



(828) 254-8539

Office Hours  
10:00am - 1:00pm  
Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## Group Safety

At the Central Office Board meeting on August 9, John McC., the District 71 Trustee, reported that the issue of Group Safety was discussed at the last District 71 GSR meeting in July. It had been a topic of two workshops at the NC Area Spring Assembly June 16-17 in Raleigh, attended by Terry G., the District 71 DCM.

This has become an important topic in some meetings. Here are some of the themes, questions and suggestions from the workshops, excerpted from Area Assembly Minutes. The link for the full Area Assembly Minutes is: <https://aanorthcarolina.org/members/docs/assembly/2018SpringAssemblyMinutes-FINAL.pdf>

### Common Themes:

- Safety in AA is an exciting topic that many people in our group had a lot to share about
- Many women shared experience of other women taking them aside and telling them who was safe and who to stay away from
- Disruptions caused by drunkenness/mental illness
- A past delegate advised their group to ask the person not to come back to their group.
- Another person shared that their group would take the disruptive person out of the meeting and have a smaller meeting in the parking lot.

### Questions/Concerns:

#### **SAFETY CARD FOR A.A. GROUPS**

*(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)*

##### **Suggested Statement on Safety**

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

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- What to do with someone who is having mental health issues taking over meeting
- How to handle a chronic 13th stepper
- What to do in case of an emergency: seizure, heart attack, fire
- What to do if someone brings a gun into a meeting
- How to handle a disruptive, drunk attendee
- How to deal with anger, crosstalk, threats, etc.

### Comments/Suggestions:

- Bring this topic to Business Meetings, anticipate and have a plan
- Don't try to handle situations alone; 2 men with men or 2 women with women
- Sponsorship is valuable regarding helping to set boundaries
- Old timers teach newcomers
- Chairs might introduce safety issues as topics for discussion
- See something wrong, speak up about it!
- We are all AA members but we are citizens first and need to protect one another on a larger scale
- Unacceptable behavior should not be tolerated
- Be mindful; watch out for one another. Are there well-lit parking lots? Have both male and female greeters

John said District 71 GSRs were encouraged to bring these issues up at their groups. The Central Office Board thought this was worth sharing with everyone. A few years ago AAWS created a "Safety Card for AA Groups" ([https://www.aa.org/assets/en\\_US/f-211-SafetyCardforAAGroups.pdf](https://www.aa.org/assets/en_US/f-211-SafetyCardforAAGroups.pdf)) It contains a "Suggested Statement on Safety" which groups might want to consider incorporating into their meeting format. The Safety Cards are available free at Central Office.

**New NC Mountain Central Office, Inc.  
Profit & Loss YTD Comparison**

	Jul 18	Jan - Jul 18
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Contributions</b>		
Birthday Contributions	190.00	210.00
Group Contributions	3,753.36	18,561.50
Individual Contributions	20.08	106.74
Subscriptions	21.00	33.00
<b>Total Contributions</b>	3,984.44	18,911.24
Interest on Money Market	0.94	6.43
<b>Sales Income</b>		
Literature & merchandise	2,247.94	16,937.40
Shipping to groups	38.91	314.17
<b>Total Sales Income</b>	2,286.85	17,251.57
<b>Total Income</b>	6,272.23	36,169.24
<b>Cost of Goods Sold</b>		
Freight - vendor shipping	34.89	234.00
Literature & merchandise	1,815.59	13,774.80
<b>Total COGS</b>	1,850.48	14,008.80
<b>Gross Profit</b>	4,421.75	22,160.44
<b>Expense</b>		
<b>Copier Rental</b>		
Copier - IT charge	0.00	60.00
Copier - monthly fee	147.63	1,024.61
<b>Total Copier Rental</b>	147.63	1,084.61
Editor	135.00	945.00
Fire Inspection (good for 3yrs)	0.00	25.00
New Computer, Software, IT Asst	0.00	813.29
<b>Office Expenses</b>	30.00	190.00
Office Supplies	78.15	221.81
<b>Payroll Expenses</b>		
Gross Salary (Including Taxes)	920.00	8,425.13
Payroll Taxes (Company)	70.38	686.52
Processing (for Direct Deposit)	5.25	38.50
<b>Total Payroll Expenses</b>	995.63	9,150.15
<b>QuickBooks Expenses</b>		
Payroll Subscription - Annual	0.00	230.05
QB Pro 2018 (good for 3 yrs)	0.00	205.90
<b>Total QuickBooks Expenses</b>	0.00	435.95
<b>Rent</b>	550.00	3,802.00
Sales Tax on supplies	15.39	104.11
Shipping to groups	38.91	314.84
Stamps/Postage	78.26	536.26
<b>Telephone &amp; Internet</b>		
Answering Service	93.00	609.00
Office Telephone/Internet	148.56	1,040.30
<b>Total Telephone &amp; Internet</b>	241.56	1,649.30
Vendor Shipping	0.00	10.50
<b>Total Expense</b>	2,310.53	19,282.82
<b>Net Ordinary Income</b>	2,111.22	2,877.62
<b>Other Income/Expense</b>		
<b>Other Expense</b>		
Contributions (to GSO, Area 51)	0.00	1,000.00
Inventory Adjustment	0.00	4.21
<b>Total Other Expense</b>	0.00	1,004.21
<b>Net Other Income</b>	0.00	-1,004.21
<b>Net Income</b>	<b>2,111.22</b>	<b>1,873.41</b>

## September Grapevine is now available!

This month's special section is Young & Sober featuring stories from members who got sober in their teens, 20's and 30's.



