

Mountain Doin's

January
2015

(828) 254-8539

Office Hours
Mon-Fri 10:00am-1:00pm

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

January Anniversaries

Acceptance Group

Tom M. 1-01-1991 24 yrs
Beverly 1-10-2014 1 yr

Around the Room Group

Tom W. 1-01-1991 24 yrs
Sam M. 1-05-2012 3 yrs
Bambi S. 1-19-1975 40 yrs

AVL Big Book Step Study

Suzanne T. 1-01-1992 23 yrs
Taylor S. 1-03-2013 2 yrs
Ed R. 1-03-1988 27 yrs
Kitty 1-27-2009 6 yrs

AVL BBSS Group (Dec 2014)

LeeAnn C-W 12-2009 5 yrs

AVL Women's BBSS Group

Natalie B. 1-09-2009 6 yrs

At Wit's End Group

Warren L. 1-13-2011 4 yrs

Black Mountain Group

Jeanne R. 1-01-1991 24 yrs
Terry G. 1-01-1984 31 yrs
Sarah H. 1-11-2012 3 yrs

Brevard Serenity Group

Kristine N. 1-09-2004 11 yrs
Dave R. 1-20-1996 19 yrs
Johnny P. 1-25-2013 2 yrs

Candler K.I.S.S. Group

Randy L. 1-24-2011 4 yrs

Conscious Contact

Suzanne B. 1-1975 40 yrs
Nancy B. 1-1983 32 yrs

Conscious Contact

David B. 1-2004 11 yrs
Amy P. 1-2012 3 yrs

Cumberland Group

Myra B. 1-1-1994 21 yrs
Jill H. 1-18-2012 3 yrs
Judy M. 1-19-1982 33 yrs
Jay G. 1-29-2013 2 yrs

Daily Decisions Group

Mike M. 1-1-1985 30 yrs
Douglas L. 1-21-2012 3 yrs
Joe A. 1/28/1978 37 yrs

Fellowship Group

Ted N. 1-01-1985 30 yrs
Crystal D. 1-03-2014 1 yr
Dale L. 1-10-2004 11 yrs
Sherry 1-17-2014 1 yr

Grace Group

Randy H. 1-01-2013 2 yrs
Robin L. 1-01-2009 6 yrs
Steve W. 1-11-1997 18 yrs
Andi K. 1-14-1999 16 yrs
Tony W. 1-20-2000 15 yrs
Ryan J. 1-24-2005 10 yrs

Happy Hour Group

Eunice D. 1-15-1983 32 yrs
Jill R. 1-23-2014 1 yr

Last Chance Grp/1st Step Farm

Myron W. 12-03-2013 1 yr

Leicester Group

Renee Mc. 1-10-2005 10 yrs

Safe & Sound Group

Leah M. 1-07-2010 5 yrs
Carolyn C. 1-20-2012 3 yrs

Serenity Sisters - Waynesville

Nancy B. 1-02-1991 24 yrs
Derinda C. 1-06-2010 5 yrs
Lisa S. 1-23-2013 2 yrs

There Is A Solution BBSS Grp

Linda S. 1-30-1990 25 yrs

Three Alarm Group

Carol C. 1-19-2003 12 yrs
John O. 1-28-2011 4 yrs

Traditional Group

Nick I. 1-01-2012 3 yrs
Warren L. 1-13-2011 4 yrs

Women of Grace

Sandy T. 1-01-2010 5 yrs
Terry G. 1-10-1984 31 yrs
Cay F. 1-16-1983 32 yrs
Cynthia M. 1-18-1985 30 yrs

New members in your group? Send your list with anniversary dates, so we can help them celebrate!

