

Mountain Doin's

February
2014

Office Hours
Mon-Fri 10:00am-1:00pm

Serving AA in Western North Carolina's
Districts 70, 71, and 80 since 1974

**Next COR meeting
will be April 10, 6pm**



February Anniversaries

Acceptance Group

Max L.E.	2/01/2012	2 yrs
Alan C.	2/06/2012	2 yrs
Noah S.	2/09/2011	3 yrs
Levi G.	2/23/1978	36 yrs

Asheville Big Book Step Study

Bill D.	2/25/1999	15 yrs
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AVL Women's Big Book Step Study

Natalie B.	1/09/2009	5 yrs
Linda S.	1/30/1990	24 yrs
Angela M.	2/01/2005	9 yrs
Roseann N.	2/03/2010	4 yrs
Keldwyn T.	2/25/1986	28 yrs

Brevard Serenity

Mariano R.	2/08/2007	7 yrs
Andy G.	2/21/2004	10 yrs
Jenny B.	2/28/1995	19 yrs

Candler K.I.S.S

Marty L.	2/14/1994	20 yrs
Chip C.	2/20/1986	28 yrs

Conscious Contact

Kathy G.	2007	7 yrs
Kathie	1994	20 yrs
Nancy K.	1992	22 yrs
Rowan	1992	22 yrs
Marsha P.	1987	27 yrs
Will	1983	31 yrs
Marty M.	1954	60 yrs

Cumberland Group

Dan P.	2/09/1998	16 yrs
Kristin W.	2/20/1992	22 yrs

Grace Group

Kathy G.	2/01/2007	7 yrs
Mary F.	2/01/1991	23 yrs
Geoff S.	2/06/2008	6 yrs
April S.	2/09/2009	5 yrs
Karen D.	2/10/2009	5 yrs
Mary B.	2/10/1981	33 yrs
Jack D.	2/12/1986	28 yrs
Patrick S.	2/12/2005	9 yrs
David H.	2/15/2009	5 yrs
Jerry T.	2/15/2011	3 yrs
Sabra R.	2/15/2008	6 yrs
Susan D.	2/15/1986	28 yrs
Lewis C.	2/21/2009	5 yrs
Margery K.	2/22/2004	10 yrs
Cat F.	2/23/2012	2 yrs
Josh H.	2/23/1999	15 yrs
Ashley G.	2/24/2010	4 yrs
Meghan J.	2/26/1988	26 yrs
Heidi S.	2/27/2012	2 yrs
Chip P.	2/28/1988	26 yrs
John W.	2/28/1986	28 yrs

Happy Hour Group

Bobbie P.	2/03/1986	28 yrs
Susan B.	2/22/2000	14 yrs
Chris F.	2/26/2013	1 yr

Last Chance Group - 1st Step Farm

Jason C.	2/01/2013	1 yr
Travis R.	2/12/2013	1 yr
Ryan S.	2/27/2013	1 yr

Library Group

Kathleen K.	2/12/2012	2 yrs
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Maple Grove Group

Neal P.	2/15/2011	3 yrs
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Mars Hill Group

Mike P.	2/01/2009	5 yrs
Brian D.	2/01/2007	7 yrs
Mike W.	2/24/2006	8 yrs
Dick McG.	2/25/1980	34 yrs
John W.	2/28/1986	28 yrs

Mid-Day Group

Craig G.	2013	1 yr
Barbara Mc.	2012	2 yrs
Alice G.	2007	7 yrs
Anne Y.	2001	13 yrs
Dean D.	1994	20 yrs

Safe and Sound Group

Kelly D.	2/16/2013	1 yr
Amy R.	2/23/2004	10 yrs

Serenity Seekers - Marion

Zee C.	2/15/2011	3 yrs
Ben F.	2/16/1986	28 yrs

Serenity Sisters - Waynesville

Elise C.	2/02/2004	10 yrs
Carolyn P.	2/06/1988	26 yrs

Three Alarm Group

(missed in January)

John O.	1/28/2011	3 yrs
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Women of Grace

Angela	2/01/2006	8 yrs
Camille C.	2/01/1983	31 yrs
Meryl L.	2/19/2010	4 yrs
Crystal G.	2/26/2013	1 yr
Suzu L.	2/28/2009	5 yrs



A Note to Groups and Literature & Supplies Trusted Servants

Just because office hours are brief, that doesn't mean your group can't get supplies! We make it super-easy: call anytime and leave a message as to what you want (include a phone number!) or [email your order](#). We can arrange for you to pick up the medallions, chips, books, or what-have-you whenever you like. It's that simple!

