

MOUNTAIN DOWNS

**JULY
2015**

(828) 254-8539

Office Hours
10:00am - 1:00pm
Monday-Friday

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

★ ANNIVERSARIES ★★

Acceptance Group

| | | |
|-----------|-----------|--------|
| Darryl C. | 7-03-2013 | 2 yrs |
| Abbie | 7-13-2009 | 6 yrs |
| Ron G. | 7-15-1997 | 18 yrs |
| Ken A. | 7-20-2002 | 13 yrs |
| Bart B. | 7-29-1982 | 33 yrs |

Around the Room Group

| | | |
|------------|-----------|--------|
| Stewart R. | 7-01-1999 | 16 yrs |
|------------|-----------|--------|

AVL Big Book Step Study Group

| | | |
|----------|-----------|------|
| Kasey T. | 7-08-2014 | 1 yr |
|----------|-----------|------|

AVL Women's Big Book Step Study

| | | |
|-----------|-----------|--------|
| Linda S. | 7-22-1983 | 32 yrs |
| Laurie G. | 7-27-2004 | 11 yrs |

At Wit's End Group

| | | |
|--------|-----------|-------|
| Dan P. | 7-19-2013 | 2 yrs |
|--------|-----------|-------|

Back to Basics Group - Weaverville

| | | |
|------------|-----------|--------|
| Stewart R. | 7-01-1999 | 16 yrs |
| Kurtis B. | 7-17-2014 | 1 yr |

Brevard Sylvan Valley Group

| | | |
|------------|-----------|--------|
| Claudia S. | 7-07-2006 | 9 yrs |
| Brian M. | 7-16-2006 | 9 yrs |
| Barry M. | 7-22-1977 | 38 yrs |

Candler K.I.S.S. Group

| | | |
|------------|-----------|--------|
| Kim K. | 7-03-2998 | 17 yrs |
| Maureen J. | 7-05-2008 | 7 yrs |
| David T. | 7-11-1990 | 25 yrs |
| Michael S. | 7-15-2014 | 1 yr |
| Harriet K. | 7-18-1988 | 27 yrs |
| Teresa A. | 7-23-2011 | 4 yrs |
| Kim L. | 7-30-2012 | 3 yrs |

Conscious Contact

| | | |
|----------|--------|--------|
| Monica | 7-1999 | 16 yrs |
| Sally S. | 7-2003 | 12 yrs |

Cumberland Group

| | | |
|------------|-----------|--------|
| Matt J. | 7-10-2002 | 13 yrs |
| Michael M. | 7-20-2014 | 1 yr |
| David T. | 7-21-1993 | 22 yrs |

Daily Decisions

| | | |
|---------|-----------|-------|
| Jane A. | 7-05-2012 | 3 yrs |
|---------|-----------|-------|

Fellowship Group

| | | |
|----------|-----------|--------|
| Maria R. | 7-07-1997 | 18 yrs |
| Kim C. | 7-13-2011 | 4 yrs |
| Tony P. | 7-15-1987 | 28 yrs |

Grace Group

| | | |
|--------------|-----------|--------|
| George P. | 7-01-2008 | 7 yrs |
| Rob F. | 7-01-2011 | 4 yrs |
| Judy M. | 7-03-1994 | 21 yrs |
| Blair T. | 7-04-1989 | 26 yrs |
| Anne R. | 7-08-2007 | 8 yrs |
| Carol V. | 7-10-2007 | 8 yrs |
| Kim L. | 7-12-2010 | 5 yrs |
| Jason W. | 7-24-2013 | 2 yrs |
| Joe P. | 7-25-2010 | 5 yrs |
| John P. | 7-25-2005 | 10 yrs |
| Elizabeth H. | 7-26-2006 | 9 yrs |
| Debra J. | 7-28-1986 | 29 yrs |
| Bob Pa. | 7-31-2001 | 14 yrs |

Hendersonville Group

| | | |
|----------|-----------|-------|
| Steve D. | 7-04-2009 | 6 yrs |
| Tina H. | 7-04-2014 | 1 yr |
| Jamie L. | 7-11-2011 | 4 yrs |
| Gry | 7-18-2013 | 2 yrs |

Leicester Group

| | | |
|-----------|-----------|-------|
| Debbie W. | 7-04-2008 | 7 yrs |
|-----------|-----------|-------|

Midday Group

| | | |
|------------|-----------|--------|
| Nate F. | 7-12-1998 | 17 yrs |
| Valerie K. | 7-12-2004 | 11 yrs |
| John S. | 7-14-1983 | 32 yrs |
| Ken C. | 7-14-1980 | 35 yrs |
| Joanne T. | 7-15-1991 | 24 yrs |
| Gary B. | 7-21-2007 | 8 yrs |
| Kerry N. | 7-25-1995 | 20 yrs |

Serenity Seekers - Marion

| | | |
|-----------|-----------|-------|
| Cheryl V. | 7-26-2012 | 3 yrs |
| Paulie R. | 7-29-2009 | 6 yrs |

There Is A Solution Group

| | | |
|---------|-----------|-------|
| Rita C. | 7-20-2012 | 3 yrs |
| Paul D. | 7-21-2006 | 9 yrs |

