

MOUNTAIN AUGUST 2018 DOIN'S

(828) 254-8539

Office Hours
10:00am - 1:00pm
Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

What NC Mountain Central Office Does

The following is a list of what we – the staff, volunteers and Board members – do here at NCMCO:

Answer inquiries about Alcoholics Anonymous and meetings in WNC. When calls come in from individuals looking for help, staff & volunteers contact AA members on the 12-step volunteer list which is maintained by the 12-step volunteer coordinator. The 12-step volunteer is given the name & phone number of the caller seeking help. (Names & numbers of AA members/volunteers are never given out.) Individuals seeking help for problems other than alcohol are referred to the appropriate programs or agencies.

Coordinate with the After-hours Hotline Volunteers and the answering service to handle calls after hours; provide the volunteers and answering service with updated meeting information and list of 12-step volunteers.

Regularly update the meeting schedule, Where & When, and coordinate meeting information with the District 70's ashevilleaa.org webmaster. Periodically check meeting information on websites maintained by Districts 71 & 80, following up on anything that is different from what we have listed.

Keep inventory of literature, chips and medallions to sell to groups and individuals – often packing and mailing items to those who can't get into the office during the hours we are open – 10am-1pm, Mon. through Fri. – or leaving items outside the office for after-hours pickup.

Publish a monthly newsletter, *Mountain Doin's*, to keep the AA community apprised of events and special articles of interest. One printed copy is mailed free to each group; a digital version is emailed to anyone who requests it. We are currently mailing out 150 copies each month, with several groups paying extra for additional copies. We email the digital version to 550 addresses.

Work with the various District Committees (Treatment, Corrections, CPC/PI, Archives) and those in the community seeking information about AA. Spread the

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word about local and national AA events, conventions and workshops and act as a clearinghouse for information and logistical support between individual AA members, groups, local and state committees, General Service Office in New York, and the community at large. Store District 70 Archives.

Hold monthly Board meetings and quarterly COR (Central Office Representative) meetings to discuss Central Office business and provide a forum for suggestions and concerns. The meetings are open to all and we welcome new ideas and input.

Contributions and the small profit on the sale of merchandise help pay for the following (for complete Profit & Loss statement, see page 2 of the Mountain Doin's. The newsletter is posted each month on the websites www.aanCMCO.org and www.ashevilleaa.org):

- Answering Service
- Copier rental
- Newsletter Editor
- Office supplies
- Payroll for Office Manager
- Phone & Internet
- Rent
- Stamps/Postage

If you have any questions stop by the office: 70 Woodfin Place, Suite 206, Asheville 28801, give us a call: 828-254-8539 or write to us: info@ncmco.net (Office hours: Monday-Friday, 10:00am-1:00pm)

**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison**

	<u>Jun 18</u>	<u>Jan - Jun 18</u>
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	0.00	20.00
Group Contributions	1,931.80	14,808.14
Individual Contributions	14.38	86.66
Subscriptions	12.00	12.00
Total Contributions	1,958.18	14,926.80
Interest on Money Market	0.91	5.49
Sales Income		
Literature & merchandise	2,607.59	14,689.46
Shipping to groups	44.08	275.26
Total Sales Income	2,651.67	14,964.72
Total Income	4,610.76	29,897.01
Cost of Goods Sold		
Freight - vendor shipping	24.30	199.11
Literature & merchandise	2,102.82	11,959.21
Total COGS	2,127.12	12,158.32
Gross Profit	2,483.64	17,738.69
Expense		
Copier Rental		
Copier - IT charge	0.00	60.00
Copier - monthly fee	147.63	876.98
Total Copier Rental	147.63	936.98
Editor	135.00	810.00
Fire Inspection (good for 3yrs)	0.00	25.00
New Computer, Software, IT Asst	0.00	813.29
Office Expenses	30.00	160.00
Office Supplies	35.90	143.66
Payroll Expenses		
Gross Salary (Including Taxes)	1,144.00	7,505.13
Payroll Taxes (Company)	91.34	616.14
Processing (for Direct Deposit)	5.25	33.25
Total Payroll Expenses	1,240.59	8,154.52
QuickBooks Expenses		
Payroll Subscription - Annual	0.00	230.05
QB Pro 2018 (good for 3 yrs)	0.00	205.90
Total QuickBooks Expenses	0.00	435.95
Rent	550.00	3,252.00
Sales Tax on supplies	10.33	88.72
Shipping to groups	44.08	275.93
Stamps/Postage	75.78	458.00
Telephone & Internet		
Answering Service	91.00	516.00
Office Telephone/Internet	148.57	891.74
Total Telephone & Internet	239.57	1,407.74
Vendor Shipping	10.50	10.50
Total Expense	2,519.38	16,972.29
Net Ordinary Income	-35.74	766.40
Other Income/Expense		
Other Expense		
Contributions (to GSO, Area 51)	0.00	1,000.00
Inventory Adjustment	0.00	4.21
Total Other Expense	0.00	1,004.21
Net Other Income	0.00	-1,004.21
Net Income	-35.74	-237.81

August Grapevine is now available!

