK**  
 Please make check payable to  
**2019 SIS COMMITTEE**  
 Mail to: **P.O. Box 11011**  
**Reno, NV 89510-9998**

If you have security concerns about mailing your payment information please call the number below

# Girlstock International

## *A Journey Through The Steps*

**Friday, May 31 to Sunday, June 2, 2019**

**Hilton Atlanta Airport • 1031 Virginia Ave., Atlanta, GA 30354**

*Located 5 minutes from Hartsfield Jackson International Airport.*

*Free shuttle from and to airport.*

**Call 404-767-9000 for reservations.**

*Room block is under "Girlstock International"*

**Hotel rate is \$113.00\***

**\*Rate is also good for one day before and one day after event.**

**\*Reserve your room by May 13, 2019 for this rate.**

*Complimentary self-parking. Pets allowed with additional deposit. Coffee in every room.*

### *Featuring 8 Wonderful Speakers:*

*Sonia L., Nashville, TN, Entertainment*

*Amanda B., Montgomery, AL, The Voice*

**Friday** 7:00 p.m. Amy D., Louisville, KY ~ "Steps 1 & 2"

9:00 p.m. Theresa F., Van Nuys, CA ~ "Step 3"

**Saturday** 9:00 a.m. Sharon C., Los Angeles, CA ~ "Steps 4 & 5"

10:30 a.m. Angie B., Destin, FL (AFG) ~ "Alanon"

2:00 p.m. Beth H., Cary, NC ~ "Steps 6 & 7"

4:00 p.m. Tami P., Chatsworth, CA ~ "Steps 8 & 9"

8:00 p.m. Speaker Panel

**Sunday** 9:00 a.m. Carla R., Tujunga, CA ~ "Steps 10 & 11"

10:30 a.m. Debra V., Jacksonville, FL ~ "Step 12"

#### **For additional information call:**

*Amanda B., 334-300-2501(Alabama) • Nita C., 901-210-1562(Tennessee)*

*Suzanne S., 678-231-6510(Georgia) • Kristi G., 501-615-5943(Arkansas)*

*Ann P., 407-371-1575 (Florida)*

**Event Registration \$30 Before April 30th.**

**After April 30th and at the Door is \$35.**

**Register by PayPal at <http://girlstockinternational.com>**

or make check or money order payable to "Special Events" and mail to:  
c/o Kristi Gray ([gray.krist@gmail.com](mailto:gray.krist@gmail.com)), PO Box 241324, Little Rock, AR 72223

### **Girlstock International - A Journey Through The Steps 2019**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Name on Badge \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Name on Badge \_\_\_\_\_

**Sponsorship Contribution \$\_\_\_\_\_.** Lend a hand to those unable to pay the registration fee.

*This flyer may be copied for distribution or downloaded from [www.leestapesandcds.com](http://www.leestapesandcds.com) • No Vendors Allowed*

*Be Filled with  
Love & Joy*

**Al-Anon  
Participation**





# Founders' Day Herald

## 84<sup>th</sup> Anniversary of Alcoholics Anonymous

June 7, 8, & 9, 2019 | Akron, Ohio | Birthplace of A.A.

### FRIDAY ACTIVITIES

#### A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour  
Chaired by: Jeff C.

#### A.A. Early Bird Meeting\* • 3:00 p.m.

Chad S. - Akron, OH  
"A Quiet Mind and A Loving Heart"  
Chaired by: Aaron K.

#### Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"A Song and a Coffee Pot"

#### A.A. Speaker Meeting\* • 7:00 p.m.

Jennifer K. - Plano, TX  
"Everything Is Bigger In Texas"  
Chaired by: Woody W.

#### Serenity Singers • 8:30 p.m. - 9:00 p.m.

Olin Hall

#### NEW MEETING!

#### A.A. Speaker Meeting\* • 9:00 p.m.

Denny S. - Woodlands, CA  
"Together Our Lives Come Full Circle"  
Chaired by: Tom O.

