

# Mountain DOWNS

**JULY  
2018**

(828) 254-8539

Office Hours  
10:00am - 1:00pm  
Monday-Friday

[info@ncmco.net](mailto:info@ncmco.net)

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## Central Office Inventory

# We Want your FEEDBACK!

Each January your North Carolina Mountain Central Office takes physical inventory of all books, pamphlets, medallions, chips and other merchandise on hand. Thanks to the diligence of Pam, our office manager, we have had very few discrepancies between our accounting software inventory and actual inventory on hand for over five years. That is a good thing because it helps keep us in good financial shape and ensures that we have enough AA materials on hand.

AA members' Step 4 personal inventory identifies assets and liabilities in character and behavior. Taken a step further, AA groups' inventory helps determine how well a group follows the 12 Traditions. There is a format for the personal inventory in the Big Book, and the General Service Office in New York has a format for taking a group inventory.

At our last two monthly NCMCO Board meetings, we have discussed a Central Office inventory of strengths and potential areas for improvement. However, there is not a formal format available for taking a Central Office inventory of strengths and weaknesses.

So, the NCMCO Board is interested in your feedback. Take our inventory! What are we doing well? What can we improve upon? How can we serve Districts 70, 71 and 80 more effectively? How can we draw more participation from groups' Central Office Representatives?

We want to hear from you! Please send your feedback to [info@NCMCO.net](mailto:info@NCMCO.net). Better yet, come to a monthly Board meeting on the second Thursday of each month at 6:00pm at 70 Woodfin Place, Suite 212 (just down the hall from the Central Office Suite 206), in Asheville.

Mike Mc., Board Chair

## Inside:

- |               |   |
|---------------|---|
| <b>Page 2</b> | <ul style="list-style-type: none"><li>• NCMCO Profit and Loss</li><li>• NCMCO Operating Accounts</li><li>• Call And Visitor Log</li></ul> |
| <b>Page 3</b> | <ul style="list-style-type: none"><li>• Contributions</li></ul>   |
| <b>Page 4</b> | <ul style="list-style-type: none"><li>• Meeting Updates</li><li>• The Service Express</li></ul>   |
| <b>Page 5</b> | <ul style="list-style-type: none"><li>• The Birthday Plan</li></ul>   |
| <b>Page 6</b> | <ul style="list-style-type: none"><li>• After-Hours Hotline Volunteers Continued</li><li>• Special Meetings and Events</li></ul>          |
| <b>Page 7</b> | <ul style="list-style-type: none"><li>• Anniversaries</li></ul>   |

## After-Hours Hotline Volunteers Needed

We could use a few more volunteers for the After-Hours Hotline.

Here's how it works:

At present the Central Office manager forwards the phone after hours to an auto-attendant system. Office hours are Monday-Friday, 10am-1pm. When someone calls after hours, they get a recording instructing them to press "0" if they wish to speak with someone or "1" if they want to leave a message for the Office. (If you have not yet heard the after-hours recording, we encourage you to call in after hours and listen to the message.)

Within the auto-attendant system, the phone number that callers will be transferred to when they press "0" can be set to either the answering service's number or a Hotline volunteer's number. Since the phone number that shows up on caller ID when calls are transferred is the number of the caller – not the Central Office number – the Hotline Volunteer should be prepared to answer all calls during that time period, or at least any number they don't recognize, by saying, "Alcoholics Anonymous. How can I help you?"

*(continued inside)*

**New NC Mountain Central Office, Inc.  
Profit & Loss YTD Comparison**

|                                 | <u>May 18</u>  | <u>Jan - May 18</u> |
|---------------------------------|----------------|---------------------|
| Ordinary Income/Expense         |                |                     |
| Income                          |                |                     |
| Contributions                   |                |                     |
| Birthday Contributions          | 10.00          | 20.00               |
| Group Contributions             | 2,622.72       | 12,876.34           |
| Individual Contributions        | 12.00          | 72.28               |
| Total Contributions             | 2,644.72       | 12,968.62           |
| Interest on Money Market        | 0.94           | 4.58                |
| Sales Income                    |                |                     |
| Literature & merchandise        | 2,310.19       | 12,081.87           |
| Shipping to groups              | 36.69          | 231.18              |
| Total Sales Income              | 2,346.88       | 12,313.05           |
| Total Income                    | 4,992.54       | 25,286.25           |
| Cost of Goods Sold              |                |                     |
| Freight - vendor shipping       | 31.39          | 174.81              |
| Literature & merchandise        | 1,811.66       | 9,856.39            |
| Total COGS                      | 1,843.05       | 10,031.20           |
| Gross Profit                    | 3,149.49       | 15,255.05           |
| Expense                         |                |                     |
| Copier Rental                   |                |                     |
| Copier - IT charge              | 0.00           | 60.00               |
| Copier - monthly fee            | 147.63         | 729.35              |
| Total Copier Rental             | 147.63         | 789.35              |
| Editor                          | 135.00         | 675.00              |
| Fire Inspection (good for 3yrs) | 0.00           | 25.00               |
| New Computer, Software, IT A... | 0.00           | 813.29              |
| Office Expenses                 | 30.00          | 130.00              |
| Office Supplies                 | 0.00           | 107.76              |
| Payroll Expenses                |                |                     |
| Gross Salary (Including Tax...  | 1,096.00       | 6,361.13            |
| Payroll Taxes (Company)         | 90.43          | 524.80              |
| Processing (for Direct Depo...  | 5.25           | 28.00               |
| Total Payroll Expenses          | 1,191.68       | 6,913.93            |
| QuickBooks Expenses             |                |                     |
| Payroll Subscription - Annual   | 0.00           | 230.05              |
| QB Pro 2018 (good for 3 yrs)    | 0.00           | 205.90              |
| Total QuickBooks Expenses       | 0.00           | 435.95              |
| Rent                            | 550.00         | 2,702.00            |
| Sales Tax on supplies           | 10.33          | 78.39               |
| Shipping to groups              | 37.03          | 231.85              |
| Stamps/Postage                  | 78.97          | 382.22              |
| Telephone & Internet            |                |                     |
| Answering Service               | 85.00          | 425.00              |
| Telephone & Internet - Other    | 148.57         | 743.17              |
| Total Telephone & Internet      | 233.57         | 1,168.17            |
| Total Expense                   | 2,414.21       | 14,452.91           |
| Net Ordinary Income             | 735.28         | 802.14              |
| Other Income/Expense            |                |                     |
| Other Expense                   |                |                     |
| Charitable Contributions        | 1,000.00       | 1,000.00            |
| Inventory Adjustment            | 0.00           | 4.21                |
| Total Other Expense             | 1,000.00       | 1,004.21            |
| Net Other Income                | -1,000.00      | -1,004.21           |
| Net Income                      | <b>-264.72</b> | <b>-202.07</b>      |



**July Grapevine is now available!**

This month's special section is our Annual Prison Issue, featuring stories of hope by AA members from inside and out of prison walls.



