

(828) 254-8539 Office Hours 10:00am - 1:00pm Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974



"Our Primary Purpose is to stay sober and help other alcoholics to achieve sobriety." – From the *A.A. Preamble*. Reprinted with permission of A.A. Grapevine, Inc.

# *"I am responsible. When anyone, anywhere,reaches out for help, I want the hand of AAalways to be there. And for that: I am responsible."*

- Responsibility Declaration. Reprinted with permission of A.A. Grapevine, Inc.

Are You Well-Informed on How To Do a 12-Step Call and/or 12-Step Visit when a still suffering alcoholic asks for help?

# Would you be interested in attending a Spring Workshop on How To Do a 12-Step Call and Visit?

Our Central Office 12-Step Call List Committee would appreciate feedback on the proposed idea about a having Spring Workshop – specifically about How To Do 12-Step calls/visits. Whether you have been on the 12-Step Volunteer Call List for a long time or you recently signed-up, or for those AAs who haven't yet done 12th Step 'work' – this would be an opportunity to share your experience and to learn more about this vital service. Your input and suggestions about a date and venue would be helpful. Please call or email Pam at Central Office: 828-254-8539; info@ncmco.net

For more information about "How To Do a 12-Step Call," here are some helpful links to our website where you can find a printable volunteer form, 12th Step Guidelines and brochure:

http://aancmco.org/12th-step-call http://aancmco.org/12th-step-guidelines http://aancmco.org/wp-content/uploads/2014/08/Brochure12-Step-Call-How-To-NCMCO-revised.pdf

Bill 'carried the message' to Dr. Bob ... We now have a huge worldwide fellowship. "Each day, somewhere in the world, recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength and hope." – Reprinted from *Alcoholics Anonymous*, *Forward to the Third Edition*, pg. xxii, with permission of A.A. World Services, Inc.

"The impact one alcoholic can have on the life of another is profound. And it doesn't take any special skills to accomplish – all it takes is the willingness to communicate with one another in the language of the heart." – Reprinted from *I AM RESPONSIBLE: The Hand of AA* – *Selected Stories from the AA Grapevine*, *Working with Others*, pg. 49, with permission of A.A. Grapevine, Inc.



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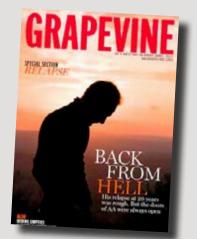
#### New NC Mountain Central Office, Inc. **Profit & Loss YTD Comparison**

| February 2016 | - |
|---------------|---|
| Feb 16        |   |

|  | Feb 16   | Jan - Feb 16  |
|--|--|---|
| Ordinary Income/Expense  |  |   |
| Income<br>Contributions<br>Birthday Contributions<br>Group Contributions<br>Individual Contributions   | 0.00<br>2,329.01<br>10.00  | 1.00<br>5,314.40<br>24.18   |
| Total Contributions  | 2,339.01   | 5,339.58  |
| Interest on Money Market<br>Sales Income<br>Literature & merchandise<br>Shipping   | 0.64<br>2,408.63<br>41.18  | 1.29<br>4,877.01<br>79.88   |
| Total Sales Income   | 2,449.81   | 4,956.89  |
| Total Income   | 4,789.46   | 10,297.76   |
| Cost of Goods Sold<br>Cost of Goods<br>Freight<br>Literature & merchandise<br>Cost of Goods - Other  | 43.51<br>1,910.23<br>2.00  | 62.78<br>3,924.66<br>2.40   |
| Total Cost of Goods  | 1,955.74   | 3,989.84  |
| Total COGS   | 1,955.74   | 3,989.84  |
| Gross Profit   | 2,833.72   | 6,307.92  |
| Expense<br>Charitable Contributions<br>Copier Rental<br>Editor<br>Office Expenses<br>Office Supplies<br>Payroll Expenses<br>QuickBooks Expenses<br>Rent<br>Sales Tax Paid to Vendors<br>Shipping to Groups<br>Stamps/Postage<br>Telephone & Internet<br>Answering Service<br>Office Telephone/Internet<br>Total Telephone & Internet | 0.00<br>159.72<br>120.00<br>20.00<br>3.46<br>1,117.53<br>196.88<br>504.00<br>11.42<br>40.67<br>65.41<br>109.50<br>145.97<br>255.47 | 0.00<br>328.13<br>240.00<br>40.00<br>110.52<br>2,265.35<br>196.88<br>1,008.00<br>32.10<br>79.59<br>139.42<br>217.00<br>291.94<br>508.94 |
| Vendor Discount<br>Vendor Shipping   | -17.62<br>10.24  | -25.78<br>19.24   |
| Total Expense  | 2,487.18   | 4,942.39  |
| Net Ordinary Income  | 346.54   | 1,365.53  |
| Other Income/Expense<br>Other Expense<br>Buncombe Co. Prop.Tax 2015<br>Inventory Adjustment  | 23.84<br>0.00  | 23.84<br>0.12   |
| Total Other Expense  | 23.84  | 23.96   |
| Net Other Income   | -23.84   | -23.96  |
| let Income   | 322,70   | 1,341.57  |

