

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

ANNIVERSARIES

Accept	ance Group	
Nancy E.R.	3-06-2004	11 yrs
Around th	ie Room Group)
Bruce A.	3-15-1988	27 yrs
AVL Big Boo	ok Step Study (Grp
Ralph B.	3-02-1987	28 yrs
Ed T.	3-21-1999	16 yrs
AVL Wom	en's BBSS Gr)
Susan W.	3-30-1998	17 yrs
Black Mo	ountain Group	
Shane R.	3-17-2009	6 yrs
Brevard S	Serenity Group	1
Randy H.	3-02-2013	2 yrs
Candler	K.I.S.S. Group	
Doug O.	3-09-1972	43 yrs
Greg C.	3-15-2009	6 yrs
Patrice C.	3-15-2009	6 yrs
Bruce R.	3-21-1998	17 yrs
Rich W.	3-28-1994	21 yrs
Consci	ous Contact	
Ray G.	3-2011	4 yrs
Ron S.	3-2000	15 yrs
Fellow	ship Group	
John Q.	3-07-1989	26 yrs
Brian I.	3-08-2013	2 yrs
Julie D.	3-08-1991	24 yrs
Pete H.	3-11-2014	1 yr
John B.	3-13-2013	2 yrs
Grace Group		
Mitchell F.	3-02-1995	20 yrs
Marcus C.	3-03-2013	2 yrs
Shari S.	3-08-2002	13 yrs
Betsy C.	3-13-1995	20 yrs

Grace Group (con't) 3-15-2012

3 yrs

Alan D.

Alun Di	0 10 2012	0 910
Anne M.	3-17-2013	2 yrs
Michael B.	3-17-2014	1 yr
Dave G.	3-25-1996	19 yrs
Нарру	Hour Group	
Patti E.	3-21-2013	2 yrs
Henders	sonville Group)
Chris V.W.	3-2009	6 yrs
Dawn C.	3-07-1996	19 yrs
Deborah W.	3-17-1987	28 yrs
Gloria	3-20-2011	4 yrs
Terry G.	3-26-1979	36 yrs
Leicester Group		
Ed M.	3-17-1974	41 yrs
Library Group		
Johnny M.	3-05-2014	1 yr
Mars Hill Group		
Gary R.	3-05-2000	15 yrs
Ray C.	3-11-2013	2 yrs
Alice W.	3-20-2009	6 yrs
Stephen Mc.	3-27-1983	32 yrs

weekend COR Meetings,

To build communication between Central Office Representatives and the NCMCO Board, the *quarterly* COR meetings will be scheduled on weekends, effective July 2015 (3rd quarter).

Mido	lay Group	
Judy T.	3-07-2005	10 yrs
Jan C.	3-26-2010	5 yrs
Sherry N.	3-26-2011	4 yrs
Bob I.	3-27-2008	7 yrs
Donna H.	3-28-2011	4 yrs
Bruce E.	3-29-2013	2 yrs
Walter C.	3-29-2010	5 yrs
Phoe	enix Group	
Sherri S.	3-23-2013	2 yrs
Bob C.	3-26-1996	19 yrs
Safe &	Sound Group	
Shane R.	3-07-2009	6 yrs
Darilyn	3-22-2011	4 yrs
Serenity S	eekers - Mario	on
John L.	3-01-2002	13 yrs
Sisters in Sobriety - Cherokee		
Cindy G.	3-08-2005	10 yrs
There Is A Solution		
Ralph B.	3-03-1987	28 yrs
Total Surrender Group		
John Q.	3-07-1989	26 yrs
Wade N.	3-09-2014	1 yr
Bruce R.	3-21-1988	22 yrs
Traditional Group		
Jason C.	3-24-2011	4 yrs
P.K.	3/24/2012	3 yrs
Women of Grace		
Tanya K.	3-01-2013	2 yrs
Nancy J.	3-03-1983	32 yrs
Julia J.	3-18-2006	9 yrs
Jane Y.	3-28-2002	13 yrs
Karen F.	3-29-1971	44 yrs