[www.aagrapevine.org](http://www.aagrapevine.org)

Cash on Hand as of 5/31/2018  
 Prudent Reserve (Money Market)  
**\$11,057.70**  
 Operating Account (Checking)  
**\$8,567.50**  
 Rent Deposit **\$400.00**  
 Petty Cash **\$50.00**

**Call & Visitor Log**

**May 2018**

12 Step Calls – 3  
 General Info – 9  
 Family Help – 2  
 Meeting Info – 15  
 Central Office  
 Business – 53  
 Medical/Detox – 0  
 Visitors – 76  
 Answering Service (Operator-Asst) – less than 65 minutes (April)  
 After-hours Hotline Volunteers - 43 calls (May)



Visits to aaNCMCO.org website (May):  
 Unique Visitors: 789  
 Unique Visits: 1,363 (1.72 per visitor)  
 Pages: 4,327 (3.17 per visit)

# Contributions

|   | May 2018 | YTD        |  | May 2018          | YTD                |
|---|----------|------------|--|-------------------|--------------------|
| 11-11-11 Meeting                            |          | \$0.00     | Primary Purpose Group                  |                   | \$9.00             |
| 12 & 12 Study Group                         |          | \$50.00    | Recovery by the River 674-892          | \$130.55          | \$253.05           |
| 2nd Chance Group - Cherokee 712-180         |          | \$60.00    | Roundtable Group 135-605               |                   | \$0.00             |
| 3 Legacies Group 709-522                    |          | \$0.00     | Rule 62 Group                          |                   | \$102.00           |
| 4th Dimension Group                         |          | \$0.00     | Safe & Sound 645-654                   |                   | \$250.00           |
| Acceptance Group 122-477                    | \$873.30 | \$1,246.22 | Saluda Back to Basics Group            |                   | \$25.00            |
| Agnostics, Atheists & Freethinkers AA Group | \$300.00 | \$300.00   | Saturday Morning Men's Meeting         | \$125.00          | \$325.00           |
| Andrews Group 110-494                       |          | \$25.00    | Serenity Now 670-803                   |                   | \$75.00            |
| Anonymous                                   |          | \$114.44   | Serenity Seekers - Marion 663-204      |                   | \$0.00             |
| AVL Big Book Step Study Group 637-843       | \$38.50  | \$38.50    | Serenity Service Group 110-498         | \$25.00           | \$125.00           |
| AVL Women's Big Book Step Study 703-990     |          | \$109.00   | Sisters in Sobriety - Whittier         |                   | \$0.00             |
| At Wit's End Group                          |          | \$14.37    | Skyland 12&12 Group                    |                   | \$130.00           |
| AWOL Group                                  |          | \$0.00     | Speed Bump Group 512-851               |                   | \$0.00             |
| Back to Basics Grp - Weaverville 147-139    |          | \$0.00     | Spiritual Fitness Group 720-419        | \$70.00           | \$130.00           |
| Big Town Group 671-200                      |          | \$329.11   | Sunshine AA Group 163-759              |                   | \$100.00           |
| Black Mountain Group 117-117                |          | \$35.25    | Surrender Group                        |                   | \$150.00           |
| Brevard Men's Group                         |          | \$100.00   | The Principles Group                   |                   | \$0.00             |
| Brevard Serenity Group 631-231              |          | \$0.00     | Total Surrender Group                  |                   | \$200.41           |
| Bryson City Group 110-467                   |          | \$450.00   | Tryon Monday 5:30 Meeting              | \$152.00          | \$270.18           |
| But for the Grace of God Group              |          | \$16.30    | Tuesday Night men's Group 179-001      |                   | \$100.00           |
| BYOC - Bring Your Own Coffee                | \$251.50 | \$473.50   | United With Hope Group 719-052         |                   | \$161.00           |
| Candlelight Meeting                         |          | \$0.00     | Waynesville Grace Group 110-692        |                   | \$750.00           |
| Candler KISS Group 163-148                  |          | \$18.00    | We Are Not Saints Group                |                   | \$0.00             |
| Cashiers Valley Grp 122-589                 |          | \$402.47   | We Think Not Group 700-411             |                   | \$0.00             |
| Cedar Mountain Group 161-082                |          | \$50.00    | West Asheville Group 110-501           |                   | \$0.00             |
| Conscious Contact Group - Asheville         |          | \$0.00     | Women's BBSS Group - Hendersonville    |                   | \$0.00             |
| Cullowhee Valley Group 118-129              |          | \$0.00     | Women's Grapevine Meeting              |                   | \$0.00             |
| Cumberland Group 122-472                    |          | \$150.00   | Women of Courage                       |                   | \$330.00           |
| Daily Decisions 643-869                     |          | \$110.27   | Women of Grace                         | \$50.00           | \$100.00           |
| Day by Day Group 159-058                    |          | \$1,146.04 | Working at Recovery                    |                   | \$0.00             |
| District 71                                 |          | \$250.00   |  |                   |                    |
| Down But Not Out Group                      |          | \$0.00     |  |                   |                    |
| Early Bird Group 612-780                    |          | \$161.00   | <b>Total Group Contributions:</b>      | <b>\$2,622.72</b> | <b>\$12,876.34</b> |
| Fellowship Group 655-542                    |          | \$185.64   |  |                   |                    |
| Fireside Group 655-046                      |          | \$0.00     | <b>Individual Contributions:</b>       |                   |                    |
| Good Livers 666-360                         |          | \$150.00   | Anonymous                              | \$2.00            | \$22.28            |
| Grace Group 161-970                         | \$416.87 | \$1,168.94 | In Memory of B.G.                      | \$10.00           | \$50.00            |
| Great Fact Group                            |          | \$0.00     |  |                   |                    |
| Happy Hour Group - Hendersonville 169-182   |          | \$250.00   | <b>Total Individual Contributions:</b> | <b>\$12.00</b>    | <b>\$72.28</b>     |
| Happy Hour Group - Waynesville              |          | \$0.00     |  |                   |                    |
| Happy, Joyous & Free - Columbus             |          | \$43.00    | <b>Birthday Contributions:</b>         |                   |                    |
| Heart Fire Group                            | \$140.00 | \$280.00   | Anonymous                              | \$10.00           | \$20.00            |
| Hendersonville Group                        |          | \$375.00   | <b>Total Birthday Contributions:</b>   | <b>\$10.00</b>    | <b>\$20.00</b>     |
| High Noon Group 689-080                     |          | \$90.00    |  |                   |                    |
| Higher Power Tower Hour Group               |          | \$0.00     | <b>Mountain Doin's Subscriptions:</b>  | <b>\$0.00</b>     | <b>\$0.00</b>      |
| Joe & Charlie Big Book Study                |          | \$0.00     |  |                   |                    |
| Joy of Living - Black Mountain              |          | \$0.00     | <b>Grand Total:</b>                    | <b>\$2,644.72</b> | <b>\$12,968.62</b> |
| Joy of Living - Brevard 669-820             |          | \$0.00     |  |                   |                    |
| Kanuga Group 645-767                        |          | \$100.00   |  |                   |                    |
| Lambda Group 617-035                        |          | \$113.75   |  |                   |                    |
| Landrum Group 715-401                       |          | \$45.22    |  |                   |                    |
| Leicester Group 143-417                     |          | \$0.00     |  |                   |                    |
| Library Group 672-283                       |          | \$0.00     |  |                   |                    |
| Maggie Valley Group 158-950                 |          | \$105.00   |  |                   |                    |
| Maple Grove Group 121-212                   |          | \$0.00     |  |                   |                    |
| Marion AA Group 110-621                     | \$50.00  | \$50.00    |  |                   |                    |
| Marshall Group 100-489                      |          | \$0.00     |  |                   |                    |
| Mars Hill Group 130-895                     |          | \$0.00     |  |                   |                    |
| Meditation Mondays                          |          | \$50.00    |  |                   |                    |
| Men's Attitude Adjustment Group 670-850     |          | \$0.00     |  |                   |                    |
| Mid-day Grp (Hendersonville) 143-420        |          | \$93.32    |  |                   |                    |
| Mill Springs Group 656-821                  |          | \$65.00    |  |                   |                    |
| Mission Group 606-119                       |          | \$44.82    |  |                   |                    |
| Monday 6:00 Open Meeting                    |          | \$160.00   |  |                   |                    |
| Mountain View Grp (Highlands) 110-598       |          | \$131.54   |  |                   |                    |
| New Freedom Group 700-124                   |          | \$40.00    |  |                   |                    |
| Newland Serenity (Linville Mtg.)            |          | \$0.00     |  |                   |                    |
| No Name Group - Murphy                      |          | \$100.00   |  |                   |                    |
| Pisgah Group                                |          | \$0.00     |  |                   |                    |
| Practicing Principles 667-311               |          | \$0.00     |  |                   |                    |