Total Surrender Group

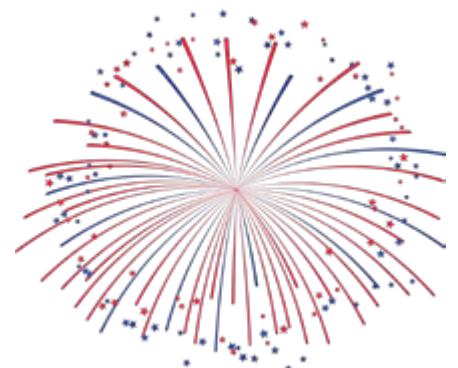
| | | |
|-----------|-----------|-------|
| Justin F. | 7-22-2008 | 7 yrs |
|-----------|-----------|-------|

Traditional Group

| | | |
|-----------|-----------|-------|
| Justin B. | 7-27-2013 | 2 yrs |
|-----------|-----------|-------|

Women of Grace

| | | |
|----------|-----------|--------|
| Susan L. | 7-04-2003 | 12 yrs |
|----------|-----------|--------|



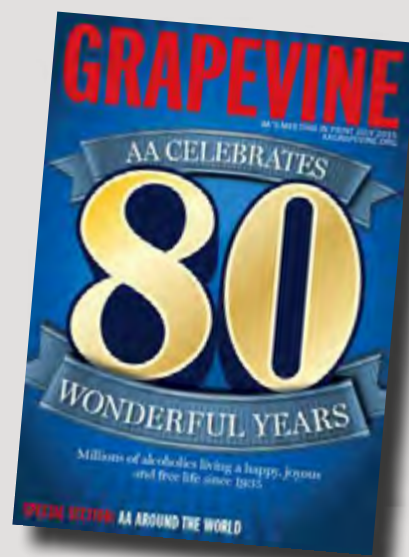
**New NC Mountain Central Office, Inc.
Profit & Loss YTD Comparison
May 2015**

| | May 15 | Jan - May 15 |
|---------------------------------------|---------------|-----------------|
| Ordinary Income/Expense | | |
| Income | | |
| Contributions | | |
| Birthday Contributions | 37.00 | 37.00 |
| Group Contributions | 2,396.87 | 10,668.12 |
| Individual Contributions | 11.71 | 73.58 |
| Subscriptions | 12.00 | 12.00 |
| Total Contributions | 2,457.58 | 10,790.70 |
| Interest on Money Market | 0.60 | 2.92 |
| Sales Income | | |
| Literature & merchandise | 2,630.52 | 11,493.92 |
| Shipping | 30.99 | 183.10 |
| Total Sales Income | 2,661.51 | 11,677.02 |
| Total Income | 5,119.69 | 22,470.64 |
| Cost of Goods Sold | | |
| Cost of Goods | | |
| Discount | -3.67 | -20.61 |
| Freight | 45.75 | 187.63 |
| Literature & merchandise | 2,097.36 | 8,807.03 |
| Cost of Goods - Other | 0.00 | 0.00 |
| Total Cost of Goods | 2,139.44 | 8,974.05 |
| Total COGS | 2,139.44 | 8,974.05 |
| Gross Profit | 2,980.25 | 13,496.59 |
| Expense | | |
| Copier Rental | 171.07 | 786.24 |
| Editor | 120.00 | 600.00 |
| Office Expenses | 43.64 | 73.64 |
| Office Supplies | 19.27 | 288.16 |
| Payroll Expenses | 1,142.78 | 6,044.35 |
| QuickBooks Expenses | 199.95 | 359.38 |
| Rent | 504.00 | 2,463.00 |
| Sales Tax Paid to Vendors | 25.97 | 79.12 |
| Shipping to Groups | 30.99 | 182.92 |
| Stamps/Postage | 75.32 | 349.09 |
| Telephone & Internet | | |
| Answering Service | 106.00 | 503.00 |
| Office Telephone/Internet | 140.91 | 704.87 |
| Total Telephone & Internet | 246.91 | 1,207.87 |
| Vendor Discount | 0.00 | -67.99 |
| Total Expense | 2,579.90 | 12,365.78 |
| Net Ordinary Income | 400.35 | 1,130.81 |
| Net Income | <u>400.35</u> | <u>1,130.81</u> |

Cash on Hand as of 5/31/15

Money Market (Prudent Reserve) **\$7,029.89**
 Operating Account (Checking) **\$5,220.98**
 Rent Deposit **\$400.00**
 Petty Cash **\$50.00**

**80th Anniversary
Issue of the
Grapevine now
available!**



- Daily Grapevine Quote
 - The I-Poll
 - The Laugh's On Us
 - AAGV Info Emails
- aagrapevine.org

Call & Visitor Log

MAY 2015

12 Step Calls – 4
 General Info – 2
 Family Help – 3
 Meeting Info – 24
 Central Office Business – 48
 Medical/Detox – 0
 Visitors – 76

Answering Service
 (Operator-Asst)
 117 minutes
 (April)



MEETING UPDATES: Districts 70 • 71 • 80

New Meetings:

