

(828) 254-8539

**Office Hours** 10:00am - 1:00pm **Monday-Friday** 

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

#### NNIVERSARIE **Cumberland Group Acceptance Group** Cecile C 11-03-2003 36 yrs 11-07-1979 11-22-2014 1 yr 11-27-1989 26 yrs

#### **Around the Room Group**

Paul B.

Branson

Phyllis N.

Clifford C.	11-07-2011	4 yrs
Wayne D.	11-09-1970	45 yrs
Perry H.	11-25-1980	35 yrs

#### **Back to Basics Group - Weaverville**

Larry G.	11-12-1988	27 yrs
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#### **Black Mountain Group**

Anne O.	11-06-1979	36 yrs
Fred P.	11-08-1979	36 yrs

#### **Brevard Serenity Group**

Jake T.	11-01-2014	1 yr
Judy R.	11-01-1997	18 yrs

#### **Conscious Contact Group**

Kay G.	11-1984	31 yrs
Belinda	11-1988	27 yrs
Debbie	11-1992	23 yrs
Steven M.	11-1994	21 yrs
Jennifer V.	11-2004	11 yrs
Jack G.	11-2011	4 yrs
Cece	11-2012	3 yrs

Cecile C.	11-03-2003	12 yrs
April M.	11-25-2005	10 yrs
Stephen D.	11-28-2013	2 yrs
Bill G.	11-30-1983	32 yrs
Fellowship G	roup	
Janet J.	11-04-1982	33 yrs
David S.	11-06-1986	29 yrs
Jennifer S.	11-11-2007	8 yrs
Jennifer V.	11-28-2004	11 yrs
Happy Hour C	Group	
Courtney S.	11-08-2014	1 yr
Robert L.	11-19-2008	7 yrs
Hendersonvil	le Group	
Sue H.	11-07-2014	1 yr
Danny M.	11-07-1993	22 yrs
Alison A.	11-08-2013	2 yrs
Jerry B.	11-09-1988	27 yrs
David L.	11-28-2008	7 yrs



#### Mars Hill Group

	Mars Hill Group	5	
5	Dan G. Tony V.	11-21-2007 11-14-1974	8 yrs 41 yrs
5	Midday Group		
	Maurice B. Lisbeth T. Sue H. Tasha N. Al L. Stephanie Hoyt G. Rob L.	11-07-2011 11-07-2014 11-08-2013 11-18-1998	7 yrs 4 yrs 1 yr 2 yrs 17 yrs 4 yrs 45 yrs 7 yrs
r S	Riverside Grou Lance W.		2 yrs
r	Sisters in Sobr Paulette C.	11-01-2008	7 yrs
5	Total Surrende		40
5	Conley B.	11-23-2003	12 yrs
	Traditional Gro	up	
	Michael W. Sarah P.		1 yr 6 yrs 2 yrs 2 yrs 3 yrs
	Momon of Cro		

#### Women of Grace

Sarah Y.	11-13-2009	6 yrs
Ourun I.	11 10 2000	0 910

Need to update your Group's anniversary list? Call Central Office: (828) 254-8539 - or send a new list to: info@ncmco.net