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you for your generous support!





# MEETING UPDATES: Districts 70 • 71 • 80

## New Meetings:

**Highlands: Sunlight of the Spirit:** Friday 7:00pm. 1st Friday (C,MT); subsequent weeks (C,LS) (Big Book, 12&12 and Language of the Heart in that order) Hudson Library (meeting room; back door) 554 Main St, Highlands 28741

**Flat Rock: Sober Sisters:** Monday 9:00am. (W,O,D) St John in the Wilderness Church, 1895 Greenville Hwy, Flat Rock 28739

## Meeting Changes:

**Asheville: Night Owls:** Friday 10:00pm. (O,D) Was formerly Candlelight Group. Asheville 12 Step Club, 22-B New Leicester Hwy, Asheville 28806

**Hendersonville: Plan B Group (Tuesday, Friday and Saturday at 5:30pm):** has moved to a new location: Belfour United Methodist Church, 2567 Asheville Hwy, Hendersonville 28791

## Discontinued Meetings:

**Asheville: 4th Dimension Group:** Thursday 8:00pm (O,D) Trinity Presbyterian Church, 17 Shawnee Trail, Asheville 28805. Meeting has been discontinued.

## Meeting Spaces Available:

- **Belfour United Methodist Church**, 2567 Asheville Hwy, Hendersonville. They have meeting space available in their fellowship hall. It has access to a kitchen and bathroom. Contact Dottie at the church – 828-778-9886.
- **Asheville 12 Step Recovery Club**. 22-B New Leicester Hwy, Asheville 28806. The Club has two meeting rooms available on various days and times. The space is handicap accessible, and, because there are two rooms, there are opportunities to provide child care. If you are interested in starting a meeting at the Club, send an email to: [av12step@gmail.com](mailto:av12step@gmail.com)
- **St. George's Episcopal Church**, One School Road, Asheville, 28806 has space and times available for meetings.
- **1st Christian Church**, 470 Enka Lake Rd, Candler 28715. Meeting space available various days and times except Sunday morning & afternoon. Handicap accessible. Contact Drew –828-665-9499 or 203-592-9574.
- **Barnardsville United Methodist Church**, 7 Church Hill Rd (off Dillingham Rd). Fellowship Hall can seat 30-40 people. Smaller room in parish house available in future.

For contact information call Pam at Central Office 828-254-8539.

# The SERVICE EXPRESS

August newsletter deadline for sending in announcements is **July 15th**.

## District 70:

**GSR Business Meeting** – normally held the 2nd Sunday of the month. The next meeting will be **Sunday, July 8, 2:30pm**, at St. Luke's Episcopal Church, 219 Chunn's Cove Rd, Asheville 28805.

