

# Mountain Doin's

**FEBRUARY  
2019**

(828) 254-8539

**Office Hours  
10:00am - 1:00pm  
Monday-Friday**

**info@ncmco.net**

*Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974*

## Another Saturday Night

I spoke at a treatment center last night. I've been going there for about 14 months. I love speaking and look forward to it every month. I made the people laugh last night, though I didn't intend to.



I've asked other AA members to accompany me to this meeting. One said no with, "It's my sister's birthday Saturday night." Another made the excuse, "This is Tuesday and Saturday is a long ways off." And then I've just had no-shows. But I show up.

Before these meetings start, I usually ask my buddy, God, "You put the words in my mouth." I sometimes share my story about my life growing up in alcoholic homes. I tell them about how I married my drinking partner. I explain how I went to AA to find help for him, but when I got there the people at the podium were telling my story.

I tell them how my home group got me involved in service work. And they asked me to chair a Sixth-Step meeting. I also tell them that I now understand the First Step because I had to take it three times (in and out of AA and back again) and that I understand the Fourth Step because I need a paper and pencil. I love paper and pencil, ever since I learned to write to my dad when I was very young.

I share with them about my disgust with God after a religious friend took her own life. I especially tell them how I felt about God when I

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first walked in the doors of AA. I tell them about how it was hard for me to hear that I needed to embrace some kind of Higher Power so I'd have something to give my fears to and be able to sleep at night.

So, when I closed the meeting last night by reading from the Big Book, I prefaced it with, "This is about God..." and they all laughed. I like to close the meetings at the treatment center with the Serenity Prayer so people of all religions and people of no religious affiliation feel included.

Last night, the people on each side of me, and in most of the room, joined arms at the shoulders, like they do at another Twelve Step meeting, and that was OK with me.

As the people were leaving the room, a young man asked which group I attended. I heard him tell a woman, "I want to go where she goes."

Kansas

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**New NC Mountain Central Office, Inc.  
Profit & Loss YTD Comparison**

**December 2018**

	<u>Dec 18</u>	<u>Jan - Dec 18</u>
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Contributions</b>		
Birthday Contributions	0.00	324.00
Group Contributions	2,707.95	31,254.56
Individual Contributions	131.00	394.25
Subscriptions	0.00	33.00
<b>Total Contributions</b>	<u>2,838.95</u>	<u>32,005.81</u>
Interest on Money Market	0.94	11.07
<b>Sales Income</b>		
Literature & merchandise	2,157.29	29,691.29
Shipping charged to groups	26.23	468.68
<b>Total Sales Income</b>	<u>2,183.52</u>	<u>30,159.97</u>
<b>Total Income</b>	<u>5,023.41</u>	<u>62,176.85</u>
<b>Cost of Goods Sold</b>		
Freight - vendor shipping	34.28	389.63
Literature & merchandise	1,874.62	24,274.56
Shipping to groups	26.23	470.57
<b>Total COGS</b>	<u>1,935.13</u>	<u>25,134.76</u>
<b>Gross Profit</b>	<u>3,088.28</u>	<u>37,042.09</u>
<b>Expense</b>		
CO/D70 Fall Picnic	0.00	410.48
Copier Rental	157.96	2,050.57
<b>Credit Card Processing</b>		
Initial Setup	22.61	22.61
Monthly fees	22.53	22.53
<b>Total Credit Card Processing</b>	<u>45.14</u>	<u>45.14</u>
Editor	135.00	1,620.00
Fire Inspection (good for 3yrs)	0.00	25.00
ICOAA Conference	0.00	1,002.71
Insurance Expense	0.00	615.00
New Computer, Software, IT Asst	0.00	838.29
Office Expenses	30.00	340.00
Office Supplies	0.00	301.11
<b>Payroll Expenses</b>		
Gross Salary (Including Taxes)	1,544.00	14,793.13
Payroll Taxes (Company)	118.11	1,173.67
Processing (for Direct Deposit)	5.25	66.50
<b>Total Payroll Expenses</b>	<u>1,667.36</u>	<u>16,033.30</u>
QuickBooks Expenses	0.00	450.37
Rent	550.00	6,552.00
Stamps/Postage	78.47	917.03
<b>Telephone &amp; Internet</b>		
Answering Service	88.00	1,050.00
Office Telephone/Internet	148.68	1,783.34
<b>Total Telephone &amp; Internet</b>	<u>236.68</u>	<u>2,833.34</u>
<b>Total Expense</b>	<u>2,900.61</u>	<u>34,034.34</u>
<b>Net Ordinary Income</b>	<u>187.67</u>	<u>3,007.75</u>
<b>Other Income/Expense</b>	0.00	-1,004.21
<b>Net Income</b>	<u><u>187.67</u></u>	<u><u>2,003.54</u></u>



**February Grapevine is now available!**

This month's special section is "Old-Timers!" featuring wonderful stories by members with many years of sobriety.