### New NC Mountain Central Office, Inc. **Profit & Loss YTD Comparison**

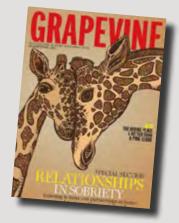
September 2015

	Sep 15	Jan - Sep 15
Ordinary Income/Expense		
Income		
Contributions Birthday Contributions	13.00	240.00
Group Contributions	3,757.30	20,656.54
Individual Contributions	10.00	135.87
Subscriptions	21.00	33.00
Total Contributions	3,801.30	21,065.41
Interest on Money Market Sales Income	0.58	5.28
Literature & merchandise	2,884.98	23,061.36
Shipping	68.03	350.90
Total Sales Income	2,953.01	23,412.26
Total Income	6,754.89	44,482.95
Cost of Goods Sold		
Cost of Goods Discount	-9.33	-90.08
Freight	31.76	430.49
Literature & merchandise	2.405.06	18,084.33
Cost of Goods - Other	0.00	0.00
Total Cost of Goods	2,427.49	18,424.74
Total COGS	2,427.49	18,424.74
Gross Profit	4,327.40	26,058.21
Expense		
Copier Rental	214.86	1,487.58
Editor	120.00	1,080.00
ICOAA Conference	20.00	533.88
Office Expenses Office Supplies	47.10 28.97	168.24 418.41
Payroll Expenses	1,130.72	10,296.53
QuickBooks Expenses	0.00	359.38
Rent	504.00	4,479.00
Sales Tax Paid to Vendors	17.07	135.96
Shipping to Groups	69.03	356.08
Stamps/Postage	73.50	640.14
Telephone & Internet Answering Service	110.50	943.50
Office Telephone/Internet	145.87	1,288.38
Total Telephone & Internet	256.37	2,231.88
Vendor Discount	0.00	-77.99
Vendor Shipping	0.00	12.99
Total Expense	2,481.62	22,122.08
Net Ordinary Income	1,845.78	3,936.13
Net Income	1,845.78	3,936.13



## **November Grapevine** is now available!

This month's special section features stories on relationships in sobriety



•Daily Grapevine Quote •The I-Poll •The Laugh's On Us •AAGV Info Emails aagrapevine.org

Cash on Hand as of 9/30/15 Money Market (Prudent Reserve) \$7,032.25 Operating Account (Checking) \$6,800.81 Rent Deposit \$400.00 Petty Cash \$50.00

# **Call & Visitor Log**

**SEPTEMBER 2015** 

12 Step Calls - 2 General Info – 4 Family Help – 3 Meeting Info - 32 Central Office Business - 56 Medical/Detox - 2 Visitors – 80

**Answering Service** (Operator-Asst) 126 minutes (August)



#### CONTRIBUTIONS - September 2015 September YTD/2015

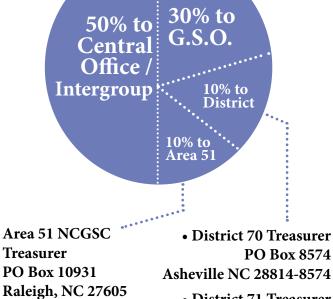
	September	YTD/2015
4th Dimension		\$50.00
11-11-11 Meeting		\$110.00
12 & 12 Study Group		\$250.00
Acceptance Group	¢06 60	\$818.43 \$692.81
Anonymous Asheville BBSS Group 637-843	\$96.60	\$229.62
Asheville Women's BBSS Group		\$75.00
At Wit's End Group		\$145.53
Back to Basics (Weaverville) 147-139		\$235.00
Bethel Up the River Group		\$65.00
Big Town Group 671-200		\$344.81
Brevard Sylvan Valley Group 125-202		\$25.00
Burnsville Group 135-171		\$100.00
But for the Grace of God Group	\$121.50	\$30.00 \$325.50
BYOC - Bring Your Own Coffee Candler Kiss Group 163-148	φ121.00	\$229.80
Cashiers Valley Grp 122-589		\$405.26
Chunn's Cove Men's Group		\$260.00
Conscious Contact (Asheville)	\$787.38	\$2,148.35
Daily Decisions 643-869	\$125.00	\$615.00
Daily Reflections - Fletcher 709-852	<b>*•••</b>	\$35.00
Daily Reprieve - from fear to Faith	\$25.00	\$25.00
Day by Day Group 159-058	\$728.65	\$2,328.65
Dry Dock Group Early Bird Group 612-780		\$60.00 \$238.75
Fireside Group 655-046	\$275.00	\$512.50
Good Livers 666-360	φ210.00	\$149.05
Grace Group of Asheville 161-970		\$1,122.54
Happy Hour Group 169-182		\$148.91
Happy, Joyous & Free Group		\$45.00
High Noon Group 689-080		\$100.00
Higher Power Tower Hour		\$75.00
Kanuga Group 645-767		\$192.00
Lambda Group 617-035 Leicester Group 143-417		\$73.00 \$100.00
Library Group		\$50.00
Love & Share Group	\$61.16	\$121.16
Mars Hill Group 130-895	,	\$250.00
Marshall Group 110-489		\$60.00
Mid Day Group (Hendersonville)	<b>0</b> 404 40	\$327.00 \$401.63
Monday Night Open Meeting	\$101.46	\$401.63
Mountáin View (Highlands) 110-598		\$482.26
Murphy Big Book Group New Freedom Group 700-124		\$10.00 \$280.97
Original Way Group	\$7.50	\$82.50
Phoenix Group	ψ1.00	\$75.00
Pisgah Group		\$286.49
Primary Purpose Group		\$95.81
Recovery at 6	\$10.00	\$10.00
Recovery by the River 6/4-892	\$48.05	\$586.22
Rule 62 Group		\$167.00
Saluda Back to Basics Group	¢35.00	\$35.00 \$150.00
Saturday Morning Men's Meeting Second Chance Group - Cherokee	\$35.00	\$40.00
Serenity Seekers - Marion 663-204		\$200.00
Serenity Service 110-498	\$1,025.00	\$1,141.00
Serenity Service 110-498 Skyland 12&12 Meeting	<i>•••••••••••••••••••••••••••••••••••••</i>	\$60.00
Skyland Big Book Group 693-372		\$50.00
Speed Bump Group 512-851		\$50.00
Spruce Pine Group 110-679	\$250.00	\$350.00
Steppin' Up Group		\$0.57
Sunshine AA Group		\$100.00 \$125.00
Surrender Group - Blk Mtn The Principles Group 675-162		\$103.87
There Is A Solution		\$49.00
Total Surrender Group		\$425.00
Tryon 12 & 12 Group 690-877		\$32.26
Tryon Monday 5:30 Meeting		\$200.00
Waynesville Grace Group 110-692	*** **	\$1,297.00
We Think Not Group 700-411	\$60.00	\$60.00
Women of Courage		\$294.50
Women of Grace		\$118.00 \$128.79
Young People's Group 645-646		φι20./9

