

# Mountain Doin's

JUNE 2016

(828) 254-8539

Office Hours  
10:00am - 1:00pm  
Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974



## Is Central Office part of AA?



*"Every A.A. member wants every alcoholic in the world to have the chance he had. Every A.A. member wants unity for our movement. Every A.A. member wants the good opinion of medicine, religion, and the general public. We know we must have these things or the new man may never get his chance. The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup." –A.A. Co-Founder Bill W. 1949*

*It is frequently asked, "Is Central Office (Intergroup) really part of Alcoholics Anonymous?" In the past we have included in the Mountain Doin's what we do here at North Carolina Mountain Central Office – and that is still on the Central Office website – [www.aaNCMCO.org](http://www.aaNCMCO.org) - but we thought we would provide a few excerpts from the A.A. Guidelines – Central or Intergroup Offices, published by General Service Office in New York:*

### WHAT IS A CENTRAL OFFICE?

A central office (or intergroup) is an A.A. service office that involves partnership among groups in a community—just as A.A. groups themselves are partnerships of individuals. A central office is established to carry out certain functions common to all the groups—functions which are best handled by a centralized office—and it is usually maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.



### FUNCTIONS OF A CENTRAL OFFICE

The A.A. experience has demonstrated that central offices are helpful, particularly in populous areas. There are nearly 700 central/intergroup offices throughout the world, performing vital A.A. services. These constitute a network of service outlets and A.A. contacts to help carry the A.A. message.

Sometimes, however, central office ventures have bogged down in disputes over money, authority, and like matters— thus becoming less effective in carrying the A.A. message. It's not always clear why these troubles have come up, but often it's been because the proper functions of a central office were not clearly explained or understood, or there was some disregard of the principles in A.A.'s Twelve Traditions. So the following suggestions have been made to outline the basic services a central office might offer:

1) A.A. Inquiries—By providing an Alcoholics Anonymous listing in the local telephone directory, the central office may receive inquiries from those seeking help. They will refer the caller to a nearby A.A. group, where sponsorship may be arranged, or have a twelfth stepper contact them. Many local A.A. offices now have their own Web site.

2) Office Facilities—The central office can maintain a conveniently located office in which paid workers and/or volunteers coordinate local A.A. services.

(Continued Inside)



**New NC Mountain Central Office, Inc.**  
**Profit & Loss YTD Comparison**  
 April 2016

	Apr 16	Jan - Apr 16
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Contributions</b>		
Birthday Contributions	0.00	1.00
Group Contributions	2,510.08	8,967.00
Individual Contributions	10.00	44.18
<b>Total Contributions</b>	2,520.08	9,012.18
Interest on Money Market	0.66	2.63
<b>Sales Income</b>		
Literature & merchandise	2,108.84	9,440.23
Shipping to groups	21.69	137.06
<b>Total Sales Income</b>	2,130.53	9,577.29
<b>Total Income</b>	4,651.27	18,592.10
<b>Cost of Goods Sold</b>		
Discounts	-14.69	-54.26
Freight - vendor shipping	66.06	198.57
Literature & merchandise	1,694.65	7,636.64
<b>Total COGS</b>	1,746.02	7,780.95
<b>Gross Profit</b>	2,905.25	10,811.15
<b>Expense</b>		
Charitable Contributions	0.00	0.00
Copier Rental	159.72	647.57
Editor	120.00	480.00
Office Expenses	20.00	80.00
Office Supplies	12.50	159.73
Payroll Expenses	1,070.57	4,973.03
QuickBooks Expenses	0.00	196.88
Rent	519.00	2,031.00
Sales Tax Paid to Vendors	12.06	57.75
Shipping to groups	22.37	137.45
Stamps/Postage	77.71	285.73
<b>Telephone &amp; Internet</b>		
Answering Service	111.00	439.00
Office Telephone/Internet	146.02	584.01
<b>Total Telephone &amp; Internet</b>	257.02	1,023.01
<b>Total Expense</b>	2,270.95	10,072.15
<b>Net Ordinary Income</b>	634.30	739.00
<b>Other Income/Expense</b>		
<b>Other Expense</b>		
Buncombe Co. Prop. Tax 2015	0.00	23.84
Inventory Adjustment	0.00	0.12
<b>Total Other Expense</b>	0.00	23.96
<b>Net Other Income</b>	0.00	-23.96
<b>Net Income</b>	<b>634.30</b>	<b>715.04</b>

**June Grapevine is now available!**

This month, we feature stories about having fun in sobriety



- Daily Grapevine Quote
  - The I-Poll
  - The Laugh's On Us
  - AAGV Info Emails
- [aagrapevine.org](http://aagrapevine.org)

