

# MOUNTAIN DOG

OCTOBER 2018

(828) 254-8539

Office Hours  
10:00am - 1:00pm  
Monday-Friday

[info@ncmco.net](mailto:info@ncmco.net)

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## Fall Picnic

October 13, 11:00am-2:00pm

Hosted by NCMCO and District 70

Come join us for food, fellowship, volleyball and games! Hamburgers, hotdogs, veggie burgers, coffee, soda and water will all be provided; bring a side dish or dessert to share if you'd like. And bring a chair if possible. The picnic begins at 11:00am, with a speaker meeting from 1:00pm to 2:00pm. The speaker will be CJ from Waynesville.

Location: Carrier Park Shelter, 500 Amboy Rd, Asheville 28806.

For more information or to volunteer, call or email Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)



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## Hurricane Relief

Today is a great day. I'm sitting in a prison in Florida; Hurricane Irma just hit us this morning; we have no power; the yard is about half flooded; and we're all on lockdown. Despite all this, AA has taught me to accept all situations as the way God intended it to be at that moment. And because I try my best to apply AA principles in all my affairs and to do the next right thing, I have earned favor at the prison where I currently live. While everyone was on lockdown I got to help my boss in here.

Now this is where it gets good. After finishing work, I walked back to the dorm and my sponsee told me that he had finished his Eighth Step list. I made a cup of coffee, sat down with him and we talked for about an hour. I am in a prison where many of us have addictions. I am truly blessed that I get to work with another alcoholic in here, one who's willing to go to any lengths and work the Steps. I'm so lucky to have brothers here who take AA seriously.

Recently, I was the chairperson of our Thursday night prison meetings. I wrote to Grapevine and asked them to send us some issues. I received these issues and shared them with the group. Grapevine really helps me carry the message in here. My sponsee has trouble with the Big book at times, so I suggested he read Grapevine. He picked one up, read it and came to me excited, sharing the emotions of joy and hope he felt. Since then, I see him reading them daily. It's definitely been a great tool in helping me help him with the Steps.

I love Grapevine. In a prison where so many are still addicted to alcohol, it can be exhausting going against the grain and living a life of recovery. Reading the stories each month definitely keeps me going. – Justin G., Port St. Lucie, Fla.

(Reprinted from AA Grapevine, July 2018; copyright © AA Grapevine Inc.)

**New NC Mountain Central Office, Inc.  
Profit & Loss YTD Comparison**

	Aug 18	Jan - Aug 18
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
Bank Service Charge repayment	7.00	7.00
<b>Contributions</b>		
Birthday Contributions	33.00	243.00
Group Contributions	1,377.80	19,939.30
Individual Contributions	15.10	121.84
Subscriptions	0.00	33.00
<b>Total Contributions</b>	1,425.90	20,337.14
Interest on Money Market	0.94	7.37
<b>Sales Income</b>		
Literature & merchandise	3,055.13	19,992.53
Shipping to groups	43.76	357.93
<b>Total Sales Income</b>	3,098.89	20,350.46
<b>Total Income</b>	4,532.73	40,701.97
<b>Cost of Goods Sold</b>		
Freight - vendor shipping	47.90	281.90
Literature & merchandise	2,438.74	16,213.54
<b>Total COGS</b>	2,486.64	16,495.44
<b>Gross Profit</b>	2,046.09	24,206.53
<b>Expense</b>		
Bank Service Charges	7.00	7.00
<b>Copier Rental</b>		
Copier - IT charge	0.00	60.00
Copier - monthly fee	147.63	1,172.24
<b>Total Copier Rental</b>	147.63	1,232.24
Editor	135.00	1,080.00
Fire Inspection (good for 3yrs)	0.00	25.00
New Computer, Software, IT Asst	0.00	813.29
Office Expenses	30.00	220.00
Office Supplies	17.27	239.08
<b>Payroll Expenses</b>		
Gross Salary (Including Taxes)	1,376.00	9,801.13
Payroll Taxes (Company)	105.27	791.79
Processing (for Direct Deposit)	7.00	45.50
<b>Total Payroll Expenses</b>	1,488.27	10,638.42
QuickBooks Expenses	0.00	435.95
Rent	550.00	4,352.00
Sales Tax on supplies	11.54	115.65
Shipping to groups	44.27	359.11
Stamps/Postage	67.55	603.81
<b>Telephone &amp; Internet</b>		
Answering Service	89.00	698.00
Office Telephone/Internet	148.56	1,188.86
<b>Total Telephone &amp; Internet</b>	237.56	1,886.86
Vendor Shipping	0.00	10.50
<b>Total Expense</b>	2,736.09	22,018.91
<b>Net Ordinary Income</b>	-690.00	2,187.62
<b>Other Income/Expense</b>		
<b>Other Expense</b>		
Contributions (to GSO, Area 51)	0.00	1,000.00
Inventory Adjustment	0.00	4.21
<b>Total Other Expense</b>	0.00	1,004.21
<b>Net Other Income</b>	0.00	-1,004.21
<b>Net Income</b>	-690.00	1,183.41



## October Grapevine is now available!

This month's special section is "AA in the Workplace" stories about how members bring their program to work.



