



(828) 254-8539

Office Hours
10:00am - 1:00pm
Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Sobriety and Service

The joy of living was promised to me as a result of working and living the 12 steps of Alcoholics Anonymous. I did not know how honest, willing, and fearless I needed to be to write a 4th step inventory and to share it with a God of my understanding and another person in my 5th step. What on earth was that going to do for me? Yes, I needed help, but I wanted to tell you how to help me. After all, I knew myself better than you did. What I did not know was that until I let go of all the things I thought I knew for an open mind, and for the courage I would need to look at the exact nature of my wrongs, I would never be of value to myself much less another suffering alcoholic. I did not know that I must learn to trust and rely on a power greater than myself in order to heal spiritually, physically and mentally. In the chapter "We Agnostics" of the book *Alcoholics Anonymous* I was given a choice. It is written that God is everything or is nothing...God is or He isn't. My choice.

What was it going to be? I knew that my life was a mess caused by a willful selfish person. I became willing to surrender to something greater than me. When I sincerely committed myself to doing God's will with the Third Step, I was on my way in preparation to carry the message of hope that was so freely given to me.

Many years have passed since I made that initial commitment. I was transformed by my Higher Power from a woman who would not lift a finger to help another person unless there were accolades and compliments on what a wonderful and important person I was. After all, did you not know how important I thought I was? In the early years of my sobriety I cleaned ashtrays, did a little service work and halfheartedly sponsored some women. I was all show and very little action.

After many years of being stark raving sober and driven by the Bedevilment, I hit a spiritual bottom... a darkness that I never want to re-experience. At the time picking up a drink did not enter my mind. Anger, resentment, fear and thoughts of suicide were constant companions. I became desperate. I asked God to please help me. Help came in the way of a sponsor who led me through the Big Book word for word and sentence for sentence, looking up definitions and working the steps as they are laid out in the book..a Design for Living.

Wonderful things started to happen. I became less interested in myself and started reaching out to suffering alcoholics in and out of the rooms. I sponsor women the way that I am sponsored. Service has become the most important aspect of my sobriety. I support meetings in the prison and I sponsor an inmate(female) and have been taking her through the steps very slowly for the past year and a half. I help to bring meetings to the local detox unit. I have been on 12 step calls when asked. I also serve my home group and district when I can.

(Continued Inside)

**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison
October 2016**

	Oct 16	Jan - Oct 16
Ordinary Income/Expense		
Income		
Contributions		
Birthday Contributions	0.00	513.00
Group Contributions	3,294.60	23,713.24
Individual Contributions	26.00	351.80
Total Contributions	3,320.60	24,578.04
Interest on Money Market	0.68	6.67
Sales Income		
Literature & merchandise	2,704.24	25,395.16
Shipping to groups	36.50	375.34
Total Sales Income	2,740.74	25,770.50
Total Income	6,062.02	50,355.21
Cost of Goods Sold		
Discounts	0.00	-108.56
Freight - vendor shipping	81.87	587.79
Literature & merchandise	2,150.52	20,629.26
Total COGS	2,232.39	21,108.49
Gross Profit	3,829.63	29,246.72
Expense		
Charitable Contributions	0.00	0.00
Copier Rental	168.72	1,746.29
Editor	120.00	1,200.00
ICOAA Conference	0.00	373.20
Insurance Expense	601.42	601.42
Office Expenses	20.00	364.55
Office Supplies	7.56	266.80
Payroll Expenses		
Payroll Taxes	82.62	920.26
Processing	5.25	56.00
Salary	1,080.00	11,480.50
Total Payroll Expenses	1,167.87	12,456.76
QuickBooks Expenses	0.00	196.88
Reconciliation Discrepancies	0.00	-0.01
Rent	519.00	5,145.00
Sales Tax Paid to Vendors	12.07	140.17
Shipping to groups	35.14	365.54
Stamps/Postage	77.47	706.19
Telephone & Internet		
Answering Service	117.00	1,121.50
Office Telephone/Internet	140.98	1,463.74
Total Telephone & Internet	257.98	2,585.24
Vendor Discount	0.00	-1.89
Total Expense	2,987.23	26,146.14
Net Ordinary Income	842.40	3,100.58
Other Income/Expense		
Other Expense		
Buncombe Co. Prop.Tax 2015	0.00	23.84
Inventory Adjustment	0.00	0.12
Total Other Expense	0.00	23.96
Net Other Income	0.00	-23.96
Net Income	842.40	3,076.62



December Grapevine is now available!

