

# MOUNTAIN DOINGS

FEBRUARY 2016

(828) 254-8539

Office Hours  
10:00am - 1:00pm  
Monday-Friday

[info@ncmco.net](mailto:info@ncmco.net)

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## ANNIVERSARIES

### Asheville Women's BBSS Group

Roseann N. 2-03-2010 6 yrs  
Keldwyn T. 2-25-1986 30 yrs

### At Wit's End Group

Travis R. 2-12-2013 3 yrs

### Back to Basics Group - Weaverville

Andy Y. 2-01-2014 2 yrs  
Brian D. 2-01-2006 10 yrs  
Mike W. 2-24-2006 10 yrs  
Phil L. 2-26-2012 4 yrs

### Black Mountain Group

Kathleen K. 2-12-2012 4 yrs

### Brevard Serenity Group

Mark C. 2-02-2014 2 yrs  
Andy G. 2-21-2004 12 yrs

### Candler K.I.S.S. Group

Carol M. 2-12-1984 32 yrs  
Shari C. 2-14-2014 2 yrs  
Chip C. 2-20-1986 30 yrs  
Zac W. 2-22-2011 5 yrs

### Conscious Contact Group

Marty M. 2-1954 62 yrs  
Will 2-1983 33 yrs  
Marsha P. 2-1987 29 yrs  
Nancy K. 2-1992 24 yrs  
Rowan 2-1992 24 yrs  
Kathie 2-1994 22 yrs  
Kathy G. 2-2007 9 yrs

### Cumberland Group

Dan P. 2-09-1998 18 yrs  
Billy L. 2-16-2015 1 yr

### Daily Decisions Group

Blue 2-08-2005 11 yrs

### Fellowship Group

Barry B. 2-01-2002 14 yrs  
Marsha P. 2-14-1987 29 yrs  
Mary S. 2-18-2012 4 yrs  
Scott P. 2-28-2015 1 yr

### Grace Group

Kathy G. 2-01-2007 9 yrs  
Ash G. 2-02-2012 4 yrs  
Geoff S. 2-06-2008 8 yrs  
Meghan J. 2-06-1988 28 yrs  
Karen D. 2-10-2009 7 yrs  
Mary B. 2-10-1981 35 yrs  
Jerry T. 2-15-2011 5 yrs  
Sabra R. 2-15-2008 8 yrs  
Susan D. 2-15-1986 30 yrs  
Lewis C. 2-21-2009 7 yrs  
Margery K. 2-22-2004 12 yrs  
AJ H. 2-23-2014 2 yrs  
Cat F. 2-23-2012 4 yrs  
Ashley G. 2-24-2010 6 yrs

### Happy Hour Group

Mike P. 2-01-2009 7 yrs  
Bobbie P. 2-03-1986 30 yrs  
Kent S. 2-07-2009 7 yrs

### Mars Hill Group

Brian D. 2-01-2006 10 yrs  
Mike P. 2-01-2009 7 yrs  
Mike W. 2-24-2006 10 yrs  
Dick Mc. 2-25-1980 36 yrs  
Phil L. 2-26-2012 4 yrs  
John W. 2-28-1986 30 yrs

### Midday Group

Ali W. 2-12-2011 5 yrs  
Craig G. 2-14-2013 3 yrs  
Dean D. 2-14-1994 22 yrs  
Barbara M. 2-22-2012 4 yrs

### Second Chance Group - Cherokee

Leslie H. 2-21-1997 19 yrs  
*Missed in January:*  
Herb W. 1-22-1990 26 yrs

### Serenity Seekers - Marion

Dean D. 2-12-2002 14 yrs  
Zee O. 2-14-2011 5 yrs  
Ben F. 2-16-1986 30 yrs  
Christina 2-24-2012 4 yrs  
Suzie L. 2-28-2009 7 yrs

