

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

December Anniversaries

Cumberland Group

Acceptance Group							
Cullen A.	12-02-2013	1 yr					
Kurt P.	12-04-2013	1 yr					
David W.	12-04-2013	1 yr					
Derek E.	12-09-2012	2 yrs					
Mark P.	12-12-2010	4 yrs					
Tiffany C.	12-19-2013	1 yr					
Nancy H.	12-20-2005	9 yrs					
Jack W.	12-27-1991	23 yrs					
Bobbi Jo E.	12-28-2007	7 yrs					
Rebecca E.	12-31-1997	17 yrs					
AVL Women's BBSS Group							
Kathy H.	12-09-1994	20 yrs					
Linda K-F.	12-12-1986	28 yrs					
At Wit's End Group							
Jamie S.	12-06-1995	19 yrs					
Black Mountain Group							
Randall K.	12-02-2012	2 yrs					
Cindy W.	12-07-2010	4 yrs					
Bill C.	12-24-1989	25 yrs					
Brevard Serenity Group							
Jan N.	12-07-1981	33 yrs					
Ben G.	12-18-2011	3 yrs					
Joe W.	12-20-2000	14 yrs					
Tommy G.	12-25-2004	10 yrs					
Conscious Contact							
Melvin	12-2012	2 yrs					
Melvin L.	12-2012	2 yrs					
Shannon	12-1998	16 yrs					
Joe T.	12-1996	18 yrs					

12-1985 29 yrs

Jennye J.

Cumberiand Group								
Dave B.	12-01-1987	27 yrs						
Jim H.	12-01-1982 32 y							
Debbie P.	12-03-2011 3 y							
Candy T.	12-12-2004	10 yrs						
Lynne K.	12-16-2006	8 yrs						
Carolyn B.	12-18-1993 21 yr							
Fellowship Group								
Megan T.	12-08-2013	1 yr						
George K.	12-14-1971	43 yrs						
Grace Group								
Jim Ha	12-01-1982	32 yrs						
Chuck W.	12-10-2008	6 yrs						
Carter M.	12-17-2006	8 yrs						
Mark M.	12-28-2013	1 yr						
Lloyd W.	12-29-1986	28 yrs						
Happy Hour Group								
Kate A.	12-14-1992	22 yrs						
Maurice S.	12-21-1980	34 yrs						
Hende	rsonville Gro	up						
MaryJo L.	12-08-2000	14 yrs						
Lynn B.	12-28-2000	14 yrs						
Leicester Group								
Ralph A.	12-04-2010	4 yrs						
Perry C.	12-20-1986	28 yrs						
Jo B.	12-31-2007	7 yrs						
Mars Hill Group								
Monroe R.	12-06-2012	2 yrs						
Mid-Day Group								
Jude G.	12-03-2008	6 yrs						

Kimberly M. 12-16-2010

4 yrs

Mid-Day Group (cont.) Jim M. 12-28-1976 38 yrs Chris R. 12-30-2009 5 yrs Safe & Sound Group Tammy C. 12-01-2012 2 yrs Betsy M. 12-07-1990 24 yrs 12-15-1990 24 yrs Ginger C. **Serenity Sisters - Waynesville** Candy T. 12-12-2004 10 yrs **Three Alarm Group** 12-28-2008 Gary S. 6 yrs **Traditional Group** Kent H. 12-20-2012 2 yrs **Women of Grace** Marjorie T. 12-05-1978 36 yrs Debbie L. 12-10-2011 3 yrs

Write a group history and we'll publish it in the next newsletter!



