(828) 254-8539

Office Hours Mon-Fri 10:00am-1:00pm

info@ncmco.net

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

#### September Anniversaries

| Acceptance Group                    |             |        | Fellowship Group              |           |          | Mars Hill Group                |                               |                   |
|-------------------------------------|-------------|--------|-------------------------------|-----------|----------|--------------------------------|-------------------------------|-------------------|
| Mark H.                             | 9/06/2013   | 1 yr   | Linda                         | 9/18/2005 | 9 yrs    | Karl S.                        | 9/01/2012                     | 2 yrs             |
| Kimberly                            | 9/20/2009   | 5 yrs  | Carl G.                       | 9/19/1996 | 18 yrs   | Don B.                         | 9/02/1990                     | 24 yrs            |
| Sally S.                            | 9/27/2009   | 5 yrs  | Gra                           | ace Group |          | Matthew M.                     | 9/20/2010                     | 4 yrs             |
| Around th                           | ne Room Gro | up     | David S.                      | 9/01/2001 | 13 yrs   | Bendik C.                      | 9/24/2007                     | 7 yrs             |
| Jean S.                             | 9/03/2011   | 3 yrs  | Heidi S.                      | 9/01/2012 | 2 yrs    | Mid                            | -Day Group                    |                   |
| AVL Big Book Step Study Grp         |             |        | Jon B.                        | 9/01/2003 | 11 yrs   | Alan B.                        | 9/03/1995                     | 19 yrs            |
| Liz R.                              | 9/01/2003   | 11 yrs | Sean F.                       | 9/08/2013 | 1 yr     | Annie F.                       | 9/04/1989                     | 25 yrs            |
| Zack P.                             | 9/10/2012   | 2 yrs  | Matt W.                       | 9/09/2012 | 2 yrs    | Goody H.                       | 9/04/1979                     | 35 yrs            |
| Sarah H.                            | 9/29/2012   | 2 yrs  | Casey S.                      | 9/11/2000 | 14 yrs   | Anne M.                        | 9/14/1979                     | 35 yrs            |
| AVL Women's Big Book Step Study Grp |             |        | Maureen K.                    | 9/13/2005 | 9 yrs    | Stu C.                         | 9/17/2010                     | 4 yrs             |
| Mary M.                             | 9/20/1998   | 16 yrs | Dave M.                       | 9/17/1996 | 18 yrs   | Marie A.                       | 9/20/2012                     | 2 yrs             |
| Sally S.                            | 9/27/2009   | 5 yrs  | Tim R.                        | 9/17/2007 | 7 yrs    | Pat B.                         | 9/23/2004                     | 10 yrs            |
| Brevard Serenity Group              |             |        | John M.                       | 9/18/2002 | 12 yrs   | Kathy K.                       | 9/24/1995                     | 19 yrs            |
| Erika B.                            | 9/07/2013   | 1 yr   | Audrey Y.                     | 9/23/2002 | 12 yrs   | llena R.                       | 9/26/1998                     | 16 yrs            |
| Greg S.                             | 9/14/2013   | 1 yr   | David J.                      | 9/23/1985 | 29 yrs   | Safe an                        | d Sound Groւ                  | пр                |
| Candler K.I.S.S                     |             |        | Cecilia F.                    | 9/26/2012 | 2 yrs    | Michelle M.                    | 9/10/2005                     | 9 yrs             |
| Kate C.                             | 9/19/2013   | 1 yr   | Nat C.                        | 9/26/1989 | 25 yrs   | Jenny P.                       | 9/18/2009                     | 5 yrs             |
| Sandra W.                           | 9/28/2012   | 2 yrs  | Vivian G.                     | 9/26/1986 | 28 yrs   | Raleigh H.                     | 9/27/2011                     | 3 yrs             |
| Conscious Contact                   |             |        | Raleigh H.                    | 9/27/2011 | 3 yrs    | Serenity Seekers - Marion      |                               |                   |
| Bonnie                              | 9/2011      | 3 yrs  | Bill E.                       | 9/30/1994 | 20 yrs   | Mike C.                        | 9/24/2009                     | 5 yrs             |
| Nelson P.                           | 9/1997      | 17 yrs | Happy Hour Group              |           |          | Serenity Sisters - Waynesville |                               |                   |
| Laurie T.                           | 9/1984      | 30 yrs | Randall D.                    | 9/11/2004 | 10 yrs   | Liz B.                         | 9/11/2006                     | 8 yrs             |
| Murri                               | 9/1984      | 30 yrs | Frank B.                      | 9/27/1989 | 25 yrs   | Jean B.                        | 9/27/2012                     | 2 yrs             |
| Cumberland Group                    |             |        | Hendersonville Group          |           |          | Women of Grace                 |                               |                   |
| Bob R.                              | 9/07/1983   | 31 yrs | lke F.                        | 9/01/2007 | 7 yrs    | Cleta S.                       | 9/03/1995                     | 19 yrs            |
| Tadd C.                             | 9/14/1987   | 27 yrs | Raymond F.                    | 9/18/1996 | 18 yrs   | Abra                           | 9/14/2012                     | 2 yrs             |
| Aaron F.                            | 9/27/2012   | 2 yrs  | Oscar F.                      | 9/20/1995 | 19 yrs   | Ruthie C.                      | 9/14/1991                     | 23 yrs            |
| Katie A.                            | 9/27/2013   | 1 yr   | Shawn K.                      | 9/21/2013 | 1 yr     | Penny S.                       | 9/28/2012                     | 2 yrs             |
| Fellowship Group                    |             |        | Last Chance Grp 1st Step Farm |           |          | Lou G.                         | 9/30/2003                     | 11 yrs            |
| Mary C.                             | 9/03/1987   | 27 yrs | Paul I.                       | 9/07/2013 | 1 yr     |                                | cober news ar                 | The second second |
| Gerd S.                             | 9/17/1979   | 35 yrs |                               |           | The same |                                | saries for the<br>by Septembe |                   |

