

(828) 254-8539 Office Hours 10:00am - 1:00pm Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

🚖 A N N I V E R S A R I E S 🚽

Acceptance Group

Carl Lilly Michael S. Kimberly Stevie W.	9-09-1996 9-13-2014 9-14-2014 9-20-2009 9-21-2014	19 yrs 1 yr 1 yr 6 yrs 1 yr
Around the R Jean S.	Room Group 9-03-2011	4 yrs
		2
AVL Big Boo		-
Liz R.	9-01-2003	12 yrs
Zach P.	9-10-2012	3 yrs
AVL Women'	s Big Book S	Step Study
Mary Mc.	9-20-1998	17 yrs
Sally S.	9-27-2009	6 yrs
Back to Basi	cs Group - V	Veaverville
Rob M.	9-04-2012	3 yrs
Ginger H.	9-13-1991	24 yrs
Linda G.	9-17-1995	20 yrs
Matthew M.	9-20-2010	5 yrs
Cate M.	9-25-1982	33 yrs
Brevard Sere	nity Group	
Mary Mc.	9-23-2003	12 yrs
Brevard Sylv	an Valley Gı	oup
Joanne K.	9-18-1991	24 yrs
Jordan A.	9-28-2013	2 yrs
Candler K.I.S	.S. Group	
Kate C.	9-19-2013	2 yrs
Sandra W.	9-28-2012	3 yrs
Conscious C	ontact	
Laurie T.	9-1984	31 yrs
Murri	9-1984	31 yrs
Nelson P.	9-1997	18 yrs
Bonnie	9-2011	4 yrs
		•

Cumberland	Group	
Bob R. Tadd C.	9-07-1983 9-14-1987	32 yrs
Aaron F.	9-14-1987 9-27-2012	28 yrs 3 yrs
Daily Decisio	ns	
Gil A.	9-06-2013	2 yrs
Fellowship G	roup	
Mary C.	9-03-1987	28 yrs
Gerd S.	9-17-1979	36 yrs
Linda M.	9-18-2005	10 yrs
Grace Group		
Heidi S.	9-01-2012	3 yrs
Jon B.	9-01-2003	12 yrs
Robert F.	9-03-1991	24 yrs
Sean F.	9-08-2013	2 yrs
Casey S.	9-11-2000	15 yrs
Michael D.	9-12-2012	3 yrs
Mark B. Audrey Y.	9-14-2014 9-23-2002	1 yr 13 yrs
David C.	9-25-2002	13 yrs 1 yr
Melody C.	9-26-2014	1 yr
Nat C.	9-26-1989	26 yrs
Raleigh H.	9-27-2011	4 yrs
David J.	9-29-1985	30 yrs
Bill E.	9-30-1994	21 yrs
Happy Hour	Group	
Randall D.	9-11-2004	11 yrs
Frank B.	9-27-1989	26 yrs
Hendersonvi	lle Group	
lke F.	9-01-2007	8 yrs
Bonnie D.	9-17-2012	3 yrs
Raymond F.	9-18-1996	19 yrs
Oscar F.	9-20-1995	20 yrs
Shawn K.	9-21-2013	2 yrs
Emily C.	9-22-2014	1 yr

|Mars Hill Group

Karl S.	9-01-2012	3 yrs
Midday Group Alan B. Annie F. Goody H. Anne M. Marie A. Pat B. Kathy K. Ileana	9-03-1995 9-04-1989 9-04-1979 9-14-1979 9-20-2012 9-23-2004 9-24-1995 9-26-1998	20 yrs 26 yrs 36 yrs 36 yrs 3 yrs 11 yrs 20 yrs 17 yrs
Serenity Seel Mike C.	kers - Marion 9-24-2009	6 yrs
Total Surrend Carl G. Mark W. Kimberly M. Audrey Y. Ted N. George D.	9-09-1996 9-15-2006 9-20-2009 9-23-2002 9-25-2006	19 yrs 9 yrs 6 yrs 13 yrs 9 yrs 26 yrs
Traditional G Keenan H. John S.	roup 9-13-2012 9-28-2008	3 yrs 7 yrs
Waynesville (Doug V. Roy C. Ruth G. Jack R. Dave W. Hal	Grace Group 9-01-1998 9-01-2011 9-17-2012 9-18-2002 9-19-1987 9-24-2013	17 yrs 4 yrs 3 yrs 13 yrs 28 yrs 2 yrs
Women of Gr Cleta S. Abra Ruthie C. Penny S. Lou G.	ace 9-03-1995 9-14-2012 9-14-1991 9-28-2012 9-30-2003	20 yrs 3 yrs 24 yrs 3 yrs 12 yrs