#### Junta en Español • 9:00 p.m. - 11:00 p.m.

"Los Jóvenes en AA" Crispin O., Morristown, TN  
"Experiencia, Fortaleza y Esperanza"  
Mauricio R., Alcoa, TN  
"La Viña, nuestra reunión impresa"  
Raymundo L., San José, CA

#### A.A. Alkathon • 11:00 p.m. - 2:30 a.m.

### SATURDAY ACTIVITIES

#### Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.  
2 buses continuously - Bierce Circle

#### A.A. Archives

Located in Akron Intergroup Office  
(Stop on bus tour)

#### The 12 Traditions • 9:00 a.m.

Gail L. & Harmon V.  
"Why It Works"  
Chaired by: Tom O.

#### Taller Internacional de La Viña

11:00 a.m. - 1:00 p.m.  
Coordinador: Ana L., San José, CA  
Expositores: Arturo A. y Juan T., San José, CA

#### A.A. Old Timers' Panel\* • 10:30 a.m.

Topic: "Early In Sobriety"  
Debbie D. - Concord, CA  
Tommy M. - Largo, FL  
Tom H. - Cuyahoga Falls, OH  
Chaired by: Tom O.

#### Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"A Song and a Coffee Pot"

#### NEW TIME, DAY & LOCATION!

#### A.A. & Al-Anon Speaker Meeting\* • 12:00 p.m.

Dain and Rhonda J. - Rocky Hill, CT  
"Honesty, Purity, Unselfishness and Love"  
E.J. Thomas Hall  
Chaired by: Cathy C.

#### A.A. Speaker Meeting\* • 2:00 p.m.

Chris S. - Bedminster, NJ  
"Your Job Now Is To Be In A Place Where You  
May Be Of Maximum Usefulness To Others"  
Chaired by: Jeff C.

#### The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. - The Villages, FL  
Chaired by: Aaron K.

#### A.A. Speaker Meeting\* • 8:00 p.m.

Tim H. - Louisville, KY  
"I Lied My Whole Life, When The Truth  
Was Good Enough"  
UA Infocision Stadium\*\*  
Chaired by: Scott T.

#### \*\*Stadium Weather Contingency Plan for Saturday Night - See Web Site

#### DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.  
Saturday Night

### SUNDAY ACTIVITIES

#### MOTORCADE TO DR. BOB'S GRAVE\*

7:30 a.m.  
Motorcycle procession and graveside  
memorial tribute to Dr. Bob & Anne S.  
Speaker: Harmon V.  
Chaired by: Woody W.

#### A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "God As I Understand Him"  
Chaired by: Jeff C.

#### A.A. Closing Speaker Meeting\*

10:30 a.m.  
Don L. - Bellingham, WA  
"I Found That Change Was Impossible  
Without First Being Wrong About Something.  
I Learned To Embrace The Power Of Being Wrong"  
Chaired by: Joyce B.

### AL-ANON

### FRIDAY ACTIVITIES

#### Al-Anon Panel • 9:00 a.m. - 1:00 p.m.

Concepts  
Chaired by: Irena H.

#### Marathon Al-Anon Meeting

2:00 p.m. - 8:00 p.m.  
Come Share Your Experience, Strength  
and Hope!  
Chaired by: Amber M. and Dan C.

### AL-ANON

### SATURDAY ACTIVITIES

#### Al-Anon Sponsorship Panel • 9:30 a.m.

Pat A., Cheryl B., Julie C.  
Chaired by: Dan C.

#### NEW TIME, DAY & LOCATION!

#### A.A. & Al-Anon Speaker Meeting\* • 12:00 p.m.

Dain and Rhonda J. - Rocky Hill, CT  
"Honesty, Purity, Unselfishness and Love"  
E.J. Thomas Hall  
Chaired by: Cathy C.

#### Al-Anon Band • 2:00 p.m.

12 Songs Of Recovery  
The 12 Steppers - Columbus, OH  
Chris M. - Piano, Vocals  
Tony J. - Mandolin, Flute  
Mike S. - Drums  
TL V. - Bass Guitar  
Intro by: Cathy C.

#### Alateen • 3:30 p.m.

Chaired by: Wendy Y.

### REGISTRATION

#### UA STUDENT UNION

#### CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.  
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by  
6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at designated  
dormitories. Check confirmation letter or e-mail.