This month's special section is Carry the Message, featuring stories from the regions who participated in our 2017 4 Seasons of Service Challenge



www.aagrapevine.org

Cash on Hand as of 6/30/2018

Prudent Reserve (Money Market)

\$11,058.61

Operating Account (Checking)

\$8,752.79

Rent Deposit **\$400.00**

Petty Cash **\$50.00**

Call & Visitor Log

June 2018

12 Step Calls – 2

General Info – 7

Family Help – 2

Meeting Info – 11

Central Office

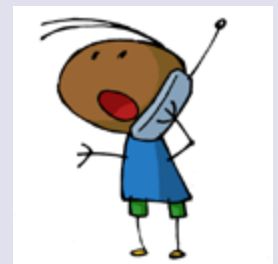
Business – 37

Medical/Detox – 0

Visitors – 103

Answering Service (Operator-Asst) – 81 minutes

After-hours Hotline Volunteers - 42 calls



Visits to aaNCMCO.org website:

Unique Visitors: 585

Unique Visits: 1,139 (1.94 per visitor)

Pages: 3,660 (3.21 per visit)



Contributions

	June 2018	YTD		June 2018	YTD
11-11-11 Meeting		\$0.00	Practicing Principles 667-311		\$0.00
12 & 12 Study Group		\$50.00	Primary Purpose Group		\$9.00
2nd Chance Group - Cherokee 712-180	\$60.00	\$120.00	Recovery by the River 674-892		\$253.05
3 Legacies Group 709-522		\$0.00	Roundtable Group 135-605		\$0.00
4th Dimension Group		\$0.00	Rule 62 Group		\$102.00
Acceptance Group 122-477		\$1,246.22	Safe & Sound 645-654		\$250.00
Agnostics, Atheists & Freethinkers AA Group		\$300.00	Saluda Back to Basics Group		\$25.00
Andrews Group 110-494		\$25.00	Saturday Morning Men's Meeting		\$325.00
Anonymous	\$57.80	\$172.24	Serenity Now 670-803		\$75.00
AVL Big Book Step Study Group 637-843		\$38.50	Serenity Seekers - Marion 663-204		\$0.00
AVL Women's Big Book Step Study 703-990		\$109.00	Serenity Service Group 110-498	\$25.00	\$150.00
At Wit's End Group		\$14.37	Sisters in Sobriety - Whittier		\$0.00
AWOL Group		\$0.00	Skyland 12&12 Group		\$130.00
Back to Basics Grp - Weaverville 147-139		\$0.00	Speed Bump Group 512-851		\$0.00
Big Town Group 671-200		\$329.11	Spiritual Fitness Group 720-419		\$130.00
Black Mountain Group 117-117		\$35.25	Sunshine AA Group 163-759		\$100.00
Brevard Men's Group		\$100.00	Surrender Group		\$150.00
Brevard Serenity Group 631-231		\$0.00	The Principles Group		\$0.00
Bryson City Group 110-467		\$450.00	Total Surrender Group		\$200.41
But for the Grace of God Group	\$16.00	\$32.30	Tryon Monday 5:30 Meeting		\$270.18
BYOC - Bring Your Own Coffee	\$59.00	\$532.50	Tuesday Night Men's Group 179-001		\$100.00
Candlelight Meeting		\$0.00	United With Hope Group 719-052	\$40.00	\$201.00
Candler KISS Group 163-148		\$18.00	Waynesville Grace Group 110-692		\$750.00
Cashiers Valley Grp 122-589		\$402.47	We Are Not Saints Group		\$0.00
Cedar Mountain Group 161-082		\$50.00	We Think Not Group 700-411	\$190.00	\$190.00
Conscious Contact Group - Asheville	\$524.00	\$524.00	West Asheville Group 110-501		\$0.00
Cullowhee Valley Group 118-129	\$50.00	\$50.00	Women's BBSS Group - Hendersonville		\$0.00
Cumberland Group 122-472		\$150.00	Women's Grapevine Meeting		\$0.00
Daily Decisions 643-869		\$110.27	Women of Courage	\$300.00	\$630.00
Day by Day Group 159-058		\$1,146.04	Women of Grace		\$100.00
District 71		\$250.00	Working at Recovery		\$0.00
Down But Not Out Group		\$0.00			
Dry Dock Group	\$25.00	\$25.00	Total Group Contributions:	\$1,931.80	\$14,808.14
Early Bird Group 612-780		\$161.00	Individual Contributions:		
Fellowship Group 655-542		\$185.64	Anonymous	\$4.38	\$26.66
Fireside Group 655-046	\$312.50	\$312.50	In Memory of B.G.	\$10.00	\$60.00
Good Livers 666-360		\$150.00	Total Individual Contributions:	\$14.38	\$86.66
Grace Group 161-970		\$1,168.94	Birthday Contributions:		
Great Fact Group		\$0.00	Anonymous	\$0.00	\$20.00
Happy Hour Group - Hendersonville 169-182		\$250.00	Total Birthday Contributions:	\$0.00	\$20.00
Happy Hour Group - Waynesville		\$0.00	Mountain Doin's Subscriptions:	\$12.00	\$12.00
Happy, Joyous & Free - Columbus		\$43.00	Grand Total:	\$1,958.18	\$14,926.80
Heart Fire Group		\$280.00			
Hendersonville Group		\$375.00			
High Noon Group 689-080		\$90.00			
Higher Power Tower Hour Group		\$0.00			
Joe & Charlie Big Book Study		\$0.00			
Joy of Living - Black Mountain		\$0.00			
Joy of Living - Brevard 669-820		\$0.00			
Kanuga Group 645-767		\$100.00			
Lambda Group 617-035	\$141.00	\$254.75			
Landrum Group 715-401		\$45.22			
Leicester Group 143-417		\$0.00			
Library Group 672-283		\$0.00			
Maggie Valley Group 158-950	\$110.00	\$215.00			
Maple Grove Group 121-212		\$0.00			
Marion AA Group 110-621		\$50.00			
Marshall Group 100-489		\$0.00			
Mars Hill Group 130-895		\$0.00			
Meditation Mondays		\$50.00			
Men's Attitude Adjustment Group 670-850		\$0.00			
Mid-day Grp (Hendersonville) 143-420		\$93.32			
Mill Springs Group 656-821		\$65.00			
Mission Group 606-119	\$21.50	\$66.32			
Monday 6:00 Open Meeting		\$160.00			
Mountain View Grp (Highlands) 110-598		\$131.54			
New Freedom Group 700-124		\$40.00			
Newland Serenity (Linville Mtg.)		\$0.00			
No Name Group - Murphy		\$100.00			
Pisgah Group		\$0.00			

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you for your generous support!



MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Asheville: Total Surrender Group: Friday 7:00pm (C,BB)
New Hope Presbyterian Church, 3070 Sweeten Creek Rd,
Asheville 28803

Meeting Changes:

Hendersonville: Sisters of Sobriety: Tuesday 7:00pm.
(W,O,D) New location as of July 3: Reformation Presbyterian
Church, Kirkside Hall, 116 7th Ave West, Hendersonville
28792

Discontinued Meetings:

Ledger/Bakersville: Ledger Group: Monday 7:00pm.
Ledger Baptist Church, Hwy 226, 573 Bear Creek Church
Rd, Bakersville. Meeting has been discontinued.

Penland: Penland School of Crafts: Friday 7:00pm. Conley
Ridge Rd, Building 38. Only the Friday meeting has been
discontinued; the Group will continue meeting on Tuesdays
at 7:00pm.

Meeting Spaces Available:

- **Belfour United Methodist Church**, 2567 Asheville Hwy, Hendersonville. They have meeting space available in their fellowship hall. It has access to a kitchen and bathroom. Contact Dottie at the church – 828-778-9886.
- **Asheville 12 Step Recovery Club**. 22-B New Leicester Hwy, Asheville 28806. The Club has two meeting rooms available on various days and times. The space is handicap accessible, and, because there are two rooms, there are opportunities to provide child care. If you are interested in starting a meeting at the Club, send an email to: av112step@gmail.com
- **St. George's Episcopal Church**, One School Road, Asheville, 28806 has space and times available for meetings.
- **1st Christian Church**, 470 Enka Lake Rd, Candler 28715. Meeting space available various days and times except Sunday morning & afternoon. Handicap accessible. Contact Drew –828-665-9499 or 203-592-9574.
- **Barnardsville United Methodist Church**, 7 Church Hill Rd (off Dillingham Rd). Fellowship Hall can seat 30-40 people. Smaller room in parish house available in future.

For contact information call Pam at Central Office
828-254-8539.

The SERVICE EXPRESS

September newsletter deadline for sending in
announcements is **August 15th**.

District 70:

GSR Business Meeting – normally held the 2nd Sunday of the month. The next meeting will be **Sunday, August 12, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805.

Service Committee Meeting - Now held the first Sunday of the month. Next meeting is **Sunday, August 5, 12:15pm**, at North Asheville Community Center, 37 E. Larchmont Dr, Asheville, 28804 (immediately following the 11:00am Conscious Contact meeting.) Needed are service volunteers for Treatment Facilities, Men & Women's Corrections Facilities, Cooperation with the Professional Community and Public Information. Please attend to learn more about these opportunities.

Treatment Facilities Committee – Ian O. and Zack are Committee Chairs. Contact them at treatment@ashevilleaa.org to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group.

"Bridging the Gap" (with treatment facilities) – If you are interested in this service please contact the TFC Chair (above) or the BTG co-coordinator at bridgingthegap.asheville@gmail.com.

Updates: A new "Treatment Facilities Service Display" is in the works. A Bridging the Gap Workshop Weekend is planned for September 7-9, Westin Westminster Denver, 10600 Westminster Blvd, Westminster, CO 80020. Contact Pete G. coordinator@btgww.org for more information; check the BTG newsletter – posted on the Central Office website: www.aanmc.org/wp-content/uploads/2018/07/btgww18news1-1.pdf or visit the website: www.btgww.org

Corrections Committee – Women's Chairs are Denise J. and Casey - contact at women_corrections@ashevilleaa.org. Temporary contact for Men's Corrections is Bill W. - at bill@wermecom.com. Volunteers are needed for carrying the message of recovery to alcoholics behind the walls.

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aanmc.org/wp-content/uploads/2018/05/Volunteer-App-12-18-17.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: Sarah.Regala@buncombecounty.org. AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.

If you are interested in this volunteer service or have questions about the application and orientation process, please contact Bill W. at bill@wermecom.com. For more information attend the next GSR Meeting and/or the Service Committees Meeting.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

CPC/PI Committee – Joe T. is the Chairperson. Contact him at cpc_pi@ashevilleaa.org. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested.

Volunteers are needed for upcoming area events; please contact Joe.

District 71:

GSR Meeting – held the 2nd Saturday of the month. The next meeting will be **Saturday, August 11**. **Note: the time has been changed to 9:30am**. 1624 Willow Rd, Hendersonville, 28739. The Corrections Committee now meets in conjunction with the GSR meeting.

The Corrections Committee is in need of men volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please attend the District 71 GSR - Corrections Committee meeting in August, or call/email Central Office – 828-254-8539; info@ncmco.net – for contact information.