### North Carolina Mountain Central Office July 2014/YTD P&L - Accrual Basis

|   | Jul 14             | Jan - Jul 14        |
|---|--------------------|---------------------|
| Ordinary Income/Expense                         |                    |                     |
| Income  |                    |                     |
| Bank Service Charge repayment                   | 0.00               | 7.00                |
| Contributions                                   | 4 00E 74           | 17 EGO E4           |
| Group Contributions<br>Individual Contributions | 4,835.71<br>166.56 | 17,569.54<br>285.71 |
| Subscriptions                                   | 0.00               | 42.00               |
| •   |                    |                     |
| Total Contributions                             | 5,002.27           | 17,897.25           |
| Interest on Money Market<br>Sales Income        | 0.60               | 4.10                |
| Literature & merchandise                        | 3,053.42           | 17,765.22           |
| Shipping  | 50.35              | 252.37              |
| Total Sales Income                              | 3.103.77           | 18,017.59           |
| Total Gales meenic                              |                    | <u> </u>            |
| Total Income                                    | 8,106.64           | 35,925.94           |
| Cost of Goods Sold                              |                    |                     |
| Cost of Goods                                   |                    |                     |
| Discount  | -29.56             | -68.04              |
| Freight   | 65.65              | 345.15              |
| Literature & merchandise                        | 2,429.98           | 13,761.03           |
| Cost of Goods - Other                           | 36.32              | 92.96               |
| Total Cost of Goods                             | 2,502.39           | 14,131.10           |
| Cost of Goods Sold                              | 21.99              | 21.99               |
| Total COGS                                      | 2,524.38           | 14,153.09           |
| Gross Profit                                    | 5,582.26           | 21,772.85           |
| Expense   |                    |                     |
| Bank Service Charges                            | 0.00               | 36.80               |
| Copier Rental                                   | 152.72             | 1,099.81            |
| Editor  | 120.00             | 840.00              |
| Fees - Accounting Consultants                   | 0.00               | 157.50              |
| Office Assistance                               | 0.00               | 141.75              |
| Office Expense                                  | 25.00              | 25.00               |
| Office Supplies                                 | 95.76              | 423.21              |
| Payroll Expenses                                | 997.86             | 7,828.66            |
| Reconciliation Discrepancies Rent               | 0.00<br>485.00     | 0.25<br>3,353.00    |
| Sales Tax Paid to Vendors                       | 465.00<br>17.42    | 106.25              |
| Shipping to Groups                              | 49.02              | 261.94              |
| Stamps/Postage                                  | 77.77              | 508.43              |
| Telephone & Internet                            | 77.77              | 300.43              |
| Answering Service                               | 85.50              | 1,476.33            |
| Foreign Directory Listing                       | 0.00               | -37.61              |
| Office Telephone/Internet                       | 171.24             | 1,313.27            |
| Total Telephone & Internet                      | 256.74             | 2,751.99            |
| Total Expense                                   | 2,277.29           | 17,534.59           |
| Net Ordinary Income                             | 3,304.97           | 4,238.26            |
| et Income                                       | 3,304.97           | 4,238.26            |



