

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Women in prison need us!



Current opportunities are on Wednesdays 7-8 pm at Swannanoa Correctional Center for Women. We can attend a meeting to share our story of hope or team up with a partner to help facilitate meetings inside the "gated community."

Depending on response from our Alcoholics Anonymous community, we are looking to begin daytime meetings and small group step studies, and eventually sponsorship relationships.

The next orientation is scheduled for Tuesday April 11th at 6 pm. The location is 55 Lake Eden Road, Black Mountain, NC.

If you have any interest or inclination to participate in this wonderful service, please contact Charlyne B. at district70corrections@ gmail.com or through the District 70 website: www.ashevilleaa.org – click on "Contacts" and then select "Corrections (Women)" – or contact the Central Office at (828) 254-8539 or info@ ncmco.net for more information.

AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. February 15 for the March issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801 or emailed to: <u>info@ncmco.net</u>

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!



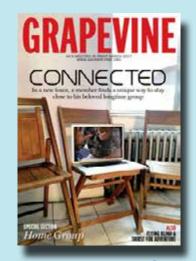
New NC Mountain Central Office, Inc. Profit & Loss YTD Comparison January 2017

	Jan 17
Ordinary Income/Expense Income Contributions	
Group Contributions Individual Contributions	4,341.58 15.17
Total Contributions	4,356.75
Interest on Money Market Sales Income Literature & merchandise Shipping to groups	0.85 2,023.50 16.97
Total Sales Income	2,040.47
Total Income	6,398.07
Cost of Goods Sold Discounts Freight - vendor shipping Literature & merchandise	0.00 18.00 1,587.92
Total COGS	1,605.92
Gross Profit	4,792.15
Expense Copier Rental Editor Office Expenses Office Supplies Payroll Expenses Gross Salary (Including Taxes) Payroll Taxes (Company) Processing (for Direct Deposit)	168.72 120.00 20.00 19.99 1,083.25 89.37 5.25
Total Payroll Expenses	1,177.87
Rent Sales Tax Paid to Vendors Shipping to groups Stamps/Postage Telephone & Internet Answering Service	519.00 13.22 17.18 76.27 128.00
Office Telephone/Internet	145.91
Total Telephone & Internet	273.91
Total Expense	2,406.16
Net Ordinary Income	2,385.99
Other Income/Expense Other Expense Inventory Adjustment	0.00
Total Other Expense	0.00
Net Other Income	0.00
Net Income	2,385.99



March Grapevine is now available!

This month, AA members share stories about their home groups.



www.aagrapevine.org

Cash on Hand as of 1/31/2017 Money Market (Prudent Reserve) \$10,043.02 Operating Account (Checking) \$7,879.02 Rent Deposit \$400.00 Petty Cash \$50.00

Call & Visitor Log

January 2017

12 Step Calls - 4General Info - 7Family Help - 3Meeting Info - 16Central Office Business - 44Medical/Detox - 0Visitors - 76



Answering Service (Operator-Asst) – 161 minutes (December) After-hours Phone Volunteers - 4 calls (January)



A N N I V E R S A R I E S

		1 1
2nd Chance	Group - Chero	kee
Carol L.	3-12-2007	
Ouror E.	0 12 2001	io yio
Around the R	Room Group	
	3-15-1988	29 yrs
Brace	0 10 1000	20 910
AVL Big Boo	k Step Study 0	Group
Jaime B.	3-06-2014	3 yrs
	0 00 2011	<i>c j</i> . <i>c</i>
	s Big Book Ste	ep Study
Group		
Laurie J.	3-12-2008	9 yrs
Susan W.	3-30-1998	19 yrs
	-	
At Wit's End	Group	
Blake H.	3-07-2015	2 yrs
Jacob L.	3-07-2007	10 yrs
Danny	3-11-2014	3 yrs
	a	
	cs Group - We	
Gary R.	3-05-2000	17 yrs
Ray C.	3-11-2013	4 yrs
Mike G.	3-19-1989	28 yrs
Wally H.	3-22-1994	23 yrs
David G.	3-25-1996	21 yrs
John W.	3-26-2014	3 yrs
Stephen M.	3-27-1983	34 yrs
Kelly B.	3-28-2014	3 yrs
Black Mounta	ain Group	
		05
Joe S.	3-27-1992	25 yrs
Candlelight o	of AA Group	
Dani B.	3-05-2016	1 yr
Katherine F.	3-06-2016	1 yr
Todd Z.	3-06-2016	1 yr
Candler K.I.S		
	3-15-2009	8 yrs
Patrice C.		8 yrs
	3-21-1998	19 yrs
Rich W.	3-28-1994	23 yrs
Concious Co	ntact Group	
		4
James K.	3-27-2016	1 yr