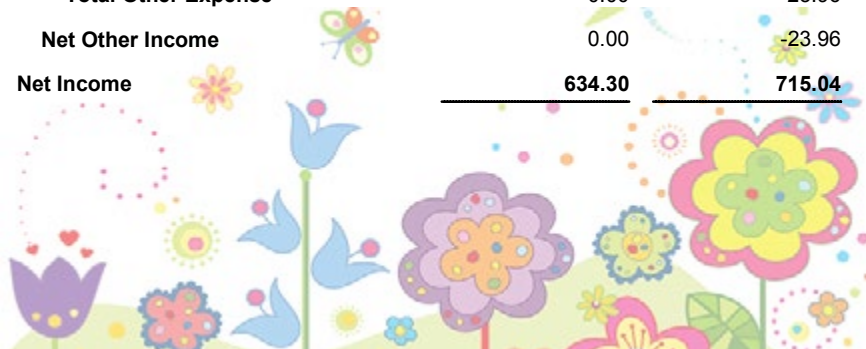
**Cash on Hand as of 4/30/16**

Money Market (Prudent Reserve) \$8,036.66  
 Operating Account (Checking) \$4,252.27  
 Rent Deposit \$400.00  
 Petty Cash \$50.00

**Call & Visitor Log**

**APRIL 2016**

- 12 Step Calls – 2
- General Info – 6
- Family Help – 1
- Meeting Info – 14
- Central Office Business – 42
- Medical/Detox – 0
- Visitors – 83
- Answering Service (Operator-Asst) –127 minutes (March)
- After-hours Phone Volunteers – 21 calls (April)





# ANNIVERSARIES



## Acceptance Group

Brian B. 6-06-1993 23 yrs

## Around the Room Group

Tom H. 6-26-2009 7 yrs

## AVL Big Book Step Study Group

Jeremy W. 6-13-2009 7 yrs

## AVL Women's Big Book Step Study Group

Alexandra M. 6-04-2011 5 yrs  
Elise H. 6-18-2008 8 yrs  
Joyce D. 6-26-1990 26 yrs

## At Wit's End Group

Dani B. 6-01-2008 8 yrs  
Matt N. 6-08-2013 3 yrs  
Gregory R. 6-09-2014 2 yrs  
Doug M. 6-10-2015 1 yr  
Jeffrey B. 6-13-1991 25 yrs  
Tyler C. 6-17-2015 1 yr  
Will H. 6-23-2011 5 yrs  
Ryan T. 6-28-2015 1 yr

## Back to Basics Group - Weaverville

Robert F. 6-03-1991 25 yrs  
Al B. 6-10-2014 2 yrs  
Barbara J. 6-10-2007 17 yrs  
Cal C. 6-14-1999 9 yrs  
Rick G. 6-26-1995 21 yrs

## Black Mountain Group

Jason B. 6-25-2010 6 yrs  
Brenda C. 6-30-1986 30 yrs

## Brevard Serenity Group

Gail H. 6-03-1986 30 yrs  
Deborah B. 6-05-1993 23 yrs

## Candler K.I.S.S. Group

Rusty W. 6-28-2014 2 yrs

## Conscious Contact

Doug B. 6-1988 28 yrs  
Carolyn S. 6-1989 27 yrs

## Cumberland Group

Kris L. 6-01-2014 2 yr  
Toni D. 6-02-2013 3 yrs  
Scott S. 6-04-1987 29 yrs

## Daily Decisions

Dave D. 6-04-1988 28 yrs

## Fellowship Group

Judy P. 6-06-2012 4 yrs  
Tyler B. 6-06-2011 5 yrs  
John W. 6-13-1981 35 yrs  
Terence M. 6-14-2013 3 yrs  
Jason B. 6-26-2010 6 yrs  
Sue T. 6-27-1984 32 yrs

## Grace Group

Bob Po. 6-02-1992 24 yrs  
Robert F. 6-03-1991 25 yrs  
Tammy G. 6-06-1988 28 yrs  
Paul S. 6-10-1985 31 yrs  
Gayle R. 6-12-2009 7 yrs  
Mary Scott H. 6-18-1986 30 yrs  
Chris C. 6-19-2009 7 yrs  
Jesse H. 6-19-2014 2 yrs  
Mark M. 6-21-2003 13 yrs  
Matt J. 6-22-1998 18 yrs  
Rich S. 6-22-2012 4 yrs  
Ashley E. 6-25-2012 4 yrs