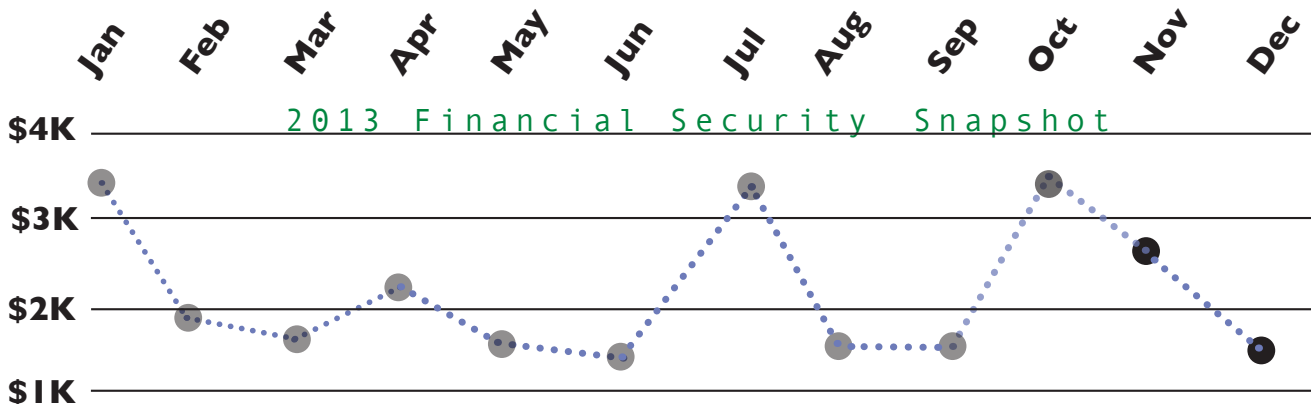
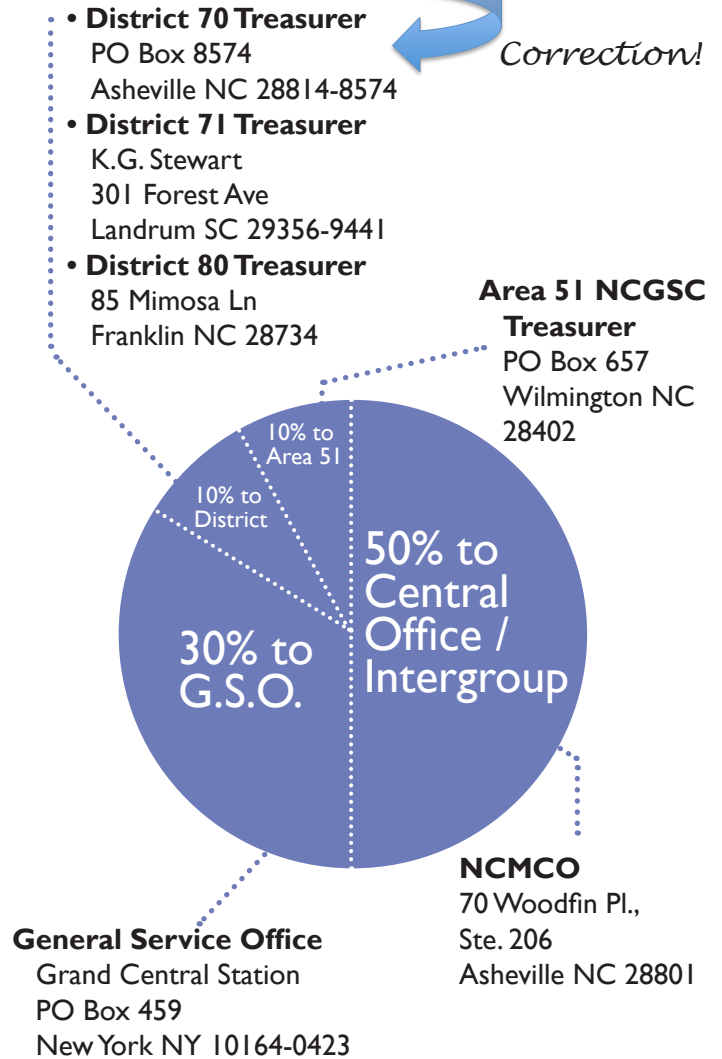
Profit & Loss - December 2013