#### Coffee & Fellowship Room

Student Union

#### A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.  
Saturday 8:00 a.m. - 5:00 p.m.

#### CREDIT CARDS ACCEPTED!

\* A.S.L. INTERPRETER

**NO BASIC REGISTRATION REFUND.  
\$30.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

# **Area 51 Spring Committee & Assembly Meeting June 21-23, 2019**

**THE HILTON NORTH RALEIGH/MIDTOWN**  
3415 Wake Forest Road, Raleigh, NC 27609

## **ADVANCE HOTEL INFORMATION**

**Deadline for Reservations: Thursday, May 23, 2019**

**Group Code: A51**

**Group Name: Area 51, General Service Spring Assembly**

**Room Rates: \$125.00 Single/Double, \$130.00 Triple, \$135.00 Quad**

**Phone: 919-872-2323 or 800-445-8667 [1-800-HILTONS]**

**Internet: Link for direct reservations: <https://tinyurl.com/y9eucgwa>**

**Internet: Link for hotel information: [www.northraleigh.hilton.com](http://www.northraleigh.hilton.com)**

### **For Best Results:**

- Reserve as soon as possible and definitely before the deadline. Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Using the direct reservation link will ensure the contracted rate and apply to the room block.
- **PLEASE MAKE YOUR RESERVATIONS EARLY!**
- If you reserve by phone, be sure to specify the group code "A51" and the group name "Area 51 General Service Spring Assembly."
- If possible, call the Hilton North Raleigh/Midtown directly at 919-872-2323 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- If you have ANY trouble with room rate or availability, please contact the Area Chair at [chair@aanorthcarolina.org](mailto:chair@aanorthcarolina.org).

**Thank you for your service and support of Area 51. See you at the  
Spring 2019 Committee and Assembly!**



# 72<sup>nd</sup> North Carolina State Convention

## July 11-14, 2019

Hilton North Raleigh / Midtown  
3415 Wake Forest Road • Raleigh, NC 27609

**Register NOW to Support Your Convention!**

Register online at [www.aanconvention.com](http://www.aanconvention.com)

### Convention Pre-Registration

before June 13, 2019 **\$20.00** per person

\$25.00 per person June 13, 2019 and after.  
*Al-Anons 18 & under - No charge but must register.*  
*(No Refunds after June 13, 2019)*

### Hotel Registration

Mention Group Code: NCST  
Single & Double: \$125 + tax  
Triple: \$130 + tax  
Quad: \$135 + tax



**Phone:** (919) 872-2323 - ask for NC State Convention and/or group code "NCST" to make reservations.

**Online:** [www.NorthRaleigh.Hilton.com](http://www.NorthRaleigh.Hilton.com) - enter group code "NCST" where prompted.

Cut-off for Conference rate: June 13, 2019

If you would be interested in a golf tournament at a future convention, please email us at [aanconvention@gmail.com](mailto:aanconvention@gmail.com)

### Speakers

Bob S.	Charlotte, NC	Thurs 8:30 pm
Kenna F.	Pasadena, CA	Fri 8:00 pm
Vannoy S. ▲	Justin, TX	Sat 9:30 am
Tammy Z.	Humble, TX	Sat 2:30 pm
George E.	Murrels Inlet, SC	Sat 8:00 pm
Billy N.	Buford, GA	Sun 10:00 am
God as I Understand Him <i>(5 peoples' experience)</i>		Sun 8:30 am

### Workshops - Fri 10:30 am & Sat 4:00 pm

- ★ FREE Convention Mug to First 400 Pre-Registrants!
- ★ Old-Timers' Panel, Friday at 3:00 pm
- ★ 'Round the Clock Marathon Meetings
- ★ Open Discussion Meetings ☯ ▲
- ★ Saturday Night Dance
- ★ Plenty of FREE Coffee

Consider buying a sponsorship for those less fortunate

**For more information or for problems with hotel reservations, please contact:**

Beth R. (704) 941-1220 • Alana E. (980) 230-9333  
OR Email: [aanconvention@gmail.com](mailto:aanconvention@gmail.com)



## 72<sup>nd</sup> North Carolina State Convention

Name \_\_\_\_\_  
Please print legibly

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_

Telephone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Name(s) for badge(s) \_\_\_\_\_  
Please print