[www.aagrapevine.org](http://www.aagrapevine.org)

Cash on Hand as of 8/31/2018  
 Prudent Reserve (Money Market)  
**\$11,060.49**  
 Operating Account (Checking)  
**\$8,287.06**  
 Rent Deposit **\$400.00**  
 Petty Cash **\$50.00**

## Call & Visitor Log

### August 2018

12 Step Calls – 2  
 General Info – 9  
 Family Help – 3  
 Meeting Info – 17  
 Central Office  
 Business – 40  
 Medical/Detox – 0  
 Visitors – 102  
 Answering Service (Operator-Asst) –  
 71 minutes  
 After-hours Hotline Volunteers - 38 calls



Visits to aaNCMCO.org website:  
 Unique Visitors: 1,098  
 Unique Visits: 1,694 (1.54 per visitor)  
 Pages: 4,746 (2.8 per visit)

# Contributions

	Aug 2018	YTD		Aug 2018	YTD
11-11-11 Meeting		\$0.00	Phoenix Group		\$40.00
12 & 12 Study Group		\$50.00	Pisgah Group		\$300.00
2nd Chance Group - Cherokee 712-180	\$80.00	\$200.00	Practicing Principles 667-311		\$0.00
3 Legacies Group 709-522		\$0.00	Primary Purpose Group		\$9.00
4th Dimension Group		\$0.00	Recovery by the River 674-892	\$121.60	\$374.65
Acceptance Group 122-477		\$1,890.03	Roundtable Group 135-605		\$9.00
Agnostics, Atheists & Freethinkers AA Group		\$300.00	Rule 62 Group		\$102.00
Andrews Group 110-494		\$25.00	Safe & Sound 645-654		\$250.00
Anonymous	\$178.85	\$403.09	Saluda Back to Basics Group		\$25.00
Around the Room Group		\$20.00	Saturday Morning Men's Meeting	\$75.00	\$475.00
AVL Big Book Step Study Group 637-843	\$17.36	\$55.86	Serenity Now 670-803		\$75.00
AVL Women's Big Book Step Study 703-990		\$109.00	Serenity Seekers - Marion 663-204		\$0.00
At Wit's End Group		\$88.44	Serenity Service Group 110-498	\$25.00	\$200.00
AWOL Group		\$0.00	Sisters in Sobriety - Whittier		\$0.00
Back to Basics Grp - Weaverville 147-139		\$50.00	Skyland 12&12 Group		\$130.00
Big Town Group 671-200		\$344.19	Speed Bump Group 512-851		\$0.00
Black Mountain Group 117-117		\$35.25	Spiritual Fitness Group 720-419		\$130.00
Brevard Men's Group		\$100.00	Sunshine AA Group 163-759		\$100.00
Brevard Serenity Group 631-231		\$0.00	Surrender Group		\$150.00
Bryson City Group 110-467		\$450.00	The Meeting		\$50.00
But for the Grace of God Group		\$32.30	The Principles Group	\$19.50	\$19.50
BYOC - Bring Your Own Coffee	\$127.71	\$660.21	Total Surrender Group	\$15.93	\$216.34
Candlelight Meeting		\$0.00	Tryon Monday 5:30 Meeting		\$270.18
Candler KISS Group 163-148	\$17.50	\$35.50	Tuesday Night Men's Group 179-001		\$100.00
Cashiers Valley Grp 122-589		\$598.69	United With Hope Group 719-052	\$40.00	\$241.00
Cedar Mountain Group 161-082		\$110.00	Waynesville Grace Group 110-692		\$1,550.00
Conscious Contact Group - Asheville		\$524.00	We Are Not Saints Group		\$0.00
Cullowhee Valley Group 118-129		\$50.00	We Think Not Group 700-411		\$190.00
Cumberland Group 122-472		\$300.00	West Asheville Group 110-501		\$0.00
Daily Decisions 643-869	\$158.80	\$269.07	Women's BBSS Group - Hendersonville		\$0.00
Day by Day Group 159-058		\$1,597.50	Women's Grapevine Meeting		\$0.00
District 71		\$250.00	Women of Courage		\$630.00
Down But Not Out Group		\$0.00	Women of Grace		\$150.00
Dry Dock Group		\$25.00	Working at Recovery		\$0.00
Early Bird Group 612-780		\$257.00			
Fellowship Group 655-542		\$185.64	<b>Total Group Contributions:</b>	<b>\$1,377.80</b>	<b>\$19,939.30</b>
Fireside Group 655-046		\$312.50	<b>Individual Contributions:</b>		
Flat Rock Men's AA Meeting		\$50.00	Anonymous	\$5.10	\$41.84
Good Livers 666-360	\$50.00	\$200.00	In Memory of B.G.	\$10.00	\$80.00
Grace Group 161-970		\$1,168.94	<b>Total Individual Contributions:</b>	<b>\$15.10</b>	<b>\$121.84</b>
Great Fact Group		\$0.00	<b>Birthday Contributions:</b>		
Happy Hour Group - Hendersonville 169-182		\$250.00	Anonymous	\$33.00	\$53.00
Happy Hour Group - Waynesville		\$0.00	Monica G.		\$190.00
Happy, Joyous & Free - Columbus		\$43.00	<b>Total Birthday Contributions:</b>	<b>\$33.00</b>	<b>\$243.00</b>
Heart Fire Group	\$181.00	\$461.00	<b>Mountain Doin's Subscriptions:</b>	<b>\$0.00</b>	<b>\$33.00</b>
Hendersonville Group 110-594		\$375.00			
High Noon Group 689-080		\$90.00	<b>Grand Total:</b>	<b>\$1,425.90</b>	<b>\$20,337.14</b>
Higher Power Tower Hour Group		\$0.00			
Joe & Charlie Big Book Study		\$0.00			
Joy of Living - Brevard 669-820	\$100.00	\$100.00			
Kanuga Group 645-767		\$100.00			
Lambda Group 617-035	\$109.00	\$363.75			
Landrum Group 715-401		\$45.22			
Leicester Group 143-417		\$0.00			
Library Group 672-283		\$0.00			
Maggie Valley Group 158-950		\$215.00			
Maple Grove Group 121-212		\$0.00			
Marion AA Group 110-621		\$50.00			
Marshall Group 100-489		\$0.00			
Mars Hill Group 130-895		\$0.00			
Meditation Mondays		\$50.00			
Men's Attitude Adjustment Group 670-850		\$0.00			
Mid-day Grp (Hendersonville) 143-420		\$93.32			
Mill Springs Group 656-821		\$65.00			
Mission Group 606-119		\$66.32			
Monday 6:00 Open Meeting		\$310.00			
Mountain View Grp (Highlands) 110-598		\$527.26			
New Freedom Group 700-124		\$40.00			
Newland Serenity (Linville Mtg.)	\$10.55	\$10.55			
No Name Group - Murphy	\$50.00	\$150.00			