## Happy Hour Group

Kathleen P. 6-12-2003 13 yrs  
Mary D. 6-16-1978 38 yrs

## Hendersonville Group

Joe 6-03-2014 2 yrs  
Chris H. 6-06-2014 2 yrs  
Whitney L. 6-12-2013 3 yrs  
Audi W. 6-13-2015 1 yr  
Marshall D. 6-17-1982 34 yrs  
Jessica B. 6-23-2009 7 yrs

## Mars Hill Group

Nan N. 6-08-2011 5 yrs  
Rick G. 6-26-1995 21 yrs

## Recovery at 6 Group

Rebecca C. 6-13-2003 13 yrs

## Serenity Seekers - Marion

Doyle 6-06-1998 18 yrs

## Sisters In Sobriety - Cherokee

Pam M. 6-15-2005 11 yrs

## Total Surrender Group

Gina A. 6-04-2010 6 yrs  
Tammy G. 6-06-1988 28 yrs  
Scott O. 6-15-1993 23 yrs

## Waynesville Grace Group

Ann H. 6-06-1988 28 yrs  
Bob O. 6-07-1984 32 yrs  
Brenda F. 6-15-1987 29 yrs  
Kent. 6-25-1984 32 yrs

## Women of Grace

Regina T. 6-10-2011 5 yrs  
Susan W. 6-17-2013 3 yrs  
Carolyn S. 6-21-1989 27 yrs

## The Birthday Plan



For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety.

You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge. (Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016) Birthday Contribution Envelopes are available for free at Central Office.

And we now have envelopes for Birthday/ Anniversary Contributions to the Central Office! Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!

**Need to update your Group's anniversary list?**

**Call Central Office:**

**(828) 254-8539 - or send a new list to: [info@ncmco.net](mailto:info@ncmco.net)**



## CONTRIBUTIONS - APRIL 2016

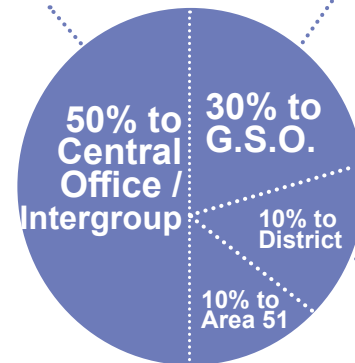
	April	YTD
11-11-11 Meeting	\$0.00	\$88.00
Acceptance Group 122-477	\$565.86	\$565.86
Anonymous	\$63.33	\$301.19
Around the Room Group	\$0.00	\$59.56
At Wit's End Group	\$67.00	\$197.40
Back to Basics Grp - Weaverville 147-139	\$100.00	\$100.00
Big Town Group 671-200	\$0.00	\$276.78
Black Mountain Group 117-117	\$0.00	\$34.00
BYOC - Bring Your Own Coffee	\$49.00	\$231.30
Candler KISS Group 163-148	\$70.00	\$175.00
Cashiers Valley Grp 122-589	\$50.16	\$222.56
Chunn's Cove Men's Association	\$0.00	\$30.00
Conscious Contact (Asheville)	\$0.00	\$292.12
Daily Decisions 643-869	\$140.00	\$340.00
Daily Reflections - Fletcher 709-852	\$0.00	\$34.80
Day by Day Group 159-058	\$221.00	\$771.00
Early Bird Group 612-780	\$0.00	\$25.00
Good Livers Group 666-360	\$0.00	\$100.00
Grace Group of Asheville 161-970	\$0.00	\$683.95
Happy Hour Group 169-182	\$38.30	\$38.30
High Noon Group 689-080	\$0.00	\$210.00
Higher Power Tower Hour	\$0.00	\$110.00
Joy of Living - Blk Mtn 629-397	\$0.00	\$75.00
Joy of Living - Brevard 669-820	\$50.00	\$50.00
Kanuga Group 645-767	\$55.00	\$55.00
Love & Share Group	\$0.00	\$161.28
Mars Hill Group 130-895	\$200.00	\$200.00
Men's Attitude Adjustment Grp 670-805	\$0.00	\$50.00
Mid Day Grp (Hendersonville) 143-420	\$130.40	\$466.37
Mill Spring Group	\$0.00	\$15.00
Monday Night Open Meeting	\$0.00	\$91.24
Mountain View Grp (Highlands) 110-598	\$109.57	\$384.85
New Freedom Group 700-124	\$50.00	\$150.00
Newcomers Group - Flat Rock	\$0.08	\$0.08
Original Way Group	\$0.00	\$7.00
Pisgah Group	\$145.60	\$145.60
Recovery at 6	\$40.00	\$40.00
Recovery by the River 674-892	\$0.00	\$59.06
Rule 62 Group	\$0.00	\$176.46
Safe & Sound 645-654	\$100.00	\$100.00
Saturday Morning Men's Meeting	\$50.00	\$175.00
Serenity Service 110-498	\$25.00	\$100.00
Skyland 12&12 Group	\$0.00	\$140.00
The Principles Group 675-162	\$0.00	\$35.75
Tryon 12 & 12 Group 690-877	\$21.78	\$21.78
Tryon Monday 5:30 Meeting	\$100.00	\$160.00
Waynesville Grace Group 110-692	\$0.00	\$800.00
Women of Courage	\$0.00	\$239.75
Women of Grace	\$28.00	\$56.00
Women of Principles	\$40.00	\$40.00
Young People's Group 645-646	\$0.00	\$84.96
<b>Total Group Contributions:</b>	<b>\$2,510.08</b>	<b>\$8,967.00</b>
<b>Individual Contributions:</b>		
Anonymous	\$0.00	\$4.18
In Memory of B.G.	\$10.00	\$40.00
<b>Total Individual Contributions:</b>	<b>\$10.00</b>	<b>\$44.18</b>
<b>Birthday Contributions:</b>	<b>\$0.00</b>	<b>\$1.00</b>
<b>Mountain Doin's Subscriptions:</b>	<b>\$0.00</b>	<b>\$0.00</b>
<b>Grand Total</b>	<b>\$2,520.08</b>	<b>\$9,012.18</b>