This month, we feature stories about Remote Communities in AA, as well as a few Holiday stories



www.aagrapevine.org

Cash on Hand as of 10/31/16
 Money Market (Prudent Reserve)
\$8,040.70
 Operating Account (Checking)
\$6,348.56
 Rent Deposit **\$400.00**
 Petty Cash **\$50.00**

Call & Visitor Log

October 2016

- 12 Step Calls – 6
- General Info – 2
- Family Help – 3
- Meeting Info – 14
- Central Office Business – 23
- Medical/Detox – 0
- Visitors – 67



Answering Service (Operator-Asst) – 139 minutes (September)
 After-hours Phone Volunteers - 3 calls (October)



ANNIVERSARIES



Acceptance Group

Jack K.	12-07-1982	34 yrs
Derek Z.	12-09-2012	4 yrs
Mark P.	12-12-2010	6 yrs
Nancy H.	12-17-2005	11 yrs
Misha	12-22-2010	6 yrs
Missed in November:		
Phyllis N.	11-27-1989	27 yrs

AVL Big Book Step Study Group

LeeAnn M.	12-12-2009	7 yrs
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AVL Women's Big Book Step Study Group

Kathy H.	12-09-1994	22 yrs
Linda F.	12-12-1986	30 yrs

At Wit's End Group

Jamie S.	12-16-1995	21 yrs
Ryan S.	12-20-2014	2 yrs
Jody B.	12-31-2014	2 yrs

Back to Basics Group

Tom H.	12-19-1975	41 yrs
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Black Mountain Group

Sean A.	12-16-1934	32 yrs
Bill C.	12-24-1989	27 yrs
Hans P.	12-26-2015	1 yr

Brevard Serenity Group

Ben G.	12-18-2011	5 yrs
Joe W.	12-20-2000	16 yrs
Ronnie S.	12-24-2015	1 yr
Tommy G.	12-25-2004	12 yrs

Conscious Contact

Joe T.	12-08-1996	20 yrs
Shannon	12-12-1998	18 yrs
Jennye J.	12-25-1985	31 yrs

Cumberland Group

Jim H.	12-01-1982	34 yrs
Joey K.	12-08-2008	8 yrs
Lynne K.	12-16-2006	10 yrs
Carolyn B.	12-18-1993	23 yrs
Lloyd W.	12-29-1986	30 yrs

Fellowship Group

George K.	12-14-1971	45 yrs
Janet B.	12-20-1987	29 yrs
Joe V.	12-25-2015	1 yr

Grace Group

Jim H.	12-01-1982	34 yrs
Chuck W.	12-10-2008	8 yrs
Carter M.	12-17-2006	10 yrs
Ryan G.	12-26-2007	9 yrs
Mark M.	12-28-2003	13 yrs
Lloyd W.	12-29-1986	30 yrs
Duke B.	12-31-2015	1 yr

Happy Hour Group

Susan L.	12-07-2015	1 yr
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Hendersonville Group

David W.	12-03-1985	31 yrs
MaryJo L.	12-08-2000	16 yrs
Rob G.	12-22-2015	1 yr
Chris K.	12-26-1985	31 yrs

Leicester Group

Jo R.	12-31-2007	9 yrs
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Pheonix Group

Carolyn B.	12-17-1993	23 yrs
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Serenity Seekers Group - Marion

Joe T.	12-12-1977	39 yrs
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Total Surrender Group

Kyley C.	12-20-2014	2 yrs
Jennifer D.	12-28-2001	15 yrs

Traditional Group

Matthew L.	12-07-2014	2 yrs
Kent H.	12-20-2012	4 yrs
Beth P.	12-25-2010	6 yrs

United with Hope Group

Jan N.	12-07-1981	35 yrs
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Waynesville Grace Group

Lee M.	12-16-1998	18 yrs
Chuck B.	12-18-1981	35 yrs
Jennifer L.	12-29-2015	1 yr

Women of Grace

Heather B.	12-02-1984	32 yrs
Marjorie T.	12-05-1978	38 yrs
Sarah G.	12-08-2015	1 yr

Need to update your
Group's anniversary list?
Call Central Office - 828-
254-8539 - or send a new
list to: info@ncmco.net



(continued from front cover)

The central office can always use volunteers and I try to help out. It is an opportunity to meet other AA members who volunteer on all levels of service and who share with me their own experience and hope as they pay it forward in the true spirit of Alcoholics Anonymous.