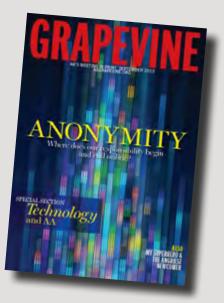
New NC Mountain Central Office, Inc. Profit & Loss YTD Comparison July 2015

ouly	2015	
	Jul 15	Jan - Jul 15
Ordinary Income/Expense		
Income		
Contributions		** = · ·
Birthday Contributions	190.00	227.00
Group Contributions	3,233.63	15,141.52
Individual Contributions	26.29	115.87
Subscriptions	0.00	12.00
Total Contributions	3,449.92	15,496.39
Interest on Money Market Sales Income	0.60	4.10
Literature & merchandise	2,623.48	17,724.36
Shipping	51.38	253.27
Total Sales Income	2,674.86	17,977.63
Total Income	6,125.38	33,478.12
Cost of Goods Sold		
Cost of Goods	~ • • •	
Discount	-29.94	-62.57
Freight	86.55	332.13
Literature & merchandise	2,059.63	13,672.51
Cost of Goods - Other	0.00	7.85
Total Cost of Goods	2,116.24	13,949.92
Total COGS	2,116.24	13,949.92
Gross Profit	4,009.14	19,528.20
Expense		
Copier Rental	167.04	1,113.00
Editor	120.00	840.00
Office Expenses	7.50	101.14
Office Supplies	10.79	298.95
Payroll Expenses	1,123.22	8,302.49
QuickBooks Expenses	0.00	359.38
Rent	504.00	3,471.00
Sales Tax Paid to Vendors	12.75	103.05
	12.75 54.66	256.37
Shipping to Groups Stamps/Postage	54.66 70.46	
	10.40	493.56
Telephone & Internet	110.00	705 00
Answering Service Office Telephone/Internet	112.00 145.87	725.00 996.64
Total Telephone & Internet	257.87	1,721.64
Vendor Discount	0.00	-67.99
Total Expense	2,328.29	16,992.59
Net Ordinary Income	1,680.85	2,535.61
	.,	_,
Other Income/Expense		
Other Expense	-	-
Inventory Adjustment	0.00	0.00
Total Other Expense	0.00	0.00
Net Other Income	0.00	0.00
Net Income	1,680.85	2,535.61

Cash on Hand as of 7/31/15 Money Market (Prudent Reserve) \$7,031.07 Operating Account (Checking) \$4,760.67 Rent Deposit \$400.00 Petty Cash \$50.00

September Grapevine is now available!

This month's special section features stories on AA and technology.



•Daily Grapevine Quote •The I-Poll •The Laugh's On Us •AAGV Info Emails aagrapevine.org

Call & Visitor Log

JULY 2015 12 Step Calls – 0 General Info – 12 Family Help – 6 Meeting Info – 28 Central Office Business – 39 Medical/Detox – 0 Visitors – 91

Answering Service (Operator-Asst) – 129 minutes (June)