## Suggestions for Group Donations to the A.A. Service Structure\*

\* from the pamphlet [Self-Support: Where Money & Spirituality Mix](#). Recommendations for other percentages are also in the pamphlet.

NCMCO  
70 Woodfin Place,  
Ste 206  
Asheville NC 28801

General Service Office  
Grand Central Station  
PO Box 459  
New York NY 10163



Area 51 NCGSC  
Treasurer  
PO Box 10931  
Raleigh, NC  
27605

• District 70 Treasurer  
PO Box 8574  
Asheville NC 28814

• District 71 Treasurer  
3486 Silver Creek Rd  
Mill Spring, NC 28756

• District 80 Treasurer  
91 Lullwater Cove,  
Cullowhee, NC 28723

**YOUR  
GENEROSITY  
MAKES  
ALL OF THIS  
POSSIBLE  
THANK YOU.**

# MEETING UPDATES: Districts 70 • 71 • 80

## New Meetings:

**Asheville: Good Livers - Women's Meeting:**  
Wednesday, 10:30am. (W,C,D - Language of the Heart) Nectar Cafe, 853 Merrimon Ave, Asheville 28804

**Asheville: Kitchen Table Big Book Study:**  
Monday 4:00pm. (C, BG, BB/D); Asheville 12 Step Club, 370 N. Louisiana, Suite G4, Asheville 28806

## Meeting Changes:

**Fletcher: Fellowship Group - Women's Meeting (Formerly "Daily Reflections"):**  
(W,C,D) As of June 4: New Time - 11:00am (was 10:30am); new location: Calvary Episcopal Church, 2840 Hendersonville Rd, Fletcher 28732

**Columbus: Columbus Group:** Both Monday 8:00pm (C, BB) and Friday 6:30pm (O, BG) have moved to new location: United Methodist Church, 76 N. Peak St. (Across from Sterns Gym) Columbus 28722

## The Service Express

Downloadable versions of the Mountain Doin's are available at [www.aancmco.org](http://www.aancmco.org). Updated Where & When meeting schedules are also available on the website.

**All District Committee Chairpersons:**  
Please send updates on committee meeting times, recent activity, and upcoming service opportunities! July newsletter deadline is June 15.



## District 70: [ashevilleaa.org](http://ashevilleaa.org)

**GSR Business Meeting** – usually held the 2nd Sunday of the month. Because the 2nd weekend in June is Area 51 Spring Assembly in Raleigh, the next District meeting is scheduled for Sunday June 5, 2:30pm, at St. Luke's Episcopal, 219 Chunn's Cove Rd, Asheville.

**Service Committees Meeting** – held the last Tuesday of odd-numbered months. Next meeting is Tuesday, May 31st, 6:00pm at Trinity Episcopal Church, 60 Church St, Asheville

## **Bridging the Gap (with treatment facilities)**

Attend the Service Committees Meeting or contact the TFC Chair at [ashevilleaa.org](http://ashevilleaa.org); the BTG Chair or co-coordinator at [bridgingthegap.asheville@gmail.com](mailto:bridgingthegap.asheville@gmail.com) or [www.btgww.org](http://www.btgww.org).