Asheville: Two new meetings starting July 1st at the new **Asheville 12 Step Recovery Club** location, 370 North Louisiana Ave, Suite G4, West Asheville, 28806:

- **Eye Openers** – Monday through Friday 8:00am (O,D)
- **Brunch Bunch** – Monday through Friday 10:00am (O,D)

Black Mountain: Monday Morning Kick-the-Blues Group: Monday 7:30am. (Started on June 15) Cloud Cottage, 219 Old Toll Circle. (O,ES/MT – 30 min. meditation)

Sylva: Mount Pleasant Men's Group: Monday 6:00pm. Mount Pleasant Baptist Church, 89 Mount Pleasant Rd (M,O,D)

Mills River: Love & Tolerance Group. 181 Oren Drive, Mills River, 28759. Monday, Wednesday & Friday 10:00am (O,D). Saturday 6:30pm (O,SP).

Meeting Changes:

Asheville:

Asheville 12 Step Recovery Club is moving as of July 1st. New location: 370 North Louisiana Ave, Suite G4, West Asheville, 28806. The following Groups will be moving to this new location:

- **Women of Principles**– Monday 6:00pm, Saturday 9:00am (W,C,D)
- **Solutions**– Monday through Friday 12:30pm (O,D)
- **Recovery at 6**– At 6:00pm Sunday (O,BG), Wednesday (C,D), Thursday (C,D), Friday (O,D), Saturday (O,D)
- **Hope**– Sunday 11:00am & 2:00pm, Saturday 2:00pm (O,D)
- **Heart Fire**– Sunday 9:00am, Wednesday 7:00am (O,D)
- **Candlelight**– Sunday 8:00pm, Friday 10:00pm, Saturday 10:00pm (O,D)
- **In the Book**– Monday 8:00pm (C,D)
- **The Family Afterward**– Friday 7:15pm (O,D)

Primary Purpose Group: Monday through Friday 8:30am. Moving to a new location as of July 1st: St George's Episcopal Church, One School Rd, West Asheville, 28806. (O,D) They will also be starting a new meeting on Mondays at 9:30am (O,BB)

Hendersonville:

Mid Day Group: Wednesday noon. Format changed from "Open, LiteratureStudy/Discussion" to "Open Discussion." 1st United Methodist Church, 204 6th Ave. West & N. Church St, Rm 301B

Brevard: Brevard Serenity Group: Wednesday 5:30pm. Due to building maintenance at the French

Broad Community Center, the meeting will not meet June 22 - July 1. **Meetings will resume Wednesday, July 6.** French Broad Community Center, 382 French Broad St, Brevard.

Discontinued Meetings:

Asheville: Serenity Service: meetings at 12:30pm Monday, Thursday & Friday at Central United Methodist Church, 297 Haywood St. have been discontinued.

Asheville: Birds of a Feather: Saturday 10:30am. 1st Congregational UCC, 20 Oak St.

Marion: Marion Group: St. Matthew's Lutheran Church, 241 W. Court St, Marion. The Monday 8:00pm (O,D) meeting will be discontinued as of June.

Correction:

Canton: Canton Step Study: had been previously listed as "Discontinued." We received a call from a group member saying it is in fact still meeting, Thursday 7:00pm. St. Andrew's Episcopal Church, 99 Academy St. (O,SS) Last Thursday (O,TR)

Central Office Volunteers we thank you!

North Carolina Mountain Central Office could not function without the help of volunteers. Here are a few of the things that volunteers do:

- Answer the phone – one of the main activities. Calls usually involve answering inquiries about Alcoholics Anonymous and meetings in WNC. When calls come in from individuals looking for help, volunteers contact AA members on the 12-step volunteer list which is maintained by the 12-step volunteer coordinator. The 12-step volunteer is given the name & phone number of the caller seeking help. (Names & numbers of AA members/volunteers are never given out.)
- Greet and assist visitors who come into the Office to purchase things for themselves or for their groups.
- Help put together orders for books and merchandise to be shipped to groups when requested.
- Fold meeting schedules – a constant activity some days!
- Check in and shelve books and other items that come from various suppliers.
- Help with the printed Mountain Doin's – folding and applying mailing seals, labels and stamps.

If you think you might be interested in volunteering at Central Office - any day Monday - Friday, 10:00am-1:00pm - give us a call at 828-254-8539. Email info@ncmco.net or visit www.aancmco.org

The Service Express

Downloadable versions of the Mountain Doin's are available at www.aancmco.org. Updated Where & When meeting schedules are also available on the website.

All District Committee Chairpersons:

Please send updates on committee meeting times, recent activity, and upcoming service opportunities! August newsletter deadline is July 15.

District 70: ashevilleaa.org

Next District 70 Business Meeting scheduled for Sunday, July 12, 2:30pm, at St. Luke's Episcopal, 219 Chunns Cove Rd, Asheville Service Committees Meeting – Tuesday, July 28, 6:00pm at Trinity Episcopal Church, 60 Church St, Asheville.