District 80:

GSR District Meeting will be **Sunday, October 21, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They will be looking for a new Corrections Chairperson. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: www.aaNCMCO.org

Matt C., the coordinator for meetings taken into the Appalachian Community Services Center located at 91 Timberlane Rd in Balsam, said they need volunteers to take AA meetings into the facility. The meetings are every Monday and Wednesday at 6 pm and every other Saturday at 5:30. If you are interested in participating in this service please email or call Matt: mbcomins@gmail.com - 201-657-4542.

The next NCMCO Board meeting will be **Thursday, August 9, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801.

The next combined quarterly COR/NCMCO Board meeting will be **Thursday, October 11, 6:00pm**, at the same location. All are welcome to attend the Board meetings and the combined COR/Board meetings but only Central Office Representatives can vote on issues, so we encourage all groups to send a COR!

We still have one position that needs filling: Secretary. If you are interested in this position, please attend the next Board meeting in August. Here are the duties and responsibilities:

Secretary – 2-year term, starting in even years (would finish current 2018-2019 term)

1. Shall perform all duties incident to the office and others as assigned.
2. Shall take minutes of all COR and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.
3. Shall follow the Alternate Chair in line of succession to the Chair at Board meetings.
4. Shall have at least five years' continuous sobriety at the time of taking office.

Special Meetings and Events

Taking the Steps! July/August - A Beginner's Guide to AA Fundamentals. The Original Way Group is sponsoring a Big Book oriented series on the Steps - for Newcomers and Experienced Members. A 9-Week Introductory Working of All 12 Steps! Wednesdays at 6:00 pm, 531 Calvary Baptist Church, Haywood Rd, Asheville 28806.

43rd Atlanta Roundup. August 2-5. The Westin Perimeter North, 7 Concourse Pkwy, Atlanta, GA 30328. Group rate is limited; book early! Call 770-395-3900 for reservations or visit website: www.atlantaroundup.com

Serenity in the Scenic City. August 17-19. Marriott Hotel, 2 Carter Plaza, Chattanooga, TN 37402. Call 800-841-1674 for reservations (use reservation code: SRSSRSA) For more information or questions, email or call: sschostcommittee@gmail.com; 423-618-1294 or 423-285-4185. Register online at: www.serenityinthesceniccity.org

Southern Motorcyclists in Alcoholics Anonymous Camping Convention. August 23-25. Pickett State Park, 4605 Pickett Park Hwy, Jamestown, TN 38556. For more information and registration, visit website: www.SMAACC.org

23rd Southeast Woman to Woman Conference. August 24-26. The Embassy Suites by Hilton Charleston Hotel, 300 Court St, Charleston, WV 25301. For hotel reservations call: 304-347-8700 (Booking code: SEW) For more information and online registration, visit website: www.sewomantowoman.org

2nd Annual WNCYPAA Campout. August 24-26. Briar Bottom Campground, 50 Black Mountain Campground Rd, Burnsville, NC 28714. For more information, directions and registration, visit website: www.wncypaa.com

How to Write Your Story – for publication in the Grapevine. Sunday September 16, 1:00pm. Lunch and workshop hosted by District 71; facilitated by Anna R., Area 51 Grapevine Coordinator. Location: Hendersonville Group Meeting Place, 1625 Willow Rd, Hendersonville, 28739. RSVP to Terry G. – 828-489-9349

Serenity After the Storm. NCCYPAA XXII. September 20-23. Courtyard Marriott (Oceanfront Hotel) Carolina Beach, NC. For hotel reservations call 910-458-2030 (use code: NYAR). For more information, visit: www.nccypaa2018.com

For NC Area 51 Conferences and Events go to: www.aanorthcarolina.org

For other events around the country and the world, as well as great articles and information, go to the www.aa.org website – Box 4-5-9 Bulletin Board: www.aa.org/newsletters/en_US/en_box459_summer_2018.pdf

Felt Like Home

How the warm welcome to a shelter meeting helped her take off a “backpack” of fear and shame.

I had never been to a homeless shelter before, but the first AA meeting of the day near me was held there at 7:30am. I was shaking, crying and sweating as I drove my car across the bridge to go there. A friend of mine who knew about AA (I knew nothing) had encouraged me to try the program. I wasn't convinced, but after planning my suicide and being too afraid to carry it out, I was desperate.

At the shelter I saw people who lived there and many other people who were walking in from other shelters. I sat in my workout clothes in the small room where the meeting would be held. I knew no one, but was surprised to see many others who weren't homeless. People actually looked pretty good. That showed me that you didn't have to lose it all.

Some had all their possessions in their backpacks. Some had a bigger “backpack,” in the form of a car outside. I learned that many people there had been thrown out of an apartment when a spouse or partner had “had enough,” and ended up living in their cars.

But you don't have to lose your job or go to jail to feel like your life is in shambles. We all bring a different backpack with us, filled up with all our worries, fears and shame. I learned that each one of us has his or her own definition of “rock bottom,” something I now know as the “gift” of desperation.

I sat in the back of the room and shook. I was nervous, sweating and in withdrawal. A smiling face at the front led us through the ritual, reading this, reading that. At the moment, it all seemed like something I didn't need. But one by one, people said their names and said they were alcoholics. People welcomed me.

As the meeting went on, I felt worse physically. But as I looked around the room there were others who looked a lot worse than me. Many were living on the street or staying in the shelter. A voice in my head said, “You think you are better off than they are? For how long?”