The District Archivist email is:  
[archives@ashevilleaa.org](mailto:archives@ashevilleaa.org)

## District 71:

**GSR Meeting** – held the 2nd Saturday of odd-numbered months. Next meeting will be July 9th, 1:00pm at WNC 181 Club, 181 Oren Drive, Mills River, 28759. All interested AAs are invited to attend.

**Correction Facilities Committee** normally meets the 2nd Saturday of even-numbered months. However, because the Area 51 Spring Assembly in Raleigh is that weekend, the next District 71 Corrections Committee meeting will be the 3rd Saturday, June 18, 1:30pm, 1620 Willow Rd, Hendersonville.

## District 80: [aawnc80.org](http://aawnc80.org)

**GSR District Meeting** will be Sunday, July 17, pizza at 1:00pm; meeting at 1:30pm, Jackson County Family Resource Center, 1528 Webster Rd, Webster, NC 28788. District 80 is in need of a new secretary. If you are interested in this position please attend the next meeting in July. Founders' Day celebration is being planned and will be either the weekend before or after the State Assembly which is June 10-12 in Raleigh.

## [CORs / NCMCO: aancmco.org](http://aancmco.org)

**Next NCMCO Board Meeting:** Thursday, June 9th, 2016, 6:00pm, at 70 Woodfin Place, Asheville 28801, in Suite 212 (just down the hall from Central Office)

**Next combined COR/NCMCO Board meeting:** Thursday, July 14, 2016, 6:00pm, at 70 Woodfin Place, Asheville 28801, in Suite 212 (just down the hall from Central Office)

**NCMCO needs a Treasurer to serve a two-year term beginning January, 2017.** Interested persons should contact

Central Office ([info@ncmco.net](mailto:info@ncmco.net)) and/or attend a monthly board meeting. Board meetings are held on the second Thursday of each month at 6:00pm at the Park Place Building, 70 Woodfin Place, Suite 212, Asheville 28801. The position requires a working knowledge of QuickBooks software and basic accounting. Duties and requirements of the position include:

- Have charge and custody of all funds of Central Office.
- Ensure accuracy of all financial records of Central Office.
- Arrange for preparation and filing of all required tax returns.
- Prepare an annual financial/budget report.
- Prepare monthly financial reports and present them to the Central Office Board and/or COR Committee at monthly meetings.
- Shall have at least five years' continuous sobriety at the time of taking office.

Anyone interested in receiving the Minutes from the COR/Board meetings? Just send us an email ([info@ncmco.net](mailto:info@ncmco.net)) and we will send you the Minutes. Better yet? Come to the next Board meeting!



## SPECIAL MEETINGS AND EVENTS

NOTE: NCMCO is not responsible for the content of posted flyers or external internet links.

- **Ice Cream Social.** Friday June 3. Abernethy United Methodist Church, 1418 Patton Ave, Asheville 28806. Doors open at 6:00pm; ice cream bar with all the works; 50/50 raffle; speaker at 7:00pm. (see flyer)
- **District 80 Founders Day Picnic.** Saturday June 4 from 12 – 4pm at Tasse Park Greenway, Franklin, NC. Speaker Bill S. with 40+ years sobriety. Food, fun & fellowship; AA members, family & friends invited!
- **District 71 Events Committee's Founders' Day Picnic!** Saturday June 11 from 12-4pm (set up time: 11am) Meeting at 2pm. Jackson Park, 708 South Grove St, Pavilion 1, Hendersonville 28792. Committee will provide burgers and hotdogs. Please bring: a side dish, soda or a dessert to share. Horseshoes, Bocce Balls, Volley Ball & Volley Ball Net needed. There will be a 50/50 raffle!
- **Founders' Day – 81st Anniversary of AA.** June 10-12. Akron, OH. For more information and registration form, visit website: [www.akronaa.org](http://www.akronaa.org)
- **Sunrise Sobriety Campout – hosted by The Principles Group of A.A. (Brevard).** June 24-26. Location: Mt Pisgah Campground. Project Office: 828-648-2644; Toll Free Reservation Line: 1-877-444-6777. For more information, contact Tom: 828-506-0463.(see flyer)
- **Total Surrender's 9th Anniversary.** June 26 from 5-8pm. Food and fellowship; speaker at 7pm. BBQ provided; bring a dish or dessert if you wish. New Hope Presbyterian Church, 3070 Sweeten Creek Road, S. Asheville 28803 (see flyer)
- **35th Music City Roundup – Love and Service.** June 30-July 3. Nashville, TN. For more information and registration, visit website: [www.musiccityroundup.com](http://www.musiccityroundup.com) (see flyer)
- **District 70's Annual Service Rally.** July 9 from 9am to 3:30pm. All Souls Episcopal Church, 9 Swan St, Asheville 28803. Featuring Central Office with a workshop from 9-11am and breakfast snacks. The Service Rally will consist of introductions of our District Chairs, a Speaker door prizes, (continued next page)