Suggestions for Group Donations to the A.A. Service Structure\*

\* from the pamphlet

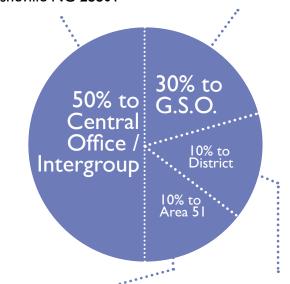
The A.A. Group Treasurer

#### **NCMCO**

70 Woodfin PI Ste 206 Asheville NC 2880 I

#### **General Service Office**

Grand Central Station PO Box 459 New York NY 10164-0423



Area 51 NCG-SC Treasurer PO Box 657 Wilmington NC 28402 District 70 Treasurer
 PO Box 8574
 Asheville NC 28814-8574

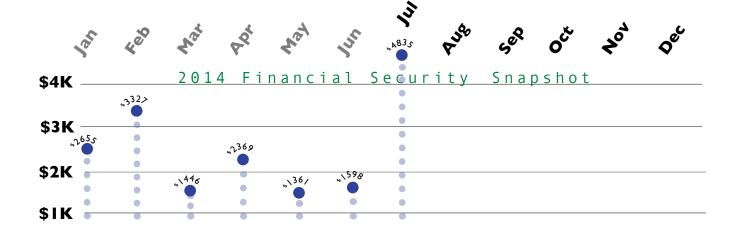
• District 71 Treasurer K.G. Stewart

> 301 Forest Ave Landrum SC 29356-9441

• District 80 Treasurer

85 Mimosa Ln Franklin NC 28734

#### Thank you, Districts, for your donations to Central Office!



#### **Group Contributions • July 2014 & YTD**

| 1  |                  |                       | 3 7  |   |   |  |
|--|------------------|-----------------------|--|---|---|--|
| Acceptance Grp                                       | \$188.77         | \$743.10              | Monday Night Open Meeting                      | \$84.90                                 | \$254.52                                |  |
| Anonymous  | \$114.93         | \$539.37              | Mountain View (Highlands)                      | \$260.77                                | \$326.56                                |  |
| Around the Room Grp                                  |                  | \$0.00                | Murphy Big Book Grp                            |   | \$20.00                                 |  |
| Asheville BBSS Grp 637-843                           |                  | \$112.21              | New Beginnings                                 |   | \$0.00                                  |  |
| Asheville Women's BBSS Grp                           |                  | \$50.00               | New Freedom Grp                                | \$40.00                                 | \$40.00                                 |  |
| At Wit's End Grp                                     |                  | \$0.00                | New Life Literature                            |   | \$0.00                                  |  |
| Back to Basics (Marion)                              |                  | \$0.00                | Pisgah Grp                                     |   | \$1.00                                  |  |
| Back to Basics (Weaverville)                         | \$50.47          | \$150.47              | Plan B Group 670-567                           |   | \$100.00                                |  |
| Big Town Grp 671-200                                 |                  | \$243.11              | Recovery by the River                          |   | \$371.00                                |  |
| Black Mountain Grp 117-117                           | \$150.04         | \$200.04              | Reflections Grp 711-861                        |   | \$40.00                                 |  |
| Brevard Sylvan Valley Grp                            |                  | \$0.00                | Roundtable Grp                                 |   | \$0.00                                  |  |
| Bryson City Group 110-467                            |                  | \$0.00                | Rule 62 Group                                  |   | \$150.00                                |  |
| But for the Grace of God Grp                         |                  | \$150.00              | Saluda Back to Basics Grp                      | <b>#25.00</b>                           | \$75.00                                 |  |
| BYOC Bring Your Own Coffee                           |                  | \$181.00              | Sat. Morning Men's Meeting                     | \$35.00                                 | \$120.00                                |  |
| Came to Believe Grp 611-288                          |                  | \$20.00               | Second Chance Grp                              |   | \$0.00                                  |  |
| Candler Kiss Grp 163-148                             | <b>ድ</b> ንሰን 10  | \$185.00<br>\$653.23  | Serenity Group - Sylva                         |   | \$0.00                                  |  |
| Cashiers Valley Grp 122-589<br>Cedar Mountain Grp    | \$303.18         | \$125.00              | Serenity Seekers - Marion                      | \$75.00                                 | \$35.00<br>\$425.00                     |  |
| Columbus Group 150-908                               |                  | \$125.00<br>\$50.00   | Serenity Service 110-498 Skyland Group 693-372 | \$140.00                                | \$425.00<br>\$160.00                    |  |
| Conscious Contact (Asheville)                        | \$348.86         | \$30.00<br>\$1,428.60 | Sunshine AA Grp                                | \$140.00                                | \$100.00                                |  |
| Cumberland Grp 122-472                               | ψ340.00          | \$60.00               | Surrender Group - Blk Mtn                      |   | \$200.00                                |  |
| Chunn's Cove Men's Group                             |                  | \$250.00              | Sylvan Valley AA Grp                           | \$50.00                                 | \$50.00                                 |  |
| Daily Decisions Grp 643-869                          | \$188.00         | \$531.80              | The Principles Grp 127-575                     | Ψ30.00                                  | \$119.59                                |  |
| Daily Reflections - Blk Mtn                          | \$28.45          | \$28.45               | Total Surrender Grp                            | \$250.00                                | \$500.00                                |  |
| Day by Day Grp 159-058                               | Ψ20.40           | \$1,578.12            | Tryon 12 & 12 690-877                          | \$50.00                                 | \$75.00                                 |  |