North Carolina Mountain Central Office October 2014/YTD P&L - Accrual Basis

	Oct 14	Jan - Oct 14
Ordinary Income/Expense		
Income Bank Service Charge repayment Contributions	0.00	7.00
Group Contributions	2,498.15	23,563.22
Individual Contributions	11.42	342.29
Subscriptions	0.00	54.00
Total Contributions	2,509.57	23,959.51
Interest on Money Market Sales Income	0.60	5.88
Literature & merchandise	1,882.37	25,494.38
Shipping	13.22	357.41
Total Sales Income	1,895.59	25,851.79
Total Income	4,405.76	49,824.18
Cost of Goods Sold		
Cost of Goods		
Discount	-16.90	-93.34
Freight	104.15	561.66
Literature & merchandise	1,325.00	19,751.91
Total Cost of Goods	1,412.25	20,220.23
Total COGS	1,412.25	20,220.23
Gross Profit	2,993.51	29,603.95
Expense		
Bank Service Charges	0.00	36.80
Buncombe Co Prop. Tax 2014	41.48	41.48
Copier Rental	152.72	1,628.23
Editor	120.00	1,200.00
Fees - Accounting Consultants	0.00	157.50
Insurance Expense	526.72	526.72
Office Assistance	0.00	141.75
Office Expense	0.00	25.00
Office Supplies	22.35	472.15
Payroll Expenses	1,561.40	11,252.29
Reconciliation Discrepancies	0.00	0.25
Rent	485.00	4,808.00
Sales Tax Paid to Vendors	13.60	149.93
Shipping to Groups	13.22	362.75
Stamps/Postage	75.25	733.06
Telephone & Internet		
Answering Service	88.50	1,738.83
Foreign Directory Listing	0.00	-37.61
Office Telephone/Internet	140.79	1,719.90
Total Telephone & Internet	229.29	3,421.12
Total Expense	3,241.03	24,957.03
Net Ordinary Income	-247.52	4,646.92
et Income	-247.52	4,646.92



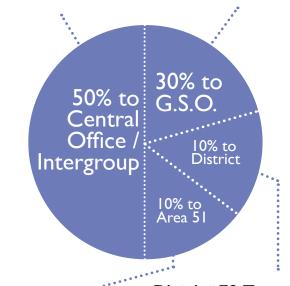
Suggestions for Group Donations to the A.A. Service Structure*

* from the pamphlet <u>Self-Support:Where Money</u> & <u>Spirituality Mix</u>. Recommendations for other percentages are also in the pamphlet.

NCMCO

70 Woodfin PI Ste 206 Asheville NC 2880 I **General Service Office**

Grand Central Station PO Box 459 New York NY 10164-0423



Area 51 NCG-SC Treasurer PO Box 657

PO Box 657 Wilmington NC 28402 District 70 Treasurer
 PO Box 8574

Asheville NC 28814-8574

• District 71 Treasurer K.G. Stewart 301 Forest Ave Landrum SC 29356-9441

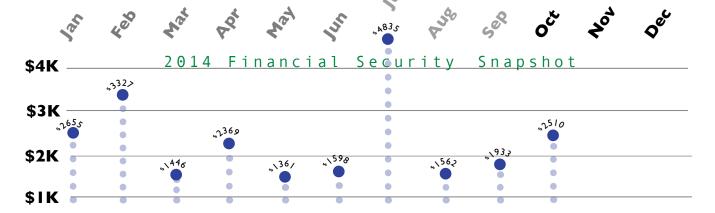
• District 80 Treasurer

85 Mimosa Ln Franklin NC 28734

Cash on Hand as of 10/31/14

Ne

Money Market (Prudent Reserve) \$7025.79
Operating Account (Checking) \$2709.21
Rent Deposit \$400.00
Petty Cash \$50.00