Bridging the Gap (with treatment facilities) Attend the Service Committees Meeting or contact the TFC Chair at ashevilleaa.org; the BTG Chair or co-coordinator at bridgingthegap.asheville@gmail.com or www.btgww.org.

The District Archivist email is: archives@ashevilleaa.org

District 71:

GSR Meeting – Saturday, July 11, 1:00pm, at 1620 Willow Rd, Hendersonville (where Hendersonville Group meets). All interested AAs are invited to attend.

Correction Facilities Committee meets the 1st Saturday of even-numbered months. Next meeting: Saturday, August 1, 9:30am, 1620 Willow Rd, Hendersonville

District 80: aawnc80.org

GSR District Meeting will be Sunday, July 19, 1:30pm, Jackson County Family Resource Center, 1528 Webster Rd, Webster, NC 28788. There will not be a GSR workshop before the regular meeting in July but there will be discussion at that meeting about having another workshop in October.

CORs / NCMCO: aancmco.org

Next combined COR/NCMCO Board meeting: Thursday, July 9, 6:00pm, Grace Church in the Mountains, 394 N. Haywood St at Miller St (Miller St entrance), Waynesville.

Volunteers

Both men & women are needed for Correctional Facilities and County Jails. Attend your District's General Service Representative meeting, Service Committees meeting and/or Correctional Facilities Committee meeting for more information on these service opportunities! Or call Central Office – 828-254-8539 – for contact information.



If you are a 12-Step Call volunteer, please contact Central Office so we may update your confidential information. We ask that you update by filling out the volunteer sign-up form on the Central Office website: aaNCMCO.org/12th-step-call

If you are interested in becoming a 12-Step Call volunteer, check out the Central Office website or call us – 828-254-8539. Thank you!

Special Meetings and Events

- **2015 International Convention of Alcoholics Anonymous:** July 2–5
- Atlanta, Georgia (Go to aa.org for more information)



- **District 70's Annual Service Rally 2015:** July 11, 9:00am-3:30pm. Abernethy United Methodist Church, 1418 Patton Ave, Asheville. Speakers, presentations and panel discussions with district chairs for Treatment, Corrections and CPC/PI. Lunch provided. Raffle & door prizes. (see flyer)

- **68th NC State Convention:** July 30th through August 2nd. Hilton North Raleigh/Midtown, 3415 Wake Forest Rd, Raleigh, NC. (Go to aanorthcarolina.org for more information)

Special Meetings and Events (continued)

- **Southern Motorcycle Alcoholics Anonymous Camping Convention:** August 27-30. Fall Creek Falls State Park, Pikeville, TN. (Go to SMAACC.org for more information)
- **4th Annual Ohio Women's Conference of Alcoholics Anonymous:** August 28-30. Newark, OH. (Go to aacleve.org/events for more information)
- **20th Annual Southeast Woman to Woman Conference:** "Taking Off The Mask," September 18-20. Metairie LA. (Go to southeastwomantowomaneu.org for more information)

Letter from Prison

October 2014

Friends,

My name is Don H and I am an alcoholic, 13 years sober behind prison walls. Under the influence of drugs and alcohol I created this incredible obstacle, a humiliating mountain. As I wrote up my plea for legal help, I knew my story needed to be shared. In no way am I asking for your help.

Back in 1974-77 my father would take my brother and me to Friday night speaker meetings. As a kid this was exciting. 511 North Carrol Clubhouse was always packed, shaking hands, hugs, lots of smiles. No clue to what it meant to be an alcoholic, but I figured it was a door to an exciting adventure. Kicking back, listening to speakers talk of hard times, police chases, women, wild places, to living the good life of sobriety, I wanted in. No kidding, probably the only time I prayed as a kid. "God, I'd like to be an alcoholic, just like my dad." Well, God was listening; as they say, be careful of what you pray for. In a few short years, alcohol and drugs entered my life.

Don't recall most of my teen years. Once that first can of beer was downed, and a smoke, there was no looking back. Absent from school, lots

of fights, theft, sex, overall out of control. By age 15 detox, by 16 DUI, by 17 armed robbery (faced 20 years). During those years I woke up in hospitals with tubes in my nose and arms, and staff telling me I was a chronic alcoholic, and I needed to quit or I'd die. I didn't care, didn't want to live or feel the pain of life.

We all have that story of hopelessness. The point is regardless of who's fallen further, alcohol and drugs took over, creating a personal hell. For me it was hell sober and drunk, an insane revolving door. I was stuck like a rabbit getting shot at.

Who plans on doing or saying foolish things prior to using? Not once did I plan on hurting a loved one's feelings, having dangerous unprotected sex, embarrassing my friends, losing a job, being arrested, waking up in detox, or a host of other regrets. I simply drank and drugged, to escape and numb my life.

What a vicious cycle addiction creates. How many victims are impacted? Pretty much anyone within our reach, typically those who love us most hurt greatly. In retrospect, those feelings and negative memories were passed along due to my intoxicated behaviors, creating victims.