One guy had five days sober, but he'd had several relapses. He looked normal at first, but then I could see he was in a real bind. Another guy helped me navigate through the readings. He was kindhearted, an older man, about 65. I couldn't believe the softness in his eyes as he spoke with me. Women came up and jotted down their numbers and gave

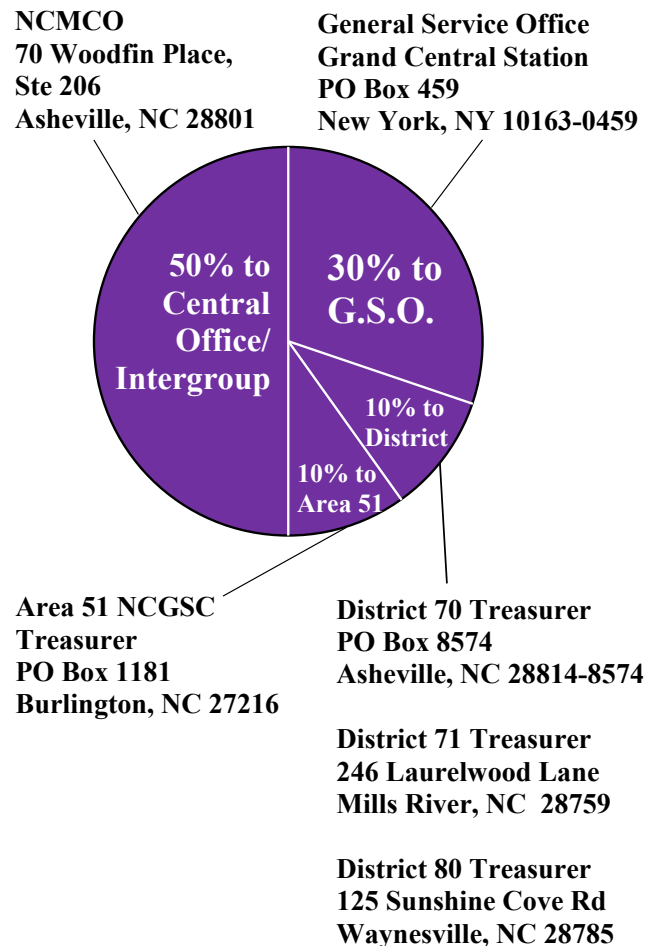
me a booklet that listed meeting times and places. They said I could call for help to any one of them if I needed it. For free! The meeting wasn't at all like I had imagined.

For the first time in a long time, I felt at home. Soon I decided to make that shelter meeting my home group. These folks aired their dirty laundry with one another, as well as with me, who they didn't know at all. I think I even felt a little twinge of hope. I really got that part, the hope. I figured that the rest of it would come with time. And now with the help of this room and my Higher Power, I'm grateful I have more than four years sober. – Janis L., *Bangor, Maine*

(Reprinted from *AA Grapevine*, June 2018; copyright © A.A Grapevine Inc.)

Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet “Self-Support: Where Money & Spirituality Mix.” Recommendations for other percentages are also in the pamphlet.



ANNIVERSARIES

2nd Chance Group

David H. 8-02-2014 4 yrs

Acceptance Group

Pam G. 8-10-2015 3 yrs
 Mike L. 8-11-2017 1 yr
 Jonathan C. 8-15-1985 33 yrs
 Michelle P. 8-24-1991 27 yrs
 Sally S. 8-28-2009 9 yrs

Asheville Big Book Step Study Group

Harry S. 8-06-1984 34 yrs
 Katy F. 8-12-2016 2 yrs
 Mollie B. 8-20-2014 4 yrs
 Mary T. 8-21-1987 31 yrs

Asheville Women's Big Book Step Study Group

Michele F. 8-10-2006 12 yrs

At Wit's End Group

Sharrye D. 8-01-2015 3 yrs
 Brian N. 8-14-2013 5 yrs
 Jeremy O. 8-15-2015 3 yrs
 Chris M. 8-17-2015 3 yrs

Back to Basics Group - Weaverville

Peter M. 8-08-1983 35 yrs
 Trish A. 8-14-2006 12 yrs

Black Mountain Group

Demeseh 8-15-2001 17 yrs

Brevard Serenity Group

Paul W. 8-03-1997 21 yrs
 Heather K. 8-19-2017 1 yr
 Barb E. 8-21-1990 28 yrs
 Andy G. 8-23-2016 2 yrs
 Dennis K. 8-28-1991 27 yrs

Candlelight Group

Jamie W. 8-16-2016 2 yrs

Candler K.I.S.S. Group

Doug W. 8-17-2010 8 yrs

Conscious Contact Group

Steve C. 8-12-2016 2 yrs
 Greg G. 8-15-1989 29 yrs

Cumberland Group

John S. 8-02-2013 5 yrs
 Lynda M. 8-06-1985 33 yrs
 Natalia 8-13-2014 4 yrs
 Wayne B. 8-15-2005 13 yrs
 Tom H. 8-23-2005 13 yrs
 John T. 8-24-2010 8 yrs

Daily Decisions Group

Chuck W. 8-14-2009 9 yrs
 Frank H. 8-28-1989 29 yrs

Fellowship Group

Dick S. 8-01-2006 12 yrs
 Caroline W. 8-09-2016 2 yrs
 Danny S. 8-11-2006 12 yrs
 Charlene O. 8-20-2002 16 yrs
 Martha R. 8-22-2000 18 yrs
 Matthew T. 8-25-2011 7 yrs
 Frank H. 8-28-1989 29 yrs
 Jack J. 8-28-2015 3 yrs