Cumberland Gr		_
Bob G.	3-21-2015	2 yr
Daily Decisions	Group	
John B.	3-07-1982	35 yrs
Fellowship Gro	up	
Randall H.	3-02-2015	2 yrs
Brian I.	3-08-2013	4 yrs
Julie D.	3-08-1991	26 yrs
Grace Group		
Eliana C.	3-01-2015	2 yrs
Mitchell F.	3-02-1995	22 yrs
Marcus C.	3-03-2013	4 yrs
Weston B.	3-03-2015	2 yrs
Shari S.	3-08-2002	15 yrs
Tim F.	3-12-2013	4 yrs
Betsy C.	3-13-1995	22 yrs
Britney N.	3-13-2014	3 yrs
Alan D.	3-15-2012	5 yrs
Dick J.	3-15-2081	36 yrs
Michael B.	3-17-2014	3 yrs
Leann R. Dave G.	3-18-2007	10 yrs
Dave G.	3-25-1996	21 yrs
Happy Hour Gr		
	3-21-2013	4 yrs
Bobby H.	3-27-2016	1 yr
Hendersonville	Group	
Ashley S.		1 yr
Terry G.	3-26-1979	38 yrs
Leicester Group	o	
Ed M.	3-17-1974	43 yrs
Mars Hill Group)	
Gary R.	3-05-2000	17 yrs
Ray C.	3-11-2013	4 yrs
Ed M.	3-17-1974	43 yrs
Alice W.	3-20-2009	8 yrs
Stephen McC.	3-27-1983	34 yrs

(S		
	Phoenix Gro	up	
	Bob C.	3-26-1996	21 yrs
	Riverside Gro	oup	
	Roger H. Missed in February:	3-11-2013	4 yrs
	Quentin R.	2-01-2011 2-26-2016	6 yrs 1 yr
	Serenity Now	Group	
	David J.	3-23-2014	3 yrs
	Serenity Seel		
	John L.	3-01-2002	15 yrs
	Billy S.	3-27-2014	3 yrs
	Sisters in Sol	oriety - Chero	kee
	Cindy G.	3-08-2005	12 yrs
	There is a So	lution Group	
	Ralph B.	3-03-1987	30 yrs
	Total Surrend		
	John Q.	3-07-1989	28 yrs
	Zach G.	3-19-2016	1 yr
		3-20-2014	3 yrs
		3-28-2016	1 yr
	Traditional G	roup	
	Michael C.	3-04-2016	1 yr
	Waynesville (
		3-01-1993	
	Tom M.	3-05-1994	23 yrs
	Jimbo C.	3-10-1994	23 yrs
	Emily E. Shannon N.	3-12-2016 3-12-2016	1 yr
	Lynn P.	3-12-2016	1 yr 2 yrs
	Leslie B.	3-31-2010	7 yrs
	Women of Gr	ace	
	Jane Y.	3-28-2001	16 yrs
	Kristin G.	3-28-2015	2 yrs
	Koron E	2 20 1071	16 100

Need to update your Group's anniversary list? Call Central Office 828-254-8539 - or send a new list to: <u>info@ncmco.net</u> April newsletter deadline for sending in anniversaries and announcements is March 15.