[www.aagrapevine.org](http://www.aagrapevine.org)

Cash on Hand as of 12/31/2018

Prudent Reserve (Money Market)

**\$11,064.19**

Operating Account (Checking)

**\$9,364.79**

Rent Deposit **\$400.00**

Petty Cash **\$50.00**

**Call & Visitor Log**

**December 2018**

12 Step Calls – 0

General Info – 4

Family Help – 0

Meeting Info – 7

Central Office

Business – 35

Medical/Detox – 0

Visitors – 59

Answering Service (Operator-Asst) – 71 minutes

After-hours Hotline Volunteers - 26 calls



Visits to aaNCMCO.org website:

Unique Visitors: 739

Unique Visits: 1,298 (1.75 per visitor)

Pages: 4,493 (3.46 per visit)

# Contributions

	DEC 2018	YTD		DEC 2018	YTD
11-11-11 Meeting		\$0.00	New Freedom Group 700-124		\$40.00
12 & 12 Study Group		\$160.00	Newland Serenity (Linville Mtg.)		\$19.02
2nd Chance Group - Cherokee 712-180		\$280.00	No Name Group - Murphy		\$200.00
3 Legacies Group 709-522		\$73.20	Papertown Group		\$67.59
4th Dimension Group		\$0.00	Phoenix Group		\$120.00
Acceptance Group 122-477	\$844.67	\$2,734.70	Pisgah Group		\$300.00
Agnostics, Atheists & Freethinkers AA Group		\$668.00	Practicing Principles 667-311		\$0.00
Andrews Group 110-494		\$25.00	Primary Purpose Group		\$9.00
Anonymous		\$488.75	Recovery by the River 674-892		\$476.94
Around the Room Group		\$40.00	Roundtable Group 135-605		\$25.00
AVL Big Book Step Study Group 637-843		\$73.86	Rule 62 Group		\$186.00
AVL Women's Big Book Step Study 703-990		\$109.00	Safe & Sound 645-654		\$300.00
At Wit's End Group		\$88.44	Saluda Back to Basics Group		\$25.00
AWOL Group		\$0.00	Saturday Morning Men's Meeting	\$75.00	\$700.00
Back to Basics Grp - Weaverville 147-139		\$50.00	Serenity Now 670-803		\$75.00
Big Town Group 671-200		\$548.97	Serenity Seekers - Marion Noon AA		\$150.00
Black Mountain Group 117-117		\$35.25	663-204		
Brevard Men's Group		\$250.00	Serenity Service Group 110-498	\$25.00	\$325.00
Brevard Serenity Group 631-231		\$250.00	Sisters in Sobriety - Whittier		\$0.00
Bryson City Group 110-467		\$575.00	Skyland 12&12 Group		\$280.00
Burnsville Group 136-171		\$350.00	Speed Bump Group 512-851		\$0.00
But for the Grace of God Group		\$69.05	Spiritual Fitness Group 720-419		\$309.80
BYOC - Bring Your Own Coffee		\$974.11	Sunshine AA Group 163-759		\$100.00
Candlelight Meeting		\$0.00	Surrender Group		\$300.00
Candler KISS Group 163-148		\$82.50	The Meeting		\$50.00
Cashiers Valley Grp 122-589		\$891.44	The Principles Group		\$19.50
Cedar Mountain Group 161-082	\$75.00	\$185.00	Total Surrender Group		\$216.34
Columbus Group 150-908		\$42.50	Tryon Monday 5:30 Meeting		\$590.18
Conscious Contact Group - Asheville		\$524.00	Tuesday Night Men's Group 179-001		\$100.00
Cullowhee Valley Group 118-129		\$50.00	United With Hope Group 719-052		\$291.00
Cumberland Group 122-472		\$350.00	Waynesville Grace Group 110-692		\$1,550.00
Daily Decisions 643-869		\$389.05	We Are Not Saints Group		\$0.00
Day by Day Group 159-058		\$1,936.37	We Think Not Group 700-411		\$190.00
District 71		\$250.00	West Asheville Group 110-501		\$0.00
Down But Not Out Group		\$0.00	Women's BBSS Group - Hendersonville		\$0.00
Downtown Serenity Group 702-463		\$71.37	Women's Grapevine Meeting		\$0.00
Dry Dock Group		\$25.00	Women of Courage Group		\$630.00
Early Bird Group 612-780		\$257.00	Women of Grace		\$200.00
Fellowship Group 655-542	\$100.00	\$435.64	Women of Principles Group	\$225.69	\$225.69
Fireside Group 655-046	\$200.00	\$512.50	Working at Recovery		\$0.00
Flat Rock Men's AA Meeting		\$50.00			
Good Livers 666-360		\$250.00			
Grace Group 161-970	\$502.59	\$2,462.80			
Great Fact Group	\$500.00	\$1,000.00			
Happy Hour Group - Hendersonville 169-182		\$600.00			
Happy Hour Group - Waynesville		\$0.00			
Happy, Joyous & Free - Columbus		\$43.00			
Heart Fire Group	\$60.00	\$521.00			
Hendersonville Group 110-594		\$375.00			
High Noon Group 689-080		\$90.00			
Higher Power Tower Hour Group		\$20.75			
Joe & Charlie Big Book Study	\$100.00	\$100.00			
Joy of Living - Brevard 669-820		\$100.00			
Kanuga Group 645-767		\$100.00			
Lambda Group 617-035		\$479.00			
Landrum Group 715-401		\$45.22			
Leicester Group 143-417		\$100.00			
Library Group 672-283		\$80.00			
Maggie Valley Group 158-950		\$415.00			
Maple Grove Group 121-212		\$0.00			
Marion AA Group 110-621		\$200.00			
Marshall Group 100-489		\$108.00			
Mars Hill Group 130-895		\$36.00			
Meditation Mondays		\$50.00			
Men's Attitude Adjustment Group 670-850		\$0.00			
Midday Grp (Hendersonville) 143-420		\$556.03			
Mill Springs Group 656-821		\$65.00			
Mission Group 606-119		\$91.32			
Monday 6:00 Open Meeting		\$566.00			
Mountain View Grp (Highlands) 110-598		\$833.68			
			<b>Total Group Contributions:</b>	<b>\$2,707.95</b>	<b>\$31,254.56</b>
			<b>Individual Contributions:</b>		
			Anonymous	\$0.00	<b>\$103.25</b>
			Dani B.	\$5.00	<b>\$5.00</b>
			Mark M.	\$6.00	<b>\$6.00</b>
			Bob P.	\$100.00	<b>\$100.00</b>
			Eva	\$10.00	<b>\$10.00</b>
			In Memory of B.G.	\$10.00	<b>\$120.00</b>
			In Memory of David W.	\$0.00	<b>\$50.00</b>
			<b>Total Individual Contributions:</b>	<b>\$131.00</b>	<b>\$394.25</b>
			<b>Birthday Contributions:</b>		
			Anonymous		<b>\$53.00</b>
			Hope B.		<b>\$15.00</b>
			Marjorie R.		<b>\$30.00</b>
			Karin S.		<b>\$36.00</b>
			Monica G.		<b>\$190.00</b>
			<b>Total Birthday Contributions:</b>	<b>\$0.00</b>	<b>\$324.00</b>
			<b>Mountain Doin's Subscriptions:</b>	<b>\$0.00</b>	<b>\$33.00</b>
			<b>Grand Total:</b>	<b>\$2,838.95</b>	<b>\$32,005.81</b>