Good Livers Group

Sara S. 8-08-2006 12 yrs
 Chris M. 8-12-2011 7 yrs
 Ana A. 8-23-2002 16 yrs
 Anne Marie B. 8-31-2013 5 yrs

Grace Group

Ed B. 8-03-2009 9 yrs
 Brian F. 8-03-2011 7 yrs
 Peggy N. 8-04-2002 16 yrs
 Mary Elizabeth B. 8-16-2016 2 yrs
 Sarah H. 8-20-2016 2 yrs

Happy Hour Group

Don F. 8-18-1970 48 yrs

Hendersonville Group

Tom P. 8-15-1995 23 yrs
 Susan W. 8-24-2000 18 yrs

Leicester Group

Lee R. 8-01-2005 13 yrs

Library Group

George K. 8-21-1987 31 yrs

Mars Hill Group

Doug C. 8-01-2017 1 yr
 Diane McG. 8-09-1993 25 yrs

Midday Group

Barbara 8-17-2014 4 yrs

Pheonix Group

George K. 8-21-1987 31 yrs

Serenity Now

Dean W. 8-09-1991 27 yrs

Total Surrender Group

Amber B. 8-05-2011 7 yrs
 Caroline W. 8-09-2016 2 yrs
 Jackie R. 8-12-2015 3 yrs
 Marion M. 8-28-1976 42 yrs

Traditional Group

Joyce C. 8-02-2016 2 yrs
 Stephen T. 8-13-2006 12 yrs
 Joe S. 8-31-2009 9 yrs

Waynesville Grace Group

Susan K. 8-03-1985 33 yrs
 Jason J. 8-06-2012 6 yrs
 Rhonda I. 8-06-1997 21 yrs
 Lisa L. 8-08-2015 3 yrs
 Jim F. 8-09-1985 33 yrs
 Elise C. 8-17-2002 16 yrs
 Traci V. 8-21-2016 2 yrs
 Vicki P. 8-23-2016 2 yrs
 John M. 8-24-1981 37 yrs
 Judy M. 8-30-2007 11 yrs
 Pamela W. 8-31-1996 22 yrs

Women of Grace Group

Denise D. 8-13-1999 19 yrs
 Jacquelyne R. 8-28-1998 20 yrs

Need to update your Group's anniversary list?

Call Central Office - 828-254-8539 - or send a new list to:

info@ncmco.net September newsletter deadline for sending in anniversaries and announcements is August 15.

TAKING THE STEPS! JULY/AUG

A BEGINNERS GUIDE TO AA FUNDAMENTALS

WHAT?: 9 Week Introductory Working of All 12 Steps!

WHERE / WHEN?: Wed@6:00 pm, 531 Calvary Baptist Church, Haywood Rd, Asheville 28806

More Details:

- ❖ The Original Way Group is sponsoring a Big Book oriented series on the Steps - for *Newcomers and Experienced Members*. Starting July 4th, we're working all 12 steps together, finishing in August!
- ❖ Sponsorship offers confidential guidance and is recommended for private details but there are no requirements to get started. We're happy to help any way we can. Not having a sponsor isn't a reason not to get started.
- ❖ Committing to all 9 weeks is powerful but not mandatory. By the end of August we will have gone through all 12 steps. Anyone with a desire to stop drinking is welcome at any point.
- ❖ We follow the approach as practiced and passed on by AA Founders and Pioneers like Dr. Bob, Bill Wilson and Clarence Snyder, which has proven highly successful.
- ❖ It's not rigid or dogmatic. In AA, people are free to interpret and use the steps as they choose (or feel their Higher Power would have them do). A sponsor and group can offer their experience here.
- ❖ The format follows along the lines of AA.org's pamphlet "Suggestions for Beginners Meetings" with readings, discussion and Q&A. Newcomers are welcome and encouraged to share.
- ❖ This series is not a short-cut to A.A. It is an *introduction*. A brief course in fundamentals, experientially. The 12 Steps, 12 Traditions and Service Commitments are part of our Three Legacies of Recovery, Unity and Service which help insure AA's survival.



43rd Atlanta Roundup

Aug 2nd – Aug 5th 2018



The Age of Miracles is Still With Us

The Roundup is pleased to welcome our 2018 Speakers!

Clancy I • Venice, CA Amanda B • Montgomery, AL
Karl M • Covina, CA Christine B • Buford, GA
Jim T • Athens, GA

The Westin Perimeter North
Group Rate is Limited—Book Early!!
7 Concourse Pkwy Atlanta 30328
Call 770-395-3900 for Reservations

AA, Al-Anon & Alateen Workshops
Big Book Trivia Contest • Meetings
Fellowship • Entertainment
Hospitality • Home Made Treats

Come and join us for our annual weekend of Fun, Fellowship and Serenity as we celebrate our 43rd Roundup! We have a great Program of Speakers, Workshops & Entertainment. Register and sign up to be a Volunteer at: www.atlantaroundup.com or fill out and return the form below.

The Atlanta Roundup Committee is an all volunteer body whose Primary Purpose is to carry the AA message and to unite the Metro Atlanta AA, Al-Anon and Alateen Community in Unity, Service and Recovery.