| District 70  | \$624.21         | \$624.21              | Tryon Monday Grp                               | φου.σσ                                  | \$105.00                                |  |
| District 71  | <b>402</b> 1.2 1 | \$100.00              | Tryon Tuesday Group                            |   | \$150.00                                |  |
| Downtown Serenity Grp                                |                  | \$349.35              | Warren Wilson Grp                              |   | \$0.00                                  |  |
| Early Birds  | \$226.03         | \$526.98              | Waynesville Grace Grp                          | \$680.00                                | \$1,310.00                              |  |
| Fellowship Grp (Fletcher)                            | <b>+</b>         | \$75.00               | We Think Not Grp                               | +                                       | \$37.50                                 |  |
| Fireside Grp   |                  | \$275.00              | West Asheville Grp 110-501                     |   | \$0.00                                  |  |
| Fletcher Grp 110-465                                 |                  | \$0.00                | Women of Courage                               | \$62.20                                 | \$176.20                                |  |
| Good Livers Grp                                      | \$100.00         | \$205.00              | Women of Grace                                 | •                                       | \$88.00                                 |  |
| Grace Grp of Asheville                               | \$488.62         | \$1,677.45            | Young Peoples Grp 645-646                      | \$35.96                                 | \$126.24                                |  |
| Grace of God Grp of                                  |                  | \$0.00                | 4th Dimension                                  |   | \$0.00                                  |  |
| Hendersonville                                       |                  |                       | 11-11-11 Grp                                   | \$18.95                                 | \$39.95                                 |  |
| Hand-in-Hand Grp                                     |                  | \$0.00                | Total Group Contributions                      | \$4,835.71                              | \$17,569.54                             |  |
| Happy Hour Grp                                       |                  | \$162.87              | Individual Contributions                       |   |   |  |
| Hendersonville Grp                                   |                  | \$0.00                | Anonymous                                      | \$6.56                                  | \$65.71                                 |  |
| High Noon Group 689-080                              | \$30.00          | \$30.00               | In Memory of B.G.                              | \$10.00                                 | \$70.00                                 |  |
| Hot Springs Meeting                                  |                  | \$0.00                | Monica G.                                      | \$150.00                                | \$150.00                                |  |
| Joy of Living - Brevard                              |                  | \$75.00               | Total Individual Contributions                 | \$166.56                                | \$285.71                                |  |
| Kanuga Grp   | <b>*</b> 440.00  | \$0.00                | Mountain Doin's Subscriptions                  |   | \$42.00                                 |  |
| Lambda Grp 617-035                                   | \$110.00         | \$260.50              | Grand Total                                    | \$5,002.27                              | \$17,897.25                             |  |
| Ledger Group - 654-832                               | \$1.37           | \$1.37                | •<br>•   |   |   |  |
| Leicester Grp 143-417                                | \$100.00         | \$100.00              | •••••••  | • | • |  |
| Library Grp  |                  | \$72.00               | Cash on Hand a                                 | c of 7/2                                | 1/14                                    |  |
| Marion AA Group 110-621 \$100.00                     |                  |                       | Cash on Hand as of 7/31/14                     |   |   |  |
| Mars Hill Group                                      |                  | \$0.00<br>\$75.00     | Money Market (Prudent Reserv                   | \$7,024.01                              |   |  |
| Marshall Group                                       |                  | \$75.00<br>\$470.00   | Operating Account (Checking)                   | \$4,145.56                              |   |  |
| Mid Day Grp (Hendersonville) Mill Spring Grp 656-821 |                  | \$470.00<br>\$12.50   | Rent Deposit                                   |   | \$400.00                                |  |
| Moment of Clarity Grp                                |                  | \$12.50<br>\$2.25     | Petty Cash                                     |   | \$50.00                                 |  |
| Montent of Clarity GIP                               |                  | φζ.Ζΰ                 | •  | • | • |  |

## To Order Group Supplies After Office Hours...

- call (828) 254-8539 during business hours
   Monday-Friday, 10:00am-1:00pm
- email <u>info@ncmco.net</u> your purchase list

We'll be only too happy to arrange for after-hours pickup (by you!) or shipping. This service is available for groups with no outstanding charge balances.

