

MOUNTAIN DECEMBER 2017

DOINGS

(828) 254-8539

Office Hours
10:00am - 1:00pm
Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

More 12-Step Call Volunteers Needed

Central office is still in need of 12-Step Call Volunteers especially in areas where we only have a couple of people on the list – places like Fairview, Fletcher, Candler/Canton, Rutherfordton/Columbus/Tryon, Franklin/Otto, Highland/Cashiers, Sylva/Cullowhee. While we don't get a lot of calls from people who want to speak to a volunteer, it is critical that we have people available that we can call when the need arises.

We have talked to the Answering Service to find out which number they use when they call volunteers on the 12-Step Call List and they told us that 99% of the time they use the following number: 828-251-4400. We recommend that 12-Step Call Volunteers add this number to their contact list under "AA Answering Service" so that it will show up on your caller ID.

We also have a couple of After-hours Hotline Volunteers who will be calling 12-Step Call Volunteers, although we hesitate to give out their numbers. Most calls will come either from the Central Office (828-254-8539) or from the Answering Service (828-251-4400) but we hope that all 12-Step Call Volunteers are willing to answer calls from numbers they don't recognize on caller ID. If it turns out to be one of our After-hours Hotline Volunteers then you can add their number to your contact list as well.

Feel free to contact Central Office to be added to our 12-Step Call Volunteer List or to update your contact information or if you have any questions. Phone: (828) 254-8539 – Monday-Friday, 10:00am–1:00pm; email: info@ncmco.net Check our website for more information, a printable volunteer form, guidelines and a brochure on 12-Step Calls: www.aancmco.org/12th-step-call/

We are grateful to all who want to be of service!



"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible." —Copyright © The A.A. Grapevine, Inc.*

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail....Carry this message to other alcoholics! You can help when no one else can. You can secure their confidence when others fail." —Alcoholics Anonymous, page 89*

"Practically every A.A. member declares that no satisfaction has been deeper and no joy greater than in a Twelfth Step job well done. To watch the eyes of men and women open with wonder as they move from darkness into light, to see their lives quickly fill with new purpose and meaning, to see whole families reassembled, to see the alcoholic outcast received back into his community in full citizenship, and above all to watch these people awoken to the presence of a loving God in their lives—these things are the substance of what we receive as we carry A.A.'s message to the next alcoholic." —Twelve Steps and Twelve Traditions, page 110*

* Reprinted with permission from G.S.O. published and online materials

**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison
October 2017**

	Oct 17	Jan - Oct 17
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	0.00	256.00
Group Contributions	3,408.53	26,617.90
Individual Contributions	10.00	331.76
Subscriptions	0.00	24.00
Total Contributions	3,418.53	27,229.66
Interest on Money Market	0.94	9.10
Sales Income		
Literature & merchandise	2,444.17	24,964.92
Shipping to groups	53.46	437.76
Total Sales Income	2,497.63	25,402.68
Total Income	5,917.10	52,641.44
Cost of Goods Sold		
Discounts	0.00	0.00
Freight - vendor shipping	37.72	480.91
Literature & merchandise	2,105.63	20,564.56
Total COGS	2,143.35	21,045.47
Gross Profit	3,773.75	31,595.97
Expense		
CO Fall Picnic	432.47	469.97
Copier - One-time document fee	0.00	150.00
Copier Rental		
Copier - monthly fee	145.43	1,547.46
Copier - overages	0.00	47.11
Total Copier Rental	145.43	1,594.57
Editor	135.00	1,290.00
ICOAA Conference	425.74	455.74
Insurance Expense	602.06	602.06
Office Expenses	20.00	200.00
Office Supplies	0.00	301.28
Payroll Expenses		
Gross Salary (Including Taxes)	906.75	11,460.50
Payroll Taxes (Company)	69.37	918.73
Processing (for Direct Deposit)	7.00	56.00
Total Payroll Expenses	983.12	12,435.23
QuickBooks Expenses	0.00	210.79
Rent	267.00	5,028.00
Sales Tax Paid to Vendors	10.18	131.72
Shipping to groups	52.93	438.87
Stamps/Postage	74.98	766.69
Telephone & Internet		
Answering Service	139.00	1,348.50
Office Telephone/Internet	120.35	1,450.53
Total Telephone & Internet	259.35	2,799.03
Total Expense	3,408.26	26,873.95
Net Ordinary Income	365.49	4,722.02
Other Income/Expense		
Other Expense		
Inventory Adjustment	0.00	3.76
Total Other Expense	0.00	3.76
Net Other Income	0.00	-3.76
Net Income	<u>365.49</u>	<u>4,718.26</u>

December

December Grapevine is now available!

This month, "Sober Holidays," featuring stories about how members stay sober and do service during the December holidays. Also included are stories about Remote Communities.



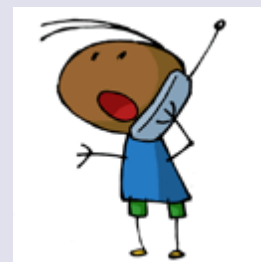
www.aagrapevine.org

Cash on Hand as of 10/31/2017
Prudent Reserve (Money Market)
\$11,051.27
Operating Account (Checking)
\$6,793.37
Rent Deposit **\$400.00**
Petty Cash **\$50.00**

Call & Visitor Log

October 2017

12 Step Calls – 4
General Info – 3
Family Help – 4
Meeting Info – 17
Central Office
Business – 34
Medical/Detox – 0
Visitors – 97
Answering Service (Operator-Asst) – 183 minutes (September)
After-hours Hotline Volunteers -3 calls (October)