#### **April Grapevine is** now available!

This month, we feature stories from old-timers



 Daily Grapevine Quote •The I-Poll •The Laugh's On Us •AAGV Info Emails aagrapevine.org

Cash on Hand as of 2/29/16 Money Market (Prudent Reserve) \$8,035.32 Operating Account (Checking) \$6,889.92 Rent Deposit \$400.00 Petty Cash \$50.00

### **Call & Visitor Log**

#### **FEBRUARY 2016**

12 Step Calls – 4 General Info – 6 Family Help – 2 Meeting Info - 14 Central Office Business - 41 Medical/Detox - 1 Visitors – 73

**Answering Service** (Operator-Asst) -124 minutes (January) After-hours Phone Volunteers – 3 calls





# **ANNIVERSARIES**



#### **Acceptance Group** Carl J. 4-23-2007 9 yrs Back to Basics Group -**Weaverville** Perry B. 4-15-1996 20 yrs 4-29-1989 27 yrs Joanna D. **Black Mountain Group** 4-04-1989 27 yrs Laura B. **Brevard Serenity Group** Dean C. 4-15-1987 29 yrs Bob T 4-24-1979 37 yrs Candler K.I.S.S. Group Richard S. 4-01-1982 34 vrs Kevin B. 4-07-2012 4 yrs Karen A. 4-14-2004 12 yrs **Conscious Contact Group** John G. 4-1980 36 yrs Zoe H. 4-1987 29 yrs Kelly W. 4-1998 18 yrs Horace 4-2005 11 yrs **Cumberland Group** Davis A. 4-07-2009 7 yrs Pete B. 4-19-2005 11 yrs Michelle B. 4-24-2005 11 yrs **Daily Decisions Group** Rocky C. 4-01-1999 17 yrs Jimmv D. 4-22-2015 Brad D. 4-23-1990 26 yrs **Fellowship Group** Eric M. 4-08-2004 12 yrs Carole P. 4-10-1988 28 yrs Mike M. 4-11-1979 37 yrs Willow 4-24-2010 6 yrs

Brian T.

4-25-2014

#### Grace Group

| Christopher C. | 4-10-2008 | 8 yrs  |
|----------------|-----------|--------|
| Frank T.       | 4-17-2011 | 5 yrs  |
| Brian M.       | 4-22-1978 | 38 yrs |
| David M.       | 4-22-2011 | 5 yrs  |
| Jonathan L.    | 4-22-2015 | 1 yr   |
| Matt W.        | 4-23-2012 | 4 yrs  |
| Virgil J.      | 4-25-1982 | 34 yrs |
| Kay            | 4-27-2014 | 2 yrs  |
| Beth T.        | 4-30-1993 | 23 yrs |
|                |           |        |