	August	YTD/2015
Total Group Contributions:	\$3,757.30	\$20,656.54
Individual Contributions		
Anonymous		\$45.87
In Memory of B.G.	\$10.00	\$90.00
Total Individual Contributions:	\$10.00	\$135.87
Birthday Contributions:	\$13.00	\$240.00
Mountain Doin's Subscriptions:	\$21.00	\$33.00
Grand Total	\$3,801.30	\$21,065.41

#### Suggestions for Group Donations to the A.A. Service Structure\*

\* from the pamphlet <u>Self-Support: Where Money &</u> <u>Spirituality Mix</u>. Recommendations for other percentages are also in the pamphlet.

NCMCO	<b>General Service Office</b>
70 Woodfin Place,	<b>Grand Central Station</b>
Ste 206	PO Box 459
Asheville NC 28801	New York NY 10163-0459



- District 71 Treasurer 3486 Silver Creek Rd Mill Spring, NC 28756
- District 80 Treasurer 91 Lullwater Cove, Cullowhee, NC 28723

# MEETING UPDATES: Districts 70 • 71 • 80

#### **New Meetings:**

Mills River: Love & Share Group: Thursday 10:00am. WNC 181 Club, 181 Oren Drive, Mills River, 28759 (C,SS)

Cherokee: Second Chance Group: Tuesday 7:00pm. Cherokee Indian Hospital, Tsali Rd, Cherokee, 28719 (O,BG)

**Murphy:** *Women's Meeting:* Monday 7:30pm. Murphy Medical Center, 3990 E US Hwy 64 Alt, near Peachtree (W,O,D)

**Murphy:** Senior Center Meeting: Wednesday 1:00pm and Saturday 7:00pm. Penland Senior Center, 69 Alpine St (O,D)

**Brevard:** *Brevard Men's Meeting:* Thursday 7:00pm. United Community Bank – Straus Park, 1225 Asheville Hwy, Brevard 28712 (M,O,D)

#### Hendersonville: Grupo de Gratitud:

Wednesday & Saturday 7:30pm. 3548 Chimney Rock Rd, Hendersonville, 28793 (Spanish[SN],C,D)

#### Mills River: Friday Night Live: A.A.

Anniversary Dinner Meeting. Last Friday of every month. Dinner at 6:00pm, meeting at 7:00pm. WNC 181 Club, 181 Oren Drive, Mills River, 28759