Visits to aaNCMCO.org website (October): Unique Visitors: 799
Unique Visits: 1,429 (1.78 per visitor)
Pages: 5,158 (3.6 per visit)



ANNIVERSARIES



2nd Chance Group

Nat W. 12-1-2016 1 yr

Acceptance Group

Jack K. 12-07-1982 35 yrs
Judy C. 12-10-1988 29 yrs
Mark P. 12-12-2010 7 yrs
Jack W. 12-27-1998 19 yrs
Greg C. 12-28-2010 7 yrs
Rebecca E. 12-31-1997 20 yrs

AVL Big Book Step Study Group

LeeAnn M. 12-12-2009 8 yrs

AVL Women's BBSS Group

Kathy H. 12-09-1994 23 yrs
Linda F. 12-12-1986 31 yrs

At Wit's End Group

Jamie S. 12-06-1995 22 yrs
Ryan S. 12-20-2014 3 yrs
Jody B. 12-31-2014 3 yrs

Back to Basics Group

Tom H. 12-19-1975 42 yrs
Eva T. 12-31-1986 31 yrs

Black Mountain Group

Sean A. 12-16-1984 33 yrs
Bill C. 12-24-1989 28 yrs
Hans P. 12-26-2015 2 yrs

Brevard Serenity Group

Joe W. 12-20-2000 17 yrs

Conscious Contact Group

Joe T. 12-08-1996 21 yrs
Shannon 12-12-1998 19 yrs
Jennye J. 12-25-1985 32 yrs

Candlelight Group

Matt H. 12-31-2015 2 yrs

Cumberland Group

Joey K. 12-08-2008 9 yrs
Lynne K. 12-16-2008 9 yrs
Carolyn B. 12-18-1993 24 yrs
Gene K. 12-22-1986 31 yrs
Lloyd W. 12-29-1986 31 yrs

Fellowship Group

Heather B. 12-02-1984 33 yrs
Mike M. 12-10-2016 1 yr
George K. 12-14-1971 46 yrs
Tom G. 12-20-2016 1 yr
Janet B. 12-21-1987 30 yrs
Efran 12-31-2016 1 yr

Good Livers Group

Alex W. 12-02-2015 2 yrs
Tara T. 12-27-2016 1 yr

Grace Group

Jim Ha. 12-01-1982 35 yrs
Chuck W. 12-10-2008 9 yrs
Carter M. 12-17-2006 11 yrs
Tom C. 12-25-2006 11 yrs
Ryan G. 12-26-2007 10 yrs
Lloyd W. 12-29-1986 31 yrs
Duke B. 12-31-2015 2 yrs

Hendersonville Group

David W. 12-03-1985 32 yrs
Alan W. 12-04-2015 2 yrs
MaryJo L. 12-08-2000 17 yrs
Rob G. 12-22-2015 2 yrs
Andrew T. 12-26-2015 2 yrs
Chris K. 12-26-1985 32 yrs
Missed in October:
John C. 10-21-1987 30 yrs

Leicester Group

Jo R. 12-31-2007 10 yrs

Mars Hill Group

Tammy T. 12-27-2010 7 yrs

Phoenix Group

Carolyn B. 12-17-1993 24 yrs

Serenity Seekers Group - Marion

Joe T. 12-12-1977 40 yrs

Total Surrender Group

Kyley C. 12-20-2014 3 yrs
Jennifer D. 12-28-2010 7 yrs

Traditional Group

Matthew L. 12-07-2014 3 yrs
Kent H. 12-20-2012 5 yrs
Beth P. 12-25-2010 7 yrs

United with Hope Group

Jan N. 12-07-1981 36 yrs

Waynesville Grace Group

Chuck B. 12-18-1981 36 yrs
Jennifer L. 12-29-2015 2 yrs

Women of Grace Group

Heather B. 12-02-1984 33 yrs
Marjorie T. 12-05-1978 39 yrs
Sarah G. 12-08-2015 2 yrs

Need to update your Group's anniversary list?
Call Central Office 828-254-8539 - or send a new list to:
info@ncmco.net January newsletter deadline for sending in
anniversaries and announcements is December 15.



SPECIAL MEETINGS AND EVENTS

NOTE: NCMCO is not responsible for the content of posted flyers or external internet links.

Big Town Group Christmas Celebration: Friday December 8. Open speaker meeting at 7:00pm; eat at 8:00pm. Bring family and a covered dish. Etowah United Methodist Church, 110 Brickyard Rd, Etowah 28729. For directions visit their website: www.thebigtownaagroup.com

Ugly Sweater Christmas Party: Friday December 15. Hosted by WNCYPAA. Spaghetti Dinner at 6:00pm; Speaker Panel at 7:30pm. Ugly sweater contest! Winner will receive free registration for 2018 campout. Food, fellowship and Christmas fun! Abernethy United Methodist Church, 1418 Patton Ave, Asheville, NC 28806

Black Mountain Group Pot Luck and Gratitude meeting: Thursday, December 21. Pot Luck Finger Food at 6:00pm; Candlelight Gratitude meeting at 7:00pm. Bring some finger food to share and a candle. Black Mountain United Methodist Church (in the Fellowship Hall) 101 Church St, Black Mountain 28711

Hendersonville Group Christmas and New Year Alcahons: Christmas Eve & Christmas Day: Noon-11:00pm. New Year's Eve: Noon-8:00pm; from 9:30pm-1:00am: "We are Not a Glum Lot Whoopee Party" - Music, fun and conviviality! New Year's Day: Noon-11:00pm. On all days the meetings are on the even hours. Potluck buffet, desserts and snacks. 1624 Willow Rd, Hendersonville 28739

New Year's Eve Celebration – hosted by 2nd Chance Group: Doors open at 8:30pm Sunday December 31 – celebration continues until 2018! 2nd Chance Group will provide some basics. Bring side dishes or dessert – and bring a friend! Yellow Hill Community Center (The Old One) 810 Acquoni Road Cherokee, NC (Across from Dora Reed Children's Center) Everyone Welcome. Join us in bringing in the 2018 New Year with Sober Fun!