#### **Happy Hour Group**

|           | -         |        |
|-----------|-----------|--------|
| Robert B. | 4-09-2008 | 8 yrs  |
| Lucy H.   | 4-15-1988 | 28 yrs |
| Rene H.   | 4-27-2007 | 9 yrs  |

#### Hendersonville Group

| Joan B.   | 4-01-1985 | 31 yrs |
|-----------|-----------|--------|
| Eric M.   | 4-08-2004 | 12 yrs |
| Debbie R. | 4-26-2012 | 4 yrs  |
| Rene H.   | 4-27-2007 | 9 yrs  |

#### **Leicester Group**

| Regina I. | 4-16-1988 | 28 yrs |
|-----------|-----------|--------|
| Bob F.    | 4-21-1983 | 33 yrs |

#### **Library Group**

#### **Midday Group**

1 yr

2 yrs

| Micheline | 4-14-1980 | 36 yrs |
|-----------|-----------|--------|
| Pam R.    | 4-15-2015 | 1 yr   |
| Patti B.  | 4-28-2012 | 4 yrs  |

#### Second Chance Group

| Cody B.<br><i>Missed in</i> | 4-04-2015 | 1 yr  |
|-----------------------------|-----------|-------|
| March                       |           |       |
| Carol L.                    | 3-12-2007 | 9 yrs |

#### **Serenity Seekers - Marion**

| Cheryl D.  | 4-10-2009 | 7 yrs  |
|------------|-----------|--------|
| John A.    | 4-15-1996 | 20 yrs |
| Burford D. | 4-19-2004 | 12 yrs |

## Sisters in Sobriety -Cherokee

| Oleda W. | 4-14-1996 | 20 yrs |
|----------|-----------|--------|
|----------|-----------|--------|

#### **Total Surrender Group**

| Carole P.    | 4-10-1988 | 28 yrs |
|--------------|-----------|--------|
| Mike M.      | 4-11-1979 | 37 yrs |
| Catherine P. | 4-20-2003 | 13 yrs |
| Joanna D.    | 4-29-1989 | 27 yrs |
| Margaret N.  | 4-29-1986 | 30 yrs |

#### Waynesville Grace Group

| Andy R.     | 4-01-2011 | 5 yrs  |
|-------------|-----------|--------|
| Carl N.     | 4-01-2002 | 14 yrs |
| Jackie K.   | 4-07-1989 | 27 yrs |
| JoAnne G.   | 4-10-2007 | 9 yrs  |
| Sue B.      | 4-14-2010 | 6 yrs  |
| Jennifer L. | 4-29-2015 | 1 yr   |



Need to update your Group's anniversary list? Call Central Office: (828) 254-8539 - or send a new list to: info@ncmco.net