Group Contributions • October 2014 & YTD

•						
Acceptance Grp	\$385.62	\$1,128.72	•	Mountain View (Highlands)		\$566.56
Anonymous	\$140.57	\$780.32	•	Murphy Big Book Grp		\$20.00
Around the Room Grp		\$0.00	•	New Freedom Grp		\$40.00
Asheville BBSS Grp 637-843		\$225.67	•	Pisgah Grp		\$1.00
AVL Women's BBSS Grp		\$50.00	•	Plan B Group 670-567		\$100.00
At Wit's End Grp		\$0.00	•	Primary Purpose Grp	\$13.82	\$13.82
Back to Basics (Marion)		\$0.00		Recovery by the		\$557.20
Back to Basics (Weaverville)	\$25.55	\$216.02		River 674-892		
Big Town Grp 671-200		\$432.83	•	Reflections Grp 711-861		\$40.00
Black Mountain Grp 117-117		\$200.04	•	Roundtable Grp		\$0.00
Bryson City Group 110-467		\$0.00		Rule 62 Group		\$150.68
But for the Grace of God Grp		\$150.00		Saluda Back to Basics Grp		\$75.00
BYOC (Bring Your Own Coffee)		\$280.51	•	Sat. Morning Men's Meeting		\$165.00
Came to Believe Grp 611-288		\$20.00	•	Second Chance Grp		\$0.00 \$0.00
Candler Kiss Grp 163-148		\$295.00		Serenity Group - Brevard		\$0.00 \$35.00
Cashiers Valley Grp 122-589		\$917.88	•	Serenity Seekers (Marion)	¢75.00	\$575.00
Cedar Mountain Grp		\$125.00 \$150.00	•	Serenity Service 110-498 Skyland Group 693-372	\$75.00	\$223.00
Columbus Group 150-908	£492.00	\$150.00	•	Sunshine AA Grp		\$50.00
Conscious Contact (AVL)	\$482.00	\$2,407.53 \$60.00		Surrender Group - Blk Mtn	\$150.00	\$450.00
Cumberland Grp 122-472		\$250.00	•	Sylva Grp	ψ130.00	\$0.00
Chunn's Cove Men's Group Daily Decisions Grp 643-869		\$230.00	•	Sylvan Valley AA (Brevard)		\$50.00
Daily Reflections (Blk Mtn)		\$80.45	•	The Principles Grp 127-575		\$119.59
Daily Reflections (Fletcher)		\$0.00		Three Alarm Grp		\$0.00
Day by Day Grp 159-058	\$97.72	\$1,675.84	•	Total Surrender Grp	\$250.00	\$750.00
District 70	ψ91.12	\$624.21	•	Tryon 12 & 12 690-877	Ψ200.00	\$75.00
District 71		\$100.00	•	Tryon Monday Grp		\$160.00
Downtown Serenity Grp	\$174.37	\$523.72	:	Tryon Tuesday Grp		\$150.00
Early Birds Grp 612-780	\$164.00	\$690.98	•	Waynesville Grace Grp		\$1,310.00
Fellowship Grp (Fletcher)	Ψ101.00	\$75.00	•	We Think Not Grp 700-411	\$31.50	\$69.00
Fireside Grp		\$416.00	•	West Asheville Grp 110-501	*******	\$0.00
Good Livers Grp 666-360	\$133.00	\$338.00		Women of Courage	\$60.00	\$236.20
Grace Grp (Asheville)	4 .00.00	\$1,677.45	•	Women of Grace	·	\$141.00
Hand-in-Hand Grp		\$0.00	•	Young Peoples Grp 645-646		\$126.24
Happy Hour Grp		\$162.87	•	4th Dimension		\$0.00
Happy, Joyous & Free Grp	\$20.00	\$40.00		11-11-11 Grp		\$39.95
Hendersonville Grp	·	\$0.00	•	12 & 12 Study Group	\$25.00	\$25.00
High Noon Group 689-080		\$30.00	•	Total Group Contributions	\$2,498.15	\$23,563.22
Hot Springs Meeting		\$0.00	•	Individual Contributions		
Joy of Living (Brevard)		\$150.00	:	Anonymous	\$1.42	\$92.29
Kanuga Grp	\$25.00	\$25.00	•	In Memory of B.G.	\$10.00	\$100.00
Lambda Grp 617-035		\$260.50	•	Monica G.		\$150.00
Ledger Group - 654-832		\$1.37	•	Total Indiv. Contributions	\$11.42	\$342.29
Leicester Grp 143-417		\$150.00	•	Mountain Doin's	\$0.00	\$54.00
Library Grp		\$72.00		Subscriptions	φυ.υυ	φ54.00
Maple Grove Grp 121-212		\$100.00	•	Grand Total	\$2,509.57	\$23,959.51
Marion AA Group 110-621		\$100.00	•			
Mars Hill Group 130-895	\$150.00	\$150.00	•			
Marshall Group		\$75.00	•	Thank you, Gro	una fo	rumr
Mid Day Grp (Hendersonville)	\$95.00	\$780.00	•		-	X
Mill Spring Grp 656-821		\$12.50	•	continued s	upport	of
		A0.05				_

\$2.25

\$314.52

Moment of Clarity Grp

Monday Night Open Meeting

Central Office!