North Carolina Mountain Central Office January 2015 / YTD P&L - Accrual Basis

, ,	
Ordinary Income/Expense Income Contributions Group Contributions Individual Contributions	2,481.26 14.23
Total Contributions	2,495.49
Interest on Money Market Sales Income Literature & merchandise Shipping	0.60 2,206.63 <u>35.96</u>
Total Sales Income	2,242.59
Total Income	4,738.68
Cost of Goods Sold Cost of Goods Freight Literature & merchandise Cost of Goods - Other	22.85 1,771.49 0.00
Total Cost of Goods	1,794.34
Total COGS	1,794.34
Gross Profit	2,944.34
Expense Copier Rental Editor Office Supplies Payroll Expenses Rent Sales Tax Paid to Vendors Shipping to Groups Stamps/Postage Telephone & Internet	152.72 120.00 19.99 1,088.68 485.00 12.10 35.96 65.24
Answering Service Office Telephone/Internet	95.00 140.85
Total Telephone & Internet	235.85
Total Expense	2,215.54
Net Ordinary Income	728.80
Net Income	728.80



Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet <u>Self-Support:Where Money</u> <u>& Spirituality Mix</u>. Recommendations for other percentages are also in the pamphlet.

NCMCO 70 Woodfin Pl, Ste 206 Asheville NC 28801	General Service Office Grand Central Station PO Box 459 New York NY 10164-0423
50% to Central Office / Intergroup	<u>1</u> 0% to
Area 51 NCGSC	• District 70 Treasurer
Treasurer	PO Box 8574
PO Box 459	Asheville NC 28814-8574
Aberdeen, NC 26315	• District 71 Treasurer 3486 Silver Creek Rd Mill Spring, NC 28756
31/15	• District 80 Treasurer
\$7027.57 NEV	91 Lullwater Cove, Cullowhee, NC 28723
\$3819.87	Cullownee, NC 28723
\$400.00	/
\$50.00	

Cash on Hand as of 01/31/15

Money Market (Prudent Reserve) Operating Account (Checking) Rent Deposit Petty Cash

\$4K 2015 Financial Security Snapshot (Group Only)



Contributions January 2015

\$257.30
\$32.24
\$41.20
\$81.36
\$45.00
\$83.96
\$175.75
\$40.58
\$110.00
\$100.00
\$125.00
\$101.17
\$45.20
\$40.00
\$28.00
\$1.00
\$50.00
\$0.57
\$250.00
\$45.00
\$640.00
\$60.00
\$35.00
\$42.93
\$50.00
\$2,481.26
\$4.23
\$10.00
\$14.23
\$2,495.49

New members in your group? Send names with anniversary dates and they'll be on page one!

(contact info is at the top of this page)

Contact Info Updates Requested

To assure accurate and timely communication with Central Office, we would appreciate your sending us the name, address, phone number, and email address of your...

Group treasurer - in case we have questions about a donation or an outstanding invoice

Group secretary - to receive the group's monthly print newsletter

Literature person - in case we have questions about a literature order or a shipment issue

Central Office Representative (COR) - should a board meeting need to be rescheduled (due to lack of a quorum or inclement weather)

Event contact - if we have questions about a flyer or notice for the news-letter (sometimes our deadline requires a quick answer!)

Group 12-Step volunteers' phone number(s), ZIP code, and times/days able to receive calls. (This info is kept strictly confidential and only used by Central Office and after-hours answering service to help the still-suffering alcoholic who calls for help.) Flyer on page 10.

Email, or mail to NCMCO, 70 Woodfin PI, Ste 206, AVL NC 28801

"Conference-approved" — What It Means to You

The term "Conference-approved" describes written or audiovisual material approved by the Conference for publication by G.S.O. This process assures that everything in such literature is in accord with A.A. principles. Conference-approved material always deals with the recovery program of Alcoholics Anonymous or with information about the A.A. Fellowship.

The term has no relation to material not published by G.S.O. It does not imply Conference disapproval of other material about A.A. A great deal of literature helpful to alcoholics is published by others, and A.A. does not try to tell any individual member what he or she may or may not read.

Conference approval assures us that a piece of literature represents solid A.A. experience. Any Conference-approved booklet or pamphlet goes through a lengthy and painstaking process, during which a variety of A.A.s from all over the United States and Canada read and express opinions at every stage of production.