	Dec 13
Income	
40000 · Sales Income	
42000 · Conf/GV Approved	1,560.17
43000 · Non-Conf/GV-approved	876.03
44000 · Handling & Shipping	28.74
Total 40000 · Sales Income	2,464.94
45000 · Other Income	
45300 · Interest Income	0.58
45400 · Group Contributions	1,600.35
45600 · Individual Contributions	18.88
Total 45000 · Other Income	1,619.81
Total Income	4,084.75
Cost of Goods Sold	
50000 · Cost of Goods Sold	
50500 · Discount	-11.59
50300 · Freight	47.10
50200 · Non Conf/GV Approved	546.59
50100 · Conf/GV Approved	1,359.36
50000 · Cost of Goods Sold - Other	78.17
Total 50000 · Cost of Goods Sold	2,019.63
Total COGS	2,019.63
Gross Profit	2,065.12
Expense	
60900 · Bank Service Charges	202.90
61000 · Copier Rental	148.72
61100 · Editor	120.00
61500 · Payroll Expenses	1,071.23
61700 · Postage	55.20
61800 · Rent	471.00
61900 · Sales Tax	10.38
62000 · Telephone	
62100 · Answering Service	220.45
62200 · Office Telephone	215.49
Total 62000 · Telephone	435.94
Total Expense	2,515.37
Net Income	-450.25



An Example of How Groups Might Contribute to the A.A. Service Structure*

*from the pamphlet [The A.A. Group Treasurer](#)



Group Contributions • December 2013 & YTD

	Dec	YTD
Acceptance Grp		\$1,640.41
Anonymous	\$80.00	\$579.18
Around the Room Grp		\$383.14
Asheville BBSS Grp		\$262.90
AVL Women's BBSS Grp		\$147.50
At Wit's End Group		\$49.87
Back to Basics (Marion)		\$0.41
Back to Basics (Weaverville)		\$50.00
Big Town Grp 671-200	\$103.23	\$346.26
Black Mountain Grp		\$282.17
Brevard Sylvan Valley Grp		\$50.00
Bryson City Group 110-467	\$137.40	\$137.40
Candler Kiss Grp 163-148		\$435.00
Cashiers Valley Grp		\$567.79
Cedar Mountain Grp		\$125.00
Columbus Grp		\$150.00
Conscious Contact (AVL)	\$320.72	\$3,080.12
Cumberland Grp 122-472		\$300.00
Daily Decisions Grp		\$752.10
Day by Day Grp 159-058		\$1,269.29
District 71		\$300.00
Downtown Serenity	\$0.34	\$100.34
Early Birds		\$155.45
Fellowship Grp (Fletcher)		\$150.00
Fireside Grp		\$926.57
Fletcher Grp 110-465		\$368.00
Good Livers Group		\$285.00
Grace Grp of Asheville 161-970		\$2,447.45
Grace of God Grp of H'ville		\$75.00
Hand-in-Hand Grp		\$100.00
Happy Hour Grp		\$150.00
Hendersonville Grp		\$193.00
High Noon Group 689-080	\$122.00	\$122.00
Hot Springs Meeting		\$60.00
Joy of Living 629-397		\$50.00
Kanuga Grp		\$157.50
Lambda Grp 617-035		\$581.45
Leicester Grp 143-417		\$150.00
Library Grp		\$72.50
Marion AA Group 110-621		\$77.00
Mars Hill Group		\$100.00
Marshall Group		\$95.00
Mid Day Grp (HVL)	\$204.41	\$1,080.84