#### **CONTRIBUTIONS - February 2016**

| 11-11-11 Meeting<br>Anonymous<br>Around the Room Group<br>At Wit's End Group<br>Big Town Group 671-200<br>BYOC - Bring Your Own Coffee<br>Candler KISS Group 163-148<br>Cashiers Valley Grp 122-589<br>Conscious Contact (Asheville)<br>Daily Reflections - Fletcher 709-852<br>Day by Day Group 159-058<br>Early Bird Group 612-780<br>Grace Group of Asheville 161-970<br>High Noon Group 689-080<br>Higher Power Tower Hour<br>Love & Share Group<br>Men's Attitude Adjustment Grp 670-805<br>Mid Day Grp (Hendersonville) 143-420<br>Mill Spring Group<br>Mountain View Grp (Highlands) 110-598<br>New Freedom Group 700-124<br>Original Way Group<br>Recovery by the River 674-892<br>Rule 62 Group<br>Serenity Service 110-498<br>The Principles Group 675-162<br>Tryon Monday 5:30 Meeting<br>Waynesville Grace Group 110-692<br>Women of Courage<br>Women of Grace | February<br>\$88.00<br>\$78.31<br>\$59.56<br>\$0.00<br>\$0.00<br>\$54.95<br>\$105.00<br>\$0.00<br>\$34.80<br>\$0.00<br>\$34.80<br>\$0.00<br>\$34.80<br>\$0.00<br>\$105.00<br>\$110.00<br>\$161.28<br>\$50.00<br>\$121.67<br>\$15.00<br>\$275.28<br>\$50.00<br>\$1275.28<br>\$50.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$275.28<br>\$50.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$275.28<br>\$50.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$275.28<br>\$50.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$275.28<br>\$50.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$275.28<br>\$50.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$275.28<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$275.28<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$275.28<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$275.28<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.000<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00<br>\$0.00 | <b>YTD</b><br>\$88.00<br>\$160.84<br>\$59.56<br>\$130.40<br>\$276.78<br>\$136.30<br>\$105.00<br>\$172.40<br>\$292.12<br>\$34.80<br>\$550.00<br>\$250.00<br>\$683.95<br>\$210.00<br>\$100.00<br>\$161.28<br>\$50.00<br>\$221.67<br>\$15.00<br>\$275.28<br>\$100.00<br>\$275.28<br>\$100.00<br>\$7.00<br>\$59.06<br>\$176.46<br>\$59.00<br>\$35.75<br>\$60.00<br>\$35.75<br>\$60.00<br>\$239.75<br>\$28.00 | * fr |
|--|--|--|------|
| Total Group Contributions:   | \$2,329.01   | \$5,314.40   |      |
| Individual Contributions:<br>Anonymous<br>In Memory of B.G.<br>Total Individual Contributions:<br>Birthday Contributions:<br>Mountain Doin's Subscriptions:  | \$0.00<br>\$10.00<br><b>\$10.00</b><br>\$0.00  | \$4.18<br>\$20.00<br><b>\$24.18</b><br>\$1.00  |      |
| Grand Total  | \$0.00<br><b>\$2,339.01</b>  | \$0.00<br><b>\$5,339.58</b>  |      |
|  | -  | -  |      |

#### Suggestions for Group Donations to the A.A. Service Structure\*

from the pamphlet Self-Support: Where Money & Spirituality Mix. Recommendations for other percentages are also in the pamphlet. NCMCO **General Service Office** 70 Woodfin Place, **Grand Central Station** Ste 206 **PO Box 459** Asheville NC 28801 New York NY 10163 30% to 50% to **G.S.O**. Centra Office Intergroup 10% to District **District 70 Treasurer** Area 51 NCGSC PO Box 8574 Treasurer Asheville NC 28814 PO Box 10931 Raleigh, NC District 71 Treasurer 27605 3486 Silver Creek Rd Mill Spring, NC 28756 District 80 Treasurer 91 Lullwater Cove, Cullowhee, NC 28723

#### The Birthday Plan

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge. (Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016)



Birthday Contribution Envelopes are available for free at Central Office. And we also now recognize Birthday Contributions made to the Central Office - in person or mailed to: NCMCO, 70 Woodfin Place, Suite 206, Asheville, NC 28801. We thank all the groups and individuals who donate so generously!

#### MEETING UPDATES: Districts 70 • 71 • 80

#### **New Meetings:**

Arden: The 100% Step Group: Wednesday, 7:00pm. (O,D) St Michael & All Angels Anglican Church, 2270 Hendersonville Rd, Suite 5, Arden 28704

E. Flat Rock: Hope United 10am: Tuesday 10:00am. (O,SP/D); Thursday 10:00am (Open/"On the Beam" discussion) Hope United Methodist Church (Choir Rm), 2443 Spartanburg Hwy, E. Flat Rock 28726 (first traffic light south of Upland Rd Ingles – corner of Blue Ridge Rd)

#### **Meeting Changes:**

Asheville: Saturday Morning Men's Meeting: (M,C,D) Has changed time: now 9:15am. And moved to new location: Central United Methodist Church, 297 Haywood St, Asheville 28801

Asheville: Hope: 11:00am Sunday. Has changed name: now "Living Sober – Beginners" and format: now "O,BG,D" Asheville 12 Step Club, 370 N. Louisiana, Suite G4, Asheville 28806

**Fletcher: Fellowship Group:** Thursday 6:30pm. Changed format from "O,SP" to "O,D" Calvary Episcopal Church, 2840 Hendersonville Rd, Fletcher 28732Mills River:

#### **Discontinued Meetings:**

Lake Toxaway: Gloucester Group: Monday 8:00pm. (O,D) Silverstein Community Center, has been discontinued as of the end of February.