How To Tell What Is and What Is Not Conference-approved

Look for the statement on books, pamphlets and films: "This is A.A. General Service Conference-approved literature"

Not All "A.A. Literature" Is Conference-Approved

Central offices and intergroups do write and distribute pamphlets or booklets that are not Conference-approved. If such pieces meet the needs of the local membership, they may be legitimately classified as "A.A. literature." There is no conflict between A.A. World Services, Inc. (A.A.W.S. — publishers of Conference-approved literature), and central offices or intergroups — rather, they complement each other. *The Conference does not disapprove of such material*.

G.S.O. does develop some literature that does not have to be approved by the Conference, such as service material, Guidelines and bulletins. Excerpt Rev 10/14 SM F-29 <u>http://aa.org/en_pdfs/smf-29_en.pdf</u>

North Carolina Mountain Central Office News

Attention All Groups & CORs

The next board meeting will be held on **Thursday, Mar 12, 6:00 pm**, at the office: 70 Woodfin Pl, Ste 210. For more info call (828) 254-8539, or write to <u>info@ncmco.net</u>.

2015 Board Officers and Members

Chair (2014–15) - Dawn L. Alternate Chair (2015–16) **POSITION IS OPEN** Treasurer (2015–16) - Mike M. Secretary (2014–15) - Tom M. District 70 Trustee - Danny S. District 71 Trustee - Gene S. District 80 Trustee - Doug V. 12-Step Call List Coord. - Helen M. Newsletter Editor - **POSITION IS OPEN**

- Several Board positions are open; the responsibilities for each are described in the Board of Directors' Composition, Scope & Procedures document as follows:
- Alternate Chair 1. Shall perform the duties of the Chairman when requested by the Chairman or in the case of his absence or inability to act. 2. Shall perform other duties as occasionally assigned. 3. Shall have at least five years continuous sobriety at the time of taking office.
- Newsletter Editor 1. Has overall responsibility for the monthly *Mountain Doin's* newsletter and may be paid a reasonable amount established by the Board for this service.
 2. Attends Board meetings as a voting member. Note: The Editor should a) have knowledge of desktop publishing/ page layout software, b) be able to meet monthly deadlines, and (c) attend monthly board meetings.
- Board minutes are available on request to A.A. members; contact NCMCO. They're usually available no later than three weeks after the last board meeting.



Free Online Content Too!

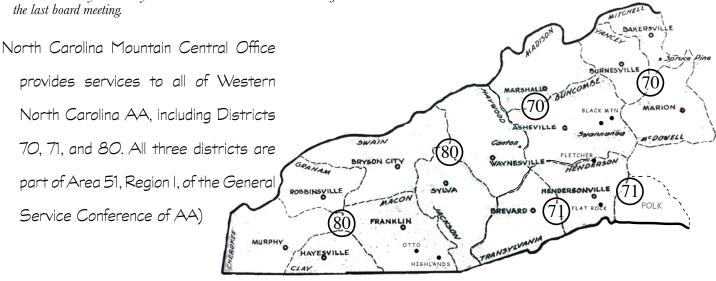
Daily Grapevine Quote The I-Poll The Laugh's On Us AAGV Info Emails aagrapevine.org

Area 51 News

GSRs, you can help save the Area a bunch of \$\$ by getting emails whenever new notices, minutes and other information are posted at the aanorthcarolina.org website. To go digital, opt out of the snail-mail list at the Area 51 website: www.aanorthcarolina.org. Click on the top tab: Information for Members (get the username and password from your DCM or Alt. DCM). Click on "Opting Out of Postal Mailings" under Resources and follow the instructions.

Call & Visitor Log • January 2015

General Info - 6 Family Help - 2 Meeting Info - 41 Central Office Business - 55 12-Step Calls - 6 Medical/Detox - 0 Visitors - 82 Answering Svc (Dec oper-asst'd) - 95 min.



Meeting Updates: Districts 70 • 71 • 80

New Meetings

Asheville/Skyland. South Asheville 12 & 12. Tuesday 7:15pm. Skyland United Methodist Church, 1984 Hendersonville Rd, Asheville 28803 (O, SS / TR)

Asheville/Skyland. Daily Reprieve: From Fear to Faith. Thursday 12:00pm. Skyland United Methodist Church, 1984 Hendersonville Rd, Asheville (C, W, SS)

Fletcher. Fellowship Group. Monday 7:00am. Calvary Episcopal Church, 2840 Hendersonville Rd, Fletcher. (O, D)