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you for your generous support!





# MEETING UPDATES:

## Districts 70 • 71 • 80

### **New Meetings:**

**Asheville: The Board Meeting:** Sunday 6:30pm (O,D,HA,c-f) RAD Skatepark, 37 Foundy St, Asheville 28801

**Asheville: Keystone Group:** Monday 6:00pm (C,D) Starting October 1. Oakley United Methodist Church, 607 Fairview Rd, Asheville 28803

**Asheville: Primary Purpose Group:** Thursday 8:00pm (O,D) St. George's Episcopal Church, One School Rd, Asheville 28806

**Marion: Back to Basics:** Thursday 8:00pm (O,D) St John's Parish House, 289 S. Main St, Marion 28752

### **Meeting Changes:**

**Flat Rock: United with Hope Group:** Friday 10:00am. Starting in October the format is changing from "Open, 'Living Sober' Study" to "Open, 'Came to Believe' Study". Hope United Methodist Church (Choir Room), 2443 Spartanburg Hwy, E. Flat Rock 28726

**Hendersonville: But for the Grace of God Group:** Monday 7:00pm. Was "Closed, Big Book" meeting; changed to "Open, Big Book" meeting. Grace Lutheran Church, 1245 6th Ave West, Hendersonville 28739

### **Discontinued Meetings:**

**Asheville: Asheville Big Book Step Study Group:** Wednesday 7:30pm (C,BBSS) Emma Methodist Church, 59 Adams Hill Rd, Asheville 28806. Meeting was discontinued in September.

**Fairview: Dry Dock Group:** Monday and Thursday 6:00pm (C,D) Abiding Savior Lutheran Church, 801 Charlotte Hwy, Fairview 28730. Meetings on both days have been discontinued.

## The SERVICE EXPRESS

November newsletter deadline for sending in announcements is **October 15th**.

### District 70:

**GSR Business Meeting** – normally held the 2nd Sunday of the month. The next meeting will be **Sunday, October 14, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805.

**Service Committee Meeting** - Now held the first Sunday of the month. Next meeting is Sunday, October 7, 12:15pm, at North Asheville Community Center, 37 E. Larchmont Dr, Asheville, 28804 (immediately following the 11:00am Conscious Contact meeting.) Needed are service volunteers for Treatment Facilities, Men & Women's Corrections Facilities, Cooperation with the Professional Community and Public Information. Please attend to learn more about these opportunities.

**Treatment Facilities Committee** – Ian O. and Zack are Committee Chairs. Contact them at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org) to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group. Here is a link for the Treatment Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Treatment-Flyer.pdf>

**"Bridging the Gap"** (with treatment facilities) – If you are interested in this service please contact the TFC Chair (above) or the BTG co-coordinator at [bridgingthegap.asheville@gmail.com](mailto:bridgingthegap.asheville@gmail.com).

**Updates:** A new "Treatment Facilities Service Display" is in the works. For information on Bridging the Gap, visit the website: [www.btgww.org](http://www.btgww.org)

**Corrections Committee** – Women's Chairs are Denise J. and Casey - contact at [women\\_corrections@ashevilleaa.org](mailto:women_corrections@ashevilleaa.org). Temporary contact for Men's Corrections is Bill W. - at [bill@wermecom.com](mailto:bill@wermecom.com). Volunteers are needed for carrying the message of recovery to alcoholics behind the walls. Here is a link for the Corrections Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/Corrections-Flyer.pdf>

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2018/05/Volunteer-App-12-18-17.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: [Sarah.Regala@buncombecounty.org](mailto:Sarah.Regala@buncombecounty.org). AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

If you are interested in this volunteer service or have questions about the application and orientation process, please contact Bill W. at [bill@wermecom.com](mailto:bill@wermecom.com). For more information attend the next GSR Meeting and/or the Service Committees Meeting.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

**CPC/PI Committee** – Joe T. is the Chairperson. Contact him at [cpc\\_pi@ashevilleaa.org](mailto:cpc_pi@ashevilleaa.org). These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested. Here is a link for the CPC/PI Committee flyer: <http://ashevilleaa.org/wp-content/uploads/2018/09/CPC-PI-Flyer.pdf>

Volunteers are needed for upcoming area events; please contact Joe.