[www.aagrapevine.org](http://www.aagrapevine.org)

Cash on Hand as of 7/31/2018

Prudent Reserve (Money Market)

**\$11,059.55**

Operating Account (Checking)

**\$10,074.69**

Rent Deposit **\$400.00**

Petty Cash **\$50.00**

## Call & Visitor Log

### July 2018

12 Step Calls – 3

General Info – 0

Family Help – 4

Meeting Info – 19

Central Office

Business – 38

Medical/Detox – 0

Visitors – 99

Answering Service (Operator-Asst) – 73 minutes

After-hours Hotline Volunteers - 42 calls



Visits to aaNCMCO.org website:

Unique Visitors: 897

Unique Visits: 1,457 (1.62 per visitor)

Pages: 4,395 (3.01 per visit)

# Contributions

	July 2018	YTD		July 2018	YTD
11-11-11 Meeting		\$0.00	Phoenix Group	\$40.00	\$40.00
12 & 12 Study Group		\$50.00	Pisgah Group	\$300.00	\$300.00
2nd Chance Group - Cherokee 712-180		\$120.00	Practicing Principles 667-311		\$0.00
3 Legacies Group 709-522		\$0.00	Primary Purpose Group		\$9.00
4th Dimension Group		\$0.00	Recovery by the River 674-892		\$253.05
Acceptance Group 122-477	\$643.81	\$1,890.03	Roundtable Group 135-605	\$9.00	\$9.00
Agnostics, Atheists & Freethinkers AA Group		\$300.00	Rule 62 Group		\$102.00
Andrews Group 110-494		\$25.00	Safe & Sound 645-654		\$250.00
Anonymous	\$52.00	\$224.24	Saluda Back to Basics Group		\$25.00
Around the Room Group	\$20.00	\$20.00	Saturday Morning Men's Meeting	\$75.00	\$400.00
AVL Big Book Step Study Group 637-843		\$38.50	Serenity Now 670-803		\$75.00
AVL Women's Big Book Step Study 703-990		\$109.00	Serenity Seekers - Marion 663-204		\$0.00
At Wit's End Group	\$74.07	\$88.44	Serenity Service Group 110-498	\$25.00	\$175.00
AWOL Group		\$0.00	Sisters in Sobriety - Whittier		\$0.00
Back to Basics Grp - Weaverville 147-139	\$50.00	\$50.00	Skyland 12&12 Group		\$130.00
Big Town Group 671-200	\$15.08	\$344.19	Speed Bump Group 512-851		\$0.00
Black Mountain Group 117-117		\$35.25	Spiritual Fitness Group 720-419		\$130.00
Brevard Men's Group		\$100.00	Sunshine AA Group 163-759		\$100.00
Brevard Serenity Group 631-231		\$0.00	Surrender Group		\$150.00
Bryson City Group 110-467		\$450.00	The Meeting	\$50.00	\$50.00
But for the Grace of God Group		\$32.30	The Principles Group		\$0.00
BYOC - Bring Your Own Coffee		\$532.50	Total Surrender Group		\$200.41
Candlelight Meeting		\$0.00	Tryon Monday 5:30 Meeting		\$270.18
Candler KISS Group 163-148		\$18.00	Tuesday Night Men's Group 179-001		\$100.00
Cashiers Valley Grp 122-589	\$196.22	\$598.69	United With Hope Group 719-052		\$201.00
Cedar Mountain Group 161-082	\$60.00	\$110.00	Waynesville Grace Group 110-692	\$800.00	\$1,550.00
Conscious Contact Group - Asheville		\$524.00	We Are Not Saints Group		\$0.00
Cullowhee Valley Group 118-129		\$50.00	We Think Not Group 700-411		\$190.00
Cumberland Group 122-472	\$150.00	\$300.00	West Asheville Group 110-501		\$0.00
Daily Decisions 643-869		\$110.27	Women's BBSS Group - Hendersonville		\$0.00
Day by Day Group 159-058	\$451.46	\$1,597.50	Women's Grapevine Meeting		\$0.00
District 71		\$250.00	Women of Courage		\$630.00
Down But Not Out Group		\$0.00	Women of Grace	\$50.00	\$150.00
Dry Dock Group		\$25.00	Working at Recovery		\$0.00
Early Bird Group 612-780	\$96.00	\$257.00			
Fellowship Group 655-542		\$185.64	<b>Total Group Contributions:</b>	<b>\$3,753.36</b>	<b>\$18,561.50</b>
Fireside Group 655-046		\$312.50	<b>Individual Contributions:</b>		
Flat Rock Men's AA Meeting	\$50.00	\$50.00	Anonymous	\$10.08	\$36.74
Good Livers 666-360		\$150.00	In Memory of B.G.	\$10.00	\$70.00
Grace Group 161-970		\$1,168.94	<b>Total Individual Contributions:</b>	<b>\$20.08</b>	<b>\$106.74</b>
Great Fact Group		\$0.00	<b>Birthday Contributions:</b>		
Happy Hour Group - Hendersonville 169-182		\$250.00	Anonymous		\$20.00
Happy Hour Group - Waynesville		\$0.00	Monica G.	\$190.00	\$190.00
Happy, Joyous & Free - Columbus		\$43.00	<b>Total Birthday Contributions:</b>	<b>\$190.00</b>	<b>\$210.00</b>
Heart Fire Group		\$280.00	<b>Mountain Doin's Subscriptions:</b>	<b>\$21.00</b>	<b>\$33.00</b>
Hendersonville Group 110-594		\$375.00	<b>Grand Total:</b>	<b>\$3,984.44</b>	<b>\$18,911.24</b>
High Noon Group 689-080		\$90.00			
Higher Power Tower Hour Group		\$0.00			
Joe & Charlie Big Book Study		\$0.00			
Joy of Living - Brevard 669-820		\$0.00			
Kanuga Group 645-767		\$100.00			
Lambda Group 617-035		\$254.75			
Landrum Group 715-401		\$45.22			
Leicester Group 143-417		\$0.00			
Library Group 672-283		\$0.00			
Maggie Valley Group 158-950		\$215.00			
Maple Grove Group 121-212		\$0.00			
Marion AA Group 110-621		\$50.00			
Marshall Group 100-489		\$0.00			
Mars Hill Group 130-895		\$0.00			
Meditation Mondays		\$50.00			
Men's Attitude Adjustment Group 670-850		\$0.00			
Mid-day Grp (Hendersonville) 143-420		\$93.32			
Mill Springs Group 656-821		\$65.00			
Mission Group 606-119		\$66.32			
Monday 6:00 Open Meeting	\$150.00	\$310.00			
Mountain View Grp (Highlands) 110-598	\$395.72	\$527.26			
New Freedom Group 700-124		\$40.00			
Newland Serenity (Linville Mtg.)		\$0.00			
No Name Group - Murphy		\$100.00			