Karen F.

3-29-1971 46 yrs

12-Step Call Volunteers Needed in Western North Carolina

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible." —©The A.A. Grapevine, Inc.*

Our North Carolina Mountain Central Office (NCMCO) in Asheville has an AA member who is the Coordinator for the "12-Step Call List" – covering most of Western NC. That list consists of AA members who volunteer to be phoned when an alcoholic reaches out for help.

When a call for help is received at Central Office – or at the after-hours answering service (hotline) – an AA 12-Step volunteer is called and given the phone number of the person asking for help – AA members' phone numbers are not given out. We are especially in need of Spanish-speaking volunteers as well as volunteers in some of the more remote areas – all of the District 80 counties (Cherokee, Graham, Swain, Haywood, Clay, Macon and Jackson) and the District 70 counties of Yancey, Mitchell and Madison. We don't get a lot of 12-Step calls but when we do it sure does help to have volunteers from these areas who we can call to connect to that alcoholic who is reaching for help.

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail....Carry this message to other alcoholics! You can help when no one else can. You can secure their confidence when others fail." —Alcoholics Anonymous, p. 89*

"Practically every A.A. member declares that no satisfaction has been deeper and no joy greater than in a Twelfth Step job well done. To watch the eyes of men and women open with wonder as they move from darkness into light, to see their lives quickly fill with new purpose and meaning, to see whole families reassembled, to see the alcoholic outcast received back into his community in full citizenship, and above all to watch these people awaken to the presence of a loving God in their lives—these things are the substance of what we receive as we carry A.A.'s message to the next alcoholic." —Twelve Steps and Twelve Traditions, pg 110* It is suggested that AA members who would like to be on the 12-Step Call Volunteer list have at least 1 year of sobriety, belong to a home group and have a sponsor. Please contact Central Office to be included in our 12-Step Call Volunteer List. Call us: (828-254-8539) Monday-Friday 10:00am–1:00pm, email us: info@ ncmco.net or check our website for more information and a printable volunteer form: www.aancmco.org/12thstep-call/

* Reprinted with permission from G.S.O. published and online materials

The Birthday Plan – Contributions to G.S.O.

For many years, A.A. members have celebrated

their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around



the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge. (Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes are available for free at Central Office.

We also have envelopes for Birthday/ Anniversary Contributions to the Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!

CONTRIBUTIONS January 2017

Januar y 2017	Jan 2017
3 Legacies Group 709-522	\$50.52
Agnostics, Atheists & Freethinkers AA Group	\$100.00
Anonymous	\$63.06
AVL Women's Big Book Step Study 703-990	\$109.00
At Wit's End Group	\$34.71
Back to Basics Grp - Weaverville 147-139 Big Town Group 671-200	\$50.00 \$251.85
BYOC - Bring Your Own Coffee	\$94.50
Cashiers Valley Grp 122-589	\$264.93
Day by Day Group 159-058	\$587.50
Early Bird Group 612-780	\$69.00
Great Fact Group	\$30.00
Happy Hour Group - Waynesville	\$30.00
Hendersonville Group	\$88.00
High Noon Group 689-080	\$75.00
Joy of Living - Brevard 669-820 Mars Hill Group 130-895	\$100.00 \$200.00
Mid Day Grp (Hendersonville) 143-420	\$200.00 \$88.19
Mountain View Grp (Highlands) 110-598	\$409.07
Newland Serenity (Linville Mtg.)	\$2.70
Recovery by the River 674-892	\$123.55
Safe & Sound 645-654	\$200.00
Saturday Morning Men's Meeting	\$35.00
Serenity Services 110-498	\$25.00
Skyland 12&12 Group	\$80.00
Speed Bump Group 512-851	\$100.00
Tryon Monday 5:30 Meeting	\$65.00
United With Hope Group 719-052 Waynesville Grace Group 110-692	\$105.00 \$800.00
We Are Not Saints Group	\$30.00
Women's Grapevine Meeting	\$30.00
Women of Grace	\$50.00
Total Group Contributions:	\$4,341.58
Individual Contributions:	
Anonymous	\$5.17
In Memory of B.G.	\$10.00
Total Individual Contributions:	\$15.17
Total Birthday Contributions:	\$0.00
Mountain Doin's Subscriptions:	\$0.00
Grand Total	\$4,356.75

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you for your generous support!

Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.



MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Bat Cave: Keep Coming Bat Group: Sunday 11:30pm (O,BB,D); third Sunday (O,SP) Episcopal Church of the Transfiguration, 106 Saylor Lane, off Hwy 74A, Bat Cave 28710

Hendersonville: Meditation Mondays: Monday 6:30pm (O,ES/MT) Cox House, 723 N Grove St, Hendersonville 28792

Meeting Changes: Whittier: Sisters in Sobriety Group: (W,C,BB) United Methodist Church, 150 Church Rd, Whittier. Was meeting on Friday at 6:00pm; as of March 2 will change to Thursday at 6:00pm.

Otto: AWOL Group: Saturday 10:00am (O,D) Asbury Methodist Church. Address correction: 81 Fireside Rd, approximately 8 miles south of Franklin off Hwy 441S, Otto 28763

Discontinued Meetings:

Sylva: Brown Bag Group: Wednesday noon. Loves Chapel UMC, 801 Ashe Loop Rd, Sylva. (O,D) Meeting was discontinued as of mid-February.

Meeting Spaces Available:

 St. George's Episcopal Church, One School Road, Asheville, 28806 has space and times available for meetings.

 1st Christian Church, 470 Enka Lake Rd, across from high school, Enka-Candler area. Available all days except Sunday morning & afternoon. Handicap accessible.

 Barnardsville United Methodist Church, 7 Church Hill Rd (off Dillingham Rd). Fellowship Hall can seat 30-40 people. Smaller room in parish house available in future.

For contact information call Pam at Central Office - 254-8539.

Meeting Format Codes

(All meetings are non-smoking unless noted otherwise.)

As Bill Sees It Discussion AB

- Agnostics AG
- AN Anniversary
- BB **Big Book Study**
- BBSS Big Book Step Study - 1¹/₂ hrs
- BG **Beginners**
- С Closed
- D Discussion
- DR **Daily Reflections**
- ES **Eleventh Step**
- G Gav
- GV Grapevine
- HA Handicap Accessible
- LS Literature Study
- Μ Men only
- Meditation MT
- NC No Children
- 0 Open to anyone
- SL Speaker Lead
- SN Spanish
- Smoking SM
- SP Speaker
- Step Study SS
- TR **Tradition Study**
- Women only W

The Service Express

April newsletter deadline for sending in announcements is March 15th.

District 70: ashevilleaa.org

Next District 70 GSR Meeting - usually held the 2nd Sunday of the month. The next meeting is scheduled for March 12, 2:30pm, at St. Luke's Episcopal, 219 Chunns Cove Rd, Asheville.

All service positions in District 70 have now been filled! But the Buncombe County Corrections Facility is in need of support for A.A. meetings in the jail for men. If you are interested in helping out attend the next GSR Meeting and/or the Service Committees Meeting to find out more about this service.

Service Committees Meeting – held the last Tuesday of odd-numbered months. Next meeting is Tuesday, March 28, 6:00pm, at Trinity Episcopal Church, 60 Church St, Asheville 28801.

Bridging the Gap (with treatment facilities) Attend the Service Committees Meeting or contact the TFC Chair at www.ashevilleaa.org; the BTG Chair or cocoordinator at bridgingthegap.asheville@gmail.com or www.btgww.org

District 71:

GSR Meeting - held the 2nd Saturday of oddnumbered months. The next meeting will be

Saturday, March 11, 1:00pm at 1620 Willow Rd, Hendersonville. All interested AAs are invited to attend.