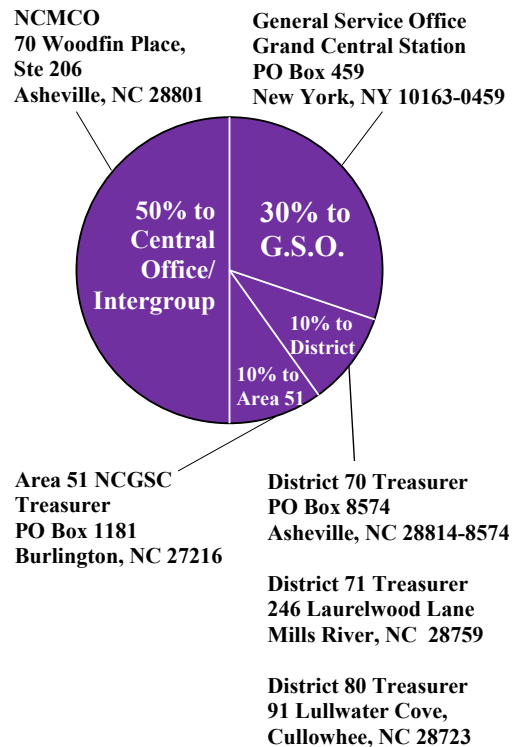
New Year's Eve Alcahion – hosted by Conscious Contact Group: Doors open at 5:00pm (following the Grace Group meeting) on December 31. Meetings at 6:00, 8:00, and 10:00pm. 1-hour open discussion meetings with an hour break for food and fellowship between. Conscious Contact will be providing food and beverages. You are welcome to bring a covered dish as well. N. Asheville Community Center, 37 E. Larchmont Rd, Asheville 28804

39th Gratitude Retreat: January 11-14. North Myrtle Beach Hilton, 10000 Beach Club Drive, Myrtle Beach, SC 29572. For registration information, visit website: www.gratituderetreat.com

Hilton Head Mid-Winter Conference: January 26 – 28. The Westin Hilton Head Resort & Spa, 2 Grass Lawn Avenue Hilton Head Island, SC 29928. Speakers, meetings, golf tournament, fun & fellowship. For more information and registration form, visit website: www.hiltonheadmidwinterconference.com

Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.



54th International Women's Conference: February 15-18, 2018. Sheraton Grand Phoenix Hotel, 340 N. 3rd Street, Phoenix, AZ 85004. For more information and registration form, visit website: www.internationalwomensconference.org

Appalachian Regional Roundup: March 23 – 25. Holiday Inn Johnson City, 101 West Springbrook Dr, Johnson City, TN. "Sobriety Is Not Enough." Six speakers from around the country, 11 sessions, sobriety countdown and more. For more information and registration form, visit website: www.appalachianregionalroundup.com

Asheville's 1st Annual Bill W. Golf Open: Tentative 2018 dates: March 18 or 25, April 1. Broadmoor Golf Links, 101 French Broad Lane, Fletcher 28732. For more information call or email Chuck A. or Carl A.: 828-365-8313 or BillWGolfOpen@gmail.com

43rd Atlanta Roundup: August 2-5. The Westin Perimeter North, 7 Concourse Pkwy, Atlanta, GA 30328. Group rate is limited; book early! Call 770-395-3900 for reservations or visit website: www.atlantaroundup.com

For NC Area 51 Conferences and Events go to: www.aanorthcarolina.org

For other events around the country and the world, go to the www.aa.org website – Box 4-5-9 Bulletin Board: www.aa.org/newsletters/en_US/en_box459_fall17.pdf