	Dec	YTD
Mill Spring Grp 656-821		\$44.50
Monday Night Open Mtg		\$519.91
Mountain View (Highlands)	\$172.00	\$921.80
Murphy Big Book Grp	\$10.00	\$20.00
New Beginnings		\$47.98
New Freedom Grp		\$150.00
New Life Literature		\$25.00
Pisgah Grp		\$155.33
Plan B Group 670-567		\$100.00
Recovery by the River		\$617.73
Roundtable Grp		\$100.00
Rule 62 Group	\$300.25	\$413.34
Sat. Morning Men's Meeting		\$40.00
Second Chance Grp		\$20.95
Serenity Group - Sylva		\$50.00
Serenity Seekers - Marion		\$38.21
Serenity Service 110-498	\$50.00	\$572.50
Skyland Meeting 693-372		\$147.50
Sunshine AA Grp		\$100.00
Surrender Group - Blk Mtn		\$133.00
Sylvan Valley AA Grp	\$50.00	\$150.00
The Principles Grp 127-575		\$59.00
Total Surrender Grp		\$680.00
Tryon 12 & 12 690-877		\$60.50
Tryon Monday Grp	\$50.00	\$265.00
Warren Wilson Grp		\$39.40
Waynesville Grace Grp		\$1,032.00
We Think Not Grp		\$43.59
West Asheville Grp 110-501		\$40.00
Women of Courage		\$218.05
Women of Grace		\$215.00
Young Peoples Grp		\$262.92
4th Dimension		\$100.00
11-11-11 Grp		\$15.00
Total Group Contributions	\$1,600.35	\$25,803.85
Individual Contributions		
Anonymous	\$8.88	\$181.88
In Memory of B.G.	\$10.00	\$120.00
Total Individual Contributions	\$18.88	\$301.88
Grand Total	\$1,619.23	\$26,105.73

Cash on Hand as of 12/31/13

Money Market (Prudent Reserve)	\$7,019.91
Operating Account (Checking)	\$2,181.61
Rent Deposit	\$400.00
Petty Cash	\$150.00

A.A. GRAPEVINE *featurette*

The rewards for seeking emotional sobriety are serenity, emotional balance and an increased joy of living. As we gain time in AA, use the Steps and tools, and stay close to our Higher Power, our hope is, as our co-founder Bill W. said in *The Language of the Heart*, “to be set free to live and love.” This month’s special section features stories about emotional sobriety.



- SPECIAL SECTION: EMOTIONAL SOBRIETY**
- Paradise Found** A long-time member finally finds contentment in himself—not somewhere on a map.
 - Finding Turtles** Like the treasures of the sea, happiness comes when he’s not busy looking for it.
 - Cool Sand on My Feet** With AA, she has peace and knows where she stands.
 - Pestered** When everything starts bugging him, a better attitude can always shoo it away.

Call & Visitor Log

December 2013

- AA Crisis - 0
- General Info - 13
- Family Help - 1
- Meeting Info - 31
- Central Office Business - 38
- Medical/Detox - 0
- Visitors - 97

Answering Svc (Operator-Asst) - 21

Meeting Updates Districts 70 71 80 New Meetings

- Asheville. Higher Power Tower Hour Meeting.** Thursday 6:00pm, starting January 9. Aston Park Tower, 165 S. French Broad Ave (Room on first floor – come in the north entrance) (O,D)
- Marion. Back to Basics.** Wednesday 7:00pm, St. John’s Parish House, South Main St (O,BB)