**Service Committee Meeting** - Now held the first Sunday of the month. Next meeting is **Sunday, July 1, 12:15pm**, at a new location: North Asheville Community Center, 37 E. Larchmont Dr, Asheville, 28804 (immediately following the 11:00am Conscious Contact meeting.) Needed are service volunteers for Treatment Facilities, Men & Women's Corrections Facilities, Cooperation with the Professional Community and Public Information. Please attend to learn more about these opportunities.

**Treatment Facilities Committee** – Ian O. and Zack are Committee Chairs. Contact them at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org) to volunteer for service at ADATC, Neil Dobbins, Montford Hall, Copestone, Pavillon Treatment Center and the Veteran's Administration. It's all about bringing the message of recovery to alcoholics in treatment facilities and to set up means of "bridging the gap" from the facility to an A.A. group.

**"Bridging the Gap" (with treatment facilities)** – If you are interested in this service please contact the TFC Chair (above) or the BTG co-coordinator at [bridgingthegap.asheville@gmail.com](mailto:bridgingthegap.asheville@gmail.com).

**Updates:** A new "Treatment Facilities Service Display" is in the works. A Bridging the Gap Workshop Weekend is planned for September in Denver, CO. Contact Pete G. [coordinator@btgww.org](mailto:coordinator@btgww.org) for more information and the newsletter, or visit the website [www.btgww.org](http://www.btgww.org)

**Corrections Committee** – Women's Chairs are Denise J. and Casey - contact at [women\\_corrections@ashevilleaa.org](mailto:women_corrections@ashevilleaa.org). Men's Chair is Tom S. - contact at [men\\_corrections@ashevilleaa.org](mailto:men_corrections@ashevilleaa.org). Volunteers are needed for carrying the message of recovery to alcoholics behind the walls.

The Buncombe County Detention Facility has varying needs of support for meetings inside the jail. Here is a new application for volunteering at BCDF: <http://aancmco.org/wp-content/uploads/2018/05/Volunteer-App-12-18-17.pdf> Any AA member wanting to volunteer at BCDF needs to be referred or recommended to service by a local Corrections Chairperson or current jail volunteer. This will provide an umbrella of order and accountability with whomever enters the building with the organization. Applications, with the above identified references/recommendations named on the application, can be sent directly to Sarah Regala, Program Director at BCDF: [Sarah.Regala@buncombecounty.org](mailto:Sarah.Regala@buncombecounty.org). AA members new to town need to connect with District Corrections Chairpersons/meetings/volunteers for referrals.



If you are interested in this volunteer service or have questions about the application and orientation process, please contact Tom S. at [men\\_corrections@ashevilleaa.org](mailto:men_corrections@ashevilleaa.org). For more information attend the next GSR Meeting and/or the Service Committees Meeting.

**Updates:** Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW). The meetings are Fridays from 12:15-1:30pm; males may attend but must be accompanied by females. Text Denise for more details: 401-450-6487.

**CPC/PI Committee** – Joe T. is the Chairperson. Contact him at [cpc\\_pi@ashevilleaa.org](mailto:cpc_pi@ashevilleaa.org). These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC committee visits schools, businesses and community meetings to speak about AA. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI committee provides accurate A.A. information to the public and media when requested.

**Updates:** Volunteers are needed for upcoming area events; please contact Joe.

#### **District 71:**

**GSR Meeting** – now held monthly, the 2nd Saturday of the month. The next meeting will be **Saturday, July 14, 1:00pm**, at 1624 Willow Rd, Hendersonville, 28739. The Corrections Committee now meets in conjunction with the GSR meeting.

The Corrections Committee is in need of men volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please attend the District 71 GSR - Corrections Committee meeting in July, or call/email Central Office – 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net) – for contact information.

#### **District 80:**

**GSR District Meeting** will be **Sunday, July 15, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They will be looking for a new Corrections Chairperson. All interested A.A. members are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: [www.aaNCMCO.org](http://www.aaNCMCO.org)

Matt C., the coordinator for meetings taken into the Appalachian Community Services Center located at 91 Timberlane Rd in Balsam, said they need volunteers to take AA meetings into the facility. The meetings are every Monday and Wednesday at 6 pm and every other Saturday at 5:30. If you are interested in participating in this service please email or call Matt: [mbcomins@gmail.com](mailto:mbcomins@gmail.com) - 201-657-4542.

**The next combined quarterly COR/NCMCO Board meeting** will be **Thursday, July 12, 6:00pm**, 70 Woodfin Place, Suite 212 (just down the hall from Central Office), Asheville 28801. All are welcome to attend the Board meetings and the combined COR/Board meetings but only Central Office Representatives can vote on issues, so we encourage all groups to send a COR!

At the Board meeting in May, we filled one of the open positions. Thank you, Jimmy L. of the Black Mountain Group, for stepping forward to be the new Alternate Chairperson! We still have one position that needs filling: Secretary. If you are interested in this position, please attend the next Board meeting in July. Here are the duties and responsibilities:

**Secretary** – 2-year term, starting in even years (would finish current 2018-2019 term)

1. Shall perform all duties incident to the office and others as assigned.
2. Shall take minutes of all COR and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.
3. Shall follow the Alternate Chair in line of succession to the Chair.
4. Shall have at least five years' continuous sobriety at the time of taking office.

## The Birthday Plan – Contributions to G.S.O.



For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge. (Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes are available for free at Central Office.

We also have envelopes for Birthday/Anniversary Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!

(continued from front cover)

Each After-Hours Hotline Volunteer is given a notebook with the list of 12-Step Call Volunteers and other area resources. When someone calls in after hours wanting to speak with someone, the Hotline Volunteer uses their judgment as to whether to talk to the caller herself/himself or take down the caller's name and phone number and tell the person they will have someone call them shortly. If the latter seems preferable they would go through the 12-Step Call List to find a volunteer of the same gender to call the person, ideally someone in the caller's area. Often the caller is just in need of meeting information, so it is important for Hotline Volunteers to have an updated Where & When meeting schedule, which Central Office provides, and if possible, Internet access for meeting information on the website [www.ashevilleaa.org](http://www.ashevilleaa.org).