Prison is filled with crimes related to drugs and alcohol, some so heinous the full truths are not revealed to the public. Murder, rape, child molestation, battery, robbery, DUI are common intoxicated themes. Imagine waking up scratching your head, trying to recall where you parked your car, and clues to the previous night's adventures, then remembering a crime. Well, prison is filled with good men and women who have experienced just that, a nightmare. I certainly never thought I'd become a lifer due to a crime while drunk, and drugged, yet here I sit, close to 15 years on a 61 year sentence. The unthinkable happens every single day in an addict's life; pushing that "get sober" date another day may cost you more pain than detoxing. The moments we want to escape from life's troubles with a drink, smoke, snort, fix,

Letter from Prison, Continued...

seems second nature, nothing bad will happen. Using is the same as gambling; eventually that second nature behavior will cost you more than you bargained for. There are thousands of men and women in prison to back my claim.

I was sober for years, life was pretty good. Then it seemed everything began to fall apart – divorce, money issues, depression, unresolved issues of childhood abuses (physically and sexually). All these problems overwhelmed me in a short span of time. For the better part of one and a half years I used extremely hard, public intoxicated arrests, 4th DUI, employment problems, etc. Tired, I checked into a motel to kill myself. Eight days, 24/7 drugs and alcohol, no food, lost my mind. In and out of bushes, eating out of garbage cans, and a host of other insane behaviors. Eventually I broke into a bar to rob, hurt a female bartender, and pretty much woke up in prison from a nightmare. It's one thing to hurt oneself, but to wake out of a drunken blur to recall a victim is beyond description.

If I would have done what works, getting outside of my problems, this daily pain would have been avoided. There's no trick; it's action. It takes strength, a will to overcome defeat. Turn off the mind, let action take over, give a smile, cut an elderly person's grass, read to the blind, buy a kid an ice cream cone, feed the poor, pick up trash along a street – anything that produces good. Then don't share these kind acts with others; this reduces pride issues. The world owes us nothing; we owe the world. Fight the good fight. Life is attitude, and perspective. If you could see through my eyes, well I'd imagine you'd feel a whole lot better.

Don H.
Racine Correctional
Sturtevant, WI

After writing to Don to obtain his permission to print his letter in our newsletter, he wrote the following response:

12-30-14
NCMCO

Ms. Pam,
Your letter really moved me; thank you. It's an honor for me to be able in any capacity to help.

For so many years as a drunk, or dry drunk, I was about as selfish and self-centered as one could be. And I credited my ability to continue my foolishness to luck. And now the longer I'm sober, the more grateful I am those days are long gone, and I can be on the other side of the charge (positive vs. negative).

I've been mailing letters around for a while. And I'll leave it up to you. Personally, anonymity means nothing to me, and I very much enjoy the comments and questions given in response from those letters. So no need to white-out; name and number OK. I'm an open book.

All I ask for is a copy of the newsletter; that would be really special. And if there is absolutely anything I can do for you, or anyone you know, please ask. As for my story, I give you any permission to pass it along; it's all about giving and serving.

Again thank you for making my day, and I hope and pray you are doing well.

Thank you kindly,

Don H.
Racine Correctional Institution
Sturtevant, WI

Do you have a personal story, poem, letter, interesting article, or struggle you wish to have printed in the Mountain Doins?

Send them in to info@ncmco.net to be featured in a future Mountain Doins!