♿ Do you have accessibility needs? \_\_\_\_\_

**\$20.00** Special Rate before June 13, 2019  
June 13 and after **\$25.00**  
*Al-Anons 18 & under: No charge but must register.*

Make checks payable to:  
**NC Convention Committee**  
**PO Box 41451 • Raleigh NC 27629**

Enclosed is \$ \_\_\_\_\_  
for \_\_\_\_\_ registration(s)

Is this a sponsorship?  Yes  No

Preferred method of contact:  
 Email  Mail

If you are willing to be a volunteer,  
please check here:

**NCCYPAA  
HOST COMMITTEE**

*Summer Campout*

**JULY 19TH-21ST, 2019  
BRIAR BOTTOM GROUP CAMPGROUND  
ASHEVILLE, NC**

**MEALS INCLUDED + BONFIRE SPEAKER MEETINGS  
CAPTURE THE FLAG IN THE DARK + SCAVENGER HUNT  
HIKE TO MT. MITCHELL + WATERFALL & RIVER ACCESS  
MAFIA + S'MORES + PUBLIC RESTROOMS & SHOWERS  
+ MORE!**

**PRE-REGISTRATION COST:  
\$15 UNTIL MARCH 17 + \$20 UNTIL MAY 28  
\$25 UNTIL JULY 18 + \$30 DAY OF**

**REGISTRATION AVAILABLE AT:**

**NCCYPAA2019.ORG**



# 44<sup>th</sup> Atlanta Roundup

Aug 1<sup>st</sup> – Aug 4<sup>th</sup> 2019



"Give freely of what you find and join us"

*The Roundup is pleased to welcome our 2019 Speakers!*

**Earl H • Scottsdale, AZ**

**Terri K • Woodville, OH**

**Rich B • Ocean City, MD**

**Susan B • Tulsa, OK**

**The Westin Perimeter North**

**Group Rate is Limited—Book Early!!  
7 Concourse Pkwy Atlanta 30328  
Call 770-395-3900 for Reservations**

**AA, Al-Anon & Alateen Workshops**

**Big Book Trivia Contest • Meetings  
Fellowship • Entertainment  
Hospitality • Home Made Treats**

**Come and join us for our annual weekend of Fun, Fellowship and Serenity as we celebrate our 44<sup>th</sup> Roundup! We have a great Program of Speakers, Workshops & Entertainment. Register and sign up to be a Volunteer at: [www.atlantaroundup.com](http://www.atlantaroundup.com) or fill out and return the form below.**

**The Atlanta Roundup Committee is an all volunteer body whose Primary Purpose is to carry the AA message and to unite the Metro Atlanta AA, Al-Anon and Alateen Community in Unity, Service and Recovery.**

Name: \_\_\_\_\_ Name for Badge: \_\_\_\_\_

Home Group: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Email (for confirmation and updates): \_\_\_\_\_

Program: AA \_\_\_ Al-Anon \_\_\_ (Alateen registration is \$1 at the door during Roundup)

Do you want to be a Volunteer? Yes \_\_\_ No \_\_\_. Registration \_\_\_ Greeter \_\_\_

Bake cookies for Hospitality? (Must be Homemade): Yes \_\_\_ No \_\_\_ ; # of dozens \_\_\_

**\$35 per person + Scholarship contribution: \_\_\_\_\_ Total \_\_\_\_\_**

**Make out checks to: The Atlanta Roundup, 1111 Canyon Point Circle, Roswell, GA 30076**

# NCCYPAA XXIII

North Carolina Conference of Young People in AA

## ASHEVILLE

*The Road of Happy Destiny*

Sept 19th-22nd, 2019

DoubleTree by Hilton • Biltmore Village

115 Hendersonville Rd • Asheville, NC, 28803

Double & King Room Rate: \$125

To book a room by phone, call the hotel directly at  
(828) 274-1800 and mention NCCYPAA

DoubleTree.Hilton.com • Group Code: YPA

Questions? Email: [chair@NCCYPAA2019.org](mailto:chair@NCCYPAA2019.org)

To pre-register and book a room, please visit:

**NCCYPAA2019.org**