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group.

As always, we thank you for your generous support!



# MEETING UPDATES:

## Districts 70 • 71 • 80

### **New Meetings:**

**Asheville: Emotional Sobriety:** Sunday 2:00pm (O,D) Starting September 2. Grace Episcopal Church, 871 Merrimon Ave (Lower level, mid-hallway) Asheville 28804

**Black Mountain: Big Book Rule 62 Meeting:** Wednesday 7:00pm (O,BB) United Methodist Church, 101 Church St, Black Mountain 28711

**Burnsville/Newdale: Newdale Big Book Meeting:** Monday 7:00pm (O,BB) Newdale Presbyterian Church, 71 Newdale Church Rd, Burnsville 28714

### **Meeting Changes:**

**Asheville: Working at Recovery:** The Tuesday 7:00pm meeting has changed and is no longer just an AA meeting. However the Thursday 7:00pm meeting is still an AA meeting. (Vets only, M, C, BB) Veterans' Quarters, 1329 Tunnel Rd, Asheville 28805

## The SERVICE EXPRESS

October newsletter deadline for sending in announcements is **September 15th**.

### **District 70:**

**GSR Business Meeting** – normally held the 2nd Sunday of the month. The next meeting will be **Sunday, September 9, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805.

**Service Committee Meeting** - Now held the first Sunday of the month. Next meeting is **Sunday, September 2, 12:15pm**, at North Asheville Community Center, 37 E. Larchmont Dr, Asheville, 28804 (immediately following the 11:00am Conscious Contact meeting.) Needed are service volunteers for Treatment Facilities, Men & Women's Corrections Facilities, Cooperation with the Professional Community and Public Information. Please attend to learn more about these opportunities.

**Treatment Facilities Committee** – Ian O. and Zack are Committee Chairs. Contact them at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org) to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group.

**"Bridging the Gap" (with treatment facilities)** – If you are interested in this service please contact the TFC Chair (above) or the BTG co-coordinator at [bridgingthegap.asheville@gmail.com](mailto:bridgingthegap.asheville@gmail.com).

**Updates:** A new "Treatment Facilities Service Display" is in the works. A Bridging the Gap Workshop Weekend is planned for **September 7-9**, Westin Westminster Denver, 10600 Westminster Blvd, Westminster, CO 80020. Contact Pete G. [coordinator@btgww.org](mailto:coordinator@btgww.org) for more information; check the BTG newsletter – posted on the Central Office

website: [www.aancmco.org/wp-content/uploads/2018/07/btgww18news1-1.pdf](http://www.aancmco.org/wp-content/uploads/2018/07/btgww18news1-1.pdf) or visit the website: [www.btgww.org](http://www.btgww.org)

**Corrections Committee** – Women's Chairs are Denise J. and Casey - contact at [women\\_corrections@ashevilleaa.org](mailto:women_corrections@ashevilleaa.org). Temporary contact for Men's Corrections is Bill W. - at [bill@wermecom.com](mailto:bill@wermecom.com). Volunteers are needed for carrying the message of recovery to alcoholics behind the walls.

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2018/05/Volunteer-App-12-18-17.pdf>

Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: [Sarah.Regala@buncombecounty.org](mailto:Sarah.Regala@buncombecounty.org). AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

If you are interested in this volunteer service or have questions about the application and orientation process, please contact Bill W. at [bill@wermecom.com](mailto:bill@wermecom.com). For more information attend the next GSR Meeting and/or the Service Committees Meeting.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

**CPC/PI Committee** – Joe T. is the Chairperson. Contact him at [cpc\\_pi@ashevilleaa.org](mailto:cpc_pi@ashevilleaa.org). These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested.

Volunteers are needed for upcoming area events; please contact Joe.

### **District 71:**

**GSR Meeting** – held the 2nd Saturday of the month. The next meeting will be **Saturday, September 8, 9:30am**. 1624 Willow Rd, Hendersonville, 28739. The Corrections Committee now meets in conjunction with the GSR meeting.

The Corrections Committee is in need of men volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please attend the District 71 GSR - Corrections Committee meeting in September, or call/email Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net) – for contact information.

### **District 80:**

**GSR District Meeting** will be **Sunday, October 21, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They will be looking for a

new Corrections Chairperson. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aaNCMCO.org](http://www.aaNCMCO.org)

Matt C., the coordinator for meetings taken into the Appalachian Community Services Center located at 91 Timberlane Rd in Balsam, said they need volunteers to take AA meetings into the facility. The meetings are every Monday and Wednesday at 6 pm and every other Saturday at 5:30. If you are interested in participating in this service please email or call Matt: [mbcomins@gmail.com](mailto:mbcomins@gmail.com) - 201-657-4542.