One of the things that may have discouraged A.A. members from volunteering for this service is the need to cover after-hours calls from the time the office closes at 1:00pm until 10:00am the following morning. Not everyone who would like to volunteer is available that length of time. By accessing the auto-attendant system remotely we are able to divide the after-hours coverage into shorter time periods to better accommodate people's schedules. And the answering service can still be used to cover after-hours calls when a volunteer is not available.

Call Pam at Central Office – 828-254-8539 – if you would like to volunteer or if you have any questions or suggestions. Many thanks to Phyllis and Brenda who have been answering our after-hours calls for many months! They have a lot of experience, strength and hope to share with anyone interested in volunteering for this vital service.



## Now available at Central Office!

For those who really have trouble reading the printed meeting schedule we now have a Large Print version of the Where & When, printed on 11x17 paper (instead of 8½x14) and folded like the regular schedule.

One free; a pack of 10 for \$1.50.

(This is an introductory price until we see if it aligns with the extra cost for the paper and printing.)

Pick up at the office or call us to place an order for your group – 828-254-8539.

## Special Meetings and Events

**July 4th Freedom Cookout:** Wednesday July 4, 2:00-5:00pm. All AA members, family and friends are welcome! Bring a dish to share and get in for FREE!!! \$3 for AVL12 Members; \$5 for non-members; Kids are Free. Grilled hotdogs & hamburgers, 50/50 Raffle, Corn-hole toss. Rumor of a pie-in-face auction. Asheville 12 Step Recovery Club, 22-B New Leicesters Hwy, Asheville 28806

**37th Music City Roundup:** July 5-8. Music City Sheraton Hotel, Nashville TN. For more information and registration form, visit website: [www.musiccity-roundup.com](http://www.musiccity-roundup.com)

**71st North Carolina State Convention:** July 19-22. Hilton North Raleigh/Midtown, 3415 Wake Forest Road, Raleigh 27609. For more information and on-line registration, visit website: [www.aanccconvention.com](http://www.aanccconvention.com) or phone the hotel – 919-872-2323 – and ask for NC State Convention and/or group code “NCS” to make reservation. (The cut-off for the Conference rate was June 18 but there might still be rooms available.)

**43rd Atlanta Roundup:** August 2-5. The Westin Perimeter North, 7 Concourse Pkwy, Atlanta, GA 30328. Group rate is limited; book early! Call 770-395-3900 for reservations or visit website: [www.atlantaroundup.com](http://www.atlantaroundup.com)

**Southern Motorcyclists in Alcoholics Anonymous Camping Convention:** August 23-25. Pickett State Park, 4605 Pickett Park Hwy, Jamestown, TN 38556. For more information and registration, visit website: [www.SMAACC.org](http://www.SMAACC.org)

**2nd Annual WNCYPAA Campout:** August 24-26. Briar Bottom Campground, 50 Black Mountain Campground Rd, Burnsville, NC 28714. For more information, directions and registration, visit website: [www.wncypaa.com](http://www.wncypaa.com)

For NC Area 51 Conferences and Events go to: [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

For other events around the country and the world, as well as great articles and information, go to the [www.aa.org](http://www.aa.org) website – Box 4-5-9 Bulletin Board: [www.aa.org/newsletters/en\\_US/en\\_box459\\_summer\\_2018.pdf](http://www.aa.org/newsletters/en_US/en_box459_summer_2018.pdf)

## Coffee Pots Available - Free

The Grace Group of Asheville has two (2) coffee pots that they are no longer using and want to donate to other groups in need. If interested, please call Bob P. – 828-778-4010



# ANNIVERSARIES

## Acceptance Group

|          |           |        |
|----------|-----------|--------|
| Abbie S. | 7-13-2009 | 9 yrs  |
| Ron G.   | 7-15-1987 | 31 yrs |
| Bart B.  | 7-19-1982 | 36 yrs |
| Dee A.   | 7-29-2003 | 15 yrs |

## Around the Room Group

|            |           |        |
|------------|-----------|--------|
| Stewart R. | 7-01-1999 | 19 yrs |
|------------|-----------|--------|

## Asheville Big Book Step Study Group

|          |           |       |
|----------|-----------|-------|
| Kasey T. | 7-08-2014 | 4 yrs |
|----------|-----------|-------|

## Asheville Women's Big Book Step Study Group

|           |           |        |
|-----------|-----------|--------|
| Linda S.  | 7-22-1983 | 35 yrs |
| Laurie G. | 7-27-2004 | 14 yrs |

## At Wit's End Group

|          |           |        |
|----------|-----------|--------|
| Matt J.  | 7-10-2002 | 16 yrs |
| Dan P.   | 7-19-2013 | 5 yrs  |
| Lewis L. | 7-24-2015 | 3 yrs  |

## Black Mountain Group

|            |           |       |
|------------|-----------|-------|
| Michael K. | 7-22-2017 | 1 yr  |
| Crystal A. | 7-24-2016 | 2 yrs |

## Brevard Serenity Group

|            |           |        |
|------------|-----------|--------|
| Claudia S. | 7-07-2006 | 12 yrs |
| Brian M.   | 7-16-2006 | 12 yrs |
| Barry M.   | 7-22-1977 | 41 yrs |

## Candlelight Group

|         |           |       |
|---------|-----------|-------|
| Will H. | 7-04-2015 | 3 yrs |
|---------|-----------|-------|

## Candler K.I.S.S. Group

|            |           |        |
|------------|-----------|--------|
| David T.   | 7-11-1990 | 28 yrs |
| Harriet K. | 7-18-1988 | 30 yrs |

## Conscious Contact Group

|            |           |        |
|------------|-----------|--------|
| Stewart R. | 7-01-1999 | 19 yrs |
| Destiny V. | 7-13-2017 | 1 yr   |
| Sally S.   | 7-19-2003 | 15 yrs |
| Monica G.  | 7-26-1999 | 19 yrs |

## Cumberland Group

|            |           |        |
|------------|-----------|--------|
| Michael M. | 7-20-2014 | 4 yrs  |
| David T.   | 7-21-1993 | 25 yrs |