(contact info is at the top of this page)

North Carolina Mountain Central Office November 2014/YTD P&L - Accrual Basis



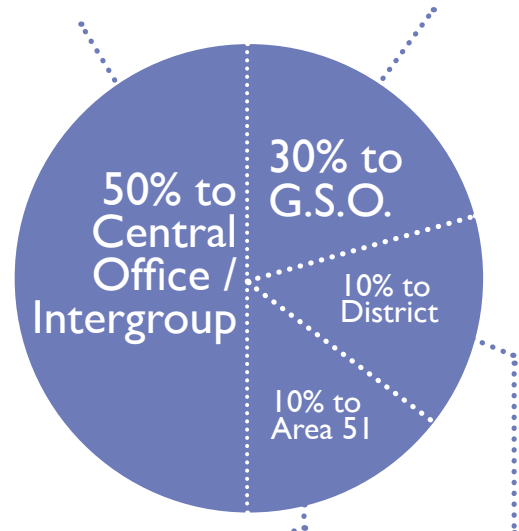
Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet [Self-Support: Where Money & Spirituality Mix](#). Recommendations for other percentages are also in the pamphlet.

	Nov 14	Jan - Nov 14
Ordinary Income/Expense		
Income		
Bank Service Charge repayment	0.00	7.00
Contributions		
Group Contributions	1,320.93	24,954.15
Individual Contributions	10.37	352.66
Subscriptions	0.00	54.00
Total Contributions	1,331.30	25,360.81
Interest on Money Market	0.58	6.46
Sales Income		
Literature & merchandise	1,822.14	27,316.52
Shipping	20.92	378.33
Total Sales Income	1,843.06	27,694.85
Total Income	3,174.94	53,069.12
Cost of Goods Sold		
Cost of Goods		
Discount	0.00	-93.34
Freight	59.20	620.86
Literature & merchandise	1,407.43	21,159.34
Total Cost of Goods	1,466.63	21,686.86
Total COGS	1,466.63	21,686.86
Gross Profit	1,708.31	31,382.26
Expense		
Bank Service Charges	0.00	36.80
Buncombe Co Prop. Tax 2014	0.00	41.48
Copier Rental	170.66	1,798.89
Editor	120.00	1,320.00
Fees - Accounting Consultants	0.00	157.50
Insurance Expense	0.00	526.72
Office Assistance	0.00	141.75
Office Expense	0.00	25.00
Office Supplies	127.41	599.56
Payroll Expenses	1,051.15	12,303.44
Reconciliation Discrepancies	0.00	0.25
Rent	485.00	5,293.00
Sales Tax Paid to Vendors	11.96	161.89
Shipping to Groups	20.92	383.67
Stamps/Postage	74.62	807.68
Telephone & Internet		
Answering Service	86.50	1,825.33
Foreign Directory Listing	0.00	-37.61
Office Telephone/Internet	140.79	1,860.69
Total Telephone & Internet	227.29	3,648.41
Total Expense	2,289.01	27,246.04
Net Ordinary Income	-580.70	4,136.22
Net Income	-580.70	4,136.22