District 71 is in need of a Secretary, Grapevine Chairperson and H&I (Hospitals & Institutions) Committee Chairperson. If you are interested in one of these service positions please attend the meeting in March.

Correction Facilities Committee meets the 2nd Saturday of even-numbered months. Next meeting: Saturday, April 8, 1:30pm, 1620 Willow Rd, Hendersonville.

The Corrections Committee is still in need of men volunteers to go into the Henderson County Detention Center. District 71 volunteers go in on Monday nights at 7pm. The Henderson County jail requires a training (1-2hr) that everyone must attend before entering the jail. They just had a training in January but hopefully there will be another in the next few months. All who are interested in participating in this vital service please attend the Corrections Committee meeting in March or call Central Office – 828-254-8539 – for contact information.

District 80: aawnc80.org

GSR District Meeting will be Sunday, April 23, 1:30pm, Jackson County Family Resource Center, 1528 Webster Rd. Webster, NC 28788.

All positions in District 80 have been filled but there is a concern about the lack of 12-Step Call Volunteers especially in some areas. The Murphy Central Office only covers a small area. And while the NC Mountain Central Office covers all of Districts 70, 71 and 80 there is a shortage of volunteers on the 12-Step Call list in the counties within District 80. All who are interested in this service are encouraged to call Central Office – 828-254-8539 – or check the website: <u>www.aaNCMCO.org</u>

CORs / NCMCO: aancmco.org Next NCMCO Board Meeting:

Thursday, March 9, 6:00 pm, 70 Woodfin Place, Suite 212, Asheville, 28801

Next combined COR/NCMCO Board Meeting: Thursday, April 13, 6:00 pm, 70 Woodfin Place, Suite 212, Asheville, 28801

<u>SPECIAL MEETINGS AND</u> <u>EVENTS</u>

NOTE: NCMCO is not responsible for the content of posted flyers or external internet links.

"Freedom from Bondage XXIX" – Area 51 AA

Corrections Conference. March 10-12. Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28312 (just off US 15-501 Hwy) For more information, email: <u>corrections@aanorthcarolina.org</u> (see flyer)

Spring Annual Housecleaning Spiritual Retreat for AA and Al-Anon. March 10-12. Lake Yale, Leesburg, FL. For more information and registration form, visit website: <u>www.</u> retreatforaa-alanon.com

14th Anniversary of the Fellowship Group.

March 18. Starting at 5:00pm – group will provide Fried Chicken with Southern dishes and desserts. Speaker at 6:30pm. Calvary Episcopal Church, 2840 Hendersonville Rd, Fletcher 28732 (across from the Fletcher Ingles) (see flyer)

District 71 Events Committee Presents... Recovery Theatre - "A Traditions Play"

– Saturday, March 18. Fellowship: 7 pm;
 Showtime: 7:30 pm. Location: Church of
 the Nazarene, 111 North Washington Street,
 Hendersonville, NC 28739. Dessert & Coffee Bring a dessert to share!

62nd Anniversary of West Asheville Group.

March 25. Doors open at 6:30pm; eating at 7:00pm (Bring a dish to share if you can; drinks provided by the group); speaker at 8:00pm. Abernethy United Methodist Church, 1418 Patton Ave, Asheville 28806. (see flyer)

2017 Area 51 Western Pre-Conference.

Sunday, April 9, 2017 1:00 PM to 5:00 PM. Hopewell Presbyterian Church, 10500 Beatties Ford Rd, Huntersville 28078 (see flyer)

22st Annual Oak Island Lighthouse Retreat.