Contributions

	Oct 2017	YTD		Oct 2017	YTD
11-11-11 Meeting		\$70.00	Speed Bump Group 512-851		\$100.00
12 & 12 Study Group		\$100.00	Spiritual Fitness Group 720-419	\$75.00	\$131.09
2nd Chance Group - Cherokee 712-180		\$120.00	Surrender Group		\$270.00
3 Legacies Group 709-522		\$276.27	The Principles Group	\$25.00	\$37.50
4th Dimension Group		\$100.00	Total Surrender Group		\$388.03
Acceptance Group 122-477		\$1,889.95	Tryon Monday 5:30 Meeting		\$376.60
Agnostics, Atheists & Freethinkers AA Group		\$600.00	United With Hope Group 719-052		\$357.00
Anonymous	\$164.00	\$898.52	Waynesville Grace Group 110-692		\$1,680.00
AVL Big Book Step Study Group 637-843	\$120.00	\$120.00	We Are Not Saints Group		\$30.00
AVL Women's Big Book Step Study 703-990		\$109.00	We Think Not Group 700-411	\$2.00	\$62.00
At Wit's End Group	\$115.36	\$214.50	West Asheville Group 110-501	\$150.00	\$150.00
AWOL Group		\$58.97	Women's Grapevine Meeting		\$30.00
Back to Basics Grp - Weaverville 147-139		\$200.00	Women of Courage	\$296.54	\$490.37
Big Town Group 671-200	\$245.36	\$881.30	Women of Grace	\$50.00	\$200.00
Black Mountain Group 117-117		\$169.00	Working at Recovery		\$50.00
Brevard Serenity Group 631-231		\$66.43			
BYOC - Bring Your Own Coffee	\$38.00	\$604.70	Total Group		
Candlelight Meeting		\$50.00	Contributions:	\$3,408.53	\$26,617.90
Candler KISS Group 163-148	\$60.00	\$228.00	Individual		
Cashiers Valley Grp 122-589	\$218.83	\$731.88	Contributions:		
Cedar Mountain Group 161-082		\$94.00	Anonymous		\$31.76
Chunns Cove Men's Association 179-001	\$182.50	\$182.50	Bob P.		\$200.00
Conscious Contact Group - Asheville		\$327.00	In Memory of B.G.	\$10.00	\$100.00
Cullowhee Valley Group 118-129		\$50.00			
Cumberland Group 122-472		\$100.00	Total Individual		
Daily Decisions 643-869	\$168.13	\$1,103.93	Contributions:	\$10.00	\$331.76
Day by Day Group 159-058	\$493.55	\$1,929.55	Birthday		
Down But Not Out Group		\$2.88	Contributions:		
Early Bird Group 612-780		\$177.00	Anonymous		\$10.00
Fellowship Group 655-542		\$300.00	Cat		\$5.00
Fireside Group 655-046		\$250.00	Jerry T.		\$20.00
Good Livers 666-360		\$300.00	Dani B.		\$9.00
Grace Group 161-970		\$1,748.68	Monica G.		\$180.00
Great Fact Group		\$201.51	Sandy F.		\$32.00
Happy Hour Group - Hendersonville 169-182		\$425.00			
Happy Hour Group - Waynesville		\$30.00	Total Birthday Contributions:	\$0.00	\$256.00
Happy, Joyous & Free - Columbus		\$75.00	Mountain Doin's Subscriptions:	\$0.00	\$24.00
Heart Fire Group	\$55.00	\$214.50			
Hendersonville Group		\$294.00	Grand Total:	\$3,418.53	\$27,229.66
High Noon Group 689-080		\$150.00			
Joe & Charlie Big Book Study	\$100.00	\$100.00			
Joy of Living - Black Mountain		\$75.00			
Joy of Living - Brevard 669-820		\$175.00			
Kanuga Group 645-767		\$215.00			
Lambda Group 617-035		\$405.75			
Maggie Valley Group 158-950		\$330.00			
Maple Grove Group 121-212		\$20.00			
Marshall Group 100-489		\$150.00			
Mars Hill Group 130-895		\$200.00			
Meditation Mondays		\$50.00			
Men's Attitude Adjustment Group 670-850		\$100.00			
Mid Day Grp (Hendersonville) 143-420	\$181.36	\$667.50			
Mill Springs Group 656-821		\$85.00			
Monday 6:00 Open Meeting		\$270.27			
Mountain View Grp (Highlands) 110-598	\$337.90	\$1,091.38			
New Freedom Group 700-124		\$50.00			
Newland Serenity (Linville Mtg.)		\$8.76			
No Name Group		\$150.00			
Pisgah Group		\$200.00			
Practicing Principles 667-311		\$46.00			
Recovery by the River 674-892		\$401.63			
Roundtable Group 135-605	\$60.00	\$110.00			
Rule 62 Group		\$294.00			
Safe & Sound 645-654		\$200.00			
Saluda Back to Basics Group		\$20.00			
Saturday Morning Men's Meeting	\$125.00	\$575.00			
Serenity Now 670-803		\$75.00			
Serenity Service Group 110-498	\$25.00	\$250.00			
Sisters in Sobriety - Whittier		\$240.95			
Skyland 12&12 Group	\$120.00	\$265.00			

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you for your generous support!



MEETING UPDATES: Districts 70 • 71 • 80

Meeting Changes:

Asheville: SOBER Group: Tuesday. (C,D) Was meeting at 6:30pm at Oak Hill UMC, 277 Oak Hill Rd, Candler. As of December 5 - new time and location: 7:00pm at WNC Baptist Fellowship Church, 240 Haywood St, Asheville 28801

Murphy: No Nonsense Group: Friday. Was meeting at 8:00pm; new time as of November 10: 7:00pm. (O,D; 2nd Friday O,SP) Murphy Medical Center, in Main Conference Room, 3990 E. US Hwy 64 Alt, Murphy 28906

Discontinued Meetings:

Franklin: Franklin Group: Sunday 7:00pm and Tuesday 8:00pm. 1st Presbyterian Church, 26 Church St, Franklin. Both meetings have been discontinued as of November 8.

Old Fort: Old Fort Group: Saturday 8:00pm. (O,D; 3rd Saturday covered dish - O,SP) Kiwanis Building, 43 S. Catawba Ave, Old Fort. Meeting will be discontinued after December. Last meeting will be December 30.

Robbinsville: Mountainside Group: Monday 8:00pm. United Methodist Church, 249 W. Fort Hill Rd, Robbinsville. Meeting has been discontinued for the time being; may start up again in the spring.

The SERVICE EXPRESS

January newsletter deadline for sending in announcements is **December 15th**.

District 70: ashevilleaa.org

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **Sunday, December 10, 2:30pm**, at St. Luke's Episcopal, 219 Chunns Cove Rd, Asheville 28805.

District 70 still has several service positions open. If you are interested in being of service please attend the GSR meeting on December 10.

The Buncombe County Detention Facility is in need of support for meetings in the jail – especially for men. The BCDF is now open to orient new AA volunteers. Here is the application: aancmco.org/wp-content/uploads/2017/03/BCDF-VolunteerApplication-Revised-word-1.24.17-2.pdf

If you have any questions about the application or orientation process call or email Cynthia, the Volunteer Program Services Coordinator, at the Buncombe County Detention Facility: 828-250-4579; Cynthia.Heaton@buncombecounty.org For more information about this volunteer service attend the next GSR Meeting and/or the Service Committees Meeting.