### Total Surrender Group

April M. 2-14-2011 5 yrs  
Al M. 2-18-2014 2 yrs  
Jackie L. 2-23-2015 1 yr

### Traditional Group

Jason C. 2-06-2013 3 yrs  
Roy M. 2-25-2015 1 yr

### Waynesville Grace Group

Paul M. 2-08-2015 1 yr  
Nicole P. 2-10-2015 1 yr  
Laura S. 2-18-1998 18 yrs  
Verda D. 2-23-2015 1 yr  
Darci N. 2-25-2011 5 yrs  
Vicki A. 2-28-2011 5 yrs

### Women of Grace

Angela 2-01-2006 10 yrs  
Camille C. 2-01-1983 33 yrs  
Meryl L. 2-19-2010 6 yrs  
Crystal G. 2-26-2013 3 yrs  
Suzie L. 2-28-2009 7 yrs



Need to update your Group's anniversary list? Call Central Office:  
(828) 254-8539 - or send a new list to: [info@ncmco.net](mailto:info@ncmco.net)



**New NC Mountain Central Office, Inc.**  
**Profit & Loss YTD Comparison**  
 December 2015

	Dec 15	Jan - Dec 15
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Contributions</b>		
Birthday Contributions	0.00	605.00
Group Contributions	1,671.71	28,431.25
Individual Contributions	12.38	178.81
Subscriptions	0.00	33.00
<b>Total Contributions</b>	1,684.09	29,248.06
Interest on Money Market	0.60	7.06
<b>Sales Income</b>		
Literature & merchandise	2,810.85	29,951.04
Shipping	30.38	457.73
<b>Total Sales Income</b>	2,841.23	30,408.77
<b>Total Income</b>	4,525.92	59,663.89
<b>Cost of Goods Sold</b>		
<b>Cost of Goods</b>		
Discount	-13.95	-130.58
Freight	51.75	553.68
Literature & merchandise	2,320.27	23,739.01
Cost of Goods - Other	0.00	0.00
<b>Total Cost of Goods</b>	2,358.07	24,162.11
<b>Total COGS</b>	2,358.07	24,162.11
<b>Gross Profit</b>	2,167.85	35,501.78
<b>Expense</b>		
Charitable Contributions	1,000.00	1,000.00
Copier Rental	159.72	1,984.26
Editor	120.00	1,440.00
ICOAA Conference	0.00	533.88
Insurance Expense	0.00	601.90
Office Expenses	52.02	366.41
Office Supplies	36.06	492.45
Payroll Expenses	1,293.02	14,534.58
QuickBooks Expenses	0.00	359.38
Rent	504.00	5,991.00
Sales Tax Paid to Vendors	15.98	186.24
Shipping to Groups	31.38	465.23
Stamps/Postage	74.50	856.32
<b>Telephone &amp; Internet</b>		
Answering Service	94.50	1,227.50
Office Telephone/Internet	145.84	1,725.90
<b>Total Telephone &amp; Internet</b>	240.34	2,953.40
Vendor Discount	-32.93	-121.11
Vendor Shipping	9.50	22.49
<b>Total Expense</b>	3,503.59	31,666.43
<b>Net Ordinary Income</b>	-1,335.74	3,835.35
<b>Net Income</b>	<b>-1,335.74</b>	<b>3,835.35</b>

## February Grapevine is now available!

This month, we feature stories about staying sober through adversity



- Daily Grapevine Quote
  - The I-Poll
  - The Laugh's On Us
  - AAGV Info Emails
- [aagrapevine.org](http://aagrapevine.org)

### Cash on Hand as of 12/31/15

Money Market (Prudent Reserve) \$7,034.03  
 Operating Account (Checking) \$7,499.25  
 Rent Deposit \$400.00  
 Petty Cash \$50.00

## Call & Visitor Log

### DECEMBER 2015

12 Step Calls – 6  
 General Info – 3  
 Family Help – 4  
 Meeting Info – 27  
 Central Office Business – 64  
 Medical/Detox – 1  
 Visitors – 111

Answering Service  
 (Operator-Asst) – 94  
 minutes (November)