NCMCO
70 Woodfin Pl
Ste 206
Asheville NC 28801

General Service Office
Grand Central Station
PO Box 459
New York NY 10164-0423

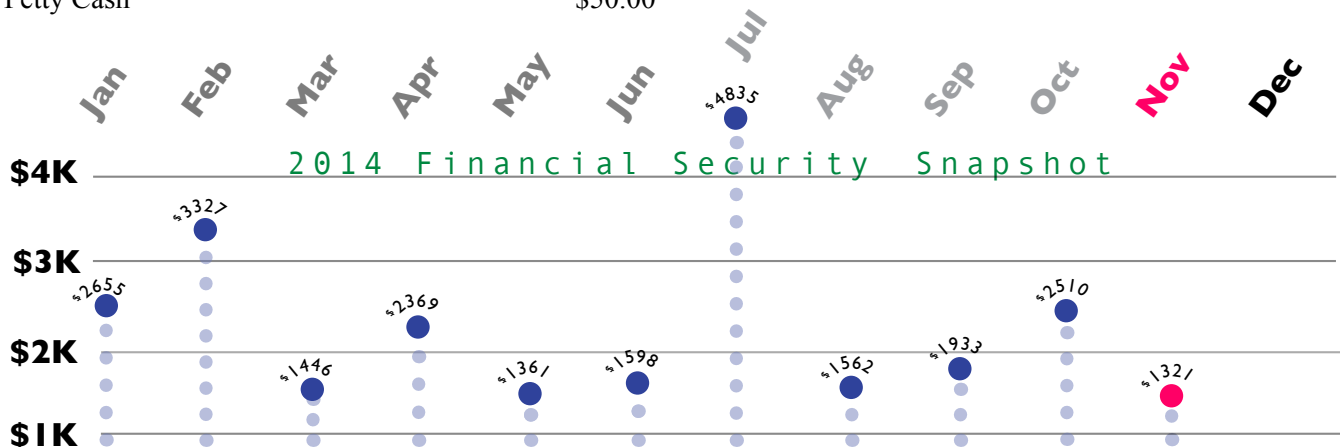


Area 51 NCGSC
Treasurer
PO Box 459
Aberdeen, NC 26315

- District 70 Treasurer**
PO Box 8574
Asheville NC 28814-8574
- District 71 Treasurer**
3486 Silver Creek Rd
Mill Spring, NC 28756
- District 80 Treasurer**
85 Mimosa Ln
Franklin NC 28734

Cash on Hand as of 11/30/14

Money Market (Prudent Reserve)	\$7026.37
Operating Account (Checking)	\$3088.57
Rent Deposit	\$400.00
Petty Cash	\$50.00



Group Contributions • November 2014 & YTD

Acceptance Grp		\$1,128.72	Mill Spring Grp 656-821	\$35.00	\$47.50
Anonymous	\$49.06	\$829.38	Moment of Clarity Grp		\$2.25
Around the Room Grp		\$0.00	Monday Night Open Mtg	\$69.30	\$383.82
Asheville BBSS Grp 637-843		\$225.67	Mountain View (Highlands)		\$566.56
Asheville Women's BBSS Grp		\$50.00	Murphy Big Book Grp		\$20.00
At Wit's End Grp		\$0.00	New Freedom Grp 700-124	\$40.00	\$80.00
Back to Basics (Marion)		\$0.00	Newcomers Grp - Flat Rock	\$1.00	\$1.00
Back to Basics (WVL) 147-139		\$216.02	Pisgah Grp		\$1.00
Big Town Grp 671-200		\$432.83	Plan B Group 670-567		\$100.00
Black Mountain Grp 117-117		\$200.04	Primary Purpose Grp		\$13.82
Bryson City Group 110-467		\$0.00	Recovery by the River 674-892		\$557.20
But for the Grace of God Grp		\$150.00	Reflections Grp 711-861		\$40.00
Bring Your Own Coffee	\$63.96	\$344.47	Roundtable Grp		\$0.00
Came to Believe Grp 611-288		\$20.00	Rule 62 Group		\$150.68
Candler Kiss Grp 163-148	\$97.50	\$392.50	Saluda Back to Basics Grp		\$75.00
Cashiers Valley Grp 122-589		\$917.88	Sat. Morning Men's Meeting	\$50.00	\$215.00
Cedar Mountain Grp		\$125.00	Second Chance Grp		\$0.00
Columbus Group 150-908		\$150.00	Serenity Group - Brevard		\$0.00
Conscious Contact (AVL)		\$2,407.53	Serenity Seekers - Marion		\$35.00
Cumberland Grp 122-472	\$100.00	\$160.00	Serenity Service 110-498		\$575.00
Chunn's Cove Men's Group		\$250.00	Skyland Group 693-372		\$223.00
Daily Decisions Grp 643-869		\$931.80	Sunshine AA Grp		\$50.00
Daily Reflections (Blk Mtn)		\$80.45	Surrender Group - Blk Mtn		\$450.00
Daily Reflections (Fletcher)		\$0.00	Sylva Grp		\$0.00
Day by Day Grp 159-058		\$1,675.84	Sylvan Valley AA Grp Brevard		\$50.00
District 70		\$624.21	The Principles Grp 127-575		\$119.59
District 71		\$100.00	Three Alarm Grp		\$0.00
Downtown Serenity Grp		\$523.72	Total Surrender Grp		\$750.00
Early Birds Grp 612-780		\$690.98	Tryon 12 & 12 690-877		\$75.00
Fellowship Grp (Fletcher)		\$75.00	Tryon Monday Grp		\$160.00
Fireside Grp		\$416.00	Tryon Tuesday Grp		\$150.00
Good Livers Grp 666-360		\$338.00	Waynesville Grace		\$1,310.00
Grace Grp of AVL 161-970	\$447.16	\$2,124.61	Grp 110-692		
Hand-in-Hand Grp		\$0.00	We Think Not Grp 700-411		\$69.00
Happy Hour Grp		\$162.87	West Asheville Grp 110-501		\$0.00
Happy, Joyous & Free Grp		\$40.00	Women of Courage		\$236.20
Hendersonville Grp		\$0.00	Women of Grace		\$141.00
High Noon Group 689-080	\$90.00	\$190.00	Young People's Grp 645-646	\$67.95	\$194.19
Hot Springs Meeting		\$0.00	4th Dimension		\$0.00
Joy of Living (Brevard)		\$150.00	11-11-11 Grp		\$39.95
Kanuga Grp		\$25.00	12 & 12 Study Group		\$25.00
Lambda Grp 617-035		\$260.50	Total Group Contributions	\$1,320.93	\$24,954.15
Ledger Group - 654-832		\$1.37	Individual Contributions		
Leicester Grp 143-417		\$150.00	Anonymous	\$0.37	\$92.66
Library Grp		\$72.00	In Memory of B.G.	\$10.00	\$110.00
Maple Grove Grp 121-212		\$100.00	Monica G.		\$150.00
Marion AA Group 110-621		\$100.00	Total Individual Contributions	\$10.37	\$352.66
Mars Hill Group 130-895		\$150.00	Mountain Doin's Subscriptions		\$54.00
Marshall Group		\$75.00	Grand Total	\$1,331.30	\$25,360.81
Mid Day Grp (HVL)	\$210.00	\$990.00			