Cash or check only; no credit cards



#### North Carolina Mountain Central Office News

Attention All Groups & CORs

The next COR meeting will be held at 6:00 pm on **Thursday, Oct 9**, at Waynesville Grace Episcopal Ch, corner of Haywood & Miller (back entrance). More info: (828) 254-8539

The next board meeting will be held at 6:00 pm **Thursday**, **September 18**, at Central Office in Asheville. See page 1 for address.

2014 Board Officers and Members

Chair (2014-15) - Dani B.

Alternate Chair (2014-15) Melissa W.

Treasurer (2013-14) - Mike M.

Secretary (2014–15) - Tom M.

District 70 Trustee - Danny S.

District 71 Trustee - Gene S.

District 80 Trustee - Doug V.

Step 12 Call List Coord. - Helen M.

2014 Nonvoting Board Member

Newsletter Editor - Suzanne T.

"Take the problem to God and bring the solution to a meeting."

#### Dear North Carolina Mountain Central Office.

As a very grateful recovering alcoholic only a few weeks away from celebrating 1 year of sobriety, I am writing you this letter. On September 9, 2013, sometime before noon, I made a very important decision to call AA as I had finally decided that I had a problem with drinking. After a long weekend of misery, I searched the internet about information on Alcoholism and found your phone number. Full of anxiety, fear, and emotional turmoil, I called and spoke with a very friendly and helpful lady who seemed quite willing to find me a meeting close to my home. Since I was new to Asheville as a summer resident from Florida, I was not too familiar with the area. One thing led to another, and I was handed over to another very caring and sympathetic lady who offered to meet me and take me to a meeting later in the day. That was the beginning of a new and amazing way of life for me! It was during that meeting thru tearful eyes and shaking hands that I took the white chip of surrender...and that kind and wonderful lady from your office was right there beside me. She soon became my sponsor. Today, I am so fortunate to have a wonderful home group both in Florida and Asheville with many fabulous AA friends and supporters. I have completed Step 11 and working on 12 still with that kind and caring lady right there beside me. Helen is not only my sponsor but has become my new best friend. I love her and I love AA. So ...It is to you and your Central Office staff I owe my heartfelt thanks for being there in my time of need. It all started with YOU!

Sincerely, Bonnie G.

#### Call & Visitor Log • July 2014

AA Crisis - 2
General Info - 10
Family Help - 2
Meeting Info - 37
Central Office Business - 65
Medical/Detox - 0
Visitors - 72
Answering Svc (0perator-Asst) - 17

## Grapevine News

This month's special section features stories by members who got sober in their 50s, 60s, 70s, or later.

#### **Getting Sober Later In Life**

20 Golden Years. Some men get a gold watch when they retire. He got a whole new life. Related: The 75-Year-Old Newcomer

Cold Comfort. With a club soda in hand and the Fellowship at his back, he returned to his former career

A New Life for Aunt
Patricia. She wanted to
paint and garden when she

retired, but martinis and hangovers came first.

For more stories, go to aagrapevine.org. Single copies of *Grapevine* and bi-monthly copies of *La Viña* available for purchase at Central Office.



## Meeting Updates. Districts 70 71 80

#### New Meeting

Big Book Step Study Meeting. (Name TBD)
Tuesday 6:30pm, Columbus United Methodist Ch, 76
Peak St., Columbus (C,BBSS). 90-minute meeting

#### Meeting Change

**Asheville. 12 & 12 Study Group.** Wednesday 6:00pm, Groce United Methodist Ch, 954 Tunnel Rd. Was meeting in Charter Hall; now in classroom off parking lot behind church; entrance on Governors View Rd. (C,SS/TR,D)

#### Meeting Space Available

**Ist Christian Church**, 470 Enka Lake Rd, Candler, across from Enka High School. Available all days except Sunday morning & afternoon. Handicap accessible. For contact information call Pam at Central Office (828) 254-8539.

# Quick Fact Sheet 2015 International Convention of Alcoholics Anonymous

July 2-5 • Atlanta, Georgia
The pre-registration period is
September 3, 2014-May 15, 2015
Register by Web • Mail • Fax

Preregistration is \$100.00. Payment will be accepted by check, credit card, or money order. A refund will be given only if your written notice of cancellation is postmarked by May 15, 2015; a small fee will be charged.

You will receive your confirmation and a link

to the Housing Registration site by the same method you registered. Hotel reservations will be made on a first-come, first served basis and cannot be made before your paid registration has been confirmed.



Register online at www.aa.org; look for the International Convention registration page link on the home page! For more info, see also the Summer 2014 issue of *Box 4-5-9*.