May 12-14. Oak Island, NC. For more information and registration form, visit website: <u>www.oakislandlighthouseretreat.com</u>

Southeast Woman to Woman Conference – "Secrets Women Don't Share." August 18-20. Plaza Resort and Spa, 600 North Atlantic Ave, Daytona Beach, FL 32118. For more information and registration form, visit website: <u>www.</u> <u>sewomantowoman.org</u>

For NC Area 51 Conferences and Events go to: <u>www.aanorthcarolina.org</u>

For other events around the country/world go to the www.aa.org website – Box 4-5-9 Bulletin Board: <u>www.aa.org/newsletters/en</u> <u>US/en_box459_holiday16.pdf</u> Join us for The Fellowship Group 14 Year Anniversary Celebration March 18 at 5pm



The group will be providing Fried Chicken served with our favorite Southern Dishes and Desserts.

There will be a Speaker at 6:30 pm.

George K. has 45 years of sobriety and was an original member of The Fellowship Group.

Calvary Episcopal Church 2840 Hendersonville Rd. Fletcher

(Across from the Fletcher Ingles)





"FREEDOM FROM BONDAGE XXIX" Area 51 AA Corrections Conference

March 10, 11 & 12, 2017

Hampton Inn & Suites 200 Columbus Dr. Aberdeen, NC 28315 (Just off US 15 501 Hwy)

Pre-registration for conference

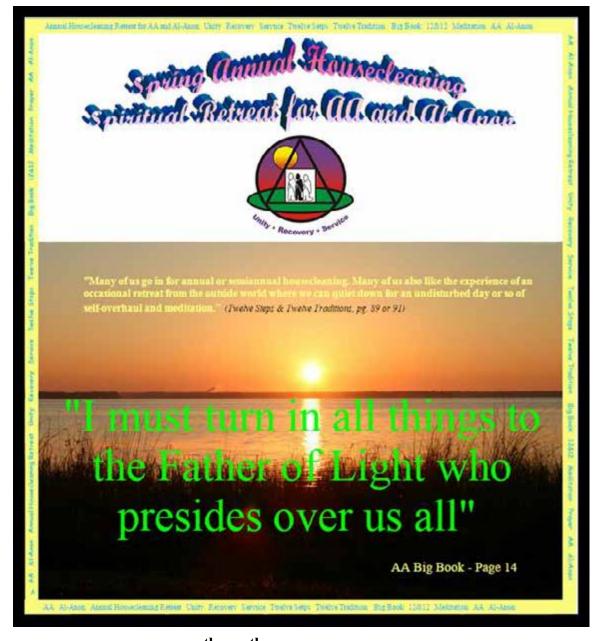
\$15.00 per person before February 24, 2017 \$18.00 at the door

Hotel registration

Hampton Inn & Suites 200 Columbus Dr. Aberdeen, NC 28315 Room reservations: (910) 693-4330 -or- online at: <u>http://hamptoninn.hilton.com/en/hp/groups/</u> <u>personalized/S/SNPNCHX-FFB-</u> <u>20170310/index.jhtml?WT.mc_id=POG</u> Code: *FFB* Rate: \$96-Standard Room, \$106-Studio Suite Cut-off for special rate: February 22, 2017 <u>Agenda</u>
Speakers
Panels
Workshops
Fellowship
All the coffee
you can drink!
"Sweet Thangs"

E-mail: corrections@aanorthcarolina.org 919-819-2807

Name:		Fr Are Pre-registra N	Make checks payable to: CFC and mail to CFC P.O. Box 263 Angier, NC 27501		
Name:		N	ame on Badge:		
Address:			City:	State:	Zip:
Telephone: ()	5-1	E-mail:		
# of AA's:	_				



When – March 10th-12th 2017 Whene J also Valo J coschurg EL (S

Where – Lake Yale, Leesburg FL (See map - central FL) Website – www.retreatforaa-alanon.com

* Website has on-line registration and Printable registration form Contacts available on web page