Volunteers are needed for daytime A.A. meetings at Swannanoa Correctional Center for Women (SCCW) The

meetings are Fridays from 12:15-1:30pm; males must be accompanied by females. There will be a training at the facility on Tuesday, January 9 at 6:00pm. Call Charlyne for more details: 828-450-2919.

Service Committees Meeting – held the last Tuesday of odd-numbered months. Next meeting is **Tuesday, January 30, 6:00pm**, at Trinity Episcopal Church, 60 Church St, Asheville 28801. Volunteers are needed for meetings at SCCW, ADATC, prisons and jails.

Bridging the Gap (with treatment facilities) – If you are interested in this service please attend the Service Committees Meeting or contact the TFC Chair at www.ashevilleaa.org; the BTG Chair or co-coordinator at bridgingthegap.asheville@gmail.com or www.btgwww.org

District 71:

GSR Meeting – now held monthly, the 2nd Saturday of the month. The next meeting will be **Saturday, December 9, 1:00pm**, at 1624 Willow Rd, Hendersonville, 28739. The Corrections Committee now meets in conjunction with the GSR meeting.

District 71 still needs to fill the following positions: Alternate DCM, COR (Trustee to Central Office), Treatment, CPC/PI, and Events. If you are interested in any of these service positions please attend the meeting on December 9.

The Corrections Committee is in need of men volunteers to take A.A. meetings into the Transylvania County Jail and the Henderson County Detention Center. All who are interested in participating in this vital service please attend the District 71 GSR - Corrections Committee meeting in December, or call/email Central Office (828-254-8539; info@ncmco.net) for contact information.

District 80: aawnc80.org

GSR District Meeting will be **Sunday, January 21, 1:30pm**, at Jackson County Family Resource Center, 1528 Webster Rd., Webster 28788. They will be looking for a new Corrections Chairperson. All interested AAs are welcome to attend.

There is a concern about the lack of 12-Step Call Volunteers, especially in some of the more remote parts of Western NC. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: www.aaNCMCO.org

CORs / NCMCO: aancmco.org

The next Board meeting will be **December 14, 6:00pm**, 70 Woodfin Place, Suite 212, Asheville, 28801. The next combined COR/Board meeting will be **January 11**. All are welcome to attend but only Central Office Representatives can vote on issues so we encourage all groups to send a COR!

We need to fill two positions on the Board for terms beginning in January 2018. Both positions have 2-year terms. Here are the requirements and duties of each:

Chairperson

1. Shall preside at Central Office Board and COR Committee meetings.
2. Shall see that all decisions of the Committees are acted upon.
3. Pursuant to specific authority given on occasion by the Committees, may sign and deliver contracts and other documents in the name of North Carolina Mountain Central Office Inc.
4. With the recommendation and approval of the Central Office Board, shall call for eligible people to stand for positions and appoint chairpersons of standing and special subcommittees.
5. Shall break tie votes of the Central Office Representatives and Central Office Board votes.
6. Shall perform all duties incident to the office of Chairman and other duties that may occasionally be assigned by the Committees.
7. Shall have five years' continuous sobriety at the time of taking office.

Secretary

1. Shall perform all duties incident to the office and others as assigned.
2. Shall take minutes of all COR and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.
3. Shall provide timely written notice of the meetings of the Committees.
4. Shall have charge of the books, records and papers of the North Carolina Mountain Central Office with the responsibility of filing same in the Office Manager's office.
5. Shall see that reports, statements and other documents required by law are properly kept and filed.
6. Shall follow the Alternate Chair in line of succession to the Chair.
7. Shall have at least five years' continuous sobriety at the time of taking office.

Anyone interested in either of these positions please attend the Board meeting on December 14.

Common AA Acronyms

- ABC:** Ashtrays, Broom, Coffee
ASAP: Always Say A Prayer
BOGGLE: Bad Or Good, God Loves Everyone
BTB: Back To Basics
CHANGE: Choosing Honesty Allows New Growth Everyday
CHAOS: Can't Handle Another Overwhelming Situation
CRAP: Carry Resentments Against People
DEAD: Don't Ever Admit Defeat
DENIAL: Don't Even Notice It's A Lie
DRY: Doing Recovery Yourself
EGO: Easing God Out
FAILURE: Fearful, Arrogant, Insecure, Lonely, Uncertain, Resentful, Empty
FEAR: Face Everything and Recover
FEAR: False Evidence Appearing Real
GOD: Good Orderly Direction
GOD: Group Of Drunks
HALT: Hungry, Angry, Lonely, Tired
HEART: Helping Every Alcoholic Recover Together
HOPE: Hearing Other Peoples' Experience
ISM: I, Self, Me
ISM: Incredibly Short Memory
KISS: Keep It Simple, Sweetheart
NUTS: Not Using The Steps
PAID: Pitiful And Incomprehensible Demoralization
PMS: Poor Me Syndrome
PUSH: Pray Until Something Happens
RELATIONSHIP: Really Exciting Love Affair Turns Into Outrageous Nightmare Sobriety Hangs In Peril
SASTO: Some Are Sicker Than Others
SLIP: Sobriety Loses Its Priority
SPONSOR: Sober Person Offering Newcomers Suggestions On Recovery
STEPS: Solutions To Every Problem, Sober
TEAM: Together Everyone Achieves More
TGIF: Thank God I'm Forgiven
THINK: The Happiness I Never Knew
TRUST: Teaching Recovery Using Steps and Traditions
WILLING: When I Live Life, I Need God
YANA: You Are Not Alone