Waynesville. Happy Destiny Group. Thursday 7:00pm. 142 Miller St., Waynesville 28786 (C, D)

Meeting Changes

Asheville. Serenity Service meetings have moved from the 12-Step Recovery Club to Central United Methodist Church, 297 Haywood St. Monday 12:30pm (C, D); Tuesday 6:00pm (C, D); Thursday 12:30pm (C, D); Thursday 6:00pm (C, D); Friday 12:30pm (C,D); Saturday 2:00pm (O, D); Saturday 6:00pm (O, D); Saturday 8:00pm (O, D); Sunday 2:00pm (O, D)

Bryson City. Bryson City Grp. Tuesday. Bryson City Presbyterian Church, 311 Everett St. (O, BB) Time change: was 6:30pm; now 5:30pm.

Cedar Mountain. Cedar Mountain Group. Tuesday cancelled; Thursday still meets 6:30pm at its new location: Cedar Mountain Community Center, 10635 Greenville Hwy (Rte 276) (O, D)

Fletcher. Fellowship Group. Thursday Noon. Currently (O, D) but starting February this meeting will be an open beginners meeting (O, BG) Calvary Episcopal Church, 2840 Hendersonville Rd, Fletcher. **The 12-Step Recovery Club**, 1340-A Patton Av, has added new AA meetings. www.asheville12stepclub.org

Discontinued

Waynesville. Serenity Sisters Group. Thursday 6:00p. First UMC, Old Parsonage House (W,C,D)

Spaces Available

<u>See maps in this newsletter</u>. For contact information, call Pam at Central Office (828) 254-8539.



2015 International Convention of Alcoholics Anonymous

July 2–5 • Atlanta, Georgia The pre-registration period is still open! September 3, 2014–May 15, 2015 Register by Web • Mail • Fax

Register online at www.aa.org

Conference Update from G.S.O.

Before any more time slips by, we need your help to provide some accurate information about the 2015 International Convention. It has been brought to our attention that there is some misinformation that is circulating in some groups that the 2015 International Convention has "sold out." As you know, this is not the case. Please note the following:

• Registration is still open; the International Convention is not "sold out."

• The Georgia World Congress Center (Convention Center) in Atlanta has ample space to welcome and accommodate more registered attendees than we have had in the past.

• We have ample seating in the Georgia Dome for everyone who has registered and for tens of thousands more registered attendees.

• There is plenty of housing available in Atlanta and outlying areas, as our convention hotel block has been extended and will continue to expand to meet the needs of our attendees.

• We have added dorms to our housing mix for those who are interested in lower room rates and information can be accessed through a link on the housing page from our website.

The Service Express

NC Mountain Central Office welcomes volunteers Mon–Fri, 10 am–1 pm. If you are a sober member of A.A., interested in enhancing your sobriety through service work, and are good on the phone, please call (828) 254-8539, write <u>info@ncmco.net</u>, or visit <u>www.aaNCMCO.org</u>.

All District Committee Coordinators, please send updates on committee meeting times, recent activity, and upcoming service opportunities! The April 2015 newsletter deadline is March 15.

District 70 ashevilleaa.org

Contact District 70 trusted servants through the website <u>www.//ashevilleaa.org</u> (click the Contacts link at the top of the home page).

GSR District Meeting is **Sunday, March 8**, 2:30 pm, at St. Luke's Episcopal Ch Parish House, 219 Chunns Cove Rd, Asheville

Bridging the Gap (with treatment facilities) Contact the TFC Chair at <u>ashevilleaa.org</u>; the BTG Chair or Co-Coordinator, at <u>bridgingthegap.asheville@gmail</u>. com or attend the Service Committees Meeting (see next listing, below). <u>www.btgww.org</u>.

Service Committees meet the last Tuesdays of odd-numbered months. **Next meeting: Tuesday, March 31,** 6:00 pm, Trinity Episcopal Ch, 60 Church St, Asheville

District contributions mail to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814-8574

District 71

GSR District Meeting will be **Saturday, March 14** 1:00 pm, at 1620 Willow Rd, opp. Valley Hill Fire Dept., Hendersonville. District meetings are held the 2nd Saturday every other month. **DCM:** David L. <u>hiwattuser1@gmail.com</u>; **Alt DCM:** Annette K., <u>netsy1162@yahoo.com</u>.