### **NCMCO / CORs**

The next NCMCO Board meeting will be **Thursday, September 13, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801.

We have a new Secretary who joined the Board in August. Welcome Beth!

The next combined quarterly COR/NCMCO Board meeting will be **Thursday, October 11, 6:00pm**, at the same location. All are welcome to attend the Board meetings and the combined COR/Board meetings but only Central Office Representatives can vote on issues, so we encourage all groups to send a COR!

## **Good News for all AA Members**

There is an opportunity for all who care to enhance their sobriety with a unique and most gratifying service at the Henderson County Jail by bringing your message of hope to the men and women who are incarcerated there.

If you are sober 6 months or more, have a sponsor and a home group, are working the steps, and have a keen sense of what it means to keep a commitment, please join us for the orientation at the Henderson County Sheriff's Office, 100 N Grove St, Hendersonville 28792, on Tuesday September 11th at 6:30 pm. Please arrive by 6:15 at the latest.

If you have any questions, call Terry G. – 828-489-9349

“...nothing will so much insure immunity from drinking as intensive work with other alcoholics.” (Alcoholics Anonymous, page 89)

## **Special Meetings and Events**

**Labor Day Cookout:** September 3, 2:00-5:00pm. Asheville 12 Step Club, 22B New Leicester Hwy, Asheville 28806. Speaker Panel, sobriety countdown, 50/50 raffle (you must be present to win), possibly some live music. Vegan options, hamburgers and hotdogs. \$5.00/plate; \$2.00/plate for active Club members; bring a dish and get your food for free! Celebrate Labor Day at the Asheville 12 Step Club!

**District 70 Service Rally:** September 15. Lasagna and desserts at 1:00pm; speakers and meeting 1:30-3:30pm. Learn about carrying the message into treatment centers, hospitals, jails, prisons, health fairs and schools. St. Luke's Episcopal Church, 219 Chunn's Cove Rd, Asheville 28805. To know what you can bring or for more information, email Morgan: [Events@AshevilleAA.org](mailto:Events@AshevilleAA.org)

**How to Write Your Story – for publication in the Grapevine:** Sunday September 16, 1:00pm. Lunch and workshop hosted by District 71; facilitated by Anna R., Area 51 Grapevine Coordinator. Location: Hendersonville Group Meeting Place, 1625 Willow Rd, Hendersonville, 28739. RSVP to Terry G. – 828-489-9349

**Serenity After the Storm:** NCCYPAA XXII. September 20-23. Courtyard Marriott (Oceanfront Hotel) Carolina Beach, NC. For hotel reservations call 910-458-2030 (use code: NYAR). For more information, visit: [www.nccypaa2018.com](http://www.nccypaa2018.com)

**NCMCO Fall Picnic:** October 13, 11:00am-2:00pm. Carrier Park Shelter, 500 Amboy Rd, Asheville 28806. Come join us for food, fellowship and fun, plus a speaker at 1:00pm. Hamburgers, hotdogs, veggie burgers, coffee, soda and water will all be provided; bring a dessert to share if you'd like. And bring a chair if possible. For more information call or email Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

**SPOOKYPAA:** October 27. 179 Hudler St, Winston-Salem, NC. Hosted by PTYPAA, WNCYPAA and WSY PAA. Free camping on site, sign up by email: [info@WSYPAA.com](mailto:info@WSYPAA.com) or at the snack table. 6:00pm – snacks and fellowship; 7:30pm – panel: Fear to Change; 8:30pm – Costume Contest; 9:00pm – Costume Contest winner announced, Haunted House opens (\$10), DJs start. BYOP – pumpkin carving station open all night.

NC Area 51 Conferences and Events: [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

There will be an Area Assembly in November. Here are the details, which are also on the Area 51 website:

**Fall 2018 Election Assembly:** November 3-4. Business Meeting Starts: 12:30pm Saturday; ends: 11:30am Sunday. Open to all A.A. Members. Hilton North Raleigh, 3415 Wake Forest Road (Exit 10 off I-440 Beltline) Raleigh, NC 27609-7316. Hotel Reservations: Local Phone: (919) 872-2323; Toll-Free: (800) 445-8667; Website: [www.NorthRaleigh.Hilton.com](http://www.NorthRaleigh.Hilton.com)

**GSO in New York:** [www.aa.org](http://www.aa.org)

**Southeast Regional Forum:** November 16-18. Sterling, VA. Registration opens September 17. Here is the link for the registration form: [https://www.aa.org/assets/en\\_US/en\\_SE\\_preregistrationform\\_2018.pdf](https://www.aa.org/assets/en_US/en_SE_preregistrationform_2018.pdf) For questions about the forums program, contact Steve S. at [regionalforums@aa.org](mailto:regionalforums@aa.org) or 212-870-3120. For questions about the forum registration process and hotel accommodations, contact Maria M. at [moralesm@aa.org](mailto:moralesm@aa.org) or 212-870-3141.