Retrieved from: <https://www.allacronyms.com>

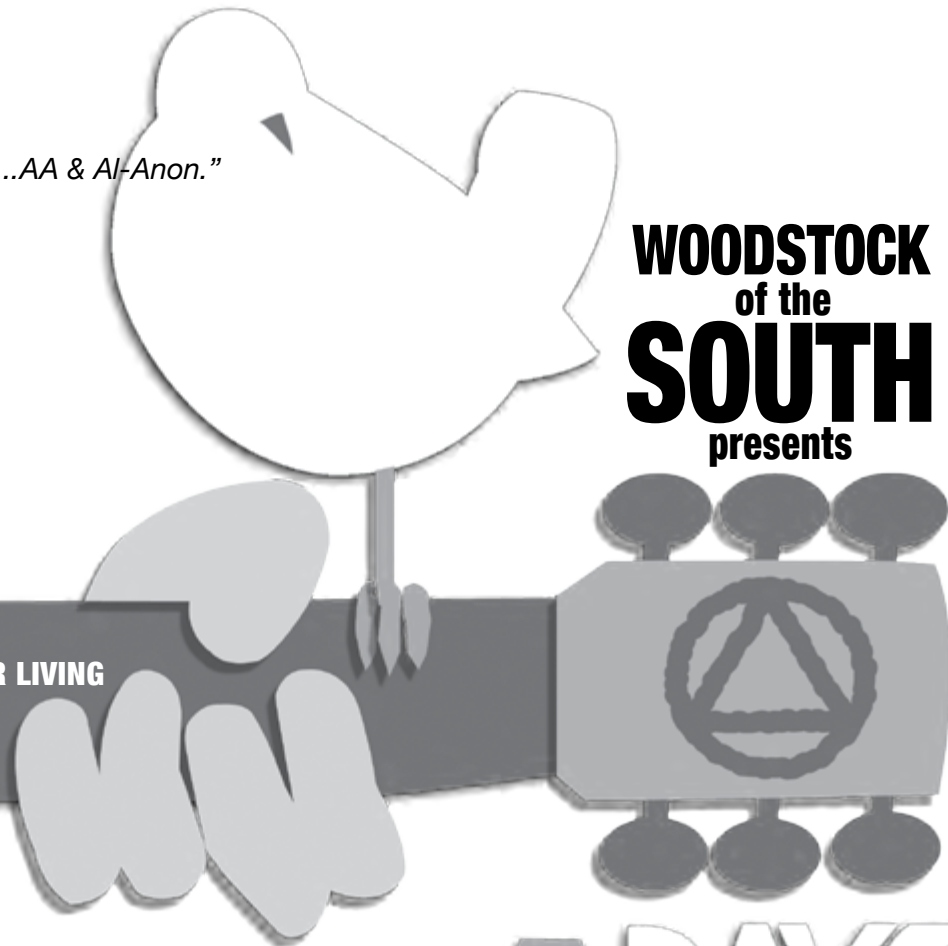
AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "*Alcoholics Anonymous*, 4th edition, page ??") or magazine (i.e. "From the (date) *Grapevine*")

Submissions can be mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801 or emailed to: info@ncmco.net. If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!

"Fun for the entire family...AA & Al-Anon."



WOODSTOCK
of the
SOUTH
presents

A 3 DAY FESTIVAL OF SOBER LIVING

- THURSDAY 8:30PM A 55-YEAR WALK** BILL B, NY
- FRIDAY 10AM THE BUTTERFLY MEETING**
AA & AL-ANON PANEL
- 2PM **THE DEFINITIVE FILM ABOUT EARLY AA & AL-ANON**
DISCUSS THIS POWERFUL FILM WITH THE SCREENWRITER
- 8:30PM **THE GIFT OF AA** CLANCY I, CA
- SATURDAY 9AM STEPS 1-3** MARI G, ON
- 10:30AM **STEPS 4-5** TBA
- 2PM **STEPS 6-7** LARCENE G, CA
- 3:30PM **STEPS 8-9** DON M, KY
- 8:30PM **3 WISE MEMBERS**
MARI G, BILL B & CLANCY I
- SUNDAY 9AM STEPS 10-11** MICHAEL D, SD
- 10:30AM **STEP 12** TIM H, KY

**3 DAYS
& PEACE
& LOVE**

NOV 30- DEC 3, 2017

All this for just

\$35 in advance

\$40 at the door (If not sold out)

SPECIAL ENTERTAINMENT ALL WEEKEND!

Featuring the music of Sonia L, Nashville TN & seasonal surprises!

LEGACY LODGE AT LAKE LANIER ISLANDS! 4-Star luxury resort just 30 minutes northeast of Atlanta!

See for yourself at www.lakelanierislandsresort.com 7 miles of Amazing Magical Holiday Lights! Breakfast with Santa...or visit his workshop! S'more pits! See the lights from the Tree Tops! Golf. Spa. Equestrian Center. Boating.

SPECIAL ROOM RATES STARTING AT \$119 PER NIGHT.

Want to know more? Talk to your sponsor, go to www.aawoodstock.com; call 404-735-9254

REGISTER NOW AT www.aawoodstock.com OR MAIL REGISTRATION FORM.



Come Celebrate Christmas
With The

Big Town Group

Friday December 8th, 2017
Big Town Group Etowah UMC 110 Brickyard Rd.
Etowah, NC

Speaker
Lindy L.
Greenville, SC.

Open Speaker Meeting @ 7:00pm Eat @ 8:00pm
Bring Family & Covered Dish

For Directions Go To Our Web Site
thetowntownaagroup.com



WNCYPAA presents
1st Annual

UGLY SWEATER CHRISTMAS PARTY

Friday December 15th, 2017
Abernethy United Methodist Church
1418 Patton Ave, Asheville, NC, 28806

Spaghetti Dinner at 6:00pm
Speaker Panel at 7:30pm

Christmas treats, music,
and an appearance by Santa himself!