North Carolina Mountain Central Office (NCMCO) was established in the summer of 1974, as a "special service center" (per



Tradition Eight).
Since then it has been an honor to carry out our charter mission, which is to serve the three districts

of Alcoholics Anonymous in Western North Carolina: 70, 71, and 80.

#### The Service Express

NC Mountain Central Office needs volunteers Mon–Fri, 10 am–1 pm. If you are a sober member of A.A., interested in enhancing your sobriety through service work, and are good on the phone, please call (828) 254-8539, write <a href="mailto:info@ncmco.net">info@ncmco.net</a>, or visit <a href="www.aaNCMCO.org">www.aaNCMCO.org</a>.

All District Committee Coordinators, please send updates on committee meeting times, recent activity, and upcoming service opportunities! The October newsletter deadline is September 15.

#### District 70 ashevilleaa.org

Contact any District 70 trusted servant through the website <a href="https://www.//ashevilleaa.org">www.//ashevilleaa.org</a> (click the Contacts link at the top of the home page).

**GSR District Meeting** is Sunday, September 14, 2:30 pm, at St. Luke's Episcopal Church Parish House, 219 Chunns Cove Rd, Asheville

**Bridging the Gap** (with treatment facilities) Contact the TFC Chair at <u>ashevilleaa.org</u>; the BTG Chair or Co-Coordinator, at <u>bridgingthegap.asheville@gmail.</u> com or attend the Service Committees Meeting (see next listing, below). <u>www.btgww.org</u>.

**Service Committees** meet the last Tuesdays of odd-numbered months. **Next meeting: Tuesday, September 30,** 6:00 pm, Trinity Episcopal Church, 60 Church St, Asheville

**District contributions** mail to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814-8574

#### District 71

**GSR District Meeting** will be **Saturday**, **September 13**, 1:00 pm, at 1620 Willow Rd, opp. Valley Hill Fire Dept., Hendersonville. The last 2014 district meeting will be the 2nd Saturday in December: **DCM**: David L. <u>david.lanik@gmail.com</u>; **Alt DCM**: Annette K., netsyll62@yahoo.com.

Mail district contributions to: K. G. Stewart, 301 Forest Ave, Landrum SC 29356-9441

**Correctional Facilities Committee** meeting 9:30am, Saturday, October 4, 1620 Willow Road, Hendersonville (where the Hendersonville Group meets). All are welcome.

#### District &O aawnc&O.org

Registrar: lostmdboy@yahoo.com

**GSR District Meeting** will be Sunday, Oct 26, 1:30PM, Jackson County Resource Ctr, 1528 Webster Rd, Route 116, Webster: Elections for Alt DCM, Treasurer & Secretary positions. District business to be discussed.Call (828) 837-4440 or write <a href="mailto:acom28906@verizon.net">acom28906@verizon.net</a>.

#### CORs info@ncmco.net

Quarterly COR meetings will rotate around the three districts of the Central Office service area. CORs meet at 6:00 pm on the 2nd Thursday of the first month of each new quarter.

**Thursday, October 9** - Waynesville Grace Episcopal Ch, corner Haywood & Miller (back entrance) (D80)

**Thursday, January 8** - Hendersonville location TBD (D71)

#### Area 51 aanorthcarolina.org

**Fall 2014 Election Assembly & Committee Meeting** October 17–19. Hilton North Raleigh, Raleigh NC. Open to all A.A. members.



#### Special Events

Calendars and fliers of regional and national A.A. events also may be found at <a href="https://www.aanorthcarolina.org">www.aanorthcarolina.org</a>.

**Pisgah Group 7th Anniversary Celebration**, Saturday, August 30. Calvary Baptist Church, 531 Haywood Rd, Asheville, NC 28806. Click here for flier.

**Labor Day Lunch & Open Meeting**, Sept 1; snacks at 11:30, food at noon, open meeting at 12:30. Acceptance Group, St Luke's Episcopal Church Parish House, 218 Chunns Cove Rd, Asheville. Bring your non-AA family & friends for fun & fellowship.

**Labor Day Lunch & Sponsorship Workshop**, Sept 1; food and fellowship at noon, workshop 1:00PM. Cherokee Indian Fair Grounds - Grandstands. 545 Tsali Blvd (Rte 441), Cherokee. Sponsored by the Second Chance Group of Cherokee. <u>Click here for flier</u>:

**Birds of a Feather Women's Group.** 2nd annual picnic Saturday, September 13, 2014, 12:30–2:30pm. 130 Charland Forest, Asheville. We are providing main dish and beverages; please bring a side dish or dessert. Click here for flier.