North Carolina Mountain Central Office News

Attention All Groups & CORs

The next board meeting will be held at 6:00 pm on **Thursday, Jan 9**, at Etowah U.M. Church (see page 00 for more info, call (828) 254-8539, or write to info@ncmco.net.)

2015 Board Officers and Members

Chair (2014-15) - Dawn L.

Alternate Chair (2015-16) POSITION IS OPEN

Treasurer (2015-16) - POSITION IS OPEN

Secretary (2014-15) - Tom M.

District 70 Trustee - Danny S.

District 71 Trustee - Gene S.

District 80 Trustee - Doug V.

Step 12 Call List Coord. - Helen M.

Newsletter Editor - POSITION IS OPEN

Several Board positions are open; the responsibilities for each are described in the Board of Directors' Composition, Scope & Procedures document as follows:

Alternate Chair - 1. Shall perform the duties of the Chairman when requested by the Chairman or in the case of his absence or inability to act. 2. Shall perform other duties as occasionally assigned. 3. Shall have at least five years continuous sobriety at the time of taking office.

Treasurer - 1. Having charge and custody of all funds of Central Office. 2. Accuracy of all financial records of Central Office. 3. Receipts and disbursements as approved by the Central Office's various committees. 4. Arrange for preparation and filing of all required tax returns. 5. Preparation of an annual financial report. 6. Preparation of monthly financial report and present it to the Central Office Board and COR Committee. 7. Shall have at least five years' continuous sobriety at the time of taking office.

Newsletter Editor - 1. Has overall responsibility for the monthly *Mountain Doin's* newsletter and may be paid a reasonable amount established by the Board for this service. 2. Attends Board meetings as a voting member. Note: The Editor should a) have knowledge of desktop publishing/page layout software, b) be able to meet monthly deadlines, and (c) attend monthly board meetings.

Special Note: If the CORs approve the Board's proposed changes to the Composition, Scope & Procedures document in January 2015, the term of the Editor, who serves at the Board's pleasure, may be limited to three years.

Board minutes are available on request to A.A. members; contact NC-MCO. They're usually available no later than three weeks after the last board meeting.