Meeting Changes

- Black Mountain. The Phoenix Group.** Monday – Noon, St. James Episcopal Ch, 424 W. State St. Was (C,SS) Now (O,D)
- Franklin. Common Sense Group.** Saturday - Was at 8:00pm; new time 7:00pm. First UMC, 66 Harrison Ave (O,D) Last Saturday (O/SP) eating/speaker; food at 6:15pm, speaker at 7:00pm
- Brevard. Brevard Sylvan Valley AA Group.** Davidson River Presbyterian Church. As of January, the Monday, Thursday and Saturday meetings start at 7:00pm rather than 8:00pm.
- Hendersonville. Plan B Group.** Friday 5:30pm, Cox House, 723 N. Grove St. Was (O/D); now (O/SS,BB)
- Hendersonville. Hendersonville Group.** 1620 Willow Rd., opposite Valley Hill Fire Dept. Starting in February, the last Saturday of the month will be an eating meeting. Dinner at 6:30pm (bring a dish to share), followed by a discussion meeting at 8:00pm.
- Marion. Marion Group.** Sunday 7:00pm, St. Matthew’s Lutheran Ch, 241 W. Court St (O/D) 3rd Sunday (O/SP)

Discontinued Meetings

- Asheville. Women in Progress.** Thursday 6:00pm. No longer meeting
- Brevard. Brevard Sylvan Valley AA Group.** Sunday 8:00pm meeting. Discontinued

Tickle Your Inbox!

Request your free free free colorful interactive *Mountain Doin’s*.

Sign up by writing to info@ncmco.net

Subject line: Subscribe Me

The District Express

Step 12! Phone volunteers needed for the Step 12 Call List. If you are good on the phone • have a helpful attitude and • are sober, please contact Central Office. (828) 254-8539 or write info@ncmco.net

All Districts: Committee Coordinators

please send updates on committee meeting times, recent activity, and upcoming service opportunities! The March newsletter deadline is **February 15**.

Central Office Representatives (CORs)

meet at Central Office on the second Thursday of the first month of the quarter, **Apr 10**, at 6:00pm.

District 70 ashevilleaa.org

Contact any District 70 trusted servant

through the website www.ashevilleaa.org (click the Contacts link at the top of the page).

GSR District Meeting is Sunday, February 9, 2:30 pm, at St. Luke's Episc. Church Parish House, 219 Chunn's Cove Rd, Asheville

Bridging the Gap (with treatment facilities) Contact Susan H., the TFC Chair, at www.ashevilleaa.org, or Brad S., BTG Chair or Janey K., Co-Coordinator, at **new number** (828) 581-9022; **new email**

bridgingthegap.asheville@gmail.com. If you would like to participate in this vital program, please attend the Service Committees Meeting (see listing, below). Learn more about BTG at www.btgww.org

Service Committees meet the last Tuesdays of odd-numbered months. **Next meeting: Tuesday, March 25**, 6:00 pm, Trinity Episcopal Ch, 60 Church St, AVL

Archivist Stewart M. is the new archivist. Contact him at smillard@midpine.net.

District contributions mail to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814-8574

District 71 district71inc.org

GSR District Meeting will be Saturday, March 8, 1:00 pm, at 1620 Willow Rd, opp. Valley Hill Fire Dept., H'ville. Other district meetings will be 2nd Saturdays in June, September, and December of 2014.

DCM: David L. david.lanik@gmail.com

Alt DCM: Annette K., netsyl162@yahoo.com

Mail **district contributions** to: K. G. Stewart, 301 Forest Ave, Landrum SC 29356-9441

District 80 aawnc80.org

DCM: John E. - to contact go to www.aawnc80.org
Groups, mail your **district contributions** to: Treasurer, 85 Mimosa Lane, Franklin NC 28734

2014 Area 51 Events

Winter 2014 Assembly & Committee Meeting

February 28–March 1, 2014

for Area Committee Members

More info at: www.aanorthcarolina.org

Freedom from Bondage XXVI

March 14–16, 2014 • \$15 by 2/28

Hampton Inn, Aberdeen NC

For registration form: info@ncmco.net

Special hotel rates until Feb 23 (see flier)

Area 51 Western Preconference

April 5, 2014

Boone United Methodist Church
471 New Market Blvd, Boone NC

Área 51 Español Preconferencia

April 13, 2014

104 W Morisey Blvd, Clinton NC

Spring 2014 Assembly & Committee Meeting

May 30–June 1, 2014

Hilton North Raleigh, Raleigh NC

Special hotel rates until May 1



Special Events

Calendars and fliers of regional and national A.A. events may be found on the Events page of the Area 51 site, at www.aanorthcarolina.org.