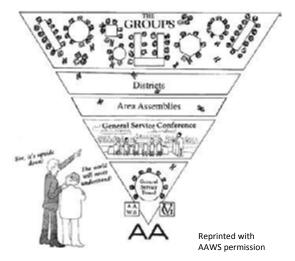


2017 Area 51 Western Pre-Conference

Sunday, April 9, 2017 1:00 PM to 5:00 PM

Hopewell Presbyterian Church 10500 Beatties Ford Road Huntersville, NC 28078

Greet and Meet: 1:00 TO 1:30 LUNCH provided: 1:30 TO 2:00 Discussion on Agenda Items: 2:00 TO 4:00 Discussion Results / Q&A Period: 4:00 TO 5:00



Express Gratitude Through General Service Join us as we offer experience, strength, and hope to GSC agenda items. Afterward, we will share with our Area 51 Delegate. An informed Area Delegate will ensure that our voice is heard at the General Service Conference; held later in NYC.

From Charlotte: Take I-77 North to exit 18, Turn Left and follow to stop light at Mt Holly-Huntersville Road. Turn Left. Go to Beatties Ford Road and Turn Right. Follow Beatties Ford Road until you reach Hopewell Presbyterian on the Right.

From Statesville: Take I-77 South to exit 23, Turn Right and follow to McCoy Road. Turn Left and follow to Beatties Ford Road. Turn Right. Follow Beatties Ford Road until you reach Hopewell Presbyterian on the Right.

From the Western Mountains: Take I-40 East to exit 123 (321 South). Follow the ramp by staying right and proceed on 321 South to Exit 24 (Highway 150/27 (Lincolnton). Turn Left off ramp, stay right and follow 27 out of town and make a left on 73 East. Follow 73 East past the Nuclear Power plant and turn Right on Beatties Ford Road. Follow Beatties Ford Road until you reach Hopewell Presbyterian on the left. Enter the church from the 2nd parking lot.

Contact your DCM from Districts 11,12,13,14,15,17,21,42,43,44,70,71,and 80.

For more info contact: Clayborne T., District 41 DCM Tel: 980-263-7091 email: <u>CThomas12167@gmail.com</u> Kevin A., District 41 Alt/DCM Tel: 704-877-2500 email: <u>KAustin7458@aol.com</u>



ASHEVILLE 12 STEP RECOVERY CLUB

2017 Dinner and Workshop Series

Sunday, February 26th - **"Sponsorship"** with Steve S.

Sunday, March 26th - **"MINDFULNESS AND THE 12 STEPS"** with Brack J., PhD, LPC, CCS, LCAS, RN, LMBT

Sunday, April 30th – **"Relapse Prevention"** with Lisa W., MBA, CSAC-R

3:30 PM: WORKSHOP

5:00 PM: DINNER & FELLOWSHIP

6:00 PM: AA MEETING

Join us for food, fellowship, and an informative workshop series designed to help your recovery flourish!





Come Celebrate With Us! Saturday March 25th 62 Years

WEST ASHEVILLE GROUP

6:30pm – Doors Open 7:00pm – Eating Bring a covered dish to share. Drinks will be provided by the group. 8:00pm – Speaker

Abernethy United Methodist Church 1418 Patton Ave Asheville, NC 28806

If you can't bring anything, bring yourself and come celebrate with us!

Does your group have a

COR?

(Central Office Representative)

What is a Central Office Representative and What are their Duties?

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship with AA General Service Districts. CORs are responsible for voting their group's conscience at COR meetings and to inform the NCMCO Board about any concerns of their AA home group. The CORs try to keep their home groups informed about what the Central Office is doing. CORs are responsible for participating in the quarterly COR meetings, to share their home groups' experiences in carrying the AA message and express how NCMCO may better serve the area's AA Community.