Grapevine News

Mommy Drunkest

A young mother gets a sober second shot at raising her children

"Lying in my bed encrusted in my own vomit, I made the call that was going to change my life."

"You don't need to go to those meetings anymore," I often hear. "You haven't had a drink in years so you must be all right now."



Indeed, I've come a long way since the days when I was a slave to drinking. I remember my final night well. I had long since become sick of waking up to face myself every day. When things had gotten bad in the past, I'd just pull out my backpack and head off to that special place known as somewhere else: Europe, North Africa, the South Pacific, the Caribbean, even North America, it didn't matter, just as long as it was somewhere else...

Finish reading this story from April 2011 by subscribing to the online Grapevine.

Meeting Makers Make It

Call & Visitor Log • November 2014

General Info - 4
Family Help - 3
Meeting Info - 29
Central Office Business - 40
12-Step Calls - 7
Medical/Detox - 0
Visitors - 64
Answering Svc (0per-Asst'd) - 78 min.

Meeting Updates

Districts 70 • 71 • 80

New Meetings

Waynesville. Happy Destiny Group. Thursday 7:00pm. 142 Miller St., Waynesville 28786 (C, D)

Fletcher. Starting January 5, Fellowship Group. Monday 7:00am. Calvary Episcopal Church, 2840 Hendersonville Rd, Fletcher. (O, D)

Asheville/Skyland. South Asheville 12 & 12. Tuesday 7:15pm. Skyland United Methodist Church, 1984 Hendersonville Rd, Asheville 28803 (O, SS / TR)

Asheville/Skyland. Daily Reprieve - from fear to Faith. Thursday 12:00pm. (Starting January 1) Skyland United Methodist Church, 1984 Hendersonville Rd, Asheville 28803 (C, W, SS)

Meeting Changes

Cedar Mountain. Cedar Mountain Group. Tuesday & Thursday. New time: 6:30pm. New location: Cedar Mountain Community Center, Hwy 276, Cedar Mountain, 28718 (O, D)

Asheville. Starting December 31, Serenity Service meetings are moving from the 12-Step Recovery Club to Central United Methodist Church, 297 Haywood St. There will be six weekly meetings: Monday 12:30pm (C, D); Tuesday 6:00pm (C, D); Thursday 12:30pm (C, D); Thursday 6:00pm (C, D); Friday 12:30pm (C, D); Saturday 6:00pm (O, D)

All other meetings at the 12-Step Recovery Club, 1340-A Patton Av, will continue to follow their current schedule. For more info: www.asheville12stepclub.org

Discontinued

Franklin. Common Sense Group. Saturday 7:00pm.

Space Available

1st Christian Church, 470 Enka Lake Rd, Candler, across from Enka High School. Available all days except Sunday morning & afternoon. Handicap accessible.

Barnardsville United Methodist Church, 7 Church Hill Rd (off Dillingham Rd). Fellowship Hall can seat 30-40 people. Smaller room in parish house available in future.

For contact information for either church, call Pam at Central Office (828) 254-8539.



2015 International Convention of Alcoholics Anonymous

July 2-5 • Atlanta, Georgia

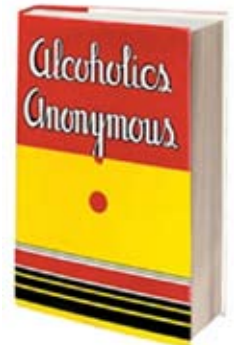
The pre-registration period is

September 3, 2014–May 15, 2015

Register by Web • Mail • Fax

Register online at www.aa.org. The 35-millionth copy of the Big Book will be presented to Sister Ignatia's Order to recognize her contribution to A.A.

To commemorate the 75th anniversary of the printing of *Alcoholics Anonymous*, the 2013 General Service Conference approved the creation of a facsimile edition, a faithful replica of the original. (The first printing was April 10, 1939.) To order your copy, contact Central Office (828) 254-8539.



GSO Tidbits...