North Carolina Mountain Central Office News

Attention All Groups & CORs

The next board meeting will be held at 6:00 pm on Thursday, Dec 11, at 70 Woodfin Place, Ste 206, Asheville. More info: (828) 254-8539 or info@ncmco.net.

2014 Board Officers and Members

Chair (2014-15) - Dawn L.

Alternate Chair (2015–16) POSITION IS OPEN

Treasurer (2015-16) - POSITION IS OPEN

Secretary (2014-15) - Tom M.

District 70 Trustee - Danny S.

District 71 Trustee - Gene S.

District 80 Trustee - Doug V.

Step 12 Call List Coord. - Helen M.

Newsletter Editor - POSITION IS OPEN

Several Board positions are open; the responsibilities for each are described in the Board of Directors' Composition, Scope & Procedures document as follows:

Alternate Chair - 1. Shall perform the duties of the Chairman when requested by the Chairman or in the case of his absence or inability to act. 2. Shall perform other duties as occasionally assigned. 3. Shall have at least five years continuous sobriety at the time of taking office.

Treasurer - 1. Having charge and custody of all funds of Central Office. 2. Accuracy of all financial records of Central Office. 3. Receipts and disbursements as approved by the Central Office's various committees. 4. Arrange for preparation and filing of all required tax returns. 5. Preparation of an annual financial report. 6. Preparation of monthly financial report and present it to the Central Office Board and COR Committee. 7. Shall have at least five years' continuous sobriety at the time of taking office.

Newsletter Editor - 1. Has overall responsibility for the monthly *Mountain Doin's* newsletter and may be paid a reasonable amount established by the Board for this service. 2. Attends Board meetings as a voting member. Note: The Editor should a) have knowledge of desktop publishing/page layout software, b) be able to meet monthly deadlines, and (c) attend monthly board meetings.

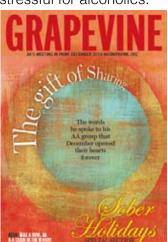
Special Note: If the CORs approve the Board's proposed changes to the Composition, Scope & Procedures document in January 2015, the term of the Editor, who serves at the Board's pleasure, may be limited to three years.

Board minutes are available on request to A.A. members (contact NC-MCO). They're usually available no later than three weeks after the last board meeting.

Grapevine News

The holidays are a time for laughter, joy and fellowship. But they also can be stressful for alcoholics.

Thanks to AA, we have ways to help us navigate parties and family gatherings—tools to help us with our loneliness, to help lower our expectations and remind us to reach out to others. This month, we feature stories by members who have found ways to stay sober through the holidays.



Sober Holidays

Stories of how AAs stay sober and do service during the holiday season.

Faith & Flour

With one cup of AA and a pound of love, a sober mother bakes some holiday joy

Related: Dinner for 1800

The Gift of Sharing

The words he spoke to his AA group that December opened their hearts forever

Related: Dollar Store Presents

Decision on Route

One Christmas Eve, a newcomer was very glad he turned left instead of right

Related: Not My Holiday

In Every Issue

Letter from the GV Editor • Steps and Traditions • Our Personal Stories • Emotional Sobriety • Oldtimers • And More!

Call & Visitor Log • October 2014

General Info - 4 Family Help - 3

Meeting Info - 31

Central Office Business - 43

12-Step Calls - 4 Medical/Detox - 0

Visitors - 74

Answering Svc (Oper-Asst'd) - 80 min.