As always, we thank you for your generous support!

# MEETING UPDATES:

## Districts 70 • 71 • 80

### New Meetings:

**Asheville: Sunlight of the Spirit:** Saturday 6:00pm (O,LS) St Matthias' Episcopal Ch, 1 Dundee St, Asheville 28801

**Hendersonville: Orchard Group:** Saturday 2:00pm (O,D) St Paul's Episcopal Church, 1659 St Paul's Rd, Hendersonville 28792 (Edneyville 28727)

### Meeting Changes:

**Asheville: Bill's Kitchen:** Sunday 7:00pm (M,C,LS) Was meeting at 370 N. Louisiana Ave, Unit C4. New location as of Jan. 6: 1st Baptist Ch, 5 Oak St, Sherman Center Annex Rm 200, Asheville 28801

**Arden: 3 Legacies Group:** Wednesday 7:00pm (C,BB/TR) Format for last Wednesday of the month changing from "Open Speaker" to "Closed, Step Study". Lutheran Church of Nativity, 2425 Hendersonville Rd, at Airport Rd, Arden, NC 28704

**Asheville: Heart Fire Group:** Meetings on Wednesday 8:00am and Friday 8:00am are being discontinued. Ongoing are meetings on Sunday 9:00am, Tuesday 8:00am and Saturday 7:30am. All meetings are "Open, Discussion". Asheville 12 Step Recovery Club, 22-B New Leicester Hwy, Asheville 28806

**E. Flat Rock: United with Hope Group:** Friday 10:00am. Format change from "Open, 'Came to Believe' study" to "Open, Big Book study". Hope United Methodist Ch (Choir Rm) 2443 Spartanburg Hwy, E. Flat Rock 28726

### Discontinued Meeting:

**Black Mountain: 11-11-11 Meeting:** Sunday 11:00am (O,MT,D) Carver Community Center, 101 Carver Ave, Black Mountain. Meeting will be discontinued in March. Last meeting will be Sunday February 24.

## The SERVICE EXPRESS

March newsletter deadline for sending in announcements is **February 15th.**

### District 70:

**GSR Business Meeting** – normally held the 2nd Sunday of the month. The next meeting will be **Sunday, February 10, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805.

The new District 70 By-laws were passed at the January GSR meeting with "housekeeping" correction to election cycles.

**Service Committee Meeting** – Now held the first Sunday of the month. Next meeting is **Sunday, February 3, 12:15pm**, at North Asheville Community Center, 37 E. Larchmont Dr, Asheville, 28804 (immediately following the 11:00am Conscious Contact meeting.) Volunteers are needed for Treatment Facilities, Men's & Women's

Corrections Facilities, Cooperation with the Professional Community and Public Information. Please attend to learn more about these service opportunities.

**Treatment Facilities Committee** – Ian O. and Zack are Committee Chairs. Contact them at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org) to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

**"Bridging the Gap"** (with treatment facilities) – If you are interested in this service please contact the TFC Chair (above) or the BTG co-coordinator at [bridgingthegap.asheville@gmail.com](mailto:bridgingthegap.asheville@gmail.com).

**Updates:** A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: [www.btgww.org](http://www.btgww.org)

**Corrections Committee** – Women's Chairs are Denise J. and Casey - contact at [women\\_corrections@ashevilleaa.org](mailto:women_corrections@ashevilleaa.org). Temporary contact for Men's Corrections is Bill W. - at [bill@wermecom.com](mailto:bill@wermecom.com). Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2018/05/Volunteer-App-12-18-17.pdf>

Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: [Sarah.Regala@buncombecounty.org](mailto:Sarah.Regala@buncombecounty.org). AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

If you are interested in this volunteer service or have questions about the application and orientation process, please contact Bill W. at [bill@wermecom.com](mailto:bill@wermecom.com). For more information attend the next GSR Meeting and/or the Service Committees Meeting.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

**CPC/PI Committee** – Joe T. is the Chairperson. Contact him at [cpc\\_pi@ashevilleaa.org](mailto:cpc_pi@ashevilleaa.org). These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>

Volunteers are needed for upcoming area events; please contact Joe.