On the second evening of my sobriety I was sitting on the stairs to my home wondering what I had gotten into now. The father of one of my children's playmates stopped by to talk to me. He was in AA and he held his hand out to me and welcomed me to the greatest adventure of my life. 37 years later I still remember his kind words and I thank God to this very moment for him and for my years of sobriety one day at a time.

Anonymous

Thank You from the Corrections Workshop Co-Chairpersons

We would like to thank everyone involved in making the Corrections Workshop a success. Without your help this workshop would not have happened. Volunteers showed up early to help set up the room and clean up with some of the staff of Grace Episcopal Church in the Mountains. Law enforcement employees from Macon and Haywood counties and Craggy Correctional Facility spoke. AA speakers shared their experience, strength and hope that they received while incarcerated in jails and prisons. They expressed their gratitude for being able to attend meetings "Inside" and for the AA volunteers who carried the message to them. It is impossible to express our deep gratitude to everyone who attended this workshop. Your time, energy, and enthusiasm were awesome. Thank you!!

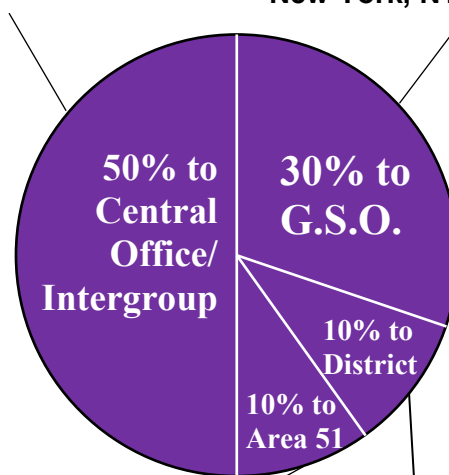
Kris S. & Terry G.
Co-Chairpersons

Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place
Suite 206
Asheville, NC 28801

General Service Office
Grand Central Station
PO Box 459
New York, NY 10163-0459



Area 51 NCGSC
Treasurer
PO Box 10931
Raleigh, NC 27605

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
3486 Silver Creek Rd
Mill Spring, NC 28756