## District 71:

**GSR Meeting** – held the 2nd Saturday of the month. The next meeting will be **Saturday, October 13, 9:30am**. 1624 Willow Rd, Hendersonville, 28739. The Corrections Committee now meets in conjunction with the GSR meeting. The Corrections Committee is in need of men volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please attend the District 71 GSR - Corrections Committee meeting in October, or call/email Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net) – for contact information.

## District 80:

**GSR District Meeting** will be **Sunday, October 21, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They will be looking for a new Corrections Chairperson. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aaNCMCO.org](http://www.aaNCMCO.org)

Matt C., the coordinator for meetings taken into the Appalachian Community Services Center located at 91 Timberlane Rd in Balsam, said they need volunteers to take AA meetings into the facility. The meetings are every Monday and Wednesday at 6 pm and every other Saturday at 5:30. If you are interested in participating in this service please email or call Matt: [mbcomins@gmail.com](mailto:mbcomins@gmail.com) - 201-657-4542.

## NCMCO / CORs

**The next combined quarterly COR/NCMCO Board meeting** will be **Thursday, October 11, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. All are welcome to attend the Board meetings and the combined COR/Board meetings but only Central Office Representatives can vote on issues, so we encourage all groups to send a COR!

Our current Central Office Treasurer's term ends at the end of the year, so we will be looking for someone to fill that position for a 2-year term that will start in January. If anyone is interested in the position, please come to the COR/Board meeting on October 11.

Here are the duties and responsibilities:

### Treasurer – 2-year term (2019-2020)

- Having charge and custody of all funds of Central Office.
- Accuracy of all financial records of Central Office.
- Receipts and disbursements as approved by the Central Office's various committees.
- Arrange for preparation and filing of all required tax returns.
- Preparation of an annual financial report.
- Preparation of monthly financial report and present it to the Central Office Board and COR General Committee.
- Attend Central Office Board and General Committee meetings.
- Shall have at least five years' continuous sobriety at the time of taking office.

## A Free Subscription for You!

The full-color edition of our monthly newsletter is available free! We will email the digital Mountain Doin's directly to you with all the latest information about meeting changes, special events, service opportunities and much more. Subscribe by emailing us at [info@ncmco.net](mailto:info@ncmco.net). The newsletter is also posted online at [www.aancmco.org](http://www.aancmco.org) and [www.ashevilleaa.org](http://www.ashevilleaa.org).

## Large Print “Where & When” Now available at Central Office!

For those who really have trouble reading the printed meeting schedule we now have a Large Print version of the Where & When, printed on 11x17 paper (instead of 8½x14) and folded like the regular schedule.

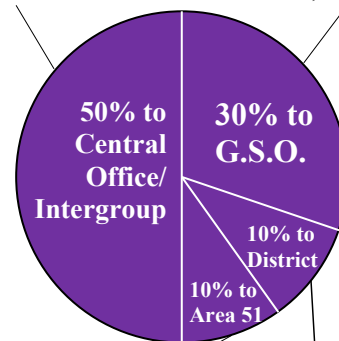
One free; a pack of 10 for \$1.50. Pick up at the office or call us to place an order for your group –828-254-8539.

### Suggestions for Group Donations to the A.A. Service Structure\*

\* from the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO  
70 Woodfin Place,  
Ste 206  
Asheville, NC 28801

General Service Office  
Grand Central Station  
PO Box 459  
New York, NY 10163-0459



Area 51 NCGSC  
Treasurer  
PO Box 1181  
Burlington, NC 27216

District 70 Treasurer  
PO Box 8574  
Asheville, NC 28814-8574

District 71 Treasurer  
246 Laurelwood Lane  
Mills River, NC 28759

District 80 Treasurer  
125 Sunshine Cove Rd.  
Waynesville, NC 28785

## Central Office Volunteers - we thank you!

North Carolina Mountain Central Office could not function without the help of volunteers. Here are a few of the things that volunteers do:

- Answer the phone – one of the main activities. Calls usually involve answering inquiries about Alcoholics Anonymous and meetings in WNC. When calls come in from individuals looking for help, volunteers contact AA members on the 12-step volunteer list which is maintained by the 12-step volunteer coordinator. The 12-step volunteer is given the name & phone number of the caller seeking help. (Names & numbers of AA members/volunteers are never given out.)
- Greet and assist visitors who come into the Office to purchase things for themselves or for their groups.
- Help put together orders for books and merchandise to be shipped to groups when requested.
- Fold meeting schedules – a constant activity some days!
- Check in and shelve books and other items that come from various suppliers.
- Help with the printed Mountain Doin's – folding and applying tape, labels and stamps.