**19th Annual S.E. Regional Woman to Woman Conference.** September 19–21. <a href="https://www.southeastwomentowomen.org">www.southeastwomentowomen.org</a>

**Colorama 2014.** October 24–26. Lake Junaluska NC. Rates include two nights' room, meals from Friday night through Sunday morning; beverages too! Children 5 and under free. Registration deadline Oct 10. <a href="https://www.coloramafall.com">www.coloramafall.com</a>. Click here for flier.

Women's Matt Talbot Spiritual Retreat, "Growing Along Spiritual Lines." September 26–28, Blowing Rock, NC. Registration deadline Sep 16. For more info contact dlittle53@att.net.

"I am responsible . . .

When anyone, anywhere, reaches out for help,

I want the hand of A.A. always to be there.

And for that . . . I am responsible."

— A.A. *Grapevine*. Reprinted by permission.

"[About]...A.A.'s Responsibility Declaration [above] ...In just a few simple words...the essence of the Fellowship – one alcoholic sharing with another...a fundamental building block for the future of the Fellowship. One hand reaching out for the next—a chain reaction of help, healing, and hope.

For those who have reached out for help, alone and afraid, and been met with the firm, supportive hand of AA, the Responsibility Declaration is an emblem of the lifeline that saved them. And for those A.A.s, sober now, who have taken that outstretched hand into their own, the Declaration is but one small installment on the debt each owes to the Fellowship of A.A.

... As we extend the hand of A.A., responsibility becomes the bedrock upon which happy and purposeful lives can be built."

—excerpt from the foreword of the book *I Am Responsible: The Hand of AA* (selected stories from the A.A. *Grapevine*), page 1, copyright the AA Grapevine, Inc.

The 12th Step Call How did it start? What exactly is the 12-Step List anyway?

How does it work? What are the requirements to do this work?

How do I sign up? Updated 12-Step Volunteer Form https://tinyurl.com/lwcqkrx

What are the 12th Step Guidelines?

North Carolina Mountain Central Office's (NCMCO) new website answers some important questions and provides helpful information for all AA members doing 12th Step calls. At the top tab on our home page <a href="http://aaNCMCO.org">http://aaNCMCO.org</a>, and click on 12th Step Call.

#### The 12th Step Guidelines http://aancmco.org/2th-step-guidelines

A 12-Step call is a vital part of your program of recovery ~ it is virtually *the* 12th Step. It is your personal way to help an active alcoholic by sharing your experience, strength, and hope. Here are a few suggestions that experience has shown to be helpful. None of these are *musts*, but each can make for a better 12-Step call. Please remember, ours is a program of attraction rather than promotion.

- Be available to carry the message. Call back promptly to arrange your visit. Be sure to get directions.
- Never, never go alone. Always get someone to go with you, preferably someone with more experience, if possible.
- Men with men and women with women; in an extreme emergency a man/woman team may call on either.
- Look neat and presentable—you are representing recovery in Alcoholics Anonymous.
- **Be patient**, compassionate, and **listen**. **Share** freely of your experience—especially your feelings of loneliness, hopelessness and confusion before A.A.
- Explain the three-fold aspect of the disease (physical, mental and spiritual), stressing that alcoholism is a progressive and often fatal illness.
- Determine the willingness of the person to do something about his/her condition.
- Suggest taking action today. Suggest a time to take this newcomer to a meeting.
- Discuss with the family what A.A. has to offer, and suggest Alanon or Alateen. Leave literature and a meeting list.
- If you are willing, leave your phone number and encourage them to call you.
- Please don't make any promises you can't keep.
- In case of emergencies—DT's, convulsions, suicide threats or violence—call 911 and follow their directions—don't panic.
  - —Thank you to the Brevard County, Florida, Intergroup for permission to reprint these guidelines.

Please announce at meetings: WNC needs AA members to be on the 12th Step Call List – for more info go to <u>aaNCMCO.org</u>

## COLORAMA 2014

#### 47 <u>Years</u> of Celebrating Sobriety

Oct 24 — Oct 26

Lake Junaluska Retreat North Lake Shore Drive Lake Junaluska, NC 28745

Come and enjoy a fantastic weekend with us!

The 81st Colorama event will be held at Lake Junaluska Friday October 24 to Sunday October 26. We have AA and Al-Anon meetings, speakers and fellowship for the entire weekend! We invite you to join us in Lake Junaluska, North Carolina and we hope you will become a regular member of the Colorama family. Those who come once,

RATES; Includes room for two nights, Friday dinner, three meals on Saturday and Sunday breakfast.

\$247 plus tax - Single. \$180 plus tax - Double. (per Person) \$146 plus tax- Triple (per person) \$136 plus tax — Quad (per person) \$38 plus tax - Child between age 6 and 11 in room. Child 12 and older charged as adults

Children under 5 and younger - free.

come again and again to celebrate sobriety in the beautiful surroundings of Lake Junaluska!!