**Sylva: Mount Pleasant Men's Group:** Monday 6:00pm. (M,O,D) Mount Pleasant Baptist Church, 89 Mount Pleasant Church Rd, has been discontinued as of the end of February.



## The Service Express

Downloadable versions of the Mountain Doin's are available at <u>www.aancmco.org</u>. Updated Where & When meeting schedules are also available on the website.

#### All District Committee Chairpersons:

Please send updates on committee meeting times, recent activity, and upcoming service opportunities! April newsletter deadline is April 15.

#### District 70: ashevilleaa.org

**GSR Business Meeting** – held the 2nd Sunday of the month. Next meeting is scheduled for Sunday April 10, 2:30pm, at St. Luke's Episcopal, 219 Chunns Cove Rd, Asheville.

District 70 is still looking for someone to fill the position of CPC/PI Committee Chairperson. If you are interested please attend the GSR Business meeting.

**Service Committees Meeting** – held the last Tuesday of odd-numbered months. Next meeting is Tuesday, May 31st, 6:00pm at Trinity Episcopal Church, 60 Church St, Asheville

#### Bridging the Gap (with treatment facilities)

Attend the Service Committees Meeting or contact the TFC Chair at <u>ashevilleaa.org</u>; the

BTG Chair or co-coordinator at <u>bridgingthegap</u>. <u>asheville@gmail.com</u> or <u>www.btgww.org</u>.

The District Archivist email is: archives@ashevilleaa.org

#### District 71:

**GSR Meeting** – held the 2nd Saturday of oddnumbered months. Next meeting will be May 14th, 1:30pm at WNC 181 Club, 181 Oren Drive, Mills River, 28759. All interested AAs are invited to attend.

Correction Facilities Committee meets the 2nd

Saturday of even-numbered months. The next Corrections Committee meeting is April 9th, 1:30pm, 1620 Willow Rd, Hendersonville.

#### District 80: aawnc80.org

**GSR District Meeting** will be Sunday, April 17, 1:30pm, Jackson County Family Resource Center, 1528 Webster Rd, Webster, NC 28788. Corrections is in need of both women and men to take meetings into jails.

#### CORs / NCMCO: aancmco.org Next combined COR/NCMCO Board meeting:

Thursday, April 14, 2016, 6:00pm, at 70 Woodfin Place, Asheville 28801, in Suite 212 (just down the hall from Central Office)

Anyone interested in receiving the Minutes from the COR/Board Meetings? Just send us an email (info@ncmco.net) and we will send the the Minutes. Better yet? Come to the next COR/ Board meeting!

#### **Volunteers**

Both men & women volunteers are needed for meetings at Correctional Facilities and County Jails as well as volunteers for Treatment Committee meetings going to Neil Dobbins and Copestone – especially women and young people. For more information on these vital service opportunities attend your District's General Service Representative meeting, Service Committees meeting and/or Correctional Facilities Committee meeting. Or call Central Office – 828-254-8539 – for contact information.



#### SPECIAL MEETINGS AND EVENTS

NOTE: NCMCO is not responsible for the content of posted flyers or external internet links.