# CONTRIBUTIONS - December 2015

	December	YTD/2015
11-11-11 Meeting	\$90.60	\$200.60
12 & 12 Study Group		\$350.00
3 Legacies Group 709-522		\$25.00
4th Dimension		\$50.00
Acceptance Group 122-477		\$1,310.60
Anonymous	\$84.91	\$890.46
Asheville BBSS Group 637-843		\$285.37
Asheville Women's BBSS Group		\$75.00
At Wit's End Group		\$145.53
Back to Basics (Weaverville) 147-139		\$335.00
Bethel Up the River Group		\$65.00
Big Town Group 671-200		\$344.81
Brevard Sylvan Valley Group 125-202		\$25.00
Burnsville Group 135-171		\$100.00
But for the Grace of God Group		\$30.00
BYOC - Bring Your Own Coffee		\$408.35
Candler Kiss Group 163-148		\$289.80
Cashiers Valley Grp 122-589		\$736.29
Chunn's Cove Men's Group		\$280.00
Conscious Contact (Asheville)		\$2,148.35
Daily Decisions 643-869	\$160.00	\$775.00
Daily Reflections - Fletcher 709-852		\$35.00
Daily Reprieve - from fear to Faith		\$25.00
Day by Day Group 159-058		\$2,928.65
Dry Dock Group	\$60.00	\$120.00
Early Bird Group 612-780		\$238.75
Fellowship Group 655-542		\$225.89
Fireside Group 655-046	\$330.00	\$842.50
Good Livers 666-360	\$100.00	\$249.05
Grace Group of Asheville 161-970		\$1,634.73
Great Fact Group		\$50.00
Happy Hour Group 169-182	\$83.22	\$282.13
Happy, Joyous & Free Group	\$45.00	\$90.00
High Noon Group 689-080	\$60.00	\$160.00
Higher Power Tower Hour		\$75.00
Hilltop Group 680-643		\$10.00
Joy of Living - Brevard 669-820		\$65.24
Kanuga Group 645-767	\$25.00	\$282.00
Lambda Group 617-035		\$531.50
Leicester Group 143-417	\$100.00	\$200.00
Library Group		\$50.00
Love & Share Group		\$201.76
Love & Tolerance Group	\$13.01	\$13.01
Maggie Valley Group 158-950		\$80.00
Marion AA Group 110-621	\$100.00	\$100.00
Mars Hill Group 130-895		\$400.00
Marshall Group 110-489		\$60.00
Mid Day Group (Hendersonville) 143-420	\$285.74	\$866.74
Monday Night Open Meeting	\$64.23	\$528.55
Mountain View (Highlands) 110-598		\$555.89
Murphy Big Book Group		\$10.00
New Freedom Group 700-124		\$380.97
Original Way Group	\$5.00	\$107.50
Phoenix Group		\$75.00
Pisgah Group		\$375.16
Primary Purpose Group		\$95.81
Recovery at 6		\$10.00
Recovery by the River 674-892		\$649.02
Rule 62 Group		\$278.30
Safe & Sound Group 645-654		\$703.00
Saluda Back to Basics Group	\$40.00	\$75.00
Saturday Morning Men's Meeting		\$150.00
Second Chance Group - Cherokee		\$40.00
Serenity Seekers - Marion 663-204		\$350.00
Serenity Service 110-498	\$25.00	\$1,216.00
Skyland 12&12 Meeting		\$135.00
Skyland Big Book Group 693-372		\$100.00
Speed Bump Group 512-851		\$50.00
Spruce Pine Group 110-679		\$350.00

	December	YTD/2015
Steppin' Up Group		\$0.57
Sunshine AA Group		\$100.00
Surrender Group - Blk Mtn		\$125.00
The Principles Group 675-162		\$141.37
There Is A Solution		\$109.50
Total Surrender Group		\$725.00
Tryon 12 & 12 Group 690-877		\$42.26
Tryon Monday 5:30 Meeting		\$263.00
Waynesville Grace Group 110-692		\$1,297.00
We Think Not Group 700-411		\$60.00
Women's Grapevine Meeting		\$25.00
Women of Courage		\$294.50
Women of Grace		\$153.00
Women of Principles		\$40.00
Working at Recovery		\$3.95
Young People's Group 645-646		\$128.79