If you are attending Colorama for the first time, we are delighted you are joining us!! Lake Junaluska is a wonderful resort, allowing us to meet and congregate together, while offering many outdoor activities for entertainment. Rooms at the hotel are rustic with televisions and telephones in the rooms. Meals are served buffet-style with plentiful and delicious food. Your room rate includes dinner Friday, three meals on Saturday and breakfast on Sunday. Golf, par 54 is at Retreat, or 27 holes available Waynesville Country Club.

Beverages and nightly pie are provided by Colorama.

During Colorama, the dress code is relaxed.

Now is the time to register for Colorama 2014! ALSO!!! Check out our New web site and register online:

www.coloramafall.com

Colorama fills up quickly, so please

return your registration as soon as possible. We will enter you as a Colorama participant. This year we are doing reservations differently. PLEASE contact the hotel directly.

1-800-222-4930

The resort will finalize your room assignment and will confirm your reservation, including a request for a deposit. Oct 10 is the deadline!!

TO REGISTER:

Complete the Registration form enclosed in this brochure. Or go to website and register online. Return the form with your

NONREFUNDABLE \$30 per Person registration fee to:

#### Colorama

1521 Harbor Creek Pkwy Canton, Ga 30115

Beverages are provided by Colorama.

# North Carolina Mountain Central Office

Aancmco.org
Serving AA Districts
70, 71 & 80
Area Information
Local News & Events
Links to Meeting Lists
Local & State Contacts
"7 am responsible. When anyone, anywhere
reaches out for help,

I want the hand of AA always to be there.

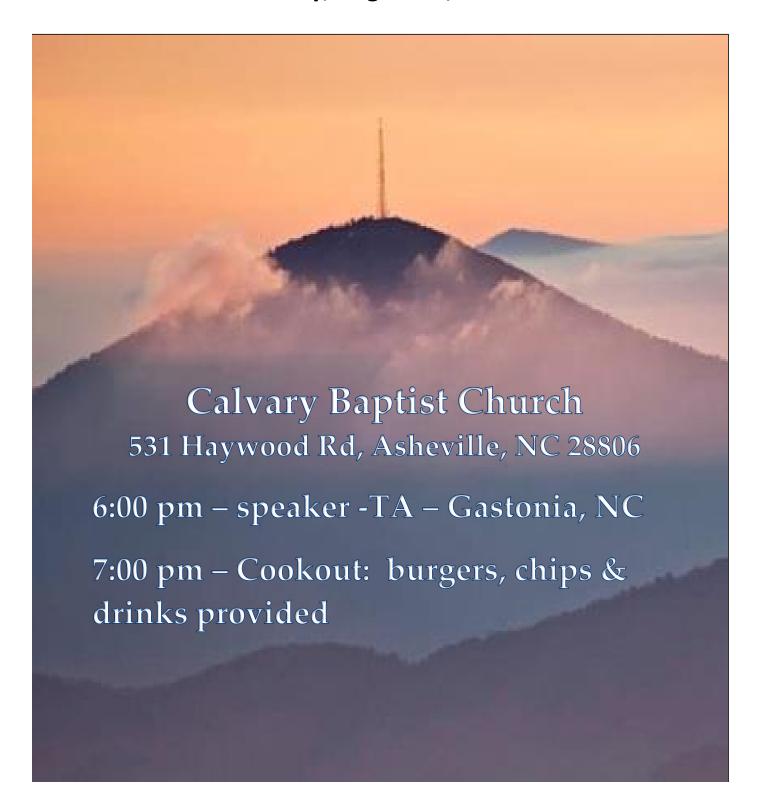
And for that: I am responsible!"

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## PISGAH GROUP

#### SEVENTH ANNIVERSARY CELEBRATION

Saturday, August 30, 2014

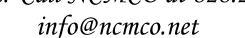




## Please join us for a picnic to celebrate and support mothers in recovery.

Please bring a covered side dish or dessert. Main meal and beverages will be provided.

Saturday, September 13<sup>th</sup> from 12:30-2:30 130 Charland Forest Asheville, NC 28803 Questions? Call NCMCO at 828.254.8539



#### **SPONSORSHIP WORKSHOP**

District 80 Event



WHERE: CHEROKEE GRANDSTANDS @ FAIRGROUNDS

WHEN: LABOR DAY, MONDAY, 9/1/14

Food and Fellowship: 12:00 pm

Sponsorship Panel: 1:00 pm

Sponsorship panel to include speakers on temporary, permanent and service work sponsors.

Hot Dogs, Hamburgers, Drinks provided.

Please bring a side dish or dessert.