CONTRIBUTIONS - May 2015

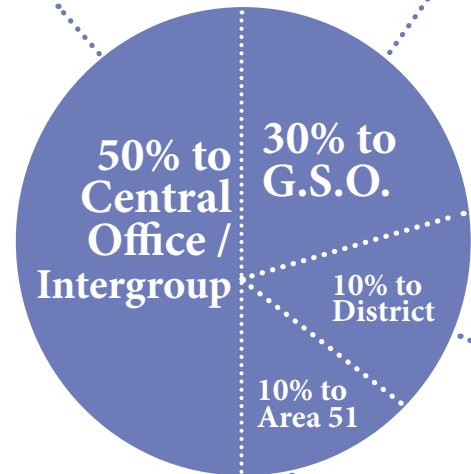
| | May | YTD/2015 |
|--|-------------------|--------------------|
| 4th Dimension | | \$50.00 |
| 11-11-11 Meeting | | \$30.00 |
| 12 & 12 Study Grp | | \$150.00 |
| Acceptance Grp | \$358.98 | \$616.28 |
| Anonymous | \$35.70 | \$294.03 |
| Asheville BBSS Grp 637-843 | \$120.14 | \$161.34 |
| At Wit's End Group | | \$64.95 |
| Back to Basics (Weaverville) 147-139 | | \$135.00 |
| Big Town Grp 671-200 | | \$189.61 |
| But for the Grace of God Grp | | \$30.00 |
| BYOC - Bring Your Own Coffee | \$58.00 | \$161.00 |
| Candler Kiss Grp 163-148 | \$77.00 | \$213.80 |
| Cashiers Valley Grp 122-589 | | \$222.79 |
| Chunn's Cove Men's Group | | \$200.00 |
| Conscious Contact (Asheville) | | \$800.96 |
| Daily Decisions 643-869 | | \$230.00 |
| Daily Reflections - Fletcher 709-852 | | \$35.00 |
| Day by Day Grp 159-058 | \$850.00 | \$1,600.00 |
| Dry Dock Group | \$30.00 | \$30.00 |
| Early Birds Grp 612-780 | | \$175.75 |
| Fireside Group 655-046 | | \$237.50 |
| Good Livers 666-360 | | \$99.05 |
| Grace Grp of Asheville 161-970 | \$440.37 | \$713.95 |
| Happy Hour Grp 169-182 | | \$40.58 |
| High Noon Group 689-080 | \$100.00 | \$100.00 |
| Higher Power Tower Hour | | \$75.00 |
| Kanuga Grp 645-767 | | \$160.00 |
| Lambda Group 617-035 | \$73.00 | \$73.00 |
| Leicester Grp 143-417 | | \$100.00 |
| Mars Hill Grp 130-895 | | \$100.00 |
| Marshall Group 110-489 | \$60.00 | \$60.00 |
| Mid Day Grp (Hendersonville) | | \$253.00 |
| Monday Night Open Meeting | | \$208.17 |
| Mountain View (Highlands)110-598 | | \$45.20 |
| Murphy Big Book Grp | | \$10.00 |
| New Freedom Grp 700-124 | \$50.00 | \$180.97 |
| Phoenix Grp | | \$75.00 |
| Pisgah Grp | | \$286.49 |
| Primary Purpose Grp | | \$90.71 |
| Recovery by the River 674-892 | | \$193.55 |
| Rule 62 Grp | | \$78.00 |
| Sat. Morning Men's Meeting | | \$80.00 |
| Second Chance Grp - Cherokee | | \$40.00 |
| Serenity Seekers - Marion 663-204 | | \$100.00 |
| Serenity Service 110-498 | \$10.00 | \$41.00 |
| Skyland 12&12 | | \$10.00 |
| Skyland Big Book Grp 693-372 | | \$50.00 |
| Spruce Pine Grp 110-679 | | \$100.00 |
| Steppin' Up Grp | | \$0.57 |
| Sunshine AA Grp | | \$100.00 |
| The Principles Group 675-162 | \$52.50 | \$52.50 |
| There Is A Solution | | \$49.00 |
| Total Surrender Grp | | \$425.00 |
| Tryon 12 & 12 690-877 | | \$32.26 |
| Tryon Monday 5:30 Mtg | \$50.00 | \$95.00 |
| Waynesville Grace Grp 110-692 | | \$640.00 |
| Women of Courage | | \$120.00 |
| Women of Grace | | \$88.00 |
| Young People's Grp 645-646 | \$31.18 | \$74.11 |
| Total Group Contributions: | \$2,396.87 | \$10,668.12 |
| Individual Contributions | | |
| Anonymous | \$1.71 | \$23.58 |
| In Memory of B.G. | \$10.00 | \$50.00 |
| Total Individual Contributions: | \$11.71 | \$73.58 |
| Birthday Contributions: | \$37.00 | \$37.00 |
| Mountain Doin's Subscriptions: | \$12.00 | \$12.00 |
| Grand Total | \$2,457.58 | \$10,790.70 |

Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet [Self-Support: Where Money & Spirituality Mix](#). Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place,
Ste 206
Asheville NC 28801

General Service Office
Grand Central Station
PO Box 459
New York NY 10163-0459



Area 51 NCGSC
Treasurer
PO Box 459
Aberdeen, NC
26315

• **District 70 Treasurer**
PO Box 8574
Asheville NC 28814-8574

• **District 71 Treasurer**
3486 Silver Creek Rd
Mill Spring, NC 28756

• **District 80 Treasurer**
91 Lullwater Cove,
Cullowhee, NC 28723



District 70's Annual Service Rally 2015

"I am Responsible"

Featuring a speaker from Area 51 in the morning and presentations from our district chairs. The afternoon will be filled with speakers and a panel discussion with district chairs for Treatment, Corrections, and CPC/PI from District 70 and surrounding districts.

Lunch will be provided by District 70

50/50 raffle

Door Prizes

Home Group participation

Date: July 11th, 2015

Time: 9am to 3:30

**Place: Abernethy United Methodist Church,
1418 Patton Ave., Asheville, NC 28806**



One day to 80 years are all welcome!

S.M.A.A.C.C. III

Southern Motorcyclists in Alcoholics Anonymous Camping



Speakers

Friday-Cindy M. Louisville KY.

Saturday – Iron Mike, Baycliffe, TX.

Sunday - Mike L. Paducah, KY.

Workshops: Anger to Forgiveness,
Forgiveness of the Heart

August 27–30 2015

Fall Creek Falls State Park
Pikeville, TN

Pre-Registration Fee

\$40.00 before July 29, 2015

\$5.00 3 days of meals/Thursday \$5.00

Includes Registration & Camping in Cabins

Cabins are Youth Style (8 persons to a cabin)

Electric is provided

Need to bring your own bedding.