Mail district contributions to: 3486 Silver Creek Rd, Mill Spring, NC 28756

Correctional Facilities Committee meets the 1st Saturday of even-numbered months. Next meeting is **Saturday, April 4, 9:30 am**, 1620 Willow Rd, Hendersonville (where the Hendersonville Group meets). All interested AAs are invited to attend.

District &D aawnc&D.org

GSR District Meeting will be **Sunday, April 19,** 1:30pm, Jackson County Resource Ctr, 1528 Webster Rd (Rte 116), Webster: Note: A GSR workshop will be held I hour before the district meeting, (same location) at 12:30 pm. Call (828) 837-4440 or write <u>aacom28906@verizon.net</u>. District 80 has shifted its fiscal year from April–Mar to the calendar period Jan–Dec. As a result, this year's budget contains only three quarters. Fiscal 2016 starts in Jan and will have the full four quarters.

D80 is still seeking a Special Events Coordinator.

Four district-sponsored "eating meeting special events" are hoped for this year. The district wants to plan dates and seeks sponsoring groups. **Founders' Day** is a separate event and will most likely be held in Murphy this year; last year's event was hosted by Haywood.

CORs aancmco.org

Quarterly COR meetings rotate around the three districts of the Central Office service area. Starting in July, joint COR-Board quarterly meetings will be on weekends. Details regarding day / time / location will be determined by the host district, so be sure to check this space in June re the July meeting!

Thursday, April 9, 6:00 pm - Abernethy United Methodist Ch, 1418 Patton Av, West Asheville. Joint CORboard quarterly meeting.

Area 51 aanorthcarolina.org

Area 51 Spring Committee & Assembly Meeting, May 15–17.

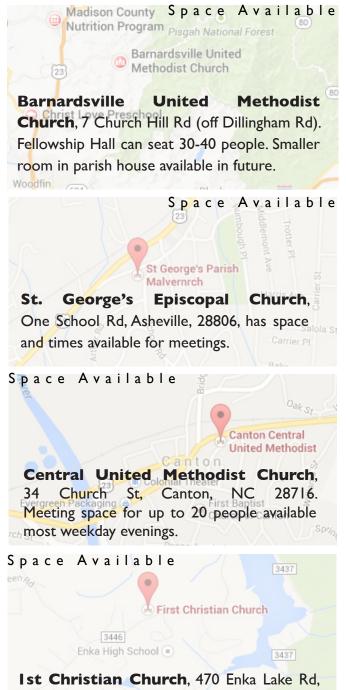
<u>Special Events</u>

Calendars and fliers of regional and national A.A. events also may be found at <u>www.aanorthcarolina.org</u>.

Swannanoa Library Group, 101 W. Charleston Ave, Swannanoa. We will be reading and discussing the 12 Traditions every Sunday at 7:00pm from Feb 1,until completed. All interested in this more concentrated study of "why it works" are welcome. Please bring your own 12&12.

Acceptance Group, 219 Chunns Cove Rd, Asheville, will host a St. Patrick's Party & Luncheon, Tuesday, March 17, from 12:00–2:00pm. Open meeting from 12:30–1:30pm. Bring your non-AA family & friends for fun and fellowship.

West Asheville Group. 60th Anniversary Pot-Luck. See flyer.



Ist Christian Church, 470 Enka Lake Rd, Candler. Available all days except Sunday morning & afternoon. Handicap accessible.



Write us for your free, colorful and interactive Mountain Doin's newsletter. info@ncmco.net

A.A. events at the national, state, and district level.

- Event flyers go out to over 350 subscribers.
- Get straight-to-the-source links to AA events: email, web sites, and conference pages.
- Click any email or URL in the digital edition—it's a live link!



N C M C O Internet Anonymity Policy

The Office, guided by the latest version of "GSO Guidelines: Internet," shall 1) take reasonable and commonsense precautions and 2) employ discretionary practices that help protect but do not guarantee the online anonymity of A.A.s who may communicate and share information with NCMCO; and that NCMCO shall not share or publish any personally identifying information—full name, phone number, personal mailing address, personal email address, or personal website—a) in its correspondence, b) in the *Mountain Doin's*, or c) on its website. —*Call or <u>write</u> if you have questions*.

Central Office Site!