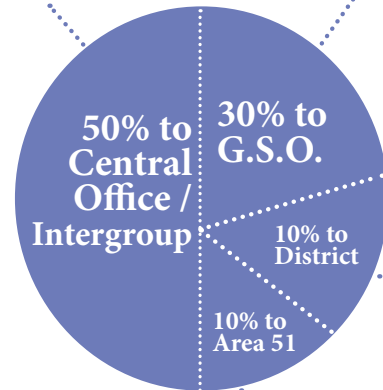
<b>Total Group Contributions:</b>	<b>\$1,671.71</b>	<b>\$28,431.25</b>
<b>Individual Contributions</b>		
Anonymous	\$2.38	\$58.81
In Memory of B.G.	\$10.00	\$120.00
<b>Total Individual Contributions:</b>	<b>\$12.38</b>	<b>\$178.81</b>
<b>Birthdays Contributions:</b>	\$0.00	\$605.00
<b>Mountain Doin's Subscriptions:</b>	\$0.00	\$33.00
<b>Grand Total</b>	<b>\$1,684.09</b>	<b>\$29,248.06</b>

## Suggestions for Group Donations to the A.A. Service Structure\*

\* from the pamphlet [Self-Support: Where Money & Spirituality Mix](#). Recommendations for other percentages are also in the pamphlet.

NCMCO  
70 Woodfin Place,  
Ste 206  
Asheville NC 28801

General Service Office  
Grand Central Station  
PO Box 459  
New York NY 10163-0459



Area 51 NCGSC  
Treasurer  
PO Box 10931  
Raleigh, NC 27605

• District 70 Treasurer  
PO Box 8574  
Asheville NC 28814-8574

• District 71 Treasurer  
3486 Silver Creek Rd  
Mill Spring, NC 28756

• District 80 Treasurer  
91 Lullwater Cove,  
Cullowhee, NC 28723

# MEETING UPDATES: Districts 70 • 71 • 80

## New Meetings:

**Cullowhee. Sober Lunch Bunch:** Monday, Tuesday, Thursday, Friday 12:20pm. Cullowhee Baptist Church, 148 Central Drive (on WCU Campus next to Hunter Library), 28723 (O, BB/D)

## Meeting Changes:

**Asheville: Good Livers:** Tuesday. (C,D) Time has changed from 12:15pm to 12:00pm as of February 1st. Grace Episcopal Church, 871 Merrimon Ave, 28804.

**Asheville: Safe & Sound Group:** Tuesday 7:00pm. (W,O,D) Last Tuesday of the month they will have an eating meeting at 6:00pm, followed by the regular meeting at 7:00pm. St Mathias' Episcopal Church, 1 Dundee St, 28801.

**Candler: S.O.B.E.R. Group:** Tuesday. (C,D) Time has changed from 8:00pm to 7:00p as of Dec 1. Oak Hill United Methodist Church, 277 Oak Hill Rd, 28715.

**Mills River: Moment of Clarity Group:** Monday. (O, BB/D) Time has changed from 6:00pm to 5:30pm. WNC 181 Club, 181 Oren Drive, 28759.

**Maggie Valley: Maggie Valley Group:** Saturday 7:00pm. (O,D) Last Saturday is now "O, SP." Maggie Valley United Methodist Church, 4192 Soco Rd, 28751.

## Discontinued Meetings:

**Asheville: Acceptance Group:** Thursday 10:30am. (C, SS) St Luke's Episcopal Church, 219 Chunns Cove Rd. Meeting has been discontinued.

**Mills River: Love & Tolerance:** Saturday 10:00am. (O,D) WNC 181 Club, 181 Oren Drive. Meeting has been discontinued.

# The Service Express

Downloadable versions of the Mountain Doin's are available at [www.aancmco.org](http://www.aancmco.org). Updated Where & When meeting schedules are also available on the website.