50/50 raffle – tickets \$1

Ugly sweater contest! Winner will receive free registration
for our 2018 campout!

Food, fellowship, and Christmas fun!
(\$5 donation suggested)





Black Mountain Group

Cordially Invites You to Our

Annual Candle Light Gratitude Meeting

December 21st

6:00 p.m. Potluck (Finger Food)

7:00 p.m. Gratitude Meeting

Black Mountain United Methodist Church

In the fellowship hall

101 Church St, Black Mountain, NC 28711



*****Hendersonville Group Christmas and New Year*****

Alcathons

1624 Willow Rd. Hendersonville 28739

(Across from Valley Hill Fire Department)

Christmas Eve & Christmas Day

Noon-10:00pm. Meetings on the even hours

New Year's Eve - Noon-8:00pm

Meetings on the even hours

New Year's Day - Noon-10:00pm

Meetings on the even hours

Potluck Buffet, Desserts and Snacks

Join us from 9:30pm-1:00am on New Year's Eve for

our

"WE ARE NOT A GLUM LOT"

2nd Annual WHOOPEE PARTY

Music, Fun and Conviviality Galore as we ring in

the New Year!



Come One, Come All! Everyone Welcome! Join us in bringing in the 2018 New Year with Sober Fun!

Yellow Hill Community Center (The Old One)

810 Acquoni Road Cherokee, NC

(Across from Dora Reed Children's Center)

Door Open at 8:30pm, Sunday December 31st til 2018!

Bring Side Dishes or Dessert. 2nd Chance will provide some basics.

All we need is you. And bring a friend!

Any questions call Herb: 828-506-8563





New Year's Eve Alcathon!

Please join the Conscious Contact Group for fellowship,
food and fun on New Year's Eve.

Meetings at 6:00, 8:00, and 10:00pm
N. Asheville Community Center
37 E. Larchmont Rd, 28804

Meetings will be 1-hour open discussions with an hour break
for food and fellowship in between.

Conscious Contact will be providing food and beverages.

You are welcome to bring a covered dish as well.

Doors open at 5:00pm (following the Grace Group meeting).

We will clean up after the 10:00pm meeting and be ready to
close at 11:30pm in time for the fireworks downtown.



2018



2018

Hilton Head Mid-Winter Conference



Half Measures Aailed Us Nothing...

AA & AL-ANON FELLOWSHIP

- Friday 8:30 p.m. ~ Theresa F. (Van Nuys, CA)
- Saturday 9:00 a.m. ~ Tami P. (Chatsworth, CA)
- Sat. 11:00 a.m. ~ Beverly B. (Lewisville, TX)
- Saturday 2:00 p.m. ~ Katie P. (Austin, TX)
- Saturday 8:30 p.m. ~ Charlie P. (Austin, TX)
- Sunday 10:00 a.m. ~ Mike A. (Nashville, TN)

The Westin Hilton Head
Resort & Spa
 2 Grass Lawn Avenue
 Hilton Head Island, SC 29928
 1-800-WESTIN-1 or 843-681-4000
 Rooms: \$115.00/night ~ single & double
 (Taxes Only No Resort Fee)
 Code: Hilton Head Mid-Winter Conference



JANUARY 26 – 28, 2018

Limited to 800 Registrations!!!

Pre-Registration is \$30.00 (will close 1/24/18)

On-Site Registration begins Friday, January 26th, 2018 @ 3:00p.m.

Cash/Check Only Tickets \$35.00 at the door.

More information and Online Registration at www.hiltonheadmidwinterconference.com

There will be NO REFUNDS (Reg/Banquet/Golf)
 Please make checks payable & mail to:
HILTON HEAD MID-WINTER CONFERENCE
 PO BOX 6256
 HILTON HEAD ISLAND, SC 29938
 Check our website for banquet menu
 For more information please call: (888) 584-9282

- Marathon Meetings all day with the exception of Speaker times
- Al-Anon Workshops & Luncheon
- Golf Tournament – 4 Person Scramble
 Played at the Port Royal Golf Club
- Southern Hospitality Room World-Famous,
 Homemade Cookies!
- DON'T MISS THE SAT. NIGHT DANCE

Badge Names: _____ Home Group: _____ Conference Tickets # _____ @ \$30 ea. = \$ _____

1. _____ 1. _____ *Note: Registration at the door \$35.00 Cash/Check Only*

2. _____ 2. _____ Banquet Tickets # _____ @ \$40 ea. = \$ _____

Name on CC: _____ Golf Tournament # _____ @ \$45 ea. = \$ _____

Address: _____ Contribute to Scholarship Fund \$ _____

City, State & Zip: _____ Total Due \$ _____

Phone # _____ (Req'd for CC & check pymts)

Email: _____ (Req'd for CC & check pymts)

Credit Card: VISA MC AMEX DISCOVER CC # _____ Exp: ___ / ___ CV: _____

Signature: _____ Date: _____

Registration at the door is CASH or CHECK ONLY



54th **INTERNATIONAL WOMEN'S CONFERENCE**

IWC is a closed conference for women in Alcoholics Anonymous

is coming to:

Phoenix, Arizona
February 15th-18th 2018

Speakers ♥ Panels ♥ Workshops ♥ Banquets ♥ Tours

For more information or to register on-line
www.internationalwomensconference.org