District 80 Treasurer
91 Lullwater Cove
Cullowhee, NC 28723



CONTRIBUTIONS

October 2016

	Oct.	YTD/2016			
			Original Way Group		\$7.00
			Pisgah Group		\$338.91
			Recovery at 6		\$40.00
			Recovery by the River 674-892	\$169.40	\$543.46
11-11-11 Meeting		\$88.00	Rule 62 Group		\$294.06
12 & 12 Study Group		\$98.00	Safe & Sound 645-654		\$100.00
2nd Chance Group - Cherokee		\$200.00	Saluda Back to Basics Group		\$40.00
4th Dimension Group		\$50.00	Saturday Morning Men's Meeting	\$75.00	\$390.00
Acceptance Group 122-477	\$689.77	\$1,255.63	Serenity Now - Bryson City		\$75.00
Anonymous	\$170.00	\$886.80	Serenity Seekers - Marion	\$87.50	\$87.50
Around the Room Group		\$59.56	663-204		
AVL Big Book Step Study Grp 637-843	\$68.75	\$68.75	Serenity Services 110-498	\$25.00	\$250.00
AVL Women's Big Book Step Study		\$62.00	Skyland 12&12 Group	\$53.00	\$275.00
703-990			Skyland Big Book Group 693-372	\$100.00	\$125.00
At Wit's End Group	\$50.40	\$247.80	Sunshine AA Group 163-759		\$100.00
Back to Basics Grp - Weaverville		\$200.00	Surrender Group - Black Mtn.	\$120.00	\$445.00
147-139			The Principles Group 675-162	\$28.00	\$63.75
Big Town Group 671-200		\$736.28	Total Surrender Group		\$200.00
Black Mountain Group 117-117		\$84.00	Tryon 12 & 12 Group 690-877		\$21.78
BYOC - Bring Your Own Coffee	\$69.36	\$512.71	Tryon Monday 5:30 Meeting	\$70.00	\$300.00
Candlelight Meeting		\$25.00	United With Hope Group 719-052	\$63.00	\$206.00
Candler KISS Group 163-148	\$99.00	\$374.00	Waynesville Grace Group 110-692		\$1,600.00
Cashiers Valley Grp 122-589	\$229.50	\$783.78	We Think Not Group 700-411		\$128.50
Chunn's Cove Men's Association		\$55.00	Women of Courage	\$264.00	\$503.75
Conscious Contact (Asheville)		\$1,582.12	Women of Grace	\$35.00	\$126.00
Cumberland Group 122-472		\$75.00	Women of Principles		\$40.00
Daily Decisions 643-869		\$660.00	Working at Recovery	\$68.50	\$68.50
Daily Reflections - Fletcher 709-852		\$118.45	Young People's Group 645-646		\$230.17
Daily Reprieve - from fear to Faith	\$100.00	\$100.00			
Day by Day Group 159-058		\$1,571.00	Total Group Contributions:	\$3,294.60	\$23,713.24
Dry Dock Group		\$40.00			
Early Bird Group 612-780		\$62.00	Individual Contributions:		
Fellowship Group 655-542		\$150.00	Anonymous		\$35.80
Fireside Group 655-046		\$260.00	Bob P.		\$200.00
Good Livers Group 666-360		\$225.00	Laurie W.	16.00	\$16.00
Grace Group of Asheville 161-970		\$1,358.12	In Memory of B.G.	10.00	\$100.00
Happy Hour Group 169-182		\$74.11			
Happy, Joyous & Free Group		\$75.00	Total Individual	\$26.00	\$351.80
Hendersonville Group	\$17.50	\$157.00	Contributions:		
High Noon Group 689-080		\$210.00	Birthday Contributions:		
Higher Power Tower Hour	\$75.00	\$185.00	Anonymous		\$272.00
Joy of Living - Blk Mtn 629-397		\$220.00	Chuck A.		\$20.00
Joy of Living - Brevard 669-820		\$125.00	Elizabeth H.		\$20.00
Kanuga Group 645-767	\$62.00	\$181.00	Monica G.		\$170.00
Lambda Group 617-035		\$209.00	Sandy F.		\$31.00
Leicester Group 143-417		\$100.00			
Library Group 672-283		\$50.00	Total Birthday Contributions:	\$0.00	\$513.00
Love & Share Group 716-957	\$12.00	\$373.82	Mountain Doin's Subscriptions:	\$0.00	\$0.00
Maggie Valley Group 158-950		\$50.00			
Mars Hill Group 130-895		\$200.00	Grand Total	\$3,320.60	\$24,578.04
Marshall Group 110-489		\$60.00			
Men's Attitude Adjustment Grp 670-805		\$100.00			
Mid Day Grp (Hendersonville) 143-420	\$131.59	\$1,093.75			
Mill Spring Group		\$15.00			
Monday Night Open Meeting		\$310.40			
Mountain View Grp (Highlands) 110-598	\$311.33	\$982.00			
New Freedom Group 700-124	\$50.00	\$350.00			
Newcomers Group - Flat Rock		\$0.08			
Newland Serenity (Linville Mtg.)		\$3.70			

Note: If you think there is a contribution missing from your group total, please let us know. Though we try our best to get donations listed correctly, we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you for your generous support!

MEETING UPDATES:

Districts 70 • 71 • 80

New Meetings:

Franklin: New Hope Group: Tuesday 6:30pm.
(W,O,BB,HA) St. Cyprian's Episcopal Church,
216 Roller Mill Rd, Franklin 28734

Meeting Changes:

Asheville: Bill's Kitchen: (M,C,LS) Meeting has changed time and location. Now Sunday at 7:00pm. Used to meet at Mills River House; new location: 370 North Louisiana Ave, Unit C4 (in the same complex but NOT the same unit as the Asheville 12 Step Club which meets in G4.)

Meeting Spaces Available:

- St. George's Episcopal Church, One School Road, Asheville, 28806 has space and times available for meetings.
- 1st Christian Church, 470 Enka Lake Rd, across from high school, Enka-Candler area. Available all days except Sunday morning & afternoon. Handicap accessible.
- Barnardsville United Methodist Church, 7 Church Hill Rd (off Dillingham Rd). Fellowship Hall can seat 30-40 people. Smaller room in parish house available in future.