## All District Committee Chairpersons:

Please send updates on committee meeting times, recent activity, and upcoming service opportunities! March newsletter deadline is February 15.

## District 70: ashevilleaa.org

**GSR Business Meeting** – held the 2nd Sunday of the month. Next meeting is scheduled for Sunday February 14, 2:30pm, at St. Luke's Episcopal, 219 Chunns Cove Rd, Asheville

**Service Committees Meeting** – held the last Tuesday of odd-numbered months. Next meeting is Tuesday, March 29, 6:00pm at Trinity Episcopal Church, 60 Church St, Asheville

## **Bridging the Gap (with treatment facilities)**

Attend the Service Committees Meeting or contact the TFC Chair at [ashevilleaa.org](http://ashevilleaa.org); the BTG Chair or co-coordinator at [bridgingthegap.asheville@gmail.com](http://bridgingthegap.asheville@gmail.com) or [www.btgww.org](http://www.btgww.org).

The District Archivist email is:

[archives@ashevilleaa.org](mailto:archives@ashevilleaa.org)

## District 71:

**GSR Meeting** – normally held the 2nd Saturday of odd-numbered months. Next meeting will be the 3rd Saturday, March 19, 1:30pm (instead of 1:00pm), at WNC 181 Club, 181 Oren Drive, Mills River, 28759. All interested AAs are invited to attend.

**Correction Facilities Committee** meets the 1st Saturday of even-numbered months. The next Corrections Committee meeting is February 6, 9:30am, 1620 Willow Rd, Hendersonville.



## District 80: aawnc80.org

**GSR District Meeting** will be Sunday, April 17, 1:30pm, Jackson County Family Resource Center, 1528 Webster Rd, Webster, NC 28788. Corrections is in need of both women and men to take meetings into jails.

## CORs / NCMCO: aancmco.org

**Next NCMCO Board meeting:** Thursday, February 11, 6:00pm, 70 Woodfin Place, Asheville, 28801, in Suite 212 (just down the hall from Central Office)

**Next combined COR/NCMCO Board meeting:** Thursday, April 14, 2016, 6:00pm, at 70 Woodfin Place, Asheville 28801, in Suite 212.

Anyone interested in receiving the Minutes from the COR/Board Meetings? Just send us an email ([info@ncmco.net](mailto:info@ncmco.net)) and we will send the the Minutes. Better yet? Come to the next COR/ Board meeting!

## Volunteers

Both men & women volunteers are needed for meetings at Correctional Facilities and County Jails as well as volunteers for Treatment Committee meetings going to Neil Dobbins and Copestone – especially women and young people. For more information on these vital service opportunities attend your District's General Service Representative meeting, Service Committees meeting and/or Correctional Facilities Committee meeting. Or call Central Office – 828-254-8539 – for contact information.



## Service Workshop

Central Office is contemplating having a workshop to discuss the various service structures and service opportunities. This

would be done in combination with the General Service Districts 70, 71 & 80. No date, location or details have been decided yet. Your input and suggestions would be most welcome! Call or email Central Office: 828-254-8539; [info@ncmco.net](mailto:info@ncmco.net)