*(Continued from front page)*

3) Meeting Lists and Other Literature — At regular intervals, the central office may publish and distribute up-to-date lists of meetings and other information about local A.A. services. Many intergroup/ central offices sell A.A. Conference-approved literature for the convenience of local groups.

4) Information Exchange—The service office may function as a clearinghouse for the circulation and exchange of information among all the A.A. groups in the community. In this same connection, a logical function of the central office is to provide “program exchange” meetings, where group program chairpersons meet regularly to exchange meetings with other groups.

5) Local Committees on Public Information (P.I.) and Cooperation With the Professional Community (C.P.C.) in cooperation with district and area P.I. and C.P.C. committees—The central office is an ideal contact with those in the community seeking information about A.A. Thus, A.A.’s relations with the public and professionals in the alcoholism field are often handled through the cooperation of general service committees and central offices. To avoid duplication of efforts and other difficulties, good communication between all parts of A.A. is paramount. A.A. Guidelines and Workbooks on P.I. and C.P.C. are available from G.S.O.

6) A.A. in Correctional and Treatment Facilities—The central office can maintain contact with local groups in correctional facilities and treatment facilities, offering literature and prerelease A.A. contacts and arranging for A.A. speakers and visitors to meetings. When there is a corrections or treatment committee for this purpose, the service office may assist it through close cooperation with local hospitals and prisons. Central offices handling institutional contacts are also urged to send for G.S.O. material, Guidelines on Corrections Committees and Guidelines on Treatment Committees and the Corrections and Treatment Committees Workbooks. (Note: In Western NC, Committees on P.I., C.P.C., Correctional and Treatment Facilities are maintained by the General Service Districts. However Central Office works closely with these District Committees, acting as a contact point for the community at large as well as a resource for literature.)

7) Local A.A. Events—An A.A. central office is a logical body to manage the details of an annual dinner, picnic, or convention, if the participating groups wish it.

8) A.A. Bulletin or Newsletter—The preparation of a publication for periodic distribution to A.A. groups is often a function of the central office.

9) Special Needs Services—Many central offices carry information on groups that are wheelchair accessible, or signed for deaf members. Some offices have TDD/TTY (Teletypewriter or Text Telephone) equipment for communicating with deaf alcoholics.

#### **GROUP REPRESENTATION AT A CENTRAL**

**OFFICE** Service centers usually have no authority on their own account; they derive it from the participating

groups. Intergroup/central offices are essentially A.A. service entities, directly responsible to those they serve, as described in Tradition Nine. Local group representatives reflect the groups’ conscience in the service center operations.

In most communities, a central office committee or steering committee is set up to handle the administrative activities of the service office. The steering committee holds regularly scheduled meetings and deals with general policy and plans. Periodically, the steering committee reports to group representatives on central office problems and accomplishments. It is extremely important to keep a two-way flow of information going between the central office and groups.

For more of the A.A. Guidelines here is a link on the aa.org website: [http://www.aa.org/assets/en\\_US/mg-02\\_centralorinter.pdf](http://www.aa.org/assets/en_US/mg-02_centralorinter.pdf)

We encourage all A.A. groups to elect a Central Office Representative (COR) to attend the quarterly COR/ Board meetings. Also, everyone is welcome to come to the monthly Board meetings (see the Service Express in the newsletter or check the website – [aaNCMCO.org](http://aaNCMCO.org) – for the dates and times of meetings – usually the 2nd Thursday of each month at 6:00pm, 70 Woodfin Place, Asheville 28801 in Suite 212 – just down the hall from Central Office.)

We thank all A.A. groups and individuals for their ongoing input, suggestions and support!