Please check our website:

www.aancmco.org

for the date & location of the next scheduled COR meeting.



quest: (Roomate, etc.)	Name Tag Name Tag	_ Email Email	Phone Phone	CityStateZipCity	Address Address	Name 1 M F Name 2	Registration - Fill out for EACH person you are registering - <u>Cut out form and mail (with your payment) to Oak Island Lighthous</u>			Great Recovery &	Our seaside accommodations are just steps to the beach.	we are on une grounds of rote caswerr which is listed in the National Register of Historic Places and dates back to the 1830's.	together. We are on the grounds of Fort (asswell	Intimate setting, at the tip of Oak Island, where the Cape Fear River	The Oak Island Lighthouse Retreat celebrates each year in a small -	May 12	Oak
TOTAL ENCLOSED	Per Person	3-Day Registration - \$30.00		StateZip Deposit of \$87 Per Person	Complete Plan - \$177.00 or	M F REGISTRATION TYPE # PERSONS TOTAL \$	Registration - Fill out for EACH person you are registering - Overnight Stay or 3-Day Registration Cut out form and mail (with your payment) to Oak Island Lighthouse Retreat, PO Box 235, Oak Island, NC 28465	Speakers : Jerry S Greensboro, NC AA (Friday Night) • Mary Ann T Jamestown, NC AFG (Saturday Morning) • Bob M Greenville, SC AA (Saturday Night) • Libba M Greenville, SC AA (Sunday Morning)	www.oakislandlighthouseretreat.com	REGISTER and PAY ON-LINE (Secure PAYPAL) Download and print rejustration forms at	• Three AA Speaker meetings • Al-Anon Speaker meeting • Ice Cream Social • Music • Tour of Fort Caswell	Day Registration - \$30.00 per/person • No Meals Includes all meetings & functions for the weekend	\$177.00 per/person	Two Night Stay • Five Meals	Complete Plan	May 12, 13, 14, 2017 Fellowship & Serenity at the Sea	Dak Island Lighthouse Retreat

Overnight Registration: Lodging is motel-style. Friday check-in is at 4 p.m. Dinner is at 6 p.m. First meeting is 8 p.m. Deposits are non-refundable after May 1st. Advance payment of Day Registration fee is encouraged as meeting space may be limited. Make Checks Payable to: Oak Island Retreat

Southeast Woman to Woman Conference

www.sewomantowoman.org

<u>Speakers:</u> Jessica S – Daytona Cathy W - Chicago Estelle J W - Atlanta *"Secrets Women Don't Share"* (This conference is hosted by and for sober Alcoholic and Al-anon Women)

August 18-20, 2017

Meditation Karaoke Raffle Luau

"Surrender in the Sunset"

The Plaza Resort and Spa

600 North Atlantic Avenue, Daytona Beach, Florida 32118 Reservations can be made by calling: 866-500-5630 (mention Southeast Women Conference) **Registration:** \$25 per person (January 1, 2017- February 28, 2017) \$30 per person (March 1-August 5) \$35 per person at the door (money order or cash) **Room Rates:** (tax & resort fee included in prices; prices are per night) *Rooms Blocked for Conference:* Plaza View: \$122.63; Ocean View: \$145.13; *First Come First Served Rooms:* Ocean Front: \$167.63; Studio/Suites: \$208.13 **Contacts: Candice D. (**404-399-3969) **Pat S.** (404-702-9035) **Rebecca J.** (404-492-4843) *** This conference is only for registrants; No children allowed at conference events ***

						PayPal
Registration Form (please print clearly)						VISA Construction
NO REFUNDS						
Name:		Nam	e on Bac	lge:		
Address:		So	briety D	ate:		
City:					Zip Code	:
Phone:	Email:					
Special Needs:						
Pre-Registered in Asheville? (Y/N)Registratio	n Fee \$	Scho	larship [Donation \$	AA	Al-Anon
Buffet Banquet (\$45) (Y/N) T-Shirt (\$15) SN	ЛLXL	2X	_3X\	Nater Bottle	or Mug (\$1	0) WBM
Total Amount Enclosed (Checks/mon	ey orders paya	able to: S	SE Wom	nan to Wom	an)	$\langle \Lambda \rangle$
(Mail to: P.O. Box 5451, Atlanta, GA 31107)						Las