After July 29, 2015

Registration Fee \$45.00

Daily meal priced at \$5.00 each

Campers/RV Sites available: Campgrounds:

We have reserved a limited number of sites
this year

Please contact SMAACC DIRECTLY

Hotel 1-800-250-86

Each Night – \$92.28

For More Information

WWW.SMAACC. Org or Bill W 815.601.6894

Don R.931.239.1523 Sherri M.865.978.1891

Mail Registrations to: SMAACC 377 West Jackson St. Suite 1BPMV#5 Cookeville, Tn. 38501. Note: anyone planning on sharing cabins please note on registration. Parade into Atlanta World 2015

Registration Form

Name _____
Address: _____
City: _____ State _____ Zip Code _____
Email Address: _____
AA _____ Al Anon _____ Sobriety Date _____
Phone : _____ Text Message? _____
Permission to Mail/ Email you Flyers: Yes No
Are you staying with us in a Cabin? Yes No
Willing to Chair a Meeting? Yes No
Willing to Help at the Convention: Yes No





SUMMER SERENITY AT THE BEACH

Friday September 4th

- 6:30 AM Open Beach Meeting
- 4:00 PM Open Registration
- 6:00 PM Corrie L. (AFG) Wetumpka, AL
- 7:30 PM Raffle Drawing
- 8:00 PM Kent L. (AA) Wetumpka, AL
- 10:15 PM Meditation Meeting

Saturday September 5th

- 6:30 AM Open Beach Meeting
- 10:00 AM Golf Scramble (paid participation)
- 2:30 PM AFG Workshop
- 6:00 PM Don L. (AA) Bellingham, WA
- 7:30 PM Raffle Drawing
- 8:00 PM Lyle P. (AA) Atlanta, GA
- 10:15 PM Meditation Meeting

Sunday September 6th

- 9:45 AM AA Workshop
- 12:00 PM Brown Baggers at (Camel Club)
- 1:15 PM Speaker Appreciation luncheon (Camel Club)
- 6:00 PM Rick J. (AFG) Toronto, Ontario
- 7:30 PM Raffle Drawing
- 7:30 PM Sobriety Countdown
- 8:00 PM Brian P. (AA) Austin, TX
- 10:15 PM Meditation Meeting

Monday September 7th

- 10:00 AM Erika M. (AA) Cedar Rapids, IA

Name _____ Add'l Attendee: _____

Address: _____

City: _____ State: _____ Zip: _____

Registration Fee : (\$35 Person, \$60 Couple -- \$40 Person, \$70 couple after 8/1) _____

Golf Fee \$60 Person _____

Unisex Short Sleeve T-Shirts \$20 Each. Circle Sizes: S M L XL 2XL 3XL : QTY _____

Make Check Payable to: Summer Serenity at the Beach TOTAL DUE: _____

Register at www.summerserenityatthebeach.com or Mail Form/Payment to P.O. Box 6176 Miramar Beach Fl. 32550

Ohio Women's Conference of Alcoholics Anonymous

4th Annual O.W.C.A.A.

August 28-30, 2015

Cherry Valley Lodge

2299 Cherry Valley Road

Newark, Ohio 43055

(740) 788-1200

www.cherryvalleylodge.com

MISSION STATEMENT

The purpose of this conference is singleness of purpose, addressing the issues and celebrating the victories faced by women with the disease of alcoholism. This three (3) day event is designed for women in the program of Alcoholics Anonymous to come together for the distinct purpose of sharing their experience, strength and hope on their journey of sobriety, by way of lead meetings, panel discussions and workshops in a single venue.



Room rate: \$99.00 PER NIGHT plus TAX for single or double

\$109.00 PER NIGHT plus TAX for triple

\$119.00 PER NIGHT plus TAX for quad

Please call (740) 788-1200 for reservations

When making room reservations, please inform hotel staff of any special needs you may have.

CONFERENCE RATES ARE AVAILABLE UNTIL JULY 15, 2015.

The entire conference is a closed* AA women's event for registrants only. Mail-in and on-line registration close on August 1, 2015. **No refund policy.** No checks or credit cards will be accepted on-site at the conference. Cash or money orders only. At the conference, name badges must be worn at all times. Please register by August 1, 2015 to ensure a pre-printed badge.

CONFERENCE OPENS – FRIDAY 7:30 P.M.

Marta M., Louisville, KY

Friday Night Speaker

Robbin R., Chicago, IL

Saturday Night Speaker

Hilda H., Buffalo, NY

Sunday Morning Speaker

CONFERENCE CLOSSES – SUNDAY 12 NOON

Make checks payable to:

Ohio Women's Conference of AA

Mail completed registration form with checks/money orders to:

Ohio Women's Conference of AA

P. O. Box 361124

Columbus, Ohio 43236

*Singleness of Purpose
One Heart, One Mind*

REGISTRATION

Name (First) _____

Name (Last) _____

Address _____

City, State, Zip _____

Phone _____ Sobriety Date _____

E-mail _____

Name on Badge _____

Would you like to be of service? (circle)

Panel Workshop Greeter

Early Registration \$35.00

On-Site Registration Fee \$40.00 (Cash Only)

Meals

Saturday Breakfast \$20.00

Saturday Night Banquet \$45.00

Sunday Breakfast \$20.00

Dinner Entrée Choices: (circle one)

Chicken Grilled Salmon Vegetarian

Souvenirs (circle choice and size)

T-shirt with Logo \$18

T-shirt with Logo 2X plus \$23

S M L XL 2X 3X 4X 5X

| | | |
|--------------------|--------|---------|
| Qty. _____ | X | \$18.00 |
| Qty. _____ | X | \$23.00 |
| Qty. (_____) _____ | Mugs X | \$7.00 |

If you would like to help some to be able to attend this great conference, we welcome your donation to our Scholarship Fund

Scholarship Fund Contribution: _____

Total Enclosed \$ _____

On-line registration is available at

www.Ohiowomensconferenceofaa.com.