CONTRIBUTIONS - July 2015 July YTD/2015

	July	YTD/2015
4th Dimension		\$50.00
11-11-11 Meeting 12 & 12 Study Group		\$110.00 \$150.00
AA The Original Way Group		\$60.00
Acceptance Group		\$616.28
Anonymous	\$169.62	\$528.19
Asheville BBSS Group 637-843 Asheville Women's BBSS Group	\$75.00	\$161.34 \$75.00
At Wit's End Group	\$80.58	\$145.53
Back to Basics (Weaverville) 147-139	,	\$235.00
Big Town Group 671-200	*•••	\$189.61
Brevard Sylvan Valley Group 125-202 Burnsville Group 135-171	\$25.00	\$25.00 \$100.00
But for the Grace of God Group		\$30.00
BYOC - Bring Your Own Coffee		\$204.00
Candler Kiss Group 163-148	\$16.00	\$229.80
Cashiers Valley Grp 122-589	\$182.47	\$405.26
Chunn's Cove Men's Group Conscious Contact (Asheville)	\$560.01	\$260.00 \$1,360.97
Daily Decisions 643-869	\$150.00	\$490.00
Daily Reflections - Fletcher 709-852		\$35.00
Day by Day Group 159-058	¢20.00	\$1,600.00
Dry Dock Group Early Birds Group 612-780	\$30.00	\$60.00 \$175.75
Fireside Group 655-046		\$237.50
Good Livers 666-360		\$99.05
Grace Group of Asheville 161-970		\$713.95
Happy Hour Group 169-182 Happy, Joyous & Free Group	\$45.00	\$148.91 \$45.00
High Noon Group 689-080	φ45.00	\$100.00
Higher Power Tower Hour		\$75.00
Kanuga Group 645-767	\$32.00	\$192.00
Lambda Group 617-035		\$73.00
Leicester Group 143-417 Library Group	\$50.00	\$100.00 \$50.00
Mars Hill Group 130-895	400.00	\$250.00
Marshall Group 110-489		\$60.00
Mid Day Group (Hendersonville)	\$36.00 \$02.00	\$297.00
Monday Night Open Meeting Mountain View (Highlands) 110-598	\$92.00 \$437.06	\$300.17 \$482.26
Murphy Big Book Group	φ+07.00	\$10.00
New Freedom Group 700-124		\$230.97
Phoenix Group		\$75.00
Pisgah Group Primary Purpose Group	\$5.10	\$286.49 \$95.81
Recovery by the River 674-892	\$40.92	\$400.37
Rule 62 Group	\$89.00	\$167.00
Saluda Back to Basics Group	¢05.00	\$35.00
Sat. Morning Men's Meeting Second Chance Group - Cherokee	\$35.00	\$115.00 \$40.00
Serenity Seekers - Marion 663-204		\$100.00
Serenity Service 110-498	\$25.00	\$91.00
Skyland 12&12 Meeting		\$60.00
Skyland Big Book Group 693-372		\$50.00 \$100.00
Spruce Pine Group 110-679 Steppin' Up Group		\$0.57
Sunshine AA Group		\$100.00
Surrender Group - Blk Mtn	\$125.00	\$125.00
The Principles Group 675-162	\$51.37	\$103.87
There Is A Solution Total Surrender Group		\$49.00 \$425.00
Tryon 12 & 12 690-877		\$32.26
Tryon Monday 5:30 Meeting	\$50.00	\$145.00
Waynesville Grace Group 110-692	\$657.00	\$1,297.00
Women of Courage Women of Grace	\$174.50	\$294.50 \$118.00
Young People's Group 645-646		\$74.11
Total Group Contributions:	\$3,233.63	\$15,141.52
Individual Contributions		
Anonymous In Memory of B.G.	\$16.29 \$10.00	\$45.87 \$70.00
In Memory of B.G. Total Individual Contributions:	\$10.00 \$26.29	\$70.00 \$115.87
Birthday Contributions:	\$190.00	\$227.00
Mountain Doin's Subscriptions:	\$0.00	\$12.00
Grand Total	\$3,449.92	\$15,496.39

Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet <u>Self-Support: Where Money &</u> <u>Spirituality Mix</u>. Recommendations for other percentages are also in the pamphlet.

NCMCO	General Service Office
70 Woodfin Place,	Grand Central Station
Ste 206	PO Box 459
Asheville NC 28801	New York NY 10163-0459
50% to	30% to
Central	G.S.O.
Office /	10% to
Intergroup	District
Area 51 NCGSC Treasurer PO Box 10931 Raleigh, NC 27605	 District 70 Treasurer PO Box 8574 Asheville NC 28814-8574 District 71 Treasurer 3486 Silver Creek Rd Mill Spring, NC 28756 District 80 Treasurer 91 Lullwater Cove, Cullowhee, NC 28723
-	



MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Mills River: *Step Sisters Group:* Thursday 6:30pm, starting August 6. (W,C,SS) 181 Oren Drive, Mills River, 28759.