Name: _____ Name for Badge: _____

Home Group: _____ Phone: _____

Email (for confirmation and updates): _____

Program: AA ___ Al-Anon ___ (Alateen registration is \$1 at the door during Roundup)

Do you want to be a Volunteer? Yes ___ No ___. Registration ___ Greeter ___

Bake cookies for Hospitality? (Must be Homemade): Yes ___ No ___ ; # of dozens ___

Pre-Registration is \$30. Scholarship contribution: ___ Total enclosed _____

Make out checks to: The Atlanta Roundup, 3503 Ashwood Ln, Atlanta GA, 30341

Serenity in the Scenic City 2018

August 17 - 19, 2018

Marriott Hotel

2 Carter Plaza
Chattanooga, TN 37402

Call (800) 841-1674 for reservations

Room Rates are \$119.00 per night*

*Use reservation code - SRSSRSA

*Reserve room by July 17th, 2018

SPEAKERS

Kent C. / Sandusky, OH

Burns B. / Louisville, KY

Edith P. / Omaha, NE

Josie P. / Cleveland, TN

Tarcila Al-Anon/ Nashville, TN

Pre-Registration: \$25.00/person

Day of: \$30.00/person

Conference will be next door in the Chattanooga Convention Center

For additional information or questions please email or call us at:

sschostcommittee@gmail.com

(423)-618-1294 or (423)-385-4185

Please make check, money order, or cashier's check to "Host Committee" and mail to:

SERENITY IN THE SCENIC CITY

P.O. BOX 1573

Hixson, TN 37343

Register online at www.serenityinthesceniccity.org

MasterCard, Visa, Discover, American Express accepted via Square

(Please complete and send bottom portion with registration payment if not registering online)

Serenity in the Scenic City 2018

AA Al-Anon Volunteer Scholarship # _____

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

E-mail address: _____

Badge: _____

Internal use only: () CASH () CHECK () SQUARE

AA Al-Anon Volunteer Scholarship # _____

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

E-mail: _____

Badge: _____

Internal use only: () CASH () CHECK () SQUARE

Southern Motorcyclists in Alcoholics Anonymous Camping Convention

August
23-26 2018

Speakers

Friday Judy G.

St cloud Fla.

Saturday Robert H.

Louisville KY/Clearwater FL

Sunday Terry L.

Fortsmith AR

Workshop
Principles
Michelle G
Glasgow KY

For Information Call:
Bill.W : 815-601-6894
Don.R : 931-239-1523
Don G : 270-576-8035

RIDING INTO THE FOURTH DIMENSION

Location: Pickett State Park 4605 Pickett Park Hwy. Jamestown Tn.
38556

We can use open field tents and small pop ups.
There are Cabins to rent that sleep 4-10 people with kitchen amenities.931-879-5821

Cabins sleeping up to 24 included.

Limited RV sights available
Early Registration \$45.00 Before
July 31,2018 after \$50.00

Come on out meet new friends bring old friends
Everyone Welcome we have Speakers, Workshops. The Registration includes meals, Friday night Supper, Saturday Breakfast, Lunch, Supper, Sunday Breakfast. Thurs. arrivals Hobo Stew .

Mail to: S.M.A.A.C.C. P.O. Box 370 So. Lowe Ave. Ste. 242 Cookeville, Tn.
38501

Visit: **SMAACC.org**

Name _____
Address _____ A.A. ____ AL-Anon ____
Other _____
City State Zip _____ Sobriety date: _____
E-Mail Address: _____ Phone Number: _____

RECEIVE YOUR INFORMATION BY E-MAIL? **IF YES PLEASE CHECK
HERE** _____

Would you like to volunteer? Yes ____ No ____ If yes, Phone# _____ - _____ - _____

Hearing impaired or other special needs?
(specify) _____

Pre-Registration: _____ \$45.00 ea
Thursday: _____ Additional \$5.00 to Pre-registration fee
Total: _____

**NO CONFIRMATION OF YOUR REGISTRATION WILL BE SENT—NO
REFUNDS**

23rd Annual
Southeast Woman to Woman Conference
"Secrets Women Don't Share"

*A Wild & Wonderful
Journey*

Charleston, West Virginia
August 24-26, 2018

A conference for sober Alcoholic women with Alanon participation
For registrants only! No children permitted at conference events.

Speakers • Workshops • Candlelight Meetings • Dance

The Embassy Suites by Hilton Charleston Hotel
300 Court St. Charleston, WV 25301

Hotel Reservations can be made by calling: (304) 347-8700 (Booking code: SEW)
Room rate reserved for Conference until Aug. 8: \$129 + tax per room/per night
• Complimentary full breakfast, parking, airport shuttle service and wireless internet •

CONTACTS: Diane M. 304-545-0218 REGISTRAR • Tina C. 304-266-6690 TREASURER • Gloria B. 803-614-2195 CO-CHAIR • Trina B. 404-423-0197 CHAIR

Register at www.sewomantowoman.org (PayPal available online)



----- OR Clip and Mail to: SEW2W • PO Box 431 • SCOTT DEPOT, WV 25560 • Checks/money orders payable to: SEW2W -----

Registration Form Please Print clearly

Name _____

Name on Badge _____

Sobriety Date _____ Are you willing to volunteer?

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Special Needs? _____

Registration Fee

Did you Pre-Register in Daytona? Yes No

REGISTRATION: \$25 per person (Jan. 1, 2018 - Feb. 28, 2018)

\$30 per person (Mar. 1, 2018 - Aug. 5, 2018)

\$35 per person at the door (cash only)

AA Al-Anon

Registration Fee \$ _____

Scholarship Donation \$ _____

Banquet Ticket (\$40.00) Chicken Beef Vegetarian
Banquet Saturday at 7:00 p.m.