#### **Meeting Changes:**

**Cherokee:** *Sisters in Sobriety:* Friday 6:00pm. Moving to new location as of November 1: United Methodist Church, 150 Church Rd, Whittier 28789 (W,C,BB)

Mills River: *Bill's Kitchen:* Sunday – was at 6:00pm; now at 8:00pm. WNC 181 Club, 181 Oren Drive, Mills River 28759 (M,C,D)

Mills River: Love & Tolerance Group: meetings on Monday, Wednesday and Friday 10:00am changed to Love & Share Group.WNC 181 Club, 181 Oren Drive, Mills River, 28759 (O,SP/D)

Fletcher: Fellowship Group: Thursday. Time has changed from 7:00pm to 6:30pm as of

November 1st, Calvary Episcopal Church, 2840 Hendersonville Rd, across from Ingles, Fletcher, 28732 (O,SP)

#### **Discontinued Meetings:**

**Murphy:** *Hilltop Group:* Saturday 10:30am. 105 Penny Lane, Murphy. Meeting has been discontinued.

**Cherokee:** *New Hope Meeting:* Tuesday 8:00pm. Church of Christ, Hwy 19 N Mission Rd, has been discontinued.

#### Does your Group need support? Let us know and we will put a notice in the newsletter. <u>The following meetings could use</u> <u>some support:</u>

Hendersonville: A new Spanish-speaking group! *Grupo de Gratitud:* Wednesday & Saturday 7:30pm. 3548 Chimney Rock Rd, Hendersonville, 28793 (Spanish[SN],C,D)

Asheville: Wednesday 6:00pm, *12&12 Study Group:* (O, SS/TR,D) Groce United Methodist Church, 954 Tunnel Rd, classroom off the parking lot behind church on Governors View Rd.

**Canton:** Tuesday 7:00pm, *The Ark Group:* (O,D) Church of God of Prophecy, 860 Terrace Dr.

# <u>Special Meetings and</u> <u>Events</u>

- 22nd Annual Native American AA
   Conference. November 12-15. Expo
   Center, old high school, 150 Acquoni Rd,
   Cherokee, 28719. Early registration deadline:
   November 7. (see flyer)
- Love and Share Group First Gratitude Brunch. Friday, November 20th. Meeting at 10:00am; brunch and fellowship to follow. WNC 181 Club, 181 Oren Drive, Mills River 28759. (See Flyer)
- Thanksgiving Alcathon. November 26.

Thanksgiving Day. Hendersonville Group will be having an Alcathon from Noon to 10pm, – meetings on the even hours. There will be food but feel free to bring food to share if you want. Hendersonville Group, 1620 Willow Road (opposite the Valley Hill Fire Dept.), Hendersonville. Handicap Accessible.

- Friday Night Live A.A. Anniversary Dinner Meeting. Last Friday of every month (November 27th theme is Pot Pie Turkey and more). Dessert and coffee provided; please bring food to share if you can. All AAs celebrating an anniversary are welcome to come with family and friends. Come share the fellowship as celebrants share their experience, strength and hope. WNC 181 Club, 181 Oren Drive, Mills River 28759. Contact the WNC 181 Club by phone: 828-595-9581 or email: office@wnc181club.org
- 49th Annual Las Vegas Roundup. November 26-29. Westgate Resort and Casino, 3000 Paradise Rd, Las Vegas, NV 89109 (see website – <u>www.lasvegasroundup.</u> org – for more info and registration form)

# The Service Express

Downloadable versions of the Mountain Doin's are available at <u>www.aancmco.org</u>. Updated Where & When meeting schedules are also available on the website.

#### All District Committee Chairpersons:

Please send updates on committee meeting times, recent activity, and upcoming service opportunities! December newsletter deadline is November 15.

#### District 70: ashevilleaa.org

**GSR Business Meeting** – held the 2nd Sunday of the month. Next meeting is scheduled for Sunday November 8, 2:30pm, at St. Luke's Episcopal, 219 Chunns Cove Rd, Asheville

**Service Committees Meeting** – held the last Tuesday of odd-numbered months. Next meeting is Tuesday, November 24, 6:00pm at Trinity Episcopal Church, 60 Church St, Asheville Bridging the Gap (with treatment facilities)

Attend the Service Committees Meeting or contact the TFC Chair at <u>ashevilleaa.org</u>; the BTG Chair or co-coordinator at <u>bridgingthegap.</u> <u>asheville@gmail.com</u> or <u>www.btgww.org</u>.