## Daily Decisions Group

|           |           |        |
|-----------|-----------|--------|
| Jane A.   | 7-05-2012 | 6 yrs  |
| Ray S.    | 7-10-1984 | 34 yrs |
| Debbie Q. | 7-22-2016 | 2 yrs  |

## Fellowship Group

|            |           |        |
|------------|-----------|--------|
| Brown H.   | 7-01-2004 | 14 yrs |
| Carolyn B. | 7-05-2017 | 1 yr   |
| Doug C.    | 7-05-2014 | 4 yrs  |
| Kevin G.   | 7-11-1992 | 26 yrs |
| Allen D.   | 7-15-2007 | 11 yrs |
| Tony P.    | 7-15-1987 | 31 yrs |
| Scott W.   | 7-17-2003 | 15 yrs |
| Nick F.    | 7-19-2013 | 5 yrs  |
| Josh B.    | 7-21-2017 | 1 yr   |
| Debra J.   | 7-28-1986 | 32 yrs |
| Matty D.   | 7-29-2015 | 3 yrs  |

## Grace Group

|              |           |        |
|--------------|-----------|--------|
| George P.    | 7-01-2008 | 10 yrs |
| Rob F.       | 7-01-2011 | 7 yrs  |
| Blair T.     | 7-04-1989 | 29 yrs |
| Anne R.      | 7-08-2007 | 11 yrs |
| Carol V.     | 7-10-2007 | 11 yrs |
| Molly K.     | 7-15-2016 | 2 yrs  |
| Gabriel B.   | 7-24-2015 | 3 yrs  |
| Jason W.     | 7-24-2013 | 5 yrs  |
| John P.      | 7-25-2005 | 13 yrs |
| Elizabeth H. | 7-26-2006 | 12 yrs |
| Gentry W.    | 7-29-2017 | 1 yr   |
| Bob Pa.      | 7-31-2001 | 17 yrs |

## Good Livers Group

|              |           |        |
|--------------|-----------|--------|
| Elizabeth P. | 7-07-1994 | 24 yrs |
| Claire J.    | 7-15-1984 | 34 yrs |
| Jan W.       | 7-18-2008 | 10 yrs |
| Judith H.    | 7-30-2012 | 6 yrs  |

## Happy Hour Group

|            |           |        |
|------------|-----------|--------|
| Darrell    | 7-08-2015 | 3 yrs  |
| Rachel G.  | 7-13-2015 | 3 yrs  |
| David O'K. | 7-15-1997 | 21 yrs |

## Hendersonville Group

|                 |           |        |
|-----------------|-----------|--------|
| Andy C.         | 7-04-2017 | 1 yr   |
| Pepper O.       | 7-05-2015 | 3 yrs  |
| Dan B.          | 7-06-2010 | 8 yrs  |
| Missed in June: |           |        |
| Marshall        | 6-17-1982 | 26 yrs |
| Jessica         | 6-23-2009 | 9 yrs  |
| Jack            | 6-24-2001 | 17 yrs |
| Judy N.         | 6-28-2017 | 1 yr   |

## Leicester Group

|           |           |        |
|-----------|-----------|--------|
| Debbie W. | 7-04-2008 | 10 yrs |
|-----------|-----------|--------|

## Library Group

|        |           |        |
|--------|-----------|--------|
| Devlin | 7-04-2004 | 14 yrs |
|--------|-----------|--------|

## Mars Hill Group

|              |           |       |
|--------------|-----------|-------|
| Stephanie P. | 7-10-2013 | 5 yrs |
| Tom L.       | 7-13-2017 | 1 yr  |

## Riverside Group

|           |           |        |
|-----------|-----------|--------|
| Tyrone P. | 7-20-1992 | 26 yrs |
|-----------|-----------|--------|

## Serenity Seekers - Marion

|           |           |       |
|-----------|-----------|-------|
| Paulie R. | 7-29-2009 | 9 yrs |
|-----------|-----------|-------|

## Sunshine Group

|          |           |        |
|----------|-----------|--------|
| Larry R. | 7-04-1984 | 34 yrs |
|----------|-----------|--------|

## Total Surrender Group

|            |           |        |
|------------|-----------|--------|
| Carolyn B. | 7-05-2017 | 1 yr   |
| Jan        | 7-23-1986 | 32 yrs |

## Traditional Group

|            |           |       |
|------------|-----------|-------|
| Justin B.  | 7-27-2013 | 5 yrs |
| Stewart J. | 7-27-2016 | 2 yrs |

## Waynesville Grace Group

|           |           |        |
|-----------|-----------|--------|
| Tom M.    | 7-13-2008 | 10 yrs |
| Carole T. | 7-15-1975 | 43 yrs |
| Jay P.    | 7-15-2008 | 10 yrs |
| Bill S.   | 7-16-1982 | 36 yrs |
| Jeff U.   | 7-26-2003 | 15 yrs |

## Women of Grace Group

|             |           |       |
|-------------|-----------|-------|
| Margaret H. | 7-16-2015 | 3 yrs |
|-------------|-----------|-------|

## Women of Principles Group

|             |           |        |
|-------------|-----------|--------|
| Denise J.   | 7-16-1978 | 40 yrs |
| Christie W. | 7-30-2013 | 5 yrs  |

Need to update your Group's anniversary list?

Call Central Office - 828-254-8539 - or send a new list to:

[info@ncmco.net](mailto:info@ncmco.net) August newsletter deadline for sending in anniversaries and announcements is July 15.

# July 4th Freedom Cookout

Wednesday, July 4 2:00-5:00pm

*Asheville 12 Step Recovery Club, 22 New Leicester Hwy Unit B*

Members, Family, Friends- join us as we celebrate our freedom in the USA and the freedom of 12-Step Recovery.

Bring a dish to pass and get in for FREE !!! \$5 for non-members, \$3 for AVL12 Members, Kids are Free. Grilled Dogs/Hamburgers, 50/50 Raffle, Corn-hole toss. Rumor of a pie in face auction.

**\*\* Buy a 1 year AVL12 membership (Aug-July) for \$84, get the month of July FREE. \*\***

Memberships help to support AVL12's mission of providing a safe environment for people in recovery as well as their families and friends. We host 12-Step meetings and recovery workshops to those trudging the Road to Happy Destiny. Asheville 12 Step Recovery Club, Inc. is a 501(c)(3) Tax Exempt organization. Membership dues may be TAX DEDUCTIBLE.