### District 71:

**GSR Meeting** – held the 2nd Saturday of the month. The next meeting will be **Saturday, February 9, 9:30am**. 1624 Willow Rd, Hendersonville, 28739. The Corrections Committee now meets in conjunction with the GSR meeting.

Submitted by Terry G., DCM:

“Happy New Year! This is a very exciting time for District 71. We have 25 registered groups plus meetings. We have several new GSRs who have been elected in the past few weeks.

“We are excited to have our Spanish-speaking meeting relocate to Fletcher and also increase the number of meetings to three a week. The new location is 5360 Hendersonville Rd (Smiley’s Flea Market) #849, Fletcher 28732.

“By the Grace of God, with the increase in AA members who are willing to serve, we have filled the positions of CPC/PI, Corrections and Events Chairpersons. We still need Chairpersons for Treatment Committee and Grapevine. Anyone who is interested in either of these service positions please come to the GSR Meeting on February 9 or contact Terry through the Central Office – 828-254-8539.

“We are excited to see the enthusiasm and encourage continued participation at our district meetings.”

The Corrections Committee is in need of men volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please attend the District 71 GSR - Corrections Committee meeting in February, or call/email Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net) – for contact information.

### District 80:

**GSR District Meeting** will be **Sunday, April 21, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They will be looking for a new Corrections Chairperson. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aanCMCO.org](http://www.aanCMCO.org)

Matt C., the coordinator for meetings taken into the Appalachian Community Services Center located at 91 Timberlane Rd in Balsam, said they need volunteers to take AA meetings into the facility. The meetings are every Monday and Wednesday at 6 pm and every other Saturday at 5:30. If you are interested in participating in this service please contact Matt by calling or emailing Central Office.

**The next quarterly combined COR/NCMCO Board meeting** will be **Thursday, March 14, 6:00pm**, 70 Woodfin

Place, Suite 212 (just down the hall from the Central Office). Asheville 28801.

At the January COR/Board meeting it was proposed and approved to change the frequency of the Central Office Board meetings to six times a year instead of monthly and to have all the meetings be combined COR/Board meetings. The meetings will be held on odd-numbered months (January, March, May, July, September and November). All AA members are welcome to these combined COR/Board meetings but only Central Office Representatives can vote on issues, so we encourage all groups to send a COR!

Also, at our January meeting the Board members nominated and CORs approved the selection of our new secretary, Ray S. (who started as a substitute in December) and our new treasurer, Angie W. We welcome them both to the Central Office Board! Many thanks to Dani, our out-going treasurer, for the fantastic job she has done these last two years. We are all truly grateful for her service to Central Office.

## Special Meetings and Events

**55th International Women’s Conference:** February 7-10, 2019. The Westin Bonaventure Hotel & Suites, 404 South Figueroa St, Los Angeles, CA 90071. For more information and registration form, visit website: [www.internationalwomensconference.org](http://www.internationalwomensconference.org)

**Quest Carolina Roundup:** February 22-24. North Shore Oceanfront Hotel (Sands Resort), 201 74th Avenue N, Myrtle Beach, SC 29572. To register or for more information, visit; [www.questcarolinaroundup.org](http://www.questcarolinaroundup.org)

**United with Hope Group’s 3rd Anniversary Celebration:** March 8. Complimentary breakfast at 9:00am (feel free to bring something to share); speaker meeting at 10:00am. Hope United Methodist Church (Fellowship Hall) 2443 Spartanburg Hwy, E. Flat Rock, 28726

**31st Annual “Freedom from Bondage” – Area 51 AA Corrections Conference:** March 8-10. Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28315 (Just off US 15-501 Hwy) Room reservations: 910-693-4330 or online: [https://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20190308/index.jhtml?WT.mc\\_id=POG](https://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20190308/index.jhtml?WT.mc_id=POG) Room Code: FFB. For more information, email: [corrections@aanorthcarolina.org](mailto:corrections@aanorthcarolina.org) or call 305-972-7979

**EACYPAA XVII – Recovery. Service. Unity:** March 7-10. Bally’s Atlantic City Hotel, 1900 Boardwalk, Atlantic City, NJ. For more information, visit website: [www.NJYPAA.org](http://www.NJYPAA.org)

**Appalachian Regional Roundup:** March 22-24. “Rocketed into a Fourth Dimension.” Meadowview Conference Resort & Convention Center, 1901 Meadowview Parkway, Kingsport TN 37660. For more information and registration form, visit website: [www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)

## Special Meetings and Events - Cont.

(Continued from page 5)

**Oak Island Lighthouse Retreat – Fellowship and Serenity by the Sea:** May 10-12. Fort Caswell, 100 Caswell Beach Rd, Oak Island, NC 28465. For more information and registration, visit website: [www.lighthouse-retreat.com](http://www.lighthouse-retreat.com)

**NCCYPAA Host Committee Summer Campout:** July 19-21. Briar Bottom Group Campground, Asheville (Burnsville) NC. For more information and registration, visit website: [www.NCCYPAA2019.org](http://www.NCCYPAA2019.org)

**NCCYPAA XXIII – The Road to Happy Destiny:** September 19-22. DoubleTree by Hilton, 115 Hendersonville Rd, Asheville 28803. For room reservation call hotel: 828-274-1800, mention NCCYPAA – Group code: YPA. For questions, email: [chair@NCCYPAA2019.org](mailto:chair@NCCYPAA2019.org) or visit website: [www.NCCYPAA2019.org](http://www.NCCYPAA2019.org)