For other events around the country and the world, as well as great articles and information, go to: [www.aa.org](http://www.aa.org) and Box 4-5-9 Bulletin Board: [www.aa.org/newsletters/en\\_US/en\\_box459\\_summer\\_2018.pdf](http://www.aa.org/newsletters/en_US/en_box459_summer_2018.pdf)

# General Service Structure

Recently we have heard that some Groups and AA members are confused about the General Service organization of Districts and Area and GSO and how it is all tied together so we thought we would provide a map and brief guide. Some of this was brought up last year when there was the discussion about “redistricting” which in the end was shelved at the Area level. Here are the current districts which make up Western NC, served by Central Office:

**District 70** – Buncombe, Madison, Yancey, Mitchell and McDowell Counties

**District 71** – Henderson, Transylvania and Polk Counties

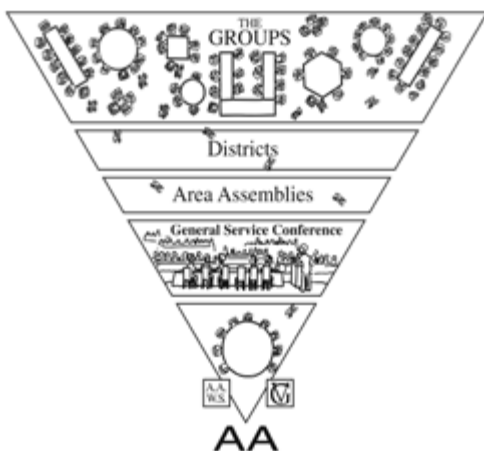
**District 80** – Haywood, Jackson, Macon, Clay, Swain, Graham and Cherokee Counties



Below is some information about the General Service Structure taken from the A.A. Service Manual:

## An Upside-Down Organization

Alcoholics Anonymous has been called an upside-down organization because, as the structure chart shows, the groups are on top and the trustees at the bottom. Bill W. wrote in Concept I: “The A.A. groups today hold ultimate responsibility and final authority for our world services....” Then, in Concept II, Bill made it clear that the groups “delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference... the actual voice and effective conscience for our whole Society.”



## Communication Through the Structure

Keeping a balance between ultimate authority and responsibility and the active, day-to-day functioning of world services means there must be constant communication among all elements of the structure.

**THE GROUP:** The communication process starts with the group, which lets its group conscience—for or against change, approval or disapproval of a proposed action—be known to its elected general service representative (G.S.R.). The G.S.R. (see Chapter Two) makes sure the group’s wishes are heard and fully considered at the district and area levels, and that they are part of the delegate’s thinking at the Conference. After each annual Conference, the G.S.R. is responsible for making sure that group members are informed about what went on at the Conference and made aware of the full range of Advisory Actions.

**THE DISTRICT:** Groups are organized into districts, collections of groups located near one another. The G.S.R.s of these groups select district committee members (D.C.M.s), who become part of the area committee.

**THE AREA:** The U.S./Canada Conference is divided into 93 areas, made up of a state or province, part of a state or province, or in some cases parts of more than one state or province. At the area assembly, a delegate is elected to represent the area at the annual Conference meeting. (Note: North Carolina is Area 51)

**THE CONFERENCE AND THE DELEGATE:** At the annual Conference meeting, matters of importance to the Fellowship as a whole are first considered and discussed by one of the standing Conference committees, then brought to the full Conference in the form of committee recommendations. All Conference members then have the opportunity to ask questions and discuss the recommendations before they are voted on. Committee recommendations that are approved become Conference Advisory Actions.

After the Conference, the delegate reports back to the area, working through D.C.M.s and group G.S.R.s. At the same time, any Conference Advisory Actions that were referred to the trustees are sent to either the appropriate trustees’ committee, G.S.O., or the A.A. Grapevine for implementation.

Membership in the Conference consists of area delegates, trustees, directors of A.A. World Services and the Grapevine, and A.A. staff members of the General Service Office and the Grapevine. Traditionally, area delegates make up at least two-thirds of the Conference body.

**THE TRUSTEES:** The General Service Board (see Chapter Nine) is made up of 21 trustees. It meets quarterly, and its actions are reported to the Fellowship through quarterly reports and also in the Final Conference Report. The board’s two operating corporations, A.A. World Services, Inc. and A.A. Grapevine, Inc., report in the same way. A.A.W.S. is the corporation that employs G.S.O. personnel, directs G.S.O. services, and is responsible for book and pamphlet publishing. The Grapevine corporate board employs the magazine’s editorial and business staffs and publishes A.A.’s monthly magazine and related materials.

There are numerous pamphlets and materials with more details on the General Service Structure available on the website [www.aa.org](http://www.aa.org).

# ANNIVERSARIES

## 2nd Chance Group

Sherri W. 9-28-1990 28 yrs

## Acceptance Group

Cliff C. 9-06-2017 1 yr  
Perry O. 9-17-2016 2 yrs  
BS 9-20-2017 1 yr  
Amanda C. 9-25-2016 2 yrs

## Around the Room Group

Jean S. 9-03-2011 7 yrs

## Asheville Big Book Step Study Group

Liz R. 9-01-2003 15 yrs  
Max M. 9-01-2014 4 yrs  
Sherri W. 9-03-2014 4 yrs  
Perry O. 9-17-2016 2 yrs

## Asheville Women's Big Book Step Study Group

Mary M. 9-20-1998 20 yrs  
Sally S. 9-27-2009 9 yrs

## Back to Basics Group - Weaverville

Rob M. 9-04-2012 6 yrs  
Julie K. 9-09-2001 17 yrs  
Ginger H. 9-13-1991 27 yrs  
Matthew M. 9-20-2010 8 yrs  
Cate M. 9-25-1982 36 yrs

## Black Mountain Group

Joel H. 9-16-2007 11 yrs

## Brevard Serenity Group

Mary Mc. 9-23-2003 15 yrs

## Candler K.I.S.S. Group

Julie B. 9-11-1990 28 yrs  
Jason M. 9-17-2014 4 yrs

## Conscious Contact Group

Murri S. 9-12-1984 34 yrs  
Mary A. 9-15-2009 9 yrs

## Cumberland Group

Bob R. 9-07-1983 35 yrs  
Tadd C. 9-14-1987 31 yrs  
Perry O. 9-17-2016 2 yrs  
Matt G. 9-23-2013 5 yrs  
Aaron F. 9-27-2012 6 yrs