The General Service Board has adopted a mission statement: Our mission is to serve the Fellowship of Alcoholics Anonymous. 2014 Financials, YTD thru September are:

- AAWS had a net profit of \$2.2 million (increased \$1.6 mil over YTD June), much of which came from a large order from Hazelden in advance of the October price increase.
- Grapevine had a net profit of \$232,000 (an increase of \$85,000 over YTD June)
- The Reserve Fund is approximately \$14 million, or 9.4 months' expenses.

The Service Express

NC Mountain Central Office welcomes volunteers Mon–Fri, 10 am–1 pm. If you are a sober member of A.A., interested in enhancing your sobriety through service work, and are good on the phone, please call (828) 254-8539, write info@ncmco.net, or visit www.aaNC-MCO.org.

All District Committee Coordinators, please send updates on committee meeting times, recent activity, and upcoming service opportunities! The February 2015 newsletter deadline is **January 15**.

District 70 ashevilleaa.org

Contact District 70 trusted servants through the website www.ashevilleaa.org (click the Contacts link at the top of the home page).

GSR District Meeting is **Sunday, January 11**, 2:30 pm, at St. Luke's Episcopal Ch Parish House, 219 Chunns Cove Rd, Asheville

Open Positions for Jan 2015–Dec 2016 Terms District Sec'y • District Events Coordinator

For a copy of the qualifications, contact the DCM or Secretary (via website; see **Contact** info, above). Anyone interested is invited to attend the next business meeting (see **GSR District Meeting info**, above), when elections will take place.

Bridging the Gap (with treatment facilities) Contact the TFC Chair at ashevilleaa.org; the BTG Chair or Co-Coordinator, at bridgingthegap.asheville@gmail.com or attend the Service Committees Meeting (see next listing, below). www.btgww.org.

Service Committees meet the last Tuesdays of odd-numbered months. **Next meeting: Tuesday, January 26**, 6:00 pm, Trinity Episcopal Church, 60 Church St, Asheville

District contributions mail to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814-8574

District 71

GSR District Meeting will be **Saturday, January 10**, 1:00 pm, at 1620 Willow Rd, opp. Valley Hill Fire Dept., Hendersonville. District meetings are held the 2nd Saturday every other month. **DCM**: David L. hiwattuser1@gmail.com; **Alt DCM**: Annette K. netsyl162@yahoo.com.

Mail district contributions to: K. G. Stewart, 301 Forest Ave, Landrum SC 29356-9441

Correctional Facilities Committee meets the 1st Saturday of even-numbered months. Next meeting is 9:30 am, **Saturday, February 7**, 1620 Willow Road,

District 71 (cont.)

Hendersonville (where the Hendersonville Group meets). All are welcome.

District 80 aawnc80.org

Registrar: lostmdboy@yahoo.com

GSR District Meeting will be **Sunday, Jan 18**, 1:30pm, Jackson County Resource Ctr, 1528 Webster Rd, Route 116, Webster. District business to be discussed. Call (828) 837-4440 or write aacom28906@verizon.net.

CORs info@ncmco.net

Quarterly COR meetings rotate around the three districts of the Central Office service area. CORs meet at **6:00 pm, on the 2nd Thursday of the first month of each new quarter.**

Thursday, January 8 - Etowah United Methodist Ch, 110 Brickyard Rd, Etowah (D71); runs concurrent with board meeting

Area 51 aanorthcarolina.org

Winter 2015 Committee Meeting
February 28–March 1. Hilton North Raleigh, Raleigh NC.
Open to Area Committee Members

Special Events

Calendars and fliers of regional and national A.A. events also may be found at www.aanorthcarolina.org.

January 8–11, 2015. 36th Gratitude Retreat. Myrtle Beach Hilton. \$25 at door. Write to info@ncmco.net for a flyer or register online at www.grituderetreat.com.

New Year's Eve & New Year's Day. Hendersonville Group, 1620 Willow Rd (opposite the Valley Hill Fire Dept.). Noon to midnight meetings, on the even hours. Handicap accessible.