Franklin: *Common Sense Group:* Saturday 5:30pm. First United Methodist Church, Old Parish House, 66 Harrison Ave (O,D) Last Saturday (O,SP)

Franklin: *New Hope Group:* Thursday 8:15pm. St. Cyprian's Episcopal Church, 216 Roller Mill Rd. (Service Manual Study)

Sylva: *Mount Pleasant Men's Group:* Monday 6:00pm. Mount Pleasant Baptist Church, 89 Mount Pleasant Rd (M,O,D)

Meeting Changes:

Mills River: Love & Tolerance Group: Monday, Wednesday & Friday 10:00am - format has changed to O,SP/D. 181 Oren Drive, Mills River, 28759.

Black Mountain: Monday Morning Kick-Your-Blues Group: Monday 7:30am. (O,ES/MT – 30 min. meditation) New location as of August 10: St. James Episcopal Church, 424 W. State St., Black Mountain

Black Mountain: 11-11-11 Meeting: Sunday 11:00am (O,MT,D)) New location as of August 23: Carver Community Center (Mt. Mitchell Room), 101 Carver Ave., Black Mountain

Asheville:

July 1 the *Asheville 12 Step Recovery Club* moved to 370 North Louisiana Ave, Suite G4, West Asheville, 28806. See July Mountain Doin's for all the meeting changes or check their website:

www.asheville12stepclub.org

Downtown Serenity. Wednesday 5:30pm. Meeting format has been changed from "As Bill Sees It" Discussion to "Open Discussion." Central United Methodist Church, 297 Haywood St.

Discontinued Meetings:

Asheville: *Birds of a Feather:* Saturday 10:30am. 1st Congregational UCC, 20 Oak St.

Marion: *Marion Group:* Monday 8:00pm (O,D). St. Matthew's Lutheran Church, 241 W. Court St, Marion.

<u>Special Meetings and</u> <u>Events</u>

• 57th ICYPAA (International Conference of Young People in Alcoholics Anonymous) September 3-5. Miami FL (go to <u>57th.icypaa.org</u> for more information)

• 20th Annual Southeast Woman to Woman Conference. "Taking Off The Mask," September 18-20. Metairie LA. (Go to <u>southeastwomantowomaneu.org</u> for more information)

• *Halloween Sober Costume Dance:* Hosted by the Lambda Group, Saturday, October 31, 7:30-11pm. First Congregational UCC, 20 Oak St, Asheville (see flyer)

New from Central Office!

We have put together a brochure with information for people who are sent to A.A. by the Courts. The title is,

"So the Court Sent You to A.A. and You Hate the Idea! Don't Worry, It's Not All That Bad!!"

The brochure can be downloaded and printed from the website: <u>aaNCMCO.org.</u> Printed brochures are available at the Office. We appreciate any input/feedback from individuals and groups. Thanks!

The Service Express

Downloadable versions of the Mountain Doin's are available at <u>www.aancmco.org</u>. Updated Where & When meeting schedules are also available on the website.

All District Committee Chairpersons:

Please send updates on committee meeting times, recent activity, and upcoming service opportunities! October newsletter deadline is September 15.

District 70: ashevilleaa.org

GSR Business Meeting – held the 2nd Sunday of the month. Next meeting is scheduled for Sunday September 13, 2:30pm, at St. Luke's Episcopal, 219 Chunns Cove Rd, Asheville

Service Committee Meeting – held the last Tuesday of odd-numbered months. Next meeting is Tuesday, September 29, 6:00pm at Trinity Episcopal Church, 60 Church St, Asheville

Bridging the Gap (with treatment facilities)

Attend the Service Committees Meeting or contact the TFC Chair at <u>ashevilleaa.org</u>; the BTG Chair or co-coordinator at <u>bridgingthegap</u>. <u>asheville@gmail.com</u> or <u>www.btgww.org</u>.

The District Archivist email is: archives@ashevilleaa.org

District 71:

GSR Meeting – held the 2nd Saturday of oddnumbered months. Next meeting is Saturday, September 12, 1:00pm, at 1620 Willow Rd, Hendersonville (where Hendersonville Group meets). All interested AAs are invited to attend.