♥ **REGISTRATION IS LIMITED TO 3550** ♥

WNC AA Golfers Needed for



Asheville's 1st Annual Bill W. Golf Open



Tentative 2018 Dates- March 18 or 25, April 1

1:00pm Shotgun Start Scramble/Captain's Choice

\$75/player includes: Golf, Cart, Driving Range, Dinner Buffet, Cash Awards

Broadmoor Golf Links, 101 French Broad Lane, Fletcher, NC 28732

- ❖ Your input needed to lock down a date. Payment 3 weeks in advance.
- ❖ To reserve a spot or foursome, call or email Chuck A. or Carl A. !!
 - 828-365-8313 or BillWGolfOpen@gmail.com
- ❖ Women & Men are welcome, regardless of ability. Fun and Fellowship.
- ❖ Put together your own foursome or we will gladly add you to one.
- ❖ Raffle with many GREAT prizes. \$1/ticket or \$5 for 6 tickets.
- ❖ After golf - BBQ Dinner Buffet, Tea/Lemonade/Coffee, Raffle, Cash Awards.
- ❖ Please complete the form below and email to BillWGolfOpen@gmail.com
- ❖ For Payment Options or other Questions:
 - Call/Leave Voice Mail at 828-365-8313 or
 - Send an email to BillWGolfOpen@gmail.com

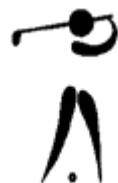
Name _____ **Email** _____ **Phone** _____

1. _____

2. _____

3. _____

4. _____



Appalachian Regional ROUNDUP

Johnson
City, TN

~Sobriety Is Not Enough~

Holiday Inn Johnson City
101 West Springbrook Drive
Johnson City, Tn. 37604

Dates- 03/23/2018 - 03/25/2018

Room Rate \$99.00

Rate cut off date March 2nd 2018
(Two breakfast vouchers per night 25.00 value)
Available to the first 600
Call to book 1-423-282-4611
Use Phrase "Appalachian Regional Round Up"
To receive discounted room rate

For Conference Information Call Tony L.

631-676-0662

or Email

P.I.Chair@appalachianregionalroundup.com

Make Check or Money Order Payable to
(Frankie Nunley) & Mail to:
P.O. Box 7494
1001 N. Eastman Rd
Kingsport, TN 37664

Pre-Registration is \$25.00 & \$30.00 At the Door
Online Pre-Registration Available at
www.appalachianregionalroundup.com

Program

*Speakers Confirmed and Schedule Subject to Change

FRIDAY 03/23/2018

Mrs. Michael E. Of GA - 7:00PM - Topic
Mr. Ralph W. Of CA - 8:30PM - Topic

SATURDAY 03/24/2018

Mr. Sheldon F. Of NV - 8:00AM - Steps 1&2
Mr. Bob D. Of NV - 9:30AM - Step 3
Mrs. Jennifer K. Of TX - 11:00AM - Steps 4&5
Mr. Lee S. Of TN - 1:45PM - Al-Anon
Mr. Ralph W. Of CA - 3:00PM - Steps 6&7
Mrs. Michael E. Of GA - 4:30PM - 8&9
Mr. Sheldon F. Of NV - 7:30PM - Topic & Countdown

SUNDAY 03/25/2018

Mrs. Jennifer K. Of TX - 8:15AM - Steps 10&11
Mr. Bob D. Of NV - 9:45AM - Step 12

Round Up T-Shirts are \$12.00 or 2 for \$20.00 & Will Be Available for
Pick-Up Upon Arrival.
Sizes May Be Limited On Site.

1st Annual - Appalachian Regional Roundup - Johnson City, TN

Name: _____ Name: _____
Address: _____ Address: _____
City: _____ State: _____ Zip: _____ City: _____ State: _____ Zip: _____
Phone: _____ Email: _____ Phone: _____ Email: _____
Name On Badge: _____ Name On Badge: _____
Number of T-shirts: _____ Size(s): _____ Number of Registrations: _____ Total: _____

Scholarship Contribution \$ _____ Lend a hand to those unable to pay the registration fee.



43rd Atlanta Roundup

Aug 2nd – Aug 5th 2018



Abandon yourself to God as you understand God

The Roundup is pleased to welcome our 2018 Speakers!

- Clancy I • Venice, CA Amanda B • Montgomery, AL
- Karl M • Covina, CA Christine B • Buford, GA

The Westin Perimeter North
 Group Rate is Limited—Book Early!!
 7 Concourse Pkwy Atlanta 30328
 Call 770-395-3900 for Reservations

AA, Al-Anon & Alateen Workshops
 Big Book Trivia Contest • Meetings
 Fellowship • Entertainment
 Hospitality • Home Made Treats

Come and join us for our annual weekend of Fun, Fellowship and Serenity as we celebrate our 43rd Roundup! We have a great Program of Speakers, Workshops & Entertainment. Register and sign up to be a Volunteer at: www.atlantaroundup.com or fill out and return the form below.

The Atlanta Roundup Committee is an all volunteer body whose Primary Purpose is to carry the AA message and to unite the Metro Atlanta AA, Al-Anon and Alateen Community in Unity, Service and Recovery.

Name: _____ Name for Badge: _____

Home Group: _____ Phone: _____

Email (for confirmation and updates): _____

Program: AA ___ Al-Anon ___ (Alateen registration is \$1 at the door during Roundup)

Do you want to be a Volunteer? Yes ___ No ___. Registration ___ Greeter ___

Bake cookies for Hospitality? (Must be Homemade): Yes ___ No ___ ; # of dozens ___

Pre-Registration is \$30. Scholarship contribution: ___ Total enclosed _____

Make out checks to: The Atlanta Roundup, 3503 Ashwood Ln, Atlanta GA, 30341