## Special Meetings and Events

- 52nd International Women's Conference. February 11-15. Online registration ends January 30, 2016. Norfolk Waterside Marriott Convention Center (ALL ROOMS CURRENTLY BOOKED but see website for other hotel options), 235 E. Main Street, Norfolk, VA 23510. (757) 627-4200; (888) 236-2427 [www.internationalwomensconference.org](http://www.internationalwomensconference.org)
- Freedom From Bondage - Area 51 Corrections Conference. March 11-13. Hampton Inn & Suites, 200 Columbus Dr. Aberdeen, NC 28315. For more info, email: [corrections@aanorthcarolina.org](mailto:corrections@aanorthcarolina.org) (see flyer)
- Area 51 Western Pre-Conference. Saturday, April 2; noon until 4:00pm. Long's Chapel United Methodist Church, 175 Old Clyde Hwy, Waynesville, NC 28785 (see flyer)
- 29th Annual International AA Men's Conference. April 15-17. Crowne Plaza Chicago O'Hare Hotel. 5440 North River Rd, Rosemont, IL 60018. For hotel reservations call: (877) 337-5793; mention: "Happy, Joyous and Free 2016." For conference registration online: [www.IAAMC2016.org](http://www.IAAMC2016.org)
- 21st Annual Oak Island Lighthouse Retreat. May 6-8. For more info and registration form, visit website: [www.oakislandlighthouse retreat.com](http://www.oakislandlighthouse retreat.com)

For NC Area 51 Conferences go to: [www.aanorthcarolina.org](http://www.aanorthcarolina.org)

For other events around the country/world check out the aa.org website – Box 4-5-9 Bulletin Board: [http://www.aa.org/newsletters/en\\_US/en\\_box459\\_holiday15.pdf](http://www.aa.org/newsletters/en_US/en_box459_holiday15.pdf)

## Recovery Corner

(Prayers, poems, stories...)

### A Recovery Haiku

Missing Misery  
Glamorizing Memories  
Grant Serenity

- submitted by the women's group (Alpha Group) at  
Four Circles Recovery Center

## A Recovery Poem

### Sobriety

If I were given the right to choose  
A single word that we all could use  
Till we get more accustomed to piety,  
I would choose the word — sobriety.

To us beginners, just learning humility,  
Sobriety offers prolific utility,  
Giving in understandable clarity,  
Seed and the harvest of faith, hope and  
charity.

It not only means we must not take a drink —  
It replaces desire with the right way to think,  
And now, when we thirst, we know it is really  
For the water of life that is given us freely.

For this plentiful portion of life that is ours,  
Given us daily for twenty-four hours,  
We who are learning, but lacking in piety,  
Gratefully share and keep our sobriety.

— written by Matt T. (1-702)  
(submitted by Bob F. — from a card he  
received at a retreat)

## AA Grapevine Announces “Forming True Partnerships”



### FORMING TRUE PARTNERSHIPS

How AA members use the program  
to improve relationships

A collection of Grapevine stories showing the many ways members use the Twelve Steps, sponsorship, and the tools of the A.A. program to improve and repair

relationships, old and new (GV34), \$10.99; five or more copies, \$10.50.

To order this book or any other product from the GV collection, visit us at [AAGrapevine.org](http://AAGrapevine.org) and click on Store or call (800) 631-6025 US/Canada, (818) 487-2091 International or fax us at (818) 487-4550.

Source: [Box 4-5-9, Winter 2015, General Service Office, New York](#) Grapevine books are also available at the Central Office.

## Share Your Experience, Strength, and Hope

### Submit Your Stories, Photos, Art and More!

The Grapevine, “your meeting in print” is also your meeting on the Web. Why not share? We’re always accepting submissions of art or text, and you need no prior publishing experience. All it takes is a little willingness and a desire to share.



Read the guidelines for submitting, check our editorial calendar for upcoming special topics, and then use our upload form.

<http://www.aagrapevine.org/guidelines-contributing-grapevine>

You brought me sunshine  
when I only saw rain.  
You brought me laughter  
when I only felt pain.

- DONNA D

## Service Opportunity!

### **Become a Grapevine Representative!**



Grapevine Representatives are the link between AA Grapevine and the groups. It's a fun way to get involved! All you have to do is announce the latest issue at your meeting, let people know how they can participate by sending in stories, art work, or jokes.