Asheville 12 Step Recovery Club, 22-B New Leicester Hwy, Asheville, NC



July 5<sup>th</sup> - 8<sup>th</sup> 2018

The Beautiful  
Music City Sheraton Hotel

Please stay at Hotel  
To help with our room block  
Hotel Phone Number  
888-627-7060

You can also book your room  
online at our website

[www.musiccityroundup.com](http://www.musiccityroundup.com)

Registration \$20 per person

You must book your room  
with the hotel separately;  
registering for the Roundup  
does not guarantee a room at  
hotel.

You must register to enter  
the ballroom no  
exceptions.

# 37<sup>th</sup> Music City Roundup

**Don't Miss This  
Three series Workshop  
with**

Don L. Bellingham, WA  
Carla R. Tujunga, CA

## AA Speakers

Brian P. Dallas, TX  
Tammi P. Los Angeles, CA  
Danny B. Spring, TX  
Mike S. Riverside, CA  
Misoon W. Sarasota, FL

## Al-Anon Speakers

Bud S. Dearing, NH  
Jenny P. AR

Visit our Website for more info

[www.musiccityroundup.com](http://www.musiccityroundup.com)

Registration \$20 per person

you must send payment with form to be registered

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

St.Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Name(s) on Badge(s): \_\_\_\_\_

Mail form to: POB 17068, Nashville, TN 37217

Must mail by 6/26/2018 or no guarantee



# 71<sup>st</sup> North Carolina State Convention

July 19-22, 2018

Hilton North Raleigh / Midtown  
3415 Wake Forest Road • Raleigh, NC 27609

**Register NOW to Support Your Convention!**

Register online at [www.aanconvention.com](http://www.aanconvention.com)

## Convention Pre-Registration

before June 18, 2018 **\$20.00** per person

\$25.00 per person June 18, 2018 and after.  
*Al-Anons 18 & under - No charge but must register. (No Refunds after June 18, 2018)*

## Hotel Registration

Mention Group Code: **NCS**  
Single & Double: \$120 + tax  
Triple: \$125 + tax  
Quad: \$130 + tax



**Phone:** (919) 872-2323 - ask for NC State Convention and/or group code "NCS" to make reservations.

**On-Line:** [www.NorthRaleigh.Hilton.com](http://www.NorthRaleigh.Hilton.com) - enter group code "NCS" where prompted.

Cut-off for Conference rate: **June 18, 2018**

If you would be interested in a golf tournament at a future convention, please email us at [aanconvention@gmail.com](mailto:aanconvention@gmail.com)

## Speakers

|   |                  |               |
|---|------------------|---------------|
| Robert H.   | Columbia, SC     | Thurs 8:30 pm |
| Rose E.   | Spring Hills, FL | Fri 8:00 pm   |
| Maria S. ▲  | Los Angeles, CA  | Sat 9:30 am   |
| Tami P.   | Chatsworth, CA   | Sat 2:30 pm   |
| Patrick Mc.   | Chatsworth, CA   | Sat 8:00 pm   |
| Kent C.   | Sandusky, OH     | Sun 10:00 am  |
| God as I Understand Him<br><i>(5 peoples' experience)</i> |                  | Sun 8:30 am   |

## Workshops - Fri 10:30 am & Sat 4:00 pm

- ★ FREE Convention Mug to First 400 Pre-Registrants!
- ★ Old-Timers' Panel, Friday at 3:00 pm
- ★ 'Round the Clock Marathon Meetings
- ★ Open Discussion Meetings ☉ ▲
- ★ Saturday Night Dance
- ★ Plenty of FREE Coffee

Consider buying a sponsorship for those less fortunate

**For more information or for problems with hotel reservations, please contact:**

Craig P. (919) 222-0605 • Beth R. (704) 941-1220 • Alana E. (980) 230-9333

OR Email: [aanconvention@gmail.com](mailto:aanconvention@gmail.com)



## 71<sup>st</sup> North Carolina State Convention ROCKETED INTO A FOURTH DIMENSION

Name \_\_\_\_\_  
Please print legibly

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_

Telephone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Name(s) for badge(s) \_\_\_\_\_

Please print

♿ Do you have accessibility needs? \_\_\_\_\_

*\$20.00 Special Rate before June 18, 2018*

*June 18 and after \$25.00*

*Al-Anons 18 & under: No charge but must register.*

*Make checks payable to:*

**NC Convention Committee**

**PO Box 41451 • Raleigh NC 27629**

Enclosed is \$ \_\_\_\_\_

for \_\_\_\_\_ registration(s)

Is this a sponsorship?  Yes  No

Preferred method of contact:

Email  Mail

If you are willing to be a volunteer, please check here:

# Southern Motorcyclists in Alcoholics Anonymous Camping Convention

August  
23-26 2018

Speakers

Friday Judy G.

St cloud Fla.

Saturday Robert H.

Louisville KY/Clearwater FL

Sunday Terry L.

Fortsmith AR

Workshop  
Principles  
**Michelle G**  
Glasgow KY

## RIDING INTO THE FOURTH DIMENSION

Location: Pickett State Park 4605 Pickett Park Hwy. Jamestown Tn.  
38556

We can use open field tents and small pop ups.  
There are Cabins to rent that sleep 4-10 people with kitchen amenities.931-879-5821

**Cabins sleeping up to 24 included.**

Limited RV sights available  
Early Registration \$45.00 Before  
July 31,2018 after \$50.00

Come on out meet new friends bring old friends  
Everyone Welcome we have Speakers, Workshops. The Registration includes meals, Friday night Supper, Saturday Breakfast, Lunch, Supper, Sunday Breakfast. Thurs. arrivals Hobo Stew .

Mail to: S.M.A.A.C.C. P.O. Box 370 So. Lowe Ave. Ste. 242 Cookeville, Tn.  
38501

Visit: [SMAACC.org](http://SMAACC.org)

Name \_\_\_\_\_  
Address \_\_\_\_\_ A.A. \_\_\_\_ AL-Anon \_\_\_\_  
Other \_\_\_\_\_  
City State Zip \_\_\_\_\_ Sobriety date: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

RECEIVE YOUR INFORMATION BY E-MAIL? **IF YES PLEASE CHECK**  
**HERE** \_\_\_\_\_

Would you like to volunteer? Yes \_\_\_\_ No \_\_\_\_ If yes, Phone# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Hearing impaired or other special needs?