## Daily Decisions Group

Gil A. 9-06-2013 5 yrs

## Fellowship Group

Ron S. 9-02-2016 2 yrs  
Marcy C. 9-03-1987 31 yrs  
Ray W. 9-04-2017 1 yr  
Tim B. 9-07-2017 1 yr  
Carl G. 9-09-1996 22 yrs  
Lisa D. 9-11-2015 3 yrs  
Holly R. 9-11-2017 1 yr  
Mark W. 9-15-2006 12 yrs  
Gerd S. 9-17-1979 39 yrs  
Linda M. 9-18-2005 13 yrs  
Kimberly P. 9-20-2009 9 yrs  
Ted N. 9-25-2006 12 yrs  
Frank B. 9-26-1989 29 yrs  
Kevin H. 9-28-2017 1 yr  
Natalie R. 9-30-2017 1 yr

## Good Livers Group

Marylen L. 9-01-1989 29 yrs  
Laurie T. 9-03-1984 34 yrs  
Ellen M. 9-05-2014 4 yrs  
Julie K. 9-09-2001 17 yrs  
Melanie 9-10-2010 8 yrs  
Kathleen C. 9-13-2014 4 yrs  
Sascha F. 9-15-1990 28 yrs  
Caren B. 9-19-2016 2 yrs  
Lee R. 9-21-1982 36 yrs  
Debbie L. 9-25-2011 7 yrs  
Nat C. 9-26-1989 29 yrs  
Roger K. 9-26-1981 37 yrs

## Grace Group

Jon B. 9-01-2003 15 yrs  
Sean F. 9-07-2013 5 yrs  
David P. 9-08-2017 1 yr  
Casey S. 9-11-2000 18 yrs  
Scott M. 9-17-2017 1 yr  
Nat C. 9-26-1989 29 yrs  
Bill E. 9-30-1994 24 yrs

## Happy Hour Group

Jim L. 9-09-2002 16 yrs  
Randall D. 9-11-2004 14 yrs

## Hendersonville Group

Ike F. 9-01-2007 11 yrs  
Shawn K. 9-03-2013 5 yrs  
Bonnie D. 9-12-2012 6 yrs  
Andreas 9-18-2017 1 yr  
Oscar F. 9-20-1995 23 yrs  
Emily C. 9-22-2014 4 yrs  
Rob T. 9-29-2015 3 yrs

## Leicester Group

Beth D. 9-29-2005 13 yrs

## Mars Hill Group

Paul M. 9-01-2013 5 yrs  
Dawn L. 9-20-1990 28 yrs  
Bendik C. 9-25-2007 11 yrs

## Midday Group

Goody H. 9-04-1979 39 yrs  
Annie F. 9-06-1989 29 yrs  
Powell 9-22-1980 38 yrs  
Ann T. 9-23-2015 3 yrs  
Kathy K. 9-24-1995 23 yrs

## Riverside Group

David U. 9-15-2016 2 yrs

## Serenity Now

Gail S. 9-22-2015 3 yrs

## Serenity Seekers - Marion

Julie 9-14-2016 2 yrs

## Total Surrender Group

Ellie W. 9-03-2016 2 yrs  
Carl G. 9-09-1996 22 yrs  
Mark K. 9-16-2017 1 yr  
Susan K. 9-16-1982 36 yrs  
Gerd S. 9-17-1979 39 yrs  
Kimberly M. 9-20-2009 9 yrs  
Matt H. 9-22-2016 2 yrs  
Audrey Y. 9-23-2002 16 yrs  
Michelle T. 9-24-2017 1 yr  
Lori M. 9-26-2003 15 yrs  
George D. 9-30-1989 29 yrs

## Traditional Group

Keenan H. 9-13-2012 5 yrs  
Joyce C. 9-22-2015 2 yrs

## United With Hope Group

Pat B. 9-23-2004 14 yrs

## Waynesville Grace Group

Doug V.W. 9-01-1998 20 yrs  
Val C. 9-01-2013 5 yrs  
Debbie B. 9-06-2010 8 yrs  
Steve A. 9-17-2012 6 yrs  
Kimberly M. 9-20-2009 9 yrs  
Frank C. 9-29-2015 3 yrs

## Women of Grace Group

Cleta S. 9-03-1995 23 yrs  
Casey L. 9-14-2014 4 yrs  
Ruthie C. 9-14-1991 27 yrs  
Lee Ann G. 9-28-2002 16 yrs

## Women of Principles Group

Gennings G. 9-17-2015 3 yrs  
Mary Ann B. 9-17-2015 3 yrs  
Beth D. 9-29-2005 13 yrs

Need to update your Group's anniversary list?

Call Central Office - 828-254-8539 - or send a new list to:

[info@ncmco.net](mailto:info@ncmco.net) October newsletter deadline for sending in anniversaries and announcements is September 15.



# *Labor Day Cookout*

**Asheville 12 Step Club  
22B New Leicester Hwy  
Asheville NC 28806**

**September 3rd from 2 PM-5 PM**

**Come celebrate Labor Day at the Asheville 12 Step Club!**

We will have a speaker panel, a 50/50 raffle,  
a sobriety countdown, possibly some live music.

Vegan options, Hamburgers, and Hotdogs.  
\$5 a plate (one burger or 2 hotdogs) Active members \$2.00 a plate.  
Bring a dish and get your food for free!

Sobriety countdown at 3:00, the speaker panel starts at 3:30 PM,  
and the 50/50 raffle will follow.  
You must be present to win.