It's easy to get started. Simply let your homegroup know that you are interested. Register with us online and you will receive a complete information kit from the Grapevine office.  
828-254-8539. Thank you!  
<http://www.aagrapevine.org/content/registration-or-change-address>

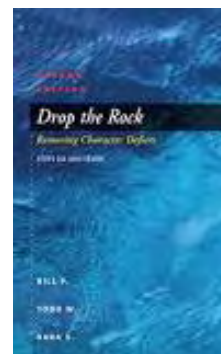
### **Need to Order Group Supplies After Office Hours?**



- call (828) 254-8539 during business hours: Monday–Friday, 10:00am–1:00pm
  - email your purchase list to: [info@ncmco.net](mailto:info@ncmco.net)
- We'll be happy to arrange for after-hours pickup (by you!) or shipping.

## **Interested in Studying “Drop the Rock”?**

An AA member is interested in forming a meeting or group to read and discuss the book “Drop the Rock – Removing Character Defects - Steps Six and Seven” published by Hazelden. If you are interested in studying this book with other AA members please call or email Central Office for more information.



### **We need updated contact information for your Group!**

AA members: We are trying to update our records and want to make sure we have the most recent contact information for each group. Some Groups we have no current contact information for so we are asking you all to have someone in your group – chairperson, secretary, treasurer, Central Office Representative? (We hope each Group will elect a COR!) – contact us here at Central Office: 828-254-8539 or [info@ncmco.net](mailto:info@ncmco.net) Thank you!

### **AA Newsletters Available Online**

[http://www.aa.org/pages/en\\_US/gso-newsletters](http://www.aa.org/pages/en_US/gso-newsletters)

**About AA** About A.A. is the newsletter from the General Service

Office of the U.S. and Canada for professionals of all types who deal with alcoholics, including professionals in the fields of healthcare, law, corrections and clergy.



Box 4-5-9 is a quarterly news bulletin from the U.S./Canada General Service Office. This newsletter includes information about A.A. service, literature, events, sharing from groups, service committees and individual U.S./Canada A.A. members.

**markings** The Archives eNewsletter, Markings  
YOUR ARCHIVES eNEWSLETTER

features stories about the history of A.A. and articles relating to the Archives profession for A.A. local Archivists involved in gathering and preserving the Fellowship's history.

# **Area 51 Western Pre-Conference**

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***Saturday April 2***

***Noon until 4P.M***

**Long's Chapel United Methodist Church**

**175 Old Clyde Highway**

**Waynesville, NC 28785**

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This is an exciting opportunity to get involved in the General Service Conference (GSC) process by discussing specific agenda items and providing feedback to our Area Delegate prior to the GSC in NYC.

**\*\*lunch will be Provided\*\***

<<For a map link go to: [aancmco.org/events/](http://aancmco.org/events/)>>



# Oak Island Lighthouse Retreat

May 6, 7, 8 2016

Fellowship & Serenity at the Sea

The Oak Island Lighthouse Retreat celebrates each year in a small - intimate setting, at the tip of Oak Island, where the Cape Fear River and the Atlantic Ocean come together. We are on the grounds of Fort Caswell which is listed in the National Register of Historic Places and dates back to the 1830's. Our seaside accommodations are just steps to the beach.

Great Recovery & Fellowship  
Good Speakers and Meetings  
Small/Intimate Group (about 200)  
Low Key atmosphere by the Sea.



**REGISTER and PAY ON-LINE (Secure PAYPAL)**  
Download and print registration forms at  
[www.oakislandlighthouseretreat.com](http://www.oakislandlighthouseretreat.com)

**Speakers :** Dave P., Greensboro, NC AA (Friday Night ) • Sue P., Norwood, NC AFG (Saturday Morning)  
Wallace B., Sanford, NC AA (Saturday Night) • Harold P., Norwood, NC AA (Sunday Morning)

Questions? Late registration/room availability (after 4/15/16) call Charlie 910.512.0970 • Tech Assist for on-line registration/payment call Sara 914.417.7009

Registration - Fill out for EACH person you are registering - Overnight Stay or 3-Day Registration

Cut out form and mail (with your payment) to Oak Island Lighthouse Retreat, PO Box 235, Oak Island, NC 28465