(specify) \_\_\_\_\_

Pre-Registration: \_\_\_\_\_ \$45.00 ea

Thursday: \_\_\_\_\_ Additional \$5.00 to Pre-registration fee

Total: \_\_\_\_\_

**NO CONFIRMATION OF YOUR REGISTRATION WILL BE SENT—NO REFUNDS**

For Information Call:

**Bill.W** : 815-601-6894

**Don.R** : 931-239-1523

**Don G**: 270-576-8035





# 43<sup>rd</sup> Atlanta Roundup

Aug 2<sup>nd</sup> – Aug 5<sup>th</sup> 2018

The Age of Miracles is Still With Us

*The Roundup is pleased to welcome our 2018 Speakers!*

**Clancy I • Venice, CA    Amanda B • Montgomery, AL**  
**Karl M • Covina, CA    Christine B • Buford, GA**  
**Jim T • Athens, GA**

**The Westin Perimeter North**  
Group Rate is Limited—Book Early!!  
7 Concourse Pkwy Atlanta 30328  
Call 770-395-3900 for Reservations

**AA, Al-Anon & Alateen Workshops**  
Big Book Trivia Contest • Meetings  
Fellowship • Entertainment  
Hospitality • Home Made Treats

**Come and join us for our annual weekend of Fun, Fellowship and Serenity as we celebrate our 43<sup>rd</sup> Roundup! We have a great Program of Speakers, Workshops & Entertainment. Register and sign up to be a Volunteer at: [www.atlantaroundup.com](http://www.atlantaroundup.com) or fill out and return the form below.**

**The Atlanta Roundup Committee is an all volunteer body whose Primary Purpose is to carry the AA message and to unite the Metro Atlanta AA, Al-Anon and Alateen Community in Unity, Service and Recovery.**

-----  
Name: \_\_\_\_\_ Name for Badge: \_\_\_\_\_  
Home Group: \_\_\_\_\_ Phone: \_\_\_\_\_  
Email (for confirmation and updates): \_\_\_\_\_  
Program: AA \_\_\_ Al-Anon \_\_\_ (Alateen registration is \$1 at the door during Roundup)  
Do you want to be a Volunteer? Yes \_\_\_ No \_\_\_. Registration \_\_\_ Greeter \_\_\_  
Bake cookies for Hospitality? (Must be Homemade): Yes \_\_\_ No \_\_\_ ; # of dozens \_\_\_  
**Pre-Registration is \$30.** Scholarship contribution: \_\_\_ Total enclosed \_\_\_\_\_

**Make out checks to: The Atlanta Roundup, 3503 Ashwood Ln, Atlanta GA, 30341**

**Briar Bottom Campground**  
**50 Black Mountain CG Road**  
**Burnsville, NC 28714**

**Date: August 24 - 26, 2018**

REGISTER ONLINE at [wncypaa.com](http://wncypaa.com)

OR

At a WNCYPAA Event

**2 Nights of fellowship, food, and fun**

- Hike to Mount Mitchell
- 50:50 Raffle
- S'mores
- Campfire jams
- AA Speakers

**RESERVE IN ADVANCE—ONLY 100 SPOTS AVAILABLE—SPOTS WILL SELL OUT**

- \$20/person (food is included)
- \$25/person after June 1
- Day Passes Available

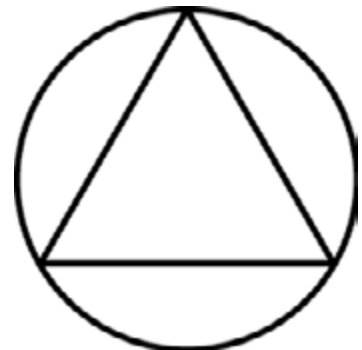
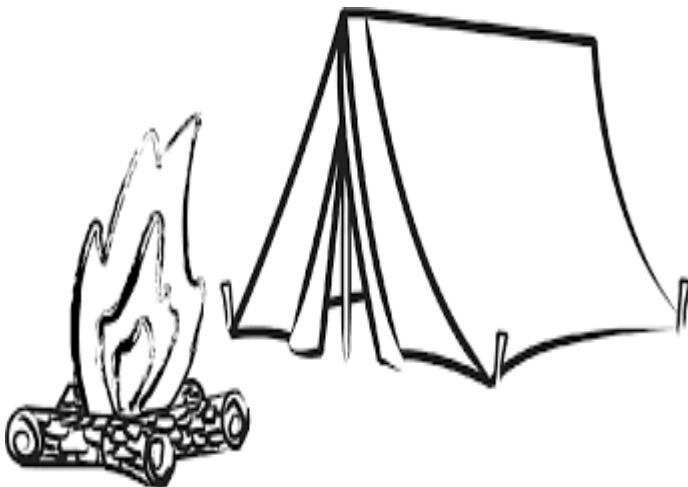
# 2nd Annual WNCYPAA Campout

More information and directions available at  
[wncypaa.com](http://wncypaa.com)

Questions? Email [wncypaa@gmail.com](mailto:wncypaa@gmail.com)

LIMITED PARKING AVAILABLE

PLEASE CARPOOL



# Does your group have a

# COR?

## (Central Office Representative)

### What are Central Office Representatives and What are their Duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship with A.A. General Service Districts. CORs are responsible for voting their groups' conscience at COR meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the quarterly COR meetings (the 2nd Thursday of January, April, July and October) where they share their home groups' experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. Community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!  
What are we doing well? What can we improve upon?  
How can we serve Districts 70, 71 and 80 more effectively?  
What might we do to draw more participation from Groups' CORs?

**Please send your feedback to: [info@NCMCO.net](mailto:info@NCMCO.net)**

Better yet, come to a monthly Board meeting on the 2nd Thursday of each month at 6:00pm, 70 Woodfin Place, Suite 212, Asheville 28801  
(just down the hall from Central Office)