- **Special Meetings and Events (continued)** and a Panel of Chairs at 2:15pm. The Panel is a great informative discussion between AA members and our representatives who help manage our programs. Come out and be informed! The group with the most group members attending wins a door prize and many more prizes are up for the taking! Any questions please contact the District 70 Events Chair through the website: [www.ashevilleaa.org](http://www.ashevilleaa.org)
- **S.M.A.A.C.C. IV – Southern Motorcyclists in Alcoholics Anonymous Camping Convention.** August 25-28. Fall Creek Falls State Park, Pikeville, TN. For more information and registration form, visit website: [www.smaacc.org](http://www.smaacc.org) (see flyer)
- **21st Annual Southeast Woman to Woman Conference.** August 26-28. Crowne Plaza Resort, 1 Resort Drive, Asheville, NC 28806. For more information and registration form, visit website: [www.sewomantowoman.org](http://www.sewomantowoman.org)

For NC Area 51 Conferences go to: [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

For other events around the country/world check out the [www.aa.org](http://www.aa.org) website – Box 4-5-9 Bulletin Board: [http://www.aa.org/newsletters/en\\_US/en\\_box459\\_spring16.pdf](http://www.aa.org/newsletters/en_US/en_box459_spring16.pdf)

# SUNRISE SOBRIETY CAMPOUT



## Mt. Pisgah

### June 24th - 26th

Friday Afternoon - Sunday Morning

#### **Mt. Pisgah Campground**

Project Office: (828) 648-2644

Toll Free Reservation Line: 1-877-444-6777

(First Come First Serve on Most Sites)

\$19.00 per Night Campsite

AA Meetings

Activities

(2) Evening Meals Provided

Big BBQ Saturday

Coffee, Soft Drinks, Water,  
and Snacks

Available All Weekend

Bring Breakfast items for Saturday.

Morning to Share

#### **Sunday Sunrise Meeting**

**6:00 AM**

**Buck Springs Overlook**

**with a**

**Fellowship Breakfast  
following at Pisgah Inn**

*(At Individuals Expense)*

**Don't Forget**

**Chairs and Warm Clothes**

**For More Information Call:**

**Tom (828) 506-0463**

**Sponsored By: The Principles Group**



# Come Help Celebrate

Total Surrender's

9 years of service

**June 26<sup>th</sup>, 5-8 pm**

Food and Fellowship

We will supply BBQ;  
bring a dish or dessert if you wish.

**Speaker at 7 pm**



Location: New Hope Presbyterian Church

3070 Sweeten Creek Road, S. Asheville

Any questions call Central Office – 828-254-8539

# 21st Annual Southeast Woman to Woman Conference

www.sewomantowoman.org



## "Secrets Women Don't Share"

(This conference is hosted by and for Sober Alcoholic and Al-anon Women.)

### August 26 - 28, 2016

## "Serenity in the Mist"

**The Crowne Plaza Tennis & Golf Resort**

1 Resort Drive, Asheville, NC 28806

825-254-3211 or Toll Free 888-211-7755

**Registration:** \$25.00 per person (Deadline December 31, 2015)

\$30.00 per person (January 1, 2016 - August 25, 2016)

\$35.00 per person at the door \*money orders or cash at the door\*

**Room Rates:** King \$149.00 + tax = \$168.37 per night

Double/Queen \$129.00 + tax = \$145.77 per night

"Mention SE Woman to Woman Conference"

**Deadline for hotel reservations July 26, 2016**

(Villas upon request. Villas are off-site: 5 min walk. Speak with Jess @ 828-285-2608)

Complimentary Parking

*Airport Transportation can be requested from Crowne Plaza website.*

**Contacts:** Jeannette D. 646-769-0483 struggles01@yahoo.com Peggy K. 310-800-5209 pstrandking@gmail.com

Debbie G. 847-451-2057 deb622@aol.com Debbie P. 828-665-1762 dlp1fla1@bellsouth.net

Dianne L. 919-349-6018 dpete12@yahoo.com

Registration Form: NO REFUNDS

(please print clearly)

Name \_\_\_\_\_ Name on Badge \_\_\_\_\_

Address \_\_\_\_\_ Sobriety Date \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

Special Needs \_\_\_\_\_ Volunteer (Are you willing?) \_\_\_\_\_

Registration Fee \$ \_\_\_\_\_ Scholarship Donation \$ \_\_\_\_\_ AA \_\_\_\_\_ Al-Anon \_\_\_\_\_

Banquet (\$40.00) Fish \_\_\_\_\_ Chicken \_\_\_\_\_ Vegetarian Banquet (\$40.00) \_\_\_\_\_

T-Shirt (\$15.00) S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ 2X \_\_\_\_\_ 3X \_\_\_\_\_ Mugs (\$7.00) \_\_\_\_\_

Total Amount Enclosed \$ \_\_\_\_\_

Make checks payable to : SE Woman to Woman (sewtw)

Mail to: P.O. Box 5675, Asheville, NC 28813

# S.M.A.A.C.C.IV

## Southern Motorcyclists in Alcoholics Anonymous Camping Convention



### Speakers

Friday-T.B.A.