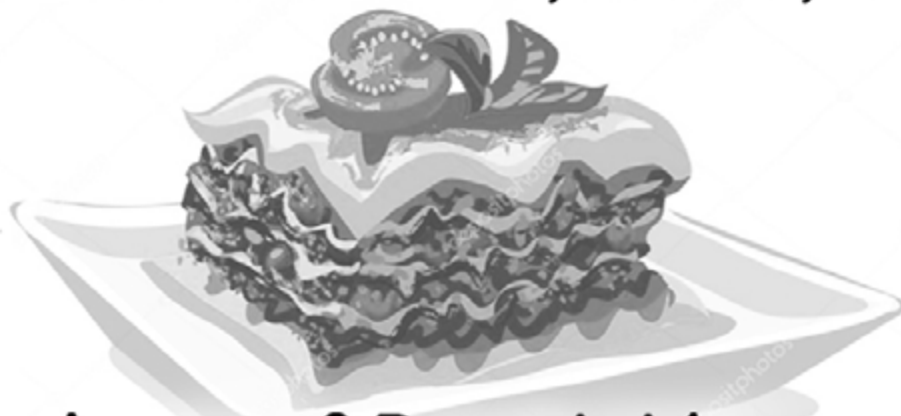


# **DISTRICT 70 SERVICE RALLY**

The Annual Service Rally is a time to bring Sponsors and Sponsees together to learn more about carrying the message into **Treatment Centers, Hospitals, Jails, Prisons, Health Fairs and Schools**. We will have a panel discussion with District Committee Chairs and a Guest Speaker on the Program.

Our "Event's Chef" will be preparing both Vegetarian & Bolognese Lasagna with salad and garlic bread. We need desserts, here's an opportunity to wow the crowd with your homemade blue-ribbon creations. *Please let Morgan know what you can bring or if you have any questions, with email below.*

**September 15th, 2018 (Saturday)**  
**St. Luke's Episcopal Church**  
**219 Chunn's Cove Road, Asheville, NC**



**Lasagna & Dessert at 1pm**  
**Speakers & Meeting 1:30-3:30pm**

**Events@AshevilleAA.org**

District 71 Invites You to  
GET IN TOUCH WITH YOUR  
INNER AUTHOR.

JOIN US FOR LUNCH AND LEARN  
**“HOW TO WRITE YOUR STORY”**  
FOR PUBLICATION IN THE GRAPEVINE.

Facilitated by Anna R.  
Area 51 Grapevine Coordinator

**Sunday, September 16<sup>th</sup> at 1pm**

Hendersonville Group Meeting Place  
1624 Willow Rd.

Hendersonville, 28739

RSVP Terry G. 828-489-9349



**OCTOBER 13, 11:00 AM – 2:00 PM**

# **CENTRAL OFFICE / DISTRICT 70 FALL PICNIC**

**Carrier Park Shelter, 500 Amboy Road,  
Asheville, 28806**

The picnic begins at 11 am, with a speaker meeting from 1:00 pm to 2:00 pm. Please come out and enjoy the food, fellowship, and fun!



## **CENTRAL OFFICE / DISTRICT 70 FALL PICNIC**

**Hamburgers,  
hotdogs, veggie  
burgers, coffee,  
soda, water all  
provided!**

**Please bring a dish or  
dessert to share.**

**Come join us for  
food, fellowship,  
volleyball, and  
games!**

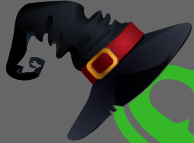
**Guest Speaker: CJ**

**Please bring a chair  
if you can.**

**NORTH CAROLINA  
MOUNTAIN CENTRAL  
OFFICE**

**(828) 254 - 8539  
info@ncmco.net**

**www.aancmco.org**



# SPOOKYPAA

OCTOBER 27

179 HUDLER STREET  
WINSTON-SALEM, NC



HOSTED BY PTYPAA, WNCYPAA, and WSYPAA  
COMING FROM OUT OF TOWN? FREE CAMPING ON-SITE, SIGN  
UP BY E-MAIL [INFO@WSYPAA.COM](mailto:INFO@WSYPAA.COM) OR AT THE SNACK TABLE

**6PM**

**SNACKS**

**FELLOWSHIP**

**7:30PM**

**PANEL: FEAR TO CHANGE**

**8:30PM**

**COSTUME CONTEST**

**9:00PM**

**COSTUME CONTEST WINNER ANNOUNCED**

**HAUNTED HOUSE OPENS - \$10**

**DJ'S START**

**BYOP PUMPKIN CARVING STATION OPEN ALL NIGHT**

# NCCYPAA XXII

North Carolina Conference of Young People in AA  
Oceanfront Courtyard Marriott Carolina Beach, NC  
September 20<sup>th</sup> - 23<sup>rd</sup>, 2018



Register at [NCCYPAA2018.com](http://NCCYPAA2018.com)

\$139/night Room Block ends August 27<sup>th</sup>!! ~ Registration for Conference \$25

Registration for Conference with Fantasea Fellowship Dinner Saturday \$45

Saturday Conference Day Pass with Fantasea Fellowship Dinner Saturday \$25

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Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ City/State: \_\_\_\_\_  
Email: \_\_\_\_\_ Selection: \_\_\_\_\_ Amount Paid: \_\_\_\_\_  
Payment Type: \_\_\_\_\_ Sobriety Date: \_\_\_/\_\_\_/\_\_\_ Special Needs: \_\_\_\_\_