For contact information call Pam at Central Office – 254-8539.

Meeting Format Codes

(All meetings are non-smoking unless noted otherwise.)

AB	As Bill Sees It Discussion
AG	Agnostics
AN	Anniversary
BB	Big Book Study
BBSS	Big Book Step Study - 1½ hrs
BG	Beginners
C	Closed
D	Discussion
DR	Daily Reflections
ES	Eleventh Step
G	Gay
GV	Grapevine
HA	Handicap Accessible
LS	Literature Study

M	Men only
MT	Meditation
NC	No Children
O	Open to anyone
SL	Speaker Lead
SN	Spanish
SM	Smoking
SP	Speaker
SS	Step Study
TR	Tradition Study
W	Women only

The Service Express

January newsletter deadline for sending in announcements is **December 15th**.

District 70: ashevilleaa.org

Next **District 70 GSR Meeting** - usually held the 2nd Sunday of the month. The next meeting is scheduled for **Sunday, December 11, 2:30pm**, at St. Luke's Episcopal, 219 Chunn's Cove Rd, Asheville

District 70 is still in need of new Secretary and District 70 Trustee. If you are interested in either of these service positions please attend the meeting in December.

Area 51 is asking for feedback about the proposal to split District 70 into two Districts, as well as moving Mitchell Country from District 70 to District 11 and McDowell County from District 70 to District 12. Rutherford County would also be moved from District 15 to District 71. The proposals and map drafts are on the Area 51 website: www.aanorthcarolina.org. Ask your group's GSR or call Central Office (828-254-8539) for the member login name and password needed to access the "Ad Hoc Subcommittee on Redistricting" section of the website which has the summary of proposed changes, maps and feedback form. Electronic or written feedback is encouraged from all until 12/31/16.

Service Committees Meeting – held the last Tuesday of odd-numbered months. Next meeting is Tuesday, **January 31, 6:00pm**, at Trinity Episcopal Church, 60 Church St, Asheville 28801.

Bridging the Gap (with treatment facilities) Attend the Service Committees Meeting or contact the TFC Chair at www.ashevilleaa.org; the BTG Chair or co-coordinator at bridgingthegap.asheville@gmail.com or www.btgww.org

SPECIAL MEETINGS AND EVENTS

NOTE: NCMCO is not responsible for the content of posted flyers or external internet links.

District 70 Service, responsible for carrying the AA message into treatment centers, jails and prisons, now has a Google group. This will serve as a communication link for coordinators to announce what new service commitments are being made available. If you are interested in carrying the message into institutions this is a good way to see what opportunities there are. The group name is: District 70 service. To be added to the group or to post announcements, send emails to: district-70-service@googlegroups.com

District 71:

GSR Meeting – held the 2nd Saturday of odd-numbered months. The next meeting will be **Saturday, January 14, 1:00pm** at 1620 Willow Rd, Hendersonville. All interested AAs are invited to attend.

Correction Facilities Committee meets the 2nd Saturday of even-numbered months. Next meeting: **Saturday, February 11, 1:30pm**, 1620 Willow Rd, Hendersonville

District 80: aawnc80.org

GSR District Meeting will be **Sunday, January 15, 1:30pm**, Jackson County Family Resource Center, 1528 Webster Rd. Webster, NC 28788. District 80 is in need of a new Grapevine Chairperson. If you are interested in this position please attend the next meeting in January.

CORs / NCMCO: aancmco.org

Next NCMCO Board Meeting:

Thursday, December 8, 6:00pm at 70 Woodfin Place, Suite 212 (just down the hall from Central Office) Asheville, 28801.