New Hope Group of Franklin is sponsoring a New Year's Eve Alcathon, **Wednesday, December 31**

5:30-6:30pm – Open Discussion Meeting.

6:30-8:00pm – Traditional New Year's Eve Dinner provided; Pork, Collard Greens, Black Eyed Peas, Rice. Bring a covered dish or dessert to share.

8:00-9:00pm – Speaker Meeting – Mike B. (Big Town Group, Etowah, NC)

9:00-10:00pm – White Elephant Gift Exchange. Bring a wrapped \$10 gift if you would like to participate.

Macon County Public Library, 142 Siler Farm Rd, Franklin

Warm holiday greetings from all of your friends at G.S.O.!

Before any more time slips by, we need your help to provide some accurate information about the 2015 International Convention. It has been brought to our attention that there is some misinformation that is circulating in some groups that the 2015 International Convention has “sold out.” As you know, this is not the case. Please note the following:

- Registration is still open and the International Convention is not “sold out.”
- The Georgia World Congress Center (Convention Center) in Atlanta has ample space to welcome and accommodate more registered attendees than we have had in the past.
- We have ample seating in the Georgia Dome for everyone who has registered and for tens of thousands more registered attendees.
- There is plenty of housing available in Atlanta and outlying areas as our convention hotel block has been extended and will continue to expand to meet the needs of our attendees.
- We have added Dorms to our housing mix for those who are interested in lower room rates and information can be accessed through a link on the housing page from our website.

To Change from Hotel to Dorm Housing

Dorm housing is available on a first-come, first-served basis and reservations must be done directly through the dorm facility, not through the Housing Bureau.

- Georgia State University Housing <http://my-housing.gsu.edu/conference-services/> Office: 404-413-1994 Email: conferences@gsu.edu
- Georgia Tech www.conference.gatech.edu/AA2015 Georgia Tech Office of Conference Services Office: 404-894-2469

If an attendee makes a dorm reservation and subsequently needs to cancel their original hotel reservation made through the Housing Bureau, the hotel cancellation fee will be waived only if done by February 15.

We encourage everyone to keep going to www.aa.org for Convention information. We hope you will plan to join us in Atlanta!

With appreciation for all your service, helping others

—Eva S., G.S.O. Staff, 2015 IC Coordinator



In Memoriam



Jack D.,
a longtime member of the
Grace Group of Asheville,
passed away
November 25, 2014.
He will be greatly missed.

Roundtable 30th Anniversary

The Roundtable Group in Henderson County celebrated its 30th anniversary on Tuesday, November 18th. The group served pizza and cake to the meeting on November 30th, in deep gratitude and appreciation for those who continue to carry the message each week. Thank God for AA! (Submitted by Jeana.)

NCMCO Internet Anonymity Policy

The Office, guided by the latest version of “GSO Guidelines: Internet,” shall 1) take reasonable and commonsense precautions and 2) employ discretionary practices that help protect but do not guarantee the online anonymity of A.A.s who may communicate and share information with NCMCO; and that NCMCO shall not share or publish any personally identifying information—full name, phone number, personal mailing address, personal email address, or personal website—in a) its correspondence, b) in the *Mountain Doins*, or 3) on its website. —*Call or write if you have questions.*

A Free Subscription for You!

The full-color digital edition of our monthly newsletter is free. We email the earliest information about meeting changes, special events, and service opportunities straight to you. Subscribe by writing to info@ncmco.net. The newsletter is also posted online at www.aancmco.org.



New Year's Eve Alcathon

Wednesday, December 31

Macon County Public Library
149 Siler Farm Road
Franklin, NC

5:30 – 6:30 Open Discussion Meeting

6:30 – 8:00 Traditional New Year's Eve Dinner provided
Pork, Collard Greens, Black Eyed Peas, Rice
Bring a covered dish or dessert to share

8:00 – 9:00 Speaker Meeting – **Mike B.**
Big Town Group, Etowah, NC

9:00 – 10:00 **White Elephant gift exchange**
Bring a wrapped \$10 gift if you would like to
participate

FUN, FOOD and FESTIVITIES
Sponsored by The New Hope Group