# NCCYPAA XXII

NORTH CAROLINA CONFERENCE OF YOUNG PEOPLE IN ALCOHOLICS ANONYMOUS

SEPTEMBER 20-23, 2018 // WILMINGTON, NC

COURTYARD MARRIOTT CAROLINA BEACH

## THURSDAY

4PM-6PM POOL PARTY MEET & GREET

8PM LOCAL SPEAKER – MELISSA K

9:30PM BOARD GAMES AND OTHER SHENANIGANS

10PM-4AM MARATHON MEETINGS ON EVEN HOURS (JACKSONVILLE, NC)

## FRIDAY

8AM YOGA ON THE BEACH

9AM MEDITATION LED BY HAPP

11AM OCEAN DISCUSSION MEETING – DEALING WITH COMPLACENCY IN SOBRIETY

3PM PANEL – SEX & RELATIONSHIPS

5PM PANEL -LETTING GO (OF PEOPLE, PLACES & THINGS)

7:30PM STATE ROLL CALL

8PM MAIN SPEAKER – YURI S (COLORADO)

9:30PM – 10:30 PM HOW TO BID Q & A

10PM-4AM MARATHON MEETINGS ON EVEN HOURS (GREENSBORO, NC)

## SATURDAY

8AM FUN RUN / WALK 5K

9AM MEDITATION MEETING LED BY CHRIS D.

9AM NCCYPAA 23 BID SESSION

10AM AL-ANON SPEAKER- JANE

10AM OPEN Q & A FORUM WITH ADVISORY COUNCIL

11AM PANEL – WRECKAGE OF THE PAST

12PM RELAY RACES ON THE BEACH

2PM PANEL – ENJOYING LIFE: HOW TO HAVE FUN IN SOBRIETY

3PM - SANDCASTLE BUILDING CONTEST & BELLY FLOP CONTEST

5-7PM FANTASEA FELLOWSHIP DINNER: NAUTICAL THEME, BBQ PLATED DINNER (\$25)

INCLUDES ENTERTAINMENT & A GUARANTEED GOOD TIME

8PM SOBRIETY COUNTDOWN

8:30PM MAIN SPEAKER – CRYSTAL G (LOUISIANA)

10PM-12AM DANCE PARTY

10PM-4AM MARATHON MEETINGS ON EVEN HOURS (ASHEVILLE, NC)

## SUNDAY

8AM YOGA ON THE BEACH

9AM MEDITATION MEETING

10AM MAIN SPEAKER – CHASE S (ATLANTA, GA)

\*\* ALL EVENTS ARE SUBJECT TO CHANGE \*\*

## 2018 Southeast Regional Forum

### Registration opens Monday, September 17, 2018

To receive email notification when registration is open:

- **Click here** and fill out the form; **or**
- Contact Maria Morales-Lamm at [moralesm@aa.org](mailto:moralesm@aa.org) or (212) 870-3141; **or**
- Fill out the below and mail to G.S.O. to arrive by September 16, 2018.

General Service Office, P.O. Box 459,  
Grand Central Station, NY, NY 10163  
Attn: Maria Morales-Lamm

Name \_\_\_\_\_ Email \_\_\_\_\_  
Phone \_\_\_\_\_

*Information provided is confidential and will only be used for this Regional Forum*

For ASL Interpretation please contact G.S.O.: [regionalforums@aa.org](mailto:regionalforums@aa.org).

## HOTEL RESERVATION INFORMATION

### 2018 SOUTHEAST Regional Forum

**November 16-18, 2018**

#### Washington Dulles Airport Marriott

45020 Aviation Drive  
Sterling, VA 20166  
(703) 471-9500

Group  
Code  
SRF

**Rate cutoff date: October 26, 2018**

**Hotel Reservations** can be made by one of the following methods:

- By phone: (703) 471-9500 no later than October 26, 2018
- Online: **Click here** and fill out the form.

#### Room rates:

Single/Double: \$109.00 plus taxes

**For special room rate use Group Code: SRF**

# 2018 SOUTHEAST REGIONAL FORUM

## Washington Dulles Airport Marriott

45020 Aviation Drive  
Sterling, Virginia 20166  
(703) 471-9500

Group Code: **SRF**

November 16 - 18, 2018

### Sample SCHEDULE of Events

**Friday:** 6:30pm - 10pm      **Saturday:** 9am - 9:45pm      **Sunday:** 9am - 12pm

#### FRIDAY

2:00 - close  
6:30-6:45 pm  
7:00-8:30 pm  
8:30-8:45 pm  
8:45-9:15 pm  
9:15-10:00 pm

Registration  
First Timer Orientation  
Opening Session  
Break  
Video  
General Sharing

#### SATURDAY (Continued)

2:30-3:15 pm  
3:15-3:30 pm  
3:30-4:00 pm  
4:00-5:00 pm  
5:00-7:00 pm  
7:00-8:15 pm  
8:15-8:30 pm  
8:30-9:45 pm

Ask-t Basket  
Break  
Finance Presentation  
General Sharing  
Dinner\*  
Workshops  
Break  
Workshops

#### SATURDAY

9:00am - close  
9:00-10:00 am  
10:00-10:15 am  
10:15-11:00 am  
11:00-12:00 pm  
12:00-1:30 pm  
1:30-2:30 pm

Registration  
A.A. Grapevine  
Break  
General Sharing  
Delegates' Presentations  
Lunch\*  
G.S.O. Presentations

#### SUNDAY

9:00 - 10:00 am  
10:00-10:30 am  
10:30-10:45 am  
10:45-11:30 am  
11:30- Noon

General Sharing  
First Timer Sharing  
Break  
Past Trustees' Sharing  
Closing Remarks

\* Meals are on your own

## REGISTRATION Information

There is no charge to attend Regional Forums. Please pre-register to support GSO with event preparation. You can always register on-site. To pre-register online, go to [www.aa.org](http://www.aa.org). All who register will receive a Final Forum Report.