If you think you might be interested in volunteering at Central Office - any day Monday - Friday, 10:00am-1:00pm - give us a call at 828-254-8539. Email [info@ncmco.net](mailto:info@ncmco.net) or visit [www.aancmco.org](http://www.aancmco.org)



## Special Meetings and Events

**Fall Picnic:** Saturday, October 13, 11:00am-2:00pm. Hosted by NCMCO and District 70. Carrier Park Shelter, 500 Amboy Rd, Asheville 28806. Come join us for food, fellowship and fun, plus a speaker, CJ from Waynesville, at 1:00pm. Hamburgers, hotdogs, veggie burgers, coffee, soda and water will all be provided; bring a side dish or dessert to share if you'd like. And bring a chair if possible. For more information call or email Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

**How to Write Your Story – for publication in the Grapevine:** (Originally scheduled for September but cancelled due to hurricane.) Rescheduled for Saturday, October 20 at 11:00am. Lunch and workshop hosted by District 71; facilitated by Anna R., Area 51 Grapevine Coordinator. Location: Hendersonville Group Meeting Place, 1625 Willow Rd, Hendersonville, 28739. RSVP to Terry G. – 828-489-9349

**Black Mountain Group's 41st Anniversary Potluck:** Thursday, October 25. Potluck meal at 6:00pm, speaker meeting at 7:00pm. Come join the celebration! Black Mountain United Methodist Church, 101 Church St, Black Mountain 28711

**Roadmap to Recovery:** Saturday, October 27, 9:00am-6:00pm. Sponsored by East Tennessee Intergroup. Journey through the first 164 pages of the Big Book. Presented by Chris B. and Daniel T. of Murfreesboro, TN. Light breakfast, lunch and snack provided. 5833 Clinton Hwy, Suite 202, Knoxville, TN 37912

**SPOOKYPAA:** Saturday, October 27. 179 Hudler St, Winston-Salem, NC. Hosted by PTYPAA, WNCYPAA and WSYPA. Free camping on site, sign up by email: [info@WSYPAA.com](mailto:info@WSYPAA.com) or at the snack table. 6:00pm – snacks and fellowship; 7:30pm – panel: Fear to Change; 8:30pm – Costume Contest; 9:00pm – Costume Contest winner announced, Haunted House opens (\$10), DJs start. BYOP – pumpkin carving station open all night.

**Halloween Celebration:** Sunday, October 28, 3:00-7:00pm. Hosted by Asheville 12 Step Club. Chili Cookoff – bring a Crock-Pot of Chili, cornbread, desserts, other side dishes (or \$3.00 – if you have no cooking skills and aren't a club member) Costume contest; speaker meeting at 6:00pm. Call Morgan if you want to volunteer: 828-388-3314. Asheville 12 Step Club, 22-B New Leicester Hwy, Asheville, 28806

**Woodstock of the South:** November 29-December 2. Legacy Lodge at Lake Lanier Islands, 7000 Lanier Islands Parkway, Buford, GA 30518. For more information and registration form, visit website: [www.aawoodstock.com](http://www.aawoodstock.com)

**Hilton Head Mid-Winter Conference:** January 25-27, 2019. The Westin Hilton Head Resort & Spa, 2 Grass Lawn Ave, Hilton Head Island, SC 29928. For more information and registration form, visit website: [www.hiltonheadmidwinterconference.com](http://www.hiltonheadmidwinterconference.com)

**NC Area 51 Conferences and Events:** [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

**Area 51 Fall 2018 Election Assembly:** November 3-4. Business Meeting Starts: 12:30pm Saturday; ends: 11:30am Sunday. Open to all A.A. Members. Hilton North Raleigh, 3415 Wake Forest Road (Exit 10 off I-440 Beltline) Raleigh, NC 27609-7316. Hotel Reservations: Local Phone: (919) 872-2323; Toll-Free: (800) 445-8667; Website: [www.NorthRaleigh.Hilton.com](http://www.NorthRaleigh.Hilton.com)

**GSO in New York:** [www.aa.org](http://www.aa.org)

**Southeast Regional Forum:** November 16-18. Sterling, VA. Registration opens September 17. Here is the link for the registration form: [https://www.aa.org/assets/en\\_US/en\\_SE\\_preregistrationform\\_2018.pdf](https://www.aa.org/assets/en_US/en_SE_preregistrationform_2018.pdf) For questions about the forums program, contact Steve S. at [regionalforums@aa.org](mailto:regionalforums@aa.org) or 212-870-3120. For questions about the forum registration process and hotel accommodations, contact Maria M. at [moralesm@aa.org](mailto:moralesm@aa.org) or 212-870-3141.

For other events around the country and the world, as well as great articles and information, go to: [www.aa.org](http://www.aa.org) and Box 4-5-9 Bulletin Board: [www.aa.org/newsletters/en\\_US/en\\_box459\\_summer\\_2018.pdf](http://www.aa.org/newsletters/en_US/en_box459_summer_2018.pdf)



# ANNIVERSARIES

## 2nd Chance Group

John H. 10-07-2013 5 yrs

## Acceptance Group

Dennis C. 10-01-1986 32 yrs  
Miles R. 10-04-2016 2 yrs  
Doré D. 10-15-1976 42 yrs  
Noah D. 10-15-2016 2 yrs  
Dan G. 10-23-1983 35 yrs

## Asheville Women's Big Book Step Study Group

Holly B. 10-08-2012 6 yrs  
Linda K. 10-08-1988 30 yrs  
Doré D. 10-15-1976 42 yrs

## At Wit's End Group

Patrick A. 10-18-2005 13 yrs  
Jennifer R. 10-19-2014 4 yrs  
Ryan P. 10-31-2014 4 yrs

## Back to Basics Group - Weaverville

Neva S. 10-19-2017 1 yr  
John S. 10-28-2013 5 yrs  
Karl S. 10-28-2011 7 yrs  
Glen S. 10-31-2009 9 yrs