The District Archivist email is: archives@ashevilleaa.org

#### District 71:

**GSR Meeting** – held the 2nd Saturday of oddnumbered months. Next meeting is Saturday, November 14, 1:00pm, at 1620 Willow Rd, Hendersonville (where Hendersonville Group meets). All interested AAs are invited to attend.

**Correction Facilities Committee** meets the 1st Saturday of even-numbered months. The next Corrections Committee meeting is December 5, 9:30am, 1620 Willow Rd, Hendersonville.

#### District 80: aawnc80.org

GSR District Meeting will be Sunday, January 17, 1:30pm, Jackson County Family Resource Center, 1528 Webster Rd, Webster, NC 28788. Corrections is in need of both women and men to take meetings into jails.

#### CORs / NCMCO: aancmco.org

Next NCMCO Board Meeting: Thursday, November 12, 6:00pm, Central Office, 70 Woodfin Place, Suite 206, Asheville, NC 28801. All AA members are welcome to attend.

Next combined COR/NCMCO Board meeting: Thursday, January 14, 6:00pm, Location TBD

#### **Volunteers**

Both men & women are needed for correctional facilities and county jails. Attend your District's General Service Representative meeting, Service Committees meeting and/or Correctional Facilities Committee meeting for more information on these service opportunities! Or call Central Office – 828-254-8539 – for contact information.

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# **Corrections Corner**

(Prayers, poems, stories from behind the walls)

#### A volunteer's reflections

My sponsor once told me that when he listens to an A.A.'s story, he is listening for a departure from God and a return to God... or a feeling of coming home. He often shares how as an active alcoholic he would feel everything and understand nothing. It was as if there was a battle going on inside him.

My home group goes up to Craggy Prison to help support the meeting that the inmates have up there, where the following prayer/poem was given to me by a guy named Steven. To me, my sponsor and Steven are saying the same thing. It sometimes surprises me where I hear the language of the heart, which is really the ability to see myself in him.

#### -- Mike B. (Corrections volunteer)

#### Hope, Strength and Courage

I walked away from you but you always came after me. I was filled with anger, hurt, pain, hatred but you showed me love, joy, happiness. I lived in the dark but you lit up the world around me. I was a failure but in your eyes I was made famous. I hated myself but you made sure I knew that you loved me. I gave up. You gave me hope, strength and courage. My soul was lost but you found it. I was fighting a war inside of me but your love helped me surrender. I walked away from you, Jesus, and you still came after me. --Written by Steven C. - from Craggy Prison

#### NCMCO Board positions open for 2016-2017:

#### Chairperson

1. Shall preside at Central Office Board and COR Committee meetings.

2. Shall see that all decisions of the Committees are acted upon.

3. Pursuant to specific authority given on occasion by the Committees, may sign and deliver contracts and other documents in the name of North Carolina Mountain Central Office Inc.

4. With the recommendation and approval of the Central Office Board, shall call for eligible people to stand for positions and appoint chairpersons of standing and special subcommittees.

5. Shall break tie votes of the Central Office Representatives and Central Office Board votes.

6. Shall perform all duties incident to the office of Chairman and other duties that may occasionally be assigned by the Committees.

7. Shall have five years' continuous sobriety at the time of taking office.

#### Secretary

1. Shall perform all duties incident to the office and others as assigned.

2. Shall take minutes of all COR and Central Office Board meetings and have copies available at the Central Office's customary place of business within 14 days after the meeting.

3. Shall provide timely written notice of the meetings of the Committees.

4. Shall have charge of the books, records and papers of the North Carolina Mountain Central Office with the responsibility of filing same in the Office Manager's office.

5. Shall see that reports, statements and other documents required by law are properly kept and filed.

6. Shall follow the Alternate Chair in line of succession to the Chair.

7. Shall have at least five years' continuous sobriety at the time of taking office.

If you are interested in standing for either of these positions please come to the next Board meeting, Thursday, November 12, 6:00pm at Central Office, 70 Woodfin Place, Suite 206, Asheville 28801

#### New Service Opportunity!

The NCMCO After-Hours Phone Volunteer subcommittee has dealt with all the questions and concerns posed by the Board so Central Office is now offering opportunities for AA members to answer calls after regular office hours. We are not eliminating the current answering service; rather, this involvement of volunteers will augment the service.