SEW2W Mug (\$7.00) _____

SEW2W T-Shirt (\$15.00) _____

S Med L XL 2X 3X

Total Amount Enclosed \$ _____ **NO REFUNDS**

Checks/money orders payable to: SEW2W

Mail to: SEW2W • PO Box 431 • SCOTT DEPOT, WV 25560

**Briar Bottom Campground
50 Black Mountain CG Road
Burnsville, NC 28714**

Date: August 24 - 26, 2018

REGISTER ONLINE at wncypaa.com

OR

At a WNCYPAA Event

2 Nights of fellowship, food, and fun

- Hike to Mount Mitchell
- 50:50 Raffle
- S'mores
- Campfire jams
- AA Speakers

**RESERVE IN ADVANCE—ONLY 100 SPOTS
AVAILABLE—SPOTS WILL SELL OUT**

- \$20/person (food is included)
- \$25/person after June 1
- Day Passes Available

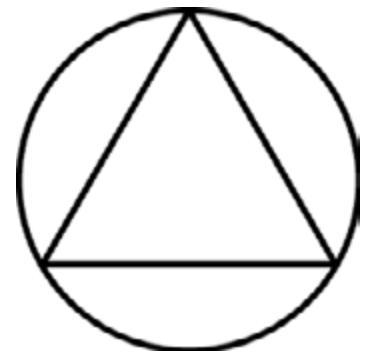
2nd Annual WNCYPAA Campout

More information and directions available at
wncypaa.com

Questions? Email wncypaa@gmail.com

LIMITED PARKING AVAILABLE

PLEASE CARPOOL



District 71 Invites You to
GET IN TOUCH WITH YOUR
INNER AUTHOR.

JOIN US FOR LUNCH AND LEARN
“HOW TO WRITE YOUR STORY”
FOR PUBLICATION IN THE GRAPEVINE.

Facilitated by Anna R.

Area 51 Grapevine Coordinator

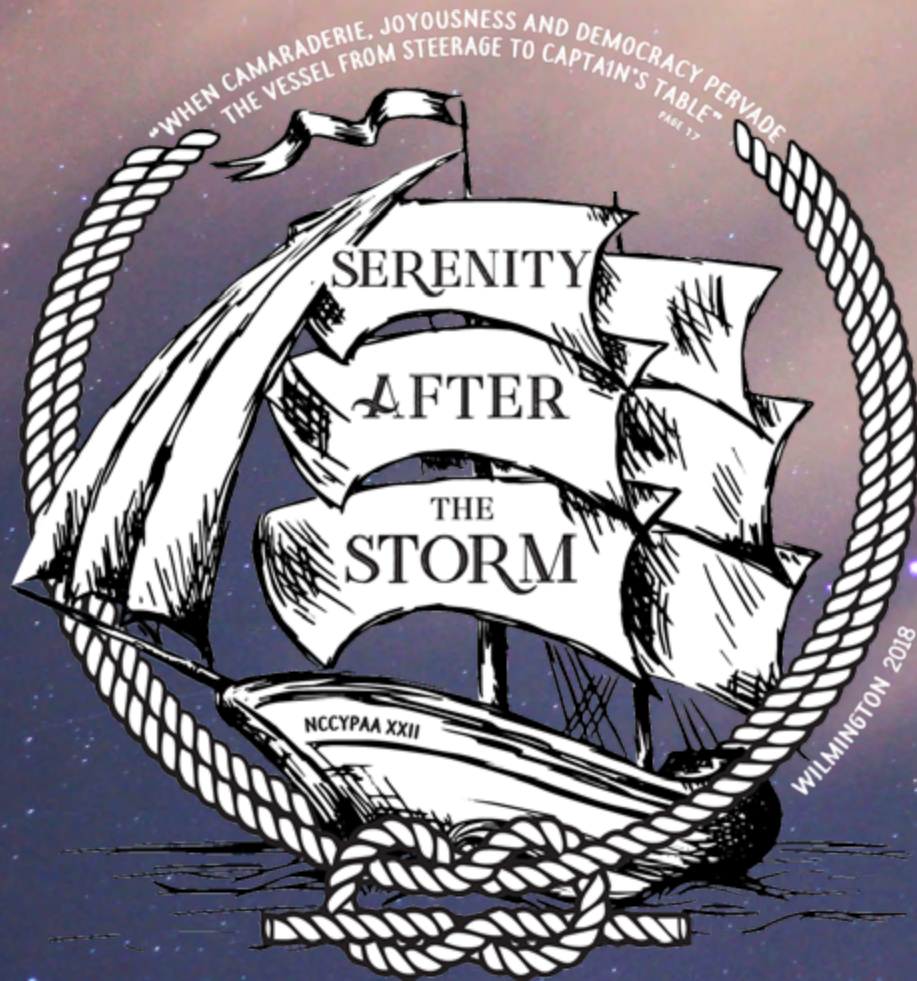
Sunday, September 16th at 1pm

Hendersonville Group Meeting Place

1624 Willow Rd.

Hendersonville, 28739

RSVP Terry G. 828-489-9349



SEPTEMBER 20-23, 2018

NCCYPAA XXII

COURTYARD MARRIOTT (OCEANFRONT HOTEL)
CAROLINA BEACH, NC

\$139/NIGHT • HOTEL CUTOFF AUG. 27

Book your room with the code "NYAR" before the cutoff!

Registration Fee, \$25 • T-Shirts, \$20

Conference Registration & Saturday Night Dinner, \$50

Saturday Admission ONLY (incl. dinner), \$25

For more information, visit www.nccypaa2018.com