• Area 51 Western Pre-Conference. Saturday, April 2; noon until 4:00pm. Long's Chapel United Methodist Church, 175 Old Clyde Hwy, Waynesville, NC 28785

• District 71 Events Committee's first event: Old Timers Panel. Saturday, April 9; 6:30-9:00pm. Church of Nazarene, 111 N Washington St, Hendersonville, NC 28739. There will 4 Old Timers, a Sobriety Countdown, a 50/50 raffle and desserts and coffee!! Please bring a dessert to share. For more information, contact Central Office: 828-254-8539

• 29th Annual International AA Men's Conference. April 15-17. Crowne Plaza Chicago O'Hare Hotel. 5440 North River Rd, Rosemont, IL 60018. For hotel reservations call: (877) 337-5793; mention: "Happy, Joyous and Free 2016." For conference registration online visit website: www.IAAMC2016.org

• 21st Annual Oak Island Lighthouse Retreat. May 6-8. For more information and registration form, visit website: <u>www.</u> oakislandlighthouseretreat.com

• 60th Great Smoky Mountain Recovery Campout. May 27-30. Greenbrier Campground, 5 miles from Gatlinburg, TN. For more information, email <u>GSMRC.greenbrier@gmail.</u> com (see flyer)

• 21st Annual Southeast Woman to Woman Conference. August 26-28. Crowne Plaza Resort, 1 Resort Drive, Asheville, NC 28806. For more information and registration form, visit website: www.sewomantowoman.org

• For NC Area 51 Conferences go to: <u>www.</u> <u>aanorthcarolina.org</u>

• For other events around the country/world check out the aa.org website – Box 4-5-9 Bulletin Board: <u>http://www.aa.org/newsletters/en\_US/</u> en\_box459\_spring16.pdf

#### **Corrections Corner**

#### Without AA and With AA

Without A.A. I was lost and headed down a path of destruction and death.

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With A.A. I found myself, I found a new path, I rebuilt everything I destroyed and I long to live!

Without A.A. all I felt was hate, all I could see was dark. I was all alone in my misery.

With A.A. I feel so much love, I have love to share now. I see this wonderful light that shines out of me, I have so many people to share this joy with!

Without A.A. I had no purpose in life but to be the worst person imaginable and take everything I could from you.

With A.A. my purpose is to tell you that I love you and we are good people and to offer you hope and inspiration and to show you that we can live a better life. I'm living proof!

Just a little something A.A. has done for me and can do for you!

Steven C Craggy Correctional Center

#### Annual General Service Conference

Once more it is time for A.A.'s annual General Service Conference, which will take place April 17-23, 2016, in New York City. The theme of the 66th Conference is "Our Spiritual Way of Life: Steps, Traditions and Concepts," underscoring the importance of A.A.'s Three Legacies of Recovery, Unity and Service.

Consisting of delegates from the 93 service areas of the United States and Canada, along with trustees, directors and General Service Office, Grapevine and La Viña staff members, the purpose of the Conference is to deliberate on matters affecting the Fellowship as a whole.

For months, preparations have been underway throughout the Fellowship for the annual gathering — from the election of new delegates, to the deliberation of groups, districts and areas on matters of interest, to the distribution of information on agenda items throughout the service structure, the Conference process has been picking up steam throughout the year.

Actively in session for a single week. At 7:30 a.m. there is a meeting of the GSC Serenity Group, an open A.A. meeting for those who wish to attend. As the week progresses, there are presentation/discussion sessions, brief area highlights given by new delegates, financial and board reports from trustees and directors and elections for incoming regional trustees.

Beyond the meetings and reports, the essential work of the Conference is done through thirteen delegate committees that meet early in the week to discuss a series of topics that have been submitted for each committee.

After discussion, each committee prepares a report that is presented to the Conference as a whole later in the week, with any specific recommendations the committee may have. After full discussion and vote by the entire Conference, any item receiving a two-thirds majority becomes a Conference Advisory Action.

Since the very first Conference in 1951, open debate has been a hallmark of the Conference process and the 2016 General Service Conference will be no exception. Like each of the Conferences before it, the 66th and its 131 or so Conference members will be guided by the principles handed down to each new generation of A.A.s as an inheritance from the founders and early members: the Three Legacies of Recovery, Unity and Service. (Reprinted from Box 4-5-9 Vol. 62, No.1 / Spring 2016) State Convention

**July 28-31, 2016** Hilton North Raleigh / Midtown 3415 Wake Forest Road • Raleigh, NC 27609

# "EXPERIENCE, STRENGTH & HOPE"

#### **REGISTER NOW TO SUPPORT YOUR CONVENTION!**

#### **Convention Pre-Registration**

ICE

tope

EXPER

\$20,00 per person

before **June 20, 2016** 

\$25.00 per person June 20, 2016 and after. Al-anons 18 & under - No charge but must register.