Meeting Updates

Districts 70 • 71 • 80

New Meeting

Waynesville. Happy Destiny Group. Thursday 7:00pm. I42 Miller St., Waynesville 28786 (C,D)

Meeting Changes

Asheville. Acceptance Group. Tuesday 12:30pm. St Luke's Episcopal Church, lower level of parish house, 219 Chunns Cove Rd, Asheville (Was C, D; now O, D)

Cedar Mountain. Cedar Mountain Group. Tuesday & Thursday. New time: 6:30pm. New location: Cedar Mountain Community Center, Hwy 276, Cedar Mountain, 28718 (O,D)

Columbus. There Is A Solution. Tuesday 6:30pm (Time of 7:30pm listed in October Mountain Doin's was incorrect.) Columbus Methodist Church, 76 Peak St, Columbus, NC 28722 (C, BBSS - 1½ hr)

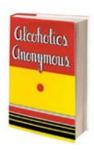
Weaverville. Back to Basics Group. Monday & Friday. New time as of October 6: 7:00pm. Christ United Methodist Ch, 81 Garrison Branch Rd, Weaverville. (Monday – C, D, NC; Friday – O,D)

Discontinued Meeting

Asheville/Leicester. Three Alarm Group. Thursday 7:00pm, New Beginnings Christian Fellowship on New Leicester Hwy. No longer meeting.

Meeting Space Available

Ist Christian Church, 470 Enka Lake Rd, Candler, across from Enka High School. Available all days except Sunday morning & afternoon. Handicap accessible. For the church's contact information call Pam at Central Office (828) 254-8539.



To commemorate the 75th anniversary of the printing of Alcoholics Anonymous, the 2013 General Service Conference approved the creation of a facsimile edition, a faithful replica of the original. (The first printing was April 10, 1939.) To order your copy, contact Central Office (828) 254-8539.



2 0 1 5 International Convention of Alcoholics Anonymous

July 2-5 • Atlanta, Georgia The pre-registration period is September 3, 2014–May 15, 2015 Register by Web • Mail • Fax

Register online at www.aa.org. From Chet P, Southeast Regional Trustee's Report, November General Service Board Meeting: Registration for the 2015 International Convention is more than 27,000 to date. The first two blocks of rooms have been filled and the third block is now available. Talley Management announced that bus service is being arranged and assured [the Convention] that no bus ride of more than 30 minutes will be needed, no matter how many additional rooms are needed. Additionally 2,300 dorm beds will be available. For the first time, there will be a hospitality room for the hearing impaired and this has created a great amount of excitement. The 35-millionth copy of the Big Book will be presented to Sister Ignatia's Order to recognize her contribution to A.A.

North Carolina Mountain Central Office

Est. 1974



To many A.A.s, November is informally known as "Gratitude Month," and we feel the same here at Central Office. To celebrate our 40th year as your "special service center," during Thanksgiv-

ing Week, we will offer cider and cookies to our visitors. Stop by and say hi!

God, Grant me the serenity...

The Service Express

NC Mountain Central Office welcomes volunteers Mon–Fri, 10 am–1 pm. If you are a sober member of A.A., interested in enhancing your sobriety through service work, and are good on the phone, please call (828) 254-8539, write info@ncmco.net, or visit www.aaNC-MCO.org.

All District Committee Coordinators, please send updates on committee meeting times, recent activity, and upcoming service opportunities! The January 2015 newsletter deadline is December 15.

District 70 ashevilleaa.org

Contact District 70 trusted servants through the website www.//ashevilleaa.org (click the Contacts link at the top of the home page).

GSR District Meeting is Sunday, January 11, 2:30 pm, at St. Luke's Episcopal Ch Parish House, 219 Chunns Cove Rd, Asheville

Elections for Jan 2015–Dec 2016 Terms District Sec'y • District Events Coordinator

For a copy of the qualifications, contact the DCM or Secretary (via website; see **Contact** info, above). Anyone interested is invited to attend the next business meeting (see **GSR District Meeting info**, above), when elections will take place.