## Black Mountain Group

Matt W. 10-07-2017 1 yr  
Stephen L. 10-17-2016 2 yrs

## Brevard Serenity Group

Suzanne F. 10-01-2016 2 yrs  
Ben D. 10-11-1993 25 yrs  
Jayne F. 10-22-2013 5 yrs

## Candlelight Group

Meghan A. 10-28-2015 3 yrs

## Candler K.I.S.S. Group

Sally G. 10-20-2010 8 yrs

## Conscious Contact Group

Mike F. 10-07-2008 10 yrs  
Skip P. 10-15-2016 2 yrs  
Watson J. 10-17-1986 32 yrs  
Mike H. 10-19-2009 9 yrs

## Cumberland Group

Brandon W. 10-02-2015 3 yrs  
Scott A. 10-06-2014 4 yrs  
Jonathan F. 10-26-2016 2 yrs

## Daily Decisions Group

Mark H. 10-09-2012 5 yrs

## Fellowship Group

Patricia S. 10-22-2006 12 yrs  
John R. 10-23-2013 5 yrs  
Jennifer G. 10-26-2016 2 yrs

## Good Livers Group

Kelly M. 10-20-2015 3 yrs  
Carolyn K. 10-31-1983 35 yrs

## Grace Group

Mica W. 10-02-2010 8 yrs  
Doug H. 10-03-2014 4 yrs  
Catherine H. 10-09-2014 4 yrs  
Esaias J. 10-09-1992 26 yrs  
Susan M. 10-10-2001 17 yrs  
Billy T. 10-15-2014 4 yrs  
Klay K. 10-15-2017 1 yr  
Noah D. 10-15-2016 2 yrs  
Joseph A. 10-17-2016 2 yrs  
Barbara W. 10-19-2009 9 yrs  
Elizabeth S. 10-21-2016 2 yrs  
Bobby W. 10-23-2009 9 yrs  
Katy D. 10-31-1982 36 yrs  
Ronnie J. 10-31-1985 33 yrs

## Happy Hour Group

Frank R. 10-19-1979 39 yrs  
Hugh A. 10-27-2012 6 yrs  
Kathleen K. 10-31-2010 8 yrs

## Hendersonville Group

Catherine T. 10-06-2017 1 yr  
John S. 10-07-2001 17 yrs  
Debbie M. 10-10-2003 15 yrs  
Jim W. 10-10-1974 44 yrs  
Bob H. 10-16-2000 18 yrs  
Bette C. 10-19-1999 19 yrs  
John C. 10-21-1987 31 yrs  
Curtis M. 10-22-2014 4 yrs

## Leicester Group

Trish G. 10-14-2017 1 yr

## Mars Hill Group

Don B. 10-17-1982 36 yrs  
John S. 10-28-2013 5 yrs  
Karl S. 10-28-2012 6 yrs

## Marshal Group

Neva S. 10-19-2017 1 yr

## Phoenix Group

Nita L. 10-10-1987 31 yrs

## Serenity Now

Rose W. 10-16-1995 23 yrs

## Total Surrender Group

Kelly M. 10-19-2015 3 yrs  
Kari W. 10-25-2015 3 yrs  
Katy D. 10-31-1982 36 yrs  
Paul C. 10-31-2013 5 yrs

## Traditional Group

Maurice H. 10-27-1977 39 yrs

## United With Hope Group

Frank R. 10-19-1979 39 yrs

## Waynesville Grace Group

Charlie A. 10-02-1987 31 yrs  
Scott M. 10-03-2013 5 yrs  
Debbie G. 10-05-2013 5 yrs  
Penelope M. 10-09-1988 30 yrs  
Mike P. 10-10-1987 31 yrs  
CJ D. 10-15-1978 40 yrs  
Tommy M. 10-15-1982 36 yrs

## Women of Grace Group

Kate G. 10-07-1978 40 yrs  
Lisa W. 10-18-2006 12 yrs  
Sandy F. 10-20-2012 6 yrs

Need to update your Group's anniversary list?

Call Central Office - 828-254-8539 - or send a new list to:

[info@ncmco.net](mailto:info@ncmco.net) November newsletter deadline for sending in anniversaries and announcements is October 15.



**OCTOBER 13, 11:00 AM – 2:00 PM**

# **CENTRAL OFFICE / DISTRICT 70 FALL PICNIC**

**Carrier Park Shelter, 500 Amboy Road,  
Asheville, 28806**

The picnic begins at 11 am, with a speaker meeting from 1:00 pm to 2:00 pm. Please come out and enjoy the food, fellowship, and fun!



## **CENTRAL OFFICE / DISTRICT 70 FALL PICNIC**

**Hamburgers,  
hotdogs, veggie  
burgers, coffee,  
soda, water all  
provided!**

---

**Please bring a dish or  
dessert to share.**

---

**Come join us for  
food, fellowship,  
volleyball, and  
games!**

---

**Guest Speaker: CJ**

**Please bring a chair  
if you can.**

**NORTH CAROLINA  
MOUNTAIN CENTRAL  
OFFICE**

**(828) 254 - 8539  
info@ncmco.net**

**www.aancmco.org**



District 71 Invites You to  
GET IN TOUCH WITH YOUR  
INNER AUTHOR.

JOIN US FOR LUNCH AND LEARN

# **“HOW TO WRITE YOUR STORY”**

FOR PUBLICATION IN THE GRAPEVINE.