(No Refunds after June 20, 2016)

#### **Hotel Registration**

Mention Group Code: NCS Single & Double: \$100 + tax Triple: \$110 + tax Quad: \$120 + tax

Phone: (919) 872-2323 - ask for NC State Convention and/or group code "NCS" to make reservations. On-Line: www.NorthRaleighHilton.com - enter group code "NCS" where prompted.

Cut-off for Conference rate: June 20, 2016

FOR PROBLEMS WITH HOTEL RESERVATIONS, PLEASE CALL ONE OF THE CONTACT PEOPLE TO THE RIGHT.

# State Convention

#### **Speakers**

| Jerry W.   | Apex, NC         | Thurs 8:30 pm |
|------------|------------------|---------------|
| Joe L.     | Edmund, OK       | Fri 8:00 pm   |
| Susie S. 🛆 | Murfreesboro, TN | Sat 10:00 am  |
| Jessica S. | St. Louis, MO    | Sat 2:30 pm   |
| Steve L.   | Nashville, TN    | Sat 8:00 pm   |
| Amy T.     | Jenkes, OK       | Sun 10:00 am  |

God as I Understand Him - Sun 8:30 am (5 peoples' experience)

#### Workshops - Fri 10:30 am & Sat 4:00 pm

- \* FREE Convention Mug to First 500 Pre-Registrants!
- \* Old-Timers' Panel, Friday at 3:00 pm
- \* 'Round the Clock Marathon Meetings
- \* Open Discussion Meetings 🛆 🛕
- \* Saturday Night Dance
- \* Plenty of FREE Coffee

For More Information Contact: Amy M. (252) 567-1984 Craig P. (919) 222-0605 Beth R. (704) 941-1220 OR Email: convention@aanorthcarolina.org

#### Make checks payable to: NC Convention Committee PO Box 1387 • Knightdale, NC 27545-1387

- 😪 - -

Special Rate before June 20, 2016 - \$20.00; June 20 and after - \$25.00, • Al-anons 18 & under: No charge but must register.

| Name                             |                        |       |                 |
|----------------------------------|------------------------|-------|-----------------|
| Address                          |                        |       |                 |
| City, State, Zip                 |                        | Email |                 |
|                                  | Telephone (            |       |                 |
|                                  | Enclosed - \$          | for   | registration(s) |
| Name(s) to be printed on badge(  | <b>S)</b> Please print |       |                 |
| Preferred method of contact: 🛛 E | mail 🛛 Mail            |       |                 |

# Area 51 Spring Committee & Assembly Meeting June 10-12, 2016

THE HILTON NORTH RALEIGH/MIDTOWN

3415 Wake Forest Road, Raleigh, NC 27609

#### **ADVANCE HOTEL INFORMATION**

#### **Deadline for Reservations: Thursday, May 19, 2016 Group Code: AR51**

Group Name: Area 51, General Service Spring Assembly Room Rates: \$100.00 Single/Double, \$110.00 Triple, \$120.00 Quad Phone: 919-872-2323 or 800-445-8667 [1-800-HILTONS] Internet: Link for direct reservations: http://tinyurl.com/z5mrsnq Internet: Link for hotel information: www.northraleigh.hilton.com

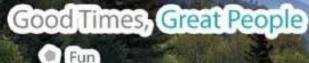
#### For Best Results:

- Reserve as soon as possible and definitely before the deadline. Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Using the direct reservation link will ensure the contracted rate and apply to the room block.
- PLEASE MAKE YOUR RESERVATIONS EARLY!
- If you reserve by phone, be sure to specify the group code "AR51" and the group name "Area 51 General Service Spring Assembly."
- If possible, call the Hilton North Raleigh/Midtown directly at 919-872-2323 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- If you have ANY trouble with room rate or availability, please contact the Area Chair at <u>chair@aanorthcarolina.org</u>.