NC Area 51 Conferences and Events: [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

GSO in New York: [www.aa.org](http://www.aa.org)

For events around the country and the world, as well as great articles and information, go to: [www.aa.org](http://www.aa.org) and Box 4-5-9 Bulletin Board: [www.aa.org/newsletters/en\\_US/en\\_box459\\_holiday18.pdf](http://www.aa.org/newsletters/en_US/en_box459_holiday18.pdf)

## Spanish-speaking Volunteers needed!

We are in need of bi-lingual/Spanish-speaking AA members who are willing to be 12-Step Call Volunteers. We periodically get calls from individuals looking for help or for meeting information who don't speak much English, or from hospitals, doctors or social workers who have Spanish-speaking clients who are looking for information about Alcoholics Anonymous and meetings.

If you speak Spanish and would like to be of service, please call Pam at Central Office: 828-254-8539.

Your assistance will be greatly appreciated!

## A Free Subscription for You!

The full-color edition of our monthly newsletter is available free! We will email the digital Mountain Doin's directly to you with all the latest information about meeting changes, special events, service opportunities and much more. Subscribe by emailing us at [info@ncmco.net](mailto:info@ncmco.net). The newsletter is also posted online at [www.aancmco.org](http://www.aancmco.org) and [www.ashevilleaa.org](http://www.ashevilleaa.org).

## Does your Group need support?

Let us know and we will put a notice in the newsletter.

**The following meetings could use some support:**

**Asheville: Total Surrender Group,** Friday 7:00pm (C,BB) New Hope Presbyterian Church, 3010 Sweeten Creek Rd, Asheville 28803

**Asheville: Downtown Women's Group,** Thursday 12:30-1:15pm (W,C,LS/D) 1st Congregational United Church of Christ, 20 Oak Street, Asheville 28801

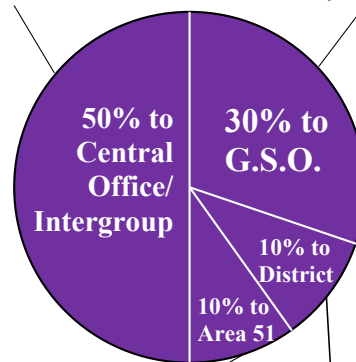
**Asheville: 12&12 Study Group,** Wednesday 6:00pm (O,SS/TR,D) Groce United Methodist Church, 954 Tunnel Rd (in classroom building behind church; take Governors View just east of Beverly Rd to parking lot behind church) Asheville 28805

### Suggestions for Group Donations to the A.A. Service Structure\*

\* from the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO  
70 Woodfin Place,  
Ste 206  
Asheville, NC 28801

General Service Office  
Grand Central Station  
PO Box 459  
New York, NY 10163-0459



Area 51 NCGSC  
Treasurer  
PO Box 1181  
Burlington, NC 27216

District 70 Treasurer  
PO Box 8574  
Asheville, NC 28814-8574

District 71 Treasurer  
1113 Pace Road  
Hendersonville, NC 28792

District 80 Treasurer  
48 Fawn Ridge  
Franklin, NC 28734

# ANNIVERSARIES

## 2nd Chance Group - Cherokee

Leslie H. 2-21-1997 22 yrs

## Acceptance Group

Nancy K. 2-14-1992 27 yrs  
John McC. 2-16-1976 43 yrs  
Christy G. 2-21-2014 5 yrs

## Asheville Women's BBSS Group

Angela 2-01-2005 14 yrs  
Roseann N. 2-03-2010 9 yrs  
Ali W. 2-12-2011 8 yrs

## At Wit's End Group

Daniel S. 2-01-2015 4 yrs  
Paul M. 2-08-2015 4 yrs  
Travis R. 2-12-2013 6 yrs  
Lissa M. 2-17-2009 10 yrs  
Blake G. 2-26-2012 7 yrs  
Jarrett M. 2-27-2015 4 yrs

## Back to Basics Group

Brian D. 2-01-2006 13 yrs  
Mike P. 2-01-2009 10 yrs  
Stacy R. 2-04-1998 21 yrs  
Mike W. 2-24-2006 13 yrs  
Phil L. 2-26-2012 7 yrs

## Black Mountain Group

Kathleen K. 2-12-2012 7 yrs

## Brevard Serenity Group

Jolene O. 2-10-2008 10 yrs  
Karen S. 2-15-2018 1 yr  
Missed in  
January:  
Shelly Mae S. 1-09-2016 3 yrs

## Candlelight Group

Jess M. 2-13-2015 4 yrs

## Candler K.I.S.S. Group

Carol M. 2-12-1984 35 yrs  
Chip C. 2-20-1986 33 yrs

## Conscious Contact Group

Nicole G. 2-14-2015 4 yrs  
Marty M. 2-15-1954 65 yrs

## Cumberland Group

Dan P. 2-09-1998 21 yrs  
Billy L. 2-16-2015 4 yrs

## Daily Decisions Group

Blue 2-08-2005 14 yrs

## Fellowship Group

Barry B. 2-01-2012 7 yrs  
Maggie P. 2-07-2017 2 yrs  
Marsha P. 2-14-1987 32 yrs  
Jackie D. 2-16-2014 5 yrs  
Linda Q. 2-16-2018 1 yr