Get all the news at **www.aancmco.org**. An archive of older newsletters may be found at the District 70 site <u>www.ashevilleaa.org</u>

The Emerging Swanns A.A. Group (by Helen) Swannanoa Correctional Center for Women

Speaking opportunities at the Swannanoa Correctional Center for Women (SCCW) are for "outside" A.A. women who have a "Blue Card" for volunteering there and also for A.A. women who have never been in the SCCW before (they may apply as a one-time volunteer). The Open Speaker meeting is held the last Wednesday of each month, at 7:00 pm.

Please help "Carry the Message Behind those Walls." For more information, please contact Pam at Central Office: <u>info@ncmco.net</u> • (828) 254-8539

Intergroup/Central Offices: A.A.'s Front Line (submitted by Helen)

"... Both Bill and his fellow A.A. cofounder Dr. Bob early saw that 'to save whole areas from turmoil, small offices had to be set up, telephones installed, and a few full-time secretaries hired.... If they weren't, the man coming in the door couldn't get a break." (*Twelve Steps and Twelve Tradi-tions*, p. 161) The early service centers were plagued by a lack of money, space, help and an abundance of conflicting opinions, but still they persevered.

"Nothing in A.A. today is original. Everything we know and do to help the suffering alcoholic find sobriety came from our predecessors, whether the Oxford Group or intergroup/central of-fice workers who came before and shared freely of their spiritual experiences and common sense gained the hard way.

"...Unity is the glue that holds the intergroup/central offices and general services together, but it is communication that jumpstarts mutual cooperation and harmony—vital both in reaching suffering alcoholics and in being attuned to the needs of those who are recovering in A.A. Many local intergroups produce their own flyers or information pieces. Also, the General Service Office publishes Guidelines and other service material that share the accumulated experience of intergroups and central offices in the United States-Canada and world-wide. These define an intergroup as 'an A.A. service office that involves partnership among groups in a community—just as A.A. groups themselves are partnerships of individuals. It is established to carry out functions which are best handled by a centralized office. ...It exists to aid the groups in their common purpose of carrying the Alcoholics Anonymous message to the alcoholic who still suffers.""

> -excerpt from Box 4-5-9 Vol. 53, No. 4 / August-September 2007 http://www.aa.org/newsletters/en_US/en_box459_aug-sept07.pdf

Thought I'd share information I learned at the Area 51 Pre-Conference Meeting last fall in Boone. It was during the Corrections break-out discussion on the topic of revisions of 'What AA Does NOT Do'' in the pamphlet "A Message to Corrections Professionals"—revisions to be more consistent with similar text in CPC literature. The following is an excerpt from correspondence with Public Information at General Service Office in New York:

"Neither A.A.W.S. nor G.S.O." sanctions" anything in A.A. – regardless of whether they are A.A. groups, committees, events, etc. Each A.A. entity [Group, District, Central Office/Intergroup] is autonomous. However, it may be helpful to know that we [at PI, GSO] consider something to be "A.A." if it is "put on by A.A.s, for A.A.s, and is about A.A."

-submitted by Helen

Announcement The I2- Step Call Committee of Central Office in Asheville is conducting the annual update for the I2-Step Call list

Thanks goes out to all the dedicated volunteers who serve on the 12-Step Call list – you are the hand of AA that reaches out to the alcoholic in crisis. The lost souls who call our hotline await your return call; your experience, strength and hope could be crucial for their survival.

If you are a 12-Step Call volunteer, please contact Central Office so we may update your confidential information. We ask that you update by filling out the volunteer sign-up sheet on the Central Office website. <u>aaNCMCO.org/12th-step-call</u>

If you are interested in becoming a 12-step call volunteer, check out the Central Office website at aaNCMCO.org for information and a downloadable sign-up form.

Thanks for the help getting the word out by announcing and posting this message in your home group.

NC Mountain Central Office 828-254-8539 info@ncmco.net

ALCOHOLICS ANONYMOUS West Asheville Group's 60th Anniversary Pot-Luck Eating Meeting

Come join us for food & fellowship



The West Asheville Group of A.A. is celebrating its 60th Anniversary on Saturday, March 28th, 2015. Doors open @ 6:30 p.m.

Pot-luck dinner starts at 7:00 p.m. followed by a speaker meeting at 8:00 p.m. (Please bring a dish to share if you are able.)

Abernethy United Methodist Church • 1418 Patton Ave • Asheville NC 28806