Individual AA members can sign up for one night a week or one night a month or even just an occasional night or weekend – whatever best fits their schedules.

The after-hours call times are: Monday, Tuesday, Wednesday, Thursday - from 1:00pm until 10:00am the following morning; Friday 1:00pm through the weekend until Monday 10:00am.

To participate, members need to fill out a sign-up sheet – available at the office or on the website: <u>aaNCMCO</u>. <u>org</u> – and then meet with a member of the subcommittee

the subcommittee to go over the procedures and guidelines. If you are interested in volunteering for this service, please call Central Office – 828-254-8539. Thank you!



Need to Order Group Supplies After Office Hours?



call (828) 254-8539 during business hours: Monday–Friday, 10:00am–1:00pm
email your purchase list to: <u>info@ncmco.net</u> We'll be happy to arrange for after-hours pickup (by you!) or shipping.

#### How does a meeting become a group?

An AA group has one or more trusted servants, including a General Service Representative (GSR). The group may decide to have the GSR register the group, usually with the help of the district secretary. There's no requirement for a group to register, but registration has its benefits. Doing so connects the group (and its meetings) to the entire AA service structure!

- Area 51 is notified of the new group by your District registrar or you can send a New Group form to the Area or directly to GSO in New York
- GSO assigns the new group a six-digit ID number
- GSR receives GSO's New Group Packet
- The group can opt to be listed in GSO's next biannual print directory

#### Is my home group part of AA as a whole?

- Look in the Directory of AA Groups in the Eastern U.S. (at Central Office)
- Contact your district secretary
- Check with the Area 51 secretary
- Check with GSO in New York

(Adapted from the AA Service Manual, 2012-2013 *Edition*)

#### New from Central Office!

We have put together a brochure with information for people who are sent to A.A. by the Courts. The title is,

#### "So the Court Sent You to A.A. and You Hate the Idea! Don't Worry, It's Not All That Bad!!"

The brochure can be downloaded and printed from the website: <u>aaNCMCO.org.</u> Printed brochures are available at the Office. We appreciate any input/feedback from individuals and groups. Thanks!

# ALL INVITED..... Love and Share Group First Gratitude Brunch



FRIDAY, NOVEMBER 20TH, 2015



MEETING 10.00 AM.... BRUNCH (EGGS AND MORE) AND FELLOWSHIP DIRECTLY TO FOLLOW...

181 OREN DRIVE, MILLS RIVER, NC 28759 www.wnc181club.org



# 22nd Annual Native American AA Conference November 12-15, 2015 Cherokee, North Carolina

Featuring Messages from our Youth

Registration begins: Thursday, Nov. 12, 2015 At 12:00 (Noon) Early Registration: \$45.00 Deadline: November 7, 2015

Registration Fee @ the door: \$50.00/person Price includes: Participation in all conference events and meals

Bring your Pow-Wow Regalia Drum is Spirit Lake from California

# Location: Expo Center, old high school 150 Acquoni Rd, Cherokee, NC 28719

Motels within walking distancesGreat Smokies Inn828-497-2020Baymont Inn828-497-2102Carolina Motel828-497-5562Lodging separate from registration fee. Please call andmake your own reservation

Events and HappeningsAA SpeakersSunriseTalking CirclesMoneyCherokee Cultural eventsAA MeeT-shirtsRafflesSobriety CountdownSobriet

Sunrise Service Money Drum AA Meetings Raffles 50/50 Sobriety Pow-wow

Website for additional forms available at: <u>www.indiansinsobriety.org</u> Contact person: Jody at 828-736-7510

PRE-REGISTR	ATION:	\$45/PERSON	(kids under 10 are	FREE).
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# In Party: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Cut & Mail Registration Form With Check, MO, Cashier Check Made Payable to: NAAAC

Indians in Sobriety Committee Jason T., Treasurer PO Box 548 Cherokee, NC 28719