## Good Livers Group

Marti R. 2-17-1991 28 yrs  
Mary S. 2-18-2012 7 yrs  
Michelle F. 2-18-2001 18 yrs  
Carrie B. 2-22-1994 25 yrs  
Warren M. 2-22-2018 1 yr

## Grace Group

Joe E. 2-05-2015 4 yrs  
Eli J. 2-06-2017 2 yrs  
Geoff S. 2-06-2008 11 yrs  
Karen D. 2-10-2009 10 yrs  
Mary B. 2-10-1981 38 yrs  
Jess M. 2-13-2015 4 yrs  
Jerry T. 2-15-2011 8 yrs  
Sabra R. 2-15-2008 11 yrs  
Susan D. 2-15-1986 33 yrs  
Margery K. 2-22-2004 15 yrs  
Cat F. 2-23-2012 7 yrs  
Ashley G. 2-24-2010 9 yrs  
Quinn M. 2-29-2016 3 yrs

## Happy Hour Group

Bobbie P. 2-03-1986 33 yrs  
Ken F. 2-25-2012 7 yrs

## Heart Fire Group

Terry S. 2-08-2016 3 yrs

## Hendersonville Group

Bill G. 2-12-1982 37 yrs  
Ruthie M. 2-13-2018 1 yr  
Eric G. 2-18-2013 6 yrs

## Mars Hill Group

Brian D. 2-01-2006 13 yrs  
Mike P. 2-01-2009 10 yrs  
Mike W. 2-24-2006 13 yrs  
Dick Mc. 2-25-1980 39 yrs  
Phil L. 2-26-2012 7 yrs  
John W. 2-28-1986 33 yrs

## Midday Group

Ali W. 2-12-2011 8 yrs  
Craig G. 2-14-2013 6 yrs  
Dean D. 2-14-1994 25 yrs  
Barbara M. 2-22-2012 7 yrs

## Phoenix Group

John W. 2-06-2005 14 yrs

## Serenity Seekers Group - Marion

Dean D. 2-12-2002 17 yrs  
Ben F. 2-16-1986 33 yrs  
Christina 2-24-2012 7 yrs  
Suzie L. 2-28-2009 10 yrs

## Total Surrender Group

Eva 2-02-2015 4 yrs  
April M. 2-14-2011 8 yrs  
Jackie D. 2-16-2014 5 yrs  
Mary S. 2-18-2012 7 yrs  
Daniel W. 2-19-2017 2 yrs  
Cat F. 2-23-2012 7 yrs  
Jackie L. 2-23-2015 4 yrs  
Josh H. 2-23-1999 20 yrs  
Nathaniel R. 2-28-2016 3 yrs

## Traditional Group

Jason C. 2-06-2013 6 yrs  
Josh M. 2-15-2013 6 yrs  
Patrick W. 2-15-2002 17 yrs  
Zac W. 2-22-2011 8 yrs  
Roy M. 2-25-2015 4 yrs  
Matthew B. 2-28-2013 6 yrs

## United With Hope Group

Charlie D. 2-04-1984 35 yrs  
Kent S. 2-07-2009 10 yrs  
Bill 2-12-1982 37 yrs

## Waynesville Grace Group

Paul M. 2-08-2015 4 yrs  
Kari S. 2-13-2018 1 yr  
Laura S. 2-18-1998 21 yrs  
Verda D. 2-23-2015 4 yrs

## Women of Grace Group

Tonya K. 2-01-2013 6 yrs  
Suzy L. 2-28-2009 10 yrs

Need to update your Group's anniversary list?

Call Central Office - 828-254-8539 - or send a new list to:

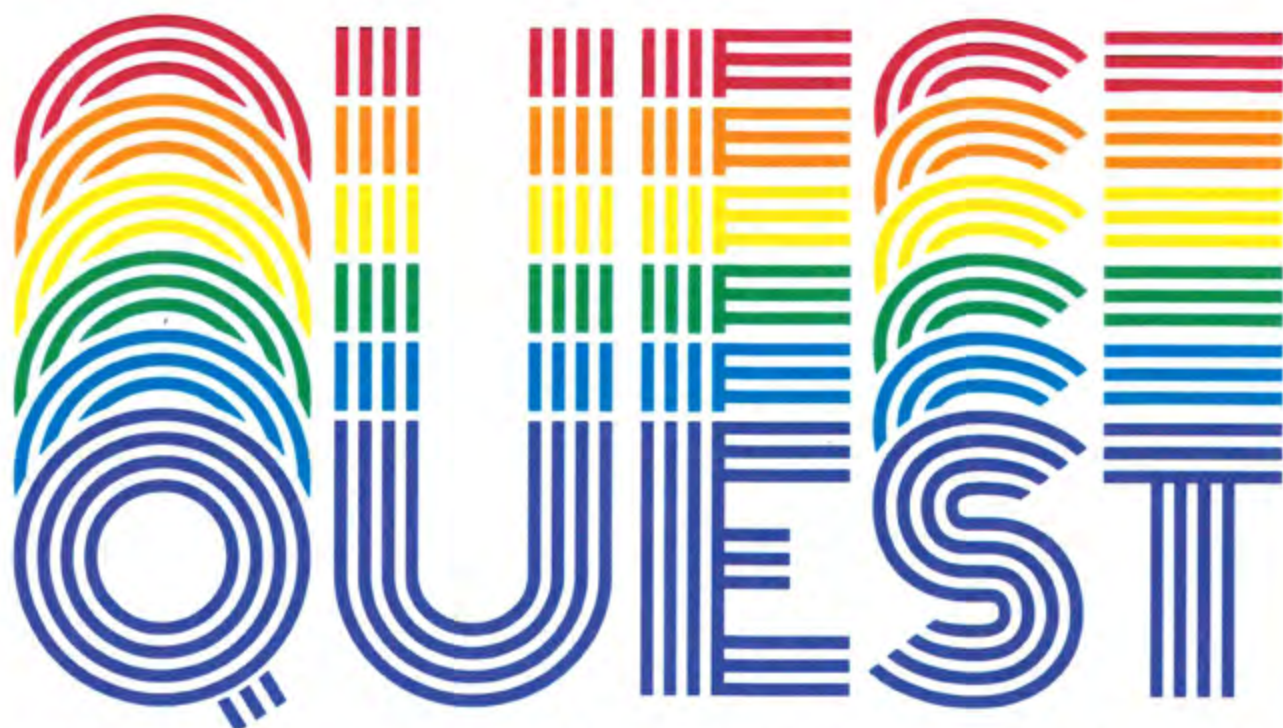
[info@ncmco.net](mailto:info@ncmco.net)