Facilitated by Anna R.  
Area 51 Grapevine Coordinator

Rescheduled for  
**Saturday, October 20**  
**at 11:00am**

Hendersonville Group Meeting Place  
1624 Willow Rd.  
Hendersonville, 28739

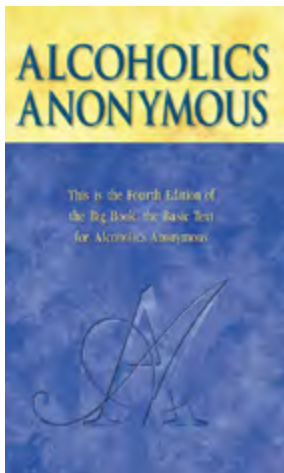
RSVP Terry G. 828-489-9349



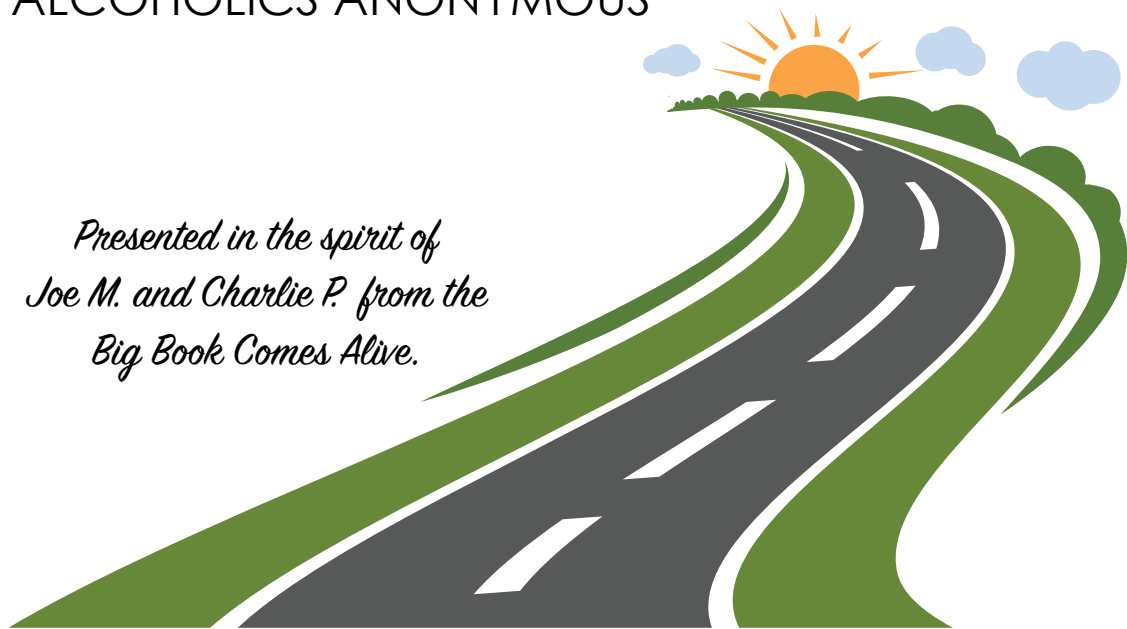
# Roadmap to Recovery

**JOIN US FOR THIS ONE DAY EVENT**

JOURNEY THROUGH THE FIRST 164 PAGES OF THE BIG BOOK OF  
ALCOHOLICS ANONYMOUS



*Presented in the spirit of  
Joe M. and Charlie P. from the  
Big Book Comes Alive.*



**Presented by**  
**Chris B. (Murfreesboro, TN)**  
**Daniel T. (Murfreesboro, TN)**

---

**SATURDAY OCT. 27**  
**(9AM - 6PM)**

LIGHT BREAKFAST, LUNCH & SNACK PROVIDED

Sponsored by

**East Tennessee  
Intergroup of  
Alcoholics  
Anonymous**

5833 Clinton Highway  
Suite 202  
Knoxville, TN 37912

**865-522-9667**

[www.etiaa.org](http://www.etiaa.org)



# SPOOKYPAA

OCTOBER 27

179 HUDLER STREET  
WINSTON-SALEM, NC



HOSTED BY PTYPAA, WNCYPAA, and WSYPAA  
COMING FROM OUT OF TOWN? FREE CAMPING ON-SITE, SIGN  
UP BY E-MAIL [INFO@WSYPAA.COM](mailto:INFO@WSYPAA.COM) OR AT THE SNACK TABLE

**6PM**

**SNACKS**

**FELLOWSHIP**

**7:30PM**

**PANEL: FEAR TO CHANGE**

**8:30PM**

**COSTUME CONTEST**

**9:00PM**

**COSTUME CONTEST WINNER ANNOUNCED**

**HAUNTED HOUSE OPENS - \$10**

**DJ'S START**

**BYOP PUMPKIN CARVING STATION OPEN ALL NIGHT**





**OCTOBER 28<sup>TH</sup>  
3:00 TO 7:00  
HALLOWE'EN  
CELEBRATION**

On the Sunday before Hallowe'en, bring a Crock-Pot of Chili, cornbread, desserts, other side dishes, or \$3.00 (if you have no cooking skills and aren't a club member), because we are going to have a.....



**Asheville 12 Step  
Recovery Club**

**22 New Leicester  
Hwy, Asheville,  
NC 28806**

.....