REGISTRATION TYPE	# PERSONS	TOTAL \$
Complete Plan - \$175 or Deposit of \$85 Per Person		
Lodging Only - \$130 Complete Pay Only		
3-Day Registration - \$25.00 Per Person		
<b>TOTAL ENCLOSED</b>		

Name 1 _____	M	F	Name 2 _____	M	F
Address _____			Address _____		
City _____ State _____ Zip _____			City _____ State _____ Zip _____		
Phone _____			Phone _____		
Email _____			Email _____		
Name Tag _____			Name Tag _____		
Special Request: (Roomate, etc.) _____					

Overnight Registration: Lodging is motel-style. Friday check-in is at 4 p.m. Dinner is at 6 p.m. First meeting is 8 p.m. Deposits are non-refundable after May 1st. Advance payment of Day Registration fee is encouraged as meeting space may be limited. **Make Checks Payable to: Oak Island Retreat**



IAAMC CHICAGO WINDY CITY HOST COMMITTEE  
WELCOMES YOU TO

**29<sup>TH</sup> ANNUAL INTERNATIONAL AA MEN'S CONFERENCE**

APRIL 15, 16, & 17<sup>TH</sup> 2016

AT THE

CROWNE PLAZA CHICAGO O'HARE HOTEL

5440 NORTH RIVER ROAD - ROSEMONT, IL 60018

FOR RESERVATIONS CALL 1-877-337-5793

MENTION: **"HAPPY, JOYOUS AND FREE 2016"**

ROOM RATES - \$109.00 PER NITE (room rates available thru April 1, 2016)

CONFERENCE REGISTRATION \$35.00

BANQUET DINNER (SATURDAY NITE): \$50.00 / TABLE OF (10) \$450.00

MAKE CHECKS PAYABLE TO: C.W.C.H.C.  
P.O. BOX 617577 - CHICAGO, IL  
60661

*(Please register early for IAAMC 2016 Conference, Dinner and Hotel)*

SPEAKERS TBA

FOR ADDITIONAL INFORMATION CONTACT:

ALONZO D. (312) 217-6589 | LOWELL D. (312) 415-0288 BILL T. (312) 659-2294 |

CRESTON B. (773) 209-9720 HOWARD L. (312) 286-6093

**REGISTER ONLINE:**

[WWW.IAAMC2016.ORG](http://WWW.IAAMC2016.ORG)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ email \_\_\_\_\_ @ \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

# "FREEDOM FROM BONDAGE XXVIII"

## Area 51 AA Corrections Conference

March 11-13, 2016

Hampton Inn & Suites  
200 Columbus Dr.  
Aberdeen, NC 28315  
(Just off US 15 501 Hwy}

### Pre-registration for conference

\$15.00 per person before February 26, 2016

\$18.00 at the door

### Hotel registration

Hampton Inn & Suites  
200 Columbus Dr.  
Aberdeen, NC 28315  
Room reservations:  
(910) 693-4330 or online at:

[http://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20160311/index.jhtml?WT.mc\\_id=POG](http://hamptoninn.hilton.com/en/hp/groups/personalized/S/SNPNCHX-FFB-20160311/index.jhtml?WT.mc_id=POG)

Code: FFB

Rate: \$94-Standard Room, \$104-Studio Suite Cut-off for special rate: February 22, 2016

### AGENDA

- Speakers
- Panels
- Workshops
- Fellowship
- All the coffee you can drink!
- "Sweet Thangs"

### For more information

E-mail: [corrections@aanorthcarolina.org](mailto:corrections@aanorthcarolina.org)  
(704) 995-5288

**FREEDOM FROM BONDAGE XXVIII**  
Area 51 AA Corrections Conference  
Pre-registration rate before February 26, 2016 | \$15

Make checks payable to CFC  
and mail to:  
CFC  
PO Box 473193  
Charlotte, NC 28247

NAME \_\_\_\_\_ NAME ON BADGE \_\_\_\_\_

NAME \_\_\_\_\_ NAME ON BADGE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_ # OF AA's \_\_\_\_\_