Correction Facilities Committee meets the 1st Saturday of even-numbered months. The next Corrections Committee meeting is October 3, 9:30am, 1620 Willow Rd, Hendersonville

District 80: aawnc80.org

GSR District Meeting will be Sunday, October 11, 1:30pm, Jackson County Family Resource

Center, 1528 Webster Rd, Webster, NC 28788. No Place Like Home hosted Founder's Day and it was a success with nearly 120 in attendance. Corrections is in need of both women and men to take meetings into jails. New Hope Group has added a Service and Concepts meeting Thursday nights 8:15-9pm.

CORs / NCMCO: aancmco.org

Next NCMCO Board meeting: Thursday, September 10, 6:00pm, at Central Office, 70 Woodfin Place, Suite 212 (just down the hall from Suite 206), Asheville 28801

Next combined COR/NCMCO Board meeting:

Thursday, October 8, 6:00pm, 181 Club, 181 Oren Drive, Mills River, 28759

Volunteers

Both men & women are needed for Correctional Facilities and County Jails. Attend your District's General Service Representative meeting, Service Committees meeting and/or Correctional Facilities Committee meeting for more information on these service opportunities! Or call Central Office – 828-254-8539 – for contact information.

If you are a 12-Step Call volunteer, please contact Central Office so we may update your confidential information. We ask that you update by filling out the volunteer sign-up form on the Central Office website:

aaNCMCO.org/12th-step-call

If you are interested in becoming a 12-Step Call volunteer, check out the Central Office website or call us – 828-254-8539. Thank you!



Corrections Corner

(Prayers, poems, stories from behind the walls)

"Prayer of Surrender"

I give up, I give it all to you, I surrender! I've walked this path long enough, I've been lost with no destination in sight. I lost focus on you, on my life, on the road you laid out for me.

I give up, I give it all to you, I surrender! Lord, give me the strength to look up to you, teach me how to put all my faith and trust in you, turn me around and show me what to do.

I give up, I give it all to you, I surrender! Fix me, complete me, I'm yours completely because you never turned your back on me.

- Written by S.C. from Craggy Prison

(Corrections volunteers: We invite you also to share your experiences about taking meetings into the prisons and jails.)

Need to Order Group Supplies After Office Hours?



call (828) 254-8539 during business hours: Monday–Friday, 10:00am–1:00pm
email your purchase list to: <u>info@ncmco.net</u> We'll be happy to arrange for after-hours pickup (by you!) or shipping. A GRAPEL SUBSCRIPTION GE 2015 ALLENGU

What is it?

A state, province and territory-wide challenge to increase new* Grapevine and La Viña subscriptions in 2015

How it works?

Any new, paid subscription between January 26, 2015—December 20, 2015 qualifies, including subscriptions for: •Grapevine or La Viña in Print •Grapevine Digital •Grapevine Complete & •Redeemed Subscription Gift Certificates

The Prize?

A special section in a 2016 issue of Grapevine or La Viña featuring members' stories from the state, province or territory with the greatest percentage growth in new paid subscriptions or subscription gift certificates. *A new subscription is one that hasn't been active in the past 6 months.

SUBSCRIBE TODAY! http://www.aagrapevine.org/grapevine-challenge

Do you have a personal story, poem, letter, interesting article, or struggle you wish to have printed in the Mountain Doin's? Send them in to <u>info@ncmco.net</u> to be featured in a future Mountain Doin's!

Language of the Heart

- Bill W.'s Grapevine writings now available on AudioBook!



http://store.aagrapevine.org/LOH.aspx



What NC Mountain Central Office Does

The following is a list of what we – the staff, volunteers and Board members – do here at NCMCO:

- Answer inquiries about Alcoholics Anonymous and meetings in WNC. When calls come in from individuals looking for help, staff & volunteers contact AA members on the 12-step volunteer list which is maintained by the 12-step volunteer coordinator. The 12-step volunteer is given the name & phone number of the caller seeking help. (Names & numbers of AA members/volunteers are never given out.) Individuals seeking help for problems other than alcohol are referred to the appropriate programs or agencies.
- Coordinate with the answering service which handles calls after hours; provide the answering service with updated meeting information and list of 12-step volunteers.
- Regularly update the meeting schedule, Where & When, and coordinate meeting information with ► the District 70's ashevilleaa.org webmaster. Periodically check meeting information on websites maintained by Districts 71 & 80, following up on anything that is different from what we have listed.
- Keep inventory of literature, chips and medallions to sell to groups and individuals often packing and mailing items to those who can't get into the office during the hours we are open - 10am-1pm, Mon. through Fri. – or leaving items outside the office for after-hours pickup.
- Publish a monthly newsletter, Mountain Doin's, to keep the AA community apprised of events and special articles of interest. One printed copy is mailed free to each group; a digital version is emailed to anyone who requests it. We are currently mailing out 130 copies each month, with several groups paying extra for additional copies. We email the digital version to 460 addresses.
- Work with the various District Committees (Treatment, Corrections, CPC/PI, Archives) and those ► in the community seeking information about AA. Spread the word about local and national AA events, conventions and workshops and act as a clearinghouse for information and logistical support between individual AA members, groups, local and state committees, General Service Office in New York, and the community at large. Store District 70 Archives.
- Hold monthly Board meetings and quarterly COR (Central Office Representative) meetings to ► discuss Central Office business and provide a forum for suggestions and concerns. The meetings are open to all and we welcome new ideas and input.
- Contributions and the small profit on sale of merchandise help pay for the following (for complete Profit & Loss statement, see the Mountain Doin's which is posted each month on ashevilleaa.org):
 - Answering Service ٠
- Payroll for Office Manager
- Copier Rental Newsletter Editor Office Supplies
- Phone & Internet
- Rent
- Stamps / Postage

If you have any questions stop by the office: 70 Woodfin Place, Suite 206, Asheville 28801, give us a call: 828-254-8539 or write to us: info@ncmco.net (Office hours: Monday-Friday, 10:00am-1:00pm)



SOBER COSTUME DANCE

Hosted by the Lambda Group

Saturday, October 31 7:30-11 p.m.

First Congregational UCC 20 Oak Street, Asheville



Prize for best costume

Suggested donation: \$3.00-5.00 (No one turned away for lack of funds) *Proceeds to be donated to the Central Office*



20th Annual Southeast Woman to Woman Conference

www.southeastwomantowomaneu.org

"Secrets Woman Don't Share"

his conference is hosted by and for Sober Alcoholic and Al-anon Women.)

September 18 - 20, 2015

"Taking Off The Mask"

Best Western Plus Landmark Hotel

2601 Severn Drive Metairie, LA 70002 Toll Free: 1-800-277-7575 504-888-9500

Registration: \$20.00 per person (Deadline April 30, 2015)

\$30.00 per person (May 1, 2015)

\$35.00 per person at the door *money orders or cash only at the door*

Hospit

Room Rates: Single/Double \$99.99 + tax = \$112.74 per night Condo Rates: 1 Bedroom Suites \$169.99 + tax = \$191.66 per night

"Mention SE Woman to Woman Conference"

Deadline for hotel reservations August 17, 2015 ** Hotel cancellations must be made 24 hrs in advance

Complimentary Parking **No Hotel Airport Shuttle**

Chair: Joyce H. - LA 225-775-2685 Co-Chair: Desiree D. - LA 225-892-3072 Contacts: Karen D. - GA 404-284-0517 Brenda F. - NC 919-598-7280 Shirley J. - VA 757-846-8699 Pat B. - SC 803-270-7922

Name		Name on Badge		
Address			Sobriety Date	
City		State	Zip Cod	e
Phone ()	Email			
Special Needs			Shuttle from & to	Airport _
Volunteer (Are you willing?) _				
Registration Fee \$	Scholarship Donation	\$	AA	Al-Anon
Banquet (\$35.00) Veget	arian Banquet (\$35.00)	Banquet	Dietary Restricti	ons
T-Shirt (\$15.00) SML	XL2X3X	Total Amo	ount Enclosed \$	
Make checks payable to : SE	Woman to Woman			Sec. Sec.
Mail to: P.O. Box 284 Smithf	ield, VA 23431	Or	line Registrations	vailable