March newsletter deadline for sending in anniversaries and announcements is February 15.

# Quest Carolina Roundup

**February 22-24, 2019**

**Sands Resorts, Myrtle Beach**



**#COURAGETOCHANGE**

**AA and Al-Anon roundup for LGBTQ+ and Allies! A weekend of recovery workshops, speakers, fun, and fellowship!**

**To register, visit  
[www.questcarolinaroundup.org](http://www.questcarolinaroundup.org)**



# **UNITED WITH HOPE**

## **10:00 am GROUP**

**Proudly Announces Our**

# **THIRD**

# **ANNIVERSARY**

**Come Celebrate With Us!**

## **Friday, March 8<sup>th</sup>**

Complimentary Breakfast 9:00 am - Scrambled eggs, bacon, etc.  
If you want something special feel free to bring and share.

Speaker Meeting at 10:00 am

**Hope United Methodist Church**  
**(in Fellowship Hall – not Choir Room)**  
**2443 Spartanburg Hwy, E. Flat Rock 28726**

# EACYPAA XVII



**MARCH 7-10, 2019**

**BALLYS HOTEL ATLANTIC CITY**

**1900 BOARDWALK, ATLANTIC CITY NJ**

**RECOVERY. SERVICE. UNITY.**

**REGISTER AND BOOK YOUR ROOM >> [NJYPAA.ORG](http://NJYPAA.ORG)**

QUESTIONS? EMAIL US!

[NJHOSTCOMMITTEE@GMAIL.COM](mailto:NJHOSTCOMMITTEE@GMAIL.COM)

EACYPAA XVII PRESENTS THE 2019 PRE CON EVENT

# A TASTE OF SOBRIETY

## FOOD SCAVENGER HUNT

THURSDAY, MARCH 7<sup>TH</sup>

ENJOY THE  
*Ride*

FOOD HUNT 6-8PM  
BULL RIDES 7-9 PM  
DANCE PARTY 8-10PM

### FOOD SAMPLES FROM:

GUY FIERI'S CHOPHOUSE  
BUCA DI BEPPO  
GUY'S BAR-B-QUE JOINT  
SNACK SHACK  
GORDON RAMSAY PUB & GRILL  
TAZZA

BULL RIDES & AFTER PARTY

**\$20 PER  
PERSON**

Limited Tickets Available



BALLY'S RESORT, ATLANTIC CITY, NJ

TICKETS HERE: [WWW.NJYPAA.COM](http://WWW.NJYPAA.COM)

# 31<sup>st</sup> Annual “FREEDOM FROM BONDAGE” Area 51 AA Corrections Conference

March 8, 9, & 10, 2019

Hampton Inn & Suites  
200 Columbus Dr.  
Aberdeen, NC 28315  
(Just off US 15 501 Hwy)

## Pre-registration for conference

\$15.00 per person before February 22, 2019  
\$18.00 at the door

## Hotel registration

Hampton Inn & Suites  
200 Columbus Dr.  
Aberdeen, NC 28315  
Room reservations:

(910) 693-4330 -or- online at:

[https://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20190308/index.jhtml?WT.mc\\_id=POG](https://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20190308/index.jhtml?WT.mc_id=POG)

Code: **FFB**

Rate: \$102-Standard Room, \$112-Studio Suite

Cut-off for special rate: February 22, 2019

## Agenda

- Speakers
- Panels
- Workshops
- Fellowship
- All the coffee you can drink!
- “Sweet Treats”

## For more information

E-mail: [corrections@aanorthcarolina.org](mailto:corrections@aanorthcarolina.org)  
305-972-7979

----- ( Cut here ) -----

## 31<sup>st</sup> Annual Freedom From Bondage

Area 51 AA Corrections Conference

Pre-registration rate before February 22, 2019 – \$15.00

Name: \_\_\_\_\_ Name on Badge: \_\_\_\_\_

Name: \_\_\_\_\_ Name on Badge: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-mail: \_\_\_\_\_

# of AA's: \_\_\_\_\_

**Make checks payable to:  
CFC and mail to CFC  
P.O. Box 1201  
Mebane, NC 27302**



# APPALACHIAN REGIONAL ROUNDUP

## “ROCKETED INTO A FOURTH DIMENSION” MARCH 22-24 2019      KINGSFORT, TN

Meadowview Conference Resort  
& Convention Center  
1901 Meadowview Parkway  
Kingsport, TN 37660