Next Combined COR/NCMCO Board Meeting:

Thursday, January 12, 2017, 6:00 pm, 70 Woodfin Place, Suite 212, Asheville, 28801



- **Hendersonville Group Christmas and New Year Alcahons.** Christmas Eve & Christmas Day: Noon-11:00pm. New Year's Eve: Noon-8:00pm. From 9:30pm-1:00am: "We are Not a Glum Lot Whoopee Party" - Music, fun and conviviality! New Year's Day: Noon-11:00pm. On all days the meetings are on the even hours. Potluck buffet, desserts and snacks. 1620 Willow Rd, Hendersonville 28791 (see flyer)
- **New Year's Eve Celebration – hosted by 2nd Chance Group.** Doors open at 5:00pm on December 31 – celebration continues until 2017! Yellow Hill Community Center (The Old One) 810 Acquoni Road Cherokee, NC (Across from Dora Reed Children's Center) Everyone Welcome. Join us in bringing in the 2017 New Year with Sober Fun! (see flyer)
- **New Year's Eve Alcahion – hosted by Conscious Contact Group.** Doors open at 4:30pm on December 31 to set up. All are welcome to join in then. Meetings at 6:00, 8:00, and 10:00pm. 1-hour open discussion meetings with an hour break for food and fellowship between. Conscious Contact will be providing hors d'oeuvres, sandwich fixings and coffee. You are welcome to bring your favorite dish as well. N. Asheville Community Center, 37 E. Larchmont Rd, Asheville 28804 (see flyer)
- **2017 Space Coast Round-Up.** January 19-22. Port Canaveral, FL 32920. For more information and registration form see website: www.aaspacecoast.org (see flyer)

For NC Area 51 Conferences and Events go to: www.aanorthcarolina.org

For other events around the country/world go to the www.aa.org website – Box 4-5-9 Bulletin Board: www.aa.org/newsletters/en_US/en_box459_fall16.pdf



***Come One, Come All! Everyone Welcome! Join us in bringing in
the 2017 New Year with Sober Fun!***

***Yellow Hill Community Center
(The Old One) 810 Acquoni Road Cherokee, NC
(Across from Dora Reed Children's Center)***

Doors Open at 5:00pm, Saturday December 31st til 2017!

Bring Side Dishes or Dessert if you can.

2nd Chance will provide some basics including coffee!

All we need is you. And bring a friend!



*****Hendersonville Group Christmas and New Year*****

Alcathons

1620 Willow Rd. Hendersonville 28791

**Christmas Eve & Christmas Day
Noon-11:00pm. Meetings on the even hours**

**New Year's Eve - Noon-8:00pm
Meetings on the even hours**

**New Year's Day - Noon-11:00pm
Meetings on the even hours**

Potluck Buffet, Desserts and Snacks

**Join us from 9:30PM-1:00AM on New Year's Eve
for our**

**"WE ARE NOT A GLUM LOT
WHOOPEE PARTY"**

**Music, Fun and Conviviality Galore as we ring
in the New Year!**



New Year's Eve Alcathon!

Please join the Conscious Contact Group for fellowship, food and fun on New Year's Eve.

Meetings at 6:00, 8:00, and 10:00 PM
N. Asheville Community Center
37 E. Larchmont Rd, 28804

Meetings will be a 1-hour open discussion with an hour break for food and fellowship between them.

Conscious Contact will be providing hors d'oeuvres, sandwich fixings and coffee. Folks are welcome to bring their favorite dish as well. We will open the room at 4:30 PM to set up and all are welcome to join us then. We will clean up after the 10:00 meeting and be ready to close at 11:30 in time for the fireworks downtown.



January 19th
thru
January 22nd

2017

SPACE COAST ROUND UP

Doug R.

Tujunga, CA

Chris R.

Ingram, TX

Carla R.

Tujunga, CA

Ralph W.

Los Angeles, CA

Ellen C. (AFG)

Lubbock, TX

Chris S.

Bernardville, NJ



“...ROCKETED INTO A FOURTH DIMENSION”

ROUND-UP REGISTRATION

\$30/person thru Jan 2nd 2017

\$35/per person thereafter.

http://www.aaspacecoast.org/roundup_2017.htm

See Flyer back for details

HOTEL RESERVATIONS

Radisson Resort at the Port

8701 Astronaut Blvd.

Port Canaveral, Florida 32920

Room Rate: is \$107.00 + tax

1(800)333-3333 or 321-784-0000

www.radisson.com P.A.C. Code # BIGRU

Six really terrific speakers! AA and AL-ANON workshops & meetings, Sobriety Countdown, Hospitality Room, Extras include, Saturday Evening Banquet Buffet with the Speakers, other fun events, On-Site Recovery Store, Souvenirs, 2017 Round-Up Tee Shirts, Mugs and 50/50 raffle. Call Brevard Intergroup for more info at (321) 724-2247 or visit our website www.aaspacecoast.org