Saturday – Cimy M. Louisville KY

Sunday – Bob J. Evansville In.

Workshops/ Panels Steps- 123 w Bob J.

Fellowship

Mail Registrations to: SMAACC 377 West Jackson St.

Suite 1BPMV#5 Cookeville, Tn. 38501. Note: anyone planning on sharing cabins please note on registration.

August 25–28 2016

Fall Creek Falls State Park  
Pikeville, TN

Pre-Registration Fee

\$45.00 before July 29, 2016 inc. meals

Early arrival/Thursday Night \$5.00

Includes Registration & Camping in Cabins

Cabins are Youth Style (8 persons to a cabin)

Electric is provided

Need to bring your own bedding.

After July 29, 2016

Registration Fee \$55.00 inc.meals

Campers/RV Sites available: Campgrounds:

We have reserved a limited number of sites

this year

Please contact SMAACC DIRECTLY

For More Information

WWW.SMAACC.Org or Bill W 815.801.8894

Don R.931.239.1523 Don G.270.578.8035

Hotel 800.250.8610

Each Night \$98.75

### Registration Form

Name \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Email Address: \_\_\_\_\_  
AA \_\_\_\_\_ AI Anon \_\_\_\_\_ Sobriety Date \_\_\_\_\_  
Phone : \_\_\_\_\_ Text Message? \_\_\_\_\_  
Permission to Mail/ Email you Flyers: Yes No  
Are you staying with us in a Cabin? Yes No  
Willing to Chair a Meeting? Yes No  
Willing to Help at the Convention: Yes No





# 60<sup>TH</sup> GREAT SMOKY MOUNTAIN RECOVERY CAMPOUT

MAY 27-30, 2016  
MEMORIAL DAY WEEKEND

Good Times, Great People

- Fun
- Food
- Fellowship



5 Mi from Gatlinburg TN  
Hwy N321 & RT 416

AA Meetings 11am and 8 pm Daily  
Al-Anon Meetings Sat and Sun 9:30 am  
(All Meetings are Open )

Saturday 28th Pot Luck Dinner 5pm  
Saturday Night Speaker Meeting 7pm  
Patrick C.

## INFO & CONTACT

E-MAIL [GSMRC.Greenbrier@gmail.com](mailto:GSMRC.Greenbrier@gmail.com)  
MC: Toby W. 865.654.3884  
Greenbrier Campground  
5406 Pittman Center Rd, Pittman Center, TN 37836  
CALL FOR GREENBRIER CAMPGROUND TENT/RV RESERVATION

(There is a \$2/day parking fee for non-camping participants)  
(Pets ONLY allowed with RV Hook-up Reservation)

Like Us on Facebook  
[Facebook.com/GSMRC](https://www.facebook.com/GSMRC)



# ICE CREAM SOCIAL



Friday June 3<sup>rd</sup>, 2016

Abernathy United Methodist Church

1418 Patton Ave, Asheville, NC  
28806

Doors open at 6:00

Ice Cream bar with all the works

50/50 raffle

Speaker at 7:00



**June 30<sup>th</sup> - July 3<sup>rd</sup> 2016**

The Beautiful  
Sheraton Music City Hotel

Great Room Rates  
Single/Double \$98.00  
Triple \$113.00/Quad \$123.00

Please stay at Hotel  
To help with our room block  
Hotel Phone Number  
615-885-2200

You can also book your room  
online at our website  
[www.musiccityroundup.com](http://www.musiccityroundup.com)  
**Registration \$20 per person**

You must book your room  
with the hotel separately;  
registering for the Roundup  
does not guarantee a room at  
hotel.

You must register to enter  
the ballroom no  
exceptions.

Registration for Alateens is free

# 35<sup>th</sup> Music City Roundup

## Love and Service

### AA Speakers

Rich B.	Ocean City, MD
Howard P.	Gilbert, AZ
Micki B.	Bryan, TX
Earl H.	Scottsdale, AZ
Jane D.	Tallahassee, FL

### Al-Anon Speakers

Vannoy S.	Justin, TX
Stephanie B.	Granite Shoals, TX

### Workshops

TBD

Visit our Website for more info [www.musiccityroundup.com](http://www.musiccityroundup.com)

Registration \$20 per person

Make check or money order to **Music City Roundup**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

St. Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Name(s) on Badge(s): \_\_\_\_\_

Mail form to: POB 17068, Nashville, TN 37217

Must mail by 6/21/2016 or no guarantee