Room Rate \$115.00  
Rate Cut Off Date Feb 28, 2019  
Call Or Visit Our Website To Book  
423-578-6600  
Use Phrase “Appalachian Regional  
Roundup” To Receive  
Discounted Room Rate

Join us for a golf outing on Friday!  
Starts at 10AM. 9 holes for \$23 or 18 holes for \$38

Make check or money order payable to  
Appalachian Regional Roundup & mail to:  
P.O. Box 7494  
1001 N. Eastman Rd  
Kingsport, Tn 37664

Pre-registration is \$25.00 & \$30.00 at the door  
Online pre-registration is available at  
[www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)

Roundup T-Shirts are \$12.00 or two for \$20.00  
& will be available for pickup upon arrival.  
Sizes may be limited on site.

For more information, contact Ryan K at 862-268-4579 or visit our website at [www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)

### SPEAKERS

**BILL C** from CA

**CANDICE M** from CA

**CHARLIE P** from TX

**CHRIS R** from TX

**EARL H** from AZ

**JENNIFER H-K** from TX

**KATIE P** from TX

**LARGENE G** from CA : AL-ANON

### 2ND ANNUAL APPALACHIAN REGIONAL ROUNDUP

NAME: _____	NAME: _____
ADDRESS: _____	ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____	CITY: _____ STATE: _____ ZIP: _____
PHONE: _____	PHONE: _____
EMAIL: _____	EMAIL: _____
NAME ON BADGE: _____	NAME ON BADGE: _____
NUMBER OF T-SHIRTS: _____ SIZE(S): _____	NUMBER OF REGISTRATIONS: _____ TOTAL: \$ _____
SCHOLARSHIP CONTRIBUTION: \$ _____	

Lend a hand to those unable to pay the registration fee

# Oak Island Lighthouse Retreat



## Fellowship and Serenity by the Sea

**May 10, 11, 12, 2019**

Fort Caswell - 100 Caswell Beach Road, Oak Island, NC 28465

Register and Pay Online at [www.lighthouse-retreat.com](http://www.lighthouse-retreat.com)

**Day Registration • \$35.00** per person  
**No Meals • Includes all meetings & functions for the weekend**

**Overnight Registration • \$182.00** per person • **Double Occupancy Only**  
**Includes 5 meals • 3 AA Speaker meetings**  
**Al-Anon Speaker meeting • All other meetings • Ice Cream Social**

Speakers: Katy H. - Sanford - AA (Friday pm.) • Lebra N. - Charlotte - AFG (Saturday am)  
 Crockett H. - Columbia, SC - AA (Saturday pm) • Mike B. - Myrtle Beach, SC - AA (Sunday am)

After April 15, 2019 Late registration/room call Charlie 910.512.0970 • Online assistance call Sara 914.417.7009

**Mail In Registration - Fill out for EACH person.**

Cut form below and mail (with payment) to

Oak Island Lighthouse Retreat, PO Box 235, Oak Island, NC 28465

Name 1 \_\_\_\_\_ M F      Name 2 \_\_\_\_\_ M F

Address \_\_\_\_\_      Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_      City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_      Phone \_\_\_\_\_

Email \_\_\_\_\_      Email \_\_\_\_\_

Name Tag: \_\_\_\_\_      Name Tag: \_\_\_\_\_

Special Request: (Roommate, 1<sup>st</sup> floor, etc.)      Special Request: (Roommate, 1<sup>st</sup> floor, etc.)

Registration Type	#Persons	\$Amt
Overnight: \$182 per person <b>OR</b> \$92 Deposit p.p. <b>OR</b>		
Day Registration \$35 per person		
<b>Total Enclosed:</b>		

Lodging is motel-style. Friday check-in - 4 p.m. Dinner - 6 p.m. First meeting - 8 p.m. Deposits are non-refundable after May 1. Make Checks Payable to: Oak Island Retreat.

**NCCYPAA  
HOST COMMITTEE**

*Summer Campout*

**JULY 19TH-21ST, 2019  
BRIAR BOTTOM GROUP CAMPGROUND  
ASHEVILLE, NC**

**MEALS INCLUDED + BONFIRE SPEAKER MEETINGS  
CAPTURE THE FLAG IN THE DARK + SCAVENGER HUNT  
HIKE TO MT. MITCHELL + WATERFALL & RIVER ACCESS  
MAFIA + S'MORES + PUBLIC RESTROOMS & SHOWERS  
+ MORE!**

**PRE-REGISTRATION COST:  
\$15 UNTIL MARCH 17 + \$20 UNTIL MAY 28  
\$25 UNTIL JULY 18 + \$30 DAY OF**

**REGISTRATION AVAILABLE AT:**

**NCCYPAA2019.ORG**

# NCCYPAA XXIII

North Carolina Conference of Young People in AA

## ASHEVILLE

*The Road of Happy Destiny*

Sept 19th-22nd, 2019

DoubleTree by Hilton • Biltmore Village

115 Hendersonville Rd • Asheville, NC, 28803

Double & King Room Rate: \$125

To book a room by phone, call the hotel directly at  
(828) 274-1800 and mention NCCYPAA

DoubleTree.Hilton.com • Group Code: YPA

Questions? Email: [chair@NCCYPAA2019.org](mailto:chair@NCCYPAA2019.org)

To pre-register and book a room, please visit:

**NCCYPAA2019.org**