20th Annual Southeast Woman to Woman Conference

www.southeastwomantowomanenu.org



"Secrets Woman Don't Share"

(This conference is hosted by and for Sober Alcoholic and Al-Anon Women.)

September 18 - 20, 2015



"Taking Off The Mask"

Best Western Plus Landmark Hotel

2601 Severn Drive

Metairie, LA 70002

504-888-9500 Toll Free: 1-800-277-7575

Registration: \$20.00 per person (Deadline April 30, 2015)

\$30.00 per person (May 1, 2015)

\$35.00 per person at the door ***money orders or cash only at the door***

Room Rates: Single/Double \$99.99 + tax = \$112.74 per night

Condo Rates: 1 Bedroom Suites \$169.99 + tax = \$191.66 per night

"Mention SE Woman to Woman Conference"

Deadline for hotel reservations **August 17, 2015** ****Hotel cancellations must be made 24 hrs in advance****

Complimentary Parking

****No Hotel Airport Shuttle****

Chair: Joyce H. - LA 225-775-2685 Co-Chair: Desiree D. - LA 225-892-3072

Contacts: Karen D. - GA 404-284-0517 Brenda F. - NC 919-598-7280

Shirley J. - VA 757-846-8699 Pat B. - SC 803-270-7922

Registration Form: **NO REFUNDS**
(please print clearly)

Name _____ Name on Badge _____

Address _____ Sobriety Date _____

City _____ State _____ Zip Code _____

Phone (____) _____ Email _____

Special Needs _____ Shuttle from & to Airport _____

Volunteer (Are you willing?) _____

Registration Fee \$ _____ Scholarship Donation \$ _____ AA _____ Al-Anon _____

Banquet (\$35.00) _____ Vegetarian Banquet (\$35.00) _____ Banquet Dietary Restrictions _____

T-Shirt (\$15.00) S _____ M _____ L _____ XL _____ 2X _____ 3X _____ Total Amount Enclosed \$ _____

Make checks payable to : SE Woman to Woman

Mail to: P.O. Box 284 Smithfield, VA 23431

Online Registrations Available



Candlelight Meetings
Al-Anon
Banquet
Workshops

Masquerade Ball
Long Timers Party
Raffle
Hospitality
Meditation



8th North Carolina State Convention

July 30th thru August 2nd, 2015

Hilton North Raleigh / Midtown
3415 Wake Forest Road • Raleigh, NC 27609

“THERE IS A SOLUTION”

REGISTER NOW TO SUPPORT YOUR CONVENTION!

Convention Pre-Registration

\$15.00 per person

before **June 22, 2015**

\$20.00 per person June 22, 2015 and after.

Alateens 18 & under - No charge but must register.

(No Refunds after June 22, 2015)

Hotel Registration

Mention Group Code: **AAC**

Single & Double: \$98 + tax

Triple: \$108 + tax

Quad: \$118 + tax

Phone: **(919) 872-2323** - ask for NC State Convention and/or group code “AAC” to make reservations.

On-Line: www.NorthRaleighHilton.com - enter group code “AAC” where prompted.

Cut-off for Conference rate: **June 22, 2015**

FOR PROBLEMS WITH HOTEL RESERVATIONS, PLEASE CALL ONE OF THE CONTACT PEOPLE TO THE RIGHT.

Speakers

Cathy B.

Harold L.

Joyce R.

▲ **Deb D**

Bob B.

Nelson G.

Penrose, NC

St. Louis, MO

Bethesda, MD

Cary, NC

St. Paul, MN

Memphis, TN

- * **FREE** Convention Mug to First **500** Pre-Registrants!
- * **Old-Timers' Panel**
- * **Workshops**
- * 'Round the Clock **Marathon Meetings**
- * **Open Discussion Meetings** ▲ ▲
- * **Saturday Night Dance**
- * Plenty of **FREE Coffee**

For More Information Contact:

Amy M. (252) 567-1984

Craig P. (919) 222-0605

Beth R. (704) 941-1220

OR Email: convention@aanorthcarolina.org

8th North Carolina State Convention

Special Rate before June 22, 2015 - \$15.00 • Alateens 18 & under: No charge but must register.

Make checks payable to:

NC Convention Committee

PO Box 1387 • Knightdale, NC 27545-1387

Name _____

Address _____

City, State, Zip _____ Email _____

Telephone (____) _____ - _____

Enclosed - \$ _____ for _____ registration(s)

Name(s) to be printed on badge(s) Please print _____

Preferred method of contact: Email Mail