Bridging the Gap (with treatment facilities) Contact the TFC Chair at <u>ashevilleaa.org</u>; the BTG Chair or Co-Coordinator, at <u>bridgingthegap.asheville@gmail.</u> com or attend the Service Committees Meeting (see next listing, below). <u>www.btgww.org</u>.

Service Committees meet the last Tuesdays of odd-numbered months. **Next meeting: Tuesday, January 26,** 6:00 pm,Trinity Episcopal Church, 60 Church St, Asheville

District contributions mail to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814-8574

District 71

GSR District Meeting will be Saturday, January 10, 1:00 pm, at 1620 Willow Rd, opp. Valley Hill Fire Dept., Hendersonville. District meetings are held the 2nd Saturday every other month. **DCM**: David L. hiwattuser1@gmail.com; **Alt DCM**: Annette K., netsy1162@yahoo.com.

Mail district contributions to: K. G. Stewart, 301 Forest Ave, Landrum SC 29356-9441

Correctional Facilities Committee meets the 1st Saturday of even-numbered months. Next meeting is 9:30 am, **Saturday, December 6**, 1620 Willow Road,

District 71 (cont.)

Hendersonville (where the Hendersonville Group meets). All are welcome.

District &O aawnc&O.org

Registrar: lostmdboy@yahoo.com

GSR District Meeting will be Sunday, Jan 18, 1:30pm, Jackson County Resource Ctr, 1528 Webster Rd, Route 116, Webster. District business to be discussed. Call (828) 837-4440 or write aacom28906@verizon.net.

CORs info@ncmco.net

Quarterly COR meetings rotate around the three districts of the Central Office service area. CORs meet at 6:00 pm, on the 2nd Thursday of the first month of each new quarter.

Thursday, January 8 - Etowah United Methodist Ch, IIO Brickyard Rd, Etowah (D7I)

Area 51 aanorthcarolina.org

Winter 2015 Committee Meeting February 28–March I. Hilton North Raleigh, Raleigh NC. Open to Area Committee Members

Special Events

Calendars and fliers of regional and national A.A. events also may be found at www.aanorthcarolina.org.

January 8–11, 2015. 36th Gratitude Retreat. Myrtle Beach Hilton. \$20 pre-registration (deadline is December 20) / \$25 at door. Write to info@ncmco.net for a flyer or register online at www.gratituderetreat.com.

Local Holiday Events. For a list of Alcathons, potlucks, and other celebratory seasonal gatherings, see the Special Holiday Events page in this issue.

Links Are Live!

- A.A. events at the national, state, and district level.
- Your group's event flier goes out to over 200 subscribers.
- You get straight-tothe-source links to AA events: email, web sites, and conference pages.
- Click any email or URL in the digital edition—it's

a live link!



Get the news early!

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Willo do lo

your free colorful and

interactive

Mountain

Doin's

newsletter.

Subscribe by writing to info@ncmco.net

Special Holiday Events

November 27. Thanksgiving Day. Hendersonville Group will be having an Alcathon from noon to midnight, with meetings on the even hours. Hendersonville Group, 1620 Willow Rd, H'VL (opp. the Valley Hill Fire Dept.) handicap accessible.

Waynesville Grace Group, Grace Church in the Mountains (Miller St entrance), Waynesville. Food and fellowship follow a short open meeting.

November 27. Turkey Day Alcathon. Serenity Service, 1340-A Patton Av, Asheville (12 Step Recovery Club). Doors open at 11:00 am, meetings on the even hours through 10:00pm. Turkey and drinks provided; please bring a covered dish to share. All are welcome!

December 23. Acceptance Group Gratitude Luncheon.

Food & fellowship @ 11:00 am; meeting at 12:30 pm. St Luke's Episcopal Church Parish House, 219 Chunns Cove Rd, Asheville. Bring your non-AA family & friends for fun & fellowship.

Hendersonville Group will also host Alcathons on Christmas Eve, Christmas Day, New Year's Eve and New Year's Day from noon to midnight, with meetings on even hours. Hendersonville Group, 1620 Willow Rd, H'VL (opp. the Valley Hill Fire Dept.) handicap accessible.