**Speaker meeting:**

**At 6:00 p.m.**

.....

**Costume contest!**

**Costumes are  
optional...but are  
a lot of fun!**

**Call Morgan if  
you want to  
volunteer to  
help with all of  
this:**

**828-388-3314**

2019

# Hilton Head Mid-Winter Conference



## A Daily Reprieve

### AA & AL-ANON FELLOWSHIP

Friday 8:30 p.m. ~ Georgia B. (La Crescenta, CA)

Saturday 9:00 a.m. ~ Don L. (Bellingham, WA)

Sat. 11:00 a.m. ~ Beverly B. (Lewisville, TX)

Saturday 2:00 p.m. Workshop "The Key of Willingness"

Saturday 8:30 p.m. ~ Karl M. (Covina, CA)

Sunday 10:00 a.m. ~ Lillie H. (Portland, ME)

### *The Westin Hilton Head*

*Resort & Spa*

*2 Grass Lawn Avenue*

*Hilton Head Island, SC 29928*

*1-800-WESTIN-1 or 843-681-4000*

*Rooms: \$115.00/night ~ single & double*

*(Taxes Only No Resort Fee)*

*Code: Hilton Head Mid-Winter Conference*

## JANUARY 25 – 27, 2019

Limited to 800 Registrations!!!

Pre-Registration is \$30.00 (will close midnight on 1/19/19)

On-Site Registration begins Friday, January 25<sup>th</sup>, 2019 @ 3:00p.m.

Cash/Check Only Tickets \$35.00 at the door.



More information and Online Registration at [www.hiltonheadmidwinterconference.com](http://www.hiltonheadmidwinterconference.com)

**There will be NO REFUNDS (Reg/Banquet/Golf)**

Please make checks payable & mail to:  
HILTON HEAD MID-WINTER CONFERENCE

PO BOX 6256

HILTON HEAD ISLAND, SC 29938

Check our website for banquet menu

For more information please call: (888) 584-9282

- Marathon Meetings all day with the exception of Speaker times
- Al-Anon Workshops & Luncheon
- Golf Tournament – 4 Person Scramble Played at the Port Royal Golf Club
- Southern Hospitality Room World-Famous, Homemade Cookies!
- DON'T MISS THE SAT. NIGHT DANCE

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone # \_\_\_\_\_ (Required)

Email: \_\_\_\_\_ (Required)

Conference Tickets # \_\_\_\_\_ @ \$30 ea. = \$ \_\_\_\_\_

*Note: Registration at the door \$35.00 Cash/Check Only*

Banquet Tickets # \_\_\_\_\_ @ \$40 ea. = \$ \_\_\_\_\_

Golf Tournament # \_\_\_\_\_ @ \$48 ea. = \$ \_\_\_\_\_

Contribute to Scholarship Fund \$ \_\_\_\_\_

Total Due \$ \_\_\_\_\_

**Mail in registration is CHECK ONLY**

**Registration at the door is CASH or CHECK ONLY**

**CREDIT CARDS ACCEPTED FOR ON LINE REGISTRATION ONLY**

# **Black Mountain Group 41<sup>st</sup> Anniversary Celebration**

**Thursday, October 25, 2018**

**Pot Luck Meal at 6:00pm**

Please bring something to share

**Speaker Greg K. at 7pm**

**Black Mountain United Methodist  
Church (in the fellowship hall)  
101 Church St. Black Mountain, NC  
28711**





"Fun for the entire family...AA & Al-Anon."

**CELEBRATE  
10 YEARS OF  
WOODSTOCK  
of the  
SOUTH  
presents**

**A 3 DAY FESTIVAL OF SOBER LIVING**

- THURSDAY 8:30PM KICK-OFF!**
- FRIDAY 10AM THE BUTTERFLY MEETING  
AA & AL-ANON PANEL**
- 2PM THE GIFT OF FAMILY!**
- 8:30PM THE GIFT OF AA**
- SATURDAY 9AM STEPS 1-3  
10:30AM STEPS 4-5  
2PM STEPS 6-7  
3:30PM STEPS 8-9  
8:30PM CELEBRATE 60 YEARS OF CLANCY!**
- SUNDAY 9AM STEPS 10-11  
10:30AM STEP 12**

**SPECIAL ENTERTAINMENT ALL WEEKEND!**  
Featuring the music of Sonia L, Nashville TN & seasonal surprises!

**LEGACY LODGE AT LAKE LANIER ISLANDS!** 4-Star luxury resort just 30 minutes northeast of Atlanta!  
See for yourself at [www.lakelanierislandsresort.com](http://www.lakelanierislandsresort.com) 7 miles of Amazing Magical Holiday Lights! Breakfast with Santa...or visit his workshop!  
S'more pits! See the lights from the Tree Tops! Golf. Spa. Equestrian Center. Boating.

**SPECIAL ROOM RATES STARTING AT \$124 PER NIGHT.**

Want to know more? Talk to your sponsor, go to [www.aawoodstock.com](http://www.aawoodstock.com); call 404-735-9254

**REGISTER NOW AT [www.aawoodstock.com](http://www.aawoodstock.com) OR MAIL REGISTRATION FORM.**

**3 DAYS  
of PEACE  
& LOVE**

**NOV 29 - DEC 2, 2018**

All this for just

**\$35** in advance

**\$40** at the door (if not sold out)