Chili Cookoff. February 15 at noon. St. Luke's Episcopal Church, 219 Chunn's Cove Rd, Asheville. To benefit the 2014 NCCYPAA, to be held in Asheville. For info on entering the chili competition, call (410) 818-0607.

Workshop: "Where Money and Spirituality Mix." Saturday, March 1st, 4:00pm at 1620 Willow Rd. (opposite the Valley Hill Fire Dept.), Hendersonville. Hosted by the Hendersonville Group.

Big Book Comes Alive! March 28–29. Center for Spiritual Living, 2 Science of Mind Way. Registration fee includes lunch on Saturday. Groups or individuals interested in volunteering for setup or help with snack, call (828) 708-7167 or write thebigbookcomesaliveasheville@gmail.com; see flier.

CHILI COOK-OFF!

February 15th – Noon-6PM

Panel discussion @ 2PM, speaker @ 4PM

St. Luke's Episcopal Church • 219 Chunn's Cove Rd

(Inside or outside, depending on the weather)

\$5.00 cover charge

Hosted by NCCYPAA

North Carolina Conference of Young People in AA

We have already won the bid to put on the conference
here in Asheville this August!

Please help us raise the funds needed
to put on a great conference.

Contact (410) 818-0607 for more details and
if you are interested in entering your chili!

Tell all your friends!

"FREEDOM FROM BONDAGE XXVI"

Area 51 AA Corrections Conference

14, 15 & 16 March 2014

Hampton Inn & Suites
200 Columbus Dr.
Aberdeen, NC 28315
(Just off US 15 501 Hwy)

Pre-registration for conference

\$15.00 per person before March 1, 2014
\$18.00 at the door

Hotel registration

Hampton Inn & Suites
200 Columbus Dr.
Aberdeen, NC 28315
Room reservations:
(910) 693-4330 -or- online at:
www.hampton-inn.com/hi/southernpines
Code: **FFB**
Rate: \$89-Standard Room, \$99-Studio Suite
Cut-off for special rate: February 23, 2014

Agenda

- Speakers
- Panels
- Workshops
- Fellowship
- All the coffee you can drink!
- "Sweet Thangs"

For more information
(910) 382-8521
E-mail: FFB@ec.rr.com

(Cut here)

Freedom From Bondage XXVI
Area 51 AA Corrections Conference
Pre-registration rate before March 1, 2014 – \$15.00

Make checks payable to:
CFC

327 Buckhead Rd.
Hubert, NC 28539

Name: _____ Name on Badge: _____
Name: _____ Name on Badge: _____
Address: _____ City: _____ State: _____ Zip: _____
Telephone: (____) _____ - _____ E-mail: _____
of AA's: _____

The Big Book Comes Alive!

Center For Spiritual Living • 2 Science of Mind Way • Asheville NC

Join Larry S. and Gene R., of Atlanta, Georgia, for an in-depth guided study of the first 164 pages of the Big Book, in the tradition of Joe & Charlie!

March 28 & 29, 2014

Friday 6 pm–9 pm • Saturday 9 am–6 pm

Bring your Big Book, a pen and a highlighter—and be prepared to be “rocketed into a fourth dimension of existence of which we had not even dreamed.”

Register early – space is limited

- * Pre-register by mail before March 15 for \$15* per person (**money order only**)
 - * **Register online thebbavl.eventbrite.com (a small handling fee will be added)**
 - * \$20 at the door (cash or money order only) *if space is still available*
- This event is self-supporting; fees are used to cover expenses only.**

Questions? Write to thebigbookcomesaliveasheville@gmail.com or call (828) 708-7167

Multiple registration payments may be combined in one money order.

Mail this form (one per registrant) and money order to: Janey Kelly, 130 Charland Forest, Asheville, NC 28803

Name: (print clearly) _____

Street, City, State, ZIP _____

Email _____ Phone _____

Money order # _____ Amount you are paying with this registration \$ _____

We will contact you (by email or phone) to confirm your registration.