#### Thank you for your service and support of Area 51. See you at the Spring 2016 Committee and Assembly!

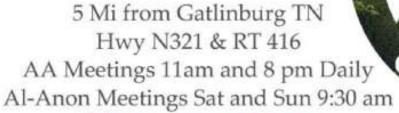
# 60<sup>™</sup> Great Smoky NTAIN Recovery Campout May 27-30, 2016

MEMORIAL DAY WEEKEND



Food

Fellowship



(All Meetings are Open) Saturday 28th Pot Luck Dinner 5pm Saturday Night Speaker Meeting 7pm Patrick C.

### **INFO & CONTACT**

E-Mail GSMRC.greenbrier@Gmail.com MC: Toby W. 865.654.3884 Greenbrier Campground 5406 Pittman Center Rb, Pittman Center, TN 37836 Call For Greenbrier Campground Tent/RV Reservation

(There is a \$2/day parking fee for non-camping participants) (Pets ONLY allowed with RV Hook-up Reservation)



| The Oak I stand Lighthouse Retreat<br>intranae setting, at the tip of Oak<br>and the Atlantic Ocean normal<br>bigether.       Complete Plan - Two Night Stay • Five Meals<br>intranae setting, at the tip of Oak<br>and the Atlantic Ocean normal<br>bigether.         We are on the grounds of Fort Gaswell<br>which is listed in the Mational<br>Begister of Historic Places and dates<br>back to the 1880's.       Lodging Only Option: Two Night Stay • No Meal<br>\$130.00 per/person - Complete Pay Only<br>Day Registration - \$25.00 per/person • No Meals<br>Includes all meetings & functions for the weekend<br>includes all meetings & function forms at<br>the registration - Fill out for EACH person you are registering - Overnight Stay or 3-Day Registration<br>is start includes in function of the function of the ansist or on-sine registeration<br>is start includes in function of the function of the function of the start in the start of the start of the start of the start of<br>the function of the function of the start of the   | May 6,7.8 2016         The Oak Island Lighthouse Retreat<br>celebrates each year in a small-<br>intimate setting, at the tip or Oak<br>Island, where the Cape Fear River<br>and the Atlantic Ocean come<br>together.       Complete Pla<br>Complete Places and dates<br>back to the 1850's.<br>Our seaside accommodations are just<br>steps to the beach.       Lodging Only<br>\$130.00         Our seaside accommodations are just<br>steps to the beach.       • Three AA Spe<br>•   | and       Lighthouse       Kettreat         2016       Fellowship & Serenity at the Sea         2016       Fellowship & Serenity at the Sea         amplete Plan - Two Night Stay • Five Meals       \$175.00 per/person         odging Only Option: Two Night Stay • No Meals       \$130.00 per/person - Complete Pay Only         ay Registration - \$25.00 per/person • No Meals       Includes all meetings & functions for the weekend         Three AA Speaker meetings • Al-Anon Speaker meeting       • Ice Cream Social • Music • Tour of Fort Caswell         REGISTER and PAY ON-LINE (Secure PAYPAL)       Download and print reigistration forms at         (Friday Night) • Sue P., Norwood, NC AFG (Saturday Morning)       arie 90.512.0970 • Tech Assis for on-line registration         Island Lighthouse Retreat, PO Box 235, Oak Island, NC 28465   | quest: (Roomate, etc.)   |
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# Area 51 Western Pre-Conference

# Saturday April 2

# Noon until 4PM

## Long's Chapel United Methodist Church

# 175 Old Clyde Highway

# Waynesville, NC 28785

This is an exciting opportunity to get involved in the General Service Conference (GSC) process by discussing specific agenda items and providing feedback to our Area Delegate prior to the GSC in NYC.

## \*\*lunch will be Provided\*\*

<<For a map link go to: aancmco.org/events/>>